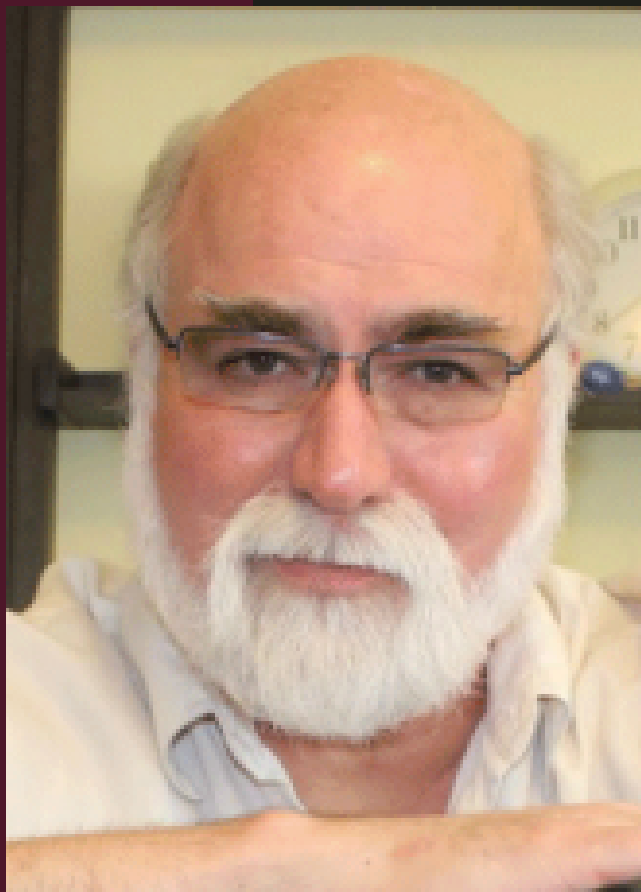


**REGISTRATION COMING SOON!**



**MIRIAM ZACHARIAH,  
M.A., TEP**  
**KEYNOTE SPEAKER**



**ARMAND VOLKAS,  
MFT, MFA, RDT/BCT**  
**PLENARY SPEAKER**

**82ND GROUP  
PSYCHOTHERAPY &  
PSYCHODRAMA  
CONFERENCE**

**SHINING LIGHT ON THE POWER AND  
EFFECTIVENESS OF PSYCHODRAMA, SOCIOMETRY  
AND GROUP PSYCHOTHERAPY WITH CE CREDITS**



**SONESTA LAX HOTEL  
LOS ANGELES,  
CALIFORNIA**



**APRIL 2-3 PRE-CONFERENCE  
APRIL 4-6 CONFERENCE  
APRIL 7 MORNING BONUS**

# WE ARE EXCITED...

# TO TELL YOU ABOUT OUR

# CONFERENCE!



## WORKSHOPS BY TOP PRESENTERS IN THE UNITED STATES AND INTERNATIONALLY

### #PSYCHODRAMA2024

Join us as we showcase 65 workshops and other events presented by top trainers, with topics on **embodiment, trauma treatment, addictions recovery, group skills, education, social justice, LGBTQ and gender issues, youth treatment, spirituality and self care.** Plus -- **continuing education credits** for most helping disciplines and lots of opportunities for **networking.**

You are invited to explore **one day, one workshop, or the full conference,** with member **discounts** and Early Bird sign-ups and **special rates** for students, psychodrama trainees, college faculty, veterans, retirees and treatment, agency and hospital workers.

### **Awaken your Serious**

**Playfulness!** Neurobiology research has unlocked the functionality of play -- necessary for creativity, imagination and innovation in clinical, educational, business and other spaces!

- Gain insights on how psychodrama and sociometry can help you heal the "root wounding" that keeps surfacing in the therapy room.
- Overcome common mistakes in group and 1-1 work and learn how to create engaging and enlivening warm ups.
- Become masterful in leading groups while creating safety and diffusing resistance.



## \*MIRIAM ZACHARIAH, M.A., TEP

Miriam Zachariah has found that public education is an opportunity to experiment with how to balance power in groups, manage conflict and build community. She is the granddaughter of Dr. J.L. Moreno and will keynote on **Thursday** and offer workshops on **Tuesday** and **Friday**.

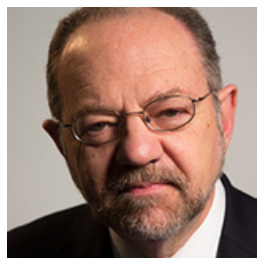
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## \*ARMAND VOLKAS, MFA, MFT, RDT/BCT

Armand Volkas has developed innovative programs that use action methods for social change, intercultural conflict transformation and intercultural communication. He is our plenary speaker on **Saturday**.

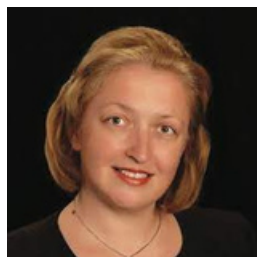
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## \*JONATHAN D. MORENO, PH.D.

Jonathan Moreno, Ph.D., is a professor of medical ethics and health policy, acclaimed author and son of Dr. J.L. Moreno. He will share memories of his father at a special talk "Impromptu Man 2.0" on **Saturday**.

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## \*DANIELA SIMMONS, PH.D., TEP

Outgoing AGSPP president Daniela Simmons will discuss **Organizational Crisis and Trauma Management: Learning and Change** at the annual Membership Meeting on **Saturday**.

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## WE LOOK FORWARD TO SEEING YOU!

Please enjoy looking over this delicious buffet of amazing workshops and speaker sessions, along with the Welcome reception, the Awards Lunch, live and silent auctions, exhibit tables, The Twinkle Hour, the Social Justice Forum and the Tele'Cafe Meet Up. Page through to find resources to connect with regional members and events, find training in psychodrama, sociodrama and group psychotherapy throughout the United States, and borrow our lively infographic handouts. We can't wait to see you!

\*HYBRID EVENTS





## CE CREDITS

ASGPP is approved to provide continuing education hours for re-credentialing by NAADAC, **the National Association of Addictions Professionals**; the National Board of **Certified Counselors**; and the National Registry of **Group Psychotherapists**, and provides CE credits for **social workers, LMFTs, psychologists, nurses** and others through our partnership with CE-Classes.com.

The full conference (Tuesday to Sunday) offers up to 32 hours toward CEs.

Workshops presented by TEPs and PATs provide **psychodrama hours** towards certification with the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.



## DISCOUNTS

ASGPP offers a reduced conference rate to **trainees pursuing their CP journey to ABE certification and who are affiliated with a psychodrama training institute**, with a group of four or more trainees for \$425 per person. Registrants taking advantage of the trainee rate must be ASGPP members, and participation in a training group will be verified for the discounted rate to apply. The discount does not apply to PATs and TEPs.

ASGPP offers a special group rate for the full three-day conference to **college and university students\*** and **faculty**. Four or more students should register together at the group rate of \$275 per person.

**\*Students** must be matriculating in an accredited college or university and carry a minimum load of 9 credits and/or pursuing a full-time residency or internship. Student registrations must be sent in the same envelope and include photocopies of the student IDs.

**Veterans** are awarded 10% off registration across the board.

We also offer a group rate for three or more attendees from a **mental health or medical agency or hospital** for \$440 per person. Registrations must be sent together with a letter from the agency or hospital administration, listing the attendees or employees.

**Retirees** are eligible for discounted rates.

**Please note:** Anyone paying "Group Rate" is considered a Full Conference Registrant.





### **President**

Daniela Simmons, Ph.D., TEP

### **Vice president**

Deborah Shaddy, M.S., LMHP,  
LCPC, TEP

### **Secretary**

Regina Sewell, M.Ed., LMHC,  
PCC, PAT

### **Treasurer**

Edward Schreiber, LADC1, TEP

### **Executive Council**

Scott Giacomucci, DSW, LCSW,  
CTTS, CET III, TEP

Pamela Goffman, LCSW, TEP,  
CIRT

Erica Hollander, J.D., Ph.D., TEP

Daisy Martinez-DiCarlo, LMHC,  
CP, PAT

Courtney Meadows, LCSW, RDT

Karen Levin Moser, LCSW, CP,  
PAT

Mark Wentworth

### **ASGPP National Office**

Samuel Egber, National Office  
Manager

PO Box 1654

Merchantville, NJ 08108-9998

609-737-8500

ASGPP@asgpp.org

www.ASGPP.org

## ABOUT US

The American Society of Group Psychotherapy and Psychodrama was founded in April 1942 by Dr. J.L. Moreno, the originator of the method of psychodrama.

We are the pioneer membership organization in group psychotherapy and continue as a source of inspiration for new developments in group psychotherapy, psychodrama, sociodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

Conference workshops are presented by top trainers from the United States and internationally -- showcasing the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical.

We invited everyone who is interested in psychodrama, sociodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists, other health care providers, educators, coaches, attorneys and theater professionals. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

**Membership** gives you a place in our community of creative people who are inspired by a common vision and passion who appreciate, use and promote action methods.

- Annual conference discount.
- Discount on online educational workshops with psychodrama hours.
- Subscription to our annual peer-reviewed Journal of Psychodrama, Sociometry and Group Psychotherapy with research articles, case studies, practitioner application articles and book reviews, plus online access to back issues.
- Subscription to Psychodrama Network News, our newsletter published three times a year.
- Subscription to regular e-letter updates.
- Entry to a variety of online affinity and special interest groups, including international, general support, BIPOC, writing, social justice and more.
- Networking with members throughout the United States and internationally through the annual conference, online symposiums and workshops, affinity groups and membership discussion list.
- Scholarship opportunities, along with mentoring for scholarship recipients and new members.
- Discounts when advertising in our publications, including the Psychodrama Network News and the annual conference brochure, and our website.
- Complimentary space at the members' table at the annual conference.
- Opportunity to take leadership roles and significantly shape the future of our organization.

# WE CELEBRATE & THANK ...



## 2024 AWARD RECIPIENTS

**J.L. Moreno Award**  
Erica Hollander, J.D., TEP

**Zerka T. Moreno Award**  
Cristina Schmidt, Psychologist  
Leigh Johnson, J.D., CP, PAT

**Hannah B. Weiner Award**  
Daniela Simmons, Ph.D., TEP

**Innovators Award**  
Scott Giacomucci, DSW, LCSW, CTTS,  
CET III, TEP

**Collaborators Award**  
Janell Adair, TEP, and Rhona Case, TEP

**David A. Kipper Scholar Award**  
Carlos Raimundo, M.D.

**Neil Passeriello Memorial Award**  
Magdalene Jeyarathnam, MSW

**Sociatry & Social Justice Award**  
Daisy Martinez-DiCarlo, LMHC, CP, PAT

**Young Professional Award**  
Courtney Meadows, LCSW, RDT

**Sociometry Award**  
Catherine D. Nugent, LCPC, TEP

**ASGPP Fellow Status**  
Mark Wentworth  
Cynthia Freeman-Valerio, LPC

**William L. Moreno Award**  
Nina Garcia, LCSW, Ed.D., TEP, RDT/BCT

**Regina Moreno Educator's Award**  
Miriam Zachariah, M.A., TEP

**President's Award**  
To be announced

**ASGPP Executive Council Award**  
ASGPP Research Committee

# 1

# 2

## 2024 CONFERENCE STEERING COMMITTEE

**Council Liaisons**  
Pamela Goffman  
Karen Levin Moser  
Mark Wentworth

**Conference Chairs**  
Amna Jaffer  
Betty Garrison  
Cynthia Freeman-Valerio

**Awards Ceremony**  
Mark Wentworth  
Uneeda Brewer

**Marketing & Outreach**  
Karen Carnabucci  
Betty Garrison  
Paul Lesnik  
Courtney Meadows  
Thomas Northrup  
Tzivia Stein-Barrett  
Alexandr Usov  
Rebecca Walters

**Registration**  
Samuel Egber  
Riyas Muhammed  
Habeebu Rahman

**Designer**  
Samuel Egber  
Karen Carnabucci



# HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

## HOTEL ACCOMODATIONS

ASGPP has a contract with Sonesta LAX Airport Hotel, our host hotel, for special conference rates of \$135/night per room for either one king or two doubles. The special rate will be available until **Monday, March 11, 2024**.

After March 11, rooms are available on a "space and rate available" basis. The special room rates are available April 2-7, 2024, depending on availability.

**We recommend you reserve your room early in order to avoid disappointment.** When making reservations by phone, be sure to identify yourself as attending the ASGPP 82nd Annual Conference and request the group rate for the American Society of Group Psychotherapy group to obtain the special conference rate.

### Hotel Contact Information:

Sonesta LAX Airport Hotel  
5985 W. Century Boulevard  
Los Angeles, CA 90045  
(855) 463-3092

To reserve with the hotel online, please [CLICK HERE](#).

## EXHIBITING MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of ASGPP membership is a complimentary space at our Members' Table to display copies of one piece of printed material.

As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other speciality products.

**NOTE:** Renters are responsible for set up and the security of all items and products during the entire length of the conference.

## CORPORATE EXHIBITOR

The ASGPP is pleased to offer various opportunities for organizations and businesses to become exhibitors. You can simply rent a table or a space as an exhibitor; if you will attend the conference, take on the opportunity to purchase one of the two very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you the maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see [www.asgpp.org](http://www.asgpp.org).

## REGISTRATION INFORMATION

- Workshops are filled on a first-come basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by the post-marked date of March 1, 2024.
- To receive the early registration discount, your forms must be postmarked by March 1, 2024.
- Member rates are for those whose membership is current through April 2024.

## CANCELLATION POLICY

Request for cancellation must be postmarked by **March 15, 2024**.

Although no refunds will be given, those who cancel will receive credit for the 2025 ASGPP annual conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

## PAYMENT PROCESS

The ASGPP prefers payment by check or money order in U.S. funds mailed to:

ASGPP  
P.O. Box 1654  
Merchantville, NJ 08109

You also may pay by credit card when you register online. Payment must be received for your registration to be processed and your workshop seats reserved.

## PHOTOS & VIDEOS

The ASGPP takes photos at open events during the 2024 conference and may reproduce them in our publications or on our website. Videos may also be taken for educational purposes. No photos or videos will be taken of personal work or workshops.

## ASGPP DISCLAIMER

ASGPP activities and workshops are educational in nature and are not intended as psychotherapy. Participation in all activities is voluntary.

Psychodrama often involves movement and touch. Therefore, participants are urged to communicate to their facilitator in advance, or in the moment, any sensitivities they may have to touch or movement.

If any participant is uncomfortable with, or in, any part of a workshop or exercise, they are free to decline to participate, to discontinue their participation, or to ask for assistance from the facilitator. All facilitators and participants are required to follow ASGPP's policy prohibiting sexual harassment.

## TIME ZONE

All times listed are PST (USA).



# PSYCHODRAMA TRAINING CREDITS & CE INFORMATION

## PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE) certification standards specify a maximum of 100 training credits obtained through for ASGPP conferences. These 100 hours must be obtained through face-to-face, in-person conference attendance. The certification standards also allow up to 120 hours of distance learning led by PATs and/or TEPs to be applied toward the required training hours, provided those distance learning hours are reviewed and approved by the applicant's primary trainer. As an accommodation during the COVID-19 pandemic, the number of allowable distance learning hours is increased to 150. Distance learning hours must be documented under the name(s) of the TEPs or PATs leading these training sessions and not under the organizations sponsoring those distance learning sessions.

## CONTINUING EDUCATION UNITS (CES)



ASGPP is pleased to partner with CE-Classes.com to offer participants a variety of CEs from different credentialing bodies.

### PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for the program and its content.

### SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by the following State Social Work Boards: **California** (CA Board of Behavioral Health Sciences (BSS) recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements); **Florida** (FL Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 03/31/2025); **Ohio** (OH Counselor, Social Worker, and Marriage and Family Therapist Board, Provider # RCST031201); **Massachusetts** (Provider # TBD); **New York** (Ce-Classes.com is recognized by the NY State Education Departments' State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider #SW-0120), **Texas** (TX Board of Social Work Examiners: Ce-Classes meets the requirements for acceptable education).

Most Boards will accept CEs from an out-of-state conference if the CEs are approved in the State where the conference is held. This training does not offer ASWB ACE credit to social workers. **Social Workers should contact their regulatory board to determine course approval.**

### MENTAL HEALTH COUNSELORS, MARRIAGE & FAMILY THERAPIST, ADDICTION COUNSELORS:

Ce-Classes.com is approved by the following State Boards as a provider for Marriage & Family Therapy, Mental Health Counseling, and Addiction Counseling: **California** (CA BSS recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements; CA Consortium of Addiction Programs and Professionals (CCAPP), Provider # OS-12-174-0225, Expires 02-2025); **Florida** (FL Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling Provider # 852 BAP-Expires 3/31/2025); **Ohio** (OH Counselor, Social Worker, and Marriage and Family Therapist Board Provider # RCST031201); **Massachusetts** (Provider # TBD); **Texas** (TX Board of Professional Counselors: CE-classes.com meets the requirements for acceptable continuing education); **New York** (New York Mental Health Practitioners Board CE-Classes.com, Inc. is recognized by the New York State Education

Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0260. New York Psychology Board CE-Classes.com, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0211

Most Boards will accept CEs from an out-of-state conference if the CEs are approved in the state where the conference is held. This training does not offer NBCC credit to licensed counselors. **Counselors should contact their regulatory board to determine course approval.**

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. Programs that do not qualify for NBCC credit are clearly identified with a ▲. ASGPP is solely responsible for all aspects of the programs.

### GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

### NURSES:

Nurses may receive CE credit for this conference as follows: California (The CA Board of Registered Nursing, CEP 15647, Expires 11/30/2024); Florida (The Florida Board of Nursing, CE Provider # 50-4896, expires 10/31/2024. Do not send certificate to the FL Board of Nursing. You must keep the CE certificate for four years).

### CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available online after the conference to present to employers and/or state and local agencies.

## CREDIT HOURS

The Pre-Conference (Tuesday, April 2, Wednesday, April 3, and Thursday, April 4, 2024) offers up to 6 hours. The regular conference (Friday, April 5 to Sunday, April 7, 2023) offers up to 26 hours. The full conference (Tuesday - Sunday) offers up to 32 hours toward Continuing Education Units (CEs). Check with your provider.

## CE CERTIFICATES

CE Certificates are \$50 as indicated on registration form. Those purchasing CEs will have a 'CE Verification of Attendance Form' that will be emailed to them after the participants attendance has been verified. In order to receive CE's participants must join the workshop with the email they registered and stay for the entire workshop. It is the responsibility of conference participants to download, complete and submit the completed form to the national office at [asgpp@asgpp.org](mailto:asgpp@asgpp.org) no later than two weeks after the conference.

## ADMINISTRATIVE POLICIES

**Complaints and Grievances:** All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to home office at [ASGPP@asgpp.org](mailto:ASGPP@asgpp.org)  
**Special Accommodations:** Please complete the section in the registration form to request special accommodations for disability (ADA).

**Important! It is the conference attendee's responsibility to determine if his, her or their licensing or credentialing organization will accept the above CEs or other hours for re-certification or licensure maintenance.**

## WORKSHOP TRACKS

Conference institutes and workshops are listed according to tracks to help you easily identify sessions that match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Tues	Wed	Thurs	Fri	Sat
Addictions / Eating Disorders		9, 10	17	35, 44	53
Business / Coaching/ Law	1			40	57, 66
Creative Arts		8	18, 23	37	51, 58
Education				34	57, 66
Family / Couples / Children & Youth		5	24		
Healing / Self-Care		4, 12, 14	16, 22, 26, 31	35, 38, 39, 40, 41, 43, 44, 46	54, 56, 60
Neurobiology	2		23, 27		50, 58, 65
Psychodrama in Other Fields					61
Psychodrama Foundations	1	3, 4, 7, 14	15, 16, 20, 24, 30	36, 39, 41, 42	57, 59, 60
Social Justice (Racism / Gender Issues / LGBTQ / BIPOC/ Ageism / Multicultural)		13	15, 18, 19, 21, 25	34, 42, 47	52, 59, 64
Sociodrama / Playback / Drama Therapy / Bibliodrama		5, 10, 11, 13	17, 19, 21, 28, 31	37, 49	51, 54, 63
Sociometry	2	6, 7, 9	20, 28, 30, 32	38, 45, 48	53, 55, 62
Spirituality			25, 26, 27, 29		
Trauma / Bodywork	2	8		36, 46	50, 56, 65

## DAILY CONFERENCE SCHEDULE

### Tuesday, April 2

**9 AM to 5 PM:** Full Conference Special Institutes  
**9 AM to 1 PM:** Morning Half-Day Special Institutes  
**2 PM to 6 PM:** Afternoon Half-Day Special Institutes

### Wednesday, April 3

**9 AM to 5 PM:** Full Conference Special Institutes  
**9 AM to 1 PM:** Morning Half-Day Special Institutes  
**2 PM to 6 PM:** Afternoon Half-Day Special Institutes  
**6:30 PM to 8 PM:** Welcome Reception

### Thursday, April 4

**7:30 AM to 8:30 AM:** New Member / First Time Attendee Breakfast  
**9 AM to 10:15 AM:** Keynote: Miriam Zachariah  
**10:30 AM to 12 PM:** Morning Parallel Workshops  
**12:15 PM to 2:15 PM:** Awards Luncheon  
**3:30 PM to 6 PM:** Afternoon Parallel Workshops  
**7:30 PM to 9 PM:** Song Fest

### Friday, April 5

**7:30 AM to 8:30 AM:** Tele'Cafe Meet Up  
**9 AM to 11:30 AM:** Morning Parallel Workshops  
**11:30 AM to 12:30 PM:** The Twinkle Hour  
**12:30 PM to 1:30 PM:** Open Lunch  
**1:45 PM to 3:15 PM:** Sociatry & Social Justice Forum  
**3:30 PM to 6 PM:** Afternoon Parallel Workshops

### Saturday, April 6

**7:30 AM to 8:30 AM:** Early Morning Activities  
**9 AM to 10:15 AM:** Plenary: Armand Volkas  
**10:30 AM to 12 PM:** Morning Parallel Workshops  
**12:15 PM to 1:45 PM:** Annual Membership Meeting  
**2 PM to 3:30 PM:** Jonathan Moreno  
**3:30 PM to 6 PM:** Afternoon Parallel Workshops  
**8 PM to 10:30 PM:** Extravaganza

### Sunday, April 7

**9 AM to 10:15 AM:** Peace Circle

## ASGPP 2024 CONFERENCE REGISTRATION FEES

### REGISTRATION FEES

*All fees are given in \$US*

#### **Early Bird Pricing** *Early Bird ends March 1, 2024*

	Member	Non-Member
Full Conference ( <b>Thurs, Fri, &amp; Sat</b> )	\$475	\$660
1 Day Conference Package ( <b>Thurs, Fri, and/or Sat</b> )	\$170	\$225
Full Day Special Institute ( <b>Tues and/or Wed</b> )	\$170	\$225
One (1) Half Day Special Institute ( <b>Wed</b> )	\$85	\$115
One (1) Workshop	\$80	\$100

#### **Regular Pricing** *After March 1, 2024*

	Member	Non-Member
Full Conference ( <b>Thurs, Fri, &amp; Sat</b> )	\$525	\$720
1 Day Conference Package ( <b>Thurs, Fri, and/or Sat</b> )	\$185	\$245
Full Day Special Institute ( <b>Tues and/or Wed</b> )	\$185	\$245
One (1) Half Day Special Institute ( <b>Wed</b> )	\$95	\$130
One (1) Workshop	\$100	\$120

#### **Student / Retiree Pricing**

	Member	Non-Member
Full Conference ( <b>Thurs, Fri, &amp; Sat</b> )	\$325	\$375
1 Day Conference Package ( <b>Thurs, Fri, and/or Sat</b> )	\$140	\$155
Full Day Special Institute ( <b>Tues and/or Wed</b> )	\$140	\$155
One (1) Half Day Special Institute ( <b>Wed</b> )	\$70	\$80
One (1) Workshop	\$50	\$75



**TUESDAY, APRIL 2, 2024**



**9AM to 5PM : FULL DAY WORKSHOPS\***  
**9AM to 1PM : HALF DAY WORKSHOPS\***  
**2PM to 6PM : HALF DAY WORKSHOPS\***

***\*Additional fee***

**9:00 AM - 5:00 PM**

**FULL DAY  
PRE-CONFERENCE SPECIAL INSTITUTES**

**1 CULTURAL CONSERVES, LEADERSHIP  
AND CHANGE: UTILIZING THE  
CANON OF CREATIVITY**

***Daniela Simmons, Ph.D., TEP, ASGPP  
President, Tele'Drama International  
Founder & CEO***

The Canon of Creativity describes the relationship between warming-up, spontaneity and creativity, leading to the new Cultural Conserves. J.L.Moreno talks about 'danger' and 'regress' when remaining within the cultural conserves without a future development: 'The twin factors of spontaneity and creativity no longer exist as an actuality in the universe" (J.L.Moreno, 1964b, p.159) Continuing the development by taking on a new challenge and pursuing an innovative process, is when the leadership roles develop, and a personal and social change would occur. The full-day workshop will explore in depth those processes and everyone's potential for leadership.

**Learning Objectives:**

After attending this workshop, participants will be able to:

1. Apply Moreno's philosophical concept of the Canon of Creativity for personal and social development and change.
2. Recognize how challenging old cultural conserves contribute to the development of leadership roles.

**2 SOCIOMETRICS & RELATIONSHIP  
TRAUMA REPAIR (RTR)**

***David Moran, LCSW, CADC-D, TEP,  
NAADAC; Karen Levin Moser, LCSW, PAT***

Dr. Tian Dayton designed Sociometrics and Relational Trauma Repair. RTR utilizes the Human Social Engagement System - the healthy aspects of codependency, nurturing and connection. The tools offered will allow you the ability to create the safety, connection, and camaraderie necessary to provide the training to integrate RTR into your practice. RTR will provide the atmosphere to heal from trauma, co-create supports, and engage in intimate relationships. You will learn how to bring these skills to your clients and client groups to really help them heal from trauma and find more positive engagement in relationships.

**Learning Objectives:**

After attending this workshop, participants will be able to:

1. Demonstrate the use of "Floor Checks" to enhance self-diagnosis of feelings states and traits.
2. Demonstrate how to utilize Experiential Letter Writing as a skill for group and individual work.

**9:00 AM - 1:00 PM**

**HALF DAY - MORNING  
PRE-CONFERENCE  
SPECIAL INSTITUTES**

## 3

**MIRROR, MIRROR ON THE WALL**

**Paul Lesnik**, LCSW, TEP, CSCSW, Private practice; **Lin Considine**, LMHC, TEP

An individual's sense of self is primarily formed through their perception of how others view them. The Mirroring Technique allows a client to see themselves as others do. In our lives, this process either reflects an accurate, compassionate mirror, or becomes complicated when the mirror provided creates a distortion in our self-perception. Learn how to distinguish between accurate and distorted mirroring and how to repair our "cracked" mirrors through working in action with those responsible for their distortions.

**Learning Objectives:**

After attending this workshop, participants will be able to:

1. Distinguish the accurate, compassionate and inaccurate distorted mirroring.
2. Recognize self-perceptions through exploration in action to repair distorted mirrors.

## 4

**UNFINISHED CONVERSATIONS: OPPORTUNITIES FOR SUPPORTED CLOSURE DIALOGUE**

**Miriam Zachariah**, TEP, Ontario College of Teachers; **Ashfique Rizwan**, MPH, MSc, State University of New York at Buffalo

We will explore unfinished conversations with others that we have not had the opportunity to complete with the support of our own strengths. Through sociometric exploration we will create a supportive group container. Participants will learn how to enact inner strengths through our observing egos, role reversal through enactment to complete unfinished encounters in our lives.

**Learning Objectives:**

After attending this workshop, participants will be able to:

1. Differentiate and apply psychodramatic tools of Role Reversal, Double, Mirror and Soliloquy.
2. Identify a personal strength and use it as a support to complete unfinished encounters.

**2:00 PM - 6:00 PM**

**HALF DAY - AFTERNOON  
PRE-CONFERENCE  
SPECIAL INSTITUTES**

## 5

**STEP IN THE SHOES OF THE TEENAGER USING SOCIODRAMA!**

**Lauren Shpall-Brown**, MA, MEd, CP, PAT

Sociodrama enables young people to examine human relationships through group action methods, creativity and spontaneity. Through the co-creation of a Sociodrama, participants in this workshop will explore personal, social and political issues that matter to our teenagers today.

**Learning Objectives:**

After attending this workshop, participants will be able to:

1. Examine the personal, social and political issues our young people care about.
2. Apply at least two sociodramatic techniques in their professional work - Role Reversals, Doubling, Aside...

## 6

**SOCIOMETRY: EARLY RESEARCH IN POSITIVE PSYCHOLOGY AND THE FIRST SOCIAL NETWORKING**

**Dr. Nancy Kirsner**, Ph.D., TEP, MFT

Dr. Moreno worked with refugees in Mittendorf (1915-1917), where there were difficult living conditions and fighting. This was the beginning of Moreno's sociometric thinking about remedies based on people's choices and social connections. His work was the

precursor of Social Network Analysis. We could say he was the Father of Social Networks. Sociometry is a mainstay for psychodramatists. It is the quantitative measurement of choices and connections within a group. Positive Psychologists do not study sociometry nor do they use it in their presentations. Sociometry and Positive Psychology prioritize social relationships and factors that contribute to wellbeing. They emphasize that we are a social species, hard wired for human connection.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Demonstrate Sociometry and how it's designed; share goals of sociometry & Positive Psychology Apply at least two sociodramatic techniques in their professional work - Role Reversals, Doubling, Aside.
2. Define history of sociometry and its uniqueness and benefits.



## CONFERENCE HOTEL



ASGPP is pleased to have arranged for affordable and comfortable accommodations at the Sonesta Los Angeles Airport LAX Hotel and Conference Center.

Here is what to know:

- Special guest rate is **\$135 per room** per night during the conference.
- Rates will be available days prior and days after the event dates indicated in the room block, subject to rate availability of rooms at the time of the reservation.
- This rate ends on **March 11**, so early registration is recommended.
- **Room share** requests form will be available through ASGPP.
- **Free 24-hour airport shuttles** every 20-30 minutes and shuttles to tour stops.
- Easy access to the city center.
- **Four restaurants** are located on site; others are located nearby.
- Venice Beach, Marina del Rey and Santa Monica are within short driving distance.
- Hollywood is 12 miles away.

To book your room, click [here](#).



## WEDNESDAY, APRIL 3, 2024



**9AM to 5PM : FULL DAY WORKSHOPS\***  
**9AM to 1PM : HALF DAY WORKSHOPS\***  
**2PM to 6PM : HALF DAY WORKSHOPS\***  
**6:30 PM to 8:00 PM : WELCOME RECEPTION**

*\*Additional fee*

### 9:00 AM - 5:00 PM

#### FULL DAY PRE-CONFERENCE SPECIAL INSTITUTES

#### **7** WHY WE DO WHAT WE DO -- AN INTRODUCTION TO PSYCHODRAMA

**Stephen Kopp, MS, TEP**

Are you new to psychodrama? Curious about action methods or attending this initial conference with a colleague? This workshop is designed to give you an understanding and working vocabulary in fundamental principles of psychodrama. From A (action methods) to Z (Zerka Moreno) this experiential workshop will journey from warming up through sharing. Together, we will experience several techniques to give you a foundation and support you in getting the most from the remainder of your conference.

##### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Recognize common psychodrama terms and techniques.
2. Describe the stages of an effective psychodrama.

#### **8** THE BODY REMEMBERS WHAT THE MIND FORGETS: PRISONS OR SACRED HOMES

**Louise Lipman, LCSW-R, CGP, TEP,**  
*Psychodrama and Creative Arts*

*Therapy, NYC, Trial Lawyers College*

Our bodies can be either prisons of trapped energy or they can be sacred homes where we experience connections. Our history and life choices impact the fluidity of the energy flow within our bodies. To restore physical, emotional and spiritual well-being we have to work through the blockages that our bodies remember but our minds forget. Weaving together various forms of creative arts therapies such as psychodrama, guided imagery, music and art we will explore this flow. We'll identify the stuck places - using psychodrama to shine a light on the healing process - releasing blocked energy in a safe and supportive environment while restoring well-being.

##### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Apply Creative Arts Therapy and Action methods to their Group Work.
2. Demonstrate the use of psychodramatic methods to deepen the therapeutic process.

#### **9** ADDICTIONS AND FAMILIES: A SYSTEMS PERSPECTIVE

**Jacob Gershoni, LCSW, CGP, TEP**

This workshop will examine various roles family members play in maintaining the addict's behavior and stalling or preventing recovery while outwardly attempting to help the addict. Systems theorists view the cycle of addiction as

an attempt to self-medicate, which then becomes a problem rather than the solution to the original problem. Factors perpetuating addictions and the destructive impact on the family will be addressed. Psychodrama will be enacted, highlighting its power and effectiveness. This is especially pronounced in countering defense mechanism of denial. Other issues related to shame will be addressed as well, whether in family of origin or families of choice.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify General principles of Systems Theory and its application to addiction.
2. Demonstrate psychodramatic interventions and techniques

## **10 PSYCHODRAMA WITH NON-VOLUNTARY POPULATIONS**

**Frank Bartolomeo**, PhD, LCSW, Silver Hill Hospital, Private practice; **Rebecca Walters**, MS, LMHC, TEP, Hudson Valley Psychodrama Institute

Group Psychotherapy and Psychodrama are often used with populations like adolescents and adults with substance use disorders. It is common that the role of "patient" or "client" is imposed rather than volitionally taken, because individuals face either legal or other forms of coercion to enter treatment. Moreno's role theory and view of resistance as inadequate warm-up is useful, but not complete. The theory of psychological reactance an important perspective to appreciate the attitudes and behaviors that the group therapy confronts. This workshop will provide participants with a range of psychodramatic and sociodramatic interventions to facilitate the transition from the role of non-voluntary patient/client to active participant in one's treatment.

### **Learning Objectives:**

After attending this workshops participants will be able to:

1. Explore Moreno's theory of role development.
2. Understand and distinguish the different theoretical perspectives (i.e., role theory, psychodynamic, and psychological reactance of resistance in group therapy and their implications for practice

**9:00 AM - 1:00 PM**

**HALF DAY - MORNING  
PRE-CONFERENCE SPECIAL INSTITUTES**

## **11 BIBLIODRAMA: MOVING INTO ACTION WITH LITERARY ROLES**

**Linda Condon**, LMHC, TEP

This workshop will explore the literary world using Bibliodrama methodologies. Imagine stepping into a story in the shoes of: a favorite superhero, a Shakespearean villain, a biblical character like Ruth, King David or Jesus. Or perhaps having different story characters share a conversation about what the world needs now. Anything is possible during a Bibliodrama session. Come learn the basics of Bibliodrama and experience how the written word can become a living word.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Differentiate between Bibliodrama, Sociodrama, and Psychodrama
2. Apply various Bibliodramatic warm-ups

## **12 ANOTHER TIME ANOTHER PLACE: EXPLORING THE SOUL'S UNFINISHED BUSINESS**

**Rhona Case**, Licensed Psychologist, TEP;  
**Mark Wentworth**, Colour for Life

Some believe the Soul has experienced many past lives before this current one. Others view 'past lives' as simply a metaphor for understanding the deeper psyche. Bring your curiosities and doubts, and join us in this workshop where we will give the stage over to your past lives. Through an integration of active imagination, surplus reality and classical psychodramatic enactment we will have the opportunity to meet these characters in another time and place "as if" they were real, and listen to and explore their often untold and unfinished stories. When the story ends a new found energy and liberation within the psyche becomes possible. Who's story are You telling?

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Demonstrate how to create a guided imagery to explore a past life character
2. Examine and experience how to work psychodramatically using surplus reality.

**2:00 PM - 6:00 PM**

**HALF DAY - AFTERNOON  
PRE-CONFERENCE SPECIAL INSTITUTES**

### **13 UNMASKING AUTHENTICITY: QUEERING PSYCHODRAMA THROUGH DRAG ART AND LIBERATION RITUALS**

**Kulkiran Nakai, Psy.D., LP; Daisy**

**Martinez Di-Carlo, LPC, LMHC, CP, PAT**

Drag is an anti-oppressive art form that's existed throughout human history. Drag has served as a courageous catalyst for our creativity to generate new conserves and change the culture of identity and expression for gender and sexual minorities. In this workshop, psychodrama is applied to drag ritual

and liberation movements through Role Theory, Theater of the Oppressed, and the Developmental Model of Liberation. Participants from all identities will warm up to healthy spontaneity and experience how role conflict invites us to widen our role repertoire and liberate ourselves to unmask authenticity through creating rituals and embodying drag art for collective healing and belonging.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Apply two sociometric interventions that reverses the sociodynamic effect of oppression through ritual and drag art
2. Demonstrate two action methods in empowering and creating liberation with ritual and drag art

**14**

### **FOLLOWING DREAMS AND STARS IN THE DARK NIGHT OF A TRAUMATIC WORLD**

**Maurizio Gasseau, Ph.D. Clinical Psychology, IAGP International trainer**

Jungian psychodrama is a theory of psychodramatic technique, articulated in a complex model of conduction and observation. It derives from Jung's analytical theory on dreams, from his concepts of the personal and collective unconsciousness, of archetypal images and individuation as well as S.H. Foulkes' concepts of the net and the personal and basic matrix. This experiential group will show a model of Jungian Psychodrama. Dreams convey the transformative wisdom of the unconscious, activating intrapsychic and intersubjective change. The conductor will demonstrate the dream incubation technique. We will play two dreams that enlighten our journey on this planet and memories associated to the dreams.



### Learning Objectives:

After attending this workshop, participants will be able to:

1. Distinguish Jungian psychodrama from classic psychodrama
2. Demonstrate how to play and interpret dreams in analytical psychodrama

**6:30 PM - 8:00 PM**

### WELCOME RECEPTION

*The ASGPP Executive Council welcomes everyone attending the conference to this opening reception. Enjoy connecting with colleagues and friends you already know, as well as welcoming and getting to know new conference participants as we are meeting and preparing for three days of workshops, celebrations, learning, and growth during the conference.*

*(This is an open event.)*

**Looking for  
conference  
attendees and  
ASGPP members  
who want to  
volunteer to help  
with the 2024  
conference as  
session assistants,  
greeters, packet  
makers and more --  
and at next year's  
conference too!**

**CONTACT  
ASGPP@ASGPP.ORG**

ASGPP ALSO OFFERS

# ONLINE EVENTS!

**CAN'T MAKE IT TO THE  
#PSYCHODRAMA2024  
CONFERENCE IN  
LOS ANGELES THIS YEAR?**

**CHECK OUT OUR VIRTUAL  
OFFERINGS INCLUDING:**

Conference Hybrid Keynote  
Conference Hybrid Plenary  
Conference Hybrid Presentation  
Hybrid Membership Meeting  
Hybrid Awards Ceremony  
Silent Auction

**Rest! Dream! Resistance!  
Applying the Rest is  
Resistance Framework to  
Psychodrama**

Online workshop with  
Daisy Martinez-DiCarlo, LMHC,  
CP, PAT & Travis Ray, MFA  
Feb. 11, 2024

### Online Marketing Series

**Market Your Training  
Programs**  
Rebecca Walters, LMHC, TEP

**Marketing 101 For Your  
Psychotherapy Practice**  
Karen Carnabucci, LCSW, TEP

**ABCs of Social Media**  
Karen Carnabucci, LCSW, TEP

**Easy Graphic Design with  
Canva**  
Courtney Meadows, LCSW, RDT

Contact [asgpp@asgpp.org](mailto:asgpp@asgpp.org)  
FOR INFO AND REGISTRATION  
LINKS.

# THURSDAY, APRIL 4, 2024



7:30 AM to 8:30 AM: NEW MEMBER / FIRST-TIME ATTENDEE BREAKFAST  
9:00 AM to 10:15 AM: KEYNOTE: MIRIAM ZACHARIAH  
10:30 AM to 12:00 PM: MORNING PARALLEL WORKSHOPS  
12:15 PM to 2:15 PM: AWARDS LUNCHEON  
3:30 PM to 6:00 PM: AFTERNOON PARALLEL WORKSHOPS  
7:30 PM to 9:00 PM: SONG FEST

## Morning Keynote: Miriam Zachariah, M.A., TEP

### Anti-Racist Practice in Schools: Sociometric Tools That Foster Democracy in Education

Sociometry empowers student voice, which in turn drives decision-making. Using sociometric tools, we will explore experiences of inclusion and exclusion in school. We will delve into the stories of students of color who have been excluded and how the use of these tools brought them back into the whole school community. We will look at how sociometric, democratic and restorative processes can re-integrate neuro-divergent students, particularly those that are racialized, into the classroom and improve their social and academic success. Finally, we will consider how allies support and challenge us as we seek to decolonize our own practice.



## Hybrid Event

### 10:30 AM - 12 PM

#### MORNING WORKSHOPS

#### 15 DOUBLING AS DECOLONIZING PRACTICE

**Leticia Nieto**, Psy.D., LMFT, AAMFT  
Approved Supervisor, Playback Theatre  
Trainer, TEP; **Kulkiran Nakai**, Psy.D., LP

Our work as sociometrists and psychodramatists is to address uneven and unhealthy sociometry at all levels of the collective. We demonstrate Doubling as a meta-technique in the context of training spaces. A decolonizing approach invites individual and collective resources from any time, including the time of ancestors, and from any place, including the broad collectives where we find our belonging. We will explore Doubling for inviting deep wisdom that lays latent, only waiting to be evoked.

#### Learning Objectives:

After attending this workshop, participants will be able to:

1. Identify at least one dimension of decolonizing wisdom that can be accessed

through Doubling practice.

2. Describe two ways to bring resources into a drama through Doubling technique.

#### 16 MEN NURTURING MEN: THE POWER OF MALE INTIMACY IN GROUP

**Rick Tivers**, LCSW, CGP

Process work involves confronting fear of intimacy, merger fears and internalized homophobia. Men will experience their resistance and craving to be held emotionally by other men. Brother and father wounds will also be explored.

#### Learning Objectives:

After attending this workshop, participants will be able to:

1. Demonstrate process work with men for enhancing intimacy and group development.
2. Recognize defenses that were functional that are barriers to intimacy.

#### 17 CREATING SAFETY AND STRUCTURE IN TREATING COUPLES RECOVERING FROM INTIMATE PARTNER BETRAYAL

**Sarah B. Davila**, LCSW, PAT; **Mario Battista**, MSW, CP

The unique hurt and shame that surface for couples where there has been infidelity, sexual acting out/addiction and threats to safe intimacy need tender care. Traditional addiction treatment models don't always reach across this layer of wounding. We will explore the characteristics of partners of sex addicts as well as the stigma and struggle for those dealing with sexually compulsive behaviors and the impact on the partnership. We will describe and demonstrate sociometric and psychodramatic techniques and structures that support safety and increase awareness and accountability and move couples toward the action steps to create greater acceptance and healing.

#### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Recognize the unique struggles of recovery from intimate partner betrayal.
2. Describe two aspects of betrayal trauma and underlying intimacy disorder.

---

## **18 River of Life LGBTQ+**

**Grace Walcott, M.A., AMFT-PRDT; John Olesen, MA, TEP**

Creating safe containers allows for honoring vulnerability and the chance to alleviate pain. In this workshop Grace Walcott will shine the light on the healing power of experiential work through the showing of her film "River of Life LGBTQ+". In part, her film explores sociometry as a conduit to unpack queerphobia and celebrate LGBTQ+ evolution. Open to all gender expressions and sexual orientations, together we will look at systemic oppression and our collective strengths and connections.

#### **Learning Objectives:**

After attending this workshop, participants will

be able to:

1. Apply sociometric interventions to increase a group's connections and functioning.
2. Recognize patterns of internalized oppression.

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## **19 LAPLAYBACK THEATRE COMPANY PERFORMANCE AND/OR WORKSHOP**

**Joyce Lu, Ph.D., MFA, Certified Feldenkrais Method Practitioner**

Joyce Lu, founder and director of LAPlayback Theatre Company, will lead a workshop incorporating doubling and Playback forms with a focus on equity work

#### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Demonstrate the efficacy of Playback Theatre and/or Playback forms while helping to process the conference experience.
2. Apply and show the use of doubling and other psychodramatic methods in Playback forms.

---

## **20 SUPERPERSONA: EMPOWERING THE SELF USING PSYCHODRAMA**

**Sara R. Butler, LCSW, CP, PAT**

In this workshop participants will explore and create their superhero or superheroine selves by identifying aspects of their Power, Vulnerability, and Alter Ego. This workshop utilizes warm-up exercises, action, and sharing to help participants explore different role aspects and cultural conserves related to their identity. Participants will learn how creativity can be used to help empower themselves and their clients to promote personal growth.

#### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Demonstrate at least two warm-up exercises to increase sociometry in a group.

2. Describe how to use role training and role reversals to further role development with clients.

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## **21** SAVIOR OR ACCOMPLICE - A SOCIODRAMATIC EXPLORATION OF ALLYSHIP

**Cissy Rock**, AANZPA, IACD,  
*Sociodramatist*

It is all too easy as a person of privilege to assume that one's own worldview is simply common sense and that the right way of doing things is defined by this. Often ideas, processes, solutions and actions are explored and developed from this perspective. For those of us that work with community development we need to be alert to our own functioning and understand how our role might be experienced. This session is a practical workshop where we will explore a scenario when being an ally is required. Typically these moments are full of tension and fraught with difficulty.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify social forces at play and what it takes to sustain us.
2. Recognize what it would take to generate new ways of being and knowing to be effective in such moments.

---

## **22** IF YOU WANNA BE HAPPY, BE HAPPY!

**Cristina Schmidt**, Associate Professor in Bucharest University, Licensed Psychotherapist, Psychodramatist, Sociodramatist, Transgenerational Therapist.

If you want to re-write your life script you need to find The 5 HAPPY ingredients: Harmony, Authenticity, Power, Peace and Yourself. Happiness is often defined by achievements, most of them material ones and the level of satisfaction is not every time fulfilled. In

In this workshop you will find and define the 5 basic components of a sustainable interior construction in order to write a new script of your life. Transform the components in five roles, integrate them using the role training and build a consistent new life story.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Define the five elements in order to be happy.
2. Select, describe and apply the roles for harmony, authenticity, power, peace and being yourself.

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## **23** IN ADAM BLATNER'S WORDS: COME PLAY!

**Betty Garrison**, BFA, IPNB, MA, MS, MS, CMHC, CTP-2; **Darlene Vanchura**, MA., LPC-S, CTP-2

Based on Adam Blatner's "The Art of Play," we invite you to come play with us and reclaim your innate spontaneity and imagination. Our hope is that you will come away with skills that will help you innovate creative play activities into your everyday life for the purposes of learning, exploring, and just plain old fun!

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify three benefits of play.
2. Recognize their ability to reconnect with their inner child who still knows how to play.

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## **24** A VOICE IN THE MARKETS, DEMYSTIFYING PSYCHODRAMA

**Carlos Raimundo**, MD, MaBus, TEP

Demystifying Psychodrama, Going where people are. A tool to revolutionise the approach to mental health, providing a lifeline to those in need. In our dynamic



world, technological and societal fast changes have brought positive advancements, but also a concerning rise in global unhappiness and mental health challenges. Many affected individuals, due to generational and systemic hardship and especially those enduring exile, forced migration, and wars, face barriers to seeking help due to overwhelmed resources and various reasons. This proposal introduces "A Voice in the Markets," an innovative initiative addressing limited resources, accessibility issues, and stigma.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Identify the prevalent trends of unhappiness, loneliness, and stress in today's world, particularly among individuals, families and society in General
2. Explain the principles of the Voice in the Markets and its application for social mental health

## 12:15 PM - 2:15 PM Hybrid Event AWARDS LUNCHEON

*ASGPP awards acknowledge members who have made outstanding contributions to our community and the field of psychodrama, sociometry and group psychotherapy. Come join us as we celebrate their contributions. (Tickets are provided for 3-day conference attendees. All others, including those attending single days, guests, etc., who wish to attend the luncheon, please purchase a ticket either on the registration form or at the registration desk.)*

## 3:30 PM - 6:00 PM AFTERNOON WORKSHOPS

### 24 PSYCHODRAMA IN AN HOUR

**Rebecca Walters, LCAT, LMHC, TEP**

Most of us have trained in the workshop model, where three hours is not an unusual amount of time for a

psychodrama, including warm up, action and sharing. For those who work in agencies, hospitals, clinics, schools and in private practice, the luxury of such prolonged time is not possible. Adaptations of the methods of psychodrama, sociometry and sociodrama have proven effective allowing group members to have a full experience of warm up, action and sharing within a single hour. This workshop offers adaptations that have been developed over the course of 40 years directing in time limited settings.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Describe three short warm ups for a time limited group
2. Demonstrate two ways for rapid sharing

### 25 MORENO'S MYSTIC WISDOM AND THE UNDERLYING STRUCTURE OF SOCIAL REALITY

**Edward Schreiber, TEP, EDM, MSM;**  
**Sarah E. Kelley, drama therapist; Marlo Archer, Ph.D., TEP, ASGPP Fellow**

Woven throughout the entire method we find the mystic wisdom of J.L. and Zerka Moreno. Making the mystic wisdom explicit is the focus of this workshop. Through a tool called social microscopy we discover what there is to be seen about society, when the unseen becomes visible to our group. It is a psychodramatic ceremony for the awakening of the autonomous healing center.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Recognize the nature of the underlying structure of social reality.
2. Examine the nature of the autonomous healing center inside us

and in the group.

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## **26** INTEGRATION OF ARTMAKING, PSYCHODRAMA & MEDITATION

**Ning-Shing Kung**, *ATR-BC, LPAT, MPS, TEP*

Psychodramatic techniques such as role playing and role reversal contribute to the mental growth of the individual. Making art is a non-threatening action to let individuals experience transference symbolically. Meditation is the spiritual practice to expand the individual's internal power. The combination of those three methods build a strong foundation for healing trauma, also can be a self-healing tool for daily stressful life. The workshop includes psychodramatic enactment to demonstrate the development among three methods.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Apply the Loving Kindness and Compassion meditation during directing a psychodrama.
2. Describe the integration between art-making and psychodrama-directing.

---

## **27** HEALING THE CHILD'S HURT: OPENING THE ADULT'S HEART TO JOY

**Nina Garcia**, *Ed.D., LCSW, RDT/BCT, TEP, NYU*; **Dale Buchanan**, *LICSW, Ph.D., TEP*

Unresolved childhood wounds and/or trauma result in pain and suffering in adulthood. Sometimes we feel awful and don't know why. We may blame ourselves or others. We develop core beliefs that don't serve us and that hamper our joy and zest for living. Our nervous system becomes unregulated or dysregulated. This workshop will offer techniques to assist clients in transforming their challenges and mobilizing their strengths.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Define child's hurt
2. Describe the difference between dysregulation and regulation regarding the nervous system.

---

## **28** EMBRACING EMBODIMENT: MOVEMENT EXPLORATIONS IN PSYCHODRAMA

**Karen Drucker**, *Psy.D., TEP*

You will meet yourself and others in a container that is deeply nourishing, creative, intelligent, heartbreaking, spirited and transformative. We will use movement and rhythm, music and stillness to connect with ourselves and others. Deepen your contact with your creative expression, be inspired by others, and play with doubling, mirroring and role reversal in novel ways.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Describe three ways to use movement in sociometry.
2. Demonstrate role reversal with aspects of self.

---

## **30** SPOTLIGHT SOCIOMETRY: THE POWER OF CONNECTION OVER POLARIZATION

**Deborah Shaddy**, *M.S., LCPC, TEP*

Deep divisions based on political and religious identities and specific issues (reproductive rights, gay rights, and gun control as examples) impede our ability to see and hear each other. Sociometry provides tools that encourages nuanced views of other positions and the people who hold them. Experience sociometric structures that reducing this separation/polarization and identify situations in which structures can be used. This provides individuals and communities the opportunity to come together with more spontaneity and creative problem solving.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Describe three sociometric structures that can be used to assist individuals and communities overcome polarization.
2. Differentiate the use of these structures in specific situations

**31**

### BLOOM INTO JOY: CULTIVATE MORE JOY AND LESS "OY!"

**Jennie Kristel**, REAT, APTT, RMT; **Maria Mellano**, LICSW, CP

Joy is a challenging state to access in this oftentimes strife-ridden world. Feeling good may feel bad if not used to it. One might experience fear of expressing Joy dampening the polyvagal system. When feeling Joy, we widen the "Circle of Capacity" to embrace the world without being mired in it. Accessing Joy is necessary to expand our social atom. Experiencing positivity boosts the immune system, a sense of well-being to make better decisions and have a "longer view" of the world possible. Through Playback Theatre we will explore ways Joy happens (and disappears) such as our needs, wants and desires and a sense of wellness, to experience guiltless Joy!

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Examine the Polyvagal ladder using psychodramatic and Playback Theatre Methods
2. Demonstrate places of resistance/stuckness to places of Joy.

**32**

### SOCIOMETRY: THE KEY TO PSYCHODRAMATIC GROUP WORK

**Louise Lipman**, LCSW-R, CGP, TEP, *Psychodrama and Creative Arts*  
Sociometry opens the door to the creative consciousness of the group. It is the key to revealing the covert and overt networks in the group's structure.

According to Jonathan Moreno:

"Sociometry without Psychodrama is sterile and Psychodrama without Sociometry is blind." Understanding the Sociometry of a group helps to create safety, build connections between group members and identify the transference, tele, open tension systems, act hungers and dramas that are contained in a group. This workshop will deal with the ways in which Sociometry sheds its light on group process and adds to the intensity of the Psychodramatic work.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Demonstrate the integration of Sociometry and Psychodrama in Group Process.
2. Define and illustrate Sociometric tools and techniques.

**33**

### EXPLORING THE "INVISIBLE DIMENSIONS:" SURPLUS REALITY APPLICATIONS IN PSYCHODRAMA

**Daniela Simmons**, Ph.D., TEP; **Gülşen Büyüksahin**, M.A., CTP-1, *TELE'DRAMA International*

J.L. Moreno wrote that psychodrama consists not only of recreating experienced events from the past, present and future reality, but also includes experiences "beyond reality." In our lives there are "invisible dimensions," that we haven't been able to completely express or experience, and that is why creating surplus reality is so needed. In Moreno's words, surplus reality is "Bringing magic into science!" This training session will offer didactic and experiential learning of the surplus reality technique and its applications as a central aspect of the psychodrama method.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Describe at least 3 surplus reality applications in psychodrama;

2. Recognize the surplus reality technique as a central concept of the psychodrama method.

**7:30 PM - 9:00 PM**

**HONORING OF OUR STARS  
PAST AND TRIBUTE  
ala 'SONG FEST'**

*Join us for an evening of joyous  
remembrance of our friends and  
colleagues who loved music as we gather  
to sing their favorite songs and honor  
their memory.*

*Bring your spirit of fun as we sing our way  
down memory lane.*



# FRIDAY, APRIL 5, 2024



7:30 AM to 8:30 AM: TELE'CAFE MEET UP

9:00 AM to 11:30 AM: MORNING PARALLEL WORKSHOPS

11:30 AM to 12:30 PM: THE TWINKLE HOUR

1:45 PM to 3:15 PM: SOCIATRY & SOCIAL JUSTICE FORUM

3:30 PM to 6:00 PM: AFTERNOON PARALLEL WORKSHOPS

## 7:30 AM - 8:30 AM

### TELE'CAFE MEET UP

*Are you joining us from overseas, or would you like to meet some of your colleagues from around the world? If so, then we as the International Committee, Carlos, Cristina and Mark, would love you to come join us for a morning coffee and be part of the actual in-person Tele'cafe. Come say hello and learn more about the projects of connecting us internationally.*

and behavior challenges. Through sociometry we will connect to our own experiences of inclusion and exclusion. We will also explore how allies support and challenge us as we seek to decolonize our own practice.

#### Learning Objectives:

After attending this workshop, participants will be able to:

1. Demonstrate the use of sociometric tools to identify difference and commonalties .
2. Apply circle dialogue for decision making and connection

## 9:00 AM - 11:30 AM

### MORNING WORKSHOPS

#### 34 TOOLS FOR DECOLONIZING SCHOOLS: SOCIOMETRY THROUGH RESTORATIVE PRACTICES

**Miriam Zachariah, M.A., TEP**

Restorative practices are sociometric tools centred around using circles to develop communities in schools. The intent is to include everyone in decision making and manage conflict in a way that moves from punishment towards the repairing of damaged relationships. In this workshop, we will explore how to empower student voices to drive decision-making and how natural consequences can be used in conjunction with restorative processes to deal with conflict, bullying and

#### 35 CULTIVATING HOPE: STEPPING INTO THE BEST POSSIBLE FUTURE SELF

**Regina Sewell, LMHC, PCC, PhD, CP, PAT; Jennifer Salimbene, MSSW, LCSW-R, CASAC, TEP**

Clients often get stuck the past, ruminating on negative experiences and losses and have difficulty believing that they have the ability to make their future better. As a result, they feel powerless and unmotivated to make positive changes. Positive Psychology provides evidence-based tools to help clients shift perspectives and change their behavior. Psychodramatic enactment enhances the power of these tools by giving participants an opportunity to experience embodied cognition (a way of changing our thinking through action). In this workshop, we will demonstrate how to use the Best Possible Future Self in action to help clients shift from hopelessness to hopefulness.

## Learning Objectives:

After attending this workshop, participants will be able to:

1. Explain how psychodrama can be used to facilitate change through its impact on embodied cognition.
2. Describe how to enact the Best Possible Future Self

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## 36 TRAUMA-INFORMED PSYCHODRAMA: PRINCIPLES FOR ETHICAL AND CLINICAL PRACTICE

**Scott Giacomucci**, DSW, LCSW, CGP, TEP; **Lewis Johnson**, M.S., CTP, CET I

This workshop presents the six trauma-informed principles outlined by SAMHSA and their utility in sociometry, psychodrama, and group therapy. Trauma-informed principles will be approached as clinical and ethical guidelines. Risks of retraumatization in psychodrama will be addressed. Participants will be challenged to critically reflect on their relationships to these principles and explore ways of further integrating them into practice. Multiple experiential sociometry processes will be demonstrated, followed by a strengths-based psychodrama.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Identify SAMHSA's trauma-informed principles.
2. Describe two strategies for preventing retraumatization in psychodrama.

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## 37 BIBLIODRAMA: ENLIVENING OUR TEXTS AND MAKING SCRIPTURE OUR OWN

**Shelley Firestone**, M.D., F-AGPA, CGP, PAT

Using a story from the Torah, we will step into the roles of biblical figures, offering our contemporary voices as the story unfolds, enlivening the text and adding our personal meanings. As we look within the story for the wisdom of the ages, we find our own stories as personal and universal truths emerge. The experience provides an opportunity to use our imagination and improvisation to discover relevancy from the

scriptures for today's world, enriching the stories and making them our own. With our similar and different voices, we will come to recognize our personal and spiritual journey in ancient texts.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Explain the history, theory and practice of Bibliodrama.
2. Demonstrate the use of role playing to bring stories to life, making them relevant and personal.

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## 38 GROWING UP AGAIN: RE-PARENTING THE INNER CHILD

**Rob Pramann**, Ph.D., ABPP (Group Psychology), TEP; **Hazel Mason**, Certified Substance Use Disorder Counselor Intern, Certified Life Coach

Shining the light on how to develop the group to maximize its healing potential, the interconnections (Sociometry/Sociometrics) and safety, recognizing the inherent risks and how to responsibly mitigate them, psychodramatically warming up the group to deep healing, and utilizing group resources to support the process in the moment and in action. Agenda includes the use of modified spectrograms of cohesion/connectedness and safety, picture cards for locograms, timeline, and wound picture drawing psychodrama warm up.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Identify ways to reparent and to continue to heal the inner child.
2. Identify group risks and resources and apply safe and effective intervention in a group session.

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## 39 SHINING BRIGHT: IGNITE YOUR PATH AND LET VALUES ILLUMINATE YOUR WAY

**Kate Merkle**, LCSW, MPH, RDN, CDWF, PAT; **Brittany Lakin-Starr**, Ph.D., TEP

Integrating Brené Brown's The Daring Way™ with action methods and psychodrama,

participants will identify their own values, supports that protect those values, and challenges that get in the way. In this workshop, we will demonstrate how to use sociometric and psychodramatic techniques (e.g., spectrogram, empty chair, role-reversal) to help participants and their clients clarify values, empowering them to live a more meaningful and fulfilling life.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify one sociometric and one psychodramatic structure (e.g., including spectrogram, empty chair) and one way they can be used to promote a more value driven life.
2. Recognize how incorporating action methods into the values work of The Daring Way™ will benefit participants and their clients.

## **40 JOURNEY TO OZ: CELEBRATING OUR DREAMS**

**Stephen Kopp, M.S., TEP**

Let's journey somewhere over the rainbow where dreams really do come true. A rainbow is simply white light freed by rain into a spectrum. Often clients feel inhibited or trapped and dream small. Let's accept Moreno's challenge to give people the courage to dream again. Using metaphors from OZ, we will identify how psychodrama helps clients identify obstacles to changing and growing. Psychodrama can provide a yellow brick road towards identify resources that awakens their dreams.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify three tools for helping clients identify their inner critic or negative introjects that block their courage to dream big.
2. Identify two action structures for determining assets within a client and helping protagonists concretize these resources.

## **41 DRAMA & DRAGONS**

**Kaamila Mohamed, LCSW; Ellie Taylor, LSW, EMDR certified**

Join Ellie and Kaamila, an interracial facilitation partnership who use psychodrama to support healing in trans and queer community. In this workshop, we will use role hunger to build a fantasy adventuring character inspired by the world of Dungeons & Dragons. Explore ways to use this character alter ego to access different parts of self and work magic in your intrapersonal and interpersonal life.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Describe the concept of role hunger.
2. Apply the concept of role hunger to the creation of an alter ego character.

## **42 THE HEALING POWER OF COMMUNITY IN MUTUAL-AID CULTURES**

**Robin McCoy Brooks, LMHC, TEP, Jungian Analyst; Lusijah Marx, R.N., Psy.D.; John Olesen, TEP; Graham Harriman**

Seven years ago we started to write a book about our experiences participating in the formation of an AIDS clinic named Project Quest in the early days of AIDS. Each of us has psychodrama and depth psychology in common, and we draw on what we learned then that has relevance in today's crisis ridden world. Our book "The Healing Power of Community: Mutual Aid, AIDS and Social Change in Psychology" (2024) will guide our presentation and action session.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify what and how the central tenets of mutual-aid based group practice is beneficial to collective healing.
2. Describe the experience of transference and counter-transference in the group process and how it may aid in building group cohesion.

**11:30 AM - 12:30 AM**

**THE TWINKLE HOUR:  
NETWORKING THROUGH ART**

*Come mingle with each other at our Twinkle hour. We will have all kinds of arts and crafts materials available for you to let your imagination free while enjoying the spirit of creativity with one another.*

**1:45 PM - 3:15 PM**

**SOCIATRY & SOCIAL  
JUSTICE FORUM**

*The Sociatry and Social Justice Committee will facilitate this event to strengthen the "circle of capacity." By strengthening the circle, by increasing affinities within the circle, we increase our capacity to be in our circle while opening for others to join and to grow a stronger and more inclusive community.*

**3:30 PM - 6:00 PM**  
AFTERNOON WORKSHOPS

**43 COUNTERTRANSFERENCE: WHAT WE  
LEARN FROM OUR CLIENTS ABOUT  
OURSELVES**

**Jacob Gershoni, LCSW, CGP, TEP**

Working as counselors or therapists has many demands and rewards. Some clients evoke strong feelings in us, and other pose challenges leaving us wanting for more knowledge. This workshop will focus on our own reactions to clients, especially when we

feel puzzled, overwhelmed, doubting ourselves and our abilities. Some of these issues are referred to as counter-transference and need to be addressed in our quest to improve our skills. Beyond that, such explorations invariably lead to an expansion of our own self-awareness. For many of us, this is one of the underlying motivations—conscious or not—to do this work.

**Learning Objectives:**

After attending this workshop, participants will be able to:

1. Recognize countertransference issues.
2. Examine roadblocks to effective work with clients.

**44 SHINING A LIGHT ON THE  
INTERNAL DRAMA TRIANGLE**

**Linda Condon, LMHC, TEP**

This workshop will look at the Karpman Drama Triangle roles (Victim, Rescuer, Persecutor) and identify how they operate on an intrapersonal level. We will explore how early role training influences the way these internal roles are played; keeping us trapped in compulsive activity, shaming or putting ourselves down endlessly, and ultimately leading us to sabotage ourselves. Using action methodologies, participants will explore strategies that activate the Circle of Restoration resource roles and provide us with opportunities to re-role train ourselves to healthier roles of connection, action, and expression.

**Learning Objectives:**

After attending this workshop, participants will be able to:

1. Explain internal drama triangle role behaviors and Circle of Restoration role behaviors.
2. Apply action strategies to role train Circle of Restoration resource roles.

**45 THE ART AND SOUL OF HUMAN  
CONNECTION**

**Jacqueline Siroka, LCSW, BCD, TEP**

Most humans long for human connection but build barriers against it. Wounding happens in connection and we build defenses to keep



protecting ourselves from re experiencing the hurt. Sociometry guides group members to address issues that prevent them from making meaningful connections. Rumi “your task is not to seek love, but merely to seek and find barriers that you have built against it” We will utilize sociometry and action methods to explore our interpersonal world

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Describe how Sociometry is the underpinning for Psychodrama
2. Explain the relationships that are tele based and the relationships that are role based

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## **46 THE NURTURING PARENT AND INNER WOUNDED CHILD DIALOGUE FOR TRAUMA HEALING**

*Sylvia Israel, LMFT, RDT/BCT, TEP*

"We have within us our own firstborn child. Our job is to re-parent that child."

--Dorothy Satten, Ph.D., TEP

A reparative dialogue between a nurturing parent and an inner wounded child is often an important scene in trauma repair. Integrating psychodrama with music and movement, we will learn how to direct a parent-child dialogue. Questions addressed include: How do we help the protagonist remain in their window of tolerance and access spontaneity? Is reparenting possible if the protagonist is regressed? What are the key messages the wounded child needs to hear? How can the auxiliary support the dialogue? Join us and practice reparenting yourself and your individual and group clients.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Describe the steps in facilitating a nurturing parent - inner child psychodramatic dialogue.
2. Explain the importance of the protagonist remaining in their window of tolerance when in the nurturing parent role.

## **47 I SEE YOU ....OR DO I ?**

*Dena Baumgartner, Ph.D., TEP, LMFT*

We are living in a time of repair. coming out of covid, disasters and divisions. This workshop will help participants to connect with and to see the other more clearly. Using psychodrama, sociometry and group process we will learn to hear, see and value each others differences as we witness each other with open hearts and new understandings.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Demonstrate a clear role reversal.
2. Apply doubling to help with clearer communication.

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## **48 ENHANCING OUR ABILITY TO USE SOCIOMETRIC TECHNIQUES**

*Nan Nally-Seif, LCSW, DCSW, TEP*

Bringing sociometry to the forefront. We will experience how sociometry warms up a group. We will look at the breath of sociometry and how it is present in the warm up, the action and sharing of a psychodrama. We will focus on hands on sociometry, pen and paper sociometry, and sociograms. Attention will be given to formulating relevant criteria questions for each of these techniques. We will use this sociometric exploration to warm up our spontaneity and creativity to go into action and create a psychodrama.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Define, demonstrate and practice three sociometric techniques: hands on sociometry, pen and paper sociometry, and sociograms.
2. Recognize and describe the importance of formulating a relevant criteria question for each of these three sociometric techniques.

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## **49 WAYS IN: PLAYBACK THEATRE AND SOCIODRAMA**

*Judy Swallow, LCAT, CRS, TEP*

Playback Theatre and sociodrama are ways in which someone can experience a safe distance from their story. Sociodrama helps the person explore the structure of a situation without overtly identifying their personal involvement. If the person chooses to, their sharing could evolve into a psychodrama, or the sociodrama could simply stand on its own. Playback Theatre allows the teller to observe his, her or their story acted out by group members (or a professional group) and then to decide whether to enter the situation, which can often create a redressive psychodramatic healing experience. This workshop will allow members to explore both modalities and discover how to use them as warmups to psychodramatic action.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Distinguish between sociodrama and psychodrama.
2. Recognize the Playback Theatre method.



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# PSYCHODRAMA

## ROLE PLAY TECHNIQUES

1

### DOUBLING

In classical psychodrama, the protagonist is joined by an auxiliary, either a co-director or group member, who speaks as the protagonist's inner voice. The double is a basic technique in psychodrama.



2

### MIRRORING

The protagonist stands out of the scene and watches while his, her or their role is played or replayed by an auxiliary.



3

### ROLE REVERSAL

The major participants in the drama change roles as part the enactment. When a protagonist role reverses, he, she or they not only demonstrates how the "other" behaves in the scene – but also transcends habitual limitations of egocentricity. Role reversal is indicated when it is appropriate for the protagonist to empathize with the other's viewpoint.



4

### ASIDE

The protagonist breaks away from the events of the dramatic story to quickly talk to themselves or directly to the group.



5

### SOLILOQUY

The protagonist shares aloud feelings and thoughts normally kept hidden. The protagonist may be engaged in a solitary activity, such as walking home, winding down after an eventful day, or preparing for an event in the near future.



Created for [asgpp.org](http://asgpp.org)

# SATURDAY, APRIL 6, 2024



7:30 AM to 8:30 AM: EARLY MORNING ACTIVITIES  
9:00 AM to 10:15 AM: PLENARY SESSION: ARMAND VOLKAS  
10:30 AM to 12:00 PM: MORNING PARALLEL WORKSHOPS  
12:15 AM to 1:45 PM: ANNUAL MEMBERSHIP MEETING  
2:00 PM to 3:30 PM: JONATHAN MORENO  
3:30 PM to 6:00 PM: AFTERNOON PARALLEL WORKSHOPS  
6:00 PM to 7:30 PM: DINNER  
8:00 PM to 10:30 PM: EXTRAVAGANZA

## 7:30 AM - 8:30 AM EARLY MORNING ACTIVITIES

*An hour of rejuvenating activities for your body, mind, and soul that will get us up and moving, inspired and excited to begin another day together at our fabulous conference.*

### Plenary: Armand Volkas, MFA, MA, MFT, RDT/BCT & Living Arts Playback Theatre Healing the Wounds of History through Psychodrama

Hybrid Event



How do cultures heal from a legacy of perpetration or victimization? How do we prevent the rage, guilt, and shame of one generation from haunting the next? How do we grapple with and transform wounding cultural, social and national narratives and restore the bonds with our ancestors? Armand Volkas will discuss how psychodrama, drama therapy and Playback Theatre provide a bridge between personal and collective experience, help people master complex feelings and lay the ghosts of history to rest. Members of the Living Arts Playback Theatre Ensemble will “play back” and illuminate various points through interactive improvisational theatre forms.

## 10:30 AM - 12:00 PM MORNING WORKSHOPS

### 50 IFS AND PSYCHODRAMA: SELF AND MORENO'S GODHEAD

**Haydn Briggs, LCSW, CGP, CET II**

Join us for an engaging workshop exploring the parallels and distinctions between Internal Family Systems (IFS) and psychodrama. We will delve into the fundamentals of each therapeutic approach, uncover their shared theoretical foundations and show how practical application of IFS augments intrapsychic and interpersonal psychodramatic work and we can find more spontaneity and creativity in our director roles.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Describe one way that IFS can be applied to psychodrama.
2. Identify one similarity between Self, the Godhead, and the Autonomous Healing Center.

### 51 PSYCHOTHERAPEUTIC PLAYBACK THEATRE AS GROUP ANALYTIC DRAMA THERAPY

**Ronen Kowalsky, M.A.** *Supervising Clinical Psychologist, Group Analyst;*  
**Shoshi Keisari, Ph.D.,** *Drama therapist*

Psychotherapeutic Playback Theatre is an evolving form of drama therapy based on group analytic principles. In our unique development of Psychotherapeutic Playback Theatre group members switch between "playing the other," observing the situation from

his, her or their perspective, and "allowing the other to play me," looking at multiple self-states using the perspective of the other. A group language of theatrical images is created through this process. This provides the group with continuous practice in empathy, strengthens cohesion, and confronts processes of alienation, and exclusion.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Examine and Apply group processes in Psychotherapeutic Playback Theatre.
2. Apply processes of structuring and non-structuring in Psychotherapeutic Playback Theatre.

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## **52 LIBERATION ROLES IN BIPOC SPACE**

**Whitney Bell, P-RDT**

This workshop is made by and for BIPOC/People of the Global Majority. In this space, we will build one another up through action methods, explore and embrace liberation, expand empowering roles for the future, and identify steps for support in psychodrama spaces. In this space, we prioritize bravery, courage, rest, play and joy over didactic teaching (BIPOC stands for Black, Indigenous, and other People of Color).

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify and claim one liberatory role in the context of BIPOC experience under racialization and colonization.
2. Recognize one action plan for personal liberation including all needed support to enact it in life.

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## **53 "YOU'RE NOT MY MOTHER": PSYCHODRAMA FOR HEALING MALE INTIMACY DISORDERS**

**Sharmini Winslow, Master's in Counseling, AF-EMDR, PAT; Erin Snow, LMFT, EMDR, CSAT-C**

With co-facilitator Erin Snow, LMFT, CSAT-C, we will be exploring the origins of Intimacy Disorders in men and how this expresses itself in adult romantic relationships; primarily through the lens of sex addiction.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Identify and explain key traits and the origins of Intimacy Disorders and sex addiction in men.
2. Demonstrate how the attachment wounds are healed through sociometry and shared expression of deep emotions in a safe space with other men.

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## **54 SHINE A LIGHT ON YOUR SUPERPOWERS/CONNECT WITH OTHERS**

**Dr. Margo Fallon, Ph.D. Psychologist**

Participants will engage in Expressive Arts & Psychodrama techniques to shine a light on super powers of self. Included is the construction of a Super Power Costume from fabulous portable materials that participants can keep to enhance these powers.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Demonstrate and art techniques of self and other exploration from demo.
2. Apply insight to Super Heroine/Hero Costume Process.

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## **55 ACTING OUT LONELINESS- EMPOWERING THROUGH SOCIODRAMA**

**Daniela Damian, Psychodrama, Family therapy, Transactional Analysis, Psychogenealogy**

Shining a light on how belonging, using Sociodrama people can ward off loneliness. Moreno's role theory indicate the importance of social interaction and group dynamics in shaping individual life



behavior and identity. Active engagement with roles allows individuals to shape their identity and to establish a sense of purpose and belonging. Loneliness anxiety, is not true loneliness but the fear people have of being lonely, is the fear which they desperately try to escape from. Transforming aloneness and loneliness, through Sociodrama, may empower people to reach to others to connect, opening the possibility of the experience being welcomed by others. During this workshop, a full sociodrama will be directed.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Apply Sociodrama techniques in finding life solutions; Relieving the fear of loneliness; Increasing self-confidence, and social skills; Focusing on each other; Helping and being helped; Belonging
2. Identify future directions on loneliness and describe how sociodrama can be used to explore issues related to loneliness and to cope with loneliness by portraying a collective experience

## **56 AUTOIMMUNE CONDITIONS: LOSS OF FEMININITY AND UNFREEZING THROUGH PSYCHODRAMATIC ENCOUNTER**

**Mirjana Stanković, M.A., Certified Tele'Drama Practitioner (CTP-Level 2)**

Autoimmune response happens when a spiritual, spontaneous creative being is overexposed to the "second universe" rules. Suppression of creativity is a death-threat which directs its host to 'freeze', leading to a disbalance of feminine and masculine principles. The somatic experience is that of immobilization of vital functions. The emotional state includes guilt, shame and depression. Dissociation and mental exhaustion command self-destruction and disability to be here and now. Is it possible to regain spontaneity by

"throwing away the script" and encounter "the first universe" through psychodrama? If the "autonomous healing center" thrives on the first universe, can psychodrama reactivate it to alleviate or heal autoimmune disorders in a reversed process?

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Recognize a possible causal relationship of autoimmune conditions with suppression and a loss of creativity and spontaneity.
2. Examine an encounter with the first universe and reactivation of the autonomous healing centre through psychodrama.

## **57 ACTIVATING PSYCHODRAMATIC AUTONOMOUS HEALING CENTER WITH MOTIVATION SCIENCE**

**Ozge Kantas, Ph.D., CP/PAT**

"There is nothing more practical than a good theory!" said Kurt Lewin. Therefore, utilizing the modern research and intervention tools of psychology, and specifically applied motivation science, we will deep dive to Self-Determination Theory to learn how to activate Autonomous Healing Center in psychodrama.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Define the basic psychological needs universal to human experience for effective autonomous functioning of clients, meanwhile identifying and analyzing person- or group-specific ways of satisfying those needs in a diverse and inclusive approach.
2. Differentiate human-centered intervention design, creating motivational conditions and supportive settings with sociometry and playfulness to match therapy, consulting, and business goals.

## 58

## MOVEMENT AND MUSIC AS SOMATIC CATALYST FOR HEALING TRAUMA

**Angela Grayson, Ph.D., LPC, BC-DMT, NCC**

Movement is our first language and means of communication. While we were in the womb we grew and moved about according to internal and external stimuli. Consequently, our bodies innately engage in movement as a protective or reflexive response; therefore, we are in constant vibration with our internal organs which make up our unique rhythmic patterns. Music causes ripples in the natural vibration of our unique rhythmic patterns and is the fastest way to shift our internal vibration thus serving as a catalyst jolting us from one emotional state to another. When a trauma response is activated, movement and music can change our vibration to a different frequency.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Examine the benefits of regulating our internal and external stimuli to help with cognitive restructuring.
2. Demonstrate the effects of incorporating a theme song to foster healing emotionally, mentally, spiritually and physically

## 59

## SOCIOMETRY AS A TOOL TO ASSESS THE IMPACT OF HIV-IN INFECTED AND AFFECTED CHILDREN

**Magdalene Jeyarathnam, MSW**

A workshop designed to explore the unique challenges and social dynamics faced by children impacted by HIV. This session delves into sociometric techniques to enhance understanding and support among this vulnerable group. Participants will learn effective strategies to foster positive social interactions and resilience in these children. The workshop will also focus on creating safe, empathetic environments to facilitate emotional expression and peer connections, crucial for their psychological well-being and social development.

### Learning Objectives:

1. Differentiate Sociometric Techniques: Participants will be able to differentiate between key sociometric techniques and

select appropriate ones for assessing the social dynamics of HIV-infected and affected children.

2. Apply Sociometry in Practice: Attendees will demonstrate the ability to apply sociometric methods in real-life scenarios, effectively enhancing the social engagement and support for children impacted by HIV.

**12:15 PM - 1:45 PM**

Hybrid Event

## ANNUAL MEMBERSHIP MEETING

*Our annual open community meeting is designed for everyone attending the conference, including both members and those interested in becoming members. The outgoing president, Daniela Simmons, PhD, TEP, will deliver her address on the theme "Organizational Crisis and Trauma Management: Learning and Change". This is also a great opportunity to meet the new Executive Council and learn about ASGPP's activities and future plans. We encourage you to contribute your ideas and feedback as an integral part of the ASGPP community. (Please note that this is an open event, and a light lunch will be provided).*

**2:00 PM - 3:30 PM**

Hybrid Event

## JONATHAN MORENO, Ph.D.

*In this talk, "Impromptu Man 2.0," Jonathan will revisit his book "Impromptu Man" (2014) and offer further information and thoughts about the career of his father J.L. Moreno, the originator of psychodrama, sociometry, sociodrama and group psychotherapy.*

**3:30 PM - 6:00 PM**

AFTERNOON WORKSHOPS

## 60

## TRAUMA-INFORMED CELEBRATION & OTHER PSYCHODRAMATIC SOCIAL JUSTICE PRACTICES

**Daisy Martinez-DiCarlo, LMHC, LPC, CP, PAT;** **Pamela Carlton, MS, MT-BC,** Board-Certified Music Therapist

Psychodrama, sociometry and group psychotherapy enable us to access and celebrate the creator within each of us.

We will use sociometric exercises and action methods which promote Social Justice for the entire group.

Psychodrama can be combined with anti-oppression movement and when trauma-informed principles are applied to psychodrama, we can support our groups to warm up to and create trauma-Informed justice practices. Participants in this workshop will be able to explore and apply trauma-informed principles to create celebratory sociometric exercises, action methods and other psychodramatic practices which support groups to promote Social Justice through experiential methods.

## Learning Objectives:

After attending this workshop, participants will be able to:

1. Apply at least one psychodramatic and one music therapy celebratory justice practice using at least one trauma-informed principle.
2. Apply at least one sociometric practice using music which promotes social justice using at least one trauma-informed principle.

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## 60 RELATIONSHIP RECOVERY, SELF-LOVE, AND RECLAIMING YOUR INNER CHILD

**Lori F. Feingold, LPC, MC, TEP**

Participants will be invited to identify unfinished business from past relationships that keep them stuck, psychodramatically engage their past partners, and reconnect with self-love to their inner child. We will do empty chair work, role reversals, and use surplus reality, as well as experience a full psychodrama, complete with processing after the drama.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Describe empty chair work, role reversal, and surplus reality.
2. Identify the three phases of a psychodrama - warm-up, action and integration.

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## 61 PSYCHODRAMA & THE GERRY SPENCE METHOD: A TRIAL LAWYERS EXPERIENCE

**David Moran, LCSW, CADC, CADC-D, TEP; Anne Kitts, LPC, TEP**

This workshop offers the processes in which psychodrama techniques are utilized in an advanced lawyer's college. Attorney Gerry Spence experienced his first psychodrama some 30 years ago and used psychodrama in his trial lawyers program, which is now named the Gerry Spence Method (GSM). This rich history has been supported by John Nolte and other psychodramatists. We will offer a brief didactic of the Gerry

Spence Method (GSM) history including emphasis of how Gerry Spence Method (GSM) has used Psychodrama more than any other agency outside of our influence. We will use Role Reversal, Scene Setting, Doubling and Social Atom in trial preparation, including psychodrama or sociodrama.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Demonstrate the use of sociometric tools in preparation for trial.
2. Demonstrate how sociodrama or psychodrama forms the foundation of the Gerry Spence Method

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## 62 PAIN PAINBALL: EXPLORING ORIGINAL WOUNDING

**Kristine Jackson, LCSW, CEDS, CET III, PAT; Mary Bellofatto, TEP, CEDS, CET III**

During this workshop, participants will be led through sociometric exercises, then go through a demonstration in the Pain Pinball method of taking clients from original wounding to a healing practice.

### Learning Objectives:

After attending this workshop, participants will be able to:

1. Identify the two ways original wounding manifests.
2. Describe the origin of original wounding.

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## 63 NOURISH SOUL; LONGING CONNECTION AND BELONGING

**Margaret Rebecca Lillywhite, LCSW, REAT, TEP**

Through trauma-informed sociometric exploration and the transformative power of intermodal expressive arts we will articulate our inner world through art and experiential co-creation. We will honor the dignity of each person awakening and activating spontaneity, the key to our individual and collective autonomous healing center. We will tap into the mystery of ancient roots

through visualization and creative exploration.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Design a representation of the concept of the autonomous healing center
2. Recognize that psychodrama, sociometry and expressive arts can be integrated to produce a group experience of the concept of the autonomous healing center.

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## **64 EXPLORING AGING AND AGISM IN AN AGE-PHOBIC CULTURE**

**Elizabeth Plummer, Ph.D., LCP, TEP**

Growing older in a culture that values youth, beauty, independence, and productivity can be a painful passage. Agism has colonized our individual and collective psyches. Can we deny or erase time's changes to our faces, bodies and minds indefinitely? Can we create space for purpose, freedom and creativity in late life without banishing the specters of decline, loss and endings? This workshop will use sociometry and psychodrama to help participants make peace with their inner agists and explore aging as an evolutionary journey. We will look thoughtfully at what a more conscious and welcoming approach to aging might entail and what gifts that approach it might bring.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Recognize and describe agism in modern society and as in internalized phenomenon.
2. Identify three events that can trigger a late life identity crisis.

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## **65 SAFETY IS THE TREATMENT**

**John Olesen, MA, TEP; Kate Cook, MA, LPCC, TEP**

This title, from pioneer relational neuroscientist Stephen Porges, is more

relevant than ever. It offers a foundation for our evolving understanding of how and why we expand the practice and theory of psychodrama in these post-covid times. These methods can offer desperately needed revival of action-oriented survival skills. We will embark on a journey of exploring warm-up, cultivating the felt sense of safety-in-connection, and the neurobiological roots of social engagement, co/regulation and connection/isolation. Safety is prerequisite to creativity, spontaneity and play.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Apply concepts of Neurobiology to their practice and action methods.
2. Identify the "felt sense" of safety in themselves and recognize it in others.

---

## **66 SHERO MINDSET, POSITIVE PSYCHOLOGY AND NARRATIVE TRANSPORT - THE POWER OF STORY**

**Dr. Nancy Kirsner, Ph.D., TEP, MFT;**

**Maria Luisa M. Carter (Lulu), CP**

"A SHERO thrives by choosing a resilient mindset when facing uncertainty." (Lulu Carter, *The Sheroe Mindset*, 2022). We will examine the Positive Psychology concept of Mindset in relationship to you and Sheros in your life. Through our narratives we are transported and inspired to be our best selves during good times and adversity, and our character strengths scaffold and support us as we apply this to our current and future life paths. Action methods of sociometry and vignettes will be demonstrated.

### **Learning Objectives:**

After attending this workshop, participants will be able to:

1. Define and examine MINDSET, Shero
2. Apply Mindset looking at the Shero within and apply to your goals.





**8:00 PM - 10:30 PM**

### **EXTRAVAGANZA**

*Get Ready, ASGPP Shining Stars! It's your turn to shine in the spotlight! Join us for a magical evening of entertainment where you are the Star. We have karaoke night so you can sing your favorite tunes and dance the night away in beautiful LA right under one roof at our conference jubilee!*

*The fun begins with our paparazzi, posing for pics, and the ASGPP Hollywood Walk of Fame. Mingle with the stars as we all showcase our best moves, songs, skits, and other performing arts.*

*Delicious appetizers and scrumptious desserts will be served. Our dress code is that we invite you to be your most fabulous self.*

**Sunday  
April 7, 2024**

**9:00 AM to 10:15 AM**

**Please Join Us for a  
Morning Bonus  
Closure Activity**

### **PEACE CIRCLE: WISHES FROM THE HEART**

*Say goodbye to old and new friends. Warm up to next year's conference and bring the conference to a close with our Peace Circle: Wishes from the Heart where we will have a closing ritual and wishes for peace in these times.*

# Ready to register?

Register for **full conference** or your **preferred workshops** [\[Link coming soon!\]](#)

Register for **virtual programs** (keynote, plenary, and Jonathan Moreno's virtual presentation) [here](#).

Register for **virtual 2024 ASGPP Membership Meeting** and **virtual Awards Ceremony Luncheon** [here](#).

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**2024 Calendar**

Feb 20, 27, March 5, 12: Sociodrama with Children's Groups  
(Online)  
Rebecca Walters

Feb 21-25: Winter Psychodrama Intensive  
Rebecca Walters, Jennifer Salimbene & Deb Shaddy

April 27-28: Tipping the Scales of Ambivalence  
Jennifer Salimbene & Regina Sewell

July 18-22: Summer Psychodrama Intensive  
Jennifer Salimbene, Deb Shaddy & Regina Sewell

Aug 15-20: Directing Intensive  
Rebecca Walters

Oct 19-23: Autumn Psychodrama Intensive  
Judy Swallow, Deb Shaddy & Jennifer Salimbene

**Ongoing Training Cores**  
(meets 18 days a year)

Core 1: meets Fri-Sun Nov-April  
Judy Swallow & Jennifer Salimbene

Core 2: meets Thurs-Tues in March, June, and October  
Rebecca Walters & Deb Shaddy

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### California and Florida Psychodrama Trainings Through an Expressive Arts Lens

#### West Palm Beach Open Session

Exploring Sociometry, Psychodrama & Action Methods in Clinical Practice  
Saturday & Sunday, April 13, 14, 9 am- 5:30 pm

The underpinning of the therapeutic relationship is connection. Sociometry – the exploration of choices that connect or disconnect is the undercurrent and guide we utilize to move clients toward growth and change. Psychodrama is the clinical intervention to gain insight, explore affect and cognitions and role train new behaviors.

#### San Diego Open Sessions

Mirror, Mirror, on the Wall: The Mirror Technique in Psychodrama  
Saturday & Sunday, May 4-5, 9 am- 5:30 pm

An individual's sense of self is primarily formed as a result of their perceptions of how others perceive them. The Mirroring Technique allows a client to see themselves as others see them. In our lives, this process either reflects an accurate, compassionate mirror, or becomes complicated when the mirror provided creates a distortion in the person's self-perception. Learn how to distinguish between accurate and distorted mirroring and how to repair the cracked mirrors of clients through working in Psychodrama with those responsible for their distortions.

Exploring the Roles We Play: Role Theory in Psychodrama  
Saturday Sunday, September 21 & 22, 9 am- 5:30 pm

JL Moreno was one of the earliest clinicians to recognize the multifaceted nature of human beings. Moreno developed his role theory from his belief that we become who we are through the roles we play over the course of our lives. Moreno stated, "roles do not emerge from the self but that the self emerges from roles." In this workshop we will explore Moreno's concept that, even before conception, through birth and into life, we hold variety of roles. From the roles we are given, and later choose to take, we begin to learn who we are. As such our sense of self changes and evolves with our experiences. Working explicitly in this way we can support our clients to expand their role repertoires; Enabling them to let go of unhelpful, outdated, and overdeveloped roles and begin to identify and step into new empowering and fulfilling roles in life. Come explore Action Methods and their use in moving clients forward in their therapeutic process.

#### Multi-Session Training Groups in CA and FL also forming

##### THE TRAINERS: Winners of the 2021 ASGPP Collaboration Award

**Lin Considine, LMHC, TEP** is a psychotherapist and psychodramatist in private practice in West Palm Beach, FL. Lin is a Board Certified Trainer, Educator and Practitioner of Psychodrama who specializes in issues surrounding trauma recovery. 561-512-3468 [indara3@aol.com](mailto:indara3@aol.com)

**Paul Lesnik, LCSW, TEP** is a psychotherapist in private practice in San Diego, CA. Paul is a Board Certified Trainer, Educator and Practitioner of Psychodrama. Paul incorporates Sandtray, SoulCollage® and other art interventions into the psychodrama process. 619-780-7670 [paul.lesnik@gmail.com](mailto:paul.lesnik@gmail.com). [DigDeeperTherapy.com](http://DigDeeperTherapy.com)



Brittany Lakin-Starr PhD, TEP ★ Kate Merkle LCSW, RD, PAT ★ Mallory Primm PsyD, PAT

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5/5: Breaking the Ice: How to Warm up  
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9/28: Intro to Psychodrama &  
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#### Saturday Psychodrama Workshops

Jan. 20, Feb. 10, Apr. 20, May 18, June 15

#### Monthly Open Sessions on Sunday

Jan. 14, Feb. 11, Mar. 10, Apr. 14, May 19, June 23

#### Spring Psychodrama Weekend

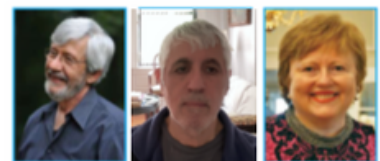
March 9-10

#### Psychodrama Exam Prep Group

#### Ongoing Groups

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- Check with the Institutes and trainers for workshops and training opportunities plus locations, as many offer trainings in multiple states and internationally.



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- 3 We learn pacing and multiple ways to bring genuine engagement and aliveness to our individual, couple, family and group sessions as a psychotherapist, counselor, LMFT, psychiatrist, nurse practitioner or other helper.

Created by Karen Carnabucci, LCSW, TEP for  
[asgpp.org](http://asgpp.org)





# Resource pages

Find a contact in psychodrama, sociometry and group psychotherapy where you live or where you're traveling.  
For other resources, or to become a member, contact [asgpp@asgpp.org](mailto:asgpp@asgpp.org).  
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## Delaware Valley (Pennsylvania & New Jersey)

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# WHAT IS PSYCHODRAMA?

## WHAT IS Psychodrama?

Psychodrama is an experiential method used in a variety of settings not limited to: therapeutic, educational, theatrical, and social change.



Founded by Jacob L. Moreno (1889–1974), and further developed by his wife, Zerka T. Moreno (1917–2016).

### The Stage

A space reserved for working. Where the drama takes place.

### Elements

### Auxiliaries

Group members chosen by the protagonist to play significant people in their drama.

### Protagonist

Person whose story unfolds onstage.

### Audience/Group

Witnesses to the drama.

### Director

Follows protagonist, offering choices for co-creation of the drama.

## The Process

1.

### Warm-up

Includes checking in; getting to know group; becoming comfortable with movement; easing into spontaneity.

2.

### Action

A group member's story is explored through dramatization and role-playing.

3.

### Sharing

Participants "de-role" and process with the group how the action related to their lives.

## A Few Techniques

### Role-Reversal



The protagonist trades places with an auxiliary, responding from their perspective.

### Doubling



The group, director, or protagonist voices thoughts or feelings that have been unspoken in a role.

### Soliloquy



The protagonist voices their internal monologue, allowing the group to hear.

#### References:

Dayton, T. (2022). Sociometrics: Embodied, experiential processes for relational trauma repair. Central Recovery Press. Sternberg, P., & Garcia, A. (2000). Sociodrama: Who's in your shoes? Greenwood Publishing Group.

This infographic was created by Courtney Meadows, LMSW, RDT.

# WHAT IS SOCIOMETRY?

## WHAT IS Sociometry?

Created by psychiatrist Jacob L. Moreno (1889–1974), sociometry explores relationships within groups.

Its tools can create safety, identify common concerns, increase group connection, and more.



### Step-in Circle



"Step in if you are the oldest child in your family."

By stepping in to the center of the circle, group members learn what they share in common.

### Locogram



"In which area would you like more joy?"

Participants choose from three or more options by moving to their location of choice.



"How would you prefer to meet for staffing?"

### Polarity

Participants choose from only two options, a "forced choice", moving to that space.



"How energized are you feeling (scale 1 to 10)?"

### Spectrogram

Placing themselves on a spectrum, participants share where they fit within a range.

### Sociogram



"Choose someone in the group you would like to go to lunch with."