



AMERICAN SOCIETY OF  
GROUP PSYCHOTHERAPY  
AND PSYCHODRAMA

ASGPP  
FOUNDED IN 1942

Promoting the theory and practice of psychodrama, sociometry and group psychotherapy

## GIVING TUESDAY

### Dear Friend of Psychodrama and ASGPP,

Psychodrama has the amazing power to heal and transform peoples' lives around the corner and around the world, young and old alike. On Giving Tuesday, or any time during this season of giving, make a gift to ASGPP to show your gratitude for the skills, connections and inspiration from ASGPP that enable you and others to transform peoples' lives through psychodrama. Perhaps psychodrama has changed your life?

### Here's just one example from an ASGPP colleague of how psychodrama healed years of suffering and allowed a happy, joyful life to unfold.

*When Jia Li walked onto the stage, the trainer interviewed her, and we all heard the story of what happened to her many years ago in the Chinese village where she was born. When Jia Li was 5 years old, she was riding on the front of her older brother's bike. It happened in a flash, her brother had to swerve quickly to avoid an accident and Jia Li flew out of the basket she sat in on over the front wheel.*

*About four months later, she told us, she woke from a long coma in a hospital bed. She found herself unable to move and had no feeling in her right leg. Her parents and the doctors had to tell her that when she fell off the bike, a car ran over her and severed her leg. But she and her brother had survived.*

*Jai Li said, "I want to talk to myself at that time of the accident. I want to talk about what happened to me by talking to me, then, and to my lost leg. I have spent 40 years living with what happened and now I need to end that story and start a new chapter. I want to forgive my brother and talk to him. It was not his fault. Since he is gone now, I need to forgive him this way."*

*The psychodrama began and unfolded. Jai Li did exactly what she came to do. She offered love and nurturing to her young self who was thrown off the bike, and she told the severed leg what that experience has taught her and how she learned compassion and a deep sense of the mystery of life. In a role reversal, her brother told her that he had to swerve to avoid them being killed. Jai Li was finally able to understand that her brother had saved her life and to truly forgive him for the accident.*

*All of this happened before our eyes. In that moment, we all realized that psychodrama can heal most anything.*

### Surely, you have some amazing stories of your own.

Please thank ASGPP for continuing to support and inspire you and others to heal lives through psychodrama by making a contribution today. Your gift will help ensure that ASGPP can continue to provide psychodramatists with essential resources and connections, innovative, stimulating workshops and rejuvenating support groups for years to come. Thank you, thank you!!

Click here to make a gift online: [Give a Gift to ASGPP](#)

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