



WEDNESDAY, March 30, 2022

10:00 am - 5:00 pm PRE-CONFERENCE SPECIAL INSTITUTES -- Additional Fee Required.
5:30 pm - 7:00 pm ASGPP WELCOME
7:00 pm - 8:30 pm TASTE OF PSYCHODRAMA -- Additional Fee Required.

10:00 am - 5:00 pm FULL DAY PRE-CONFERENCE SPECIAL INSTITUTES

1 THEATRE OF THE OPPRESSED & PSYCHODRAMA FOR SOCIAL DIALOGUE, EMPOWERMENT AND TRANSFORMATION

Daniela Simmons, PhD, TEP, International Tele'Drama Institute (ITI), ASGPP; Tanja L. Lee, PhD, International Tele'Drama Institute (ITI), So Cal Drama Therapy Institute

Theatre of the Oppressed is a method, created by the Brazilian practitioner, Augusto Boal. It includes theatrical forms that Augusto Boal first elaborated on in the 1960s, initially in Brazil and later in Europe and North America, promoting social and political change. This full-day workshop will demonstrate the major branches of Theatre of the Oppressed (TO) and how they relate to psychodrama and sociodrama: Image Theatre, Forum Theatre, Invisible Theatre, Newspaper Theatre, Legislative Theatre, Analytical Theatre, Rainbow of Desire, Breaking Repression, Photo Romance, Rituals and Masks.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least three Theatre of the Oppressed techniques that can be utilized in psychodrama;
2. Describe the similarities between the Theatre of the Oppressed and Psychodrama methods.

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2 BLAME, SHAME AND FORGIVENESS

Judy Swallow, LCAT, CRS, TEP, Hudson Valley Psychodrama Institute

Whatever the presenting situation is in psychodrama, these three issues of blame, shame and forgiveness are often at the core. Shame and blame often fuel addictive behaviors and fearful or defiant denial. They can become spiraling dances that get nowhere. Forgiveness, when required, can add insult to injury; it can only be heartfelt to be healing. This workshop will explore some ways to help our clients engage with these concerns in action by using their willingness to accept the support of the group and of their higher power.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify differentiate between guilt and shame;
2. Identify how true forgiveness feels in the body/mind/spirit.

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NOTE: Workshops that do not qualify for NBCC CE credit are identified with a ▲

Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ■

3 THEN AND NOW: HEALING EATING DISORDERS WITH PSYCHODRAMA AND ACTION METHODS

**Linda Ciotola, MEd, TEP, Healing Bridges;
Karen Carnabucci, LCSW, TEP, Lancaster School of Psychodrama and
Experiential Psychotherapies**

The "comfort eating" during the collective trauma of the pandemic has brought attention to how we use food to regulate our mood at times of stress. Whether we have overindulged or restricted our food, become quietly sedentary or compulsively active, we take a fresh look at struggles with disordered eating and body image and show how psychodrama, sociometry and other action structures give tools to support stability, healing and renewal in mind, body and spirit.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how to assess individuals and groups with action sociometry on a variety of themes and topics;
2. Describe the use of the timeline to understand the progression of disordered eating, disordered activity and body image distortion.

4 USING ACTION METHODS FOR INCLUSION IN ORGANIZATIONS ▲ ■

Kimberly Rattly Daley, CP

Participants in this session will learn psychodramatic creative training methods that have been tried and true to build inclusion in traditional business and organizational settings. These methods stimulate awareness about others beyond their physical identity characteristics (such as gender, race or age) in ways that safely reveal values and beliefs, and the unavoidable blind spots we have about each other.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe five brain based reasons action methods safely encourage open dialogue;
2. Apply the Picture Projection Exercise to invite versus force transparency.

5 DISRUPTING INTRANSIGENT PATTERNS: ADDICTION, OPPRESSION AND OTHER IMPOSSIBILITIES

**Leticia Nieto, PsyD, LMFT, TEP, Cuetzpalin Consulting/Beyond
Inclusion Beyond Empowerment; Garth R. Johnson, MA, Cuetzpalin
Consulting/Beyond Inclusion Beyond Empowerment**

"The most significant lesson gained in this lifetime is that the impossible happens." -Zerka Moreno in *To Dream Again*. What do addiction, oppression, pollution, and group quagmire have in common? Some intransigent problems may hold important insights when we bridge Moreno's first and second universes. How might the tools of sociometry, sociodynamics, psychodrama and sociodrama become the medicine for this era's transformative journey. Join a time of: – Exploring in action – Attuning to the autonomous healing center – Uncovering pathways for reclamation obscured in addiction – Making developmentally attuned invitation to spontaneity – Humanizing the robot-pathology of systemic oppression.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Examine ethical and culturally relevant strategies for social justice;
2. Describe two seemingly opposed approaches to addictions: the neurochemical and the mythopoetic.

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6 THE 12 STEP PSYCHODRAMA MODEL FOR RECOVERY

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts Therapy, NYC; Trial Lawyers College

Recovery is an ongoing process. This model is designed to integrate 12 Step messages of Recovery with Psychodrama's healing principles: seek-

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12 Steps in a different and creative light — Psychodramatically.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the use of the 12 Steps of Recovery combined with Psychodrama in a therapeutic group process;
2. Describe the use of psychodramatic warm-ups, doubling and role reversal to enhance the group's process of recovery.

7 CREATING SAFE HARBOR

Rebecca Walters, LMHC, LCAT, TEP, Hudson Valley Psychodrama Institute

Creating a sense of safety is the first step in helping clients address deep wounds and trauma in virtually any clinical setting, individual or group. Before we ask them to reveal themselves and their lives we need to help them achieve a sense of being safe: with us, with one another (in a group) and with themselves. Techniques from psychodrama can enhance our work as clinicians as we guide clients to effective healing. Sociometric exercises, scene setting, concretizing personal strengths, the use of guided imagination and role reversal can all be used with clients in person or online to help develop the safety required to take risks to address their pasts, explore their present and move into their desired future. This workshop offers all counselors and therapists skills to integrate experiential methods into their own work. This is NOT a personal growth workshop. However, we will be practicing psychodramatic techniques. Please be aware that because this workshop includes experiential work, it has the capacity to elicit strong/sensitive personal/emotional issues.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two sociometric structures creating safety;
2. Apply scene setting for creating a safe space.

10:00 am - 1:00 pm
MORNING PRE-CONFERENCE
HALF-DAY SPECIAL INSTITUTE

8 ISMS, PHOBIAS, & ME? OH, MY! THE ROAD TO SOCIAL JUSTICE

Colleen Baratka, MA, DVPC, TEP, Delaware Valley Psychodrama Collective, Looking Glass Counseling; Uneeda Brewer, LSW, CP/PAT, Association for the Study of African Studies and History; Deborah Karner, LCSW, DVPC, TEP, Delaware Valley Psychodrama Collective

There is a tsunami of role change after some Concussions and mild - moderate Traumatic Brain Injuries (mTBI)/Trauma which often results in severe identity confusion and relational challenges in all systems: family; employment; legal; medical among them. This workshop will explore the responses of the PCS/TBI and Traumatized brain to daily events and use Moreno's role theory to contextualize individual and systems treatment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize from a neurological perspective a person's changed response to daily life events after experiencing an mTBI and trauma;
2. Describe how to contextualize treatment for the challenge of role change and role loss after experiencing an mTBI and trauma using Moreno's Role Theory.

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2:00 - 5:00 pm
AFTERNOON PRE-CONFERENCE
HALF-DAY SPECIAL INSTITUTE

9 SOCIAL WORK, SOCIOMETRY, & PSYCHODRAMA: EXPERIENTIAL APPROACHES FOR GROUP THERAPISTS, COMMUNITY LEADERS, AND SOCIAL WORKERS

Scott Giacomucci, DSW, LCSW, BCD, CGP, FAAETS, TEP, Phoenix Center for Experiential Trauma Therapy, Bryn Mawr College Graduate School of Social Work & Research

This workshop presents trauma-informed experiential group tools useful in any social work group setting including clinical work, teaching, supervision, and community work. These action-based tools emphasize mutual aid dynamics, experiential teaching, neurobiology, social justice, and relationships. The unique capacity for experiential activities to facilitate connection will be demonstrated through sociometric and psychodramatic processes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe one theoretical similarity between social work and psychodrama;
2. Identify one experiential tool for developing mutual aid.

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5:30 pm - 7:00 pm
ASGPP WELCOME

*Celebrating the 80th Birthday of ASGPP via
Virtual Travel Throughout the Years*