



SATURDAY April 2, 2022

10:00 am - 12:00 pm INTERNATIONAL RESEARCH PANEL

12:30 pm - 2:30 pm AWARDS CEREMONY

6:30 pm - 8:00 pm ABE CONVERSATION TIME

8:00 pm - 9:30 pm DANCING THRU THE DECADES: OUR 80TH BIRTHDAY DANCERTAINMENT

10:00 am - 12:00 pm

International Research Panel

Celebrating David Kipper's Legacy and Warming-up to New Research in Sociometry, Psychodrama, and Group Psychotherapy

An exciting panel of distinguished American and International researchers will share their expertise on the theme of establishing an evidence-based for psychodrama as a psychotherapy. New, exciting research will be presented along with a presentation on the current state of the psychodrama research literature. Practical suggestions will be provided to encourage clinicians to engage in their own research practice, utilize their social networking, and collaborate with local universities. The legacy of David Kipper's work will be celebrated including his influence in Chicago and worldwide.

Panelists: Erica Hollander, Tom Treadwell, Hod Orkibi, Michael Wieser, Galabina Tarashoeva, Rob Pramann, & Scott Giacomucci
Organized by the ASGPP Research Committee

We invite everyone to attend this event as it is important for the future survival of our professional field!

Learning Objectives. After attending, participants will be able to:

1. Identify at least one assessment tool for research;
2. Explain the outcome of at least one psychodrama research study.

12:30 pm - 2:30

Awards Ceremony

Co-masters of Ceremony:
Previous Awards Recipients
Cathy Nugent & Rob Pramann

ASGPP awards acknowledge members who have made outstanding contributions to our community.
Come join as we celebrate their contributions

3:00 pm - 6:00 pm

AFTERNOON WORKSHOPS

43 TRANSFORMING ADDICTIONS, EATING DISORDERS AND TRAUMA

Shelley Firestone, MD, CP, Chicago Psychotherapy and Psychiatry; University of Chicago Department of Psychiatry

This workshop presents the cutting edge model of treatment for addictions, eating disorders, trauma, and a range of impulsive, compulsive and other mental health problems. Showcasing the use of the empty chair, we demonstrate five basic roles operative in all our relationships, revealing the secrets of the addict within.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define addictive and dysfunctional processes as relational disorders, recognizing the preference for engaging with people;
2. Apply the technology of the empty chair and other action techniques to the treatment of addictions, eating disorders, trauma, and a range of impulsive, compulsive and other mental health problems.

44 RETHINK YOUR POWER: SOCIAL CHANGE THROUGH ACTION

Azizi Marshall, LCPC, RDT/BCT, Center for Creative Arts Therapy

Participants will be introduced to a wide range of creative strategies and interventions for confronting social and political injustice as an introduction to teaching about social change. Participants will engage in a creative arts project in response to a social issue that concerns them both as individuals and as a group. Adams, Bell and Griffin (1997) define social justice as both a process and a goal. Social justice includes a vision of society that is equitable and all members are physically and psychologically safe and secure. Enhance and refine your skills and competencies to create greater inclusion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and deepen their understanding of the dynamics of oppression at the individual, group, cultural, and systems levels through the lens of race and racism;
2. Recognize dominant and subordinated group dynamics within the system of racism while exploring how to manage ourselves during "triggering" events.

45 DECIDING HERE AND NOW: CHOICE POINTS IN DIRECTING PSYCHODRAMAS

Jacob Gershoni, LCSW, CGP, TEP, Psychodrama Training Institute of The Sociometric Institute

There are multiple challenges for the psychodrama director. Which directions to take, or in which order to direct? Go first to the past, or the future? Which clues to follow; what to avoid? This training and personal growth workshop will highlight choice points in all the three phases: sociometric choices during the warm up, the multiple techniques in directing, and in the group therapy phase of sharing and closure. Didactic and experiential — open to all levels.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two types of psychodrama, intra-psychic or interpersonal;
2. Distinguish various basic psychodrama techniques (e.g. doubling, role reversal, scene setting).

46 USING TOY THEATRE TO EXPLORE THE FORCES THAT OPERATE ON OUR LIVES ▲ ■

**Jennie Kristel, MA, REAT, RMT APTT;
Michael Watson, PhD**

Puppetry has long been a vehicle for critiquing the status quo and suggesting positive routes for social change. Puppetry and Toy Theatre is a natural extension in Psychodrama. In this workshop, participants will employ psycho and sociodramatic methods, role theory, toy theatre, and other narrative techniques to explore forces, such as substance abuse, disability, racism, and gender bias that attempt to influence or exert control over our lives. Through small and large group collaboration, participants will identify some of the forces at work in their lives, and learn creative tools that may be used to understand, and challenge the authority of those forces. Please bring 3-5 small toys/objects with you to the workshop.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the use of personal and collective narratives using psychodramatic tools and toy theatre;
2. Demonstrate 2-3 projective uses concerning found object theatre.

47 SELF PARENTING USING PSYCHODRAMA

John Skandalis, LMHC, TEP

In this workshop you will be introduced to the concept of self-parenting from Transactional Analysis. We will warm up to the three internal ego states of parent, adult and child ego and then enact scenes to create a healthy inner parent voice.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the three internal ego states from Transactional Analysis Theory;
2. Recognize healthy parent messages and how to use them for self-soothing when distressed.

48 ATTACHING TO OUR GROUPS AS CULTURES OF HEALING AND LIBERATION

Marcia Nickow, PsyD, CADC, CGP, Private Practice, Working Sobriety Addiction and Trauma Recovery Center; Joe Whitlock, BS, SunCloud Health Outpatient Treatment Center, Chicago

Building on attachment and family systems theories, antiracist community organizing principles and liberation psychology themes, this workshop targets healing from developmental, intergenerational, historical and collective trauma as well as addictive disorders. Two 60-minute demonstration groups and sociometric exercises—exploring themes of betrayal, fear, terror, rage, loneliness, self-hate and self-abandonment—will illuminate this group therapy model. Dynamics of power and control, oppression and subjugation will be highlighted.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how legacies of developmental, intergenerational, historical and collective trauma may contribute to the development of addictive disorders and self-destructive patterns;
2. Describe how our psychotherapy groups may serve as cultures of attachment to support healing and recovery from trauma and addiction for individuals, couples, families and communities.

49 ACQUAINTANCE VOLUME: CREATING AND EXPANDING CHOICE IN INTERPERSONAL RELATIONS

Mary Anna Palmer, LICSW, LMFT, TEP

Everyday and everywhere, each of us are offered “Bids” to connect with other people. How often do we miss these clues and opportunities? This workshop will heighten our awareness to Who, What, Where, When and How we respond to offers for connection. Through action methods, we will explore how we can apply Moreno’s Theory of Interpersonal Relations to our work with clients.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the concepts of emotional expansion and social/emotional relatedness in their work with clients;
2. Understand and explain the four levels of the Social Atom: Acquaintanceship, Collective Atom, Individual and Psychological Social Atoms.

50 USING ART THERAPY AS A WARM-UP IN PSYCHODRAMA

Sue Parcell, ATR-BC, LCPC, Illinois Masonic Behavioral Health

Creating a warm-up using selected art materials becomes a vehicle for the client to discuss their images, receive feedback from group members, allows for relating to the identified issues and can aid in protagonist selection. This workshop will explore art therapy techniques within the warming up process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe various art therapy techniques as a warm-up;
2. Explain how art therapy can assist in working with clients to reduce anxiety and confusion through the structured use of art materials.

6:30 pm - 8:00 pm

ABE Conversation Time

AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR ▲ ■

Catherine D. Nugent, MS, LCPC, TEP, Laurel Psychodrama Training Institute; American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

8:00 pm - 9:30 pm

Dancing thru the Decades: Our 80th Birthday Dancertainment

Come share your dance moves from every decade. Bedazzle yourself in costume from your favorite era from 40's swing, 50s sock hop through the eras of today. If you have a dance you'd like to teach or a talent you'd like to share contact Colleen at dvpsychodrama@gmail.com.

