

KEYNOTE SPEAKER



This is the Moment: Timing and Joy in Skillful Liberation

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Leticia Nieto is a coach, psychotherapist, and educator specializing in liberation and equity, motivational patterning, and evolutionary creativity. Her 2010 book, *Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone*, is an accessible analysis of the dynamics of oppression and supremacy that offers readers ways to develop skills to promote social justice. Leticia brings an innovative approach to her coaching, training and facilitation drawing on expressive techniques and embodied practices to involve participants deeply and create opportunities for insight and change. Since 1980 she has successfully brought her skills to higher edu-

cation and other learning communities, to service providers in helping agencies, to workplace teams, and to many community groups. In addition to degrees in clinical psychology and human development, she is skilled in Action Methods, including Psychodrama, Playback Theater and Theater of the Oppressed.

We co-create conditions for everyone to be 'at choice' through liberating disempowered or restricted elements. Sociometrists notice favoring, inclusion, marginalization - and criteria to correct uneven distribution. From role-theory we democratize access through role expansion and diversification. Psychodrama and sociodrama are realms of precise tailoring - rituals of liberation manifesting as precious portals of the unique moment. We will explore roles of social advantage and social marginalization and the path to skillful navigation of the socios. Standing at the imminent and evanescent, we midwife the certainty of freedom. Ours is the methodology of truth with profound possibilities for joy.