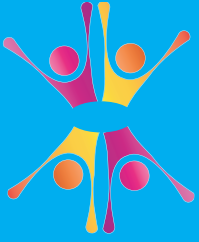


FRIDAY APRIL 1, 2022



10:00 am - 11:00 am **PLENARY ADDRESS: SAMMY RANGEL, MSW, CSAC**
A Life of 1,000 Wounds: Dismantling Hate and Trauma with Our Humanity

The presentation will highlight best practices and current strategies on working through issues of hate, aggression and historical trauma, as Sammy, a formerly incarcerated gang leader whose life was transformed by experiential psychotherapy, tells his story about how action methods changed his life. He will talk about his work today that guides men and women away from violent far-right extremism as co-founder of Life After Hate and his professional experience working with addictions, reentry after incarceration, domestic violence, child abuse and sexual assault through crisis intervention outreach, clinical work, and inpatient treatment centers.

Learning Objectives. After attending, participants will be able to:

1. Improve insight and understanding of personal, family and community trauma;
2. Identify steps to take to change a personal narrative to one that is productive and healing.

7:15 pm - 8:15 pm **BASKETS AUCTION**

10:00 pm - 11:00 pm

PLENARY ADDRESS
*A Life of 1,000 Wounds: Dismantling Hate
and Trauma with Our Humanity*

11:30 am - 1:00 pm
MORNING WORKSHOPS

25 THRIVING IN RELATIONSHIPS POST-COVID

Lori Budman, MSS, LCSW, CP/PAT, Healing Collective – Exton, PA;
Karen Moser Levin, LCSW, CP/PAT, Healing Collective – Exton, PA

The pandemic continues to have an impact on our lives and communities – our lives have permanently changed. It has been a time of isolation and loss but has also offered a time for a deeper connection with us and others and an opportunity to reflect on what is important in life. In this workshop we will focus on living life more fully right now by connecting with our inner wisdom and spontaneity to engage with ourselves and others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two ways that Gestalt Therapy and Psychodrama Theory can be combined using sociometric actions methods to better understand relationships;
2. Apply one action insight to improve connection and build more satisfying relationships.

26 TAPPING INTO THE POWER OF ROLE REVERSALS ▲ ■

**Mary Kalbach, MA, EFT, Emergent Hippy Collaborations, Energy
Medicine Professional Association**

In this workshop, participants will learn to deepen the experience of the role reversal using EFT "Tapping" points. Research shows that Clinical EFT Tapping can reduce stress and quickly calm a highly activated nervous system. Tapping with your protagonist while in role reversal may help them increase the possibility of access to resourced states and achieve spontaneity more quickly. Participants will learn the Clinical EFT tapping points and see the tapping technique demonstrated. Practicing the technique in groups will happen if time allows.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the acupressure tapping points on the head and torso utilized in the Clinical EFT model;
2. Describe the acupressure tapping points to the use of psychodramatic role reversal technique.

27 COLORISM AND DIVERSITY IN THE HERE AND NOW ▲ ■

Felicia A Lightfoot, TEP

We deserve to thrive, not only survive in the beauty and goodness of our peace of mind. This Psychodramatic/Sociodramatic workshop with perspectives from Somatic Experiencing and Internal Family Systems investigates the legacy burden of colorism which is a shadow effect of white supremacy culture.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to engage in a courageous conversation that reinforces self-worth;
2. Define how colorism has stifled human development.

28 WHAT'S MY ROLE IN THIS MESS? ADDICTION FAMILY ROLES UNCOVERED

Aimee Johnson, LMHC, CBIS, CCTP, NeuroRestorative;
Kerry Conca, LMHC

Roll into action! In this workshop, participants will experience a playful way to gain insight into family roles and dysfunction. Through sociodrama and experiential action methods, the six common roles that are often present in families with addiction can be uncovered: the hero, scapegoat, caretaker, lost child, mascot, and addict. Participants will experience how psychodrama can be used to work with families and groups with a focus on addiction.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify, define and differentiate the six roles that are commonly found in families with addiction;
2. Apply sociodrama intervention to help individuals and/or families in a group context cope with dysfunctional family roles.

29 ACHIEVING PEACE WITH THE MAGIC MIRROR: SOCIAL ATOM APPLICATIONS FOR CLIENTS WITH EATING DISORDERS

Daniela Simmons, PhD, TEP, International Tele'Drama Institute (ITI), ASGPP

The Magic Mirror is a mystical object, featured in the story of Snow White, a 19th-century German fairy tale by Brothers Grimm. The famous question from the story, "Mirror, mirror on the wall, who's the fairest one of all?" will be applied as a metaphor of one of the main triggers in eating disorder recovery – seeing self as a negative or distorted body image. This Workshop aims to present how the social atom can be applied as an instrument in the treatment of eating disorders, exploring the client's relationships with their own emotions and self-image in the present situation.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the social atom as a treatment tool for clients with eating disorders;
2. Apply the social atom on paper and in action for exploring various relationships with their own emotions and self-image.

This is a 2022 Award Winner's Workshop

30 THE CAT IN THE HAT MEETS MARCO: BIBLIODRAMA WARM-UP

Darlene Vanchura, LPC-S, ASGPP, Tele'Drama, Association for Play Therapy

Are you ready for some fun?!! We all know the importance of warming up a group for action methods work. Come and see why adults love Dr. Seuss as much as children do – After all – Psychodrama is play therapy for adults! Come, loosen up, indulge your act-hunger, have so much fun and see how easy it is to engage people in these fun bibliodramas. Relax, Enjoy, & Laugh!!!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to direct a children's book warm-up exercise;
2. Recognize how important laughter is in lowering anxiety and increasing spontaneity and connection.

This is a 2022 Award Winner's Workshop

2:00 pm - 5:00 pm
AFTERNOON WORKSHOPS

31 PSYCHODRAMA – THE ROAD LESS TRAVELED THROUGH RECOVERY

Arlene K. Story, LMHC, LCAC, CSAT-S, CTT, TEP

Sex addiction, internet addictions, and substance addiction all have similar patterns. This workshop will focus on unraveling the addiction story and moving into the recovery story through psychodrama. Specific addiction issues will be presented along with psychodramatic interventions to address them. This workshop will include didactic information and processing, but will primarily be experiential. Full psychodramas will be the primary focus.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize emotional eating;
2. Demonstrate at least 2 action interventions to address emotional eating.

32 JOYISNOWHERE

Dena D. Baumgartner, PhD, LMFT, LPC, CGP, TEP, ASGPP, IAGP

This workshop will deal with how you read the title. How you came back after the pandemic. Using action methods, vignettes and a psychodrama we will look for the joy and growth of being here and now with our soul stories.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe three action methods used in the workshop;
2. Recognize the power of group sharing.

33 COVID SOCIOMETRY: ROLES BEFORE, DURING & AFTER ▲ ■

Herb Propper, PhD, TEP, Houston/Oklahoma Psychodrama Institute

Using the powers of tele we will examine and share some significant elements of our role repertoire pre-, pro- and post-pandemic. The process will alternate full-group and small-group role presentations. The order of roles presented is designed to offer opportunities for individual and collective insights into experiences throughout the pandemic and beyond. Roles examined will include personal, social and psychodramatic, and especially those with potential to heal the social fabric.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify which sets of roles from your role repertoire can offer you strength to deal with difficulties arising from COVID, and which are likely to present obstacles;
2. Recognize ways of using sociometry and role theory to enhance your work with others.

34 EVIDENCE BASED IN HERE AND NOW

John Raspberry, LMFT, TEP

Moreno's classical method of directing a psychodrama requires a return to scene one to determine the efficacy of the interventions. An increase in

CANCELLED

1. Demonstrate how to return to the here and now, scene one;
2. Explain the process of determining the efficacy of their interventions.

35 CHANNELING WONDER WOMAN WARRIOR POWER WITHIN

Margo Fallon, PhD

In this troubled era, get in touch with your inner Warrior, learn how to mentor others re the same. ASGPP has many new & experienced women professionals - let us use our creative energy to aid in this process. Participants will identify, experience and reproduce a combo of expressive arts techniques. Data from the Dept. of Labor Women's Bureau will be provided as an incentive for helping others in your area. Supportive males welcome also.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify expressive arts techniques and some of the combinations they can be used in;
2. Demonstrate how the combo of expressive arts techniques can be applied to self and to mentor others.

36 INTEGRATING TRANSACTIONAL ANALYSIS AND PSYCHODRAMA FOR CLINICAL EFFECTIVENESS ▲ ■

Monica Forst, CP, ICADC, Choices in Action Counselling Services

As a way of understanding our psychological structure, Eric Berne identified Ego States of Parent, Adult and Child. These States were defined as three whole separate systems in our psyche. By understanding this internal structure, clinicians can teach their clients how to better manage and function effectively in their lives. Participants will learn the difference between each of the three States, and how best to intervene with psychodramatic methods to facilitate individual awareness for healthy Adult function. Participants will have the opportunity to identify their own ego States as well as practice directing appropriate interventions for each of the three States. These interventions, particularly effective with addiction and eating disordered clients, are applicable to individual and group therapy settings.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define each of the three Ego States Berne;
2. Identify appropriate psychodrama interventions to each State.

37 JOURNEY TO JOY: LIVING IN THE PRESENT

Nina Garcia, LCSW, EdD, RDT/BCT, CGP, TEP, NYU Drama Therapy Program, Private Practice;

Dale Richard Buchanan, LICSW, PhD, TEP, Private Practice

Our journey to joy can be derailed by intrusions from the past or fears of the future. We move to joy by putting to rest past suffering and awakening to vibrant possibilities ahead. This training will offer techniques to assist clients in accepting their past with loving kindness and becoming grounded in the present, thus insuring their moving forward with hope, vigor and a zest for living.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify pillars of joy and their obstacles;
2. Describe at least one technique to help a client move toward joy psychodramatically.

5:30 pm - 7:00 pm
EVENING WORKSHOPS

38 HERE AND NOW; THE POWER AND EFFECTIVENESS OF GROUP PSYCHOTHERAPY, AXIODRAMA AND SOCIOMETRY ▲ ■

Carolina Becerrilee, Psychodramatist/Instituto J.L. Moreno Buenos Aires, Argentina

We will try to build and promote the collective intelligence and creativity during the workshop. A construction of hope and ideas for a better future. What's Sociatry? is there a relationship between Axiodrama and Sociatry? Which strenghts must be promote on collectivities? We need to create a continuum of a group action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define Axiodrama and Sociatry;
2. Describe power and richness of the Collective Intelligence in a group.

39 FOOD ATOMS ▲ ■

Colleen Baratka, TEP, Delaware Valley Psychodrama Collective, Looking Glass Counseling

Desserts spells tressed backwards, because sometimes cake is more than the last course. The food atom is a sociogram exploring an individual's emotional relationship to food. Developed to help in the treatment of eating disorders, this atom can be tailored to help deal with other food related issues or as a group warm-up. During this group, participants will practice creating Food Atoms on paper and in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Participants will construct a Food Atom and analyze its contents;
2. Participants will differentiate between eating disorders and emotional eating.

This is a 2022 Award Winner's Workshop

Peg Lane, MA, SLANT, MSL, CP, National Education Association, ASGPP

Social-Emotional Learning in The US Common Core Standards is supported by the action method of Sociodrama which provides students with tools to deal with challenges such as bullying. Self esteem and confidence are improved with role playing. Trauma from aggressions to students in intermediate through high school ages can have serious consequences, such as suicide. Teachers using Sociodrama can help students gain awareness of and develop their own sociometric support systems.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate a warm up for gr. 4-6, and a warm-up for gr. 7-12;
2. Describe the techniques of interviewing a role and role reversal.

Allen Johnson, DPC, LPC-S, Mississippi State Hospital (Oak Circle Center/Adolescent Substance Use Services), and Encounter Community Counseling Center, LLC (Private Practice)

This workshop will focus on action method techniques with people in sub-

CANCELLED

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate several action method techniques to be used in the facilitation of recovery groups;
2. Recognize the benefit of using action methods for encountering concepts of recovery.

Nicholas Bonacci, LPC, LCDC, PE, CP, Excelsis Psychotherapy

The work of A Course in Miracles, has many roles and definitions of self and mind, which sync up well with sociometry and psychodrama. We'll explore these items with various examples.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify similarities between the work of Psychodrama and the inner work path of ACIM;
2. Demonstrate potential uses of ACIM in Psychodrama/Sociometry work.

7:15 pm - 8:15 pm

LIVE AUCTION FOR BASKETS

Auctioneer: Sue Purcell

Assistant: Shelley Firestone

ALL PROCEEDS GO TO ASGPP

