



American Society of Group Psychotherapy & Psychodrama

2022 Online Group Psychotherapy & Psychodrama Conference

March 30 - April 3, 2022



CEs – ASGPP: National Registry of Certified Group Psychotherapists, Counselors (NBCC); Ce-Classes.com: CEs for Psychologists (APA); Social Workers (ASWB); Addiction Professionals (NAADAC); California and Texas Board Approvals; The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling
The entire conference (Wednesday - Sunday) offers up to 32 hours toward CEs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

1. Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

EXECUTIVE COUNCIL

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ASGPP NATIONAL OFFICE

ASGPP / PO Box 1654, Merchantville, NJ 08109-9998

(609) 737-8500 / asgpp@ASGPP.org / www.ASGPP.org

2022 ASGPP AWARDS

J.L. Moreno Award: Judy Swallow, LCAT, CRS, TEP, & Rosalie Minkin, LCAT, ATR-BC, TEP

Zerka Moreno Award: Carol Feldman-Bass, JD

Hannah B. Weiner Award: Rhona Case, MEd, TEP

President's Award: Erica Hollander, JD, TEP & Janell Adair, LPC, TEP

Collaborators Award: Colleen Baratka, MA, DVPC, TEP & Deborah Karner, LCSW, DVPC, TEP

David Kipper Award: Scott Giacomucci, DSW, LCSW, BCD, CGP, TEP

Neil Passeriello Award: Regina Sewell, LMHC, PCC, CP/PAT & Jennifer Salimbene, LCSW-R, CASAC, TEP

Diversity Award: Leticia Nieto, PsyD, LMFT, TEP

Innovator's Award: Daniela Simmons, PhD, TEP

William L. Moreno Award: Marcia Karp, MA

ASGPP Executive Council Award: Nancy Kirsner, PhD, TEP & Patty Phelps, PhD

Fellow: Julie Wells, LCSW, TEP
David Moran, CADC, LCSW, TEP & Darlene Vanchura, MA, LPC-S

ASGPP REGIONAL CONTACTS

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2022 VIRTUAL CONFERENCE STEERING COMMITTEE

Council Liaisons: Pamela Goffman, Carol Feldman Bass and John Skandalis

80th Birthday of ASGPP: Louise Lipman, Ed Schreiber

Awards Ceremony: Cathy Nugent, Rob Pramann

Publicity: Patty Phelps, Daniela Simmons, Rebecca Walters

Peer Support: Deborah Karner

Hospitality: Tzivia Stein-Barrett

Dance: Colleen Baratka, Darlene Vanchura

Closing Ceremony: Carol Feldman Bass, Judy Swallow, Rhona Case, Lori Budman, Karen Levin

Registration: Tina Stanojevic, Riyas Muhammed

Designer: Patricia Phelps

REGISTRATION INFORMATION

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested
- To receive the early registration discount, your forms must be post-marked by March 22, 2022.
- Member rates are for those whose membership is current (through April 4, 2022)

CANCELLATION POLICY

Request for cancellation must be postmarked by March 22, 2022. While no refunds will be given, cancellations will receive credit for the 2023 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

GROUP RATES

PSYCHODRAMA TRAINEE RATES: ASGPP is offering a reduced rate to psychodrama training institute trainees – \$400 per person if a group of four or more (4)+ register together. All registrants taking advantage of the trainee rate must be members of the ASGPP. Participation in a training group will be verified in order for the discounted rate to apply.

COLLEGE/UNIVERSITY STUDENT RATES: ASGPP is offering a special group rate for the Full Conference to college/university students. Four (4) or more students from the same college/university must register together at the Group Rate of \$255/per person, and in addition one (1) faculty member can register at the same rate of \$255. *Students must be matriculating in an accredited college/university and carrying a minimum load of 12 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification.

New discount group: 10% off registration across the board for all veterans.

Please note: Anyone paying a “Group Rate” is considered a “Full Conference Registrant”.

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds mailed to: ASGPP, PO Box 1654, Merchantville, NJ 08109-9998. You may also pay with a credit card directly when you register online.

Payment must be received in order for registration to be processed and your workshop seats reserved.

ASGPP DISCLAIMER

- The modules are unique to those who attend and will not be recorded.
- All participants should refrain from taking pictures of the group and sharing it with others or on social media, without the consent of the whole group.
- Participants need to attend while using a quiet and safe place with no other people present in their near-by physical space.
- All cameras (video) need to be 'on' during the session (except when an internet problem occurs).
- All participants receive a unique link to connect. Please do not share your link with anyone else.
- After the beginning of the session technical support may be difficult to provide.
- As the training is online, we want to be sure that we offer options if a problem with an internet connection occurs. If the technical issue occurs to the presenters, the training module will be rescheduled.
- All participants are expected to arrive 10 min early for the session to start exactly on time. If a participant arrives late and the warmup and sociometric exercises have advanced, the participant may not be appropriate to join. Please plan to stay throughout the entire session, including the closure.
- Gallery view allows you to see all or most participants at once. To switch from active speaker view, tap Switch to Gallery View in the upper-right corner of the Zoom window. If you do not see the controls, tap your screen to get them to appear.
- Knowing the risks
Sometimes there can be discomfort involved in participating in group training. You may remember unpleasant events or feelings. We invite you to refrain from just leaving the meeting and dealing on your own with your experiences. Please talk to the director after the meeting in order to receive support.

TIME ZONES

All times listed are EST (USA).

ASGPP 2022 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) _____
 ADDRESS _____
 CITY _____ STATE/PROVINCE _____
 ZIP/POSTAL ZONE _____ COUNTRY _____
 PHONE _____ E-MAIL _____
 PROFESSION (eg. Social Worker, Psychologist) _____
 In case of emergency notify: _____
☐ (ADA) - Please indicate if you have special needs _____

FOR OFFICE USE ONLY

Check all that apply

- ☐ Presenter ☐ First Time ASGPP Conference Attendee
☐ Retiree (Limited to individuals who are retired professionally and have limited resources)
☐ Student (Students must be FIRST TIME matriculating UNDER-GRADUATE / MASTERS level students in an accredited college/university and carrying a minimum load of 12 credits. A copy of the student ID needs to be submitted upon registration or **MUST BE UPLOADED with the registration form** to the National Office at asgpp@asgpp.org)
☐ Veteran Member (code # _____)
☐ Member ☐ Non-Member ☐ New Member
☐ Psychodrama Training Group Member (See Group Rates on page 2 for discount qualifications)
 Specify Group _____

MEMBERSHIP DUES:

To join, renew or reinstate a domestic/international, individual/organizational membership, as well as for a diplomate status, please go to: www.asgpp.org/Membership-purchase-link.php

REGISTRATION FEES

All fees are given in \$US

		Before March 22, 2022		After March 22, 2022		
		Member Student / Retiree	Non-Member Student / Retiree	Member	Non-Member	Member
<input type="checkbox"/> Full Conference (Thurs, Fri, Sat and Sun)	\$325	\$375	\$475	\$660	\$525	\$720
<input type="checkbox"/> 1 Day Conference Package (Thurs, Fri, Sat, Sun)	\$140	\$155	\$170	\$225	\$185	\$245
<input type="checkbox"/> Full Day Special Institute (Wed)	\$140	\$155	\$170	\$225	\$185	\$245
<input type="checkbox"/> One (1) Half Day Special Institute (Wed)	\$70	\$80	\$85	\$115	\$95	\$130
<input type="checkbox"/> Taste of Psychodrama* (Wed)	\$30	\$30	\$30	\$30	\$30	\$30
<input type="checkbox"/> One Workshop	\$50	\$75	\$80	\$100	\$100	\$120

10% off across the board for Veterans

*Included with Full Conference package (Thurs-Sun)

International Registration Fees: Group A - 100%; Group B - 85%; Group C - 65%; Group D - 50%

To confirm your country Group/Band, go to <https://forms.gle/SCdRwprdk9ANsuF9>

International participants in Group A pay the above rates. Those in Groups B, C and D may wish to contact the national office for an invoice.

International Conference Participant requirement includes: a) Live OUTSIDE of the United States; AND, b) Are NOT a United States citizen.

ADDITIONAL

- ☐ Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ _____
☐ CE Forms – we will provide one form that can be used for all licensures as verification.....\$50..... \$ _____
TOTAL AMOUNT DUE (\$US)..... \$ _____

☐ I understand and accept the following ASGPP Cancellation Policy.

Request for cancellation must be postmarked by March 22, 2022. While no refunds will be given, cancellations will receive credit for the 2023 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

☐ I understand and accept the following ASGPP Disclaimer.

ASGPP activities and workshops are educational in nature. They are not intended as therapy. Participation in all activities is voluntary. Psychodrama often involves movement and touch. Therefore, participants are urged to communicate to their facilitator in advance, or in the moment, any sensitivities they may have to touch or movement. If any participant is uncomfortable with, or in, any part of a workshop or exercise, they are free to decline to participate, to discontinue their participation, or to ask for assistance from the facilitator. All facilitators and participants are required to follow ASGPP's policy prohibiting sexual harassment.

Return all registration forms to: ASGPP, PO Box 1654, Merchantville, NJ 08109-9998

You may send your **check** or **money order** to ASGPP or you may pay with your **credit card** as directed by the registration process online. Payment must be received in order for registration to be processed and your workshop seats to be reserved.

EMAIL ASGPP@ASGPP.ORG for GROUP RATES

IMPORTANT: Your registration will not be processed if you have not noted the workshops you wish to attend and have not acknowledged the above stated cancellation policy. Registrations will not be processed until payment is received. There are no exceptions.

WORKSHOP REGISTRATION

Last Name _____

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

	1st CHOICE	2nd CHOICE	3rd CHOICE
Wednesday March 30, 2022 - Pre-Conference			
10:00 am - 5:00 pm *Full Day Special Institutes..... (#1-7)			
10:00 am - 1:00 pm *Morning Special Institute..... (#8)			
2:00 pm - 5:00 pm *Afternoon Special Institute..... (#9)			
7:30 pm - 9:00 pm *Taste of Psychodrama..... (#1T-8T)			
Thursday March 31, 2022			
10:00 am - 1:00 pm Morning Workshops..... (#10-16)			
5:00 pm - 8:00 pm Evening Workshops..... (#17-24)			
Friday April 1, 2022			
11:30 am - 1:00 pm Morning Workshops..... (#25-30)			
2:00 pm - 5:00 pm Afternoon Workshops..... (#31-37)			
5:30 pm - 7:00 pm Evening Workshops..... (#38-42)			
Saturday April 2, 2022			
3:00 pm - 6:00 pm Afternoon Workshops..... (#43-50)			
Sunday April 3, 2022			
10:00 am - 1:00 pm Morning Workshops..... (#51-58)			
2:00 pm - 3:30 pm Afternoon Workshops..... (#59-65)			

***Additional Registration Fee Required**

How did you hear about the conference? ☐ Online ☐ Trainer/Teacher ☐ Ad in publication ☐ Colleague/Friend

Please specify: _____

WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Wednesday	Thursday	Friday	Saturday	Sunday
Addictions/Eating Disorders	2, 3, 5	18, 20	25, 28, 29, 31, 36, 39	43, 48	51, 55, 58
Business/Coaching/ Marketing/Publicity	4, 1T				
Creative Arts		15	32	46, 50	57, 63
Education	3T, 4T				
Family/Couples/Children & Youth	6T	18	40		60
Healing/Self Care		11, 15, 16, 19, 20, 24	32, 37, 42		61
Neurobiology	2, 7	11, 13, 16, 24	26, 37		55
Psychodrama in Other Fields	1, 2T, 5T		25, 26, 42	47	56, 62
Psychodrama Foundations	9, 7T	19		50	62
Social Justice (Racism/Gender Issues/LGBT/Ageism/ Multicultural, etc.)	1, 5, 8	10, 12, 17	27	44, 48	53, 64
Sociodrama/Playback/ Drama Therapy/Bibliodrama	8	15, 17, 22	30, 32	46, 50	53, 57, 59, 61
Sociometry	4, 9	10, 12	29, 33	49	53, 54
Spirituality		11, 15, 16, 19, 20, 24	25, 32, 37, 42		61
Trauma/Bodywork	2	11, 13, 16, 24	26, 37		55

DAILY CONFERENCE SCHEDULE

Wednesday, March 30

Pre-Conference

10:00 am – 5:00 pm Full Day SPECIAL
INSTITUTES
10:00 am – 1:00 pm Morning Half-Day
SPECIAL INSTITUTES
2:00 – 5:00 pm Afternoon Half-Day
SPECIAL INSTITUTES
5:00 – 5:30 pm Coffee Break
5:30 – 7:00 pm ASGPP WELCOME:
*Celebrating the 80th
Birthday of ASGPP via
Virtual Travel Throughout
the Years*
7:30 – 9:00 pm Taste of Psychodrama
Workshops

Thursday, March 31

10:00 am – 1:00 pm 3-hour workshops
1:00 – 2:00 pm Lunch Break
2:00 – 3:00 pm KEYNOTE ADDRESS
3:00 – 4:30 pm DIVERSITY FORUM
4:30 – 5:00 pm Coffee Break
5:00 – 8:00 pm 3-hour workshops

Friday, April 1

10:00 – 11:00 am PLENARY ADDRESS
11:00 – 11:30 am Coffee Break
11:30 am – 1:00 pm 90-min workshops
1:00 – 2:00 pm Lunch Break
2:00 – 5:00 pm 3-hour workshops
5:00 – 5:30 pm Coffee Break
5:30 – 7:00 pm 90-min workshops
7:00 – 7:15 pm Coffee Break
7:15 Baskets Auction

Saturday, April 2

10:00 am – 12:00 pm INTERNATIONAL
RESEARCH PANEL
12:00 – 12:30 pm Coffee Break
12:30 – 2:30 pm AWARDS CEREMONY
2:30 – 3:00 pm Coffee Break
3:00 – 6:00 pm 3-hour workshops
6:00 – 6:30 pm Coffee Break
6:30 – 8:00 pm ABE Conversation Time
8:00 – 9:30 pm Dance

Sunday, April 3

10:00 – 1:00 pm 3-hour workshops
1:00 – 2:00 pm Lunch Break
2:00 – 3:30 pm 90-min workshops
3:45 – 5:00 pm CLOSING CEREMONY

Psychodrama Training Credits & CE Information for Licensed Professionals in the United States

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE) certification standards specify a maximum of 100 training credits obtained through for ASGPP conferences. These 100 hours must be obtained through face-to-face, in-person conference attendance. The certification standards also allow up to 120 hours of distance learning led by PATs and/or TEPs to be applied toward the required training hours, provided those distance learning hours are reviewed and approved by the applicant's primary trainer. As an accommodation during the COVID-19 pandemic, the number of allowable distance learning hours is increased to 150. Distance learning hours must be documented under the name(s) of the TEPs or PATs leading these training sessions and not under the organizations sponsoring those distance learning sessions.

CONTINUING EDUCATION UNITS (CEs)



ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies.

PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for the program and its content.

SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by the following State Social Work Boards: **California** (CA Board of Behavioral Health Sciences (BSS) recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements); **Florida** (FL Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 03/31/2023); **Ohio** (OH Counselor, Social Worker, and Marriage and Family Therapist Board, Provider # RCST031201); **Massachusetts** (Provider # TBD); **New York** (Ce-Classes.com is recognized by the NY State Education Departments' State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider #SW-0120), **Texas** (TX Board of Social Work Examiners: Ce-Classes meets the requirements for acceptable education).

Most Boards will accept CEs from an out-of-state conference if the CEs are approved in the State where the conference is held. This training does not offer ASWB ACE credit to social workers. **Social Workers should contact their regulatory board to determine course approval.**

MENTAL HEALTH COUNSELORS, MARRIAGE & FAMILY THERAPIST, ADDICTION COUNSELORS:

Ce-Classes.com is approved by the following State Boards as a provider for Marriage & Family Therapy, Mental Health Counseling, and Addiction Counseling: **California** (CA BSS recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements; CA Consortium of Addiction Programs and Professionals (CCAPP), Provider # OS-12-147-0223, Expires 02-2023); **Florida** (FL Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling Provider # 852 BAP-Expires 03/31/2023); **Ohio** (OH Counselor, Social Worker, and Marriage and Family Therapist Board Provider # RCST031201); **Massachusetts** (Provider # TBD); **Texas** (TX Board of Professional Counselors: Ce-classes.com meets the requirements

for acceptable continuing education).

Most Boards will accept CEs from an out-of-state conference if the CEs are approved in the State where the conference is held. This training does not offer NBCC credit to licensed counselors. **Counselors should contact their regulatory board to determine course approval.**

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. Programs that do not qualify for NBCC credit are clearly identified with a ▲. ASGPP is solely responsible for all aspects of the programs.

GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES:

Nurses may receive CE credit for this conference as follows: **California** (The CA Board of Registered Nursing, CEP 15647, Expires 11/30/2022); **Florida** (The Florida Board of Nursing, CE Provider #: 50-4896, expires 10/31/2022. Do not send certificate to the FL Board of Nursing. You must keep the CE certificate for 4 years).

CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available online after the conference to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Wednesday, March 30, 2022) offers up to 6 hours. The regular conference (Thursday, March 31 – Sunday, April 3, 2022) offers up to 26 hours. The entire conference (Wednesday - Sunday) offers up to 32 hours toward Continuing Education Units (CE's). Check with your provider.

CE CERTIFICATES

CE Certificates are **\$50** as indicated on registration form. Those purchasing CE's will have a 'CE Verification of Attendance Form' that will be emailed to them once the participants attendance has been verified. In order to receive CE's participants must join the workshop with the email they registered and stay for the entire workshop.

It is the responsibility of conference participants to download and complete the form and submit the completed form to the national office at asgpp@asgpp.org no later than two weeks after the Conference.

ADMINISTRATIVE POLICIES

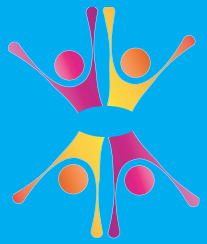
Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to home office at asgpp@asgpp.org

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.

• *Additional note:*

Payment, in case of cancellation, will be credited to future ASGPP events.



WEDNESDAY, March 30, 2022

10:00 am - 5:00 pm PRE-CONFERENCE SPECIAL INSTITUTES -- Additional Fee Required.
5:30 pm - 7:00 pm ASGPP WELCOME
7:00 pm - 8:30 pm TASTE OF PSYCHODRAMA -- Additional Fee Required.

10:00 am - 5:00 pm FULL DAY PRE-CONFERENCE SPECIAL INSTITUTES

1 THEATRE OF THE OPPRESSED & PSYCHODRAMA FOR SOCIAL DIALOGUE, EMPOWERMENT AND TRANSFORMATION

Daniela Simmons, PhD, TEP, International Tele'Drama Institute (ITI), ASGPP; Tanja L. Lee, PhD, International Tele'Drama Institute (ITI), So Cal Drama Therapy Institute

Theatre of the Oppressed is a method, created by the Brazilian practitioner, Augusto Boal. It includes theatrical forms that Augusto Boal first elaborated on in the 1960s, initially in Brazil and later in Europe and North America, promoting social and political change. This full-day workshop will demonstrate the major branches of Theatre of the Oppressed (TO) and how they relate to psychodrama and sociodrama: Image Theatre, Forum Theatre, Invisible Theatre, Newspaper Theatre, Legislative Theatre, Analytical Theatre, Rainbow of Desire, Breaking Repression, Photo Romance, Rituals and Masks.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least three Theatre of the Oppressed techniques that can be utilized in psychodrama;
2. Describe the similarities between the Theatre of the Oppressed and Psychodrama methods.

This is a 2022 Award Winner's Workshop

2 BLAME, SHAME AND FORGIVENESS

Judy Swallow, LCAT, CRS, TEP, Hudson Valley Psychodrama Institute

Whatever the presenting situation is in psychodrama, these three issues of blame, shame and forgiveness are often at the core. Shame and blame often fuel addictive behaviors and fearful or defiant denial. They can become spiraling dances that get nowhere. Forgiveness, when required, can add insult to injury; it can only be heartfelt to be healing. This workshop will explore some ways to help our clients engage with these concerns in action by using their willingness to accept the support of the group and of their higher power.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify differentiate between guilt and shame;
2. Identify how true forgiveness feels in the body/mind/spirit.

This is a 2022 Award Winner's Workshop

3 THEN AND NOW: HEALING EATING DISORDERS WITH PSYCHODRAMA AND ACTION METHODS

**Linda Ciotola, MEd, TEP, Healing Bridges;
Karen Carnabucci, LCSW, TEP, Lancaster School of Psychodrama and
Experiential Psychotherapies**

The "comfort eating" during the collective trauma of the pandemic has brought attention to how we use food to regulate our mood at times of stress. Whether we have overindulged or restricted our food, become quietly sedentary or compulsively active, we take a fresh look at struggles with disordered eating and body image and show how psychodrama, sociometry and other action structures give tools to support stability, healing and renewal in mind, body and spirit.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how to assess individuals and groups with action sociometry on a variety of themes and topics;
2. Describe the use of the timeline to understand the progression of disordered eating, disordered activity and body image distortion.

4 USING ACTION METHODS FOR INCLUSION IN ORGANIZATIONS ▲ ■

Kimberly Rattly Daley, CP

Participants in this session will learn psychodramatic creative training methods that have been tried and true to build inclusion in traditional business and organizational settings. These methods stimulate awareness about others beyond their physical identity characteristics (such as gender, race or age) in ways that safely reveal values and beliefs, and the unavoidable blind spots we have about each other.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe five brain based reasons action methods safely encourage open dialogue;
2. Apply the Picture Projection Exercise to invite versus force transparency.

5 DISRUPTING INTRANSIGENT PATTERNS: ADDICTION, OPPRESSION AND OTHER IMPOSSIBILITIES

**Leticia Nieto, PsyD, LMFT, TEP, Cuetzpalin Consulting/Beyond
Inclusion Beyond Empowerment; Garth R. Johnson, MA, Cuetzpalin
Consulting/Beyond Inclusion Beyond Empowerment**

"The most significant lesson gained in this lifetime is that the impossible happens." -Zerka Moreno in *To Dream Again*. What do addiction, oppression, pollution, and group quagmire have in common? Some intransigent problems may hold important insights when we bridge Moreno's first and second universes. How might the tools of sociometry, sociodynamics, psychodrama and sociodrama become the medicine for this era's transformative journey. Join a time of: – Exploring in action – Attuning to the autonomous healing center – Uncovering pathways for reclamation obscured in addiction – Making developmentally attuned invitation to spontaneity – Humanizing the robot-pathology of systemic oppression.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Examine ethical and culturally relevant strategies for social justice;
2. Describe two seemingly opposed approaches to addictions: the neurochemical and the mythopoetic.

This is a 2022 Award Winner's Workshop

NOTE: Workshops that do not qualify for NBCC CE credit are identified with a ▲

Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ■

6 THE 12 STEP PSYCHODRAMA MODEL FOR RECOVERY

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts Therapy, NYC; Trial Lawyers College

Recovery is an ongoing process. This model is designed to integrate 12 Step messages of Recovery with Psychodrama's healing principles: seek-

CANCELLED

12 Steps in a different and creative light — Psychodramatically.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the use of the 12 Steps of Recovery combined with Psychodrama in a therapeutic group process;
2. Describe the use of psychodramatic warm-ups, doubling and role reversal to enhance the group's process of recovery.

7 CREATING SAFE HARBOR

Rebecca Walters, LMHC, LCAT, TEP, Hudson Valley Psychodrama Institute

Creating a sense of safety is the first step in helping clients address deep wounds and trauma in virtually any clinical setting, individual or group. Before we ask them to reveal themselves and their lives we need to help them achieve a sense of being safe: with us, with one another (in a group) and with themselves. Techniques from psychodrama can enhance our work as clinicians as we guide clients to effective healing. Sociometric exercises, scene setting, concretizing personal strengths, the use of guided imagination and role reversal can all be used with clients in person or online to help develop the safety required to take risks to address their pasts, explore their present and move into their desired future. This workshop offers all counselors and therapists skills to integrate experiential methods into their own work. This is NOT a personal growth workshop. However, we will be practicing psychodramatic techniques. Please be aware that because this workshop includes experiential work, it has the capacity to elicit strong/sensitive personal/emotional issues.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two sociometric structures creating safety;
2. Apply scene setting for creating a safe space.

10:00 am - 1:00 pm
MORNING PRE-CONFERENCE
HALF-DAY SPECIAL INSTITUTE

8 ISMS, PHOBIAS, & ME? OH, MY! THE ROAD TO SOCIAL JUSTICE

Colleen Baratta, MA, DVPC, TEP, Delaware Valley Psychodrama Collective, Looking Glass Counseling; Uneeda Brewer, LSW, CP/PAT, Association for the Study of African Studies and History; Deborah Karner, LCSW, DVPC, TEP, Delaware Valley Psychodrama Collective

There is a tsunami of role change after some Concussions and mild - moderate Traumatic Brain Injuries (mTBI)/Trauma which often results in severe identity confusion and relational challenges in all systems: family; employment; legal; medical among them. This workshop will explore the responses of the PCS/TBI and Traumatized brain to daily events and use Moreno's role theory to contextualize individual and systems treatment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize from a neurological perspective a person's changed response to daily life events after experiencing an mTBI and trauma;
2. Describe how to contextualize treatment for the challenge of role change and role loss after experiencing an mTBI and trauma using Moreno's Role Theory.

This is a 2022 Award Winner's Workshop

2:00 - 5:00 pm
AFTERNOON PRE-CONFERENCE
HALF-DAY SPECIAL INSTITUTE

9 SOCIAL WORK, SOCIOMETRY, & PSYCHODRAMA: EXPERIENTIAL APPROACHES FOR GROUP THERAPISTS, COMMUNITY LEADERS, AND SOCIAL WORKERS

Scott Giacomucci, DSW, LCSW, BCD, CGP, FAAETS, TEP, Phoenix Center for Experiential Trauma Therapy, Bryn Mawr College Graduate School of Social Work & Research

This workshop presents trauma-informed experiential group tools useful in any social work group setting including clinical work, teaching, supervision, and community work. These action-based tools emphasize mutual aid dynamics, experiential teaching, neurobiology, social justice, and relationships. The unique capacity for experiential activities to facilitate connection will be demonstrated through sociometric and psychodramatic processes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe one theoretical similarity between social work and psychodrama;
2. Identify one experiential tool for developing mutual aid.

This is a 2022 Award Winner's Workshop

5:30 pm - 7:00 pm
ASGPP WELCOME

*Celebrating the 80th Birthday of ASGPP via
Virtual Travel Throughout the Years*

7:30 pm - 9:00 pm

TASTE OF PSYCHODRAMA

offering a Sampler of Introductions

to psychodrama and sociometry for those new to these powerful and effective techniques

1T For Businesses and Organizations:

Stephen Kopp, MS, TEP

NOURISHING ROLES: EFFECTIVE ROLE TRAINING IN ORGANIZATIONAL SETTINGS ▲ ■

Poorly executed roles can stifle a group's creativity, raise anxiety and lower safety in training sessions. This workshop demonstrates several concrete principles for creating successful role training vignettes. From initially engaging your group to navigating responsible closure, we will learn and practice effective tools for action-based role training. Including action involvement can increase interest and engagement during your lectures or seminars. This workshop is appropriate to anyone interested in incorporating action methods to energize their presentations.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify steps for engaging a reluctant individual/group for role training activities;
2. Demonstrate three techniques for developing safety and cohesion in role training situations.

2T For Lawyers:

Elijah Meshiah, JD, CP

INTRODUCTION TO PSYCHODRAMA FOR LAWYERS: WINNING CASES ▲ ■

Psychodrama is a powerful and effective litigation tool, whether talking with the jury, preparing your defendant and witnesses, or questioning them on the stand. This largely experiential workshop introduces its participants to the history, theory and technique of psychodrama, and invaluable action techniques for empowering your legal practice.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate three psychodrama action techniques for working with their clients to help win cases by accurately understanding their story;
2. Demonstrate three psychodrama action techniques for working with their clients to help win cases by preparing them for trial.

3T For Educators. Regular and Special Education:

Tanja L. Lee, PhD, CTP-2, Certified Listening Hour Guide

ACTION METHODS FOR SOCIAL EMOTIONAL DEVELOPMENT IN SCHOOL SETTINGS

Participants will explore how to use action methods and other expressive art techniques, the cultivation of spontaneity, creativity, and playfulness to enhance elementary-ages students' emotional development and personal growth within a virtual and traditional school setting. Participants will learn how to use the Zoom platform to implement sociometry, improvisation, role reversal, and movement to promote self-exploration, self-management of emotions, and personal growth.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply one or more forms of sociometry techniques to gather and provide data about students in a group setting;
2. Describe two or more action method techniques to promote student's ability to identify and label feelings.

4T For Educators, Regular and Special Education Grades 4-12:

Lorelei Goldman, MA, TEP & Peg Lane, MA, LBS1, CP

POWER EDUCATION WITH ACTION METHODS ▲ ■

Psychodrama and Sociodrama are useful Education group-cohesion and strategy-builders for school boards, administrators, teachers, social workers, and students! Improving interpersonal relationships and collaboration, these action methods increase empathy, and further inner management skills. The discovered internal Superhero may embody inner strength, self-compassion and coping skills, that were hidden. The Social Atom explores the relationships of all the roles in the school community. To further learn aspects of the self, try Doubling, or Role Reversal!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Select two techniques to use in their classrooms;
2. Demonstrate how role play can diffuse classroom difficulties and poor judgement.

(continued next page)

TASTE OF PSYCHODRAMA (continued)

5T For Social Workers:

Scott Giacomucci, DSW, LCSW, BCD, CGP, FAAETS, TEP
SOCIAL WORK, SOCIOMETRY & PSYCHODRAMA:
EXPERIENTIAL APPROACHES FOR SOCIAL WORKERS
AS CASE MANAGERS, GROUP PSYCHOTHERAPISTS,
AND COMMUNITY LEADERS

This workshop presents trauma-informed experiential group tools useful in any social work group setting including clinical work, teaching, supervision, and community work. These action-based tools emphasize mutual aid dynamics, experiential teaching, neurobiology, social justice, and relationships. The unique capacity for experiential activities to facilitate connection will be demonstrated through sociometric and psychodramatic processes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify one theoretical similarity between social work and sociometry;
2. Describe one overlap between social work and psychodrama practice.

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7T For Anyone Interested in Learning About Psychodrama:

Anath Garber, MA, TEP, PDD

CLASSICAL PSYCHODRAMA ▲ ■

What is classical psychodrama? Warm up, action, and sharing will be explained and experienced. The concept of concretization (don't tell: show!) will be introduced as the focal point of action intervention, along with techniques to choose someone (called *the protagonist*) as representative of the group's need.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain why Spontaneity and Concretization are the core of Classical Psychodrama;
2. Explain the importance of adequate warm up and how the structure of the classical stage promoted it.

6T For Individual, Couple, Family and Group Psychotherapists:

Shelley Firestone, MD, FAGPA, CP/PAT

THE MAGIC OF GROWTH AND CHANGE: INTRODUCTION
TO PSYCHODRAMA FOR PSYCHOTHERAPISTS

Psychodrama is a powerful and effective tool for creating growth and change. This largely experiential workshop presents the history, theory and technique of psychodrama, and the use of invaluable action techniques in individual, family, couple, and group psychotherapy, and for anyone working towards self-improvement. The participants of this workshop will have the opportunity to experience the magic of growth and change, while gaining training and expertise in basic psychodrama techniques.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two selective psychodrama techniques as a therapeutic intervention in individual, couple, family or group psychotherapy to facilitate conflict resolution, and appreciate the power and effectiveness of psychodrama action concepts and technique;
2. Demonstrate one sociometric or psychodrama action technique for building connection and cohesion in families, couples and groups.



THURSDAY March 31, 2022

2:00 pm - 3:00 am KEYNOTE ADDRESS — Leticia Nieto, PsyD, LMFT, TEP *This is the Moment: Timing and Joy in Skillful Liberation*

We co-create conditions for everyone to be 'at choice' through liberating disempowered or restricted elements. Sociometrists notice favoring, inclusion, marginalization - and criteria to correct uneven distribution. From role-theory we democratize access through role expansion and diversification. Psychodrama and sociodrama are realms of precise tailoring - rituals of liberation manifesting as precious portals of the unique moment. We will explore roles of social advantage and social marginalization and the path to skillful navigation of the socios. Standing at the imminent and evanescent, we midwife the certainty of freedom. Ours is the methodology of truth with profound possibilities for joy.

Learning Objectives. After attending, participants will be able to:

1. Discern differential paths to skillful navigation of socially advantaged and socially marginalized roles.
2. Reclaim capacities for delight in working in action with the goal of liberating everyone.

3:00 pm - 4:30 pm DIVERSITY FORUM — Jennie Kristel, MA, REAT, APTT, RMT & Michael Watson, MA, PhD *Envisioning a more accessible ASGPP community*

10:00 am - 1:00 pm MORNING WORKSHOPS

10 BUILDING THE SKILL OF INCLUSION, A SEARCH FOR THE UNSPOKEN VOICE

Azure Forte, LMHC, TEP

Whether asking from a personal or helping professional role, the anticipation of a birthday or anniversary celebration can create anxiety, confusion, indecision, conflict and worry, thus compromising interpersonal balance. Sociometric Action Method tools can penetrate the dilemma of who to invite, helping to achieve answers, not just journey through the search. This workshop will include interactive exercises, sociometric diagrams, psychodramatic action and discussion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply an intra-personal intervention from a professional role that will reduce or prevent stress;
2. Recognize a new approach that will penetrate the dilemma of birthday anxiety.

11 TRANSFORMING SURVIVOR ROLES: TOWARDS HEALTHIER COPING IN STRESSFUL TIMES ▲ ■

Barbara Guest Hargin, BEd, MSW, TEP, The Centre for Psychodrama and Sociometry of Ontario & Spirit Alive; Rob Hawkings, MA, MES, MBA, RP, CP/PAT, The Centre for Psychodrama and Sociometry of Ontario, Ontario College of Psychotherapists

The trauma of the pandemic has impacted all of us over the past 2 years. For some of us, that has triggered old hurts. Old behaviours may have emerged or escalated. Using Moreno's role theory we will explore the roots of survivor roles which have led to addictive and/or problematic behaviours. We will support the wounded child within who is often the author of adult dysfunction as we explore creating new roles for healing. This workshop will combine role theory and canon of creativity as a means of understanding and transforming behaviour.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Understand Moreno's role theory and the canon of creativity and be able to apply it to the creation of new roles;
2. Identify the effect of childhood trauma in the formation of survivor roles that persist as maladaptive adult behaviours.

12 SPOTTING THE SOCIODYNAMIC EFFECT; CREATING EQUITY AND INCLUSION

Cindy Levy, LMHC, CHT, TEP, Private Practice

With a trauma-informed approach, we will apply role theory and sociometry to identify group structure and dynamics which our choices, and underlie the distribution of power. With this knowledge, we will co-create conditions which support each of us to come alive, have our voice, and access more roles – thus “showing up” more fully. Methods used will include group interaction, warm-ups, social atom, sociogram, and socio-drama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the sociometric effect in any group;
2. Apply sociometric methods to create inclusion, and increase role access.

13 TRANSGENERATIONAL GRIEF ▲ ■

Cristina Schmidt, MA, LPCC, International Center for Psychogenealogy, Private Practice

Trauma generated by significant losses of our ancestors is one of the most important transgenerational psychotherapy topics that can impact the healing work with our clients. Incomplete mourning may have influenced our ancestors's attitudes, way of expressing their emotions and their relationships. Most of the stories were lost in time, lost in the history and yet they impact current generations. In this workshop we will identify if some of the symptoms in our clients might be "inherited grief".

14 MUSINGS OF AN IMPROVISED LIFE ▲ ■

Lorelei Goldman, MA, TEP, ASGPP, Wise Up

The school social scene can be frightening! Student insecurities about self, language, skills, clothing and supplies, and culture can be helped with Psychodrama invitations to Superhero intervention! The Super Girl or Spiderman within can clarify values and develop internal supports! Participants will warm up by designing their own superhero costume from materials provided and modeled by the presenters, Wonder Woman and Cat Woman.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain for students completion of a school Social Atom;
2. Identify a Superhero within themselves that will help solve student issues.

15 BUILDING EMOTIONAL WEALTH FOR POST-PANDEMIC HEALING

Mary Catherine Molpus, LCSW, CP, Private Practice, Boulder, Colorado

This workshop will describe the core tenets of emotional wealth and why they are meaningful to post-pandemic healing. After isolation, loss and fear, many of us and our clients have turned to compulsions to provide relief from the overwhelming feelings. This workshop will demonstrate how to address the hurt psychodramatically. Participants will experience warm-up, action and sharing in the classical psychodrama format. Participants will have an opportunity to participate in role reversal and doubling techniques to move from isolation and fear to resilience and balance. Let's join together and use this as an opportunity to access our collective spontaneity to heal and thrive.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the core tenets of emotional wealth and how they support post-pandemic healing;
2. Recognize the components of a classically directed psychodrama, which includes warm-up, action and sharing.

16 POST PANDEMIC GROWTH & CELEBRATION ▲ ■

Rob Pramann, ABPP (Group Psychology), TEP, Christian Counseling Centers of Utah, Utah Critical Incident Stress Management Team

Recent years were full of trauma including serious health, climactic, racial, political, and international crises. These have not only left us scarred and suffering but also with posttraumatic growth and reason to celebrate. Psychodrama provides a venue to recount meaningful experiences (Nolte, 2008) and a medium for celebration, something we, in modern times, too often neglect (Foster, 1978, Fox, 1986). Come, join, and share the good that has come out of such difficult circumstances.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how psychodrama can be conducted to fully communicate a positive or meaningful experience;
2. Describe how a psychodrama can be a communal celebration.

2:00 pm - 3:00 pm

KEYNOTE ADDRESS

This is the Moment: Timing and Joy in Skillful Liberation

3:00 pm - 4:30 pm

DIVERSITY FORUM:

Jennie Kristel, REAT, APTT, RMT & Michael Watson, PhD

Envisioning a more accessible ASGPP community

What vision does our community have to address colonial issues such as racism, income inequality and all forms of social injustice? What conserves both explicit and implicit serve and restrain these visions?

Historically, the Diversity Forum has been a place for the ASGPP community to look at, take stock of and work on issues of diversity and social justice, within our community.

In this Diversity Forum, co-facilitated by Jennie Kristel and Michael Watson, with members of the Sociatry and Social Justice Committee, we will sociodramatically share the journey, workings, and discoveries of the Social Justice Committee including Courageous Conversations and the Town Hall meetings which many of us attended.

Using a self-reflective model, we, the ASGPP membership will explore together personal and collective conserves which need our attention; name what calls for healing within our community; and identify steppingstones which we as a group can take to co-create spontaneity and fulfill the dreams and visions we hold for our collective future.

5:00 pm - 8:00 pm EVENING WORKSHOPS

17 INTRODUCTION TO BIBLIODRAMA: ENGAGING IN COLLECTIVE STORIES TO FOSTER CONNECTION & EMPATHY

Barbara McKechnie, LPC, LCAT, RDT/BCT, RPT, TEP, Exceptional Wellness Counseling, Montclair State University;
Amy Clarkson, LPC, LCAT, RDT/BCT, RPT, TEP, Montclair State University, Creative Flow Therapy Services, LLC

Collective stories provide a container through which clients of all ages and abilities have the opportunity to explore archetypal themes that help form connections and invite expanded awareness and perspective. Participants will learn ways to help groups explore stories from different cultures, sacred traditions, mythology, fairytales and folklore drawing on techniques from drama therapy, bibliodrama, and music therapy. These techniques allow clients to explore characters who may be more able to freely express themselves, rekindle forgotten roles and discover new roles as well as develop empathy, enhancing social-emotional development.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 3 options for sociometric selection of a group story;
2. Describe and demonstrate methods for deepening the experience of role and enhancing empathy

18 IT'S NOT ABOUT THE FOOD, IT'S ALL ABOUT THE FOOD- ACTION TECHNIQUES IN THE TREATMENT OF EATING DISORDERS

Brittany Lakin-Starr, PhD, TEP, Chicago Center for Psychodrama; Chicago Center for Growth and Change;
Kate Merkle, MSW, MPH, RD, LDN, CDWF, CP/PAT, Nourishment Works

Our relationship with food is complicated by the messages and behaviors we learn from our families, culture, and society. People who struggle with an eating disorder have developed distorted beliefs about food and their bodies. Come learn how sociometric and psychodramatic techniques (e.g., step-in-circle, spectrogram, and empty chair) can be used to explore our relationships with food and our bodies, challenge unhelpful messages we tell ourselves, and learn effective techniques to help people with eating disorders move toward recovery.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two sociometric structures (e.g., including step-in-circle, spectrogram, and locogram) and one way they can be used with individuals with eating disorders;
2. Recognize how action methods can increase the spontaneity of the group and help facilitate healing.

19 CO-CREATING YOUR LIFE

Deb Shaddy, MS, LCPC, TEP, Hudson Valley Psychodrama Institute, Sophia Center, LLC

"A science of man should start with the science of the Universe", J. L. Moreno (1953). Moreno believed that we are co-creators of the universe, and his Canon of Creativity describes both the necessary elements and barriers that interfere. Through creativity and spontaneity, we to become effective co-creators of our own lives. This workshop will provide deeper understanding of the Canon of Creativity, an opportunity to identify an area where something new is needed, and, in action, explore the means to creating it.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the key elements of the Canon of Creativity;
2. Apply the elements of spontaneity and creativity to a situation in which a cultural conserve needs to be changed.

20 SOBRIETY SHOP: ACTION METHODS FOR ADDICTION TREATMENT

Jennifer Salimbene, LCSW-R, CASAC, CDAC, TEP, Hudson Valley Psychodrama Institute

Sobriety shop is a fun and engaging way to help clients recognize character traits/qualities that pose a threat to sobriety and identify those that they need to support sobriety maintenance. In the Sobriety Shop, clients are invited to exchange dysfunctional character traits/qualities for healthy character traits/qualities. This workshop will show participants how to do Sobriety Shop in action and offer participants a chance to experience how it works.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to use Sobriety Shop with their clients;
2. Describe 2 sociometric techniques to assess character traits/qualities that pose a threat to sobriety.

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21 CONNECTING, COLLABORATING AND CO-CREATING

Linda Ciotola, MEd, TEP, Healing Bridges;
Karen Carnabucci, LCSW, TEP, Lancaster School of Psychodrama and Experiential Psychotherapies

In this workshop participants will learn and explore the basic elements of connecting, collaborating and co-creating across various fields of expertise to maximize the potential of co-created projects. Guiding principles, role definitions and delineations, value identification and other factors of cross collaboration will be explored in discussion and brief action structures.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least 3 areas of collaboration that are potentially possible between psychodramatists and other professionals;
2. Define at least 3 roles (example: respectful listener, creative problem solver, open minded learner, etc.) or personal qualities (co-operative, flexible, supportive) that are required between the collaborators.

22 USING BIBLIODRAMA TO EXPLORE STORIES OF HOPE

Linda Condon, LMHC, TEP, Private Practice;
Julie Wells, LCSW, TEP, Private Practice

Hope is an essential intra-psychic strength that grounds, connects and engages us, while hopelessness fosters depression, loneliness and despair. This bibliodrama workshop will utilize sociodramatic interventions to look at various genres of written works in action. Stories, poems, fairy tales, fables, myths, even song lyrics can hold hidden treasure of courage and optimism. Participants will learn to examine a variety of roles and identify role moments that offer rich and meaningful insight for ourselves and our clients.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify various role moments in different kinds of written works;
2. Explain how to utilize role reversal and doubling when directing Bibliodrama.

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23 CULTIVATING EDEN: CREATING AND MAINTAINING WORKPLACE HARMONY ▲ ■

Miriam Zahariah, CP, TEP

Have you ever been part of a team at work where the synergy between team members created a stimulating, creative yet safe working environment for everyone. In this workshop, leaders will learn techniques to support the development of strong working relationships; help co-workers dialogue effectively across differences; intervene effectively in conflict and form productive and mutually satisfying work teams. Fill your leadership toolbar with effective sociometric techniques, dialogue strategies, role training and other action methods to create the collaborative working environments you dream of.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply sociometric methods to help identify connection and differences in their working team;
2. Examine power imbalances and biases among team members at work as well as learn to facilitate dialogue to explore.

24 WORKING WITH THE LETTING GO IN TRAUMA

Sally Stepath, PsyD, OTR/L, Creative Change PDX, Pediatric Sensory Therapy

Our experience with trauma includes responses of fight, flight, and letting go. This last hidden response is the key to permanent change. We use techniques from Bodydynamics therapy to strengthen and train the ability to sense the body using micro movements. Going slowly, doing less allows us to approach the letting go response in your body like a shy cat in hiding.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate body resourcing movements of grounding, centering, and boundaries
2. Identify times during a psychodrama where these movements can be useful.



FRIDAY APRIL 1, 2022

10:00 am - 11:00 am

PLENARY ADDRESS: SAMMY RANGEL, MSW, CSAC

A Life of 1,000 Wounds: Dismantling Hate and Trauma with Our Humanity

The presentation will highlight best practices and current strategies on working through issues of hate, aggression and historical trauma, as Sammy, a formerly incarcerated gang leader whose life was transformed by experiential psychotherapy, tells his story about how action methods changed his life. He will talk about his work today that guides men and women away from violent far-right extremism as co-founder of Life After Hate and his professional experience working with addictions, reentry after incarceration, domestic violence, child abuse and sexual assault through crisis intervention outreach, clinical work, and inpatient treatment centers.

Learning Objectives. After attending, participants will be able to:

1. Improve insight and understanding of personal, family and community trauma;
2. Identify steps to take to change a personal narrative to one that is productive and healing.

7:15 pm - 8:15 pm

BASKETS AUCTION

10:00 pm - 11:00 pm

PLENARY ADDRESS

A Life of 1,000 Wounds: Dismantling Hate and Trauma with Our Humanity

11:30 am - 1:00 pm

MORNING WORKSHOPS

25

THRIVING IN RELATIONSHIPS POST-COVID

Lori Budman, MSS, LCSW, CP/PAT, Healing Collective – Exton, PA;

Karen Moser Levin, LCSW, CP/PAT, Healing Collective – Exton, PA

The pandemic continues to have an impact on our lives and communities – our lives have permanently changed. It has been a time of isolation and loss but has also offered a time for a deeper connection with us and others and an opportunity to reflect on what is important in life. In this workshop we will focus on living life more fully right now by connecting with our inner wisdom and spontaneity to engage with ourselves and others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two ways that Gestalt Therapy and Psychodrama Theory can be combined using sociometric actions methods to better understand relationships;
2. Apply one action insight to improve connection and build more satisfying relationships.

26

TAPPING INTO THE POWER OF ROLE REVERSALS ▲ ■

Mary Kalbach, MA, EFT, Emergent Hippie Collaborations, Energy Medicine Professional Association

In this workshop, participants will learn to deepen the experience of the role reversal using EFT "Tapping" points. Research shows that Clinical EFT Tapping can reduce stress and quickly calm a highly activated nervous system. Tapping with your protagonist while in role reversal may help them increase the possibility of access to resourced states and achieve spontaneity more quickly. Participants will learn the Clinical EFT tapping points and see the tapping technique demonstrated. Practicing the technique in groups will happen if time allows.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the acupressure tapping points on the head and torso utilized in the Clinical EFT model;
2. Describe the acupressure tapping points to the use of psychodramatic role reversal technique.

27

COLORISM AND DIVERSITY IN THE HERE AND NOW ▲ ■

Felicia A Lightfoot, TEP

We deserve to thrive, not only survive in the beauty and goodness of our peace of mind. This Psychodramatic/Sociodramatic workshop with perspectives from Somatic Experiencing and Internal Family Systems investigates the legacy burden of colorism which is a shadow effect of white supremacy culture.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to engage in a courageous conversation that reinforces self-worth;
2. Define how colorism has stifled human development.

28 WHAT'S MY ROLE IN THIS MESS? ADDICTION FAMILY ROLES UNCOVERED

Aimee Johnson, LMHC, CBIS, CCTP, NeuroRestorative;
Kerry Conca, LMHC

Roll into action! In this workshop, participants will experience a playful way to gain insight into family roles and dysfunction. Through sociodrama and experiential action methods, the six common roles that are often present in families with addiction can be uncovered: the hero, scapegoat, caretaker, lost child, mascot, and addict. Participants will experience how psychodrama can be used to work with families and groups with a focus on addiction.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify, define and differentiate the six roles that are commonly found in families with addiction;
2. Apply sociodrama intervention to help individuals and/or families in a group context cope with dysfunctional family roles.

29 ACHIEVING PEACE WITH THE MAGIC MIRROR: SOCIAL ATOM APPLICATIONS FOR CLIENTS WITH EATING DISORDERS

Daniela Simmons, PhD, TEP, International Tele'Drama Institute (ITI), ASGPP

The Magic Mirror is a mystical object, featured in the story of Snow White, a 19th-century German fairy tale by Brothers Grimm. The famous question from the story, "Mirror, mirror on the wall, who's the fairest one of all?" will be applied as a metaphor of one of the main triggers in eating disorder recovery – seeing self as a negative or distorted body image. This Workshop aims to present how the social atom can be applied as an instrument in the treatment of eating disorders, exploring the client's relationships with their own emotions and self-image in the present situation.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the social atom as a treatment tool for clients with eating disorders;
2. Apply the social atom on paper and in action for exploring various relationships with their own emotions and self-image.

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30 THE CAT IN THE HAT MEETS MARCO: BIBLIODRAMA WARM-UP

Darlene Vanchura, LPC-S, ASGPP, Tele'Drama, Association for Play Therapy

Are you ready for some fun?!! We all know the importance of warming up a group for action methods work. Come and see why adults love Dr. Seuss as much as children do – After all – Psychodrama is play therapy for adults! Come, loosen up, indulge your act-hunger, have so much fun and see how easy it is to engage people in these fun bibliodramas. Relax, Enjoy, & Laugh!!!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to direct a children's book warm-up exercise;
2. Recognize how important laughter is in lowering anxiety and increasing spontaneity and connection.

This is a 2022 Award Winner's Workshop

2:00 pm - 5:00 pm AFTERNOON WORKSHOPS

31 PSYCHODRAMA – THE ROAD LESS TRAVELED THROUGH RECOVERY

Arlene K. Story, LMHC, LCAC, CSAT-S, CTT, TEP

Sex addiction, internet addictions, and substance addiction all have similar patterns. This workshop will focus on unraveling the addiction story and moving into the recovery story through psychodrama. Specific addiction issues will be presented along with psychodramatic interventions to address them. This workshop will include dydactic information and processing, but will primarily be experiential. Full psychodramas will be the primary focus.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize emotional eating;
2. Demonstrate at least 2 action interventions to address emotional eating.

32 JOYISNOWHERE

Dena D. Baumgartner, PhD, LMFT, LPC, CGP, TEP, ASGPP, IAGP

This workshop will deal with how you read the title. How you came back after the pandemic. Using action methods, vignettes and a psychodrama we will look for the joy and growth of being here and now with our soul stories.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe three action methods used in the workshop;
2. Recognize the power of group sharing.

33 COVID SOCIOMETRY: ROLES BEFORE, DURING & AFTER ▲ ■

Herb Propper, PhD, TEP, Houston/Oklahoma Psychodrama Institute

Using the powers of tele we will examine and share some significant elements of our role repertoire pre-, pro- and post-pandemic. The process will alternate full-group and small-group role presentations. The order of roles presented is designed to offer opportunities for individual and collective insights into experiences throughout the pandemic and beyond. Roles examined will include personal, social and psychodramatic, and especially those with potential to heal the social fabric.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify which sets of roles from your role repertoire can offer you strength to deal with difficulties arising from COVID, and which are likely to present obstacles;
2. Recognize ways of using sociometry and role theory to enhance your work with others.

34 EVIDENCE BASED IN HERE AND NOW

John Raspberry, LMFT, TEP

Moreno's classical method of directing a psychodrama requires a return to scene one to determine the efficacy of the interventions. An increase in

CANCELLED

1. Demonstrate how to return to the here and now, scene one;
2. Explain the process of determining the efficacy of their interventions.

35 CHANNELING WONDER WOMAN WARRIOR POWER WITHIN

Margo Fallon, PhD

In this troubled era, get in touch with your inner Warrior, learn how to mentor others re the same. ASGPP has many new & experienced women professionals - let us use our creative energy to aid in this process. Participants will identify, experience and reproduce a combo of expressive arts techniques. Data from the Dept. of Labor Women's Bureau will be provided as an incentive for helping others in your area. Supportive males welcome also.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify expressive arts techniques and some of the combinations they can be used in;
2. Demonstrate how the combo of expressive arts techniques can be applied to self and to mentor others.

36 INTEGRATING TRANSACTIONAL ANALYSIS AND PSYCHODRAMA FOR CLINICAL EFFECTIVENESS ▲ ■

Monica Forst, CP, ICADC, Choices in Action Counselling Services

As a way of understanding our psychological structure, Eric Berne identified Ego States of Parent, Adult and Child. These States were defined as three whole separate systems in our psyche. By understanding this internal structure, clinicians can teach their clients how to better manage and function effectively in their lives. Participants will learn the difference between each of the three States, and how best to intervene with psychodramatic methods to facilitate individual awareness for healthy Adult function. Participants will have the opportunity to identify their own ego States as well as practice directing appropriate interventions for each of the three States. These interventions, particularly effective with addiction and eating disordered clients, are applicable to individual and group therapy settings.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define each of the three Ego States Berne;
2. Identify appropriate psychodrama interventions to each State.

37 JOURNEY TO JOY: LIVING IN THE PRESENT

Nina Garcia, LCSW, EdD, RDT/BCT, CGP, TEP, NYU Drama Therapy Program, Private Practice;

Dale Richard Buchanan, LICSW, PhD, TEP, Private Practice

Our journey to joy can be derailed by intrusions from the past or fears of the future. We move to joy by putting to rest past suffering and awakening to vibrant possibilities ahead. This training will offer techniques to assist clients in accepting their past with loving kindness and becoming grounded in the present, thus insuring their moving forward with hope, vigor and a zest for living.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify pillars of joy and their obstacles;
2. Describe at least one technique to help a client move toward joy psychodramatically.

5:30 pm - 7:00 pm EVENING WORKSHOPS

38 HERE AND NOW; THE POWER AND EFFECTIVENESS OF GROUP PSYCHOTHERAPY, AXIODRAMA AND SOCIOMETRY ▲ ■

Carolina Becerrilee, Psychodramatist/Instituto J.L. Moreno Buenos Aires, Argentina

We will try to build and promote the collective intelligence and creativity during the workshop. A construction of hope and ideas for a better future. What's Sociatry? is there a relationship between Axiodrama and Sociatry? Which strengths must be promoted on collectivities? We need to create a continuum of a group action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define Axiodrama and Sociatry;
2. Describe power and richness of the Collective Intelligence in a group.

39 FOOD ATOMS ▲ ■

Colleen Baratka, TEP, Delaware Valley Psychodrama Collective, Looking Glass Counseling

Desserts spelled backwards, because sometimes cake is more than the last course. The food atom is a sociogram exploring an individual's emotional relationship to food. Developed to help in the treatment of eating disorders, this atom can be tailored to help deal with other food related issues or as a group warm-up. During this group, participants will practice creating Food Atoms on paper and in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Participants will construct a Food Atom and analyze its contents;
2. Participants will differentiate between eating disorders and emotional eating.

This is a 2022 Award Winner's Workshop

Peg Lane, MA, SLANT, MSL, CP, National Education Association, ASGPP

Social-Emotional Learning in The US Common Core Standards is supported by the action method of Sociodrama which provides students with tools to deal with challenges such as bullying. Self esteem and confidence are improved with role playing. Trauma from aggressions to students in intermediate through high school ages can have serious consequences, such as suicide. Teachers using Sociodrama can help students gain awareness of and develop their own sociometric support systems.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate a warm up for gr. 4-6, and a warm-up for gr. 7-12;
2. Describe the techniques of interviewing a role and role reversal.

Allen Johnson, DPC, LPC-S, Mississippi State Hospital (Oak Circle Center/Adolescent Substance Use Services), and Encounter Community Counseling Center, LLC (Private Practice)

This workshop will focus on action method techniques with people in sub-

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Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate several action method techniques to be used in the facilitation of recovery groups;
2. Recognize the benefit of using action methods for encountering concepts of recovery.

Nicholas Bonacci, LPC, LCDC, PE, CP, Excelsis Psychotherapy

The work of A Course in Miracles, has many roles and definitions of self and mind, which sync up well with sociometry and psychodrama. We'll explore these items with various examples.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify similarities between the work of Psychodrama and the inner work path of ACIM;
2. Demonstrate potential uses of ACIM in Psychodrama/Sociometry work.

7:15 pm - 8:15 pm

LIVE AUCTION FOR BASKETS

Auctioneer: Sue Purcell

Assistant: Shelley Firestone

ALL PROCEEDS GO TO ASGPP





SATURDAY April 2, 2022

10:00 am - 12:00 pm INTERNATIONAL RESEARCH PANEL
12:30 pm - 2:30 pm AWARDS CEREMONY
6:30 pm - 8:00 pm ABE CONVERSATION TIME
8:00 pm - 9:30 pm DANCING THRU THE DECADES: OUR 80TH BIRTHDAY DANCERTAINMENT

10:00 am - 12:00 pm

International Research Panel

**Celebrating David Kipper's Legacy and Warming-up
to New Research in Sociometry, Psychodrama,
and Group Psychotherapy**

An exciting panel of distinguished American and International researchers will share their expertise on the theme of establishing an evidence-based for psychodrama as a psychotherapy. New, exciting research will be presented along with a presentation on the current state of the psychodrama research literature. Practical suggestions will be provided to encourage clinicians to engage in their own research practice, utilize their social networking, and collaborate with local universities. The legacy of David Kipper's work will be celebrated including his influence in Chicago and worldwide.

Panelists: Erica Hollander, Tom Treadwell, Hod Orkibi, Michael Wieser, Galabina Tarashoeva, Rob Pramann, & Scott Giacomucci
Organized by the ASGPP Research Committee

We invite everyone to attend this event as it is important for the future survival of our professional field!

Learning Objectives. After attending, participants will be able to:

1. Identify at least one assessment tool for research;
2. Explain the outcome of at least one psychodrama research study.

3:00 pm - 6:00 pm

AFTERNOON WORKSHOPS

43

TRANSFORMING ADDICTIONS, EATING DISORDERS AND TRAUMA

**Shelley Firestone, MD, CP, Chicago Psychotherapy and Psychiatry;
University of Chicago Department of Psychiatry**

This workshop presents the cutting edge model of treatment for addictions, eating disorders, trauma, and a range of impulsive, compulsive and other mental health problems. Showcasing the use of the empty chair, we demonstrate five basic roles operative in all our relationships, revealing the secrets of the addict within.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define addictive and dysfunctional processes as relational disorders, recognizing the preference for engaging with people;
2. Apply the technology of the empty chair and other action techniques to the treatment of addictions, eating disorders, trauma, and a range of impulsive, compulsive and other mental health problems.

44

RETHINK YOUR POWER: SOCIAL CHANGE THROUGH ACTION

Azizi Marshall, LCPC, RDT/BCT, Center for Creative Arts Therapy

Participants will be introduced to a wide range of creative strategies and interventions for confronting social and political injustice as an introduction to teaching about social change. Participants will engage in a creative arts project in response to a social issue that concerns them both as individuals and as a group. Adams, Bell and Griffin (1997) define social justice as both a process and a goal. Social justice includes a vision of society that is equitable and all members are physically and psychologically safe and secure. Enhance and refine your skills and competencies to create greater inclusion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and deepen their understanding of the dynamics of oppression at the individual, group, cultural, and systems levels through the lens of race and racism;
2. Recognize dominant and subordinated group dynamics within the system of racism while exploring how to manage ourselves during "triggering" events.

12:30 pm - 2:30

Awards Ceremony

Co-masters of Ceremony:
Previous Awards Recipients
Cathy Nugent & Rob Pramann

ASGPP awards acknowledge members who have made outstanding contributions to our community.
Come join as we celebrate their contributions

45 DECIDING HERE AND NOW: CHOICE POINTS IN DIRECTING PSYCHODRAMAS

Jacob Gershoni, LCSW, CGP, TEP, Psychodrama Training Institute of The Sociometric Institute

There are multiple challenges for the psychodrama director. Which directions to take, or in which order to direct? Go first to the past, or the future? Which clues to follow; what to avoid? This training and personal growth workshop will highlight choice points in all the three phases: sociometric choices during the warm up, the multiple techniques in directing, and in the group therapy phase of sharing and closure. Didactic and experiential — open to all levels.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two types of psychodrama, intra-psychic or interpersonal;
2. Distinguish various basic psychodrama techniques (e.g. doubling, role reversal, scene setting).

46 USING TOY THEATRE TO EXPLORE THE FORCES THAT OPERATE ON OUR LIVES ▲ ■

**Jennie Kristel, MA, REAT, RMT APTT;
Michael Watson, PhD**

Puppetry has long been a vehicle for critiquing the status quo and suggesting positive routes for social change. Puppetry and Toy Theatre is a natural extension in Psychodrama. In this workshop, participants will employ psycho and sociodramatic methods, role theory, toy theatre, and other narrative techniques to explore forces, such as substance abuse, disability, racism, and gender bias that attempt to influence or exert control over our lives. Through small and large group collaboration, participants will identify some of the forces at work in their lives, and learn creative tools that may be used to understand, and challenge the authority of those forces. Please bring 3-5 small toys/objects with you to the workshop.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the use of personal and collective narratives using psychodramatic tools and toy theatre;
2. Demonstrate 2-3 projective uses concerning found object theatre.

47 SELF PARENTING USING PSYCHODRAMA

John Skandalis, LMHC, TEP

In this workshop you will be introduced to the concept of self-parenting from Transactional Analysis. We will warm up to the three internal ego states of parent, adult and child ego and then enact scenes to create a healthy inner parent voice.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the three internal ego states from Transactional Analysis Theory;
2. Recognize healthy parent messages and how to use them for self-soothing when distressed.

48 ATTACHING TO OUR GROUPS AS CULTURES OF HEALING AND LIBERATION

Marcia Nickow, PsyD, CADC, CGP, Private Practice, Working Sobriety Addiction and Trauma Recovery Center; Joe Whitlock, BS, SunCloud Health Outpatient Treatment Center, Chicago

Building on attachment and family systems theories, antiracist community organizing principles and liberation psychology themes, this workshop targets healing from developmental, intergenerational, historical and collective trauma as well as addictive disorders. Two 60-minute demonstration groups and sociometric exercises—exploring themes of betrayal, fear, terror, rage, loneliness, self-hate and self-abandonment—will illuminate this group therapy model. Dynamics of power and control, oppression and subjugation will be highlighted.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how legacies of developmental, intergenerational, historical and collective trauma may contribute to the development of addictive disorders and self-destructive patterns;
2. Describe how our psychotherapy groups may serve as cultures of attachment to support healing and recovery from trauma and addiction for individuals, couples, families and communities.

49 ACQUAINTANCE VOLUME: CREATING AND EXPANDING CHOICE IN INTERPERSONAL RELATIONS

Mary Anna Palmer, LICSW, LMFT, TEP

Everyday and everywhere, each of us are offered “Bids” to connect with other people. How often do we miss these clues and opportunities? This workshop will heighten our awareness to Who, What, Where, When and How we respond to offers for connection. Through action methods, we will explore how we can apply Moreno’s Theory of Interpersonal Relations to our work with clients.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the concepts of emotional expansion and social/emotional relatedness in their work with clients;
2. Understand and explain the four levels of the Social Atom: Acquaintanceship, Collective Atom, Individual and Psychological Social Atoms.

50 USING ART THERAPY AS A WARM-UP IN PSYCHODRAMA

Sue Parcell, ATR-BC, LCPC, Illinois Masonic Behavioral Health

Creating a warm-up using selected art materials becomes a vehicle for the client to discuss their images, receive feedback from group members, allows for relating to the identified issues and can aid in protagonist selection. This workshop will explore art therapy techniques within the warm-up process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe various art therapy techniques as a warm-up;
2. Explain how art therapy can assist in working with clients to reduce anxiety and confusion through the structured use of art materials.

6:30 pm - 8:00 pm

ABE Conversation Time

AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR ▲ ■

Catherine D. Nugent, MS, LCPC, TEP, Laurel Psychodrama Training Institute; American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After attending this workshop, participants will be able to:

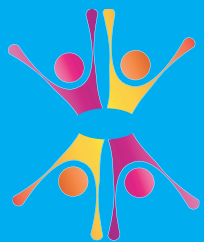
1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

8:00 pm - 9:30 pm

Dancing thru the Decades: Our 80th Birthday Dancertainment

Come share your dance moves from every decade. Bedazzle yourself in costume from your favorite era from 40's swing, 50s sock hop through the eras of today. If you have a dance you'd like to teach or a talent you'd like to share contact Colleen at dvpsychodrama@gmail.com.





SUNDAY April 3, 2022

3:45 pm - 5:00 pm CLOSING CEREMONY

10:00 am - 1:00 pm MORNING WORKSHOPS

51 GETTING UNSTUCK FROM ADDICTIONS, EATING DISORDERS AND SELF DESTRUCTIVE PATTERNS

**Regina Sewell, LMHC, PCC, CP/PAT, Hudson Valley Psychodrama
Institute, SUNY New Paltz**

Eating disorders, addictions, and other self-destructive behavior patterns are maladaptive strategies to navigate a sense of feeling stuck in roles that are unfulfilling, even burdensome, or roles that they adopted to survive challenging circumstances that have outlived their usefulness. They've lost access to their spontaneity. This workshop is an experiential workshop designed to help group leaders help their clients get unstuck, reclaim their spontaneity and embrace change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate techniques that help clients explore beliefs and habits that keep them stuck in outdated roles and self-sabotaging patterns;
2. Demonstrate tools participants can use to help their clients expand new roles and retire old ones.

This is a 2022 Award Winner's Workshop

52 LIVING WHOLEHEARTEDLY: THE PSYCHODRAMATIC POWER OF CONNECTION, COURAGE AND COMPASSION

**Ronald C. Collier, LCSW, TEP;
Scottie Urmey, LCSW, TEP**

Brene' Brown writes about the the significance of wholehearted living. This workshop will explore the key elements of this concept which are connection, courage, and compassion. Participants will learn the value of utilizing these concepts in their psychodramatic work. A full psychodrama will be part of the experience of wholehearted living. She ties this concept to the qualities of connection, courage and compassion. Psychodrama utilizes these same principles to create action plans, and promote healing and positive change. Participants will discuss, observe, and practice significance of wholehearted living. This concept derives its power from connection, courage, and compassion. These same principles support psychodrama in its ability to promote positive change. Workshop participants will discuss, observe, and practice these qualities and how to utilize them to powers of wholehearted living. This concept relies on Connection, Courage, and Compassion powers of whole hearted living and interpersonal powers of living whole heartedly.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the key concepts of "wholehearted living" and understand how they apply to psychodramatic work;
2. Apply the concepts of connection, courage, and compassion in psychodrama in a manner which assist in developing contracts, promotes action plans, and creates an experience which leads to positive change.

53 HOW CAN WE BUILD AN ANTI-RACIST WORLD: ONE COMMUNITY AT A TIME ▲■

**Sheila Dallas-Katzman, MA, ASGPP, iSCAN;
Valerie Monti Holland, MA, iSCAN, BPA, FEPTCO**

This workshop provides a space of experimentation where as a group, we explore real-life scenarios and our ingrained responses to them. We raise awareness by examining our behaviour regarding racism in a blame-free, creative environment. Augusto Boal, founder of the Theatre of the Oppressed, called it "rehearsing for life." We call it "rehearsing for anti-racism." We provide a place where it is entirely okay to be "not quite there yet." Let's explore together so we can improve together.

54 EXPLORING THE RICHNESS OF THE SOCIOGRAM

**Nan Nally Seif, LCSW, TEP, Psychodrama Training Institute of The
Sociometric Institute**

This workshop will focus briefly on sociometry in general and specifically on written sociograms. Sociograms can be used with various groups, including the family of origin. The sociogram makes visible the positive, the negative and neutral choices in a group. Attention will be on developing meaningful criteria questions for the sociogram. A psychodrama will be done based on the information gained from a participant's sociogram. This workshop is primarily experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and define a sociogram;
2. Apply and develop appropriate criteria questions for use in a sociogram.

55 PSYCHODRAMA AS ADDICTION & TRAUMA TREATMENT: TOWARDS A SCHOLAR-PRACTITIONER APPROACH

**Scott Giacomucci, DSW, LCSW, BCD, CGP, FAAETS, TEP, Phoenix
Center for Experiential Trauma Therapy, Bryn Mawr College Graduate
School of Social Work & Research**

This workshop will offer clinical skills and insights for practitioners working with addiction and trauma while proposing simple methods for collecting outcomes research. As an experiential approach integrating mind, body, and spirit, psychodrama is uniquely situated to treat addiction and trauma. This workshop will include experiential teaching on neurobiology and spontaneity theory as they related to trauma and addiction treatment. Sociometry and psychodramatic processes will be employed to engage participants in learning and exploring the topic in action. As psychodrama's research base continues to grow, practitioners have an opportunity to play an important role in the movement towards evidence-base practice recognition.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain one connection between addiction and trauma;
2. Describe one reason why psychodrama is effective as trauma treatment.

This is a 2022 Award Winner's Workshop

56 BONDING COGNITIVE BEHAVIORAL THERAPY WITH PSYCHODRAMATIC THEORY AND TECHNIQUES: THE COGNITIVE PSYCHODRAMA GROUP THERAPY (CPGT) MODEL ▲■

Tom Treadwell, CCPT, CGP, TEP

The Cognitive Psychodrama Group Therapy (CPGT) model, an action model, incorporating Psycho-dramatic and Cognitive Behavioral Techniques that promote dynamic group interaction(s). Focus is identifying and exploring negative automatic thoughts and irrational beliefs, placing them in action utilizing Psychodrama techniques and challenging negative thinking. Integrating Cognitive Behavioral Therapy (CBT) Techniques allied to Psychodrama help provide a balance between an exploration of emotionally laden situations and a more concrete, data-based, problem-solving process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how The Cognitive Psychodrama Group Therapy (CPGT) model can be used to create a safe and secure environment where individuals can share their dilemma(s) without restraint;
2. Complete & interpret the Automatic Thought Record (ATR). Recognize and implement the major psycho-dramatic techniques; role-playing, interview in role reversal, protagonist, auxiliary ego, doubling, concretizing and the empty chair techniques.

57 YOU GOT THIS!

Eve Brownstone, LCPC, CP

Intermodal expressive arts therapy including art therapy, action method techniques, dance/movement and group dynamics can help people discover where they have given away their power, develop greater self esteem and empower them to "get the keys back" to their own lives.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify ways in which clients give away their personal power(given their keys to their life away) and begin how to get their keys back;
2. Describe intermodal expressive arts therapy techniques and

58 THE 12 STEP PSYCHODRAMA MODEL FOR RECOVERY

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts Therapy, NYC; Trial Lawyers College

Recovery is an ongoing process. This model is designed to integrate 12 Step messages of Recovery with Psychodrama's healing principles: seeking to deepen and enrich recovery from addictive behaviors. It's not meant to take the place of 12 Step fellowships. It provides support as participants share their experience, strength and hope, offering group members time to examine issues of identity and self-worth, while re-exploring the 12 Steps in a different and creative light – Psychodramatically.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the use of the 12 Steps of Recovery combined with Psychodrama in a therapeutic group process;
2. Describe the use of psychodramatic warm-ups, doubling and role reversal to enhance the group's process of recovery.

2:00 pm - 3:30 pm AFTERNOON WORKSHOPS

59 SOCIODRAMATIC EMPTY CHAIR FOR COUNSELING AND EDUCATION

Rebecca Walters, LMHC, LCAT, TEP, Hudson Valley Psychodrama Institute

The Sociodramatic Empty Chair can be used to address group and community issues in a creative and contained way. It is particularly useful for counseling and therapy groups where there is a lack of confidentiality and where members do not yet trust one another, in classrooms to teach social skills, and in corporate settings for teaching communication skills. With a focus on role reversal and doubling it is very adaptable and can be integrated easily into any group work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the use of the empty chair;
2. Identify two specific situations in which to use the Sociodramatic Empty Chair.

60 POST - PANDEMIC COURT

Galabina Tarashoeva, MD, Psychodrama Center Orpheus, Psychiatric and Psychotherapeutic practice Orpheus

After a long period of severe pandemic, we go out with the desire to forget it and never return to it. As much as we want this to happen, there are unfinished processes that pull us back and prevent us from enjoying the current, albeit, relative freedom from the virus. We blame ourselves – "I didn't do the best for relatives and friends I lost", we blame the state for what caused us the restrictions, we blame the doctors for not saving our sick relatives or for all the suffering during our own illness. We cannot forgive our colleagues who did not respect the restrictions and infected us or our dearest colleagues. Maybe we need a psychodramatic court to bring to the court all those we seek justice for. In court as in court – with prosecutors, lawyers, jurors and of course the accused. According to the needs of the group we will focus on personal or social topics.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply Moreno's (1937) technique for dealing with their own self-accusations;
2. Apply the judgment technique of Sacks, J.M. (1965). for dealing with accusations and obtaining forgiveness.

61 BRINGING THE “HERE AND NOW” INTO CLINICAL SUPERVISION

Julia Moss, PhD, CPG, MSW, University of Massachusetts, Amherst

This workshop will explore the use of psychodramatic methods to deepen understanding of clients, and interpersonal process with clients, in the supervision of clinical work of all modalities. Using role reversal, doubling and other psychodramatic techniques in clinical supervision increases supervisee spontaneity and affective awareness, reduces performance anxiety and deepens both supervisee and supervisor understanding of the work. The workshop will both describe and demonstrate methods of integrating psychodramatic techniques into clinical supervision.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how role reversal and doubling can enhance the supervision process;
2. Apply one psychodramatic technique in clinical supervision.

62 INTEGRATING MUSIC INTO PSYCHODRAMA TO INCREASE FREEDOM, EXPRESSION AND POWER

Juliana Fort, MD;

Micheal Kenny, MMT, MT-BC'S, Drum Heart Music Therapy Practice

Psychodramatists benefit from integrating sounds and drums to help clients explore and lend a musical voice to their struggles pain. Allowing expression of the emotions through movement, sounds (musical and non-musical), and drama, the therapist empowers the development greater personal expression, freedom and power through a shared process. (No musical experience necessary.)

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify expressive art therapy modalities such as drumming and basic techniques such as rhythm in group connections. Identify the benefits of utilizing drums and sounds for facilitating creative expression, deepening the mind-body connection and helping clients to recognize commonalities with other groups members;
2. Apply the skill and knowledge to feel comfortable and competent incorporating sound, music, and movement with psychodrama.

63 PLAYING WITH GENDER: RESISTANCE AND RECLAMATION

Kaamila Mohamed, LSW;

Ellie Taylor, MSW, LSW, Center for Experiential Trauma Therapy (Media, PA)

Join two gender-fluid femmes in reclaiming exiled genders. Reach out a welcoming hand to younger dyke, faerie, sissy, butch, tomboy, queer, twink, and unnamed/unnameable parts of self that were sacrificed for survival or assimilation. Where are they hiding? What can we learn from them? How do we want to integrate them into our lives now? “All” are welcome, regardless of the gender identity and expression you hold at this time!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Examine ways in which rigid gender socialization has shown up in their own lives;
2. Identify ways in which they participate in upholding rigid gender norms.

64 THE DARK MIRROR: DISPUTING NEGATIVE CORE BELIEFS ▲ ■

Steve Kopp, TEP

Hans Christian Andersen's Snow Queen, begins when a mirror of negativity shatters, causing those infected to view the world from a distorted perspective. Early family dynamics likewise distort self-perceptions. These can become so familiar that we are unaware of living in current misperceptions. Psychodrama offers an effective means of examining early situations in the present, and altering long-standing scripts. Psychodrama empower our clients to repair these flaws and reclaim their creativity and strengths.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how negative core beliefs are masked by various cognitive distortions;
2. Demonstrate 2 ways to use sculpting and action methods to shift a client's perspective.

65 FROM J.L. MORENO TO FORMERS ANONYMOUS ▲ ■

Sammy Rangel, MSW, CSAC, Formers Anonymous;

Rhona Case, EdM, TEP, Crossroad Counseling Center

Before there was psychodrama, there was the mutual support group started by Dr. J.L. Moreno for the prostitutes of the red light district in post-war Vienna. In this workshop, Sammy Rangel, MSW, CSAC, tells why he started Formers Anonymous in 2012 for people involved with street life, crime, violence and addiction. With the help of several FA members, he will demonstrate “how it works” and how the practice of spiritual principles such as transparency, empathy and compassion can result in meaningful relationships that are genuine, kind and free of judgment and exclusion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the value of mutual support groups;
2. Identify skills and perspectives to work with marginalized populations such as criminals, gang members and others.

3:45 pm - 5:00 pm

Closing Ceremony

All conference participants are invited to join us for our closing ceremony as we join in this collective closing ASGPP ritual. Together we'll explore discoveries made together throughout the conference.

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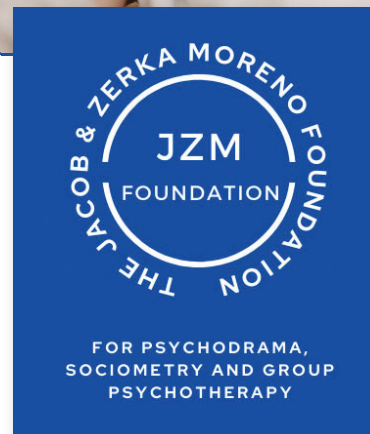
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March 20: **Recovery in Action**
Jenny Salimbene and Regina Sewell

June 3: **Sociodramatic Role Training**
Rebecca Walters

In Person at Boughton Place

April 29-May 1: **I And Thou: Deepening
Connections with Ourselves and Others**
Judy Swallow

June 30-July 4: **Summer Psychodrama Intensive**
Jenny Salimbene, Deb Shaddy & Judy Swallow

July 7-12: **Directing Intensive**
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Meets monthly on the **4th Saturday** of the month **in person** for local members wishing to build a community and learn new aspects of sociometry, group psychotherapy and psychodrama

3:00 - 5:00 pm EST

Meets monthly on the **2nd Saturday** of the month over **Zoom** for anyone from the global community who would like to explore **Social Justice** issues and how to apply this work.

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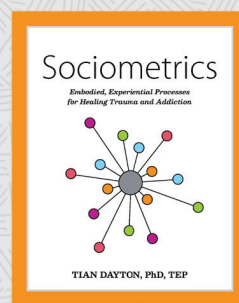
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