

2nd ASGPP Virtual Fall Symposium

Sociodrama: Tracing the Pathway from Past to Future



FRIDAY, December 10, 2021

Program: in Eastern Time (USA & Canada)

SESSION #1, 11:00 AM – 1:00 PM **Symposium Welcome**

Cathy Nudgent, TEP and Daniela Simmons, PhD, TEP

Plenary

NORTH AMERICAN STYLE SOCIODRAMA: WHAT IT IS, WHAT IT ISN'T AND WHY

Nina Garcia, EdD, LCSW, RDT/BCT, TEP

This Plenary will present the North American philosophy of and methods used in sociodrama and the ethical considerations for using them. It will discuss what to do and avoid doing in the warm-up, action and sharing phases of the session.

SESSION #2, 1:30 PM – 3:30 PM

1 SOCIODRAMA A DEUX: A HYBRID MODEL FOR INDIVIDUAL THERAPY

Susan Mullins, LMHC, CEDS, TEP & Sandra Seeger, LMHC, TEP

Sociodrama A Deux is a new hybrid combining Psychodrama A Deux, Sociodrama and Motivational interviewing to lessen feelings of vulnerability in individual counseling. It promotes a sense of safety by distancing the client from threatening material. Participants will learn concrete techniques for using Sociodrama A Deux; while learning how to help their clients increase feelings of connection with themselves, others and the world through the exploration of dynamic duos.

2 SOCIODRAMATIC ROLE TRAINING

Rebecca Walters, LMHC, LCAT, TEP

Sociodramatic Role training offers group members opportunities to explore common challenges. They get to learn and practice new and adequate responses to situations in hypothetical situations created by the group itself. Sociodramatic Role Training can be used for skills training in classroom, counseling, corporate and community settings where participants may want to learn specific skills without revealing their own vulnerabilities. It is role play done right!

3 USING BIBLIODRAMA TO EXPLORE PATHWAYS & JOURNEYS

Linda Condon, LMHC, TEP

What contributions can literature give us about embarking on a journey? What makes a journey successful or unsuccessful? The books we read and the stories we are told provide us with valuable insight about how to navigate different adventures. This workshop will use sociometric bibliodrama to examine the pathways taken by different literary or biblical characters in an effort to mine the gold they hold for us.

NOTE: Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ★

SESSION #3, 4:00 PM – 6:00 PM Plenaries

WHO SHALL SURVIVE 2.0: HISTORY OF SOCIODRAMA

René F. Marineau, PhD, TEP

The main book of J. L. Moreno was "Who shall survive?". In this book, Moreno reflects, through theory and research, on the necessary conditions for the humanity to survive. Can we create a more modern version of Who shall survive? The presenter calls it: "Who shall survive 2.0?" The presentation will be in two parts: first, the famous presentation in Vienna on April 1st 1921 in the Komedian House, presentation followed by many experiments by Moreno leading to the publication of Who shall survive?; Second, conditions for survival in the twenty-first century.

THE MYSTIC AND SOCIAL JUSTICE IDEAS OF MORENO

Edward Schreiber, LADC, TEP

Embedded deep within the body of Moreno's work, and Zerka's, are the ideas, designs, applications for understanding three critical facets of their work: 1) that society and organizations have within them a central structure that underlies all social problems; 2) that there is an intelligence that exists, the Godhead, the Autonomous Healing Center that is found within us, around us, and between us; 3) that direct contact with this intelligence changes us, by showing a vista that helps us to see the impact of the central structure of society with clarity and this heals.

SESSION #4, 11:00 AM – 1:00 PM

4 HOW TO TRAIN PEOPLE TO LEAD A SOCIODRAMA SESSION

Nina Garcia, EdD, LCSW, RDT/BCT, TEP

This workshop for PATs and TEPs will focus on how to teach sociodrama: what it is, how it differs from psychodrama, and how to direct it from warm-up, to action and sharing. A training Powerpoint will be made available to participants on conclusion of the workshop.

5 ART AND ROLE FATIGUE: SPACE FOR SOLACE

Julie Wells, LCSW, TEP

Role expectations brought on by our ever-changing COVID 19 situation may wear many of us down causing role dysfunction and dissatisfaction. Together, we will utilize the power of role reversal to step into a piece of Baroque art to get some role relief. A workshop for all levels, we will incorporate the Four Universals of reality, time, space, and the cosmos to learn how animate and inanimate elements from art can offer insight and transformation.

6 FACING THE FAT: USING SOCIODRAMA TO UNDERSTAND BODY IMAGE IN EATING DISORDERS *

Colleen Baratka, MA, TEP

Families and patients often struggle to see that eating disorders are not about the weight or food. This sociodramatic technique was developed to use in large multifamily groups to help educate and give the families the emotional experience of an eating disorder and create a strategy for recovery from within. The sociodrama itself uses some body resistance to concretize the body struggle and we will be practicing together how to recreate a very physicalized sociodrama into a zoom space.

7 SOCIODRAMA AS EXPERIENTIAL EDUCATION IN THE CLASSROOM

Scott Giacomucci, DSW, LCSW, BCD, CGP, FAAETS, CP/PAT

This workshop presents sociodrama as an experiential teaching method using both didactic teaching and experiential demonstrations. The presentation will include brief background on Moreno's history of university teaching, his spontaneity theory of learning, and a general foundation for experiential education. Sociodrama is unique in its ability to provide embodied learning for students and highly congruent with other experiential education theories. The presenter will include examples of using sociodrama in social work and counseling classrooms.

SESSION #5, 1:30 PM – 3:30 PM

8 SOCIODRAMA OF CALLING IN: PATTERNS OF DURABLE SOCIAL CHANGE

Leticia Nieto, PsyD, LMFT, TEP

In this workshop we will explore moments of calling out, calling on, and calling in, uncovering humane and functional approaches to fostering change. We will explore the roles needed for patient, compassionate intervention. Through sociodramatic practices we warm up to real life commitment to build durable transformative relationships and social movements.

9 EXPLORING OWN RACE BIAS SOCIODRAMATICALLY *

Uneeda Brewer, MSW, CP/PAT

In this workshop participants will have the opportunity to explore the biases that each of us has in relation to our own race and what we can do to expand our view to include all others.

10 ADDICT MAN AND OTHER AUXILIARY VOICES

David Moran, CADC, LCSW, TEP

Moreno defined Psychodrama as “seeking the truth Through Dramatic means”. We will use a Sociodrama to explore the Truth of Addiction, the power of the voices over the persons. Trauma takes away voice and choice, addiction Creates a dysfunctional voice and choice. Recovery offers a reclaiming of that voice and choice as their own.

Workshop gives expression to the Addict as an aux egos. We understand the power of the drug, but we will experience the Deeping Double “Addict Man”.

11 "FEELINGS IN-BETWEEN" - SOCIODRAMA FOR EMERGING ADULTHOOD

Daniela Simmons, PhD, TEP

‘Emerging adulthood’ is a distinct phase between adolescence and adulthood, from the late teens through the mid-twenties, where young people explore various life possibilities and develop a more definite identity and understanding of the society around them. Emerging adults have a unique set of needs and responses to psychotherapy as compared to children, teens, and older adults. The participants will recognize and explore the “feelings In-between” of that age group and how sociodrama can be utilized to assist emerging adults in making a healthy transition to adulthood.

**SESSION #6, 4:00 PM – 6:00 PM
Plenaries**

PSYCHODRAMA: A CINEMATIC HISTORY FROM MORENO TO MODERN

Robert Siroka, PhD & Jacqueline Siroka, LCSW, TEP

Participants will view the film and a discussion of the history and content of the film will follow.

This feature-length film features vintage footage of pioneers in cinematic versions of Psychodrama and Sociodrama.

Practitioners can gain a visual perspective of the origins and evolving forms of action methods inspired by J.L. Moreno

MOVING ON

Dena Baumgartner, PhD, LMFT, LPC, CGP, TEP

What is still tugging at your Heart? Participants will have one final chance to use creative means to reflect on the conference and express issues for sociodramatic enactments.

FEES

Regular Registration

Two-day REGULAR participants	\$225
One-day REGULAR participants	\$125
Single event REGULAR participants	\$65
Two-day STUDENTS & RETIREES	\$180
One-day STUDENTS & RETIREES	\$100
Single event STUDENTS & RETIREES	\$45

Up to twelve (12) hours toward CEs for licensed professionals - please choose eligible sessions

INTENDED AUDIENCE

Psychodramatists, sociodramatists, playback or other action methods practitioners or trainers; expressive arts therapists, drama, music, dance, poetry, other therapists; coaches, group facilitators, organization consultants, students pursuing education in the field of mental health, social sciences.

SKILL LEVELS

ALL (Beginners, Intermediate, Advanced)

TIME ZONES

All times listed are in Eastern Time (USA)

REGISTRATION INFORMATION

Workshops are filled on a first come, first served basis.