



American Society of Group Psychotherapy & Psychodrama

# 2021 Online Group Psychotherapy & Psychodrama Conference

April 7-11, 2021

*100 Years of Psychodrama, Sociometry  
and Group Psychotherapy*



*Honoring Our Past & Visioning the Future*

**CEs** – ASGPP: National Registry of Certified Group Psychotherapists, Counselors (NBCC); Ce-Classes.com: CEs for Psychologists (APA); Social Workers (ASWB); California and Texas Board Approvals; The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling  
**The entire conference (Wednesday - Sunday) offers up to 34 hours toward CEs.**

## ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

1. Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

## EXECUTIVE COUNCIL

### PRESIDENT

Daniela Simmons, PhD, TEP

### VICE PRESIDENT

Deborah Shaddy, MS, LMHP, LCPS, TEP

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Pamela Goffman, LCSW, TEP, CIRT

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John Skandalis, MA, LMHC, TEP

Mark Wentworth

Bill Wysong, MA, LPC, EMDR II, TEP

### OFFICE ADMINISTRATOR

Paula De Franco, MBA, PhD / paula@asgpp.org

### ASGPP NATIONAL OFFICE

ASGPP / PO Box 1654, Merchantville, NJ 08109-9998  
(609) 737-8500 / asgpp@ASGPP.org / www.ASGPP.org

## 2021 ASGPP AWARDS

**J.L. Moreno Award:** Tian Dayton, PhD, TEP

**Zerka Moreno Award:** Canel Bingöl, MD, PhD

**Hannah B. Weiner Award:** Edward Schreiber, EdM, MSM, DD, TEP

**President's Award:** Antonina Garcia, EdD, RDT/BCT, TEP & Elaine Camerota, EdD, TEP

**Collaborators Award:** Lin Considine, LMHC, TEP & Paul Lesnik, LCSW, TEP

**David Kipper Award:** Rob Pramann, PhD, TEP, ABPP

**Neil Passeriello Award:** Barbara Guest Hargin EdD, MSW, TEP

**Diversity Award:** Joshua Lee, MSW, CP/PAT

**Innovator's Award:** Andrea Hummell, MA

**Young Professionals Award:** Scott Giacomucci, DSW, LCSW, BCD, FAAETS, CP/PAT

**William L. Moreno Award:** Jaime Rojas Bermudez, MD

**ASGPP Executive Council Award:** IAGP

**Fellow:** Michael Gross, PhD, CADC-I, CET-III, SEP, CP/PAT  
Maria Mellano, LICSW, CP/PAT  
Jennifer Salimbene, LCSW-R, CASAC, CDAC, TEP  
Tzivia Stein-Barrett, LCSW, RYT, LMT, CP

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## ASGPP REGIONAL CONTACTS

### Alaska

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### Arizona

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### Texas

Daniela Simmons / danielatsv@gmail.com

### The Toronto Centre for Psychodrama (Canada)

Sheila Berry / barbaraguest@cyg.net / 416-686-6596

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## CONFERENCE STEERING COMMITTEE

STEERING COMMITTEE: Rhona Case, Deborah Shaddy, Daniela Simmons and Paula De Franco

HOSPITALITY: Tzivia Stein-Barrett

PEER SUPPORT: Deb Karner

# REGISTRATION INFORMATION

## REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of March 22, 2021.
- To receive the early registration discount, your forms must be post-marked by March 22, 2021.
- Member rates are for those whose membership is current (through April 5, 2021)

## CANCELLATION POLICY

Request for cancellation must be postmarked by March 22, 2021. While no refunds will be given, cancellations will receive credit for the 2022 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

## GROUP RATES

**PSYCHODRAMA TRAINEE RATES: ASGPP is offering a reduced rate to psychodrama training institute trainees** – \$400 per person if a group of four or more (4)+ register together. All registrants taking advantage of the trainee rate must be members of the ASGPP. Participation in a training group will be verified in order for the discounted rate to apply.

**COLLEGE/UNIVERSITY STUDENT RATES: ASGPP is offering a special group rate for the Full Conference to college/university students. Four (4) or more students** from the same college/university must register together at the Group Rate of \$255/per person, and in addition **one (1) faculty member** can register at the same rate of \$255. \*Students must be matriculating in an accredited college/university and carrying a minimum load of 12 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification.

**New discount group:** 10% off registration across the board for all veterans.

**Please note: Anyone paying a “Group Rate” is considered a “Full Conference Registrant”.**

## PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds mailed to: ASGPP, PO Box 1654, Merchantville, NJ 08109-9998. You may also pay with a credit card directly when you register online.

Payment must be received in order for registration to be processed and your workshop seats reserved.

## ASGPP DISCLAIMER

- The modules are unique to those who attend and will not be recorded.
- All participants should refrain from taking pictures of the group and sharing it with others or on social media, without the consent of the whole group.
- Participants need to attend while using a quiet and safe place with no other people present in their near-by physical space.
- All cameras (video) need to be 'on' during the session (except when an internet problem occurs).
- All participants receive a unique link to connect. Please do not share your link with anyone else.
- After the beginning of the session technical support may be difficult to provide.
- As the training is online, we want to be sure that we offer options if a problem with an internet connection occurs. If the technical issue occurs to the presenters, the training module will be rescheduled.
- All participants are expected to arrive 10 min early for the session to start exactly on time. If a participant arrives late and the warmup and sociometric exercises have advanced, the participant may not be appropriate to join. Please plan to stay throughout the entire session, including the closure.
- Gallery view allows you to see all or most participants at once. To switch from active speaker view, tap Switch to Gallery View in the upper-right corner of the Zoom window. If you do not see the controls, tap your screen to get them to appear.
- Knowing the risks  
Sometimes there can be discomfort involved in participating in group training. You may remember unpleasant events or feelings. We invite you to refrain from just leaving the meeting and dealing on your own with your experiences. Please talk to the director after the meeting in order to receive support.

## TIME ZONES

All times listed are EST (USA).

# ASGPP 2021 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_  
 ZIP/POSTAL ZONE \_\_\_\_\_ COUNTRY \_\_\_\_\_  
 FIRST NAME/NICKNAME FOR BADGE \_\_\_\_\_  
 PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_  
 PROFESSION (eg. Social Worker, Psychologist) \_\_\_\_\_

In case of emergency notify: \_\_\_\_\_

(ADA) - Please indicate if you have special needs \_\_\_\_\_

FOR OFFICE USE ONLY

**Check all that apply**

- Presenter     First Time ASGPP Conference Attendee
- Retiree (*Limited to individuals who are retired professionally and have limited resources*)
- Student (*Students must be FIRST TIME matriculating UNDER-GRADUATE / MASTERS level students in an accredited college/ university and carrying a minimum load of 12 credits. A copy of the student needs to be submitted upon registration or **MUST BE UPLOADED with the registration form** to the National Office at [asgpp@asgpp.org](mailto:asgpp@asgpp.org) )*
- Veteran Member (code # \_\_\_\_\_ )
- Member     Non-Member     New Member
- Psychodrama Training Group Member (*See Group Rates on page 2 for discount qualifications*)  
 Specify Group \_\_\_\_\_

**MEMBERSHIP DUES:**

To join, renew or reinstate a domestic/international, individual/organizational membership, as well as for a diplomate status, please go to: [www.asgpp.org/Membership-purchase-link.php](http://www.asgpp.org/Membership-purchase-link.php)

**REGISTRATION FEES**

*All fees are given in \$US*

- Full Conference (**Thurs, Fri, Sat & Sun**)
- 1 Day Conf. Package (**Thurs, Fri, Sat or Sun**)  
Circle Your Choice(s)
- Full Day Special Institute (**Wed**)
- One Workshop

	Member Student / Retiree	Non-Member Student / Retiree	Member	Non-Member	
<input type="checkbox"/> Full Conference	\$325	\$375	\$525	\$720	\$ _____
<input type="checkbox"/> 1 Day Conf. Package	\$140	\$155	\$185	\$245	\$ _____
<input type="checkbox"/> Full Day Special Institute	\$140	\$155	\$185	\$245	\$ _____
<input type="checkbox"/> One Workshop	\$50	\$75	\$100	\$120	\$ _____

*10% off across the board for Veterans*

**International Registration Fees:** Group A - 100%; Group B - 85%; Group C - 65%; Group D - 50%

To confirm your country Group/Band, go to <https://forms.gle/SCdRwprdk9ANsuF9>

International participants in Group A pay the above rates. Those in Groups B, C and D may wish to contact the national office for an invoice.

International Conference Participant requirement includes: a) Live OUTSIDE of the United States; AND, b) Are NOT a United States citizen.

**ADDITIONAL**

- Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ \_\_\_\_\_
- CE Forms – we will provide one form that can be used for all licensures as verification.....\$50..... \$ \_\_\_\_\_
- TOTAL AMOUNT DUE (\$US)**..... \$ \_\_\_\_\_

**I understand and accept the following ASGPP Cancellation Policy.**

Request for cancellation must be postmarked by March 22, 2021. While no refunds will be given, cancellations will receive credit for the 2022 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

**I understand and accept the following ASGPP Disclaimer.**

ASGPP activities and workshops are educational in nature. They are not intended as therapy. Participation in all activities is voluntary.

**Return all registration forms to: ASGPP, PO Box 1654, Merchantville, NJ 08109-9998**

You may send your **check** or **money order** to ASGPP or you may pay with your **credit card** as directed by the registration process online. Payment must be received in order for registration to be processed and your workshop seats to be reserved.

**EMAIL [ASGPP@ASGPP.ORG](mailto:ASGPP@ASGPP.ORG) for GROUP RATES**

**IMPORTANT:** Your registration will not be processed if you have not noted the workshops you wish to attend and have not acknowledged the above stated cancellation policy. Registrations will not be processed until payment is received. There are no exceptions.

# WORKSHOP REGISTRATION

Last Name \_\_\_\_\_

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

		1st CHOICE	2nd CHOICE	3rd CHOICE
<b>Wednesday April 7, 2021 - Pre-Conference</b>				
10:00 am - 6:00 pm	*Full Day Special Institutes..... (#1-6)			
<b>Thursday April 8, 2021</b>				
10:00 am - 1:00 pm	Morning Workshops..... (#6-12)			
3:30 pm - 6:30 pm	Afternoon Workshops..... (#13-19)			
<b>Friday April 9, 2021</b>				
10:00 am - 1:00 pm	Morning Workshops..... (#20-26)			
3:30 pm - 6:30 pm	Afternoon Workshops..... (#27-32)			
<b>Saturday April 10, 2021</b>				
2:00 pm - 3:30 pm	90-Minute Workshops..... (#33-39)			
4:00 pm - 7:00 pm	Afternoon Workshops..... (#40-46)			
<b>Sunday April 11, 2021</b>				
10:00 am - 1:00 pm	Morning Workshops..... (#47-53)			

**\*Additional Registration Fee Required**

How did you hear about the conference?  Mailer  Online  Trainer/Teacher  Ad in publication  Colleague/Friend

Please specify: \_\_\_\_\_

## DAILY CONFERENCE SCHEDULE

### Wednesday, April 7

#### Pre-Conference

10:00 - 6:00 pm Full Day workshops  
7:00 pm Welcome Reception  
(bring dinner/  
drink/snacks)

### Thursday, April 8

10:00 - 1:00 pm 3-hour workshops  
1:00 - 2:00 pm Social Lunch  
(social or alone)  
2:00 - 3:00 pm Keynote Address  
3:00 - 3:30 pm Break  
3:30 - 6:30 pm 3-hour workshops  
6:30 - 7:30 pm Break

7:30 pm

Awards Ceremony/  
Social Dinner

### Friday, April 9

10:00 - 1:00 pm 3-hour workshops  
1:00 - 2:00 pm Social Lunch  
2:00 - 3:00 pm Plenary Address  
3:00 - 3:30 pm Break  
3:30 - 6:30 pm 3-hour workshops  
6:30 - 7:00 pm Break  
7:30 - 8:30 pm Diversity Forum

### Saturday, April 10

11:00 - 12:30 pm Sociatry and Social  
Justice Panel  
1:00 - 2:00 pm Social Lunch

2:00 - 3:30 pm

90-minute workshops  
3:30 - 4:00 pm Break  
4:00 - 7:00 pm 3-hour workshops  
7:00 - 8:00 pm Break  
8:00 pm Dance and Tell Party

### Sunday, April 11

10:00 - 1:00 pm 3-hour workshops  
1:00 - 2:30 pm ABE Conversation/Social  
Lunch  
2:30 - 4:00 pm Tribute to 100 Years of  
Psychodrama  
4:00 - 5:00 pm Closing



# WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Wednesday	Thursday	Friday	Saturday	Sunday
Addictions	4			33, 43	47, 51, 52
Business/Coaching/ Marketing/Publicity			23, 32		
Creative Arts	2	6, 14, 18	22, 32	35, 46	
Education	1, 2, 3, 5	8, 10	24, 31, 32	34, 42, 45	
Family/Couples	1		21		50
Gender Issues/LGBT/HIV		13			
Healing/Self Care	1	6, 10, 13, 17	22, 26, 28, 32	38, 41, 43, 44, 45	47, 48, 49, 53
Multicultural		8, 10, 14, 19		36, 40, 47	
Neurobiology				41	
Psychodrama in Other Fields	1, 4	7, 13	32	34, 35, 39, 46	50, 51
Psychodrama Foundations	2, 4	9, 11, 12, 19	20, 27, 28, 29, 30, 32	33, 36, 37, 40	47, 51, 53
Sociodrama/Playback/ Drama Therapy		6, 8	31, 32	41	
Sociometry		11, 12, 15, 8	27, 28, 30	40, 43	47, 48
Spirituality	3	15	25, 26, 28	40, 42	47
Trauma/Bodywork	1	18	25	38, 39, 41, 44	48, 52

## PSYCHODRAMA/SOCIODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas (PD) or sociodramas (SD).

### WEDNESDAY

- 1 Shaking the Family Tree – Who's in Your DNA? (PD)
- 2 Integrating Moreno's Methods into Social Work (SD)
- 4 Dialectical Behavioral Therapy in Action (PD)

### THURSDAY

- 6 Expanding Experience of the Four Universalia through Drama & Music Therapy (PD)
- 7 Activate Your Family Genius: A Tribute to Dr. Moreno's Heritage (PD)
- 8 From algorithm to connection: the power of sociometry (SD)
- 9 Systems Theory and Trans-generational Psychodrama (PD)
- 10 Bibliodrama Meets Family Constellations: Healing on Both Sides of the Story (SD)
- 12 Looking at Sociometry in a group's warmup, enactment and sharing (PD)
- 13 Soul Work- not Social Work: Using Psychodrama & Sociometry to work with Traumatic Loss (PD)
- 17 Psychodrama and Healing the Child Within (PD)
- 18 Scene Setting our Lives: A Look at how Clients Create and Re-Crete the Dramas of their lives (PD)
- 19 Psychodrama as Social Justice Intervention (PD)

### FRIDAY

- 20 Perfectionism: Blessing or Curse (PD)
- 21 Understanding Moreno's Words "If I Could Be Born Again, I would like to be born as a group" (SD)

- 25 Looking Back with Compassion: Moving Forward with Joy (SD)

- 26 Bibliodrama as a Warm Up to Psychodrama (PD)
- 26 Reflecting on the Godhead in the Here and Now (PD)
- 31 The Value and Power of Sociodrama (SD)
- 32 The Developing Professional Self: Using Role Theory to Integrate Identities (PD/SD)

### SATURDAY

- 34 First-year experience: A psychodrama approach to surviving the transition to higher education (PD)
- 36 Psychodrama in India - a cultural encounter and a format changing process (SD)
- 40 Empty Chair: New World Order, Moreno's First Psychodrama (SD)
- 41 The Lost Self: Traumatic Brain Injury/ Trauma and Identity (SD)
- 42 The Method is a Spiritual Practice (SD)
- 43 Social Atoms: The Key To Sustainable Change (PD)
- 44 Accessing Resources and Resiliency in Action (PD)

### SUNDAY

- 47 Timeless Wisdom From the Empty Chair (PD)
- 50 The Genogram in Action: Ancestral Psychodrama (PD)
- 51 Childwork/Childplay: Action Methods with Children (PD)

# TRAINING CREDITS & CE INFORMATION

## PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE) certification standards specify a maximum of 100 training credits obtained through for ASGPP conferences. These 100 hours must be obtained through face-to-face, in-person conference attendance. The certification standards also allow up to 120 hours of distance learning led by PATs and/or TEPs to be applied toward the required training hours, provided those distance learning hours are reviewed and approved by the applicant's primary trainer. As an accommodation during the COVID-19 pandemic, the number of allowable distance learning hours is increased to 150. Distance learning hours must be documented under the name(s) of the TEPs or PATs leading these training sessions and not under the organizations sponsoring those distance learning sessions.

## CONTINUING EDUCATION UNITS (CEs)



ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies.

### PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

### SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by numerous State Social Work boards; New York, Florida, Ohio and Texas. Most boards will accept CEs from an out of state conference if the CEs are approved in state where the conference is held.

Social Workers should contact their regulatory board to determine course approval.

### MENTAL HEALTH COUNSELORS:

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. ASGPP is solely responsible for all aspects of the programs.

### NYS (OASAS):

The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC \* NBCC \* NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

### CALIFORNIA:

**SW, MFT & LEPS:** Ce-Classes.com is approved to provide continuing education by the following professional organizations: ASWB \* APA.

The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy renewal requirements.

**CCAPP:** The California Association of Alcoholism and Drug Abuse Counselors (CCAPP) Provider Number OS-12-174-1114 Expires 11/2021.

### TEXAS:

Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674, and the Texas Board of Professional Counselors.

### OHIO:

Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2021.

### FLORIDA:

Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

### GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

### NURSES:

Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896), and The California Board of Registered Nursing, CEP 15647.

### CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available online after the conference to present to employers and/or state and local agencies.

## CREDIT HOURS

The Pre-Conference (Wednesday, April 7, 2021) offers 6.5 hours. The regular conference (Thursday, April 8 – Sunday, April 11, 2021) offers up to 26 hours. The entire conference (Wednesday - Sunday) offers up to 34 hours toward Continuing Education Units (CE's). Check with your provider.

## CE CERTIFICATES

CE Certificates are \$50 as indicated on registration form. Those purchasing CE's will have a 'CE Verification of Attendance Form' that will be emailed to them once the participants attendance has been verified. In order to receive CE's participants must join the workshop with the email they registered and stay for the entire workshop.

It is the responsibility of conference participants to download and complete the form and submit the completed form to the national office at [asgpp@asgpp.org](mailto:asgpp@asgpp.org) no later than two weeks after the Conference.

## ADMINISTRATIVE POLICIES

**Complaints and Grievances:** All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to home office at [asgpp@asgpp.org](mailto:asgpp@asgpp.org)

**Important!** It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.

### • Additional note:

Payment, in case of cancellation, will be credited to future ASGPP events.



**WEDNESDAY, April 7, 2021**

10:00 am - 6:00 pm Pre-conference Institutes

7:00 pm

ASGPP WELCOME RECEPTION (bring dinner/drink/snacks)

## 10:00 am - 6:00 pm FULL DAY PRE-CONFERENCE SPECIAL INSTITUTES

### 1 SHAKING THE FAMILY TREE – WHO'S IN YOUR DNA?

**Karen Carnabucci, LCSW, TEP, Private Practice, Lancaster, PA**

As DNA tests become more available, people are learning about new relationships in their family systems. Adoptees are finding biological parents and siblings; others are discovering startling family secrets including illegitimate and abandoned children and long-lost relatives. These discoveries shake us and force us to reevaluate how we fit into our social atom. In this workshop, we use psychodrama, mindfulness and Family Constellations to explore how we can tend to and integrate these new realities.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify problems and distress that may surface with DNA results;
2. Demonstrate how psychodrama and Family Constellations principles can address personal and family distress.

### 2 INTEGRATING MORENO'S METHODS INTO SOCIAL WORK (AND OTHER FIELDS)

**Scott Giacomucci, DSW, LCSW, BCD, FAAETS, CP/PAT, Phoenix Center for Experiential Trauma Therapy; Mirmont Treatment Center; Bryn Mawr College**

If we are to spread psychodrama around the world or at least preserve its survival for the next generation, we must integrate it within other established professions such as social work, psychology, counseling, group therapy, and education. This workshop will highlight historical, theoretical, and practical similarities between psychodrama and social work practice/education. Furthermore, this workshop will present a process for integrating psychodrama into other fields and warm-up participants to doing so.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify one theoretical overlap between social work and Moreno's methods;
2. Describe at least one way of integrating Moreno's methods into another field.

### 3 GRACE, WISDOM & KINDNESS: A LEARNING COMMUNITY ON PSYCHODRAMA AND CLINICAL SUPERVISION

**Gatherine D. Nugent, LCPC, TEP, Laurel Psychodrama Training Institute; Johns Hopkins University**

Focus is the person of the supervisor, and becoming more conscious and intentional about how we are enacting the supervisor role. Dive deep into fundamental questions and cutting-edge knowledge about the role.

Through self-assessments, presentations/discussion, group exercises, and sociodramatic and psychodramatic vignettes, we explore how we take, play and create the supervisory role with grace, wisdom and kindness.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify four sub-roles of the supervisor role;
2. Describe strategies for matching supervisor approach with trainee's individualized needs and preferences.

### 4 DIALECTICAL BEHAVIORAL THERAPY IN ACTION: ENCOUNTER WITH THE WISE MIND

**Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute**

The Wise Mind is central in Dialectical Behavior Therapy as well as a useful concept for those not trained in DBT. Our clients who lack positive nurturing role models often are challenged to engage their own inner Wise Mind. Participants will learn to use deep interviewing and role reversal to help people find, develop the role of, connect with and successfully engage the Wise Mind to move forward as well as participate in a full psychodrama.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the use of empty chairs to teach the concept of the Wise Mind, Emotional Mind and Rational Mind;
2. Demonstrate the use of deep interviewing to help protagonist develop their Wise Mind role.

### 5 MOTIVATIONAL INTERVIEWING MEETS PSYCHODRAMA

**Jennifer Sambilene, LCSW-R, CASAC, CDAC, TEP, Private Practice; Regina Sewell, LMHC, MEd, PhD, Russell Sage College, Dutchess Community College**

Psychodrama, Sociodrama and Sociometry are great adjuncts to motivational interviewing. They are particularly useful in cutting through rationalization, denial, justification and various other defenses that people use to avoid change. When you do things in action your body takes over and your mind gets out of the way. This workshop will show you how to use psychodrama to engage clients, help them identify and access resources, and work towards sustainable change.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Define sociometry;
2. Describe how to incorporate two psychodramatic techniques into Motivational Interviewing.

*This is a 2021 Award Winner's Workshop*





## THURSDAY April 8, 2021

10:00 – 1:00 pm 3-hour workshops  
1:00 – 2:00 pm Social Lunch  
2:00 – 3:00 pm **KEYNOTE ADDRESS** — Tian Dayton, PhD, TEP  
*The Power of Connection and Identification.*  
*Floor Checks: Teaching and Healing Experientially*

Research in neurobiology has made clear that our emotions are experienced and processed by the body as well as the mind and that healing from the kind of trauma that living with addiction engenders requires a mind/body approach. Psychodrama and sociometry allow the body to participate in the therapeutic milieu. In this experiential workshop we'll look at how to use sociometry to explore issues related to trauma and addiction as well as to "warm up" a group, connect them with each other and their personal "stories".

Learning Objectives. After attending, participants will be able to:

1. Expand a restricted range of affect that can be the result of trauma;
2. Allow the group to become comfortable identifying, articulating and sharing emotion.

3:30 – 6:30 pm 3-hour workshops  
7:30 pm Awards Ceremony/Social Dinner

### 10:00 am - 1:00 pm MORNING WORKSHOPS

#### 6 EXPANDING EXPERIENCE OF THE FOUR UNIVERSALIA THROUGH DRAMA & MUSIC THERAPY

**Barbara McKechnie, LPC, LCAT, CP/PAT, Exceptional Wellness Counseling, Manalapan, NJ;**

**Amy Clarkson, MMT, LCAT, CP/PAT, Exceptional Wellness Counseling, Manalapan, NJ & Montclair State University**

In the application of psychodrama, Moreno collapsed time into the present moment, used a stage or transitional space to enliven and contain the story, Expanded reality to include that not yet lived or only imagined, and took us beyond our personal experience into the cosmos. In this workshop we will integrate psychodrama, drama and music therapy methods in the exploration and application of the Four Universalia.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the Four Universalia;
2. Describe one music or drama therapy method to support the protagonist experience of altered time, space, reality or the cosmos.

#### 7 ACTIVATE YOUR FAMILY GENIUS: A TRIBUTE TO DR. MORENO'S HERITAGE \*

**Cristina Schmidt, Private Practice in Romania, Member of Romanian Classical Psychodrama Association**

2020 provoked us to cope with a lot of challenges. The result of our effort has positive and negative significance as well.

One of Dr Moreno's ideas is that 'Every family has its genius' and my proposal is to use the transgenerational family genius, a huge resource, in order to deal with our life issues provoked by 2020 challenges.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply psychodrama techniques in finding life solutions in our transgenerational heritage;
2. Identify and discover our transgenerational family genius.

*NOTE: Workshops that do not meet ce-classes.com criteria for CE credit are identified with a \**

#### 8 FROM ALGORITHM TO CONNECTION: THE POWER OF SOCIOMETRY

**Deborah Shaddy, LCPC, Hudson Valley Psychodrama Institute, Sophia Center, LLC**

Deep divisions, whether based on political and religious identities or specific issues (immigration, abortion, gun control), impede our ability to see and hear each other. It's increasingly challenging to break through our bubbles of like-minded others. Through Moreno's gift of Sociometry, we have tools that encourage nuanced views of other positions and the people who hold them. Experience sociometric structures that are useful in reducing this separation/polarization and identify situations in which structures can be used.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify three sociometric structures that can be used to assist individuals and communities overcome polarization;
2. Demonstrate three sociometric structures that can be used to assist individuals and communities overcome polarization.

#### 9 SYSTEMS THEORY AND TRANS-GENERATIONAL PSYCHODRAMA

**Jacob Gershoni, LCSW, TEP, Psychodrama Training Institute, A Division of the Sociometric Institute NY**

Moreno is one of the earliest pioneers of systemic thinking and family therapy, viewing each person in his/her context. Thus, he considered many forces that shaped the persons and their relationships: parents, ancestors, siblings, community, spiritual heritage, current events and more. In this workshop we will explore how our past and various systems affect present relationships. Using sociometry and psychodrama we will look at how we develop social, personal and intimate connections to others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify numerous warm-up techniques predicated on sociometry;
2. Explain ONE of the concepts, tools or approaches that participants will come away with after attending your session.

**10** BIBLIODRAMA MEETS FAMILY CONSTELLATIONS:  
HEALING ON BOTH SIDES OF THE STORY

*Karen Carnabucci, LCSW, TEP, Private Practice, Lancaster, PA;*  
*Tamar Pelleg, MA, CP, Private Practice*

# CLOSED

**11** COLOURDRAMA – GIVING COLOUR A VOICE FOR PAST,  
PRESENT AND FUTURE \*

**Mark Wentworth, International Executive Board member of ASGPP**

By giving colour a coherent shape, a voice and an action we will learn what colour has to teach us. Colour drama creates colour stories, through colour stories we create inner resilience to be able to deal with the world and all it has to offer. Colour inspires us to be the best we can be, importantly it gives permission for us to feel worthy of all the gifts and wonder that life has in store.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the emotional and mental responses to different colours;
2. Apply the basics of colour drama in their practice.

**12** LOOKING AT SOCIOMETRY IN A GROUP'S WARMUP,  
ENACTMENT AND SHARING

**Nan Nally-Seif, LCSW, TEP, Psychodrama Training Institute, a Division of the Sociometric Institute NYC; Adjunct instructor Fordham University, School of Professional and Continuing Studies**

This workshop will explore how sociometry appears in all aspects of a psychodrama group session. Sociometry serves as a bridge between a person's internal state and their way of connecting to people. This workshop will be didactic and experiential, focus will be on various sociometric techniques and the information that can be gained by looking for the sociometric connections in all three phases of the group.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify Sociometry and its importance, and identify various Sociometric techniques;
2. Recognize how Sociometry appears in the warmup, enactment, and sharing of a Psychodrama group and how this valuable information aids the director.

**3:30 pm - 6:30 pm**  
**AFTERNOON WORKSHOPS**

**13** SOUL WORK – NOT SOCIAL WORK: USING PSYCHODRAMA  
& SOCIOMETRY TO WORK WITH TRAUMATIC LOSS

**Barbara Guest Hargin, BEd, MSW, TEP, Ontario College Social Workers, Ontario Society Psychotherapists, ABE; Yvette Perreault, MA, Retired director of The Aids Bereavement and Resiliency Program of Ontario, Association of Death Education and Counselling, Canadian Association of HIV/AIDS Research**

For workers responding to traumatic losses, experiences of 'overwhelmed, burned out and vicarious traumatization' are common. This workshop will demonstrate how regular team support using psychodrama with a group of front line HIV/AIDS workers enabled a team to effectively debrief and unburden, deepen their sense of meaning and purpose in their work and support the creation of a resilient caring community that actualized self care and collective care.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the impact of working with trauma and multiple loss and will have ideas about specific tools that supported the sustainability of this particular strong, bonded, resilient team;
2. Recognize the value of regular experiential debriefing among front line workers who are also faced with ongoing traumatic loss situations and are seeking innovative team based responses in order to avert burnout and disengagement.

*This is a 2021 Award Winner's Workshop*

**14** LOVE THE RAINBOW! INSPIRE DIVERSE TEENS WITH  
MUSIC & THEATRE!

**Cynthia Freeman-Valerio, LPC, ARTSOUL, Inc. & Creative Therapy Unlimited**

What does it take and how do you to bring together a rainbow of youth from dysfunctional, impoverished, abusive and historically traumatized backgrounds to work together in the performing arts in insular communities? Successful musical and theatrical projects engage youth, inspire leadership, involve positive sociometry, teens role modeling cooperation, responsibility, excitement, spontaneity, self-expression and openness while working together for their community. Inclusive events produce healthier human beings, successful artistic ventures and strengthen diverse communities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how to envision, create, produce and direct performing arts' showcases for local youth that inspires local youth and families and works in diverse communities;
2. Apply the information and skills learned into replicating performing arts' showcases with local youth and adults in the diverse communities of the workshop participants.

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**15** THE SOCIOMETRY OF COMPASSION:  
ACTION AND REFLECTION

**Jacquie Siroka, LCSW, BCD, TEP, Sociometric Institute of New York, Integral Therapy, Psychodrama Institute of New York;**  
**Jaye Moyer, LCSW, TEP, Sociometric Institute of New York, Integral Therapy, Psychodrama Institute of New York**

The Benefactor practice helps us to recondition the negative narratives of who we think we are, so that we can access the deeper potential of who we really are. Benefactor moments occur between people all the time: our armor prevents us from noticing them or experiencing them in our bodies and hearts. The compassionate support of the Benefactor practice allows us to investigate difficult encounters with more ease and live with more authenticity and ease.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the “internal holding environment” and two conditions that develop and support it;
2. Utilize one projective technique: The” Benefactor” Atom.

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**16** ACTION APPROACHES TO EXPANDING SELF-AWARENESS  
IN CLINICAL SUPERVISION

**John Sherry, PhD, University of Northern British Columbia**

This workshop will focus on the importance of self-reflection in our clinical work with an emphasis on the way in which our own attachment style affects our clinical work as clinicians and supervisors. A variety of creative, experiential and psychodrama activities, group process, writing exercises and other creative approaches focused on moving supervisees from content to process will be discussed and demonstrated.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize their own attachment style and how it influences their work as clinicians and clinical supervisors;
2. Demonstrate a variety of interactive, experiential clinical supervision approaches to address supervisees' attachment style.

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**17** PSYCHODRAMA AND HEALING THE CHILD WITHIN

**John Skandalis, LMHC, TEP, Private Practice**

The theme of the workshop is healing aspects of the inner child using psychodrama and corrective parenting techniques. We will be warming up as a group and warming up to aspects of the inner child that need healing: A corrective experience around being parented so they receive the structure, meaning making or nurture that was missing in their childhoods. We will enact personal stories and enroll workshop members to play healthy parent roles followed by sharing and processing of the work done.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize that the strong emotions they can have are often about their inner child. And that they can interact with the inner child using psychodrama to meet that parts unmet needs;
2. Describe their three interior ego states: child, adult and parent egos, and how to create a healthier parent ego in them to help the neglected and hurt child within.

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**18** SCENE SETTING OUR LIVES: A LOOK AT HOW CLIENTS  
CREATE AND RE-CREATE THE DRAMAS OF THEIR LIVES

**Paul Lesnik, CSCSW, TEP, ASGPP, CSCSW, ABE;**  
**Lin Considine, LMHC, TEP, ASGPP, CSCSW, ABE**

Clients often re-create scenes from their past that bring “drama” into their present life. These scenes are often deep-rooted and often unconscious. The action methods of psychodrama offer many opportunities to set scenes to explore the stories that create our lives and move these stories toward an alternative ending. Workshop participants will explore these opportunities in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 2 or more ways that sense memory and other triggers are explored in psychodrama, complementary expressive arts and evidence-based modalities;
2. Describe 2 or more psychodrama techniques that can be used in individual or group settings to redefine troubling “scenes” for clients.

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**19** PSYCHODRAMA AS SOCIAL JUSTICE INTERVENTION:  
BRIDGING THE MACRO-MICRO DIVIDE

**Scottie Urmev, LCSW, TEP, Psychodrama NJ, Monmouth University**  
**Alexis Jemal, LCSW, LCADC, JD, PhD, Silberman School of Social Work at Hunter College**

**CLOSED**

**7:30 pm**

**Awards Ceremony**

Co-masters of Ceremony:

Cathy Nugent, 2019 Jacob Moreno Award recipient &  
Mario Cossa, 2019 Innovator's Award recipient

ASGPP awards acknowledge members who have made  
outstanding contributions to our community.  
Come join as we celebrate their contributions.



## FRIDAY April 9, 2021

10:00 – 1:00 pm 3-hour workshops

1:00 – 2:00 pm Social Lunch

2:00 – 3:00 pm **PLENARY ADDRESS: RICHARD BECK, LCSW, BCD, CGP, FAGPA**  
*The Importance of Cohesion in Group*

"To be a human among humans." That is one of the main goals for everyone to experience and feel in any group. When everyone in a group has the experience of feeling connected, emotionally and intellectually; when in that moment the group itself feels safe and trusting/trusted; that experience is a gift that leaders owe the members of their groups. "Group Cohesion" is a felt sense among and between group members themselves as well as between the group and its leader, conductor or facilitator. This talk will address the meaning of cohesion in groups, and will include types of interventions that foster group cohesion.

Learning Objectives. After attending, participants will be able to:

1. Recognize when their psychodrama groups have attained cohesion;
2. Apply interventions to develop group cohesion in their groups.

3:30 – 6:30 pm 3-hour workshops

7:30 – 8:30 pm Diversity Forum

### 10:00 am - 1:00 pm MORNING WORKSHOPS

#### 20 PERFECTIONISM: BLESSING OR CURSE

**Carole Oliver, MEd, LPC, TEP, Wayside Treatment Center**

This workshop will demonstrate psychodrama exercises specifically related to perfectionism and shame. We will explore what Perfectionism is; how it is the underlying cause for low self-esteem and shame. A perfectionist has very high expectations of themselves and others and are never quite satisfied with their smallest to largest accomplishments. Perfectionism is an ENERGY DRAIN that prevents you from enjoying life. We will explore the origins of perfectionism and the faulty belief systems that follow.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify specific psychodramatic techniques that can be used when working with a client who is a perfectionist;
2. Differentiate between striving for excellence and striving for perfectionism.

#### 21 UNDERSTANDING MORENO'S WORDS "IF I COULD BE BORN AGAIN, I WOULD LIKE TO BE BORN AS A GROUP"

**Carolina Becerril, PhD, IAGP, AEP**

A workshop focused on sociometry, warm-ups, protagonist election, auxiliary ego, psychodramatic technique, sharing, didactic processes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explore the group that all of us come from, the family, and the origins of mythologies, unconscious or conscious messages;
2. Recognize The richness of group work.

#### 22 MASKING/UNMASKING THE SELF

**Jennie Kristel, BS, REAT, APTT, JourneyWorksLLC, IEATA, ASGPP**

"What Masks do we wear?" Given the global aspects of the Pandemic, do we keep masked to keep going? Who is it we unmask to survive? Or to free ourselves? What other masks do we wear? Mask making is a powerful tool that can be used in any clinical setting to enhance emotional development, strengthen ego state/identity work, and explore hidden parts of the Self. Participants will make their own masks and explore through psychodramatic empty chair.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the use of the psychodramatic method of the Empty Chair;
2. Apply and create mask making, for self exploration.

#### 23 USING THERAPEUTIC SPIRAL MODEL (TSM) IN NON-CLINICAL SETTINGS \*

**Joshua S. Lee, MSW, CP/PAT, World Business & Executive Coach Summit (WBECS)**

TSM defines trauma as any event that overwhelms our coping abilities. When people are stuck in life, underneath their narrative about what is going on, is oftentimes, a trauma "story" that leaves them yearning for more out of life. TSM can help sort out those stories. By looking at one's behavior through the lens of performance – effective or not effective – will allow people to uncover where they may be stuck in life and talk about it more openly (and even with a sense of fun and play). The framework we will be using to work with "less" traumatic material is called The Game Plan©. It is a non-threatening experiential model that uses the language and metaphor of sports to explore and inquire into one's performance in an easy, yet insightful way. No sports background needed.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply strengths and resources to help them overcome their opponents;
2. Distinguish their story narrative from past-based to a generative one in order to transform it.



## 24 WARM UPS IN PSYCHODRAMA AND GROUP THERAPY \*

**Lydia Yordanova (MSC), ZS Consult Educational, Counselling and Training Centre, Varna, Bulgaria**

Warm-ups are the required beginning of any psychodrama session. They are necessary for the ice breaking, for the development of trust, safety and group cohesion and are especially important for increasing the spontaneity of the group members. This workshop will demonstrate unique applications of warming up exercises for groups with various size and composition and with participants of different age. A number of warm up techniques will be demonstrated and experienced including some original modalities, created by the presenter.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the significance of the warming up as a process in the group work for new perspectives;
2. Identify 3 different warm up techniques in the group psychotherapy process

## 25 LOOKING BACK WITH COMPASSION: FORWARD WITH JOY

**Antonina Garcia, LCSW, RDT/BCT, TEP, NYU, Private Practice, Psychodrama Training Associates; Dale Richard Buchanan, LICSW, PhD, TEP, Private Practice, Psychodrama Training Associates**

When we blame, regret and hold resentments about the past, we short circuit present and future happiness. This training will offer techniques to assist clients in accepting their past with loving kindness and becoming grounded in the present, thus insuring their moving forward with hope, vigor and a zest for living.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Name two action techniques for engaging compassion;
2. Discuss a process for moving toward acceptance of challenging past events.

*This is a 2021 Award Winner's Workshop*

## 26 BIBLIODRAMA AS A WARM UP TO PSYCHODRAMA

**Patrick Barone, TEP, Michigan Psychodrama Center; Elizabeth Corby, PhD, TEP, Michigan Psychodrama Center**

In this Bibliodrama workshop we may be utilizing a variety of psychodrama interventions, such as the empty chair, role-reversal, and doubling, which is called "echoing" in Bibliodrama. Also, the intrapsychic lives of the Bible characters might be explored, and various objects in the story, mentioned or not, may be personified. After our Bibliodrama "warm up" a protagonist will be sociometrically selected. This combination of the modalities of psychodrama and Bibliodrama will add a further dimension to our work.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the "White Fire" of scriptures utilized and learn how to use this to develop a Bibliodrama;
2. Demonstrate the relevance, interplay and transition from the ancient stories to one's personal story will be demonstrated as the group moves from the Bibliodramatic material to an individual's personal work.

## 3:30 pm - 6:30 pm AFTERNOON WORKSHOPS

## 27 BRINGING ROLES TO LIFE AND LIFE TO ROLES

**Carolyn Skolnick, MA, LMHC, CP/PAT**

This workshop will be a playful study of roles and an introduction to role theory. The warm ups will be themed toward exploring the many roles participants have whether loved or hated, overdeveloped, underdeveloped, or only dreamed about. We will be using a role atom as well as improv to examine the relational, contextual, and complementary nature of roles.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply action methods as well as pencil and paper methods to work on issues regarding roles and role training;
2. Identify the sociometric importance of understanding role theory due to the complementary nature of the roles we play in life.

## 28 REFLECTING ON THE GODHEAD IN THE HERE AND NOW

**Dena Baumgartner, PhD, LMFT, LPC, CGP, CSD, TEP, Tucson Center for Action Methods and Psychodrama**

One of the concepts from the Buddhist perspective is the here and now. Spirituality defines the here and now, a time to act, pause, and reflect in our spiritual self. Moreno emphasizes using the here and now to dive deeper into one's Godhead. This workshop will use a psychodrama and sociometry to help participants to explain Moreno's idea of the Godhead and demonstrate the use of the sociometry term "locogram."

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain Moreno's idea of the Godhead;
2. Demonstrate the use of the sociometry term "locogram".

## 29 WHO SHALL SURVIVE?

**Louise Lipman, LCSW-R, CGP, TEP, Director, Psychodrama & Creative Arts Therapy, NYC**

Moreno believed that we could reinvent ourselves by using the Cannon of Creativity to challenge the cultural conserves of our times. The world turned upside down last year. We have been offered the chance to reboot, start over and see "Who will Survive". We will use the Cannon of Creativity to explore these options Psychodramatically.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the Cannon of Creativity to facilitate change;
2. Explain the theory of spontaneity and creativity .



## 30 THE TAO OF GIVING AND RECEIVING

**Marianne Shapiro, LMHC, TEP, Private Psychotherapy Practice, Rehearsals for Living group work in Bow, WA**

We will warm up to a state of spontaneity and creativity as we explore the Tao of Giving and Receiving with simple qi gong movements, mirroring gestures, sociometry, concretizations, sculpts, role plays, and psychodramatic vignettes. Action explorations will keep us in our bodies, interacting, and grounded as we try new solutions to old problems. Following the Tao is about being with what is and not forcing anything to happen. Creativity unites us.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply interactive action methods that explore the themes of connecting and disconnecting, giving and receiving, leading and following;
2. Demonstrate role training methods that reveal the reciprocal and complementary nature of role play.

## 32 THE DEVELOPING PROFESSIONAL SELF: USING ROLE THEORY TO INTEGRATE IDENTITIES

**Scott Giacomucci, DSW, LCSW, BCD, FAAETS, CP/PAT, Phoenix Center for Experiential Trauma Therapy, Mirmont Treatment Center, Bryn Mawr College; Amy Stone, MSS, LSW, CET III, CP**

The sum of our roles make up our identities as a person and professional. This workshop will provide an engaging opportunity to network and meet other developing professionals while creating or clarifying your career vision. The basics of role theory will be presented with emphasis on assessment and future projection. This workshop will challenge participants to consider creative integrations of various professional roles (such as group worker, social worker, author, researcher, teacher, and supervisor).

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the use of the Role Diagram for assessment and future projection;
2. Identify Moreno's stages of role development.

## 31 THE VALUE AND POWER OF SOCIODRAMA

**Rosalie Minkin, MSW, TEP, Private Practice, ASGPP**

# CLOSED

**7:30 pm - 8:30 pm**

**DIVERSITY FORUM:  
JOSHUA S. LEE, LCSW, CP/PAT**  
*Elevate Your Performance  
in Life's Diversity Game*

We are all "players" in this game called life. During this open session, we will explore our roles as players in the game called Diversity. By using the language and metaphor of sports, we will play with this topic inside of a sociodramatic framework, bringing spontaneity and creativity to co-create and establish, perhaps, new conserves within the ASGPP and in our personal lives. Like any good game, there are visible and invisible forces that impact the game, and vice versa. We will take a courageous look at each aspect through a micro and macro lens

Learning Objectives. After attending, participants will be able to:

1. Actively explore the social forces that impact the game called "Diversity" within a personal and societal context;
2. Co-create new cultural conserves that elevate their performance in the game called "Diversity".



## SATURDAY April 10, 2021

11:00 – 12:30 pm Sociatry and Social Justice Panel  
1:00 – 2:00 pm Social Lunch  
2:00 – 3:30 pm 90-minute workshops  
4:00 – 7:00 pm 3-hour workshops  
8:00 pm Dance and Tell Party

11:00 am - 12:30 am

### Sociatry and Social Justice Panel

The Sociatry and Social Justice Panel is a format that will happen regularly throughout the year to let membership know what other members are doing in the field of Social Justice. It offers the opportunity to ask questions about methods, results, challenges and successes of panelists' work. The hope is that it will add to and augment the offerings of the Sociatry and Social Justice Committee.

The focus is on social justice work using Moreno's methods and will include people who represent other methodologies as well. The first panel will include: Nina Garcia presenting about her and her colleagues work: Sociodrama for Social Action Now; Ed Schreiber: Sociatry and the Use of The Social Microscope; Paula De Franco will discuss multiculturalism and bias, as well as the 21 Day Anti-Racism Challenge, a collaboration between a YWCA (Glendale, CA) and Saybrook University for which she was a reviewer and a participant.

### 2:00 pm - 3:30 pm 90-MINUTE WORKSHOPS

#### 33 INTRODUCTION TO PSYCHODRAMA FOR ADDICTION TREATMENT CENTERS

**Basil Vareldzis, MD, MPH, CP, CEO, Quality Management Associates**

Psychodrama is a powerful and effective tool for working with addicted populations. This largely experiential workshop presents the use of action techniques for the treatment of addictions.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply selective psychodrama action techniques for effective work with addicted individuals;
2. Explain Psychodrama, doubling, role taking and role reversal, while appreciating the power and effectiveness of psychodrama action techniques.

#### 34 FIRST-YEAR EXPERIENCE: A PSYCHODRAMA APPROACH TO SURVIVING THE TRANSITION TO HIGHER EDUCATION \*

**Benedicte Astor Onarheim, Trainer, Vinco Bergen / Member of PIN Norway, Psykodramaregissør Norway**

The transition to higher education is often experienced as both stressful and difficult, and in the worst-case lead to emotional and psychological problems, and premature dropout. Recent studies have shown that more than 30 % of students at colleges and universities around the world abandon their studies before completion, and are particularly vulnerable during the first year. This workshop will show how psychodrama techniques and methods were used to help at-risk students develop personal skills and network opportunities that enabled them to survive the first-year experience at a large business school in Norway.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Understand and apply alternative approaches for addressing first-year stresses experienced by students in higher education;
2. Identify common themes and interventions for increasing creativity and spontaneity within a higher education setting, and enabling students to cope with the transition stresses they encounter on a daily basis.

#### 35 A DR. SUESS BIBLIODRAMA WARM-UP ON MORENO'S "SPONTANEITY AND CREATIVITY"!

**Darlene Vanchura, LPC, ASGPP, Expressive Therapies & Training Institute, Bridging Harts, Association for Play Therapy, Keller Counseling Association Board**

A very Fun workshop (Did I say Fun?) as participants will play along with Marco's walk to school. Participants will learn about Moreno's thoughts on "Spontaneity and Creativity" (of which students of Psychodrama already know) by actively engaging in the same. Fun for seasoned Psychodramatists (Hey, Why Not?) and newer Psychodramatists alike. This bibliodrama can be used to introduce Psychodrama to others & a warm-up as well. And, Trust me on this, It's Fun!!

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize factors affecting spontaneity and creativity, perhaps even as it applies to their own development;
2. Demonstrate some of these factors affecting spontaneity and creativity.

## 36 PSYCHODRAMA IN INDIA – A CULTURAL ENCOUNTER AND A FORMAT CHANGING PROCESS \*

**Jochen Becker-Ebel, PhD, CCPA, Owner of PIB and Vedadrama India; ISPS, IAGP and DFP CCPA**

Studies show JL & Zerka Moreno tried to establish Psychodrama in India as early as 1954. However, four of the planned journeys were canceled. Only since 2012 has India experienced regular training groups. This workshop presents the history of Indian Psychodrama, shows the latest developments and transcultural changes and incorporates Hindu Culture to explore family conserves, inclusion of Indian act-hunger and rituals.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Discuss the History and Challenges of bringing the concept of Psychodrama to non-western countries;
2. Identify some new rituals, methodologies, attitudes freshly (re-)discovered in India within ones own practice.

## 37 NUTS AND BOLTS OF ROLE TRAINING

**Sonora R. Thomas, LMHC, APA; Betty Garrison, MEd, NADTA;**

Moreno said that the more roles we have the healthier we will be. Role Training is often seen in the middle of a psychodramas but rarely taught as a structure by itself. This workshop will teach the theory of Role Training and include an experiential component.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify when Role Training would be a useful structure to use;
2. Apply the Role Training technique with their clients or group members.

## 38 FULFILLMENT OF THE DREAM: HONORING OUR ANCESTRAL PROMISE FOR FREEDOM

**Stacey L. Reicherzer, PhD; Fatma Salem, MA**

Our ancestors' stories have much to teach us, if we're willing to listen. For descendants of hardship, these stories bear witness to persistence, finding beauty, making art, and maintaining a profound faith that their children's children might live a vastly different reality from their own. In this experiential group, we'll honor their struggle, experiencing new ways to give it meaning in our present reality. We'll leave group committed to fulfilling their wish for our freedom.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe: an ancestor's personal symbol of freedom in the world they occupied;
2. Demonstrate the ancestor's expressed wish for freedom of a future generation.

## 39 TELE-BODY: ~ THE ENERGY OF ACTION

**Tzivia Stein-Barrett, LCSW, CP E-RYT**

Moreno had philosophical connection to mystical teachings, and with the Divine, he identified that humans have a Godhead within, whose Creativity and Spontaneity is noted though Tele; a two way energetic resonance or intuitive knowing between people. Within lecture and movement experiences, we will explore east/west philosophy connecting Energy's role in human development; and, how using posture, movement and energetic mapping can affect physiology and enhance psychodrama enactment.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply a Chakra Assessment Map to address client issues;
2. Describe how body postures can affect energy and assist their client's in-depth psychodrama work.

## 4:00 pm - 7:00 pm AFTERNOON WORKSHOPS

### 40 EMPY CHAIR: NEW WORLD ORDER MORENO'S FIRST PSYCHODRAMA

**David Moran, MSW, LCSW, CADC, TEP, I Like Me Now LLC Proprietor** Workshop will revisit Moreno's "EMPTY CHAIR", A call for a New World Order. Participants will receive the history of the 1st Psychodrama and the power of the Empty Chair. As with the history of Psychodrama this workshop will expand on the Empty Chair to surplus reality, role reverse, and the awareness of the "other" and the measure of our sociometric connections.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the details of Moreno's first Psychodrama, and the power of that First experience and the utilization of the "EMPTY CHAIR";
2. Demonstrate the power of the "Empty Chair" as a foundation of Psychodrama and Sociometric interactions that allow us to view the "other" and ourselves from the "other" perspective".

### 41 THE LOST SELF: TRAUMATIC BRAIN INJURY/ TRAUMA AND IDENTITY

**Deborah Karner, LCSW, TEP, PProspect/Crozer Keystone Health system; ASGPP, NASW, International Society for Traumatic Stress Studies (private practice); Colleen Baratka, MA, TEP, Private Practice** There is a tsunami of role change after an mTBI/Trauma which often results in severe identity confusion and relational challenges in all systems: family; employment; legal; medical among them. This workshop will explore the responses of the mTBI and Traumatized brain to daily events and use Moreno's role theory to contextualize individual and systems treatment.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize from a neurological perspective a person's changed response to daily life events after experiencing an mTBI and trauma;
2. Describe how to contextualize treatment for the challenge of role change and role loss after experiencing an mTBI and trauma using Moreno's Role Theory.

## 42 THE METHOD IS A SPIRITUAL PRACTICE

**Edward Schreiber, DD, MEd, TEP, Community Mental Health, Zerka T. Moreno Foundation, Lesley University**

Embedded into the method are formulas and codes for the awakening of "the autonomous healing center". The place where we find the pure Intelligence of the Godhead. This workshop digs deep into the origins of the method to expose its mystic core practices.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the spiritual mysticism at the center of the method;
2. Apply the center of the method as a spiritual practice for all mankind.

*This is a 2021 Award Winner's Workshop*

## 43 SOCIAL ATOMS: THE KEY TO SUSTAINABLE CHANGE

**Jennifer Salimbene, LCSW-R, CASAC, CDAC, TEP, Private Practice; Regina Sewell, PhD, MEd, LMHC, PCC, CP, Hudson Valley Psychodrama Institute**

In this didactic and experiential workshop, we will demonstrate how to use the social atom to help clients make and sustain positive changes. Exploration of their interpersonal relationships helps clients identify which of their relationships they need to eliminate or shift and which relationships they need to strengthen or develop in order to make/and or maintain positive changes. We will demonstrate how to incorporate this exploration into a psychodrama.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to use the Social Atom to help clients make positive changes;
2. Describe Social Atom, and Psychological Social Atom.

*This is a 2021 Award Winner's Workshop*

## 44 ACCESSING RESOURCES AND RESILIENCY IN ACTION: TRANSFORMING POWERLESSNESS INTO EMPOWERMENT

**Julie Wells, LCSW, CP, TEP, Suncoast Psychodrama Training, IAGP, ABE, ASGPP**

Come join us as we create a Psychodramatic Resiliency Timeline using action and embodiment skills to identify, concretize and build on inter, intra, and transpersonal strengths. By creating a living timeline marking periods of crisis and resiliency, resources from the past are materialized and externalized in the "Here and Now". By "resource mining" using trauma-informed practices, we can experience the transformative power of psychodrama that allows clients to find healing and empowerment.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between inter, intra and transpersonal strengths and resources;
2. Define a psychodramatic resiliency timeline and describe 2 other ways to use a timeline to build strengths.

## 45 NEVER LET A GOOD CRISIS GO TO WASTE: GOLDEN NUGGETS MINED FROM THE PANDEMIC

**Nancy Kirsner, PhD, CPP, TEP, Private Practice**

"I first heard the phrase "Never let a good crisis go to waste" in a lecture by Dr. Tal Ben-Shahar. The phrase is a worthwhile lens to use while prospecting for our learnings and growth—the golden nuggets within this experience. In positive psychology, we call this being a benefit finder versus a fault finder. Finding benefits in adverse situations requires cognitive reappraisal and is a good means of coping and adaptive functioning during difficult times. To hold on to some of these changes that have brought a better quality of life and other gifts, we need to consciously activate the three Rs of real change: reminders, repetition, and rituals.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe cognitive reappraisal: Utilize your strengths of perspective and prospecting as a different lens;
2. Identify your learnings and aspects of living that are golden nuggets and how you will carry them forward.

## 46 INTEGRATING ART THERAPY, PSYCHODRAMA & CONTEMPLATIVE PRACTICES TO ENHANCE CREATIVITY \*

**Ning-Shing Kung, MEd, ATR-BC, Adjunct Therapist in St. Clare's Hospital, NJ, AATA**

Common concepts in art therapy, psychodrama, and somatic awareness can be woven together seamlessly to inform, enliven, and strengthen the therapeutic process in work with individuals and groups. This 3-hour workshop will highlight core concepts of creativity and spontaneity through a sequence of activities that magnify therapeutic results physically, emotionally, and cognitively. Combining lecture and demonstration, participants will have the opportunity to explore approaches from drama therapy, storytelling, and mandala drawing. This multimodal, integrated approach can be used with a variety of populations across the lifespan. Together we will consider how participants can incorporate these techniques into the work they are currently doing to facilitate maximum transformation in treatment with their clients. No previous experience in any of these disciplines is required.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the psychodrama concepts of creativity and spontaneity in other expressive therapy approaches by integrating body movement, art making, and role playing/drama;
2. Apply sociometry nonverbally in expressive group therapy.

8:00 pm

## Dance & Tell Party

A zoom dance can happen when we are willing to share ourselves by connecting and communicating through dance and artistic performances. This event promises to be joyful and to open our minds to the ever changing world of internet expressive connections.

If you have a talent to perform or you'd like to teach a dance please contact our Dance Chairs, Colleen Baratka or Dave Moran at [dypsychodrama@gmail.com](mailto:dypsychodrama@gmail.com). If you know of another attendee who would like to share their talent, please give them our contact information.



## SUNDAY April 11, 2021

10:00 – 1:00 pm 3-hour workshops  
1:00 – 2:30 pm ABE Conversation/Social Lunch  
2:30 – 4:00 pm Tribute to 100 Years of Psychodrama  
4:00 – 5:00 pm Closing

### 10:00am - 1:00 pm MORNING WORKSHOPS

#### 47 TIMELESS WISDOM FROM THE EMPTY CHAIR. FINDING HOPE AND JOY

**Anath Garber, TEP, PDD, Institute of Applied Human Relations**

"The world is a narrow bridge and the most important thing is not to be afraid at all." Be joyful! (Rabbi Nahman). Both J.L. Moreno and Rabbi Nahman, the 18th century mystic who translated the intricate kabalistic writings into healing techniques promoting joy, utilized the empty chair. We will compare Moreno's "Theater of Truth" with Rabbi Nahman's practical wisdom as ways to find joy. This workshop will contain a full psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe Moreno's Empty Chair and Rav Nahman's Empty Chair;
2. Demonstrate at least one technique for pursuing joy and peace of mind

#### 48 TSM PSYCHODRAMA: SAFETY AND STRENGTHS FOR GROWTH \*

**Dr. Ina Hogenboom, MSc, NIP A&O, Trainer, Board of examiners for CP & TEP (NBES), Dutch Associations for Psychologists (NIP, NVPA), Associations of psychotherapy modalities (NAP, VMP)**

This workshop presents the TSM safety structures in a playful and experiential manner. Come prepared to be active in your body and be open to spontaneous fun. The Therapeutic Spiral Model (TSM) is an experiential therapy to treat trauma and promote post-traumatic growth. TSM is based, among other things, on psychodrama, attachment theory and recent neuroscience findings. Learn to work actively and creatively with safety through strengths, containment and sociometric structures and learn how to increase the group's spontaneity that can lead to post-traumatic growth.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply TSM safety structures in their own therapeutic practice;
2. Identify ways to hold a protagonist within their window of tolerance for healing and change.

#### 49 FROM ANXIETY THROUGH PSYCHODRAMA TO SPONTANEITY

**Galabina Tarashoeva, MD, PhD, Psychodrama Center & Psychiatric Practice Orpheus, Sofia, Bulgaria, Medical University Sofia, department of Psychiatry**

The results of our research "Some aspects of effectiveness of psychodrama therapy with patients with panic disorder" show that psychodrama is an effective method for reduction of anxiety and increase of spontaneity; and these effects continue for 6 months after completing the course of treatment. We found significant in strength and a statistically significant negative correlation between changes in spontaneity and anxiety values for all subjects. Increased spontaneity was also associated with an increase in mental well-being.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe correlations between anxiety and spontaneity;
2. Explain why psychodrama is an effective method for therapy with patients with panic disorder

#### 50 THE GENOGRAM IN ACTION: ANCESTRAL PSYCHODRAMA

**Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute**

Ancestral psychodrama gives group members the chance to experience the struggles and triumphs of early family members, and can help them clear out unfinished business that has left lingering imprints which impact current descendants and may affect future generations. Participants will learn and practice this use of extended role reversal as a way of healing energy blocks.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between ancestral psychodrama and traditional psychodrama;
2. Demonstrate the use of expanded role reversal to better understand familial influences



**51** CHILDWORK/CHILDPLOY:  
ACTION METHODS WITH CHILDREN

**Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute**

Psychodrama, sociodrama and playback facilitate the healing of wounded children. This workshop will focus on group work with children, ages five through twelve, who are victims of abandonment, abuse, trauma and domestic violence. Specific action structures that allow children to tell their stories, express strong feeling and find new roles will be demonstrated including the psychodramatic and sociodramatic empty chair, multiple doubles, the inner and outer circle and the use of fantasy figures and superheroes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish between appropriate use of psychodrama versus sociodrama;
2. Identify and describe three action structures that may be used with children.

**52** TRANSFORMING ADDICTIVE PROCESSES:  
SHOWCASING THE EMPTY CHAIR

**Shelley Korshak Firestone, MD, University of Chicago Department of Psychiatry, Chicago Psychotherapy & Psychiatry**

This workshop presents the cutting edge model of treatment for addictions, trauma, and a range of impulsive, compulsive and other mental health problems. Showcasing the use of the empty chair, we demonstrate five basic roles operative in all our relationships, revealing the secrets of the addict within.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define addictive and dysfunctional processes as relational disorders, recognizing the preference for engaging in unhealthy or addictive behaviors over engaging with people, and appreciate the importance of trust and belonging in the recovery process;
2. Apply the technology of the empty chair and other action techniques to the treatment of addictions, trauma, and a range of impulsive, compulsive and other mental health problems.

**53** CO-CREATION AND CONNECTION IN A TIME OF  
DISCONNECTION

**Valerie Simon, LCSW, CET II, TEP, The Inner Stage**

We will explore what blocks us from connecting with others in our spontaneity and creativity. After a warm-up we will have a didactic piece about the Canon of Creativity. Through walking the Canon we will explore ways that we can become stuck in cultural conserves, as well as social or emotional ones. A short psychodrama will be conducted followed by sharing and processing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify one block in his/her/their spontaneity and creativity;
2. Recognize one way to increase spontaneity and creativity by utilizing the Canon of Creativity.

**1:00 pm - 2:30 pm**

**American Board of Examiners  
in Psychodrama, Sociometry  
& Group Psychotherapy  
Conversation Hour**

Join the ABE officers and directors to learn about new policy initiatives, share your comments and ideas, and ask your questions about the certification standards and protocols. This year, our focus will be on discussing pandemic accommodations, hearing about your successes and challenges with distance learning and other online psychodrama work, and sharing information and eliciting feedback on an initiative exploring new, alternative pathways to certification.

Let us hear from you at this informative session.

**2:30 pm - 4:00 pm**

**Tribute to 100 Years  
of Psychodrama**

**Featuring: Jonathan Moreno, Regina Moreno, John Nolte, Anath Garber, & Marcia Karp (UK)**

We invite you to attend a tribute to honor 100 years since Jacob Moreno's first use of the empty chair. This event will celebrate the oral history and stories of encounter from those who had direct experience with Jacob Moreno. The stories of our history will be amplified to assure that they live on in our collective memory. This Tribute will be recorded to conserve the narratives of our History Keepers and make them available to future generations of psychodramatists. Join us in this tribute to the spontaneity-creativity of J.L. Moreno and 100 years of psychodrama!

**4:00 pm - 5:00 pm**

**Closing Ritual and  
Passing of the Torch**

You are invited to the ASGPP Conference Closing Ceremony.

Come celebrate the 100th anniversary of the birth of Psychodrama and share moments from our first virtual ASGPP Psychodrama Conference. There will be Playback Theatre and a passing of the torch to the 2022 conference committee in Chicago. Please join us!

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# PSYCHODRAMA

& Creative Arts Therapy Institute, NYC



## 25th Annual Residential Fall 2021

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## Saturday Workshops 2021

April 3; May 1; June 5;  
July 25; August 7; September 18;  
November 6; December 4

## Psychodrama / Directing Workshops

April 30 – May 2  
July 23 – July 25

- Exam Prep Group for 2021  
March – October
- PAT Monthly Training &  
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Begins April 2021
- Weekly Psychodrama  
Training Group
- Trial Consultant

## Louise Lipman, LCSW, CGP, TEP

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CEUs available.

*All events will be virtual until it is safe to gather  
in person according to CDC guidelines.*

## HUDSON VALLEY PSYCHODRAMA INSTITUTE

Judy Swallow, MA, TEP & Rebecca Walters, MS, TEP

### On Line Spring Workshops

April 18: Art Therapy in Action  
Ning-Shing Kung

May 2: Integrating Art Therapy with Psychodrama  
Ning-Shing Kung

May 7: Healing Eating Disorders with Experiential  
Methods  
Cathy Nugent and Linda Ciotola

May 23: Stages of Change in Action  
Jenny Salimbene and Regina Sewell

### In-Person Summer Programs

August 12-16: Directing Intensive  
with Rebecca Walters

August 19-23: Summer Psychodrama Intensive  
with Jenny Salimbene, Deb Shaddy & Judy Swallow

Check out the Addiction, Eating Disorder and Creative  
Art Therapy Tracks on our website for new trainings and  
articles of interest

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#### \* Post Graduate Diploma Course in Psychodrama

(2 years) Indian Institute of Psychodrama (IIP), in collaboration with Tata Institute of Social Sciences (TISS), (a multi-campus research university), offers a low-residency intensive program with a faculty of international trainers, in Chennai, India. The course involves 630 training hours. The course fee is USD 1,800 (per year). Admissions are open for March 2022.

Additional info about the course is at

<https://centerforcounselling.org/portfolio/pg-diploma-in-psychodrama-2019-2020-chennai/>

\* The Indian Institute of Psychodrama also offers internships for International students or volunteers.

Please contact us for additional information:

Ms. Magdalene Jeyarathnam, MSW, CP (Director, IIP).

Email: [info@indianinstituteofpsychodrama.org](mailto:info@indianinstituteofpsychodrama.org)

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## DELAWARE VALLEY PSYCHODRAMA COLLECTIVE

A Regional Member of the American Society of Group Psychotherapy and Psychodrama

### MONTHLY TRAINING 2021: A YEAR OF SOCIAL JUSTICE

- 03/27/21 "Someday is Now: Embodying the Roles of Social Justice"; Karen Carnabucci, LCSW, TEP
- 04/24/21 "Shamanic Approaches to Stories and Healing from a Social Justice Perspective"; Michael Watson, MA, PhD, LCMHC
- 05/22/21 "Social Justice or Social Welfare: To Be or Not to Be Civil or Human?"; Onaje Muid, MSW
- 06/26/21 "Isms, Phobias & Me? Oh, My! My Road to Social Justice."; Uneeda Brewer, MSW, CP, PAT and Colleen Baratka, MA, TEP
- 07/24/21 "Using Sociograms & Psychodramatic Techniques to Discover & Promote Group Intention Related to Social Justice"; Deborah Karner, LCSW, TEP

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## The Magic of Growth and Change

co-facilitated with special guest Guy Taylor

9:30 AM-12:30 PM CDT  
Saturdays

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September 25, October 23, November 20, and December 18  
PLUS FUNDRAISING EVENTS: March 13, April 10, May 1,  
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November 6, and December 4

The cost is \$95 per session, with a sliding scale (\$25-\$95) based on need, if we have enough people and if you register in advance. Registration will close on the TUESDAY at NOON before each workshop, or when we have ten participants.

If you would like to participate, please let us know by voicemail, phone (312) 671-3110 or email [sjschicago@juno.com](mailto:sjschicago@juno.com). Questions? Please text 312-671-3110. We look forward to your joining us...!

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## Social Justice The Social Microscope

"Human society has an actual, dynamic, central structure underlying and determining all of its peripheral and formal groupings." "It exerts a determining influence upon every sphere in which the factor of human interrelations is an active agent." "Its existence can be brought into an empirical test by means of social microscopy." "There is a primordial nature, which is immortal, a first universe which contains all beings." J.L. Moreno

The Social Microscope, a social justice action tool, is embedded within the writings of J.L. and Zerka Moreno. After two decades of research and practice, the Social Microscope is ready to be shared, to show in action the underlying structure of society, to help to heal the fabric of our culture. The Social Microscope – education and training – is available to individuals, groups, and organizations, as a mentored program of basic ideas and action learning.

For information:  
Edward Schreiber, TEP  
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edwschreiber@earthlink.net / 413-695-6557



Jaye Moyer, LCSW, TEP and Jacquie Siroka, LCSW, TEP

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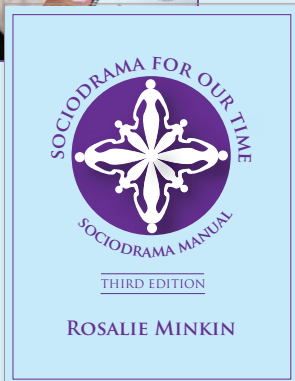
*These "Time In" afternoons are offered in the  
heart-felt tradition of "Dana".  
We gladly receive what is freely offered.*

## SOCIODRAMA FOR OUR TIME A SOCIODRAMA MANUAL

By Rosalie Minkin, TEP



This 54 page manual illustrates four structures with which to construct a sociodrama for a variety of settings including organizations and educational systems. The step-by-step manual illustrates the basic sociodrama procedures, from "Warm-Up" to "Integration." — \$20



**CONTACT:**  
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# TRAINING DIRECTORY

## PSYCHODRAMA & GROUP PSYCHOTHERAPY TRAINING

### **National Psychodrama Training Center**

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### **Oklahoma Psychodrama Institute**

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### **Psychodrama & Creative Arts Therapy Institute, NYC • Trial Consultants**

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### **PsychodramaChicago**

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Kate Merkle, MSW, WPH, RD, LDN, CDWF  
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### **Psychodrama New Jersey LLC Psychotherapy & Professional Education**

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### **Psychodrama Training Associates: Groups in Florida & New Jersey**

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### **Psychodrama Training Institute of The Sociometric Institute**

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### **John Rasberry, LMFT, TEP Psychodrama and Sociometry**

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### **Suncoast Psychodrama Training**

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### **TCPSO – The Centre for Psychodrama and Sociometry of Ontario**

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### **Tucson Center for Action Methods and Psychodrama (T-CAMP)**

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**Check with the Institutes / Trainers for workshops and training opportunities plus locations,  
as many offer trainings in multiple states and internationally.**