



THURSDAY April 8, 2021

10:00 – 1:00 pm 3-hour workshops
1:00 – 2:00 pm Social Lunch
2:00 – 3:00 pm **KEYNOTE ADDRESS** — Tian Dayton, PhD, TEP
The Power of Connection and Identification.
Floor Checks: Teaching and Healing Experientially

Research in neurobiology has made clear that our emotions are experienced and processed by the body as well as the mind and that healing from the kind of trauma that living with addiction engenders requires a mind/body approach. Psychodrama and sociometry allow the body to participate in the therapeutic milieu. In this experiential workshop we'll look at how to use sociometry to explore issues related to trauma and addiction as well as to "warm up" a group, connect them with each other and their personal "stories".

Learning Objectives. After attending, participants will be able to:

1. Expand a restricted range of affect that can be the result of trauma;
2. Allow the group to become comfortable identifying, articulating and sharing emotion.

3:30 – 6:30 pm 3-hour workshops
7:30 pm Awards Ceremony/Social Dinner

10:00 am - 1:00 pm MORNING WORKSHOPS

6 EXPANDING EXPERIENCE OF THE FOUR UNIVERSALIA THROUGH DRAMA & MUSIC THERAPY

Barbara McKechnie, LPC, LCAT, CP/PAT, Exceptional Wellness Counseling, Manalapan, NJ;

Amy Clarkson, MMT, LCAT, CP/PAT, Exceptional Wellness Counseling, Manalapan, NJ & Montclair State University

In the application of psychodrama, Moreno collapsed time into the present moment, used a stage or transitional space to enliven and contain the story, Expanded reality to include that not yet lived or only imagined, and took us beyond our personal experience into the cosmos. In this workshop we will integrate psychodrama, drama and music therapy methods in the exploration and application of the Four Universalia.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the Four Universalia;
2. Describe one music or drama therapy method to support the protagonist experience of altered time, space, reality or the cosmos.

7 ACTIVATE YOUR FAMILY GENIUS: A TRIBUTE TO DR. MORENO'S HERITAGE *

Cristina Schmidt, Private Practice in Romania, Member of Romanian Classical Psychodrama Association

2020 provoked us to cope with a lot of challenges. The result of our effort has positive and negative significance as well.

One of Dr Moreno's ideas is that 'Every family has its genius' and my proposal is to use the transgenerational family genius, a huge resource, in order to deal with our life issues provoked by 2020 challenges.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply psychodrama techniques in finding life solutions in our transgenerational heritage;
2. Identify and discover our transgenerational family genius.

*NOTE: Workshops that do not meet ce-classes.com criteria for CE credit are identified with a **

8 FROM ALGORITHM TO CONNECTION: THE POWER OF SOCIOMETRY

Deborah Shaddy, LCPC, Hudson Valley Psychodrama Institute, Sophia Center, LLC

Deep divisions, whether based on political and religious identities or specific issues (immigration, abortion, gun control), impede our ability to see and hear each other. It's increasingly challenging to break through our bubbles of like-minded others. Through Moreno's gift of Sociometry, we have tools that encourage nuanced views of other positions and the people who hold them. Experience sociometric structures that are useful in reducing this separation/polarization and identify situations in which structures can be used.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify three sociometric structures that can be used to assist individuals and communities overcome polarization;
2. Demonstrate three sociometric structures that can be used to assist individuals and communities overcome polarization.

9 SYSTEMS THEORY AND TRANS-GENERATIONAL PSYCHODRAMA

Jacob Gershoni, LCSW, TEP, Psychodrama Training Institute, A Division of the Sociometric Institute NY

Moreno is one of the earliest pioneers of systemic thinking and family therapy, viewing each person in his/her context. Thus, he considered many forces that shaped the persons and their relationships: parents, ancestors, siblings, community, spiritual heritage, current events and more. In this workshop we will explore how our past and various systems affect present relationships. Using sociometry and psychodrama we will look at how we develop social, personal and intimate connections to others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify numerous warm-up techniques predicated on sociometry;
2. Explain ONE of the concepts, tools or approaches that participants will come away with after attending your session.

10 BIBLIODRAMA MEETS FAMILY CONSTELLATIONS:
HEALING ON BOTH SIDES OF THE STORY

Karen Carnabucci, LCSW, TEP, Private Practice, Lancaster, PA;
Tamar Pelleg, MA, CP, Private Practice

CLOSED

11 COLOURDRAMA – GIVING COLOUR A VOICE FOR PAST,
PRESENT AND FUTURE *

Mark Wentworth, International Executive Board member of ASGPP

By giving colour a coherent shape, a voice and an action we will learn what colour has to teach us. Colour drama creates colour stories, through colour stories we create inner resilience to be able to deal with the world and all it has to offer. Colour inspires us to be the best we can be, importantly it gives permission for us to feel worthy of all the gifts and wonder that life has in store.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the emotional and mental responses to different colours;
2. Apply the basics of colour drama in their practice.

12 LOOKING AT SOCIOMETRY IN A GROUP'S WARMUP,
ENACTMENT AND SHARING

Nan Nally-Seif, LCSW, TEP, Psychodrama Training Institute, a Division of the Sociometric Institute NYC; Adjunct instructor Fordham University, School of Professional and Continuing Studies

This workshop will explore how sociometry appears in all aspects of a psychodrama group session. Sociometry serves as a bridge between a person's internal state and their way of connecting to people. This workshop will be didactic and experiential, focus will be on various sociometric techniques and the information that can be gained by looking for the sociometric connections in all three phases of the group.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify Sociometry and its importance, and identify various Sociometric techniques;
2. Recognize how Sociometry appears in the warmup, enactment, and sharing of a Psychodrama group and how this valuable information aids the director.

3:30 pm - 6:30 pm
AFTERNOON WORKSHOPS

13 SOUL WORK – NOT SOCIAL WORK: USING PSYCHODRAMA
& SOCIOMETRY TO WORK WITH TRAUMATIC LOSS

Barbara Guest Hargin, BEd, MSW, TEP, Ontario College Social Workers, Ontario Society Psychotherapists, ABE; Yvette Perreault, MA, Retired director of The Aids Bereavement and Resiliency Program of Ontario, Association of Death Education and Counselling, Canadian Association of HIV/AIDS Research

For workers responding to traumatic losses, experiences of 'overwhelmed, burned out and vicarious traumatization' are common. This workshop will demonstrate how regular team support using psychodrama with a group of front line HIV/AIDS workers enabled a team to effectively debrief and unburden, deepen their sense of meaning and purpose in their work and support the creation of a resilient caring community that actualized self care and collective care.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the impact of working with trauma and multiple loss and will have ideas about specific tools that supported the sustainability of this particular strong, bonded, resilient team;
2. Recognize the value of regular experiential debriefing among front line workers who are also faced with ongoing traumatic loss situations and are seeking innovative team based responses in order to avert burnout and disengagement.

This is a 2021 Award Winner's Workshop

14 LOVE THE RAINBOW! INSPIRE DIVERSE TEENS WITH
MUSIC & THEATRE!

Cynthia Freeman-Valerio, LPC, ARTSOUL, Inc. & Creative Therapy Unlimited

What does it take and how do you to bring together a rainbow of youth from dysfunctional, impoverished, abusive and historically traumatized backgrounds to work together in the performing arts in insular communities? Successful musical and theatrical projects engage youth, inspire leadership, involve positive sociometry, teens role modeling cooperation, responsibility, excitement, spontaneity, self-expression and openness while working together for their community. Inclusive events produce healthier human beings, successful artistic ventures and strengthen diverse communities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how to envision, create, produce and direct performing arts' showcases for local youth that inspires local youth and families and works in diverse communities;
2. Apply the information and skills learned into replicating performing arts' showcases with local youth and adults in the diverse communities of the workshop participants.

15 THE SOCIOMETRY OF COMPASSION:
ACTION AND REFLECTION

Jacquie Siroka, LCSW, BCD, TEP, Sociometric Institute of New York, Integral Therapy, Psychodrama Institute of New York;
Jaye Moyer, LCSW, TEP, Sociometric Institute of New York, Integral Therapy, Psychodrama Institute of New York

The Benefactor practice helps us to recondition the negative narratives of who we think we are, so that we can access the deeper potential of who we really are. Benefactor moments occur between people all the time: our armor prevents us from noticing them or experiencing them in our bodies and hearts. The compassionate support of the Benefactor practice allows us to investigate difficult encounters with more ease and live with more authenticity and ease.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the “internal holding environment” and two conditions that develop and support it;
2. Utilize one projective technique: The” Benefactor” Atom.

16 ACTION APPROACHES TO EXPANDING SELF-AWARENESS
IN CLINICAL SUPERVISION

John Sherry, PhD, University of Northern British Columbia

This workshop will focus on the importance of self-reflection in our clinical work with an emphasis on the way in which our own attachment style affects our clinical work as clinicians and supervisors. A variety of creative, experiential and psychodrama activities, group process, writing exercises and other creative approaches focused on moving supervisees from content to process will be discussed and demonstrated.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize their own attachment style and how it influences their work as clinicians and clinical supervisors;
2. Demonstrate a variety of interactive, experiential clinical supervision approaches to address supervisees' attachment style.

17 PSYCHODRAMA AND HEALING THE CHILD WITHIN

John Skandalis, LMHC, TEP, Private Practice

The theme of the workshop is healing aspects of the inner child using psychodrama and corrective parenting techniques. We will be warming up as a group and warming up to aspects of the inner child that need healing: A corrective experience around being parented so they receive the structure, meaning making or nurture that was missing in their childhoods. We will enact personal stories and enroll workshop members to play healthy parent roles followed by sharing and processing of the work done.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize that the strong emotions they can have are often about their inner child. And that they can interact with the inner child using psychodrama to meet that parts unmet needs;
2. Describe their three interior ego states: child, adult and parent egos, and how to create a healthier parent ego in them to help the neglected and hurt child within.

18 SCENE SETTING OUR LIVES: A LOOK AT HOW CLIENTS
CREATE AND RE-CREATE THE DRAMAS OF THEIR LIVES

Paul Lesnik, CSCSW, TEP, ASGPP, CSCSW, ABE;
Lin Considine, LMHC, TEP, ASGPP, CSCSW, ABE

Clients often re-create scenes from their past that bring “drama” into their present life. These scenes are often deep-rooted and often unconscious. The action methods of psychodrama offer many opportunities to set scenes to explore the stories that create our lives and move these stories toward an alternative ending. Workshop participants will explore these opportunities in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 2 or more ways that sense memory and other triggers are explored in psychodrama, complementary expressive arts and evidence-based modalities;
2. Describe 2 or more psychodrama techniques that can be used in individual or group settings to redefine troubling “scenes” for clients.

19 PSYCHODRAMA AS SOCIAL JUSTICE INTERVENTION:
BRIDGING THE MACRO-MICRO DIVIDE

Scottie Urmev, LCSW, TEP, Psychodrama NJ, Monmouth University
Alexis Jemal, LCSW, LCADC, JD, PhD, Silberman School of Social Work at Hunter College

CLOSED

7:30 pm

Awards Ceremony

Co-masters of Ceremony:

Cathy Nugent, 2019 Jacob Moreno Award recipient &
Mario Cossa, 2019 Innovator's Award recipient

ASGPP awards acknowledge members who have made
outstanding contributions to our community.
Come join as we celebrate their contributions.