

# DIVERSITY FORUM

## JOSHUA LEE, MSW, LCSW, CP/PAT



Joshua S. Lee is a mental health professional and executive life coach. Licensed in the state of Maryland with he has more than 19 years of experience providing services to public schools, churches and other community-based organizations. He is owner of UMOJA Integrative Behavioral Health Systems, a behavioral health training organization, specializing in working with new and inexperienced practitioners, social entrepreneurs, and church leaders to assist them in observing their worlds in a multi-dimensional way leading to powerfully different results. Additionally, he has developed highly engaging, experiential coaching model called The Game Plan for Better Living<sup>©</sup>. By using the language and metaphor of sports, individuals, groups and organizations are coached to use their inherent strengths and resources to overcome their “opponents” in life.

## Elevate Your Performance in Life's Diversity Games

We are all “players” in this game called life. During this open session, we will explore our roles as players in the game called Diversity. By using the language and metaphor of sports, we will play with this topic inside of a sociodramatic framework, bringing spontaneity and creativity to co-create and establish, perhaps, new conserves within the ASGPP and in our personal lives. Like any good game, there are visible and invisible forces that impact the game, and vice versa. We will take a courageous look at each aspect through a micro and macro lens .