



## From the ASGPP President

Linda Condon, LMHC, TEP

I am filled with great hope and eagerness at the promise and possibility 2016 holds out to ASGPP and its members.

There are days when it can feel as though we are stuck and spinning our wheels. We clumsily step on each other's toes, wrestle to understand our disagreements, and struggle to find our way. Too often loyal and devoted members have quietly slipped away into the night of disillusionment and we have simply lost touch with many valued past members of our community. It's so sad, to watch this dynamic happen. We are by no means a perfect group. It's our vulnerability and willingness to be known, change, forgive and grow that connects us. It's my hope, as President, that we can reach out to some of those who have 'slipped away' and invite them back. Our ever changing sociometric connections with one another as well as other professional organizations provide us with promising opportunities for expansion.

There are also days to celebrate what has been accomplished and what lies ahead of us:

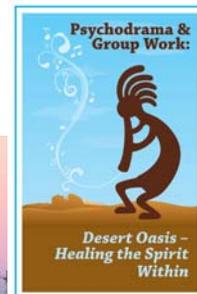
- We have a strong and active Executive Council. Unfortunately two Council members needed to resign before their terms were up: Sue Shaffer recently welcomed a daughter into her family and Pamela Goffman

*(Continued on Page 18)*

## ASGPP CONFERENCE 2016

March 31- April 3, 2016  
Sheraton Crescent, Phoenix, AZ

*Psychodrama and Group Work:  
Desert Oasis - Healing the Spirit Within*



Our 2016 Conference promises the same high-quality events and workshops you've grown to love and expect from the ASGPP as well as Desert Oasis experiences for Healing Your Spirit Within.

Ninety offered workshops will nourish your mind. You will not want to miss Plenary Tony Redhouse, who will open our conference with voice, drum, and flute or our Keynote, Dena Baumgartner, who will honor our ancestors, our elders, and ourselves. Award winners will present on Qi Gong, positive psychology, narrative questioning, treating addicted families, and spiritual journeying and growth. Unique local offerings will include workshops exploring the use of sounds, music, and songwriting; incorporating Native American spirituality within psychodrama, and using the Enneagram with psychodrama. We hope you will leave being able to correctly pronounce Saguaro, Cholla, & Ocotillo, and distinguish them from a Javelina or a Gila Monster.

Moving in nature will nourish your body. We are honored to have Lara Rosenberg, ERYT, provide Using Yoga for Healing: Breathing, Movement, Meditation on Friday and Saturday outdoors. We will use the hotel shuttle to transport small groups to nearby hikes on Thursday and Sunday; more information and registration process is coming soon. Phoenix is uniquely able to offer the opportunity to have our Saturday Night Desert Party outdoors. Witness Native American dance, swing at a pinata, and enjoy chilled treats in the courtyard. Sing karaoke or listen from the pool.

Connecting socially with your psychodramatic family will nourish your soul. You will have an opportunity to walk the "red carpet" and step "on stage" as you warm up to creating an award to recognize your own gifts and celebrate yourself at the Friday Night Afterglow. The President's Reception, our Plenary and Keynotes, and the New Members & First Time Attendees Gathering are specifically designed to build, foster, and deepen relationships. Volunteering your time, scholarship funds, or auction items will bless both you and the community you support. Sign up online using: <http://tinyurl.com/pwdkpty>.

We can't wait to share our Desert Oasis with you.

Your Co-Chairs: Marlo Archer, Lori Feingold and Sandy Seeger

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# Psychodrama Network News

Winter 2016

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Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

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Please put "PNN Copy" in the Subject

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FALL: Sept. 2 for publication Nov. 1

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**Refer to our Advertising Policy on our website: [www.asgpp.org](http://www.asgpp.org)**

## From the Editor



Dear Friends,

I am writing this letter alone as Princess Mickey, my co-author, opens in Shakespeare's "Cymbeline" in two weeks and is just not free to help my healing brain. Recovering from this injury has been a time of contemplation since there is little else I can do. For those of you who don't know, I was struck by an automobile while walking from physical therapy for a prolonged concussion to my office. The accident left me with several physical injuries, the worst being a serious brain injury. Luckily my clinical brain and long term memory are intact and since I write

better than I speak, this letter might not sound so bad.

My biggest fear is that I may never direct a psychodrama again. At this time I can only input one stimuli or thought at a time. I cannot engage the four roles of a psychodramatist. I may make Adam Blatner very happy by becoming a writer because that does not require the same type of attentive listening and spontaneity a director needs.

This would not be the first time I have altered my path in the field of drama therapy and psychodrama. And I believe every path has its smooth and rocky roads.

The thing I have really embraced in this recovery is gratitude and the struggle we all have to graciously receive. In a community of care givers I have offered many workshops on self-care. I believe that most of my personal journey until the accident had taught me self-care. For years, I have taught clients and students alike the importance of giving without expectations. Do not give if you expect something in return; be it gratitude, compensation, or acknowledgement. Do not give if you will feel resentful for giving or the lack of acknowledgement. In my life I have learned to give freely and I feel blessed that I have had so much to offer.

I have not, however, been a very good receiver. I can self-care; it is letting others care that is hard. I had always felt that I needed to make sure the giver felt appreciated. I wanted to give in return. I give for the sake of giving, not for the return. I have had little to give back these last months. And those around me gave freely without resentment. I had to learn to receive. It is a most powerful thing. I feel amazingly full and blessed...more so than I believe I have ever felt. Mickey said I must practice the role of the "sitter stiller" in the last letter, but that role has given me so much more. It has allowed me to receive so much and so many blessings.

My feelings of blessing do not eliminate the grief I have felt. One does not diminish the other. We cannot know light if we do not know dark. Becoming an author on psychodrama will not heal the pain of not directing. It will simply offer me a different gift. I wish the world could see both, but it's hard to recognize when we are moving. I am glad I got to really wear the "sitter stiller" and I wish it had come in a softer lesson.

We, as psychodramatists, are action based. We are doers, givers, healers. I pray that you, without being forced into the role, enjoy the blessings of receiving. If I make it to Phoenix I will not be doing much but sitting and taking in the gifts that each of you have by simply being you. If I make it to Phoenix, I offer you to sit quietly with me and be. It is a lovely place of "here and now" and I'd love to share it with you.

With great affection,  
Colleen Baratka, MA, TEP

PS: Patty Phelps and Debbie Ayers are once again the true editors of this newsletter. I have given feedback but they are to be recognized as the masterminds behind this.

PPS: As many of my friends from the community had not heard of my accident and I had not heard of a friend's wedding, another's baby, etc, I am proposing in future issues we offer a personal section where we can share the rest of our lives ...babies, weddings, illnesses, non psychodrama endeavors. If you like this idea let us know via the ASGPP office.

# Members in Action

\* **Jean Campbell, LCSW, TEP**, published an article entitled, "Using Action Methods When Working with Couples," in the November, 2015 Journal, *The Therapist: Magazine of the California Association of Marriage and Family Therapists*.

**Jean Campbell, Jim Tracy, MFTi, LAADC, CP, PAT**, and Bill Maher, CIP, CADC, BRI II, presented their 4th Action Intervention Training in Provo, UT in October and will be presenting this model again in West Palm Beach, FL in February, 2016 and in Cumberland Furnace, TN in April, 2016.

\* **Regina Sewell, PhD, LMHC, PCC, and Jennifer Salimbene, CASAC, LCSW-R, PAT**, made a presentation on Psychodrama to the Hudson Valley Chapter of the New York Mental Health Counseling Association in October. Regina also did a presentation on Psychodrama at Russell Sage College on November 24th.

\* **Grayce Gusmano, MMFT, LPC, CP** was awarded the Hope Recognition Award at the Sierra Tucson Gratitude for Giving Breakfast December 4th. This award recognizes a professional who has contributed in the areas of Prevention and

Education. Grayce has worked with clients and professionals in individual, group and workshop settings providing therapeutic services as well as education regarding psychodrama, sensorimotor psychotherapy and EMDR.

\* In October **Debra Gion, LPC, CGP**, facilitated a meeting of the newly-forming Arizona State University (ASU) Experiential Therapies Club (ETC) and demonstrated role playing, role training, and role reversal to parents and caregivers of Autistic Spectrum clients. Said one participant, "I learned so much from being my daughter with Asperger's."

\* **Dr. Marlo Archer, PAT**, and **Adena Bank Lees, LCSW, LISAC, BCETS, CP, Certified Imago Relationship Therapist**, presented a full-day pre-conference workshop entitled "Ethically Sound Experiential Interventions for Trauma and Self-Injury" as well as presenting a two-part workshop entitled "Cultural Competency & Diversity in Action" during the 47th Annual Southwestern School for Behavioral Health Studies in Tucson in August.

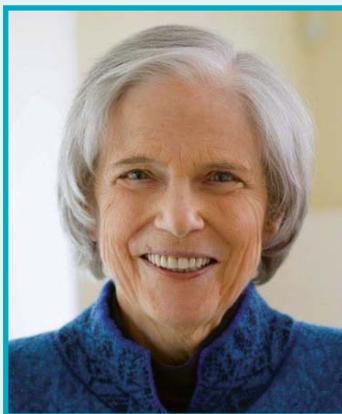


## Tribute to Laura Chasin 1936-2015

by Erica Hollander

Laura R. Chasin passed away suddenly Nov. 17, 2015. She was a remarkable woman, and lived committed to creating and healing community. She twice was a recipient of ASGPP awards: first the Hannah Weiner Award in 1990, then the Collaborator's Award in 1997. She was an ASGPP Fellow. She had received many other awards and affirmations for her contributions to civil discussion in polarized and conflicted situations in the US and abroad.

Laura's unique passion was for using psychodrama to further understanding and empathy across cultural chasms. She took family therapy practices and remodeled them with psychodramatic methods to develop means of creating and sustaining dialogues where only deep and acrid divisions had previously existed. In the Public Conversations Project Laura founded a way of working with the most widely diverse and irate groups. They call the method Reflective Structured Dialogue. Her idea at its heart was to introduce a protocol for productive discourse. Parties who had never been able



to talk were invited and instructed how to talk respectfully with one another. The central theme of this work is that healing relationships occurs through civil conversation, empathy, and understanding. It is a form of sociology in Moreno's sense.

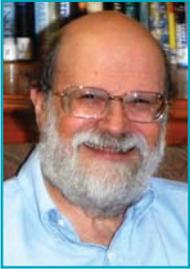
Abortion ideas have deeply divided Americans for decades. One ready example of The Public Conversations Project's success was a group comprised of Pro-Choice and Pro-Life advocates in the Boston area who kept on talking to one another for many years, while others had long since given up hope for such discussions. This work was covered on NPR more than once, as an example of sustainable discourse even across deep divides of identity, experience and belief.

To learn more about what she had been working on for many years, visit [www.publicconversationsproject.org](http://www.publicconversationsproject.org). The project offers a manual on ways to foster respectful conversations even when participants are highly divided and polarized.

In times like these we will really miss her.

## The Benefits of the Written Word

by Adam Blatner



One of my goals is to support the writing of papers for journals. Nowadays there are all sorts of media, and each has its own benefits. I find writing especially compelling, the printed word, especially. I've given classes about writing, its history and elaboration. But other than the enjoyment of the artistic, cartooning, graphic design, cultural, and many other aspects of what I call (perhaps wrongly) "script-ology," there is

also the utilitarian point:

Reading what's written allows one to re-read it, file it, go back to it, re-read it again, reference it in yet other papers or books. You can think about it, notice fallacious arguments, note its semantic tricks, appreciate how some lines are near-poetry, so well do they express certain things.

Writing also cites others' writings and builds a mound of evidence supporting a thesis. It sometimes offers the hard data for the reader to think about. Writing may be complemented by drawings, diagrams, cartoons, so, while yet falling short of being multi-media, still includes more than simple writing.

I wrote to some colleagues who were into drama therapy: "I recognize that drama therapy is more about immediate experience, in the theatre, with a live audience. Great! However, I would like to say a word in behalf of written words, writing papers in journals. While not putting on a show, while there isn't the lively audience feedback in the moment, the printed word is a valuable cultural institution with many advantages.

And while many in the expressive arts, as therapy or for other purposes, are not writers, consider that teamwork is a key element in the arts. So just as there are teams for putting on a show, there also need to be teams for writing.

Notice the resistance. This is due to (in part) the many years in schooling when you're taught to do your own work. It's crazy! It assumes that how well you write reflects your ability—a very "logocentric" institution, school. So note here that you should work rather in teams. Some write easy: Team up with them! You offer your ideas, they write, and maybe more than two people team up!

So please do write! What you sense and see and do is of value to others—many others. And a video doesn't do it. Writing can be much more easily re-viewed. Special passages referred to. All sorts of benefits to writing that you can't get in living experience right then and there.

Admittedly, there are experiences and qualities that can only be gotten in the moment, in person, in the process. But there are other benefits to writing that cannot be obtained even if you're there in person. And for the global community that cannot afford the travel expense, the cost of lodging, etc., oh, writing is so, so much easier.

Please then write it up for our journal, or some other journal. Get it out there to a hundred or a thousand times the number of people in a live audience.

## Research@ASGPP

by Erica Hollander

### Winter 2016 PNN Research Committee Report



We continue to work on refining the multi-site project related to effectiveness of psychodrama. The time frame for the study will be set, and you will be asked to participate by having clients and group members record their pre and post session states of mind on simple scales to report how they feel before and after each session. The scales ask what they came in with and how they feel when they finish with respect to

well being, connectedness, and distress. Scales take only a short time to mark down and the results can then be input into an online data base so that the accumulated scores can be analyzed together. There will also be simple demographic questionnaire. All being worked on to be user friendly online.

Results will be coded for confidentiality. An IRB in Texas is considering the project now.

The hope is that we can then begin to address the lack of proof that psychodrama is an evidence based practice. The significance of this effort for the future of the methods cannot be overstated.

In addition, the research group intends to have a simple survey at the conference with respect to what members would like the Journal to aim for in the future. We will need your cooperation in obtaining higher response levels than we have had in future, so one responder will win a significant prize — free registration at the 2017 conference.

At the conference in Phoenix, a workshop will be offered on reversing the conserve that "psychodramatists do not do research:" *Upending the Conserve*, Saturday 3:30 to 6:30 with Rory Remer and Erica Hollander.

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## From the Conference Evaluation Committee

The Conference Evaluation Committee NEEDS, WANTS, and USES YOUR FEEDBACK and will trade you a token memento of Arizona for your completed Conference Evaluation if you turn yours in before you leave the Conference.

This committee is also looking for a NEW CHAIR as well as ADDITIONAL MEMBERS.

To take on a role, contact: Marlo Archer, PhD, TEP at [Marlo.Archer@AzPsychodrama.com](mailto:Marlo.Archer@AzPsychodrama.com) or 602-456-1889.

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## CONFERENCE SPEAKERS



**SATURDAY KEYNOTE SPEAKER:**

***The Spirit Within Psychodrama***

**DENA BAUMGARTNER, PhD, LMFT, LPC, CGP, TEP**

Dena Baumgartner is the director of the Tucson Center for Action Methods and Psychodrama (TCAMP) who, in 2014, was awarded the ASGPP JL Moreno Lifetime Achievement Award. She is a current Board member of the International Association of Group Psychotherapy and Group Processes, and has trained therapists and presented at numerous conferences nationally and internationally. She has been instrumental in helping corporations, educators and legal professionals incorporate action methods into their training programs and professional lives.

Ralph Waldo Emerson said it best: "To leave the world a bit better whether by healthy child, a garden patch, or redeemed social condition; to know even one life has breathed easier because you live – that is to have succeeded." Today we will look at those spirits within psychodrama, our ancestors, our elders, and ourselves. We will take a look at our family history in gratitude, humor and learning: our psychodrama mother and father J.L. and Zerka Moreno, and the generation of children that have followed. Let's see and learn from the messages – the DNA – they left us with so we can pass on those stories and ideas with our own spontaneity and creativity. To know our history, our ancestors, is to know the true spirit of psychodrama and the meaning of J.L.'s words "to heal all of mankind." He knew we are all family in the true spirit of life and psychodrama.



**FRIDAY PLENARY SPEAKER:**

***Returning to the Heartbeat that Heals***

**TONY REDHOUSE**

Tony Redhouse is a Native American Sound Healer, Spiritual Teacher and award winning recording artist who uses his voice and music to inspire and heal lives. He has served as a traditional Native American practitioner & consultant to Native American communities and behavioral health organizations teaching spiritual interactive workshops. He has created programs and presentations for such agencies as law enforcement, addiction recovery centers, hospice and the medical field.

Using the ancient sounds of the Voice, the Drum and the Flute, Tony Redhouse will guide us back to the simplicity and beauty of who we are and why we are here. In Native American Tradition, these primal and true expressions of our Soul allowed us to create ceremony, tell our stories and to celebrate Life. Tony will use drums and dance in interactive segments with attendees, allowing them to energetically feel the uniting of intention to support each other in their service to their communities. As a Native American Sound Healer and Spiritual Teacher, Mr. Redhouse will share the importance of following our heart's "beat," inspire us to open our hearts, become vulnerable and to "soar" with the freedom and Joy that is our natural birthright!

### Scholarship Donations Welcome

Please consider a donation to this year's scholarship fund to help underwrite the cost of an individual to attend the conference who might not be able to attend due to financial constraints.

Anything you can offer from \$1 to ? is eagerly sought!

Thank you for helping us to reach out!

Your name will be listed in the Awards Program and Conference Guide.

Please send donations to the National Office:

American Society of Group Psychotherapy & Psychodrama  
301 N. Harrison Street, Suite 508, Princeton, NJ 08540  
(609) 737-8500, [asgpp@ASGPP.org](mailto:asgpp@ASGPP.org)



For complete conference information and to register online, go to our website:  
[www.asgpp.org](http://www.asgpp.org).



## Making Music

by Julie Wells

“Where words leave off,  
music begins.”

— Heinrich Heine

As a life-long lover of music of all kinds, I have had an act hunger to incorporate music into my psychodrama practice with groups and individuals. Individuals would identify songs with special meanings and review lyrics in sessions, group members would bring in songs that offered positive messages and themes, and instruments would be used in playback and warm-ups, however, it still seemed that music and its ability to express nuances and emotions remained un-tapped. After learning that others in our psychodrama community felt the same, Suncoast Psychodrama Training hosted a four day workshop in the Tampa Bay Area with Joseph Moreno. Joseph Moreno, a musician, teacher, psychodramatist, music therapist and author of *Acting Your Inner Music*, is the nephew of JL Moreno. His father, William Moreno, was JL Moreno's younger brother and a strong support both financially and behind the scenes to JL throughout his life. This October Joseph traveled from Santa Fe to Clearwater, Florida to share his knowledge with several local psychodramatists and drama therapists.

Joseph explored the history of music used by Shamans and Healers through the ages by sharing music and slides from different cultures. We experienced a variety of therapeutic and fun uses of music in all stages of a psychodrama as well as with different types of populations. We learned how music offers a form of communication for the non-verbal and verbal as meaning and the feelings evoked can be universal or very personal. Joseph emphasizes how to use music, art, dance, and drama to heal ourselves and others while sharing antidotes about his famous uncle, JL Moreno and his father, William Moreno.

Now, that I see the many possibilities with how to integrate structured and improvised forms of music into my practice and have been encouraged to be creative with trying new ways to use these tools, I find another act hunger opens up. My new act hunger is to pass this knowledge on and validate any of you that are drawn to use music in your practice to try it! Music can soothe, communicate, connect and heal, so why not use it?

All in all, the psychodrama community in the Tampa Bay area was fortunate to have this special opportunity to have the trainer come to them and Suncoast Psychodrama Training looks forward to creating more unique learning experiences to the area to broaden and enhance our psychodrama practices.



Julie Wells,  
Joseph Moreno,  
and his very helpful wife,  
Ruby Moreno

# PSYCHODRAMA

& Creative Arts Therapy Institute, NYC

## 21<sup>ST</sup> Annual Summer Residential

August 5-9 – Boughton Place, NY

## \* Advanced Psychodrama/ Directing Training Program

May 13-15; August 5-9

## \* Weekend Psychodrama Training Programs

March 4-6; August 5-9

## \* Saturday Workshops

March 5; April 9; May 14

## \* Director Training Weekend

NYC – April 9-10

- \*  
• Weekly Psychodrama Training & Therapy Groups
- Individual, Group Supervision & Consulting
- Literature Review & Exam Prep Course
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Louise Lipman, LCSW, CGP, TEP

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# ASGPP CHAPTERS & COLLECTIVES NEWS

## Regional Chapters, Collectives and Contacts

Regional Chapters, Collectives and Contacts help build connections and applaud the sociometry of our members and associates.

### • Delaware Valley Chapter

Colleen Baratka / [catharsisinstitute@live.com](mailto:catharsisinstitute@live.com) / 610/600-1476

We had one official follow up meeting post Philadelphia conference. We are discussing how to grow this new chapter and our visions for it. We are looking to offer a free training hour to give TEPs and PATs a place to engage new students, and to practice training. We have also discussed having local mini-conferences and offering introductory classes at local universities.

*Colleen Baratka, MA, TEP  
Deborah Karner, MSS, LCSW, CP, PAT*

### • Denver Area Collective

Erica Hollander / [ericahollander@comcast.net](mailto:ericahollander@comcast.net) / 303-978-9091

The Denver Psychodrama Collective meets monthly in downtown Denver near the Governor's Mansion on an evening that changes from time to time. We do a little psychodrama, sharing directing, snack a bit, tell tall tales, offer opinions and techniques, discuss the world, and try some things out in a relatively safe practice session. We are open to visitors. To join us once or more often, contact [ericahollander@comcast.net](mailto:ericahollander@comcast.net).

*Erica Hollander, PhD, JD, TEP*

### • Hudson Valley Chapter

Regina Sewell / [visionshv@optonline.net](mailto:visionshv@optonline.net) / 845-440-7272

This fall the Hudson Valley Chapter hosted two very packed open sessions, facilitated by Rebecca Walters, LMHC, LCAT, TEP in October, and Ingrid Schirrholtz, Dipl.-Psych., MA, TEP in November. Directors for April, May and June have not been set, but we have confirmed Dan Tomasulo for the next open session on March 18th.

We also had a "gathering of the tribe" in November in which the presidency was officially passed from Rebecca Walters to Regina Sewell. We discussed plans for the future and then finished off with singing.

*Regina Sewell, PhD, LMHC, PCC*

### • New England Chapter

Carol Feldman Bass / [caf.bass@rcn.com](mailto:caf.bass@rcn.com) / 781-540-9486 and  
Maria Mellano / [MariaMellano@comcast.net](mailto:MariaMellano@comcast.net) / 617-913-3898

First, it is with great sadness that we share the loss of a dear member of our community. Laura Chasin, of Cambridge, MA, passed away on November 17. It's been a joy for those in the Northeast to be connected with her in many areas of our lives where we shared mutual passions for the world we lived in. Laura was a visionary, and even though she is gone, her lega-

cy will continue and her contributions to the many fields she impacted will continue to be a major influence. She was a blessing to so many. There are memorial services both in Boston and New York in February (for more information, <http://tinyurl.com/laurachasinobit>).

Building on our momentum from last year and in our continued collaboration with the North American Drama Therapy Association, New England Chapter, we will be holding our 2nd annual conference being held at and in collaboration with Lesley University on March 12, 2016 from 9-5. The theme of the conference will be "Psychodrama & Drama Therapy a Deux: Bringing Action Methods to Individual Therapy."

Also, happening this year at The Arlington Center, 369 Mass Ave., Arlington, MA, is a series of Open Sessions focusing on core Psychodrama teachings. They are being offered monthly and application for continued education units has been submitted for social workers and licensed mental health counselors.

Lastly, in the fall we are planning a gathering of action lovers at the home of Steven Durost in Londonderry, New Hampshire. All are welcome to join for this lovely day of experiential work, including being in the woods and sharing a potluck.

If there is anyone interested in being on the mailing list for North East activities, please email [Maria@MariaMellanoTherapy.com](mailto:Maria@MariaMellanoTherapy.com).

*Maria Mellano, LICSW  
Carol Feldman Bass, JD*

*Kim Cox, MA, NPO  
Steven Durost, PhD, LCMHC, REAT*

### • Southern Chapter

Craig Caines / [craigcaines@sprintmail.com](mailto:craigcaines@sprintmail.com) / 205-249-7048

After hosting the first annual Metro Birmingham Expressive Therapies Mini-Conference in 2015, the SCASGPP is readying itself for its first 2016 tele-conference with members. The Expressive Therapies Mini-Conference included 3 psychodrama workshops, 2 art therapy workshops, 1 play therapy workshop and 1 music therapy. In our member teleconference, we will be focusing on elections and beginning the process of preparing for our 2nd Expressive Therapies Mini-Conference tentatively scheduled for May of 2016.

*Craig Caines, MSW, LCSW, TEP*

## Find a Chapter or Collective near you

We have Chapters and Collectives all over the country!  
Find one near you and meet people close to home  
that share your interests.

Go to: [www.asgpp.org/asgpp-chapters.php](http://www.asgpp.org/asgpp-chapters.php)

Contact the national office for more information about becoming a chapter, or to be listed on our website as a regional contact person.

# Utilizing Action Methods in Education Through STEMania

by Daniela Simmons



Implementing elements of Psychodrama and Sociometry into the educational system has always been a desirable and useful approach among professionals in the field. The younger generation is receptive, sensitive and playful; and psychodrama and sociometry are powerful tools capable of enhancing personal growth, communication and relationships. This article reflects an example of action methods' application during an educational event, held in November 2015 in North Texas.

In the educational field the acronym STEM stands for Science; Technology, Engineering and Math. A National STEM Day (sometimes known as STEAM Day) was created by MGA (Micro-Games America) Entertainment as a day meant to inspire children to explore and pursue their interests in Science, Technology, Engineering, Art and Math. As a result, hundreds of educational institutions in the US organize events each year in November as a response to this wonderful initiative.

Weatherford College Wise County (WCWC) is located in North Texas, just 30 miles west of the Dallas-Fort Worth Metroplex. In 2013 the college offered its first STEM Day, organized by Dr. Lisa Welch, a biological sciences instructor. Named STEMania, the event was offered to 4th grade students from local schools, who spent the day on the college campus experiencing a variety of activities in the field of science, technology, engineering, math and arts. Faculty and students from WCWC worked through-out the previous year to create that unforgettable experience for the young 4th grade students. On November 29th, 2015 Weatherford College Wise County offered its third STEMania.

The author, Dr. Daniela Simmons, adjunct professor at WCWC, who is also a certified psychodramatist and PAT, is one of the many college professors involved in this wonderful project. Dr. Simmons adds an additional aspect to this rich event, by involving dual credit students who are still in high school, who participated and assisted in offering activities for the young guests. The dual credit students at STEM Day 2015 ranged from high school freshmen to seniors from two local

schools – Boyd High School and Victory Christian Academy, a private school.

Under Dr. Simmons' guidance, the dual credit students facilitated the activity: "Introduction to Color Psychology". They started the preparation weeks earlier by doing research and creating interesting and meaningful activities which would be offered to the younger students. The students already knew about the power of action methods as Dr. Simmons has been utilizing them in class – to assist them in getting to know each other at the beginning of the semester and to work in groups; to help them understand the meaning of terms such

"Sociological Imagination", "Social Roles" or "Cultural Diversity and Competence"; to learn about personality types, career development, dealing with anxiety, victim mentality; to explore

the issue of bullying and the emotions people experience in the process – from the bully and the bullied through their friends, teachers, the

school administration and parents; and much more. Now, for STEM Day, the goal was to introduce the psychological

meaning and perceptions of colors – why people choose certain colors

for various occasions – for their clothes, for their art creations, for decorating, etc.; what memories, associations and emotions the colors provoke; what the preference of certain colors may indicate about their personalities,

etc. This new perspective on color was an exciting addition to the Color Physics knowledge students study at school, about the way our brain, through our eyes, interprets the wavelengths of electromagnetic radiation within the visible spectrum.

How did the STEM Day go? The 45 dual credit students met with over 800 fourth-grade students during the 5 hour event. Groups of 10-15 visitors were rotated every 20 minutes. The outside activities included expressive chalk drawing on the parking lot that, by the end of the day, became a beautiful rainbow of colors. The inside activities included a theoretical part; choosing color, sharing in small groups and expressing associations to the larger group; circle sociometry with criteria such as: "Who like me likes (using a color modifying a noun, e.g. green salad; blue sky; pink flowers... )"; then learning about the



(Continued on Page 17)



## IN MEMORIAM Jon Sherbun



Jon Sherbun, LCSW-C, BCD, CP, passed away on 9/23/15 after a courageous battle with cancer.

Jon was a student of the Holy Cross Seminary at University of Notre Dame before attending The Catholic University of America, earning a Master's in Social Work. He studied Psychodrama at St. Elizabeth's Hospital before taking a position at Psychological Services, Inc. in Annapolis, MD. While at PSI, Jon developed and implemented a drug and alcohol outpatient treatment program. Many years later, he joined Behavioral Health Associates as a private practitioner. His areas of expertise included addictions and behavioral compulsive disorders and relapse treatment, dual diagnosis, trauma, ADHD, mood disorders, stress and anger management, adult children of alcoholics and codependency, family and couples therapy, and coping with medical disorders (self and family members), with adult and adolescent populations. Jon was also trained in hypnosis, and incorporated a holistic and spiritual orientation, when desired by the client. Jon lived life fearlessly and faithfully, and will be long remembered for his strong will and commitment.

As Pat Connealy so lovingly stated, "He was one of those special people in this field who loved what he did and yearned to learn more. He was a therapist's therapist. Funny, empathic, genuine, kind, spiritual and a true believer in the healing process. Jon was extremely gifted as a therapist and had great concern for his clients right up to the end. He will be sadly missed, but left a legacy in souls he helped heal who in turn will help others. His spirit lives on."

### 2016 Conference Cut-Off Dates

Early Registration Discount	February 13
Room Sharing Service	February 13
Advertising in the Guide	February 19
Hotel Special Rates	March 9
Exhibit Tables	March 11



### CONFERENCE FRIDAY NIGHT Awards Ceremony Afterglow

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# PSYCHODRAMA AND CONSCIOUSNESS

Pontevedra, Spain

Spanish Psychodrama Association — October 2015

by Ed Schreiber



The boldness of “Psychodrama and Consciousness” as a conference theme drew many curious participants from Europe and South America to northern Spain for a 3 day exploration on the nature of consciousness and the relatedness of our method, psychodrama, to address the evolution of consciousness within individuals, groups, organizations,

and all of society. What I found extremely interesting was the location of Pontevedra, Spain, which is one of the final stops on the Camino. The Camino is an ancient pilgrims’ path that leads to Santiago Spain. The Camino takes thousands of pilgrims through ancient streets where Camino symbols direct the pilgrims along their way. The symbolism of a purposeful journey away from wrongdoing seemed to be in perfect cohesion with the theme of the conference.

I was invited to present at the plenary that began the conference. The Plenary covered the material of Moreno that was specific to consciousness: there is a “first universe” where all events and beings are sacred; it can be accessed through



*Camino ends in Santiago Spain, at the Cathedral*

direct experience. The method holds formulaic codes such as the encounter symbol and the canon of creativity. From the vantage point of consciousness of the first universe, it reveals to the participants this realm that can be found through direct experience and integrate the experience using the method, psychodrama. We addressed the “awakening of the autonomous healing center” that is within each of us and within groups. The insight that we drew from the

experience directed us to experiential learning from the mystic tradition of Moreno. This tradition is explained in writings by Zerka.

We explored these ideas using an instrument of Sociatry called The Social Microscope. Sociatry, the center of the mystic tradition, using the Social Microscope, the group discovers the presence of the awakened autonomous healing center both within the group and

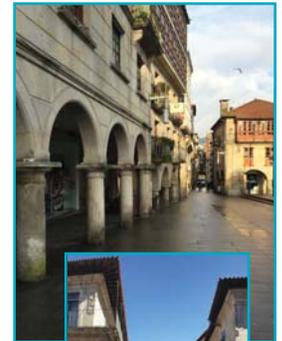


*Sign of the Camino - Sacred Pilgrimage Walk*

within the self. With this embodied exploration, mirror neurons come to focus in the foreground. The presence of the awakened autonomous healing center is felt and experienced as the Intelligence within the group, felt and seen directly. This seeing/experiencing fires mirror neurons within each of us. This connection is then embodied and the awakened autonomous healing center is known first hand within oneself, as consciousness.

Despite the restriction of a two hour time limit to the Plenary, the exploration seemed to take root deep within the group and realization was possible. Following the Plenary, the conference broke into workshops for the remainder of the conference. Workshops covered a vast array of exploration of consciousness and psychodrama, from integral thinking to mystic teachings to neurobiology. It was warm, rich, and very Spanish! The boldness of the theme spoke to the common sense that as a whole human society is in a great period of transformation. The presence of Global Climate Change and the impact of refugees in Europe, the collapsing of European economies (Spain for example has an unemployment rate of 21%) and the rise of solutions in energy were all part of the discussion. Transcending our differences, finding a common identity of being human, and extending ourselves to one another as world citizens were all interwoven in thoughts and conversations. I remember a Goethe quote Zerka would read during her years of training at Boughton Place: “Whatever you can do or dream you can, begin it. Boldness has genius,

power, magic to it.” This was the essence of our work together in Pontevedra.



*Pontevedra Spain*



*Ancient City of Pontevedra*



*Pilgrim Church*



*Shared meals in the ancient city.*

*Shared Meals Gala*

# 2016 CONFERENCE EXCITING EVENTS

## President's Reception and Opening Welcome

(Thursday 6:00 pm - 7:30 pm)

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 74th ASGPP 2016 Conference. **OPEN EVENT**

## Diversity Forum: Enrolling as Agents of Change

(Thursday 8:00 pm - 9:30 pm)

The ASGPP diversity forum will offer participants a process of exploring the social construction of difference, current examples of oppression, and embodied strategies for organizing for change.

## Silent Auction / BasketCases Raffle / Live Auction

(Thursday - Saturday)

The Auction and Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature **Artists in Residence** where we display works of art that are hand-crafted by our community. Bid on a variety of exciting items as well as workshops and trainings. The Live Auction takes place Friday at the Membership Meeting. The Silent Auction closes Saturday at 6:30. The BasketCase Drawing takes place at the beginning of the Saturday Night Entertainment.

## Early Bird / Night Owl Activities

Rise with the sun and be in the lobby at 5:15 am on Thursday and Sunday with a hat and sunglasses for group hiking. Water and Sunscreen provided. Early birds are also treated to *Using Yoga for Healing: Breathing, Movement, Meditation* with Lara Rosenberg, ERYT, at 6 am Friday and Saturday in the courtyard. Mats provided. Night Owls can go straight from the Awards Ceremony to Friday Night *Awards Ceremony Afterglow* that will carry on until 10 or later.

## Opening Plenary: Tony Redhouse

*Returning to the Heartbeat that Heals* (Friday 8:00 am - 9:00 am)

**Tony Redhouse is a Native American Sound Healer, Spiritual Teacher and award winning recording artist who uses his voice and music to inspire and heal lives. He has served as a traditional Native American practitioner & consultant to Native American communities and behavioral health organizations teaching spiritual interactive workshops.**

Using the ancient sounds of the Voice, the Drum and the Flute, Tony Redhouse will guide us back to the simplicity and beauty of who we are and why we are here. In Native American Tradition, these primal and true expressions of our Soul allowed us to create ceremony, tell our stories and to celebrate Life. Tony will use drums and dance in interactive segments with attendees, allowing them to energetically feel the uniting of intention to support each other in their service to their communities. As a Native American Sound Healer and Spiritual Teacher, Mr. Redhouse will share the importance of following our heart's "beat," inspire us to open our hearts, become vulnerable and to "soar" with the freedom and Joy that is our natural birthright!

## Community Sociometric Selection

(Friday 9:00 am - 9:30 am)

**THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS.** Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

## Annual Membership Meeting

(Friday 1:30 pm - 2:30 pm)

Our open community meeting for members as well as those interested in

becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. The Live Auction will be held during the Membership Meeting. **OPEN EVENT**

## New Members & First Time Attendees Gathering

(Friday 5:45 pm - 6:15 pm)

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. **OPEN EVENT**

## Chapters/Collectives Networking Meeting

(Friday 5:45 pm - 6:15 pm)

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved. **OPEN EVENT**

## Awards Ceremony / Dessert Reception

(Friday 7:30 pm - 9:00 pm)

Our awards acknowledge those who have made outstanding contributions to our community. (**Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.**)

## Saturday Keynote Address: Dena Baumgartner, PhD, TEP

*The Spirit Within Psychodrama* (Saturday 8:00 am - 9:30 am)

**Dena Baumgartner is the director of the Tucson Center for Action Methods and Psychodrama who, in 2014, was awarded the ASGPP JL Moreno Lifetime Achievement Award. She is a current Board member of the International Association of Group Psychotherapy and Group Processes. She has been instrumental in helping corporations, educators and legal professionals incorporate action methods into their training programs and professional lives.**

Ralph Waldo Emerson said it best: "To leave the world a bit better whether by healthy child, a garden patch, or redeemed social condition; to know even one life has breathed easier because you live – that is to have succeeded." Today we will look at those spirits within psychodrama, our ancestors, our elders, and ourselves. We will take a look at our family history in gratitude, humor and learning: our psychodrama mother and father J.L. and Zerka Moreno, and the generation of children that have followed. Let's see and learn from the messages – the DNA – they left us with so we can pass on those stories and ideas with our own spontaneity and creativity. To know our history, our ancestors, is to know the true spirit of psychodrama and the meaning of J.L.'s words "to heal all of mankind." He knew we are all family in the true spirit of life and psychodrama.

## Saturday Night "Come to the Oasis" Desert Party

(Saturday 8:00 pm - 10:00 pm)

"Come to the Oasis" Desert Party and refresh your spirit. Join in a Native American dance, take a swing at a piñata, join friends in karaoke or dive into the pool. All this plus ice cream for the kid in you. **OPEN EVENT**

## Closing Ceremony

(Sunday 5:45 pm - 6:30 pm)

Calling all Spirits of Past, Present, and Future to close the conference with Ceremony and leave the Desert Oasis filled with enough nourishment for Mind, Body, and Soul to last until we gather again in 2017. **OPEN EVENT**

## CONFERENCES AND NETWORKING OPPORTUNITIES



EACH OF THESE CONFERENCES IS A DOORWAY TO EXPANDED POSSIBILITIES FOR PSYCHODRAMATISTS.

**February 18 - 20** — *"Group Work for a Better World"* 2016 Association for Specialists in Group Work (ASGW) National Conference. Washington, D.C.  
Contact: [www.asgw.org](http://www.asgw.org)

**February 22 - 27** — *"Transformation in Group: From Isolation to Connection"* American Group Psychotherapy Association Annual Meeting (AGPA). Sheraton New York Times Square Hotel. New York, NY. Contact: [www.agpa.org](http://www.agpa.org)

**March 31 - April 3** — *"Psychodrama and Group Work: Desert Oasis – Healing the Spirit Within"* American Society of Group Psychotherapy and Psychodrama (ASGPP) Annual Conference. Sheraton Crescent, Phoenix, AZ.  
Contact: [www.asgpp.org](http://www.asgpp.org)

**April 14 - 17** — National Association for Poetry Therapy Annual Conference. Unity Village, Missouri.  
Contact: [www.poetrytherapy.org](http://www.poetrytherapy.org)

**May 11 - 13** — *"Shading Light on the Shadows. Voicing the unspoken in psychodrama"* FEPTO with Endohora Institute and Athens Psychodrama Institute (APSI) 11th FEPTO Conference. Marathon, Greece. Contact: [www.fepto.com](http://www.fepto.com)

**May 25 - 28** — Associação Brasileira de Psicodrama e Sociodrama (APBS). 20<sup>TH</sup> Congresso Brasileiro de Psicodrama. São Paulo, Brazil. Contact: [www.febrap.com](http://www.febrap.com)

**June 22 - 25** — "Spinning Threads for the Fabric of SPR" 47th Annual Meeting of the Society for Psychotherapy Research (SPR). Jerusalem, Israel.  
Contact: [www.sprconference.com](http://www.sprconference.com)

**July 6 - 10** — American Art Therapy Association Annual Conference. Baltimore, MD.  
Contact: [www.americanarttherapyassociation.org](http://www.americanarttherapyassociation.org)

**August 4 - 7** — 2016 American Psychological Association (APA) Annual Convention. Mile-High City's convention center. Denver, CO. Contact: [www.apa.org](http://www.apa.org)

**August 19 - 21** — *"Baltic Moreno Days"* Lithuanian Psychodrama Association – Lithuania XI.  
Contact: [www.psychodrama.lt](http://www.psychodrama.lt)

Check the ASGPP website, [www.asgpp.org](http://www.asgpp.org), for additional Upcoming Conferences.



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## How can you earn a FREE 3-day conference registration?

Read all about it here:

How would you like a free three day conference registration? The ASGPP member responsible for recruiting the most **new** members between now and March 18, 2016 will receive a complimentary registration for Friday-Sunday. The winner can decide if they would like the complimentary registration for 2016 or 2017. So even if you can't make it to Phoenix, please don't let that stop you from participating! There is a space on both the online and printed membership application where the new member can write in your name as the referring member. If you would like us to mail you some recently updated membership brochures, please let us know. You can direct people to our website ([www.asgpp.org](http://www.asgpp.org)), the office (609)737-8500 or hand them a membership brochure. **Our members are our best ambassadors!**

## Welcome to our New ASGPP Members

The following are new members who have joined us in recent months.

**Welcome!**

Lori Budman (Bryn Mawr, PA)  
 Jen Emmerich (Kalamazoo, MI)  
 Menzo Faassen (Clarksville, TN)  
 Susan Glatzer (Coral Springs, FL)  
 Cathy Kelley (Surprise, AZ)  
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## Therapeutic Spiral International

**March 4 - 6 — San Raphael, CA**  
 with Sylvia Israel, LMFT, RDT/BDT, TEP  
*Directing by Diagnosis with the Therapeutic Spiral Model*

**March 12 - 13 — CIIS, San Francisco, CA**  
*The Neurobiology of Containment with Trauma*

**March 18 - 20 — Emeryville, CA**  
 with Armand Volkas, MFA, LMFT, RDT/BDT  
*Transgenerational Trauma: From the Collective to the Individual*

**April 30 - May 1 — Charlottesville, VA**  
*Change Your Brain through Containment*

**May 20 - 22 — Charlottesville, VA**  
*Women's Salon at Dr Kates: Finding Strength in Your Trauma History*

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# 2nd North Texas Regional Conference

by Katrena Hart and Daniela Simmons



North Texas is a term used primarily by residents of Dallas, Fort Worth, Denton and surrounding areas to describe much of the northern portion of the U.S. state of Texas. The area is commonly known as the

Dallas-Fort Worth Metroplex. It includes 13 counties and it is the economic and cultural center of the region with over 7 million people...

It all started in the summer of 2014 when Katrena Hart, LPC-S, TEPC, CBT, founder and director of the Bridging Harts Institute & Psychotherapy, launched the First North Texas Psychodrama Conference, *“Gratitude, Grace and Giving Back”*, that was held in December 2014 in Dallas and gathered 130 participants!

The Second North Texas Regional Conference was held a year later (December 3-4, 2015, Dallas-Frisco, TX), again by the Bridging Harts Institute & Psychotherapy, this time in partnership with the Expressive Therapies Training Institute (ETTI) with founder and director, Daniela Simmons, PhD, PAT. The theme was *“Psychodrama and Sociometry: How to DAZZLE your clients... Healing the Drama Within”*. The preparation took months. The organizers, together with the workshop presenters and volunteers, worked diligently to reach out to local professionals in the fields of mental health, psychology, and social work; as well as academics from the local universities and colleges; in order to invite them to attend the conference and to enjoy the company of creative, positive and friendly people; to explore their relationships and social network; to boost their personal and professional growth; and, in addition, to have the most fun they have ever had in a learning environment!

Three respected local businesses in the field of mental health provided financial support to the conference: Santé Center for Healing; Eating Recovery Center of Dallas; and the Carrollton Springs Behavioral Health Hospital. A local radio station publicized the conference for weeks. Local social networks were popularizing the methods of psychodrama and sociome-

try, in many creative ways.

The conference started on the evening of Thursday, December 3, 2015 with a special 3 hour open workshop from 6PM - 9PM. A full psychodrama was directed by Katrena Hart, in a relaxing and beautiful environment with a dessert reception. The protagonist of this powerful session was a student of Bridging Harts Institute & Psychotherapy, and it reflected her current journey in fighting pancreatic cancer. Incredible auxiliaries play; a bloom of sharing from the audience, students playing different instruments that they had brought; the protagonist's favorite feathers and her favorite song in the air... those were just some of the magic elements of this powerful event! The song, “Three little birds”, by Bob Marley, was sung by the attendees, holding hands, at the end of the session, as well as the next day at the end of the conference.

Friday, December 4, 2015, gathered participants for a day filled with exciting educational activities. Thirty-three students from both institutes presented workshops in teams to small groups of participants. Katrena Hart and Daniela Simmons opened and closed the day with a variety of didactic and applied techniques, introducing and exploring the power of psychodrama and sociometry. A variety of videos and images introduced the public to Zerka Moreno and some of the greatest psychodramatists; as well as activities from the past done by both of the institutes. A sociometric activity, “Living Map” exposed in minutes the cities where the participants live at the moment; and then where they were born... to reveal that we were gathered not only from various American states, but also from many countries around the world! The day ended with spontaneous playback theater to reflect the participants' experiences, emotions and take away from the conference.

Over 150 people gathered together during the two days of the conference to experience, some for a very first time, the magic of psychodrama and sociometry. Both institutes, the Bridging Harts Institute & Psychotherapy and the Expressive Therapies Training Institute (ETTI) are already planning the Third Regional Psychodrama and Sociometry Conference to be held on December 8-9, 2016.



## EXHIBITING MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table at the Annual Conference Exhibit Area to display copies of one piece of printed material. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you with products (other than books) that you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller to sell them. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or [asgpp@ASGPP.org](mailto:asgpp@ASGPP.org) for more information.

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The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Please contact us for a brochure and specifics or see our website, [www.asgpp.org](http://www.asgpp.org).

For additional information, please contact:  
**Debbie Ayers, Executive Director,**  
**(609) 737-8500, [asgpp@ASGPP.org](mailto:asgpp@ASGPP.org).**

### CONFERENCE FRIDAY EVENING:

## Awards Ceremony Dessert Reception

Join us for an elegant and scrumptious dessert reception as we honor those who have made outstanding contributions to our community.

**Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased when you register or at the registration desk.)**

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## 2016 ASGPP AWARDS

### J.L. Moreno Award

Gong Shu, PhD, LCSW, TEP

### Zerka T. Moreno Award

Shelley Korshak, MD, CGP

### President's Award

Sue McMunn, LCSW, ACSW, PAT

### Hannah B. Weiner Award

Nancy Kirsner, PhD, CPP, TEP

### Collaborators Award

Ronald Collier, MSW, LCSW, TEP  
L. Scott Urme, MSW, LCSW, TEP

### Innovator's Award

Jean Campbell, LCSW, CET III, TEP  
James Tracy, DDS, MFTi, PAT

### Fellow

Rhona Case, MEd, TEP  
Adam Chi-Chu Chou, PhD, TEP  
Susan Mullins, LMHC, CEDS, TEP  
Anna Schaum, MA, LPC, PAT

## “Color the World with Hope” Global Project

by Daniela Simmons and Mark Wentworth

Dear Colleagues, we would like to turn your attention to a project that we have created here in Norfolk UK and are in the process of putting it together. The project is about young people from around the world singing together “True Colors” by Cyndi Lauper, which will then be recorded and released via iTunes and various other outlets. The purpose of the project is to raise awareness and to serve as a fundraiser toward young people’s mental health.



The participants will be invited to express themselves through creativity, color, story and voice; assembling a virtual choir of various cultures and languages; all united with the same goal – expressing their message, “You Are Not Alone; We See You and We Hear You”... and as the lyrics of the song go, “We see your true colors shining through and that’s why we love you”.

Everywhere around the world more and more young people are affected by various mental health issues. Many of them are not feeling truly seen or heard; cannot find the needed help and support; but are rather suffering in silence and alone. As a result, many young people tend to choose self-harming or destructive ways to escape from the painful reality.

The project, “Color the World with Hope” will be created by young people for young people. In addition, we will reach out to veterans and elderly people to tell their stories from their past; what they have experienced in their youth; and to show the young people that “they are not alone!” As the project develops, we will be inviting people of all ages to submit stories and videos of their own experiences as teenagers; and to share “Encounter with their teen-self”, as it would be identified in the field of psychodrama.

We will encourage people from around the world to form groups for singing and recording the song, “True Colors”. Our

team will provide constant support via online communication. With the help of sound engineers we will then assemble them all together to create one global voice. We will draw on the wisdom of social media/sound recording, and visual recording from young people. It will be their project! On June 18th, 2016 the single will be aired for the first time via an open-air concert in Norfolk UK and via social media.

Jacob L. Moreno believed that we can build our future only as creative participants in a group activity; and that in a healthy society all individuals must be co-creative with other individuals in an interplay of group activities. One of his last and perhaps most attractive ideas was about Society – the healing of society; the concept about the richness of all cultures that need to be combined in order to help those in need. The project “Color the World with Hope” is an attempt to bring this concept into practice; by opening a space for people from different cultures to sing together, to create a rainbow of colors together, to believe and hope together, and to give their support to the young people in need of mental health, understanding and love.

We would like to invite those who work with young people; those who would like to share their own experiences from their youth; and those who would like to give us a hand in putting together this powerful and healing project, to contact us @

Mark Wentworth

Transforming lives through the power of colour, drama and story / [mark@colourforlife.com](mailto:mark@colourforlife.com)

Daniela Simmons, PhD, PAT

Expressive Therapies Training Institute (ETTi)

Project Psychodrama Coordinator / [danielatsv@gmail.com](mailto:danielatsv@gmail.com)

[www.colourforlife.com](http://www.colourforlife.com) / Facebook: Colour for Life

Twitter: @colourforlife / Tel: UK: +44 (0) 7949 282 384

### CALL FOR ARTICLES

Call for articles for future PNNs about integrating psychodrama into other modalities and creative arts, i.e. music, art, dance.

The PNN welcomes contributions by ASGPP members, including:

- \* News of members and their activities.
- \* Articles on psychodrama techniques.
- \* News of collectives, chapters and associations in the United States and around the world.

Send submissions to  
E-mail: [asgpp@asgpp.org](mailto:asgpp@asgpp.org)  
Please put "PNN Copy" in the Subject

### ATTENTION MEMBERS

**General Membership Meeting.  
April 1, 2016**

Please note: membership is notified that requests for consideration of business to be placed on the agenda at the Annual Business Meeting must be made in writing to the President at least 30 days prior to established meeting. Thank you.

**Deadline for submission is  
March 1, 2016**

Please send to Linda Condon  
at the ASGPP office  
[asgpp@asgpp.org](mailto:asgpp@asgpp.org)

## Auctions / BasketCases

These auctions and raffles are an important fundraiser for the ASGPP and an exciting way to share in the generosity and creativity of our members and friends.

**View our donated items prior to the conference through our SMILEBOX emails and on the ASGPP website!**

**SILENT AUCTION** – We are looking for donations of items such as: Jewelry \* Artwork \* Books \* Pottery \* CDs \* Hand-made Items \* Gift Cards \* Supervision with TEPs, and other interesting offerings. We feature Artists in Residence, where we display works of art that are hand-crafted by our community. Please share your talents with our community through your fabulous donations.

**LIVE AUCTION** – We are looking for donations of larger ticket items, such as: Airline Tickets \* Frequent Flier Miles \* Rental Property \* Timeshares \* Cabins \* Estate Jewelry \* Week Intensives \* Concert Tickets \* Celebrity Donations, etc.

**BASKETCASES** – We will be raffling off creative and fun baskets filled with an assortment of goodies. Join with friends or your training group and create an enticing 'themed' basket of your choice to be offered at the conference. A prize will be given to the creators of the most sought after of the BASKETCASES! Raffle tickets will be sold throughout the day.

**To donate items for the Auctions & Raffle contact:**

**Rhona Case, [Psychobabble3@yahoo.com](mailto:Psychobabble3@yahoo.com),  
215-355-8380;**

**Janell Adair, [psychodrama5@hotmail.com](mailto:psychodrama5@hotmail.com), 267-471-2460**



### CONFERENCE FRIDAY EVENING:

## New Members / First Time Attendees Gathering

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you.

## CHAPTERS/COLLECTIVES NETWORKING MEETING

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved.

## STEMania

*(Continued from Page 8)*

color they prefer; identifying and choosing shades; and then creating art with colors. Several sections were encouraging the 4th graders: to create mosaics by gluing together small pieces of colorful paper; or to color mandalas, reflecting a variety of cultures and artistic styles. The most attractive of the kid's stations was the creation of a 2' x 15' group picture where all of the visitors were able to leave their mark, to draw something new or to add to the picture of a previous child.

The story of young Jacob Moreno, interacting with children in the gardens of Vienna while still a medical student, is well known. The future founder of Psychodrama and Sociometry, who would later make some of the greatest contributions to the social sciences, started forming his philosophical ideas by encouraging children's spontaneity, self-expression and improvisation; and nurturing encounters with them and between them. Therefore, the author of this article strongly believes in the benefit of introducing elements of Psychodrama and Sociometry into the educational system. The interaction between the dual credit students and the younger guests during STEM Day at Weatherford College Wise County in North Texas, was a wonderful opportunity for personal growth and allowed all of them to explore their social roles. The evaluations of the event reflected the satisfaction of all participants; feeling motivated and excited about their future education; and expressing their desire to continuing experiencing the power of action methods in the future.

## HUDSON VALLEY PSYCHODRAMA INSTITUTE

Judy Swallow, MA, TEP & Rebecca Walters, MS, TEP

### April 14 — DBT in Action

with Rebecca Walters — Highland, NY

### May 6-8 — Sociodrama & Story with Children

with Rebecca Walters — Istanbul, Turkey

### May 19-21 — Positive Psychology in Action

with Dan Tomasulo — Highland, NY

### July 7-11 — Summer Psychodrama Intensive

with Rebecca Walters, Judy Swallow & Deb Shaddy — Highland, NY

### July 14-19 — July Directing Intensive

with Rebecca Walters — Highland, NY

### Sept 9-11 — I Don't Wanna, You Can't Make Me

Action Interventions with Adolescents and Substance Abusers  
with Rebecca Walters — Birmingham, England

### Core 2016 Ongoing Training Group

March 3-8 / June 9-14 / Oct 20-25

Boughton Place, Home of the Original Moreno  
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From the President

(Continued from Page 1)

just got married. Both find the Council commitment difficult at this time. Fortunately for us, two new Council members have stepped up to serve the organization: Mary Anna Palmer from MN and Chi-Sing Li from TX. Both bring energy and a desire to expand ASGPP.

- Our Membership Committee is in the process of preparing several survey calls to lapsed members in order to find out why they haven't renewed their membership and to invite them back. Other calls are being made to new members, to welcome and connect. If you are willing to assist Grayce Gusmano and Mary Anna Palmer with membership initiatives, please contact them through the ASGPP office, [asgpp@asgpp.org](mailto:asgpp@asgpp.org)
- Our Journal is regularly receiving new articles, as well as preparing special editions to honor Zerka Moreno and St. Elizabeth's Hospital. Thanks to Tian Dayton and her amazing editorial staff. Tian will continue to serve as Editor-in-Chief of the Journal until April 2017. If you have an interest in becoming the next Editor-in-Chief of our Journal or have an idea for an article, please notify the ASGPP office, [asgpp@asgpp.org](mailto:asgpp@asgpp.org).
- In an effort to manage our funds responsibly and become more technologically relevant, we are publishing our first digital PNN newsletter. Thanks to Colleen Baratka and Patty Phelps for their incredible service during this transition. We are hoping to expand the use of this newsletter and if you have any ideas of how it can better serve our community, please contact Colleen or Patty at [asgpp@asgpp.org](mailto:asgpp@asgpp.org).
- Our Conference Co-Chairs: Marlo Archer, Lori Feingold and Sandy Seeger are putting together a very exciting 2016 conference. The hotel in Phoenix provides us with some lovely space to create many fun activities. Hope to see each of you there. Go to the ASGPP website to register now, [www.asgpp.org/conference2016.php](http://www.asgpp.org/conference2016.php).
- The difficulty we experienced with our CEU providership program in the past few months has certainly been a challenge. We regret that we are no longer able to offer the providership program and are so sorry for the difficulty this

has caused many of our psychodrama trainers. On a brighter note, Deb Shaddy and Susan Mullins are working diligently to explore expanding CEU opportunities for our members, such as eventually getting CEU's for reading the ASGPP Journal and developing psychodrama webinars. If you have any ideas or energy for these initiatives, please contact Deb or Susan through the office, [asgpp@asgpp.org](mailto:asgpp@asgpp.org).

- We are currently developing a Promotion and Expansion Committee headed up by Steven Durost. The purpose of this committee is to disseminate and advance knowledge of psychodrama in a variety of very creative ways. We would like to foster having psychodrama presented at all the major mental health/social work/psychology/creative arts conferences. If you are presenting at a conference or know of a conference that could use a psychodrama presentation, please let Steven know, [asgpp@asgpp.org](mailto:asgpp@asgpp.org). Hopefully, we will work with our certified trainers to develop a calendar of upcoming conferences.

There are so many good things to celebrate; I could never mention them all. If I left anything out, I apologize. The ASGPP Executive Council meets monthly and the members of the Council are working diligently to serve the organization in so many different ways. If you see a Council member, please let them know you appreciate the service they offer.

Finally, I would like to thank so many of the ASGPP members who have reached out to me since my diagnosis of ovarian cancer in September. I'm very grateful to Erica Hollander and Debbie Ayers who have helped me in so many ways. I will say that chemo is NO fun, but my prognosis is very promising. I have been overwhelmed by the loving support and kindness of so many of you. While cancer is visiting me it is teaching me to receive without giving and to relax, trust and allow myself to be loved, very precious gifts indeed. Thank you so much for your support and care.

Linda Condon, LMHC, TEP  
ASGPP President

**Tucson Center**



**TCAMP**  
for Action Methods  
and Psychodrama

<http://www.denabaumgartner.com>

Email: [office@denabaumgartner.com](mailto:office@denabaumgartner.com) Phone: 520-325-6698

**Dena D. Baumgartner, Ph.D.,**  
**CGP, LMFT, LPC, TEP**

- Personal growth groups in Tucson, AZ. Will travel to host groups elsewhere.
- Consultation / Supervision for psychodramatists and students of psychodrama.
- Monthly psychodrama training in AZ. Willing to travel to host training elsewhere.

**Training Workshops**  
visit our website [www.tcps.on.ca](http://www.tcps.on.ca) for details and for additional training workshops



- **Residential: *Moving From Scarcity to Abundance.*** February 26-28 (Gadshill, ON) – Barbara Guest, MSW, TEP
- ***Understanding Organizational Change.*** March 12 (Toronto, ON) – Miriam Zachariah, TEP
- **Non-Residential: *Spirituality.*** April 1-3 (Toronto, ON) – Mike Lee, MDiv, TEP
- **Non-Residential: *Art into Action.*** April 15-17, (Toronto, ON) – Donna Little, MSW, TEP

**Toronto Centre for Psychodrama & Sociometry**  
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**ASGPP LIFETIME MEMBERS**

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 Sue Barnum, Dena Baumgartner, Adam Blatner,  
 Dale Richard Buchanan, Jeanne Burger,  
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 John Raspberry, Rebecca Rucker,  
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 Ella Mae Shearon, Gong Shu,  
 Jaqueline Dubbs Siroka,  
 Robert Siroka, Guy Taylor, Jan Tras,  
 Daniel J. Wiener, Marie Welsch,  
 Natalie Winters, Nick Wolff

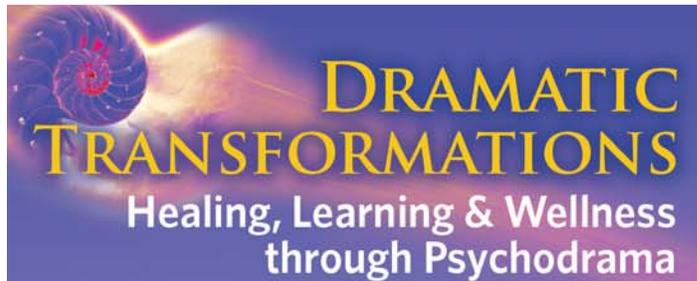
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**NEW SCHEDULE FOR 2016 WORKSHOPS**

**ANNOUNCING  
 PSYCHODRAMA SUNDAYS  
 Laurel, Maryland location**

with **Catherine D. Nugent, LCPC, TEP,**  
*and Guest Master Trainers*  
**Linda A. Ciotola, M.Ed., TEP** and **Anne E. Hale, M.A., TEP**

**D**ramatic Transformations/Laurel Psychodrama Training Institute (LPTI) is offering a series of one-day and three-day workshops in 2016. Each one-day workshop provides 6.5 training/continuing education hours. The extended, three-day format enables a more in-depth experience and provides 17.5 CEUs. LPTI is authorized to provide psychodrama training hours through the American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy and continuing education hours through the Maryland Board of Social Work Examiners and NAADAC.

- ◆ **SUNDAY, FEBRUARY 21:** Better at the Basics: The What, When, Why & How of Essential Psychodrama Techniques (Nugent)
- ◆ **SUNDAY, APRIL 17:** Therapeutic Spiral Model (TSM) Safety Basics (Ciotola and Nugent)
- ◆ **FRIDAY THROUGH SUNDAY, JUNE 10-12:** From Clueless to Conscious: Action Methods for Working with Conflict—The Courage To Be Authentic (Hale and Nugent)
- ◆ **SUNDAY, AUGUST 21:** Action Methods for Training and Consulting—Bringing Psychodrama and Sociometry Into the World of Education, Business and Organizational Development (Nugent)
- ◆ **SUNDAY, OCTOBER 16:** Action Methods in Couples Counseling: Integrating Psychodrama and Imago (Nugent)
- ◆ **FRIDAY THROUGH SUNDAY, DECEMBER 2-4:** Intentional, Embodied Spirituality: A Path Toward Wholeness (Nugent)

LPTI PROGRAMS integrate theoretical principles with skills development, personal growth and professional application. Over her 30+ year professional life, **Catherine D. (Cathy) Nugent** has held the vision to offer opportunities for dramatic transformations--deep healing, powerful learning and high-level wellness leading to more enriched and fulfilled lives.

For more information, contact **Cathy** at **410-746-7251**  
 or [cathynugent@verizon.net](mailto:cathynugent@verizon.net)