



## From the ASGPP President

Linda Condon, LMHC, TEP

Time passes quickly and it's easy to forget how much we have accomplished in the past two years. The President's Report to the Executive Council at our meeting in May 2017 attempted to summarize the work of so many of our devoted volunteers this year.

- **Zerka Legacy Committee** accomplished its goals to notify the psychodrama community of her passing, establish legacy plans, conduct fund-raising to support these plans, and celebrate Zerka's life at the conference.
- **Awards Committee** developed questions to help clarify the award nominations and provide the committee with information to make more informed choices of awardees. They began development of a Diversity Award and established criteria for it. The Executive Council has approved it being introduced at the 2018 conference.
- **Chapters Committee** began to utilize the newly approved chapter guidelines and is now wrestling with several legal and financial issues that have recently been identified. Stay tuned for developments in this area.
- **Scholarship Committee** was able to give out \$4,500 in financial assistance and, in addition, two Zerka Moreno International Scholarships and one Elder Waiver this year. All scholarships that meet criteria are now conferred through a totally blind lottery system.

(Continued on Page 9)

## Reflections on the ASGPP 75th Annual Conference



As we reflect on the 75th annual conference, *Navigating Waves of Change: Discovering and Celebrating our Hidden Treasures*, we are full of gratitude for all the wonderful volunteers who helped make this conference a success. Without their help, we would not have been able to pull this off! Thank you, thank you, thank you!!

*Jodi, Julie, Maryann, Susan and Uneeda*

### From Susan:

One of our goals for those attending the conference was to facilitate folks discovering treasures throughout the experience. To help with that, we set up a photo op with a ship's wheel and captain's hat, so someone could "take the helm" and be steering the ship and we also had a couple of sand trays available for moments of Zen reflection. There were also pages from coloring books to spark playfulness.

One of my precious moments was getting together before the conference with the other co-chairs for a crafts day. This year in keeping with our theme of hidden treasure, we made treasure chests, instead of basket cases for the raffle. It was with some trepidation I started making my first treasure chest as I do not view myself as a crafty/artistic person. It was a ball!! We all worked together to create the treasure chests amid laughter and stories and deep connection! To cap it all off we sat in the midst of our creations for a group photo! And it was great to see the response people had to our handiwork!

In the weeks leading up to the conference, the weather was absolutely picture perfect gorgeous! And the week of the conference, a cold front came through... which rarely happens here in May. So, instead of warm sunny weather the first days of the conference, we had intense rain and winds that howled and raged

(Continued on Page 26)



## 2018 ASGPP CONFERENCE

April 19-22, 2018

Crowne Plaza North Dallas  
Dallas, TX

### INSIDE THIS ISSUE:

This is Your Council.....	Page 3	Unsung Heros & Heroines.....	Page 8	Bicultural Skills Action Program...	Page 18
2017 Conference Photos.....	Page 4	Tell Us Something About This Story	Page 9	In Memoriam: Joe Powers.....	Page 19
Members in Action.....	Page 5	Conference Treasure Chest.....	Pages 10-15	International Scholarship Awards	Page 20
In Memoriam: Dolores Ripper.....	Page 5	Welcome New Members.....	Page 16	What If.....	Page 21
Shadow of a First-Time Co-Presenter	Page 6	Psychodrama: What's that?.....	Page 17	Zerka T. Moreno Memorial Fund....	Page 25
Chapters & Collectives News.....	Page 7	Worth Every Penny.....	Page 18	ASGPP Fiscal Statement.....	Page 29

## Psychodrama Network News Spring/Summer 2017

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Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

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From the Editor

## PSYCHODRAMA AND POSITIVE PSYCHOLOGY A PERFECT FIT SHARED ROOTS AND WINGS

Nancy Kirsner, PhD, LMFT, OTR, TEP



For the last five years I have been weaving psychodrama and sociometry tools into the rich concepts and evidence based research of Positive Psychology at the ASGPP Conferences, in my practice, and in my workshops. I often think being an eternal student-and-teacher of both of these fields, Positive Psychology has the research, the neuroscience, the contemporary buzz of being cutting edge, alive with newness. It is thriving in Universities and the popular culture...and yet, even at the most professional

esteemed level, like IPPA (International Positive Psychology Association – Montreal this July 2017), while presentations are academically stellar, professional power points, meaningful, funny and clever slides – little if any action is used to punctuate and bring home the concepts which involve body, mind, spirit, whole being, positive emotions, character strengths, and our magnificent brains at work. We as Psychodramatists are the ACTIONEERS, the EXPERIENTIAL Professionals that have the techniques, tools, and methods to really initiate, install, savor, and embed these Positive Psychology basics into our body-mind-action repertoires. PP and PD are a perfect fit – hand and glove – with our shared roots, soil and wings.

What do we share, you're asking? First of all, a history of shared grandparents (Maslow, Rogers, Moreno, Buber, Karen Horney), common beliefs about the nature of man, and similar philosophical bases. Both are grounded in Humanistic, Existential and Developmental theories that believe we have all the potential within us and that we can change throughout our lifespan (neuroplasticity being the newest discovery). Man lives within a social matrix and we are all invisibly connected. At each and every moment we have a choice of how to act and be. Positive Psychology talks about Flow/ Happiness/Wellbeing as the ultimate currency of the good life; Psychodrama looks to ignite our innate sense of creativity and spontaneity within a rich role repertoire.



The aims of both Positive Psychology and Psychodrama are to have teachable, accessible, and practical skills available to "Mainstreet" and "all of mankind." Life is co-created and we don't do it alone (social atom, resiliency). Character strengths are owned and developed in action and through role stages of development. Role training cultivates healthy enduring relationships. This is such a perfect marriage!

# THIS IS YOUR COUNCIL



ASGPP Executive Council

## CEU COMMITTEE

With the recent changes in the regulations in continuing education, the CEU committee is evolving and reforming its mission. One of the options currently being explored is the possibility of offering supplemental on-line trainings that will target some of the specific areas of the certification exams. These explorations are in the early stages, but if able to be accomplished, may offer exciting opportunities to continue the dissemination of the theory and practices of psychodrama. It has the potential to provide support to the membership, particularly students, and trainees, as well as providing additional avenues for trainers to share their wisdom and experience.

*Deborah Shaddy, CEU Committee Chair*

## ASGPP JOURNAL

At the end of 2016 the ASGPP Journal said goodbye to its long-term, dedicated editor-in-chief, Tian Dayton. Tian's role as leader greatly influenced the journal throughout the years. At the beginning of January 2017 Nina Garcia and Elaine Camerota took on the role of the new editors-in-chief, bringing a new great energy to the editorial team.

The spring/summer of 2017 offered to readers of the ASGPP Journal two issues – the regular annual issue, with a rich variety of articles on Psychodrama, Sociometry and Group Psychotherapy; and a special issue, dedicated to Zerka Moreno, reflecting Zerka's life and creative work through the experiences of people around the world, and edited by Karen Carnabucci.

The future of the Journal is exciting! The very active editorial team has planned a variety of activities to encourage new authors from the US and internationally; publications on evidence-based research; bringing back valuable articles from the archives, opening space for articles on psychodrama and related fields, articles on training, translated articles from foreign language journals and increasing the visibility of the Journal.

The Journal editorial team has announced the themes for the next 3 journal editions. The 2018 issue will be dedicated on the 100th anniversary of 'Daimon', the literary/artistic/philosophical journal that JL Moreno began in Vienna, Austria. For 2019, the theme will be 'International Developments'; and for 2020, the theme will be 'Non-clinical uses of psychodrama, sociodrama, and sociometry'.

A strong and effective relationship has been established between the editorial team and the new publishing house, Allen Press. Eleanor Lohmann, a representative of the publisher for the ASGPP Journal, and her colleagues have been highly involved in assuring a smooth transition to the new submission site and the success of the journal in general.

The Executive Council is providing continual support to the Journal, and maintains a consistent connection and positive relationship with the Editorial Team. A successor of the J.L. Moreno's professional journal, "Sociometry: A Journal of Interpersonal Relations", first published in 1937 (80 years ago) and his second journal: "Sociatry: A journal of group and intergroup therapy" (1945), the *Journal of Psychodrama, Sociometry and Group Psychotherapy* has been the professional journal of the American Society of Group Psychotherapy and Psychodrama (ASGPP) from the very beginning of the organization and a invaluable resource for research, creative practices, innovative trends as well as connecting authors and readers from around the world.

*Daniela Simmons, Liaison of the Executive Council to the Journal*

## PROMOTIONS COMMITTEE

The Promotion Committee is focused on increasing the visibility and demand for psychodrama across the country. This year we have had and are planning to have ASGPP representatives at all conferences held by NCCATA organizations (National Coalition of Creative Art Therapy Association). We are moving to have psychodramatists present workshops at all the major mental health counseling conferences across the United States. We are also working with NCCATA to create a Hill Day in Washington, DC to advocate for recognition of creative art therapies as viable and needed mental health services for all.

*Steven Durost, Promotions Committee Chair*

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The ASGPP has a number of committees working on various issues that affect the society. Most committees have an ASGPP executive council member who serves as chair person. ASGPP committee membership is open to all ASGPP members.

The committees are always looking for fresh ideas and new members. For more information on a specific committee, or to join a committee, please contact the Chair person listed on our website, <http://www.asgpp.org/pdf/Committees.pdf>

– CONGRATULATIONS 2017 ASGPP AWARD WINNERS –



ASGPP 75th CONFERENCE  
Navigating Waves  
of Change

**J. L. MORENO AWARD**  
Elaine Camerota, EdD,  
TEP



**DAVID A. KIPPER  
SCHOLAR'S AWARD**  
Rebecca Ridge, PhD, LMT,  
TEP



**HANNAH B. WEINER AWARD**  
David Moran, CDDP-D, LCSW,  
TEP



**SPECIAL GRATITUDE  
AWARD**  
Tian Dayton, PhD, TEP



**PRESIDENT'S AWARD**  
Patricia Phelps, PhD



**COLLABORATOR'S AWARD**  
Georgia A. Rigg, LCSW, TEP &  
Kaya T. Kade, LPC, CDMS, TEP



**FELLOWS**  
John Olesen, MA, TEP • Barbara Guest-Hargin, BEd, MSW, TEP  
Cecilia Anne Yocum, PhD, PAT • Kim Cox, MA, NPO

Check out the "2017 Conference Reflections" on our website



Miria Sirosis,  
Keynote Speaker



Antonina Garcia,  
Plenary Speaker



Awards  
Ceremony



Flashmob



Auctions  
Raffle



Zerka Moreno  
Sunset  
Celebration



Drum Circle  
on the Beach



Zerka in the  
Empty Chair



Sand Trays /  
Color  
Contest /  
Smooth  
Sailing

# Members in Action

\* **Sue Barnum, LPCC, TEP**, presented a day-long workshop in NYC at AGPA's Annual Meeting, March 8-11 on "Bringing Together Two Worlds: Psychodrama and Process Group" with Jana Rosenbaum of Houston. They also taught the same workshop (psychodramatic techniques in process group) at Houston Group Psychotherapy Society's annual Institute April 20-22, 2017 in Houston.

\* In the German journal, *Zeitschrift fur Psychodrama und Soziometrie*, April 2017 edition, there are two papers by our members:

1. **Rebecca Walters, LCAT, LMHC, TEP**, *Fairytales, Psychodrama, and Action Methods: Ways of Helping Traumatized Children to Heal*

2. **Erica Hollander, PhD, JD, TEP** and **Amna Jaffer, TEP**, *Gearing Up in Psychodrama: Using psychodrama to support education in diverse communities and building teams to deliver support.*

\* **Karen Carnabucci, LCSW, TEP**, has relocated to Lancaster, PA. She recently presented on "Multi-Generational Trauma and Addiction" for the Association of Chemical Dependency Professionals of Lancaster County and on

"Addiction as A Response to Multi-Generational Trauma" for the state conference of the Pennsylvania Certification Board in Lancaster, PA.

\* **Connie Miller TEP**, presented a full day of training for the staff of Waters Edge Recovery in Fort Pierce, Florida. The training included teaching sociometry and psychodrama.

She was in Lisbon, Portugal in May where she had a book signing for her book *Starve the Ego: Feed the Soul! Souldrama: Ignite your Spiritual Intelligence!* recently published in Portuguese.

\* **Kate Hudgins, PhD, TEP**, was honored with the official position of Visiting Professor at Hua Qiao University in Xiamen, China on Zerka's 100th birthday!

\* **Peter Kranz, PhD, CP**, was a visiting professor in Psychology at Voronezh State University, Voronezh, Russia for a month (5/15/17-6/15/17).



Kate with Scott Giacomucci, Professor Zhao Bingjie and Steven Durost

## IN MEMORIAM Dolores L. Ripper

Dolores L. Ripper, MSW, CP, PAT, 86, passed away on the morning of May 1, 2017.

Dolores was a well known and much loved long-time resident of Martin County, having arrived there over 45 years ago. After years in the food service business, she returned to school at the age of 60 to earn her Master of Social Work Degree and also began Psychodrama training and became a CP. She was in the PAT process as well. Dolores became an integral member of the Tykes and Teens team of therapists providing counseling to thousands of children and family members in crisis. While most her age were retiring, her zest, love of learning, sense of humor and pas-



sion fueled her to continue her work in the field of counseling and psychodrama. Dolores earned a nomination for the prestigious Sage Award just one week before her hospitalization. Dolores was well-loved by the clients she served – many of whom have literally grown up with her and live happier, healthier lives because of her dedication. Dolores will be remembered as a loving dynamic powerhouse who fought to improve the lives of others. She will be greatly missed by her family, colleagues, clients, and staff at St. Mary's Medical Center who gave her their love and care in her last weeks of life.

# The Shadow of a First-Time Co-Presenter

Scott Giacomucci, MSS, LSW, CTTS, CET III



I am en route to the ASGPP conference, scrambling to prepare for the workshop I am presenting on shadow and archetypes while ferociously reading Jungian Psychology. I'm feeling inadequate, about to present to 20 or 30 colleagues who likely have more experience and knowledge than I. I want to do a good

job my first time co-presenting!

A dream, or nightmare, from last night keeps surfacing to my consciousness. A vision of a demonic creature chasing me provokes terror in my stomach. The same terror I awoke with at 3:17am this morning, and had to turn on a light to self-soothe.

I realize now that my preparation for the workshop lies not in a book, but within my own shadow – damn.

I'm on the plane, flying over one of the Carolinas, and reluctantly decide to re-enter my dream. To use Jung's technique of active imagination (which is very similar to psychodrama!), rather than just read about it.

As I return to the darkness and face this dark creature, he begins to punch me in the stomach, right where I feel the terror. I try to reason with him. I try to get curious about him, asking what he wants as I feel his grip around my throat.

My eyes open as the flight attendant moves through the aisle to collect trash. I look down at the book on my tray "Meeting The Shadow", turn the book upside-down, and reluc-

tantly move back into my active imagination – my internal drama. When I pull back the dark cloak of this shadow, I see myself at 15 in a hopeless place. I see myself in 2nd grade isolated and feeling alone. I see myself just a few months ago paralyzed by fear. I see myself in the future weeping with my face in my hands. I feel the power of humanness integrate within as the figure and I become one and I reclaim this aspect of my shadow. I open my eyes looking at the swampy landscape below, cloaked by a layer of clouds and guess we are flying over another state now.

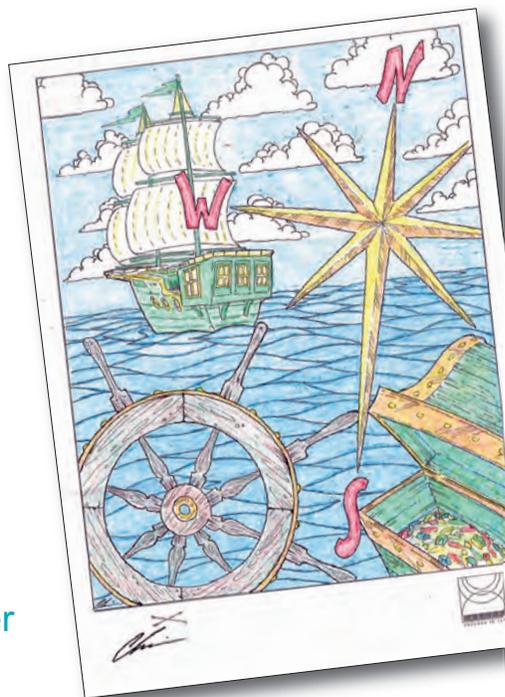


As I allow myself to see within, I notice my stomach and throat soften. The feelings of fear and inadequacy about presenting at the conference have dissipated and been replaced with a gentle sense of competence.

I notice myself smiling as I gaze from my airplane window at the Atlantic Ocean thinking of dear friends and colleagues I will see at the conference and my workshop – "Dancing With Your Shadow: Finding the Hidden Gold". The pilot announces that we are beginning our descent into Tampa. Inspecting the back cover of the book before me for the first time, I read "Although we think of the shadow as containing only darkness, as Jung stated, its essence is 'pure gold.'"

As the sun sets, the tips of the dark grey clouds around me illuminate with a golden accent. We descend through the gold, through the dark clouds, and into Tampa international airport.

A "Thanks & Congratulations" Note from Marlo Archer



Dear 2017 ASGPP Conference Co-Chairs and key volunteers and Executive Council, and Debbie and all who assisted her,

Excellent Conference? As you can see I am STILL enjoying it over a month later. The D-I-Y water bottles - genius. The mini sand bucket welcome - delightful and I use it in my office with Kinetic sand. The KITES. STUNNING. Sand Trays were sweet little surprises. Recycle Treasure Chests vs unwieldy baskets - brilliant. Flash mob - so fun. Zerka PM memorial so elegant. Drum Circle is worth whole price of conference and glow necklaces was icing on that cake. The vendor w/ the clothes was amazing. Using microphones in large rooms was essential and appreciated. And here is my late contest entry - So cool. Love, Marlo 2020?

# ASGPP CHAPTERS & COLLECTIVES NEWS

Find a Chapter or Collective near you  
Join In and Cultivate your Action Experiences !



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## • Denver Area Collective

Erica Hollander / [ericahollander@comcast.net](mailto:ericahollander@comcast.net) / 303-978-9091

The Denver Psychodrama Collective meets monthly in a location in downtown Denver across from the Governor's Mansion, with some delightful new members lately. We share directing and food responsibilities and try to vary our offerings to include new ideas and fruitful discussions. We set the evenings as we meet each time, so if you would like to be informed about our meetings, send an email to [ericahollander@comcast.net](mailto:ericahollander@comcast.net) or call 303 978 9091.

*Erica Hollander, PhD, JD, TEP*

## • Hudson Valley Chapter

Regina Sewell / [visionshv@optonline.net](mailto:visionshv@optonline.net) / 845-440-7272

The Hudson Valley chapter has been rollicking along.

In April, we were delighted to have Heidi Landis come up from NYC to direct at our April open session. In May, our own Linda Richmond made her directing debut. And in June, Jacob Gershoni came up from the city to direct. Our Open Sessions usually occur on the third Friday of the month, September - November and March - June.

*Regina Sewell, PhD / MEd, LMHC, PCC*

## • Mid-Atlantic Chapter

Steve Kopp / [SteveK@sli.org](mailto:SteveK@sli.org) / 301-592-0542

The Mid-Atlantic Chapter cancelled their May meeting, since they meet the first Saturday in May and that was the ASGPP conference. An agenda for the October meeting is yet to be set. For dates and other information, check with Steve or their website <http://macasgpp.org>

*Steve Kopp, MS, CAS, TEP*

## • Southern Chapter

Craig Caines / [craigcaines@sprintmail.com](mailto:craigcaines@sprintmail.com) / 205-249-7048

The Southern Chapter of the American Society of Group Psychotherapy and Psychodrama (SCASGPP) has scheduled a one day psychodrama workshop on Saturday, December 8th, 2017. John Rasberry, LMFT, TEP, Cindy Branch, LCSW, CP and Craig Caines, LICSW, TEP will be presenting. The SCASGPP has returned to the University of Alabama at Birmingham (UAB) and the University of Montevallo (UM) recently. The SCASGPP is continuing to place an emphasis on introducing psychodrama to students.

*Craig Caines, MSW, LCSW, TEP*

## UNsung HEROES AND HEROINES

We would like to sing the strengths, praises, and gratitude we have for STEVE KOPP and DANIELA SIMMONS, who have shared themselves generously within and without the ASGPP and Mental Health fields.

— STEVE KOPP, MS, CAS, TEP —

— DANIELA SIMMONS, PhD, CP, PAT —



I am always curious to ask people, “How did you come to Psychodrama?” For Steve it was quite by accident or perhaps serendipity. In 1986 someone at work gave him a flyer and said “this might be helpful to you.” The flyer announced the Annual ASGPP 1986 Conference in Washington, D.C. As it was conveniently right down the street from where he lived, he attended. This began an over three decade profes-

sional career and legacy of a Psychodrama and Experiential Therapy Program at St. Lukes developed and shaped by Steve’s education, creativity, and passion for psychodrama and the Expressive Arts therapies. This program works with Catholic priests, brothers and nuns and originally began as largely a psychoeducational and relapse prevention program. Steve added psychodrama and over the years more experiential aspects such as art therapy, somatic awareness work, and massage. Steve still describes St. Lukes as a “fun” place to work.

When you talk to Steve three qualities are immediately apparent: he is zesty and passionate about what he does, he has a great sense of humor, and gratitude fuels and supports how he sees life and relationships. Steve’s early training was four years of weekly training with David Swink. Having a weekly training group, which rarely happens today, necessitated that group dynamics be dealt with on a regular basis and this was valuable learning. This led to Steve spending a year in the PD Program at St. Elizabeth’s Hospital in 1988-89 with Dr. Dale Buchanan, Barry Spodack, and Milton Hawkins. One of many aspects of the St. E’s training that Steve values is that theory and didactic were integrated within the program from the beginning.

Steve has also been instrumental as a board member, organizer, VP, and President, filling many roles as needed in the Mid Atlantic Psychodrama Chapter. This is one of our most robust, ongoing Chapters although its history is not without ebbs and flows, and it almost came apart in the late 1980’s. Ann Hale was invited for a Farewell Event for the Chapter. Instead, Ann’s skills at Sociometry and deep caring for people became the healthy infusion the Chapter needed to revive using the best talents of all of the group members – making a good fit.

When asked about the success of the Mid Atlantic Chapter, Steve says it’s a great community of people. They

*(Continued on Page 24)*



When you first meet Daniela, the first things you notice are her warm caring eyes, beautiful smile, and soft lilting voice and Bulgarian accent. You are immediately swept up in the magic that is Daniela. She is engaging, generous, smart, nurturing and makes herself available to help in any way she can. Her creativity and energy are dynamic and her sense of humor and fun lights up who she is and what she does.

Daniela was introduced to PD in Europe (1992) and internationally trained by impressive trainers: Chantal Ne’ve Hanquet (Belgium), a PD trainer, Psychoanalyst, Jungian analyst, and co-creator of the Landscape Genogram (see Winter PNN); Fontaine Pierre, MD (Belgium) founder of a PD Training School in Brussels and one of the Founders of FEPTO; Raina Vetzova and Mila Danailova (Bulgaria); and Bernard Achterberg (Germany). Her training was formal and included the didactic and philosophical underpinnings from its beginning. Daniela had many hours of training when she came to this country and completed her supervision hours with Suzie Jary and Katrena Hart. She completed her CP in 2013 and is currently a PAT, soon to be a TEP.

In the U.S. Daniela started her first groups in 1995 with teenagers, parents, teachers, and medical professionals. She also started applying psychodrama techniques with elderly people in long term care (Alzheimer’s, developmental disabilities, brain injuries) facilities.

Daniela has been a member of ASGPP since 2011 and is currently an EC member. She serves on several committees: Chapter liaison (in the past); research committee; editor-in-chief selection committee; and a liaison and editor for the PNN. Daniela recently joined the ASGPP Journal staff as Executive Editor. Daniela is a trainer who embodies for her trainees the Morenian philosophy of say “Yes, Yes, Yes!” to spontaneity and involvement. Several of her trainees have written for the PNN and participate on the Research Committee. One of her trainees (Angie) has even designed a research tool which they hope to use this year. Daniela is a Co-Chair for our 2018 ASGPP Conference in Dallas, Texas. Ya’ll Come on down!

Daniela founded the Expressive Therapies Training Institute (ETTI) in 2013. The institute, with its many projects and the most wonderful trainees / associates, has turned everything Daniela does into a highly meaningful and joyful

*(Continued on Page 24)*

# TELL US SOMETHING ABOUT THIS STORY

## FTTTP • 1990???



It is sometime in the 1990's and we are meeting in a Holiday Inn in downtown Dallas on Elm Street, recalls Shirley B. It is a large lively group with attendees from Europe and all over the United States.

We are the Federation of Trainers and Training Programs in Psychodrama, incorporated February 6, 1981 in Washington. We have been formed in the decade after J.L. Moreno's death, in 1974.

Set the scene/context: \_\_\_\_\_

Who is present ? \_\_\_\_\_

What is happening ? \_\_\_\_\_

How are you feeling/thinking about this ? \_\_\_\_\_

Who are the leaders/facilitators ? \_\_\_\_\_

What do you want us to know ? \_\_\_\_\_

What are your hopes, ideas, dreams, purposes ? \_\_\_\_\_

## From the President

(Continued from Page 1)

- **Website Committee** decided to have a volunteer, Marlo Archer, manage our social media efforts this year. We are developing the ASGPP website resource page where members can now download the following digital items: *Who Shall Survive*, René Marineau's history of Moreno, [www.create-space.com/4050094](http://www.create-space.com/4050094) and soon, the *Hollander Warm Up Box* as well as *Psychodrama Volume I*. Psychodrama Press has been formed to decide which legacy materials will be digitized and how much members vs. non-members will be charged for downloading these materials so we can create an alternative stream of income for the organization.
- **CEU Committee** had to work through the discontinuation of our CEU providership program and ensure we are meeting current guidelines by our certifying bodies to offer CEUs for our conference workshops. In addition this committee is working on the possibility of ASGPP offering a Webinar on the history of psychodrama. More details will be provided.
- **Promotions Committee** networks with other organizations and to promote psychodrama by developing a calendar of conferences and proposal deadlines in order to encourage members to present at other venues. In addition, we are continuing our connection with the National Coalition of Creative Arts Therapies Association. ASGPP is currently involved in numerous ways to increase our alliance with Art Therapy, Dance and Movement Therapy, Drama Therapy, Poetry Therapy, and Music Therapy Associations.
- **Membership Committee** has developed an "Elder" waiver initiative and the Council has approved 2 conference waivers a

year to be given out by lottery to members who meet criteria to qualify as an 'elder'. The committee has also canvassed ABE members who are not currently ASGPP members and continues to develop strategies to welcome new members and retain current members.

- **Research Committee** continues to support the development of Rory Remer's multi-site study and is currently working on a plan for using a database. In addition, the committee conducted a journal survey last year and continues to manage a research Facebook site and blog.
- **Publications Committee** appointed Nancy Kirsner as our PNN editor and the Council voted to switch the PNN from a print/mail newsletter to a digital one in order to decrease organization expenses. This committee also oversaw the appointment of our new Journal Editors-in-Chief, Elaine Camerota and Nina Garcia. The Council voted to have our Managing Editor needs fulfilled by Allen Press and continues to assist the Editorial Board in this transition.
- **Conference Committee** continues to push for earlier identification of hotel sites and conference committees to recruit well-known keynote speakers. A conference task force has been appointed to review evaluations from previous conferences and to consider alternative conference structures, as well as, exploring ways to make ASGPP more attractive to hotels.
- **Finance Committee** The Council decided it is important for us to increase transparency and has printed our 2015-16 Fiscal Statement in this edition of the PNN. We will continue to do so annually.

# ASGPP CONFERENCE TREASURE CHEST

## International Presence

Karen Carnabucci, MSS, LCSW, TEP



One of the most intriguing parts of the annual conference of the American Society of Group Psychotherapy and Psychodrama is the fact that many attendees travel quite a distance to be part of this gathering in the United States.

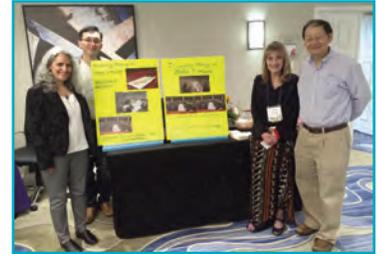
In 2017, participants arrived in Clearwater, FL, from throughout the United States as well as Australia, Canada, Cuba, Israel, Japan, Norway,

New Zealand, Taiwan and Turkey.

International visitors give all of us a window to what is happening in other parts of our world. Their presence expands our professional horizons and allows us direct learning of the issues in their countries. In addition, these international participants, who are leaders of psychodrama in their countries, bring not only their enthusiasm for psychodrama and its associated methods but also remind us about cultural sensitivities and that

there are different and new ways of doing psychodrama.

Adam Chi-Chu Chou brought two handmade posters from psychodramatists in Taiwan to honor Zerka T. Moreno, who died on Sept. 19, 2016. Adam also presented “Journey through the Three Interactive Living Stages in Psychodrama Supervision.”



One international presenter, Diana Jones from Wellington, New Zealand, introduced her new book “Leadership Material: How Personal Experience Shapes Executive Presence” to U.S. audiences and was on route to Barnes and Noble after the conference for a book signing. Diana presented “Moments and Movement in Developing Leaders” at the conference.

Our international participants remind us of the cultural contexts and the power of political events that shape psychodrama and its use.

## Renewing contact with Cuba and Cuban psychodramatists

Karen Carnabucci, MSS, LCSW, TEP

Evarina Deulofeu Zamorano and Nancy Rial Blanco, both psychodramatists from Cuba, brought startling and fascinating news — that Dr. J.L. and Zerka Moreno visited Cuba two times during two decades and ignited an excitement about psychodrama that has continued to prosper to this day.

The Morenos’ visits took place in 1953 and 1960, with an interesting footnote — one of the involved physicians was Ernesto Guevara, also known as “el Che,” the legendary political activist who supported Fidel and Raul Castro during the Cuban revolution. When diplomatic ties were severed between the United States and Cuba in 1960, educators and health professionals in Cuba had to pursue training in psychodrama from trainers from Europe and South America.

Here’s the background to Zerka and J.L. Moreno’s visits, documented in the book, “Psicodrama en Cuba,” a collection of articles coordinated by Idania Trujillo de la Paz:

In 1959, Guevara, also known as el Che, asked a Colombian psychologist named Gustavo Torroella to create a group in Cuba based in the field of psychology. There was no department of psychology at the University of Havana at that time. Che’s intention was to organize a group that would become an advisory board to the rebel army.

When Zerka and J.L. visited Cuba, it is believed that el Che



Nancy, Martica & Evarina

had some involvement with the arrangement of their visit. However, Zerka reported shortly after the first visit to Cuba that she and J.L. did not meet with el Che.

Evarina Deulofeu Zamorano, a professor of philosophy at the University of Havana, wrote Zerka a letter in July 2011, asking her to confirm the years that she and Moreno had visited Cuba. Zerka responded, writing the Morenos’

first visit to Cuba was in 1953, and provided the names of some of the psychiatrists that J.L. met there. There was a second visit after 1959, following Cuba’s revolution, which Zerka confirmed with Evarina, at the age of 94. Zerka believed that this second visit happened in 1960. Zerka accompanied J.L. during both trips to Cuba.

Evarina and Nancy presented the workshop, “History of Psychodrama in Cuba: Startings and Beginnings” with the help of their laptop computer and an interpreter, Erin Grupp, a psychodrama trainee in Florida. Martica Bacallao, a psychodramatist who is a native of Cuba who immigrated to the United States as a child, also helped with introductions and translating at other times during the conference.

Interest in psychodrama began in Cuba in the 1950s, with Cuban professionals and researchers making contact with Dr. J.L. Moreno and inviting him to Havana.

Its formation continued with Eduardo (Tato) Pavlovsky and

**ASGPP CONFERENCE TREASURE CHEST** continued

other Argentine psychodramatists from 1970 to 1991; he introduced psychodrama to undergraduate students that he taught until the early 1990s, and represented Cuba in the Congress of Psychodrama in Buenos Aires.

Mónica Sorín also played a key role in 1985 in psychodrama studies, especially with the psychology faculty at the University of Havana. The field was a project of the Center of Orientation and Psychological Attention (COAP, or Proyecto del Centro de Orientación y Atención Psicológica). Along with Alicia Minujin, she taught several post-graduate psychology courses in psychodrama during the 1980s and '90s. Monica and Alicia wrote the book, "Introduction to Psychodrama", which was published by the University of Havana in 1990 and used as a textbook by the faculty.

Under the direction of Guillermo Arias and Úrsula Hauser, who are psychodramatists trained with Grete Leutz of Germany, two groups received basic training in psychodrama, and then a group continued training. By 2006, they graduated as Psychodrama (Level I) directors at the Center for

Orientation and Psychological Attention at the University of Havana.

The Group and the Psychodrama Section of the Cuban Society of Psychology was created in 2003. A master's degree in Psychodrama and Group Processes began in 2007 at the University of Havana and continued with a second edition in 2012.

Cuban psychodramatists participated in several Ibero-American Congresses of Psychodrama and other events outside of Cuba, especially in the VII Ibero-American Congress of Psychodrama of Ecuador in 2009.

The VIII Ibero-American Congress of Psychodrama was organized and celebrated in Cuba in 2011. The Pre-Congress and Congress Conferences are held in Havana and the Post-Congress Meeting in Santa Clara, Cuba.

In addition, Jonathan Fox and Jo Salas visited Cuba in 2008 to demonstrate Playback Theatre, and American Susan Metz has continued training there; her report may be found online. There has also been training in Spontaneous Theater with Marilén Garavelli from Argentina.

**From Turkey, a drama about refugees**

Karen Carnabucci, MSS, LCSW, TEP

Canel Bingol and Turabi Yerli, both physicians and certified psycho-dramatists from Istanbul, Turkey, presented "All We Need is Magic," a powerful session which focused on refugee trauma and healing.

There are widespread social and mental health problems in the Middle East, including Turkey. There are millions of refugees and immigrants and the political instability of the region has brought refugees to almost all Turkish cities. The country is considered a "transit" country rather than a country of destination. The exiled are identified as refugees who have experienced forced dislocation and immigration.

The workshop demonstrated how expressive therapies, psychodrama, sociodrama, ritual and other experiential activities can develop resilience and the ability to cope with refugees' psychosomatic symptoms of depression, post traumatic stress disorder and anxiety.

The warm up included gentle self massage, a dyad dance (one person silently dancing, one still) and a group dance (several people dancing silently, one person still). The dance is called "Dissolving the Body into Another," with the intention to increase awareness of self and build trust and cohesion in the group.

Canel explains the value: group members feel and have contact with their own bodies; with action with another they experiment with coming closer into confidential space, then apart. The body, when touched, freezes so that the "other" in the dyad begins moving.

"It is a spiral continuous process to get the other's emotion and feeling and to find the common emotion to make group sculpture," says Canel, adding that the process increases sen-



*Canel, Karen & Turabi*

sitivity and breaks the isolation that people feel in traumatic situations.

This kind of dancing has been employed during military coups and group imprisonment in stadiums and prisons when civilians are banned from talking with each other and have been ordered to have their eyes closed as a punishment or torture.

Depending on the cultural differences (in some cultures silence is part of their standard, like Finland, but not in Latin countries like Spain) so

the directors can choose the music form and types accordingly.

When a protagonist was selected, the presenters identified four aspects of the immigration experience. Loneliness and anger come first, with the healing forces of witnessing and spirit.

Turabi, as director, created an invisible "ship" for the protagonist to board. The protagonist was encouraged to select friends for the journey to board as well.

The protagonist encountered loneliness, then anger; with the sailing companions sharing their own feelings as witnesses. Finally, there was the encounter with the larger spiritual forces, allowing all to dance together as a group, and discovering their own treasures, concretized by shells, small twigs, colorfully wrapped candies, stones and pine cones.

To accompany and intensify the experience, Canel played the erbane, a traditional Kurdish percussion instrument, and Anna Schaum, a group member, played the viola and used voice, highlighting certain words and phrases during the drama.

*Thanks to Martica Bacallo, PhD, TEP, who translated parts of the book, "Psicodrama en Cuba," for additional information and her Ambassadorship in translating for our colleagues from Cuba onsite and for this article.*

ASGPP CONFERENCE TREASURE CHEST continued

## Character Strengths: Action Explorations Using The Values in Action (VIA) and The Segora Strength Clusters™ Map

Phoebe Atkinson, LCSW, Coach, TEP  
Nancy Kirsner, PhD, OTR, PP, TEP



Positive Psychology and Action Methods fit together like hand and glove. Positive Psychology focuses on character strengths, positive emotions, education, and community. This workshop focused on attendees unique constellation of Character Strengths as measured by the VIA free survey ([viacharacter.org](http://viacharacter.org)) and explored in action through dyads, best self stories and work/play on the Strength Clusters Map. Everyone experienced strength naming and definitions, strength stories, and strength spotting within the main frame of the VIA AWARE, EXPLORE and APPLY model.

It was Sunday, the last day of the ASGPP Conference and the very last time period, 3-6 PM. Phoebe and I wondered, would folks be too tired and have already left? Would we have anyone at our workshop? We were so excited about being together to be “on the mat” as we call it (we live in different cities), and our dear colleague Nicole Stottlemeyer (a Coach specializing in using Character Strengths with children /adolescents) was with us as well. Action Insights occur working on the

Character Strengths map just as they do in psychodramas! To our surprise and delight we had a lively engaged wonderful group of 23 folks.

Being on and speaking from the Strengths Cluster Map helps people understand and connect with each other through the language of character strengths that fosters a culture of appreciation. The Map is multi-sensory and activates different learning pathways that are highly visual, colorful, playful and kinesthetic. The MAP is a visual extension of the written VIA survey and its action opportunities are limitless and provide wonderful opportunities for any groups, parents, educators and psychodramatists. *The Strengths Clusters™ - Cultivating a world of appreciation a character strength at a time* - map was designed and created by Giselle Marzo Segura ([www.strengthclusters.com](http://www.strengthclusters.com))



The action applications using the Map continue to open up a very rich world in which to work with clients. Phoebe and I have been orienting our practices using VIA

strengths for several years. Now that we have the Strengths Cluster Map as an additional tool, we are discovering many new dimensions of the intersection between the use of narrative practices, evidence based positive psychology interventions and action explorations.

We are grateful to have had this spontaneous learning experience in our home community. Thank you to ASGPP and our fabulous group.



### 2017 CONFERENCE VIDEOS

2017 Flashmob: [www.dropbox.com/s/4zdcijiqgvvwhm/2017%20asgpp%20%20flash%20mob%20.mov?dl=0](http://www.dropbox.com/s/4zdcijiqgvvwhm/2017%20asgpp%20%20flash%20mob%20.mov?dl=0)

ASGPP '17 Award Recipient **Elaine Camerota**: [www.youtube.com/watch?v=yshTCzbnMyA&feature=youtu.be](http://www.youtube.com/watch?v=yshTCzbnMyA&feature=youtu.be)

ASGPP '17 Award Recipient **Georgia Rigg**: <https://youtu.be/BxEV8FZWzFA>

ASGPP '17 Award Recipient **Kaya Kade**: [www.youtube.com/watch?v=X9i3AmsMwa0&feature=youtu.be](http://www.youtube.com/watch?v=X9i3AmsMwa0&feature=youtu.be)

ASGPP '17 Award Recipient **David Moran**: [www.youtube.com/watch?v=2K53u0RDH8M&feature=youtu.be](http://www.youtube.com/watch?v=2K53u0RDH8M&feature=youtu.be)

ASGPP '17 Award Recipient **Rebecca Ridge**: [www.youtube.com/watch?v=MMxXEzaGgHM&feature=youtu.be](http://www.youtube.com/watch?v=MMxXEzaGgHM&feature=youtu.be)

ASGPP '17 Award Recipient **Patty Phelps**, Part 1 & 2: Part 1: <https://youtu.be/7koPws2wP20>

Part 2: [www.youtube.com/watch?v=IExU3JzL4p0&feature=youtu.be](http://www.youtube.com/watch?v=IExU3JzL4p0&feature=youtu.be)

ASGPP CONFERENCE TREASURE CHEST continued

## A Journey with Alice in Wonderland Through Dream Sociometry

Daniela Simmons, PhD, CP, PAT



*“There is a place... Like no place on Earth... A land full of wonder, mystery, and danger...”*, the Mad Hatter would say to Alice, describing Wonderland, the enigmatic place where she has gone in her dream. That story, specifically the 2010 fantasy film version, helped me to introduce the method of Dream Sociometry during the ASGPP Conference in May, 2017.

I use the term *dreamer* to identify those experiencing the dreams. Doing dreamwork through action methods has always been fascinating to me and when I discovered the Dream Sociometry modality, I was determent to introduce it at the conference.

Dream Sociometry, created in 1981, based on the methodology developed by J.L. Moreno, is still a novelty in the U.S. The founder of the method is Joseph Dillard, PhD, author of over ten books on dreaming. Born in the U.S. and a graduate of The University of Texas, University of Arkansas and Columbia Pacific University, Dr. Dillard lives and works in Berlin, Germany.

J.L. Moreno first offered action vs. the verbal methods, where the *dreamer* would understand and analyze their dreams instead of getting them analyzed and interpreted by the therapist.

According to Dr. Dillard, Dream Sociometry means *“the measurement of groups found in dreams”* and assumes that dream characters can be creatively approached as members of our internal social networks. The method connects dreams with current concerns in the dreamer’s life. Dr. Dillard suggests sharing associations before the dreamwork as a pretest to help the dreamer objectively evaluate any changes about their understanding of the dream.

Dream sociometry offers the *dreamer* the option to reverse roles with selected ‘dream elements’ that can be categorized as *characters, actions and feelings*; assumed to show specific aspects of the dreamer’s identity. Becoming characters from their own dream helps the dreamer to ‘get unstuck’, to understand and to reach a new perspective of why the dreams have occurred. Dream sociometry examines chosen and isolated dream elements; creates a “dreamage” (from dream and image) and helps the dreamer to create an action plan for real life changes. Exploring the relationship between the dream

characters, including the *dreamer*, is a path toward eliminating nightmares; recognizing role conflicts and increasing self acceptance.

Dream Sociometry has been successfully used in the treatment of various psychological disorders, relationship and career counseling; and the evidence for those applications has been described by Dr. Dillard in his research.

At the conference, the workshop on Dream sociometry demonstrated a theoretical framework and action explorations of the modality. The participants had an opportunity to virtually travel with Alice and to experience Wonderland. Unlocking doors; identifying with a specific character and exploring the

steps of the method Dream Sociometry, together with enjoying a ‘tea party’ in a fantasy environment with multicolored lights, music and butterflies. These were some of the unique experiences for those who attended.

*“I wonder if I’ve been changed in the night... I remember feeling a little different...”* thought Alice after her adventure in Wonderland.

*“We change the truth of our lives while we sleep”*, writes Dr. J. Dillard regarding his method Dream Sociometry.



**Reference:** Dillard, J., 2016, Dream Sociometry: A Multi-Perspectival Path to the Transpersonal. Paperback <http://integraldeeplisting.com/dream-sociometry/>



ASGPP CONFERENCE TREASURE CHEST continued

## Conference Speakers

Nancy Kirsner, PhD, OTR, PP, TEP

SATURDAY KEYNOTE SPEAKER:

*The Art of Rising: Thriving While Treating Others*

**MARIA SIROIS, PsyD**

It is early Saturday morning and I have the honor of introducing one of my beloved teachers and colleagues in Positive Psychology, Dr. Maria Sirois. To put words to Maria is like the line in The Sound of Music song about Maria – How do you hold a moonbeam in your hand?

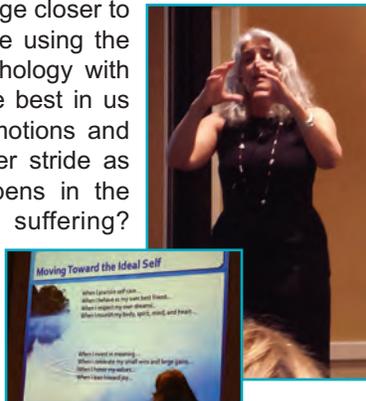
The topic is perfect for our group. Maria holds to warm up the group, she comes off stage closer to us. She sets up her keynote using the framework of Positive Psychology with its emphasis on building the best in us with a focus on positive emotions and thriving. Maria is gaining her stride as she talks about what happens in the presence of chronic suffering? Martyrdom, forgetting joy, and weariness as your health slips away. Maria's expertise emerges from a deep wisdom, loving intensity and a willingness to descend to the dark side of authenticity. Emerging from these life experiences inspired her to explore and know about resilience – the ability to build capacities from these events that allow one to Rise Above. This is where she is taking us this morning with the beauty and great power of her unique synthesis of teaching, prose, poetry, spirituality and her edgy sense of humanness and humor. Maria lives and teaches within the intersection of resilience and flourishing.

Maria interlaces her personal style with succinct teaching points, excellent slides and experiential punctuations. She introduces concepts about Positivity and emphasizes that this is work and we have a choice. CHOOSE POSITIVITY – our positive emotions are like tiny little engines that elevate health, creativity, resilience, connections, and purpose. A quick trip through neuroscience and our brains: our brains are hard-wired to perform best when we have positivity onboard.

We are now in total Maria Positivityland – she has us laughing and very glad we woke up early to be with her. As we are coming into the homestretch, she deals with all the myths and stories we tell ourselves about why doing this is unrealistic. Letting go of myths of perfectionism, lack of time, and the rewards of suffering are part of reaching our Best Selves, elevating Positivity, and Thriving. We increase our optimism by shifting these beliefs.

“WHO AM I IN THE PRESENCE OF THIS?”

Viktor Frankl



FRIDAY PLENARY SPEAKER:

*Coming Together: Celebrating the Treasures of Connection*

**ANTONINA GARCIA, EdD, LCSW, RDT/BCT, TEP**

Nina is the supreme dramaturge, sociometrist, and psychodramatist. In ASGPP's Diamond Jubilee Year, she helped us create a remembrance, a celebration, and a savoring of both our community and personal treasures. Oftentimes our treasures/gifts shine out to the world around us; and sometimes they are hidden from ourselves and others. Using the



positive sociometric connections within the group and continually expanding them through shared dialogue, we created an overt articulated web of intrapsychic, interpersonal, and community gifts to share. Writing these down concretized them on a kinesthetic level and two resource boxes were created for us

to draw from when needed. These treasure boxes stayed in the main conference ballroom throughout the remaining conference.

Through powerful guided imagery, Nina took us on virtual trip into the past. In our imagination, we went back 75 years ago to 1942, during the Second World War and all of the political and social constituencies affecting the lives of people.

Psychodramatically recreating that time of unrest, it felt so real and captivating to understand the influential role of J.L. Moreno in founding the American Society of Group Psychotherapy and Psychodrama, at the time the first professional organization for group psychotherapists.

Then Nina returned us to the present and facilitated a powerful sharing about how psychodrama has developed since; where our community is today; how psychodrama has spread around the world; and how it has connected with related fields. And lastly, Psychodrama's place in present day society. Naming countries, modalities, institutions; seeing people stating with pride where they have applied or observed psychodrama applications, was a powerful celebration of the 75th anniversary of the ASGPP.

It was a wonderful way to start our day in this web of appreciation and connection.

(Continued on Page 15)

ASGPP CONFERENCE TREASURE CHEST continued

## Zerka in the Empty Chair: with Regina Moreno & Miriam Zachariah

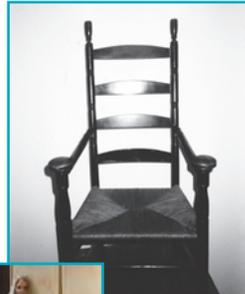
Nancy Kirsner, PhD, OTR, PP, TEP

*Written to Regina and Miriam  
(on behalf of our ASGPP Community):*

We want to thank you from our whole community for attending the Clearwater ASGPP Conference and for the beautifully crafted tribute you did, *Zerka and the Empty Chair*.

I really appreciated from watching you and Miriam that fine directing is nonintrusive and follows the energy of the group/protagonist. It was tender, moving, and told pieces of the rich story of the many relationships and worlds Zerka navigated with ease, grace, and wisdom. Each person who sat in the chair shared honest, funny, touching, authentic private and professional moments.

In my role as PNN editor and a conduit for the voice of ASGPP, I wanted to ask you and Miriam if there is anything you would like to share about the experience of creating, directing, and then the



actual event at the Conference. What was that like for you ?

This is totally an invitation, not an expectation as I wouldn't feel right without reaching out to both of you, with gratitude for providing us with a loving Ritual of Goodbye and Integration.

*Regina and Miriam's response:*

"Thank you Nancy. It was a truly meaningful experience for us. It was like a warm blanket covered with love and healing from our Community. We felt that both my Father and Zerka's spirit were there as we shared our memories of her in The Empty Chair.

Zerka was a reflection on the community as a mentor and an inspiration.  
Best, Regina and Miriam"

The love continues on...

THURSDAY DIVERSITY FORUM:

*Deep Diversity: Using Action Methods to  
Examine Implicit Bias*

**NISHA SAJNANI, PhD, RDT-BCT**



This is the 3rd year of ASGPP's commitment toward exploring Diversity and facilitator Nisha Sajnani's sensitivity and expertise was the perfect way to begin our conference and build sociometric connections within our community. The attendance was the largest of all three years and we explored implicit bias which refers to the

attitudes and stereotypes that affect our understanding, actions, and decisions in an unconscious manner. Specifically we looked at how implicit bias shows up in us and what it means to us whether it has to do with race, religion, age, ethnicity, or others. We moved from the large group warmup into pairs, then 4's, then to 8's paralleling social dynamics of grouping and subgrouping and created vignettes that were later shared with the larger group. The multiple ways in different scenarios that implicit bias shows up can be both subtle and powerful.

A first time ASGPP conference attendee, Nicole Stottlemeyer, commented,

"The idea of implicit bias was completely new to me, and has literally changed the way I see things. For that I am really grateful. I am more aware now of my white privilege, and the microaggressions that can take place even with the best intentions."

We are sure from everyone's reactions that this opening – a shift in awareness of how we see and treat others happened for many. Dr. Sajnani take a well deserved congratulations for helping us role reverse with these sensitive and important roles and realities.

WELCOMING OUR NEW MEMBERS.....

## “Howdy Neighbor” Texan style

**SCOTT GIACOMUCCI, LSW, CTTS, CET III**



Scott is a “nearly new” member of ASGPP who joined us three years ago. He is already jumping in with his strengths of zest, perspective, and teamwork with Clearwater 2017 being his first conference co-presentation with Andrea Hummel, MA and first PNN contribution (see “The Shadow of a First Time Co-Presenter”). Scott is Trauma Treatment Specialist & Clinical Skills Trainer at an inpatient addiction center, Mirmont. He has a private practice in Westchester, PA. where he combines EMDR and Psycho-drama working with trauma/addiction.

Scott first experienced Psychodrama ten years ago at a workshop where he got to be the protagonist. As Dena Baumgarten often says, “He got the bite,” and wanted more. Scott has a Masters in Social Services from Bryn Mawr College and is beginning his Doctorate in Clinical Social Work at University of Pennsylvania. Scott found the more experiential nature of Psychodrama a welcome addition to his more cognitive studies.

Scott is soon to complete his CP with Dr. Kate Hudgins as his primary trainer and Dave Moran as his secondary trainer. As well, Scott has been studying Dr. Ed Schreiber’s online Sociatry Course for the last two years. Scott has sought out many training styles, working also with Karen Carnabucci and Dr. Tian Dayton. Scott talked about two GIFTS of our conferences, which he loves to attend. One, few conferences actually demonstrate their work with clients. Scott values the unlimited styles of directing, facilitating a group, and learning from either auxiliary role or audience member that is available. Secondly, *the accessibility of Mentors* and writers who actually wrote the literature and books in our field that present and attend our conferences. (It is important to be reminded of these two important and unique strengths of ASGPP: *a shared abundance of creativity/spontaneity in our many and diverse workshops*; AND the accessibility of Mentors, Trainers and Writers.)

Scott has recently embarked on the exciting journey of marriage, and along with this continues his love of travel. He is off to China to work with Dr. Kate in Therapeutic Spiral Model Training. Scott’s favorite way to travel is without plan or destination following the flow of life to direct his path.

And here’s the last thing I want you to know about Scott – which I discovered while talking to him in my kitchen at 9:30 pm last week – his heart and hand has reached across the generations – as Psychodramatists, Sociometrists, as Human Beings sharing this planet. He so desired to try to meet Zerkaa before she passed, and somehow that did happen in a very private meaningful way for him. In this deeply personal ritual space Scott committed his intent to carry Psychodrama to the next generation. The Psychodrama baton is in good hands with Scott and all of you.

Nancy Kirsner

## Welcome to our New ASGPP Members

The following are new members who have joined us in recent months.

**Welcome!**

- Kathleen Arnold-Chambers (Bakersfield, CA)
- Billie Baker (Sanger, TX)
- Anna Bobikova (Valley Springs, CA)
- Lori Budman (Bryn Mawr, PA)
- Eniola TLB Burton-Smith (St. Louis, MO)
- Isabel Christodoulou (Coral Springs, FL)
- Stephanie Coker (Plano, TX)
- David Cunha (Greensboro, NC)
- Kelli Davis (Memphis, TN)
- Carey Gauzens (McLean, VA)
- Sarah Greer (North Palm Beach, FL)
- Allen Johnson (Pearl, MS)
- Peg Lane (Arlington Heights, IL)
- Ting Yan Tania Lee (Hong Kong)
- Liz Little (Seattle, WA)
- Renee Littlejohn (Ellicott City, MD)
- Natasha Mata (Orlando, FL)
- Kimberly Matoka (Phoenix, AZ)
- Deanna McIntyre (Truckee, CA)
- Susan Orenstein (Chapel Hill, NC)
- Wendy Pressoir (Clearwater, FL)
- Jeffrey Pufahl (Gainesville, FL)
- Samantha Rich (Tucson, AZ)
- Theresa Ritz (Dunedin, FL)
- Sheila Rubin (San Francisco, CA)
- Richard Ruegg (Greenwood, IN)
- Marlene Steinberg (Naples, FL)
- John Taylor (Oro-Medonte, ON)
- Cheng-Lan Wang (New Taipei, Taiwan)
- Angela Wiley (Greensboro, NC)
- Jessica Wolfe (Pittsburgh, PA)
- Kenneth Wynn (Atlantic Beach, FL)
- Vladlena Zapesotsky (Sunnyvale, CA)

# LIVING LIFE ON LIFE'S TERMS WITH PSYCHODRAMA

## Psychodrama: What's that?

Richard Jorgensen, AIA



The group and the discipline of psychodrama bring me and other members into meaningful encounters with our feelings and their mysteries. My PD group has become one of the stools of my recovery along with meditation, AA meetings, and get togethers with recovery friends.

I came to group today in an expansive, upbeat mood. I had a good day at work and nothing was troubling me. To get things rolling, Jane (our therapist) asked the six of us to take the props on hand; paper and plastic cups, a flowing scarf, and a teddy bear and build something that expresses how you are feeling right now. On the wings of my buoyant mood inspiration flowed and I put together an arrangement of 16 coffee cups turned on their sides, arranged in a fan shape, and stacked in three staggered layers. They looked a bit like musical instruments or a bunch of trumpets bells, or organ pipes, or a bouquet of flowers- if your imagination stretched far enough. I was proud of my handiwork and when asked to give it a name I said - "Rejoicing" because that's how good I felt.

Expressing my feelings in a tangible form - a chorus of coffee cups makes an intangible feeling something real, something concrete. We are here to explore the feelings we have so long avoided or turned to booze or drugs to escape. Sobriety is about feeling those suppressed emotions not running from them or turning them off. "Living life on life's terms" is a common AA slogan. If I come to understand how life can delight me, disturb me, frighten, anger or confuse me, I learn to deal with circumstances in a sober way, maintaining my balance and staying away from substances which destroy and will eventually take away my life. I want to live and enjoy life.

Today I was in a good mood and built something pretty, on another day I may have just crushed the coffee cups in a pile of anger and frustration. Moods come like the weather with bright sunny days, with heavy clouds of confusion, with angry lightning and thunder, with steady, mournful rain. I use an umbrella in the rain; I stay indoors when the gods are hurling thunderbolts. I lift my face to the smiling sun and breathe deeply in a brisk wind. I can deal with the weather with equanimity as it passes and changes day by day. Living life on life's terms means experiencing and surviving all of the balls, strikes and wild pitches that life serves up and being aware of how life passes and changes day by day.

In this group, we all built a sculpture describing our mood and shared what it represented about our feelings. As the group energy deepens as we share our feelings, we place our hands on a group member to select whom we wish to hear more from, or who we think may have a feeling which needs to be explored more closely. The circle of hands on each others

shoulders becomes a force field where the energy of the group chooses that person with the most hands on him. We are reaching out to feel more, to know more, to understand better, to offer help. This person becomes the protagonist, the star of tonight's drama. Our choices for this group were; "Rejoicing", "Learn about Myself Again", "Whole-ly Moley", and "Feeling Unheard". I doubt that there's an alcoholic or addict who hasn't experienced the desolate feeling of being unheard, so we chose for that evening our friend Tom.

Psychodrama is an improvisation based on the experience of the protagonist. We all participate by playing auxiliary roles which represent the people or imagery related to Tom's story. One of us was his wife, two were his kids. I played "mud" representing what he is feeling about being stuck in the same old argument. There is the overcast of suspicion that Tom may drink or use again while he and his family come to grips with understanding their new recovering Dad. It's a big adjustment for the whole family and the ground rules have changed with everyone in new uncertain roles.

With the gently guidance of our facilitator, who keeps the drama focused, a moment arrives when the drama comes to a head. That moment happened when Tom realized that he is unheard not because he isn't speaking up, but rather he is speaking with a new voice which is not yet understood. Tom fears being isolated with the people he loves and who love him. After Tom's drama is done, we share how we identify with aspects of his story and what emotions it brought up for each of us. For me feeling unheard brought up my troubled marriage which was destroyed by my drinking. By the time I had finally reached out for recovery, the marriage was in ruins. I felt guilt about the pain I had caused my former spouse and about the suffering they had felt by being unheard when they were crying out for help, from me and for us. At that miserable time I didn't want resolution, I wanted to drink - I wanted to die.

At the end of Tom's drama, I was not rejoicing; I had a knot in my stomach. Our group helped me work out that knot because this is what we do for each other. I realized that the regret-filled shadow of my prior active drinking life provides the backdrop for the joyful coffee cups of my new sober life. The danger of my addiction well always present is why I honor the spectre of my drinking and stand guard to keep it where it belongs - in my past.

Then I went home and kissed the jubilant dog. He understands everything about emotion and is never unheard. I highly recommend a dog to anyone in recovery. And keep an umbrella handy.

*Richard Jorgensen is a registered architect in New York City. He specializes in the design of major transportation projects, new schools and commercial projects. He is an accomplished classical pianist who has competed in three Van Cliburn Competitions for Outstanding Amateurs, and composer having studied composition at the Juilliard School and Mannes College of Music.*

Checking in with a “Live Auction” Winner:

## Worth Every Penny!

Regina Sewell, PhD/ MEd, LMHC, PCC

As I type, I am on Lori Feingold's veranda, in front of the Condo, maybe 10 feet from the beach. We placed the highest bid at the live auction and won a week here. I have to tell you, it is fabulous. It's spacious with a lovely open floor plan. You can see the ocean from the kitchen!

If you are worried about the water, don't worry about it here. Puerto Vallarta treats its water and there's a water dispenser in every condo. When it runs out, just call the front desk and they'll get you a fresh one. You don't have to worry about the sand either. Not only is there a spigot outside for washing off, a cleaning person comes in everyday and sweeps and mops the floor, makes up the beds, etc.

And don't forget the rooftop pool! It's beautiful, blue tile. It's also a few degrees cooler up there in the summer, which is a bonus.



And what is there to do in Puerto Vallarta other than the obvious "go to the beach" you ask? First off, Lori's condo is in the middle of everything in Old Town section, a few blocks from the official gay district, near all sorts of art galleries and consignment shops and stunning churches.

It's also on the bay and has access to all sorts of watersports – from jet skiing to parasailing to snorkeling. We went fishing yesterday and caught some huge yellowfin. I'm talking real sport fishing fish — the kind that you have to really, really work to reel in. I am still sore today. We're also an 8 peso bus ride from the botanical garden.

Further inland, Puerto Vallarta is also, apparently, near a birdwatcher's paradise. There are several tours for birdwatchers. There are also several Canopy tours for folks who want to zipline through the jungle.

**THANK YOU, LORI!**

## A BICULTURAL SKILLS DEVELOPMENT ACTION PROGRAM FOR IMMIGRANT ADOLESCENTS EARLY RESEARCH FINDINGS OF SUCCESS !

Martica Lourdes Bacallao, MSSW, PhD, TEP



OUR COLLEAGUE MARTICA BACALLAO IS DOING RESEARCH. At the 2010 ASGPP Conference, her work with Paul Smokowski, CP, was honored with the Collaborators' Award. They had developed a bicultural skills training program, Entre Dos Mundos /Between Two Worlds that is based on acculturation research and implemented through Psychodrama. **This was the first Psychodrama Intervention Research funded by the Centers for Disease Control.**

My work team and I use psychodrama in training middle and high school students for a program called, Youth Court in Schools, an National Institute of Justice (NIJ) funded research intervention in 2 diverse, rural counties in North Carolina. Students take on the roles of jury members, bailiff, clerk, defense and prosecuting advocates to develop a court-like setting that listens to the student who's been referred by the assis-

tant principals for disruptive behaviors. Youth Court in Schools is based on restorative justice; instead of punitive consequences, the offending students are given sanctions to restore the harm or disruption that they've caused others and their learning community. We use psychodrama to develop and deepen our restorative justice nature. Psychodrama is also ideal for role training students who participate in Youth Court In Schools.

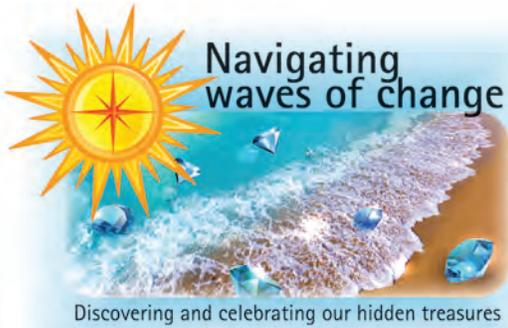
We also use Psychodrama to heavily supplement evidence-based programs on positive youth development and parent training, specifically Parenting Wisely and Positive Action. These programs were run in every middle school in the largest rural county in North Carolina.

A bicultural skills development program for immigrant families is based on Psychodrama, Entre Dos Mundos/Between Two Worlds. ***This has early empirical findings of decreased parent-child conflict and adolescent anxiety and depression. It measured the effects on Latino immigrant adolescents, not the parent(s).***

## WITH GRATITUDE TO THE ENTIRE ASGPP CONFERENCE TEAM

“APPRECIATION IS A WONDERFUL THING.  
IT MAKES WHAT IS WONDERFUL IN OTHERS BELONG TO US AS WELL.”

*Voltaire*



Every year when we experience OUR amazing ASGPP ANNUAL CONFERENCE that our VOLUNTEERS have produced...

Are you aware of the 100's of hours dedicated to making it a multilayered professional, creative and fun experience?

The many phone calls, dinners missed with family/spouses, weekends and evenings dedicated to our ASGPP Community...

The onsite set up time and constant monitoring of changes, what's needed, and hotel issues...

And what about the weather? And the changes and stresses that can bring of moving venues and using rooms not planned on?

There are not enough words to thank all of you for the many treasures you gave us.

“WE CAN ONLY BE SAID TO BE ALIVE IN THOSE MOMENTS WHEN OUR HEARTS  
ARE CONSCIOUS OF OUR TREASURES”

*Thornton Wilder*

Feel free to write or email any of our Conference Team or Speakers to thank them personally and specifically for something you liked or were touched or informed by. Gratitude is the gift that keeps on giving and elevates both the giver and receiver.

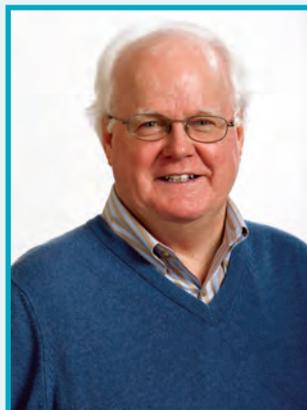


## IN MEMORIAM Joseph P. Powers

Dr. Joe Powers, a beloved, gentle, and wise colleague, passed away on January 14, 2017. Joe was a loving husband to Kathleen and a devoted father to Devin and Cullan Powers. Joe was born in the Bronx, NY and lived there until moving to Boston in 1975. Joe was educated at Catholic University in English Literature at NYU in Communications, and then completed his Doctorate at Boston College and Harvard University.

Joe was the first Director in Residence at the Moreno Institute in Beacon, NY (1971) and then continued to dedicate his life to helping others. Joe did this through a lens of awe and appreciation of the beauty in the world. In 1975, Joe, together with Peter Rowan, founded the New England Psychodrama Institute and started the Psychodrama, Group Psychotherapy Master's Program at Lesley University in Boston.

Joe has been part of the ASGPP Community since the early 1970's, he is a Fellow, and has presented many many



times at conferences from the 1970's to the 2000's. For over three decades Joe worked as a “Master” group therapist, teacher, trainer, supervisor and researcher, impacting the training and work of hundreds of clients, students, trainees, and colleagues.

Rebecca Walters beautifully summarizes Joe's gifts this way: “He empathized the importance of life transitions and ritual, was a master at using Sociometry to help uncover the connections and conflict in the group.”

Working in groups became a second home to Joe – one he filled with compassion, wonder and awe – inspiring others toward change and healthy relationships. For the last three decades Joe has been the Director of Group Psychotherapy at McLean Hospital, ran a private practice, and worked with individuals and families of all ages.

Joe's sincere warmth, humor and empathy touched everyone. He will be greatly missed.

**THE FIRST  
ZERKA T. MORENO MEMORIAL  
INTERNATIONAL SCHOLARSHIP  
AWARD**

**Clearwater ASGPP, 2017**



From Norway: Benedicte Onarheim  
From Israel: Rozei Telias

This was the inaugural year of presenting the International Conference Scholarship Award in Zerka's honor. As we all know, in early years while J.L. Moreno was alive and after, Zerka was the International First Lady and Ambassador for Psychodrama all over the world. While her roles expanded over the years to writing, historian, theory, and wise counsel to many many people, her love and connection to our International Community was vital and strong. People would come from China, Taiwan, Norway, Canada, Israel, England, Europe, South America, Japan and Korea. to visit her and do workshops in her Charlottesville home.

This criteria for this were that it must be a non-USA citizen, and a person who resides outside of the U.S., plus a first time ASGPP annual meeting attendee. The scholarship award covered a three day full conference package and pre-conference workshops as well as all conference events. After the application process, the selection was done by lottery.

This first years' recipients were Benedicte Onarheim from Norway and Dr. Rozel Telias from Israel. If you had a chance to meet these women you know how vivacious, engaged, fun, and grateful they were to be at our Conference. The role they shared together bonded them and within a few days you would have thought they were best friends. The different languages they spoke as well as the unique ways they were trained in Psychodrama brought a richness to every workshop in which they participated.

Benedicte and Rozel were easy to welcome with open arms. We are grateful for having them with us.

**PSYCHODRAMA**  
Et Creative Arts Therapy Institute, NYC

**22<sup>ND</sup> Annual Summer Residential**

August 11-15 – Boughton Place, NY

**\*  
Advanced Psychodrama/  
Directing Training Program**

2017: November 3-5

2018: March 16-18; June 29-July 1

**\*  
Weekend Psychodrama  
Training Programs**

Detroit – December 8, 9, 10

**\*  
Winter Psychodrama Residential**

January 11-14, 2018

**\*  
Saturday Workshops**

2017: Oct 7; Nov 4; Dec 4

2018: Jan 13; Feb 3; March 17;  
April 7; May 5

**\*  
Director Training Weekends**

2017: December 2-3; 2018: June 29-July 1

- \*  
• Weekly Psychodrama Training & Therapy Groups**
- Individual, Group Supervision & Consulting**
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Louise Lipman, LCSW, CGP, TEP

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**PATs on Staff:**

Jody Anderson, LCSW, PAT / Kirsten Friedman, MA, PAT

Jason Hasko, MA, RDT, PAT / Paula Ochs, LCSW, PAT

Sari Skolnik, LCSW, PAT

For Information and Additional Offerings, Contact:

**Louise Lipman, LCSW, CGP, TEP**

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New York, NY 10010

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CEUs available

EDITORS THOUGHTS....

WHAT IF...

Two issues seem to be continually in our psychodramatic soliloquys, individually and as a community. The notion that we are declining in numbers (a fact in the U.S. Psychodrama community) and doomed to slowly fade into the academic ethers of the past. And two, that our unique, difficult to define names PSYCHODRAMA/SOCIOMETRY have contributed to this so called declining state. In one of many recent listserv discussions about “Psychodrama vs Actions Methods,” Peter Howie referred to Seth Godin, the brilliant marketer, saying that a brand must be remarkable – “if it isn’t something that stands out, annoys people, challenges people, causes people to stop, blink and wonder – that brand will vanish in no time.” We’re still here within a contemporary more fluid landscape.

LET’S CONSIDER ...What if this is how it’s supposed to be... that Psychodrama, Sociometry and Sociodrama are exactly perfectly in motion... dispersed into many colors, shapes, forms, like prisms that catch the light beams and bounce off them in unique ways, different every time...in many fields – business, law, education, coaching, industry, health-care, clinical, organizational leadership, positive psychology, and the applications go on and on. This is the uniqueness and genius of our moving gyroscope (Canon of Creativity) of Psychodrama, Sociometry and Sociodrama – the systems, tools, and methods mold like clay in a sculptors’ hands – they can be anything.

I have long thought, and especially after serving as ASGPP PNN editor this last year, that the ways we do Psychodrama and Sociometry, at least at our conferences, and I venture to say in the U.S., have become too conserved, narrow, stereotypical. In this last year written submissions to the PNN have increased from everyone and this is both exciting and wonderful. The International Community particularly seems to write more naturally and enjoy it. What is different is that International Psychodramatists write about everything and anything – they share their director’s thoughts and process; they describe their workshops; they create new models (see Dalmiro Bustos paragraph); they get personal about what went well and what didn’t. They are often writing exploratory, descriptive, evaluative, non-quantitative pieces that record their impressions, inform others, and analyze what’s happening.

Perhaps we forget that these are all valid ways to do research – even on a small scale. Dr. Brene Brown (*Rising Strong*, TED talks) has brought grounded theory research to the forefront with her best-selling books – all done through interviewing and then analysis. This method is much more natural for psychodramatists and seems similar to what Moreno did in creating his posthoc theories.

Let’s have an OPEN MNDSET that invites more risk, dialogue, and sharing of the written word. It is so refreshing and engaging to hear what you’re doing and thinking of doing. I have grown and learned so much from working with every one of our authors this season.

Thank you for continually igniting my spontaneity and creativity into a shared upward spiral.

Nancy Kirsner



**South Florida Center for Psychodrama**  
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## CONFERENCES AND NETWORKING OPPORTUNITIES



EACH OF THESE CONFERENCES IS A DOORWAY TO EXPANDED POSSIBILITIES FOR PSYCHODRAMATISTS.

**July 24 - 28 — World Council for Psychotherapy (WCP) 8th World Congress for Psychotherapy.** Paris, France. Contact: [www.worldpsyche.org](http://www.worldpsyche.org)

**August 23 - 27 — VI International Sociodrama Conference.** Balneário Camboriu, Brazil. Contact: [pdannounce+managers@iagpweb.com](mailto:pdannounce+managers@iagpweb.com)

**September 24 - 26 — “Diamonds Are Forever” Psychodrama Institut für Europa (PIfE). 14th International PIfE Conference.** Vilnius, Lithuania. Contact: [www.pife-pife.eu](http://www.pife-pife.eu)

**September 27- October 1 — “Indigenous Roots of Expressive Arts Therapy” 12th International Conference of International Expressive Arts Association (IEATA).** Winnipeg, Manitoba, Canada. Contact: [www.ieata.org](http://www.ieata.org)

**October 5 - 8 — “Diversity in Psychodrama Practice – Challenges for Process and Outcome Research” FEPTO Research Committee Meeting.** Tallinn, Estonia. Contact: [www.fepto.com/organization/committees/research-committee-3](http://www.fepto.com/organization/committees/research-committee-3)

**October 26 - 29 — 38th Annual North American Drama Therapy Association (NADTA) Conference.** DoubleTree by Hilton Boston North Shore. Danvers, Massachusetts. Contact: [www.nadta.org](http://www.nadta.org)

**November 2 - 5 — American Dance Therapy Association, 52nd Annual Conference.** San Antonio, TX. Contact: <https://adta.org/>

**November 8 - 12 — “Art Therapy: Traversing Landscapes of Heart and Mind” American Art Therapy Association (AATA) 48th Annual Conference.** Albuquerque, NM. Contact: <http://arttherapy.org/aata-conferences/>

**January 17-20, 2018 — The Australian and Aotearoa New Zealand Psychodrama Association (AANZPA) 2018 Conference.** Duchesne College, University of Queensland, Brisbane, Australia. Contact: <http://aanzpa.org>

**April 19 - 26 — “Expanding Horizons: Using Action Methods to Join All Humanity” ASGPP 76th Annual Conference.** Crowne Plaza North Dallas. Dallas, TX. Contact: [www.asgpp.org](http://www.asgpp.org)

Check the ASGPP website, [www.asgpp.org](http://www.asgpp.org), for additional Upcoming Conferences.

### Psychodrama in Argentina, Brazil, and Chile

*Sent to Adam Blatner from Dalmiro Bustos on 4/15/2017*

## WHAT A CREATIVE RESPONSE TO OUR CHANGING TIMES

Psychodrama in Argentina, Brazil and Chile is growing as Institutionally things are changing and we are accepted at Universities as well. In general, societies with traditional formats are closing down. In response to these sociological changes we created a different model called LLAMADA, where people can join freely without formal ties. Socium (companions) get together once a month freely and only pay for expenses without pre-established roles. We share our form of working. We also communicate by internet and anyone who wishes to participate can do so. We have a page called LLAMADA Net of psychodramatists in Argentina, Red de psicodramatistas en Argentina. We also represent our country at the Iberoamerican Society of Psychodrama\*.

Dalmiro

*\*Their Congress was held May 7, 2017 in Lisbon.*

## Welcome to our New Journal Editorial Board

### Co-Editors in Chief:

Elaine Camerota and Nina Garcia

### Executive Editors:

Martica Bacallao, René Marineau, Rob Pramann, Daniela Simmons

### Consulting Editors:

Veronica Bowlan, Uneeda Brewer  
Karen Carnabucci, Jacqueline Fowler, Kate Hudgins  
Shelley Korshak-Firestone, Valerie Simon, Judy Swallow  
Michael Wieser, Cecelia Yocum



## Be the first to be featured in our Fall NEW ASGPP MEMBERS WELCOME COLUMN !

We would like to get to know you better! Be the first new members to be featured in our Fall PNN issue. We have 35 new members as of the 2017 Conference. You can see in this PNN edition we have 1 new member (see page 16).

The first three new members to send us a photo and no more than 75 words about themselves will be published in our FALL PNN edition.

This is on a first come, first serve basis. We will be doing this on a rotating basis for all PNN issues.

Please send to Patty Phelps at [pplhelps@pacbell.net](mailto:pplhelps@pacbell.net)

## ASGPP Award Nominations

The ASGPP presents awards annually to those who have contributed to the Society in the areas of psychodrama, sociometry and group psychotherapy. The nominees are selected by our members. If you would like to nominate someone for an award, please click [here](#).

**DUE: August 1, 2017**

## HUDSON VALLEY PSYCHODRAMA INSTITUTE

Judy Swallow, MA, TEP & Rebecca Walters, MS, TEP

**July 6-10 — Summer Psychodrama Intensive**

Rebecca Walters, Deb Shaddy & Jenny Salimbene

**October 7-8 — Dreamwork in Action**

Ingrid Schirrholtz

**November 10-11 — DBT in Action**

Rebecca Walters

**Dec 2-3 — Positive Psychology in Action**

Dan Tomasulo

**Jan 19-23 — Winter Psychodrama Intensive**

Rebecca Walters, Deb Shaddy & Jenny Salimbene

**Ongoing Training** in Psychodrama, Sociometry  
and Group Psychotherapy

**Core 2017-18** meets six weekends  
October thru May

Judy Swallow and Jenny Salimbene

**Core 2018** meets March, June & November  
Rebecca Walters and Deb Shaddy

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## Therapeutic Spiral International

**July 14-16 — Charlottesville, VA**

*International Women's Salon at Dr Kate's home*

**July 28-30 — Media, PA**

*Personal Growth Workshop:*

*Surviving Spirits: Healing Trauma and Addiction*

Presented by Kate Hudgins, Ph.D., TEP &  
Scott Giacomucci, LSW, CET III

**August 4-6 — Media, PA**

*Directing Intensive: Attachment and Trauma*

Presented by Kate Hudgins, Ph.D., TEP &  
Monica Forst, M.Ed., ICADC, RP

**September 22-24 — Ottawa, Canada**

*Grief: Letting the Tears Flow*

Presented by Kate Hudgins, Ph.D., TEP &  
Monica Forst, M.Ed., ICADC, RP

**October 20-22 — San Raphael, CA**

*Surviving Spirits: Healing Trauma and Addiction  
with TSM Personal Growth and/or  
Professional Development*

Sylvia Israel LMFT, RDT/BDT, TEP

**November 10-12 — Media, PA**

*Transforming The Trauma Triangle with  
The Therapeutic Spiral Model*

Presented by Kate Hudgins, Ph.D., TEP &  
Scott Giacomucci, LSW, CET III

- Personal and Professional Consultations by Skype
- Personal Confidential Dramas with Certified TSM Teams
- Training and Personal Growth Workshops
- Exam Preparation

**Kate Hudgins, PhD, TEP**

Charlottesville, VA / 434-227-0245

WeChat: DrKateTSM

[DrKateTSI@mac.com](mailto:DrKateTSI@mac.com) / [www.drkatehudgins.com](http://www.drkatehudgins.com)

## Unsung Heroine...Daniela Simmons

(Continued from Page 8)

mission with the enthusiasm and the creative capabilities it provides. As well, her loving husband, Tim, and charming, warmhearted and intelligent 18 year old son, Daniel, light up her life with pride and joy. Daniel just graduated high school with honors and is starting a pre-med program.

Daniela has many roles she enjoys: teaching online and on-campus undergraduate /graduate university students. She is a Professor at the University of North Texas and Weatherford College. Daniela teaches Sociology, Psychology, Methodologies, and Gerontology – which is the area of her recent PhD. Daniela loves creating and designing trainings and workshops along with her numerous writing activities – editing, doing research, and publications. Daniela's gifts of open mindedness, acceptance of others' differences, and her nurturing support draw people to her and she expands the U.S. Psychodrama Community and connects us to international trainers and Psychodramatists world-wide. This is her vision for our community along with having Psychodrama courses in Universities for nonclinical/ and other fields. As is Daniela's style and nature, she welcomes more partnership and support between trainers.

Something you don't know, and probably wouldn't guess about Daniela, is that she is a big fan of heavy metal and hard rock music. And she has just recently started saxophone lessons. Her personal dream is to write books. For fun and passion, Daniela spends time with her family and friends and plans future psychodrama events ("Choose a job you love, and you will never have to work a day in your life", Confucius); connects electronically to friends and colleagues from around the world; reads and writes; goes to the lake; plays with her numerous cats, cooks and gardens.

This is surely fully charged living with love and zest.

## Unsung Hero...Steve Kopp

(Continued from Page 8)

have kept their focus on helping people feel connected and valued, and being entertaining and fun. Steve feels particularly proud of an Annual Gratitude Award the Chapter gives and the first award went to Ann Hale!

Something you probably don't know about Steve is that he loves to bake cakes. He has baked a cake for J.L. Moreno's April 1st birthday and decorated it with Moreno Psychodrama vocabulary words. If you know the word – you earn a piece of cake. When he runs out of occasions, he creatively makes one up for the fun of it. Steve's undergraduate degrees were in studio art and art history which shows up in his creative application of the arts in his workshops, trainings and clinical work.

By the time Steve retires, he will have spent over half of his life as a psychodramatist. He looks forward to writing a psychodrama book using Fairy Tales. Steve feels he has given much and gotten even more back; his work is "Me at my Best," and reflects an authentic, congruent...This is me!



## A TRIBUTE TO ZERKA: KITES FLYING HIGH

At the conclusion of the Zerka T. Moreno Sunset Celebration, we walked towards the Gulf waters to release our flowers into the tranquil waters. As the flowers floated peacefully into eternity, large colorful magical kite creatures – gifted and launched by Steven Durost – surprised, delighted and lifted our spirits towards the skies and the future. The spontaneous moving imagery of the magnificent kites so embodied Zerka's life and words to us. **Thank you Steven.**

## CALL FOR NOMINATIONS

**Executive Council,  
Nominations Committee  
and Professional Standards  
Committee**

The Nominating Committee is asking for your help in seeking nominations or self-nominations for officers and committees of the Society. A slate will be prepared from these nominations and presented to the membership for their vote. Those duly elected by the membership will take office at the 2018 Annual Meeting. Please click [here](#) to see positions open and to nominate candidates.

**The deadline for nominations is  
August 31, 2017.**

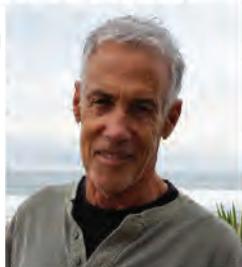
## Join us in Boston for . . . Therapeutic Theater: Zooming in on Psychodrama & Sociometry Practice

Friday & Saturday, August 25-26, 2017 and October 20-21, 2017



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## ZERKA T. MORENO MEMORIAL TASK FORCE

Dale Richard Buchanan  
Chairperson of the Zerka T. Moreno Fund

On behalf of the Zerka T. Moreno Memorial Task Force, I would like to thank all the individuals, institutes, and organizations that have generously contributed to the Zerka T. Moreno Memorial Fund. The ZTM Task Force agreed to raise funds to: (1) publish a Zerka T. Moreno memorial issue of the Journal of Psychodrama, Sociometry and Group Psychotherapy; (2) catalogue the Zerka T. Moreno Collection at the Francis A. Countway Library of Medicine in Boston, an alliance of the Boston Medical Library and Harvard Medical School, and the home of the J. L. Moreno Collection; and (3) create two permanent Zerka T. Moreno International Scholarship for the annual meeting of the ASGPP.



upon projects and the Task Force was disbanded in March 2017. A formal opening and reception for the Zerka T. Moreno Collection at the Countway Library of Medicine will be scheduled after the collection has been accessioned and catalogued. All donors, members of the ASGPP and American Board of Examiner certified psychodramatists will be notified via email.

The unabridged final report of the Zerka T. Moreno Memorial Fund was published in the *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, 65, Number 1 (A) Special Edition, 2017.

One hundred and three donors have contributed a total of \$33,006. These donors are listed by name and amount contributed at the end of this report. Many others in the psychodrama community have also informed us of their intentions to honor Zerka T. Moreno via volunteering or offering scholarships for their trainees and clients. All members of the ASGPP and all donors who contributed \$100 or more and were not members of the ASGPP received a copy of the memorial Journal.

Sufficient monies were raised to fully fund all three agreed

### Total Donations

One Hundred and Three Donors \$33,006

### Disbursement of Funds\*

Banking & PayPal fees	\$ 454
Countway Library of Medicine	\$12,000
Copyediting, Printing & Postage for ZTM Journal	\$ 7,437
Digital & On-Line Hosting For ZTM Journal	\$ 429
ASGPP For ZTM International Scholarship	<u>\$12,686</u>
<b>Total Disbursements</b>	<b>\$33,006</b>

\* After the final report was published in the journal, some accounting changes were made. Countway Library of Medicine was reduced to \$11,500 and Copyediting, Printing & Postage for ZTM Journal expense was increased to \$8,547.32, leaving an adjusted amount of \$12,075.68 for ZTM International Scholarships.

## Zerka T. Moreno Memorial Fund Donors\*

Donations as of February 15, 2017

Dale Richard Buchanan	\$2,500.00	Marlo Archer, Deb Gion		Anonymous	\$100.00	Catherine Nugent	\$100.00
Antonina Garcia	\$2,500.00	& Grayce Gusmano	\$300.00	Arts for Change	\$100.00	John Olesen	\$100.00
Jonathan D. Moreno & Leslye S. Fenton	\$2,500.00	Sue McMunn	\$300.00	Martica Bacallao	\$100.00	Ira & Joyce Orchin	\$100.00
Nien-Hwa Lai	\$1,500.00	Robert & Jacqueline Siroka	\$300.00	Sue Barnum	\$100.00	Louis Perrott	\$100.00
Anath Garber	\$1,200.00	Claire Marx	\$250.00	Adam Blatner	\$100.00	Patty Phelps	\$100.00
Sung Hee Cho	\$1,000.00	North-West Psychodrama Association	\$250.00	Soozi Bolte	\$100.00	Martin Prescott	\$100.00
Mario Cossa	\$1,000.00	Jorg Burmeister	\$210.00	Karen Carnabucci	\$100.00	Rebecca Ridge	\$100.00
Tian Dayton	\$1,000.00	Dena Baumgartner	\$200.00	Letitia Coburn	\$100.00	Georgia Rigg	\$100.00
Louise Lipman	\$1,000.00	Lindsay Chang	\$200.00	Maureen Colombino	\$100.00	Taylor Rockwell	\$100.00
John Nolte	\$1,000.00	Frank Del Nuovo	\$200.00	Linda Condon	\$100.00	Eberhard Scheiffele	\$100.00
Janet Sahafi	\$1,000.00	Steven Durost	\$200.00	Jon DeAngelis	\$100.00	Ed Schreiber	\$100.00
Gong Shu	\$1,000.00	Brittany Lakin-Starr	\$200.00	John Devling	\$100.00	Sandra Seeger	\$100.00
Jeanne Burger	\$500.00	Kathryn Levan	\$200.00	Karen Drucker	\$100.00	Ed Semansky	\$100.00
Elaine Camerota	\$500.00	Nancy Paschuk	\$200.00	Estelle Fineberg	\$100.00	Deborah Shaddy	\$100.00
Adam Chi-Chu Chou	\$500.00	Herb Propper	\$200.00	Pamela Goffman	\$100.00	Dario Silva	\$100.00
Linda Ciotola	\$500.00	James Sacks	\$200.00	Lorelei Goldman	\$100.00	David Silverman	\$100.00
Sandra Garfield	\$500.00	Judy Swallow	\$200.00	Steve Gordon	\$100.00	Daniela Simmons	\$100.00
Kate Hudgins	\$500.00	L. Scott Urmey	\$200.00	Ann Hale	\$100.00	Fredilyn Sisson	\$100.00
Nancy Kirsner	\$500.00	Anonymous	\$150.00	Bonnie Hirschhorn	\$100.00	John Skandalis	\$100.00
Mary Anna Palmer	\$500.00	Rhona Case	\$150.00	Neil Hucker	\$100.00	Rebecca Walters	\$100.00
John Rasberry	\$500.00	Meg Givnish	\$150.00	Sylvia Israel	\$100.00	Michael Wieser	\$100.00
Lo Sprague	\$500.00	Frederic Harris	\$150.00	Donna Little	\$100.00	Jill Winer Prouty	\$100.00
Tom Treadwell	\$500.00	Steve Kopp	\$150.00	Rosalie Minkin	\$100.00	James Wisecup	\$100.00
Siyat Ulon	\$500.00	Moreno Museum Association	\$105.00	Mimi Moyer	\$100.00	Cecelia Yocum	\$100.00
				Ray Naar	\$100.00	Tanya Zielinski	\$100.00
						Other Contributions (4)	\$141.00

\* Linda Richmond also contributed \$100 but, due to clerical error, it was not included in the final report published in the journal.

## 2017 Conference Reflections...

(Continued from Page 1)

through the hotel. This unexpected weather necessitated moving the President's Reception from the deck to an inside ballroom. While it was a little chaotic at first, the food was fabulous and the opportunity to re-connect with friends was wonderful.

As many of you know, ASGPP is exploring the issue of diversity. For our 3rd year we were pleased to have Nisha Sajnani facilitate the Diversity Forum, where we used action methods to examine implicit bias. Attendance at this year's diversity forum was the largest yet and will continue to grow as word about this important event spreads! Nisha had us exploring what implicit bias means to each of us, whether having to do with race, religion, age, ethnicity, or others. After working in the large group we broke into smaller groups to explore these issues in vignettes that were later shared with the large group. It was powerful to notice all the ways implicit bias can show up in different scenarios. As it was the first night of the full conference, it was a great way to build sociometric connections and start off the conference.

This year for the awards ceremony, the Living Mirror Playback Theater group came and enacted a story for each award recipients. The stories were poignant, fun, sad and truly embodied the psychodramatic journeys of our award winners. I loved seeing the person's story come to life and felt more involved in the award winners journey. I hope this will become a new conserve for the Awards Ceremony!

### From Jodi:

A precious moment was during the drum circle. Jana Broder had set up the drums, the sun was setting in the sky and massive, beautiful kites were flying in the wind. Much effort went into having Jana come back for the 2017 conference and organizing the change in venue at the last minute because of the turn in the weather was a bit challenging. It all came together, when people started gathering in the circle, with wide smiles, open minds, booties shaking, and arms pumping. And with a most joyous, swirling, primal beating of not only the drums, but of the hearts of everyone who participated — there was a body awakening. I haven't seen dancing like that in years! And although Jana was trying her best to get more people to beat on the drums, she realized this was a spontaneous, creative and powerful community of psychodramatists, and she looked at me at one point, and with a beautiful smile, surrendered to the energy of the group. I was glad to have been a part of helping that night come to life.

### From Julie:

For the first time ever, we had a Flashmob to the music of Cold Plays – *Adventure of a Lifetime*. It had been "iffy", wet and cool weather out of no where and then the skies cleared just before flashmob time. After weeks of craziness trying to get it together, the moment came and it was great! You could see folks cheering up on the balcony, the music sounded loud and clear and we had about 20 dancers that looked like many more all spread out. Then when we did "alive again" they all

cheered ...it was all coming together for just that moment in time and Jodi and I caught each other's eye! Such a life lesson on not giving up too soon and just plugging away!

### From MaryAnn:

My favorite part of the conference was spearheading the preparation and delivery of the welcome gifts. This was truly a community project from beginning to end. The conference chairs let our creativity guide us in developing a treasure that represented all the best parts of the conference. We wanted participants to have fun and enjoy. A sand bucket with shovel, rake and scoop seemed to be the perfect answer to a conference set at the beach. Then we added a water bottle for hydration and a personal label with the conference logo and psychodramatic quotes. Simply add a glow stick with an invitation to the drum circle and the treasure became a diamond jewel we were all excited to gift to everyone. Having volunteers who were willing to sit on the floor and put

together these welcome gifts, while sharing stories with each other, was an absolute joy. The welcome gifts were a labor of love that we hope gave the participants an opportunity to play and have fun at the Diamond Jubilee.

### From Uneeda:

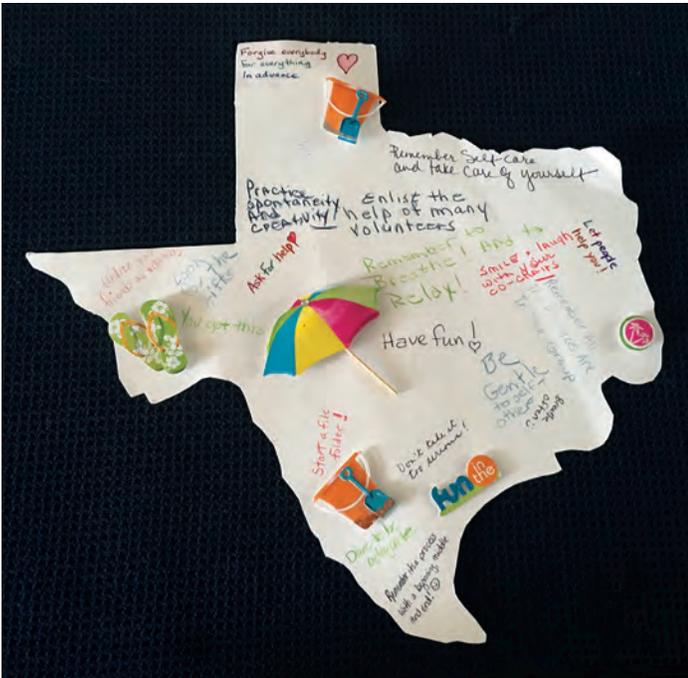
A precious moment for me was participating in Zerka's memorial service. As the sun began to set over Clearwater Beach, we listened to beautiful uplifting music and singing, heard moving poetry and heart-felt remembrances of the impact Zerka had on the development of psychodrama and ASGPP as well as on the lives of so many in our community locally and globally.

I felt a sense of tranquility mixed with sadness as we walked together at the end of the ceremony towards the Gulf waters to release our flower in the calm waters. Like Zerka's spirit, floating on into eternity. We walked past the large kites installed by Steven Durost dancing in the breeze. They added a bit of playfulness that mitigated the somber moment: goodbye, Zerka. May your spirit keep watch over us and inspire new waves of creativity and innovation in psychodrama in the future just as you did in our past.

How extraordinary to be a part of the experience honoring Zerka's legacy and how grateful I am for her contributions to our field.



A handmade gift  
the Clearwater 2017 conference team  
gave to the Dallas 2018 team!



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Jaye Moyer, LCSW, TEP — Faculty  
845-774-9364, jayemoyer@integraltherapy.net



API proudly congratulates our students,  
**Adam Petty, LAC, CET II & James Pennington, LPC**  
for each presenting at ASGPP 2017.

**Basics of Psychodrama – Sept 23 • Nov 5 • Jan 20**  
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## THE CHAIR OF THE RESEARCH COMMITTEE PASSES FROM DR. ERICA HOLLANDER TO DR. CHI-SING LI

### WITH GRATITUDE TO ERICA



THE ASGPP community acknowledges and appreciates the six years of dedicated leadership from Erica including monitoring the listserv, writing a blog, communicating with all interested inquiries, writing the PNN Research Column, presenting on research at many ASGPP Conferences and supporting Dr. Rory Remmer in the creation of the Multi-site Research Project.

Dr. Rory Remmer spent several years developing the scales, the demographic questionnaire and the inventory of techniques. Drs. Tom Treadwell and Bill Wysong ran pilot groups using the Multi-site Research project to help with its fine tuning.

**Erica's contributions and leadership are invaluable and created a community Research initiative for ASGPP that was missing and necessary for our professional growth and visibility. All of our colleagues worked extremely hard and consistently on this Multi-site Research Project and the best gift of appreciation we can give them is to honor them by reading it and using it in our practices/groups.**

See links: <http://asgpplistserv.org/?p=5579> and <http://asgpplistserv.org/?p=5581>

## Research@ASGPP

Chi-Sing Li, PhD, LPC-S, LMFT



Hi, this is Chi-Sing Li. I'm a member of the Executive Council of ASGPP. I still consider myself new to the ASGPP community, so I hope to get to know more members and make myself known. I'm a Licensed Professional Counselor and Marriage and Family Therapist in Texas. I also work as an Associate Professor in the Counselor

Education Department at Sam Houston State University. This year, I'm taking on the role as the Chair of the Research Committee of ASGPP. Along with supportive members of the Research Committee, we will continue to work on the Multi-site Project and set some attainable goals for 2017-18. We have already established a Facebook page for our committee. If you are interested in joining us and offering your assistance on research projects, please feel free to email me at [chis-ingli@shsu.edu](mailto:chis-ingli@shsu.edu). If you have a new idea for a research project or are a researcher yourself, this is the committee for YOU.

I want to take this opportunity to thank Erica Hollander for her years of dedication to the ASGPP Research Committee. Her contributions and leadership were invaluable to the ASGPP community. Erica, I do hope you will stay active in the background and be our honorable consultant from time to time. Thanks again for giving your time and energy for research to make Psychodrama more visible to the public.

## PNN EVALUATION FOR FALL 2016 — SUMMER 2017 (Fall, Winter, Summer issues)

As you have hopefully noticed, the PSYCHODRAMA NETWORK NEWS (PNN) has changed its look, content, and scope over the last few years as we are now an online publication. We are the ASGPP voice, and we'd like your feedback about how we are doing.

Please take a few minutes to fill out the form.

**To fill out the form online, go to:**  
[www.surveymonkey.com/r/2017PNNsurvey](http://www.surveymonkey.com/r/2017PNNsurvey)

**To view past PNN issues, go to:**  
[www.asgpp.org/previous-pnn-issues.php](http://www.asgpp.org/previous-pnn-issues.php)

### CURIOUS MINDS WANT TO KNOW...

1. Are you surveying, reviewing, doing a case study or evaluating anything in your work shops, trainings, or practice?
2. If Yes, would you share with us what you are evaluating?
3. If you think about this, would you share with us something you would like to evaluate?
4. \* If you could collaborate and get some help on doing this, would you want to?
5. Do you see any personal/professional benefits TO YOU in doing something like this?

*\*We have individuals in our community that are willing and available to help you with this project. Nothing is too small to begin with – its ALL GOOD.*

## Thanks

The Executive Council sends a thank you to departing members of the Executive Council for their dedication and service.

### Outgoing Executive Council Members:

Janell Adair, MA, LPC, TEP  
Regina Sewell, PhD, MEd, LMHC, PC  
Deborah Shaddy, MS, LCPC, TEP

**ASGPP Fiscal Statement 2015-2016\***  
July 1, 2015 - June 30, 2016

**INCOME**

Member dues	\$35,476.57
PNN ads	\$2,095.63
Member certificates	\$120.69
Interest	\$292.64
Zerka Legacy	\$500.00
Funds from operating account	\$6,742.24
Journal Sales/Marineau publication	\$518.63

**Conference**

Registrations	\$94,607.82
Ads	\$5,339.28
Sponsors	\$6,567.34
Exhibitors	\$4,331.64
Auction/Baskets	\$5,789.53
Book sales at conference (excludes bookseller)	\$723.00
Scholarship Fund	\$944.69
T-shirt sale	\$415.90
Boxed Lunches	\$2,054.70
Awards reception tickets/donations	\$461.37
CEU	\$689.45

**TOTAL INCOME** **\$167,671.12**

**EXPENSES**

Executive Director	\$44,000.04
Conference Coordinator	\$10,000.00
Clerical	\$4,200.00
Accountant	\$2,650.00
Insurance	\$1,222.00

PO Box/bulk permit	\$1,220.94
Phone/fax/internet/overhead	\$2,735.73
EC meetings (fall & spring on-site)	\$1,773.57
Journal	\$16,000.97
NCCATA dues	\$850.00
Office supplies	\$813.56
Bank fees (incl. returned checks)	\$291.27
Mailing/postage	\$687.10
Design services	\$1,220.00
Website/database development/email	\$4,930.24
Marketing	\$1,294.92
Copying/printing non-conference	\$461.00
Staff travel (fall EC meeting, hotel search)	\$861.73
Storage Unit	\$1,886.00
PNN (prior to becoming digital)	\$1,566.00

**Conference**

Plenary/Keynote speaker fee and travel	\$2,957.52
Staff travel/lodging	\$1,912.26
Shipping	\$554.28
Deposit for 2017 hotel	\$7,500.00
Brochure/mailed design, print, mail	\$4,535.00
Ads placed	\$1,020.00
Mailing lists purchased	\$375.00
Hotel master account	\$43,343.82
Conference packets	\$1,180.00
Conference printing/copying/mail	\$5,628.17

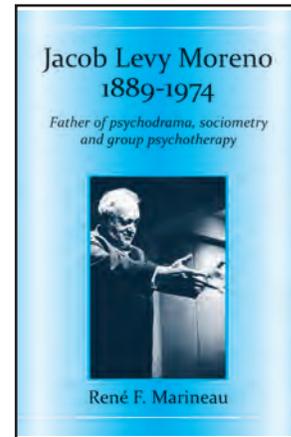
**TOTAL EXPENSES** **\$167,671.12**

**Net income/loss** **\$0.00**

The Fiscal Statement for 2016-2017 will be published in the Fall PNN.

**Jacob Levy Moreno**  
**1889-1974**

By René Marineau



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