



FRIDAY, October 9, 2020

Program: in Eastern Time (USA & Canada)

11:30 AM – 12:00 PM
Conference Opening / Networking

12:00 PM – 1:00 PM Plenary

MAINTAINING THAT AUTHENTIC CONNECTION

Ann E. Hale, MA, TEP, Consultant Sociometrist, Psychodrama Director. Trained by J.L. and Zerka Moreno, 1970 - 1974

SESSION #1, 1:30 PM – 4:30 PM

1 APPOINTMENT WITH THE PRESENT: EMBRACING WHAT IS

Antonina Garcia, EdD, LCSW, RDT/BCT, TEP; Dale Richard Buchanan, PhD, LICSW, TEP

Life offers us many moments to relish if we can remain present. However, living in the moment is easier said than done when we face challenges. Barriers from unresolved conflicts in the past and fear and anxiety about the future prevent us from embracing the here and now. This training will offer techniques to assist clients in removing impediments and establishing a deep and abiding connection with their true selves while creating community in an intimate way.

2 FROM MY SCREEN TO YOURS: PSYCHODRAMA ONLINE TO MEET THE NEEDS OF INDIVIDUALS WHO HAVE ASPERGER'S DISORDER

Carol Feldman-Bass, JD

This workshop explores the use of Tele'Drama in helping individuals with Asperger's Disorder overcome their difficulties seeing the "other's" perspective and being spontaneous. We will demonstrate the effectiveness of Psychodrama, Sociometry, and Improvisational Play when working with these individuals in groups, with couples, and with families. Using clinical material, we will come to recognize why these techniques work with this population. We will also practice Improvisational Play and see how it is integrated into the therapeutic process

*NOTE: Workshops that do not meet ce-classes.com criteria for CE credit are identified with a **

3 TELE'DRAMA: DIRECTING PSYCHODRAMA VIA ZOOM VIDEO CONFERENCING

Daniela Simmons, PhD, TEP

This training session will include various practical applications of warmups, sociometric activities, scene-setting and psychodrama techniques – role reversal, double, empty chair, mirror, age regression, future projection, surplus reality, etc. Full psychodrama or multiple vignettes will be directed by the creator of the method for a richer experience on the part of the participants.

4 USING TSM IN NON-CLINICAL SETTINGS *

Joshua S. Lee, MSW, CP/PAT

TSM defines trauma as any event that overwhelms our coping abilities. There are situations that may not meet the threshold of what's called "trauma", but leaves people feeling stuck and yearning for more. By looking at behavior through the lens of performance – effective or not – one's "trauma" stories will emerge. You will be able to demonstrate how to bring more spontaneity and creativity to important roles of life. The Game Plan©, an experiential coaching model, will be used. No sports background needed. No sports background needed.

5 TELE-BODY - THE ENERGY OF ACTIONESLOV

Tzivia Stein-Barrett, LCSW, RYT, TIYT, CP

Within lecture and experience, we explore areas of developmental growth through mapping the Chakras. By uniting mindful posturing and breath work, we change somatic experience of the moment, and engage energetic resonance; which can enhance psychodrama with embodied enactments.

6 BUDDHIST ROLE THEORY: THE SELF THAT MAY ARISE FROM ROLES

Herb Propper, PhD, TEP

This workshop we will explore 2 related areas: 1. A compact and profound scheme for investigating roles through relational dynamics; 2. The creation of a high-level psychodramatic role that may provide a field space for connecting and integrating our role repertoire. Our exploration will be rooted in the central Buddhist concept of: The Inherent Emptiness of Perceived Phenomena: and the fundamental goal of Mahayana Buddhism: helping all living beings to reach Enlightenment (familiarity with Buddhism not required).

SESSION #2, 5:00 PM – 8:00 PM**7 STORIES THAT NEED TO BE TOLD:
LIFE DURING THE PANDEMIC****Jennie Kristel, MA, REAT, APTT, RMT**

This workshop will explore the use of Playback Theatre as a form of structured witnessing. In the world of Physical distancing, the ability to gather and share stories has been challenged. Using Sociometry, forms of Playback Theatre, suitable for remote based work we will define the ways this time of Pandemic has shaped our world views and challenged our internal and external biases through spontaneous storysharing. We will also examine how doing remote work has changed the way we share personal narratives.

**8 OUR ANCESTORS, OURSELVES AND THE CORONAVIRUS
PANDEMIC****Karen Carnabucci, LCSW, TEP**

It's easy to forget that little more than a century ago, a pandemic rattled the world of our grandparents and great-grandparents. In 1918, an estimated one-third of the world's population contracted the so-called "Spanish flu," and entire families were decimated by the deadly virus.

We will use psychodrama, sociometry and Family Constellations to explore the generational legacies of past epidemics and pandemics and gain wisdom from the experiences of our ancestors rather than carry the burden of their fear, pain and grief.

Three objectives gain historical perspective of pandemics and plagues in previous generations. Recognize how psychodramatic enactment supports the exploration of ancestral trauma, and how Family Constellations supports the healing of ancestral trauma.

9 AM I A DINOSAUR OR CAN I CHANGE?**Dena D. Baumgartner PhD, LMFT, LPC, CGP, TEP**

Moreno felt if the dinosaurs had been more spontaneous, then they would still be here. To me, the journey of the pandemic is like waking up like Rip Van Winkle did — to a new world where things have changed a lot. This workshop will look at the roles we have over-developed through cultural conserves and how to add new under-developed roles to survive. Participants will recognize and demonstrate aspects of role theory and the use of Sociodrama to increase spontaneity for change.

**10 BRIDGING GREAT DIVIDES: USING SOCIOMETRY AND
SOCIODRAMA TO BRIDGE DIVISIONS****Deborah Shaddy, MS, LCPC, TEP**

Deep divisions in our society are being revealed, threatening our connectedness to others, and impacting feelings of safety, both within our individual social atoms and in the larger community. The resulting polarization, whether occurring along political, racial, and religious lines, or specific issues, affect our ability to see and hear each other. Sociometry and sociodrama provide tools that encourage nuanced views of other positions and the people who hold them. The workshop provides an opportunity to experience sociometric and sociodramatic structures that are useful in reducing separation/polarization and identify situations in which these structures can be used.

11 ENCOUNTER WITH THE WISE MIND**Rebecca Walters, MS, LMHC, LCAT, TEP**

People who have been wounded and/or traumatized by abandonment, physical, emotional, and/or sexual abuse often lack the internal compassionate images that can self soothe and nurture. They struggle to develop a connection to a positive spirituality and to a hopeful view of the future. Psychodrama offers us the opportunity to explore the use of wisdom figures from diverse cultures and personal fantasy in helping develop the resources needed to heal old wounds and move into the future with courage and spontaneity. Participants will have the opportunity to practice role reversal in dyads and small groups.

12 TASTY TREATS FROM THE BOUNTY OF ZOOM**Rhona Case, TEP**

There is a smorgasbord of activities and classes out in the Zoom world. The more workshops and activities we participate in the more informed, enriched and warmed-up we are to create in the virtual world of Zoom. Moreno's Canon of Creativity teaches up that our spontaneity and creativity increase the more we warm-up. Please join me as I serve up some of my fun finds that will inspire and enlighten. Come experience psychodrama in the virtual world!

12:00 PM – 1:00 PM Panel**THE POWER OF PSYCHODRAMA, SOCIOMETRY AND GROUP PSYCHOTHERAPY IN PROMOTING MENTAL HEALTH FOR ALL**

**Dena Baumgartner, Linda Condon, Tian Dayton,
Antonina Garcia, Cathy Nugent & Rebecca Walters**

Proposed Training/Learning Objectives.

As a result of participating in this plenary presentation, participants should be able to:

1. Explain the purpose and significance of World Mental Health Day.
2. Discuss the differential mental health impacts of the COVID-19 pandemic and civil unrest in the U.S. on people of color and other marginalized populations and communities.
3. Identify at least one intervention from psychodrama, sociometry and/or group psychotherapy that can be used to promote mental health, social wellbeing, and better communication in a variety of settings.

SESSION #3, 1:30 PM – 4:30 PM**13 PSYCHODRAMA AND ACADEMIA: BRINGING SPONTANEITY TO THE PROFESSIONALIZATION PROCESS**

Scott Giacomucci, DSW, LCSW, BCD, FAAETS, CP/PAT

This workshop will offer a critical analysis of our continued struggle to professionalize with practical guidance related to psychodrama writing, research, and university teaching. We will explore the evolution of psychodrama's relationship (or lack of) with academia, tracing its complicated history to Jacob Moreno. This relationship will be presented with comparison to international contexts. Best practices for teaching psychodrama in university settings will be discussed while applying Morenian concepts to the warming-up process of writing, researching, and teaching.

14 CREATIVITY & SPONTANEITY IN THE AGE OF CORONA

Basil Vareldzis, MD, MPH, CP

The arrival of SARS-CoV-2 on the international stage in late 2019 has radically transformed the way that we live and work. We will explore how to use creativity to transform our professional practices from narrowly focused individual and group settings to the larger universe of the virtual world of ZOOM. From developing websites, to doodle, to WhatsApp, Skype, FaceTime, Zoom and other platforms, we will explore how to put into place the practical transformation that allows us to remain protected health wise while at the same time maintaining and even strengthening our connections and social atoms for the foreseeable future. This is an experiential workshop where each participant will both contribute and benefit from the collective experience.

15 ENCOUNTER MESSAGES IN ART TO EXPLORE SOCIAL RESPONSIBILITY

Julie Wells, LCSW, TEP

Art has massive power to move people to social change and can make strong political statements. In this workshop we will use sociodrama to explore and access wisdom and insight from a piece of art that reflects priorities and values related to social responsibility. Together, the group will communally extract and distill which messages it wants to incorporate into the future and then work to identify how to effectively carry these messages into the 'here and now'.

16 SAFE, SECURE AND SPONTANEOUS

Anath Garber, MA, PDD, TEP

In this workshop we will celebrate spontaneity! What is spontaneity? Why is spontaneity vital for surviving and hopefully thriving in 21st century? Moreno's Cannon of Creativity will be explained, and each participant will have an opportunity to experience a moment of spontaneity.

17 EMBRACING THE WHOLE: POSITIVE EMOTIONS DURING CRISIS

Nancy Kirsner, PhD, LMFT, OTR, TEP

Research on Positive Emotions (PE) has demonstrated a complementarity between positive and negative emotions that goes beyond the intrinsic pleasure of how they feel. During crises, it can be a challenge to accept the negative emotions (sadness, fear, anxiety, anger) and to not allow them to hijack our brain over to the dark side! Find out how PE fits in with sadness, grief, and tragedy.

18 I'LL SHOW YOU MINE IF YOU SHOW ME YOURS

Pamela Goffman, LCSW, IRT, TEP

Working with a couple can be challenging unless both partners are prepared to be vulnerable and share their early wounding. In this workshop we will experience creative ways to guide partners to greater knowledge and compassion for self so they can share their vulnerabilities with each other. The goal is to externalize their wounded child(ren) so they can get on with the healing process. Participants will need a poster paper, magazines with pictures for collage, scissors, glue and marker.

SESSION #4, 5:00 PM – 8:00 PM**19 MICROBE MADNESS — A PSYCHODRAMA EXPERIENCE**

Lorelei J. Goldman, MA, Behavior Disorders, TEP

Participants will have the opportunities to enter a fairy tale with all the elements of Psychodramatic Techniques and adaptations.

Objectives include, recognizing the relevance of scene setting, being part of a collective and contributing to a new society through role-playing and added imaginative expressions.

Members will create images that pertain to the corona virus from the external world and work toward the group themes that contribute to the benefit of the community. Join a new community and create a new name.

20 TSM PSYCHODRAMA: FACING THE TRAUMA OF COVID

Kate Hudgins, PhD, TEP

This workshop will engage participants with fully experiential clinical action structures developed for online work with trauma. Join us as we show you the pluses of the Zoom world as we activate our autonomous healing center through the spontaneity of our bodies, minds, and hearts. A small TSM drama will be led if the time permits.

21 EMPTY CHAIR: PAST PRESENT AND FUTURE

David F. Moran, CADC, LCSW, TEP

This workshop will offer the experience Moreno had in offering an Empty Chair, with a past, present and future version. With the call today of social and political change this exercise will utilize the empty chair as a foundation of Psychodramatic tools. Workshop will expand into the call by group to introduce Psychodramatic tools, such as role reverse, aside, soliloquy, auxiliary, director, audience and the sociometric presence of the interactions. Participants can volunteer to play roles offered by the reenactment of Moreno's first Psychodrama experience of April 1, 1921, including choice point when audience does not respond.

22 PLAY THERAPY & SPONTANEITY TRAINING FOR TBI & TRAUMA: CREATING NEW NEUROPATHWAYS

Colleen Baratka, MA, TEP & Deborah Karner, MSS, LCSW, TEP

When the ability to be spontaneous and playful has been affected by trauma or a TBI it is difficult to regain that; for play without direction or 'big' spontaneity looks chaotic and is overstimulating. Yet, we know increasing spontaneity decreases anxiety and play cuts down the need for repetition in building brain synapses. This workshop will share directed play exercises we use with our TBI/Trauma group over zoom to build spontaneity and increase micromovements towards fuller lives.

23 DR. SEUSS ON SPONTANEITY AND CREATIVITY

Darlene Vanchura, MA, LPC-S

Come to hear and experience the very first children's book by Dr. Seuss where he tells a whimsical tale of a young boy named Marco and his creativity and spontaneity as he walked home from school. Dr. Seuss and Dr. Moreno, both saw the healing power of spontaneity and creativity! Please join us by bringing your props, hats, etc. and a musical instrument (homemade or otherwise) to use these special characteristics to create your own solutions to life's challenges.

24 AN ENCOUNTER WITH BREATH

Paula De Franco, MBA, PhD

Spontaneity Clogged Up? Could you be over-breathing? This training workshop explores the science behind the breath through an encounter with the breath. Using the framework of the O-Model and action methods participants are introduced to alternate breathing methods within the sacred space of self awareness. Participants explore the theory behind these breathing techniques and via small group exercises experience the science behind optimum breathing rate or the "perfect breath". Participants will demonstrate knowledge of alternate nostril breathing (Nadi Shodhana), a breathing technique that inspires "Grounded Spontaneity" during times of uncertainty.

8:00 PM – 8:30 PM
Conference Closing

TRAINING CREDITS & CE INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE) certification standards specify a maximum of 100 training credits obtained through for ASGPP conferences. These 100 hours must be obtained through face-to-face, in-person conference attendance. The certification standards also allow up to 120 hours of distance learning led by PATs and/or TEPs to be applied toward the required training hours, provided those distance learning hours are reviewed and approved by the applicant's primary trainer. As an accommodation during the COVID-19 pandemic, the number of allowable distance learning hours is increased to 150. Distance learning hours must be documented under the name(s) of the TEPs or PATs leading these training sessions and not under the organizations sponsoring those distance learning sessions.

CONTINUING EDUCATION UNITS (CEs)



ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies.

PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by numerous State Social Work boards; New York, Florida, Ohio and Texas. Most boards will accept CEs from an out of state conference if the CEs are approved in state where the conference is held. Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS:

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. ASGPP is solely responsible for all aspects of the programs.

NYS (OASAS):

The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA:

SW, MFT & LEPs: Ce-Classes.com is approved to provide continuing education by the following professional organizations: ASWB * APA. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy renewal requirements.

CCAPP: The California Association of Alcoholism and Drug Abuse Counselors (CCAPP) Provider Number OS-12-174-1114 Expires 11/2021.

TEXAS:

Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674, and the Texas Board of Professional Counselors.

OHIO:

Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2021.

FLORIDA:

Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES:

Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2020, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2020.

CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available online after the conference to present to employers and/or state and local agencies.

CREDIT HOURS

The symposium (Friday - Saturday) offers up to 14 hours toward Continuing Education Units (CE's). Check with your provider.

CE CERTIFICATES

CE Certificates are \$30 as indicated on registration form. Those purchasing CE's will have a 'CE Verification of Attendance Form' that will be emailed to them once the participants attendance has been verified. In order to receive CE's participants must join the workshop with the email they registered and stay for the entire workshop.

When conference attendance is complete, A 'Verification Form' will be emailed to participants who paid for the CE form. The participant is to complete the form and return to asgpp@asgpp.org no later than two weeks after the Symposium.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to home office at asgpp@asgpp.org

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.

- *Additional note:*
Payment, in case of cancellation, will be credited to future ASGPP events.

F E E S

Regular Registration

Two-day REGULAR participants	\$325
One-day REGULAR participants	\$200
Single event REGULAR participants	\$105
Two-day STUDENTS & RETIREES	\$200
One-day STUDENTS & RETIREES	\$105
Single event STUDENTS & RETIREES	\$75