



American Society of Group Psychotherapy & Psychodrama

78TH Annual Group Psychotherapy & Psychodrama Conference

Hyatt Regency Schaumburg Hotel • Schaumburg, IL
April 1-4, 2020



CEs – ASGPP: National Registry of Certified Group Psychotherapists, Counselors (NBCC); Ce-Classes.com: CEs for Psychologists (APA); Social Workers (ASWB); Addiction Professionals (NAADAC); California and Texas Board Approvals; The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling
The entire conference (Wednesday - Saturday) offers up to 33 hours toward CEs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

1. Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

EXECUTIVE COUNCIL

PRESIDENT

Daniela Simmons, PhD, TEP

SECRETARY

Shelley Korshak, MD, CGP, FAGPA

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ASGPP NATIONAL OFFICE

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(609) 737-8500 / asgpp@ASGPP.org / www.ASGPP.org

2020 ASGPP AWARDS

J.L. Moreno Award: Tian Dayton, PhD, TEP

Zerka Moreno Award: Canel Bingöl, MD, PhD, TEP

Hannah B. Weiner Award: Edward Schreiber, EdM, MSM, DD, TEP

President's Award: Antonina Garcia, EdD, RDT/BCT, TEP & Elaine Camerota, EdD, TEP

Collaborators Award: Herb Propper, PhD, TEP & Magdalene Jeyarathnam, MSW, CP

David Kipper Award: Rob Pramann, PhD, TEP, ABPP

Neil Passeriello Award: Barbara Guest Hargin BEd, MSW, TEP

Diversity Award: Joshua Lee, MSW, LCSW

Innovator's Award: Andrea Hummell, MA

William L. Moreno Award: Jaime Rojas Bermudez, MD

ASGPP Executive Council Award: IAGP

Fellow: Michael Gross, PhD, CADC-I, CET-III, SEP, CP/PAT
Maria Mellano, LICSW, CP/PAT
Jennifer Salimbene, LCSW-R, CASAC, CDAC, TEP
Tzivia Stein-Barrett, LCSW, RYT, LMT, CP

ASGPP REGIONAL CONTACTS

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The Toronto Centre for Psychodrama (Canada)

Sheila Berry / barbaraguest@cyg.net / 416-686-6596

CONFERENCE STEERING COMMITTEE

Council Liaison: Janell Adair, Carol Feldman Bass, John Skandalis

Baskets: Sue Parcell • **CEU's:** Elaine Sachnoff • **Outreach:** Mary Peg Lane

Publicity: Karen Carnabucci, Shelley Firestone, Mallory Primm, Daniela Simmons

Registration/Liaison Asst: Paula De Franco

Silent Auction: Brittany Lakin-Starr

Silent Auction/Exhibitors: Kate Merkle

Social Media: Patty Phelps • **Social Media/Triage:** Tracy Muklewicz

Volunteer Coordinators: Lorelei Goldman, Mary Anna Palmer, Xingyu Yao

WELCOME We are especially pleased to welcome you to Schaumburg, Illinois for the 78th ASGPP Annual Conference! This conference theme is "Here and Now: The Power and Effectiveness of Group Psychotherapy, Psychodrama, and Sociometry".

Our keynote address will be given by Tian Dayton on Thursday followed by the Awards Luncheon. We will also host the first "Travelling Tele Café and Chicago Meet Ups". Friday will include our Plenary speaker Richard Beck, President of IAGP, as well as our lunchtime Annual Membership meeting with a live auction and a special drawing. Friday evening ends with music and dancing with DJ Bobb. On Saturday, we will debut a special research panel, "Celebrating David Kipper's Legacy and Warming-up to New Research in Sociometry, Psychodrama, and Group Psychotherapy". Researchers from around the world will be discussing David Kipper's legacy and advances in research in sociometry, psychodrama and group psychotherapy.

Our conference will end with a ritual closing using community storytelling and playback theater. We look forward to being with you in Schaumburg as we discover new psychodramatic worlds together!

Your 2020 Conference Steering Committee.

EXCITING EVENTS

ASGPP Welcome Reception

(Wednesday 5:15 pm - 6:45 pm) This opening reception welcomes everyone attending the conference. Enjoy connections with friends, old and new, as we prepare for three days of workshops, celebrations, learning, and growth. This reception is a special thank you from ASGPP to all of the presenters, volunteers, and session assistants who graciously give their time and creativity to the 78th ASGPP Conference. **OPEN EVENT**

Diversity Forum: Joshua S. Lee, LCSW, 2020 Diversity Award Recipient Elevate Your Performance in Life's Diversity Games

(Wednesday 7:00 pm - 8:30 pm) Joshua Lee is a mental health professional and executive life coach. Licensed in the state of Maryland he has more than 19 years of experience providing services to public schools, churches and other community-based organizations. He is owner of UMOJA Integrative Behavioral Health Systems, a behavioral health training organization, specializing in working with new and inexperienced practitioners, social entrepreneurs, and church leaders to assist them in observing their worlds in a multi-dimensional way leading to powerfully different results. Additionally, he has developed highly engaging, experiential coaching model called The Game Plan for Better Living®. **OPEN EVENT**

Silent Auction/Baskets/and Raffle

(Wednesday - Friday at 3:15 pm) The Auction and Scholarship Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature workshops, training, and supervision by Certified Trainers from around the U.S. Our Artists in Residence display works of art that are hand-crafted by members of our community. All raffle proceeds will go to the ASGPP Scholarship Fund.

LIVE AUCTION (Friday at the Membership Meeting 12:15-1:45) Higher ticket items such as vacations, surprises, a years' ASGPP membership happen here.

12-Step Meetings (Wednesday - Saturday Mornings & Friday Evening)

Twelve Step programs are a path to recovery from addiction, trauma, and a wide array of mental health problems. We offer meetings to provide support, process our conference experiences, and attend to personal recovery, while introducing newcomers to these programs. All are welcome!

Keynote Address: Tian Dayton, PhD,TEP The Power of Connection and Identification.

**Floor Checks: Teaching and Healing Experientially
(Thursday 8:00 am - 9:30 am)**

Tian Dayton has a masters in educational psychology, a PhD in clinical psychology, and is a board certified trainer in psychodrama and a licensed creative arts therapist. She is a Fellow of the ASGPP, the winner of their Scholar's Award and the President's Award. She is also the winner of The Mona Mansell Award and The Ackermann Black Award. Dr. Dayton has been a guest expert on NBC, CNN, MSNBC, Montel, Rikki Lake, John Walsh, Geraldo. She is a Huffington Post blogger. Dr. Dayton is the director of The New York Psychodrama Training Institute and was on the faculty at NYU for eight years. She is a nationally renowned speaker, expert, and consultant in psychodrama, trauma and addiction, and the author of 15 books. **OPEN EVENT**

Community Sociometric Selection

(Thursday (9:30 am - 10:00 am) THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS. Meet the presenters and experience a one-minute presentation that will allow you to make a "here and now" choice based upon your tele with the presenters. Julie Wells and the Sociometric Selection Team will facilitate this exciting process.

Awards Luncheon and Ceremony

(Thursday 1:00 pm - 3:00 pm) ASGPP awards acknowledge members who have made outstanding contributions to our Community. Come join us as we celebrate their contributions. (Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

Tele Café Road Trip

(Thursday 7:00 pm - 11:00 pm) Come join us in this metaphorical caravan as we take the "tele café" out on the road. At each ASGPP conference we will find a suitable local café to play host for us, so that once a year the tele café manifests in a physical space. Come join us for a coffee, tea or chocolate or juice, and connect with others as we share our stories, but maybe not our cookies! Join us for the first ever live and real tele café! You can sign up at the registration desk.

Plenary Address: Richard Beck, LCSW, BCD, CGP, FAGPA The Importance of Cohesion in Group (Friday 8:00 am - 9:00 am)

Richard Beck is President of IAGP – International Association of Group Psychotherapy and Group Processes; Lecturer at the Columbia University School of Social Work, where he teaches Treatment of Childhood Sexual Abuse and Comparative Group Approaches; and is also a Lecturer of Social Work in Psychiatry (Voluntary) at Weill Cornell Medicine and a Professional Associate (Psychiatry)- Social Work at the New York Presbyterian Hospital. Richard lectures internationally on the topics of psychological trauma as well as therapist self-care. **OPEN EVENT**

Annual Membership Meeting, Live Auction, Special Drawing

(Friday 12:15 pm - 1:45 pm) Our annual open community meeting for members as well as those interested in becoming members. Come and meet your Executive Council and learn about ASGPP's recent changes, activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. There will also be a Live Auction and a special drawing at this event. **OPEN EVENT**

Featured Speaker: Sammy Rangel, MSW, CSAC

A Life of 1,000 Wounds: Dismantling Hate and Trauma with Our Humanity (Friday 7:00 pm - 8:15 pm) (Light Dinner Included)

Sammy Rangel is the Executive Director and Co-founder of LifeAfterHate, an author, peace activist, speaker, trainer and father. His autobiography, "Fourbears: The Myths of Forgiveness," chronicles his life from the physical and sexual abuse he endured as a child to his path of self-destruction that culminated in a 15 1/2-year prison sentence. In 2012, Sammy founded Formers Anonymous, a national self-help group based on the 12-step model for people addicted to street life and violence. In 2017, he was honored in a special tribute to Everyday Heroes in the Global Campaign Against Violent Extremism.

An Evening of Dancing with DJ Bobb

(Friday 8:30 pm - 11:30 pm) Join us for an evening of dancing with DJ Bobb. Dress up or down or simply come as you are and join us for an evening of music, connecting and playing together with new and old friends. **OPEN EVENT**

International Research Panel: Celebrating David Kipper's Legacy and Warming-up to New Research in Sociometry, Psychodrama, and Group Psychotherapy

(Saturday 7:30 am - 9:30 am) An exciting panel of distinguished American and International researchers will share their expertise on the theme of establishing an evidence-based for psychodrama as a psychotherapy. New, exciting research will be presented along with a presentation on the current state of the psychodrama research literature. Practical suggestions will be provided to encourage clinicians to engage in their own research practice, utilize their social networking, and collaborate with local universities. **OPEN EVENT**

Closing Ceremony

(Saturday 7:00 pm - 8:00 pm) All conference participants are invited to join us for our closing ceremony as we join in this collective closing ASGPP ritual. Together we'll explore discoveries made together throughout the conference in a playful and nourishing manner through storytelling and playback theatre. We'll conclude the ceremony with a passing of the torch from Schaumburg, Illinois to Newark, New Jersey as we light our way to the 2021 conference and the 100th birthday of Psychodrama. **OPEN EVENT**

HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double/Triple/Quad is \$120; Tax is 15% per room. The special room rate will be available until March 9th or until the group block is sold-out, whichever comes first. After that date, rooms are available on a "space and rate available" basis determined by the hotel. **The special room rates are available March 30 - April 5th, depending on availability.** We recommend that you reserve your room early in order to avoid disappointment. **When making reservations by phone, be sure to identify yourself as attending the ASGPP 78th Annual Conference and request the group rate for the American Society of Group Psychotherapy group to obtain the special conference rate.**

Hotel Contact Information:

Hyatt Regency Schaumburg Hotel
1800 East Golf Road
Schaumburg, IL 60173
Phone: 847-605-1234

To make reservations online, please go to the ASGPP website
www.asgpp.org
or www.hyatt.com/en-US/group-booking/CHIRW/G-ASGP

ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP using the link on our website: www.asgpp.org. Click on "Conference Information, then "Room Sharing". Be sure to specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of the other people who have expressed an interest in sharing a room.

It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP is not responsible for any arrangements that fall through.** The deadline for this Room Sharing Service is **February 1, 2020.**

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material.** As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer various opportunities for organizations and businesses to become exhibitors. You can simply rent a table or a space as an exhibitor; if you will attend the conference, take on the opportunity to purchase one of the two very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you the maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of February 15, 2020.
- To receive the early registration discount, your forms must be post-marked by March 1, 2020.
- Member rates are for those whose membership is current (through April 5, 2020)

CANCELLATION POLICY

Request for cancellation must be postmarked by March 1, 2020. While no refunds will be given, cancellations will receive credit for the 2021 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

GROUP RATES

PSYCHODRAMA TRAINEE RATES: ASGPP is offering a reduced rate to psychodrama training institute trainees – \$400 per person if a group of four or more (4)+ register together. All registrants taking advantage of the trainee rate must be members of the ASGPP. Participation in a training group will be verified in order for the discounted rate to apply.

COLLEGE/UNIVERSITY STUDENT RATES: ASGPP is offering a special group rate for the Full Conference to college/university students. **Four (4) or more students** from the same college/university must register together at the Group Rate of \$255/per person, and in addition **one (1) faculty member** can register at the same rate of \$255. *Students must be matriculating in an accredited college/university and carrying a minimum load of 12 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification.

New discount group: 10% off registration across the board for all veterans.

Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds mailed to: ASGPP, PO Box 1654, Merchantville, NJ 08109-9998. You may also pay with a credit card directly when you register online.

Payment must be received in order for registration to be processed and your workshop seats reserved.

PHOTOS & VIDEOS

The ASGPP takes photos at open events at the 2020 Conference and may reproduce them in our publications or on our website. Videos may also be taken for our website. No photos or videos will be taken of personal work or workshops.

ASGPP DISCLAIMER

ASGPP activities and workshops are educational in nature. They are not intended as therapy. Participation in all activities is voluntary.

Psychodrama often involves movement and touch. Therefore, participants are urged to communicate to their facilitator in advance, or in the moment, any sensitivities they may have to touch or movement. If any participant is uncomfortable with, or in, any part of a workshop or exercise, they are free to decline to participate, to discontinue their participation, or to ask for assistance from the facilitator. All facilitators and participants are required to follow ASGPP's policy prohibiting sexual harassment.

ASGPP 2020 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) _____
 ADDRESS _____
 CITY _____ STATE/PROVINCE _____
 ZIP/POSTAL ZONE _____ COUNTRY _____
 FIRST NAME/NICKNAME FOR BADGE _____
 PHONE _____ E-MAIL _____
 PROFESSION (eg. Social Worker, Psychologist) _____

In case of emergency notify: _____

☐ (ADA) - Please indicate if you have special needs _____

☐ Please indicate if you have dietary restrictions _____

FOR OFFICE USE ONLY

- ☐ I am willing to be a mentor for a newcomer.
☐ I would like to have a mentor available to me for guidance during the conference.

Check all that apply

- ☐ Presenter ☐ First Time ASGPP Conference Attendee
☐ Retiree (Limited to individuals who are retired professionally and have limited resources)
☐ Student (Students must be FIRST TIME matriculating UNDER-GRADUATE / MASTERS level students in an accredited college/university and carrying a minimum load of 12 credits. A copy of the student ID needs to be submitted upon registration or **MUST BE UPLOADED with the registration form** to the National Office at asgpp@asgpp.org)
☐ Veteran Member (code # _____)
☐ Member ☐ Non-Member ☐ New Member
☐ Psychodrama Training Group Member (See Group Rates on page 2 for discount qualifications)
 Specify Group _____

MEMBERSHIP DUES:

To join, renew or reinstate a domestic/international, individual/organizational membership, as well as for a diplomate status, please go to: www.asgpp.org/Membership-purchase-link.php

REGISTRATION FEES

All fees are given in \$US

	Member Student / Retiree	Non-Member Student / Retiree	Member	Non-Member	
<input type="checkbox"/> Full Conference (Thurs, Fri and Sat)	\$325	\$375	\$525	\$720	\$ _____
<input type="checkbox"/> 1 Day Conference Package (Thurs, Fri, or Sat) <small>Circle Your Choice(s)</small>	\$140	\$155	\$185	\$245	\$ _____
<input type="checkbox"/> Full Day Special Institute or 2 Half Days (Wed)	\$140	\$155	\$185	\$245	\$ _____
<input type="checkbox"/> One (1) Half Day Special Institute (Wed)	\$70	\$80	\$95	\$130	\$ _____

10% off across the board for Veterans

International Registration Fees: Group A - 100%; Group B - 85%; Group C - 65%; Group D - 50%

To confirm your country Group/Band, go to <https://forms.gle/SCdRwprdk9ANsuF9>

International participants in Group A pay the above rates. Those in Groups B, C and D may wish to contact the national office for an invoice.

International Conference Participant requirement includes: a) Live OUTSIDE of the United States; AND, b) Are NOT a United States citizen.

ADDITIONAL

- ☐ Friday Awards Luncheon & Ceremony (included in Full Conference package)..... x \$45..... \$ _____
☐ Tele Café Road Trip (sightseeing, transportation, hot drinks and sweets at the cafe)..... x \$25..... \$ _____
☐ Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ _____
☐ CE Forms – we will provide one form that can be used for all licensures as verification..... \$50..... \$ _____

TOTAL AMOUNT DUE (\$US)..... \$ _____

☐ I understand and accept the following ASGPP Cancellation Policy.

Request for cancellation must be postmarked by March 1, 2020. While no refunds will be given, cancellations will receive credit for the 2021 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

☐ I understand and accept the following ASGPP Disclaimer.

ASGPP activities and workshops are educational in nature. They are not intended as therapy. Participation in all activities is voluntary. Psychodrama often involves movement and touch. Therefore, participants are urged to communicate to their facilitator in advance, or in the moment, any sensitivities they may have to touch or movement. If any participant is uncomfortable with, or in, any part of a workshop or exercise, they are free to decline to participate, to discontinue their participation, or to ask for assistance from the facilitator. All facilitators and participants are required to follow ASGPP's policy prohibiting sexual harassment.

Return all registration forms to: ASGPP, PO Box 1654, Merchantville, NJ 08109-9998

You may send your **check** or **money order** to ASGPP or you may pay with your **credit card** as directed by the registration process online. Payment must be received in order for registration to be processed and your workshop seats to be reserved.

GROUP RATES: ASGPP is offering a group rate to psychodrama training institutes, college/university students and agency employees.

See details on the previous page.

IMPORTANT: Your registration will not be processed if you have not noted the workshops you wish to attend and have not acknowledged the above stated cancellation policy. Registrations will not be processed until payment is received. There are no exceptions.

WORKSHOP REGISTRATION

Last Name _____

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

	1st CHOICE	2nd CHOICE	3rd CHOICE
Wednesday April 1, 2020 - Pre-Conference			
9:00 am - 5:00 pm *Full Day Special Institutes..... (#1-7)			
9:00 pm - 12:30 pm *Morning Special Institute..... (#8)			
1:30 pm - 5:00 pm *Afternoon Special Institute..... (#9)			
Thursday April 2, 2020			
10:00 am - 1:00 pm ALL Morning Workshops will be sociometrically selected ONSITE ONLY - at 9:00 am SHARP immediately following Keynote			
3:30 pm - 6:30 pm Afternoon Workshops..... (#21-31)			
Friday April 3, 2020			
9:15 am - 12:15 pm Morning Workshops..... (#32-42)			
2:00 pm - 3:30 pm 90-Minute Workshops..... (#43-52)			
3:45 pm - 6:45 pm Afternoon Workshops..... (#53-63)			
Saturday April 4, 2020			
9:45 am - 12:45 pm Morning Workshops..... (#64-74)			
2:00 pm - 3:30 pm 90-Minute Workshops..... (#75-85)			
3:45 pm - 6:45 pm Afternoon Workshops..... (#86-96)			

***Additional Registration Fee Required**

How did you hear about the conference? ☐ Mailer ☐ Online ☐ Trainer/Teacher ☐ Ad in publication ☐ Colleague/Friend

Please specify: _____

SESSION ASSISTANTS & VOLUNTEERS NEEDED!

VOLUNTEER SERVICE is a vital part of the ASGPP community and for a successful conference program. We have five areas of volunteering, both on site and prior to the conference: General Volunteer, Session Assistant, Triage Volunteer, Mentorship, and Silent Auction/Baskets Assistants. Please indicate which area of volunteering you are interested in and the best way to contact you in the line below. You will then be contacted by the National Office. **We hope you will offer your services both on site and prior to the conference.**

- ☐ **Yes**, I am interested in being a **General Volunteer**.
- ☐ **Yes**, I am interested in being a **Session Assistant**.
- ☐ **Yes**, I am interested in being a **Triage Team Member**.
- ☐ **Yes**, I am interested in being a **Mentor for a Newcomer**.
- ☐ **Yes**, I am interested in helping with the **Silent Auction/Baskets**.

Please circle the days you are available: Wednesday Thursday Friday Saturday

NAME _____ PHONE (day) _____

E-MAIL _____ PHONE (evening) _____

WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Wednesday	Thursday	Friday	Saturday
Addictions	4, 7	12, 19, 20, 24, 26	39	70, 92
Business/Coaching/ Marketing/Publicity	5	13, 16, 25		69
Creative Arts	9	16, 22, 25	32, 35, 50, 55	69, 73, 77, 95
Education	2, 6, 7, 8, 9	10, 13, 16, 25	36, 42, 47	64, 68, 69, 75, 79, 80, 81, 87, 91, 94
Family/Couples	1, 3	11, 18, 24, 29	33, 57, 58	79, 87, 90
Gender Issues/LGBT/HIV		24, 25, 27	51, 62	
Healing/Self Care	6	10, 11, 13, 16, 19, 25 27, 28	36, 41, 51, 52, 59	67, 69, 71, 72, 75, 76, 78, 80, 83 84, 86, 87, 88, 90, 93, 95, 96
Multicultural		10, 13, 16, 23, 25	36, 48, 62	64, 73
Neurobiology			49, 63	66, 67
Psychodrama in Other Fields	1, 3, 4, 8, 9	13, 14, 16, 25, 27, 29	33, 39, 44, 47, 49, 50, 54, 55	65, 69, 72, 77, 79, 82, 87, 91, 94
Psychodrama Foundations	6, 9	10, 12, 15, 16, 17, 31	38, 39, 40, 41, 43, 45, 48 53, 55	69, 78, 84, 96
Sociodrama/Playback/ Drama Therapy		13, 22, 23, 25, 31	32, 35, 44, 57, 63	64, 67, 68, 69, 76, 80, 83 85, 90, 93
Sociometry	1	10, 13, 14, 15, 17, 18, 19, 26	32, 34, 38, 40, 41, 44, 59	64, 69, 90
Spirituality		10, 16, 26, 28, 31	32, 35, 37, 41, 42, 44	69, 72, 84
Trauma/Bodywork	8	13, 16, 20, 21, 26	37, 54	65, 66, 67, 69, 70, 71, 76, 84, 86, 92

PSYCHODRAMA/SOCIODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas (PD) or sociodramas (SD).

WEDNESDAY

- 3 'Melting the Snow Queen' and Transforming Relationships (PD/SD)
- 4 Dialectical Behavioral Therapy in Action (PD)
- 6 Playing with Somatic Experiencing in the Psychodrama Conserve (PD)
- 7 Motivational Interviewing Meets Psychodrama (PD)
- 8 Shaking the Family Tree – Who's in Your DNA? (PD)
- 9 Integrating Moreno's Methods into Social Work (and other Fields) (SD)

THURSDAY

- 10 Two Empty Chairs. Two Practical Mystics (PD)
- 15 Moreno's Triadic System (PD)
- 19 Social Atoms (PD)
- 24 Psychodrama – The Road Less Traveled Through Recovery (PD)
- 26 Circumventing the Dichotomous Triangle of Addiction, Recovery and Relapse (PD)
- 27 Soul Work – Not Social Work (PD)
- 28 Bibliodrama as a Warm Up to Psychodrama (PD)
- 31 Expanding Experience of the Four Universalis through Drama & Music Therapy (PD)

FRIDAY

- 32 Using Bibliodrama /Challenging Stories (SD)
- 33 The Genogram in Action (PD)
- 35 Making a Difference Using Film, Meditation, Other Arts with Psychodrama/Sociodrama (SD)
- 36 Bibliodrama Meets Family Constellations (SD)
- 37 An Appointment with the Present (PD)
- 38 Looking at Sociometry (PD)
- 39 Childwork/Childplay (PD)
- 40 Warm-Ups Without Gorillas (PD)
- 41 Reflecting on the Godhead in the Here and Now (PD)
- 42 The Method is a Spiritual Practice (SD)
- 44 Connecting Psychodrama to A Course in Miracles (SD)
- 47 First-year experience (PD)
- 48 Psychodrama in India (SD)
- 49 Psychodrama and Hypnosis (PD)
- 53 Evidenced Based: In the Here and Now (PD)
- 54 Colorism and Diversity (PD)
- 56 Perfectionism: Blessing or Curse (PD)
- 58 Understanding Moreno's Words (SD)
- 59 Recovery Theatre (PD/SD)
- 60 Between Separation and Integrity (PD/SD)

- 61 Applying the Triadic System (PD)
- 62 Indian Institute of Psychodrama (SD)

SATURDAY

- 64 From Algorithm to Connection (SD)
- 65 Dealing With Secondary PTSD (PD/SD)
- 66 Experiencing Earned Secure Attachment (PD)
- 67 The Lost Self (SD)
- 68 The Value and Power of Sociodrama (SD)
- 69 The Developing Professional Self (PD/SD)
- 71 The Dark Mirror (PD)
- 72 Loving Grief (PD)
- 74 Living Wholeheartedly (PD)
- 76 Who Else Like Me? (SD)
- 80 UBUNTU "I am because we are" (SD)
- 82 Dealing with the Stress of Secrets (PD)
- 84 Seeking and Finding Self-Care in Action (PD/SD)
- 86 Accessing Resources and Resiliency in Action (PD)
- 88 Psychodrama and Healing the Child Within (PD)
- 90 The Conflicted Witness (SD)
- 91 The Magical Memory Cafe (PD)
- 94 Psychodrama for Educators (PD)
- 95 'DanceDrama with the Stars' (PD)
- 96 Theatre of Role Healing (PD)

TRAINING CREDITS & CE INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed by the presenter** before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



CONTINUING EDUCATION UNITS (CEs)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies. **Programs/workshops that do not meet ce-classes.com criteria for CE credit are clearly marked with a ■.**

PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by numerous State Social Work boards; New York, Florida, Ohio and Texas. Most boards will accept CEs from an out of state conference if the CEs are approved in state where the conference is held.

Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS:

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. **Programs/workshops that do not qualify for NBCC credit are clearly identified with a ▲.** ASGPP is solely responsible for all aspects of the programs.

NYS (OASAS):

The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA:

SW, MFT & LEPS: Ce-Classes.com is approved to provide continuing education by the following professional organizations: ASWB * APA.

The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy renewal requirements.

CCAPP: The California Association of Alcoholism and Drug Abuse Counselors (CCAPP) Provider Number OS-12-174-1114 Expires 11/2021.

TEXAS:

Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

OHIO:

Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2021.

FLORIDA:

Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES:

Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2020, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2020.

CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available online after the conference to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Wednesday, April 1, 2020) offers up to 8.5 hours. The regular conference (Thursday, April 2 – Saturday, April 4, 2020) offers up to 25 hours. The entire conference (Wednesday - Saturday) offers up to 33 hours toward Continuing Education Units (CE's). Check with your provider.

CE CERTIFICATES

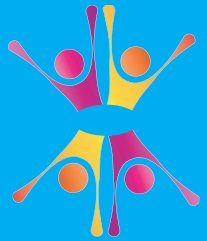
CE Certificates are \$50 as indicated on registration form. Those purchasing CE's will have a 'CE Verification of Attendance Sheet' to be signed by the presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CE certificate with hours listed for workshops attended. There will be a volunteer and a box located at the registration desk where you may turn in the form.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to home office at asgpp@asgpp.org

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.



WEDNESDAY, April 1, 2020

7:00 am - 7:45 am	12-Step Meeting / Continental Breakfast
8:00 am - 8:45 am	Special Institute Warm-Up: Shelley Firestone
8:00 am - 12:00 pm	REGISTRATION
9:00 am - 5:00 pm	PRE-CONFERENCE SPECIAL INSTITUTES Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.
5:15 pm - 6:45 pm	ASGPP WELCOME RECEPTION / Mentoring Meet Up
6:30 pm - 7:30 pm	TWILIGHT REGISTRATION HOUR
7:00 pm - 8:30 pm	DIVERSITY FORUM: JOSHUA S. LEE, LCSW

Elevate Your Performance in Life's Diversity Game

We are all "players" in this game called life. During this open session, we will explore our roles as players in the game called Diversity. By using the language and metaphor of sports, we will play with this topic inside of a sociodramatic framework, bringing spontaneity and creativity to co-create and establish, perhaps, new conserves within the ASGPP and in our personal lives. Like any good game, there are visible and invisible forces that impact the game, and vice versa. We will take a courageous look at each aspect through a micro and macro lens

Learning Objectives. After attending, participants will be able to:

1. Actively explore the social forces that impact the game called "Diversity" within a personal and societal context;
2. Co-create new cultural conserves that elevate their performance in the game called "Diversity".

9:00 am - 5:00 pm FULL DAY PRE-CONFERENCE SPECIAL INSTITUTES

1 PSYCHODRAMA IN OTHER FIELDS, SOCIOMETRY

Carol Feldman-Bass, JD, Social Dynamix;
Jonathan N. Bass, MD, Private Practice

This workshop will focus on helping participants identify individuals who have Asperger's Disorder and to learn why the use of key elements of Psychodrama, Sociometry, and Improvisation can improve their social functioning. Making use of case material drawn from the participants' own clinical practices, the importance and role of Scene Setting, Concretization, Sociometry, Doubling, and Role Reversal will be demonstrated with special attention given to techniques that are particularly helpful when working with this population.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate how Psychodramatic techniques are used with individuals who have Asperger's Disorder as compared with Neurotypical individuals;
2. Recognize the importance and role of using Sociometry when working with individuals who have Asperger's Disorder.

2 GRACE, WISDOM & KINDNESS: A LEARNING COMMUNITY ON PSYCHODRAMA AND CLINICAL SUPERVISION

Catherine D. Nugent, LCPC, TEP, Laurel Psychodrama Training Institute; Johns Hopkins University

Focus is the person of the supervisor, and becoming more conscious and intentional about how we are enacting the supervisor role. Dive deep into fundamental questions and cutting-edge knowledge about the role. Through self-assessments, presentations/discussion, group exercises, and sociodramatic and psychodramatic vignettes, we explore how we take, play and create the supervisory role with grace, wisdom and kindness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify four sub-roles of the supervisor role;
2. Describe strategies for matching supervisor approach with trainee's individualized needs and preferences.

3 'MELTING THE SNOW QUEEN' AND TRANSFORMING RELATIONSHIPS: PSYCHODRAMA AND FAMILY THERAPY

Daniela Simmons, PhD, TEP, Expressive Therapies Training Institute (ETTi), University of North Texas (UNT), University of Johannesburg;
Violeta Kadieva, PhD, LMFT, Texas Wesleyan University

The founder of Psychodrama, J.L. Moreno, was also named, 'An unrecognized pioneer of family therapy' (Compennolle, 1981). Today psychodrama is widely applied in family therapy around the world. Both methods recognize the reality and significance of the person's social context (Minuchin & Fishman, 1981). The presenters will offer theoretical and experiential learning on psychodrama applications in family therapy and on transforming family relations through the fairy tale, 'The Snow Queen', written by Hans Christian Andersen.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate three (3) practical psychodrama applications in family therapy;
2. Apply three (3) psychodrama interventions in order to transform family relationships.

4 DIALECTICAL BEHAVIORAL THERAPY IN ACTION: ENCOUNTER WITH THE WISE MIND

Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute

The Wise Mind is central in Dialectical Behavior Therapy as well as a useful concept for those not trained in DBT. Our clients who lack positive nurturing role models often are challenged to engage their own inner Wise Mind. Participants will learn to use deep interviewing and role reversal to help people find, develop the role of, connect with and successfully engage the Wise Mind to move forward as well as participate in a full psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the use of empty chairs to teach the concept of the Wise Mind, Emotional Mind and Rational Mind;
2. Demonstrate the use of deep interviewing to help protagonist develop their Wise Mind role.

Kimberly (Rattley) Dailey, Cook Ross, INC

Participants in this session will learn psychodramatic creative training methods that have been tried and true to build inclusion in traditional business and organizational settings. These methods stimulate awareness about others beyond their physical identity characteristics (such as gender, race or age) in ways that safely reveal values and beliefs, and the unavoidable blind spots we have about each other.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify five brain based reasons action methods safely encourage open dialogue;
2. Describe the Picture Projection Exercise to invite versus force transparency.

Milton Hawkins, LCSW-C, TEP, SE, Greater Baltimore Counseling Center; Tucson Center for Action Methods in Psychodrama

This workshop introduces similarities between Psychodrama and Somatic Experiencing (SE). Playing in the dual awareness of SE and psychodrama, we explore the healing continuum from crisis intervention, through supportive counseling, to deep uncovering and resolution of developmental trauma. The workshop offers psychoeducation, experiential learning, vignettes and a full psychodrama with processing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 3 ways SE and psychodrama support one another;
2. Explain the healing continuum ranging from crisis intervention through uncovering and resolution of developmental trauma.

Jennifer Sambilene, LCSW-R, CASAC, CDAC, TEP, Private Practice; Regina Sewell, LMHC, MEd, PhD, Russell Sage College, Dutchess Community College

Psychodrama, Sociodrama and Sociometry are great adjuncts to motivational interviewing. They are particularly useful in cutting through rationalization, denial, justification and various other defenses that people use to avoid change. When you do things in action your body takes over and your mind gets out of the way. This workshop will show you how to use psychodrama to engage clients, help them identify and access resources, and work towards sustainable change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define define sociometry;
2. Describe how to incorporate two psychodramatic techniques into Motivational Interviewing.

This is a 2020 Award Winner's Workshop

9:00 am - 12:30 pm MORNING PRE-CONFERENCE HALF-DAY SPECIAL INSTITUTE

Karen Carnabucci, LCSW, TEP, Private Practice, Lancaster, PA

As DNA tests become more available, people are learning about new relationships in their family systems. Adoptees are finding biological parents and siblings; others are discovering startling family secrets including illegitimate and abandoned children and long-lost relatives. These discoveries shake us and force us to reevaluate how we fit into our social atom. In this workshop, we use psychodrama, mindfulness and Family Constellations to explore how we can tend to and integrate these new realities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify problems and distress that may surface with DNA results;
2. Demonstrate how psychodrama and Family Constellations principles can address personal and family distress.

1:30 pm - 5:00 pm AFTERNOON PRE-CONFERENCE HALF-DAY SPECIAL INSTITUTE

Scott Giacomucci, LCSW, CTTS, CET III, DAAETS, CP/PAT, Phoenix Center for Experiential Trauma Therapy; Mirmont Treatment Center; Bryn Mawr College; Amy Stone, LSW, CETII, Phoenix Center for Experiential Trauma Therapy

If we are to spread psychodrama around the world or at least preserve its survival for the next generation, we must integrate it within other established professions such as social work, psychology, counseling, group therapy, and education. This workshop will highlight historical, theoretical, and practical similarities between psychodrama and social work practice/education. Furthermore, this workshop will present a process for integrating psychodrama into other fields and warm-up participants to doing so.

Learning Objectives.

After attending this workshop, participants will be able to:

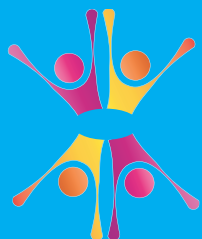
1. Identify one theoretical overlap between social work and Moreno's methods;
2. Describe at least one way of integrating Moreno's methods into another field.

5:15 pm - 6:45 pm

ASGPP WELCOME RECEPTION

7:00 pm - 8:30 pm

DIVERSITY FORUM



THURSDAY April 2, 2020

7:00 am - 7:45 am	12-Step Meeting / Continental Breakfast / Mentoring Meet-Up / First Time Attendees and New Members connecting with ASGPP History Keepers
7:00 am - 7:45 am	Wake-up Warm-Up
7:15 am - 7:45 am	Authors Book Signing / Selling
7:30 am - 6:15 pm	REGISTRATION & EXHIBITS
7:30 am - 7:30 pm	SILENT AUCTION
8:00 am - 9:00 am	KEYNOTE ADDRESS — Tian Dayton, PhD, TEP <i>The Power of Connection and Identification.</i> <i>Floor Checks: Teaching and Healing Experientially</i>

Research in neurobiology has made clear that our emotions are experienced and processed by the body as well as the mind and that that healing from the kind of trauma that living with addiction engenders requires a mind/body approach. Psychodrama and sociometry allow the body to participate in the therapeutic milieu. In this experiential workshop we'll look at how to use sociometry to explore issues related to trauma and addiction as well as to "warm up" a group, connect them with each other and their personal "stories".

Learning Objectives. After attending, participants will be able to:

1. Expand a restricted range of affect that can be the result of trauma;
2. Allow the group to become comfortable identifying, articulating and sharing emotion.

9:30 am - 10:00 am	COMMUNITY SOCIOMETRIC SELECTION with Julie Wells & the Sociometric Selection Team
1:00 pm - 3:00 pm	AWARDS LUNCHEON AND CEREMONY - Separate ticket necessary for those not attending the full 3 day conference
7:00 pm - 11:00 pm	TELE CAFÉ ROAD TRIP

9:30 am - 10:00 am

Community Sociometric Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:00 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Julie Wells and the Sociometric Selection Team will facilitate this exciting process.

9:45 am - 12:45 pm
MORNING WORKSHOPS

10 TWO EMPTY CHAIRS. TWO PRACTICAL MYSTICS.
MORENO AND RAV NAHMAN OF BRESLOV

Anath Garber, TEP, PDD, Institute of Applied Human Relations

"The world is a narrow bridge and the most important thing is: Fear Not". How to accomplish it? We will introduce the practical wisdom of Rav Nahman of Breslov, the 18th century mystic who translated the intricate kabbalistic writings into healing techniques. We will compare them to Moreno's psychodramatic techniques – both action oriented. A group directed psychodrama will follow.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe Moreno's empty chair and Rav Nachman's empty chair;
2. Demonstrate one healing technique.

11 WHAT AM I DOING FOR MY BIRTHDAY?
THE HALTING QUESTION.

Azure Forte, MA, MEd, MFA, LMHC, TEP, Private Practice

Sociometric Action Method tools penetrate the intra-personal dilemma of this question. Whether asking from a personal or helping professional role, the anticipation of a birthday anniversary can create anxiety, confusion, indecision, conflict and worry, thus also compromising interpersonal balance. The workshop goal is to achieve answers, not just journey through the search: interactive exercises, sociometric diagrams, psychodramatic action and discussion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply an intra-personal intervention from a professional role that will reduce or prevent stress;
2. Recognize a new approach that will penetrate the dilemma of birthday anxiety.

NOTE: Workshops that do not qualify for NBCC CE credit are identified with a ▲
Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ■

**Brittany Lakin-Starr, PhD, TEP, Chicago Center for Psychodrama;
Chicago Center for Growth and Change;
Kate Merkle, MSW, MPH, RD, PsychodramaChicago**

Our relationship with food is complicated by the messages and behaviors we learn from our families, culture, and society. People who struggle with an eating disorder have developed distorted beliefs about food and their bodies. Come learn how sociometric and psychodramatic techniques (e.g., step-in-circle, spectrogram, and empty chair) can be used to explore our relationships with food and our bodies, challenge unhelpful messages we tell ourselves, and learn effective techniques to help people with eating disorders move toward recovery.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two sociometric structures (e.g., including step-in-circle, spectrogram, and locogram) and one way they can be used with individuals with eating disorders;
2. Describe how action methods can increase the spontaneity of the group and help facilitate healing.

**Xingyu Yao, MT-BC, Boston Center for Multicultural Music Therapy,
Berklee College of Music; Dr. Lisa Chu, The Music Within**

Using action methods of sociometry, psychodrama, and sociodrama originated by Jacob L. Moreno, guided imagery and Playback Theatre, the participants will explore their personal greatness/strength/resources from traveling through time, place and intergenerational history. Together, we will create a space to appreciate the diversity of these experiences and strength in the group. Through embodiment, we have the opportunity to develop empathy and move beyond habitual patterns of seeing ourselves and others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate spectrogram, locogram, sociometry, and playback technique to a group exploration of diversity;
2. Describe how personal and intergenerational history related to place and time have an impact on their identity and strength and that of others.

**Linda Ciotola, MEd, CET III, TEP, Healing Bridges / ACTS;
Nancy Alexander, LCSW-C, TSM, TAE, ACTS**

In this workshop participants will learn and explore the basic elements of connecting, collaborating and co-creating across various fields of expertise to maximize the potential of co-created projects. Guiding principles, role definitions and delineations, value identification and other factors of cross collaboration will be explored in discussion and brief action structures.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least 3 areas of collaboration that are potentially possible between psychodramatists and other professionals;
2. Define at least 3 roles (example: respectful listener, creative problem solver, open minded learner, etc.) or personal qualities (co-operative, flexible, supportive) that are required between the collaborators.

**Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts
Therapy, NYC**

Moreno's Triadic System of Sociometry, Psychodrama and Group Psychotherapy, establishes links between individuals in a group – creating safety and developing spontaneity and creativity. It builds a container to hold the intensity of Psychodramatic action allowing participants to tell the stories of their sociometric wounds and express their feelings in the "here and now". Through action and didactic presentation participants will have the opportunity to experience this creative and multi-layered process in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the classical Psychodramatic process of Warm-Up, Action and Sharing;
2. Define Moreno's Triadic System of Sociometry, Psychodrama and Group Psychotherapy.

**Vlada Zapesotsky, AL-TSI, CP/PAT, Private Practice, International
Foundation for Healing and Creativity The Way Home**

This workshop is based on the book, *The Way Home, Discovering the Path to your Truth, Nature and Inner Treasures*, written by Vlada Zapesotsky, and focused on presenting the participants a modern and contemporary way of teaching psychodrama and living by its main concepts. Participants will be able to learn the basics of the action model The Way Home to your TrueSelf, based on Classical Psychodrama and TSM, experience and practice a set of creative tools for healing and creative growth as a professional and a human being. Finally, this workshop will provide a space for the rich discussion about the future of psychodrama in the realm of virtual reality, based on Vlada's research and work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply three internal roles/guides that help the client to create a sense of safety, peace and self-compassion;
2. Explain the main concepts of The Way Home model for healing and creative growth, based on Classical Psychodrama and TSM.

17 THE TAO OF GIVING AND RECEIVING

Marianne Shapiro, LMHC, TEP, Private Psychotherapy Practice, Rehearsals for Living group work in Bow, WA

We will warm up to a state of spontaneity and creativity as we explore the Tao of Giving and Receiving with simple qi gong movements, mirroring gestures, sociometry, concretizations, sculptures, role plays, and psychodramatic vignettes. Action explorations will keep us in our bodies, interacting, and grounded as we try new solutions to old problems. Following the Tao is about being with what is and not forcing anything to happen. Creativity unites us.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply interactive action methods that explore the themes of connecting and disconnecting, giving and receiving, leading and following;
2. Demonstrate role training methods that reveal the reciprocal and complementary nature of role play.

18 THE JOURNEY FROM ACQUAINTANCE VOLUME TO SOCIAL ATOM

Mary Anna Palmer, LICSW, LMFT, TEP, Psychodrama & Psychotherapy Center MN

Heightening our awareness about how we choose/not choose others is essential to maintaining our psychological and social equilibrium. This workshop will help participants awaken their conscious being to the endless volume of acquaintances that are relational possibilities. Together we will explore how to cross through the existing social threshold to expand social/emotional relatedness in their cultural and social atom. And we will explore the psychological social atom; those relationships that are highly telic and seem irreplaceable.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explore how they can increase their awareness of their social expansiveness and increase their social emotional relatedness;
2. Understand and explain the four levels of their social atoms: Acquaintanceship, Collective Atom, Individual

19 SOCIAL ATOMS: THE KEY TO SUSTAINABLE CHANGE

Jennifer Salimbene, MSSW, LCSW-R, CASAC, CDAC, TEP, Hudson Valley Psychodrama Institute;

Regina Sewell, LMHC, MEd, PhD, CP, Russell Sage College, Dutchess Community College

In this didactic and experiential workshop, we will demonstrate how to use the social atom to help clients make and sustain positive changes. Exploration of their interpersonal relationships helps clients identify which of their relationships they need to eliminate or shift and which relationships they need to strengthen or develop in order to make/and or maintain positive changes. We will demonstrate how to incorporate this exploration into a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to use the Social Atom to help clients make positive changes;
2. Describe Social Atom and Psychological Social Atom.

This is a 2020 Award Winner's Workshop

20 MEN NURTURING MEN USING ACTION METHODS

Rick Tivers, LCSW, CGP, Private Practice

This workshop is a highly interactive group experience open to men and women. The focus will be on using action methods in reaction men's defenses. Men often crave intimacy yet have been shamed in honoring those needs and often turn to aggression toward others or themselves. This workshop will enable participants to tap many of those needs not discussed yet acted out, in depression and addictive activities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate a defense from an authentic feeling state;
2. Identify their own resistance to power AND will be able to recognize 2 action methods used in Men's work.

1:00 pm - 3:00 pm

Awards Luncheon and Ceremony

Co-masters of Ceremony:

Cathy Nugent, 2019 Jacob Moreno Award recipient & Nancy Alexander, 2019 Collaborators Award recipient

ASGPP awards acknowledge members who have made outstanding contributions to our community.

Come join as we celebrate their contributions

Ticket required. (Ticket is included in 3 day conference package. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

3:30 pm - 6:30 pm

AFTERNOON WORKSHOPS

21 SCENE SETTING OUR LIVES: A LOOK AT HOW CLIENTS CREATE AND RE-CREATE THE DRAMAS OF THEIR LIVES

Paul Lesnik, CSCSW, TEP, ASGPP, CSCSW, ABE;

Lin Considine, LMHC, TEP, ASGPP, CSCSW, ABE

Clients often re-create scenes from their past that bring "drama" into their present life. These scenes are often deep-rooted and often unconscious. The action methods of psychodrama offer many opportunities to set scenes to explore the stories that create our lives and move these stories toward an alternative ending. Workshop participants will explore these opportunities in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 2 or more ways that sense memory and other triggers are explored in psychodrama, complementary expressive arts and evidence-based modalities;
2. Describe 2 or more psychodrama techniques that can be used in individual or group settings to redefine troubling "scenes" for clients.

22 YOU GOT THIS!

Eve Brownstone, MA, LCPC, CP, Urban Balance, Brownstone Therapeutics, Illinois Counseling Association, IL Mental Health Counselors Association

A self-empowerment intermodal expressive arts therapy workshop in which participants examine how to "get the keys back" to their own lives. This workshop incorporates art therapy, action method techniques, dance/movement and group dynamics to empower participants.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize how they have given their power away (given their keys to their life away) and begin how to get their keys back;
2. Apply concrete intermodal expressive arts therapy techniques and applications utilized for greater self-esteem development and self-empowerment.

23 RETHINK YOUR POWER: SOCIAL CHANGE THROUGH ACTION

Azizi Marshall, LCPC, RDT/BCT, Center for Creative Arts Therapy

Today, more than ever, we need to stop, look, and listen to directly confront social inequality. As clinicians, we can do more than confront issues: we can be a critical catalyst for change. In this workshop, we will introduce participants to a wide range of creative strategies and interventions for confronting social and political injustice as an introduction to teaching about social change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and deepen their understanding of the dynamics of oppression at the individual, group, cultural, and systems levels through the lens of race and racism;
2. Recognize dominant and subordinated group dynamics within the system of racism while exploring how to manage ourselves during "triggering" events.

24 PSYCHODRAMA – THE ROAD LESS TRAVELED THROUGH RECOVERY

Arlene K. Story LMHC, LCAC, TEP, CSAT-SM CTT, Healing Heart Connections

Sex addiction, internet addictions, and substance addiction all have similar patterns. This workshop will focus on unraveling the addiction story and moving into the recovery story through psychodrama. Specific addiction issues will be presented along with psychodramatic interventions to address them. This workshop will include didactic information and processing, but will primarily be experiential. Full psychodramas will be the primary focus.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify specific types of psychodramas effective in addressing addiction issues;
2. Apply psychodramatic interventions to address addiction and recovery issues.

25 CHANNELING WONDER WOMAN WARRIOR POWER WITHIN

Margo Fallon, PhD, Director: Kansas City Artful Interventions

In this troubled era, get in touch with your inner Warrior, learn how to mentor others re the same. ASGPP has many new & experienced women professionals – let us use our creative energy to aid in this process. Participants will identify, experience and reproduce a combo of expressive arts techniques. Data from the Dept. of Labor Women's Bureau will be provided as an incentive for helping others in your area. Supportive males welcome also.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify expressive arts techniques and some of the combinations they can be used in;
2. Demonstrate how the combo of expressive arts techniques can be applied to self and to mentor others.

26 CIRCUMVENTING THE DICHOTOMOUS TRIANGLE OF ADDICTION, RECOVERY AND RELAPSE

Craig Caines, LICSW, PIP, MAC, TEP, Founder of Birmingham Action Centered Therapy (BACT), Fellow of ASGPP

Helpers serving people with addiction recovery needs inevitably find themselves in a dichotomy with the individual's ambivalence revolving around change. This workshop explores a director directed psychodrama that approaches the individual's fear, distrust and anger with people in the roles of helpers. A demonstration will be given showing how psychodrama elicits the individual's intrinsic need for healthy connection, greater adequacy and the potency to move from the periphery to the core...the encounter with addiction.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the clinical ineffectiveness of insight oriented top down approaches to the individual's ambivalence with change;
2. Identify psychodramatic interventions for clinical stuck points revolving around a dichotomy between the helper and the individual.

27 SOUL WORK – NOT SOCIAL WORK: USING PSYCHODRAMA & SOCIOMETRY TO WORK WITH TRAUMATIC LOSS

Barbara Guest Hargin, BEd, MSW, TEP, Ontario College Social Workers, Ontario Society Psychotherapists, ABE; Yvette Perreault, MA, Retired director of The Aids Bereavement and Resiliency Program of Ontario, Association of Death Education and Counselling, Canadian Association of HIV/AIDS Research

For workers responding to traumatic losses, experiences of "overwhelmed, burned out and vicarious traumatization" are common. This workshop will demonstrate how regular team support using psychodrama with a group of front line HIV/AIDS workers enabled a team to effectively debrief and unburden, deepen their sense of meaning and purpose in their work and support the creation of a resilient caring community that actualized self care and collective care.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the impact of working with trauma and multiple loss and will have ideas about specific tools that supported the sustainability of this particular strong, bonded, resilient team;
2. Recognize the value of regular experiential debriefing among front line workers who are also faced with ongoing traumatic loss situations and are seeking innovative team based responses in order to avert burnout and disengagement.

This is a 2020 Award Winner's Workshop

28 BIBLIODRAMA AS A WARM UP TO PSYCHODRAMA

Patrick Barone, JD, CP/PAT, Michigan Psychodrama Center;
Elizabeth Corby, PhD, CP/PAT, Michigan Psychodrama Center

In this Bibliodrama workshop we may be utilizing a variety of psychodrama interventions, such as the empty chair, role-reversal, and doubling, which is called "echoing" in Bibliodrama. Also, the intrapsychic lives of the Bible characters might be explored, and various objects in the story, mentioned or not, may be personified. After our Bibliodrama "warm up" a protagonist will be sociometrically selected. This combination of the modalities of psychodrama and Bibliodrama will add a further dimension to our work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the "White Fire" of scriptures utilized and learn how to use this to develop a Bibliodrama;
2. Demonstrate the relevance, interplay and transition from the ancient stories to one's personal story will be demonstrated as the group moves from the Bibliodramatic material to an individual's personal work.

29 PSYCHODRAMATIST AND CLINICAL THERAPIST: A DYNAMIC DUO FOR ACTION BASED FAMILY TREATMENT

Carol Feldman-Bass, JD, Social Dynamix; Jonathan N. Bass, MD,
Social Dynamix & Life Member American Psychiatric Association,
Fellow American Academy of Pediatrics

This workshop explores a model of action based family treatment involving Psychodrama, Sociometry, and Improvisation provided by simultaneous real time collaboration between a Psychodramatist and a Psychiatrist. We will look at the dynamics of the model, the role played by each clinician, and the interface between traditional Psychoanalytic Psychotherapy, Neurobiology, Psychopharmacology, and Psychodrama when treating families. Case material and demonstrations will be presented.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the benefits of real time collaboration with practitioners from multiple disciplines when doing family treatment;
2. Recognize that through action methods they can identify the presence of co-morbid pathology affecting individuals within a family subsequently resulting in systemic dysfunction.

30 BRINGING ROLES TO LIFE AND LIFE TO ROLES

Carolyn Skolnick, MA, LMHC, CP/PAT

This workshop will be a playful study of roles and an introduction to role theory. The warm ups will be themed toward exploring the many roles participants have whether loved or hated, overdeveloped, underdeveloped, or only dreamed about. We will be using a role atom as well as improv to examine the relational, contextual, and complementary nature of roles.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply action methods as well as pencil and paper methods to work on issues regarding roles and role training;
2. Identify the sociometric importance of understanding role theory due to the complementary nature of the roles we play in life.

31 EXPANDING EXPERIENCE OF THE FOUR UNIVERSALIA THROUGH DRAMA & MUSIC THERAPY

Barbara McKechnie, LPC, LCAT, CP/PAT, Exceptional Wellness
Counseling, Manalapan, NJ;

Amy Clarkson, MMT, LCAT, CP/PAT, Exceptional Wellness Counseling,
Manalapan, NJ & Montclair State University

In the application of psychodrama, Moreno collapsed time into the present moment, used a stage or transitional space to enliven and contain the story, Expanded reality to include that not yet lived or only imagined, and took us beyond our personal experience into the cosmos. In this workshop we will integrate psychodrama, drama and music therapy methods in the exploration and application of the Four Universalia.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the Four Universalia;
2. Describe one music or drama therapy method to support the protagonist experience of altered time, space, reality or the cosmos.

7:00 pm - 11:00 pm

TELE CAFÉ ROAD TRIP

Come join us in this metaphorical caravan as we take the "tele café" out on the road. At each ASGPP conference we will find a suitable local cafe to play host for us, so that once a year the tele café manifests in a physical space. Come join us for a coffee, tea or chocolate or juice, and connect with others as we share our stories, but maybe not our cookies!

Join us the first ever live and real "tele café"

You can sign up at the registration desk.

Fee: \$25 for transportation, hot drink and dessert.

FRIDAY APRIL 3, 2020



7:00 am - 7:45 am 12-Step Meeting / Continental Breakfast / Wake-up Warm-Up / Journal Editorial Meeting
 7:30 am - 12:00 pm REGISTRATION
 7:30 am - 6:00 pm EXHIBITS
 7:30 am - 3:15 pm SILENT AUCTION – Bidding ends at 3:15

8:00 am - 9:00 am **PLENARY ADDRESS: RICHARD BECK, LCSW, BCD, CGP, FAGPA**
The Importance of Cohesion in Group

"To be a human among humans." That is one of the main goals for everyone to experience and feel in any group. When everyone in a group has the experience of feeling connected, emotionally and intellectually; when in that moment the group itself feels safe and trusting/trusted; that experience is a gift that leaders owe the members of their groups. "Group Cohesion" is a felt sense among and between group members themselves as well as between the group and its leader, conductor or facilitator. This talk will address the meaning of cohesion in groups, and will include types of interventions that foster group cohesion.

Learning Objectives. After attending, participants will be able to:

1. Recognize when their psychodrama groups have attained cohesion;
2. Apply interventions to develop group cohesion in their groups.

12:15 pm - 1:45 pm **ANNUAL MEMBERSHIP MEETING, LIVE AUCTION, SPECIAL DRAWING**

7:00 pm - 8:15 pm **FEATURED SPEAKER: SAMMY RANGEL, MSW, CSAC**

A Life of 1,000 Wounds: Dismantling Hate and Trauma with Our Humanity

The presentation will highlight best practices and current strategies on working through issues of hate, aggression and historical trauma, as Sammy, a formerly incarcerated gang leader whose life was transformed by experiential psychotherapy, tells his story about how action methods changed his life. He will talk about his work today that guides men and women away from violent far-right extremism as co-founder of Life After Hate and his professional experience working with addictions, reentry after incarceration, domestic violence, child abuse and sexual assault through crisis intervention outreach, clinical work, and inpatient treatment centers.

Learning Objectives. After attending, participants will be able to:

1. Improve insight and understanding of personal, family and community trauma;
2. Identify steps to take to change a personal narrative to one that is productive and healing.

8:30 pm - 9:30 pm **12-Step Meeting**

8:30 pm - 11:30 pm **DANCE - Open Event**

9:15 am - 12:15 pm MORNING WORKSHOPS

32 USING BIBLIODRAMA TO DELVE INTO CHALLENGING STORIES

Linda Condon, LMHC, TEP, Private Practice

This workshop will provide an opportunity to step into the written world and allow the richness of characters and their stories to inspire, stimulate, and provoke. Strategies to warm-up different kinds of groups, sociometrically choose a story, make action choices, and facilitate meaningful sharing will be demonstrated. Participants will examine ways to safely manage the exploration of stories that puzzle, perplex, and have the potential of becoming the grit of growth.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the bibliodrama process and develop a warm up;
2. Differentiate different action choices and the rationale behind their choice.

33 THE GENOGRAM IN ACTION: ANCESTRAL PSYCHODRAMA

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute

Ancestral psychodrama gives group members the chance to experience the struggles and triumphs of early family members, and can help them clear out unfinished business that has left lingering imprints which impact current descendants and may affect future generations. Participants will learn and practice this use of extended role reversal as a way of healing energy blocks.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between ancestral psychodrama and traditional psychodrama;
2. Demonstrate the use of expanded role reversal to better understand familial influences

34 CONTAINMENT – THE KEY TO SAFETY WITH TRAUMA SURVIVORS: THE THERAPEUTIC SPIRAL MODEL (TSM)

Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute, California Institute of Integral Studies

The TSM Safety Action Structures have been developed and used to concretize spontaneity and provide containment and group cohesion in working with trauma survivors. In this workshop we will teach the impact of trauma and the developmental importance of doubling and mirroring for healing. We will present structures including the Observer Role, Circle of Strengths, and the Containing Double, a role for balancing thinking and feeling. With TSM Team: Linda Ciotola, MEd, TEP, TSM Trainer; Nancy Alexander, LCSW-C, TSM TAE; Connie Newton, MEd, TSM TAE.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain why containment is essential when working with trauma survivors;
2. Describe three safety structures for working with trauma.

35 MAKING A DIFFERENCE USING FILM, MEDITATION, OTHER ARTS WITH PSYCHODRAMA/SOCIODRAMA

Saphira Linden, RDT, BCT, LCAT, TEP, Omega Psycho Training Program, Lesley Univ., NADTA

We will use excerpts from our new short films, AN ARTIST'S HEART (One psychodramatist's journey) and MOTHERBLOOD (two women's encounter, a Palestinian and an Israeli about the middle east conflict and their complex meeting). Through related experiential we will demonstrate ways to use Psychodrama and Sociodrama in order for participants can discover and re-discover their passion about a social issue and how that's related to a personal issue in finding their calling so they are supported in "making a difference."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to integrate different art forms and meditation practices to warm up a psychodrama or sociodrama and to discover their passion in serving their population of choice in the service of "making a difference";
2. Apply the various techniques and approaches to psychodrama and sociometry presented in their own professional work.

36 BIBLIODRAMA MEETS FAMILY CONSTELLATIONS: HEALING ON BOTH SIDES OF THE STORY

Karen Carnabucci, LCSW, TEP, Private Practice, Lancaster, PA; Tamar Pelleg, MA, CP, Private Practice

In Bibliodrama, the enactment of Biblical stories helps us bypass defenses, feel role resonance and unlock hidden topics that have been "sleeping" within us, enabling us to do deep work for ourselves. In this workshop, we merge the disciplines of Bibliodrama and Family Constellations to explore what healing we can bring to the intergenerational patterns through the saga of Joseph of the Old Testament that touch our cultures and affect our social consciousness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the basics of Bibliodrama enactment;
2. Describe the basics of Family Constellations and ancestry healing.

37 AN APPOINTMENT WITH THE PRESENT: EMBRACING THE MOMENT

Antonina Garcia, LCSW, RDT/BCT, TEP, NYU, Private Practice, Psychodrama Training Associates; Dale Richard Buchanan, PhD, TEP, Private Practice, Psychodrama Training Associates

Life offers us many moments to relish if we can remain present. However, living in the moment is easier said than done when we face challenges. Barriers from unresolved conflicts in the past and fear and anxiety about the future prevent us from embracing the here and now. This training will focus on methods to help clients remove impediments and embrace the here and now with vigor and resilience.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify techniques to assist clients in staying present and/or restoring lost presence;
2. Recognize when clients have moved away from present moment consciousness.

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38 LOOKING AT SOCIOMETRY IN A GROUP'S WARMUP, ENACTMENT AND SHARING

Nan Nally-Seif, LCSW, TEP, Psychodrama Training Institute of The Sociometric Institute; Fordham University, School of Professional and Continuing Studies

This workshop will explore how sociometry appears in all aspects of a psychodrama group session. Sociometry serves as a bridge between a person's internal state and their way of connecting to people. This workshop will be didactic and experiential, focus will be on various sociometric techniques and the information that can be gained by looking for the sociometric connections in all three phases of the group.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish Sociometry and its importance, and distinguish various Sociometric techniques;
2. Recognize how Sociometry appears in the warmup, enactment, and sharing of a Psychodrama group and how this valuable information aids the director.

39 CHILDWORK/CHILDPLAY: ACTION METHODS WITH CHILDREN

Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute

Psychodrama, sociodrama and playback facilitate the healing of wounded children. This workshop will focus on group work with children, ages five through twelve, who are victims of abandonment, abuse, trauma and domestic violence. Specific action structures that allow children to tell their stories, express strong feeling and find new roles will be demonstrated including the psychodramatic and sociodramatic empty chair, multiple doubles, the inner and outer circle and the use of fantasy figures and superheroes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish between appropriate use of psychodrama versus sociodrama;
2. Identify and describe three action structures that may be used with children.

40 WARM-UPS WITHOUT GORILLAS

Bill Wysong, MA, LPC, EMDR II, TEP, Aspen Counseling Center, ASGPP, ABE

"Get on the floor, be a gorilla, and interact with others." Similar misguided warm-ups are corrected in this workshop. If a session goes wrong, the problem can be traced to an improper warm-up. "The warming-up process is the operational expression of spontaneity." (Moreno) Spontaneity engenders creativity and leads to positive actions. Experiential warm-ups for groups, couples, and individuals are presented. Participants will gain tools to create warm-ups for interpersonal, therapeutic, occupational, and educational environments.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply an appropriate warm-up to build or strengthen the group's sociometry;
2. Identify an appropriate warm-up to select a protagonist for the enactment.

12:15 pm - 1:45 pm

ANNUAL MEMBERSHIP MEETING, LIVE AUCTION, SPECIAL DRAWING

Our annual open community meeting for members as well as those interested in becoming members. Come and meet your Executive Council and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. You will also have the opportunity to participate in a Live Auction facilitated by an Auctioneer. A surprise drawing is available to all who attend.

OPEN EVENT

2:00 pm - 3:30 pm 90-MINUTE WORKSHOPS

41 REFLECTING ON THE GODHEAD IN THE HERE AND NOW

Dena Baumgartner, PhD, LMFT, LPC, CGP, CSD, TEP, Tucson Center for Action Methods and Psychodrama

One of the concepts from the Buddhist perspective is the here and now. Spirituality defines the here and now, a time to act, pause, and reflect in our spiritual self. Moreno emphasizes using the here and now to dive deeper into one's Godhead. This workshop will use a psychodrama and sociometry to help participants to explain Moreno's idea of the Godhead and demonstrate the use of the sociometry term "locogram."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain Moreno's idea of the Godhead;
2. Demonstrate the use of the sociometry term "locogram".

42 THE METHOD IS A SPIRITUAL PRACTICE

Edward Schreiber, DD, EdM, TEP, Community Mental Health, Zerka T. Moreno Foundation, Lesley University

Embedded into the method are formulas and codes for the awakening of "the autonomous healing center". The place where we find the pure Intelligence of the Godhead. This workshop digs deep into the origins of the method to expose its mystic core practices.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the spiritual mysticism at the center of the method;
2. Apply the center of the method as a spiritual practice for all mankind.

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43 EXPANDING YOUR WARM-UP REPERTOIRE WITH FREE-WRITING

Joyce Follingstad, PhD, CP, Private Practice

Free-writing warm-ups give group members an opportunity to explore subconscious ideas and feelings in a private yet shared environment. In this workshop, participants will experience using timed free-writing as a means to warm-up a group to psychodramatic action. This will interest everyone who wishes to expand their warm-up repertoire, practice identifying emerging themes, and choose suitable action strategies.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe a free-writing exercise as a warm-up to action in group;
2. Identify the kinds of themes and action strategies that can arise from a free-writing warm-up.

44 CONNECTING PSYCHODRAMA TO A COURSE IN MIRACLES

Nicholas Bonacci, MS, LPC,

A Course in Miracles teaches on the subject of a Higher Self, that lead us to consider energy fields as the determinants of behavior. How do these works connect with psychodrama? In this adventure, we'll discover just that.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize A Course in Miracles and energetic patterns at work in a psychodrama;
2. Engage with higher levels of being in psychodrama.

45 NUTS AND BOLTS OF ROLE TRAINING

Sonora R. Thomas, LMHC, APA; Betty Garrison, MEd, NADTA

Moreno said that the more roles we have the healthier we will be. Role Training is often seen in the middle of a psychodrama but rarely taught as a structure by itself. This workshop will teach the theory of Role Training and include an experiential component.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify when Role Training would be a useful structure to use;
2. Apply the Role Training technique with their clients or group members.

46 INTRODUCTION TO PSYCHODRAMA FOR ADDICTION TREATMENT CENTERS

Basil Vareldzis, MD, MPH, CP, CEO, Quality Management Associates

Psychodrama is a powerful and effective tool for working with addicted populations. This largely experiential workshop presents the use of action techniques for the treatment of addictions.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply selective psychodrama action techniques for effective work with addicted individuals;
2. Explain Psychodrama, doubling, role taking and role reversal, while appreciating the power and effectiveness of psychodrama action techniques.

47 FIRST-YEAR EXPERIENCE: A PSYCHODRAMA APPROACH TO SURVIVING THE TRANSITION TO HIGHER EDUCATION ▲ ■

Benedicte Astor Onarheim, TEP, Vinco Bergen / Member of PIN Norway, Psykodramaregissør Norway

The transition to higher education is often experienced as both stressful and difficult, and in the worst-case lead to emotional and psychological problems, and premature dropout. Recent studies have shown that more than 30 % of students at colleges and universities around the world abandon their studies before completion, and are particularly vulnerable during the first year. This workshop will show how psychodrama techniques and methods were used to help at-risk students develop personal skills and network opportunities that enabled them to survive the first-year experience at a large business school in Norway.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Understand and apply alternative approaches for addressing first-year stresses experienced by students in higher education;
2. Identify common themes and interventions for increasing creativity and spontaneity within a higher education setting, and enabling students to cope with the transition stresses they encounter on a daily basis.

48 PSYCHODRAMA IN INDIA – A CULTURAL ENCOUNTER AND A FORMAT CHANGING PROCESS ▲ ■

Jochen Becker-Ebel, PhD, CCPA, Owner of PIB and Vedadrama India; ISPS, IAGP and DFP CCPA

Studies show JL & Zerk Moreno tried to establish Psychodrama in India as early as 1954. However, four of the planned journeys were canceled. Only since 2012 has India experienced regular training groups. This workshop presents the history of Indian Psychodrama, shows the latest developments and transcultural changes and incorporates Hindu Culture to explore family conserves, inclusion of Indian act-hunger and rituals.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Discuss the History and Challenges of bringing the concept of Psychodrama to non-western countries;
2. Identify some new rituals, methodologies, attitudes freshly (re-)discovered in India within ones own practise.

49 PSYCHODRAMA AND HYPNOSIS: CREATING POWERFUL SPACE

Cindy Levy, LMHC, CHT, TEP, Private Practice

As a psychodramatist, you are a hypnotist. In psychodrama, the “theater of the mind” is put into action, creating an altered state which is just as powerful, if not more so, than an eyes-closed trance. The shared space becomes more cohesive as group members relate to the work. Come experience this, and learn skills to hold groups which are “trance-formative.”

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the physical and behavioral signs of spontaneous trance in the protagonist and group members;
2. Apply hypnotic language during psychodrama.

50 INTEGRATING MUSIC INTO PSYCHODRAMA TO INCREASE FREEDOM, EXPRESSION AND POWER

Juliana Fort, MD, UTSW; Michael Kenny, MMT, MT-BC, TKTN, LMT, RYT200, Drumheart; Marcie Burkart, LCSW, Private Practice

Psychodramatists benefit from integrating sounds and drums to help clients explore and lend a musical voice to their struggles pain. Allowing expression of the emotions through movement, sounds (musical and non-musical), and drama, the therapist empowers the development greater personal expression, freedom and power through a shared process. (No musical experience necessary.)

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify expressive art therapy modalities such as drumming and basic techniques such as rhythm in group connections;
2. Apply the skill and knowledge to feel comfortable and competent incorporating sound, music, and movement with psychodrama.

Catherine D. Nugent, MS, LCPC, TEP, Laurel Psychodrama Training Institute; American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

52 FROM ANXIETY THROUGH PSYCHODRAMA TO SPONTANEITY

Galabina Tarashoeva MD, PhD, Psychodrama Center & Psychiatric Practice Orpheus, Sofia, Bulgaria; Petra Marinova – Djambazova, MD, PhD, Medical University Sofia, department of Psychiatry

The results of our research “Some aspects of effectiveness of psychodrama therapy with patients with panic disorder” show that psychodrama is an effective method for reduction of anxiety and increase of spontaneity; and these effects continue for 6 months after completing the course of treatment. We found significant in strength and a statistically significant negative correlation between changes in spontaneity and anxiety values for all subjects. Increased spontaneity was also associated with an increase in mental well-being.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe correlations between anxiety and spontaneity;
2. Explain why psychodrama is an effective method for therapy with patients with panic disorders.

3:45 pm - 6:45 pm
AFTERNOON WORKSHOPS

53 EVIDENCED BASED: IN THE HERE AND NOW

John Rasberry, LMFT, TEP, ASGPP

Moreno's classical method of directing a psychodrama requires a return to scene one to determine the efficacy of the interventions. An increase in spontaneity and creativity can be observed and measured in situ. Join us as we demonstrate and discuss this evidenced based methodology!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to return to the here and now, scene one;
2. Explain the process of determining the efficacy of their interventions.

54 COLORISM AND DIVERSITY IN THE HERE AND NOW

Milton Hawkins, LCSW-C, SE, TEP, Greater Baltimore Counseling Center; Tucson Center for Action Methods in Psychodrama; Felicia Lightfoot, LCSW-C; SE, 3 Elements Counseling Center; NASW - Metro DC Chapter

We deserve to thrive, not only survive in the beauty and goodness of our peace of mind. This Psychodramatic/Sociodramatic workshop with perspectives from Somatic Experiencing and Internal Family Systems investigates the legacy burden of colorism which is a shadow effect of white supremacy culture.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define how colorism has stifled human development;
2. Demonstrate how to engage in a courageous conversation that reinforces self-worth

55 THE POWER OF HERE AND NOW — WHEN GESTALT ENCOUNTERS PSYCHODRAMA

Liwen Molly Mo, TEP, Private Practice, Registered Clinical Counsellor, Founder at Hope Institute of Psychodrama and Sociometry, Vancouver, Canada

This workshop intends to introduce the Moreno, Psychodrama and Perls, Gestalt Therapy through expressive arts therapy, movement and psychodrama, especially knowing the Psychodrama history and the differences between using empty chair and auxiliary roles in group. The goal is to teach the Psychodramatic philosophy of The Moment, here and now in relationships, which help group members to increase self-awareness, interpersonal connection, spontaneity and creativity. By demonstrating the techniques of role play, role reversal, empty chair and auxiliary roles etc., let the group members experience the three stages, five elements of psychodrama and the power of here and now.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the basic concept of Psychodrama and Gestalt Therapy, and apply the concept of here and now in terms of being aware of body sensation and inner feelings when directing psychodrama;
2. Demonstrate the empty chair technique and using auxiliary role to deal with unfinished business and the concept of surplus reality not only in individual therapy but also in group psychotherapy.

56 PERFECTIONISM: BLESSING OR CURSE

Carole Oliver, MEd, LPC, TEP, Wayside Treatment Center

This workshop will demonstrate psychodrama exercises specifically related to perfectionism and shame. We will explore what Perfectionism is: how it is the underlying cause for low self-esteem and shame. A perfectionist has very high expectations of themselves and others and are never quite satisfied with their smallest to largest accomplishments. Perfectionism is an ENERGY DRAIN that prevents you from enjoying life. We will explore the origins of perfectionism and the faulty belief systems that follow.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify specific psychodramatic techniques that can be used when working with a client who is a perfectionist;
2. Differentiate between striving for excellence and striving for perfectionism.

57 THE FAMILY LIFE CYCLE IN ACTION

Paula Ochs, LSW, CP/PAT, Chrysalis Clinical Supervision & Training, ASGPP, NASW, ISEPP

This workshop uses sociodrama to explore the family life cycle. Participants will create characters and follow them through various transitions of a typical family including birth through adolescence, launching, marriage, retirement, chronic illness and death. The focus will be on understanding how a systemic view of the transitions can minimize pathology and help clinicians to work with clients in family therapy to maximize functioning. Participants will utilize role reversal and doubling to deepen understanding.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how particular transitions can lead to individual and family problems;
2. Participants will be able to identify individual and family problems stemming from boundaries, hierarchy and triangles.

58 UNDERSTANDING MORENO'S WORDS "IF I COULD BE BORN AGAIN, I WOULD LIKE TO BE BORN AS A GROUP"

Carolina Becerril, PhD, IAGP, AEP

A workshop focused on sociometry, warm-ups, protagonist election, auxiliary ego, psychodramatic technique, sharing, didactic processes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explore the group that all of us come from, the family, and the origins of mythologies, unconscious or conscious messages;
2. Recognize The richness of group work.

59 RECOVERY THEATRE: HOPE MERCHANTS FOR SOBRIETY

Robert Gatto, CASAC, The Dunes- East Hampton, Safe Harbor Retreat; Susan Powers, PhD

Recovery Theatre is an integral part of our substance abuse treatment program. Clients are invited to participate in this experiential workshop. By incorporating the powerful medium of theatre and improvisation as well as Internal Family Systems (IFS), psychodrama, playback theatre and theatre games clients work together to help create life situations and help each other find solutions. Shared experiences and goals create a dramatic bonding experience for the group as well as practical strategies to help each individual on their own journey of recovery.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify choices, consequences and benefits of relapse vs. recovery;
2. Identify the obsession of addiction - thinking I can make this work no matter what!

60 IN BETWEEN SEPARATION AND INTEGRITY: LOVE IN SITU!

Canel Bingöl, MD, PhD, TEP, Marmara University, Dr. Ali Babaoglu Jungian Psychodram Institute

Attending this workshop, participants will learn more about the inner experiences of each side of the border for the refugees at the moment of immigration process. Here and now! I stand in front of my life! I take my own responsibility! I have a luggage of all my inner emotions! Here is the geography of transition for the uncanny!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate each side of the border life experiences;
2. Describe the power of reframing for the uncanny is the post-traumatic growth of the refugees with love in situ!

This is a 2020 Award Winner's Workshop

61 APPLYING THE TRIADIC SYSTEM TO CLASSICAL PSYCHODRAMA

Jacob Gershoni, LCSW, TEP, Psychodrama Training Institute, A Division of the Sociometric Institute NY

Sociometry, Psychodrama and Group Psychotherapy are the elements of the triadic system. All were pioneered by J. L. Moreno. Although he considered sociometry his most important creation, it is least understood or utilized. In this workshop I will lead a psychodrama, and integrate the other components into this process. Sociometry will be instrumental in the warm-up and protagonist choice. Arcane concepts like group energy and telic connections will be highlighted. Workshop is open to all.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify four warm-up sociometric technique;
2. Examine the value of group choices of protagonists.

62 ENCOUNTERING THE INDIAN INSTITUTE OF PSYCHODRAMA THROUGH ACTION

Herb Propper, PhD, TEP, Indian Institute of Psychodrama; Magdalene Jeyarathnam, MSW, CP, Indian Institute of Psychodrama, Co-founder Expressive Arts therapy Association of India, Founding member of Indian Academy of Professional Supervisors

This workshop will offer a glimpse into highlights of the Indian Institute's history, present and aspirations, through a combination of role-taking, role reversal and discussion. Through sociodramatic action and discussion, participants will meet selected roles of the director, resident trainer, guest trainers, students and supporters. They will also meet several of the current and future-projected programs, including work with the LGBTQI community in Chennai.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify some key elements of the essential history, current and future objectives, programs and activities of the Indian Institute of Psychodrama;
2. Recognize significant aspects of the Institute sociometry through role relationships of selected members.

This is a 2020 Award Winner's Workshop

Kate Cook, LPCC, TEP, Living Waters Institute, Southwestern College;
John Olesen, MA, TEP, Living Waters Institute

Spontaneity can feel like it is forever lost after great or small transitions, losses or even mistakes which evoke shame. Participants will learn ways to restore spontaneity while also honoring the complexity of feelings attending to these small or large losses. Jumping off from Stephen Porges famous quote, "safety is the treatment", we will focus on techniques that cultivate resilience within a group through 'Warm-Up', a 'Felt-Sense' of safety, and 'Playful Mindfulness'.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply concepts of neurobiology to action methods;
2. Understand and differentiate different types of spontaneity.

7:00 pm - 8:15 pm

FEATURED SPEAKER:

Sammy Rangel, MSW, CSAC

***A Life of 1,000 Wounds: Dismantling Hate
and Trauma with Our Humanity***

The presentation will highlight best practices and current strategies on working through issues of hate, aggression and historical trauma, as Sammy, a formerly incarcerated gang leader whose life was transformed by experiential psychotherapy, tells his story about how action methods changed his life. He will talk about his work today that guides men and women away from violent far-right extremism as co-founder of *Life After Hate* and his professional experience working with addictions, reentry after incarceration, domestic violence, child abuse and sexual assault through crisis intervention outreach, clinical work, and inpatient treatment centers.

(Light dinner served)

OPEN EVENT

8:30 pm - 9:30 pm

12-Step Meeting

Twelve Step programs are a path to recovery from addiction, trauma, and a wide array of mental health problems. We offer meetings to provide support, process our conference experiences, and attend to personal recovery, while introducing newcomers to these programs. All are welcome!

OPEN EVENT

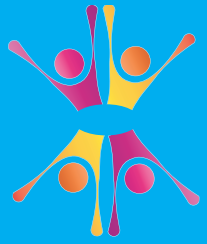
8:30 pm - 11:30 pm

**An Evening of Dancing
with DJ Bobb**

Join us for an evening of dancing with DJ Bobb. Dress up or down or simply come as you are and join us for an evening of music, connecting and playing together with new and old friends.

OPEN EVENT





SATURDAY April 4, 2020

6:30 am - 7:30 am Wake-up Warm-Up / Continental Breakfast / 12-Step Meeting

7:30 am - 12:00 pm REGISTRATION

7:30 am - 6:00 pm EXHIBITS

7:30 am - 9:30 am INTERNATIONAL RESEARCH PANEL

7:00 pm - 8:00 pm CLOSING CEREMONY

Closure in action. Share your conference highlights and say goodbye to new and old friends.

Warm up to the 2021 Conference.

8:15 pm - 12:00 pm EXPLORE CHICAGO / SCHAUMBURG DINNER MEET UP

7:30 am - 9:30 am

International Research Panel

**Celebrating David Kipper's Legacy and Warming-up
to New Research in Sociometry, Psychodrama,
and Group Psychotherapy**

An exciting panel of distinguished American and International researchers will share their expertise on the theme of establishing an evidence-based for psychodrama as a psychotherapy. New, exciting research will be presented along with a presentation on the current state of the psychodrama research literature. Practical suggestions will be provided to encourage clinicians to engage in their own research practice, utilize their social networking, and collaborate with local universities. The legacy of David Kipper's work will be celebrated including his influence in Chicago and worldwide.

Panelists: Erica Hollander, Tom Treadwell, Hod Orkibi, Michael Wieser, Galabina Tarashoeva, Rob Pramann, & Scott Giacomucci

Organized by the ASGPP Research Committee

We invite everyone to attend this event as it is important for the future survival of our professional field!

Learning Objectives. After attending, participants will be able to:

1. Identify at least one assessment tool for research;
2. Explain the outcome of at least one psychodrama research study.

OPEN EVENT

65

SECOND HAND SMOKE: DEALING WITH SECONDARY PTSD

Georgia A. Rigg, LCSW, TEP, Director: Between Prairie and Sky Institute

PTSD is Catching. Secondary PTSD is "caught" through personal direct contact; word of mouth; media; job requirements. This workshop will explore through use of psychodrama and sociodrama the effects of this contagion, and will practice creating healing ceremonies for all involved. Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify roles taken to assist with understanding all roles involved in complex PTSD and roles needed for treating those involved;
2. Demonstrate ability to take various roles in dealing with PTSD, and how to make use of respectful words and touch in healing PTSD for all involved.

66

EXPERIENCING EARNED SECURE ATTACHMENT – THE ROLE OF THE DIRECTOR AND THE GROUP

Grayce Gusmano, LPC, MMFT, CP, Grayce Counseling, Sensorimotor Institute, Sooz Bolte Consulting;

Soozi Bolte, LPC, LCST, CP, Sooz Bolte Consulting

The group experience can activate procedurally learned relational patterns for participants as well as the director. This workshop will take a bottom up approach making explicit the implicit relationship patterns that show up in the group process as well as on the psychodramatic stage. Directorial choice points will be explored as well as the skill of tracking implicit relational patterns. A full psychodrama will be offered. Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize non verbal cues to relational patterns;
2. Identify key directorial choice points.

9:45 am - 12:45 pm

MORNING WORKSHOPS

64

FROM ALGORITHM TO CONNECTION: THE POWER OF SOCIOMETRY

Deborah Shaddy, LCPC, Hudson Valley Psychodrama Institute, Sophia Center, LLC

Deep divisions, whether based on political and religious identities or specific issues (immigration, abortion, gun control), impede our ability to see and hear each other. It's increasingly challenging to break through our bubbles of like-minded others. Through Moreno's gift of Sociometry, we have tools that encourage nuanced views of other positions and the people who hold them. Experience sociometric structures that are useful in reducing this separation/polarization and identify situations in which structures can be used.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify three sociometric structures that can be used to assist individuals and communities overcome polarization;
2. Demonstrate three sociometric structures that can be used to assist individuals and communities overcome polarization.

Deborah Karner, LCSW, TEP, Prospect/Crozer Keystone Health System; ASGPP, NASW, International Society for Traumatic Stress Studies; Colleen Baratka, MA, TEP, Private Practice

There is a tsunami of role change after an mTBI/Trauma which often results in severe identity confusion and relational challenges in all systems: family; employment; legal; medical among them. This workshop will explore the responses of the mTBI and Traumatized brain to daily events and use Moreno's role theory to contextualize individual and systems treatment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize from a neurological perspective a person's changed response to daily life events after experiencing an mTBI and trauma;
2. Describe how to contextualize treatment for the challenge of role change and role loss after experiencing an mTBI and trauma using Moreno's Role Theory.

Rosalie Minkin, LCAT, ATR-BC, TEP, Private Practice, ASGPP

This workshop enhances personal communication skills, educates and challenges group members with new and interactive skills. Sociodrama enhances Self-Esteem to creating sociodrama in public programs e.g., volunteers can collaborate with local organizations such as brothers and big sisters; local police departments to create sociodrama sessions.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply Sociodrama roles related to the issue and theme through warm-ups, actions, sharing and verbalizing from their personal role that the session may move into a psychodrama;
2. Apply the challenging Sociodrama tools, enhancing group cohesiveness as a vehicle to a supportive group atmosphere.

Scott Giacomucci, LCSW, CTTS, CET III, DAAETS, PAT, Phoenix Center for Experiential Trauma Therapy, Mirmont Treatment Center, Bryn Mawr College; Amy Stone, LSW, CET III, Phoenix Center for Experiential Trauma Therapy

The sum of our roles make up our identities as a person and professional. This workshop will provide an engaging opportunity to network and meet other developing professionals while creating or clarifying your career vision. The basics of role theory will be presented with emphasis on assessment and future projection. This workshop will challenge participants to consider creative integrations of various professional roles (such as group worker, social worker, author, researcher, teacher, and supervisor).

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the use of the Role Diagram for assessment and future projection;
2. Identify Moreno's stages of role development.

Shelley Korshak Firestone, MD, University of Chicago Department of Psychiatry, Chicago Psychotherapy & Psychiatry

This workshop presents the cutting edge model of treatment for addictions, trauma, and a range of impulsive, compulsive and other mental health problems. Showcasing the use of the empty chair, we demonstrate five basic roles operative in all our relationships, revealing the secrets of the addict within.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define addictive and dysfunctional processes as relational disorders, recognizing the preference for engaging in unhealthy or addictive behaviors over engaging with people, and appreciate the importance of trust and belonging in the recovery process;
2. Apply the technology of the empty chair and other action techniques to the treatment of addictions, trauma, and a range of impulsive, compulsive and other mental health problems.

Stephen Kopp, TEP, Saint Luke Institute, Dreamer2Doeer

Using the image of the Dark Mirror from the fairytale The Snow Queen, we will identify how negative wounds from the past distort the present – turning our client's hearts to ice or twisting how they view their world. Psychodrama offers powerful tools for holding past and present simultaneously, allowing us to correct damage from the past and view the present from a cleaner perspective.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize at least two childhood distortions that result in negative core beliefs;
2. Identify at least three ways of bringing in adult resources to the present.

Susan Powers, PhD, ASGPP

Every loss can crack a person open. Loss gives an opportunity to become more whole and heal the heart. Grief is Love. Exploring and mapping the heart for blockages will be our focus. We will explore experiential tools involving love and loss. We will learn about the physical manifestations of unresolved grief Group methods for experiential grief work will be demonstrated. Participants will learn to identify the blocks to healthy grieving.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify awareness of significance of unresolved grief for the heart;
2. Demonstrate exercises for healing the heart in loss.

73 LOVE THE RAINBOW! INSPIRE DIVERSE TEENS WITH MUSIC & THEATRE!

Cynthia Freeman-Valerio, LPC, ARTSOUL, Inc. & Creative Therapy Unlimited

What does it take and how do you bring together a rainbow of youth from dysfunctional, impoverished, abusive and historically traumatized backgrounds to work together in the performing arts in insular communities? Successful musical and theatrical projects engage youth, inspire leadership, involve positive sociometry, teens role modeling cooperation, responsibility, excitement, spontaneity, self-expression and openness while working together for their community. Inclusive events produce healthier human beings, successful artistic ventures and strengthen diverse communities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how to envision, create, produce and direct performing arts' showcases for local youth that inspires local youth and families and works in diverse communities;
2. Apply the information and skills learned into replicating performing arts' showcases with local youth and adults in the diverse communities of the workshop participants.

74 LIVING WHOLEHEARTEDLY: THE PSYCHODRAMATIC POWER OF CONNECTION, COURAGE, AND COMPASSION

Ronald C. Collier, LCSW, TEP, Private Practice, ASGPP, NASW, Mental Health Association of Monmouth County, Monmouth Medical Center

Brene' Brown writes about the the significance of wholehearted living. This workshop will explore the key elements of this concept which are connection, courage, and compassion. Participants will learn the value of utilizing these concepts in their psychodramatic work. A full psychodrama will be part of the experience of wholehearted living. She ties this concept to the qualities of connection, courage and compassion. Psychodrama utilizes these same principles to create action plans, and promote healing and positive change. Participants will discuss, observe, and practice significance of wholehearted living. This concept derives its power from connection, courage, and compassion. These same principles support psychodrama in its ability to promote positive change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the key concepts of "wholehearted living" and understand how they apply to psychodramatic work;
2. Apply the concepts of connection, courage, and compassion in psychodrama in a manner which assist in developing contracts, promotes action plans, and creates an experience which leads to positive change.

2:00 pm - 3:30 pm 90-MINUTE WORKSHOPS

75 FROM J.L. MORENO TO FORMERS ANONYMOUS

**Sammy Rengal, MSW, CSAC, Formers Anonymous;
Rhona Case, EdM, TEP, Crossroad Counseling Center**

Before there was psychodrama, there was the mutual support group started by Dr. J.L. Moreno for the prostitutes of the red light district in post-war Vienna. In this workshop, Sammy Rangel, MSW, CSAC, tells why he started Formers Anonymous in 2012 for people involved with street life, crime, violence and addiction. With the help of several FA members, he will demonstrate "how it works" and how the practice of spiritual principles such as transparency, empathy and compassion can result in meaningful relationships that are genuine, kind and free of judgment and exclusion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the value of mutual support groups;
2. Identify skills and perspectives to work with marginalized populations such as criminals, gang members and others.

76 WHO ELSE LIKE ME? CULTIVATING SELF-AWARENESS THROUGH ACTION METHODS

**Paula De Franco, MBA, Andragogy Research Institute, "ARI";
Janell Adair, MA, LPC, TEP, Crossroads Counseling Center**

Within the social and behavioral sciences, since the 1970's, the concept of the self has been a unifying construct. Research on self-awareness has advanced as researchers continue to investigate the basic mechanism that mediates self-awareness. This presentation introduces participants to theoretical research grounding a two-step mechanism of self-awareness, the Mechanism of Mind (MM) model. The MM's components are brought to life via action methods, while providing participants the opportunity to experience the open mind space™.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the two components of the MM model;
2. Apply the components of the MM model to identify behavioral triggers.

77 A DR. SUESS BIBLIODRAMA WARM-UP ON MORENO'S "SPONTANEITY AND CREATIVITY"!

Darlene Vanchura, LPC, ASGPP, Expressive Therapies & Training Institute, Bridging Harts, Association for Play Therapy, Keller Counseling Association Board

A very Fun workshop (Did I say Fun?) as participants will play along with Marco's walk to school. Participants will learn about Moreno's thoughts on "Spontaneity and Creativity" (of which students of Psychodrama already know) by actively engaging in the same. Fun for seasoned Psychodramatists (Hey, Why Not?) and newer Psychodramatists alike. This bibliodrama can be used to introduce Psychodrama to others & a warm-up as well. And, Trust me on this, It's Fun!!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize factors affecting spontaneity and creativity, perhaps even as it applies to their own development;
2. Demonstrate some of these factors affecting spontaneity and reativity.

78 THE GAME PLAN®: EXPERIENTIAL METHOD FOR CLINICAL ASSESSMENT, PLANNING AND INTERVENTION

Joshua S. Lee, MSW, LCSW-C, Association of Black Social Workers (ABS W); Onaje Muid

Using the metaphor and language of sports, The Game Plan for Better Living® is an engaging and nonthreatening method for helping clients identify goals and garner resources to enhance their mental health and quality of life. During the workshop, participants will be introduced to The Game Plan for Better Living® method through presentations, discussions and experiential activities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply of The Game Plan to personal or professional goal;
2. Identify strengths and resources to be used to overcome their "opponents" in the game.

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79 "MOON'S JOURNEY" – AN INSTRUMENT FOR BOTH PSYCHOLOGISTS AND PARENTS ▲ ■

Krum Krumov, Master of Social Psychology, Carrot Ltd, Bernahrd Achterberg Institute

The workshop will introduce "Moon's Journey" – a set of short stories, using a psychodramatic approach to storytelling. Attendants will be introduced to different forms of using the instrument via demonstrations and role-play. A discussion will be held on the proposed methodology and how it can be applied in different scenarios.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply an innovative instrument as an assessment and/or therapeutic tool;
2. Identify a child's social skills and emotional attitude towards different interpersonal situations and scenarios.

80 UBUNTU "I AM BECAUSE WE ARE"

Maria Luisa Carter, MEd, ASGPP; Maria Celia Malaquias, TEP, Brazilian Psychodrama Association

Through Sociodrama participants will experience "Ubuntu" – an African Nguni Bantu term meaning "humanity." It is often translated as "I am because we are," or "humanity towards others," but is often used in a more philosophical sense to mean "the belief in a universal bond of sharing that connects all humanity."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate through action methods the philosophy of Unbutu. As recognize the need and importance of such actions in society today, due to issues of diversity and conflicts among humanity;
2. Identify the progression of steps involved in a role reversal.

81 WARM UPS IN PSYCHODRAMA AND GROUP THERAPY ▲ ■

Lydia Yordanova, MSC, ZS Consult Educational, Counselling and Training Centre, Varna, Bulgaria

Warm-ups are the required beginning of any psychodrama session. They are necessary for the ice breaking, for the development of trust, safety and group cohesion and are especially important for increasing the spontaneity of the group members. This workshop will demonstrate unique applications of warming up exercises for groups with various size and composition and with participants of different age. A number of warm up techniques will be demonstrated and experienced including some original modalities, created by the presenter.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the significance of the warming up as a process in the group work for new perspectives;
2. Identify 3 different warm up techniques in the group psychotherapy process.

82 DEALING WITH THE STRESS OF SECRETS ▲ ■

Cristina Schmidt, Psychodrama Psychotherapy, Transgenerational Psychotherapy, Private Practice in Romania, Romanian Classical Psychodrama Association

The secrets in everybody's life are still an issue that challenge our capacity to deal with the stress. No matter what kind of secret is, personal or professional, there is a lot of guilt, fear, anger that can be experienced, but also insomnia, problems with the memory or any other psychosomatic reactions. In the workshop you will learn how to release the tension provoked by keeping the information, without saying the secret to anybody.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify five reactions they experience associated with the secrets they have (or keep);
2. Apply two psychodrama techniques in order to reduce the tension provoked by keeping the secret.

Jodi Greanad, LPC, Terrell Counseling, Inc.

This workshop is based on the book, *The Power of TED: The Empowerment Dynamic* by David Emerald. Using sociometry, role theory, and sociodramatic role play, this workshop will engage participants in exploration of victim and creator orientation roles. Group members will become more familiar with these roles through sociodramatic role play. Participants will co-create empowerment as they move from victim orientation into creator orientation roles.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the difference between the victim orientation and the creator orientation;
2. Apply the use of role play to move towards empowerment.

Rob Pramann, PhD, TEP, Clinical Director, Christian Counseling Centers of Utah

What do I find to be the inevitable impact of (trauma) work? Compassion fatigue? Vicarious traumatization? Posttraumatic growth? Resilience? Why do I have such a hard time prioritizing self-care? Am I accountable or a victim? What self-care is nonnegotiable for me? Is my self-care tank empty, full, or ___? Join with others in taking personal assessment of the impact of your work, your need, your self-care resourcefulness, and self-care implementation.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the inevitable personal impact of their work;
2. Describe and implement a self-care strategy or resource.

This is a 2020 Award Winner's Workshop

Gregory Koufacos, MA, LCADC

This workshop is an experiential view of setting our intentions for the year ahead. This workshop is close to the spring equinox, the birth of the year.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe one goal they have for themselves this year;
2. Recognize how their future self has the answers for how their current self can achieve that goal.

3:45 pm - 6:45 pm AFTERNOON WORKSHOPS

Julie Wells, LCSW, CP, TEP, Suncoast Psychodrama Training, IAGP, ABE, ASGPP

Come join us as we create a Psychodramatic Resiliency Timeline using action and embodiment skills to identify, concretize and build on inter, intra, and transpersonal strengths. By creating a living timeline marking periods of crisis and resiliency, resources from the past are materialized and externalized in the "Here and Now". By "resource mining" using trauma-informed practices, we can experience the transformative power of psychodrama that allows clients to find healing and empowerment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between inter, intra and transpersonal strengths and resources;
2. Define a psychodramatic resiliency timeline and describe 2 other ways to use a timeline to build strenghts.

Marcy Pollitt, LCSWR, SEP, MSW, Joyfully Becoming, Private Practice; Pamela Perkins, MFA, LCSWR, Private Practice

This workshop will introduce participants to the powerful and natural attachment stance of the Alpha Role. It will demonstrate how this archetypal wise parent role can increase healthy attachment by reducing reactivity and increasing responsiveness and help our children, our clients, and our clients children to literally feel more safe and loved. Blocks to healthy attachment, including projections, trauma, and other habitual defenses, will be identified and addressed through the corrective experience offered by role reversal, doubling, and somatic exploration. This somatic work creates an embodiment of the wise parent/Alpha Role so that participants can more readily access and maintain this role.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe what the Alpha Role looks like in the context of attachment focussed parenting, how it works to effectively positively shift family roles as needed and how it helps parents feel more confident and trusting of their intuitive wisdom and helps children to literally feel more safe and loved;
2. Apply the stance of the Alpha Role through the use of specific Alpha oriented Responsive vs. Reactive parenting strategies for challenging situations and learn techniques to both somatically identify and address defensive blocks to accessing this wise parent role.

John Skandalis, LMHC, TEP, Private Practice

The theme of the workshop is healing aspects of the inner child using psychodrama and corrective parenting techniques. We will be warming up as a group and warming up to aspects of the inner child that need healing: A corrective experience around being parented so they receive the structure, meaning making or nurture that was missing in their childhoods. We will enact personal stories and enroll workshop members to play healthy parent roles followed by sharing and processing of the work done.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize that the strong emotions they can have are often about their inner child. And that they can interact with the inner child using psychodrama to meet that parts unmet needs;
2. Describe their three interior ego states: child, adult and parent egos, and how to create a healthier parent ego in them to help the neglected and hurt child within.

89 IDENTIFYING AND HEALING SOCIOMETRIC PROBLEMS IN THE WORKPLACE

Kim Irving Albano, PAT, The Centre for Psychodrama and Sociometry, Ontario, Canada; Ananta Chauchan (Baljit), CP, The Centre for Psychodrama and Sociometry, Ontario, Canada

Much of our work with people involves the ability to work successfully in a group, whether this is a therapy group or a workplace group. This sociometry workshop will offer techniques to build safe cohesive groups, increase awareness on how to identify underlying dynamics within the group, and provide examples of sociometric interventions on how to address tensions or stagnations within a group.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify factors which affect group cohesiveness;
2. Apply sociometric interventions to increase a group's connection and functioning.

90 THE CONFLICTED WITNESS: UNDERSTANDING THE COMPLEX ROLE OF THE LAY-CAREGIVER

Jacqueline Fowler, MA, CP, Private Practice

Caring for loved ones who are facing the loss of normal functioning is a heartbreaking and confusing experience; it can also bring about opportunities for deep emotional healing. For many family caregivers, who are often thrust into the role and untrained for the tasks that lay ahead, it is difficult to attain the level of reflection needed to experience interpersonal healing. Through sociodramatic and psychodramatic action, we will explore the Lay Caregiver's experience of taking, developing and creating this potentially transformative role.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the complex nature of lay-caregiving, and identify strategies that support meaningful role development;
2. Distinguish between sociodramatic and psychodramatic methods.

Lorelei Goldman, TEP, The Psychodrama Institute of Chicago

Our theme will focus on enriching our qualities of life with those challenged with memory loss with their caretakers, family friends. In the moment spontaneity and improvisation will be key in roleplaying situations which will bring joy and engagement in a novel experience where often mastery occurs. With music and improvisation, participants will feel the power of play to access certain parts of ourselves that are ready to come out and play.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply useful exercises to have fun and use their imaginations;
2. Recognize other creative play activities for quality of life.

92 ATTACHING TO OUR GROUPS AS TRAUMA HEALING CULTURES

Marcia Nickow, Psy.D, CADC, CGP, Private Practice, Chicago, IL; SunCloud Health Outpatient Treatment Center; AGPA; ISTSS (International Society for Traumatic Stress Studies)

Building on attachment and family systems theories, this workshop targets healing from developmental and intergenerational trauma and addictive disorders (including substance use, gambling, sex and relationships, internet, work, compulsive spending, and eating disorders). Two 60-minute demonstration groups and sociometric exercises, exploring themes of betrayal, fear, terror, rage, loneliness, hopelessness and self-abandonment, along with power-and-control dynamics, will illuminate this treatment model. Dynamics of oppression rooted in historical and cultural trauma will be explored.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how our psychotherapy groups may serve as cultures of attachment and resilience to support healing from personal, family and cultural trauma for individuals, couples and families;
2. Explain the concept of addiction as a dynamic disease with multiple expressions, such as substance abuse, process addictions (e.g., gambling, sex and relationships, internet, work, compulsive spending), and eating disorders.

93 YOUR BEST POSSIBLE SELFIE USING POSITIVE PSYCHOLOGY'S 5 PILLARS

Marlo Archer, PhD, TEP, Arizona Psychodrama Institute;**Andrea Szucs, LMSW, RDT, Columbia University, Fordham University**

This workshop looks at the theory, research, and applied aspects of positivity introducing strength-based interventions in action using psychodrama and drama therapy. We will explore the latest applied positive psychology research for education, counseling, and individual growth; introducing video feedback. It is aimed at enhancing both a therapist's well-being and skill set. Fill out the free VIA survey <https://www.viacharacter.org/survey/account/register> and bring it along with a device (e.g. smartphone) that can take a short video.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the 5 pillars of Positive Psychology (PERMA);
2. Apply action methods designed to facilitate future focused positive interventions (e.g. role play, empty chair, doubling).

94 PSYCHODRAMA FOR EDUCATORS: FINDING SUPERHEROES WITHIN OUR STUDENTS ▲■

Mary Lane, CP, Psychodrama Training Institute of Chicago

The school social scene can be frightening! Student insecurities about self, language, skills, clothing and supplies, and culture can be helped with Psychodrama invitations to Superhero intervention! The Super Girl or Spiderman within can clarify values and develop internal supports! Participants will warm up by designing their own superhero costume from materials provided and modeled by the presenters, Wonder Woman and Cat Woman.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain for students completion of a school Social Atom;
2. Identify a Superhero within themselves that will help solve student issues.

95 'DANCEDRAMA WITH THE STARS': PSYCHODRAMA AND DANCE/MOVEMENT THERAPY

Daniela Simmons, PhD, TEP, Expressive Therapies Training Institute, University of North Texas, University of Johannesburg;

Concetta Troskie, MA, LPC, BC-DMT, RDT, Mindfully Embodied, LLC

Dance has been used therapeutically for thousands of years. The founder of Psychodrama, J.L. Moreno identified the term 'Psychodance' (Sociatry, 1948, p.436) as a "synthesis of spontaneous dance with psychodrama". In the 1970s Dance-Movement Therapy (DMT) evolved as 'the correlation between movement and emotion' (*Psychology Today*, 2019). This workshop will demonstrate applications from psychodrama and dance movement therapy as a cross-disciplinary work. The participants will be able to experience an original modality, created by the two presenters.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe three (3) applications from psychodrama and dance movement therapy as a cross-disciplinary work;
2. Apply three (3) dance movement therapy techniques in psychodrama.



96 THEATRE OF ROLE HEALING: UNDERSTANDING PSYCHOLOGICAL ROLE CAPITAL ▲■

Adam Chi-Chu Chou, TEP, Feng Chia University, Taiwan Association of Psychodrama, ASGPP

People are wounded in roles. The healing and thrive in life also comes from the roles people play. This workshop expands Moreno's role concepts while focusing on the function of psychological role capital. In role healing psychodrama, participants will have the opportunity to connect to their psychological roles derived from families or origin. Through identifying and naming these roles, members are led to rewrite and replay their stories with newly transformed roles in drama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define in action the conceptualization of investment in psychological role capital;
2. Apply the methods and techniques of leading a role healing psychodrama.

7:00 pm - 8:00 pm

Closing Ritual and Passing of the Torch

All conference participants are invited to join us for our closing ceremony as we join in this collective closing ASGPP ritual. Together we'll explore discoveries made together throughout the conference in a playful and nourishing manner through storytelling and playback theatre. We'll conclude the ceremony with a passing of the torch from Schaumburg, Illinois to Newark, New Jersey as we light our way to the 2021 conference and the 100th birthday of Psychodrama.

OPEN EVENT

8:15 pm - 12:00 am

EXPLORE CHICAGO

We will arrange transportation to and from select Chicago venues for dinner, music and Chicago nightlife on Saturday evening. Advanced registration is required at the conference. To sign up please visit the registration desk and look for the Chicago meet-up volunteer to reserve your spot. Please note there will be a \$25 fee for this event.

SCHAUMBURG DINNER MEET UP

We will provide transportation to and from select local restaurants for dinner Saturday evening. Join us to eat well and enjoy other conference participants. To sign up please visit the registration desk 24 hours prior to the event and look for the Chicago meet-up volunteer to reserve your spot.

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* The Indian Institute of Psychodrama also offers internships for international students or volunteers.

Please contact us for additional information:

Ms Magdalene Jeyarathnam, MSW, CP (Director, IIP).

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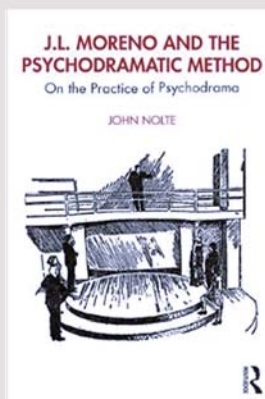
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8. A Brief History of Psychodrama
9. The Aspirations of Jacob Levy Moreno



About the Author

John Nolte, PhD, has been a psychodramatic practitioner and trainer for more than 50 years. certified as a Trainer-Educator-Practitioner by the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy, he was trained in psychodrama at the Moreno Institute, Beaon, NY, by J.L. and Zerka T. Moreno. He is the author of the well-received book, *The Philosophy, Theory and Methods of J. L. Moreno*.

J. L. Moreno and the Psychodramatic Method: On the Practice of Psychodrama can be obtained from Routledge.com.

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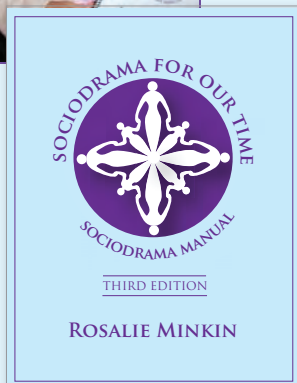
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