American Society of Group Psychotherapy & Psychodrama



76TH Annual Group Psychotherapy & Psychodrama Conference

Crowne Plaza North Dallas Near Galleria-Addison Texas April 19-22, 2018



CEs – ASGPP: National Registry of Certified Group Psychotherapists, Counselors (NBCC); Ce-Classes.com: CEs for Psychologists (APA); Social Workers (ASWB); Addiction Professionals (NAADAC); California and Texas Board Approvals; The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling

The entire conference (Thursday - Sunday) offers up to 32.5 hours toward CEs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama*, *Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

- Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
- 2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

EXECUTIVE COUNCIL

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ASGPP NATIONAL OFFICE

ASGPP / 301 N. Harrison St, Suite 508, Princeton, NJ 08540 (609) 737-8500 / asgpp@ASGPP.org / www.ASGPP.org

2018 ASGPP AWARDS

J.L. Moreno Award

Rebecca Walters, LCAT, LMHC, TEP

Zerka T. Moreno Award

Sérgio Guimaraes, PhD

President's Award

Adam Blatner, MD, TEP

Hannah B. Weiner Award

Janell Adair, LPC, TEP

Collaborators Award

Jacob Gershoni, LCSW, CGP, TEP . Nan Nally-Seif, LCSW, TEP

Diversity Award

Nisha Sajnani, PhD, RDT-BCT

Innovator's Award

Adam Chi-Chu Chou, PhD, TEP

Fellow

Norma Kay Lord, LCSW, LMFT, TEP • Glenn Sammis, DMin, LPC, TEP Craig Caines, LICSW, MAC, TEP • Marlo Archer, PhD, TEP

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CONFERENCE STEERING COMMITTEE

Tzivia Stein (Processing)

Kim Cox (Program & Auction)

Katrena Hart (Hospitality, Exhibitors & Co-Chair)

Lori Martin & Tori Reynolds (Entertainment)

Darlene Vanchura (Session Assistants)

Daniela Simmons (Sponsors & Co-Chair)

Sue McMunn (Awards)

Stacie Smith (Publicity & Co-Chair)

WELCOME Welcome to the ASGPP 76th Annual Conference, "Expanding Horizons: Using Action Methods to Join All Humanity," held in the wide open spaces of North Texas. We invite you to come early, bring your family & enjoy a vacation before & after the conference! North Texas is home to the Historic Stockyards of Fort Worth where you can witness an authentic longhorn cattle drive, the legendary "South Fork Ranch" from the Dallas TV series, the world renowned Perot Museum, the numerous art museums of Dallas, & of course, we'd like for you to enjoy the legendary Texas hospitality!

Beginning Thursday, we will connect with new & old friends while enjoying live music during the President's Reception, followed by a collaborative expe-

rience during the Diversity Forum, & closing with our beloved Zerka Moreno through a video presentation.

Friday evening, please come adorned in your best "red carpet" attire to celebrate the 2018 award winners with light snacks & dessert selections. Saturday will close with the opportunity to "scoot a boot" at a karaoke/dance party. Sunday morning, we will begin the final day of the Conference celebrating the 100th anniversary of Dr. Moreno's publication, Daimon.

We look forward to welcoming all y'all to the conference in Texas!

Your 2018 conference co-chairs: Katrena Hart, Daniela Simmons, and Stacie Smith

EXCITING **EVENTS**

President's Reception and Opening Welcome

(Thursday 5:15 pm - 6:45 pm) This opening reception welcomes everyone attending the conference. Enjoying connections with friends, old and new, as we prepare to Expanded Our Horizons through three days of connections, celebrations, learning, and growth. This reception is a special thank you to all of the presenters, volunteers, and session assistants who graciously give their time and creativity to the 76th ASGPP Conference. OPEN EVENT

Diversity Forum: Nisha Sajnani, PhD, RDT-BCT (Thursday 7:00 pm - 8:15 pm) This forum will consist of an ethnodramatic performance devised by the ASGPP community. It will offer us a chance to hear the hopes and concerns of this community as they relate to dignity, equity, oppression, and justice in personal and professional life. OPEN EVENT

An Hour with Zerka: Sérgio Guimaraes, PhD
Globe-Trotting with Zerka: A Virtual Travel "To Rekindle the Light"
(Thursday 8:30 pm - 9:30 pm) This powerful session will offer participants the opportunity to meet with Sérgio Guimaraes, the author of numerous videos of Zerka Moreno, taken between March 2009 - September 2014; to hear his story of meeting with Zerka over the years; and to view excerpts of original life footage with the mother of psychodrama! OPEN EVENT

Silent Auction/Basket Raffle

(Thursday - Saturday) The Auction and Scholarship Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature Artists in Residence where we display works of art that are hand-crafted by our community. Bid on a variety of exciting items as well as workshops, trainings, and supervision opportunities. This year's Basket Raffles will be package in boxes that will allow for shipping to one's home through services offered by the Hotel for a small fee. All raffle proceeds will go to the ASGPP Scholarship Fund.

Opening Plenary: S. Rafe Foreman, JD

Communication Energy in Action: Expanding Connections (Friday 8:00 am - 9:00 am)

S. Rafe Foreman, JD is a teacher, professor, writer, consultant and frequent speaker. He joined the University of Missouri - Kansas City Law School as the Douglas Stripp Dean's Distinguished Professor of Law and Director of Advocacy in 2011 after a distinguished career as a trial lawyer. He has advanced education in psychology from Fielding University and the National Psychodrama Training Center. Professor Foreman is a graduate of the Trial Lawyers College and now serves as an instructor and former board member. He lectures and teaches lawyers, judges and law students the art of advocacy and trial skills throughout the world.

His Plenary will focus on his own interpretation of the circles of energy principle and his own concept that he phrases, "communication energy." He has always used action to bridge connections and communications, as well as relationships. His talk will focus you on the energy that you bring to your communication and the conscious choice you have to change it if you wish.

Community Sociometric Selection (Friday (9:00 am - 9:30 am) THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS.

Meet the presenters and experience a one minute presentation that will allow you to make a "here and now" choice based upon your tele with the presenters. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

Annual Membership Meeting and Live Auction (Friday 1:30 pm - 2:30 pm) Our annual open community meeting for members as well as those interested in becoming members an opportunity to meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. You will also have the opportunity to participate in a Live Auction facilitated by an Auctioneer. OPEN EVENT

Red Carpet Sociometric Stars Awards Ceremony

(Friday 8:00 pm - 10:00 pm) Our awards acknowledge members who have made outstanding contributions to our community. Come join in the celebration in your best "Red Carpet" attire and enjoy light snacks as well as dessert selections. (Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

History Keepers and New Members/First Time Attendees Gathering

(Saturday 7:00 am - 8:00 am) If you are a new member of ASGPP or a first time conference attendee, please come and meet other new members and mingle with the History Keepers of the ASGPP who carry the stories, experiences, and relationships of the founders and cornerstones of the ASGPP. **OPEN EVENT**

Saturday Keynote Address: Harville Hendrix, PhD & Helen Lakelly Hunt, PhD

From Conflict to Connection for All Humanity (Saturday 8:00 am - 9:30 am)

Drs. Hendrix and Hunt continue to co-create Imago Relationship Theory and Therapy and make it available in workshops, training programs, lectures, seminars and books. Over 1200 Imago therapists practice in 37 countries. Their professional partnership has produced 10 books including three NYT best sellers. Harville is a couple's therapist with over 40 years' experience as an educator, clinical trainer and lecturer whose work has been on Oprah 18 times. In addition to Helen's partnership with her husband in the co-creation of Imago, she is sole author of Faith and Feminism and And the Spirit Moved Them. She was installed in the Women's Hall of Fame for her leadership in the global women's movement.

Objection to difference is THE human problem and the source of conflict in all human ecosystems — couples, families, organizations, groups, and nations. Since "difference" is the defining feature of nature, our only solution is connecting through difference and co-creating a culture that promotes rather than negates difference. This is the precondition of universal peace. Participants will receive an analysis of the source of polarization and learn and practice a methodology that facilitates the emergence of a relational civilization.

The International Language of Dance and Karaoke/Dance Party

(Saturday 7:30 pm - 10:30 pm) Join us for a "Boot Scootin" good time at a festive karaoke/dance party. You will have the opportunity to learn the Texas Two Step and Line Dancing as well as showing off your pipes behind the microphone. OPEN EVENT

100th Anniversary of Dr. Moreno's *Daimon*: René Marineau

(Sunday 8:00 - 9:00 am) Dr. Moreno's Daimon celebrates its 100th anniversary this year. René Marineau will share with attendees a historical perspective of some of Dr. Moreno's earliest writings. OPEN EVENT

Closing Ceremony

(Sunday 6:15 pm - 7:00 pm) Having Expanded Our Horizons through three days of connections, celebrations, learning, and growth, we will gather to close the conference and carry the charge of Using Action Methods to Join All Humanity until we come together again in 2019. **OPEN EVENT**

HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double \$149. This rate is only guaranteed through March 27, 2018. After that date, rooms are available on a "space and rate available" basis determined by the hotel. The special rate is available for stays from April 16-25. When making reservations by phone, be sure to identify yourself as attending the ASGPP 76th Annual Conference and request the group rate for the American Society of Group Psychotherapy group to obtain the special conference rate.

Hotel Contact Information:

Crowne Plaza North Dallas, 14315 Midway Road, Addison, Texas 75001 Phone: 972-980-8877,

To make reservations online, please go to the ASGPP website www.asgpp.org
Click "Conference Information" and then "Hotel Reservations"

This link is not mobile device friendly and is best accessed via desktop or laptop.

ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP using the link on our website: www.asgpp.org. Click on "Conferance Information, then "Room Sharing". Be sure to specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of the other people who have expressed an interest in sharing a room.

It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP is not responsible for any arrangements that fall through.** The deadline for this Room Sharing Service is **March 2, 2018.** Remember that the hotel is only obligated to honor ASGPP rates through March 27, 2018 and availability.

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material**. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products (other than books) which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

For additional information, please contact: Debbie Ayers, Executive Director, (609) 737-8500, asgpp@ASGPP.org.

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of March 15, 2018.
- To receive the early registration discount, your forms must be postmarked by March 15, 2018.
- Member rates are for those whose membership is current (through April, 2018)

CANCELLATION POLICY

Request for cancellation must be postmarked by April 5, 2018. While no refunds will be given, cancellations will receive credit for the 2019 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

GROUP RATES

PSYCHODRAMA TRAINEE RATES: ASGPP is offering a reduced rate to psychodrama training institute trainees - \$400 per person. All registrants taking advantage of the trainee rate must be members of the ASGPP. Participation in a training group will be verified in order for the discounted rate to apply.

ASGPP offers a special group rate for the Full 3 day Conference to college/university students and faculty. Four (4) or more students must register together at the Group Rate of \$255/per person. *Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification.

Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds but understands that it can be more convenient for individuals to use their credit card. If you choose to pay by credit card, you will be invoiced. Invoices must be paid in order for registration to be processed and your workshop seats to be reserved. Please keep in mind that we will calculate and charge a 2.2% fee to the Total Amount Due. To avoid paying this fee, you may mail the registration form with your check to: ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540.

PHOTOS & VIDEOS

The ASGPP takes photos at open events at the 2018 Conference and may reproduce them in our publications or on our website. Videos may also be taken for our website. No photos or videos will be taken of personal work or workshops. By participating in the 2018 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

ASGPP DISCLAIMER

Conference attendees agree not to hold ASGPP responsible for any injuries incurred during any activities hosted by the ASGPP.

ASGPP 2018 ANNUAL CONFERENCE REGISTRATION FORM

				Check all that apply					
NAME (INCLUDE DEGREES)					□ Presenter				
ADDRESS				☐ First Time ASGPP Conference Attendee ☐ Retiree (no longer employed, doing training or in private practice) ☐ Student (matriculated in an accordited college(university program))					
								□ Student (matriculated in an accredited college/university program) □ Member □ Non-Member □ New Member	
				FIRST NAME/NICKNAME FOR BADGE					
PHONEE-MAIL					for discount qualifications)				
PROFESSION (eg. Social Worker, Psychologist)				Specify Group NEW MEMBER INCENTIVE					
In case of emergency notify:				Become a mem	ber today an	d receive a special confe			
(ADA) - Please indicate if you have special needs				discount of 50%	% on your du w member ra	es and enjoy member rat tes are \$60 (regular) and	es to attend the (\$30 (student)		
FOR OFFICE USE ONLY			SE ONLY	conference. New member rates are \$60 (regular) and \$30 (student). This offer is limited to those who have never been an ASGPP membe Students must submit Student picture ID .					
REGISTRATION FEES									
All fees are given in \$US	Member Student	Member Retiree	Non-Mem Student	Non-Mem Retiree	Member	Non-Member			
□ Full Conference (Friday, Saturday and Sunday)	\$310	\$310	\$325	\$325	\$500	\$625	\$		
☐ 1 Day Conference Package (Fri, Sat or Sun) Circle Your Choice(s)	\$130	\$130	\$135	\$135	\$175	\$210	\$		
☐ Full Day Conference Institute (Thurs)	\$130	\$130	\$135	\$135	\$175	\$210	\$		
☐ Half Day Conference Institute (Thurs)	\$65	\$65	\$70	\$70	\$90	\$110	\$		
ADDITIONAL EVENTS									
☐ Friday Awards Dessert Reception (included i							\$		
☐ Boxed Lunch - circle which days apply (Thu							\$		
☐ Here's an additional tax-deductible contribution	toward this	year's Sch	nolarship Fu	und			\$		
□ 2018 Membership Dues □ \$120 (regular) □ All members add (\$10) if you are from a d							\$		
□ CE Forms – we will provide one form that can be used for all licensures as verification\$30							\$		
TOTAL AMOUNT DUE (\$US)							\$		
☐ I understand and accept the following A Request for cancellation must be postmarked by April Annual Conference ONLY. Credit is non-transferable a	5, 2018. Whi	le no refun	ds will be g	•			9 ASGPP		
Return all registration forms to: ASGPP, 301	N. Harris		•	,	,	08540 ices must be paid in	order for		

IMPORTANT: Your registration will not be processed if you have not noted the workshops you wish to attend and have not acknowledged the above stated cancellation policy. Registrations will not be processed until payment is received. There are no exceptions.

WORKSHOP REGISTRATION

			Last Name		
	ree choices in order of preference for each very get a workshop in that time slot. The number				
Thursday April 19, 20	18 - Pre-Conference		131 0110102	Zild OffoldE	014 0110102
9:00 am - 5:00 pm 9:00 pm - 12:30 pm	*Full Day Training Institutes* *Morning Training Institutes	, ,			
1:30 pm - 5:00 pm	*Afternoon Training Institutes	(#10-12)			
Friday April 20, 2018					
9:45 am - 12:45 pm	ALL Morning Workshops will be sociomet	rically selecte	d ONSITE ONLY - at 9:0	0 am SHARP immediate	ely following Plenary
3:00 pm - 6:00 pm	Afternoon Workshops	(#24-34)			
Saturday April 21, 201	18				
9:45 am - 12:45 pm	Morning Workshops	(#35-45)			
1:45 pm - 3:00 pm	90-Minute Workshops	(#46-52)			
3:30 pm - 6:30 pm	Afternoon Workshops	(#53-63)			
Sunday April 22, 2018					
9:15 am - 12:15 pm	Morning Workshops	(#64-74)			
1:00 pm - 2:30 pm	90-Minute Workshops	(#75-80)			
3:00 pm - 6:00 pm	Afternoon Workshops	(#81-90)			
*Additional Registrati	on Fee Required				
How did you hear abo	out the conference? Mailer Online Please specify:		•	_	end
SESSION ASSIS	TANTS & VOLUNTEERS NEEDED	!			
VOLUNTEER SERVIC General Volunteer, Se coordinator of these a	E is a vital part of the ASGPP community ar ssion Assistants, Onsite Processing Team N areas to find out more about them or ask qu at area will contact you. We hope you will	nd a successf Members and Jestions. Plea	Silent Auction/BasketC se indicate which area	ases assistants. You car of volunteering you are	n contact the interested in.
⊃ Yes , I am intereste	d in being a General Volunteer. (Coordina	tor: Debbie A	yers, 609-737-8500, d	ebbie@asgpp.org)	
	d in being a Session Assistant. (Coordinat	-	ers, 609-737-8500, d	ebbie@asgpp.org)	
	d in being a <mark>Onsite Processing Team Mem</mark> i <mark>r: Tzivia Stein, 214-232-5159, Tzivia@hea</mark>		nter.org)		
☐ Yes , I am intereste	d in helping with the Silent Auction/Basket	Cases. (Coor	dinator: Kim Cox / kim	bo.cox@gmail.com)	
Please circle the days	you are available: Thursday Friday S	Saturday Si	unday		
NAME		PHON	E (day)		
E-MAIL		PHON	E (evening)		

WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday
Addictions	2, 12	20	40, 44, 48, 49, 53, 59, 60	66, 68, 73, 80, 82, 87, 90
Business/Coaching/ Marketing/Publicity	10	15, 21	61	64, 83, 89
Creative Arts	10	19, 21	36, 42, 51, 58	66, 73, 74, 77, 78, 82, 86
Education	6, 8, 9, 10	17, 19	39, 42, 49, 54, 55, 60	65, 66, 73, 82, 85, 89
Family/Couples		19, 27	49, 59, 60, 61	66, 73, 74, 75, 80, 84, 90
Gender Issues/LGBT/HIV		30	46, 60	
Healing/Self Care	5	17, 19, 21, 23, 25, 29 31, 34	37, 38, 40, 43, 46, 49, 50 51, 56, 58, 59, 62, 63	66, 68, 71, 72, 75, 77, 79, 81 82, 84, 86, 87
Multicultural	3, 8, 9	14, 17, 19, 28, 29, 30, 32	51	73, 78, 88
Neurobiology	1, 4	21	47, 54	67, 76, 87
Psychodrama in Other Fields	2, 7, 8, 10, 12	15, 17, 21	45, 47, 54, 58	66, 67, 69, 76, 79, 83, 85, 86
Psychodrama Foundations	6, 12	13, 16, 17, 18, 19, 21, 22 25, 27, 29, 31, 33	36, 47, 48, 51, 56, 57, 63	65, 72, 90
Sociodrama/Playback/ Drama Therapy	3, 9, 10	14, 15, 19, 20, 30	39, 42, 51, 55	64, 84, 87
Sociometry	6, 7, 9, 12	13, 15, 17, 18, 19, 22, 33	42, 49, 53, 57, 58	65, 69, 73, 87
Spirituality	5, 8, 10	16, 19, 21, 31	37, 38, 51, 58, 60	71, 81, 82, 87
Trauma/Bodywork	1, 4, 5, 8	19, 28, 30, 32, 34	41, 43, 44, 45, 50, 59, 60, 62	66, 73, 82, 84, 87, 88

PSYCHODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas.

THURSDAY

- 2 The Wise Mind in Action
- 4 "Safety Is The Treatment": Warm-Up, Presence and Process in Psychodrama
- 5 The Power of the Wounded Healer Archetype
- 8 The Immigrant Within and Without: Finding Your Way to Your True Home
- 9 Polishing Your Sociometric Diamond

FRIDAY

- 12 The Battle for Personal Justice: Encountering the Critic, the Ghost and the Advocate
- 16 Buddhist Vajrayana Role Theory: Limitless Dimensions of the "Self"
- 17 Circle of Values: An Indonesian Extension of The Social Atom
- 18 Using the Central Concern Model for Joining All Humanity
- 25 Metaphorically Speaking
- 26 Integrating The Heart and Neuroscience of Connection In Psychodrama and Group Psychotherapy

- 28 Immigrants All: Losses and Gains
- 29 Who am I? Who are you? What if we role reverse
- 31 Life Is Easy: Psychodrama To Go
- 32 Multicultural Trauma Interventions
- 33 Roles Not Traveled

SATURDAY

- 38 In the Eye of the Storm: Creating Peace Amid Chaos
- 39 Directing a Sociodrama
- 40 Getting Unstuck: Enhancing Spontaneity for Change
- 48 Transforming Addictive Processes: The Empty Chair
- 56 Maximizing Role Involvement in the Interpersonal Psychodrama
- 57 Creating Warm-Ups Without Gorillas
- **60 Sex and Spirituality**
- 61 Help! Help? Tools of Anger Resolution for Helping Professionals
- 62 Circle of Wholeness: Identifying Core Wounds

63 OCD: Breaking through Frozen Repetition to Spontaneous Freedom

SUNDAY

- 66 Is The Doctor In, Yet?
- 67 Psychodrama and Hypnosis: Trance in Action
- 68 Dare to Dream "Why Oh Why Can't I?"
- 73 Navigating Transgenerational Trauma
- 75 Connecting Our Parts: Enacting Internal Family Systems Towards Healing Self-Betrayal
- 76 No Blame and All Gain: Learn how to love the unlovable parts in yourself and others
- 84 Spontaneity within to break the wall and move forward: Perspective Bangladesh

TRAINING CREDITS & CE INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other then TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed by the presenter** before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



CONTINUING EDUCATION UNITS (CES)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies. Programs that do not meet ce-classes.com criteria for CE credit are clearly marked with a

...

PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by numerous State Social Work boards; New York, Florida and Ohio and most importantly Texas, where the conference is being held. Most boards will accept CEs from an out of state conference if the CEs are approved in state where the conference is held.

Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS:

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. **Programs that do not qualify for NBCC credit are clearly identified with a \(\Line\$**. ASGPP is solely responsible for all aspects of the programs.

ADDICTION PROFESSIONALS:

Ce-Classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

NYS (OASAS):

The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA:

SW, MFT & LEPs: Ce-Classes.com is approved to provide continuing education by the following professional organizations: ASWB * APA. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy renewal requirements.

Nurses: The California Board of Registered Nursing. CEP 15647 Expires 11/30/2018.

CCAPP: The California Association of Alcoholism and Drug Abuse Counselors (CCAPP) Provider Number OS-12-174-1114 Expires 11/2019.

TEXAS:

Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

OHIO:

Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2019.

FLORIDA:

Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES:

Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2018, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2018.

CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Thursday, April 18, 2018) offers up to 8.5 hours. The regular conference (Friday, April 19 – Sunday, April 21, 2018) offers up to 24 hours. The entire conference (Thursday - Sunday) offers up to 32.5 hours toward Continuing Education Units (CE's). Check with your provider.

CE CERTIFICATES

CE Certificates are \$30 as indicated on registration form. Those purchasing CEs will have a 'CE Verification of Attendance Sheet' to be signed by the session assistant/presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CE certificate with hours listed for workshops attended.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to Debbie Ayers at asgpp@asgpp.org

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.

THURSDAY, April 19, 2018

7:00 am - 8:00 am 12

12-Step Recovery Meeting

8:00 am - 6:00 pm

REGISTRATION

9:00 am - 5:00 pm

PRE-CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.

5:15 pm - 6:45 pm

PRESIDENT'S RECEPTION / OPENING CEREMONY - Open Event

7:00 pm - 8:15 pm

DIVERSITY FORUM - Open Event

8:30 pm - 9:30 pm

AN HOUR WITH ZERKA: SÉRGIO GUIMARAES, PhD - Open Event

9:00 am - 5:00 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES



TSM PSYCHODRAMA: CLINICAL MAP OF INTERNAL ROLES TO TREAT PTSD

Kate Hudgins, PhD, TEP, Therapeutic Spiral International, Hua Qiao University; Scott Giacomucci, LCSW, CET III, CP, Giacomucci & Walker, LLC, Mirmont Treatment Center

TSM Psychodrama was created to bring spontaneity and creativity to people with PTSD. It always follows the clinical map of internal roles created in 1992 by the Therapeutic Spiral Model for safety and effectivenessl. Learn the Prescriptive Roles, TSM Trauma Triangle, and the Sleeping Awakening Child roles. Together, they guide TSM Psychodrama to prevent re-traumatization and provide self-regulation through clinically modified psychodrama interventions Demonstration, practice, and clinical processing provided.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Apply The Therapeutic Spiral Models' clinical map of internal roles in TSM Psychodrama to work with PTSD in their own settings;
- Demonstrate the use of the Prescriptive Roles to create safety through spontaneity and creativity in TSM Psychodrama to other colleagues who work with PTSD.

2

THE WISE MIND IN ACTION

Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute

The Wise Mind is central in Dialectical Behavior Therapy as well as a useful concept for those not trained in DBT. Our clients who lack positive nurturing role models often are challenged to engage their own inner Wise Mind. Participants will learn to use deep interviewing and role reversal to help people find, develop the role of, connect with and successfully engage the Wise Mind to move forward as well as participate in full psychodramas.

Learning Objectives.

After attending this workshop, participants will be able to:

- Participants will be able to demonstrate the use of empty chairs to teach the concept of the Wise Mind, Emotional Mind and Rational Mind:
- 2. Participants will demonstrate the use of deep interviewing to help protagonist develop their Wise Mind role.

This is a 2018 Award Winner's Workshop

3

PLAYBACK THEATER IN AN AGE OF UNCERTAINTY ■ ▲

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychdrama Institute; Private Practice

Personal stories, elicited by a Playback conductor with sociometric awareness and rendered with artistic sensitivity by Playback actors, are the means whereby people can hear each other with respect. Participants will explore together ways to use this mode of communication to foster empathy and understanding among people with diverse views. This workshop is open to people who are familiar with Playback Theater.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe three different playback theater forms:
- 2. Recognize challenging moments as a conductor or actor.

4

"SAFETY IS THE TREATMENT": WARM-UP, PRESENCE AND PROCESS IN PSYCHODRAMA

Kate Cook, MA, LPCC, TEP, Living Waters Institute, Southwestern College, Santa Fe; John Olesen, MA, TEP, Shanti, San Francisco, Bay Area Moreno Institute

Stephen Porges is renown for his pioneering research on the embodied brain and nervous system. It is more relevant than ever to our evolving understanding of how and why we might expand the/our practice and theory of psychodrama in times, similar to those in which Moreno first created them, when these methods are desperately needed. Through this day, we will embark on a journey of exploring warm-up and the felt sense of safety and connection. We will look at the neurobiological roots of connection and how embodied sharing can disconfirm isolation and oppression, results of T/trauma of history and life.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Apply concepts of Neurobiology to their practice and action methods;
- Identify the 'felt-sense' of Safety in themselves and recognize it in others.

NOTE: Workshops that do not qualify for NBCC CE credit are identified with a ▲ Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ■

5

THE POWER OF THE WOUNDED HEALER ARCHETYPE

Linda Ciotola, MEd, CET III, TEP, Certified TSM Trainer, ACTS Co - Creator; Catherine Nugent, LCPC, TEP, Dramatic Transformatons, Johns Hopkins University

Many are called into the helping professions from a desire to transform their own difficult life experiences and assist others with their struggles. We will explore life wounds as a path of initiation, investigate strengths and vulnerabilities resulting from our traumas, and discover this archetype's power for psychological and spiritual development. Methods include sociometry, brief action structures, and, if appropriate, a full psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify at least one transpersonal strength/resource;
- Explain the meaning and significance of the Wounded Healer archetype.



GROUP CENTRED WARM-UP: FOLLOWING THE GROUP, PRODUCING THE GROUP'S INTERACTIONS AND HIDDEN LIFE ▲

Peter Howie, BSc, MEd, TEP, Australian and Aotearoa New Zealand Psychodrama Association, Inc., ASGPP

Psychodramatists often find it hard to go somewhere to work on their psychodrama skills – the supervision they received as a trainee is often not available as a practitioner. This workshop is a training and supervision workshop for new or experienced practitioners and psychodrama trainers. Working collaboratively this workshop will focus on various specific ways of producing group centred warm-ups as they emerge, and building sociometry, rather than using director directed warm-up techniques.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Explain the difference between a group centred and director directed group warm-up process;
- 2. Recognize and apply process for enhancing a group centred warm-up process.



PSYCHODRAMA AND CASE REENACTMENT

Michael Traynor, JD, LCSW, TEP, Choices Counseling Center, Winter Park, FL, Private Practice Albany NY

The courtroom is a natural theater, with high stakes for those badly injured or wrongfully charged with crimes. Many average citizens are intimidated and bewildered by the trial process. Psychodrama methods applied to various aspects of a client's case are empowering and clarifying. The relationship between lawyer and client is deepened by honesty and compassion. Join us as we apply these techniques to improve spontaneity and potency for lawyer and client.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Demonstrate two ways to connect with clients to strengthen bonds and improve case results;
- 2. Apply two psychodrama techniques to improve self examination in relating to jurors and witnesses.

9:00 am - 12:30 pm MORNING PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE



THE IMMIGRANT WITHIN AND WITHOUT: FINDING YOUR WAY TO YOUR TRUE HOME

Karen Carnabucci, LCSW, TEP, Private Practice, Lancaster, PA, Author Immigrants live with a haunting question: Where do I belong? This workshop will focus the systemic impact of immigration — in today's immediate world and the long-ago immigration experiences of our ancestors. With the combination of psychodrama, Family Constellations and mindfulness, we learn how to respond to struggles of our clients as well as the hidden trauma that may affect our own lives today — personally, professionally and with our health and financial well being. Learning Objectives.

After attending this workshop, participants will be able to:

- Explain how to look at immigration from a systemic perspective as well as a personal perspective;
- 2. Describe how and why inclusion is a critical component of healing and change as a shift of experiential awareness.



POLISHING YOUR SOCIOMETRIC DIAMOND

Martica Bacallao, MSW, PhD, TEP, The University of North Carolina Pembroke, Center for Youth Violence Prevention; Donna Little, MSW, TEP, Toronto Centre For Psychodrama, Private Practice

The Diamond of Opposites concretizes 2 criteria from diverse perspectives and at different levels of intensity. In this workshop, we will use the Diamond to identify subgroups within the larger group and expand our sociometric relationships by strengthening connections with other subgroups. We will use psychodrama techniques to increase our range across the domains of the Diamond and in so doing, deepen our understanding of others' perspectives.

Learning Objectives.

- 1. Describe how the Diamond of Opposites can be used for shifting group sociometry;
- 2. Select strategies to expand and strengthen connections between subgroups with different perspectives.

1:30 pm - 5:00 pm AFTERNOON PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE

10

ROLE REVERSAL IN ACTION: THE PATH TO UNIVERSAL CONSCIOUSNESS

Meg Givnish-Brezina, PhD, TEP, Private Practice, Problem Solving Theater, Inc.

Experience the flow of spontaneity as you "Encounter" the "Other" through intense Role Reversal. Experience stages of the Physical, Psychological and Spiritual in Role Reversal. "The spontaneity state is a key concept in all psycho-spontaneity." (JL Moreno) We will experience, discuss and share our discoveries.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Apply skills in role reversal as a teacher, therapist, director, auxiliary ego and therapeutic thespian;
- 2. Define the term "spontaneity" as it applies in the educational and therapeutic settings.

11

JOINING HUMANITY: USING ETHNODRAMA TO CULTIVATE COMMUNITY, ELEVATE DIGNITY, & FACILITATE DIALOGUE

Nisha Sajnani, PhD, RDT-BCT, NYU; New York University

Ethnodrama is the practice of dramatizing data by creating a script from significant selections of interviews, field notes, journal entries and print or media artifacts and performing it as a play, also referred to as Ethnotheatre. Like sociodrama, it involves an active exploration of social concerns and can result in increased feelings of connectedness, empathy, and understanding. However, this practice also draws on our skills as theatre artists, playwrights, and directors to artfully elevate the stories of a community. This workshop will lead participants through the process of devising an ethnodrama about issues related to dignity, equity, oppression, and justice that are of concern to this community. It will be performed at the 2018 Diversity Forum.

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify concerns for the ASGPP community related to identity, power, privilege, and oppression;
- 2. Apply knowledge of ethnodrama to the development of an original performance to be shared with the larger ASGPP community.

This is a 2018 Award Winner's Workshop

5:15 pm - 6:45 pm

PRESIDENT'S RECEPTION OPENING WELCOME

This opening reception welcomes everyone attending the conference. Enjoying connections with friends, old and new, as we prepare to Expanded Our Horizons through three days of connections, celebrations, learning, and growth. This reception is a special thank you to all of the presenters, volunteers, and Session Assistants who graciously give their time and creativity to the 76th ASGPP Conference. **OPEN EVENT**

12

THE BATTLE FOR PERSONAL JUSTICE: ENCOUNTERING THE CRITIC, THE GHOST AND THE ADVOCATE

Elizabeth Corby, PhD, CGP, CP/PAT, Private Practice, Founder, Michigan Psychodrama Center; Patrick Barone, JD, CP/PAT Barone Defense Firm, Co-Founder, Michigan Psychodrama Center

In this action and theory based workshop, we will: 1) Learn how to identify negative belief systems that persist from childhood into adulthood, 2) Learn how to recognize negative thinking patterns that can create inward and outward injustices in our lives, and 3) Put scenes into action that concretize our negative thinking pattern then learn how to modify and replace them with new, healthier and more just paradigms. Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify, track, and challenge maladaptive or unjust thoughts and thinking patterns in childhood or adulthood;
- 2. Demonstrate three techniques that integrate cognitive behavioral therapy and psychodramatic methods, then put them into action w/protagonist.

7:00 pm - 8:15 pm

DIVERSITY FORUM

Led by Nisha Sajnani, PhD, RDT-BCT

This forum will consist of an ethnodramatic performance devised by the ASGPP community. It will offer us a chance to hear the hopes and concerns of this community as they relate to dignity, equity, oppression, and justice in personal and professional life.

Learning Objectives.

After attending this workshop, participants will be able to:

- Recognize how an ethnodramatic performance facilitates story sharing about chosen themes within identified communities;
- 2. Select examples of stories shared to further dialogue regarding power, privilege, and oppression within the organization.

OPEN EVENT

8:30 pm - 9:30 pm

AN HOUR WITH ZERKA "Globe-Trotting with Zerka": A Virtual Travel "To Rekindle the Light"

Sérgio Guimaraes

This powerful session will offer participants the opportunity to meet with Sérgio Guimaraes, the author of numerous videos of Zerka Moreno, taken between March 2009 - September 2014; to hear his story of meeting with Zerka over the years; and to view excerpts of original life footage with the mother of psychodrama!

OPEN EVENT

×-

FRIDAY April 20, 2018

6:00 am - 6:45 am
7:00 am - 8:00 am
7:30 am - 6:15 pm
7:30 am - 7:00 pm
SILENT AUCTION

8:00 am - 9:00 am OPENING PLENARY - S. Rafe Foreman, JD Communication Energy in Action: Expanding Connections

His Plenary will focus on his own interpretation of the circles of energy principle and his own concept that he phrases, "communication energy." He has always used action to bridge connections and communications, as well as relationships. His talk will focus you on the energy that you bring to your communication and the conscious choice you have to change it if you wish.

<u>Learning Objectives.</u> After attending, participants will be able to:

1. Apply techniques to modulate your energy to congruence of meaning;

2. Demonstrate increased accuracy of communication by focusing on impact of listener.

9:00 am - 9:30 am
1:45 pm - 2:45 pm

COMMUNITY SOCIOMETRIC SELECTION with Nancy Kirsner & the Sociometric Selection Team
ANNUAL MEMBERSHIP MEETING & LIVE AUCTION

8:00 pm - 10:00 pm RED CARPET SOCIOMETRIC STARS AWARDS CEREMONY - Separate ticket necessary for those

not attending the full 3 day conference.

9:00 am - 9:30 am

Community Sociometric Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:00 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

9:45 am - 12:45 pm MORNING WORKSHOPS

13

SOCIOMETRY AND PSYCHODRAMA: CONNECTORS FOR HUMANITY

Louise Lipman, LCSW-R, TEP, CET II, Director, Psychodrama & Creative Arts Therapy, NYC; Gerry Spence Trial Lawyer's College Sociometry and Psychodrama as conceived by J.L. Moreno were designed to bridge the gap between people - lesson isolation and heal humanity through our connections with each other. In this workshop we will explore the ways in which sociometry informs psychodramatic action - bringing us closer together and helping us to discover the ways in which we are more alike than different through the choice process and the sharing of universal truths.

Learning Objectives.

After attending this workshop, participants will be able to:

- Demonstrate a sociometric exploration prior to directing a psychodrama;
- Explain the sociometric choice process in a classical psychodrama session.

14

MAKING SPACE FOR THE OTHER

Jennie Kristel, MA, REAT, APTT, JourneyWorks, IEATA; Michael Watson, PhD, LCMHC, JourneyWorks

In Playback theatre, personal life stories are shared by audience members and re-enacted spontaneously by a team of actors and musicians. Playback offers a unique platform for sharing, and exploring, deeply personal stories of difference and otherness. We will discover the healing possibilities inherent in Playback by witnessing our own complex stories of courage, resiliency, collaboration, and otherness. The connections and differences between Psychodrama and Playback will be examined.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify outsider/witness practices in Playback Theatre;
- 2. Demonstrate Playback Theatre methods that make space to explore the experience of being the "Other".

15

ORGANIZATIONAL SOCIOMETRY

David Moran, LCSW, CADC, TEP, Prospect CCMC, I Like Me Now;

We will use sociometric tools to explore organizational needs in relationship to individual empowerment. We will use spontaneity test, sociometric test and warm up tools to assess the needs of the group and individuals in action to resolve central concerns elevate act hungers and integrate the psychodramatic experience in relationship to organizational and individual mission statements. These action techniques are designed to offer skills for use in group,work settings, CP and TEP test preparation. Learning Objectives.

- Demonstrate insight, integration and understanding of measuring the groups Act Hunger, central concerns and how to use these tools to make choice with the group on collective work of the group;
- 2. Demonstrate the use of sociometric test and spontaneity test by the use of locograms, Spectrograms and sociodrama to assess the needs of the group to resolve act hungers and satisfy central concerns.

16

BUDDHIST VAJRAYANA ROLE THEORY: LIMITLESS DIMENSIONS OF THE "SELF"

Herb (PhunTsok) Propper, PhD, TEP, Kagyu Thubten Choling Monastery

Vajrayana meditation practices are said to be the most powerful and quickest path to Buddhahood, e.g. full enlightenment. At the heart of this path, through meditating on fully enlightened beings, one experiences the interplay of insightful wisdom and compassion. This focused meditation creates a deep sociometric connection that initiates a process of growing new psychodramatic roles, transforming existing ones and expanding one's field of positive tele through increased compassion for self and others. This workshop will explore that process in action. Learning Objectives.

After attending this workshop, participants will be able to:

- Identify latent or emerging psychodramatic roles with potential for limitless compassion for all roles of self and others;
- 2. Describe how to initiate and activate these roles.



CIRCLE OF VALUES: AN INDONESIAN EXTENSION OF THE SOCIAL ATOM

Mario Cossa, RDT/MT, TEP, TSM Trainer, Motivational Arts Unlimited, Therapeutic Spiral International

This workshop will describe the evolution of the Social/Cultural Atom into the Circle of Your Live and on to the Circle of Values and demonstrate the Circle of Values Technique, both on paper and in action. It further demonstrates the way in which a familiar conserve can be recreated within a different cultural atmosphere.

Learning Objectives.

After attending this workshop, participants will be able to:

- Describe the manner in which the cultural conserve of the Social/ Cultural Atom encountered Balinese culture and was transformed;
- 2. Demonstrate both paper-and-pencil and action approaches to working with the Circle of Values.

18

USING THE CENTRAL CONCERN MODEL FOR JOINING ALL HUMANITY

John Rasberry, MEd, LMFT, TEP, Private Practice, ASGPP

The central concern model of theme development and protagonist selection can be one of the purest forms of sociometry. This workshop will demonstrate the use of the central concern model in unifying a group and having the group select the protagonist. Beginners and those working toward the CP may find this beneficial. For the rest of you, come satisfy your act hunger for a drama!

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe the central concern model;
- 2. Differentiate between a director directed and a group led psychodrama.

19

PLAYING IN THE LAND OF THE MOMENTARILY LOST: NORMALIZING AGE-RELATED FORGETFULNESS A

Jacqueline Fowler, MA, CP, Marylhurst University

Are you experiencing age- or stress-related forgetfulness? Don't fight it: play with it! Through sociodramatic action we'll create and explore a shared "terra incognita" of lost thoughts, words, and experiences. Our goal will be to diminish the shame of forgetfulness and find inspiration in the Land of the Momentarily Lost. Action will comprise the majority of this workshop.

Learning Objectives.

After attending this workshop, participants will be able to:

- Recognize the role shame plays in age-related forgetfulness, and its impact on one's self perception and confidence;
- 2. Apply sociodramatic methods to: heighten spontaneity, reframe negative perceptions of age-related forgetfulness, and access a group's shared memory as a resource.

20

EXPANDING YOUR HORIZONS THROUGH THE DIAMOND OF OPPOSITES: CREATING CLARITY

Anne Remley, LCSW, NCACII, CP/PAT, ASGPP, NAADAC; MaryAnn Bodnar, LMHC, CAP, TEP, Private Practice

Exploring positive and negative emotions that create ambivalence, participants will use action methods to address the emotions that help build their ambivalence which creates an overall experience of being stuck. Utilization of the Diamond of Opposites will enlighten participants to the contradictions of positive and negative forces and or the attraction or repulsion impacting movement in their lives. The Diamond of Opposites to motivate change in addictions will be explored as well as resolving ambivalence.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Demonstrate how to utilize the Diamond of Opposites to promote movement and clarity within a given mental struggle;
- Recognize opportunities when they can utilize the Diamond of Opposites.

21

PHENOMENAL ENOUGHNESS: AN INVITATION TO STEP INTO YOURS

Maria Mellano, LICSW, CP, Private Practice; Sarah Maker, MA, MDiv, Monte Nido, ASGPP

This workshop integrates Internal Family Systems, Psychodrama and Expressive Arts, to discover, release and reform a limiting belief preventing experiencing inherent, Phenomenal Enoughness. An IFS infused Psychodrama for releasing beliefs and achieving harmonization of one's inner village will be presented and experienced in action. Leaders will provide an expressive arts activity to anchor insights of this learning experience for participants to carry forth. While applicable to the therapeutic/counseling setting, this workshop is open to all.

<u>Learning Objectives.</u>

- Define the foundational assumption from Internal Family Systems that we all have core Self which is synchronistic with Moreno's God Head;
- 2. Apply an Expressive Arts intervention to anchor and expand the participants felt sense of their own Phenomenal Enoughness.

WARM-UPS OF A DIFFERENT COLOR

Brittany Lakin-Starr, PhD, CP/PAT, Chicago Center for Growth and Change, Chicago Center for Psychodrama

You asked for more warm-ups, so here is the sequel to Warm-Ups for Your Back Pocket. Don't worry if you missed the last workshop, we'll warm you up. Warming -up is "gradually becoming more spontaneous" (Blatner, 1996) and creating safety and cohesion in a group. Warm-ups can be simple or colorful and help prepare a possible protagonist. In this experiential workshop, you will learn and take part in several types of warm ups. You will leave with three warm-ups that you can put into action in your groups.

Learning Objectives.

After attending this workshop, participants will be able to:

- Describe three different warm-up exercises you can use in your groups;
- 2. Apply your creativity to create your own warm-up to use in a group.

23

PSYCHODRAMA AND DREAM WORK

Susan Mullins, LMHC, CEDS, TEP, Private Practice, South Tampa Psychodrama Training; Sandra Seeger, LMHC, TEP, Adjunct-University of South Florida; South Tampa Psychodrama Training

Dreams are fascinating and compelling. Many times they leave us frustrated, frightened, melancholy, intriqued or confused. Moreno believed that when dreams are examined they can provide a wealth of information about the internal workings of our process. Dream work can help with developing insight, processing buried feelings and experiences, and with developing a deeper understanding of our own psyche. Come with a favorite dream and learn how psychodramatic interventions can be used both for ourselves and our clients.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify the structure of a formal "Dream" psychodrama;
- 2. Differentiate between a dream work psychodrama and a traditional psychodrama.

1:45 pm - 2:45 pm

ANNUAL MEMBERSHIP MEETING AND LIVE AUCTION

Our annual open community meeting for members as well as those interested in becoming members an opportunity to meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. You will also have the opportunity to participate in a Live Auction facilitated by an Auctioneer.

OPEN EVENT

3:00 pm - 6:00 pm AFTERNOON WORKSHOPS

24

FINDING MY COMMUNICATION ENERGY

S. Rafe Foreman, JD, University of Missouri-Kansas City Law School, Trial Lawyer's College

This break out session will allow for questions, comments, role play, action and more. The basic premise behind the session is to learn to adapt our energy to the meaning we intend and to land the communication on the other in an authentic and accurate way. Whether we are lawyers, doctors, mental health professionals or any other occupation, we must be able to accurately put out, and also receive communications. The energy is the secret that carries the meaning. Foreman will spend a good bit of time in this small group explaining what he means by "code talk." People hide behind words, they hide behind their true intent or their agenda. As advocates we must be able to decipher the code to come close to the truth behind the message. We will experiment with your ideas and experiences to come up with a solution to better communication through authentic and accurate energy. When was the last time you really felt listened to, heard or understood? Your patients and clients will say "far too long." Learn how to change that, learn how to focus your energy to the message you intend to portray and to be received. If energy is the key to all communications, and it is, then learning to be the master of your own energy will make you a better communicator, teacher, mental health professional, patient, client, parent, student, advocate and yes a better person. If this is on your hierarchy of needs, come join us, we will be glad you did!

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Recognize the energy behind communications and identify the true meaning intended, albeit unspoken;
- 2. Differentiate between the spoken words and the in-congruent practicalities to identify the true meaning intended..

25

METAPHORICALLY SPEAKING

Ronald Collier, MSW, LCSW, TEP, Private Practice

The use of Metaphors as transforming tools that poetically support the healing process. The imagery heightens creativity and helps group members connect at a deeper level. Attendees will learn to incorporate metaphors into their clinical work and all aspects of the psychodrama process.

Learning Objectives.

- Identify the metaphors typically heard in clinical situations. and how they can be utilized to further the therapeutic relationship and process;
- 2. Apply their knowledge and awareness of Metaphors to a variety of interventions in the psychodramatic process.

INTEGRATING THE HEART AND NEUROSCIENCE OF CONNECTION IN PSYCHODRAMA AND GROUP WORK

Kate Cook, MA, LPCC, TEP, Living Waters Institute, Southwestern College. Santa Fe

Applying principles from neuroscience can greatly expand our practice and deepen connections within and between members in psychodrama and group work. Through discussion and action pieces, we will explore: the incorporation of five mindfulness techniques, use of the 'felt sense' in situ, referencing the seven primary 'emotional-motivational systems', the importance of (co-)regulating level of group/individual arousal, how to attune timing of action interventions to enhance 'embodied integration'. Learning Objectives.

After attending this workshop, participants will be able to:

- Describe five applications of neuroscientific principles in psychodrama and group work;
- Demonstrate five new mindfulness-based techniques that enhance connection.

27

ANCESTRAL PSYCHODRAMA ■ ▲

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychdrama Institute; Private Practice

Ancestral psychodrama gives group members the chance to experience the struggles and triumphs of early family members, and can help them clear out unfinished business that has left lingering imprints which impact current descendants and may affect future generations. Participants will learn and practice this use of extended role reversal as a way of healing energy blocks.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify two circumstances when role reversal is useful;
- Describe the difference between ancestral psychodrama and traditional psychodrama.

28

IMMIGRANTS ALL: LOSSES AND GAINS

Bob Szita, MS, LPC, TEP, ActionArtz Training Institute; Bernice Garfield-Szita, MS, LPC, TEP, ActionArtz Training Institute, GIERS: Grief Information Education & Recovery Services

Since the dawn of mankind, people have needed to emigrate from one location to another to survive and thrive. This workshop will utilize a classic Psychodrama format to celebrate the universality of immigration and it's powerful losses and gains for all humanity whether we arrived in our new home 300 years ago or three months ago. This interactive experience will demonstrate how we all share many of the same values and goals.

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify and explain the 3 stages of a classic psychodrama; warmup, action, sharing:
- Recognize the commonality in the goals and values of immigrants from diverse cultural origins.

29

WHO AM I? WHO ARE YOU? WHAT IF WE ROLE REVERSE.

Dena Baumgartner, PhD. CGP, TEP, Fellow ASGPP, IAGP

This workshop by using the modality of psychodrama (warm-up,action and sharing) will demonstrate in a drama how the use of role reversal and sociometry connects people. How it helps people to understand others by being in their roles, seeing themselves in others and learning the power of differences. How using spontaneity and creativity can add a new outlook or a clearer understanding of the other. Hopefully thru new understanding one can play a little better in this world of life. Come and role reverse.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Explain the three concepts of a psychodrama and the power of each;
- 2. Apply a sociometry technique to get information from a group.

30

WHO ARE MY PEOPLE: THE RADICAL PRACTICE OF EMPATHY

James Pennington, MA, LPC, Dream Again Therapy; Marlo Archer, Licensed Psychologist, PhD, TEP, Arizona Psychodrama Institute

This workshop will provide opportunities for participants to explore the lines of separation that divide our society by age, race, gender, sexuality, ableness, class, and more. Participants will also learns ways to foster empathy in themselves and their clients for individuals whose experience is different from their own.

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify the conscious and unconscious biases that create separation between self and the "other";
- 2. Apply the information learned in the workshop to foster empathy for individuals whose experience is different from their own.

This is a 2018 Award Winner's Workshop

31

LIFE IS EASY: PSYCHODRAMA TO GO

Anath Garber, MA, PhD, TEP, Institute For Applied Human Relations, Director, Private Practice

This workshop will introduce Gedanken Psychodrama. It is staged in the privacy of the mind. Self-directed or by another, in person or from a distance, you can use it as first aid to solve problems, regain spontaneity, mindfulness, or serve it as a warm up for a full classical PD, Vignettes, or Monodrama. Particularly well suited to PD a deux. You will have the opportunity to experience Gedanken PD and participate in a classical Psychodrama.

Learning Objectives.

- 1. Define and demonstrate Gedanken Psychodrama (PD to go);
- 2. Define and differentiate between "PD to go," Classical PD, and PD a Dieux, Monodrama

MULTICULTURAL TRAUMA INTERVENTIONS

Arlene Story, LMHC, TEP, Healing Heart Connections, ASGPP

Working with multicultural groups present additional challenges for both the group and the psychodrama director. This is especially true when the group involves immigrants and refugee populations. Areas that must be considered include cultural issues, levels of acculturation, feelings of safety in their living environment, feelings of safety with the director's culture, and level of trust with the director. All of these factors can influence the outcome of the psychodrama experience. This didactic and experiential workshop will focus on understanding and effectively treating individuals/families from significantly diverse cultural backgrounds.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Recognize the cultural tapestry of diverse populations:
- Demonstrate a heightened ability to provide culturally responsive trauma treatment.

34

PRE-NATAL WORK: CORRECTIVE EXPERIENCES IN ACTION FOR PRE-BIRTH TRAUMA

John Skandalis, MA, LMHC, TEP, Private Practice

In this workshop you will learn about the influence of pre-natal experiences on our development and later life. You will participate in creating corrective experiences to help repair the traumas of being unwanted or uncared for by birth parents. We will explore the origins of Corrective Parenting Therapy and how it is used to correct and heal trauma. Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe what pre-natal traumas are and their impact on later life:
- 2. Explain to others what a mild trance induction is and how it is used in regression therapy work.

33

ROLES NOT TRAVELED

Nan Nally-Seif, LCSW, TEP, Psychodrama Training Institute, a division of the Sociometric Institute; Private Practice, NYC

We will use role analysis to examine the significant roles that exist in all of us . We will look at role satisfaction and dis-satisfaction,,as well as, roles not talked about. In addition we will focus on roles that need to be retired and those that need to be developed. Using introspection and group sociometry, we will learn to explore our role repertoire in action. Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Apply role theory and in particular role analysis with clients to develop or retire roles in their life;
- 2. Demonstrate how the use role analysis can help clients move into psychodrama and make necessary role changes.

This is a 2018 Award Winner's Workshop

8:00 pm - 10:00 pm

Red Carpet Sociometric Stars Awards Ceremony

Our awards acknowledge members who have made outstanding contributions to our community. Come join in the celebration in your best "Red Carpet" attire and enjoy light snacks as well as dessert selections.

Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased on registration page.)





SATURDAY April 21, 2018

6:00 am - 6:45 am Sunrise Exercise Activity 7:00 am - 8:00 am 12-Step Recovery Meeting

7:00 am - 8:00 am HISTORY KEEPERS AND NEW MEMBERS/FIRST TIME ATTENDEES GATHERING

7:30 am - 7:00 pm REGISTRATION & EXHIBITS

7:30 am - 3:15 pm SILENT AUCTION - Bidding ends at 3:15

8:00 am - 9:30 am KEYNOTE ADDRESS: HARVILLE HENDRIX, PhD & HELEN LAKELLY HUNT, PhD
From Conflict to Connection for All Humanity

Objection to difference is THE human problem and the source of conflict in all human ecosystems — couples, families, organizations, groups, and nations. Since "difference" is the defining feature of nature, our only solution is connecting through difference and co-creating a culture that promotes rather than negates difference. This is the precondition of universal peace. Participants will receive an analysis of the source of polarization and learn and practice a methodology that facilitates the emergence of a relational civilization.

<u>Learning Objectives</u>. After attending, participants will be able to:

- 1. Identify the source of polarization around difference;
- 2. Describe a process that facilitates connecting through difference.

7:30 pm - 10:30 pm THE INTERNATIONAL LANGUAGE OF DANCE and KARAOKE/DANCE PARTY - Open Event

7:00 am - 8:00 am

History Keepers, New Members and First Time Attendees Gathering

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you.

OPEN EVENT

9:45 am - 12:45 pm MORNING WORKSHOPS

35

A NEW WAY TO THINK ABOUT RELATIONSHIPS

Harville Hendrix, PhD, Imago Relationship Theory and Therapy; Helen LaKelly Hunt, PhD, Imago Relationship Theory and Therapy Talking is among the most dangerous things people do, and listening is the most infrequent, and thus the source of conflict that needs a solu-

the most infrequent, and thus the source of conflict that needs a solution. Through the practice of Imago Dialogue, Harville Hendrix, PhD and Helen LaKelly Hunt, PhD aim to help people, in all human ecosystems, experience safety in all conversations in the service of creating a relational world, shifting the perspective from the age of the individual to the age of relationship – by helping people build healthy relationships. How we interact with each other is the key to our emotional, physical and economic health. By teaching a process that facilitates relational change, Helen and Harville aim to establish healthy relationship as this society's primary cultural value which will lead to greater civil conversation and foster a legacy of stability and peace for generations to come. Learning Objectives.

After attending this workshop, participants will be able to:

- Describe the key difference between the relational paradigm and the individual paradigm;
- 2. Demonstrate the Imago Dialogue Process.

36

MAKING PSYCHODRAMA AS EASY AS ABC, AS SIMPLE AS 123!

Katrena Hart, LPC, CBT, TEP, Bridging Harts Psychodrama Training Institute & Psychotherapy Practice

This workshop will focus on the basic elements of Psychodrama: Role Reversal, Doubling, Scene Setting. We will explore such theoretical elements of Psychodrama, such as Role Theory and the Canon of Creativity. There will be opportunities for a few participants to experiment with directing vignettes. Walk out with ready to use Psychodrama techniques to enhance your individual practice / or groups. So come brush up your skills, or to become introduced to new ideas. All are welcome.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify how to identify basic Psychodrama terms;
- Recognize basic Psychodrama theory such as Role Theory and Canon of Creativity.

37

DIAMOND OF OPPOSITES: A FRIEND FOR ALL

Stacie Smith, MA, LPC, Bridging Hart Psychodrama Training Institute, Sacred Journey Counseling

This workshop will celebrate the Diamond of Opposites through the exploration of this unique, decision-making, action structure and the psychodramatic scenes that emerge from it. Participants will partake in the Diamond of Opposites to engage a variety of directing opportunities in both group and individual work. Participants will also explore ways in which the Diamond of Opposites enriches decision-making by moving from cognition to action.

Learning Objectives.

- Identify ways to use the Diamond of Opposites in group and individual sessions;
- 2. Describe the movement that occurs in the decision-making process when using the Diamond of Opposites.

38

IN THE EYE OF THE STORM: CREATING PEACE AMID CHAOS

Antonina Garcia, EdD, LCSW, TEP, Private Practice, NYU

When major challenges arise in our lives, it becomes essential to find a still point within so that we can choose our actions rather than being swept away when the next wave of the storm sweeps through. This session will provide an action process for helping clients become centered and restore centeredness after life stressors blow them off course.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe a mandala and how to structure it to increase both peacefulness and warm-up to psychodramatic action:
- Identify a method for concretizing resources through psychodramatic action.

39

DIRECTING A SOCIODRAMA

Rosalie Minkin, MSW, TEP, Private Practice, ASGPP

The workshop provides methods, options and techniques employed by a Sociodrama director. Sociodrama directors remain focused on; the Sociodrama themes, issues and roles; stimulates and maintains dialogues and interactions of the role players. With the assistance of the presenter, one member of the group may volunteer to direct a Sociodrama. SOCIODRAMA IS HEALING IN ACTION.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify importance of directors' vitality, spontaneity and creativity;
- Identify why a specific format e.g. (who selects the themes, issues and roles) was selected by the director.

40

GETTING UNSTUCK: ENHANCING SPONTANEITY FOR CHANGE

Jennifer Salimbene, L-CSW-R, CASAC, CP/PAT, Hudson Valley Psychodrama Institute, Private Practice; Regina Sewell, MEd, PhD, LMHC, Private Practice, Dutchess Community College

Many clients tell us that feeling stuck is like living on autopilot. They go through the motions but don't feel like they're getting anywhere. They lose spontaneity. They are often stuck playing roles that feel unfulfilling, even burdensome, or roles that they adopted to survive challenging circumstances that have outlived their usefulness. This workshop is an experiential workshop designed to help group leaders help their clients get unstuck, reclaim their spontaneity and embrace change. Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Demonstrate techniques that help clients explore beliefs and habits that keep them stuck in outdated roles and self-sabotaging patterns;
- Demonstrate tools participants can use to help their clients expand new roles and retire old ones.

41

EXPANDING CONNECTIONS TO HUMANITY THROUGH CREATION OF SECURE EARNED ATTACHMENT

Grayce Gusmano, MMFT, LPC, CP, Arizona Psychodrama Institute; Soozi Bolte, LPC, LISAC, CP, Private Practice, EMDR Consultant Facilitator

Attachment trauma impacts ones sense of self, perception of other, and view of the world. Many therapeutic modalities address these relational ruptures. This work shop will explore how the psychodramatic stage can be a place of exploring and integrating the agent of change associated with EFT, AEDP, EMDR and sensorimotor psychotherapy by identifying directorial choice points and interventions and review the development of earned secure attachment.

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify the symptoms of attachment trauma and learn how to direct relational repair that promotes a felt sense of earned secure attachment:
- Identify the agents of change in EFT, AEDP, EMDR and Sensorimotor Psychotherapy and interventions that promote a catharsis of integration.

42

THE FOUR WARM-UP CONCEPTS OF J. L. MORENO: WHAT THEY ARE, THEIR APPLICATION, AND REFINEMENT ▲

Peter Howie, BSc, MEd, TEP, Australian and Aotearoa New Zealand Psychodrama Association, Inc., ASGPP

Jacob Moreno imported many ideas into psychodrama from the theatre, with 'warm-up' being one of them. Examples of the uses of warm-up ideas are in his writings from *Who Shall Survive* through to *Psychodrama Volumes I-III*. The most familiar is the warm-up phase in traditional psychodrama sessions though this is the least theorised application of his writings. The four principle uses of the term will be experientially demonstrated and their absolute centrality to psychodramatists illustrated.

Learning Objectives.

- Differentiate the four warm-up concepts, how they are used in psychodrama, how they are used elsewhere, and their value;
- Recognize individual and group warm-ups as well as the variety of processes for developing individual warm-ups (the psychodramatic method) and group warm-ups (Warm-up processes and sociodramas).

USING AGGRESSION TO FUEL CREATIVITY

Rick Tivers, LCSW, CGP, Private Practice, The Chicago School of Professional Psychology; Steven Durost, PhD, LCMHC, REAT, C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education!

For many people aggression is both exciting and stimulating while for others it can be terrifying. For people recovering from trauma, aggression must be dealt with in order for creativity to be activated. This workshop will safely focus on aspects of aggression: from the way it cuts off creativity to the healthy use of personal power. This workshop will help participants work through their fear of aggression, lower the defenses that emerge due to aggression and find emerging creativity in one's personal power. Action methods will be used and demonstrated throughout the entire workshop.

Learning Objectives.

After attending this workshop, participants will be able to:

- Recognize aggression as a defense mechanism and deal with it is a therapeutically useful manner;
- 2. Demonstrate three treatment interventions that are useful when dealing with aggression in the therapeutic relationship.

44

TRANSFORMING THE TSM TRAUMA TRIANGLE

Kate Hudgins, PhD, TEP, Therapeutic Spiral International, Hua Qiao University; Scott Giacomucci, LCSW, CET III, CP, Giacomucci & Walker, LLC, Mirmont Treatment Center

This workshop presents the TSM Trauma Triangle with it's unique role of the Abandoning Authority. We demonstrate how to stop walking the internal patterns of trauma by building the role of Appropriate Authority that teaches boundaries, self-care, and containment. Both didactic and experiential with handouts included.

Learning Objectives.

After attending this workshop, participants will be able to:

- Explain the three roles of victim, perpetrator, and abandoning authority and why the third role is so important in changing people's internal map of trauma;
- Apply both the pen and paper assessment tool for the TSM Trauma Triangle and demonstrate how to break the old patterns using TSM's Prescriptive Roles.

45

THE GRIEVING BODY: SOMA-STORIES DISCOVERED THROUGH YOGA AND PSYCHODRAMA

Tzivia Stein-Barrett, LCSW, E-RYT, CP, Private Practice; Tori Reynolds, MS, LPC, Terrell Counseling, Inc., Expressive Therapies Training institute (ETTi)

J.L. Moreno said, "The Body Remembers what the Mind Forgets"; In this workshop, we assist the Grieving Body to release what it has remembered, so that it too can become empowered to heal. Grief is often generated through a loss and separation from something or someone we cared about. In grief, we can get stuck in the past or be fearful and have anxiety about the future. Yoga practices can create a safe ritual to focus mindful awareness on areas that hold emotion or memories. Breath work, Mudra and Postures increase energetic connections with affirmed inner resources. As we become present within ourselves, our body, the wounds of sadness, judgment and abandonment can rise to the surface. Psychodrama creates opportunity to release sadness, anger and disappointment; allowing feelings to flow, cognitions to change and to compassionately move through grief.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Define how Mindful Yoga helps balance emotions:
- 2. Apply simple psychodrama sculptural vignettes in session.

1:45 pm - 3:15 pm 90-MINUTE WORKSHOPS

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VISIONS OF A GENDER BALANCED WORLD

Karla Reading, MSW, LCSW, Gender Equity and Reconciliation International, Jung Society of Salt Lake; Julien Devereux, LCSW, PhD, Texas Growth Center, Gender Reconciliation International

This is an introduction to a groundbreaking methodology that has been developed over 25 years by Gender Equity and Reconciliation International (GERI). This transformative process was explicitly endorsed by Archbishop Emeritus Desmond Tutu in 2013. Women, men and people of all sexual orientations and genders will be invited to participate in exercises designed to increase awareness and insight into their own gender conditioning and its impacts on their experiences. These exercises begin with a warm-up circle and include interactive exchanges in dyads and groups as well as gender-integrated group learning. Men are strongly encouraged to participate in this workshop which acknowledges the negative effects of patriarchy on men as well as women.

Learning Objectives.

- 1. Describe the effects of gender conditioning:
- 2. Demonstrate how to move beyond social conditioning to more effectively address gender-based conflicts.

47

"ROOMS IN YOUR HOUSE:" A MODEL FOR WORKING WITH VIRTUAL REALITY

Kathy Metcalf, LCSW-C, TEP, Private Practice, ASGPP

Moreno's concept of surplus reality is perfect for today's growing field of Telemental Health. This workshop teaches you a user-friendly model called "Rooms in Your House" to help clients access, encounter and create new experiences in their inner world.

Learning Objectives.

After attending this workshop, participants will be able to:

- Explain Moreno's concept of Surplus Reality and its unique relevance in today's world of neuroscience in particular the use of creative imagination in developing neuronal growth;
- 2. Apply "Rooms in Your House" model as a psychodramatic structure in person and in a virtual setting.

48

TRANSFORMING ADDICTIVE PROCESSES: THE EMPTY CHAIR

Shelley Korshak Firestone, CGP, MD, FAGPA, Chicago Psychotherapy and Psychiatry, University of Chicago, Private Practice

This workshop presents the cutting edge model of treatment for addictions, trauma, and a range of impulsive, compulsive and other mental health disorders. Showcasing the use of the empty chair, we demonstrate five basic roles operative in all our relationships, revealing the secrets of the addict within.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Explain addictive and a range of dysfunctional processes as relational disorders, highlighting the preference for engaging in unhealthy or addictive behaviors over engaging with people;
- Apply psychodrama and selective psychodrama action techniques to the treatment of addictions, trauma, and a range of impulsive, compulsive and other mental health problems.

49

SOCIODRAMA FOR THE HOOK-UP GENERATION

Cindy Austin, MS, LPC, Private Practice, Bridging Harts

The difference between the "fast fire" and the "slow burn". Using the action method of Sociodrama to play with our often unconscious concepts in regards to how we choose relationships and how that can reflect our comfort level with intimacy.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Demonstrate at least two new techniques to help couples/pairs notice and improve their levels of comfort with intimacy;
- 2. Distinguish between choices they make that may lead them more to relationships that are likely to be a "fast-fire" or a "slow burn".

50

ACTION METHODS IN MEN'S WORK AND LEADERSHIP DEVELOPMENT

Robert Beare, PhD, LPC, Sage Recovery and Wellness Center/Austin, The Creative Life Addiction and Healing Center; Nicholas Bonacci, LPCi, LPCi, Braveheart Experience

The men's movement of the 1990's was deeply informed by Jungian concepts and Joseph Campbell's Hero's Journey. Accessing emotional depth through ritual, action methods, and bioenergetics became central to that community based work. We will follow the contour of "The Descent", "The Ordeal", and "The Return" as we explore how these concepts relate to therapy and organizational health. Though there will be some emphasis on men's depth work, the workshop is for all. Learning Objectives.

After participating in this workshop, participants will be able to:

- Demonstrate ways to integrate action methods in men's emotional work;
- 2. Apply Jungian concepts as related to accessing deep emotion.



ENCOUNTER, EMBRACE & EXPLORE THE UNIVERSAL ROLE OF LOVE

Julie Wells, MSW, LCSW, TEP, Suncoast Psychodrama Training; Journey Into Wellness Counseling Services

Love is an important universal human emotion that binds us together in relationship and reveals our humanity. In this workshop you will use the power of psychodrama to encounter the 4 types of love that the Ancient Greeks termed. Explore how you can use surplus reality to experience and embody one of the Universal Roles of Love in action and learn to expand your role repertoire to create the loving world that you want it to be.

Learning Objectives.

After attending this workshop, participants will be able to:

- Demonstrate rudimentary understanding and practice the progression of steps involved in the psychodramatic intervention of Role Reversal;
- Define the Four Universals of Psychodrama: Time, Space, Reality and Cosmos.

52

AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR

American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

- 1. Define the purpose of the American Board of Examiners;
- 2. Explain the criteria for CP and TEP certification.

3:30 pm - 6:30 pm AFTERNOON WORKSHOPS

53

THE BODY REMEMBERS WHAT THE MIND FORGETS: A MODEL FOR THE QUANTUM HEALING OF CULTURAL TRAUMA

Norma Kay Lord, LCSW, LMFT, TEP, CAST Inc. (Houston TX), TAMFT

An experiential and didactic presentation on a Model for the healing of cultural trauma based on the biophysics view in relation to the psychodramatic processes.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe the processess of healing cultural trauma on a quantum level through psychodrama;
- 2. Demonstrate through experiential methods the use of psychodrama to heal trauma and generate change.

54

POSITIVE EMOTIONS AND YOUR BRAIN: EXPAND, BROADEN, AND BUILD

Nancy Kirsner, PhD, LMFT, TEP, Private Practice

Fredrickson's Positive Psychology research on the 10 positive emotions (PE) established an evidenced based foundation for the impact of PE's on the brain's power to think/create. Through Neuroscience we understand that negative emotions have the power to trump PE's (negativity bias). To counteract this we need many more PE's.PE's must be intentionally savored as they are short lived and slide away like teflon. THIS WORKSHOP SAVORS PE'S LIKE EXQUISITE FLOWERS IN OUR GARDEN.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe/demonstrate the 10 Positive Emotions:
- 2. Apply/create a Positive Emotions Social Atom.

55

SOCIODRAMA WITH CHILDREN'S GROUPS

Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute

Sociodrama is a natural group method for children ages seven through twelve as it engages them in play. This workshop will teach the use of sociodrama to address social issues using one chair, two chairs and short vignettes. Based on the trainer's over thirty years of clinical experience running in patient therapy groups for children, participants will learn tried and true ways of helping children express feeling and develop more effective role repertoires.

Learning Objectives.

After attending this workshop, participants will be able to:

- Distinguish between sociodrama and psychodrama and when to use which;
- Describe two different sociodramatic structures that work with children.

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MAXIMIZING ROLE INVOLVEMENT IN THE INTERPERSONAL PSYCHODRAMA ■ ▲

Ann Hale, MSLIS, MA, TEP, International Sociometry Training Network Participants will identify their expressive role needs (act hunger) during the warmup phase. The director will demonstrate facilitating therapeutic role assignment during an hour-long psychodrama. The last hour will be action sharing and de-roling in action.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify act hunger and facilitate related choices for auxiliary egos;
- 2. Apply de-roling activity in action.

57

CREATING WARM-UPS WITHOUT GORILLAS

Bill Wysong, LPC, TEP, EMDR II, Aspen Counseling Center, Private Practice; Joann Wysong, MA

"Get on the floor and be a gorilla" is a warm-up unlikely to select the correct protagonist. Problems with a psychodrama can be traced to an improper warm-up. "The warming-up process is the operational expression of spontaneity." (Moreno) Spontaneity engenders creativity, leading to positive actions. This workshop will provide valid warm-ups to use with any setting or client situation and will teach the process for creating warm-ups. Psychodramas will follow.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Select the correct warm-up to lead to a desired therapeutic outcome;
- 2. Explain an attendee constructed warm-up that fits a specific situation.

58

COSMIC JUSTICE - THE RETURN OF THE PRODIGAL SON

Patrick Barone, JD, CP/PAT, Barone Defense Firm, Co-Founder, Michigan Psychodrama Center; Elizabeth Corby, PhD, CGP, CP/PAT, Private Practice, Founder, Michigan Psychodrama Center

We all want our fair share, even when others think it unjust. Using a familiar Bible story, workshop participants will step into the ancient world to co-create then personally experience cosmic justice. Participants will explore "midrash" and its "white and black fire" as the essence of Bibliodrama, and learn Bibliodrama interventions including, voicing, concretization, and group characterization. Participants may leave the workshop feeling a new sense of connectedness with the ancient text.

Learning Objectives.

- Recognize how exploring the universal truths contained in the Bible can serve as a compelling warm up to personal psychodramatic work:
- 2. Identify themselves as part of this biblical "world," and feel yourself to be an element in its structure of universal history.

HEALING COVERT EMOTIONAL INCEST: BOUNDARIES AND A STRONG SOCIAL ATOM

Adena Bank Lees, LCSW, LISAC, CP, Private Practice

Being stuck in the substitute spouse and/or caretaker role is common for survivors of CEI. In denying their own needs and striving for perfection, CEI survivors often feel separate and alone. A strong social atom is necessary to shed these extreme roles by identifying and setting appropriate boundaries. This workshop will demonstrate action structures to strengthen the survivor's social atom and practice the role of "effective boundary setter."

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify at least two boundaries necessary for CEI survivors to set with family members;
- Apply at last one action structure to assist professionals in their practice.

60

SEX AND SPIRITUALITY

Natalie Winters, EdD, CHT, TEP, Private Practice, ASGPP

The purpose of this workshop is to discover the meaning of sacred relationships. Through the use of psychodrama and the Cosmic Spiral of Creativity®, we will explore sex for its own sake, and sex in intimate relationships, which requires taking risks and building trust. This workshop is didactic and experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Define a sacred relationship through the use of information provided in lecture and through role reversal;
- Examine their own spirituality historically as it impacts sexual relationships.



I GOT YOUR BACK: COLLABORATION WITHOUT COMPETITION

Kaya Kade, LPC, CDMS, TEP, Kade & Associates; Georgia Rigg, LCSW, TEP, Private Practice

A safe group is not created by ignoring struggles or pretending there is no competition. It is created by embracing the competition and understanding the underlying reasons. In this workshop we will demonstrate, in action, a collaborative environment that produces a safe group, allowing participants to fall into a safe collective sociometric web and be part of a healing conference appropriate co-directed psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe two important collaborative tools;
- 2. Explain two reasons why collaborators need to be aware of the current challenges in each other's lives.

62

IRCLE OF WHOLENESS: IDENTIFYING CORE WOUNDS

Susan Powell, OTR, TEP, Centerwood Psychodrama Training Institute; Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute, California Institute of Integral Studies

Across cultures, we are born with the right to wholeness in fulfilling our soul's desires and purpose. Wounding experiences can interfere and block us from expanding fully into being whole within ourselves and all of humanity. This workshop brings into action the Circle of Wholeness of eight developmental rights as a model for identifying core wounds as they connect to current struggles in spontaneity and creativity. This model will be incorporated into a psychodrama enactment. Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify the eight rights in the Circle of Wholeness;
- 2. Describe how this model can be used as a clinical map assisting in treatment planning.

63

OCD: BREAKING THROUGH FROZEN REPETITION TO SPONTANEOUS FREEDOM

Jason Hasko, MA, RDT, CP/PAT, Private Practice, Educational Alliance

OCD (obsessive compulsive disorder) is a mental disorder in which people have unwanted and repeated thoughts, feelings, ideas, sensations (obsessions), and behaviors that drive them to do something over and over (compulsions). This disorder takes the person out of the "here and now" and often keeps them stuck in a repetitive cycle. In this workshop we will look through the lens of people living with OCD and move to exploring ways of addressing such behaviors using psychodramatic methods. We will be utilizing psychodrama and drama-therapy. Learning Objectives.

After attending this workshop, participants will be able to:

- Differentiate between normal neurotic thoughts and OCD.
 Participants will gain a greater understanding of the disorder and how it can effect a person's daily life along with their ability to be truly present;
- 2. Identify psychodramatic methods to aid in addressing clients living with OCD. Participants will also walk away with helpful tools in warming up OCD clients into actions.

7:30 pm - 10:30 pm

The International Language of Dance

Karaoke/Dance Party "Dancing with the Stars"

Join us for a "Boot Scootin" good time at a festive karaoke/dance party. You will have the opportunity to learn the Texas Two Step and Line Dancing as well as showing off your pipes behind the microphone.

OPEN EVENT



SUNDAY April 22, 2018

6:00 am - 6:45 am Sunrise Exercise Activity
7:00 am - 8:00 am 12-Step Recovery Meeting
7:30 am - 6:00 pm REGISTRATION AND EXHIBITS

8:00 am - 9:00 am RENÉ MARINEAU - 100th Anniversary of Dr. Moreno's Daimon

6:15 pm - 7:00 pm CLOSING CEREMONY

Closure in action. Share your conference highlights and say goodbye to new and old friends.

Warm up to the 2019 Conference.

8:00 am - 9:00 am

100th Anniversary of Dr. Moreno's Daimon: René Marineau

Dr. Moreno's Daimon celebrates its 100th anniversary this year. René Marineau will share with attendees a historical perspective of some of Dr. Moreno's earliest writings.

OPEN EVENT

9:15 am - 12:15 pm MORNING WORKSHOPS

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JOIN ALICE IN JOURNAL LAND: UNLOCK DOORS FOR GETTING PUBLISHED ■ ▲

ASGPP Journal Editorial Team

Join us for a party in a playful environment to explore your readiness and capacity and the inspiration to write about your practice, a developed idea, professional skills or research in the field of psychodrama, sociometry and group psychotherapy. By writing to the journal, you share your experiences, wisdom and knowledge with people from around the world. This workshop will address the challenges faced by those who have an act hunger to write. We will explore the process of writing and submitting to the journal.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Describe a strength the participant has as a writer;
- 2. Define the steps for submitting an article for the Journal.

65

HISTORY KEEPERS AND SEEKERS

This action workshop is open to EVERYONE. Whatever our place — newcomer, member, student, wisdom figure — we all want to feel safe, be seen, and connect in nurturing ways. Today we listen to ELDERS tell their stories of our shared history, and honor our roots. Seekers can ask questions, place themselves on a time line, meet/talk to Zerka or JL Moreno. Through Sociometry we will build inclusion and connectivity and re-dream our future.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Explain and describe how a nurturing safe group creates the necessary conditions for spontaneity and authenticity;
- 2. Define an interactive timeline.

66

IS THE DOCTOR IN, YET? ■ ▲

Lorelei Goldman, MA, TEP, The Psychodrama Training Institute of Chicago

The themes of this workshop are consolidation and compassion. Often with medical consultations patients may feel lost and leave with things going awry and are left with unfinished business, grief and anxiety. Some of these feelings may be attributed to the uneven current nature of our political climate. Participants will have opportunities to consult with their doctors in role-play with results of empowerment and clarity. Learning Objectives.

- Demonstrate coping strategies in action in conversations with medical personnel;
- 2. Apply clarity and assertiveness with self care.

67

PSYCHODRAMA AND HYPNOSIS: TRANCE IN ACTION

Cindy Levy, LMHC, CHT, CP/PAT, Private Practice, Westside Wellness Center

As a psychodramatist, you are a hypnotist. Group members easily enter trance when accessing deep material. This can happen anytime. When you recognize the physical and behavioral signs of trance, you can track one's internal process, then match and guide it. You are better equipped to hold safe space for powerful, dynamic, multi-level work that is "trance-formative."

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify when group members enter hypnosis, with or without a formal induction;
- Demonstrate hypnotic language which effectively matches and guides one's experience.

68

DARE TO DREAM - "WHY OH WHY CAN'T I?"

Estelle Fineberg, LCSW, LMFT, TEP, Private Practice; Stephen Kopp, MS, CAS, TEP, St. Luke Institute; dreamer2doer

Join our journey beyond the horizon and somewhere over the rainbow. Often clients feel inhibited or trapped and dream small. We accept Moreno's challenge to give people the courage to dream again. This workshop will allow you to help clients identify obstacles to changing and growing. Psychodrama can provide inspiration to identify resources that awakens their dreams and say "Why Oh why... I Can!" Our journey will take us through learning and into a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify three tools for helping clients identify their inner critic or negative introjects that block their courage to dream big;
- Identify two action structures for determining assets within a client and helping protagonists concretize these resources to awaken their sense of wonder and awe.

69

EXPANDING THE TENT: USING SOCIOMETRY TO INCREASE INCLUSION

Deborah Shaddy, LCPC, MS, TEP, Sophia Center LLC, Hudson Valley Psychodrama Institute

Deep divisions based on political and religious identities as well and specific issues (fracking, abortion, gay rights and gun control) impede our ability to see and hear each other. Sociometry provides tools that encourage nuanced views of other positions and the people who hold them. Experience sociometric structures that are useful in reducing this separation and identify situations in which these structures can be used. This provides individuals and communities the opportunity to come together with more spontaneity and creative problem-solving. Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify three sociometric structures that can be used to assist individuals and communities overcome polarization;
- 2. Differentiate the use of these structures in specific situations.

70

I GOT YOUR BACK: COLLABORATION WITHOUT COMPETITION

Kaya Kade, LPC, CDMS, TEP, Kade & Associates; Georgia Rigg, LCSW, TEP, Private Practice

A safe group is not created by ignoring struggles or pretending there is no competition. It is created by embracing the competition and understanding the underlying reasons. In this workshop we will demonstrate, in action, a collaborative environment that produces a safe group, allowing participants to fall into a safe collective sociometric web and be part of a healing conference appropriate co-directed psychodrama.

71

SOCIATRY: A TOOL TO HEAL SOCIETY AND REVEALS THE GODHEAD

Edward Schreiber, TEP, Zerka T. Moreno Foundation, Lesley University; Sarah Kelley, MA, Lesley University

Within the Method is Sociatry. It is unique, and yet familiar. Sociatry shows the largest forces impacting all of humankind, and reveals the presence of the Godhead. The workshop offers JL and Zerka Moreno's ideas about healing society, and the action instrument of sociatry, the social microscope. Together, this heals.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Explain the unique ideas of sociatry, its origins, and applications;
- 2. Demonstrate the action instrument of sociatry called The Social Microscope.

72

OUR JOURNEY THROUGH DEFENSES TO OUR BETTER SELVES

Rhona Case, MEd, TEP, Private Practice Crossroads Counseling Center

Our irrational beliefs and defenses can get in the way of being Our Best Selves. Through sociometric methods (spectrograms/locograms) and guided imagery- we will journey from feeling our fear to seeing/activating our potential. We will use Values In Action (VIA) character strengths to potentiate our strengths and help overcome fears.

Learning Objectives.

- 1. Identify your most common irrational thoughts;
- 2. Apply sociometric tools to your work with groups and discover and apply your top character strengths.

73

NAVIGATING TRANSGENERATIONAL TRAUMA

Paula Catalan, MS, LCPC, CP/PAT, 3Elements Counseling, LLC, ABE

J.L Moreno was a master Navigator of hidden human conflicts. For over 100 years, psychodrama has illuminated theory and techniques to guide therapists in making conflicts more manageable. The purpose of this workshop will be to help beginning navigators (counselors) to integrate basic psychodrama techniques into their practice in working with families. Provide action techniques that support the discovery of authentic communication between family members.

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify action techniques to assess family history: time line; interview a member of the social atom;
- 2. Apply Erickson's psychosocial theory in working with families and teaching parents to understand their children developmental stage.

74

REGAIN LIFE FORCE: REVISITING EARLY LIFE TO ENLIGHT REPETITIVE RELATIONSHIPS

Ning-Shing Kung, MPS, MEd, TEP, St. Clare's Hospital, AATA; Yun-Jen Hsieh, MEd, TEP, Private Practice, Fu Jen Catholic University department of Clinical Psychology; Liwen Molly Mo, MEd, RCC, CP/PAT

Do you think an old family photo reveals certain type of the relationship, which you would repeat it later in your life? Did you ever in the situation that you were trapped in a problematic relationship, which drained your life force? This workshop is to integrate art-making and body-sensation movement with action method through directing a psychodrama, to gain deep insight of repetitive problematic relationships; furthermore got possible transformation in current relationship.

Learning Objectives.

After attending this workshop, participants will be able to:

- Apply the concept of compulsive repetition from Freud's theory when directing psychodrama;
- Experience or see the dimensions how to apply expressive methods, art-making and body movements during directing psychodrama.

1:15 pm - 2:45 pm 90-MINUTE WORKSHOPS



CONNECTING OUR PARTS: ENACTING INTERNAL FAMILY SYSTEMS TOWARDS HEALING SELF-BETRAYAL

James Ballard, MS, LMFT, Private Practice; Mark Bird, LMFT, Private Practice

All of us experience conflict within ourselves and seemingly contradictory desires. Turmoil between our inner parts can leave us confused and discouraged. Each of these parts have value and purpose. Inviting them onto the psychodrama stage and allowing them a voice, we can better understand the roles they play within us and collaborate to honor our needs and thrive individually and in relationships.

Learning Objectives.

After attending this workshop, participants will be able to:

- Identify and access parts of self and the patterns and functions of these parts in relationships;
- Recognize unmet needs for self-caring and advocacy represented by these parts.

76

NO BLAME AND ALL GAIN: LEARN HOW TO LOVE THE UNLOVABLE PARTS IN YOURSELF AND OTHERS

John Edmonson, MS, LPC-S, Marula Medical; Monica Murillo, LMFT, MS, Private Practice; Tricia Gordon, MA, LPC, Innovation 360, You Matter Counseling

After attending this workshop, participants will learn research-based interventions on the power of forgiveness and compassion towards our wounded parts and the parts of the

After attending this workshop, participants will be able to:

- Demonstrate the need for self-compassion and forgiveness for others on the philosophical, clinical, social and neurobiological level:
- 2. Demonstrate doubling, family constellation work & basic warm ups to help themselves and clients achieve self-compassion and forgiveness for others.

77

CO-CREATING THE RAINBOW - COLOR PSYCHOLOGY APPLICATIONS IN PSYCHODRAMA ■ ▲

Mark Wentworth, Colour PsychoDynamic Practitioner, Colour for Life, International Light Association

J.L.Moreno used a variety of colors in his early practice to increase group members' mood and spontaneity. Color influences perceptions; determines human behavior and can bring to the here and now important memories and associations. This workshop will introduce a theoretical and experiential framework of how color psychology relates to psychodrama in order to improve and optimize the therapeutic and group process. Applying color in warm-ups, scene setting, surplus reality, action and closure, etc. will be demonstrated.

Learning Objectives.

After attending this workshop, participants will be able to:

- Apply the use of color in their practice by having gained a deeper understanding of the language of color;
- 2. Demonstrate the use of color in action gained through their own experiences during this workshop.

78

PASSIONATE PURSUITS 2: INSPIRING TEENS & COMMUNITIES THROUGH MUSIC & THEATRE

Cynthia Freeman-Valerio, MA, LPC, ARTSOUL, Inc., Creative Therapy Unlimited

The therapeutic theatrical co-creator of "The Taos Night of 1000 Stars" youth talent show will share a successful model of envisioning, creating, producing and directing a performing arts showcase for youth that inspires, works for and in diverse, multi-ethnic and multilingual communities with kids & adults. Participants will experience how warmups, sociometry, improvisation, role-playing, a handout "How To Do A Great Talent Show in 10 Steps" and short video engage, enlighten and encourage community replication.

Learning Objectives.

- Identify how to envision, create, produce and direct a performing arts showcase for local youth that inspire youth and families in diverse, multi-ethnic and multilingual communities;
- 2. Apply experiential techniques and insights into replicating a performing arts showcase in multicultural communities.

GENOGRAMS AND PSYCHODRAMA – MAKING GENOGRAMS COME TO LIFE!!

Darlene Vanchura, MA, LPC-S, ETTi, Bridging Harts Psychodrama Training Institute; Chi-Sing Li, PhD, LPC, American Counseling Association, ASGPP

By utilizing Sociometry, Psychodrama, miniature toys and props, this didactic and experiential workshop will allow participants to gain experience in creating simple genograms & making them come alive in a creative playful manner. Using toys and props to represent family members is fun and engaging!! The benefits of increased self-awareness, connection, and empathy in dyads, groups and family settings are highly possible as action methods will be utilized to bring the genogram to life!!

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Explain the use of a miniature genogram in Psychodrama;
- Identify effective prompts to utilize action methods in bringing a genogram to life.

80

RECOVERY AND ADDICTION: A LOOK INSIDE

Jordana Anderson, LCSW, CP/PAT, Private Practice

We will look at defensive postures in action as a warm up. A scenario will be presented by a participant which may include a family scenario or a professional case. Clinical treatment options will be presented in action which participants will be able to utilize immediately. Learning Objectives.

After attending this workshop, participants will be able to:

- Apply clinical interventions to ambivalent clients using motivational interviewing techniques in actions;
- Identify defensive postures which help one to maintain a denial system.

3:00 pm - 6:00 pm AFTERNOON WORKSHOPS

81

DON'T FENCE ME IN: EXPANDING HORIZONS THE MAGIC SHOP WAY

Teresa Mallott, MDiv, CSD, Bridging Harts Psychodrama Training Institute, Amallah Springs Center for Healing

This workshop will demonstrate the psychodrama method of Magic Shop, a creative, fun, and versatile tool. Participants will shop in the Magic Shop for the "just right" characteristic or quality to support their personal, spiritual, or professional expansion, while exercising their spontaneity and creativity with the benevolent shopkeeper. The workshop will incorporate warm up, action/vignettes, and closure. Attendees will also discuss how to apply this method in their home settings. Come play, explore, and learn!

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify the progression of steps in the Magic Shop method;
- 2. Recognize how Magic Shop can be applied in their workplace setting.

82

EXPANDING HORIZONS THROUGH STORIES: BIBLIODRAMA ACTION

Jodi Greanead, MA, LPC, Training Director, Bridging Harts
Psychodrama Training Institute, ETTi (Expressive Therapies Training
Institute); Lori Martin, MS, LPC-S, Terrell Counseling, Inc., ETTi
Workshop participants will explore a fable and Bible story using action
methods. Various Bibliodrama techniques including commentary,
voicing, group characterization, and role playing will be experienced.
Come see how stories can expand your reach to various populations
including assisted living centers, correctional institutions, inpatient treatment centers, and spiritual gatherings. Bibliodrama brings stories to life!

After attending this workshop, participants will be able to:

- 1. Identify the effectiveness of using stories with various populations:
- 2. Apply the following Bibliodrama techniques: group characterization, commentary, and voicing.

83

Learning Objectives.

EXIT IN: A PARADOXICAL CONSERVE

Craig Caines, MAC, LICSW, TEP, Birmingham Action Centered Therapy (BACT); David Angwin, MSW, LMSW, Birmingham Action Centered Therapy

Yablonsky's book *Robopaths* (pathologically robotic) expands on Moreno's concept that changes in cultural conserves are necessary for human growth. Using sociometry and psychodramatic vignettes, we will go beyond the triadic system's methodological conserve by integration it with Duncan & Miller's Partners In Change Management Systems (PCOMS), an Evidenced Based Practice (EBP). PCOMS provides a complementary framework for psychodrama and offers the significant advantage of having been validated as an innovative Practice-Based Evidence (PBE) conserve.

Learning Objectives.

After attending this workshop, participants will be able to:

- Explain the meaning of the term, Evidenced-Based Practice, and its significance for psychodrama;
- 2. Identify at least one applications of Partners in Change Management System (PCOMS) in psychodrama practice.

This is a 2018 Award Winner's Worksho

84

SPONTANEITY WITHIN TO BREAK THE WALL AND MOVE FORWARD: PERSPECTIVE BANGLADESH

Kamal Chowdhury, MSc, M.Phil

This experiential workshop will extract positive roles from within individual and the family system to overcome different types of traumatic experience and sufferings from Bangladesh perspective. Learning objectives will be: 1) exploring positive role of an individual to overcome trauma; 2) to demonstrate and facilitate supportive roles within individual which will help him cope better with trauma; 3) to sum up with cultural conserves through action methods which will help people to respond trauma collectively. Following role theory of personality, we will use different psychodrama and sociodrama techniques so that participants will get experiential knowledge in action about treasures existing in Bangladeshi culture.

Learning Objectives.

- 1. Describe exploring positive role of an individual to overcome trauma;
- 2. Demonstrate and facilitate supportive roles within individual which will help him cope better with trauma.

FOR ALL HUMANITY: MORENO'S METHODS IN NON-THERAPEUTIC CONTEXTS

Adam Blatner, MD, TEP, Associate Clinical Professor, Texas A&M Health Sciences Center

Moreno's goals extended far beyond psychotherapy. In this workshop, participants will explore four domains in which action methods can be applied outside psychotherapy: (1) Role Theory (simulations, role training); (2) Sociometry; (3) Philosophy (Axiodrama, theology); and (4) Sociodrama (especially in schools). Through brief lecture, discussion, and sociometric choice, participants will share, trade, and demonstrate successful strategies to help selected communities feel seen, generate alternative options, develop an appreciation of life's complexities, and expand their capacity for creativity.

Learning Objectives.

After attending this workshop, participants will be able to:

- Differentiate the needs specific to psychotherapeutic populations, non-psychotherapeutic populations, and those that fall somewhere between the two;
- 2. Explain how and which action methods can be applied beyond the context of psychotherapy.

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HAPPY TRAILS TO YOU! BOOT/SADDLE UP FOR EXPANSIVE ADVENTURE!

Margo Fallon, MA, PhD, BSE, Director, Artful Interventions, Logistics Health, Inc - Vet Psych Eval

Examine past, current trail, & plan for where you need/want to venture and who/how to reach out to for support. More than the sum of their parts, combining various expressive arts techniques provides access to deeper right brain awareness. Participants will experience & be able to combine art, drama, dance, role reversal from psychodrama therapy, and apply emphasis on life assessment dream renewal. Participants will be able to repeat EA techniques & warmups.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Apply specific expressive arts techniques;
- Apply expressive arts techniques to enhance individual awareness and group cohesion.

87

BY BIRTHING THE ROBOT...THE ROBOT IS BIRTHING US! THROUGH CREATIVE METHODS, LEARN THE ROLE REVERSAL OF THE ANTAGONIST OF TECHNOLOGY

Mary Bellofatto, MA, LMHC, TEP, Trainer at Onsite Workshops, Private Practice; Maria Carter, MA, CP (Brazil), House of Gaia Center for Social Inclusion, SWFL Psychodrama Institute

Expansion happens when life forces is bigger than the core. We are becoming a technological driven generation. Culture Conserve of the 21st Century has created a new addiction, Through a series of spectrograms, canon of creativity, and sociometric work including a sociodrama, we will identify methods to restore, and integrate mind, body and spirit connectivity, in order to provide a healthier interaction with technology as a powerful tool but not as a primary relationship. Learning Objectives.

After attending this workshop, participants will be able to:

- Identify their culture conserve mirror regarding the channels of communications presented in magazines, books, tv, movies, apps, video games, social media and etc.... Though a local gram exercise participants will be able to identify and connect with their universal theme, and associate with their emotional intelligence;
- 2. Differentiate the tools from the method of sociodrama, reality versus fantasy. And identify the difference of surplus reality and a life of meaningful connectivity. With the goal of applying these tools in their personal and professional field of competency utilizing the criteria of a safe and non addictive use of technology.

88

JOINING WITH PRISONERS: EXPANDING SPONTANEITY AND CREATIVITY WITH INCARCERATED WOMEN

Kirsten Friedman, MA, JD, CP/PAT, Private Practice, Volunteer, Mission Creek Corrections Center for Women

This workshop focuses on lessons learned in taking psychodrama to prisoners for the past three years. These include building adequate safety in an incarcerated group; generating adequate warm-up to spontaneity with highly traumatized persons; promoting self-regulation without tamping down creativity; and doing it all in 90 minutes. Learning Objectives.

- 1. Apply psychodramatic methods to a group in prison;
- 2. Identify unique opportunities for spontaneity and growth working with a group of women prisoners.



89

TAKE ACTION FOR CAREER WELLNESS, VOCATIONAL CLARITY AND WORK ADAPTABILITY

Amna Jaffer, MA, TEP; Erica Michaels Hollander, PhD, JD, TEP, Hollander Institute for Human Development & Family Growth, Moreno Institute West Faculty

Career development is a life-long process. Satisfaction in one's career is dependent upon finding occupations that are a good fit with self-concept. Self-concept is a fascinating ever-evolving journey, as is our understanding of our present self. In this workshop empty chair, role reversal, sculpting, spectrograms and other means will be employed for participants to explore stages of career development, engage in self-discovery, and identify emerging and diminishing roles pertinent to their professional self.

Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify their present place in various stages of career development, and recognize career development through the life-span;
- Apply the use of selected action methods to assist self and others to create a fresh and dynamic vocational narrative based on one's life themes



EXPANDING INNER HORIZONS: EXPLORING THE DRAMA TRIANGLE IN ACTION

Linda Condon, LMHC, TEP, ASGPP President, Private Practice

This workshop will utilize action techniques to identify the Karpman Drama Triangle dynamic and also look at the antidotes offered by the Circle of Restoration. Particular emphasis will be placed on the impact the internal triangle has on negative self talk, addictive behaviors, and disempowerment. Restoration and healing will be explored and demonstrated through the use of psychodramatic action. Learning Objectives.

After attending this workshop, participants will be able to:

- 1. Identify the triangle's impact on an individual's internal process;
- 2. Utilize interventions the Circle of Affirmation offers.

6:15 pm - 7:00 pm

CLOSING CEREMONY

Having Expanded Our Horizons through three days of connections, celebrations, learning, and growth, we will gather to close the conference and carry the charge of Using Action Methods to Join All Humanity until we come together again in 2019.

OPEN EVENT

THANKS TO OUR CONFERENCE SPEAKERS

SATURDAY KEYNOTE SPEAKERS

Harville Hendrix, PhD & Helen LaKelly Hunt, PhD



FRIDAY PLENARY SPEAKER

S. Rafe Foreman, JD



THURSDAY DIVERSITY FORUM

Nisha Sajnani, PhD, RDT-BCT &



THURSDAY: AN HOUR WITH ZERKA **Sérgio Guimaraes**, **PhD**



SUNDAY MORNING SPEAKER
René F. Marineau, PhD



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January 12-13

Kick Off Weekend!

Start of closed Psychodrama training year. (January-October)

January 31-February 2

Becoming your own Wizard. Harnessing your Strength and Resilience

March 21-23

Directors Challenge: Becoming Other - Role Reversing

May 14-17

Get Unplugged: Self Care and Self Discovery

4-day Residential Led with Rafe Foreman, JD

July 11-13

Collateral Beauty Facing: Love Death & Time

September 12-14

Directors Challenge: Creating the Experience - Scene Setting

November 1-3 Thur-Sat
Breaking Free from Trauma:
BRAVING the Wild



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HUDSON VALLEY PSYCHODRAMA INSTITUTE

Judy Swallow, MA, TEP & Rebecca Walters, MS, TEP

Dec 2-3 — Positive Psychology in Action
Dan Tomasulo

Jan 19-23 — Winter Psychodrama Intensive Rebecca Walters, Deb Shaddy & Jenny Salimbene

> June 8-10 — Introduction to Psychodramatic Bodywork Susan Aaron

June 28-July 2 — Directing Intensive
Rebecca Walters

July 5-9 — Summer Intensive
Judy Swallow, Deb Shaddy & Jenny Salimbene

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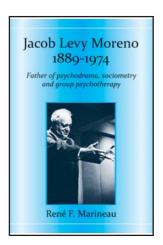
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Check with the Institutes / Trainers for workshops and training opportunities plus locations, as many offer trainings in multiple states and internationally.