

American Society of Group Psychotherapy & Psychodrama



75TH Annual Group Psychotherapy & Psychodrama Conference

Hilton Clearwater Beach, Clearwater, FL
May 4-7, 2017



Navigating waves of change

Discovering and celebrating our hidden treasures

CEs – ASGPP: National Registry of Certified Group Psychotherapists, Counselors (NBCC); Ce-Classes.com: CEs for Psychologists (APA); Social Workers (ASWB); Addiction Professionals (NAADAC); California and Texas Board Approvals; The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling
The entire conference (Thursday - Sunday) offers up to 34 hours toward CEs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

1. Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

EXECUTIVE COUNCIL

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ASGPP NATIONAL OFFICE

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asgpp@ASGPP.org / www.ASGPP.org

2017 ASGPP AWARDS

J.L. Moreno Award

Elaine Camerota, EdD, TEP

President's Award

Patricia Phelps, PhD

Hannah B. Weiner Award

David Moran, CCDP-D, LCSW, TEP

Collaborators Award

Kaya T. Kade, LPC, CDMS, TEP • Georgia A. Rigg, LCSW, TEP

David A. Kipper Scholar's Award

Rebecca Ridge, PhD, LMT, TEP

Special Gratitude Award

Tian Dayton, PhD, TEP

Fellow

Kim Cox, MA, NPO • Cecilia Anne Yocum, PhD, PAT
Barbara Guest, BEd, MSW, TEP • John Olesen, MA, TEP

ASGPP REGIONAL CHAPTERS

Delaware Valley Chapter

Colleen Baratka / catharsisinstitute@live.com / 610/600-1476

Hudson Valley Chapter

Regina Sewell / visionshv@optonline.net / 845-440-7272

Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

New England Chapter

Carol Feldman Bass / caf.bass@rcn.com / 781-540-9486

Maria Mellano / MariaMellano@comcast.net / 617-913-3898

New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

Southern Chapter

Craig Caines / craigcaines@sprintmail.com / 205-249-7048

ASGPP REGIONAL COLLECTIVES

Denver Area Collective

Erica Hollander / ericahollander@comcast.net / 303-978-9091

South Florida Collective

Linda Condon / lincondon@yahoo.com

The Toronto Centre for Psychodrama (Canada)

Sheila Berry / sberry@primus.ca / 416-686-6596

COLLECTIVES UNDER DEVELOPMENT

Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

Minnesota

Mary Anna Palmer / maryannalpalmer@yahoo.com / 612-309-7940

Kansas/Missouri

Deb Shaddy / dsshaddy@aol.com

CONFERENCE STEERING COMMITTEE

Julie Wells (Auction & Co-Chair)

Jodi DeSciscio (Processing & Co-Chair)

Kim Cox (Program)

Mary Ann Bodnar (Hospitality & Co-Chair)

Uneeda Brewer (Entertainment & Co-Chair)

Susan Mullins (Exhibitors/Sponsors & Co-Chair)

Sue McMunn (Awards)

Patty Phelps (Advertising)

Sandy Seeger (EC Liaison)

WELCOME We welcome you to the ASGPP 75th Diamond Jubilee Anniversary Conference, *Navigating Waves of Change: Discovering and Celebrating our Hidden Treasures*, held on the shores of beautiful Clearwater Beach. We invite you to come early, bring your family and enjoy a vacation before and after the conference! Clearwater is home to Winter the famous dolphin from Dolphin Tale. Not too far away in Tampa is Busch Gardens, while St. Petersburg boasts the Dali Museum. And of course, there is the beach!

We plan to utilize the beautiful outdoor space for our president's recep-

tion, the drumming circle and other activities.

Our Keynote and Plenary will both speak to the power of hidden treasures as we deepen our connection with one another and explore the importance of embracing our authentic selves.

While we are sad to have lost our beloved matriarch, Zerka Moreno, we have a special event planned to honor her and celebrate her life.

We look forward to welcoming you to the conference!!

Your 2017 conference co-chairs: Mary Ann Bodnar, Uneeda Brewer, Jodi DeSciscio, Susan Mullins and Julie Wells

EXCITING EVENTS

President's Reception and Opening Welcome

(Thursday 6:00 pm - 7:30 pm) This opening reception welcomes everyone attending the conference. Enjoy connecting with friends, old and new, as we watch the sun sparkle on the beautiful Gulf Waters. This reception is a special thank you to all of the presenters, volunteers and Session Assistants who graciously give their time and creativity to the 75th ASGPP Conference.

OPEN EVENT

Diversity Forum: Nisha Sajjani, PhD, RDT-BCT

Deep Diversity: Using Action Methods to Examine Implicit Bias

(Thursday 8:00 pm - 9:30 pm) The ASGPP forum will offer participants a process of exploring the social construction of difference, current examples of oppression and embodied strategies for organizing for change. It will be facilitated by Nisha Sajjani. **OPEN EVENT**

Silent Auction/Treasure Chest Raffle/Live Auction

(Thursday - Saturday) The Auction and Scholarship Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature *Artists in Residence* where we display works of art that are hand-crafted by our community. Bid on a variety of exciting items as well as workshops and trainings. In keeping with this year's theme of Navigating Change & Hidden Treasures our BasketCases have transformed into Treasure Chests with raffle proceeds going to the Scholarship Fund.

Opening Plenary: Antonina Garcia, EdD, LCSW, TEP

Coming Together: Celebrating the Treasures of Connection

(Friday 8:00 am - 9:00 am)

Nina Garcia trains psychodramatists internationally and is in private practice. She is co-author of *Sociodrama: Who's in Your Shoes?*. She teaches at NYU in the Drama Therapy Program. She is Co-Editor-in-Chief of the *Journal of Group Psychotherapy and Psychodrama* and former Chair of the American Board of Examiners. Nina is a Fellow of the ASGPP, the recipient of the ASGPP JL Moreno Lifetime Achievement Award, and the Gertrud Shatner Award for Lifetime Achievement from the North American Drama Therapy Association. She is also a recipient of ASGPP's Scholar's Award and a two-time recipient of the Collaborator's Award.

As we embark upon ASGPP's diamond jubilee year, let's join each other to celebrate our community's treasures and our own personal treasures, both those that are hidden and those that shine out in the world around us.

Community Sociometric Selection

(Friday 9:00 am - 9:30 am)

THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS. Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

Annual Membership Meeting

(Friday 1:30 pm - 2:30 pm) Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. **OPEN EVENT**

New Members & First Time Attendees Gathering

(Friday 6:15 pm-7:00 pm) If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council members and folks from our local chapters. **OPEN EVENT**

Chapters/Collectives Networking Meeting

(Friday 6:15 pm-7:00 pm) Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved. **OPEN EVENT**

Awards Ceremony / Dessert Reception

(Friday 8:30 pm - 10:00 pm) Our awards acknowledge members who have made outstanding contributions to our community. Come share in their joy and partake of the sumptuous deserts. **(Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.)**

Saturday Keynote Address: Maria Sirois, PsyD

The Art of Rising: Thriving While Treating Others

(Saturday 8:00 am - 9:30 am)

Dr. Maria Sirois is a psychologist and seminar leader who teaches internationally in the intersection of resilience and flourishing. Known for her wisdom, authenticity and rampant humor, she brings invigorating practices and perspectives to business, community, religious, therapeutic and educational audiences alike. Sirois is the author of *A Short Course in Happiness After Loss (And Other Dark, Difficult Times)* and *Every Day Counts*. A master teacher, Sirois has been called an orator of great power and beauty. With thought-leader Dr. Tal Ben-Shahar, she co-leads a year-long certificate program in positive psychology.

Positive Psychology, as the study of human beings at their best, brings to us the science of thriving. So much good can be learned from the tools and principles of this science that nourish growth, happiness and contentment. Yet, as clinicians, coaches, caregivers, and guides, we are called to thrive while in the constant presence of suffering. To do our work well we must learn to not only move toward practices that lift us, but those that strengthen us and bring us closer to our authentic selves. This is the territory of resilience. In our conversation, we'll consider where the study of resilience and positivity intersect and explore approaches that engender flourishing as well as an increased capacity for calm, clarity, uplift and vitality. And we'll discuss why moving toward a more authentic self is essential in elevating resilience.

Zerka T. Moreno Sunset Celebration

(Saturday 8:00 pm) Gather at the edge of the water for a sunset ritual to celebrate Zerka's life with music, poetry, and a gratitude blessing. **OPEN EVENT**

Drum Circle on the Beach

(Saturday 8:30 pm - 10:30) You may wonder, "Can I really play a drum? Will it sound good? Will I have FUN?" In the words of Moreno: the answer is YES! YES! YES! Guided by Drum Circle facilitator Jana Broder, we'll experience a magical evening of drumming and dancing by the light of the moon! Drums are provided and no drumming experience is required. **OPEN EVENT**

Zerka in the Empty Chair: Regina Moreno, MA and

Miriam Zachariah, TEP (Sunday 8:00 - 9:00 am)

Regina Moreno & Miriam Zachariah will facilitate an empty chair session with Zerka Moreno. Participants will have the opportunity to briefly speak to her or role reverse with Zerka and receive from her. This creative session will both celebrate Zerka's life, as well as, introduce a younger generation to what she has contributed to psychodrama and members of ASGPP. **OPEN EVENT**

Closing Ceremony

(Sunday 6:15 pm - 7:00 pm) With sand in our shoes, the colors of the sunset imbedded in our soul, we close the conference and carry the many treasures we have gained, nourished and refreshed until we come together again in 2018.

OPEN EVENT

HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double \$189. This rate is only guaranteed through **April 3, 2017**. After that date, rooms are available on a "space and rate available" basis determined by the hotel. The special rate is available for stays from April 30 - May 9. **When making reservations by phone, be sure to identify yourself as attending the ASGPP 75th Annual Conference to obtain the special conference rate.**

Hotel Contact Information:

Hilton Clearwater Beach, 400 Mandalay Avenue
Clearwater, Florida 33767

Phone: 727-298-1486, Reservation Line: 1-800-HILTONS

To make reservations online, please go to the ASGPP website
www.asgpp.org or
or http://www.hilton.com/en/hi/groups/personalized/P/PIECBHF-ASGPP-20170430/index.jhtml?WT.mc_id=POG

We strongly recommend that you place your reservations by using our on-line service.

ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP using this link: <https://docs.google.com/forms/d/1RAQBfz5ytkFapS8R7rVZAe-tubbTLrg8uooYGKqprg/edit> and specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of the other people who have expressed an interest in sharing a room. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP is not responsible for any arrangements that fall through.** The deadline for this Room Sharing Service is **March 18, 2017**. Remember that the hotel is only obligated to honor ASGPP rates through April 3, 2017 and availability.

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material**. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products (other than books) which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

For additional information, please contact:

Debbie Ayers, Executive Director, (609) 737-8500, asgpp@ASGPP.org.

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of March 25, 2017.
- To receive the early registration discount, your forms must be post-marked by March 25, 2017.
- **Attendees registering by mail with a postmark after March 25, 2017 must pay the on-site rate.**
- Member rates apply only to those having paid their Membership Dues.
- Anyone registering at member rates who has not paid their dues to the ASGPP for 2016/2017 (through 4/17), will be invoiced for such dues. The dues must be paid prior to the conference.

CANCELLATION POLICY

Request for cancellation must be postmarked by April 20, 2017. While no refunds will be given, cancellations will receive credit for the 2018 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

GROUP RATES

PSYCHODRAMA TRAINEE RATES: ASGPP is offering a reduced rate to psychodrama training institute trainees - \$400 per person. All registrants taking advantage of the trainee rate must be members of the ASGPP. Participation in a training group will be verified in order for the discounted rate to apply.

ASGPP is offering a special group rate for the Full 3 day Conference to college/university students and agency employees. Six (6) or more students must register together at the Group Rate of \$255/per person. *Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification.

We are also offering a group rate for three (3) or more attendees from a mental health or medical agency or hospital at the rate of \$440 per person. Registrations must be sent together with a letter from the agency/hospital administration, listing the attendees/employees.

Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds but understands that it can be more convenient for individuals to use their credit card. If you choose to pay by credit card, you will be invoiced. Invoices must be paid in order for registration to be processed and your workshop seats to be reserved. Please keep in mind that we will calculate and charge a 2.2% fee to the Total Amount Due. To avoid paying this fee, you may mail the registration form with your check to: ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540.

PHOTOS & VIDEOS

The ASGPP takes photos at open events at the 2017 Conference and may reproduce them in our publications or on our website. Videos may also be taken for our website. No photos or videos will be taken of personal work or workshops. By participating in the 2017 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

ASGPP DISCLAIMER

Conference attendees agree not to hold ASGPP responsible for any injuries incurred during any activities hosted by the ASGPP.

ASGPP 2017 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) _____
 ADDRESS _____
 CITY _____ STATE/PROVINCE _____
 ZIP/POSTAL ZONE _____ COUNTRY _____
 FIRST NAME/NICKNAME FOR BADGE _____
 PHONE _____ E-MAIL _____
 PROFESSION (eg. Social Worker, Psychologist) _____
 In case of emergency notify: _____
 (ADA) - Please indicate if you have special needs _____

Check all that apply

- Presenter
- First Time ASGPP Conference Attendee
- Retiree (no longer employed, doing training or in private practice)
- Student (matriculated in an accredited college/university program)
- Member Non-Member New Member
- Psychodrama Training Group Member (See Group Rates on page 2 for discount qualifications)
 Specify Group _____

NEW MEMBER INCENTIVE

Become a member today and receive a special conference promotion discount of 50% on your dues and enjoy member rates to attend the conference. New member rates are \$60 (regular) and \$30 (student). This offer is limited to those who have never been an ASGPP member. **Students must submit Student picture ID.**

FOR OFFICE USE ONLY

REGISTRATION FEES

All fees are given in \$US

	Member Student	Member Retiree	Non-Mem Student	Non-Mem Retiree	Member	Non-Member	
<input type="checkbox"/> Full Conference (Friday, Saturday and Sunday)	\$310	\$310	\$325	\$325	\$500	\$625	\$ _____
<input type="checkbox"/> 1 Day Conference Package (Fri, Sat or Sun) <small>Circle Your Choice(s)</small>	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Full Day Conference Institute (Thurs)	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Half Day Conference Institute (Thurs)	\$65	\$65	\$70	\$70	\$90	\$110	\$ _____

ADDITIONAL EVENTS

- Friday Awards Dessert Reception (included in Full Conference package)..... x \$20..... \$ _____
 - Boxed Lunch - circle which days apply (Thurs Fri Sat Sun) (menu will be sent)..... x \$30 Per day \$ _____
 - Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ _____
 - 2017 Membership Dues \$120 (regular) \$60 (Retiree or Student - must submit student picture ID)
 All members add (\$10) if you are from a country other than the US, Mexico or Canada..... \$ _____
 - CE Forms – we will provide one form that can be used for all licensures as verification..... \$30..... \$ _____
- TOTAL AMOUNT DUE (\$US)**..... \$ _____

I understand and accept the following ASGPP Cancellation Policy.

Request for cancellation must be postmarked by April 20, 2017. While no refunds will be given, cancellations will receive credit for the 2018 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

Return all registration forms to: ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540

Please make checks payable to ASGPP. If you choose to pay by credit card, you will be invoiced. Invoices must be paid in order for registration to be processed and your workshop seats to be reserved. Please keep in mind that we will calculate and charge a 2.2% fee to the Total Amount Due. To avoid paying this fee, you may mail this form with your check to the address above.

GROUP RATES: ASGPP is offering a group rate to psychodrama training institutes, college/university students and agency employees, and three (3) or more attendees from a mental health or medical agency or hospital. See details on the previous page.

IMPORTANT: Your registration will not be processed if you have not noted the workshops you wish to attend and have not acknowledged the above stated cancellation policy. Registrations will not be processed until payment is received. There are no exceptions.

WORKSHOP REGISTRATION

Last Name _____

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

	1st CHOICE	2nd CHOICE	3rd CHOICE
Thursday May 4, 2017 - Pre-Conference			
9:30 am - 5:30 pm *Full Day Training Institutes..... (#1-6)			
9:30 pm - 1:00 pm *Morning Training Institutes..... (#7-10)			
2:00 pm - 5:30 pm *Afternoon Training Institutes..... (#11-14)			
Friday May 5, 2017			
10:00 am - 1:00 pm ALL Morning Workshops will be sociometrically selected ONSITE ONLY - at 9:00 am SHARP immediately following Plenary			
3:00 pm - 6:00 pm Afternoon Workshops..... (#26-36)			
Saturday May 6, 2017			
10:00 am - 1:00 pm Morning Workshops..... (#37-47)			
1:30 pm - 3:00 pm 90-Minute Workshops..... (#48-58)			
3:30 pm - 6:30 pm Afternoon Workshops..... (#59-69)			
Sunday May 7, 2017			
9:30 am - 12:30 pm Morning Workshops..... (#70-80)			
1:00 pm - 2:30 pm 90-Minute Workshops..... (#81-90)			
3:00 pm - 6:00 pm Afternoon Workshops..... (#91-101)			

***Additional Registration Fee Required**

How did you hear about the conference? Mailer Online Trainer/Teacher Ad in publication Colleague/Friend

Please specify: _____

SESSION ASSISTANTS & VOLUNTEERS NEEDED!

VOLUNTEER SERVICE is a vital part of the ASGPP community and a successful conference program. We have four areas of volunteering: General Volunteer, Session Assistants, Onsite Processing Team Members and Silent Auction/Treasure Chests assistants. You can contact the coordinator of these areas to find out more about them or ask questions. Please indicate which area of volunteering you are interested in. The Coordinator of that area will contact you. **We hope you will offer your services both on site and prior to the conference.**

- Yes**, I am interested in being a **General Volunteer**. (Coordinator: Debbie Ayers, 609-737-8500, debbie@asgpp.org)
- Yes**, I am interested in being a **Session Assistant**. (Coordinator: Debbie Ayers, 609-737-8500, debbie@asgpp.org)
- Yes**, I am interested in being a **Onsite Processing Team Member**. (Coordinator: Jodi DeSciscio, 813-817-2709, ricjodi@verizon.net)
- Yes**, I am interested in helping with the **Silent Auction/Treasure Chests**. (Coordinator: Julie Wells, 727-688-5800, cuerco@aol.com)

Please circle the days you are available: Thursday Friday Saturday Sunday

NAME _____ PHONE (day) _____

E-MAIL _____ PHONE (evening) _____

WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday
Addictions	1, 6, 7	26, 29	38, 59, 60, 66, 69	72, 74, 81, 85
Business/Coaching/ Marketing/Publicity		29, 35	44, 62	79, 92
Creative Arts	8	17, 25, 29, 32	46, 49, 52, 60, 64	70, 86, 90, 96
Education	3	22	54, 60, 68	75, 79, 92
Family/Couples				77, 93, 95
Healing/Self Care	8, 13	15, 16, 18, 21, 25 28, 31, 32, 34	37, 40, 42, 43, 45, 53 59, 60, 67	70, 71, 72, 73, 76, 78, 85, 86 88, 89, 90, 91, 96, 97, 101
Multicultural	2	19	50, 52, 58	74, 77, 80, 82
Neurobiology		17, 20, 21, 28	51, 53, 63	87, 94
Psychodrama in Other Fields	6, 9, 10		42, 46, 48, 51, 56, 62, 64	81, 82, 83, 87, 93, 97, 99, 100
Psychodrama Foundations	2, 14	16, 20, 27, 33, 34, 36	38, 41, 44, 48, 54, 56, 61, 67	71, 75, 83, 84, 88, 91
Sociodrama/Playback/ Drama Therapy	3, 5	19, 22, 23	38, 39, 46, 50	
Sociometry	3, 12, 14	30, 35, 36	41, 42, 43, 50, 52, 60, 61, 69	78
Spirituality	2, 8, 12, 13	15, 18, 23	37, 45, 49, 60, 68	85, 95, 96, 98, 99
Trauma/Bodywork	1, 4, 7, 9 10, 11	26, 30, 32, 33	45, 46, 63, 65, 66, 69	75, 80, 81, 87, 89, 90, 92 94, 98, 101

PSYCHODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas.

THURSDAY

- 1 So - You Think you Know TSM? It's Much More!
- 2 Encounter with the Divine
- 4 Rewrapping the Soul: Healing Trauma with Psychomotor Therapy & Psychodrama
- 5 When Psychodrama Won't Do: Using Sociodrama
- 7 Healing The Wounded Male Using Action Methods
- 9 Rhythmic Integration: The Cycle of Change
- 10 Making Movement When Life Seems Stuck
- 12 Souldrama: Spiritual Simplicity, Doing Less...Loving More. Looking at the Model of Souldrama
- 14 Psychodrama as a Potent Evidence-Based Group Psychotherap

FRIDAY

- 15 Meditation Tools Integrated with Classical Psychodrama: Healing the Spirit Within
- 16 The Quest for Hidden Treasure; Exploring the World of Imaginal Roles
- 18 Living Juicy: Reconnecting with Zest

- 21 Start Where You Are - First Steps for Any Director
- 28 The Judge Within
- 30 Intra-Psychic Family Systems: The Sociometry of the Mind
- 32 BodyMap and Psychodrama
- 33 Surplus Reality in Navigating Waves of Change
- 34 Mindfulness, Spontaneity - Unlock the Hidden Treasure
- 36 Life's a Beach

SATURDAY

- 37 Sociatry: Becoming the Wave of Change
- 40 Ageism: The Silent Epidemic
- 43 Identifying Role Models who Influenced our Development Using Sociometry & Psychodrama
- 44 Psychodrama in Individual Therapy
- 45 Sophia meets Kali
- 51 Psychodrama and Hypnosis: Being Deeply Immersed
- 53 Navigating the Role of Physical Pain
- 59 Give a Shift: Changing for the Better
- 63 Polyvagal Psychodrama

- 65 Swimming Between the Tides and Eddies, Regulating the Group's Nervous System
- 67 Diving into Life's Waves

SUNDAY

- 72 From Shame to Hope: Challenging Core Beliefs
- 76 Completion Dramas: When We're Ready to Say Goodbye
- 78 Letting Go Completely; Death Dying and Surviving
- 80 All We Need Is Magic
- 85 Codependency, Ruthless Grieving and Transformation
- 91 The Vision Board: Your Personal Treasure Map
- 92 The Cognitive Psychodrama Group Model
- 95 Sex and Spirituality: A Psychodramatic Journey
- 96 Integrating Masculine and Feminine Energies for Self Awareness
- 97 The Power of Pets: Balancing and Enhancing Our Lives
- 98 Healing Our Spiritual Wounds
- 99 Vajrayana Psychodrama: Role Theory, Compassion & Buddhist Meditational Deities

TRAINING CREDITS & CE INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed by the presenter** before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



CONTINUING EDUCATION UNITS (CEs)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies. **Programs that do not meet ce-classes.com criteria for CE credit are clearly marked with a ■.**

PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org Approved Continuing Education Program (ACE). Approval Period: 1/5/17 - 1/14/20. Ce-Classes.com maintains responsibility for the program. Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS:

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. **Programs that do not qualify for NBCC credit are clearly identified with a ▲.** ASGPP is solely responsible for all aspects of the programs.

ADDICTION PROFESSIONALS:

Ce-Classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

NYS (OASAS):

The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA:

SW, MFT & LEPs: Ce-Classes.com is approved to provide continuing education by the following professional organizations: ASWB * APA. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy renewal requirements.

Nurses: The California Board of Registered Nursing. CEP 15647 Expires 11/30/2018.

CCAPP: The California Association of Alcoholism and Drug Abuse Counselors (CCAPP) Provider Number OS-12-174-1114 Expires 11/2019.

TEXAS:

Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

OHIO:

Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2017.

FLORIDA:

Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES:

Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2018, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2018.

CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Thursday, May 4, 2017) offers up to 7 hours. The regular conference (Friday, May 5 – Sunday, May 7, 2017) offers up to 27 hours. The entire conference (Thursday - Sunday) offers up to 34 hours toward Continuing Education Units (CE's). Check with your provider.

CE CERTIFICATES

CE Certificates are \$30 as indicated on registration form. Those purchasing CEs will have a 'CE Verification of Attendance Sheet' to be signed by the session assistant/presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CE certificate with hours listed for workshops attended.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to Debbie Ayers at asgpp@asgpp.org

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.



THURSDAY, May 4, 2017

7:00 am - 8:00 am	12-Step Recovery Meeting
8:00 am - 6:00 pm	REGISTRATION
9:30 am - 5:30 pm	PRE-CONFERENCE TRAINING INSTITUTES Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.
6:00 pm - 7:30 pm	President's Reception / Opening Ceremony – Open Event
7:30 pm - 8:00 pm	Meeting: Sociometric Selection Team / First Time Presenters / Session Assistants
8:00 pm - 9:30 pm	Diversity Forum – Open Event

9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES

1 SO-YOU THINK YOU KNOW TSM? IT'S MUCH MORE!

Kate Hudgins, PhD, TEP, Therapeutic Spiral International;
Monica Forst, MEd, RP, ICADC, Private Practice

Many people use parts of the Therapeutic Spiral Model (Hudgins & Toscani 2013), learned from readings, or from someone who's never been to a TSM workshop. This is your opportunity to experience its subtleties with the developer of the model and an Action Healing Team. You'll learn its warm-up and safety structures, the TSIRA clinical role map, and be part of a full TSM trauma drama with clinical processing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the TSM Trauma Survivor's Role Atom as the clinical guide to safety with all experiential methods with trauma;
2. Explain their experience in being part of a TSM drama with clinical processing and how it applies to their practice of using psychodrama with trauma.

2 ENCOUNTER WITH THE DIVINE

Rebecca Walters, MS, LMHC, TEP, Hudson Valley Psychodrama Institute, MD Anderson Cancer Center University of Texas

A protagonist said, "God holds children in His hands and those he doesn't care about, like me, he let's slip through his fingers." How can we help our clients, those with spiritual beliefs and those with none, heal their broken relationships with Spirit, whatever that means to them. Engage, enlarge, encourage, celebrate, and support a healing relationship with whomever or whatever people consider to be divine in their lives through psychodramatic encounters, surplus reality, and group work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify spiritual entities from three varied cultures;
2. Demonstrate the use of role reversal and describe three times to use role reversal.

3 REFINING AND WORKING ON PRODUCTION SKILLS AS A PSYCHODRAMATIST ▲

Peter Howie, MEd, AANZPA Certificated TEP, Australian and Aotearoa New Zealand Psychodrama Association, ASGPP

Psychodramatists often find it hard to go somewhere to work on their psychodrama skills – the supervision they received as a trainee is often not available as a practitioner. This workshop is a training and supervision workshop for new or experienced psychodrama, sociodrama, and sociometry practitioners, and psychodrama trainers. Working collaboratively, at learning edges, with in situ supervision, looking at real relevant work situations, focusing on specific psychodrama production techniques to enhance spontaneity.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply a wider range of psychodrama production techniques when working with groups and individuals;
2. Recognize when they are turning into a counsellor rather than a psychodramatist, and demonstrate an increased capacity to deploy psychodrama production methods to produce spontaneity and creativity.

4 REWRAPPING THE SOUL: HEALING TRAUMA WITH PSYCHOMOTOR THERAPY & PSYCHODRAMA

Georgia A. Rigg, MSW, LCSW, TEP, Private Practice;
Cindy Levy, LMHC, CHT, PAT, Practitioner, Westside Wellness Center, Olympia, WA, Private Practice

This workshop will present the philosophy and action techniques of psychomotor therapy, blending this with psychodrama, sociometry, and group psychotherapy. Participants will learn a respectful approach to the "hands on" steps of psychomotor therapy and how to blend this with psychodrama. This blended model is a "gold standard" treatment for healing trauma.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the ability to direct a 4-step, respectful "hands on" psychomotor structure, as well as how to take part in a psychodrama blending psychomotor therapy and psychodrama;
2. Identify and explain the differences between auxiliary work in psychomotor therapy, and in psychodrama.

This is a 2017 Award Winner's Workshop

NOTE: Workshops that do not qualify for NBCC CE credit are identified with a ▲
Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ■

5 WHEN PSYCHODRAMA WON'T DO: USING SOCIODRAMA

Antonina Garcia, EdD, LCSW, TEP, Private Practice, NYU

Sociodrama provides an exciting action forum for problem-solving and values exploration. Less personal than psychodrama, it focuses on collective role aspects and issues. Sociodrama is indicated in settings where psychodrama may be inappropriate, such as in businesses, schools, and religious institutions. As illustrated in *Sociodrama: Who's in Your Shoes?*, co-authored by Dr. Garcia, this workshop will show you how to structure and facilitate a sociodrama and how to keep the contract clearly sociodramatic.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish the difference between a psychodramatic and sociodramatic warm-up;
2. Identify questions to ask in sociodramatic sharing.

6 THE 12 STEP PSYCHODRAMA MODEL: RECOVERY IN ACTION

Louise Lipman, LCSW-R, CGP, TEP, Director, Psychodrama & Creative Arts Therapy, NYC, Gerry Spence Trial Lawyer's College

After putting aside substances in early recovery, facing longtime dysfunctional behavior is necessary. Examining addictive thinking and establishing a sober life, is the challenge of middle stage recovery. Late stage recovery uses creativity and role expansion to facilitate this life changing work. In this workshop, people will be introduced to this model, which guides that process through the 12 steps and the hidden treasure of psychodramatic role theory for recovery in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how to select appropriate interventions to match the stage of recovery that their clients are working on;
2. Apply role theory to their client's stage of recovery.



9:30 am - 1:00 pm MORNING PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE

7 HEALING THE WOUNDED MALE USING ACTION METHODS

Rick Tivers, LCSW, CGP, Private Practice, The Chicago School of Professional Psychology

This experiential workshop is open to men and women who work with males and want to go deeper in treatment. Men's defenses will be explored and how to work with those defenses. Male pain, hurt, anger, intimacy fears, sexuality, and shame will be brought to the surface using action methods to help to create corrective emotional experiences.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate 3 defenses males use and how to work with those defenses to have corrective emotional experiences;
2. Differentiate language appropriate for usage with male aggression.

8 NAVIGATING CHALLENGES AND DISCOVERING HIDDEN TREASURES OF THE WISE ELDER ▲ ■

Linda Ciotola, MEd, TEP, CETIII, Healing Bridges, ACTS

This workshop will explore the challenges and gifts of the "wise elder" role through action, poetry, music, and art. Aging can cover the spectrum from severe physical, mental, emotional, and spiritual challenges to embracing the gifts of aging with wisdom and grace. Participants will share the adventure of navigating the sometimes turbulent waters of aging while discovering the sometimes hidden treasures of the wise elder role.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least one action structure to accurately label a challenge of aging and also to identify a strength used to develop the "wise elder" role;
2. Apply the use of poetry as a warm up to an action exploration of "the wise elder" role as well as for meaning making .

9 RHYTHMIC INTEGRATION: THE CYCLE OF CHANGE ▲ ■

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute, Private Practice

Rhythmic Integration is the contribution of Dr. Ron and Gloria Robbins, who are bioenergetic therapists and psychodramatists. Their work is deeply involved with personality development and how our awareness of the six phases of the Cycle of Change can help our clients (and us) find the resources to move through stuck places in their lives. Each of the six phases has characteristics that identify developmental stages - from a specific project to a person's habitual choices. This workshop will explore in action the Cycle of Change and how it can inform both understanding and behavioral decisions.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the six phases of change in the Rhythmic Integration model and be able to describe characteristics of each;
2. Demonstrate scenarios about moving through the Cycle of Change.

10 MAKING MOVEMENT WHEN LIFE SEEMS STUCK

Karen Carnabucci, MSS, LCSW, TEP, Private Practice, Author

This workshop will demonstrate how psychodrama, family constellations, and mindfulness combine, each in its special way, to create positive forward movement in our lives. We learn how many of our problems originate with our ancestors and how we literally become entangled in inter-generational pain and trauma. Karen shows how using the psychodramatic warm up, plus the constellation Orders of Love and body awareness, we can move to a place of greater flow and inner peace.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify warm ups that assist focus on ancestral issues;
2. Demonstrate how Orders of Love identify inter-generational problems.

2:00 pm - 5:30 pm
AFTERNOON PRE-CONFERENCE
HALF-DAY TRAINING INSTITUTE

11 THE BODY REMEMBERS WHAT THE MIND FORGETS

Gatherine D. Nugent, RYT200, LCPC, TEP, Dramatic Transformations, LLC, Johns Hopkins University

This workshop will demonstrate the power of psychodrama and other experiential and body-based approaches as resources for trauma recovery. Concepts from psychodrama, sensorimotor psychotherapy, and yoga therapy will be explained, and interventions that draw on the wisdom of the body will be demonstrated. Participants will leave with ideas and techniques to apply in individual and group practice settings.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how trauma affects the body, brain, and nervous system;
2. Describe 3 experiential, body-based interventions that can be helpful in teaching clients self-soothing.

12 SOULDRAMA: SPIRITUAL SIMPLICITY, DOING LESS.... LOVING MORE. LOOKING AT THE MODEL OF SOULDRAMA

Connie Miller, LPC, NCC, TEP, Owner, International Institute for Souldrama

Wholeness involves bringing together what has been separated. This is the meaning of integration. A soul under stress sacrifices parts of itself. True healing involves helping a person to gradually re-own and re-integrate any of the severed aspects of self-love, courage, a sense of empowerment, sexuality, spiritual connectedness, humility, surrender, tenderness, and independent thinking. Helping people redefine themselves by putting the focus inward toward their divine selves and back toward their spontaneity and creativity in turn enables them to develop a relationship with their higher selves.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define spiritual intelligence and examine relationship with a higher power;
2. Discover how to move past the resistance in their life and embrace what gives their life meaning and purpose.

13 BRILLIANCE & GENTLENESS: CONNECTING WITH THE GODHEAD ▲ ■

Barbara Guest, BEd, MSW, TEP, Toronto Centre for Psychodrama & Sociometry; Rob Hawkings, MA, MES, MBA, Private Practice, Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists

Personal connection with the Godhead (Spirit, Higher Power, etc.) is correlated with physical, mental, and emotional well-being. It can powerfully enhance addiction recovery and trauma healing. This experiential workshop will safely and gently integrate the brilliance of Moreno's methods with various spiritual and healing traditions to connect with divine wisdom – to more fully access true spontaneity, intuitive creative knowing, and that altered state of consciousness that positive psychology calls “the zone.”

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate various psychodramatic techniques for inviting spiritual inspiration to enhance both personal growth and professional roles;
2. Demonstrate a psychodramatic group metaphor integrating art, music, and authentic movement.

This is a 2017 Award Winner's Workshop

14 PSYCHODRAMA AS A POTENT EVIDENCE-BASED GROUP PSYCHOTHERAPY

Rob Pramann, PhD, ABPP (Group Psychology), TEP, Christian Counseling Centers of Utah; Journey Healing Centers

Wikipedia mistakenly states “Psychodrama is not...a form of group therapy, and is instead an individual psychotherapy that is executed from within a group.” Come, experience, discover, reflect on, and celebrate the hidden treasure that psychodrama is, a potent evidence-based form of group psychotherapy. We will highlight psychodrama as a group therapy in the warm-up, action, sharing, and (group) processing of the session(s).

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how psychodrama can be conducted as an evidence-based psychotherapy;
2. Describe the elements of a psychodrama session that contribute to its potency.



THURSDAY EVENING

6:00 pm - 7:30 pm

PRESIDENT'S RECEPTION OPENING WELCOME

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 75th ASGPP 2017 Conference.

OPEN EVENT

7:30 pm - 8:00 pm

MEETING: Sociometric Selection Team First Time Presenters Session Assistants

8:00 pm - 9:30 pm

DIVERSITY FORUM *Deep Diversity: Using Action Methods to Examine Implicit Bias*

Led by Nisha Sajnani, PhD, RDT-BCT

Implicit bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner. The implicit associations we harbor in our subconscious cause us to have feelings and attitudes about other people based on characteristics such as race, ethnicity, age, and appearance. Residing deep in the subconscious, these biases are different from known biases that individuals may choose to conceal for the purposes of social and/or political correctness. Rather, implicit biases are not accessible through introspection. However, they may become available to examine and work through using action methods. Indeed, psychodramatists and drama therapists possess powerful and necessary tools that may be used to counter divisiveness and promote understanding. This is the third diversity forum hosted by the ASGPP.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define implicit bias
2. Analyze three action methods that may be used to support diversity and inclusion
3. Identify at least one resource to use or apply in their own contexts

OPEN EVENT

DAILY

EARLY BIRD / EVENING ACTIVITIES

For the early risers, enjoy a walk along the beautiful white sand as you watch the beach wake up. You will share your morning with the wading birds as they rush along the shore searching for their breakfast and with individuals, eyes downcast, looking for sea shells, their hidden treasure which might have washed up along the shore during the night. For a more raucous celebration, head to Pier 60 next to the hotel for the sunset festivities. There you will see musicians, artists and others celebrating the sun as it sets into the waters of the Gulf. And don't forget to look for the elusive Green Flash!!

7:00 am - 8:00 am DAILY

12 STEP RECOVERY MEETING

Conference participants who practice a 12-step program are invited to join this daily meeting which will be inclusive of any and all fellowships. This will be an open meeting but, consistent with the tradition of anonymity, we will expect attendees to honor the principle that "who you see here, and what is said here, stays here."

For more information, contact:

Michael Gross — michael@m12x12.com / 562- 234- 3969

OPEN EVENT



FRIDAY May 5, 2017

7:00 am - 8:00 am	12-Step Recovery Meeting
7:00 am - 7:45 am	SESSION ASSISTANTS BREAKFAST
7:30 am - 6:15 pm	REGISTRATION & EXHIBITS
7:30 am - 7:00 pm	SILENT AUCTION
8:00 am - 9:00 am	OPENING PLENARY - Antonina Garcia, EdD, LCSW, RDT/BCT, TEP <i>Coming Together: Celebrating the Treasures of Connection</i>

As we embark upon ASGPP's diamond jubilee year, let's join each other to celebrate our community's treasures and our own personal treasures, both those that are hidden and those that shine out in the world around us.

Learning Objectives. After attending, participants will be able to:

1. Describe at least one way to access intrapsychic and interpersonal gifts;
2. Explain how positive sociometric connections can be forged in action.

9:00 am - 9:30 am	COMMUNITY SOCIOMETRIC SELECTION with Nancy Kirsner & the Sociometric Selection Team
1:30 pm - 2:30 pm	ANNUAL MEMBERSHIP MEETING - (boxed lunch available – pre-order necessary)
6:15 pm - 7:00 pm	New Members / First Time Attendees Gathering - Open Event
6:15 pm - 7:00 pm	ASGPP Chapters / Collectives Networking Meeting - Open Event
8:30 pm - 10:00 pm	AWARDS CEREMONY / DESSERT RECEPTION - Separate ticket necessary for those not attending the full 3 day conference.

9:00 am - 9:30 am

Community Sociometric Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:00 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

10:00 am - 1:00 pm MORNING WORKSHOPS

15 MEDITATION TOOLS INTEGRATED WITH CLASSICAL PSYCHODRAMA: HEALING THE SPIRIT WITHIN ▲ ■

Saphira Linden, RDT/BCT, LCAT, TEP, Omega Transpersonal Drama Therapy and Psychodrama Program, Private Practice
Daniel Wiener, PhD, LMFT, RDT/BCT, Central Connecticut State University, Rehearsals for Growth, LLC

Studying and teaching meditation while training with J.L. and Zerka Moreno, an organic integration evolved of healing the inner spirit (finding hidden treasures and inner strengths) while dealing concurrently with emotional and practical life challenges. In this workshop we offer concrete meditation practices, with breath, sound, and light that participants will be able to apply to their work. We will demonstrate how to integrate these practices into a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply at least two meditation techniques to their work with the Sharing phase of Psychodrama;
2. Integrate at least two meditation practices into their psychodramatic warm-ups.

16 THE QUEST FOR HIDDEN TREASURE; EXPLORING THE WORLD OF IMAGINAL ROLES

Sandra Seeger, LMHC, TEP; South Tampa Psychodrama Training, USF
Susan Mullins, LMHC, CEDS, TEP, Private Practice, South Tampa Psychodrama Training

Moreno's concept of role theory provides a framework in which to explore the myriad roles each of us plays in our daily lives. Although we identify with many roles, there are others which are imaginal and not yet fully expressed (i.e. rock star or a race car driver). The desired role may be so far out of our range of possibilities, we don't even consider it an option. Psychodrama gives us a chance to explore these imaginal roles. Come on a journey of exploration and adventure and discover your hidden treasure.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify types of roles and how those roles pertain to mental health and addictions counseling;
2. Demonstrate ability to prepare a role diagram and apply role development theory to a variety of populations.

17 INSIDE OUT: MINDFULNESS AND THE EXPRESSIVE THERAPIES

Patricia Isis, PhD, LMHC, ATR-BC, MDCPS, Private Practice

This workshop will offer simple, user-friendly, and evidenced-based practices designed to inspire present moment, non-judgmental awareness and creative expression. Through mindfulness, self-compassion, and the expressive arts therapies participants will learn and experience interventions for softening challenging emotions and perspectives. These invaluable tools are useful to clinicians both inside and outside a therapy session to cultivate both a personal and professional presence.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define mindfulness and mindful self-compassion;
2. Identify the difference between contemplative mindfulness and mindful awareness while incorporating clinical tools for both.

18 LIVING JUICY: RECONNECTING WITH ZEST

Jennifer Salimbene, CASAC, LCSW-R, PAT, HVPI, Private Practice; Regina Sewell, PhD, LMHC, PCC, SUNY New Paltz, Private Practice

Clients often seek counseling because they have lost their spontaneity and zest for life. In this workshop we will demonstrate techniques counselors can use with their clients to help them identify roles that drain them and roles that energize them. We will show techniques designed to help clients reconnect with their spontaneity and creativity towards a zestful, juicy, life. This workshop will include a psychodrama. Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe at least 2 psychodramatic techniques to identify energizing and draining roles;
2. Describe how to use at least one psychodramatic technique to concretize roles

19 NAVIGATING CULTURAL CHANGE: MAPPING MULTICULTURAL ADJUSTMENT

Martica Bacallao, PhD, MSSW, TEP, NC Youth Violence Prevention Center; Paul Smokowski, MSW, PhD, CP, University of Kansas School of Social Welfare

This workshop will use the Bicultural Development Map (BDM) and sociodrama to explore how we navigate between cultural systems. Many individuals and families experience acculturation stress as they encounter cultural change. The BDM is used to explore cultural influences and how individuals and families create multicultural identities. Methods to use the BDM in research and evaluation will be discussed. Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain and apply how the Bicultural Development Map is used in action with individuals and families;
2. Demonstrate a sociodrama on multicultural identity development.

20 LEARNING TO LOVE FAILURE

Carol Frank, LPCC, RN, PAT, Private Practice, Albuquerque NM, Living Waters Institute, Santa Fe, NM; Sue Shaffer, LPCC, LCMHC, CP, Adams Center for Mind and Body in Burlington, Vermont

This experiential workshop will use Moreno's principles of spontaneity and creativity to playfully explore the experience of failure in the context of genius. This workshop will assist you in your own professional development as you learn how to readily accept failure, even love failure as a means to finding your own magnificence. You will also learn how to apply Moreno's theories to develop personal growth workshops of your own. Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe two ways in which action methods can be used to explore concepts of how accepting failure can lead to greater creativity and spontaneity;
2. Explain Moreno's theory of spontaneity and creativity.

21 START WHERE YOU ARE - FIRST STEPS FOR ANY DIRECTOR

John Olesen, MA, TEP, Living Waters Institute, Bay Area Moreno Institute

Directing a psychodrama can be daunting. This experiential and didactic workshop will address the emotional challenge of the Director Role. We will address how to embrace rather than deny our own difficult emotions including pain, fear, rejection, anger, and grief, in order to be 'the most spontaneous person in the room' - The Psychodrama Director. This workshop will offer concrete tools developed from Interpersonal Neurobiology, Mindfulness, Play Theory, and Psychodrama. Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the neurobiological basis of action techniques benefiting the group and the Psychodrama Director;
2. Differentiate the progression of 'role-taking' to 'role-playing' to 'role-creating'.

This is a 2017 Award Winner's Workshop

22 SOCIODRAMA – FINDING THE DEPTHS ▲

Peter Howie, MEd, AANZPA Certificated TEP, Australian and Aotearoa New Zealand Psychodrama Association

Sociodrama is a highly potent Morenian form that may be used to develop depth of experience in diverse group settings. Sociodrama has extraordinary application flexibility, limited only by the director's imagination. This workshop will work with the method using issues and concerns alive in the group and then take participants through a deep process relevant for working with a wide variety of professional groups or organisations. Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain and demonstrate the deep work that may be achieved by using sociodrama with creativity, spontaneity, and safety in a variety of professional settings;
2. Identify a range of possible sociodramatic options for working with organisations, conference groups, or teams. teams.

23 MORENO'S GODHEAD PHILOSOPHY THROUGH BIBLIODRAMA OF A TALE ▲ ■

Tamar Pelleg, MA, CP, Private Practice

Using bibliodrama, we will read and enact "A tale of a palace and two painters," which presents two main archetypes that we all own and which resonate with the philosophy of Moreno (The Godhead and the Canon of Creativity). Participants will get familiar with a tale of Rabbi Nachman of Breslove through bibliodrama. Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the two main archetypes portrait in the tale and identify how they are part of their own life;
2. Describe how the story resonates with Moreno's philosophy of the Godhead/ The Canon of Creativity.

24 HOW TO HELP PEOPLE WITH ASD, DATE, MATE, AND POPULATE...SUCCESSFULLY ▲

Carol Feldman Bass, BA, JD, Social Dynamix, Insight Psychotherapy
People on the Autistic Spectrum struggle with establishing and maintaining relationships with peers, spouses, and families. This workshop will explore the use of action methods to overcome the social difficulties and emotional barriers that impede successful dating, the developmental of a healthy marriage where one or both spouses have ASD, and sustaining an emotionally strong family where at least one member has ASD. Action techniques drawn from actual clinical situations will be demonstrated and discussed.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify different communication styles where one or both partners have ASD;
2. Apply new action methods to the family system with an ASD member, thereby enhancing family function and reducing conflict.

25 THROWING THE INNER CRITIC OVERBOARD: NAVIGATING FROM SELF-CRITICISM TO SELF-COMPASSION

Steven Durost, PhD, LCMHC, REAT, C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education;
Sarah Maker, MA, C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education

This workshop will equip participants with simple, practical arts-based skills that foster growth in the often under-flexed muscle of self-compassion. An intermodal psychodrama/expressive arts therapy approach to discovering and celebrating the meaning and practice of self-compassion will be presented, modeled and experienced. Additional strategies, materials, and theory will be offered to enhance the overall intermodal learning experience.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Utilize various arts based interventions to augment self-compassion in their clients;
2. Apply key elements of mindfulness practice to the process of creating of self-compassion.

1:30 pm - 2:30 pm

ANNUAL MEMBERSHIP MEETING

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community.

OPEN EVENT



3:00 pm - 6:00 pm
AFTERNOON WORKSHOPS

26 THE CHILD AS SUBSTITUTE SPOUSE: NAMING AND VALIDATING EMOTIONAL INCEST

Adena Bank Lees, LCSW, BCETS, CP, Private Training and Consulting
Healing starts with naming and having a context and language for one's own experience. Emotional incest is a hidden, emotionally damaging, and confusing family dynamic that sets up the child to be the confidant and surrogate spouse to one or both parents. This workshop will demonstrate several action structures that can safely open the door for clients to name their experience in a way that fosters empowerment, clarity, hope, and recovery.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define and describe emotional incest;
2. Apply at least one action structure that concretizes this dynamic.

27 ACTIVATING OUR STRENGTHS AFTER HEARTBREAK

Michael Traynor, JD, LCSW, TEP, Action Methods, Albany NY, Choices Counseling Center, Winter Park FL;
Elizabeth Traynor, MA, LMHC, LMFC, Choices Counseling Center, Winter Park FL

Major disappointments may leave clients protective and risk adverse reactions. They cannot think their way into optimism. Join us as we use the gifts of sociometry and psychodrama with clients to activate strengths, let go of heartbreak, and prepare for future challenges. Our purpose will be to activate passion for the fullest life possible. Didactic and experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Design two personal interventions to disengage from the wounded self;
2. Identify two interventions to operationalize healthy risks for next life challenge.

28 THE JUDGE WITHIN

Jeanne Burger, EdD, LMFT, TEP, Private Practice, Director, Tidewater Psychodrama Group

Shaming experiences and personal trauma are damaging to our self-esteem. Often we are left with critical self-judgements and/or a sense of injustice. In this experiential workshop, we will explore the use of the psychodramatic court-room scene as a way to identify the woundings, re-investigate the evidence and identify ways to safely restore a sense of competency and fairness, by putting our introjects on trial.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify a pattern of self-judgment;
2. Apply the court-room scene as a psychodrama or sociodrama structure.

Lorelei Goldman, MA, TEP, Psychodrama Training Institute of Chicago, Northshore Village

This workshop will use song lyrics to expand the roles of the auxiliary egos. There will be opportunities to add to the tasks of the auxiliary with songs and song lyrics. The addition of lyrics will come up spontaneously and add to the spontaneity in the enactment, adding to the Protagonist's emotions, support and companionship. Participants will be able to practice this new form.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how integration of song may expand auxiliary work;
2. Identify selected lyrics/songs to carry forward the role of the auxiliary/double.

30 INTRA-PSYCHIC FAMILY SYSTEMS: THE SOCIOLOGY OF THE MIND

Louise Lipman, LCSW-R, CGP, TEP, Director, Psychodrama & Creative Arts Therapy, NYC, Gerry Spence Trial Lawyer's College; Kirsten Friedman, LMHCA, Washington State Bar

Psychodrama is a treasure chest to aid in the self-regulation of our internal sociometric systems. IFS offers form and structure to the internal sociology of the mind. Together, psychodrama and IFS create a trusting, safe climate for the intra-psychic roles to work through their conflicts instead of sabotaging one another or paralyzing the entire system. This can be particularly helpful with trauma survivors.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify intra-psychic role conflicts;
2. Examine internal sociometric systems.

31 INTEGRATING PSYCHODRAMA AND SOCIODRAMA IN COMMUNITY IMPROVISATIONAL THEATER GROUPS

Linda Richmond, PhD, CP, Private Practice

Offering improvisational theater groups in community settings is one way to reach people who may benefit from increased spontaneity and connection, but are reluctant to seek help in traditional ways. In this workshop, Linda will share the process of developing an improvised play that will promote personal and community growth by weaving concepts from psychodrama and sociodrama in warming up and building an ensemble, developing a theme, scenes and characters, and in performance.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to use sociology to warm up and build an ensemble in non-traditional groups that will maximize spontaneity and connection and promote personal and community growth;
2. Describe how to use psychodramatic concepts to create rich and authentic sociodramatic characters and scenes that increase personal awareness and reflect community themes..

Judy Swallow, LCAT, CRS, TEP, Hudson Valley Psychodrama Institute, Private Practice

We are intimately involved with our bodies throughout our entire lifetimes, and the relationship is often changeable and many-faceted. Each moment is another opportunity for awareness and communication with ourselves. In this workshop, we will take a mindful journey inside our bodies and use the BodyMap to record what we discover. We will then move into a psychodramatic exploration of what emerges.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and locate significant places in their bodies through imagery and awareness;
2. Identify the places on their BodyMap by using role reversal, sculpting and mirroring.

33 SURPLUS REALITY IN NAVIGATING WAVES OF CHANGE

John Rasberry, LMFT, TEP, The Mid-South Center for Psychodrama & Sociometry, ASGPP

This workshop will focus on the concept and use of surplus reality in dealing with and responding to change. Particular focus will be given to using surplus reality to increase spontaneity and creativity so that life can be lived on life's terms. Open to all levels of experience.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the concept of surplus reality and apply it in a psychotherapy session;
2. Recognize the elements required to direct the creation of surplus reality in individual or group therapy.

34 MINDFULNESS, SPONTANEITY - UNLOCK THE HIDDEN TREASURE ▲ ■

Anath Garber, MA, TEP, Director-Institute for Applied Human Relations, Private Practice

This workshop will explore mindfulness, spontaneity, and the relationship between them and psychodrama. We will revisit Moreno's Canon of Creativity and to insert mindfulness into it. This workshop aims to provide each participant with a moment of mindfulness and spontaneity. A full psychodrama will follow.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define spontaneity and mindfulness;
2. Describe Moreno's Canon of Creativity.

Diana Jones, Sociometrist, AANZPA Certificated TEP, Leadership Coach, Director, the Organization Development Company

There are at least two kinds of leaders, those in formally appointed roles and those who informally emerge from the group. This workshop explores and reveals significant moments in leader's development in response to the evolving landscapes they respond to, and the subtle shifts enabling them to move from the inevitable default or coping behaviours to fully connect with those around them.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify sociometric criteria to generate powerful personal stories;
2. Recognize the sociometric shifts in personal role systems allied to professional development

Bill Wysong, LPC, EMDR II, TEP, Aspen Counseling Center, Private Practice; Joann Wysong, MA, GRI

Water: ocean, sea, beach, lake, river, stream, creek, puddle, swimming pool. What water-related experiences do you have from childhood? One or more of those memories will be explored in psychodramas to demonstrate and teach sociometric and psychodramatic principles included within the warm-up, action, and sharing phases.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the process for developing a theme that leads to warm-up, action and sharing;
2. Explain ways to generate sociometry in a group setting.



6:15 pm - 7:00 pm

New Members / First Time Attendees Gathering

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you.

OPEN EVENT

6:15 pm - 7:00 pm

CHAPTERS/COLLECTIVES NETWORKING MEETING

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved.

OPEN EVENT

8:30 pm - 10:00 pm

Awards Ceremony Dessert Reception

Join us for an elegant and scrumptious dessert reception as we honor those who have made outstanding contributions to our community.

Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased on registration page.)



SATURDAY May 6, 2017

7:00 am - 8:00 am 12-Step Recovery Meeting
 7:30 am - 7:00 pm REGISTRATION & EXHIBITS
 7:30 am - 3:15 pm SILENT AUCTION – Bidding ends at 3:15
 3:15 pm LIVE AUCTION

8:00 am - 9:30 am **KEYNOTE ADDRESS: MARIA SIROIS, PsyD**
The Art of Rising: Thriving While Treating Others

Positive Psychology, as the study of human beings at their best, brings to us the science of thriving. So much good can be learned from the tools and principles of this science that nourish growth, happiness and contentment. Yet, as clinicians, coaches, caregivers, and guides, we are called to thrive while in the constant presence of suffering. To do our work well we must learn to not only move toward practices that lift us, but those that strengthen us and bring us closer to our authentic selves. This is the territory of resilience. In our conversation, we'll consider where the study of resilience and positivity intersect and explore approaches that engender flourishing as well as an increased capacity for calm, clarity, uplift and vitality. And we'll discuss why moving toward a more authentic self is essential in elevating resilience.

Learning Objectives. After attending, participants will be able to:

1. Define negative thought habits;
2. Describe the benefits of optimism as foundational to resilience.

8:00 pm - 10:30 pm **SATURDAY NIGHT EVENTS: Zerka T. Moreno Sunset Celebration and Drum Circle on the Beach - Open Events**

10:00 am - 1:00 pm MORNING WORKSHOPS

37 SOCIATRY: BECOMING THE WAVE OF CHANGE

Edward Schreiber, DD, LADC1, TEP, Zerka T. Moreno Foundation, Lesley University; Sarah Kelley, MA, Zerka T. Moreno Foundation, Lesley University

At the center of Moreno's work is Sociatry, a way to awaken to the wholeness of life found within ourselves and within the group. Sociatry shows the underlying intelligence that has dynamic impact on all of mankind. This intelligence reveals global social structures that emerge within the group. This workshop, this experience, awakens us to our connection with this intelligence and to all life. Sociatry is both dynamic action and powerful theory.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate understanding through direct experience and discussion the ideas and action method of Sociatry (healing society);
2. Recognize the intelligence that moves and orchestrates the sociometry as fundamental to healing.

38 HOW TO HAVE A GOOD GOODBYE

Rebecca Walters, MS, LMHC, TEP, Hudson Valley Psychodrama Institute, MD Anderson Cancer Center University of Texas

Goodbyes are not well handled well in our society. Sometimes we are able to do closure with the actual person we are leaving. If that person is not available we can do it psychodramatically. Closure theory gives us a road map to allow for all aspects of closure to be fulfilled. Psychodrama gives us the tools to do this well. We will look at closure in action in groups, in individual work, and in life.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify four out of the six stages in closure theory;
2. Differentiate between closure and regrets and identify one action structure to address each.

39 SOCIODRAMA FOR OUR TIME ▲ ■

Rosalie Minkin, LCAT, ATR, TEP, Private Practice, Author

Sociodrama, one of Moreno's major contributions, is a complex and exciting way to form group interactions around a central social issue. A sociodrama provides group members an opportunity to enact/play out issues related to the social issues. There is a procedure for introducing sociodrama to the group and four main structures used to form the action of the enactment. This is followed by characters sharing in the role, deroling, personal sharing, and integration.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the 4 stages used by a director to initiate the roles and issues of a sociodrama;
2. Explain which stage is appropriate for the issues and themes of a group.

40 AGEISM: THE SILENT EPIDEMIC

Elizabeth Plummer, PhD, TEP, Regional Clinical Director Aegis Treatment Centers

Ageism colonizes the individual and collective psyche. It tells us that aging bodies are unacceptable, aging faces must be cut, stretched, or inflated to be thought attractive, and that minds deteriorate after the age of 20. Worse still, ageism implies that joy, creativity, and passion are only for the young. This workshop will explore this mass cultural delusion and challenge participants to consider aging as an exciting journey to be made consciously, with passion and integrity.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe specific tools that can reduce age-phobia and foster the development of healthy maturity;
2. Develop and learn how to implement a personal conscious-aging plan.

41 ADAPTING MORENO'S SOCIAL ATOM FOR CURRENT PSYCHOTHERAPEUTIC PRACTICE

Robert Siroka, PhD, LMFT, Sociometric Institute

Moreno's concept of the Social Atom has a long history. This workshop will serve as an introduction for those unfamiliar with the technique and a revisit for those familiar with both theory and method. Theory, technique, and practical application will be addressed.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the elements of Moreno's Theory of the Social Atom;
2. Apply the technique in practice.

42 A JOURNEY WITH ALICE IN WONDERLAND THROUGH DREAM SOCIOMETRY ▲

Daniela Simmons, PhD, PAT, Expressive Therapies Training Institute (ETTI), University of North Texas

The workshop will introduce the Dream Sociometry modality created by Joseph Dillard, based on the classical sociometric methodology. Dream Sociometry means "the measurement of groups found in dreams" and assumes that dream characters, life events, and mythic themes can be creatively approached as members of our internal social networks. Dream Sociometry has been used in the treatment of various psychological disorders and relationship and career counseling. A theoretical framework and action explorations of the modality will be demonstrated.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the specific "steps of injunctions" contained within the Dream Sociometry;
2. Demonstrate the modality through action sociograms and various psychodramatic techniques.

43 IDENTIFYING ROLE MODELS WHO INFLUENCED OUR DEVELOPMENT USING SOCIOMETRY AND PSYCHODRAMA

Nan Nally-Seif, LCSW, TEP, Co-Director, Psychodrama Training Institute, a division of the Sociometric Institute, New York, Private Practice

This workshop will investigate role models, who were centers of influence, guides, and who shaped our current lives. Using sociometry, action method techniques, we will explore these role models. We will identify the differences, unfinished business, gratitude, and acceptance with the people who have been instrumental in our lives. We will do a full psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify role models in clients' lives by applying (or using) sociometric tools;
2. Examine the influence of role models on clients' lives through use of psychodramatic action.

44 PSYCHODRAMA IN INDIVIDUAL THERAPY

Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute; California Institute of Integral Studies (CIIS); Susan Powell, OTR, TEP, Centerwood Psychosocial Services and Psychodrama Training Institute

Incorporating experiential methods into working with individual therapy can enliven and inspire both client and therapist. Participants will learn practical action techniques, drawn from psychodrama, including role-play, use of props, circle of strengths, and the action timeline. Attention will be given to warm-up, action, and closure of each session. Therapeutic goals will inform the use of each intervention. Participants will practice techniques, taking the role of therapist, client, and witness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply at least 3 psychodramatic methods to your work with individuals;
2. Demonstrate moving from talking to action, from the therapist chair to the action or stage area.

45 SOPHIA MEETS KALI

Deborah Shaddy, LCPC, LMHP, TEP, Sophia Center, Hudson Valley Psychodrama Institute

Transformational change, whether personal, societal, or as in the vision of J. L. Moreno, the whole of mankind, brings upheaval and the potential for destruction. Kali is a powerful Hindu Goddess who's dance is that of destruction. She destroys what no longer serves us and reminds us that periods of chaos and destruction inevitably precede new birth and life. Sophia, Greek Goddess of Wisdom, brings the sensitivity to successfully navigate the chaos of change. Participants in this workshop will have the opportunity to experience the use of psychodramatic wisdom figures in their own lives and the use of this psychodramatic structure for those they serve.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the steps in the structure of using psychodramatic wisdom figures;
2. Identify two situations when this structure is appropriate

46 PSYCHODRAMA AND DRAMA THERAPY: A CREATIVE CONNECTION

Heidi Landis, RDT/BCT, LCAT, TEP, Creative Alternatives of New York, Lesley University

What is the difference between drama therapy and psychodrama? Can the two methods work with each other with the needs of the client in mind? In this highly experiential workshop, we will explore similarities and differences, and experience innovative action techniques. Explore how drama therapy uses metaphor to create a safe container for diverse and difficult feelings, experiences, and thoughts and how these techniques can be used as warm-ups and enactments in psychodramas. Participants will experience both drama therapy interventions and a psychodramatic experience in this workshop.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define drama therapy and psychodrama and understand the differences between the two modalities;
2. Learn 2 concrete drama therapy techniques for use in practice.

47 WHAT WE ALL NEED, WHAT WE ALL WANT: HAPPINESS AND SERENITY

Maria Sirois, PsyD, Wholebeing Institute, IPPA

"Happiness Depends on Ourselves," *Aristotle*

Rigorous research exists to support the notion that we do better when we are able to create pathways of positivity, optimism and calm within us and around us. We'll explore the tenets of Positive Psychology that support increasing happiness and serenity and examine how barriers to positive change impact our wellbeing. Specifically, we'll address the benefits of mindfulness practice, changing negative thought habits, and daily positivity boosts (such as reducing negative social comparison). Attendees will have ample opportunity to learn skills as well as discuss how to apply them in their work and at home.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explore reduction of negative thought habits through mindful prompts;
2. Define the practice and benefits of mindfulness as it elevates resilience.

1:30 pm - 3:00 pm
90-MINUTE WORKSHOPS

48 SMARTPHONES IN SESSIONS: TRANSFORM INTRUSION TO ENGAGEMENT

Marlo Archer, PhD, TEP, Arizona Psychodrama Institute;

Grayce L. Gusmano, MMFT, LPC, CP, Arizona Psychodrama Institute

Explore, in action, situations that arise in individual sessions related to client use of smartphones. You'll learn psychodrama philosophy and psychodramatic interventions to transform intrusions into engagement without taking on a shaming parental role. You'll also have a safe place to process your own responses to smartphones and clients' use of them in sessions.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 5 types of smartphone session intrusions;
2. Describe 5 psychodrama techniques or philosophies useful in transforming intrusions into engagement.

49 TREASURES OF A QUEEN: THE STORY OF ESTHER ▲

Jodi Greanead, LPC-Intern, Terrell Counseling, Inc;

Lori Martin, MS, LPC-S, Terrell Counseling, Inc

Workshop participants will learn about the similarities and differences of Psychodrama and Bibliodrama. The group will explore the story of Esther using sociometric exercises and psychodrama techniques such as scene setting, concretizing, and doubling. Bibliodrama techniques such as commentary, voicing, and group characterization will be used to investigate the story. Interaction intends to create connection to the thoughts and emotions of the characters, insights into the scenes, and allow for practice of techniques.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate specific Psychodrama and Bibliodrama techniques;
2. Identify methods in both modalities that can be used in individual and group settings.

50 PRIVILEGE IN ACTION ▲ ■

James Pennington, MA, PLMHP, LAC, Heartland Family Service

Privilege is a special advantage available only to a particular person or group of people. However, privilege can be difficult to identify, as it tends to be invisible to individuals who have it. This workshop will use socio-drama to identify and explore both the experience of privilege, and the experience of those who lack privilege.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the ways that they experience relative privilege in their lives;
2. Identify methods in both modalities that can be used in individual and group settings.

51 PSYCHODRAMA AND HYPNOSIS: BEING DEEPLY IMMERSED

Cindy Levy, LMHC, CHT, PAT, Practitioner, Westside Wellness Center, Olympia, WA, Private Practice

When the protagonist re-enacts a story and acts "as if," she enters an altered state, as do group members who are relating to the work. There is a mix of individual trances in a collective field. Participants suspend critical thinking and open to new ways of acting, knowing, and being. These enhanced states allow greater access to one's spontaneity, creativity and resourcefulness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the physical and behavioral signs of trance that may spontaneously occur during psychodrama and psychomotor therapy;
2. Demonstrate the use of hypnotic language in your directing to help the protagonist and group members immerse more deeply into their experiences.

52 PASSIONATE PURSUITS: INSPIRING TEENS AND COMMUNITIES THROUGH MUSIC AND THEATRE

Cynthia Freeman-Valerio, MA, LPC, Creative Therapy Unlimited, ARTSOUL, Inc.

This workshop will present a successful model of engaging local youth in positive forms of self-expression through the performing arts. This director and producer of The Taos Community Annual Night of 1,000 Stars Youth Talent Show, in its 12th year, encourages multicultural youth to audition, rehearse, and perform live on stage while giving diverse teenagers leadership roles in the production of these shows. Warm-ups, sociometry, sharing information, and video performances will engage, enlighten, and encourage potential community replication.

Learning Objectives.

After participating in this workshop, participants will be able to:

1. Identify how to envision, create, produce and direct a performing arts showcase for local youth that inspires local youth and families and works in diverse communities;
2. Apply the information and skills learned into replicating a performing arts showcase with local youth in the diverse communities of the workshop participants.

53 NAVIGATING THE ROLE OF PHYSICAL PAIN

Kaya T. Kade, LPC, CDMS, TEP, Kade and Associates

Pain changes us, Medical pain specialists recognize that chronic pain begins to have a life of its own and sets up a feedback loop that buries deep into a person's physiology. The psychodramatic role of physical pain illustrates this process as it, too, buries deep into our psyche as it attaches to the negative introjects that plague our well-being. The role of physical pain can be both destroyer and liberator.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish the difference between acute and chronic pain;
2. Recognize the effects of chronic pain.

This is a 2017 Award Winner's Workshop

54 JOURNEY THROUGH THE THREE INTERACTIVE LIVING STAGES IN PSYCHODRAMA SUPERVISION ▲ ■

Adam Chi-Chu Chou, PhD, TEP, Feng Chia University, Taiwan Association of Psychodrama

This workshop demonstrates a model for psychodrama group supervision that encompasses a continuous multi-layer role reversal among the three interactive living stages of the supervisee: 1. supervision group, 2. the work setting of supervisee (psychodrama trainee director), and 3. supervisee's living world, which includes life experience, personal beliefs, and relationship among supervisor and supervisee. The supervisor, supervisee, and the group re-enact and co-construct those living stages by using role play, mirroring, sculpture, soliloquy, and other psychodrama techniques.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify elements of the three interactive living stages and deepen the process of supervision;
2. Apply the techniques of multi-layer role reversal in group supervision.

55 AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR ▲

American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

56 "GROUP PSYCHOLOGY" ABPP RECOGNITION CONVERSATION HOUR

Rob Pramann, PhD, ABPP (Group Psychology), TEP, Christian Counseling Centers of Utah, Journey Healing Centers

What do psychologists practicing psychodrama have to offer the profession of psychology? What does psychology offer to us? What do we have to prove? The American Board of Professional Psychology (ABPP) is the primary organization for specialty board certification in psychology and recognizes specialization in "Group Psychology." The licensure process assesses knowledge, whereas board certification evaluates competency in applying knowledge. This session will highlight the benefits, challenges, requirements, and a personal experience of the ABPP process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the pros and cons to pursuing the ABPP process in Group Psychology;
2. Identify specific concerns in pursuing the process.

57 HISTORY OF PSYCHODRAMA IN CUBA: STARTINGS AND BEGINNINGS ▲ ■

Nancy Rial Blanco; Evarina Deulofeu Zamorano

We will start with the beginnings of Psychodrama in Cuba, set in the 1950s. We will examine and discuss the relationship between Cuban professionals and researchers with J. L. Moreno, which reached its climax with his visit to Cuba alongside Zerka Moreno in the early 1960s. The relationship was interrupted until 2008, particularly in 2011 and 2013 when ties were rekindled when the speaker interviewed Zerka Moreno and his followers.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the link between the history of psychodrama in Cuba and its origins with J.L Moreno;
2. Explain how ties are resumed between the Cuban professionals and researchers with the followers of Moreno's work, particularly with Zerka Moreno.

58 ZERKA T. MORENO AND THE OTHER TEPs TRAINING IN TAIWAN ▲ ■

Nien-Hwa Lai, PhD, TEP, Associate Professor - Department of Psychology and Counseling at National Taipei University of Education; Wen-Chin Wang, PhD, PAT; Chih-Liang Wang

This is a documentary about Zerka T. Moreno and the other TEPs training in Taiwan to promote psychodrama. TEPs include Gong Shu, Dorothy and Matt Satten, Kath Huggins, Cora Remer, Pam Remer, and Marcia Karp.

CLOSED

3:30 pm - 6:30 pm AFTERNOON WORKSHOPS

62 SHOOTING THE PIER: PSYCHODRAMA & EVIDENCED BASED PRACTICE IN DIRE STRAITS

59 GIVE A SHIFT: CHANGING FOR THE BETTER

Stephen Kopp, MS, TEP, St. Luke Institute, Dreamer2Doer;
Estelle Fineberg, LCSW, LMFT, TEP, Private Practice

The dynamics of change separate into specific stages (Prochaska, Norcross, DiClemente). Effective change happens through a series of manageable steps. Each stage holds unique challenges needing specific strengths and resources. Using action, we'll journey these paths of change you walk with clients. From a positive psychology approach, we'll identify what resources facilitate shifting to the next stage. Come along as we map stages for positive change, shifting these into a psychodrama. Join us and find our resources for change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the stages of change as applicable to specific client issues or problems;
2. Identify two strengths that can apply to stages of change and ways to incorporate them in clinical work.

60 INTEGRATING MINDFULNESS AND MORENO

Jacqueline Siroka, LCSW, TEP, The Sociometric Institute,
Psychodrama Training Institute

There are 4 principles for transforming difficulties taught in Western mindfulness retreats. The acronym is RAIN. It was introduced by Michele McDonald 20 years ago. RAIN stands for Recognition, Acceptance, Investigation, Non-Identification. The inner exploration using RAIN paired with the triadic system (Psychodrama, Sociometry, and Group Psychotherapy) combines meditation with active investigation, sociometry and group process. This will be demonstrated, taught experientially, didactically. Join us as we continue to integrate Eastern and Western pathways to healing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and experience the difference between inner directed (meditation) and outer directed (action) learning;
2. Identify steps in bringing meditation into the action space.

61 DIAMOND OF OPPOSITES: A FRIEND FOR ALL

Stacie L. Smith, MA, LPC, Sacred Journey Counseling, Bridging Harts
Institute & Psychotherapy

As the ASGPP Conference celebrates its Diamond anniversary, this workshop will celebrate the Diamond of Opposites through the exploration of this unique, decision-making, action structure and the psychodramatic scenes that emerge from it. Participants will partake in the Diamond of Opposites to engage a variety of directing opportunities in both group and individual work. Participants will also explore ways in which the Diamond of Opposites enriches decision-making by moving from cognition to action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify ways to use the Diamond of Opposites in group and individual sessions;
2. Describe the movement that occurs in the decision-making process when using the Diamond of Opposites.

Craig Caines, LCSW, TEP, Birmingham Action Centered Therapy (BACT);
David Angwin, MSW, LMSW, Birmingham Action Centered Therapy (BACT)

Like the changing tides, psychodrama has highs and lows. This workshop offers psychodramatists an introduction to Partners in Change Outcomes Measurements Systems (PCOMS), an Evidenced-Based Practice (EBT) that assesses the effectiveness of your practice in situ. PCOMS uses easy-to-administer scales that couple well with psychodrama. How to integrate psychodrama and PCOMS will be demonstrated using vignettes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the Outcome Rating Scale (ORS) and the Session Review Scale (SRS) and how to use them;
2. Explain how to integrate PCOMS (an EBP) and psychodrama to assess the effectiveness of your psychodrama practice based on the client's responses in an individual or group session.

63 POLYVAGAL PSYCHODRAMA

Michael Gross, RADT-II, PAT, Independent Contractor;
Melinda Cornish, LCSW, PAT, Private Practice

Polyvagal theory, a model of how the autonomic nervous system modulates experience and expression of emotional and social behavior, provides a valuable framework for conceptualizing the therapeutic window between hyper- and hypoactivation, tracking protagonists and other participants in psychodrama sessions, and helping the Director maintain awareness of her/his somatic responses. This session will present the framework of polyvagal theory and explore it in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate and conceptualize somatic indicators of hyperactivation and dissociation in self and among clients;
2. Identify and apply appropriate techniques to help self and clients regulate between states of hyperarousal and hypoarousal.

64 PASSING TONES: WHAT MUSIC (AND MUSICIANS) CAN REMINDE THE WORLD ABOUT TENSION, CONFLICT, RESOLUTION, AND EVOLUTION

Anna Schaum, LPC, PAT, Dramatic Changes, Portland, OR;
Adam Petty, LAC, CET II, ASGPP

Much of what makes music a universal language is its constant and natural flow between harmony, disharmony, and resolution. One needn't have taken music appreciation or learned to play an instrument to experience the immediate effects of music's tension and release on the nervous system. Join two highly seasoned classical musicians for a dynamic demonstration and experiential practice session designed to expand individual and group tolerance for conflict, awareness of the sound stage, and resolution skills.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define "tension" and "resolution" from musical, interpersonal, and neurobiological perspectives;
2. Explain one way the science of sound can be included to improve patient outcomes.

65 SWIMMING BETWEEN THE TIDES AND EDDIES, REGULATING THE GROUP'S NERVOUS SYSTEM

Rebecca Ridge, PhD, LMT, TEP, ASGPP, ANZA

When swimming between the tides and eddies of distressed nervous systems in a group culture, it's imperative for a psychodramatist to create a safe enough space both within the group culture and in the body mind of the group members. In this workshop, you will learn appropriate somatic interventions that soothe and down regulate the nervous system. The body alchemy of psychodrama provides a calm inner sea for deep developmental repair to occur.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how a dysregulated nervous system contributes to the ongoing distress in a client or group;
2. Apply appropriate somatic interventions that can be used in a group

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66 PSYCHODRAMA AND CODEPENDENCY: PIA MELLODY'S DEVELOPMENTAL IMMATURITY MODEL

Karen Drucker, PsyD, TEP, Naropa University, Private Practice; Lin Considine, LMHC, TEP, Brown and Considine Counseling and Consulting

This workshop will introduce participants to Pia Mellody's Developmental Immaturity Model, which is quite useful for working with codependency, addictions, and developmental trauma. Participants will experience and apply the model in their own life and see the intersections with psychodrama. We will then direct a psychodramatic vignette demonstrating the role of the "functional adult," a core concept in Pia Mellody's model.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe Pia Mellody's 5 core issues that contribute to developmental immaturity;
2. Explain the role of the functional adult to clients.

67 DIVING INTO LIFE'S WAVES

Dena Baumgartner, PhD, CGP, TEP, AGPA, IAGP

This workshop will use psychodrama and sociodrama to dive into the waves of life. In looking at the tsunami waves that have hit our lives, we will work to find the treasures that will help us to keep swimming in life's waters. Participants will experience the choosing of a protagonist by using the Central Concern Model, metaphor, and sociometry. Please come and play in the waters of psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how a metaphor can be used to unlock emotional issues;
2. Describe the three stages of a psychodrama and two techniques that help to unlock information.

68 PSYCHODRAMA AND SOCIOMETRY MEETS THE WORK THAT RECONNECTS ▲ ■

Donna Little, MSW, TEP, Toronto Centre For Psychodrama, Private Practice

The work that reconnects, developed by Eco-Philosopher Joanna Macy, has helped hundreds of thousands of people around the globe to find creativity, solidarity, and the courage to act. Deepening global crisis surrounds us, causing many to fall prey to denial and despair. The WTR shows us how grief, anger, and fear are healthy responses to the harsh realities of our time, and when honored, will free us from paralysis and empower us toward creative action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the steps involved in reconnecting with self and others;
2. Explain how to reframe pain for the world into courage to act.

69 RELATIONSHIP TRAUMA REPAIR: AN EXPERIENTIAL MODEL FOR TREATING CHILDHOOD TRAUMA AND PTSD

Tian Dayton, PhD, TEP, Director, New York Psychodrama Training Institute

Research in neurobiology has made clear that our emotions are experienced and processed by the body as well as the mind, and that healing from the kind of trauma that living with addiction engenders requires a mind/body approach. Psychodrama and sociometry allow the body to participate in the therapeutic milieu. In this experiential workshop, we'll look at how to use sociometry to explore issues related to trauma and addiction, as well as to "warm up" a group and connect them with each other and their personal "stories."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Expand a restricted range of affect that can be the result of trauma;
2. Explain at least two ways to teach and develop emotional literacy and emotional intelligence.

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8:00 pm - 8:30

Zerka T. Moreno Sunset Celebration

Gather at the edge of the water for a sunset ritual to celebrate Zerka's life with music, poetry, and a gratitude blessing.

OPEN EVENT

8:30 pm - 10:30 pm

Drum Circle on the Beach

You may wonder, "Can I really play a drum? Will it sound good? Will I have FUN?" In the words of Moreno: the answer is YES! YES! YES! Guided by Drum Circle facilitator Jana Broder, we'll experience a magical evening of drumming and dancing by the light of the moon! Drums are provided and no drumming experience is required.

OPEN EVENT



SUNDAY May 7, 2017

7:00 am - 8:00 am 12-Step Recovery Meeting
7:30 am - 6:00 pm REGISTRATION AND EXHIBITS

8:00 am - 9:00 am *Zerka in the Empty Chair: with Regina Moreno and Miriam Zachariah*

6:15 pm - 7:00 pm **CLOSING CEREMONY**
Closure in action. Share your conference highlights and say goodbye to new and old friends.
Warm up to the 2018 Conference.

8:00 am - 9:00 am

Zerka in the Empty Chair

Regina Moreno, MA & Miriam Zachariah, TEP will facilitate an empty chair session with Zerka Moreno. Participants will have the opportunity to briefly speak to her or role reverse with Zerka and receive from her. This creative session will both celebrate Zerka's life, as well as, introduce a younger generation to what she has contributed to psychodrama and members of ASGPP.

OPEN EVENT

9:30 am - 12:30 pm
MORNING WORKSHOPS

70 EXPERIENCING HEALING AND SPIRITUALITY VIA MEDITATION, ART-MAKING AND PSYCHODRAMA ▲ ■

Ning-Shing Kung, MPS, MEd, TEP, AATA, St. Clare's Hospital

The goal of this experiential workshop is to teach integrated methods by utilizing attention-intention meditation, Mandala drawing, and psychodrama techniques. The main components of spontaneity and creativity in this 3-step procedure initiates the dynamics among body, mind, and soul, and further launches the exploration of the meaningful life. The learning can be developed as a self-healing kit to improve people's welfare physically and psychologically.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply an integrated method by combing yoga/meditation, art making/Mandala drawing, and psychodrama basic technique/self-dialogue to develop a self-healing kit;
2. Describe and further distinguish the phenomenon of spirituality happening in the psychotherapy.

71 CHANGE! MORENO'S CANNON OF CREATIVITY AND PROCHASKA STAGES OF CHANGE

Pamela Goffman, LCSW, TEP, Psychodrama Institute of South Florida, Private Practice

Exploring how these two seminal models work in complimentary ways, this workshop helps you understand how people change. Action learning will provide a fun way to learn and integrate these two important models. Small enactments will be used to illustrate how we can help people ride the Waves of Change!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize what stage of change a client is in and recognize what stages may be coming next;
2. Identify where a client is on the Canon of Creativity to help them move toward their spontaneity and creativity.

72 FROM SHAME TO HOPE: CHALLENGING CORE BELIEFS

Carole Oliver, MEd, LPC, TEP, Private Practice, ASGPP; Erin McNamee, LCSW, Wayside House

Whether you work in the addiction world or the general population, many clients growing up in shame-based families have a core belief that they are unworthy and never good enough. Shame also can result in a generalized sense of hopelessness. We will demonstrate newly designed psychodrama techniques to begin to resolve their shame facilitating change in their core beliefs. One technique includes the Magic Shop of Hope and Dreams.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate what core beliefs are, identify shame-based behaviors, and assist participants in identifying their core beliefs.;
2. Apply techniques from the Magic Shop of Hopes and Dreams to facilitate a change in core beliefs.

73 HELP FOR MORAL INJURY: STRATEGIES AND INTERVENTIONS

Cecilia Yocum, PhD, PAT, Private Practice

The workshop will focus on moral injury, which has been described by Dr. Brett Litz as “perpetrating, failing to prevent, bearing witness to, or learning about acts that transgress deeply held moral beliefs and expectations.” The workshop will include a brief overview, demonstrations, and experiential exercises to help someone with moral injury reconnect with personal/spiritual/moral resources, assess responsibility, forgive oneself or others, and seek or make amends.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two action methods of enhancing personal, spiritual, and moral resources;
2. Explain the concept of the "Forgiving Spirit" and describe one action step that can be used with this concept.

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74 USING PRINTED IMAGES TO PROMPT IMAGINATION AND ACTION IN CLINICAL AND OTHER SETTINGS ▲ ■

Christina Bellamy, MA

There is a richness in using printed images in many settings: mental health, health care, education, federal corrections, agency staff training, faith communities, community centers, etc. Pictures can be used with past memories, present circumstances, future projections, and role training. This workshop will explore using this deceptively simple clinical and training tool with individuals, varieties of groups, couples, and families. We will explore many ways to use these approaches in your practice: simple warmup, warmup into action, and fostering group cohesion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe three ways to use printed images with a warmup in a group;
2. Demonstrate using printed images to illustrate stages of change with clients.

75 LESSONS FROM UNDER THE SEE - THE BODY MAP: COMBINING BIOENERGETICS AND PSYCHODRAMA

Katrena Hart, LPC-S, CBT, TEP, Bridging Harts Psychodrama Training Institute & Psychotherapy Practice

Come join us for a playful experience! Discover clues that the body reveals about where to take your protagonist. There are 5 character structures that Dr. Alexander Lowen, the founder of Bioenergetics, teaches that will guide the director to develop shortcuts for his or her protagonist to navigate toward change. Learn more about pacing, developmental injuries, and psychological pulls that each character structure will present on the psychodrama stage. This map will help even the most seasoned director find treasure in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the 5 Character Structures used in Bioenergetic Analysis;
2. Recognize how Bioenergetic Analysis can be a helpful tool for the Psychodrama Director.

76 COMPLETION DRAMAS: WHEN WE'RE READY TO SAY GOODBYE

Antonina Garcia, EdD, LCSW, TEP, Private Practice, NYU; Dale Richard Buchanan, PhD, TEP, ASGPP

Incomplete endings prevent solid beginnings. The process of termination is often a lengthy one, moving through several phases. This didactic/experiential workshop will demonstrate a model for assisting clients in completing closure in the final phase of endings.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify three markers letting them know the client is ready for a completion drama;
2. Describe how to assist the client in narrowing the parameters and goal of the drama in the walk and talk.

77 CULTURE OR PERSONALITY?: DISCERNING ISSUES IN CULTURALLY DIVERSE RELATIONSHIPS ▲ ■

Jon P Kirby, PAT, Blessed Sacrament Church

Participants will learn to distinguish cultural from personality issues working with couples of mixed ethnicity using action methods. They will situate themselves sociometrically into one of four intercultural conflict styles, and then encounter each other styles through role-reversal and mirroring in the dramatic enactment of a genetic intercultural misunderstanding brought forward through sociometric choice.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the four intercultural conflict styles and how they affect behavior when disagreements arise;
2. Distinguish major cultural issues from personality issues when working with couples of mixed ethnicity.

78 LETTING GO COMPLETELY; DEATH DYING AND SURVIVING

David Moran, CCDP-D, LCSW, TEP, I Like Me Now; Recovery Center PCCMC

This workshop will demonstrate how the use of sociometry enhances strengths, beliefs, and values that allow individuals to survive loss. With loss, the grief of the passing ties both parties to the pain. In “letting go” of the other we are both able to experience peace. We will explore the ability to “let go,” accept, and process loss in a way that utilizes surplus reality, sociometric test, warm-up, and psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how sociometry is used in warm up and cooling down a group dealing with grief and loss;
2. Explain how the use of surplus reality increases strengths and helps process loss.

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79 FRUSTRATION AND CONFUSION/CLARITY AND FULFILLMENT: WRITING FOR THE JOURNAL ▲ ■

Editorial Board

The editorial board of the Journal of Psychodrama, Sociometry, and Group Psychotherapy recognizes that writing for the Journal can be a daunting task and/or a peak experience. This session will include a sociodrama addressing the challenges faced by writers and will conclude with a discussion about the process of writing and submitting to the Journal including questions and answers. Those interested in publishing or assuming an editorial role are encouraged to attend.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain reasons you would not or would be willing to write or submit to the Journal;
2. Describe how you intend to make the journal more successful.

80 ALL WE NEED IS MAGIC ▲ ■

Turabi Yerli, CP, Istanbul Arel University;
Caner Bingöl, CP, Marmara University

Psychosomatic and the exile's ritual to survive in the Asia Minor and Mesopotamia! (collective memory, trauma, psychosomatic, rituals). Participants will learn how to work with expressive therapy, psychodrama, and sociodrama methods on developing resilience and coping with the exile's somatic symptoms together with collective memory and rituals.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to work with expressive therapy, psychodrama, and sociodrama methods on developing resilience and coping with the exile's somatic symptoms;
2. Explain how to cope with the exile's traumatic event and develop resilience with collective memory and rituals.

1:00 pm - 2:30 pm
90-MINUTE WORKSHOPS

81 ADDICTION TREATMENT: USING THE EMPTY CHAIR

Shelley Korshak Firestone, MD, CGP, ABAM, Medical Director, Chicago Psychotherapy and Psychiatry; Adjunct Faculty, University of Chicago

This workshop presents the cutting edge model of treatment for addictions, trauma, and a range of impulsive, compulsive, and other mental health problems. Showcasing the use of the empty chair, we demonstrate five basic roles operative in all our relationships, revealing the secrets of the addict within.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the technology of the empty chair to the treatment of addictions, trauma, and a range of impulsive, compulsive, and other mental health problems;
2. Explain five roles important to our work with the empty chair.

82 DANCING WITH YOUR SHADOW: FINDING THE HIDDEN GOLD

Andrea C Hummel, MA, Improv for Peace;
Scott Giacomucci, MSS, LSW, CET II, Giacomucci & Walker, LLC

Digging for hidden treasure within our psyche means finding both the "good" and the "bad" within, that is: our shadows. According to Jung, shadows are those parts of ourselves repressed, denied, or projected onto others. We all have them — individuals, families, and even cultural groups. Via lecture, sociometry and several action pieces, we'll mine for the gold within our shadows, identify our inner archetypes, and practice weaving in and out of them via a group dance.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize at least one of their "shadows" and the gold within it;
2. Apply the Jungian concepts of "shadow" and "archetype" experientially, including via a role reversal.

83 INTEGRATING MIND AND BODY WITH COGNITIVE BEHAVIORAL THERAPY AND PSYCHODRAMA ▲

Elizabeth A. Corby, PhD, CGT, PAT, Private Practice and Co-Founder, Michigan Psychodrama Center;
Patrick Barone, JD, Co-Founder, Michigan Psychodrama Center; Barone Defense Firm

Cognitive behavioral therapies are highly effective, scientifically-validated treatment methods. In this workshop, we will: 1) Learn about cognitive distortions and maladaptive schemas and how negative belief systems can persist into our adult lives from childhood, 2) Learn how to recognize negative thinking patterns and log problematic situations in an Automatic Thought Record (ATR), and 3) Put scenes into action that concretize schemas as a way to modify them and replace them with healthier paradigms.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify, track, and challenge maladaptive thoughts and schemas;
2. Demonstrate three techniques that integrate cognitive behavioral therapy and psychodramatic methods.

84 WARM-UPS FOR YOUR BACK POCKET

Brittany Lakin-Starr, PhD, CP, Illinois Masonic Medical Center Behavioral Health Services; Chicago Center for Growth and Change
Warming-up is the activity of "gradually becoming more spontaneous" (Blatner, 1996) and is the first phase of psychodrama. Warm-ups create cohesion in the group and help to prepare a potential protagonist.

Warm-ups can be simple or can have creative flair. Warm-ups can be pre-planned or develop spontaneously in the group based on the group dynamics. In this experiential workshop, you will learn and take part in several different types of warm-up activities. You will leave with three warm-ups that you can put into action in your groups.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize why the warm-up is an important and essential part of psychodrama;
2. Describe three different warm-up exercises you can use in your groups.

85 CODEPENDENCY, RUTHLESS GRIEVING AND TRANSFORMATION

Susan Carroll Powers, PhD, Private Practice, Caron Foundation

The methods that aid in grieving, for example, role playing and role reversal, intervene on destructive aspects of codependency – the distorted habits of living our lives through other people. We will demonstrate with role playing: (1) How Survivor Guilt relates to codependency; (2) How grieving a death from addiction/suicide is “ruthless”; (3) How people-pleasing creates social distortions that block resolution; and (4) How over-identifying with the dead blocks the grief. The benefits of journeying toward Acceptance.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate and apply "Ruthless Grieving" methods with clients grieving someone who died from addiction or suicide;
2. Identify the three different phases of survivor guilt and help clients journey through them.

86 TAMING YOUR INNER CRITIC

Pam Hiron, MA, LMHC

The purpose of this workshop is to create enhanced awareness around the topic of one's critical inner voice. In this workshop, engaging activities will take place to help the participants become more keenly aware of the inner critic in their clients and explore methods for managing the inner voice that limits and/or stops their clients.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the specific way in which the critical inner voice shows up in clients, what it says, and in what way that limits the client;
2. Explain strategies to help the client silence the "critical voice" and when to be mindful when that voice speaks.

87 IMPROMPTU BODY ENCOUNTER – AN EXPERIMENT IN SOMA-TRY LABORATORY

Tzivia Stein-Barrett, LCSW, E-RYT, CP, International Association of Yoga Therapists, Private Practice

The body stores information which informs the individual of safety, threats, and learned reactions to events. This laboratory of experience offers participants ways to explore their sensory reactions from visual, auditory, and interactional cues. Various body oriented experiments warm-up internal scenarios; culminating in a body stimulated Sociometric Fluid Sculpture. This session brings awareness to subtle somatic reactions that assist the Director and Protagonist in understanding, managing, and ‘re-wiring’ brain pathways from triggering events.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize nonverbal language that stimulate limbic brain reactions;
2. Identify ways in which psychodramatists can use these warm-up skills in enactments.

88 COME FIND WHAT YOU DESIRE AT THE MAGIC SHOP

Darlene Vanchura, MA, LPC-S, Private Practice, ASGPP;
Chi-Sing Li, PhD, LPC-S, LMFT-S, Sam Houston State University

You know that something has got to start happening in your life but certain traits keep you stuck repeating old patterns. What do you want, what keeps you from getting it, and what do you need to give up to obtain your desired qualities. Come learn how “The Magic Shop” helps us do some old fashioned soul searching to find what intangible trait must be relinquished to make room for a desired quality to adopt.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the Basic Process in using the Magic Shop concept through direct participation in the process;
2. Identify the purpose and strategy of using The Magic Shop.

89 PROBLEM SOLVING THEATRE PRESENTS ACTION SCENES FOR HEALING FROM PTSD

Meg Givnish, PhD, TEP, Behavioral Health of the Palm Beaches, ASGPP

Participants will experience improvised scenes enacted by Certified Therapeutic Thespians. These traumatic situations, suggested by members of the audience, will demonstrate the true healing power of Psychodramatic techniques such as role reversal, supportive doubling, and group sharing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply specific experiential interventions while working with clients who suffer from varying degrees of traumatic stress;
2. Recognize the power inherent in "acting in" as a tool for transforming powerlessness into self-empowerment.

90 BALANCING ON A TIGHTROPE: USING EXPRESSIVE ARTS REGARDING PROFESSIONAL BETRAYAL

Margo Fallon, PhD, MA, BSE, Director: Artful Interventions, Member APA

How can one deal with other professionals or psych organizations doing harm through deliberate actions or neglect? Participants will be able to identify and utilize specific art, role reversal, and processing techniques while addressing/aiding their own and/or client professional betrayal issues. Information on workplace laws will also be available.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and utilize 3 art warm-ups demonstrated by presenter;
2. Create an art therapy activity regarding betrayal, and explore it using the progression of psychodramatic role reversal, and a final art support shield.

3:00 pm - 6:00 pm AFTERNOON WORKSHOPS

94 BRAIN WAVES OF CHANGE: UNDERSTANDING TRAUMATIC BRAIN INJURY AND PTSD

Deborah Karner, MSS, LCSW, PAT, Private Practice;
Colleen Baratka, MA, TEP, Looking Glass Counseling, The Renfrew Center

Concussion. It's a word we know but do not really understand the complexities and long term effects. Trauma, similarly, is complex and individualized. If not diagnosed and treated, they can lead to serious depression and anxiety. This workshop will actively explore both the strengths and limitations of action methods with TBI and PTSD and demonstrate the brain's reaction to external and internal stimuli.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate the likeness and difference between TBI and PTSD symptoms;
2. Explain the efficacy of experiential modalities in treating co-occurring PTSD and TBI.

95 SEX AND SPIRITUALITY: A PSYCHODRAMATIC JOURNEY

Natalie Winters, EdD, TEP, ASGPP, NCPA, Private Practice

The purpose of this workshop is to discover the meaning of sacred relationships. Through the use of psychodrama and the Cosmic Spiral of Creativity®, we will explore sex for its own sake, and sex in intimate relationships, which requires taking risks and building trust. This workshop is didactic and experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define a sacred relationship through the use of information provided in lecture and through role reversal;
2. Examine their own spirituality historically as it impacts sexual relationships.

96 INTEGRATING MASCULINE AND FEMININE ENERGIES FOR SELF AWARENESS

Mimi Moyer, BC-DMT, NCC, LCAT, INOVA Hospital, Private Practice

Integrating Assertive/Masculine energies and Receptive/Feminine energies, opposite and yet complimentary, possessed by each of us. This workshop will focus on integration and balancing of these Energies. We'll use Sociometry, Breath work, a movement experiential with Assertive/Masculine efforts and Receptive/Feminine efforts, a guided Imagery, and brief enactment. Participants will learn where they are at energetically, and what needs balance so they can lead more creative lives.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate 3 Breath exercises for balancing Masculine/Feminine energies in the body;
2. Recognize Receptive/Feminine efforts and Assertive/Masculine efforts, and use/apply or them in the appropriate life situation/role.

91 THE VISION BOARD: YOUR PERSONAL TREASURE MAP

Ronald C. Collier, LCSW, TEP, Psychodrama New Jersey;
Scottie Urmey, LCSW, TEP, Psychodrama New Jersey

Vision Boards are a personalized treasure map which illuminate our goals, dreams, and aspirations. It is a powerful group warm-up which focuses on what we need and want and prioritizes the steps to achieve success. In this workshop, participants will create a vision board and in a psychodrama will use it to discover supports, remove obstacles, and guide us to our life's treasures.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the tool of a vision board exercise to warming up a group and preparing them for a future projection psychodrama;
2. Describe two ways that a vision board exercise assists a psychodrama director in identifying a group's central concern and act hungers.

92 THE COGNITIVE PSYCHODRAMA GROUP MODEL

Tom Treadwell, PhD, CGP, TEP, West Chester University of Pennsylvania Center for Cognitive Therapy; Univ of Pennsylvania;
Deborah Dartnell, MSOD, MA, Adjunct Professor West Chester University, West Chester, PA;
Ainsley Stenroos, MA, West Chester University

The Cognitive Psychodrama Group Therapy (CPGT) model, [an action model], incorporating psychodramatic and cognitive behavioral techniques that promote dynamic group interaction(s). Focus is identifying and exploring negative automatic thoughts and irrational beliefs, placing them in action utilizing psychodramatic techniques, and challenging negative thinking. Integrating Cognitive Behavioral Therapy (CBT) techniques allied with psychodramatic techniques help provide a balance between an exploration of emotionally laden situations and a more concrete, data-based, problem-solving process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how The Cognitive Psychodrama Group Therapy (CPGT) model can be used to create a safe and secure environment where individuals can share their dilemma(s) without restraint;
2. Explain how to complete & interpret the Automatic Thought Record (ATR).

93 FAMILY THERAPY IN ACTION

Paula Ochs, LCSW, PAT, Chrysalis Clinical Supervision & Training

This workshop will explore the family life cycle in action. Participants will see in 3 dimensions how critical junctures in the family life cycle can lead to problems. Special focus will be placed on triangles.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Participants will be able to identify critical junctures in the family life cycle;
2. Participants will be able to identify problematic triangles in family relationships.

97 THE POWER OF PETS: BALANCING AND ENHANCING OUR LIVES

Bernice Garfield-Szita, MS, LPC, TEP, GIERS;
Robert Szita, MS, LPC, TEP, GIERS

Pets, whether they are dogs, cats, horses, birds, or others, often fill an important role in our lives. Pets can be our best friend, a source of unconditional love and affection, or our connection to a larger spiritual oneness. The attachment to a dog or a pet can affect us deeply. This classic psychodrama session will include a warm-up, action, and sharing to facilitate the exploration of the profound meaning of pets in our clients' and our own lives.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Design 2 effective warm-ups relating to attachment and loss;
2. Utilize role reversal to demonstrate understanding of the bond between a client and their pet.

98 HEALING OUR SPIRITUAL WOUNDS

Arlene Story, LMHC, TEP, Trainer & Consultant

Spiritual wounds are often "soul wounds" that keep us from becoming the fully functioning person we were created to be. This workshop will focus on identifying those wounds and developing healing strategies to address them. There will be a didactic presentation, however, most of this workshop will be experiential to allow participants to evaluate their own healing strategies. A psychodrama will demonstrate one of the many ways to begin this healing process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the ethics of doing "soul wound" psychodramas;
2. Identify and explain three strategies for healing "soul wounds".

99 VAJRAYANA PSYCHODRAMA: ROLE THEORY, COMPASSION & BUDDHIST MEDITATIONAL DEITIES ▲ ■

Herb Propper, TEP, Kagyu Thubten Choling monastery

Action exploration of the congruent relationship between Role Theory and Vajrayana (Diamond Vehicle) Buddhism, with special attention to psychodramatic roles that help or hinder empathy and compassion. Introduction to 2 Buddhist meditational deities, especially related to compassion. Through role reversal with these deities, there is an opportunity to discover personal roles that can manifest their presence in our lives. Use of mind-calming and focusing meditation practices as warm-up.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain present or potential roles for expanding and deepening their own empathy and compassion;
2. Describe essential aspects of the Buddhist concepts of Emptiness of Self and Compassion and their relation to Role Theory.

100 CHARACTER STRENGTHS: ACTION EXPLORATIONS AND THE SEGURA STRENGTHS CLUSTERS MAP

Nancy Kirsner, PhD, CPP, TEP, Private Practice, South Florida Center for Psychodrama and Groupwork;
Phoebe Atkinson, MSC, BCC, CIPP, Whole Being Institute, Private Practice

Positive Psychology (PP) and Action Methods fit together like hand and glove. In this workshop, we will be introduced to a cornerstone of PP research and practice: the VIA Category of Character Strengths Free Character Strengths Study at VIA Character. We will explore how action methods can be used to enhance this VIA tool. Through use of action we will amplify our signature character strengths so that we can improve our levels of engagement, productivity and happiness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and apply our top signature strengths using narrative practices in action;
2. Demonstrate the VIA strengths as constellations, using the interactive Segura Strengths Cluster Map.

101 EXPERIENCING PRE-NATAL WORK

John Skandalis, LMHC, TEP, Private Practice

In this workshop you will learn about the influence of pre-natal experiences on our development and later lives. In addition, you will come away with the theory and techniques to help clients explore and repair early attachment trauma.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the impact of pre-natal experiences on later life development;
2. Describe the process involved in using mild hypnotic trance induction and its use in pre-natal work.



6:15 pm - 7:00 pm

CLOSING CEREMONY

With sand in our shoes, the colors of the sunset imbedded in our soul, we close the conference and carry the many treasures we have gained, nourished and refreshed until we come together again in 2018.

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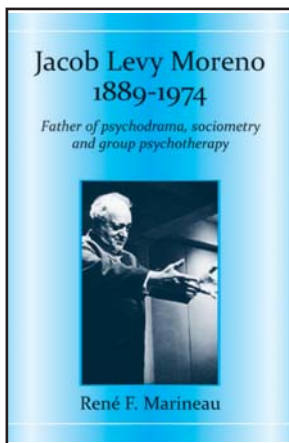
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