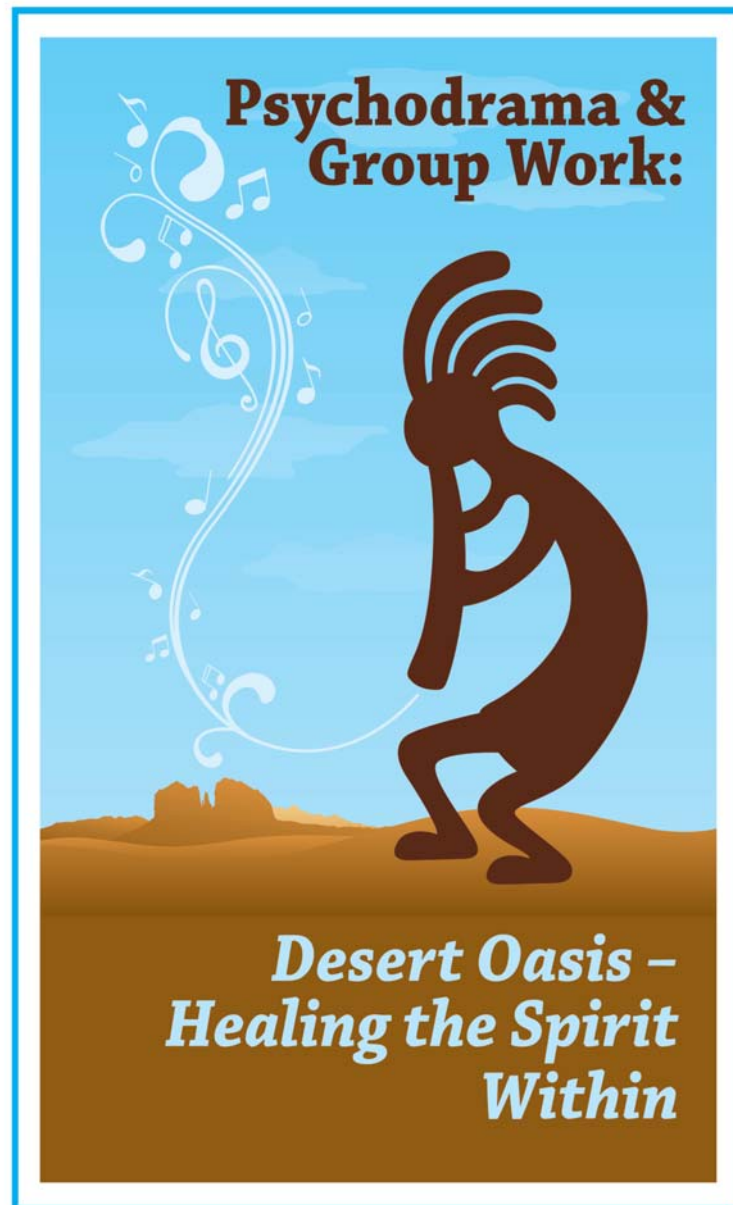




American Society of Group Psychotherapy & Psychodrama

74TH Annual Group Psychotherapy & Psychodrama Conference

Sheraton Crescent, Phoenix, AZ
March 31-April 3, 2016



CEs for licensed professionals including Psychologists (APA); Social Workers (ASWB); Counselors (NBCC); Addiction Professionals (NAADAC); Florida, California, Ohio and Texas Board Approvals; International Board for Certification of Group Psychotherapists.
The entire conference (Thursday - Sunday) offers up to 31.5 hours toward CEs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

1. Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

EXECUTIVE COUNCIL

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EXECUTIVE DIRECTOR: Debbie Ayers, MMHS

ASGPP NATIONAL OFFICE

ASGPP / 301 N. Harrison St, Suite 508, Princeton, NJ 08540

(609) 737-8500 / fax: (609) 737-8510

asgpp@ASGPP.org / www.ASGPP.org

2016 ASGPP AWARDS

J.L. Moreno Award

Gong Shu, PhD, LCSW, TEP

Zerka T. Moreno Award

Shelley Korshak Firestone, MD, FAGPA

President's Award

Sue McMunn, LCSW, ACSW, TEP

Hannah B. Weiner Award

Nancy Kirsner, PhD, CPP, TEP

Collaborators Award

Ronald Collier, MSW, LCSW, TEP

L. Scott Urmev, MSW, LCSW, TEP

Innovator's Award

Jean Campbell, LCSW, CET III, TEP

James Tracy, DDS, MFTI, PAT

Fellow

Rhona Case, MEd, TEP • Adam Chi-Chu Chou, PhD, TEP

Susan Mullins, LMHC, CEDS, TEP • Anna Schaum, MA, LPC, PAT

ASGPP REGIONAL CHAPTERS

Delaware Valley Chapter

Colleen Baratka / catharsisinstitute@live.com / 610/600-1476

Hudson Valley Chapter

Regina Sewell / visionshv@optonline.net / 845-440-7272

Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

New England Chapter

Carol Feldman Bass / caf.bass@rcn.com / 781-540-9486

Maria Mellano / MariaMellano@comcast.net / 617-913-3898

New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

Southern Chapter

Craig Caines / craigcaines@sprintmail.com / 205-249-7048

ASGPP REGIONAL COLLECTIVES

Denver Area Collective

Erica Hollander / ericahollander@comcast.net / 303-978-9091

South Florida Collective

Linda Condon / lincondon@yahoo.com

The Toronto Centre for Psychodrama (Canada)

Sheila Berry / sberry@primus.ca / 416-686-6596

COLLECTIVES UNDER DEVELOPMENT

Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

Minnesota

Mary Anna Palmer / maryannapalmer@yahoo.com / 612-309-7940

Kansas/Missouri

Deb Shaddy / dsshaddy@aol.com

CONFERENCE STEERING COMMITTEE

Janell Adair (Auction)

Marlo Archer (Co-Chair)

Stacey Blauth (Triage)

Soozi Bolte (Auction)

Rhona Case (Auction)

Linda Condon (Memorials)

Kim Cox (Program)

Lori Feingold (Co-Chair)

Grayce Gusmano (Entertainment)

Kim Matoka (Exhibitors/Sponsors)

Sue McMunn (Awards)

Patty Phelps (Advertising)

Sandy Seeger (EC Liaison)

WELCOME You are invited for *Healing The Spirit Within* at the 74th Annual Conference of the ASGPP, held in the *Desert Oasis* that is Phoenix. Allow yourself extra time to enjoy Arizona. You may not want to leave the Sheraton Crescent during the meeting once you see all the indoor and outdoor spaces there are for us to nourish our bodies, minds, and spirits. The weather should be spectacular – cool mornings, dry warm days, and comfortable evenings. Our Keynote & Plenary will unite us in celebration of our past, present, and future. Discounts and focused activities for students are expected to bring new faces and energy into our community. Exhibitors,

Vendors, and a Bookseller will offer products, information, and professional connections to expand your social network. Look forward to familiar events like the President's Reception, Awards, BasketCase Raffles, and Live & Silent Auctions; emerging conserves of Sociometric Selection and a Diversity Forum; as well as serene hiking and healing yoga for early risers and evening fun for night owls. Do not miss a once-in-a-lifetime opportunity to join us in the beautiful Sonoran Desert.

2016 ASGPP CONFERENCE Co Chairs
Marlo Archer, Lori Feingold, and Sandy Seeger

EXCITING EVENTS

President's Reception and Opening Welcome

(Thursday 6:00 pm - 7:30 pm)

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 74th ASGPP 2016 Conference. **OPEN EVENT**

Diversity Forum: *Enrolling as Agents of Change*

(Thursday 8:00 pm - 9:30 pm)

The ASGPP diversity forum will offer participants a process of exploring the social construction of difference, current examples of oppression, and embodied strategies for organizing for change.

Silent Auction / BasketCases Raffle / Live Auction

(Thursday - Saturday)

The Auction and Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature **Artists in Residence** where we display works of art that are hand-crafted by our community. Bid on a variety of exciting items as well as workshops and trainings. The Live Auction takes place Friday at the Membership Meeting. The Silent Auction closes Saturday at 6:30. The BasketCase Drawing takes place at the beginning of the Saturday Night Entertainment.

Early Bird / Night Owl Activities

Rise with the sun and be in the lobby at 5:45 am on Thursday and 5:30 on am Sunday with a hat and sunglasses for group hiking. Water and Sunscreen provided. Early birds are also treated to *Using Yoga for Healing: Breathing, Movement, Meditation* with Lara Rosenberg, ERYT, at 6 am Friday and Saturday in the courtyard. Mats provided. Night Owls can go straight from the Awards Ceremony to Friday Night *Awards Ceremony Afterglow* that will carry on until 10 or later.

Opening Plenary: Tony Redhouse

Returning to the Heartbeat that Heals (Friday 8:00 am - 9:00 am)

Tony Redhouse is a Native American Sound Healer, Spiritual Teacher and award winning recording artist who uses his voice and music to inspire and heal lives. He has served as a traditional Native American practitioner & consultant to Native American communities and behavioral health organizations teaching spiritual interactive workshops.

Using the ancient sounds of the Voice, the Drum and the Flute, Tony Redhouse will guide us back to the simplicity and beauty of who we are and why we are here. In Native American Tradition, these primal and true expressions of our Soul allowed us to create ceremony, tell our stories and to celebrate Life. Tony will use drums and dance in interactive segments with attendees, allowing them to energetically feel the uniting of intention to support each other in their service to their communities. As a Native American Sound Healer and Spiritual Teacher, Mr. Redhouse will share the importance of following our heart's "beat," inspire us to open our hearts, become vulnerable and to "soar" with the freedom and Joy that is our natural birthright!

Community Sociometric Selection

(Friday 9:00 am - 9:30 am)

THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS. Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

Annual Membership Meeting

(Friday 1:30 pm - 2:30 pm)

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. The Live Auction will be held during the Membership Meeting. **OPEN EVENT**

New Members & First Time Attendees Gathering

(Friday 5:45 pm - 6:15 pm)

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. **OPEN EVENT**

Chapters/Collectives Networking Meeting

(Friday 5:45 pm - 6:15 pm)

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved. **OPEN EVENT**

Awards Ceremony / Dessert Reception

(Friday 7:30 pm - 9:00 pm)

Our awards acknowledge those who have made outstanding contributions to our community. (Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

Saturday Keynote Address: Dena Baumgartner, PhD, TEP

The Spirit Within Psychodrama (Saturday 8:00 am - 9:30 am)

Dena Baumgartner is the director of the Tucson Center for Action Methods and Psychodrama who, in 2014, was awarded the ASGPP JL Moreno Lifetime Achievement Award. She is a current Board member of the International Association of Group Psychotherapy and Group Processes. She has been instrumental in helping corporations, educators and legal professionals incorporate action methods into their training programs and professional lives.

Ralph Waldo Emerson said it best: "To leave the world a bit better whether by healthy child, a garden patch, or redeemed social condition; to know even one life has breathed easier because you live – that is to have succeeded." Today we will look at those spirits within psychodrama, our ancestors, our elders, and ourselves. We will take a look at our family history in gratitude, humor and learning: our psychodrama mother and father J.L. and Zerka Moreno, and the generation of children that have followed. Let's see and learn from the messages – the DNA – they left us with so we can pass on those stories and ideas with our own spontaneity and creativity. To know our history, our ancestors, is to know the true spirit of psychodrama and the meaning of J.L.'s words "to heal all of mankind." He knew we are all family in the true spirit of life and psychodrama.

Saturday Night "Come to the Oasis" Desert Party

(Saturday 8:00 pm - 10:00 pm)

"Come to the Oasis" Desert Party and refresh your spirit. Join in a Native American dance, take a swing at a piñata, join friends in karaoke or dive into the pool. All this plus popsicles for the kid in you. **OPEN EVENT**

Closing Ceremony

(Sunday 5:45 pm - 6:30 pm)

Calling all Spirits of Past, Present, and Future to close the conference with Ceremony and leave the Desert Oasis filled with enough nourishment for Mind, Body, and Soul to last until we gather again in 2017. **OPEN EVENT**

HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double \$139. This rate is only guaranteed through **March 9, 2016**. After that date, rooms are available on a "space and rate available" basis determined by the hotel. The special rate is available for stays from March 28 - April 6. **When making reservations by phone, be sure to identify yourself as attending the ASGPP 74th Annual Conference to obtain the special conference rate.**

Hotel Contact Information:

Sheraton Crescent Hotel, 2620 West Dunlap Avenue
Phoenix, Arizona 85021

Phone: 602-943-8200, Reservation Line: 888-627-7023

To make reservations online, please go to the ASGPP website
www.asgpp.org or

<https://www.starwoodmeeting.com/Book/asgpp74thannual>

We strongly recommend that you place your reservations by using our on-line service.

ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP via **email** and specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of other people who have expressed an interest in sharing a room. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP is not responsible for any arrangements that fall through.** The deadline for this Room Sharing Service is **February 13, 2016**. Remember that the hotel is only obligated to honor ASGPP rates through March 9, 2016 and availability.

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material**. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products (other than books) which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

For additional information, please contact:

Debbie Ayers, Executive Director, (609) 737-8500, asgpp@ASGPP.org.

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of February 13, 2016.
- To receive the early registration discount, your forms must be post-marked by February 13, 2016.
- **Attendees registering by mail with a postmark after February 13, 2016 must pay the on-site rate.**
- Member rates apply only to those having paid their Membership Dues.
- Anyone registering at member rates who has not paid their dues to the ASGPP for 2015/2016 (through 4/16), will be invoiced for such dues. The dues must be paid prior to the conference.

CANCELLATION POLICY

Request for cancellation must be postmarked by March 20, 2016. While no refunds will be given, cancellations will receive credit for the 2017 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

GROUP RATES

ASGPP is offering a group rate to psychodrama training institutes at a rate of \$400 per person. All registrants must be members of the ASGPP. Registrations must be sent together in the same envelope with a cover letter from the trainer listing the names of the trainees.

ASGPP is offering a special group rate for the Full 3 day Conference to college/university students and agency employees. Six (6) or more students must register together at the Group Rate of \$255/per person. *Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification.

We are also offering a group rate for three (3) or more attendees from a mental health or medical agency or hospital at the rate of \$440 per person. Registrations must be sent together with a letter from the agency/hospital administration, listing the attendees/employees.

Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds but understands that it can be more convenient for individuals to use their credit card. Please keep in mind that the ASGPP will charge a 2.2% plus .30 fee for processing credit cards. Sending a check or money order helps us keep your conference rates lower. To pay by credit card please register online. If you would prefer to mail in your registration form, please check the box indicating you wish to be invoiced by the office. You will be invoiced via paypal.

PHOTOS & VIDEOS

The ASGPP takes photos at open events at the 2016 Conference and may reproduce them in our publications or on our website. Videos may also be taken for our website. No photos or videos will be taken of personal work or workshops. By participating in the 2016 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

ASGPP DISCLAIMER

Conference attendees agree not to hold ASGPP responsible for any injuries incurred during any activities hosted by the ASGPP.

ASGPP 2016 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) _____

ADDRESS _____

CITY _____ STATE/PROVINCE _____

ZIP/POSTAL ZONE _____ COUNTRY _____

FIRST NAME/NICKNAME FOR BADGE _____

PHONE _____ E-MAIL _____

PROFESSION (eg. Social Worker, Psychologist) _____

In case of emergency notify: _____

(ADA) - Please indicate if you have special needs FOR OFFICE USE ONLY

Check all that apply

- Presenter
- First Time ASGPP Conference Attendee
- Retiree (no longer employed, doing training or in private practice)
- Student (matriculated in an accredited college/university program)
- Member Non-Member New Member (since 5/2015)

NEW MEMBER INCENTIVE

Become a member today and receive a special conference promotion discount of 50% on your dues and enjoy member rates to attend the conference. New member rates are \$60 (regular) and \$30 (student). **Students must submit Student picture ID.**

REGISTRATION FEES

All fees are given in \$US

- Full Conference
(Friday, Saturday and Sunday)
- 1 Day Conference Package (Fri, Sat or Sun)
Circle Your Choice(s)
- Full Day Conference Institute (Thurs)
- Half Day Conference Institute (Thurs)

	Member Student	Member Retiree	Non-Mem Student	Non-Mem Retiree	Member	Non-Member	
<input type="checkbox"/> Full Conference (Friday, Saturday and Sunday)	\$310	\$310	\$325	\$325	\$500	\$550	\$ _____
<input type="checkbox"/> 1 Day Conference Package (Fri, Sat or Sun) <small>Circle Your Choice(s)</small>	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Full Day Conference Institute (Thurs)	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Half Day Conference Institute (Thurs)	\$65	\$65	\$70	\$70	\$90	\$110	\$ _____

ADDITIONAL EVENTS

- Friday Awards Dessert Reception (included in Full Conference package)..... x \$20..... \$ _____
- Boxed Lunch - circle which days apply (Thurs Fri Sat Sun) (menu will be sent)..... x \$25 Per day \$ _____
(Full Conference package: \$10 on Friday. Check box above for other days.)..... \$10..... \$ _____
- Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ _____
- 2016 Membership Dues** \$120 (regular) \$60 (Retiree or Student - must submit student picture ID)
All members add (\$10) if you are from a country other than the US, Mexico or Canada..... \$ _____
- CE Forms – we will provide one form that can be used for all licensures as verification..... \$30..... \$ _____
- TOTAL AMOUNT DUE (\$US)**..... \$ _____

I understand and accept the following ASGPP Cancellation Policy.

Request for cancellation must be postmarked by March 20, 2016. While no refunds will be given, cancellations will receive credit for the 2017 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

Please check here if you wish to pay by credit card.

The office will issue an invoice via Paypal. Please note that we will calculate a 2.2% +.30 fee for each credit card transaction. To avoid this fee, please mail a check to ASGPP.

Please make checks payable to ASGPP, and return all registration forms to:

ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540

GROUP RATES: ASGPP is offering a group rate to psychodrama training institutes, college/university students and agency employees, and three (3) or more attendees from a mental health or medical agency or hospital. See details on the previous page.

IMPORTANT: Please sign up for workshops on the following page. Your registration cannot be processed if you have not signed up for the workshops you wish to attend and have not acknowledged the cancellation policy.

WORKSHOP REGISTRATION

Last Name _____

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

	1st CHOICE	2nd CHOICE	3rd CHOICE
Thursday March 31, 2016 - Pre-Conference			
9:30 am - 5:30 pm *Full Day Training Institutes..... (#1-7)			
9:30 pm - 1:00 pm *Morning Training Institutes..... (#8-9)			
2:00 pm - 5:30 pm *Afternoon Training Institutes..... (#10-11)			
Friday April 1, 2016			
10:00 am - 1:00 pm ALL Morning Workshops will be sociometrically selected ONSITE ONLY - at 9:00 am SHARP immediately following Plenary			
2:45 pm - 5:45 pm Afternoon Workshops..... (#23-33)			
Saturday April 2, 2016			
9:45 am - 12:45 pm Morning Workshops..... (#34-44)			
1:30 pm - 3:00 pm 90-Minute Workshops..... (#45-55)			
3:30 pm - 6:30 pm Afternoon Workshops..... (#56-66)			
Sunday April 3, 2016			
8:45 am - 11:45 pm Morning Workshops..... (#67-77)			
12:30 pm - 2:00 pm 90-Minute Workshops..... (#78-84)			
2:30 pm - 5:30 pm Afternoon Workshops..... (#85-92)			

***Additional Registration Fee Required**

How did you hear about the conference? Mailer Online Trainer/Teacher Ad in publication Colleague/Friend

Please specify: _____

SESSION ASSISTANTS & VOLUNTEERS NEEDED!

VOLUNTEER SERVICE is a vital part of the ASGPP community and a successful conference program. We have four areas of volunteering: General Volunteer, Session Assistants, Onsite Triage Team Members and Silent Auction/Basketcases assistants. You can contact the coordinator of these areas to find out more about them or ask questions. Please indicate which area of volunteering you are interested in. The Coordinator of that area will contact you. **We hope you will offer your services both on site and prior to the conference.**

- Yes**, I am interested in being a **General Volunteer**. (Sign Up Online at: <http://tinyurl.com/pwdkpty>)
- Yes**, I am interested in being a **Session Assistant**. (Coordinator: Debbie Ayers, 609-737-8500, debbie@asgpp.org)
- Yes**, I am interested in being a **Onsite Triage Team Member**. (Coordinator: Lori Feingold, 520-991-7290, shuff58@comcast.net)
- Yes**, I am interested in helping with the **Silent Auction/Basketcases**.
(Coordinators: Rhona Case, 215-355-8380, psychobabble3@gmail.com; Janell Adair, 267-471-2460, janelladair@gmail.com)

Please circle the days you are available: Thursday Friday Saturday Sunday

NAME _____ PHONE (day) _____

E-MAIL _____ PHONE (evening) _____

WORKSHOP TRACKS

Only the Workshops that are listed on this page are available for CE Credit

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday
Addictions	4	13, 21, 33	38, 56	70, 74, 79
Creative Arts	9	12, 22, 26, 29, 30	45, 48, 49, 65	68, 72, 76, 80
Education			49, 50, 55, 62, 65	86, 88
Family/Couples	4, 11	17, 20, 32	41, 46, 57	71
Gender Issues/LGBT/HIV		19, 20		75, 78
Healing/Self Care	3, 6, 9, 10	18, 21, 22, 23, 24 27, 32	39, 40, 41, 45, 52, 53 58, 63	69, 73, 76, 77, 80, 83, 85 86, 90
International			53, 60, 62	71, 84
Multicultural		19	56	71, 84, 88
Neurobiology	5, 6	30	42, 48	
Psychodrama in Other Fields	2, 8, 10	14, 16, 17, 28	40, 46, 53	68, 77, 81, 86
Psychodrama Foundations	2, 8	14, 15, 16, 23, 25, 28, 31	35, 37, 50, 55, 60, 61, 66	67, 73, 74, 82, 87, 88, 89
Sociodrama/Playback/ Drama Therapy	1	16, 29	34, 36, 37, 43, 49 54, 58	
Sociometry		Plenary, 18	Keynote, 42, 54, 60, 61, 63, 66	70, 72, 78, 88
Spirituality	1, 3	12, 24, 26, 27	36, 52	67, 69, 83, 85, 87, 90, 92
Trauma/Bodywork	3, 5	15, 33	35, 38, 39, 43, 48, 57	75, 79, 81, 82, 84, 89, 91, 92

PSYCHODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas.

THURSDAY

- 2 The Wise Mind in Action: Psychodrama Meets Dialectical Behavioral Therapy
- 5 Somatic Interventions in Psychodrama
- 6 The Four Thresholds of Transformational Healing
- 10 The Fullness of Our Family Tree

FRIDAY

- 12 Oasis of Hope in the Desert
- 15 A Safe Place: Helping Survivors of PTSD Speak the Unspeakable
- 17 Love, Sex & Connection: ENCOUNTER use with Couples to Improve Intimacy
- 21 Getting Unstuck: Enhancing Spontaneity for Change
- 23 From Shame to Sharing
- 25 Meditation Practices to Heal the Spirit, Integrated With Classical Psychodrama

- 26 Poetry, Stories, and Psychodrama: Discovering an Oasis in the Desert
- 27 Calling all Spirits for the Gathering
- 32 Becoming our Parents' Parents

SATURDAY

- 37 Psychodrama in an Hour
- 38 The Little Willingness
- 40 Psychodramatically Exploring the Johari Window: The Do, Undo and Redo
- 44 Psychodrama and Coaching: Blending Two Rich Modalities
- 52 Integrate the Masculine and Feminine Energies for Self Awareness
- 59 The Encounter: The Oasis in Interpersonal Development
- 61 Threading Sociometry through the Three Phases of Psychodrama
- 63 Tele Really Matters

- 65 Into the Woods-Action Explorations with the lyrics of Stephen Sondheim

SUNDAY

- 67 Mindfulness, Spontaneity and Psychodrama
- 73 The Spirit of the Big Bad Wolf... Unwinding the Misunderstandings
- 74 Behind the Glitz and Glamor: The Director's Dilemmas
- 84 Qi Gong (Chinese Energy Medicine) and Psychodrama
- 85 Come to the Well
- 87 Blooming in the Desert: the Canon of Creativity
- 89 Reclaiming Our Creativity Through Play
- 92 Healing Our Spiritual Wounds

TRAINING CREDITS & CE INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed by the presenter** before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



CONTINUING EDUCATION UNITS (CEs)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies.

PSYCHOLOGISTS: Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

SOCIAL WORKERS: Ce-Classes.com is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org Approved Continuing Education Program (ACE). Approval Period: 1/5/14 - 1/14/17. Ce-Classes.com maintains responsibility for the program. Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS: ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. **Programs that do not qualify for NBCC credit are clearly identified with a ▲.** ASGPP is solely responsible for all aspects of the programs.

ADDICTION PROFESSIONALS: Ce-Classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

NYS (OASAS): The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA:

SW, MFT & LEPS: Ce-Classes.com is approved by the California Board of Behavioral Sciences. Continuing Education Provider - PCE 4297

Nurses: The California Board of Registered Nursing. CEP 15647 Expires 11/30/2016.

CCAPP: The California Association of Alcoholism and Drug Abuse Counselors (CCAPP) Provider Number OS-12-174-1114 Expires 11/2016

TEXAS: Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

OHIO: Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2015.

FLORIDA: Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS: This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES: Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2016, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2016.

CERTIFICATES OF ATTENDANCE: Certificates of Attendance will be available to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Thursday, March 31, 2016) offers up to 7 hours. The regular conference (Friday, April 1 – Sunday, April 3, 2016) offers up to 24.5 hours. The entire conference (Thursday - Sunday) offers up to 31.5 hours toward Continuing Education Units (CE's). Check with your provider.

CE CERTIFICATES

CE Certificates are \$30 as indicated on registration form. Those purchasing CEs will have a 'CE Verification of Attendance Sheet' to be signed by the session assistant/presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CE certificate with hours listed for workshops attended.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to Debbie Ayers at asgpp@asgpp.org

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.



THURSDAY, March 31, 2016

5:45 am - 7:30 am	Group Hiking
8:00 am - 6:00 pm	REGISTRATION
9:30 am - 5:30 pm	PRE-CONFERENCE TRAINING INSTITUTES Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.
6:00 pm - 7:30 pm	President's Reception / Opening Ceremony – Open Event
7:30 pm - 8:00 pm	Meeting: Sociometric Selection Team / First Time Presenters / Session Assistants
8:00 pm - 9:30 pm	Diversity Forum – Open Event

9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES

1 MORENO'S MYSTICISM WITH SOCIODRAMA TRAINING

Edward Schreiber, DD, MEd, LADC, TEP, Zerka T. Moreno Foundation, Lesley University; Rosalie Minkin, MSW, LCAT, TEP, Private Practice, Author; Sarah Kelley, MA, Zerka T. Moreno Foundation

Moreno created an entire body of knowledge for the healing of society. While this knowledge is not often realized, this daylong workshop will make the ideas and action tools of Moreno's mysticism for healing society available both in theory and experience. Moreno's mystic teachings are practical and useful for personal as well as collective awakening, "from the realm of the individual to the cosmic plane." In addition, the workshop will provide training in the application of the tool Sociodrama. This will be done in several formats that can be adapted to a variety of settings in order to heal the broken circle of life, groups, organizations, and society. This workshop is appropriate for both beginning and advanced students.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the nature of society from the view of Moreno and applications of sociodrama;
2. Identify and describe the awakening of the autonomous healing center, JL's Mysticism.

2 THE WISE MIND IN ACTION: PSYCHODRAMA MEETS DIALECTICAL BEHAVIORAL THERAPY

Rebecca Walters, MS, LMHC, TEP, Hudson Valley Psychodrama Institute, MD Anderson Cancer Center University of Texas

Psychodrama is a natural partner to DBT in its effectiveness as a method of experiential learning. With its emphasis on expanding the 'roles' psychodrama can help promote an individual's tolerance for being required to step into new roles in their life, a transition that can be difficult for many people. This workshop will focus on the use of psychodrama and sociodrama in the development and use of the wise mind, an essential part of DBT.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe and identify DBT's concept of three minds;
2. Demonstrate the use of role reversal in the development of the wise mind.

3 THE ABCS OF SELF-CARE FOR PROFESSIONAL HELPERS

Catherine Nugent, LCPC, TEP, Dramatic Transformations, Johns Hopkins University Clinical Mental Health Counseling Program

This workshop will present Saakvitne and Pearlman's (1996) self-care framework, modified by the presenter. Through discussion, group exercises and psychodramatic structures, we will explore four core skills that promote therapist wellness — AWARENESS, BALANCE, CONNECTION and SELF-COMPASSION. Although the workshop is designed primarily for therapists' self-restoration, the ideas and methods are also applicable to work with clients and trainees.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify four skills that help therapists avoid compassion fatigue and promote their own wellness;
2. Assess their current levels of self-care.

4 WARMING UP THE FAMILY TO CHANGE - ACTION INTERVENTION TRAINING™

Jean Campbell, LCSW, CET III, TEP, Action Institute of California; James Tracy, DDS, MFTi, PAT, Private Practice

At its root, the word Spirit means to breathe. Addicted families are constantly holding their breath and feeling at a loss to change the ongoing trauma that they are experiencing. In this didactic and experiential workshop, we will explore the Action Intervention Model, which utilizes sociometry and psychodrama to warm up the family to change, setting them on a course of recovery together.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Facilitate at least 2 effective sociometric exercises when working with families;
2. Identify 2 components of enabling/codependency that inhibit connection in families.

This is a 2016 Award Winner's Workshop

5 SOMATIC INTERVENTIONS IN PSYCHODRAMA

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute, Community Playback Theatre

The body is a rich resource for learning, and action methods are its fertile ground. In psychodrama, body/mind interventions can be used differently in different phases of the action: the exploration phase, the expressive phase, and the integrative phase. Participants will learn when and how to use some specific body/mind techniques. This workshop will include individual, dyadic and group experiences, and will include a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least three somatic interventions that can be used to enhance a psychodramatic exploration;
2. Demonstrate an ability to introduce a somatic intervention in an action exercise.

6 THE FOUR THRESHOLDS OF TRANSFORMATIONAL HEALING

John Mosher, MA, LMHC, TEP, Private Practice, ASGPP Fellow

A Healing Circle exploration of the four attachment autobiographical narratives that guide our thinking and actions towards facilitating transformational change from one state of being to next in the cycles of life.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify feelings, desires, behaviors, and thoughts that inform them of what part of the archetypal narrative they (or their protagonists) are participating (usually unconsciously) in;
2. Help protagonists (or themselves) to release the restrictions that prevent them from crossing the identified threshold of change towards self completion.

7 POSITIVE ACTION EXPLORATIONS

Nancy Kirsner, PhD, CPP, TEP, Private Practice, South Florida Center for Psychodrama and Groupwork; Phoebe Atkinson, MSW, BCC, TEP, Whole Being Institute, Private Practice

The new field of positive psychology is concerned with mental health, strengths, positive emotions, positive institutions and optimal functioning and is built on a foundation of empirical evidence that has produced good theory and practical applications. These positive interventions are unique in that they are aimed at optimal functioning. Psychodrama and Sociometry can be used to amplify and potentiate these tools. Come explore how to best apply empirically supported positive psyche interventions using action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain Positive Narratives and Positive Identities;
2. Demonstrate Positive Reminiscence

This is a 2016 Award Winner's Workshop

9:30 am - 1:00 pm MORNING PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE

8 THE HOLLANDER CURVE: GUIDE FOR GROUP PROCESS

Louise Lipman, LCSW-R, CGP, TEP, Director, Psychodrama & Creative Arts Therapy, NYC, Gerry Spence Trial Lawyer's College

The Hollander Curve is an excellent tool for helping us to understand the process of group dynamics and structure. It can be used many ways to guide therapeutic groups, non-therapeutic groups and training sessions. In this workshop we will utilize the Hollander Curve to understand the complexity of running a group and how this structure can be adapted on the macro and micro level making us better directors, group facilitators and trainers. Psychodrama included. articles/handouts.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to structure a group;
2. Identify two uses of the Hollander Curve30.

9 MOMENTS OF MIRACLES: TSM AND PLAYBACK THEATRE

Kate Hudgins, PhD, TEP, Therapeutic Spiral International

This workshop demonstrates the use of the clinical principles of safety, strengths and building spontaneity that are the core of TSM in a Playback format. Using volunteers from the group, we will direct pairs, chorus, and other Playback techniques to demonstrate Moments of Miracles from the conference or life in general.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the need for safety and strength building to promote the highest level of spontaneity in Playback Theatre;
2. Apply the learning of how to add clinical safety to Playback Forms immediately.

2:00 pm - 5:30 pm
AFTERNOON PRE-CONFERENCE
HALF-DAY TRAINING INSTITUTE

10 THE FULLNESS OF OUR FAMILY TREE

Karen Carnabucci, LCSW, TEP, Private Practice, Author

Ancestors are the place from where we come – we carry their stories, memories and experiences with our minds, hearts and energies. We will focus how to combine psychodrama, sociometry and constellation work for healing by attuning to the energized stage and learn how to integrate the Orders of Love of the constellation approach. With mindfulness, energy postures, breathing and group process, we will create a session of ancestry healing, practice vignettes and learn energized action structures.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate differences between psychodrama and constellation work;
2. Identify how Orders of Love can be integrated into psychodrama sessions.

11 MÉNAGE À TROIS: COUPLES THERAPY, POSITIVE PSYCHOLOGY, AND PSYCHODRAMA

Daniel Tomasulo, PhD, CGP, TEP, University of Pennsylvania, New Jersey City University; Andrea Szucs, LMSW, AHRC

Couples therapy as outlined in Imago therapy and evidence-based interventions from relationship science can be greatly enhanced with the tools of psychodrama. See a demonstration. Then practice the incorporation of these methods into couples work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the PERMA model in positive psychology as proposed by Seligman;
2. Demonstrate action methods to enhance elements from Imago Therapy and Active Constructive Responding.

6:00 pm - 7:30 pm

PRESIDENT'S RECEPTION
OPENING WELCOME

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 74th ASGPP 2016 Conference.

OPEN EVENT

7:30 pm - 8:00 pm

MEETING:
Sociometric Selection Team
First Time Presenters
Session Assistants

8:00 pm - 9:30 pm

DIVERSITY FORUM
Enrolling as Agents of Change

Led by Nisha Sajnani, PhD, RDT-BCT

The ASGPP diversity forum will offer participants a process of exploring the social construction of difference, current examples of oppression, and embodied strategies for organizing for change.

OPEN EVENT





FRIDAY April 1, 2016

6:00 am - 7:00 am	Healing Yoga with Lara Rosenberg, ERYT
7:00 am - 7:45 am	SESSION ASSISTANTS BREAKFAST
7:30 am - 6:15 pm	REGISTRATION & EXHIBITS
7:30 am - 7:00 pm	SILENT AUCTION
8:00 am - 9:00 am	OPENING PLENARY - TONY REDHOUSE — <i>Returning to the Heartbeat that Heals</i>

Using the ancient sounds of the Voice, the Drum and the Flute, Tony Redhouse will guide us back to the simplicity and beauty of who we are and why we are here. In Native American Tradition, these primal and true expressions of our Soul allowed us to create ceremony, tell our stories and to celebrate Life. Tony will use drums and dance in interactive segments with attendees, allowing them to energetically feel the uniting of intention to support each other in their service to their communities. As a Native American Sound Healer and Spiritual Teacher, Mr. Redhouse will share the importance of following our heart's "beat," inspire us to open our hearts, become vulnerable and to "soar" with the freedom and Joy that is our natural birthright! Learning Objectives. After attending, participants will be able to:

1. Identify the 4 human aspects in their "Circle of Life" and explain how these create personal balance;
2. Describe the vital role that personal balance plays in their work with others, and will be able to demonstrate how this resource can positively affect society and the Universe.

9:00 am - 9:30 am	COMMUNITY SOCIOMETRIC SELECTION with Nancy Kirsner & the Sociometric Selection Team
1:30 pm - 2:30 pm	ANNUAL MEMBERSHIP MEETING / Live Auction- (boxed lunch available – pre-order necessary)
5:45 pm - 6:15 pm	New Members / First Time Attendees Gathering - Open Event
5:45 pm - 6:15 pm	ASGPP Chapters / Collectives Networking Meeting - Open Event
7:30 pm - 9:00 pm	AWARDS CEREMONY / DESSERT RECEPTION - Separate ticket necessary for those not attending the full 3 day conference. Inquire at registration table.

9:00 am - 9:30 am

Community Sociometric Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:00 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

10:00 am - 1:00 pm
MORNING WORKSHOPS

12 OASIS OF HOPE IN THE DESERT

Linda Ciotola, MEd, CET III, TEP, Healing Bridges, TSM

This experiential workshop will explore the theme of hope through poetry, music, art, and action methods. How do we nourish hope in the midst of what feels like a spiritual desert? In the words of poet Goethe, "In all things, it is better to hope than to despair."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two creative art modalities to facilitate exploration of the theme of hope;
2. Describe two ways of using poetry as action warm ups.

13 REWORKING CODEPENDENCY

Nan Nally-Seif, LCSW, TEP, Co-Director, Psychodrama Training Institute, a division of the Sociometric Institute

Growing up in a family in which addiction or dysfunction were present, there is a significant possibility of developing codependency. Focusing on the needs of others, difficulties with communication and expressing emotions are among the characteristics of a codependent. We will demonstrate how to use Psychodramatic and Sociometric techniques to help clients diminish their codependency and role train them to develop new, healthier behavioral responses.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and describe characteristics of codependency;
2. Define, demonstrate and apply action method techniques such as, doubling and role reversal when working with codependent clients.

14 WARM UP PROCESSES: WHAT? WHY? WHEN? WHERE? HOW?

Rich Paschke, MA, TEP, ASGPP, APA; Margo Fallon, PhD, MA, BSE, Volunteer-Justice Project Website Coun Devel

Producing a psychodrama requires careful development of trust, safety, and a readiness to work for everyone in the group. "Warm Ups" or "starters" help develop an environment conducive to psychodrama. Six types of warm ups will be produced and the underlying dynamics discussed. A vignette with "sharing" will follow. The session will conclude by discussion of how aspects of the warm ups were linked to members readiness to participate in the action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Understand the significance of and have participated in six different types of warm ups;
2. Will be able to make logical choices from the array of warmups for producing her/his psychodramas.

15 A SAFE PLACE: HELPING SURVIVORS OF PTSD SPEAK THE UNSPEAKABLE

Georgia Rigg, LCSW, TEP, Private Practice; Kaya Kade, CDMS, LPC, TEP, Kade and Associates

This workshop will present elements needed to create a generous and safe group, where sharing the "unspeakables" of Complex PTSD become possible. An action warm-up will weave a sociometric web with the threads of compassion and generosity. Our blended model of psychodrama and psychomotor therapy will allow auxiliaries to embody "ideals", the non-saccharine "distillations of all human goodness".

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify steps needed to create safe and generous warm-ups needed for trauma exploration;
2. Describe the theory, philosophy and techniques of a model blending psychomotor therapy and psychodrama.

16 ROLE THEORY IN ACTION: IT ALL BEGINS HERE ▲

Jacqueline Fowler, MA, Marylhurst University

Role theory is at the epi-center of Moreno's theories. Lucky for us, learning about the dynamics of intra- and inter-personal roles is fascinating and fun! This workshop is designed for those new to psychodrama and sociometry, as well as for teachers/trainers looking for new approaches.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Understand key concepts of Moreno's role theory;
2. Investigate personal role constellations in psychodramatic action, and explore shared social roles in sociodramatic action,

17 LOVE, SEX & CONNECTION: ENCOUNTER USE WITH COUPLES TO IMPROVE INTIMACY

Julie Wells, LCSW, PAT, Suncoast Psychodrama Training, Journey Into Wellness Counseling Services; MaryAnn Bodnar, CAP, CSAT, PAT, Private Practice

Let's explore Moreno's concept of ENCOUNTER and how it can heal attachment injuries and allow us to connect, develop and nurture meaningful, passionate and loving partnerships. Cultivating fondness and admiration builds safety and connection instrumental to a happy sex life. Learn skills to assist couples gain empathy and insight on how to mutually heal their partner's wounded spirit and develop healthier, more satisfying relationships.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe guidelines for directing an Encounter;
2. Demonstrate skills for encounter work with couples.

18 TAKE YOUR PICK: THREE WAYS TO MAKE A SOCIAL ATOM

Karen Carnabucci, LCSW, TEP, Private Practice, Author

The social atom, the sociometric relationship map that's one of psychodrama's most venerable traditions, measures relationships within our lives. We can keep it simple with paper and pencil or expand for a variety of settings and client needs. In this workshop, we will learn three ways to use the social atom, first with the classic paper and pencil diagram, then concretized with a sculpture and finally energized with the help of principles from systemic constellation work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how to make paper and pencil social atom;
2. Demonstrate choices in putting action to social atom.

19 GENDER DIVERSITY SENSITIVITY TRAINING

Jennifer Whitlock, MA, LPC, Director, The True Colors Center for Creative Therapy

Transgender issues are increasingly coming out of the closet in the media, and professional guidelines and laws are evolving to protect freedom of gender expression. However, many people have not embraced these cultural advances, and this can be a problem if a loved one, colleague or fellow student is transgender. This workshop will present sociodramatic exercises and vignettes to introduce empathy and an appreciation of gender diversity to families, schools and workplaces.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe two new policies governing the psychological care of transgender people;
2. Demonstrate at least two exercises in gender sensitivity training.

20 COMFORTABLY NUMB: THE CHALLENGE OF MEN & RELATIONSHIPS

Michael Traynor, JD, LCSW, TEP, Action Methods, Albany NY, Choices Counseling Center, Winter Park FL; Jeffrey Chapdelaine, MSW, JD, Private Practice

Increase energy and presence in relationships. Through the use of psychodrama techniques we will explore how to improve relationship competency in men. We will focus on trust building, social atom repair and healthy risk taking. Open to All! Experiential and didactic.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Design at least 2 interventions to assist men in building intimacy in relationships;
2. Identify at least 2 healthy risks willing to implement to improve role competency.

21 GETTING UNSTUCK: ENHANCING SPONTANEITY FOR CHANGE

Jennifer Salimbene, CASAC, LCSW-R, PAT, Private Practice, The Therapy Center; Regina Sewell, PhD, LMHC, PCC, Private Practice, Dutchess Community College

Many clients tell us that feeling stuck is like living on autopilot. They go through the motions but don't feel like they're getting anywhere. They lose spontaneity. They are often stuck playing roles that feel unfulfilling, even burdensome, or roles that they adopted to survive challenging circumstances that have outlived their usefulness. This workshop is an experiential workshop designed to help group leaders help their clients get unstuck, reclaim their spontaneity and embrace change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate techniques that help clients explore beliefs and habits that keep them stuck in outdated roles and self-sabotaging patterns;
2. Demonstrate tools participants can use to help their clients expand new roles and retire old ones.

22 A FEAST OF LOVE: SELF-COMPASSION THROUGH INTERMODAL DRAMA/BIBLIOTHERAPY

Steven Durost, PhD, LCMHC, REAT, C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education

Self-compassion is new gateway into self-confidence and positive self-concept. With this in mind, participants will feast on a selection of poetry and literature aimed to nourish self-compassion. An intermodal psychodrama/drama therapy approach to biblio/poetry therapy methods will be presented, modeled and experienced with applications for counseling settings...and for life.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Detail the steps in an intermodal drama and biblio/poetry therapy approach to building self-esteem;
2. Apply this intermodal drama and biblio/poetry therapy process to real world counseling situations.

**2:45 pm - 5:45 pm
AFTERNOON WORKSHOPS**

23 FROM SHAME TO SHARING

Jeanne Burger, EdD, LPC, TEP, Tidewater Psychodrama Group, Private Practice

Shaming experiences are damaging to self esteem and can lead to low assertiveness, depression and lack of achievement. This workshop will address the use of psychodrama to mitigate these effects with emphasis on the phase of sharing. Participants will learn to use sharing therapeutically. We will have a psychodrama in this session.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how childhood shaming can be damaging;
2. Recognize and demonstrate therapeutic sharing.

24 THE GIFTS OF VULNERABILITY: DEEPENING RELATIONSHIPS WITH SELF AND OTHERS

Antonina Garcia, LCSW, RDT/BCT, TEP, NYU, Private Practice; Dale Richard Buchanan, PhD, TEP, ASGPP

When we open to vulnerability we create a more intimate connection to self and others. Choosing to open requires authenticity about what we want, rational assessment regarding who is safe enough to trust and courage to risk becoming new. This training will demonstrate how to assist clients in risking vulnerability to deepen connection to self and others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the criteria for a walk and talk, to include contracting;
2. Name two ways that vulnerability is a gift for personal growth.

25 MEDITATION PRACTICES TO HEAL THE SPIRIT, INTEGRATED WITH CLASSICAL PSYCHODRAMA

Saphira Linden, RDT/BCT, LCAT, TEP, Omega Transpersonal Drama Therapy Certificate Program and Professional Psychodrama Training, Institute of Psychodrama in India

Studying and teaching meditation, while training with JL & Zerka Moreno, the natural relationship of working with healing inner spirit, while dealing with emotional and practical life challenges, evolved organically. In this workshop, we will be offering concrete meditation practices, with breath, sound, & light that participants will be able to take home with them and apply to their work. We will demonstrate how to integrate these practices into their psychodramatic therapeutic work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply at least two meditation practices into their therapeutic work;
2. Demonstrate how to integrate one or two meditation practices into a formal psychodrama.

1:30 pm - 2:30 pm

ANNUAL MEMBERSHIP MEETING

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community.

OPEN EVENT

26 POETRY, STORIES, AND PSYCHODRAMA: DISCOVERING AN OASIS IN THE DESERT

Stephen Kopp, MS, TEP, St. Luke Institute, Dreamer2Doer; Estelle Fineberg, LCSW, LMFT, TEP, Private Practice

Using poetry, stories and movement, we will step into the imagery of the desert and take a journey deep within ourselves to uncover an inner oasis. This experiential workshop will demonstrate how weaving other creative expressions deepens a group and the protagonist in exploring spiritual themes. This session includes a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate three techniques for blending poetry, folk tales and psychodrama;
2. Identify two indicators for directing transpersonal dramas.

27 CALLING ALL SPIRITS FOR THE GATHERING

Dena Baumgartner, PhD, LMFT, CGP, TEP, AGPA, IAGP

One of the definitions of spirit is the true self. Psychodrama helps one come back to and to unfold ones true self. Please come and be a part of a psychodrama where tears and laughter heal the soul to move into the awareness of ones inner wisdom. This workshop is mostly experiential with some didactic.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the stages of a psychodrama;
2. Identify and understand three techniques used in the drama.

28 SEVEN DEADLY SINS OF THE PSYCHODRAMA AUXILIARY

Bill Wysong, LPC, EMDR II, TEP, Aspen Counseling Center, Private Practice; Joann Wysong, MA, GRI

Whatever your level of experience, you can learn to counteract the “sin” pitfalls that slow or derail psychodrama. You will be a more effective co-therapist when you have this understanding. To enhance the action, auxiliary skills practice will be given in exercises and situational psychodramas. The group will review presented material for additional learning.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to counter seven auxiliary actions and words that are ineffective;
2. Demonstrate correct auxiliary methods to enhance the psychodrama.

29 USING PLAYBACK AS A GROUP-BUILDING TOOL

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute; Community Playback Theatre

Structures and techniques from Playback Theatre can enliven any group process, from education and agency work to community organizing. This workshop will teach participants some Playback structures that can be used with groups. Participants will learn engaging warmups, how to play back thoughts and feelings through fluid sculptures and pairs, and how to create scenes that can help group members gain perspective and compassion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate action listening through Playback Theatre structures;
2. Differentiate between Playback Theatre and psychodrama.

30 IMAGINATION IN MOTION: PSYCHODRAMA FOR PEOPLE WITH MOBILITY IMPAIRMENT

Daniela Simmons, PhD, PAT, Expressive Therapies Training Institute (ETTI), University of North Texas; Jodi Greanad, MA, Bridging Harts Psychotherapy

This Workshop aims to present methodology for offering psychodrama to people with mobility impairment - from aging problems, congenital by birth or acquired thru accident or illness. Applying action methods among the physically impaired population can be considered difficult or impossible; therefore this large, diverse group is often excluded from the benefit of the powerful methods of psychodrama. Unique modalities will be offered as a solution. The workshop will contain demonstrations, experiential work and vignettes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the alternative action methods presented that could be applied among the physically impaired population;
2. Apply the alternative action methods appropriate for use among the physically impaired population.

31 ACTION METHODS FOR ETHICAL DECISION-MAKING

Catherine Nugent, LCPC, TEP, Dramatic Transformations, Johns Hopkins University Clinical Mental Health Counseling Program

Often ethical dilemmas aren't easily resolved by checking Codes of Ethics or other references. Complex ethical issues required more subtly nuanced approaches. This workshop will explore ethical issues related to self-disclosure and use of touch in psychodrama and other experiential therapies. Using the Role Wheel and The Diamond of Opposites we will bring ethical issues to life for group exploration. This workshop will be helpful to PATs and TEPs seeking new ways to teach ethics to students.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Discuss research and best practice information on the ethical use of self-disclosure and touch in psychotherapy;
2. Use the Role Wheel and The Diamond of Opposites to explore ethical dilemmas in psychodrama and related psychotherapys.

Louise Lipman, CGP, LCSW-R, TEP, Director, Psychodrama & Creative Arts Therapy Institute, NYC & Gerry Spence Trial Lawyer's College

As we grow, our parents age. They often need help to navigate the challenges in their lives: emotionally, physically, psychologically and medically. We are asked to provide support. This can bring up unfinished business, challenging us to step into the role of our parent's parents. We will look at the role demands place on us, explore the feelings they invoke and develop internal and external resources to guide us through.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define internal and external resources;
2. Recognize challenges to caring for elderly parents.

Kate Hudgins, PhD, TEP, Therapeutic Spiral International

This workshop is an opportunity to learn more about the categories of diagnosis from thought, mood, addictive, personality, and dissociative disorders. Learn through small group exercises what are the key signs of a protagonist who has a particular diagnosis and what you need to know to direct them with the least resistance and the most spontaneity. Use of the Containing Double with differential diagnoses will be presented along with a small TSM drama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe and recognize how to respond to protagonist's depending on diagnosis;
2. Demonstrate the use of the Containing Double with various types of diagnosis.

5:45 pm - 6:15 pm

New Members / First Time Attendees Gathering

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you.

OPEN EVENT

7:30 pm - 9:00 pm

Awards Ceremony Dessert Reception

Join us for an elegant and scrumptious dessert reception as we honor those who have made outstanding contributions to our community.

Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased on registration page or at the registration desk.)

5:45 pm - 6:15 pm

CHAPTERS/COLLECTIVES NETWORKING MEETING

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved.

OPEN EVENT

9:15 pm - 10:00 pm

FRIDAY NIGHT AWARDS CEREMONY AFTERGLOW

Arizona's beautiful star studded nights will be the venue for ASGPP's first ever *Awards Ceremony Afterglow*. Join friends old and new in celebrating the diversity of our talents. You will have an opportunity to walk the "red carpet" and step "on stage" as you warm up to creating an award to recognize your own gifts and celebrate yourself. Southwest sangria and soft drinks will be available for purchase.

OPEN EVENT



SATURDAY April 2, 2016

- 6:00 am - 7:00 am Healing Yoga with Lara Rosenberg, ERYT
 7:30 am - 7:00 pm REGISTRATION & EXHIBITS
 7:30 am - 7:00 pm SILENT AUCTION – Bidding ends at 6:30
 8:00 am - 9:15 am **KEYNOTE ADDRESS: DENA BAUMGARTNER, PhD, LMFT, LPC, CGP, TEP**
The Spirit Within Psychodrama

Ralph Waldo Emerson said it best: “To leave the world a bit better whether by healthy child, a garden patch, or redeemed social condition; to know even one life has breathed easier because you live – that is to have succeeded.” Today we will look at those spirits within psychodrama, our ancestors, our elders, and ourselves. We will take a look at our family history in gratitude, humor and learning: our psychodrama mother and father J.L. and Zerka Moreno, and the generation of children that have followed. Let’s see and learn from the messages – the DNA – they left us with so we can pass on those stories and ideas with our own spontaneity and creativity. To know our history, our ancestors, is to know the true spirit of psychodrama and the meaning of J.L.’s words “to heal all of mankind.”

Learning Objectives. After attending, participants will be able to:

1. Identify two ancestors of our society and their contributions to psychodrama;
2. Define and explain the concept of spirituality within psychodrama.

8:00 pm - 10:00 pm **SATURDAY NIGHT “COME TO THE OASIS” DESERT PARTY** - Open Event

9:45 am - 12:45 pm MORNING WORKSHOPS

34 SOCIODRAMA AND PSYCHODRAMA WALK HAND IN HAND

Rosalie Minkin, MSW, LCAT, TEP, Private Practice, Author

Sociodrama is a mirror that reflects and enhances members' ideas and experiences. This workshop will train and educate participants in the art of sociodrama. New sociodrama structures will be presented to distinguish sociodrama and psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain differences between sociodrama and psychodrama;
2. Describe the primary and secondary stages of a sociodrama.

35 THE THERAPY PARTY: PSYCHODRAMA WITH TEENS

Lori Feingold, LPC, CP, PAT, Private Practice

You will learn how to use psychodrama, sociometry, and behavior management with teenagers in a group setting. You will learn steps to help your teenage clients be motivated to come to group, participate fully, and have the desire to work towards therapeutic goals.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Understand and apply role assignment with teens to help increase engagement;
2. Identify three common themes with teenagers and three psychodrama interventions for each theme.

36 INTRODUCTION TO PLAYBACK THEATER: TELLING OUR SPIRITUAL STORIES

Susan Mullins, LMHC, TEP, South Tampa Psychodrama Training, Private Practice; Sandra Seeger, LMHC, TEP, Adjunct-University of South Florida, South Tampa Psychodrama Training

Playback was developed as an improvisational form of theater which allows the audience to be actively involved by sharing personal stories. Attendees will learn the basic forms of traditional playback theater including; pairs, fluids, and perspectives. This experiential workshop will give participants the opportunity to practice these different forms while sharing their own spiritual stories. Some time will be spent on the history and development of Playback.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the Playback forms of pairs, fluids, and perspectives;
2. Recognize and apply ways of using playback forms and their application in performance.

37 PSYCHODRAMA IN AN HOUR

Rebecca Walters, LCAT, LMHCMS, TEP, Hudson Valley Psychodrama Institute, MD Anderson Cancer Center University of Texas

In private practice and workshops psychodramas often take two to three hours. For those of us who work in agencies, hospitals, clinics and schools, where the luxury of prolonged group time is a thing of the past, adaptations of the methods of psychodrama, sociometry and sociodrama have proven very effective, allowing groups to have the experience of warm up, action and sharing within a single hour. Demonstration and one hour drama will be included.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two adaptations of warm ups that work quickly;
2. Apply two shortcuts to group sharing.

38 THE LITTLE WILLINGNESS

Bill Coleman, MSW, TEP, Sierra Tucson, Desert Star Addiction Recovery Center

Most people believe they are willing to change that which keeps them stuck in a behavior, attitude, belief or state of mind. But the reality is the forces keeping them stuck are deeply hidden and difficult to examine.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the full extent of specific resistance;
2. Demonstrate three ways to aid clients in navigating through their resistance to change.

39 EXQUISITE COMPASSION: A KEY TO THRIVING

Howard Fradkin, PhD, LICDC-CS, Affirmations: A Center for Psychotherapy and Growth, MaleSurvivor; Rob Hawkings, MA, MES, MBA, MaleSurvivor, Private Practice

Compassion for self is an essential element of healing from trauma. It encompasses self-care, self-acceptance, and self-forgiveness. This workshop represents integration of sociometric and psychodramatic techniques into the safe and powerful format of MaleSurvivor's Weekends of Recovery. Concretization of Kate Hudgins' three restorative roles is demonstrated, then replicated in dyads to allow all participants to access support from self, others and the realm of spirit.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply an adaptation of "step-in" sociometry to safely warm up a group to an emotionally charged topic;
2. Demonstrate psychodramatic concretization of Kate Hudgins' personal, interpersonal and transpersonal restorative roles.

40 PSYCHODRAMATICALLY EXPLORING THE JOHARI WINDOW: THE DO, UNDO AND REDO

Craig Caines, LCSW, TEP, Birmingham Action Centered Therapy (BACT)

The Johari Window is a communications model named after its developers Joseph Ingram and Harry Loft, Jo/Hari. Awareness of personal growth areas (Blind Side) can provide new awareness; however, healing involves more than insight. Join us using the Johari Window, demonstrating how psychodrama provides deeper levels of healing and integration.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the 4 quadrants of the Johari Window Communications Model;
2. Describe how using the Johari Window template compliments the psychodrama encounter and integration process of periphery to core to periphery.

41 THE PATH OUT OF CONFLICT - THE INCLUSION OF SELF

Azure Forte, MEd, LCAT, TEP, Private Practice

Moreno saw our culture in an "axiological" crisis, "two value systems in conflict, a conflict such as the transition from an old order of human relations to a new order is bound to produce." This life skill-building workshop will apply axiodrama as an approach to settling conflict, both intra-personal (inner conflict) and inter-personal (conflict between individuals). Action methods, sharing and discussion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and apply one or more Life Enhancement Skills that add to resolution of conflict;
2. Compare the human nature of reactive urges to the human ability to forge new patterns of reaction to aggression.

42 PADDLING IN THE TRANSITIONAL WATERS OF THE BARDO STATE

Kate Cook, MA, LPCC, TEP, Southwestern College, Living Waters Institute; Carol Frank, LPCC, RN, PAT, Living Waters Institute, Private Practice

In times of loss and grief, our usual way of life becomes suspended. We are thrown into the unfamiliar waters of our now changed life. Integrating concepts from INB, exploration of the grief process, and use of ritual, we will co-create this "bardo" state through sociodrama. Learning how to engage this sensitive space is essential to restoring our capacity to connect, create, play and once again find our place in our world.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how concepts from Interpersonal Neurobiology apply to the grief process;
2. Describe how sociodrama can be used to explore issues related to loss and grief.

43 PLAYING THE UNSPEAKABLE: TRAUMA-INFORMED WORK WITH CHILDREN AND ADOLESCENTS

Heidi Landis, RDT/BCT, LCAT, TEP, Creative Alternatives of New York, Lesley University

This workshop will focus on the use of drama therapy and psychodrama in groups with children and youth chronically exposed to early childhood trauma. Participants will gain a definition of complex trauma and an understanding of how these methods can help in addressing complex trauma's domains of impairment. This mostly experiential training will help participants understand theoretical principles behind using action techniques in a trauma-informed system allowing metaphor and story to create a safe container.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the term Complex Trauma;
2. Demonstrate 3 concrete psychodrama/drama therapy techniques to be used with clients.

44 PSYCHODRAMA AND COACHING: BLENDING TWO RICH MODALITIES

Carole Oliver, MEd, LPC, TEP, Private Practice

The theory and practice of Life Coaching blends well with Psychodrama. Psychodramatists and Life Coaches both help clients in their personal and professional lives to achieve better results including enhancing the quality of their lives and exploring new possibilities. This workshop will explore the similarities and differences between the two fields by addressing surplus reality and how it compares to focusing on outcomes, and by adding coaching techniques to doubling and mirroring.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain surplus reality and how it relates to psychodrama and coaching;
2. Demonstrate doubling and mirroring.

1:30 pm - 3:00 pm
90-MINUTE WORKSHOPS

45 POSITIVE PSYCHOLOGY THROUGH ART THERAPY, NARRATIVE & PSYCHODRAMA TECHNIQUES

Rebecca Wilkinson, MA, ATR-BC, LCPAT, Creative Wellbeing Workshops, LLC, Miraval Resorts and Spa; Gioia Chilton, PhD, ATR-BC, Creative Wellbeing Workshops, LLC, Sagebrush Treatment Facility

The science of well-being explores the benefits that positive emotions, engagement and meaning have on health and well-being. We will use art therapy, narrative and psychodrama techniques to identify how positive psychology and the expressive therapies can improve and optimize functioning in lives of our clients, ourselves, and our communities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 5 ways in which the expressive therapies can contribute to promoting emotional, psychological, and social well-being;
2. Describe 5 positive psychology interventions which can optimize daily functioning.

46 SHOOTING THE MESSENGER: HEALING ATTACHMENT INJURY IN THE INTERNAL FAMILY SYSTEM

David Adamusko, LMFT, CCTP, Breakthrough at Caron, Private Practice; Lauren Mehr, MS, CCTP, Breakthrough at Caron

How often do we put down or cast aside parts of ourselves that are less than desirable? We can think that healing only begins once we "get rid of" those parts. IFS provides an alternative way of looking at these parts as protective and often misusers of. This workshop will demonstrate how IFS is used effectively with experiential methods to help deepen a clients understanding of their internal landscape and foster healing of internal attachment wounding.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how using compassion with the managers can help increase safety and deepen therapeutic work;
2. Apply IFS using action methods to recognize how internal attachment injuries impact a client's external relationships.

47 AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR ▲

American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

48 THE DYNAMICS OF ORCHESTRATION IN PSYCHODRAMA

Adam Petty, LAC, CET II, ASGPP; Nicholas Bonacci, LAC, Private Practice

Presenting neuro-biological and sound mastering techniques that can be implemented to bring new insight, communication, and awareness to the psychodramatic stage. New research will be presented that demonstrates documented effectiveness of supporting brain wave states in healing from trauma. Developing an awareness of the sound-stage can provide access to monitoring and supporting those states. Workshop will present brief review of research, and experiential exercises to demonstrate concepts.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the difference between types of sounds in the sound stage (neuro-biological, intellectual, foreground, background);
2. Demonstrate the internal effect of those sounds on others, and how that applies to warm-ups, directing, and sociometry.

49 KINDERGARTEN TRUCK: GROUP SPONTANEITY AND URBAN CATHARSIS

Andrew Gaines, MA, LCAT, RDT/BCT, NYU, Private Practice

Kindergarten Truck is an interactive mobile performance aiding adults to journey back to childhood for 20 minutes inside a box truck. Blurring the lines between drama therapy, sociodrama, and entertainment, the experiment invites us to consider the political, ethical, and beneficial implications of playing in public. Returning from a national tour, Andrew will demonstrate the format and unpack the project's intentions accompanied by photos and the results of a survey.

Learning Objectives.

After participating in this workshop, participants will be able to:

1. Differentiate between sociodrama, drama therapy, and applied theatre;
2. Describe the potential healing benefits of catharsis in a public setting.

50 SOCIOMETRY WITH NEW/STUDENT THERAPISTS: BUILDING CONNECTIONS, EMPATHY, AND UNDERSTANDING

Brittany Lakin-Starr, PhD, Advocate Illinois Masonic Medical Center Behavioral Health Services

In this workshop you will learn how to help groups of new/student therapists connect with each other and their work through sociometric activities. Action techniques such as the sociodramatic empty chair and doubling will also be demonstrated. You will learn to effectively use several sociometric structures designed to strengthen connection and to help new therapists increase empathy. You will leave with several activities you can put into action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize how sociometric/sociodramatic activities can help groups of new/student therapists strengthen their connections and comfort with each other;
2. Explain three different sociometric exercises to deepen connections between new teams of clinicians.

51 COMBINING PLAY THERAPY AND PSYCHODRAMA — EASY AS 1 - 2 - 3 !!

Darlene Vanchura, LPC-S, MA, ASGPP, Association for Play Therapy (APT); Lori Martin, LPC-S, MS, Terrell Counseling, Inc & ETTI

We agree with Adam Blatner's statement that play therapy is a rich field that naturally overlaps with psychodrama. Toys/props can be used to represent many elements, dreams, and people by using action techniques in fantasy. This, Blatner describes, is similar to Raimundo's "play of life". We will demonstrate play therapy techniques that can be used with adults in psychodrama and how psychodrama can be used in directed play therapy with children & teens.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to use toys &/or props effectively to recreate dreams, interactions, &/or internal feeling states in action methods of therapy;
2. Explain the use of role reversal to increase emotional understanding of one's self in various situations.

52 INTEGRATE THE MASCULINE AND FEMININE ENERGIES FOR SELF AWARENESS

Mimi Moyer, BC-DMT, NCC, LCAT, INOVA Hospital, Private Practice

Participants will learn 3 techniques to Breathe and center, so they can relax and stay open to self knowledge. A brief rhythmic movement warm up accessing both fighting /assertive, and indulging/ receptive movement will help participants increase self awareness. A Guided Imagery will further integrate the masculine and feminine energies leading to a journey to gain wisdom from your Spirit Guide or Higher Power, which can then be put into action in Role in Psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate 3 breathing techniques for centering;
2. Identify and Explore the Physical Contrasts of Masculine and Feminine Energies.

53 EMPOWERING YOUR INNER STORYTELLER THROUGH NARRATIVE IN ACTION

Adam Chi-Chu Chou, PhD, TEP, Feng Chia University, Taiwan, ASGPP

"Life as story, story as life." What stories have you told about yourself? This workshop demonstrates using psychodramatic methods in the enactment of a person's inner storyteller. The participants of the workshop are invited to walk with their storytellers in the journey from the "surplus reality" to "constructed reality." Participants will be guided to practice using a set of narrative questioning to deconstruct the storyteller's cultural conserve.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe and practice using action method to frame narrative questioning in deconstructing the storyteller's cultural conserve;
2. Demonstrate a combined mode for constructing multiple meanings of the story; practice psychodramatic techniques that help the inner storyteller to reconnect with personal strengths and resilience.

This is a 2016 Award Winner's Workshop

54 THE PROBLEM SOLVING THEATRE RENEWED

Meg Givnish, PhD, TEP, Behavioral Health of the Palm Beaches, Thom Stecher Associates

Problem Solving Theatre is a unique form of Improvisational Theatre which is a synthesis of the original forms of The Theater of Spontaneity first developed by JL Moreno along with his later versions of what we now call Psychodrama. Originally presented at the ASGPP Conference in 1982 the form has continued to adapt and thrive in both Clinical and Theatrical settings. The actors, called, "therapeutic thespians" turn life's problems into powerful theater.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the combination of Clinical Pd Techniques with the Spontaneity of Improvisational Theatre;
2. Recognize the power of theater to inspire both Intra and Interpersonal Awareness of Self and Others.

55 PSYCHODRAMA AND INDIVIDUAL THERAPY

Marvin Knittel, MA, MEd, EdD, ASGPP, American Counseling Association

This an experiential session. We will explore the difference between group and individual psychodrama. The method will be demonstrated and participants will have opportunity to role play one-on-one.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish the difference between group and individual psychodrama;
2. Apply the specific methods of using psychodrama when counseling one-on-one.

3:30 pm - 6:30 pm AFTERNOON WORKSHOPS

56 NATIVE AMERICAN SPIRITUALITY IN PSYCHODRAMA

Katherine Norgard, MSW, PhD, TEP, SAPA; Natividad Cano, LISAC, The Haven-Women in Recovery

Nati and Kathy work for The Haven in Tucson with the Native Ways Program (which Nati directs). Women from various Native American tribes across the state participate in this treatment program to recover from drug and alcohol abuse. Incorporating Native spirituality within psychodrama is a powerful part of the change process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two Native concepts of spirituality;
2. Demonstrate use of spirituality with native women.

57 PSYCHODRAMA AND CODEPENDENCY: PIA MELLODY'S DEVELOPMENTAL TRAUMA MODEL

Lin Considine, LMHC, TEP, Recovery Associates; Karen Drucker, PsyD, TEP, Naropa University, Private Practice

This workshop will introduce Pia Mellody's five stage developmental model of trauma which will be presented utilizing action methods. This model is very comprehensive and useful for working with individuals, couples, groups and families. It helps in the identification of core issues from childhood, and subsequent challenges which emerge in our relationships with self and others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate five stages of Pia Mellody's developmental model using action methods;
2. Identify conflicts within each stage of development.

58 KOKOPELLI AND THE SHADOWDANCE

Andrea Hummel, MA, Improv for Peace

Unwind at the end of a long day of workshops by letting it all hang out! Kokopelli the trickster-musician personifies a Native American archetype; Sovereign, Magician, Warrior and Lover personify Jungian-sourced archetypes. Identify with which one you feel you relate to, learn about its associated "shadow," then role-reverse into him a role-created spontaneous dance. Brief lecture on the solo and method followed by movement and music (Native American and Western hemisphere).

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the 4 behavioral archetypes (cf Jungian analyst Robert Moore & Douglas Gillette) and the concept of "shadow";
2. Apply action methods (role reversal, movement, props, music) to stage a "shadow dance" (role-reversal into one's own shadow).

59 THE ENCOUNTER: THE OASIS IN INTERPERSONAL DEVELOPMENT

John Rasberry, MEd, LMFT, TEP, The Mid-South Center for Psychodrama & Sociometry, AAMFT

The encounter remains the corrective dynamic in creating, maintaining and supporting interpersonal relations. No relationship is able to THRIVE without the process of the encounter.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate the difference in confrontation, leveling and the encounter;
2. Observe and practice the encounter in group, couples and individual therapy.

60 FOLLOWING THE PROTAGONIST'S LEAD

Peter Howie, BSc, MA (Ed), TEP, Australia and Aotearoa New Zealand Psychodrama Institute, Psychodrama Australia Ltd.

This workshop is designed to alert the participants to the subtle changes to a protagonist's warm-up: to value these and to make use of them in the production decisions made during a psychodrama or group session. Participants will discover that they automatically screen out important responses from the protagonist, are biased towards certain interpretations and inferences and the many reasons why this might be will be investigated.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the subtle and nuanced expressions of the protagonist's warm-up and apply this recognition directly to the production of psychodramatic enactments and other interpersonal engagements;
2. Recognize how their learning, world-view, naturally biased interpretations and inferences, may skew their psychodrama productions and group processes which will assist them to apply therapeutic precision when working psychodramatically by being able to differentiate their warm-up from that of the protagonist or group.

61 THREADING SOCIOMETRY THROUGH THE THREE PHASES OF PSYCHODRAMA

Jacob Gershoni, LCSW, CGP, TEP, The Sociometric Institute, Psychodrama Training Institute of New York

This workshop will highlight the importance of sociometry in the warm-up, enactment and sharing phases of the psychodramatic process. Elusive concept such as telic connections and group energy will be made visible, as they are used to find creative metaphors in directing the drama. In the tradition of the open psychodrama session, we will deal with individual needs as well as the group's input to maximize the healing qualities of this method. Open to all levels.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply sociometric criteria in warming up their own group;
2. Conduct action sociograms with groups.

62 ENCOUNTER USING THE LITTLE LYON DYNAMIC THERAPEUTIC MODEL

Donna Little, MSW, TEP, Toronto Centre For Psychodrama, Private Practice

This model can be useful for work with individuals or groups to aid communication or clear spontaneous conflicts that arise. It is a tool for use in supervision, helping therapists, or teachers understand the dynamics of a challenging situation and identify their own transference issues. It is a model that has been valued by participants from New Zealand, Australia, Japan, Taiwan, China and India.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish, examine and recognizes from their experience the various positions on the model;
2. Apply this model to their own practice.

63 TELE REALLY MATTERS

Steven Gordon, JD, ASGPP Fellow; Kimberly Cox, NPO, NCC, MA, NAPO, ASGPP

At their core, diversity and inclusion result from one-on-one relationships. Using sociometric and psychodramatic techniques, we will explore cross-cultural friendships, including between those of different genders, different sexual orientations, and different ethnic backgrounds. This workshop will help participants recognize what really matters in their interpersonal relationships.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe what really matters in their interpersonal relationships and help clients to see the same;
2. Explain how diversity and inclusion starts with one-on-one connections.

64 UPENDING THE CONSERVE: TEAMING RESEARCH IN OUR FIELDS

Erica Hollander, PhD, JD, TEP, Hollander Institute

This 3 hour workshop will be both didactic (20%) and active, acquainting attendees with resources we have to support research projects, addressing experientially impediments to research that hinder us, and working on co-created strategies to obtain evidence based results. Introduction to online and written sources of support provided, and explorations of possible ways of working together to advance and grow the stature of the methods we use and love in the now.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the ASGPP research blog and listserv;
2. Explain steps for executing a multi-site project (funding, collaboration)

65 INTO THE WOODS — ACTION EXPLORATIONS WITH THE LYRICS OF STEPHEN SONDHEIM

Lorelei Goldman, MA, TEP, Psychodrama Training Institute of Chicago, Northshore Village

The lyrics/music of Stephen Sondheim elicit themes that can be explored in Psychodrama. Such themes as abandonment, jealousy, separation and loss, passion, innocence, and others. While the music exemplifies the connections in relationship, his lyrics drive the spontaneity and meaning. His characters have specific goals as our protagonists have intentional contracts. The primary focus of this workshop will be the development of these goal through musical lyrics.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the lyrics of Stephen Sondheim and other lyricists as warm-ups to action;
2. Recognize the tools of concretization, spectrograms/logograms enlivening spontaneous group work.

66 INTRODUCTION TO MORENO'S MYSTICISM AND THE SOCIAL MICROSCOPE OF SOCIATRY

Edward Schreiber, DD, MEd, TEP; Sarah Kelley, MA, Zerka T. Moreno Foundation

This is a profound and concentrated experiential study of the existential school behind the method, along with a primary tool of solitary to see the organization of the whole of mankind reflected in a group.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the Morean view of helping society;
2. Relate and explain the mystic nature embedded into the method as a tool for your work and life.



8:00 pm - 10:00

**Saturday Night
“Come to the Oasis” Desert Party**

“Come to the Oasis” Desert Party and refresh your spirit. Join in a Native American dance, take a swing at a piñata, join friends in karaoke or dive into the pool. All this plus popsicles for the kid in you.

OPEN EVENT



SUNDAY April 3, 2016

5:30 am - 7:30 am Group Hiking
7:30 am - 6:00 pm REGISTRATION AND EXHIBITS

5:45 pm - 6:30 pm **CLOSING CEREMONY**
Closure in action. Share your conference highlights and say goodbye to new and old friends.
Warm up to the 2017 Conference.

8:45 am - 11:45 pm MORNING WORKSHOPS

67 MINDFULNESS, SPONTANEITY AND PSYCHODRAMA

Anath Garber, MA, TEP, Director-Institute for Applied Human Relations, Private Practice

This workshop will explore Moreno's belief that spontaneity is necessary for survival. The following questions will be addressed: What is spontaneity? Is spontaneity a form of intelligence that unites us all? Can one become spontaneous without becoming mindful? Should a state of mindfulness be inserted into Moreno's cannon of creativity? This workshop will aim to provide each participant with an opportunity for spontaneity culminating in a group directed psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define and experience a moment of spontaneity;
2. Define "warm-up" and its relationship to the "cannon of creativity".

68 THE ACTING CURE: STRENGTHS BASED GROUP FOR PEOPLE WITH COGNITIVE LIMITATIONS

Dan Tomasulo, PhD, TEP, MAPP, UPenn;
Andrea Szucs, LMSW, RDT, AHRC / Hearthstone Alzheimer's Care

Evidence-based groups using techniques modified from positive psychotherapy, psychodrama, and drama therapy will be demonstrated for use with people with cognitive limitations.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the positive interventions used in positive psychology and positive psychotherapy and how they are employed within the Interactive Behavioral Therapy (IBT) model;
2. Apply and modify positive psychotherapy action methods for people with intellectual and or chronic psychiatric disabilities.

69 A SPIRITUAL JOURNEY

Ronald Collier, MSW, LCSW, TEP, Psychodrama New Jersey;
Scottie Urmev, LCSW, TEP, Psychodrama New Jersey

Psychodrama is by design and philosophy a vehicle for spiritual growth and understanding. In this workshop the leaders will utilize creative activities such as Mandalas, Spiritual metaphors, native American connections to nature, and concepts of mindfulness to arrive at a highly individualized spiritual journey. We will create healing rituals, concretize concepts with sculpture, and put a spiritual plan into action in a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify key concepts of spirituality and be able to apply them to their work with groups and individuals;
2. Apply concepts of spirituality to their own lives recognizing that they promote positivity and hopefulness which help to prevent professional burnout.

This is a 2016 Award Winner's Workshop

70 THE JOURNEY AND THE DESTINATION

Gregory Koufacos, MA, LCADC, NCRC, Eternal Principles Counseling, Evoke Therapy Programs

Many philosophies have elevated either the journey or the destination. This workshop will engage participants in an experiential and dramatic exploration of both the journey and the destination, and how they relate to one another. This study will confine itself to the addiction recovery process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish between the journey and the destination as it relates to addiction recovery;
2. Convey the distinction between journey and destination in addiction recovery to people engaged in a recovery process.

71 EVOLVING FAMILY ROLES ACROSS GENERATIONS IN BANGLADESH: NEED FOR INSIDE HEALING ▲

Kamal Chowdhury, MPhil, MS; Sabia Jahan, MPhil; Farzana Nila, MPhil (Part-II)

We will focus different family roles across generations over time from Bangladesh perspective. Learning objectives would be: 1) demonstrate family roles across generations; 2) understand the process and impact of shifting family roles; 3) demonstrate psychodrama action on role conflict which will help participants experiencing our cultural aspects. We will use role theory of personality to depict differences between generations while revealing contemporary sociocultural issues in families in Bangladesh.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe family role and cultures of Bangladesh through experience;
2. Explain techniques for healing cross-generation role conflict and confusion.

72 STRENGTHENING OUR NETWORK OF CONNECTIONS

Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute; California Institute of Integral Studies (CIIS); John Olesen, MA, TEP, Bay Area Moreno Institute

Jacob Moreno wrote, "By the group we were wounded, by the group we will be healed." Learn about sociometry, the nature, quality and quantity of human connection. Sociometric terms will be taught. Participants will learn methods for resurfacing the strengths and possible woundings we have learned and absorbed from being in social groups. This experiential workshop will focus on lowering anxiety and increasing spontaneity and creativity.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and apply various sociometric interventions;
2. Investigate personal role constellations in psychodramatic action.

73 THE SPIRIT OF THE BIG BAD WOLF... UNWINDING THE MISUNDERSTANDINGS

Katrena Hart, LPC, CBT, TEP, Bridging Harts Psychodrama Training Institute & Psychotherapy Practice

In this workshop we will focus on the skill of the role reversal, through the use of the fairy tale "The Big Bad Wolf." You will be taught the Satten Slide style of role reversing. Each member will have the opportunity to direct or be a protagonist, with this style of role reversal, during our time together. This will be a dynamic and fun workshop while still learning and expanding your perception of self and others.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and effectively use the Satten Slide style of role reversal;
2. Demonstrate skills used in directly small psychodrama vignettes.

74 BEHIND THE GLITZ AND GLAMOR: THE DIRECTOR'S DILEMMAS

Rob Pramann, PhD, ABPP (Group Psychology), TEP, University of Utah, Accurate Accountability Outpatient

The director of a psychodrama is a sociometric star and carries a weight of responsibility for the whole group, for each individual in it, and for the group as a whole. Yet he/she is not merely conducting individual therapy in a group or therapy for the group. This session will highlight key moments in the process of a session that contribute to an optimal therapeutic outcome for each individual and the group as a whole.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe their personal warm up as director in preparation for addressing individual and group needs;
2. Identify the progression and steps in conducting a session in order to reach an optimal therapeutic outcome for the individual group members and the group as a whole.

75 HEALING THE WOUNDED MALE USING ACTION METHODS

Rick Tivers, MSW, LCSW, CGP, Private Practice, The Chicago School of Professional Psychology

This workshop is open to men and women who desire to gain a greater understanding in how to work effectively with males. Some males appear to be resistant to treatment, yet their defenses just show up differently than with women. This experiential workshop will demonstrate best practices for working with males who are in pain and who may LOOK treatment avoidant. Male aggression, sexuality and primitive responses to fear will be processed as well.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Develop treatment interventions based on males defenses;
2. Demonstrate the "working through" process in shame reduction and recovery

76 RELEASING YOUR INNER ARTIST: MINDFUL EXPRESSION, HEARTFELT HEALING

Natalie Winters, EdD, TEP, ASGPP, NCPA, Private Practice

Art of all kinds allows us to express feelings without talking them away. According to Moreno, we each have creative genius that helps us navigate our lives and heal our wounds. In this workshop you'll explore our unique artistic genius in a mindful manner using visual and expressive arts and culminating in enactment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how art forms can be employed as healing tools;
2. Describe how art forms can be employed as warm-ups for enactment.

CLOSED

77 NAVIGATING HEALTHCARE DECISION MAKING IN ACTION

Katherine Amsden, MSW, LCSW, CP, NHPCO, NASW

As a palliative care social worker and psychodramatist, this presenter provides a unique experiential workshop allowing participants the opportunity to learn how action methods may be applied to helping patients and families with complex medical decision making when faced with life threatening or life limiting illnesses or diagnoses.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Utilize sociometric choice within the context of exploring healthcare decision making;
2. Apply doubling to assist patients and families dealing with life threatening or life limiting illness.

12:30 pm - 2:00 pm
90-MINUTE WORKSHOPS

78 CREATIVITY AND SPONTANEITY VS GENDER ROLES

James Pennington, MA, LAC, La Frontera Arizona, ICEEFT;
Adena B. Lees, LCSW, CP, Private Practice

Everyone has experienced gender roles throughout their life, but many people never consciously examine how those roles dictate their behavior. At what point do those roles begin to inhibit an individual's ability to react in the moment with creativity and spontaneity? Participants will be given the opportunity to explore their experience around gender roles through action, and process their experience to create a new awareness of ways that gender roles were impacting their everyday experience.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify specific ways that gender roles affect their behavior;
2. Explain ways people can be more creative and spontaneous by reducing their rigid adherence to gender roles.

79 TRAUMA INFORMED EXPERIENTIAL METHODS FOR COMPLEX PATIENTS

Nancy Bailey, PhD, LISAC, CET II, Desert Moon Consulting;
Carolyn Steppe, LSW, CCDP, CET II, EMDR

Discussion and interactive presentation focusing on findings of doctoral research outcomes and experience in a population related using trauma informed psychodrama methods with complex clients. This information can be translated across patient populations to use a titrated method for safety in self regulatory body systems.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Set up and role model action method for use with clients with complex diagnosis;
2. Recognize how to safely titrate action methods incorporating somatic identifiers.

80 YOUR VOICE: USING MUSIC, SOUND, AND SONGWRITING FOR HEALING

Krylyn Peters, MC, LPC, CLC, Finding Your Voice Institute, LLC

This interactive workshop will get your creative juices flowing as you explore how to use music, sound, and songwriting for your own healing and/or with your clients. You will have opportunities to work cooperatively, take risks, and make a little music of your own.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how all sound and music is NOT created equal and what is the most healing;
2. Demonstrate the use of improvised and planned techniques using sound, music, and songwriting therapeutically with client groups.

81 EARLY ATTACHMENT WORK USING PSYCHODRAMATIC ENACTMENTS

John Skandalis, MA, LMHC, TEP, Private Practice

In this workshop you will learn the developmental model and some specific psycho-dramatic techniques to diagnose and correct early developmental problems. Attendees will learn the different developmental traumas and the appropriate interventions. The workshop includes both didactic and experiential learning opportunities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the four kinds of developmental trauma;
2. Describe several interventions to use to heal developmental traumas.

82 PLAYBACK THEATRE: THE ART OF EMPATHY

Essential Theatre members

Playback Theatre is an interactive, improvisational art form in which members of the audience tell stories from their lives and watch an ensemble of actors and musicians bring these stories to artistic life. Essential Theatre will present a Playback Theatre performance and introduce participants to our company's Playback applications in therapeutic environments.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the role of Playback in a therapeutic setting;
2. Describe essential elements of Playback

83 RECONNECTION WITH SELF: HEALING FROM CODEPENDENCY

Diana Zumas, MA, LPC, Private Practice, Cottonwood de Tucson

Codependency can be described as "a loss of self" or "an addiction to looking elsewhere." Drawing from the work of J.L. Moreno, Melody Beattie, Charles Whitfield, and Pia Melody, this didactic and experiential workshop will focus on how to reclaim the connection to Self. By identifying characteristics of codependency and using action methods to nourish awareness, we will begin to heal the spirit within.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify characteristics of codependency utilizing psychodramatic tools including the locogram and spectrogram;
2. Recognize life circumstances that contribute to the development of a perceived loss of self

84 QI GONG (CHINESE ENERGY MEDICINE) AND PSYCHODRAMA

Gong Shu, PhD, LCSW, TEP, Yi Shu Expressive Therapy Healing Research Center, Soochow University & Int'l Zerka Moreno Institute; Er Dong Wang, MEd, PAT, Suzhou University, Yi Shu International Expressive Healing Research Center, Soochow University; Hao Dan; Wang Jing MEd, PAT, The Centre for Research on Mental Health Education for College Students of Soochow University; Jiang Mian, MS, PAT, Soochow Xinyizhai Psychological Counseling; Ann Ji; Shulan Zhao, MS, Chongqing Academy of Educational Sciences

Qi Gong is an ancient Chinese healing method. It is a form of breathing, visualization and centering exercise that helps to eliminate the toxins in the body in exchange for the positive and nurturing qi from the cosmos. It helps to identify the energy blockage in various areas of the body caused by emotional disharmony. Psychodrama will help to work through the roots of emotional disharmony to reach wholeness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the roots of the emotional imbalance that cause the energy blockage;
2. To work through the energy blockage in order to reach harmony in intrapersonal, interpersonal and transpersonal relations.

This is a 2016 Award Winner's Workshop

**2:30 pm - 5:30 pm
AFTERNOON WORKSHOPS**

85 COME TO THE WELL

Norma Kay Lord, CGP, TEP, CAST INC, the Tumaini Foundation

Seeking an oasis? Start the journey of leaving behind past cultural conserves and find the well of creativity to nurture your mind, body and spirit. Participants will examine what they need to leave behind, what sustains them, and what connects them to a higher level of being. Trainers will use symbolism and ritual as a key to transcending our ego and embracing ultimate possibilities within community.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Examine and explore their own surplus reality;
2. Recognize the progression involved in a full psychodrama.

86 ENTWINING THE ENNEAGRAM AND PSYCHODRAMA

Debra Gion, LPC, CGP, PAT, ASGPP, AGPA; Linda Frazee, Life Coach, Co-Founding Member of Arizona Enneagram Association, National Enneagram Association

Learn the Basic Concepts of Personality Typing through the Enneagram; a system that highlights our patterns that both enhance and challenge our daily lives. There will be a brief tour of the types. Then discover more effective ways to work with your clients' types using PSYCHODRAMA. One group member will have an opportunity to participate in a vignette.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define And Examine the important aspects of personality type as laid out by the Enneagram System;
2. Discuss the use of psychodrama to explore challenges and blind spots discovered by entwining with the Enneagram.

87 BLOOMING IN THE DESERT: THE CANON OF CREATIVITY

Deborah Shaddy, MS, LCPC, TEP, Hudson Valley Psychodrama Institute, Private Practice

The desert evokes images of dryness, desolation, and emptiness. Human beings also experience times in life when the life-giving, life-sustaining "juice" has evaporated. Moreno's Canon of Creativity provides the wellspring from which to understand both the relationship between creativity and spontaneity and the use of these concepts to bring "water to the desert." This workshop will provide an opportunity to identify areas where something new is needed and the means to creating it.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the key elements of the Canon of Creativity;
2. Apply these elements in enhancing spontaneity and creativity.

88 USING THE DIAMOND OF OPPOSITES FOR DIRECTING AND RESEARCH

Martica Bacallao, PhD, MSSW, TEP, University of Kansas School of Social Welfare

Most of us want to make well informed decisions about our relationships, health, work, where to live, and money. This skills based workshop will introduce the diamond of opposites, a structure that launches action exploration on decision-making. Participants will practice a variety of directing techniques on the diamond of opposites. The diamond will also be explained as a measurement tool for evaluation and research in psychodrama and sociodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply 3 directing techniques on the diamond of opposites;
2. Describe 2 evaluation strategies to build the evidence-base on psychodrama research.

89 RECLAIMING OUR CREATIVITY THROUGH PLAY

Veronica Bowlan, MSW, LSW, PAT, Drexel University College of Medicine, Private Practice

Identify action methods to increase spontaneity and creativity. The experience of play will be explored to increase role choices and changes in relationship. The role of being a play and being a spectator will be discussed as ways to establish connection. Individual, pairs and group exercises will use physical play and "synchronicity" to identify and expand role choices. There will be an opportunity for a protagonist to work in a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two action methods to use in group to increase spontaneity;
2. Demonstrate specific exercises to establish safety and connection.

90 EXPLORING THE SPIRIT: FROM ISOLATION TO CONNECTION

Adam Blatner, MD, TEP, Associate Clinical Professor, Texas A&M Health Sciences Cen; Shelley Korshak Firestone, MD, FAGPA, Chicago Psychotherapy and Psychiatry, University of Chicago, Private Practice

Moreno's legacy includes methods to actualize his spiritual cosmology in our everyday lives through encounter. Participants in this workshop will have the opportunity to explore, identify, and modify the ways we connect and block connection with ourselves, others, and our higher power.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify criteria that are more personally relevant to one's own spiritual journey;
2. Apply those experimentally to see how well they achieve their goals, tweaking them to improve their effectiveness.

91 STONES IN THE STREAM; WISDOM FROM THE WATER

Colleen Baratka, MA, TEP, Looking Glass Counseling, The Renfrew Center; Deborah Karner, MSS, LCSW, PAT, Crozer Recovery Center

Like water in the stream eddying before a stone, trauma memory swirls removed from the flow. This workshop explores how to safely free the energy from behind the stone and release it back into the flowing stream of consciousness. Throughout the session this metaphor will be used to explore both experiential and didactic ways to help a flow of transforming trauma memory through the wisdom of the water.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two psychodrama and mindful techniques for creating safety in trauma work;
2. Explain strategies for clients to use in tolerating and shifting trauma memories from emotion to meaning.

92 HEALING OUR SPIRITUAL WOUNDS

Arlene Story, LMHC, MAC, CSAT-S, TEP

Spiritual wounds are often "soul wounds" that keep us from becoming the fully functioning person we were created to be. This workshop will focus on identifying these wounds and developing healing strategies to address them. There will be didactic presentation however, most of this workshop will be experiential. All participants to evaluate their own healing strategies. A psychodrama demonstrating one of the many ways to begin this healing process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the ethics of doing "soul wound" psychodramas;
2. Identify and explain three strategies for healing "soul wounds".

5:45 pm - 6:30 pm

CLOSING CEREMONY

Calling all Spirits of Past, Present, and Future to close the conference with Ceremony and leave the Desert Oasis filled with enough nourishment for Mind, Body, and Soul to last until we gather again in 2017.

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& Deb Shaddy
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Sociodrama and Story with Children's Groups

Istanbul, Turkey

May 21-22

Positive Psychology in Action

with Dan Tomasulo
Highland, NY

July 7-11

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& Deb Shaddy
Highland, NY

July 14-19

July Directing Intensive

with Rebecca Walters
Highland, NY

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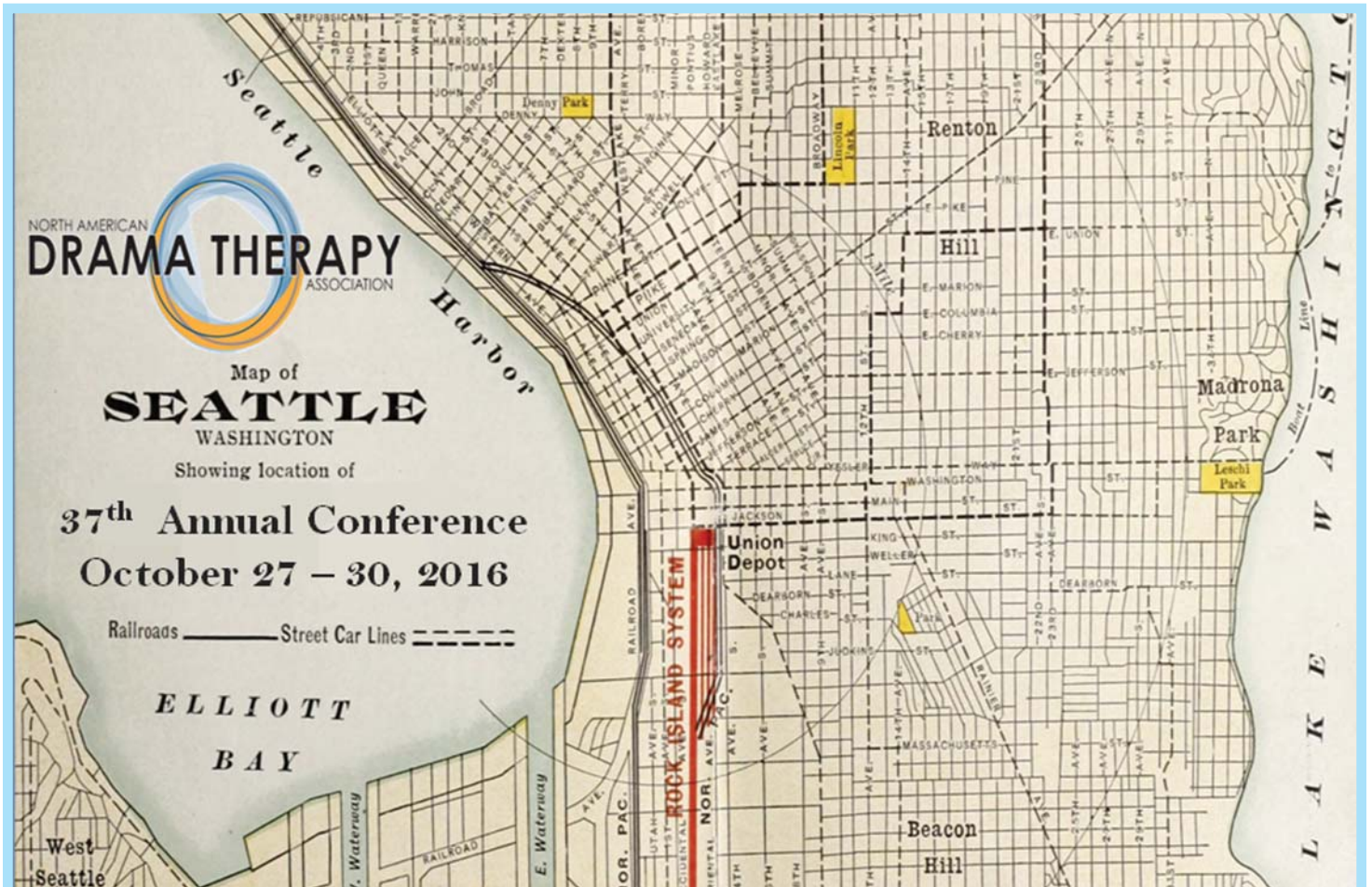
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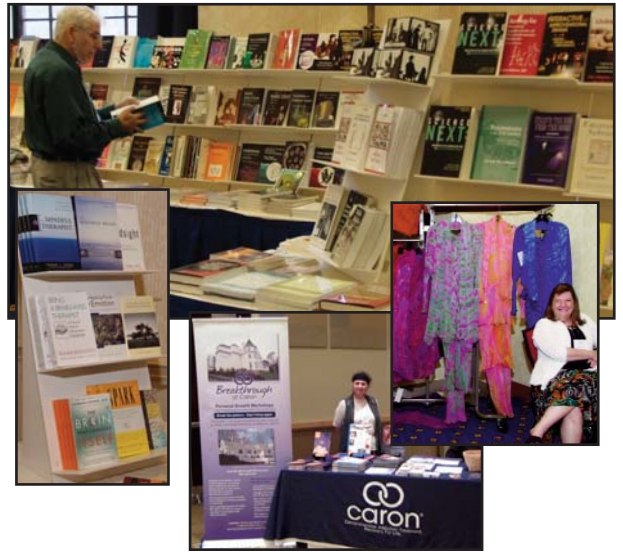
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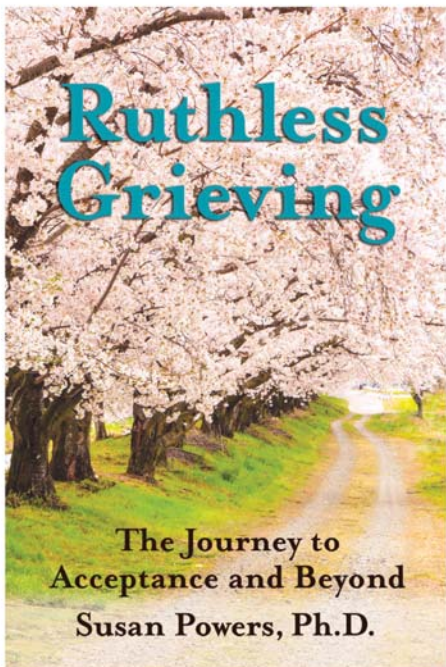
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**Check with the Institutes / Trainers for workshops and training opportunities plus locations,
as many offer trainings in multiple states and internationally.**