



American Society of Group Psychotherapy & Psychodrama

73RD Annual Group Psychotherapy & Psychodrama Conference

Sonesta Hotel Philadelphia, Philadelphia, PA

April 9-12, 2015



CEs for licensed professionals including Psychologists (APA); Social Workers (ASWB); Counselors (NBCC); Addiction Professionals (NAADAC); Florida, California, Ohio and Texas Board Approvals; International Board for Certification of Group Psychotherapists.

The entire conference (Thursday - Sunday) offers up to 30.25 hours toward CEs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

1. Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

EXECUTIVE COUNCIL

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HONORARY PRESIDENT: Zerka T. Moreno, TEP

EXECUTIVE DIRECTOR: Debbie Ayers, MMHS

ASGPP NATIONAL OFFICE

ASGPP / 301 N. Harrison St, Suite 508, Princeton, NJ 08540
(609) 737-8500 / fax: (609) 737-8510
asgpp@ASGPP.org / www.ASGPP.org

2015 ASGPP AWARDS

J. L. Moreno Award

Louise Lipman, LCSW, CGP, TEP

President's Award

Tian Dayton, MA, PhD, TEP

Hannah B. Weiner Award

Carole Oliver, MEd, LPC, TEP

David Kipper Scholar Award

Walter Baile, MD

Fellow

Katrena Hart, LPCS, CBT, TEP

Gratitude Award

Jennifer B. Reis

ASGPP REGIONAL CHAPTERS

Delaware Valley Chapter

Colleen Baratka / catharsisinstitute@live.com / 610/600-1476

Hudson Valley Chapter

Rebecca Walters / hvpi@hvpi.net / 845-255-7502

Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

New England Chapter

Carol Feldman Bass / caf.bass@rcn.com / 781-540-9486

Maria Mellano / MariaMellano@comcast.net / 617-913-3898

New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

Southern Chapter

Craig Caines / craigcaines@sprintmail.com / 205-249-7048

ASGPP REGIONAL COLLECTIVES

Denver Area Collective

Erica Hollander / ericahollander@comcast.net / 303-978-9091

South Florida Collective

Linda Condon / lincondon@yahoo.com

The Toronto Centre for Psychodrama (Canada)

Sheila Berry / sberry@primus.ca / 416-686-6596

COLLECTIVES UNDER DEVELOPMENT

Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

Minnesota

Mary Anna Palmer / maryannapalmer@yahoo.com / 612-309-7940

Kansas/Missouri

Deb Shaddy / dsshaddy@aol.com

CONFERENCE STEERING COMMITTEE

Janell Adair (auction)

Colleen Baratka (co-chair/entertain.)

Rhona Case (auction)

Deborah Karner (co-chair)

Kim Cox (program)

Heidi Landis (publicity/entertain.)

Barbara McKechnie (co-chair/triage)

Sue McMunn (awards)

Patty Phelps (advertising)

Sandy Seeger (co-chair)

Daniella Simmons (entertainment)

Rebecca Walters (program)

Welcome to Philadelphia, PA and the ASGPP 73rd Annual Conference: *Revolutionizing Group Process through Psychodrama and Sociometry.*

Revolution means a rebellion or uprising, and it also means transformation and innovation. Your conference committee chairs Colleen Baratka, Deborah Karner, Barbara McKechnie and Sandy Seeger invite you for a taste of Philadelphia Freedom.

Join us at the Sonesta right in the heart of Center City Philadelphia. With City Hall, Rittenhouse Square and the theatre district just around the corner, you can stroll down the Avenue of the Arts and find plenty of culture and array of things to do. Society Hill, Penn's Landing, Independence Hall and

the Historic District are all a short cab or subway ride. You will love conferencing in Philly. We have so much to offer.

This year we are especially pleased to be in the City of Brotherly Love and explore the topics of diversity and inclusion. Join us after the President's Reception for a special Diversity Event! We look forward to seeing you at the President's Reception, Awards Ceremony, and Saturday night dance – always a big hit! And don't forget to visit the Silent Auction and "Basketcase" raffle, Exhibitors, Vendors, and Bookstore!

A warm welcome awaits you!

2015 ASGPP CONFERENCE Co Chairs

Colleen Baratka, Deborah Karner, Barbara McKechnie and Sandy Seeger

EXCITING EVENTS

President's Reception and Opening Welcome

(Thursday 6:00 pm - 7:30 pm)

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 73rd ASGPP 2015 Conference. **OPEN EVENT**

Diversity Forum: *Who we are and who we Want to be: Performing and Exploring Diversity in the ASGPP*

(Thursday 8:15 pm - 10:00 pm)

Join us for the ASGPP's 1st Diversity forum where we will create a space to share conversations and awareness about who we are as a community and how we might promote healing, understanding and growth around diversity and social inequity. Practicing an open and reflective stance to difference and issues relating to power and privilege is a necessary part of ethical practice. Through sociometry, sociodrama and drama therapy techniques, we will take time to identify, cultivate and "perform" our vision around diversity for the ASGPP.

Silent Auction / BasketCases Raffle / Live Auction

(Thursday - Saturday)

The Auction and Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature **Artists in Residence** where we display works of art that are hand-crafted by our community. Bid on a variety of exciting items as well as workshops and trainings. The Live Auction takes place Friday at the Membership Meeting. The Silent Auction closes Saturday at 7:00. Winning bids will be posted Saturday at 9:00 pm and pick up will be Sunday — time to be announced. The BasketCase Drawing takes place at the beginning of the Saturday night dance.

Opening Plenary: Ann E. Hale, MSLIS, MA, TEP

The Art of Connecting (Friday 8:00 am - 9:00 am)

Ann E. Hale graduated a Director of Psychodrama with trainers J.L. and Zerka Moreno in 1973, at age 31. In 1975 she founded the Toronto Centre for Psychodrama and Sociometry, and in 2005 the International Sociometry Training Network. Ann is a former ASGPP President, recipient of the President's Award, the Hannah B. Weiner Award, the J.L. Moreno Award, the David A. Kipper Scholar Award, and is a ASGPP Fellow.

Each time we attend a meeting like this, there always exists the possibility to bring vitality and diversity to our ongoing circle of relationships. The universe always has surprises in store. With me will be members of the year-long applied sociometry course. We'll teach some of the elegant and necessary elements of discovering our connections.

Community Sociometric Selection (Friday (9:00 am - 9:30 am)

THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS. Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

Annual Membership Meeting

(Friday 1:15 pm - 2:45 pm)

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. **OPEN EVENT**

New Members & First Time Attendees Gathering

(Friday 6:30 pm - 7:00 pm)

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you. **OPEN EVENT**

Chapters/Collectives Networking Meeting

(Friday 6:30 pm - 7:00 pm)

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved. **OPEN EVENT**

Awards Ceremony / Dessert Reception

(Friday 8:30 pm - 10:00 pm)

Our awards acknowledge those who have made outstanding contributions to our community. (Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

Saturday Keynote Address: Doug Walter, JD

Sociometry and Congress: Creating Change in the Conserve One Word at a Time (Saturday 8:00 am - 9:15 am)

Doug Walter is the Associate Executive Director for Government Relations for the American Psychological Association Practice Organization and a leading mental health advocate in Washington, DC. He was a principle negotiator in discussions leading to Congressional passage of the Mental Health Parity and Addiction Equity Act and the Affordable Care Act. A principal privacy advocate, he helped formulate patient privacy protections in the HIPAA Privacy Rule and HITECH Act.

Doug Walter shares insights on the social conserve of Congress, based on nearly 25 years of working with national policy makers in health and mental health care, and explores how these dynamics may impact the future of psychodrama, sociometry and group psychotherapy.

Saturday Night Dance / Entertainment: Philadelphia

Freedom to be.... (Saturday 8:00 pm - 10:00 pm)

Philadelphia Freedom to be...whatever I want to be! Wear your boa, costume, mask (we will have a limited supply) or come dressed as you are! Come join us for an evening of dancing and light snacks.

OPEN EVENT

Jonathan Moreno Coffee Hour (Sunday 8:00 am - 9:00 am)

Join us for an amazing opportunity to hear Jonathan Moreno discuss his latest book, "Impromptu Man: J.L. Moreno and the Origins of Psychodrama, Encounter Culture, and the Social Network". Enjoy coffee and listen to Jonathan talk to us about his father, the Father of Psychodrama. **OPEN EVENT**

Closing Ceremony / Playback (Sunday 6:15 pm - 7:15 pm)

Closure in action. Share your conference highlights and say goodbye to new and old friends. Sociometric methods will be used to bring forward new and desired roles warming up to the 2016 Conference. Sunday 8:00 am - 9:00 am. **OPEN EVENT**

HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double \$169. This rate is only guaranteed through March 20, 2015. After that date, rooms are available on a "space and rate available" basis determined by the hotel. The special rate is available for stays from April 4 - April 16. **When making reservations by phone, be sure to identify yourself as attending the ASGPP 73rd Annual Conference to obtain the special conference rate.**

Hotel Contact Information:

Sonesta Hotel Philadelphia, 1800 Market St, Philadelphia, PA, 19103
Tel: 215-561-7500, Fax: 215-561-4484,
Reservation Line: 1-800-SONESTA (766-3782)

To make reservations online, please go to the ASGPP website
www.asgpp.org or

<https://gc.synxis.com/rez.aspx?Hotel=56921&Chain=5157&arrive=4/6/2015&depart=4/14/2015&adult=2&child=0&group=0406ASGPP73R>

We strongly recommend that you place your reservations by using our on-line service.

ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP via **email** and specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of other people who have expressed an interest in sharing a room. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP is not responsible for any arrangements that fall through.** The deadline for this Room Sharing Service is **February 13, 2015**. Remember that the hotel is only obligated to honor ASGPP rates through March 20, 2015 and availability.

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material**. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products (other than books) which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

For additional information, please contact:

Debbie Ayers, Executive Director, (609) 737-8500, asgpp@ASGPP.org.

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of February 13, 2015.
- To receive the early registration discount, your forms must be post-marked by February 13, 2015.
- **Attendees registering by mail with a postmark after February 13, 2015 must pay the on-site rate.**
- Member rates apply only to those having paid their Membership Dues.
- Anyone registering at member rates who has not paid their dues to the ASGPP for 2014/2015 (through 4/15), will be invoiced for such dues. The dues must be paid prior to the conference.

CANCELLATION POLICY

Request for cancellation must be postmarked by April 2, 2015. While no refunds will be given, cancellations will receive credit for the 2016 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds but understands that it can be more convenient for individuals to use their credit card. Please keep in mind that the ASGPP will charge a 2.75% fee for processing credit cards. Sending a check or money order helps us keep your conference rates lower. To pay by credit card please register online or include your information on the following registration page and ASGPP will process.

PHOTOS

The ASGPP takes photos at open events at the 2015 Conference and may reproduce them in our publications or on our website. No photos will be taken of personal work or workshops. By participating in the 2015 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

ASGPP DISCLAIMER

Conference attendees agree not to hold ASGPP responsible for any injuries incurred during any activities hosted by the ASGPP.

ASGPP 2015 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) _____
 ADDRESS _____
 CITY _____ STATE/PROVINCE _____
 ZIP/POSTAL ZONE _____ COUNTRY _____
 FIRST NAME/NICKNAME FOR BADGE _____
 PHONE _____ E-MAIL _____
 PROFESSION (eg. Social Worker, Psychologist) _____
 In case of emergency notify: _____
 (ADA) - Please indicate if you have special needs FOR OFFICE USE ONLY

Check all that apply

- Presenter
- First Time ASGPP Conference Attendee
- Retiree (no longer employed, doing training or in private practice)
- Student (matriculated in an accredited college/university program)
- Member Non-Member New Member (since 5/2014)

NEW MEMBER INCENTIVE

Become a member today and receive a special conference promotion discount of 50% on your dues and enjoy member rates to attend the conference. New member rates are \$60 (regular) and \$30 (student). **Students must submit Student picture ID.**

REGISTRATION FEES

All fees are given in \$US

- Full Conference
(Friday, Saturday and Sunday)
- 1 Day Conference Package (Fri, Sat or Sun)
Circle Your Choice(s)
- Full Day Conference Institute (Thurs)
- Half Day Conference Institute (Thurs)

	Member Student	Member Retiree	Non-Member Student	Non-Member Retiree	Member	Non-Member	
<input type="checkbox"/> Full Conference (Friday, Saturday and Sunday)	\$310	\$310	\$325	\$325	\$500	\$550	\$ _____
<input type="checkbox"/> 1 Day Conference Package (Fri, Sat or Sun) <small>Circle Your Choice(s)</small>	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Full Day Conference Institute (Thurs)	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Half Day Conference Institute (Thurs)	\$65	\$65	\$70	\$70	\$90	\$110	\$ _____

ADDITIONAL EVENTS

- Friday Awards Dessert Reception (included in Full Conference package)..... x \$20..... \$ _____
 - Boxed Lunch - circle which days apply (Thurs Fri Sat Sun) (menu will be sent)..... x \$25 Per day \$ _____
 (Full Conference package: \$10 on Friday. Check box above for other days.)..... \$10..... \$ _____
 - Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ _____
 - 2015 Membership Dues** \$120 (regular) \$60 (Retiree or Student - must submit student picture ID)
 All members add (\$10) if you are from a country other than the US, Mexico or Canada..... \$ _____
 - CE Forms – we will provide one form that can be used for all licensures as verification..... \$30..... \$ _____
- TOTAL AMOUNT DUE (\$US)**..... \$ _____

Please review ASGPP Cancellation Policy on previous page.

Please make checks payable to ASGPP, and return all registration forms to:

ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540

TO USE YOUR CREDIT CARD (Visa & MasterCard only) Please keep in mind that we will calculate and charge a 2.75% fee to the Total Amount Due. To avoid paying this fee, you may mail this form with your check to the address above.

Name as it appears on the credit card _____ Credit Card #: _____

Expire. Date _____ Last 3 digits on signature line: _____ The 3-digit CVV code is located on the reverse side of your card and essential to process your charge.

Billing address for card if different from above _____

DO NOT E-MAIL credit card information. Mail this form to the ASGPP or send it along with the Workshop Registration page via secure fax to: 609-737-8510.

GROUP RATES: ASGPP is offering a group rate to psychodrama training institutes at a rate of \$375 per person. All registrants must be members of the ASGPP. Registrations must be sent together in the same envelope with a cover letter from the trainer listing the names of the trainees.

ASGPP is offering a special group rate for the Full 3 day Conference to college/university students and agency employees. Six (6) or more students must register together at the Group Rate of \$255/per person. *Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification. **We are also offering a group rate for three (3) or more attendees from a mental health or medical agency or hospital** at the rate of \$440 per person. Registrations must be sent together with a letter from the agency/hospital administration, listing the attendees/employees.

Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

IMPORTANT: Please sign up for workshops on the following page.
 Your registration cannot be processed if you have not signed up for the workshops you wish to attend.

WORKSHOP REGISTRATION

Last Name _____

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

	1st CHOICE	2nd CHOICE	3rd CHOICE
Thursday April 9, 2015 - Pre-Conference			
9:30 am - 5:30 pm *Full Day Training Institutes..... (#1-8A)			
9:30 pm - 1:00 pm *Morning Training Institute..... (#9-10)			
2:00 pm - 5:30 pm *Afternoon Training Institute..... (#11-12)			
Friday April 10, 2015			
10:00 am - 1:00 pm ALL Morning Workshops will be sociometrically selected ONSITE ONLY - at 9:00 am SHARP immediately following Plenary			
3:00 pm - 6:00 pm Afternoon Workshops..... (#24-34)			
Saturday April 11, 2015			
10:15 am - 1:15 pm Morning Workshops..... (#35-45)			
1:45 pm - 3:15 pm 90-Minute Workshops..... (#46-56)			
3:45 pm - 6:45 pm Afternoon Workshops..... (#57-67)			
Sunday April 12, 2015			
9:30 am - 12:30 pm Morning Workshops..... (#68-78)			
1:00 pm - 2:30 pm 90-Minute Workshops..... (#79-87)			
3:00 pm - 6:00 pm Afternoon Workshops..... (#88-95)			

***Additional Registration Fee Required**

How did you hear about the conference? Mailer Online Trainer/Teacher Ad in publication Colleague/Friend

Please specify: _____

SESSION ASSISTANTS & VOLUNTEERS NEEDED!

VOLUNTEER SERVICE is a vital part of the ASGPP community and a successful conference program. We have four areas of volunteering: General Volunteer, Session Assistants, Onsite Triage Team Members and Silent Auction/Basketcases assistants. You can contact the coordinator of these areas to find out more about them or ask questions. Please indicate which area of volunteering you are interested in. The Coordinator of that area will contact you. **We hope you will offer your services both on site and prior to the conference.**

- Yes, I am interested in being a General Volunteer. (Coordinator: Debbie Ayers, 609-737-8500, debbie@asgpp.org)**
- Yes, I am interested in being a Session Assistant. (Coordinator: Debbie Ayers, 609-737-8500, debbie@asgpp.org)**
- Yes, I am interested in being a Onsite Triage Team Member. (Coordinator: Barbara McKechnie, mckechnieb@verizon.net)**
- Yes, I am interested in helping with the Silent Auction/Basketcases.**
(Coordinators: Rhona Case, 215-355-8380, psychobabble3@gmail.com; Janell Adair, 267-471-2460, janelladair@gmail.com)

Please circle the days you are available: Thursday Friday Saturday Sunday

NAME _____ PHONE (day) _____

E-MAIL _____ PHONE (evening) _____

WORKSHOP TRACKS

Only the Workshops that are listed on this page are available for CE Credit

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday
Addictions	12	19, 22, 33	35, 46, 55	74, 81, 82, 83
Business/Coaching/ Marketing/Publicity	2, 8, 9, 11		51	79
Creative Arts		21, 23, 29	40, 66	71, 87, 88, 91
Education	8	20, 24, 26	38, 47, 57	79, 88
Family/Couples	6, 12	27, 31, 32	39, 42, 54	76, 90
Healing/Self Care	1, 5	14, 16, 18, 19, 20, 22, 24, 34	43, 44, 45, 49, 54, 56, 62	68, 72, 76, 77, 81, 84, 88, 91 92, 93, 95
International		13, 18	54, 56	69, 77, 84, 90
Multicultural	11	13	56	68, 78
Neurobiology	4	33	37, 60	77
Psychodrama in Other Fields	4, 9, 12	18, 21, 25, 26, 28, 30	42, 43, 51, 52, 53, 55, 57, 65	70, 75, 78, 89, 92, 93, 94
Psychodrama Foundations	3, 5, 6, 10	16, 17, 23, 24, 30	36, 39, 41, 47, 50, 52, 57, 59, 61, 62, 64	70, 72, 83, 87, 89, 94
Sociodrama/Playback/ Drama Therapy	2, 7	15	36, 41, 53, 58, 63, 65	73, 80
Sociometry	3, 7, 8A	Plenary, 17, 25, 28, 31, 32	Keynote, 45, 48, 58, 61, 64, 67	69, 70, 85
Spirituality	1	15	35, 37, 40, 48, 49, 59, 66, 67	71, 73, 84, 95
Trauma/Bodywork	1, 10	13, 14, 22, 27, 29, 32, 34	39, 44, 49, 60, 63	68, 72, 74, 75, 76, 82, 90

PSYCHODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas.

THURSDAY

- 2 The GroupTherapist as Corporate Trainer
- 4 Through the Looking Glass: Seeing Beyond E.D.
- 5 Revolutionizing Chronic Pain: Neutralizing the Enemy
- 6 Ancestral Psychodrama
- 9 Discovering the Story: Psychodrama in Trial Consultation
- 10 Only 3 Issues: Hypothesis Development in Group

FRIDAY

- 14 The Way Home: The Use of Ritual in Healing Trauma
- 16 Metaphorically Speaking
- 17 Psychodrama 101: The Basics of Psychodrama
- 18 Choosing our own Story Scripts
- 19 Addiction, Social Atoms and Motivation to Change
- 20 Link Psychodrama to Energy Psychology
- 21 It Is What It Is, Is It?
- 22 Shame, Perfectionism and Addiction
- 23 Mirror, Mirror on the Wall: The Inner Critic

- 24 Tools For Happiness: Hope into Action
- 25 Longing for Connection
- 28 Introduction to Sociometry
- 31 Elementals of Self-Inclusion
- 32 Mentally Ill Family Members: Coping Strategies
- 34 Oh... The Places We Will Go!

SATURDAY

- 35 Reinventing 12 Step Recovery
- 37 Moreno, Buddha and Neuroscience
- 39 Reclaiming our Creativity Through Play
- 40 Healing Hungry Hearts
- 42 Social Atom Repair Work through the Generations
- 43 Encounter Our Strengths, Befriend Our Resources
- 59 Spontaneity Through Mindfulness: Who Shall Survive
- 60 Bolstering Resilience in Trauma Work
- 62 Revolution to Freedom
- 64 Seven Deadly Sins of the Psychodrama Auxiliary

- 67 Getting Psyche into the Psychodrama
- 64 Healing History's Wounds through Action Methods

SUNDAY

- 70 "Relational Mindfulness"
- 72 Trash or Treasure: The Secret Meaning of Our Stuff
- 74 Treatment of Traumatic Attachment in Addicted Veterans
- 75 The Talking Mirror
- 78 Open Story System Changes Old Plots for New
- 89 Joining Psychodrama with Group Cognitive Behavioral Therapy
- 92 Rationality & Irrationality for Ourselves
- 93 From Shamanic Trancedance to Psychodrama
- 94 Moreno as Alchemist: Transformation in Action
- 95 Enhancing our Healer Role thru Medicine Buddha

TRAINING CREDITS & CE INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed by the presenter** before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



CONTINUING EDUCATION UNITS (CEs)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies.

PSYCHOLOGISTS: Ce-Classes.com has partnered with Griefworks Inc. who is approved by the American Psychological Association (APA) to sponsor continuing education

SOCIAL WORKERS: Ce-Classes.com is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org Approved Continuing Education Program (ACE). Approval Period: 1/5/14 - 1/14/17. Ce-Classes.com maintains responsibility for the program. Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS: Ce-Classes.com is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of this event/program. Ce-Classes.com may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event.

ADDICTION PROFESSIONALS: Ce-Classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

NYS (OASAS): The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA:

SW, MFT & LEPS: Ce-Classes.com is approved by the California Board of Behavioral Sciences. Continuing Education Provider - PCE 4297

Nurses: The California Board of Registered Nursing. CEP 15647 Expires 11/30/2016.

CAADAC: The California Association of Alcoholism and Drug Abuse Counselors (CAADAC) Provider Number OS-12-174-1114 Expires 11/2016

TEXAS: Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

OHIO: Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2015.

FLORIDA: Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS: This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES: Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2016, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2016.

CERTIFICATES OF ATTENDANCE: Certificates of Attendance will be available to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Thursday, April 9, 2015) offers up to 7 hours. The regular conference (Friday, April 10 – Sunday, April 12, 2015) offers up to 23.25 hours. The entire conference (Thursday - Sunday) offers up to 30.25 hours toward Continuing Education Units (CE's). Check with your provider.

CE CERTIFICATES

CE Certificates are \$30 as indicated on registration form. Those purchasing CEs will have a 'CE Verification of Attendance Sheet' to be signed by the session assistant/presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CE certificate with hours listed for workshops attended.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to Debbie Ayers at asgpp@asgpp.org

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.



THURSDAY, April 9, 2015

8:00 am - 6:00 pm REGISTRATION

9:30 am - 5:30 pm PRE-CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.

6:00 pm - 7:30 pm President's Reception / Opening Ceremony – Open Event

7:30 pm - 8:00 pm Meeting: Sociometric Selection Team / First Time Presenters / Session Assistants

8:00 pm - 10:00 pm Diversity Event – Open Event

9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES

1 SPONTANEITY IN THE THERAPEUTIC SPIRAL MODEL

Kate Hudgins, PhD, TEP, Therapeutic Spiral International;
Monica Forst, MEd, ICADC, Private Practice: Choices in Action
Counseling Services

This pre-conference workshop presents the theory, research and practice of the clinical integrated system of the Therapeutic Spiral Model with a return to it's original roots in classical psychodrama and spontaneity theory. A full TSM Prescriptive Role Drama and Processing is enhanced by handouts on theory and research as an evidence based model of clinically modified psychodrama, neurobiology and attachment theory. An opportunity to warm up to the conference and self-care.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the neurobiological, attachment, and classical psychodrama theories as applied to treating trauma;
2. Implement the Six Safety Structures and the building of resources for protagonists working on traumas from the past.

2 THE GROUP THERAPIST AS CORPORATE TRAINER

Rick Tivers, MSW, LCSW, Private Practice - Evanston/Chicago

This all day intensive interactive workshop will demonstrate training using action methods in the corporate environment. Participants will go through a training to differentiate training versus treatment, what interventions to use, and the role or posture the trainer needs to take. Fear of internal authority will be worked through with various participants.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between group therapy and corporate training;
2. Employ action methods in their clinical work to create shame reduction.

3 MORENO MEETS THE BUDDHA, INTERPERSONAL MINDFULNESS TRAINING

Robert Siroka, PhD, ABPP, Sociometric Institute-NYC;
Jacqueline Dubbs Siroka, BDC, ACSW, TEP, Sociometric Institute-NYC

Mindfulness is a guide to intrapsychic processes. Sociometry is the science and practice of human connection. Psychodrama is the enactment of the human condition, joy and suffering. Group process facilitates universality and healing. Compassion, forgiveness, loving kindness practices of the Buddhist tradition will be demonstrated and taught within the action methods created by J.L. Moreno.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the principles of mindfulness, sociometry and psychodrama;
2. Employ Buddhist principles in group therapy using the action methods created by J. L. Moreno.

4 THROUGH THE LOOKING GLASS: SEEING BEYOND E.D.

Colleen Baratka, MA, TEP, Looking Glass Counseling, Renfrew Center;
Sarah Gibbs, MS, PhD

There are many theories about why Eating Disorders develop. Experts agree that struggles with identity, control, fears of growing up and of feelings are common in most eating disorders. This workshop actively explores the development of eating disorders using Moreno's 'Spontaneity Theory of Child Development' in conjunction with neurobiological development. Participants will practice psychodramatic skills that will integrate theory and clinical practice to help with symptom reduction.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Participants will be able to identify how communication between brain regions contributes to the development and maintenance of eating disorders;
2. Participants will be able to describe and apply three action techniques to be used in individual and group therapy with eating disordered clients.

5 REVOLUTIONIZING CHRONIC PAIN: NEUTRALIZING THE ENEMY

Kaya Kade, LPC, CDMS, TEP, Kade & Associates;
Tamar (Tami) Lubitsh, MA, RDT, LPC, Anchorage Neighborhood Health Clinic, Private Practice

Chronic Pain affects millions of Americans. People spend a lot of time and energy battling their perceived enemy: Chronic Pain. In this workshop we will show ways that people project their inner negative voices onto their chronic pain creating an enemy larger than life. Through role reversals, sculpting and basic psychodramatic techniques we will explore ways to change this relationship, neutralizing the enemy and redirecting positive energy to the self.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the effects of stress on the management of pain, distinguish the difference between acute pain and chronic pain and differentiate interventions appropriate to both;
2. Identify three warm up exercises a director can use that are specific to dealing with people in pain.

6 ANCESTRAL PSYCHODRAMA

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute, Centre for Playback Theatre

Ancestral psychodrama focuses on members of one's lineage, family members who have come before us and/or our clients and have left their imprint, consciously or unconsciously, in the present. This highly experiential workshop offers the opportunity to learn how psychodrama can be used in individual and group work to uncover the struggles and triumphs of early family members, and clear out unfinished business that has left lingering imprints that affect current and future generations.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe both group and individual psychodrama therapeutic techniques that are useful in ancestral psychodrama sessions;
2. Dramatize both group and individual psychodrama therapeutic techniques in ancestral psychodrama.

7 EMPOWERING SOCIODRAMATIC ACTION

Ann E. Hale, MA, TEP, International Sociometry Training Network

Sociometric elements of the stories underlying sociodramatic action will be presented. Participants will gain skills drawing a cultural atom of an event in the news, have supervised practice during a variety of action sequences which will follow. Closure alternatives to sociodramatic action will be addressed by members of Ann Hale's and Cathy Nugent's year-long sociometry course who will be assisting.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate drawing a cultural atom of an event and using action sequences as a therapeutic technique;
2. Describe a variety of closure activities to use to end a sociodrama session.

8 A CERTIFIED PSYCHODRAMATIST AND POSITIVE PSYCHOLOGIST: TOOLS FOR THE JOURNEY

Nancy Kirsner, PhD, LMFT, TEP, Certified Positive Psychologist, South Florida Center for Psychodrama, Action Training and Groupworks

Psychodramatists have experiential skills/training to translate Positive Psychology concepts into action. We focus on strengths and what's working for our clients. Psychodramas' philosophies, open mindedness, role training, and redoing mirrors Positive Psychology principles. This is an experiential workshop with supporting didactic/research articles/handouts.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the skills psychodramatists need to be Positive Psychology's actioneers.
2. Demonstrate skills training vignettes using the VIA (Values in Action) Strengths

8A SOCIOMETRY REVOLUTIONIZES GROUP PROCESS

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts Therapy, NYC; Gerry Spence Trial Lawyers College

J.L. Moreno saw Sociometry as the umbrella for Psychodrama and Group Psychotherapy. We will explore how it operates in the three phases of: warm-up, action and sharing and how they are inextricably linked to form a magnificent whole. We will examine the covert and overt structure of the current group. This workshop is didactic and experiential. As Jonathan Moreno said "Psychodrama without Sociometry is blind and Sociometry without psychodrama is sterile."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the use of sociometry as a guideline for group process.
2. Apply Sociometric intelligence to develop appropriate therapeutic interventions in a group setting.

This is a 2015 Award Winner's Workshop

9:30 am - 1:00 pm
MORNING PRE-CONFERENCE
HALF-DAY TRAINING INSTITUTE

9 DISCOVERING THE STORY: PSYCHODRAMA IN TRIAL CONSULTATION

Katlin Larimer, MSW, TEP, National Psychodrama Training Center, Private Practice; John Nolte, PhD, TEP, National Psychodrama Training Center, Trial Consultant

Workshop leaders will demonstrate, using group members, a psychodramatic procedure they use in trial consultations. The aim is to teach a marketable, non-clinical skill for psychodramatists. Didactic material, psychodramatic action and discussion will be included.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the differences between clinical and non-clinical psychodramas;
2. Apply their psychodrama skills to consultation with trial lawyers.

10 ONLY 3 ISSUES: HYPOTHESIS DEVELOPMENT IN GROUP

John Rasberry, LMFT, TEP, Mid-South Center for Psychodrama/Sociometry

James Ennis, PhD, TEP, is credited with developing a concept that regardless of diagnosis, three issues exist that encapsulate the diagnoses. This workshop will focus on developing the hypothesis, as a director, around these 3 issues. Hypothesis development is crucial to meeting the contract of the protagonist. Join us to learn, by demonstration and discussion, what are these issues.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the three issues intrinsic to all mental illness;
2. Recognize the necessity of hypotheses development as it relates to satisfying the goals of a protagonist.

2:00 pm - 5:30 pm
AFTERNOON PRE-CONFERENCE
HALF-DAY TRAINING INSTITUTE

11 SHIFTING INTO OUR CULTURAL WORLDS USING ACTION METHODS

Jon Kirby, MA, PAT, PhD, Private Practice

In today's diversity, counselors and therapists need to be more interculturally sensitive. Through culture-drama vignettes, participants in cross-cultural encounter hone their skills to shift their cultural frame of reference moving from "sympathy" (another's circumstance) to "empathy" (another's worldview).

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate individual personality issues from cultural issues in diversity conflicts in the workplace or in the home;
2. Examine how your own culture based "conflict style" will affect your treatment of an issue.

12 IMAGO THERAPY IN ACTION

Adena Bank Lees, LCSW, BCETS, CP, Private Practice, EcoHealing Adventures

This workshop employs both didactic and experiential learning to introduce and enhance knowledge of Imago Relationship Therapy theory and enhance skill in practice of the "Intentional Dialogue." You will experience incorporating the use of "sculpture" and "the double" to increase efficacy and power of the ID.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the principles of Imago Relationship therapy;
2. Demonstrate two skills to increase efficacy and power of the ID.

6:00 pm - 7:30 pm

PRESIDENT'S RECEPTION
OPENING WELCOME

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 73rd ASGPP 2015 Conference.

OPEN EVENT

7:30 pm - 8:00 pm

MEETING:
Sociometric Selection Team
First Time Presenters
Session Assistants

8:15 pm - 10:00 pm

DIVERSITY FORUM

Led by Heidi Landis, RDT-BCT, LCAT, TEP
Nisha Sajjani, PhD, RDT- BCT
Britton Williams, LCAT, RDT

Join us for the ASGPP's 1st Diversity forum where we will create a space to share conversations and awareness about who we are as a community and how we might promote healing, understanding and growth around diversity and social inequity. Practicing an open and reflective stance to difference and issues relating to power and privilege is a necessary part of ethical practice. Through sociometry, sociodrama and drama therapy techniques, we will take time to identify, cultivate and "perform" our vision around diversity for the ASGPP.

OPEN EVENT



FRIDAY April 10, 2015

6:45 am - 7:30 am	Yoga/Zumba
7:00 am - 8:00 am	SESSION ASSISTANTS BREAKFAST
7:30 am - 6:15 pm	REGISTRATION & EXHIBITS
7:30 am - 7:00 pm	SILENT AUCTION
8:00 am - 9:00 am	OPENING PLENARY - <i>The Art of Connecting</i> <i>Ann E. Hale, MSLIS, MA, TEP, International Sociometry Training Network</i>

Each time we attend a meeting like this, there always exists the possibility to bring vitality and diversity to our ongoing circle of relationships. The universe always has surprises in store. With me will be members of the year-long applied sociometry course. We'll teach some of the elegant and necessary elements of discovering our connections.

Learning Objectives. After attending, participants will be able to:

1. Explain the importance of allowing for spontaneity; 2. Describe elements of sociometry.

9:00 am - 9:30 am	COMMUNITY SOCIOMETRIC SELECTION with Nancy Kirsner & the Sociometric Selection Team
1:15 pm - 2:45 pm	ANNUAL MEMBERSHIP MEETING / Live Auction- (boxed lunch available – pre-order necessary)
6:30 pm - 7:00 pm	New Members / First Time Attendees Gathering - Open Event
6:30 pm - 7:00 pm	ASGPP Chapters / Collectives Networking Meeting - Open Event
8:00 pm - 10:00 pm	AWARDS CEREMONY / DESSERT RECEPTION - Separate ticket necessary for those not attending the full 3 day conference. Inquire at registration table.

9:00 am - 9:30 am

Community Sociometric Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:00 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

10:00 am - 1:00 pm
MORNING WORKSHOPS

13 PSYCHODRAMA AND TRADITIONAL CHINESE MEDICINE

Gong Shu, PhD, ATR-BC, TEP, International Zerka Moreno Institute (USA, Taiwan), International Yi Shu Expressive ARTs Healing Research Center, Soochow University, Suzhou, the People's Republic of China; Er Dong Wang, BS, MA, Suzhou University

This workshop demonstrates the holistic healing process integrating traditional Chinese medicine and psychodrama. Traditional Chinese medicine sees emotional imbalance as major causes of illness. The visible, substantial, and tangible physical body is considered as yang, whereas the invisible, insubstantial, and intangible energy body is construed as yin — neither can exist without the other. When the energy body is healed, the physical body is healed as well.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the five basic elements in Chinese medicine and their relations to affective disorder;
2. Apply techniques to reach harmony and balance in interpersonal and interpersonal relations through action method.

14 THE WAY HOME: THE USE OF RITUAL IN HEALING TRAUMA

John Skandalis, MA, LMHC, TEP, Private Practice

In this workshop you will learn: The elements in an incorporation ritual which helps clients come to terms and make sense of their traumas using John Mosher's Healing Circle model. You will learn what is needed to create this healing ritual in a psychodrama and how to think about your clients trauma so you know what kind of ritual is needed to help them heal. The workshop is largely experiential with lecture, discussion, role play and full psychodramas.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the elements of the healing rituals used in healing trauma;
2. Identify how traumatized clients present in the therapy room in order to know who will benefit from the healing rituals presented in the workshop.

15 ENCOUNTERING GODHEAD THROUGH TRANSPERSONAL GROUPS

Daniel Wiener, PhD, LMFT, RDT/BCT, Central CT State University, Private Practice; Saphira Linden, RDT/BCT, LCAT, TEP, Omega Transpersonal Drama Therapy; Philip Speiser, RDT/BCT, LCAT, TEP, Parkside Arts & Health Associates, Omega Transpersonal Drama Therapy-Boston

Moreno believed that within every person there lies a "Godhead", a divine spark from which spontaneity and creativity emanates. As we apply transpersonal principles to this 'spark', we deepen our appreciation of being part of a larger whole. Drawing from different spiritual traditions, we will co-create psychodramatic encounters with our "Godhead." We shall demonstrate experientially how these practices and rituals may be used as sociometric tools to enhance, invigorate and transform therapeutic group process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe Moreno's construct of "Godhead" as it applies to psychodrama.
2. Dramatize psychodrama principles related to discovering "Godhead" and how they may be used to transform a therapeutic group process.

16 METAPHORICALLY SPEAKING

Ronald Collier, MSW, LCSW, TEP, Private Practice, Mental Health Association of Monmouth County; L. Scott Urmey, MSW, LCSW, PAT, Private Practice, Monmouth University

Metaphors are transforming tools that poetically support the healing process. When clients say they are "at the end of their rope" or "walking on thin ice", the images help us to connect at a deeper level. This workshop will demonstrate the use of metaphors to "bridge the gap" between being stuck and creating viable action plans. Attendees will learn to incorporate metaphors into their clinical work and all aspects of the psychodrama process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how metaphors can guide and deepen the psychotherapeutic relationship;
2. Apply psychodramatic techniques to concretize metaphors expressed by clients and recognize opportunities to psychodramatically concretize metaphors spoken by clients to meet clinical goals.

17 PSYCHODRAMA 101: THE BASICS OF PSYCHODRAMA

Nan Nally Seif, LCSW, TEP, Psychodrama Training Institute, Private Practice

This workshop is for the novice or the more experienced clinician, who want to revisit the basics of Psychodrama and Sociometry. Techniques including role reversal and doubling, scene setting and sociometric tools will be taught. We will use this exploration to lead us into a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define and apply role reversals and doubling in a psychodrama;
2. Define and apply sociometric tools to their group work.

18 CHOOSING OUR OWN STORY SCRIPTS

Kim Irvine-Albano, MA, CP, Kingston Community Counseling Centres, Toronto Centre for Psychodrama and Sociometry; Sarah Earl, MEd, CCPA, K3C Counseling Centres, Canadian Counselling & Psychotherapy Association

This experiential workshop combines psychodrama and narrative therapy to explore the stories we tell ourselves and how we can adjust those stories using surplus reality and alternate stories with gentleness, self care and self love. We will explore the stories we hear about ourselves, how it affects our self esteem, and how we choose which story we follow. Participants will learn tools that can be used in their own work, as well as exploring their own intrapsychic world.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the interconnection of psychodrama and narrative therapy;
2. Describe practical tools to work with their own clients.

19 ADDICTION, SOCIAL ATOMS AND MOTIVATION TO CHANGE

Jennifer Salimbene, LCSW-R, CASAC, CP, Lexington Center for Recovery, Private Practice; Regina Sewell, LMHC, PCC, PhD, Dutchess Community College, Private Practice

In this didactic and experiential workshop, we will show how the social atom can help move clients along stages of change. We will help participants identify relationships that inspire them to engage in addictive or unproductive behaviors and/or that create barriers to change, as well as relationships that motivate them to change and/or help them utilize their strengths to put their intention to change into action and show how to incorporate this into a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the social atom to motivational interviewing;
2. Apply motivational interviewing in a psychodrama session.

20 LINK PSYCHODRAMA TO ENERGY PSYCHOLOGY

Andrea Sheldon, MS, LMHC, PAT, Private Practice

Participants will learn the connection between healing techniques of Energy Psychology (EP) and Psychodrama. Key elements of EP are:

1. healing occurs through (not by) the therapist;
2. the community — not the individual — holds answers;
3. we are not alone in this universe; and
4. we share universal consciousness. These compare to Moreno's tele, spirituality, creativity, spontaneity, and his tenet that the answers are found in the group. An energy warmup will lead to action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify similarities between the modalities of psychodrama and energy psychology;
2. Enhance the healing process of psychodrama by utilizing energy psychology and energy medicine techniques.

21 IT IS WHAT IT IS, IS IT?

Lorelei Goldman, MA, TEP, Still Acting Up, Northshore Village

In action explorations participants we will discuss patronizing platitudes and whether they impede or support communication. We will discuss and demonstrate through role-play how creative language can increase rapport and empathy and how platitudes can be at times empty messages. This presentation will add skills training and experiential experiences. A full psychodrama will be directed.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize how patronizing platitudes impede or support communication;
2. Identify creative language to increase rapport and empathy.

22 SHAME, PERFECTIONISM AND ADDICTION

Carole Oliver, MEd, LPC, TEP, The Center for Action Counseling;
Heather Coll, ACA, MHCA

We will explore how shame and perfectionism is a key issues for addicts. This workshop will include ACTION methods which work well with the addicted population since it is an experiential process cutting through defenses, armor, and control issues allowing the participant to have breakthroughs that are long lasting learning objectives: how to identify perfectionism and shame in clients: how to use action methods with substance abuse clients in individual and group therapy: How to use sociometry with substance abuse clients in individual and group therapy.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify perfectionism and shame in clients;
2. Apply action methods and sociometric techniques with substance abuse clients in individual and group therapy.

This is a 2015 Award Winner's Workshop

23 MIRROR, MIRROR ON THE WALL: THE INNER CRITIC

Sandra Seeger, LMHC, TEP, South Tampa Psychodrama Training, Private Practice;
Susan Mullins Overman, LMHC, TEP, Hyde Park Counseling Center, South Tampa Psychodrama Training

This skills based, full psychodrama workshop will help clinicians work with clients as they learn to navigate the underworld of their mind and embrace their inner critic. Traditionally clinical training has taught us that the inner critic must be obliterated. Instead participants will learn: 1. to befriend the inner critic, promoting cooperation and increasing self esteem, 2. to use experiential techniques, 3. to incorporate expressive arts with psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify ways in which the "wise mind" can help when working with the inner critic;
2. Examine the different manifestation of the inner critic.

1:15 pm - 2:45 pm

ANNUAL MEMBERSHIP MEETING

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community.

OPEN EVENT

3:00 pm - 6:00 pm
AFTERNOON WORKSHOPS

24 TOOLS FOR HAPPINESS: HOPE INTO ACTION

Natalie Winters, EdD, TEP, Cert. Hypth, NC Psychological Association

This workshop is an invitation to 1. To explore the difference between fantasy and reality when seeking a state of happiness and well-being based on empirical evidence. 2. To learn how to improve one's happiness level. 3. To learn how to integrate the tools for happiness into everyday living. Through the use of skill training in vignettes and a variety of action methods, we'll have fun on the path to happiness. Didactic and Experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish the difference between fantasy and reality when seeking a state of happiness;
2. Integrate specific tools for happiness into life.

25 LONGING FOR CONNECTION

Antonina Garcia, LCSW, EdD, TEP, Private Practice, NYU Drama Therapy Program;
Dale Richard Buchanan, PhD, TEP, Private Practice

In this fast-paced, technological world, connecting on a deep level can be challenging. This training will demonstrate how to assist clients in establishing positive connections. 1) How to build connection sociometrically. 2) How to savor what is good in our lives. 3) How to let go the rest. This is a didactic/ experiential workshop with an action, movement warm-up and a vignette. Some of the didactic focus will be Seligman's 24 signature strengths and Frederickson's research on connection.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain one strategy a director may use to ready the group for psychodramatic enactment;
2. Identify a minimum of two methods for engendering positivity.

26 DARE TO BE HAPPY: POSITIVE PSYCHOLOGY & PSYCHODRAMA

Dan Tomasulo, PhD, TEP, MAPP, University of Pennsylvania, New Jersey City University

The goal of this training is to provide an introduction to the art and science of positive psychology and its application to strengths-based practice. Methods: didactic, experiential, discussion, research, theory.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the PERMA as proposed by Seligman as well as 3 positive interventions used in positive psychotherapy;
2. Demonstrate a method of increasing gratitude.

27 I'LL SHOW YOU MINE IF YOU SHOW ME YOURS: IMAGO IN ACTION

Pamela Goffman, LCSW, TEP, Private Practice, Psychodrama Institute of South Florida

In this workshop, a highly effective plan for working with couples, will be shared and operationalized. This plan involves concretizing the role of the wounded child in art, sharing this with each partner, followed by entrusting the partner with this role through enactment. If you are looking for a new, concrete way to bring empathy, understanding, compassion and healing to your couple's work come along and join this workshop!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the Imago concepts that are appropriate to put into action;
2. Apply the action steps that have been taught in this workshop to help couples have a more full Imago experience in action.

28 INTRODUCTION TO SOCIOMETRY

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts Therapy, NYC; Gerry Spence Trial Lawyers College

Sociometry is part of the triadic system that Moreno developed including Psychodrama and Group Psychotherapy. It allows people to examine the structure of groups, build cohesion and identify areas of potential conflict. It helps Psychodramatists to create a container to hold the emotional content of psychodrama and discover the open tension systems and act hungers in the group. This workshop will demonstrate these principles of Sociometry through action so they can be applied in any group.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how the three parts of Moreno's Triadic System operate in a Sociometric framework;
2. Identify ways in which Sociometric process helps the group to recognize its covert and overt structure (open tension systems and act hungers) and recognize how Sociometry identifies the wounds psychodrama can heal.

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29 DEEPENING ATTUNEMENT: SOCIOMETRY AND SOUL MOTION

Karen Drucker, PsyD, TEP, Private Practice, Naropa University

"Soul Motion is a meeting with self and other in a dance that is deeply nourishing, creative, intelligent, emotionally savvy, heartbreaking, soul-making, spirited and transforming," writes Zuza Engler, primary trainer of Soul Motion. Sounds a bit like psychodrama, yes? We will use movement and rhythm, music and stillness, to connect deeply with ourselves and others. You will learn skills for moving fluidly in the world, being attuned to others while staying true to yourself. Experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify three warm up exercises that increase somatic self awareness;
2. Describe two movement based methods that support connection and resonance within a group.

30 ROLE REVERSAL: STEPS TO THE REVOLUTION

Linda Bianchi, MSW, TEP, Take Action: Action Methods Training

How do you coach clients through role reversal, or teach role reversal to clinicians who aren't psychodramatists? By chunking down the steps in a role reversal we can better match the client's warm-up, or the trainee's ability to facilitate action methods. In this experiential workshop, we'll discuss the developmental and revolutionary aspects of the role reversal concept, learn a step-by-step progression for directing or teaching the technique, and practice the process for skill integration.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the progression of steps involved in a role reversal;
2. Apply the role reversal template by practicing its use in the workshop.

31 ELEMENTALS OF SELF-INCLUSION

Azure Forte, MA, MEd, TEP, Private Practice

Not being included might be the deepest form of pain. While Sociometry encourages inclusion of others, the intra-personal skills of including oneself are often bypassed. This workshop will offer action-method applications of self-inclusion in settling conflict, both intra-personal (inner conflict) and inter-personal (conflict between individuals). Action methods, sharing and discussion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and apply one or more Life Enhancement Skills that foster interpersonal inclusion;
2. Differentiate between instinctive and pro-active reactions to aggression.

32 MENTALLY ILL FAMILY MEMBERS: COPING STRATEGIES

Steve Gordon, JD; Michael Gross, CADCA, PhD, Independent Contractor

Mental illnesses such as autism, bipolar disorder, personality disorders and schizophrenia can have a profound impact on a family system and each individual within the family. Clients often have mentally ill parents, siblings, children or partners. In this workshop, we will demonstrate action methods, including sociometric exercises and a full psychodrama, that may be used to assist clients to explore how a mentally ill family member impacts their lives and possible coping strategies.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe effective coping strategies for dealing with mentally ill family members;
2. Recognize the impact on adult children of growing up in a family affected by mental illness.

CANCELLED

Connie Lawrence James, MSW, LCSW, CP/PAT, Cleveland Rape Crisis Center, Cleveland Psychodrama Institute

This workshop takes a tour through the deep caverns of the ancient mind to the most primitive and primal affect shared with mammals and primates. This introduction to affective neuroscience explains 7 basic neurological systems that can derail even the best-intentioned, or become enthusiastic drivers in the recovery process. Through sociodramatic action participants will experience how psychodrama naturally recruits the horsepower of these "helpers" to enliven and invigorate a treatment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and explain the 7 basic neurological systems;
2. Describe ways psychodrama is effective in igniting resources already within our minds that bolster treatments.

Katrena Hart, LPC S, CBT, TEP, Bridging Harts Psychodrama Training Institute

Come join for a playful and creative time to consider your journey. We will use the themes of Dr. Seuss for a warm up. There will be a handout to show several warm ups using Dr Seuss quotes and themes. After a reflective warm up about the places we will go we will co-create a full psychodrama for a protagonist of the groups choosing. We will also spend some of our time processing the psychodrama method and how we used it.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the Satten Slide method of role reversing;
2. Identify 3 strategies to facilitate Bioenergetic grounding techniques during a psychodrama.

This is a 2015 Award Winner's Workshop

6:30 pm - 7:00 pm

New Members / First Time Attendees Gathering

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you.

OPEN EVENT

6:30 pm - 7:00 pm

CHAPTERS/COLLECTIVES NETWORKING MEETING

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved.

OPEN EVENT

8:00 pm - 10:00 pm

Awards Ceremony Dessert Reception

Join us for an elegant and scrumptious dessert reception as we honor those who have made outstanding contributions to our community.

Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased on registration page or at the registration desk.)



SATURDAY April 11, 2015

7:00 am - 7:45 am Yoga/Zumba
 7:30 am - 7:00 pm REGISTRATION & EXHIBITS
 7:30 am - 7:00 pm SILENT AUCTION – Bidding ends at 7:00

8:00 am - 9:15 am **KEYNOTE ADDRESS**
DOUG WALTER, JD, American Psychological Association Practice Organization
Sociometry and Congress: creating change in the conserve one word at a time

Doug Walter shares insights on the social conserve of Congress, based on nearly 25 years of working with national policy makers in health and mental health care, and explores how these dynamics may impact the future of psychodrama, sociometry and group psychotherapy.

Learning Objectives. After attending, participants will be able to:

1. Describe current happenings in the relationships between policy makers and the health/mental health fields;
2. Explain how the dynamics between these groups may effect psychodrama, sociometry and group psychotherapy.

8:00 pm - 10:00 pm **SATURDAY NIGHT DANCE / ENTERTAINMENT** - Open Event

9:30 am - 12:30 pm MORNING WORKSHOPS

35 REINVENTING 12 STEP RECOVERY

Connie Miller, TEP, LPC, NCC, International Institute for Souldrama

Based upon the article published April 2013 by the Journal of Groups in Addiction & Recovery, "Integrating Two Models for the Treatment of Addictions: Souldrama® and Twelve Step Recovery in Action", this workshop will introduce a new psychodramatic therapeutic holistic model for recovery that combines the twelve steps to inspire creativity and transformation through access to our spiritual intelligence. The seven doors of Souldrama correspond to the twelve steps integrating mind, body & spirit.

Learning Objectives. After attending this workshop, participants will be able to:

1. Explain the seven doors of Souldrama and the Twelve Step model;
2. Describe how souldrama and the twelve step model integrate into an action - a holistic-based method for working with addicted clients.

36 THE EMPTY CHAIR

Rebecca Walters, LCAT, LMHC, TEP, Co Director: Hudson Valley Psychodrama Institute, Highland, NY; Faculty: I* CARE, MD Anderson Cancer Center, Houston TX

The empty chair is a blank screen. It can concretize anything or anybody. It brings the work immediately into the here and now. Participants will learn both sociodramatic and psychodramatic use of the empty chair as a way to warm up the group, as a piece of action and/or therapeutic exploration and processing in working with groups and in working with individuals. This highly experiential workshop will include demonstration and active participation.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the difference between sociodramatic and psychodramatic uses of the empty chair;
2. Recognize and practice three ways to use the empty chair in warm up phase.

37 MORENO, BUDDHA AND NEUROSCIENCE

Adena Bank Lees, LCSW, BCETS, CP, Private Practice, EcoHealing Adventures; Kathy Norgard, PhD, MSW, TEP, Private Consultant, Writer

This workshop draws heavily on Rick Hanson's latest book, *Hardwiring Happiness*. Learning objectives: 1. Participants will practice integrating Dr. Hanson's model within a psychodrama session to increase positive thinking, feeling and believing. 2. Participants will define Hanson's concept of "taking in the good." 3. Participants will identify 1 similarity and 1 difference between Hanson's and Moreno's models. Experiential workshop with a full psychodrama and skills training.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify both Jacob Moreno's and Rick Hanson's psychodrama principles and premises and differentiate between the two;
2. Define Hanson's concept of "taking in the good".

38 TEACHING COMMUNICATION SKILLS IN ACTION

Walter Baile, MD, University of Texas MD Anderson Cancer Center Sociodramatic techniques can be used effectively to engage and train healthcare providers in communication skills. They can also promote expression of empathy in the medical encounter. Participants will learn to use effective warm-ups, doubling, empathic interviewing and role-reversal to illustrate the social and interpersonal dynamics underlying key communications between patients and providers. They will learn how to incorporate didactic material, practice of key communication skills and evaluations into sociodramatic sessions.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify psychodrama techniques that can be used by healthcare providers to improve communication skills;
2. Demonstrate the use of effective warm-ups, doubling, empathic interviewing and role-reversal techniques to enhance communication skills.

This is a 2015 Award Winner's Workshop

39 RECLAIMING OUR CREATIVITY THROUGH PLAY

Veronica Bowlan, MSW, LSW, PAT, Private Practice, Drexel University College of Medicine

Identify action methods to increase spontaneity and creativity. The experience of play will be explored to increase role choices and changes in relationships. The role of active play and being a spectator will be discussed as ways to establish connection. Individual, pairs and group exercises will use physical play, fantasy and "pretend" to identify and expand role choices. There will be an opportunity for a protagonist to work in a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two action methods to use in group to increase spontaneity;
2. Demonstrate specific exercises to establish safety and connection.

40 HEALING HUNGRY HEARTS

Linda Ciotola, MEd, TEP, CETIII, Healing Bridges

This experiential workshop will explore in action the physical, emotional, and spiritual cravings that underlie disordered eating. Participants will learn a variety of action structures as well as poetry, music, and art to discover and express the often hidden meaning beneath disordered eating. Some theory, discussion, vignettes included with applications in individual and group settings.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Participants will be able to identify at least two psycho-spiritual factors underlying the development of eating disorders;
2. Participants will be able to select at least two creative arts/ action methods to reveal the often hidden connections between eating disorder behaviors and underlying unmet psycho-spiritual needs.

41 ROLE THEORY IN ACTION: IT ALL BEGINS HERE

Jacqueline Fowler, MA, Marylhurst University

Role theory is at the epi-center of Moreno's theories. Lucky for us, learning about the dynamics of intra- and inter-personal roles is fascinating and fun! In this workshop, designed for those new to psychodrama and sociometry, you will: 1) Learn key concepts of Moreno's role theory; 2) Investigate personal role constellations in psychodramatic action; and 3) Explore shared social roles in sociodramatic action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize key concepts of Moreno's role theory;
2. Examine personal role constellations in psychodramatic action and identify shared social roles in sociodramatic action.

42 SOCIAL ATOM REPAIR WORK THROUGH THE GENERATIONS

Jacob Gershoni, LCSW, TEP, Psychodrama Institute of NY

Psychodrama is used for exploration of close relationships and inter-generational connections. It is potent in facilitation of difficult conversations, opening family secrets and conflict resolution. In this workshop we will expand the scope of social atom repair work and unfinished family business to include previous generations. Goals: to develop insights into patterns of relatedness in the past and present and to develop different roles and enhance personal relationships.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how communication between brain regions contributes to the development and maintenance of eating disorders;
2. Describe and apply three action techniques to be used in individual and group therapy with eating disordered clients.

43 ENCOUNTER OUR STRENGTHS, BEFRIEND OUR RESOURCES

Steve Kopp, MS, TEP, St. Luke Institute, Dreamer2Doer

Negative internal scripts can block us from fully exploring our strengths and resources with spontaneity. Whether using signature strengths or other methods of identifying resources, moving beyond the initial definitions adds playfulness and wonder to self-discovery. Participants will learn: Warming-up clients to explore strengths from a fresh perspective, Experientially encountering our strengths, Using role development and psychodrama to internalize strengths.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply specific aspects of their signature strengths in addressing obstacles in a current identified situations;
2. Recognize how stages of role development can be applied to increase access and internalize signature strengths.

44 REVOLUTIONIZING HOW WE CARE FOR OURSELVES

Colleen Baratka, MA, TEP, Looking Glass Counseling, The Renfrew Center

There is a joke that floats among hospitals: "What is the difference between the staff and the patients?....The patients get well and go home, but the staff remains". Burnout, vicarious traumatization, having to put up with the intolerable are some fallout from working in institutional and other service settings. This workshop will demonstrate some mini-retreat methods for increasing moral, building connection and honoring successes. The forum will be discussion and experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify signs of burnout and vicarious traumatization;
2. Explain techniques for increasing moral, building connection and honoring successes.

45 WARMING UP TO THE ANTAGONIST IN GROUP PROCESS, THE CREATIVE REVOLUTION IN ACTION

Deborah Karner, MSS, LCSW, ASGPP, NASW; Dave Moran, CCDP, LCSW, TEP, NASW, ASGPP; Douglas Walter, JD, American Psychological Association Practice Organization

Moreno said that deep resistance has to be overcome, at least during the time of creation. In this workshop we welcome resistance, the antagonist, as a natural part of change and invite our keynote speaker Douglas Walter to join us in an experiential group process to explore the advocacy of the antagonist and the overcoming of inner and outer resistance.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the difference between protagonist and antagonist;
2. Explain two strategies a group facilitator might use to welcome in the antagonist: use of doubling and role reversal.

1:45 pm - 3:15 pm 90-MINUTE WORKSHOPS

46 FROZEN MOMENTS: THE USE OF THE SOCIAL ATOM IN TREATING TRAUMA

Tian Dayton, MA, PhD, TEP, Director of Program Development at Breathe Life Healing Centers, Director of The New York Psychodrama Training Institute

Working with "frozen moments" allows for a more conscious entry into the split of material that often evidences itself in trauma work. The social atom allows for a relational recreation of a moment in time that has been frozen in the mind/body. The moment may be lived out through reenactment dynamics and/or projection and transferences. Revisiting it in a safe therapeutic setting, establishing a new relationship/communication with that split off aspect of self is core to relational trauma repair.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain techniques that enable clients to learn to "tolerate" and talk about painful emotions so that they are less likely to act them out and relapse over them;
2. Describe techniques that enable clients to learn to "tolerate" and talk about positive and self affirming emotions so that they are less likely to relapse over them.

This is a 2015 Award Winner's Workshop

47 USING PROPS IN SCENE SETTING

Stacie Smith, MA, Bridging Harts Institute & Psychotherapy, Nathaniel Smith Counselor & Associates

Scene setting is an integral part of the psychodramatic process in which the protagonist's psyche is brought forth and created on the psychodrama stage. This experiential workshop will allow participants the opportunity to understand the benefits of using props in scene setting, how to explain the usage of props to groups/clients, and practice using props in setting a psychodramatic scene.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and describe the benefits of using props in scene setting;
2. Explain the usage of props in scene setting to groups/clients and demonstrate using props in setting a psychodramatic scene.

48 WOMEN GONE BAD — THE BIBLIODRAMA

Felicia Lightfoot, MSW, LICSW, LCSW-C, Fresenius Medical Care, DC Superior Court Multi Door Conflict Resolution Division; JoAnna Durham, LCSW-C, TEP, The New Testament Counseling and Training Center for Psychodrama, Sociometry and Group Psychotherapy

Participants will be invited to play in roles of several biblical "baddies" as they interact with the counter roles of males in their society. Participants will uncover and understand the "badness" stamped on these women through the internalization of male projections.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the three parts of a Bibliodrama: the warm-up; the action; and the review;
2. Describe how female identity projections were presented during Biblical times.

49 RUTHLESS GRIEVING

Susan Powers, PhD, Onsite Workshops-TN

A courageous path through loss. We will explore the nature of grief groups and the internal and external dance of solitude and grieving with others. We will experience the differences between solitude and isolation with the use of the empty chair. We will cover 3 warnings of how people sabotage their grief. Demonstrate tools of grieving in experiential ways: the solutions to survivor guilt in the development of Permission to be Alive, concretizing moments of regrets and moments of healing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the differences between solitude and isolation;
2. Demonstrate tools of grieving.

50 ABE CONVERSATION HOUR

American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After participating in this workshop, participants will be able to:

1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

51 HOW I WROTE MY BOOK(S)!

Karen Carnabucci, LCSW, LISW-S, TEP, Lake House Health & Learning Center-Racine, WI, Author

Do you want to write a book but have no idea about how to begin? Karen will share her experiences with working with a major publishing company and self publishing – along with recommendations for finding a topic, book proposals, working with a co-author and more. Bring your questions for this interactive presentation and warm up to getting your contribution out into the world.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Discuss strategy to develop book idea into book proposal;
2. Discuss options to work effectively with publishers and/or co-authors.

52 RETHINKING PSYCHODRAMA AS A FORM OF PSYCHOTHERAPY

Annika Okamoto, MSc, PAT, CETII, Alliant International University

The workshop uses group discussion and experiential exercises to reconceptualize psychodrama theory and answer questions such as: What are its therapeutic goals and mechanisms of change? What elements have to be present for a psychodrama therapy session? How is it different/similar to other, evidence-based therapies? The input of workshop participants will be used in creating a national survey for mapping ways how the U.S. psychodramatists use and conceptualize psychodrama as psychotherapy.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe and conceptualize psychodrama methods as a valid form of psychotherapy;
2. Explain what makes a therapy session a psychodrama therapy session

53 BREAK THE ICE

Siyat Ulon, MD, PAT, Department of Anthropology-UCLA

This proposal is to demonstrate a method of contributing the cooperation between insiders and outsiders, such as local social activists and scholars. It is difficult for different populations to cooperate with each other because they do not know and empathize with each other easily. They might be restricted by their presumptions and hard to connect with each other directly. This workshop will present how to break the ice and start cooperation spontaneously in sociodrama frame.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how presumptions and preconceptions impede connection;
2. Demonstrate 3 ice breakers.

54 ENHANCING FAMILY STRENGTHS THROUGH CO-CONSTRUCTING NEW FAMILY SCRIPTS

Chi-Chu Chou, PhD, TEP, Feng Chia University-Taiwan

The workshop uses an interdisciplinary framework, which integrates implications from role theories, family psychology, family social work and family economics, to assess, identify and enhance the strengths in a family. The participants of this workshop will experientially learn this integrated approach by role playing family members and constructing each member's family script. The family members will jointly assess, imagine, improvise, create, and re-construct new possibilities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate an interdisciplinary framework for enhancing family strengths;
2. Explain and practice the techniques of co-constructing and re-constructing family script.

55 SMALLEST NUMBER IS 2, THERE IS NO ME WITHOUT YOU

Craig Caines, LCSW, CP/PAT, Birmingham Action Centered Therapy

During the 1930's Great Depression, two individuals in New York State, less than 70 miles apart, created seminal methodological publications that have revolutionized social and spiritual healing. In this workshop, we will be into action exploring the similarities, differences and integrating Moreno's *Who Shall Survive* and *The Big Book of Alcoholics Anonymous* that Bill Wilson co-created and edited.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify philosophical similarities and differences between J.L. Moreno's *Who Shall Survive?* and the *Big Book of Alcoholics Anonymous*;
2. Apply shared values of Moreno and Alcoholics Anonymous therapeutically.

56 PSYCHODRAMA TO ALTER IRRATIONAL CULTURAL BELIEFS

Sabiha Jahan, MPhil, Nasirulla Psychotherapy Unit, Department of Clinical Psychology University of Dhaka; Member-Bangladesh Clinical Psychology Society; Mousumi Mahmud Sabina, MS, BSc, Nasirulla Psychotherapy Unit, Department of Clinical Psychology University of Dhaka; Member-Bangladesh Clinical Psychology Society; Farzana Sultana Nila, MPhil (Part-II), Department of Clinical Psychology, University of Dhaka-Bangladesh; Kamal Chowdhury, MPhil, MS, Associate Professor of Clinical Psychology, University of Dhaka (Bangladesh)

Workshop will focus on examining cultural-specific irrational beliefs through various techniques of sociodrama & psychodrama. It will include sociodramatic presentation of Bangladeshi clinical case studies on irrational beliefs. Participants will have opportunities to compare and contrast their cultural beliefs with those of Bangladeshi through action. The workshop will also examine expected behavior stemming from irrational beliefs and reducing or divesting irrational portions of the beliefs

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe irrational cultural beliefs of participants vis a vis the Bangladeshi presenters;
2. Explain how expected behaviors and the irrational beliefs behind them can be reduced.

Estelle Fineberg, LCSW, LMFT, TEP, Private Practice

This action workshop will increase understanding of those who have experienced trauma. Clients have a "Window of Tolerance", a range of non-reactivity when triggered internally or externally. We will explore the cues that indicate clients are outside this zone, and strategize ways to help clients return to and expand this zone through settling the nervous system and increasing internal resources. This will bolster resilience for greater self-management.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the cues that indicate clients are outside this "zone";
2. Describe ways to help clients return to and expand this zone through settling the nervous system and increasing internal resources.

61 QUIT CRYING, GO HOME: HOW NOT TO END A GROUP

Marlo Archer, PhD, PAT, Licensed Psychologist, Co-Founder Arizona Psychodrama Institute; Debra Gion, LPC, CP, Arizona Psychodrama Institute, Ravenworks, Inc. Counseling and Classes

Participants in this beginner's interactive, didactic, and experiential workshop will learn the three parts of the Group Psychotherapy / Group Dynamics (Integration) Phase of the (Carl) Hollander Curve (i.e., audience disclosure, group dialog, and summary); the importance, and several methods of de-roling; how to reassimilate the protagonist into the audience; and how to return group members to their heads, insuring against dismissing them in a state of incompleteness, pain, or panic.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the three parts of the Integration Phase of the Hollander Curve;
2. Recognize the importance, and be able to demonstrate several methods of, de-roling.

62 REVOLUTION TO FREEDOM

Dena Baumgartner, PhD, CGP, TEP, Private Practice, Tucson Center for Action Methods and Psychodrama (T-Camp)

What is your revolution to free your soul to be the authentic you? This workshop will use psychodrama and sociodrama to discover your Liberty Bell. Come and be a part of the Revolution to self. This is an 80% experiential workshop.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the importance of role theory in freeing oneself from old roles;
2. Identify three techniques used by the director in creating the revolution for change.

57 EXPANDING THE ENVELOPE: DOING SCIENCE AND PSYCHODRAMA TOGETHER

Erica Hollander, PhD, JD, TEP, Hollander Institute, Denver Psychodrama Training Group; Rory Remer, PhD, ABPP, TEP, University of Kentucky, Centre for Creative Chaos

Have you thought that psychodrama and science cannot meet? Do you want to think again? This workshop will be both didactic and experiential, covering a new, definite developing proposal for multi-site research on what works in psychodrama and issues of integrity and ethics in research. Come prepared to both think and act.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and differentiate research designs;
2. Distinguish characteristics of the multi-site proposal.

58 THE ART OF DIRECTING A SOCIODRAMA

Rosalie Minkin, MSW, LCAT, TEP, East/West Center for Psychodrama and Sociometry, Private Practice

Directing a Sociodrama is an art. During this workshop, a full sociodrama will be directed, and you will get a front row seat and learn how a Director directs! You will see a director's personal warm-up, and learn techniques used by a director when a group member's personal issues emerge in a sociodrama. This workshop is didactic and experiential, and will enhance your directing skill training and include a discussion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explore options a director has for directing sociodrama;
2. Investigate techniques a director can use when personal issues emerge during a sociodrama.

59 SPONTANEITY THROUGH MINDFULNESS: WHO SHALL SURVIVE

Anath Garber, PhD, MA, TEP, Private Practice, Institute for Applied Human Relations

This workshop will explore Moreno's belief that spontaneity is necessary for survival. The following questions will be addressed: What is spontaneity? Is spontaneity a form of intelligence that unites us all? Can one become spontaneous without becoming mindful? Should a state of mindfulness be inserted into Moreno's cannon of creativity? This workshop will aim to provide each participant with an opportunity for spontaneity culminating in a group directed experience.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain spontaneity and mindfulness and how they relate to one another;
2. Demonstrate the role of warm up to produce spontaneity.

63 TRAUMA-INFORMED DRAMA THERAPY

Heidi Landis, RDT, LCAT, TEP, Creative Alternatives of New York, College of New Rochelle; Nisha Sajani, PhD, RDT/BCT, Lesley University, Harvard University

Primarily experiential in nature, this workshop will explore recent developments in trauma - informed drama therapy providing participants with a useful framework as well as concrete techniques to use in practice. By reflecting on the work of psychodramatists and drama therapists, participants will explore specific ideas and approaches that make it possible for survivors to enter into embodied engagement with dramatic reality around difficult past experiences in ways that encourage creativity, connection, and healing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define three current trends in trauma - informed drama therapy;
2. Identify two ways in which metaphor can be a container for trauma narratives.

64 SEVEN DEADLY SINS OF THE PSYCHODRAMA AUXILIARY

Bill Wysong, MA, LPC, TEP, Aspen Counseling Center, Private Practice; Joann Wysong, MA, Aspen Counseling Center, Private Practice

Are you new to psychodrama and want to be a better auxiliary or double? This experiential and didactic workshop will teach you skills to: recognize, avoid, and counteract the "sin" pitfalls that can slow or derail a psychodrama. You will be a more effective co-therapist when you have this understanding. To enhance the action, auxiliary skills practice will be given in exercises and situational psychodramas. The group will review presented material for additional learning.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the seven deadly sins of the psychodrama auxiliary;
2. Demonstrate an ability to avoid and counteract "sin" pitfalls that can slow or derail a psychodrama.

65 SHAPING SPONTANEITY IN ASD POPULATIONS

Carol Feldman-Bass, JD, AANE-Aspergers' Association of NE, Social Dynamix, Private Practice

This workshop will demonstrate the use of Psychodrama, Improvisation, Sociometry, and Sociodramatic techniques to increase and enhance spontaneous interactions in individuals with ASD. The group will explore the use of these methods in adults, teens, couples and families.

Attendees will have the opportunity to practice these methods and discuss the necessary modifications used when working with this population. Vignettes from the presenter's practice will be used as illustrations.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two strategies that can be used to increase spontaneity in persons identifying as being on the Autism/Aspergers Spectrum (ASD);
2. Demonstrate how two Psychodramatic techniques can expand perspective taking in social situations for persons identifying as being on the Autism Aspergers Spectrum (ASD).

66 INTEGRATING TAROT ARCHETYPES WITH PSYCHODRAMA

Gatherine Nugent, LCPC, TEP, Private Practice

Since ancient times, tarot and related wisdom traditions have been tools for healing and transformation using archetypal images that depict the hero/heroine's journey through consciousness. We will explore these powerful images in concert with psychodrama. We will consider ways to use wisdom cards during warm-up, action, and closure. Through action, we will explore how these powerful images can strengthen protagonists, anchor important learnings, and promote whole-brain integration.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain two ways that tarot or other archetypal imagery can be used to help a group warm-up to individual and/or group issues that could be the focus of a psychodrama or sociodrama;
2. Describe how tarot or other archetypal imagery can be used during a psychodrama to help the protagonist determine a new course of action.

67 GETTING PSYCHE INTO THE PSYCHODRAMA

John Mosher, MA, LMHC, TEP, Private Practice

Through a psychodramatic session, participants will observe how rituals, myths (personal and cultural), and archetypes activate deep responses among group members. They will also learn how elements of the healing circle emerge from the group. They will also experience the positive effects of the cohesion, synchronicity, and heightened spontaneity elicited by bringing these qualities into the psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe rituals, myths, and archetypes (already known or learned from the session) that may activate deep gnostic Energy (i.e., bone deep intuitive knowing) among group members;
2. Apply sociometric, psychodramatic, and other group interventions that can enhance the cohesion and spontaneity of the group, and facilitate the emergence of synchronous experiences that may emerge during the sharing/integration phase of the psychodramatic events.

8:00 pm - 10:00

Saturday Night Dance / Entertainment Philadelphia Freedom to be...

Philadelphia Freedom to be...whatever I want to be!
Wear your boa, costume, mask (we will have a limited supply)
or come dressed as you are! Come join us for an evening of
dancing and light snacks.

OPEN EVENT



SUNDAY April 12, 2015

7:30 am - 7:30 pm REGISTRATION AND EXHIBITS

8:00 am - 9:00 am JONATHAN MORENO COFFEE HOUR

6:15 pm - 7:15 pm CLOSING CEREMONY / PLAYBACK

Closure in action. Share your conference highlights and say goodbye to new and old friends. Warm up to the 2016 Conference.

9:30 am - 12:30 pm MORNING WORKSHOPS

68 MOMENTS OF MIRACLES: TSM PLAYBACK

Kate Hudgins, PhD, TEP, Therapeutic Spiral International

This 3 hour workshop will use TSM methods of clinically modified Playback Theater to present "moments of miracles" that have helped people heal from traumatic histories. Use of spontaneous actors from the audience will enhance the here and now moment and show how using TSM Prescriptive Roles enhances all action methods. This workshop is for self-care and for learning how to use TSM in an unusual way with Playback.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the transformative basis of TSM Playback Theatre and know the difference between that and regular Playback;
2. Define trauma issues that can be used for therapeutic healing by using TSM Playback Theatre and be able to add new skills to their own Playback Repertoire.

69 JOSEPH'S MULTICOLORED COAT MEETS SOCIOMETRIC CYCLE

Donna Little, MSW, TEP, Toronto Centre for Psychodrama;
Tamar Pelleg, MA, CP, Israeli Association for Psychodrama

This workshop will offer a combination of theoretic knowledge with experiential action. We will explore the Biblical story of Joseph and his multi-colored coat via Bibliodrama and look for the personal threads that connects us to it, using action methods. We will learn about the sociometric cycle, a method that was developed by Ann Hale from John Mosher's Healing Cycle. We will then implement the sociometric cycle as a tool for processing the Bibliodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Examine the Biblical roles as archetypes that represent qualities in their own inner world;
2. Demonstrate theoretical knowledge of the sociometric cycle and how to use it as a processing tool.

70 "RELATIONAL MINDFULNESS"

Jacqueline Dubbs Siroka, BDC, ACSW, TEP, Sociometric Institute-NYC;
Jaye Moyer, LCSW-R, TEP, Private Practice, Institute for Meditation and Psychotherapy

Interpersonal wounding is a universal, human experience. Sociometry maps our interpersonal connections and guides us to those who can facilitate healing. Group processes and psychodramatic enactment are containers in which our sociometry, suffering and healing are investigated. In this experiential group, participants will learn sociometric interventions, group processes and psychodramatic enactment, all presented in a context of Mindfulness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify four components of suffering and healing;
2. Examine personal sociometry utilizing mindfulness and compassion practice meditations.

71 ART AS CREATIVE CONSERVE WARMS UP SELF-EXPLORATION

Jean Peterson, LCSW, ATR-BC, TEP, Private Practice, Bayview Center for Expressive Therapy-Stonington, CT & RiverCenter Midtown Institute, NYC

A deck of meditation cards with images of personal and spiritual growth are used to demonstrate how art warms up internal and external psychodramatic action. The experiential group process includes spontaneous written dialogue with sociometrically chosen images as well as short psychodramatic vignettes. Discussion of Moreno's concepts of the Creative Conserve and the Cannon of Creativity will be included, as well as guidelines for using art images in psychodramatic action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define Moreno's concept of Creative Conserve and demonstrate how visual artwork (a Creative Conserve) can be an effective warm up to internal self-exploration;
2. Explain why a modified directorial approach is needed in working with visual imagery psychodramatically and describe the special considerations that are appropriate.

72 TRASH OR TREASURE: THE SECRET MEANING OF OUR STUFF

Robert Szita, MS, LPC, TEP, GIERS-Grief Information, Education, Recovery Services, ActionArtz Training Institute;
Bernice Garfield-Szita, MS, LPC, TEP, GIERS-Grief Information, Education, Recovery Services, ActionArtz Training Institute;

Utilizing a classic Psychodrama format, participants will identify things, both physical and emotional, that they carry through their lives and often have great difficulty letting go of. Whatever the life circumstance making it necessary to lighten our load, we will use Psychodramatic tools to assist participants to have a clearer understanding of their trash and their treasure and the grieving that comes with moving on.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply action techniques to explore core values of their lives;
2. Recognize influences from their past experiences and future projections that effect their everyday decisions.

75 THE TALKING MIRROR

Lori Feingold, MA, CP/PAT, ASGPP, NBCC

This will be an experiential workshop using vignettes.

Objectives: 1: Students will learn about the complexity of eating disorders and the varied roles this disorder takes on in the life of the patient; 2. Students Will learn how to use psychodrama to bring the eating disorder roles to life so it is exposed and has the potential for an encounter; and 3. Students will learn how to help patients with inner child work as part of the role training process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and analyze the role of the eating disorder and the way it interferes with a client's ability to function;
2. Apply two techniques used by a director to bring out the voice of the eating disorder and the struggle fighting this voice.

76 WHAT THE BODY KNOWS

Judy Swallow, MA, TEP, LCAT, Hudson Valley Psychodrama Institute, Centre for Playback Theatre

Personal and ancestral histories held in the body/mind reveal themselves through attitudes, behaviors and decisions made, often unconsciously and habitually, to get through the challenges of life. Participants will explore some of these patterns experientially and learn how to expand behavioral possibilities through somatic metaphor and direct body/mind communication. Attending to the messages of the body is a developed skill useful to clients and ourselves.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how somatic metaphor and direct body/mind communication can help us get through life's challenges;
2. Describe ways to attend to our body's messages.

77 PSYCHODRAMA THROUGH MINDFULNESS

Barbara Guest, BEd, MSW, TEP, Toronto Centre for Psychodrama and Sociometry, Private Practice; Sheila Berry, BA, EXAT, Toronto Centre for Psychodrama and Sociometry, Ontario Association of Counsellors, Consultants, Psychometrists and Psychotherapists

This workshop will explore Daniel Siegel's Wheel of Awareness; a mindfulness exercise to center, and expand awareness, then concretize the experience using vignettes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the Wheel of Awareness and how it helps in anxiety reduction and focusing;
2. Demonstrate mindfulness practices used in a psychodramatic session.

73 ENLIVENING YOUR GROUP WITH BIBLIODRAMATIC ACTION

Linda Condon, LMHC, TEP, Private Practice

Putting the written word into action often provides group members with increased insight, clarity and meaning into a story and it's role relationships, as well as, a sense of connection to one another as the group experiences the bibliodrama process. Participants will explore factors to consider when creating bibliodramatic warm-ups, how to sociometrically choose a group, how to transition to it, and finally discuss ways to facilitate the sharing process during a bibliodramatic session.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the role warm-up plays in facilitating bibliodramatic session and explore a variety of warm-up structures;
2. Distinguish between sociodramatic and psychodramatic action.

74 TREATMENT OF TRAUMATIC ATTACHMENT IN ADDICTED VETERANS

David Poleno, LCSWC, TEP, Clarity Way Rehabilitation Center

Dr Moreno revolutionized group therapy thru the development of his therapeutic theater and his creation of the auxiliary world/ego. This workshop will present a 3 step model of working as an interdisciplinary team with a combat vet suffering with alcohol addiction and attachment trauma on the psychodramatic stage at an addictions rehab center. The workshop will be both experiential and educational.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to create a safe place allowing the client to feel oriented in the here and now with the dual awareness of a traumatic event using soliloquy as an orientation device;
2. Apply auxiliary world to traumatic memory to promote safety and reduce threat to assist client in not being overwhelmed by inner rage.

78 OPEN STORY SYSTEM CHANGES OLD PLOTS FOR NEW

Jon Kirby, MA, PhD, PAT, Private Practice

Learn directorial skills in psychodrama with the "Open Story System" which enacts protagonists' answers to the context questions — who, what, when, where and, finally to how, which keys us in to what's amiss. Guided by the Open Story System, directors can explore alternate plots in surplus reality to develop a new life story / processing protagonists' intentions and self-presentations which form the basis for didactic discussion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and demonstrate how to use context questions to explore the protagonist's story;
2. Identify the story plot and apply new plots through action methods.

1:00 pm - 2:30 pm
90-MINUTE WORKSHOPS

79 ETHICS QUESTIONS (AND ANSWERS!)

Susan Meyerle, PhD, LIMHP, Life Resources, LLC

1. To re-familiarize practitioners with the current Code of Ethics. 2. To learn about current disciplinary cases which affect clinical practice. 3. To understand the relationship between regulations and disciplinary action. 4. To identify decisions practitioners made which resulted in disciplinary action. The presentation is didactic with discussion strongly encouraged by the attendees.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the relationship between regulations and disciplinary action;
2. Apply decisions practitioners have made resulting in disciplinary action and define three strategies to maintain ethical integrity.

80 GENDER DIVERSITY SENSITIVITY TRAINING

Jennifer Whitlock, MA, LPC, True Colors Center for Creative Therapy

Being transgender - when ones identity does not conform to assigned social roles - is not inherently painful. It's the stigma that makes people choose between hiding their true selves or risking abuse. This workshop will use sociodramatic methods to: Provide a historical perspective on gender diversity; Explore participants' attitudes toward gender; and Promote sensitivity and tolerance. The purpose is to challenge attitudes which can lead to bullying and discrimination.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the feelings and experiences common to transgender people so that they can better reverse roles with and double this population;
2. Identify three techniques to increase sensitivity to gender diversity.

81 BECOMING A LIMIT SETTER AND LOVING IT!

Gregory Koufacos, MA, LCADC, Private Practice

This workshop will blend didactic and experiential methods regarding the importance of becoming an effective limit setter - which is vital to creating a practice that helps your clients succeed while protecting yourself. A lost art-form, this workshop will involve you in a archaeological dig to find the powerful limit setter that you are! Participants will leave with an understanding of the elements of successful limit setting, its role in psychotherapy, and how to become a great limit setter.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the importance of limit setting for a practitioner;
2. Describe elements of successful limit setting, and how to implement those into their practice

82 RECONNECTING THE "FEAR OF CONNECTION"

Nancy Bailey, PhD, LASAC, CET III, The Meadows, Desert Moon Consulting; Carolyn Stegge, LSW, CCDP, CET II, The Meadows

Utilizing auxiliary and audience roles facilitates a more titrated and moderate corrective experience for clients with complex trauma and eating disorder issues. Doubling and role reversal fosters safer connection for those having issues with trust, self-esteem, body image concerns, and intensity of emotions. This workshop blends of classic psychodrama, Therapeutic Spiral Model, and somatic integration in creating a safe place for a client's productive enactment. Participants will examine research, set up and role model distinct action methods and discuss applications.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Examine why using a more titrated experiential exercise promotes safety in trauma healing;
2. Demonstrate the use of auxiliary and audience roles to facilitate a trauma informed corrective action.

83 THE EMPTY CHAIR: TRANSFORMING ADDICTIVE PROCESSES

Shelley Korshak, MD, FAGPA, CGP, University of Chicago Department of Psychiatry, Private Practice-Chicago Psychotherapy and Psychiatry

Using didactic and experiential methodology, this workshop showcases the use of the empty chair technique in the treatment of addictive processes. Conceptualizing addictions as a relational choice, we will illustrate five basic roles operative in our relationships, reveal the secret of the addict within, and demonstrate how to use our empty chair technique to help resolve addictive, compulsive and other dysfunctional behaviors, restoring healthy relationship functioning.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define addiction as a relational choice and explain the secret of the addict within;
2. Demonstrate five basic roles in their empty chair work and apply the empty chair technique to help resolve addictive, compulsive and other dysfunctional behaviors, restoring healthy relationship functioning.

84 I WILL SURVIVE WITH YOUR LOVE

Canel Bingol, MD, PhD, IAGP, Marmara University; Psychosocial Advice Center for Refugees-Tohav; Turabi Yerli, MD, PhD, IAGP, Istanbul Arel University

Acts of violence and hatred are now too common. The Middle East is rife with conflicts between nations, religions, and ethnic groups and the raging wars have caused death, displacement and misery of horrific proportions. How do people cope when they have to live together? In this experiential and expressive workshop we will use some Asia Minor and Mesopotamian religious rituals known to transform hate to love and will also use sociodramatic and psychodramatic techniques.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the peaceful subtext messages of some religious rituals;
2. Apply some Asia Minor rituals to psychodrama and sociodrama while working on conflict resolution.

85 RED STATE/BLUE STATE: USING SOCIOMETRY TO MOVE BEYOND POLARIZATION

Deborah Shaddy, MS, LCPC, TEP, Sophia Center for Psychodrama, Sociometry & Psychotherapy-Lansing, KS, Hudson Valley Psychodrama Institute-Adjunct Faculty

Society is filled with deep divisions around issues such as fracking, abortion, gay rights and guns that create strong opinions impeding our ability to hear each other. Sociometry gives us tools to encourage nuanced views of other positions and the people who hold them. Experience sociometric structures that are useful in addressing polarization and identify situations in which these structures can be used to help communities come together with more spontaneity and creative problem-solving.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two relevant situations and issues that in which differences in the needs and opinions of individuals are impeding the communication and problem-solving of a group;
2. Apply two sociometric structures that are useful in bridging divisions.

86 BUCKET-FILLING: GRATITUDE IN ACTION

Nancy Kirsner, PhD, LMFT, TEP, South Florida Center for Psychodrama, Action Training and Groupworks

Gratitude and Appreciation are core elements of Positive psychology, happiness and a sense of well-being. Expressing gratitude is often awkward and goes unexpressed. This activity includes warm-ups, group interaction, and materials transforming gratitude into a visible form that we can see and speak easily.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply "Bucket-Filling" as an activity for individuals to become aware of and express gratitude;
2. Recognize the significance of gratitude work/research in the field of Positive Psychology.

87 JOHN LENNON'S SONGS IN ACTION

Bon Walsh, MEd, LPC, ACET II, ASGPP

John Lennon spoke to his generation and several since with his heartfelt, sometimes whimsical, sometimes yearning or even wrenching messages. They invite us to join his words in action as they match our lives and loves. We will discuss our attachment to him and impressions of his impact, and listen to several different songs he popularized. As we naturally choose and narrow focus, vignettes can be presented and interpreted.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and describe the construct of a vignette;
2. Select through group process the choice of personal stories which are related to group members' favorite songs.

3:00 pm - 6:00 pm AFTERNOON WORKSHOPS

88 SOCIATRY: HEALING SOCIETY AND OUR LIVES

Edward Schreiber, DD, TEP, Zerka T. Moreno Foundation, Lesley University; Sarah Kelley, MA, Lesley University

This workshop offers ideas, worldview, and tools of sociatry. We learn through action and discussion critical elements of sociatry, to see the method and the world in a new way. Participants will learn ideas and applications for this facet of Moreno's work. An action structure Sociodrama Sociatry will be introduced. We do this in consideration of Moreno's quote: "At the present moment it is too late for major preventive action. But as professional 'world therapists' we have a responsibility".

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate a core action instrument of Sociatry for healing;
2. Examine the healing of our lives through the lens of Sociatry.

89 JOINING PSYCHODRAMA WITH GROUP COGNITIVE BEHAVIORAL THERAPY

Tom Treadwell, EdD, CGP, TEP, West Chester University & University of Pennsylvania, Center for Cognitive Therapy; Deborah Jane Dartnell, MA, MSOD, West Chester University; Ainsley Stenroos, BA, West Chester University and Psi Chi; Lindsay Martin, West Chester University; Jillian Pankow, West Chester University

The Group Cognitive Behavioral Therapy (GCBT), an action model, incorporating Psycho-dramatic and Cognitive Behavioral Techniques to promote dynamic group interaction. Focus is identifying and exploring negative automatic thoughts and emotional beliefs, replacing them in action utilizing psychodrama techniques and challenging negative thinking. 3. Complete & interpret the Automatic Thought Record (ATR).

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how the Group Cognitive Behavioral Model and Psycho-dramatic paradigm can be used to create a safe and secure environment where individuals can share their dilemma(s) without restraint;
2. Explain, identify and implement three major psychodramatic techniques that assist the protagonist in gaining closure.

90 SCULPTING CHALLENGES AND STRENGTHS IN RELATIONSHIP

Rob Hawkings, MA, MES, MBA, Private Practice, MaleSurvivor Weekends of Recovery; Howard Fradkin, PhD, LICDC-CS, MaleSurvivor Weekends of Recovery, Affirmations: A Center for Psychotherapy and Growth-Columbus, OH

1. to introduce participants to a way of using action methods in a group context with couples working on intimacy issues related to sexual trauma; 2. to demonstrate a way of building empathy and collaboration between intimate partners; 3. introduce participants to an adaptation of gestalt style sculpting that incorporates role reversals and role-training doubles for the purpose of helping partners in relationships to identify challenges to intimacy and their strengths. Experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe one specific sociometric warm up technique and one choice in action method to help couples working in a group context on intimacy issues related to sexual trauma;
2. Describe a way of integrating gestalt style sculpting with psychodramatic role reversal and role training doubling statements for the purpose of helping partners in relationships to identify both strengths and challenges in building intimacy.

91 REVOLUTION ROAD: MESSAGES FROM YOUR ANCESTORS

Margo Fallon, PhD, BSE, Artful Interventions-Expressive Arts Techniques Training; Richard Paschke, MA, TEP

In the city where our country was born, trace your own roots by role reversing your ancestors. Go back in time to when they started and how they came to America – hear their messages about what your family's values and destiny were – create your family crest/shield. Redo as needed to move forward into your future! Each participant will experience how Expressive Arts are used to help one embark on and process their journey.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how the Expressive Arts are used in combination to enhance therapeutic exploration and experience art therapy techniques in warm up and self-exploration activities;
2. Explain the use of psychodramatic techniques in past and future role reversal and future projection scenarios.

92 RATIONALITY & IRRATIONALITY FOR OURSELVES

Melinda Lawless Coker, PsyD, LMFT, TEP, Florida Atlantic University; Rhonda Seiman, PhD, Counseling & Psychological Services, Florida Atlantic University

In this experiential workshop we'll examine the value of rational & irrational processes, especially with regard to personal & group sociometry. Participant objectives are as follows: exploring how rational & irrational thinking processes affect our self-care; recognizing how these ways of being in the world can be sociometric guides within group settings; & practicing REBT (rational emotive behavior therapy) methods in action with clients or in our lives. Psychodrama & discussion included.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify examples of rational and irrational thoughts, as well as how these impact one's self-care;
2. Describe specific sociometric techniques that can be used in a group setting with the lens of rational & irrational processes.

93 FROM SHAMANIC TRANCEDANCE TO PSYCHODRAMA

Bilun Armagan, BS, CP, CEP, Private Practice, Bilyay Academy

In this experiential workshop the participants will be learning together a shamanic trancedance with drumming sounds for journeying in the depths of their minds as a warming up process. After sharing their journey's visions, they will have the opportunity to choose a protagonist to be the representative of the group's dynamic. After participating in his/her psychodrama with shamanic rituals. They will also learn to use some healing techniques to be able to integrate in their own practices.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe and define shamanic trancedance exercise as a warm up exercise for developing group cohesion and as a technique used by a director to warm up a protagonist to work;
2. Explain two strategies a director might use to choose a protagonist.

94 MORENO AS ALCHEMIST: TRANSFORMATION IN ACTION

Sue Shaffer, LCMHC, PAT, Celebrations of the Soul, Northwestern Counseling Services

This workshop will explore JL Moreno's theories and methods in the context of alchemy. Alchemy is the transformative process of turning metal to gold, or a metaphor for transforming the soul into its highest potential. We will explore the alchemical stages in action within the context of Moreno's developmental theory and psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain Moreno's developmental theory in relation to healing and transformation;
2. Describe some of Jungian psychology's overlaps with psychodrama and how the two can be applied together.

95 ENHANCING OUR HEALER ROLE THRU MEDICINE BUDDHA

Herb Propper, PhD, TEP, Kagyu Thubten Chöling Monastery, Indian Institute of Psychodrama

Participants will: 1. experience exploration of the psychodramatic role of Healer; 2. become acquainted with Vajrayana Buddhism thru a brief meditation practice of the Medicine Buddha, including the mantra; 3. discover through action ways to enhance their own Healer Role thru interaction with Medicine Buddha, & examining other roles which support or obstruct their Healer Role. (Previous acquaintance with Buddhist practice helpful but not required) Didactic: 10%, Experiential 90%.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define & demonstrate the psychodramatic role of Healer;
2. Identify two ways to enhance their own Healer Role thru interaction with Medicine Buddha;
3. Examine & distinguish 3 other roles which support and 3 which obstruct their Healer Role, and rate the degree of support or obstruction on a 10-point scale.

6:15 pm - 7:15 pm

**CLOSING CEREMONY
PLAYBACK**

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Jacob Gershoni, LCSW, TEP — Co-Director
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Nan Nally-Seif, LCSW, TEP — Co-Director
212-947-7111 ext. 267, nnallyseif@rcn.com

Jacqueline Siroka, LCSW, TEP — Co-founder & Clinical Supervisor
212-947-7111 ext. 202, jacsiroka@yahoo.com

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John Raspberry, LMFT, MEd, TEP
602 Jefferson, Tupelo, MS 38804
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Check with the Institutes / Trainers for workshops and training opportunities plus locations, as many offer trainings in multiple states and internationally.