



American Society of Group Psychotherapy & Psychodrama

72ND Annual Group Psychotherapy & Psychodrama Conference

Oakland Marriott City Center, Oakland, CA

April 3-7, 2014



CEUs for licensed professionals including Psychologists (APA); Social Workers (ASWB);
Counselors (NBCC); Addiction Professionals (NAADAC); Florida, California, Ohio and Texas Board Approvals;
NYS (OASAS); International Board for Certification of Group Psychotherapists.

The entire conference (Thursday - Monday) offers up to 37.25 hours toward CEUs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

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ASGPP

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asgpp@ASGPP.org, www.ASGPP.org

2014 ASGPP AWARDS

J. L. Moreno Award

Dena D. Baumgartner, PhD, TEP, CGP

President's Award

Antonina Garcia, LCSW, RDT/BCT, TEP

Zerka Moreno Award

Steven William Durost, PhD, LCMHC, REAT

Hannah B. Weiner Award

Lorelei Joy Goldman, MA, TEP

Collaborator's Award

Bernice Garfield-Szita, MS, LPC, TEP
and Robert Szita, MS, LPC, TEP

David Kipper Scholar Award

Nien-Hwa Lai, PhD, TEP

Fellows

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ASGPP REGIONAL CHAPTERS

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Rebecca Walters / hvpi@hvc.rr.com / 845-255-7502

Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

North East Chapter

Carol Feldman Bass / caf.bass@rcn.com / 781-540-9486

Maria Mellano / MariaMellano@comcast.net / 617-913-3898

ASGPP REGIONAL COLLECTIVES

South Florida Collective

Linda Condon / lincondon@yahoo.com

The Toronto Centre for Psychodrama (Canada)

Sheila Berry / sberry@primus.ca / 416-686-6596

COLLECTIVES UNDER DEVELOPMENT

Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

Denver Area

Erica Hollander / ericahollander@comcast.net / 303-978-9091

Minnesota

Mary Anna Palmer / maryannalpalmer@yahoo.com / 612-309-7940

CONFERENCE STEERING COMMITTEE

Janell Adair (auction)

Colleen Baratka (entertainment)

Jean Campbell (awards)

Rhona Case (auction)

Mario Cossa (entertainment)

Jackie Fowler (co-chair)

Nancy Kirsner (co-chair)

Heidi Landis (publicity)

John Olesen (Oakland coord)

Patty Phelps (advertising)

Elizabeth Plummer (triage)

Rebecca Walters (program)

Welcome to Oakland, CA and the ASGPP 72nd Annual Conference: **PSYCHODRAMA: MANY FACES, MANY PLACES.** This year marks the 125th Anniversary of JL Moreno's birth - a perfect time to gather as a community of practitioners and learners, and celebrate his spark of creativity that has spread around the world. You'll find nearly one hundred workshops offered by U.S. and international trainers and practitioners, sharing their work and showcasing the diverse applications of psychodrama, sociometry and related expressive arts, for clinical and non-clinical environments. Whether your primary interest is personal growth or professional development or a bit of both, we are confident you'll have a meaningful

conference experience. Our site is the Oakland Marriott City Center, just blocks from the Victorian-era Old Oakland, and the Oakland Artisan Marketplace. San Francisco is just 5 minutes away by train, with its rich cultural heritage and entertainment. We look forward to seeing you at the President's Reception, Author's Book Signing, Awards Ceremony, and Saturday night dance — always a big hit! And don't forget to visit the Silent Auction and "Basketcase" raffle, Exhibitors, Vendors, and Bookstore! A warm welcome awaits you!

— *Conference Chairs, Jackie Fowler and Nancy Kirsner*

EXCITING EVENTS

President's Reception and Opening Welcome

(Thursday 6:00 pm - 7:30 pm)

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 72nd ASGPP 2014 Conference. **OPEN EVENT**

Silent Auction/BasketCases Raffle/Live Auction

(Thursday - Saturday)

The Auction and Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature *Artists in Residence* where we display works of art that are hand-crafted by our community. Bid on a variety of exciting items as well as workshops and trainings. The Silent Auction closes Saturday at 6:30. Winning bids will be posted Saturday at 8:30 pm and pick up will be Sunday — time to be announced. The BasketCase Drawing takes place at the beginning of the Saturday night dance. The Live Auction takes place at the beginning of the Membership Meeting on Saturday.

Opening Plenary: Miriam Zachariah, MA, TEP

Who Shall Thrive: Fostering Innovation During Transformational Times (Friday 8:00 am - 9:15 am)

As an educator, Miriam has used sociometry extensively as a school teacher and administrator with staff, students and parents. As a consultant who works with communities in conflict, she has had the opportunity to apply psychodramatic and sociometric techniques to help organizations and individuals respond creatively and constructively to difficult situations.

J.L. Moreno had a vision that a peaceful and productive society could be a sociometric order in which "no one would be cast out and all would be given an opportunity to participate to the best of their abilities." Understanding sociometry (group dynamics) and facilitating sociodrama in order to explore social issues can provide leaders in all types of communities with the tools to facilitate the evolution of a more humane, innovative society.

Community Sociometric Selection

(Friday 9:15 am - 10:00 am)

THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS. Meet the workshop leaders and polish up your tele with a here-and-now choice. Mario Cossa and the Sociometric Selection Team will facilitate this exciting process.

New Members & First Time Attendees Gathering

(Friday 6:30 pm - 7:00 pm)

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you. **OPEN EVENT**

Awards Ceremony / Dessert Reception

(Friday 8:00 pm - 10:00 pm)

Our awards acknowledge those who have made outstanding contributions to our community. (Ticket provided for 3 day conference attendees.)

Songfest (Friday 10:00 pm - 10:30 pm)

Join Adam Blatner and Lorelei Goldman for an ASGPP tradition. Bring your voice and enthusiasm. No singing experience required. Song sheets and good cheer provided. **OPEN EVENT**

Saturday Keynote Address:

Daniel J. Tomasulo, PhD, TEP, MFA, MAPP

Dare to be Happy: Psychodrama and the Power of Positive Psychology (Saturday 8:15 am - 9:15 am)

Daniel Tomasulo, is a psychologist, psychodrama trainer, award winning writer and Master of Applied Positive Psychology at the University of Pennsylvania. He is recognized internationally for development of IBT, the Interactive-Behavioral Model of group psychotherapy for people with intellectual and psychiatric disabilities. He is assisting Dr. Martin Seligman weaving the roots and wings of positive psychology and psychodrama into an action - Dare to be Happy !

Psychodramatic methods are uniquely positioned to contribute to the research and delivery of evidence-based interventions from positive psychology. This is particularly true in the initiatives of positive education and positive psychotherapy, but also important in such wide ranging settings as corporations and the military.

Annual Membership Meeting

(Saturday 12:30 pm - 2:30 pm)

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. **OPEN EVENT**

Chapters/Collectives Networking Meeting

(Saturday 2:30 pm - 3:00 pm)

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved.

Book Signing / Meet the Authors

(Saturday 6:15 pm - 7:00 pm)

Our community is rich with many authors who are here to meet you and sign their books.

Saturday Night Dance: *Glitter and be Gay*

(Saturday 8:00 pm - 10:00 pm)

Come join us as we let our hair down, make new friends, and dance the night away... Light snacks will be served. **OPEN EVENT**

Sunday Keynote Address: Jennifer Sasser, PhD

Honoring the Past, Dreaming the Future (Sun 8:00 am - 9:00 am)

Jennifer Sasser is Chair, Department of Human Sciences and Director of the Gerontology Program at Marylhurst University. She has been involved in inquiry in the areas of creativity in later life; older women's embodiment; sexuality and aging; critical gerontological theory; and transformational adult learning practices. She co-authored the textbook *Aging Concepts and Controversies*.

An interactive presentation in which we will work together to create a liminal experience where ancestors, individuals and the collective are honored, envisioned and enacted.

Closing Ceremony (Sunday 5:30 pm - 6:15 pm)

Closure in action. Share your conference highlights and say goodbye to new and old friends. Sociometric methods will be used to bring forward new and desired roles warming up to the 2015 Conference.

HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double \$139. This rate is only guaranteed through March 12, 2014. After that date, rooms are available on a "space and rate available" basis determined by the hotel. The special rate is available for stays from March 31-April 10. **When making reservations by phone, be sure to identify yourself as attending the ASGPP 72nd Annual Conference to obtain the special conference rate.**

Hotel Contact Information:

**Oakland Marriott City Center, 1001 Broadway, Oakland, CA 94607
Tel: 510-451-4000, Fax: 510-835-3466, Reservation Line: 800-228-9290**

To make reservations online, please go to the ASGPP website
www.asgpp.org
or <https://resweb.passkey.com/go/asgppannualconf>

We strongly recommend that you place your reservations by using our on-line service.

ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP via **email** and specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of other people who have expressed an interest in sharing a room. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP is not responsible for any arrangements that fall through.** The deadline for this Room Sharing Service is **February 7, 2014**. Remember that the hotel is only obligated to honor ASGPP rates through March 12, 2014 and availability.

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material**. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products (other than books) which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

**For additional information, please contact:
Jennifer Reis, Executive Director, (609) 737-8500, asgpp@ASGPP.org.**

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of February 7, 2014.
- To receive the early registration discount, your forms must be post-marked by February 7, 2014.
- **Attendees registering by mail with a postmark after February 7, 2014 must pay the on-site rate.**
- Member rates apply only to those having paid their Membership Dues.
- Anyone registering at member rates who has not paid their dues to the ASGPP for 2013/2014 (through 4/14), will be invoiced for such dues. The dues must be paid prior to the conference.

CANCELLATION POLICY

Request for cancellation must be postmarked by March 27, 2014. While no refunds will be given, cancellations will receive credit for the 2015 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds but understands that it can be more convenient for individuals to use their credit card. Please keep in mind that the ASGPP will charge a 2.75% fee for processing credit cards. Sending a check or money order helps us keep your conference rates lower. To pay by credit card please register online or include your information on the following registration page and ASGPP will process.

PHOTOS

The ASGPP takes photos at open events at the 2014 Conference and may reproduce them in our publications or on our website. No photos will be taken of personal work or workshops. By participating in the 2014 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

ASGPP DISCLAIMER

Conference attendees agree not to hold ASGPP responsible for any injuries incurred during any activities hosted by the ASGPP.

ASGPP 2014 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) _____
 ADDRESS _____
 CITY _____ STATE/PROVINCE _____
 ZIP/POSTAL ZONE _____ COUNTRY _____
 FIRST NAME/NICKNAME FOR BADGE _____
 PHONE _____ FAX _____
 E-MAIL _____
 In case of emergency notify: _____
 (ADA) - Please indicate if you have special needs FOR OFFICE USE ONLY

Check all that apply

- Presenter
- Retiree (no longer employed, doing training or in private practice)
- Student (matriculated in an accredited college/university program)
- Member Non-Member New Member (since 5/2013)
- First Time ASGPP Conference Attendee

NEW MEMBER INCENTIVE

Become a member today and receive a special conference promotion discount of 50% on your dues and enjoy member rates to attend the conference. New member rates are \$60 (regular) and \$30 (student). **Students must submit Student picture ID.** FOR OFFICE USE ONLY

REGISTRATION FEES

All fees are given in \$US

- Full Conference
(Friday, Saturday and Sunday)
- 1 Day Conference Package (Fri, Sat or Sun)
Circle Your Choice(s)
- Full Day Conference Institute (Thurs or Mon)
Circle Your Choice(s)
- Half Day Conference Institute (Thurs or Mon)
Circle Your Choice(s)

	Member Student	Member Retiree	Non-Mem Student	Non-Mem Retiree	Mem	Non-Mem	
<input type="checkbox"/> Full Conference	\$290	\$290	\$305	\$305	\$475	\$525	\$ _____
<input type="checkbox"/> 1 Day Conference Package	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Full Day Conference Institute	\$130	\$130	\$135	\$135	\$175	\$210	\$ _____
<input type="checkbox"/> Half Day Conference Institute	\$65	\$65	\$70	\$70	\$90	\$110	\$ _____

ADDITIONAL EVENTS

- Friday Awards Dessert Reception (included in Full Conference package)..... x \$20..... \$ _____
 - Boxed Lunch - circle which days apply (Thurs Fri Sat Sun Mon) (menu will be sent)..... x \$25 Per day \$ _____
(Full Conference package includes boxed lunch on Saturday)
 - Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ _____
 - 2014 Membership Dues** \$120 (regular) \$60 (Retiree or Student - must submit student picture ID)
All members add (\$10) if you are from a country other than the US, Mexico or Canada..... \$ _____
 - CEU Forms – we will provide one form that can be used for all licensures as verification..... \$25..... \$ _____
- TOTAL AMOUNT DUE (\$US)**..... \$ _____

Please review ASGPP Cancellation Policy on previous page.

Please make checks payable to ASGPP, and return all registration forms to:

ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540

TO USE YOUR CREDIT CARD (Visa & MasterCard only) Please keep in mind that we will calculate and charge a 2.75% fee to the Total Amount Due. To avoid paying this fee, you may mail this form with your check to the address above.

Name as it appears on the credit card _____ Credit Card #: _____

Expire. Date _____ Last 3 digits on signature line: _____ The 3-digit CVV code is located on the reverse side of your card and essential to process your charge.

Billing address for card if different from above _____

DO NOT E-MAIL credit card information. Mail this form to the ASGPP or send it along with the Workshop Registration page via secure fax to: 609-737-8510.

GROUP RATES: ASGPP is offering a special group rate for the Full 3 day Conference to college/university students and agency employees. Six (6) or more students must register together at the Group Rate of \$255/per person. *Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification. We are also offering a group rate for three (3) or more attendees from a mental health or medical agency or hospital at the rate of \$440 per person. Registrations must be sent together with a letter from the agency/hospital administration, listing the attendees/employees.

ASGPP is offering a group rate to psychodrama training institutes at a rate of \$375. All registrants must be members of the ASGPP. Registrations must be sent together in the same envelope with a cover letter from the trainer listing the names of the trainees.

Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

IMPORTANT: Please sign up for workshops on the following page.
Your registration cannot be processed if you have not signed up for the workshops you wish to attend.

WORKSHOP REGISTRATION

Last Name _____

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

		1st CHOICE	2nd CHOICE	3rd CHOICE
Thursday April 3, 2014 - Pre-Conference				
9:30 am - 5:30 pm	*Full Day Training Institutes..... (#1-5)			
9:30 pm - 1:00 pm	*Morning Training Institute..... (#6-7)			
2:00 pm - 5:30 pm	*Afternoon Training Institute..... (#8-9)			
Friday April 4, 2014				
10:15 am - 1:15 pm	ALL Morning Workshops will be sociometrically selected ONSITE ONLY - at 9:15 am SHARP immediately following Plenary			
2:00 pm - 3:30 pm	90-Minute Workshops..... (#21-31)			
4:00 pm - 6:30 pm	Afternoon Workshops..... (#32-42)			
Saturday April 5, 2014				
9:30 am - 12:30 pm	Morning Workshops..... (#43-53)			
3:00 pm - 6:00 pm	Afternoon Workshops..... (#54-64)			
Sunday April 6, 2014				
9:15 am - 12:15 pm	Morning Workshops..... (#65-75)			
1:15 pm - 2:45 pm	90-Minute Workshops..... (#76-86)			
3:00 pm - 5:30 pm	Afternoon Workshops..... (#87-96)			
Monday April 7, 2014 - Post-Conference				
9:00 am - 5:00 pm	*Full Day Training Institutes..... (#97-98)			
9:00 am - 12:30 pm	*Morning Training Institute..... (#99)			

***Additional Registration Fee Required**

How did you hear about the conference? Mailer Online Trainer/Teacher Ad in publication Colleague/Friend

SESSION ASSISTANTS & VOLUNTEERS NEEDED!

VOLUNTEER SERVICE is a vital part of the ASGPP community and a successful conference program. We have four areas of volunteering: General Volunteer, Session Assistants, Onsite Triage Team Members and Silent Auction/Basketcases assistants. You can contact the coordinator of these areas to find out more about them or ask questions. Please indicate which area of volunteering you are interested in. The Coordinator of that area will contact you. **We hope you will offer your services both on site and prior to the conference.**

- Yes, I am interested in being a General Volunteer. (Coordinator: Jennifer Reis, 609-737-8500, asgpp@asgpp.org)**
- Yes, I am interested in being a Session Assistant. (Coordinator: Debbie Ayres, 609-737-8500, debbie@asgpp.org)**
- Yes, I am interested in being a Onsite Triage Team Member. (Coordinator: Elizabeth Plummer, 805-682-5544, plumline1@gmail.com)**
- Yes, I am interested in helping with the Silent Auction/Basketcases.**
(Coordinators: Rhona Case, 215-355-8380, psychobabble3@gmail.com; Janell Adair, 267-471-2460, janelladair@gmail.com)

Please circle the days you are available: Thursday Friday Saturday Sunday Monday

NAME _____ PHONE (day) _____

E-MAIL _____ PHONE (evening) _____

WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday	Monday
Addictions	1	10, 16, 18, 29, 32, 39	46, 51, 57	70, 77, 84, 89	97
Business/Coaching/ Marketing/Publicity		33	63	68, 88, 93	
Creative Arts	1, 4	17, 18, 19, 23, 24, 25 27, 28, 35, 38	45, 48, 49, 52, 60, 61	65, 67, 70, 72, 82, 83, 96	98, 99
Education	6, 9	22, 25, 34, 37, 40	45, 46, 52, 54, 56, 63	67, 76, 79, 90, 95	
Family/Couples	8	13, 39, 42	47, 57, 59, 61	66, 67, 84, 95	97
Healing/Self Care	2, 6, 7, 9	11, 12, 14, 16, 19, 21, 24 26, 30, 32, 35, 37, 38, 42	43, 49, 50, 55, 57, 59 60, 61	69, 73, 76, 82, 83, 84, 85 87, 89, 92, 93	
International	6	15	47	73, 76, 85, 86, 87, 88, 89 93, 95, 96	
Multicultural		12, 15, 30	64	79, 80, 81, 95, 96	
Neurobiology		17	54, 58, 62	71, 72, 91	
Psychodrama in Other Fields	3, 5, 7	11, 12, 16, 22, 23, 33 39, 40	43, 47, 52, 54, 58 62, 63	67, 68, 71, 72, 75, 78, 81 87, 88, 90, 94	
Psychodrama Foundations	1, 3, 4, 7, 8, 9	11, 13, 17, 18, 28 32, 33, 34, 37, 38, 40	44, 51, 55, 58	65, 69, 73, 75, 76, 77 91, 94	98
Sociodrama/Playback/ Drama Therapy	4	10, 14, 15, 23, 25, 41	45, 47, 48, 53, 56, 64	67, 79, 80, 81, 85, 88 90, 94	98
Sociometry		14, 15, 28, 29	59, 60	68	97
Spirituality	2, 3, 5, 6	26	44, 49, 50, 55	65, 69, 73, 78, 80, 87, 91 92, 93	98
Trauma/Bodywork	1, 2, 3, 8	13, 19, 24, 26, 29, 30 34, 42	43, 44, 46, 48, 51 62, 64	66, 70, 71, 75, 77, 82, 83 89, 92, 96	

PSYCHODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas.

THURSDAY

- 1 Making Trash Pretty
- 2 The Power of The Wounded Healer Arc
- 5 Psychodrama and DBT: Encounter with Wisdom and Compassion
- 7 Energy Drainers or Energy Givers? Boosting Your Happiness
- 8 Many Faces, Many Places...Many Truths
- 9 Living, Loving, Lying

FRIDAY

- 11 Loving the Roles In You
- 12 The Masks We Wear: Using Images to Stimulate Imagination
- 13 Faces of Protagonists, Archetypes of Psychodrama
- 15 Many Faces/Places: Getting Past Our Polarization
- 16 Living Juicy
- 19 Using the Healing Circle and Psychomotor
- 30 From The "I" of The Storm
- 36 Adventure Therapy, Psychodrama, and Eating Disorders

- 39 Addiction and Families: a Systems Perspective
- 42 Ancestral Psychodrama
- 44 Who Shall Survive? Spontaneity through Mindfulness

SATURDAY

- 48 Beyond The Rorschach: Projective Techniques and Psychodrama
- 49 Individualism & Relatedness: Exploring Attachment In Action
- 50 Concretizing The Other Side: Playing God "My Heaven..."
- 51 Connecting the Dots in Sex and Love Addiction
- 55 A Souls Journey: Face to Face
- 57 Shifting from Rescue to Collaborative Connection
- 58 The Red Book in Action
- 59 Fielding Anger
- 60 Power of Choice: Living in the Moment
- 61 Aging Parents: Changing Faces, Facing Changes

- 62 Psychodramatic Methods to Promote Mindful Parenting
- 64 Healing History's Wounds through Action Methods

SUNDAY

- 65 Guided by Intuition: Heart & Soul of Psychotherapy
- 69 Scene Setting: Creating Safe Spaces
- 71 True Intimacy: Building Secure Attachment to Self
- 75 The Psychodrama Process: Warm-Up, Action, and Sharing
- 76 Encounter With Your Inner Playwright
- 87 Many Lives, Many Selves: Exploring our Deep Memories
- 95 Is it you or is it me? Countertransference
- 96 Chinese Medicine and the Expressive Arts Therapy

MONDAY

- 98 Putting the Drama into Psychodrama

TRAINING CREDITS & CEU INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed by the presenter** before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



CONTINUING EDUCATION UNITS (CEUs)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEUs from different credentialing bodies.

PSYCHOLOGISTS: Ce-Classes.com is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

SOCIAL WORKERS: Ce-Classes.com is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org Approved Continuing Education Program (ACE). Approval Period: 1/5/14 - 1/14/17. Ce-Classes.com maintains responsibility for the program. Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS: Ce-Classes.com is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of this event/program. Ce-Classes.com may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event.

ADDICTION PROFESSIONALS: Ce-Classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

NYS (OASAS): The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA:

SW, MFT & LEPS: Ce-Classes.com is approved by the California Board of Behavioral Sciences. Continuing Education Provider - PCE 4297

Nurses: The California Board of Registered Nursing. CEP 15647 Expires 11/30/2014.

CAADAC: The California Association of Alcoholism and Drug Abuse Counselors (CAADAC) Provider Number OS-12-174-1114 Expires 11/2014

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OHIO: Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2015.

FLORIDA: Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Exp 3/2015. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS: This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES: Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2014, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2014.

CERTIFICATES OF ATTENDANCE: Certificates of Attendance will be available to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Thursday, April 3, 2014) offers up to 7 hours. The regular conference (Friday, April 4 – Sunday, April 6, 2014) offers up to 23.25 hours. The Post - Conference (Monday, April 7, 2014) offers up to 7 hours. The entire conference (Thursday - Monday) offers up to 37.25 hours toward Continuing Education Units (CEUs). Check with your provider.

CEU CERTIFICATES

CEU Certificates are \$25 as indicated on registration form. Those purchasing CEUs will have a 'CEU Verification of Attendance Sheet' to be signed by the session assistant/presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CEU certificate with hours listed for workshops attended.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days.

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEUs for re-certification or licensure maintenance.





THURSDAY, April 3, 2014

8:00 am - 6:00 pm REGISTRATION

9:30 am - 5:30 pm PRE-CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.

6:00 pm - 7:30 pm President's Reception / Opening Ceremony Follows Reception - Open Event

7:30 pm - 8:30 pm Sociometric Selection Team Meeting - Workshop leaders and selected Session Assistants

9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES

1 MAKING TRASH PRETTY

Colleen Baratka, MA, TEP, Looking Glass Counseling, Catharsis Psychodrama Institute, The Renfrew Center

Everyone has trash. Everyone has pain. Integrating all of this into a full acceptance of self is where peace lies. This workshop will incorporate a recycling art project and action techniques to explore the power of transforming that which we want to throw away physically, emotionally or spiritually into something we can use to build strength and hope and self-like.

2 THE POWER OF THE WOUNDED HEALER ARCHETYPE

Gatherine Nugent, LCPC, TEP, Dramatic Transformations; Linda Ciotola, MEd, CET III, TEP, Healing Bridges (Private Practice)

Many are called into the helping professions from our desire to transform our negative experiences and assist others. We will explore life wounds as a path of initiation, investigate strengths and vulnerabilities resulting from our traumas, and discover this archetype's power for psychological and spiritual development for ourselves and our clients.

3 FROM CUSHION TO CONNECTION

Jacqueline Siroka, ACSW, BCD, TEP, Sociometric Institute NYC-Clinical Director; Robert Siroka, PhD, ABPP, Sociometric Institute NYC-Founder

A workshop integrating Mindfulness Meditation with Psychodrama and Sociometry. Through guided exercises, discussion and enactment, participants will have the opportunity to experience the process of integrating the power of Mindfulness Meditation techniques with the dynamism of Psychodrama and Sociometry.

4 PLAYBACK THEATRE AND PSYCHODRAMA COMPARED

Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute, Community Playback Theatre

This workshop will provide an experiential overview of both models for improving understanding and creating community. Participants will learn and practice basic forms of Playback Theatre (fluid sculptures, pairs and scenes) and will learn and practice psychodramatic forms (doubling and role reversal). We will explore how each form can best function in the world. We will also "do" a story in both Playback and psychodrama styles, for a chance to compare and contrast in action.

5 PSYCHODRAMA AND DBT: ENCOUNTER WITH WISDOM AND COMPASSION

Rebecca Walters, LCAT, LMHC, TEP, Co-Director, Hudson Valley Psychodrama Institute

The Wise Mind is central in Dialectical Behavior Therapy as well as a useful concept for those not trained in DBT. Our clients who lack positive nurturing role models often are challenged to engage their own inner Wise Mind. Participants will learn to use deep interviewing and role reversal to help people find, develop the role of, connect with and successfully engage the Wise Mind to move forward as well as participate in full psychodramas.

9:30 am - 1:00 pm MORNING PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE

6 THE MANY FACES OF SELF: ENGAGING OUR ARCHETYPES

Kim Irvine-Albano, BA (Psychology), MA, CP; Ontario Society Psychotherapists, Canadian Association Psychodynamic Therapists (student member) ASGPP; Barbara Guest, BEd, MSW, TEP, Toronto Centre for Psychodrama and Sociometry

Different archetypal dimensions of character emerge at different times in our lives. How do these archetypes interact? What happens when they are in conflict? How do we decide "who is driving the bus"? In this experiential workshop we will meet some of our archetypes through warm ups, sociometry and psychodramatic exploration.

7 ENERGY DRAINERS OR ENERGY GIVERS? BOOSTING YOUR HAPPINESS

Carole Oliver, MEd, LPC, TEP, Action Therapy

We will explore in action using the groups' resources, the people, places, things and behaviors that either boost our energy and positivity or drain and diminish it. Participants will identify specific energy drains and how they need you back as well as energy givers and how to bring them into your life more. This is a practical, fun, experiential workshop which will provide you with the skills and motivation to take that next step!

CANCELLED

2:00 pm - 5:30 pm
AFTERNOON PRE-CONFERENCE
HALF-DAY TRAINING INSTITUTE

8 **MANY FACES, MANY PLACES...MANY TRUTHS**

John Rasberry, MEd, LMFT, TEP, Midsouth Center for Psychodrama/Sociometry

Moreno taught us to follow the truth of the protagonist, meeting them where they are. Moreno also invited all "to speak your truth." This workshop will examine what these directives mean and how they look in action. We will also be examining blocks to our spontaneity as directors in following the truth of the protagonist. This will be a didactic and experiential presentation.

6:00 pm - 7:30 pm
PRESIDENT'S RECEPTION
OPENING WELCOME

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 72nd ASGPP 2014 Conference.

OPEN EVENT

9 **LIVING, LOVING, LYING**

Natalie Winters, EdD, Ct. Hyp. Therapist, TEP; NC Psychological Association

We often wear false labels to make ourselves more acceptable. In other instances we were given false messages and still believe them. In this workshop you'll discover where those labels came from and specific ways to change them through psychodrama plus a new and useful tool.

7:30 pm - 8:30 pm
SOCIOMETRIC SELECTION
TEAM MEETING

Workshop Leaders and Selected Session Assistants — Team Orientation and Role Training for Friday morning community event.

**Silent Auction/
Live Auction/BasketCases**

These auctions and raffles are an important fundraiser for the ASGPP and an exciting way to share in the generosity and creativity of our members and friends. **View our donated items prior to the conference through our SMILEBOX emails and on the ASGPP website!**

SILENT AUCTION – We are looking for donations of items such as: **Jewelry * Artwork * Books * Workshops * Supervision with TEPs, and other interesting offerings.** We feature **Artists in Residence**, where we display works of art that are hand-crafted by our community. Please share your talents with our community through your fabulous donations.

LIVE AUCTION – We are looking for donations of larger ticket items, such as: **Airline Tickets * Frequent Flier Miles * Rental property * Timeshares * Cabins * Estate Jewelry * Week Intensives * Celebrity Donations, etc.**

BASKETCASES – We will be raffling off creative and fun baskets filled with an assortment of goodies. **Join with friends or your training group and create an enticing 'themed' basket of your choice to be offered at the conference. A prize will be given to the creators of the most sought after of the BASKETCASES!** *Raffle tickets will be sold throughout the day.*

To donate items to the auctions contact:
Rhona Case, psychobabble3@gmail.com;
Janell Adair, janelladair@gmail.com

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table at the Annual Conference Exhibit Area to display copies of one piece of printed material. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you with products (other than books) that you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller to sell them. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

For additional information, please contact:
Jennifer Reis, Executive Director, (609) 737-8500,
asgpp@ASGPP.org.



FRIDAY April 4, 2014

7:00 am - 8:00 am SESSION ASSISTANTS BREAKFAST
 7:30 am - 6:15 pm REGISTRATION & EXHIBITS
 7:30 am - 7:00 pm SILENT AUCTION
 8:00 am - 9:15 am **OPENING PLENARY - MIRIAM ZACHARIAH, MA, TEP**

Who Shall Thrive: Fostering Innovation During Transformational Times



As an educator, Miriam has used sociometry extensively as a school teacher and administrator with staff, students and parents. As a consultant who works with communities in conflict, she has had the opportunity to apply psychodramatic and sociometric techniques to help organizations and individuals respond creatively and constructively to difficult situations.



J.L. Moreno had a vision that a peaceful and productive society could be a sociometric order in which "no one would be cast out and all would be given an opportunity to participate to the best of their abilities." Understanding sociometry (group dynamics) and facilitating sociodrama in order to explore social issues can provide leaders in all types of communities with the tools to facilitate the evolution of a more humane, innovative society.

9:15 am - 10:00 am **COMMUNITY SOCIOMETRIC SELECTION** with Mario Cossa and the Sociometric Selection Team
 6:30 pm - 7:00 pm **New Members / First Time Attendees Gathering** - Open Event
 8:00 pm - 10:00 pm **AWARDS CEREMONY / DESSERT RECEPTION**
 10:00 pm - 10:30 pm **SONGFEST** - Open Event

9:15 am - 10:00 am

Community Sociometric Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:15 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Mario Cossa and the Sociometric Selection Team will facilitate this exciting process.

10:15 am - 1:15 pm
MORNING WORKSHOPS

10 THE MANY FACES OF ADDICTION; THE ROLES WE PLAY

MaryAnn Bodnar, LMHC, CAP, PAT, Private Practice;
Anne Remley, LCSW, NCAC II, CSAC, Acceptance and Recovery, LLC
 Learn the roles of the family in addiction, Introduction to Sociodrama and psychodrama theory, demonstrate locograms, spectograms and deroling along with doubling techniques. Conduct a full sociodrama.

11 LOVING THE ROLES IN YOU

Jeanne Burger, EDD, LPC, TEP, Private Practice, Norfolk, VA,
Director, Psychodrama Training Group
 This is an experiential workshop exploring role theory as it pertains to becoming more aware of the roles that we have taken that shape our lives, the roles we want and the roles that we have abandoned or postponed. It will include a psychodrama.

12 THE MASKS WE WEAR: USING IMAGES TO STIMULATE IMAGINATION

Mario Cossa, MA, RDT/MT, TEP, Bay Area Moreno Institute
 This experiential workshop uses images of Balinese Masks as a warm-up to psychodramatic or socio-dramatic work. Participants will: experience the manner in which images stimulate intra-psyche work; practice one-on-one psychodramatic exploration; and explore applications for using images in a wide range of professional fields including therapy, education, business, and law.

13 FACES OF PROTAGONISTS, ARCHETYPES OF PSYCHODRAMA

Kaya Kade, LPC, CDMS, TEP, Kade & Associates
 Protagonists' issues have many faces in which they present themselves. Psychodramas have archetypal themes in which the issues are resolved. In this didactic and experiential workshop we will delineate the connection between presentation and drama enacted. Attendees will gain confidence in directing by understanding the landscape into which they are entering. Learning to document dramas in this way facilitates case notes and treatment planning.

14 KEEPING OUR PASSION: REINVENTING OURSELVES IN CHANGE

Dave Moran, CCDP, LCSW, TEP, CCMC Recovery Center, I Like Me Now
 Sometimes as helping professionals, society's shrinking services and continued client needs may erode or drain our passion. We feel stuck or not warmed up to life's change. Sometimes keeping up our many role responsibilities challenges our energy. In this sociodramatic experience we will use the canon of creativity to explore our biopsychosocial conserves, warm-up to spontaneity, face our barriers and enliven our imagination, our creativity, and our passion for being alive and connected.

15 MANY FACES/PLACES: GETTING PAST OUR POLARIZATION

Rob Pramann, PhD, CGP, TEP, Pramann-Shepherd's Staff Christian Counseling Center, Inc and University of Utah;
Mary Catherine (Cathy) Burgess, PhD, LPC, TEP, Burgess White Buffalo Associates, University of Edinburgh

How do we get past multicultural & diversity issues that polarize us? Using sociometric & psychodramatic explorations, we will identify polarizations of concern; find common ground and shared values to address these; encounter and enact various approaches to transforming the polarization(s) chosen by the group; & explore in action & didactically Fowler's developmental theory, the group's embodiment of it, & new insights gained that contribute to understanding and transforming polarization.

16 LIVING JUICY

Jennifer Salimbene, MSW, LCSW-R, CASAC, Lexington Center for Recovery, Visions Counseling; Regina Sewell, PhD, LMHC, Lexington Center for Recovery, Dutchess Community College

To live juicy is to live in the moment and be true to our deepest wants and desires. Addictions and other self-defeating behaviors give us a taste of living juicy but ultimately keep us from actually doing so. This workshop will use motivational interviewing, sociometry and a full psychodrama to help participants explore how it would feel to live juicy and take steps towards creating a juicy life.

17 CREATING SOUND RELATIONSHIPS: ATTUNEMENT IN ACTION

Anna Schaum, LPC, PAT, Private Practice, Dramatic Changes, Portland, OR

Empathic attunement is crucial for creating sound relationships. In this experiential and didactic workshop we will take a musical approach to a deeper, "felt sense" understanding of Attunement. Participants will have the opportunity to: 1) Understand the concept of Attunement from both Interpersonal Neurobiological and Music Anthropology perspectives; 2) Track subjective experience of emotional and musical attunement through body centered awareness; 3) Name implications of Interpersonal Attunement for individual, societal, and global peace making; and 4) Gain confidence to utilize sound as a healing agent in current settings. No experience necessary. Extra care offered for those wounded in childhood music settings.

18 PSYCHODRAMA A DEUX: THE OTHER FACE OF PSYCHODRAMA

Sandra Seeger, LMHC, PAT, University of South Florida, South Tampa Psychodrama Training; Susan Mullins Overman, LMHC, TEP, South Tampa Psychodrama Training

Psychodrama is primarily seen as a group modality but many therapists use psychodrama a deux (psychodrama with two) with dynamic results. Most client's report that sessions using this technique move them more quickly and effectively through difficult emotional issues. Participants will take home specific tools for working with a wide variety of populations in individual counseling and will learn to use, apply and practice the techniques of psychodrama a deux. Experiential and Skills Training.

19 USING THE HEALING CIRCLE AND PSYCHOMOTOR

John Skandalis, MA, TEP, Private Practice

In this workshop you will learn the basic elements of John Mosher's Healing Circle model and psychomotor Therapy's Ideal Parent voices and how to use them in psychodrama. Through didactic teaching and experiential action you will learn how the model is used as a diagnostic tool to understand the different types of trauma in the psychodrama's you are directing. In addition we will use psychomotor's ideal parent voices to deepening the drama and the protagonist's affective experience.

20 WHO SHALL THRIVE: FOSTERING INNOVATION DURING TRANSFORMATIONAL TIMES

Mariam Zachariah, MA, TEP, Toronto District School Board, Toronto Centre for Psychodrama

Sociodrama is a technique designed to help groups examine the range of responses that individuals or collectives may have towards problems or impending changes. Participants will have an opportunity to explore how fear can limit an organization's ability to access creativity when faced with change. Through the enactment and processing of a socio-drama, participants will also gain insight that can help allay fear and allow a community to respond creatively to transformation.

2:00 pm - 3:30 pm
90-MINUTE WORKSHOPS

21 PSYCHODRAMA IN THE SERVICE OF THERAPIST SELF-CARE

Ellen K. Baker, PhD, George Washington University Medical Center- Assistant Clinical Professor of Psychiatry and Behavioral Sciences; Private Practice

Given the fine line between the professional and personal self of the therapist, therapist self-care is an ongoing imperative. In this experiential session, participants will have the opportunity to: 1) Explore a) concerns - personal and/or professional b) proactive means of tending these concerns; 2) Use psychodrama as a process in the service of therapist self-care and 3) Record insights gleaned about their own self care in a "letter-to-self" to be received at New Year's 2014.

22 PSYCHODRAMA WITH PEOPLE WITH VISION LOSS

Rev. Cathy Deats, LCSW, DSW, M Div, Private Practice, Consultant; Rev. James Warnke, LCSW, BCD-CSW, Private Practice/Consultant, Chair, Psychology and Social Work Division, International Association for the Education and Rehabilitation of the Blind

Facing the challenges of psychodrama with persons with vision loss, this workshop will give participants: (1) adaptive techniques for use with blind / visually impaired persons; (2) experience of integrating psychodramatic techniques into training of these persons; and (3) tools for creating training workshops for people with disabilities.

23 THE DIGITAL MIRROR: VIDEO DRAMA THERAPY

Andrew Gaines, RDT-BCT, LCAT, NYU, NADTA

Experience and critique the power of video techniques as a psychodramatic medium! We will survey an array of proven approaches, build skills, and experiment with potential innovations. A sample session will be modeled with tips, followed by screening videos made by psychiatric patients. Participants will: practice using several video therapy techniques, adapt psychodrama techniques for digital media, and distinguish clients and settings that might not benefit from video therapy.

24 MAGIC SHOP AS AN ART THERAPY USING GUIDED FANTASY

Andrea Gollub, MEd, ATR-BG, Cedars Sinai Psychological Center Share and Care Program (until 8/2012), Private Consultant

This will be a didactic and experiential workshop. It will start with a short power point presentation of magic shop images produced by DID and 9-11 year old clients, followed by a guided fantasy experience, time to draw and process the images made. Participants will learn how to use the magic shop as a drawing warm up, how art can be used as a diagnostic tool, and how the magic shop can be used as a coping skill.

25 ACTIVE SUPERVISION IN ONLINE ENVIRONMENTS

Shelley Jackson, LPC, PhD, RPT-S, Walden University; Claudine Allen MEd, LPC, NBCC, Walden University; Jane Wood, LPC-I, NCC, DCC, Texas Counseling Association Ethics Committee Board Member, Positive Influences (private practice); Rodney Taylor, MS, LCDC; US Army Alcohol and Substance Abuse Program, Counseling Psychologist; Jennifer Calloway Dustin MFT, LCADC, NCC, Walden University, Sierra Mental Health Associates

In today's Y2K world mental health supervisors often attempt to formulate strategies to provide cybersupervision. Cybersupervision, as referred to by Watson (2003), describes the interactions between supervisor and supervisee using the World Wide Web. This workshop will demonstrate how a clinical supervision group utilized psychodrama techniques of action supervision in a virtual environment. Participants are encouraged to bring mobile device in order to participate in activities.

26 FACETS OF UNITY

Kathleen Murphy MA, LPC, Breathing Life Healing Centers

In this workshop we will use didactics, discussion and experiential modalities of exploration to integrate psychological understanding with spiritual practice, particularly in regards to a felt sense of loss of being. Participants will be able to: 1) Utilize the concept of Unity as a spiritual practice; 2) Understand how psychological injury obscures being; and 3) Use action methods to reconnect to being.

27 LONGFORM IMPROVISON: TRUTH IN COMEDY

Albert Sauermann, LCSW-S, Salemanship Club Youth & Family Centers; Madison Duncan, NBCC, MS, ACA, DAMFT

This is an experiential workshop introducing the principals and techniques of longform improvisational comedy, developed in Chicago. In contrast to the spontaneity games of shortform, longform focuses on emotions and relationships. By participating in exercises utilizing these techniques, participants will gain an understanding of the art form, and will consider applications to clinical work.

28 WARMING UP TO THE WARM-UP!

Stacie Smith MA, LPC-I, Bridging Harts Psychodrama Training Institute; Nathaniel Smith Counselor & Associates

As a foundational component of psychodrama, a well-designed warm-up creates group cohesion and rapport while propelling group members to action and selection of a protagonist. In this experiential workshop, attendees are invited to explore the creative process of crafting warm-ups for one-time, monthly, and multi-day settings. Participants will gain insight into how to create an original warm-up, mold an existing warm-up to fit group needs, and integrate warm-ups into various group experiences.

29 SOCIAL ATOMS INTO ACTION USING "SAFETY DOUBLES"

Carolyn Steppe, LSW, CCDP, CET II, The Meadows; Nancy Bailey, PhD, LASAC, CET II, The Meadows

The workshop will focus on using a social atom put into action with trauma or eating disordered clients. Incorporating trauma informed use of "safety doubles" such as the TSM containing double, or body double, the participants will gain insight into therapeutic interventions with this sensitive population.

30 FROM THE "I" OF THE STORM

Bernice Garfield-Szita, MS, LPC, TEP, GIERS-Grief Information, Education & Recovery Services, ActionArtz Training Institute; Robert Szita, MS, LPC, TEP, GIERS-Grief Information, Education & Recovery Services, ActionArtz Training Institute

This past year brought catastrophic natural disasters to this country including Super Storm Sandy, tornados in the mid west, and fires & floods. The after effects of these events continue to send ripples of emotional, physical and economic turmoil for what we have past. In classic psychodrama format this workshop will help participants see common themes as well as the cultural and gender differences in the post survival process. Personal and community resilience strategies will be explored.

This is a 2014 Award Winner's Workshop

31 AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR

American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

CLOSED

4:00 pm - 6:30 pm AFTERNOON WORKSHOPS

32 MAXIMIZING METAPHOR: SNEAKING ACTION INTO SESSIONS

Marlo Archer, PhD, PAT, Licensed Psychologist, Co-Founder, Arizona Psychodrama Institute

Participants in this foundational workshop will have fun learning how client metaphors open the door to initiate action methods in individual, family, and couples sessions dealing with mental health and/or addiction issues; will experience several activities they can begin using immediately; and will receive informative handouts defining terms such as concretization, maximization, soliloquy, aside, and role reversal. Small action pieces will allow for deep personal work for some attendees.

33 ROLE PLAY IN CORPORATE / EDUCATIONAL / CLINICAL

George Biglin, LCSW, TEP, Westchester Integrative Institute

All training should have role play as an integral part of the presentation. Lecturing is boring and quickly dismissed by most audiences. The use of simple but profound warm-ups in breakout groups, role play within the groups, discussion of feelings and then coming to best practices is the way to teach your audience and build networks. The demonstration of the Critical Incident Model will be exhibited and explained.

34 WHEN IN TROUBLE DOUBLE

Craig Caines, LCSW, CP, PAT, Clinical Director, St. Anne's Home, Founder of Birmingham Action-Centered Therapy;
Mary Catherine Molpus, LCSW, Private Practice Denver, CO, Mental Health Center of Denver

The Substance Abuse and Mental Health Services Administration (SAMHSA) initiated the National Center for Trauma-Informed Care (NCTIC) to better understand and more adequately address the needs of people with trauma who receive mental health services. People with trauma experience anxiety, alienation and disempowerment. Effective doubling counters these experiences by providing validation, support and empowerment. Join us as we demonstrate through vignettes the use of doubling as a trauma-informed intervention.

35 OVER THE RAINBOW-RUBY SLIPPERS TO DREAM DESTINY

Margo Fallon, PhD, BSE, Private Practice

Take the Yellow Brick Road to explore your future destiny with fresh perspective assisted by other asgppers from hinter and yon in our special conference environment. Don't wait for a Tornado, or risk encountering the Wicked Witch. Embrace your Wizard Within re expressive arts techniques — create, enact, enhance your Road Map to determine what it will take to reach what is at the end of your rainbow. Glitter & Magic provided, bring slippers!

36 ADVENTURE THERAPY, PSYCHODRAMA, AND EATING DISORDERS

Lori Feingold, MA, CP/PAT, ASGPP;
Diane Ryan, MA, LPC, LFT, Mirasol, Inc.

This experiential workshop will teach professionals how to work with the eating disorder population using adventure therapy and psychodrama. They will experience adventure therapy as a warm-up process, learn about the role of the eating disorder and re-create the role in action, and learn about using inner child work to help the client forgive themselves and re-create a new role. Didactic, experiential, and psychodrama vignettes.

37 REINVIGORATING "SHARING" IN PSYCHODRAMA

Vickey Finger, LCSW, TEP, Private Practice;
Pat Ashbrook, PhD, CADAC, Private Practice

As psychodrama has evolved and developed, the role of "sharing" has shifted and changed with different trainers, practitioners, and theorists offering their creativity to this evolution. In this workshop, we will ask participants to share their diverse experiences with this third component of psychodrama called "sharing." We will then provide a brief historical review. Finally, through experiential exploration, we will delve into the rich and creative ways "sharing" can be directed.

38 GROWING THROUGH GRIEF: A BODY CENTERED EXPLORATION

Kim Friedman, MA, LMHC, TEP, Private Practice, Antioch University, Seattle

This experiential workshop offers a space to share individual loss in a group setting. Through warming up to experiences of grief, group members will be invited to creatively connect with their story through sculpting, a short vignette and a closing ritual. Psychodramatic action methods such as doubling, role reversal and mirror will be used, and participants will experience the warm up, action and sharing aspects of a psychodrama workshop.

39 ADDICTION AND FAMILIES: A SYSTEMS PERSPECTIVE

Jacob Gershoni, MSW, TEP, The Psychodrama Training Institute, New York, Private Practice

Workshop will examine various roles family members play in maintaining the addict's behavior and stalling or preventing recovery while outwardly attempting to help the addict. Systems theorists view the cycle of addiction as an attempt to self-medicate, which then becomes a problem rather than the solution to the original problem. Factors perpetuating addictions and the destructive impact the family will be addressed. Psychodrama will be enacted, highlighting its power and effectiveness.

40 NUTS AND BOLTS OF RESEARCH: ON ROLE REVERSAL AND DOUBLING

Erica Hollander, PhD, JD, TEP, Hollander Institute, Denver Psychodrama Collective

This workshop will be 1/3 didactic and 2/3 experiential, aimed at increasing research competencies. Reviews of selected research on compassion and empathy training will be presented with inspiration to continue such work, and participants will brainstorm what they think they can demonstrate as effects of psychodrama. How to make strong showings that are credible to outsiders will be discussed and experienced. Collaboration and the positive uses of peer review and feedback will be used.

42 ANCESTRAL PSYCHODRAMA

Judy Swallow, MA, TEP, LCAT, Hudson Valley Psychodrama Institute, Community Playback Theatre

Ancestral psychodrama gives participants a chance to experience the struggles and triumphs of early family members, and help them clear out unfinished business that has left lingering imprints in future generations. Participants will learn and practice this use of extended role reversal as a way of healing energy blocks.

41 SOCIODRAMA: WHO CREATES ROLES, THEMES, ISSUES

Rosalie Minkin, MSW, ATR-B, TEP, SociodramaInstitute.org, East/West Center Psychodrama/Sociodrama

Sociodrama categories are essential aspects of a sociodrama. This workshop examines in action and theory, the specific categories that the director employs in a sociodrama. The objective of this session is to explore how and why a director uses one of the 4 categories to integrate with the stages of a sociodrama.

6:30 pm - 7:00 pm

New Members / First Time Attendees Gathering

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you.

OPEN EVENT

8:00 pm - 10:00 pm

Awards Ceremony Dessert Reception

Join us for an elegant and scrumptious dessert reception as we honor those who have made outstanding contributions to our community.

Ticket required.

(Ticket is included in 3 day conference package.)

10:00 pm - 10:30

SONGFEST

Join Adam Blatner and Lorelei Goldman for an ASGPP tradition. Bring your voice and enthusiasm.

No singing experience required.

Song sheets and good cheer provided.

OPEN EVENT



SATURDAY April 5, 2014



7:30 am - 6:30 pm REGISTRATION & EXHIBITS
7:30 am - 6:30 pm SILENT AUCTION – Bidding ends at 6:30

8:15 am - 9:15 am KEYNOTE ADDRESS - DANIEL J. TOMASULO, PhD, TEP, MFA, MAPP
Dare to be Happy. Psychodrama and the Power of Positive Psychology



Daniel Tomasulo is a psychologist, psychodrama trainer, award winning writer and Master of Applied Positive Psychology at the University of Pennsylvania. He is recognized internationally for development of IBT, the Interactive-Behavioral Model of group psychotherapy for people with intellectual and psychiatric disabilities. He is assisting Dr. Martin Seligman weaving the roots and wings of positive psychology and psychodrama into a action - *Dare to be Happy!*



Psychodramatic methods are uniquely positioned to contribute to the research and delivery of evidence-based interventions from positive psychology. This is particularly true in the initiatives of positive education and positive psychotherapy, but also important in such wide ranging settings as corporations and the military.

12:30 pm - 2:30 pm ANNUAL MEMBERSHIP MEETING - (boxed lunch available – pre-order necessary)
2:30 pm - 3:00 pm CHAPTER/COLLECTIVE NETWORKING MEETING
6:15 pm - 7:00 pm BOOK SIGNING
8:00 pm - 10:00 pm SATURDAY NIGHT DANCE - Open Event

9:30 am - 12:30 pm MORNING WORKSHOPS

43 EATING DISORDERS AND THE ANCESTOR CONNECTION

Karen Carnabucci, LCSW, LISW-S, TEP, Lake House Health & Learning Center

Psychotherapy for eating disorders traditionally looks at the immediate life of the person seeking help. As we widen our perspective – that many of our problems may have roots in intergenerational family trauma - the integration of psychodrama and constellation work offers new tools to understand and heal. In this workshop, we identify hidden intergenerational issues relating to eating disorders and how to select interventions that honor suffering, promote strength and allow love to flow.

44 WHO SHALL SURVIVE? SPONTANEITY THROUGH MINDFULNESS

Anath Garber, MA, TEP, Institute for Applied Human Relations, Private Practice

In this workshop we will explore Moreno's belief that spontaneity is necessary for survival. The following Qs will be addressed: What is spontaneity? Is spontaneity a form of intelligence that unites us all? Can one become spontaneous without becoming mindful? Should a state of mindfulness be inserted into Moreno's cannon of creativity? This workshop will aim to have each participant experience a moment of spontaneity possibly culminating in a classical psychodrama.

45 THE ACT OF SUPERVISION

Katrena Hart, MS, LPCS, TEP, Bridging Harts Psychodrama Training Institute; Chi-Sing Li, PhD, LPC-S, LMFT, Assoc Professor of Counseling Programs-Sam Houston State University, Huntsville, TX

Although a key element of counseling and psychodrama, supervision too often resembles talk-therapy sessions. In this experiential workshop, participants will become familiar with Action Supervision methods to use with group or individual supervisees. Attendees will learn how to help supervisees understand transference / countertransference and how to effectively role reverse with a client to gain clarity and understanding. These skills will help supervisees enhance their observing ego and be more effective clinicians. We will also plan for lots of fun and laughter!

46 SIX SAFETY STRUCTURES FOR TRAUMA WORK

Kate Hudgins, PhD, TEP, Director of Training, Therapeutic Spiral International

This workshop demonstrates the Six Safety Structures of the

Therapeutic Spiral Model that can be used in trauma work, addictions, and educational settings. They will be presented in conjunction with clinical explanations for how they provide containment and safety for the deepest level of psychodramatic healing. Participants will learn the clinical action structures and have an opportunity to practice how they would use them in their own practice.

47 COUPLE THERAPY AND PSYCHODRAMA

Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute, CA Institute of Integral Studies;

Walter Logeman, Registered Psychotherapist (NZ), TEP, AANZPA, NZ Association of Psychotherapists

The group will create a sociodramatic couple. New progressive roles will be introduced to the couple in the context of an Imago Dialogue. Psychodrama will be used to enrich the couple therapy session, with an awareness of two protagonists. Participants will learn principles for using psychodrama with couples through demonstration and participation. The workshop will end with personal and professional reflections on what was learned from working with the sociodramatic couple.

48 BEYOND THE RORSCHACH: PROJECTIVE TECHNIQUES AND PSYCHODRAMA

Heidi Landis, RDT-BCT, LCAT, TEP, Creative Alternatives of New York, Private Practice

One of the differences between psychodrama and drama therapy is the use of projective techniques. In this experiential workshop participants will explore the concept of aesthetic distance often used in drama therapy to create safety and learn how to apply this in a psychodramatic session. Projective techniques such as symbol, metaphor, poetry, and improvisation will be investigated as ways to help clients experience a safe container for diverse and difficult feelings, experiences and thoughts.

49 INDIVIDUALISM & RELATEDNESS: EXPLORING ATTACHMENT IN ACTION

Elizabeth Plummer, PhD, Clinical Psychologist, TEP, Regional Clinical Director: Aegis Medical Systems, Adjunct Faculty Antioch University

Current research indicates that attachment schemas persist from cradle to grave, shaping behavior and dynamics of relationships. Secure, Anxious and Avoidant schemas color our internal and interpersonal landscapes. Utilizing music, sociometry and psychodrama, this workshop will introduce two models for exploring attachment issues that can be adapted to group, couple and individual psychotherapy.

50 CONCRETIZING THE OTHER SIDE: PLAYING GOD "MY HEAVEN..."

Susan Powers, PhD, Private Practice, NYC and Sag Harbor, Onsite
Concretizing spirituality for connection and as part of Creative Grieving Methods from my book *Pathless: Grieving From Surrender to Transformation*. Using creative experiential methods for grieving and personal growth. Create your own Higher Power and finding your inner guidance through role playing. Moreno's use of the balcony will be explored.

51 CONNECTING THE DOTS IN SEX AND LOVE ADDICTION

Arlene Story, LMHC, CSAT-S, TEP, Psychodrama Training and Consulting

Sex and love addiction are outward symptoms of unresolved trauma. Participants in this didactic and experiential workshop will learn about the keys to ongoing recovery by developing an understanding of the different types of trauma, learning to utilize psychodrama to identify addiction patterns and connect these patterns to the underlying trauma. This provides a framework for the ongoing treatment process that will address the trauma wounds and facilitate the development of healthy sex.

52 POSITIVE PSYCHOTHERAPY AND PSYCHODRAMA

Daniel Tomasulo, PhD, MAPP, TEP, APA

Positive psychology has become a powerful, evidence-based approach in business, the arts, coaching, neuropsychology, community development, film, education, the military and many other arenas. See how advances in the science can be directly applied in therapeutic practices.

53 SOCIODRAMA WITH CHILDREN'S GROUPS

Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute, MD Anderson Cancer Center

Sociodrama is a natural group method for children ages seven through twelve as it engages them in play. This workshop will teach the use of sociodrama to address clinical and social issues using one chair, two chairs and short vignettes. Based on the trainer's over thirty years of clinical experience running in patient therapy groups for children, participants will learn tried and true ways of helping children express feeling and develop more effective role repertoires.

12:30 pm - 2:30 pm

ANNUAL MEMBERSHIP MEETING

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community.

OPEN EVENT

2:30 pm - 3:00 pm

CHAPTERS/COLLECTIVES NETWORKING MEETING

Please come join us for an opportunity to meet ASGPP Chapter and Collectives to connect with people from your area. Learn about what they are doing and how you can get involved. **OPEN EVENT**

3:00 pm - 6:00 pm AFTERNOON WORKSHOPS

54 MORENO AND POSITIVE PSYCHOLOGY: A PERFECT FIT

Phoebe Atkinson, MSW, CET III, TEP, Private Practice, SAATE, Rutgers's Executive Coaching Program;
Nancy Kirsner, OTR, PhD, TEP, South Florida Center for Psychodrama, Action Methods and Groupworks

MORENO, the man who brought laughter back to psychiatry and used the child as his model for spontaneity-creativity theory, was certainly a Positive Psychology advocate. Meeting Moreno, Erickson, and Losada, the POSITIVITY RATIO will be introduced via action. Psychodrama vignettes will cultivate positive experiences through concretization, revivification, and anchoring. PSYCHODRAMA is the perfect fit to savour positive experiences fully into our bodies, minds, and narrative.

55 A SOULS JOURNEY: FACE TO FACE

Dena Baumgartner, PhD, CGP, TEP, Private Practice, IAGP

This workshop will be what psychodrama is - a connection of souls working on making the world a better place. Come explore in psychodrama how we encounter life with our laughter and our tears and our community. This workshop will be mainly experiential with some didactic. Come be a part of fire of spirit and of transformation.

This is a 2014 Award Winner's Workshop

56 FACING YOUR ISSUES – ON THE EDGE OF YOUR SEAT

Staci Block, MSW, LCSW, Director of Reflections, Bergen County Division of Family Guidance, Adjunct Professor - William Paterson University

Participants will learn a series of improvisational warm-ups and structures used in creating interactive educational theatre that can be used in group work, classrooms, and performances. Demonstration will take place of how these techniques can be used to facilitate discussion, resolve conflicts, explore alternatives and help group and/or audience members address sensitive material in an educational, yet entertaining way. Through doubling, we will explore "inner voices" not being expressed by the roles created.

57 SHIFTING FROM RESCUE TO COLLABORATIVE CONNECTION

Linda Condon, LMHC, TEP, Clearwater, FL

This workshop will explore the Drama Triangle dynamic and the Circle of Restoration model. It will examine psychodramatic interventions for helping rescuers step away from the drama and move towards compassionate, collaborative connection. Participants will learn to identify drama triangle behavior and increase awareness of how this dynamic complicates mutually satisfying relationship through didactic, experiential exercises, & psychodramatic enactment.

58 THE RED BOOK IN ACTION

Carol Frank, LPCC, RN, CP-PAT, Private Practice-Albuquerque, NM, Faculty, Southwestern College, Santa Fe, NM; Sue Shaffer, MA, LCMHC, CP-PAT, Outpatient Team leader Northwestern Counseling Services, Assistant Director Celebrations of the Soul

Jung's Red Book will be presented as the context to teach Moreno's theories of surplus reality, spontaneity and the Godhead. Through action we will explore images from the Red Book, tapping into our spontaneous and creative nature, demonstrating how as creators, we are the godhead and that God and Psyche are within us. Using experiential and didactic teaching, this workshop provides the opportunity for integration and application of Jungian theory into your work as a psychodramatist.

59 FIELDING ANGER

Azure Forte, LMHC, LMFT, PAT, Private Practice

"Fielding" is a word from sports. Angry feelings, however, are not very sporting by nature. Reliable new reflexes can allow anger to be handled in the manner of a skilled athlete covering a playing field. This workshop will offer psychodramatic action with an emphasis on New Skills Learning. Discussion and sharing will explore the core of Sociometry that uncovers anger as a constructive power engine rather than an instrument of conflict.

60 POWER OF CHOICE: LIVING IN THE MOMENT

Antonina Garcia, LCSW, RDT/BCT, TEP, Private Practice, NYU; Dale Buchanan, PhD, TEP, Private Practice

One of life's major questions is how to live with uncertainty, yet move forward. When you connect with your spirit, authenticity and soul, we embrace the moment. This training will focus on how to help clients discover their essential truths and embody them in their everyday life. Full psychodrama; 1/3 didactic, 2/3 experiential. The workshop will: help clients embrace the moment; demonstrate the use of guided imagery as a warm-up to pd.; and learn how to co-lead a psychodrama session.

This is a 2014 Award Winner's Workshop

61 AGING PARENTS: CHANGING FACES, FACING CHANGES

Stephen Kopp, MS, TEP, St. Luke Institute

According to role theory, the self emerges from the roles. This experiential workshop will use role theory to identify difficulties and validate resources surrounding issues of aging parents. We will explore the internal, interpersonal and communal process of facing and accepting changes as parents advance in years. Using creative arts, we will examine both our unique tasks and our shared concerns. This warm-up will lead to psychodramatically exploring these emerging roles.

62 PSYCHODRAMATIC METHODS TO PROMOTE MINDFUL PARENTING

Dorcas McLaughlin, PhD, APRN, PAT, Saint Louis University, Private Practice

Integrating psychodrama, neuroscience research, mindfulness practices, and attachment theory, a 10-session psychodrama program to promote mindful parenting was developed for an ongoing research study, Mothers Growing Together (MGT). This interactive workshop begins with an overview of the study, followed with a demonstration of various psychodramatic methods used to promote parent-child attunement, regulate affect, develop action insight, and expand parental role repertoire.

63 THE GROUP THERAPIST AS CORPORATE TRAINER

Rick Tivers, MSW, LCSW, Private Practice, Evanston, IL

This highly interactive workshop will be a mini corporate training demonstrating the use of action methods in the business environment. Some of the goals are: 1) Differentiating between treatment and training both in theory and action; 2) Explore and work through trainer/trainee fear of internal power and authority; and 3) Determine which action methods to use based on group dynamics.

64 HEALING HISTORY'S WOUNDS THROUGH ACTION METHODS

Armand Volkas, MFT, RDT, BCT, Living Arts Counseling Center, Emeryville, CA-Clinical Director, California Institute of Integral Studies, Associate Professor

Without intervention, cultures in conflict often pass on legacies of perpetration and victimization. How can we prevent the rage, guilt and shame of one generation from haunting a people for generations to come? Action methods provide a bridge between personal and collective experience, help people master complex feelings, heal deep wounds and put ghosts of history to rest. The presenter will experientially demonstrate his approach to working with intercultural conflict transformation.

6:15 pm - 7:00 pm

Book Signing / Meet the Authors

8:00 pm - 10:00

Saturday Night Dance
"Glitter and be Gay"

Come join us as we let our hair down, make new friends, and dance the night away... Light snacks will be served.

OPEN EVENT



SUNDAY April 6, 2014

7:30 am - 7:00 pm REGISTRATION AND EXHIBITS

8:00 am - 9:00 am KEYNOTE – JENNIFER SASSER, PhD

Jennifer Sasser is Chair, Department of Human Sciences and Director of the Gerontology Program at Marylhurst University. She has been involved in inquiry in the areas of creativity in later life; older women's embodiment; sexuality and aging; critical Gerontological theory; and transformational adult learning practices. She co-authored the textbook *Aging Concepts and Controversies*.

An interactive presentation in which we will work together to create a liminal experience where ancestors, individuals and the collective are honored, envisioned and enacted.

5:30 pm - 6:15 pm CLOSING CEREMONY

Closure in action. Share your conference highlights and say goodbye to new and old friends. Warm up to the 2015 Conference.

9:15 am - 12:15 pm MORNING WORKSHOPS

65 GUIDED BY INTUITION: HEART & SOUL OF PSYCHOTHERAPY

Shoshana Simons, PhD, RDT, Chair-Expressive Arts Therapy, California Institute of Integral Studies;

Saphira Linden, BCT, LCAT, TEP, Omega Transpersonal Drama Therapy and Psychodrama Institute, Lesley University

In a new book, authors apply the 12 principles of Transpersonal Drama Therapy and Psychodrama in working with diverse populations. Contributing authors will discuss how principles may inform an integrated approach to art, life and therapy, and then take participants through psychodrama and drama therapy exercises that connect to these principles. Two of the book's authors will speak about their work using a transpersonal approach to psychodrama and drama therapy in diverse populations.

66 UTILIZING IMAGO THERAPY WITH TRAUMATIZED COUPLES

Adena Lees, LCSW, BCETS, Certified Imago Therapist, Private Practice; Adjunct Faculty-Arizona Psychodrama Institute

Utilizing the "relational model", Imago Theory purports that healing of the individual best happens in the crucible of intimate committed relationship. We will explore how the theory and practice of Imago enhances the recovery process from trauma. Experiential objectives: 1) Apply Imago's "Intentional Dialogue"; 2) Identify 1 way the 'relational model' augments the healing process of trauma; and 3) Apply at least 1 Psychodramatic technique in combination with the "Intentional Dialogue".

67 ACTION METHODS WITH TEENAGERS AND ADULTS WITH AUTISM SPECTRUM DISORDER

Carol Feldman Bass, BA, JD, AANE (Aspergers' Association of NE), ASGPP

Psychodrama, Playback Theater, Sociodrama and improv can be used to help those with Asperger's Disorder and Non-Verbal Learning Disabilities expand their social awareness and competence. It helps them learn to read social clues and understand others perspectives. Tying social skills training directly to improvisation is both a fun and effective way of teaching how to be part of the "group", how to "join", "expand roles" and how to be spontaneous in an appropriate way.

68 APPLIED IMPROVISATION AND MORENIAN PRINCIPLES

Adam Blatner, MD, TEP, Senior University Georgetown TX, Texas A & M Medical School (Round Rock); Cort Worthington, MA, MBA, University of California Berkeley, Haas School of Business, UC Berkeley Extension Programs

In this mainly experiential workshop, participants will: 1) learn about the related field of Applied Improvisation; 2) note our common use of spontaneity, enactment, and creative collaboration; and 3) note a similar breadth of applications in business, spiritual development, education, and other contexts. Exercises will keep the session energized, but also with time for reflection on how this fits with Moreno's hope for sociatry.

69 SCENE SETTING: CREATING SAFE SPACES

Uneeda Brewer-Frazier, CP/PAT, ACC, Certified Life Coach; UBF Partners, LL; Julie Wells, LCSW, CP, PAT, Journey Into Wellness Counseling, Suncoast Psychodrama Training

JL Moreno taught and utilized surplus reality and scene setting in the development of Psychodrama. Participants will be able to gain skills to work with individual and groups using psychodramatic interventions to concretize a safe place for themselves and their clients. The goal is to learn, practice, and integrate these surplus reality techniques by exploring the power of scene setting. Come create and anchor your safe place in the 'here and now' for your future. Full psychodrama/skill training.

70 PUSHING THE 'REFRESH' BUTTON

Roberto Cancel, MA, LMSW, TEP, The Discovery House, Reseda, CA, Avalon by the Sea Malibu, CA

The unconscious is... a source of tremendous potentials for creativity and inspiration. Ideas arise... in the form of visual images... voices... scenes (A. Blatner). This experiential workshop focuses on accessing pleasurable memories which are used to reinforce the psychological strength of the group consciousness. The hypothesis is that by reenacting a pleasurable memory the protagonist will focus on her potentials but it does not take form free of conflict.

71 TRUE INTIMACY: BUILDING SECURE ATTACHMENT TO SELF

Estelle Fineberg, LCSW, LMFT, TEP, Estelle Fineberg Counseling;
Lin Considine, LMHC, TEP, Recovery Associates

Many clients have trouble in relationships due to traumatic events which create insecure attachments. Lifespan Integration is a gentle mind/body modality developed by Paul Parnum, S. Cooper to integrate them into a new and healing narrative of one's life. This process increases internal coherence which is the building block of intimacy. Several protocols of Lifespan Integration which help regulate affect, strengthen the core self and change attachment patterns will be presented in action.

72 THE BODY REMEMBERS WHAT THE MIND FORGETS: SOMATIC AWARENESS IN PSYCHODRAMA

Kate Cook, MA, LPCC, TEP, Director-Living Waters Institute and Interpersonal Neurobiology, Somatics and Action Methods Program, Santa Fe, NM; Francesca Bottos, MA, LPCC, Living Waters Institute; Southwestern Family Guidance Center, Santa Fe, NM

Moving from action warm-ups to vignettes, this workshop will offer three gentle ways to deepen somatic awareness and enrich the embodied relational aspect of psychodrama incorporating rhythm, mindful body attention and doubling and co-narration of story. A lively theoretical discussion will be held through the work. Co-facilitators: Christine Stevens, Pat Ogden, Alan Schore, Phillip Bromberg and Bonnie Baderoch.

73 LIVING IN THE MOMENT WITH THE POWER OF THE NOW

Donna Little, MSW, TEP, Toronto Center for Psychodrama

Moreno brought the now into therapy. In Moreno's philosophy of the creator, he articulated human's pregnant power to construct and produce the world in which he lives. The moment is a dynamic and creative category, which attains its meaning through the creative-spontaneous process. Join me in exploring through writing and action where you are in this process.

74 HONORING THE PAST, DREAMING THE FUTURE — PART II

Jennifer Sasser, PhD, Chair, Dept. of Human Sciences, and Director of Gerontology, Marylhurst University, OR; Jacqueline Fowler, MA, Interim Director, Center for Experiential Learning & Assessment, and Faculty in Human Studies, Marylhurst University, OR

This workshop will follow Jenny's Keynote address, *Honoring the Past, Dreaming the Future*. Together we will explore more deeply the ideas and feelings that emerged from the morning experience – those that surprised you, provoked you, confused you, or excited you. What's next for you as a creator of legacy and as a future ancestor in the field of Psychodrama, Sociometry and Group Process? Please join us for a session of collaboration, play, adventure, and discovery!

75 THE PSYCHODRAMA PROCESS: WARM-UP, ACTION, AND SHARING

Bill Wysong, LPC, EMDR II, TEP, Aspen Counseling Ctr, Private Practice; Joann Wysong, MA, Aspen Counseling Ctr, Private Practice

You can get a lot done in 15 to 30 minutes of action. This experiential and didactic workshop will show the psychodrama process with several warm-ups, short situational enactments (ideal for 50 minute client or group sessions), and sharings related to the enactments. Learning objectives include: principles of the psychodrama process, function of the auxiliary ego, double, director, stage and audience, and action demonstrations.

1:15 pm - 2:45 pm 90-MINUTE WORKSHOPS

76 ENCOUNTER WITH YOUR INNER PLAYWRIGHT

Adam Chi-Chu Chou, PhD, CP/PAT, Feng Chia University, Member of ASGPP; Team of Psychodrama Directors at the Department of Psychiatry, National Chang Hua Hospital, Chung Hwa, Taiwan; Yu-Chien Tsai, Occupational Therapist; Tsung-Chi Su, Counseling Psychologist; Chu-Ya Hsieh, Clinical Psychologist; Tzu-jung Lee, Clinical Psychologist

This workshop presents a working model at a psychiatric ward in National Changhua Hospital, Taiwan. In a warm, supportive and encouraging environment, we help protagonists encounter their inner playwright and reconstruct their stories. People then dare to dance again on the reconstructed life stage. The workshop also shows the implications of the work to the world outside a psychiatric ward. Join us to encounter your own playwright and to experiment with possible new directions of life.

77 THE EMPTY CHAIR: ADDICTION & SPONTANEITY

Shelley Korshak, MD, CGP, Adjunct Faculty-University of Chicago, Private Practice-Chicago Psychotherapy and Psychiatry

Addictions have been characterized as a preference for attachment to addictive substances and processes over attachment to people. Using a combination of experiential and analytical methods, this workshop showcases the empty chair technique, achieving the five basic roles of chair work operative in our relationship. We will expose the secret of the addict within, and demonstrate how to resolve addictive, compulsive, and impulsive behaviors, restoring healthy relationship functioning.

78 BIBLIODRAMA: STORIES FROM THE INSIDE OUT

Teresa Mallott, MDiv, Certified in Spiritual Direction, Bridging Harts Psychodrama Training Institute

Bibliodrama is an action-oriented method by which people are invited to experience the power of a story from the inside. This workshop will utilize both sacred and non-sacred teaching texts to invite participants to explore the meanings they find in each experience. Together we will share ways in which this method may be used in one-on-one sessions as well as in small and large group settings to unleash each person's creativity, spontaneity, and inner wisdom.

79 EDUDRAMA

Katherine Norgard, PhD, MSW, TEP, Hopi Foundation, Center for Prevention and Resolution of Violence

EduDrama is an offshoot of sociodrama whereby action methods can be used to deepen participants understanding and opinions about social issues. This presentation will be didactic and experiential allowing participants to experience an enactment of the group's area of central concern (e.g. immigration issues).

80 PLACES AND FACES OF DIFFERENCE

Glandis Payne, LMFT, Licensed Minister, Larchmont Family Associates-Private Practice, Antioch University at Santa Barbara
Beliefs can create a bias toward others. Connecting and attuning to those who have lived with and been traumatized by cultural and racial bias can be challenging. This workshop will utilize sociodrama, music and play to create a safe container in which group members can learn about how biases are created, gain a body-based understanding of how bias and discrimination wounds the human soul, and learn a new way for exploring cultural differences.

81 DIS (ABILITY) GROUP INCLUSION SKILLS

Jo'el Roth, MS, CRC, CO Division of Vocational Rehabilitation
In this interactive workshop, participants will experience and learn about disability awareness, as well as those laws which assure inclusion for all abilities. The group will discuss and try out various ways to create a safe and welcoming group activity for those who may use a wheelchair for mobility, may be blind or have low vision, may be deaf or have hearing loss, or be dealing with the effects of PTSD or Traumatic Brain Injury.

82 EXPRESSIVE ARTS THERAPY AND BED

Deah Schwartz, EdD, CTRS, CCC, Dr. Deah's Body Shop: Resources for Every Body Every Size
"The seasons they go round and round." These familiar lyrics describe the cyclical nature of Binge Eating Disorder. But repetition of the seasons also offers clinicians and their clients opportunities to predict triggers. Using lecture, discussion, video clips and experiential activities, participants will learn about seasonal challenges for BED, behaviors that result, and Drama Therapy interventions designed for body image issues and disordered eating patterns.

83 FACING OUR VOICE

Anin Utigaard, MA, MFT, TEAT, International Expressive Arts Therapy Association (IEATA), Person-Centered Expressive Arts
When our voices are silent or we're afraid to speak out, it can negatively impact our lives and the lives of others. Our voices are directly related to our sense of personal power and health. Positive change can take place when we feel free to share our voice. In this experiential workshop participants will learn the "authentic voice process", explore their relationship to their voice, and learn about the person-centered approach to expressive arts.

84 TIPS FOR FAMILY MEMBERS COPING WITH ADDICTION

Gregory Koufacos, MA, LCADC, CRC, Founder and Director of Eternal Principles Counseling, Family Recovery Coach at Rebound Brooklyn and Loft 107
The main learning objective of this workshop is to provide 3 Tips to people who are connected to an addict. In this workshop, we will identify the challenges of the road of recovery and what helps people in that journey. We will also explore the role of self-care.

85 EFFECT OF PSYCHODRAMA ON THE SURVIVORS OF BANGLADESH GARMENT DISASTER

Abu Yusuf Mahmud, MSc, Assistant Professor, Psychology Department, Chittagong Govt. Women's College, Chittagong, Bangladesh; Mostafa Kamal Jatra, MA, Executive Director, Unite Theater for Social Action (UTSA), Bangladesh and Chittagong University, Bangladesh
In April 2012 the world's worst garment industry accident occurred in Rana Plaza, Bangladesh causing the death of more than 1,000 workers. The calamity highlighted the horrible work conditions when the eight story building collapsed. This research report sets out to measure the effectiveness of psychodrama on the survivors. Other goals are to determine whether further psychodrama intervention is needed to assess whether they may return to previous job following a psychodrama intervention.

86 BANGLADESH PRACTICE GROUP: ROLE THEORY IN ACTION

Sabiha Jahan, MPhil, Nasirulla Psychotherapy Unit, Department of Clinical Psychology University of Dhaka; Member-Bangladesh Clinical Psychology Society; Mousumi Mahmud Sabina, MS, BSc, Counselor, The Aga Khan School, Dhaka; Farzana Sultana Nila, MPhil (Part-II), Department of Clinical Psychology, University of Dhaka-Bangladesh; Kamal Chowdhury, MPhil, MS, Associate Professor of Clinical Psychology, University of Dhaka (Bangladesh)
The main learning objective of this workshop is: 1) To share in action aspects of the personal growth of the Bangladesh psychodrama practice group over the past 2 years; 2) To focus on shifts in both interpersonal and intrapersonal roles, using role presentations, role interviews, and role inventories; and 3) Through sociodrama and role reversal with practice group members, participants will explore Bangladeshi cultural values influencing attitudes and behaviors of various roles.

3:00 pm - 5:30 pm AFTERNOON WORKSHOPS

87 MANY LIVES, MANY SELVES: EXPLORING OUR DEEP MEMORIES

Bilun Armagan, BS, CP, IAGP, IPI, EARTH
The personality is a multi-layered entity. In this experiential workshop we will uncover different elements that define the concepts of the "self" and various dimensions of the "soul". Creative dramatizations of our stories in our life reality will help participants concretize deep memories. An integration of psychodrama with transpersonal approaches enables further connection of their soul and their selves, thus allowing for a transformation of body memories and of emotional challenges at many levels.

88 SOCIODRAMATIC ORGANIZATIONS THERAPY

Mine Görgün, PGP, OPC, HRC-T, IAGP, IPI, Organizational Psychology Consulting, Founder
Starting with a brief theoretical presentation this workshop will showcase the power and effectiveness of sociodrama in dealing with issues that often emerge in organizations. The integration of organizational development theories will be demonstrated with implementation of psychodramatic and sociodramatic tools & techniques into the consulting process aimed at staff development, team building and conflict resolution, among others. Workshop is open to practitioners at all levels.

89 EMPOWERING SURVIVORS OF SEXUAL ABUSE

Rob Hawkings, MA, MES, MBA, Private Practice, Male Survivor Weekends of Recovery; Howard Fradkin, PhD, LICDC-CS, MaleSurvivor, A Center for Psychotherapy and Growth; Bill Burmester, MA, LMFT, MaleSurvivor and Men's Center for Counseling and Psychotherapy, Berkeley, CA

This experiential workshop will introduce participants to a gestalt action group intervention designed to help free survivors of sexual abuse from the effects of abuse. Participants will learn how to structure the intervention safely, understand the theory and benefits, and have the opportunity to experience the intervention as a sculptor, sculptee, and/or witness. Sociometric exercises will be utilized to help all participants feel safe enough to join in at their own comfort level.

90 PSYCHODRAMA IN EDUCATION FOR ENGAGEMENT, RETENTION

Amna Jaffer, MA, TEP, San Jose State University; Darcy Erickson, BS, MA, TEP, Camas High School, Moreno Institute West

There are so many ways to use Psychodrama in education that we can only skim the possibilities in 3 hours. The workshop will be 30% didactic, 70 % experiential, designed to help participants expand their own creativity in using psychodrama in educational and community building tasks. Techniques for enhancing reading engagement, peer counseling, diversity honoring, inviting families into school settings will be included. Teachers, counselors, and others welcome.

91 WHO AM I NOW? EXPLORATION OF ROLE REVERSAL

Natalie Miller, MA, LPCC, Living Waters Institute, Private Practice

Role Reversal is Psychodrama's signature strategy, arising directly from Moreno's intention to see directly through the eyes of another, but it is often misunderstood or misapplied, sometimes leading to confusion for both participants and Directors. 'Wait, who am I now?' This workshop will differentiate the intrapsychic 'transformation' of Moreno's classic role reversal and Dorothy Saxe's 'slide', didactically and in action. Participants will come away with a clear understanding of the differences in these approaches, their situationally appropriate usage, and enhanced confidence in utilizing role reversal effectively.

92 MINDFUL BOUNDARIES AND VICARIOUS TRAUMA

Gary Raucher, MA, LMFT, RDT/BCT, California Institute of Integral Studies

Participants will gain theoretical understanding of specific ways traumatic stress influences client-therapist intersubjective field and how to apply information to healthier boundaries & better therapeutic outcomes. They will learn / practice skills for mindful noticing, naming, and constructively addressing difficult affective /somatic states that arise in working with traumatic stress, and acquire self-care tools: visualization, somatic sensing, dramatic enactment, intention-setting.

93 THE WISDOM OF MORENO'S SOCIATRY

Edward Schreiber, TEP, EDM, MSM, Zerka T. Moreno Foundation; Mona Rakhawy, MB Bch, MSC, Cairo University-Medicine/Psychiatry Department-Faculty, The Egyptian Association for Group Therapies and Processes (EAGT)

In this workshop we explore through action and discussion the critical aspects of Moreno's Sociatry (the healing of society, one person and one group at a time). Sociatry is at the core of the method and at the heart of Moreno's mystic tradition. The workshop will present social-microscopy and the autonomous healing center – as the central elements of Sociatry.

94 KEEP IT SIMPLE, UNWINDING THE PSYCHODRAMA DILEMMA

Nan Nally-Seif, LCSW, TEP, Psychodrama Training Institute: A Division of the Sociometric Institute

Many therapists would like to use action methods but find themselves constrained by time, psychical environment, and institutional concerns. We will look at how a therapist can effectively use psychodrama and sociometry in simple, basic formats without overly sacrificing the most useful part of the method. Our workshop will demonstrate modified techniques that are simple and affective which will facilitate and enhance the therapeutic process.

95 IS IT YOU OR IS IT ME? COUNTERTRANSFERENCE

John Sherry, PhD, University of Northern British Columbia; Christie Wittig, MEd, University of Calgary; Judy Letendre, MS, University of Northern British Columbia

In this experiential workshop we will explore countertransference highlighting difficult feelings that come up in our work with clients. We will focus on: understanding 'buttons pushed', unconscious motivations, and blind spots as they relate to our family of origin concerns; using a family systems framework to gain new insights into clinical work and; applying creative approaches in clinical supervision.

96 CHINESE MEDICINE AND THE EXPRESSIVE ARTS THERAPY

Gong Shu, PhD, ATR-BC, TEP, Director, International Zerka Moreno Institute (US & Taiwan), Adjunct Prof, Director, Yi Shu Expressive Therapy Healing Research Center, Soochow University, Suzhou, the People's Republic of China; Wang Er Dong, BS, MA, Secretary of Youth League Committee, Soochow University, Suzhou PRC, Director, Centre for Research on Mental Health Education for College Students National secondary psychological consultant, PRC

This workshop bridges the therapeutic procedures of Eastern and Western cultures. It fuses diverse healing processes into a unified experience that releases energy blockages, assisting participants to reach their highest creative potential. Participants will learn: 1) To visualize and concretize in art images what is happening to their body; 2) To use Chinese brushes to translate feelings into art forms; and 3) To identify the five basic elements in Chinese medicine and their relations to psychodrama.

5:30 pm - 6:15 pm

CLOSING CEREMONY

Closure in action. Share your conference highlights and say goodbye to new and old friends. Sociometric methods will be used to bring forward new and desired roles warming up to the 2015 Conference.



MONDAY April 7, 2014

8:30 am - 9:30 am REGISTRATION

9:00 am - 5:00 pm POST CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. **ADDITIONAL FEE REQUIRED.**

9:00 am - 5:00 pm ALL-DAY TRAINING INSTITUTES

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97 ACTION INTERVENTION®: CHANGING THE ADDICTED FAMILY

James Tracy, DDS, LAADC, CET II;
Jean Campbell, LCSW, CET III, TEP, Action Institute of California;
Bill Maher, CIP, CADC, BRIII, AIS (Assoc of Intervention Specialists),
NII (Network of Independent Interventionists)

Addicted family systems are locked into unhealthy roles and behaviors. When conducting an intervention, it is crucial to lower anxiety and warm up the family to change in this didactic and experiential "learning lab," we will demonstrate the benefits of treating the entire family system, and how sociometry and psychodrama can motivate the family towards recovery.

CANCELLED

99 PSYCHO-OPERA: EXPANDING THE EXPRESSIVE POWER OF VOICE

Herb Propper, PhD, TEP, Celebrations of the Soul-Monpelier, VT, Bangladesh Clinical Psychology Society;
Lorelei Goldman, MA, TEP, ASGPP, Illinois Society for Group Psychotherapy

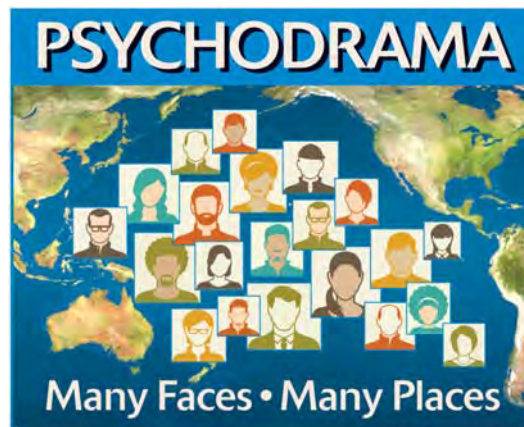
Participants will: 1) discover new levels of the power of voice through spontaneous warmups and action; 2) be introduced to a proven system of basic voice exercises used in the training of actors and singers; 3) explore and reduce resistances to expression using sound and melody "singing phobia"; and 4) explore the potentials of the psycho-operatic approach to psychodramatic action.

This is a 2014 Award Winner's Workshop

98 PUTTING THE DRAMA INTO PSYCHODRAMA

Louise Lipman, LCSW-R, CGP, TEP; Psychodrama & Creative Arts Therapy Institute, NYC, Gerry Sprenger Trial Lawyer College;
John Olesen, MA, TEP, Bay Area Moreno Institute, Shanti

Theater techniques can enhance staging, develop character, guide auxiliaries to expand their roles and find dramatic objectives in psychodramas. Theatrical principles also help to create story and enhance the dramatic tension between the protagonist and antagonist. The presenters who originally come from the world of theater will use their creative arts therapy and psychodrama expertise to help directors expand their skills. Both experiential and didactic learning will help to deepen the psychodramatic experience for everyone.



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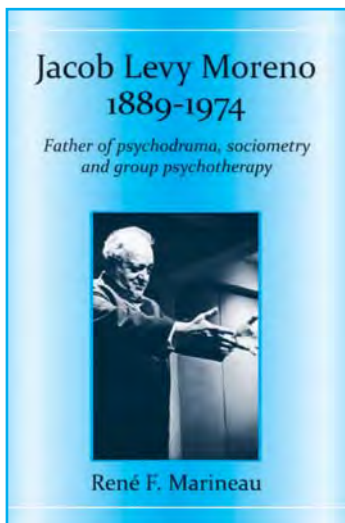
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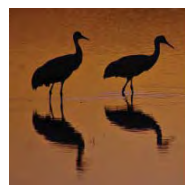
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Approved ASGPP 2013 CEU Provider ★ ▲ ✱ ✱
See AD on page 22

CEU DESIGNATIONS & PROVIDERSHIP SYMBOLS:

- ★ National Association of Alcoholism and Drug Abuse Counselors (NAADAC)
 - ▲ National Board of Certified Counselors (NBCC)
 - ✱ National Registry of Certified Group Psychotherapists (NRCGP)
 - * Contact Trainer regarding CEUs offered and/or additional CEUs offered
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Check with the Institutes / Trainers for workshops and training opportunities plus locations, as many offer trainings in multiple states and internationally.