

American Society of Group Psychotherapy & Psychodrama

7-1st Annual Group Psychotherapy & Psychodrama Conference

Crystal Gateway Marriott, Arlington, VA
April 11-15, 2013



CEUs for licensed professionals including Psychologists (APA); Social Workers (ASWB); Counselors (NBCC); Addiction Professionals (NAADAC); Florida, California, Ohio and Texas Board Approvals; NYS (OASAS); National Registry of Certified Group Psychotherapy.

The entire conference (Thursday - Monday) offers up to 34.5 hours toward CEUs.

ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

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CONFERENCE STEERING COMMITTEE

Janell Adair Colleen Baratka Adam Blatner Rhona Case Linda Ciotola Mario Cossa Kim Cox Jacob Gershoni Nancy Kirsner Steve Kopp Cathy Nugent Susan Powell Andrea Sheldon Rebecca Walters

2013 ASGPP AWARDS

J. L. Moreno Award

Herb Propper, PhD, TEP

President's Award

Robert Siroka, PhD, TEP

Zerka Moreno Award

Marlo Archer, PhD, CP/PAT

Hannah B. Weiner Award

Sue McMunn, LCSW, ACSW, PAT

Collaborator's Award

Saint Elizabeths Hospital Psychodrama Department: Kerry Paul Altman, Judith Zucker Anderson, Linda Bianchi, Dale Richard Buchanan, Monica Callahan, Don Clarkson, Lynette Clayton, JoAnna Durham, Don Hearn, Milton Hawkins, Jessica Scott Myers, Davene Nelson, William Picon, Jacqueline Dubbs Siroka, Barry Spodak, Marsha Stein, David Swink, Shelley Alexander Toussaint, Jeffrey Yates, Norman Zinger, Alyce Smith Cooper and Loretta Pettiford

David Kipper Scholar Award

Karen Carnabucci, LCSW, LISW-S, TEP

Fellows

Susan Aaron, BA, RMT Linda Condon, LMHC, TEP Lin Considine, LMHC, TEP Heidi Landis, RDT, LCAT, PAT Erica Michaels Hollander, JD, PhD, TEP Sandra Seeger, LMHC, PAT Andrea Sheldon, MS, LMHC, CP Tonya Quillen, LMHC, TEP

ASGPP REGIONAL CHAPTERS

Hudson Valley Chapter

Rebecca Walters / hvpi@hvc.rr.com / 845-255-7502

Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

Mid-West Chapter

Lorelei Goldman / loreleigoldman@sbcglobal.net / 773-465-8504

New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

ASGPP REGIONAL COLLECTIVES

North East Collective

Edward Schreiber / edwschreiber@earthlink.net / 413-586-3943

South Florida Collective

Linda Condon / lincondon@yahoo.com

The Toronto Centre for Psychodrama (Canada)

Barbara Guest / barbara.guest@cyg.net / 519-271-5542

COLLECTIVES UNDER DEVELOPMENT

Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

Denver Area

Erica Hollander / ericahollander@comcast.net / 303-978-9091

Welcome to Arlington, VA and the ASGPP 71st Annual Conference: **PSYCHODRAMA: BEING, SEEING AND ACTING THAT CONNECTS OUR GLOBAL COMMUNITY.** More than one hundred workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical.

The Crystal Gateway Marriot Hotel is a wonderful venue with all the ammenities. It is right next to the Metro station and only minutes away from Washington, DC with its famous monuments and museums.

We are certain that the workshops and presentations will be stimulating,

inspiring, connective and fun. Whether your primary interest is personal growth or professional development or both, attending this conference will be a unique learning experience emphazing our global connections and our different routes through psychodrama and group psychotherapy.

Our Saturday Night Event combines learning and play beginning with *The International Connection* which will flow into *The Hemisphere Hop*. Of course we will continue our well loved traditions of Silent Auction and Basketcase Raffles. There will also be an Exhibitors, Vendors, and Book Sellers area.

— Conference Chairs, Nancy Kirsner, Jacob Gershoni and Colleen Baratka

EXCITING EVENTS

President's Reception and Opening Welcome

(Thursday 6:00 pm - 7:30 pm)

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 71st ASGPP 2013 Conference. **OPEN EVENT**

Silent Auction/BasketCases Raffle

(Thursday - Saturday)

The Auction and Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature *Artists in Residence* where we display works of art that are hand-crafted by our community. Bid on a variety of exciting items as well as workshops and trainings. The Silent Auction closes Saturday at 6:30. Winning bids will be posted Saturday at 10:30 pm and pick up will be Sunday — time to be announced. The BasketCase Drawing takes place at the beginning of the Saturday night *Hemisphere Hop*.

Opening Plenary: Adam Blatner, MD, TEP & Allee Blatner

Beyond Psychotherapy: The Global Reach of Moreno's Ideas, and How They Merge with Other Trends (Friday 8:00 am - 9:15 am)

Adam Blatner, MD, TEP, is board certified adult and child psychiatrist, an internationally-known psychodramatist, a Life Fellow of the American Psychiatric Association, and the author of four books on psychodrama and associated methods, along with innumerable chapters in books and journal articles. Allee Blatner is the cocreator of the method and book "The Art of Play". She has been presenting this method of spontaneity development for 30 years. Her academic training was at The University of Texas/Austin and Carnegie-Mellon.

As Moreno noted in his foreword to Blatners book, *Acting In* (written in the early 1970s), Moreno stated that applications of his method in psychotherapy are indeed useful, but the method and its associated forms of sociometry, sociodrama, spontaneity training, and other variations have value also for fields of community development, education, business, professional training and many other arenas. Part of these wider applications will be noted, as well as the group sharing its experiences with how psychodramatic methods may be re-visioned in many ways — as bridges to other fields and other realms

Community Sociometric Selection

(Friday (9:30 am - 10:00 am)

THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS. Meet the workshop leaders and polish up your tele with a here-and-now choice. Mario Cossa and the Sociometric Selection Team will facilitate this exciting process.

New Members & First Time Attendees Gathering (Friday 6:15 pm - 7:00 pm)

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you. **OPEN EVENT**

St. Elizabeths Reunion Reception

(Friday 7:00 pm - 8:00 pm)

Staff, Trainees and Friends of St. Elizabeths are invited to celebrate. **OPEN EVENT**

Awards Ceremony / Dessert Reception

(Friday 8:00 pm - 10:00 pm)

Our awards acknowledge those who have made outstanding contributions to our community. (Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

Songfest (Friday 10:15 pm - 11:00 pm)

Join Adam Blatner and Lorelei Goldman for an ASGPP tradition. Bring your voice and enthusiasm. No singing experience required. Song sheets and good cheer provided. **OPEN EVENT**

Saturday Keynote Address: TARA BRACH, PhD

True Refuge – Awakening from the Trance of Separation and Unworthiness (Saturday 8:00 am - 9:30 am)

Tara Brach, PhD, is founder and senior teacher of the Insight Meditation Community of Washington, and a co-founder and guiding teacher of the Meditation Teacher Training Institute. She offers Buddhist meditation workshops and retreats at centers throughout the United States. A clinical psychologist, she teaches extensively on the use of meditation practices in promoting emotional healing and spiritual awakening. Dr. Brach is the author of Radical Acceptance – Embracing Your Life with the Heart of a Buddha (Bantam, 2003) and True Refuge – Finding Peace and Freedom in Your Own Awakened Heart (Bantam, 2013.)

In the face of feeling fearful and deficient, each of us longs for a sanctuary of belonging and peace. This talk explores our habitual ways of seeking false refuge and deepening trance, and the practices of mindfulness and compassion that reveal true refuge – the timeless presence of our own awakened heart.

Annual Membership Meeting

(Saturday 1:00 pm - 3:00 pm)

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. **OPEN EVENT**

Saturday Night: *The International Connection* and *The Hemisphere Hop*

(Saturday 6:45 pm - 10:00 pm)

Our Saturday Night Event combines learning and play beginning with *The International Connection* which includes the presenters from different countries sharing their experiences and how they view and apply Psychodrama. This will flow into *The Hemisphere Hop* with music, food, and dancing representing countries from our International Community. **OPEN EVENT**

Closing Ceremony (Sunday 5:30 pm - 6:15 pm)

Closure in action. Share your conference highlights and say goodbye to new and old friends. Sociometric methods will be used to bring forward new and desired roles warming up to the 2014 Conference.

HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double \$179. This rate is only guaranteed through March 19, 2013 (if rooms are available within our group's number of blocked rooms). After that date, rooms are on a "space and rate available" basis. Be sure to identify yourself as an ASGPP conference attendee and use the ASGPP groupcode: appappa for reservations to obtain the special conference rate. Enter the on-line code in the Group # section on the reservations page.

Hotel Contact Information:

Crystal Gateway Marriott 1700 Jefferson Davis Highway, Arlington, VA 22202 Tel: 703-920-3230, Fax: 703-271-5212, Reservation Line: 800-228-9290

To make reservations online, please go to the ASGPP website www.asgpp.org. Click on the conference, then click on Hotel Room Reservations / Information.

We strongly recommend that you place your reservations by using our on-line service or calling the Hotel Reservation Line: 800-228-9290.

ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP via email and specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of other people who have expressed an interest in sharing a room. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. The ASGPP is not responsible for any arrangements that fall through. The deadline for this Room Sharing Service is February 15, 2013. Remember that the hotel is only obligated to honor ASGPP rates through March 19, 2013 and availability.

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material**. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products (other than books) which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

For additional information, please contact: Jennifer Reis, Executive Director, (609) 737-8500, asgpp@ASGPP.org.

REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of February 1, 2013.
- To receive the early registration discount, your forms must be postmarked by February 1, 2013.
- Attendees registering by mail with a postmark after February 1, 2013 must pay the on-site rate.
- Member rates apply only to those having paid their Membership Dues.
- Anyone registering at member rates who has not paid their dues to the ASGPP for 2013 (through 3/13), will be invoiced for such dues. The dues must be paid prior to the conference.

CANCELLATION POLICY

Request for cancellation must be postmarked by April 4, 2013. While no refunds will be given, cancellations will receive credit for the 2014 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

PAYMENT PROCESS

The ASGPP prefers payment by check or money order in U.S. funds but understands that it can be more convenient for individuals to use their credit card. Please keep in mind that the ASGPP pays a processing fee equalling 5% of each transaction. Sending a check or money order helps us keep your conference rates lower. To pay by credit card please register online or include your information on the registration page and it will be processed by the ASGPP.

PHOTOS

The ASGPP takes photos at open events at the 2013 Conference and may reproduce them in our publications or on our website. No photos will be taken of personal work or workshops. By participating in the 2013 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

ASGPP DISCLAIMER

Conference attendees agree not to hold ASGPP responsible for any injuries incurred during any activities hosted by the ASGPP.

ASGPP 2013 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES)				neck all that app	oly			
ADDRESS				☐ Presenter☐ Retiree (no longer employed, doing training or in private practice)☐				
CITYSTATE/				□ Student (matriculated in an accredited college/university program) □ Member □ Non-Member □ New Member (since 3/2013) □ First Time ASGPP Conference Attendee □ Interested in Room Sharing (see previous page. Service ends Feb.				
ZIP/POSTAL ZONECOUN								
FIRST NAME/NICKNAME FOR BADGE								
PHONEFAX			145	NEW MEMBER INCENTIVE				
E-MAIL						ceive a special confer		
In case of emergency notify: (ADA) - Please indicate if you have special needs FOR OFFICE USE ONLY and \$30 (student). Students must submit Student picture ID.							FOR OFFICE USE ONLY	
REGISTRATION FEES All fees are given in \$US	Member Student		Non-Mem Student	n Non-Mem Retiree	Mem	Non-Mem		
□ Full Conference (Friday, Saturday and Sunday)	\$290	\$290	\$305	\$305	\$475	\$525	\$	
☐ 1 Day Conference Package (Fri, Sat or Sun) Circle Your Choice(s)	\$130	\$130	\$135	\$135	\$175	\$210	\$	
☐ Full Day Conference Institute (Thurs or Mon) Circle Your Choice(s)	\$130	\$130	\$135	\$135	\$175	\$210	\$	
☐ Half Day Conference Institute (Thurs or Mon) Circle Your Choice(s)	\$65	\$65	\$70	\$70	\$90	\$110	\$	
ADDITIONAL EVENTS								
☐ Friday Awards Dessert Reception (included in	Full Conference	ce package)			x \$20	\$	
Boxed Lunch - circle which days apply (Thurs Fri Sat Sun Mon) (menu will be sent)							\$ \$	
							\$ \$	
□ CEU Forms – we will provide one form that can be							\$	
TOTAL AMOUNT DUE (\$US)							\$	
Please review	v ASGPP Ca	ncellatio	n Policy (on previous p	nage.			
Please make checks payable to ASGPP, and retu ASGPP, 301 N. H	_			Princeton, N	IJ 0854	0		
TO USE YOUR CREDIT CARD (Visa & MasterCard only	')							
Name as it appears on the credit card				Credit Card #:				
Expire. Date Last 3 digits on signature line	e:	The 3-d	igit CVV code is	located on the revers	se side of you	ır card and essential to p	rocess your charge.	
Billing address for card if different from above DO NOT E-MAIL credit card information. Mail this form to the								

or more students must register together at the Group Rate of \$255/per person. *Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification. We are also offering a group rate for three (3) or more attendees from a mental health or medical agency or hospital at the rate of \$440 per person. Registrations must be sent together with a letter from the agency/hospital administration, listing the attendees/employees.

ASGPP is offering a group rate to psychodrama training institutes at a rate of \$375. All registrants must be members of the ASGPP. Registrations must be sent together in the same envelope with a cover letter from the trainer listing the names of the trainees.

Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

WORKSHOP REGISTRATION

	Last Name						
	ee choices in order of preference for each oget a workshop in that time slot. The number		neses indicate the works	shops that are available (during each time slot.		
Thursday April 11, 201	3 - Pre-Conference		1st CHOICE	2nd CHOICE	3rd CHOICE		
•		(//4 7)					
9:30 am - 5:30 pm 9:30 pm - 1:00 pm	*Full Day Training Institutes *Morning Training Institute						
2:00 pm - 5:30 pm	*Afternoon Training Institute	(#9)					
Friday April 12, 2013							
10:00 am - 1:00 pm	ALL Morning Workshops will be sociomed	rically selecte	d ONSITE ONLY - at 9:1	5 am SHARP immediate	ly following Plenary		
1:15 pm - 2:45 pm	90-Minute Workshops	(#21-31)					
3:00 pm - 6:00 pm	Afternoon Workshops	(#32-42)					
Saturday April 13, 201	3						
9:45 am - 12:45 pm	Morning Workshops	(#43-53)					
3:15 pm - 5:45 pm	Afternoon Workshops	(#54-64)					
Sunday April 14, 2013							
9:00 am - 12:00 pm	Morning Workshops	(#65-74)					
12:30 pm - 2:00 pm	90-Minute Workshops	(#75-85)					
2:15 pm - 5:15 pm	Afternoon Workshops	(#86-95)					
Monday April 15, 2013	- Post-Conference						
9:00 am - 5:00 pm 9:00 am - 12:30 pm	*Full Day Training Institutes* *Morning Training Institute						
*Additional Registratio	on Fee Required	, ,					
How did you hear abo	ut the conference? Mailer Online	☐ Trainer/Tea	acher 🗆 Ad in publica	ation 🗆 Colleague/Frie	end		
SESSION ASSIST	TANTS & VOLUNTEERS NEEDED	!					
VOLUNTEER SERVICE is a vital part of the ASGPP community and a successful conference program. We have four areas of volunteering: General Volunteer, Session Assistants, Onsite Triage Team Members and Silent Auction/Basketcases assistants. You can contact the coordinator of these areas to find out more about them or ask questions. Please indicate which area of volunteering you are interested in. The Coordinator of that area will contact you. We hope you will offer your services both on site and prior to the conference.							
□ Yes, I am interested □ Yes, I am interested □ Yes, I am interested	d in being a General Volunteer. (Coordina d in being a Session Assistant. (Coordinat d in being a Onsite Triage Team Member. I in helping with the Silent Auction/Basket na Case, 215-355-8380, psychobabble3 @	or: Debbie Ay (Coordinator: cases.	yres, 609-737-8500, de Cathy Nugent, 410-74	ebbie@asgpp.org) 6-7251, cathynugent@	,		
Please circle the days	you are available: Thursday Friday S	Saturday Su	unday Monday				
NAME		PHON	E (day)				
E-MAIL		PHON	E (evening)				

WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday	Monday	
Addictions	2	14, 17, 39	45, 48, 50, 55, 63, 64	68, 73, 78, 91	97	
Business/Coaching/ Marketing/Publicity	6	10, 31				
Creative Arts	3, 5	12, 15, 34	62	76, 77, 79, 81, 90, 92		
Education	1, 6	10, 23, 29, 32, 33, 41	53, 55, 57, 61	77, 85	100	
Family/Couples	4	10, 14, 38		65, 67, 68		
Healing/Self Care	7, 9	12, 15, 18, 36, 37, 40	46, 48, 49, 50, 52, 56 59, 62	66, 70, 71, 74, 80, 89, 93		
Multicultural		19, 24, 35		76, 85, 88	99	
Neurobiology	8	13	64			
Personality		22	63	67, 93		
Psychodrama & Other Disciplines	4, 5, 8, 9	11, 13, 16, 18, 20, 22, 24 26, 30, 31, 35, 37, 40, 42	43, 47, 52, 53, 55, 57, 59, 63	65, 70, 71, 72, 75, 81, 82 87, 89, 92, 94, 95	96	
Psychodrama Foundations	1, 3	10, 17, 23, 30, 32, 33, 39	46, 54, 58, 60, 61	69, 73, 75, 83, 91, 94	98, 100	
Sociodrama/Playback	6	27	51, 54, 60, 63	79	98, 101	
Sociometry	4	14, 16, 23	51	66, 68, 69, 71		
Spirituality		25, 29, 34	43, 44, 53, 56, 58	80, 82, 87, 90	101	
Trauma/Bodywork	7	19, 20, 25, 36, 38, 41	45, 47, 49, 64	66, 72, 78, 86, 88, 95	96, 97, 99	

INTERNATIONAL PRESENTERS

We are pleased to welcome our International Presenters. Don't miss *The International Connection* — a lively interative evening with our international friends and colleagues, 6:45-8:00 pm Saturday night!

THURSDAY

3 THE LETTER: SURPLUS REALITY IN ACTION

Elizabeth White, MEd, TEP - Canada; Esti Avnon-Kalev, PhD - Israel

7 SHAME, THE BODY AND PSYCHODRAMATIC BODYWORK®

Susan Aaron, BA, RMT - Canada; Paul Hyckie, CSP - Canada

FRIDAY

Judy Letendre, BS - Canada

19 YI SHU: PSYCHODRAMA AND TRADITIONAL CHINESE MEDICINE Er Dong Wang, BS, MA - *People's Republic of China*

24 PSYCHODRAMA AS A CREATIVE APPROACH IN SUPERVISION John Sherry, PhD - *Canada*; Christie Wittig - *Canada*;

28 PSYCHODRAMA FOR SEX/LOVE/RELATIONSHIP ADDICTS Basil Vareldzis, MD, MPH, CP - Switzerland

29 BETWEEN THE HEAVEN AND EARTH - GROWTH OF TREE Jurate Sucvisite. PhD. CPT - Lithuania

30 SPONTANEOUS BANGLADESH: PSYCHODRAMA HERE AND NOW Kamal Chowdhury, BSC, MSC, MPhil - *Bangladesh;* Farzana Nila, BSC, MS - *Bangladesh;* A.L.M. Reza Aziz, BBA, MBA - *Bangladesh*

31 USE OF THE TRIADIC SYSTEM IN ORGANIZATIONS Mine Gorgun, PGP, OPC, HRC-T, IAGP, IPI - *Turkey*

42 PSYCHOGENEALOGY AND TRANSGENERATIONAL PSYCHODRAMA

Manuela Maciel, CP - Portugal

SUNDAY

66 ENERGIZING YOUR JOURNEY

Dawn Bloomfield - Canada

67 PARTNERSHIP IN LIFE-ALTERING CIRCUMSTANCE

Elizabeth White, MEd, TEP - Canada

72 EMBRACING MY HEALER: PSYCHODRAMA & ENERGY HEALING Susan Aaron, BA, RMT - Canada; Paul Hyckie, CSP - Canada

82 TRANSPERSONAL PSYCHOLOGY AND PSYCHODRAMA Bilun Armagan, BS, CP - *Turkey*

84 APPLYING PSYCHODRAMA IN CHINESE CULTURE

Nien-Hwa Lai, PhD - Republic of China

87 DIRECTING FROM OUR HIGHER SELF Barbara Guest. BEd. MSW. TEP - *Canada*

89 MAGIC SHOP: A PSYCHODRAMA CLASSIC

Donna Chantler, MEd, TEP - Canada; Karin Wargel, BA, SSW - Canada

95 VOICES INSIDE OF US: BEING AN "ALEVI" IN TURKEY
Caner Bingöl, MD, PhD - Turkey; Turabi Yerli, MD, PhD - Turkey

TRAINING CREDITS & CEU INFORMATION

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other then TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form nd have it *signed by the presenter* before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



CONTINUING EDUCATION UNITS (CEUS)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEUs from different credentialing bodies.

PSYCHOLOGISTS: Ce-Classes.com is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

SOCIAL WORKERS: Ce-Classes.com is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org Approved Continuing Education Program (ACE). Approval Period: 1/5/11 - 1/5/14. Ce-Classes.com maintains responsibility for the program. Social Workers should contact their regulatory board to determine course approval.

MENTAL HEALTH COUNSELORS: Ce-Classes.com is an NBCC-Approved Continuing Education Provider (ACEP $^{\text{IM}}$) and a cosponsor of this event/program. Ce-Classes.com may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event.

ADDICTION PROFESSIONALS: Ce-Classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

NYS (OASAS): The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC * NBCC * NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

CALIFORNIA: Ce-Classes.com is approved by the California Board of Behavioral Sciences. Continuing Education Provider - PCE 4297.

TEXAS: Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

OHIO: Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 3/2014.

FLORIDA: Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Exp 3/2015. We are approved for LCSWs, LMFTs, and LMHCs.

GROUP PSYCHOTHERAPISTS: This conference's events may be counted toward re-certification requirements for the National Registry of Certified Group Psychotherapists on a one hour per one continuing education credit basis.

NURSES: Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2014, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2014.

CERTIFICATES OF ATTENDANCE: Certificates of Attendance will be available to present to employers and/or state and local agencies.

CREDIT HOURS

The Pre-Conference (Thursday, April 11, 2013) offers up to 7 hours. The regular conference (Friday, April 12 – Sunday, April 14, 2013) offers up to 20.5 hours. The Post - Conference (Monday, April 15, 2013) offers up to 7 hours. The entire conference (Thursday - Monday) offers up to 34.5 hours toward Continuing Education Units (CEUs). Check with your provider.

CEU CERTIFICATES

CEU Certificates are \$25 as indicated on registration form. Those purchasing CEUs will have a 'CEU Verification of Attendance Sheet' to be signed by the presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CEU certificate with hours listed for workshops attended.

ADMINISTRATIVE POLICIES

Complaints and Grievances: All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days.

Special Accommodations: Please complete the section in the registration form to request special accommodations for disability (ADA).

Important! It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEUs for re-certification or licensure maintenance.



THURSDAY, April 11, 2013

8:00 am - 6:00 pm REGISTRATION

9:30 am - 5:30 pm PRE-CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.

6:00 pm - 7:30 pm President's Reception / Opening Ceremony Follows Reception - Open Event

7:30 pm - 8:00 pm Sociometric Selection Team Meeting - Workshop leaders and selected Session Assistants

9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES



ENCOUNTERING MORENO-STYLE

Ann Hale, MA, TEP, Owner, International Sociometry Training Network, Roanoke, VA

This workshop is intended for persons who use action methods to resolve an impasse and/or conflicts between partners and teams. Structures for safety as well as the principle elements will be covered. Supervised opportunities to practice will be offered.

2

SHAME AND ADDICTION

Jean Campbell, LCSW, CET III, TEP, Director, Action Institute of California, Instructor, UCLA Extension Addictions Studies Program Shame lives at the core of addiction, and can drive us deeper and deeper into our isolation and dis-ease. In this didactic and experiential workshop, we will explore shame through the lens of Moreno's Developmental Process: how it impacts addiction, and what sociometric and psychodramatic tools can help motivate us to move in the direction of true recovery.

3

THE LETTER: SURPLUS REALITY IN ACTION

Elizabeth White, MEd, TEP, ASGPP Fellow, Clinical Member, Ontario Society of Psychotherapists; Esti Avnon-Kalev, PhD, Had, Graduate School of Creative Arts Therapies, Haifa University; Graduate School of Drama Therapy, Tel-Hai College, Israel; Psychodrama Supervisor (INTERNATIONAL Presenters)

Surplus reality is at the heart of psychodama. This workshop will begin with an engaging exercise in which group members will experience surplus reality as warmup. In the vignettes that follow, this rich material may figure at the centre of the action or serve its closure. Active engagement with theory, practice and processing will encourage participants' creativity in a wider use of surplus reality in their work.



SMALLEST NUMBER IS 2: SOCIOMETRY IN COUPLES THERAPY

John Rasberry, MEd, LMFT, TEP, Director, The Mid-South Center for Psychodrama & Sociometry

Couples who use list-making as a tool to examine what they "like" and "dislike" about the other often come away with little else than the list. In sociometry we frame the relationship in dynamics of attraction, indifference, rejection. This workshop will demonstrate how to view the couple relationship sociometrically and how to direct the encounter with the roles as well as with the family system.

5

PUTTING THE DRAMA INTO PSYCHODRAMA

Louise Lipman, LCSW-R, CGP, TEP, Director, Psychodrama & Creative Arts Therapy, NYC; Heidi Landis, LCAT RDT/BCT, PAT, Program Director, Creative Alternatives of New York City

Theater techniques can enhance staging, develop character, guide auxiliaries to expand loles and find on muc objectives. Thea rical tremiques also high creats sory and an lance to drawatic tinsion between the protagonistal or an lation sold in lance to drawatic tinsion between the protagonistal or an lation sold in the world of theater and drama merapy will use their expertise from creative arts therapies and theater to demonstrate and experientially teach directors to add to their psychodramatic skills and have some fun.

6

CHALLENGING CONVERSATIONS: USING SOCIODRAMA TO TEACH COMMUNICATION SKILLS

Rebecca Walters, LCAT, LMHC, TEP, Co-Director, Hudson Valley Psychodrama Institute; Walter Baile, MD, Director, Program for Interpersonal Communication and Relationship

In their professional lives people encounter emotionally laden situations that can be difficult to navigate. Sociodrama is an effective tool for teaching communication skills to improve conversations between doctors and patients, college roommates, supervisors and employees, colleagues at work, elementary school teachers and parents. Participants in this workshop will learn how to teach 6 basic tools that promote good communication in non-clinical settings through the use of sociodramatic structures that engage group members in learning-centered, experiential training.

7

SHAME, THE BODY AND PSYCHODRAMATIC BODYWORK®

Susan Aaron, BA, RMT, Canadian Psychodrama Certification, Creator and Trainer of Psychodramatic Bodywork® and Susan Aaron Workshops; Paul Hyckie, CSP, Trainer of Psychodramatic Bodywork® and Susan Aaron Workshops (INTERNATIONAL Presenters)

Shame surrounds personal body images blocking forward movement in body-based goals: weight struggles, sexual expression, chronic/acute pain and exercise related issues. Addressing shame-based body image issues with Psychodramatic Bodywork® allows us to combine the shiatsu perspective with psychodrama. We will employ body-centered and psychodrama experiences, moving gently forward with love and compassion in this emotionally challenging and troubling area towards becoming more joyously embodied.

This is a 2013 Award Winner's Workshop

9:30 am - 1:00 pm MORNING PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE

8

TRUE INTIMACY: BUILDING SECURE ATTACHMENT TO SELF

Estelle Fineberg, MSW, BED, TEP, Psychotherapist, Private Practice; Lin Considine, MA, LMHC, TEP, Psychotherapist, Recovery Associates Clients have trouble in relationships due to traumatic events that create insecure attachments Lijes an integration (LI) is a get the mind/b dy mod lity devide, edito in all past traumas in order to in agrate their into a new and trealing narrative of one clife. This process acreases internal coherence, which is the building block of intimacy. Several protocols of LI that help regulate affect, strengthen the core self and change attachment patterns will be presented in action.

This is a 2013 Award Winner's Workshop

7:30 pm - 8:00 pm

SOCIOMETRIC SELECTION TEAM MEETING

Workshop Leaders and Selected Session Assistants — Team Orientation and Role Training for Friday morning community event.

2:00 pm - 5:30 pm AFTERNOON PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE

9

THE COURAGE TO DREAM

Jeanne Burger, EdD, LMFT, TEP, Tidewater Psychodrama Group, Norfolk, VA

The Talmud says, "A dream unexplored is like a letter unopened." In this experiential workshop we will enter the enchanted world of dreams. We will learn to use psychodrama, art and poetry to access the wisdom and creativity of our dreams as a source of healing. Each night our desires, relationships and despairs are transmitted from the unconscious to the conscious through dream images. They can provide new perspectives and directions for our waking life.

6:00 pm - 7:30 pm

PRESIDENT'S RECEPTION OPENING WELCOME

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 71st ASGPP 2013 Conference.

OPEN EVENT

Silent Auction/ Live Auction/BasketCases

These auctions and raffles are an important fundraiser for the ASGPP and an exciting way to share in the generosity and creativity of our members and friends. View our donated items prior to the conference through our SMILEBOX emails and on the ASGPP website!

<u>SILENT AUCTION</u> – We are looking for donations of items such as: **Jewelry * Artwork * Books * Workshops * Supervision with TEPs, and other**

interesting offerings. We feature *Artists in Residence*, where we display works of art that are hand-crafted by our community. Please share your talents with our community through your fabulous donations.

<u>LIVE AUCTION</u> – We are looking for donations of larger ticket items, such as: Airline Tickets * Frequent Flier Miles *Rental property * Timeshares * Cabins * Estate Jewelry * Week Intensives * Celebrity Donations, etc.

<u>BASKETCASES</u> – We will be raffling off creative and fun baskets filled with an assortment of goodies. Join with friends or your training group and create an enticing 'themed' basket of your choice to be offered at the conference. A prize will be given to the creators of the most sought after of the BASKETCASES! Raffle tickets will be sold throughout the day.

To donate items to the auctions contact:

Rhona Case, psychobabble3@gmail.com; Janell Adair, janelladair@gmail.com

EXHIBITING

MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table at the Annual Conference Exhibit Area to display copies of one piece of printed material. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you with products (other than books) that you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller to sell them. To include your publication in the book display area, please contact the ASGPP at 609-737-8500 or asgpp@ASGPP.org for more information.

CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Please contact us for a brochure and specifics or see our website, www.asgpp.org.

For additional information, please contact: Jennifer Reis, Executive Director, (609) 737-8500, asgpp@ASGPP.org.

FRIDAY April 12, 2013



6:45 am - 7:45 am SESSION ASSISTANTS BREAKFAST 7:30 am - 6:15 pm REGISTRATION & EXHIBITS

7:30 am - 7:00 pm SILENT AUCTION

8:00 am - 9:15 am OPENING PLENARY - ADAM BLATNER, MD, TEP and ALLEE BLATNER

Beyond Psychotherapy: The Global Reach of Moreno's Ideas, and How They Merge with Other Trends

Adam Blatner, MD, TEP, is board certified adult and child psychiatrist, an internationally-known psychodramatist, a Life Fellow of the American Psychiatric Association, and the author of four books on psychodrama and associated methods, along with innumerable chapters in books and journal articles. Allee Blatner is the co-creator of the method and book "The Art of Play". She has been presenting this method of spontaneity development for 30 years. Her academic training was at The University of Texas/Austin and Carnegie-Mellon.

As Moreno noted in his foreword to Blatners book, *Acting In* (written in the early 1970s), Moreno stated that applications of his method in psychotherapy are indeed useful, but the method and its associated forms of sociometry, sociodrama, spontaneity training, and other variations have value also for fields of community development, education, business, professional training and many other arenas. Part of these wider applications will be noted, as well as the group sharing its experiences with how psychodramatic methods may be re-visioned in many ways — as bridges to other fields and other realms.

9:15 am - 9:45 am COMMUNITY SOCIOMETRIC SELECTION with Mario Cossa and the Sociometric Selection Team

6:15 pm - 7:00 pm New Members / First Time Attendees Gathering - Open Even

7:00 pm - 8:00 pm ST. ELIZABETHS RECEPTION - Open Event

8:00 pm - 10:00 pm AWARDS CEREMONY / DESSERT RECEPTION - Separate ticket necessary for those not

attending the full 3 day conference.

10:15 pm - 11:00 pm SONGFEST - Open Event

9:15 am - 9:45 am

Community Sociometic Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:15 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Mario Cossa and the Sociometric Selection Team will facilitate this exciting process.

10:00 am - 1:00 pm MORNING WORKSHOPS

10

PSYCHODRAMA TECHNIQUES IN ASSERTIVENESS TRAINING

Susan Allen Goldman, LPC, BCPC, CP, Fellow, ASGPP, Private Practice, Great Falls, VA

This action workshop demonstrates how psychodrama techniques are used for assertiveness training. Role-plays expand awareness of the consequences of maladaptive behaviors and develop more effective communication skills. Structured ways to introduce fun vignettes will be presented. Spectrograms, sociometry, doubling and role reversals are among the action techniques which will be used to explore assertive, aggressive, passive and passive-aggressive communication styles.

11

SOCIODRAMA-A-DEUX: THE USE OF MYTH FOR CONNECTION

Sandra Seeger, LMHC, PAT, University of South Florida, South Tampa Psychodrama Training;

Susan Overman, MA, LMHC, PAT, Hyde Park Counseling

Sociodrama-A-Deux is a new hybrid combining Psychodrama-A-Deux, Sociodrama & Motivational Interviewing to lessen feelings of vulnerability in individual counseling. It promotes a sense of safety by distancing the client from threatening material. Participants will learn concrete techniques for using Sociodrama-A-Deux while learning how to help their clients to increase feelings of connection with themselves, others & the world through the exploration of mythological characters.

This is a 2013 Award Winner's Workshop

12

FEAST OF LOVE: INTERMODAL DRAMA/BIBLIOTHERAPY

Steven Durost, PhD, LCMHC, REAT, C.R.E.A.T.E! Center for Expressive Art, Therapy and Education

Participants will feast on a selection of poetry and literature aimed to nourish self-confidence, self-acceptance, and self-love. An intermodal expressive therapy approach, splicing drama therapy and biblio/poetry therapy techniques, will be modeled and experienced. This intermodal approach creates an environment where participants can explore personal issues in a deep, action-oriented and meaningful manner while remaining safe within the metaphor of the poem. Come and love your self more.

ANTIDOTES TO SHAME: THE POWER OF ACCEPTANCE

Carol Frank, MA, LPCC, RN, Private Practice, Southwestern College; Sue Shaffer, MA, LPCC, Team Builders Counseling Services, Psychodrama Partners, NM

This experiential workshop introduces greater understanding and awareness of what causes shame and how to begin to move beyond these painful and limiting emotions. Using Rene Brown's *The Gifts of Imperfection* to explore in action her model for overcoming shame, we will investigate physical shame symptoms, getting to know shame and engage in a process of "naming it, talking about it, owning your story and telling your story," developing greater capacity for what Brown calls shame resilience.

14

THE INTRAPERSONAL INTERVENTION TO ANGER AND CONFLICT

Azure Forte, LMHC, LMFT, PAT, Private Practice

Psychodrama accesses our full selves, and can shorten conflict and expand the interpersonal pathways to resolution. Participants will learn tools with a wide range of applications where anger and conflict show up. Group members will learn from a model developed over the past 10 years. This workshop uses action, sociometry and discussion to further these goals.

15

POSITIVE EXPRESSIVE THERAPY AND MINDFULNESS

Patricia Isis, PhD, LMHC, ATR-BC, Miami-Dade County Public Schools. Private Practice

Over twenty years ago, Dr. Martin Seligman developed a new theory of positive psychology, with the emphasis on well being. Mindfulness involves the cultivation of present attention infused by a deliberate friendliness and interest. This workshop will explore the integration of mindfulness practice and character strengths within an expressive therapy context through didactic presentation and experiential exercises.

16

INNOVATIVE MODALITIES WITH THE SENIOR COMMUNITY

Suzie Jary, LCSW, TEP, Career Transition for Dancers; Daniela Simmons, MEd, American Institute of Human Relations and Aging; University of North Texas

This workshop will look at "the process of aging" as an enjoyable, rich season of human life. In a relaxed, fun setting, this experiential session will include psychodramatic modalities customized to work with the "greying community." These activities will allow participants to experience the pleasure and value within this later stage of life. Participants will be, see and act in ways that will connect them with the joy and vitality that is present throughout the lifespan.

17

HIDDEN BY ADDICTION: CONNECTED/SEEN BY PSYCHODRAMA

Kaya Kade, LPC, CDMS, TEP, Anchorage, AK

This workshop will demonstrate a model of addiction with a unique view of suicidal ideation. The model (a psycho-educational tool and warm up) will demonstrate interventions that can create and sustain change. Relapse prevention practices will be included in the model. Together we will transpose the model into a sociodramatic exploration of a global community, demonstrating the universality of addiction and the significance of its role in global destruction and human redemption. The personal is political.

18

ENERGY DRAINERS OR ENERGY GIVERS

Carole Oliver, MEd, LPC, TEP, Action Therapy

Using psychodrama, we will address self-imposed energy drains, such as being hard on yourself, playing the peacemaker, staying in draining relationships, and saying yes instead of no. Energy drains get in the way of living fully and empowered. Learn specific psychodrama techniques to empower human beings back to abundant amounts of energy. This opens the door to being available to contribute more to the world.

19

YI SHU: PSYCHODRAMA AND TRADITIONAL CHINESE MEDICINE

Gong Shu, PhD, ATR, TEP, Yi Shu Expressive Therapy Healing Research Center, Soochow University & Int'l Zerka Moreno Institute; Er Dong Wang, BS, MA, Soochow University, Centre for Research on Mental Health (PRC) (INTERNATIONAL Presenter)

This workshop bridges the therapeutic procedures of Eastern and Western cultures. It integrates art therapy, psychodrama, traditional Chinese medicine, meditation, and dance/movements. It fuses these diverse healing processes into a unified experience that releases energy blockages, assisting participants to reach their highest creative potential.

20

MOVING EXILES: THE BRIDGE BETWEEN IFS & PSYCHODRAMA

Valerie Simon, LCSW, PAT, The Inner Stage Experiential Workshops for Performers;

Adrienne Glasser, LCSW, RDMT, Experience Wellness Group
We will explore the Internal Family Systems [IFS] concept of
"unburdening exiles" and how it relates to psychodramatic method. In
IFS, exiles are wounded internal child or traumatized parts that are
frozen in time. An overview of IFS leads to spontaneous therapeutic
movement sequences from various internal parts. We conclude with a
full psychodrama, working with all parts from an IFS perspective,
including exiles. We combine many modalities such as movement,
mind/body awareness, IFS and psychodrama.

1:15 pm - 2:45 pm 90-MINUTE WORKSHOPS

21

AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR

American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

PSYCHODRAMA AND ASPERGER'S

Deb Wingo Gion, LPC, CGP, PAT, Arizona State University, Northern Arizona University; Marlo Archer, PhD, PAT, Licensed Psychologist, Arizona Psychodrama Institute

This workshop will briefly address the social challenges of Adult Asperger's. We will demonstrate role-training that provides "Aspies" with knowledge of appropriate responses in common situations. Action methods help this socially stressed population who lack integration of social cues. They then have the ability to learn new responses in situations they have not understood. There will be a psychodrama demonstration, processing, and handouts.

This is a 2013 Award Winner's Workshop

23

EXPLORING ROLE ATOMS IN ACTION

Jacqueline Fowler, MA, Assistant Director, Center for Experiential Learning & Assessment (CELA)

Exploring individual role atoms in action is a creative way to introduce people to a basic tenet of sociometry. Based on a one-day university course, this wo samp is perfect or those new to figure o's work and wanting to lear some lasic says odd, nationally says all as for CPs and TEPs who leef in piratic of directions outcome based trainings (I'll even share my syllabus with you!). This is an action-focused workshop.

24

PSYCHODRAMA AS A CREATIVE APPROACH IN SUPERVISION

John Sherry, PhD, University of Northern British Columbia; Christie Wittig, MEd Candidate UNBC; Judy Letendre, BS, MEd Candidate UNBC (INTERNATIONAL Presenters)

In this interactive workshop, you'll gain a better understanding of the ways in which you can use psychodrama as a supervision tool with a focus on supervisees' self-awareness and unconscious motivations driving their work. More specifically, we will conduct a psychodrama session to display how this approach can be used in supervising master's level counselors doing both individual and group work in the area of trauma. Special attention will be focused on supervising counsellors working with diverse populations.

25

A SPIRITUAL ODYSSEY: RE-MEMBERING INHERENT VALUE

Kathleen Murphy, MA, LPC, Breakthrough at Caron

Much suffering appears to arise in disconnection from a sense of the sacred in ourselves and others. This experience of "un-whole-iness" leaves what Pascal called "the god-shaped hole," leaving us lonely, insecure and isolated. In this workshop we will use mindful presence and action methods to construct narratives of meaning and purpose that generate the healing power of compassionate presence while deepening our connection to a Greater Whole of Existence.

26

ROCKS, PAPER, SCISSORS: THE POWER OF PROPS IN THERAPY

Monica Levine, LICSW, CST, American Society for Sex Educators, Counselors and Therapists

The use of props in individual and couples work while working to clarify, understand and work through sexual/sensual/erotic core themes both individuals and couples carry, which often block communication, connection yand sexual energy (i.e. life energy). Using concretization through props to help clients live a full, expressive sexual life.

27

SOCIODRAMA TO END THE WAR ON DRUGS

Sean O'Connell, MA. JD. LLM

The war on drugs has failed. Prison does not provide an environment for recovery. There is a need for innovative solutions for the treatment of drug addiction beyond the current model dictated by the criminal justice system. This presentation will show how J. L. Moreno's techniques of sociodrama can start the process of changing how society thinks about drug addiction, how it is approached in the legal system and how it can eventually change the law.

28

PSYCHODRAMA FOR SEX/LOVE/RELATIONSHIP ADDICTS

Basil Vareldzis, MD, MPH, CP, Clinique Belmont, Geneva Switzerland, Private Practice Addiction, Medicine, Physician (INTERNATIONAL Presenter)

Overview of the addictive process and the complementary fears of abandonment and am shmen' (intruition that addiction and prevent development of health in macy psychological dramatic techniques will be demonstrated that he previous health protective boundaries and magate impact or enmonment, abandonment and abuse during childhood.

29

BETWEEN THE HEAVEN AND EARTH - GROWTH OF TREE

Jurate Sucylaite, PhD, CPT, Associate Professor, University of Klaipeda. Klaipeda County Hospital (INTERNATIONAL Presenter)

Participants will learn to use a tale's materials for self-dicalesure and to integrate different parts of the Self and different periods of life in poon wholer ess. In sea thing of a spiritual content we will focus on the power of two archetypes: The end the Way. As we use poetry therapy attendees in this workshop will learn to employ body intelligence, visual and verbal intelligence for better self expression and future insight.

30

SPONTANEOUS BANGLADESH: PSYCHODRAMA HERE AND NOW

Kamal Chowdhury, BSC, MSC, Mphil, Associate Professor of Clinical Psychology, University of Dhaka (Bangladesh); Farzana Nila, BSC, MSC, Trainee Clinical Psychologist; M.Phil. (part II), University of Dhaka (Bangladesh); A. L. M. Reza Aziz, BBA, MBA (INTERNATIONAL Presenters)

Through lecture, discussion, and some active participation this workshop will describe psychodrama workshops and sessions over an 18-month period in Bangladesh. The goal is to inform, demonstrate, and inspire U.S. psychodramatists about the scope of this work and need for further development and support. 85% didactic; 15% experiential.

USE OF THE TRIADIC SYSTEM IN ORGANIZATIONS

Mine Gorgun, PGP, OPC, HRC-T, IAGP, IPI, Organizational Psychology Consulting, Founder (INTERNATIONAL Presenter)

The objective of this experiential workshop is to provide theoretical and practical insight and demonstrate how and where to use psychodrama, sociodrama and group psychotherapy in organizational settings to create a better and creative work life both for employees and institutions. Fundamental tools and techniques of the Triadic System will be investigated in relation to organizational dynamics and as developmental tools.

3:00 pm - 6:00 pm AFTERNOON WORKSHOPS

32

WHO SHALL SURVIVE? SPONTANEITY THROUGH MINDFULNESS

Anath Garber, MA, TEP, Private Practice, NYC, Institute for Applied Human Relations

This workshop will explore Moreno's belief that spontaneity is necessary for survival. The following questions will be addressed: What is spontaneity? The property of an entity and more the general unities us all? Can one become spont neous with purposor of more ideal of the control of the spontaneous with purposor of more ideal of the control of the spontaneous will be addressed: What is spontaneity? Should a state of mindful established in the control of the spontaneous will be addressed: What is spontaneity? Should a state of mindful established in the control of the spontaneity is necessary to survival. The following questions will be addressed: What is spontaneity? Should a state of mindful established in the control of the spontaneity?

spontaneity, culminating in a psychodrama.

33

THE PSYCHODRAMATIC PROCESS: WARM UP, ACTION, SHARING

Bill Wysong, MA, LPC, TEP, Aspen Counseling Center; Joann Wysong, MA, Aspen Counseling Center

You can you get a lot done in 15 to 30 minutes of action. As the title indicates, this experiential workshop will show the psychodramatic process with several warm-ups, short situational actions (ideal for 50-minute client or group sessions), and sharings related to the actions. Processing will include principles of the psychodramatic process, questions and answers, explanations, and demonstrations.

34

INTEGRATING PSYCHODRAMA AND TRANSPERSONAL PRACTICES

Daniel Wiener, PhD, RDT/BCT, LMFT, Central CT State University; Saphira Linden, MA, RDT/BCT, CP, Omega Transpersonal Theatre
Just as psychodrama guides clients to explore their personal truths, certain transpersonal practices, drawn from a variety of spiritual traditions (guided Wisdom-Self exercise, embodied active imagination, meditation) help people to discover and deepen their connection to their authentic selves. Through experience we will learn how these practices may be used both as warm-ups to individual psychodramatic enactment and as methods of discovery within a sociodrama.

35

DIRECTING PSYCHODRAMA IN FOREIGN LANDS

Jacob Gershoni, MSW, TEP, Psychodrama Training Institute of New York

This workshop will explore the link between participants' life experiences and their choice of profession or personal passion. We will use psychodrama to examine significant life experiences leading to those choices and sociodrama to explore the group's connection to the theme(s) uncovered through the psychodrama. This is designed as a model for working with professional and volunteer groups to deepen commitment and build cohesion. It forms a platform for collective action.

36

THE THERAPEUTIC SPIRAL MODEL AS A SOLO PRACTITIONER

Kate Hudgins, PhD, TEP, Director, Therapeutic Spiral International; Francesca Toscani, MEd, LPC, TEP

While many people know of the Therapeutic Spiral Model as a team method, it is also used around the world, in many settings with only a director or single practitioner. This workshop will discuss and demonstrate how to use group therapy principles even when working alone or in one-to-one settings. Applications to prevention, education, community building, and of course therapy will be shown.

37

STEPPING OFF THE DRAMA TRIANGLE: EMPOWERING VICTIMS TO RESPONSIBLE ACTION

Linda Condon, LMHC, TEP, Clearwater, FL; Julie Wells, LCSW, PAT, Journey Into Wellness

Clients with chronic illness often show up in our offices deeply
entrenched in the "Victim" role of the Drama Triangle, looking for a well
deserved "Rescrata his work role will us the Karp ran Drama Triangle
to understand a diwor through the second attention of interpersonal/intrapersonal elevior. The ugidine cand ctime strategies,
participants will examine interventions for helping clients develop more
satisfying role interactions.

This is a 2013 Award Winner's Workshop

38

VETERANS AND FAMILIES: EXPLORING THESE CULTURAL ATOMS THROUGH MYTHOLOGY

Milton Hawkins, LCSW-C, TEP, New Testament Counseling Center; JoAnna Durham, LCSW-C, TEP, New Testament Counseling Center; Felicia Lightfoot, MS, LCPC, CP, Kindness House, Inc.; Constance Newton, MS

Like Queen Penelope of Greek legend, military partners and family members have been impinged 10 years by having significant others at war in this post /1. et . Will nest potrous nder a la other 10 years waiting for the physical psychological recommendation of the physical psychological recommendation of the physical state of the penelogical recommendation of the penelogical rec

board for promoting dialogue, action and valuing community as a resource in healing our contemporary Queen Penelope.

This is a 2013 Award Winner's Workshop

I DON'T WANNA, YOU CAN'T MAKE ME: WORKING WITH RESISTANCE

Rebecca Walters, LMHC, LCAT, TEP, Co-director, Hudson Valley Psychodrama Institute

This workshop, for those working with adolescents, the chemically dependent and other "reluctant" clients, will explore what resistance is, how it gets in the roy, how it can be pour clients make bey not be reliciously to methods can help our clients make bey not be resistance in psychodramatic interventions that go with the rosts in a profession or effenses and are attuned to socionary, creating the salesy that neeps change barriers

into open doors and encouraging individual and group warm-up to spontaneity, healing and change.

40

ETHICAL WILLS: EXPLORING OUR VALUES IN ACTION

Steven Gordon, JD, ASGPP Fellow; MaryAnn Bodnar, MA, LMHC, CAP, Private Practice, Making a Difference

We all have so many gifts to share with each other, which is our legacy. Through traditional estate planning, many people leave behind material bequests. Those who write ethical wills share their values and wisdom with their beneficiaries. This workshop will offer each of us an opportunity to explore in action the values and wisdom that we have to share with others both in our lifetime and afterwards.

41

SHARING OUR STORIES IN SAFETY AND CONNECTION

Veronica Bowlan, LSW, MSW, TEP, Drexel University College of Medicine, Private Practice

This workshop will use action methods to establish safety in the present with self and others. Sharing of personal narratives in dyads and sociometric connections in the group will be explored. Setting boundaries for safety relating to trauma will be identified. The sharing process as part of psychodrama will be used to identify and transfer safety and connection to current life roles.

42

PSYCHOGENEALOGY AND TRANSGENERATIONAL PSYCHODRAMA

Manuela Maciel, CP, Psychodrama Director, Vice-President of Sociedade Portuguesa de Psicodrama (INTERNATIONAL Presenter)

Learn to clarify and release the psychological undesirable invisible loyalties and difficult inherited life scripts. Identify the legacy of unfinished business or traumatic events passed down from previous generations. A short theoretical presentation along with the methods of psychodrama, geno-sociogram and incognito auxiliaries will be involved in the process. The outcome is aligning with the positive that was received from family legacies.

6:15 pm - 7:00 pm

New Members / First Time Attendees Gathering

If you are a new or returning member of ASGPP or a first time conference attendee, come and meet other new members, mingle with our Executive Council Members and folks from our local chapters. Ask questions and find out about our community and organization and how much it can offer you.

OPEN EVENT

8:00 pm - 10:00 pm

Awards Ceremony Dessert Reception

Join us for an elegant and scrumptious dessert reception as we honor those who have made outstanding contributions to our community.

Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased on registration page or at the registration desk.)

7:00 pm - 8:00 pm

St.Elizabeths Anniversary Reception

Come join us to celebrate the work of St. Elizabeths
Psychdrama Dept. alumni staff for their years of
service to their community and those
that they served. Cash Bar.

OPEN EVENT

10:15 pm - 11:00

SONGFEST

Join Adam Blatner and Lorelei Goldman for an ASGPP tradition. Bring your voice and enthusiasm.

No singing experience required.

Song sheets and good cheer provided.

OPEN EVENT

SATURDAY April 13, 2013



7:30 am - 6:30 pm REGISTRATION & EXHIBITS

7:30 am - 6:30 pm SILENT AUCTION - Bidding ends at 6:30

7:45 am - 8:00 pm LIVE AUCTION

8:00 am - 9:30 am KEYNOTE ADDRESS - TARA BRACH, PhD

True Refuge – Awakening from the Trance of Separation and Unworthiness

Tara Brach, PhD, is founder and senior teacher of the Insight Meditation Community of Washington, and a co-founder and guiding teacher of the Meditation Teacher Training Institute. She offers Buddhist meditation workshops and retreats at centers throughout the United States. A clinical psychologist, she teaches extensively on the use of meditation practices in promoting emotional healing and spiritual awakening. Dr. Brach is the author of Radical Acceptance – Embracing Your Life with the Heart of a Buddha (Bantam, 2003) and True Refuge – Finding Peace and Freedom in Your Own Awakened Heart (Bantam, 2013.)

In the face of feeling fearful and deficient, each of us longs for a sanctuary of belonging and peace. This talk explores our habitual ways of seeking false refuge and deepening trance, and the practices of mindfulness and compassion that reveal true refuge – the timeless presence of our own awakened heart.

1:00 pm - 3:00 pm 6:45 pm - 10:00 pm **ANNUAL MEMBERSHIP MEETING -** (boxed lunch available – pre-order necessary) **THE INTERNATIONAL CONNECTION and THE HEMISPHERE HOP -** Open Event

9:45 am - 12:45 pm MORNING WORKSHOPS

43

TREASURES OF THE HEART: RESILIENCE AND CREATIVITY

Antonina Garcia, EdD, LCSW, RDT/BCT, TEP; NYU Drama Therapy Program, Private Practice; Dale Buchanan, PhD, CGP, TEP, Private Practice

When faced with life's challenges, we sometimes doubt our ability to bounce back and more forward with a silicate and creativity. Reclaiming these treasures of or heart who up to proceed energetically and joyfully, away end now op one and confirm the unability to thrive. This training will necession now to help ements unabover meir essential truths and embody them in everyday life.

This is a 2013 Award Winner's Workshop

44

TURNING TO THE SELF WITH KINDNESS: CULTIVATING SELF-COMPASSION

Catherine Nugent, LCPC, TEP, Private Practitioner, Laurel, MD

Tara Brach, psychologist and spiritual leader, has said, "Self-compassion is the ground of all emotional healing." Many of us show great kindness to others, but have ufficulty by no line to buy elves. It has presentation, discussion, and according to the locks to self-colors as a part are proved to the greater kind-

ness and care toward ourselves. The concepts and methods explored in the workshop are relevant to work with clients.

45

THE TRICKSTER AND THE HUNGRY GHOST

David Poleno, LCSW-C, TEP, Clarity Way, Inc.

Moreno, in the role of Trickster, launched a therapeutic revolution. As psychodramatists we may further this transformation globally. Traumas impair neurotransmitter function, resulting in feeling lost, giving rise to the Hungry Ghost. This didactic/experiential workshop clarifies the interplay of the Hungry Ghost, prompting the Trickster Brain to use substances to fill the inner emptiness. Action will be offered for stimulating neuroplasticity to facilitate healing addictive behaviors.

46

PLAYING WITH OUR CULTURAL MAP OF LIFE

Dena Baumgartner, PhD, CGP, TEP, Tucson Center for Action Methods and Psychodrama

To obtain global understanding one needs to see life in balance with the sorrows and joys of our own cultures. This workshop will use psychodrama or sociodrama to explore the ideas that are developed around cultures. Encountering one's own cultural ideas as wells as others is a way to become more globally aware, especially when we use Moreno's concept of humor. Do come and grow more globally.

47

A NEW LIFE: PSYCHODRAMA/DRAMA THERAPY AND REFUGEES

Heidi Landis, LCAT, RDT/BCT, PAT, Program Director, Creative Alternatives of New York City

This highly experiential workshop will explore how psychodrama and drama therapy can be used in group settings with newly arrived refugees. Through clinical examples and practical skill-building, this workshop will speak to the ongoing experiential work being done with refugees in the NYC area. We will explore the client's abilities to create connections, speak honestly and openly about their diverse traumas and experience a sense of play in the face of adversity allowing for new roles to emerge.

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BANKRUPTING BELIEFS: DISMANTLING ADDICTION STORIES

Jennifer Salimbene, MSW, LCSW-R, CASAC, Director of Lexington Center for Recovery - Dutchess County Programs, Visions Counseling; Regina Sewell, MEd, PhD, PC, Dutchess Community College, Lexington Center for Recovery - Beacon

The stories we tell ourselves keep us trapped in addictive cycles of substance use and other self-defeating and/or numbing behaviors. This workshop will use psychodrama and sociometry to explore the internalized stories that drive these addictive behaviors. Participants will be invited to explore the consequences and payoffs of continuing to engage in unhealthy behaviors and to begin identifying healthier alternatives.

49

STORIES OF THE BODYMIND

Judy Swallow, MA, LCAT, TEP, Co-director, Hudson Valley Psychodrama Institute, Int'l Association of Rubenfeld Synergists

Our bodies tell a story of who we are and where we've been. They are as unique as fingerprints, yet they seem to magically change before our eyes. When we are unspontaneous, we're probably living in our story, with the habitual neuromuscular and emotional responses we've acquired along the way. In this workshop, participants will use their own bodies, beliefs and Morenean role theory to learn to explore familiar personal stories as well as to experiment with some non-habitual choices.

50

CIRCLES OF HEALING FOR EATING DISORDERS

Karen Carnabucci, LCSW, LISW-S, TEP, Lake House Health & Learning Center, Author;

Linda Ciotola, MEd, TSM, TEP, Healing Bridges

The circle is a powerful symbol of unity and wholeness. Through the years, we have borrowed, adapted and invented many action circle structures for our clients with eating disorders to help them build strengths, review behaviors, sort options and grow in awareness. In this experiential and didactic workshop, participants will learn simple and effective action circle structures to educate and heal clients in group and individual settings.

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51

SOCIOMETRY AND SOCIODRAMA

Rosalie Minkin, MSW, LCAT, TEP, East/West Ctr for Psychodrama and Sociodrama Training

Sociometry theory provides directors opportunities to observe group members' commonalities and differences. Moreno understood how sociometry stimulates spontaneous roles in a sociodrama. Attendees will use action methods and theory to explore ways sociometry intertwines with the roles, themes and issues of a sociodrama. The group will increase their appreciation of sociometry as a valuable building block in directing sociodrama sessions. "A truly therapeutic procedure cannot have less an objective than the whole of mankind." - J.L. Moreno.

52

OUR DEEPEST STORY IS OUR NAME

Mari Pat McGuire, MSW, TEP, Catholic Charities; Stephen Kopp, MS, TEP, St. Luke Institute, Mid-Atlantic Chapter ASGPP

Madeline L'Engle said the stars need not be counted, only named. Names are key to our being and being seen. Throughout history, names are words of power. Together, we will use psychodrama, poetry and art to explore the meanings of our names, given or chosen. Through discussion, action and our creative process, we can develop and deepen a greater appreciation of the power and importance of names.

53

TRUE REFUGE: THREE GATEWAYS TO EMOTIONAL HEALING AND SPIRITUAL FREEDOM

Tara Brach, PhD, Insight Meditation Community of Washington, Meditation Teacher Training Institute

Insecurity and loss are part of being alive. For many of us, an essential inquiry is how, in the face of even life's greatest challenges, can we come home to an inner refuge vast and true enough to hold this living dying world. Through meditation, guided exercises and discussion, we will explore three archetypal portals to spiritual healing and awakening: moment-to-moment (living) presence, loving presence and open awareness.

1:00 pm - 3:00 pm

ANNUAL MEMBERSHIP MEETING

Our open community meeting for members as well as those interested in becoming members. Meet your EC and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community.

OPEN EVENT

3:15 pm - 5:45 pm AFTERNOON WORKSHOPS

54

IMAGINATION AND SPONTANEITY DEVELOPMENT

Adam Blatner, MD, TEP, Author of major psychodrama books, Retired;
Allee Blatner, co-creator of the method and book The Art of Play

As a beginning skill for those learning psychodrama, sociodrama, and sociometry, this workshop will introduce people to beginning exercises that open the mind to the flow of ideas from the creative unconscious. These exercises can then become the foundation for classes in empathy training, learning auxiliary and doubling skills, and beginning to open to a slightly novel way of thinking that best expresses the sensibility of psychodrama.

55

USING THE 4 P'S IN RECOVERY GROUPS

Craig Caines, LCSW, PAT, Clinical Director Saint Anne's Recovery Home, Birmingham Action Centered Therapy

Inevitably, people in recovery become aware of addiction's impact on their needs for Purpose, Place, Potency and People (4 Ps). This workshop will demonstrate how to work with these themes psychodramatically. Although the focus is on the intersection of addictions and the 4Ps, these universal existential themes are relevant to any population. Join us as we utilize these themes to warm up clients for change.

THE ENLIGHTENMENT TRADITION OF J. L. MORENO

Edward Schreiber, MEd, LCAT, TEP, Zerka T. Moreno Foundation

Moreno embedded formulas and codes into his body of work to share with the whole of human by ools for a spilitual a vakening. These are the seeds from visic at the time method grew. This viorkship explains the formulas and codes from the perspective of Moreno's indeed and approach to spiritual awakening.

57

THE PROOF IS IN THE PUDDING: EVIDENCE-BASED PRACTICE

Erica Michaels Hollander, PhD, JD, TEP, Hollander Institute; Nancy Kirsner, PhD, MEd, TEP, Director, South Florida Center for Psychodrama, Action Training and Groupworks

This is part didactic, part action, in support of research that demonstrates how and when and with what populations methods work and do not work. Ways to inquire and report will be addressed, researchers' problems and frustrations explored. Cooperation, mentoring and collaboration will be a means of going forward, following the workshop. SAMSA criteria will also be introduced.

58

CONTINUING ON A MINDFUL PATH TO EMOTIONAL HEALING

Jacqueline Siroka, MSW, BCD, TEP, The Sociometric Institute, NYC, Co-founder Integral Therapy; Jaye Moyer, LCSW, TEP, Psychodrama Training Institute, Co-founder Integral Therapy

This experiential workshop invites you to continue on a mindful path to emotional healing. We will utilize meditation, sociometry and psychodrama to demonst the helicron of the icron of t

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59

and approach.

SOUL MOTION™ AND PSYCHODRAMA: MOVE AND ATTUNE

Karen Drucker, PsyD, TEP, Naropa University

"Soul Motion is a meeting with self and other in a dance that is deeply nourishing, creative, intelligent, emotionally savvy, heartbreaking, soul-making, spirited and transforming," writes Zuza Engler, one of my beloved teachers. We will use movement and rhythm, music and stillness, to connect deeply with ourselves and others. From this place of attunement, we will move into a psychodramatic vignette. Attune to others while staying true to your own dance.

60

CENTRAL CONCERN MODEL: HOW TO PICK A PROTAGONIST

Linda Bianchi, LCSW, TEP, Take Action: Action Methods Training
For generations, psychodrama students at Washington, DC's St.
Elizabeth's Hospital were taught to choose a protagonist using the
Central Concern Model, developed by James Mills Enneis. The director's
challenges involve engaging her/his spontaneity, as well as the group's
spontaneity, in both the warm-up and choice-making process. For this
workshop we'll practice making protagonist choices based on in-themoment opportunities. Teaching methods will be action-based to serve
skill development and spontaneity.

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61

REFLECTIONS: LOOKING BACK - MOVING FORWARD - EXPLORATIONS WITH ELDERS

Lorelei Goldman, MA, TEP; Elaine Sachnoff, PhD, TEP;
Donell Miller, PhD, TEP; Herb Propper, PhD, TEP, Celebrations of
the Soul, Montpelier, VT, Bangladesh Clinical Psychology Society
Join us in reflections, techniques and reminiscence while learning
and playing together the shared stories of our history. Our elders have
provided a tapestry of skills and novel approaches in psychodrama.
Acknowledging their life experiences, we will gain new insights and
interact in partnership while playing out the stories of our psychodramatic lives in our community. There will be opportunities for role-playing
and the experiences of intergenerational adventures in action.

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62

WANDERER OR SEEKER? CREATE YOUR SPECIAL "ROAD MAP"

Margo Fallon, MA, PhD, BSE, Artful Interventions

Developing your "Career/Life Map?" Where have you been, how far have you come, and where are you going? Take an opportunity to explore your career/life path with fresh perspective from other attendees from hinter and yon in our special conference environment. Do you wander or plot your course? Using expressive arts techniques, create and enact your Personal Road Map in order to determine what it will take to reach your ultimate career/life dream.

63

FINDING JOY: A LIGHT EMERGING

Norma Lord, CGP, LCSW, LMFT, TEP, Director of CAST INC and the Tumaini Foundation; James Malewicz, CASAC, Senior Staff Interline Outpatient EAP, Training Lifestage

In a world full of of uncertainty and illusion the challenge is to find joy and peace. The participants in this workshop will begin the transformational process through experiential exercises and continue the journey through connecting with self, others and the community at large.

64

THE ACOA TRAUMA SYNDROME

Tian Dayton, PhD, TEP, Director, New York Psychodrama Training Institute. Author

The ACoA Trauma Syndrome is a posttraumatic stress syndrome in which pain experienced in childhood emerges and gets played out in adult relationships. Growing up with the confusing and distorted relationship dyn mice that surpour la diction can shrip sly impact child, adolescer and young a ultravelor ment, who in prients behavior is disregulated, will release complete in a trip latin with own lives. This

workshop, using psychodrama and sociometry in treating trauma, is based on Dr. Dayton's new book, The ACoA Trauma Syndrome.

6:45 pm - 10:00

The International Connection and The Hemisphere Hop

Our Saturday Night Event combines learning and play beginning with **The International Connection** which includes the presenters from different countries sharing their experiences and how they view and apply Psychodrama. This will flow into **The Hemisphere Hop** with music, food, and dancing representing countries from our International Community. **OPEN EVENT**

SUNDAY April 14, 2013



8:00 am - 2:00 pm 8:30 am - 7:00 pm SILENT AUCTION PICKUP
REGISTRATION AND EXHIBITS

5:30 pm - 6:15 pm

CLOSING CEREMONY

Closure in action. Share your conference highlights and say goodbye to new and old friends. Warm up to the 2014 Conference.

9:00 am - 12:00 pm MORNING WORKSHOPS

65

ATTACHMENT HUNGER: LONGING TO BE LOVED

Connie Miller, NCC, LPC, TEP, Spring Lake Heights Counseling Center We all want to be loved. Attachment theory provides a coherent explanation for the development from infancy of an individual's adult personality with all its inherent strengths and weaknesses. This workshop will look at the development and formation in action of the early roles we play in order to "get" love and how these may interfere later with relationships. Participants will be encouraged to look at their own attachment styles and the formation of early roles.

66

ENERGIZING YOUR JOURNEY

Dawn Bloomfield, Director of Psychodrama, Toronto Centre for Psychodrama and Sociometry, Greenhaven Shelter for Women, Orillia, Ont., Canada (INTERNATIONAL Presenter); Ann Hale, MA, TEP, Owner, International Sociometry Training Network, Roanoke, VA The Sociometric Cycle a power of the doctor of the unparties are of transition in our lives. Par cipant will pint a leavers of the wall through the cycle to deepen mark and in a following a propriate bodywork and energy infusion to enhance the teaching. All levels welcome.

67

PARTNERSHIP IN LIFE-ALTERING CIRCUMSTANCE

Elizabeth White, MEd, TEP, Ontario Society of Psychotherapists (INTERNATIONAL Presenter)

When a loved one faces death we are inexorably drawn into the turbulence of their circumstance, but even more radically into our own. Faced with the unknown, we know fear, love and life more deeply. In this action workshop we will explore the challenges and the gifts of this experience and from our own lives draw what we need to facilitate our work with others.

68

CHANGING THE SOCIOMETRY OF THE ADDICTED FAMILY

James Tracy, DDS, LAADC, CET II; Jean Campbell, LCSW, CET III, TEP, Action Institute of California

Addicted family systems are roles locked into an unhealthy cultural conserve. When conducting an intervention, it is crucial to utilize sociometry to lower anxiety and warm up the family to change. In this didactic and experiential workshop, we will demonstrate the benefits of treating the entire family system, and how sociometry and psychodrama can motivate the family towards recovery.

69

SOCIOMETRY: THE EYES AND EARS OF PSYCHODRAMA

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts Therapy, NYC

Sociometry can be the eyes and ears of the director when facilitating a psychodrama session. It identifies connections and disconnections in the group, reviaing in delying there es an igroup structure. Sociometry helps the particip notation in their relationships today. It aids in uncovering the many layers involved in psychodramatic action. In this workshop we will look at the impact of sociometry on the psychodramatic process.

70

CHAKRA SOUNDING MEETS PSYCHODRAMA

Mimi Moyer, MS, BC-DMT, RDT, Private Practice, Fairfax, VA; Pamela Goffman, MSW, LCSW, PAT, Psychodrama Institute of South Florida. Private Practice: Dennis Weise. PhD

Join us as we explore the traditional Vedic chakra sounds that can be harnessed to heal the body/emotional issues held in the body. Original music will be incorporated with expansive and guided imagery that will serve as our warm up to action. This is a wonderful opportunity to learn mindfulness techniques including color, sound, imagery and observe how they segue to psychodrama action.

71

LETTING GO: A PSYCHODRAMATIC/SOCIOMETRIC APPROACH

Robert Siroka, PhD, TEP, Founder The Sociometric Institute New York City, Past President ASGPP

Psychodrama and its theoretical base, sociometry, can illuminate a path to deal with non-productive, painful relationships. Wise people from the Buddha through to endorar psychologists. Wise people from the Buddha through to endorar psychologists of cligging and terp soil to be not on. So how do we "know when public em" "low with a folcer "Perhaps psychodrama/sociometry can help. This process-oriented, experiental-didactic approach will draw on the presenter's 50+ years of clinical and teaching experience.

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EMBRACING MY HEALER: PSYCHODRAMA & ENERGY HEALING

Susan Aaron, BA, RMT, Psychodramatic Bodywork® and Susan Aaron Workshops; Paul Hyckie, CSP, Shiatsu Practitioner, Psychodramatic Bodywork® and Susan Aaron Workshops (INTERNATIONAL Presenters) We all have intuitive healing capabilities, explored to varying degrees. As psychodramatists and therapists, we have all employed these talents both consciously and unconsciously. Together we will make these gifts more conscious in an effort to encourage and expand these natural skills and then discover how these healing abilities can be naturally incorporated into our therapeutic practices. We will experience a psychodrama where we can practice the combination of these two modalities.

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73

EXPANDING THE CANON OF CREATIVITY

Susan Powell, OTR, TEP, Centerwood Psychodrama Training Institute

This workshop raises spontaneity and brings alive the expanded version of Moreno's Canon of Creativity in risking change. There will be a didactic discussion, lecture, and psychodrama demonstration in connecting experientially with the basic model and expanding beyond by incorporating the point of greatest resistance and the robotic epicycle where addictive patterns take hold. Join for lively action in expanding your understanding and uses of the Canon of Creativity.

74

THE DEEP PSYCHOLOGY OF MONEY

Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute and California Institute of Integral Studies; Elizabeth Plummer, PhD, TEP, Founder/ Director of The Santa Barbara Center for Creativity and Healing, Regional Clinical Director, Aegis Medical Systems, Adjunct Faculty Antioch

This workshop will explore the powerful taboo that exists around the subject of money and the money-complexes patients and therapists bring into the consulting room. It will introduce tools that can open the dialogue around money: its impact on our sense of identity, our relationships, and the boundaries and injuries of class and caste. Using sociometry, art, metaphors and drama, we will learn to recognize our "money scripts" and imagine how we might move beyond them.

12:30 pm - 2:00 pm 90-MINUTE WORKSHOPS

75

PSYCHODRAMA IN THE ERA OF EVIDENCE-BASED PRACTICE

Annika Veldre, MSC, CET II, PAT, Michael Gross, PhD, CADCA

We love psychodrama. We use it in clinical, educational and organizational settings. But is it missing wider credibility and evidence-based recognition as a modality for working with the human mind? Is its practice and research hampered by the lack of a coherent theoretical framework? Do philosophical foundations become more widely accepted when associated with established sciences? Using sociometric methods and discussion, we address these questions and identify potential strategies for approaching the raised concerns.

76

BREAKING BARRIERS THROUGH ART AND PANTOMIME

Eva Szego, MA, LPC, LMFT, Los Colores; Julith Garrett-Arenas. Pantomime Actor

Pantomime creates gestalts; it organizes figure and ground as one. Art helps the individuals to communicate their inner feelings and experiences to the outer world. By combining pantomime with art, clients are allowed to play and try out new situations. Following a lecture and demonstration, participants will engage in role-play and experiential pantomime exercises. Participants will use art and pantomime to overcome obstacles that hinder healing or growth.

77

FOOD FIGHT: A SOLO PERFORMANCE

Judy Freed, LCSW, Belmont Center for Comprehensive Treatment, Eating Disorder Program

This boldly honest one-woman show portrays the poignant reality of food compulsions through original music, monologue, and movement. Freed takes the audience on a deeply personal journey of recovery-frightening and humorous, touching and triumphant-revealing stories of struggle, strength, and survival. Post-performance sharing and discussion. Audience will understand the inner experience of disordered eating and the therapeutic value of creative expression for reducing shame and secrecy.

78

THERAPY WORKS: TRAUMA, ADDICTION AND TRANSFORMATION

Shelley Korshak, MD, CGP, Chicago Psychotherapy and Psychiatry, University of Chicago, Private Practice

In this experiential workshop, we apply psychodrama techniques to the four stages of recovery from trauma and addictions: Seeing — explore past and present trauma; Being—awaken dormant chakra energies; Acting — surrender addictions and other dysfunctional choices; and Connecting — create the experiences of intimacy, creativity, and spirituality. Participants of this workshop have the opportunity to learn both recovery theory and psychodrama technique.

79

CREATIVE CHECK-INS: LEADING THE WAY TO CONNECTIONS

Staci Block, MSW, LCSW, Director of Reflections - Bergen County Division of Family Guidance

This experiential workshop will explore the use of the "Creative Check-In," a strategically planned activity used at the beginning of a group session so that the best can make a to be strom the week in a fun, artistic way, who build to go a second to be strom the week in a fun, artistic way, who build to go a second to be strom the second to the seco

with imaginative new ideas that will give your groups a fresh start!

ACTION METHODS FOR RUTHLESS GRIEVING

Susan Powers, PhD, Onsite, Private Practice, NYC

This workshop is based on the forthcoming book "Ruthless Grieving, A Courageous Path through Loss," which holds that loss requires ruthless care. Action Methods will be utilized to teach concepts like act hunger in grieving, loss from addition a discretion to the tive to him ues like letter writing and role laying will be deconstructed to add not the griever's journey and concepts are made all process. We will be closed to the course from the griever's journey and concepts are the following will be constructed to the griever's journey and concepts are the following will be under the griever's journey and concepts are the following the griever's griever and griever and griever and griever and griever and griever and griever are griever and gri

and unhelpful psychodramatic models.

81

WELCOME TO THE WORLD OF PLAY!

Teresa Mallott, MDiv, Bridging Harts Psychodrama Training Institute; Stacie Smith, MA, Bridging Harts Psychodrama Training Institute The attributes of spontaneity and creativity are core components of psychodrama and key to problem-solving in life. In this experiential workshop, attendees will be invited to explore their spontaneity and creativity utilizing improv and other action methods. Workshop participants will gain insight into how to spark these attributes in themselves, inspire them in others, and incorporate them into various group experiences.

82

TRANSPERSONAL PSYCHOLOGY AND PSYCHODRAMA

Bilun Armagan, BS, CP, IPI, EARTH (INTERNATIONAL Presenter)

This experiential presentation is about the similarities between transpersonal psychology and psychodrama as both emphasize creativity, intuitive wisdom and altruism. Transpersonal psychology deals with the interface of psychological and spiritual experience, mystical states of consciousness, mindfulness and meditative practices, shamanic states, rituals, and the transpersonal dimensions of relationships. We will demonstrate how psychodrama may be applied to transpersonal therapy techniques, to further develop psychodrama in the area of personal growth and spirituality.

83

YOUNG PROFESSIONALS CONNECT, COLLABORATE & CO-CREATE

Mary Catherine Molpus, LCSW, Birmingham, AL, Brookwood Medical Center; Christina R. Mauro, MA, Body Works Chiropractic and Wellness Center & Summit Counseling Center

35 or under? First-time attendee? Join us for an opportunity to connect with peers, harness our collective energy and move forward in our quest for personal and professional expansion. Expect to experience the practical applications of psychodramatic and sociometric processes and next steps on how to integrate in the psychodrama community. Although geared toward the young professional, all are welcome.

84

APPLYING PSYCHODRAMA IN CHINESE CULTURE

Nien-Hwa Lai, PhD, Counseling Psychologist, Associate Professor of Psychology & Counseling Department in National Taipei University of Education, Taiwan (INTERNATIONAL Presenter)

Bringing psychodrama into the collectivist and family-oriented Chinese culture involves many different considerations from those in western frameworks. In this workshop, the speaker will present a culture-sensitive approach and demonstrate cultural specific techniques including:

- (1) warm-up and guidance activities in echo to Chinese collectivism;
- (2) issues often seen among Chinese protagonists and their preferred intervention style; and (3) phenomena and issues often arisen during sharing.

85

OVERCOMING CULTURAL BARRIERS WITH ACTION METHODS

Jon Kirby, MDiv, PhD, Tamale Inst. of Cross-Cultural Studies, Ghana Polarity thinking in multicultural groups sends unconscious stereotypes spiraling to greater division. But use of spectrograms reverses this through the complementary discovery of "who I am" and "who we are". By adding a broad cultural determinant to the spectrogram axes such as "people vs task" or "individual vs collective" orientations, four subgroups emerge further articulating the "I" and the "we". Reporting back leads to warmup for psychodrama or sociodrama closure.

2:15 pm - 5:15 pm AFTERNOON WORKSHOPS

86

HURT PEOPLE, HURT PEOPLE WHO HURT PEOPLE

Arlene Story, MS, LMHC, TEP, Coordinator of Staff Development and Clinical Programs

Trauma and its effects are passed from generation to generation until someone takes the necessary stens to begin the healing process. This workshop will persent a mode to opere yearational to uma with individuals in a roup setting. As the individuals in a roup setting, as the individuals in a roup setting. The state of the late of the late

87

DIRECTING FROM OUR HIGHER SELF

Barbara Guest, BEd, MSW, TEP, Toronto Centre for Psychodrama and Sociometry (INTERNATIONAL Presenter); Connie Lawrence James, MSW, LSW, CET III, Founder Cleveland Psychodrama Institute
Mindfulness allows us to tune out the chatter that distracts us from

being present to ourselves and others. It allows us to be in the moment: totally in the her and row, open in public, and one tor with God. It trains us in long kir ness and coepanic of the hir so we cannot change. In this ordinates we will opline as to in ill indfulness practice into psychotherapy and sociometry, thus enhancing all roles:

director, protagonist, auxiliary and audience.

THE TRIPLE TRAUMA PARADIGM AND WORK WITH REFUGEES

Cecilia Yocum, PhD, PAT, Clinical Supervisor Florida Center for the Survivors of Torture

Partic pan's will have the opporting you in genationers and material evoked during the conference, while experiential glearning all and ill of specific methods for applying key principal sof II PB. So rateging will be introduced and interwoven throughout a condensed group process and enactments. Discussion of the applications will follow.

89

MAGIC SHOP: A PSYCHODRAMA CLASSIC

Donna Chantler, MEd, TEP, Private Therapist; Karin Wargel, BA, SSW, Toronto Center of Psychodrama (INTERNATIONAL Presenters)

Long before Hogwarts, psychodramatists had The Magic Shop. Enter this shop/workshop with curiosity, playfulness, wishes or desires. Learn experientially how this stopke per laters and chall age each person who enters to glow, extand a did velop their poterial. The Magic Shop is a classic technique of the mage age and did all and are unceeds together.

You might want to start a franchise in your own groups.

90

VISUAL IMAGE AS DOORWAY TO INNER DIALOGUE WITH SELF/SPIRIT

Jean Peterson, DCSW, ATR, TEP, Bayview Center for Expressive Therapy

Cards with evocative artwork and titles, a creative conserve, is a door to inner exploration. The deck, the presenter's creation, depicts a journey of personal/spiritual growth. Each participant will learn experientially how meditative spontaneous written dialogue with sociometrically chosen images opens channels to Intuition/Self/Spirit. The psychodramatic dialogue is internal; the written record provides the external stage. Sharing the writing is an individual choice.

91

POSITIVE PSYCHODRAMA: EATING DISORDERS/ADDICTIONS

Merle Cantor Goldberg, LCSW-C, Private Practice, Consultant Patients with eating disorders and addictions often lose themselves and their identities in their disease. Positive psychodrama, presented internationally, based on Moreno's original godhead theory, searches for strengths, uniqueness and genius within bringing these patients a strength based sense of identity, vitality, hope and healing.

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92

CREATIVITY AND COLLABORATION

Michael Traynor, LCSW, CGP, TEP; Albany, NY, Choices Counseling Center, Winter Park, FL; Elizabeth Traynor, MA, LMFT, Director Choices Counseling Center, Winter Park, FL

We will explore the powerful syner y that arises when we ballince individual and group corringes. It will be emon trated how our best outcomes as set or included aborative efforts within the group. Normal frustrations and anxieties that are inherent to the journey will be utilized to deepen the appreciation for the achievements we could not attain alone.

93

EXPLORING OUR FEAR OF REJECTION

Nan Nally-Seif, CSW, DCSW, TEP, Co-Director The Psychodrama Training Institute, a division of the Sociometric Institute, New York City, Private Practice

We will focus on the dynamics and effects of rejection on our being, which is one of the main themes we hear in our work. How we deal with rejection shapes our actions, connections and relationships. Moreno's sociometry and psychodrama provides a methodology to explore the rejections in our lives. In this primarily experiential workshop, rejections from past and present will be addressed.

94

COLLABRATIVE STORY BUILDING & TELLING AND PSYCHODRAMA: THERAPEUTIC COHESION

Thomas Treadwell, EdD, TEP, West Chest University (WCU), University of Pennsylvania; CoPresenters: Letitia Travaglini, MA, University of Maryland, Baltimore County; Maegan Staats, MA, WCU; Debbie Dartnell, MA, WCU; Tara K. Lynn, MA, Kings College; Christine M. Seaver, MA

This experiential workshop enhances cohesion among participants through Collaborative Story Building and Telling (CSBT). Group participants will engage in a collaborative sharing process of individual stories to construct group narratives. Participants will be divided into subgroups to create group stories. CSBT is likely to help participants more thoroughly engage in group processes and further develop group cohesion. Group themes will then be explored through CBT exercises and psychodrama.

95

VOICES INSIDE OF US: BEING AN "ALEVI" IN TURKEY

Caner Bingöl, MD, PhD, Marmara University/Istanbul, Medico-Social Dept., Private Practice, IAGP, PGPA, Turkey; Turabi Yerli, MD, PhD, IAGP, PGPA, Turkey (INTERNATIONAL Presenters)

Participants will learn about the "Alevi" sect in Turkey, which has been oppressed for centuries. Enduring harsh treatment and even massacres, they took to hiding and being silenced. This was a life-long pattern of living in fear in order to survive. We will show how we worked with this group in Istanbul to help them express their emotions and become empowered to take a stand. Video material and psychodrama will be utilized.

5:30 pm - 6:15 pm

CLOSING CEREMONY

Closure in action. Share your conference highlights and say goodbye to new and old friends. Sociometric methods will be used to bring forward new and desired roles warming up to the 2014 Conference.

MONDAY April 15, 2013



8:30 am - 9:30 am 9:00 am - 5:00 pm REGISTRATION
POST CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. ADDITIONAL FEE REQUIRED.

9:00 am - 5:00 pm ALL-DAY TRAINING INSTITUTES

96

SURVIVAL THEN, HEALING THE ANCESTORS NOW

Georgia Rigg, LCSW, TEP, Between Prairie and Sky, Psychodrama Training Institute:

Shad Alexander, MS, Manager, Swan House, Portland, OR

Trauma in one generation often results in survival decisions which are passed on through time as family law. This workshop will present a format for healing family "holes in roles," utilizing the blend of psychodrama and psychomotor therapy created by Georgia A. Rigg. Workshop participants will learn: theory; hands on practice in "touching emotions" and bringing buried issues forward; and how to create the structures for healing lineages.

97

EXPERIENTIAL TRAUMA: WORKING WITH CO-EXISTING DISORDERS

David Moran, LCSW, CAC, CCDP, TEP, Director, Recovery Center at Crozer Chester Medical Center; President ASGPP; Deborah Karner, MSW, LCSW, Social Worker, Recovery Center at Crozer Chester Medical Center

Workshop will focus on trauma-informed treatment for persons with co-occurring MH/SA disorders coming to treatment through the criminal justice, mental health or D&A systems. Techniques of CBT, EMDR, mindfulness, 12-Step, movement and body work modalities as well as the six guiding principles of TIP42 will be used experientially to provide clinicians with a trauma-informed COD framework for which clinicians may determine priorities, organize and integrate their current knowledge and skills.

98

PLAYBACK THEATRE AND PSYCHODRAMA

Judy Swallow, MA, LCAT, TEP, Co-director, Hudson Valley Psychodrama Institute, Community Playback Theatre

This workshop will provide an experiential overview of both models for improving understanding and creating community. Participants will learn and practice basic forms of Playback Theatre (fluid sculptures, pairs and scenes) and will learn and practice psychodramatic forms (doubling and role reversal). We will explore how each form can best function in the world. We will also "do" a story in both playback and psychodrama styles, for a chance to compare and contrast in action.

99

CLINICAL TEMPLATE FOR GLOBAL TRAUMA WORK IN ACTION

Kate Hudgins, PhD, TEP, Director of Training, Therapeutic Spiral International; Francesca Toscani, MED, LPC, TEP, Private Practice
After twenty years of global trauma work using the Therapeutic Spiral Model its four ders had the cinical map for trauma that has been used success up a press of tures, angualles, and theoretical and oction modelities. Furth ipants will earn this template through skills-practice, a full how drama, and its clinical processing. Workshop rocuses on prescriptive role development, the TSM Trauma Triangle, and the transformative roles that finally break though to healing.

100

ETHICS IN ACTION: WHEN CORE VALUES CLASH

Ronald Collier, MSW, LCSW, TEP, Monmouth University, School of Social Work; Scottie Urmey, LCSW, PAT, Psychodrama NJ, LLC, Rutgers University, Continuing Education Instructor, School of Social Work

Psychodrama offers a three-dimensional way to look at and resolve ethical concerns. Using APA and NASW guidelines, participants will revier a several prepared the all situations. This experie tial workshop will include a declarate plants of the all situations. This experie tial workshop will include a declarate plants and processing. Ethical initiatives can be painful and expensive. Action techniques promote a catharsis of integration which results in every aspect of a problem receiving adequate attention in the decision-making process.

9:00 am - 12:30 pm HALF-DAY TRAINING INSTITUTE

101

CONNECTION WITH THE DIVINE THROUGH BIBLIODRAMA

Linda Condon, LMHC, TEP, Clearwater, FL

Bibliodrama provides creative opportunities to examine the written word in action. This workshop will use sacred texts to explore connection with the divine. Participants will experience the bibliodramatic process from facilitating through warm-up, to directing an enactment, and finally eading meaningful and appropriate sharing. They will identify strategies for deepening enactments and examine challenges bibliodrama directors often face.

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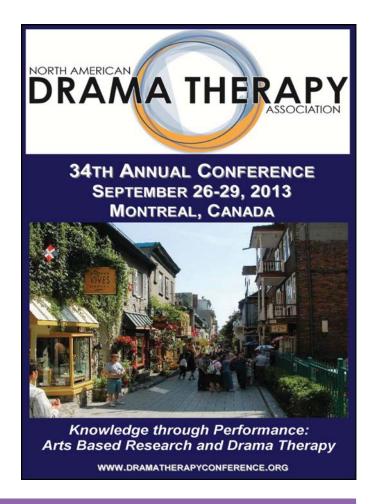
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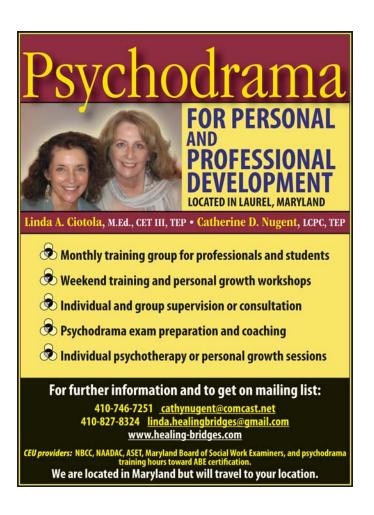
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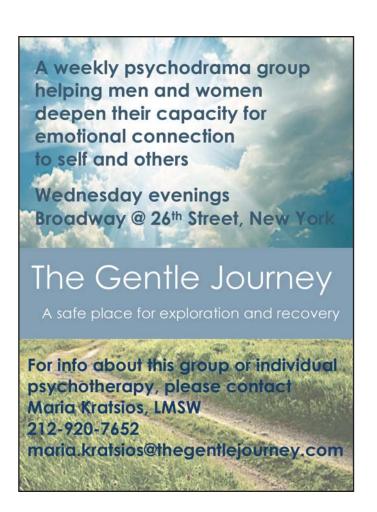
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- ▲ National Board of Certified Counselors (NBCC)
- * National Registry of Certified Group Psychotherapists (NRCGP)
- * Contact Trainer regarding CEUs offered and/or additional CEUs offered

Check with the Institutes / Trainers for workshops and training opportunities plus locations, as many offer trainings in multiple states and internationally.