



American Society of Group Psychotherapy & Psychodrama

# 69<sup>TH</sup> Annual Group Psychotherapy & Psychodrama Conference

Clearwater Beach, FL • April 28 - May 2, 2011



Bridging the Gulf between  
Hope & Reality

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Putting Our Ideals into Action

**CEUs** for licensed professionals including Psychologists (APA); Social Workers (ASWB);  
Counselors (NBCC); Addiction Professionals (NAADAC); Florida, California and Texas Board Approvals.  
**The entire conference (Thursday - Monday) offers up to 36.25 CEUs.**

## ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

## EXECUTIVE COUNCIL

### PRESIDENT

Sue McMunn, LCSW, ACSW, PAT

### VICE PRESIDENT

David Moran, LCSW, CAC, CCDP, EMDR-II, CP, PAT

### SECRETARY

Linda Condon, LMHC, CP, TEP

### TREASURER

Janell Adair, MA, TEP

### EXECUTIVE COUNCIL

Cassandra Beam, BA

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Jacqueline Fowler, MA

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Suzie Jary, LCSW, CP, PAT

Nancy Kirsner, PhD, OTR, LMFT, TEP

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Christopher Stamp, LMHC, CET, CASAC, ADS

Michael Traynor, LCSW, GCP, CP, PAT

### HONORARY PRESIDENT

Zerka T. Moreno, TEP

### EXECUTIVE DIRECTOR

Jennifer Reis

### MANAGER, SPECIAL PROJECTS

Debbie Ayers

### ASGPP NATIONAL OFFICE

ASGPP

301 N. Harrison Street, Suite 508, Princeton, NJ 08540

(609) 737-8500 fax: (609) 737-8510

asgpp@ASGPP.org, www.ASGPP.org

## 2011 ASGPP AWARDS

### J. L. Moreno Award

René Marineau, PhD

### Zerka Moreno Award

Michael Wieser, PhD, ECP, TEP

### David A. Kipper Scholar Award

Edward Schreiber, TEP

### Hannah B. Weiner Award

John Rasberry, MEd, LMFT, TEP

### Innovator Award

Rebecca M. Ridge, PhD, LMT, TEP

### Fellows

Karen Drucker, PsyD, TEP

Staci Block, MSW, LCSW

Phoebe Atkinson, LCSW-R, CET III, TEP

## ASGPP REGIONAL CHAPTERS

### Hudson Valley Chapter

Rebecca Walters / hvpi@hvc.rr.com / 845-255-7502

### Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

### Mid-West Chapter

Lorelei Goldman / loreleigoldman@sbcglobal.net / 773-465-8504

### New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

## ASGPP REGIONAL COLLECTIVES

### North East Collective

Edward Schreiber / edweschreiber@earthlink.net / 413-586-3943

### South Florida Collective

Linda Condon / lincondon@yahoo.com

### The Toronto Centre for Psychodrama (Canada)

Barbara Guest / barbara.guest@cyg.net / 519-271-5542

## COLLECTIVES UNDER DEVELOPMENT

### Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

### Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

### Denver Area

Erica Hollander / ericahollander@comcast.net / 303-978-9091

## CONFERENCE STEERING COMMITTEE

Christina Bellamy

Maryann Bodner

Douglass Bonar

Linda Condon

Jodi Desciscio

Estelle Fineberg

Pamela Goffman

GINNY HILLMAN

Melinda Lawless-Coker

Amy Menna

Susan Overman

Tonya Quillen

Sandra Seeger

Andrea Sheldon

Linda Thema

Julie Wells

Welcome to Clearwater Beach, FL and the American Society of Group Psychotherapy and Psychodrama's 69th Annual Conference "Bridging the Gulf Between Hope and Reality: Putting Our Ideals into Action." Our conference will be held at the Clearwater Beach Hilton Hotel, a beach front resort located directly on the beautiful and pristine Gulf of Mexico. Over 100 workshops will inspire your creativity, expand your knowledge, and offer you

tangible tools to assist your clients in transforming their hope into reality. In addition, we've created a conference design that supports self-care and collegial connection. Come to the beach and enjoy a conference that provides abundant opportunities for professional and personal rejuvenation. We look forward to seeing you soon!

— Conference Chairs, *Linda Condon, Tonya Quillen, Sandra Seeger*

## EXCITING EVENTS

### President's Reception

(Thursday 6:00 pm - 7:30 pm)

This reception welcomes *everyone* attending the conference and serves as a special thank you to presenters, volunteers and session assistants who generously give their time, creativity and spontaneity. Please join us! **OPEN EVENT**

### Opening Ceremony

(Thursday immediately following President's Reception)

### Silent Auction / Live Auction

(Friday 8:30 am - Saturday 6:00 pm)

The Silent Auction is an important fundraiser for the ASGPP and an exciting way to share in the generosity and creativity of our members and friends. Come bid on a variety of exciting items anytime between Friday morning and 6:00 pm Saturday. Winning bids for the "silent" auction will be posted Sunday at 8:30 am and winners must pick up their prizes no later than noon. To donate items to the auction contact: Estelle Fineberg at [estellaf@aol.com](mailto:estellaf@aol.com) or Julie Wells at [cuerco@aol.com](mailto:cuerco@aol.com)

### Morning Warm-Ups: Yoga

(7:00 am - 7:45 am, Friday - Sunday)

**Yoga classes** led by Catherine Crews, KYT or Candi Rowen, Certified Yoga Instructor

### Opening Plenary: Kate Cook, LPCC, TEP

*Cultivating 'Brain-Savvy' Approaches to Group Process and Psychodrama* (Friday 8:00 am - 9:00 am)

**KATE COOK, LPCC, TEP**, is a certified international trainer in Group Process and Action Methods living in Santa Fe, New Mexico where she practices as a therapist, educator and consultant. A core faculty member of Southwestern College graduate school since 1990, Kate founded and directs their certificate program: **Interpersonal Neurobiology, Somatics and Action Methods**. For many years Kate created and directed groups for juvenile and adult offenders in the Santa Fe County Detention Center.

This presentation will highlight the astounding parallels between the philosophy and methods developed by J. L. Moreno in the early 1900's and recent discoveries in neuroscience. Lending new hope for understanding the possibilities of human development, neuroscience can also revitalize our approach to psychodrama by reconfirming its efficacy as a leading and 'truly therapeutic' method.

### New Members & First Time Attendees Gathering

(Friday 6:00 pm)

If you are a new member of ASGPP or a first time attendee of an ASGPP conference, come meet other new members, mingle with representatives from our Executive Council and our local chapters. Find out about our organization and get to know the community.

### Awards Ceremony / Dessert Reception

(Friday 8:00 pm - 9:30 pm)

Join us for an elegant dessert reception and entertaining evening as we honor those who have made outstanding contributions to our community, and acknowledge our newly Certified Practitioners and TEPs. **(Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form.)**

### Songfest

(Friday 9:30 pm) (Following the Awards Ceremony)

Come join Lorelei Goldman and Adam Blatner for an ASGPP tradition. Bring your voice and enthusiasm. No singing experience required. Song sheets and good cheer will be provided. **OPEN EVENT**

### Saturday Keynote Address: Bonnie Badenoch, PhD, LMFT

*Moving toward the Reality of Hope through Neuroscience*

(Saturday 8:45 am - 10:00 am)

**BONNIE BADENOCH, PhD, LMFT** integrates the discoveries of neuroscience with the art of psychotherapy. As a protégée of Daniel J. Siegel, her clinical work helps trauma survivors and those with significant attachment wounds reshape their neural landscape to support a meaningful and resilient life. Dr. Badenoch teaches in the Interpersonal Neurobiology (IPNB) program at Portland State University and consults with clinicians using IPNB as a guide to evidence-based practice. She helped found GAINS (Global Association for Interpersonal Neurobiology Studies), a nonprofit organization that fosters the application of IPNB, and is editor-in-chief of its publication. Dr. Badenoch maintains a busy international speaking schedule. Her books include: *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, and its companion, *The Brain-Savvy Therapist's Workbook*.

Discoveries about the brain during the last two decades have moved us in the direction of dramatically increased clarity about how to facilitate deep, permanent change with our clients, whether we meet them individually or in groups. Exploring the pathway from activating implicit memory to regulation and integration, we will look at the grounding and hopeful wisdom offered by the neuroscience of compassionate relationships.

### Annual Membership Meeting

(Saturday 12:45 pm - 2:45 pm)

Come one, come all: from long standing members to the interested and not yet affiliated! Meet your Executive Council and learn about ASGPP's recent activities and plans for growth. Contribute your ideas and feedback and have an impact on ASGPP's future.

**(Pre-ordered box lunch provided for 3 day conference attendees. All others wishing to purchase please do so on registration form.)**

### Saturday Night Event: Drum Circle on the Beach

(Saturday 8:00 pm)

You may wonder, "Can I really play a drum? Will it sound good? Will I have FUN?" In the words of Moreno: the answer is YES! YES! YES! Guided by Drum Circle facilitator Jana Broder, we'll experience a magical evening of drumming and dancing. Drums are provided and no drumming experience is required. **OPEN EVENT**

### Closing Ceremony

(Sunday 5:30 pm - 6:00 pm)

Enjoy Playback Theater that captures your favorite conference highlights. Say goodbye to friends and warm up to next year's 2012 Conference.

# HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION



## HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is \$149 (single/double). This rate is only guaranteed through March 27, 2011. After that date, rooms are available on a "space and rate available" basis. **Be sure to identify yourself as an ASGPP conference attendee and use the ASGPP groupcode: ASPPGN** for reservations to obtain the special conference rate.

### Hotel Contact Information:

**Hilton Clearwater Beach Resort,**  
400 Mandalay Avenue, Clearwater, Florida 33767  
Tel: (727) 461-3222, Fax: (727) 461-0610,  
Reservation Line: (800) 445- 8667

To make reservations online, please go to the ASGPP website [www.asgpp.org](http://www.asgpp.org). Click on the conference, then click on Hotel Room Reservations / Information.

*We strongly recommend that you place your reservations by using our on-line service or calling the Hotel Reservation Line: (800) 445-8667.*

## ROOM SHARING

If you wish to share a room and do not already have a roommate, check the space provided on the conference registration form. Each participant in our room sharing service will receive the names and contact information of the other people who have expressed an interest in sharing a room. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP offers this as a service; however we are not responsible for any arrangements made or broken between individuals.** The deadline for this Room Sharing Service is February 16, 2011. Please submit your request to the ASGPP via email and specify your date of arrival and departure. Contact information should include a phone number and an email address. Remember that the hotel is only obligated to honor ASGPP rates through March 27, 2011.

## TRANSPORTATION / HOTEL DIRECTIONS

Go to the ASGPP website [www.asgpp.org](http://www.asgpp.org). Click on the conference, then click on Transportation & Directions.

## CLEARWATER BEACH / TAMPA ATTRACTIONS AND MORE

For things to do and see while in Clearwater Beach go to [www.beachchamber.com](http://www.beachchamber.com)

## EXHIBITING

### MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table at the Annual Conference Exhibit Area to display copies of one piece of printed material. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you that have products (other than books) which you think

will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books, videos or DVD's from an Exhibit Table but must work with our designated Conference Bookseller, Mental Health Resources, to sell them. To include your publication in the book display area, please contact MHR directly at 518-943-3559 or [brian.mhr@verizon.net](mailto:brian.mhr@verizon.net).

NOTE: Renters are responsible for the security of all items and products during the entire length of the conference.

## CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, [www.asgpp.org](http://www.asgpp.org).

**For additional information, please contact:**

**Jennifer Reis, Executive Director, (609) 737-8500, [asgpp@ASGPP.org](mailto:asgpp@ASGPP.org).**

## REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations.
- To receive the early registration discount, your forms must be post-marked by February 16, 2011.
- **Attendees registering by mail with a postmark after February 16, 2011 must pay the on-site rate.**
- Member rates apply only to those having paid their 2011 Membership Dues.
- Anyone registering at member rates who has not paid their dues to the ASGPP for 2011 (through 5/11), will be invoiced for such dues. The dues must be paid prior to the conference.

## CANCELLATION POLICY

Request for cancellation must be postmarked by April 21, 2011. While no refunds will be given, cancellations will receive credit for the 2012 ASGPP Annual Conference.

## PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds but understands that it can be more convenient for individuals to use their credit card. Please do keep in mind that the ASGPP averages paying about 5% of the total for all credit card transactions. Your sending a check would save the ASGPP an average of \$20 per transaction. If, however, you must use a credit card, go to [www.ASGPP.org](http://www.ASGPP.org) and click on the Conference 2011 button and follow directions to register and to pay for your registration, or include your information on the following registration page and ASGPP will process.

## PHOTOS

The ASGPP plans to take photos at open events at the 2011 Conference and may reproduce them in our publications or on our website. However, no photos will be taken in any of the workshops or of participants. By participating in the 2011 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

# ASGPP 2011 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_  
 ZIP/POSTAL ZONE \_\_\_\_\_ COUNTRY \_\_\_\_\_  
 FIRST NAME/NICKNAME FOR BADGE \_\_\_\_\_  
 PHONE \_\_\_\_\_ FAX \_\_\_\_\_  
 E-MAIL \_\_\_\_\_  
 In case of emergency notify: \_\_\_\_\_  
 (ADA) - Please indicate if you have special needs

**PRESENTERS:** Check here if you are a presenter   
**FIRST TIME ATTENDEES:**  
 Check here if this is your first ASGPP Conference   
**ASGPP Member Status** (check appropriate box):  
 Member  Student Member\*  Member Retiree\*\*  
 New Member (since 5/2010)  
**Non-Member Status** (check appropriate box):  Non-Member  
 Non-Member Student\*  Non-Member Retiree\*\*  
 To join the ASGPP enclose an additional \$120 (Regular Member) or \$60 (Student/Retiree) with your registration fee and enjoy member rates today.  
 Students must submit Student picture ID.

FOR OFFICE USE ONLY

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## REGISTRATION FEES

All fees are given in \$US

	Before February 16, 2011				After February 16, 2011		
	Mem Stud*/Retiree**	Stud*/Retiree**	Member	Non-Mem	Member	Non-Mem	
<input type="checkbox"/> Full Conference (Friday, Saturday and Sunday)	\$290	\$305	\$425	\$475	\$475	\$525	\$ _____
<input type="checkbox"/> 1 Day Conference Package (Fri, Sat or Sun) <small>Circle Your Choice(s)</small>	\$130	\$135	\$160	\$195	\$175	\$210	\$ _____
<input type="checkbox"/> Full Day Conference Institute (Thurs or Mon) <small>Circle Your Choice(s)</small>	\$130	\$135	\$160	\$195	\$175	\$210	\$ _____
<input type="checkbox"/> Half Day Conference Institute (Thurs or Mon) <small>Circle Your Choice(s)</small>	\$ 65	\$ 70	\$ 80	\$100	\$ 90	\$110	\$ _____

## ADDITIONAL EVENTS

- Friday Awards Dessert Reception (included in 3 day conference package)..... x \$20..... \$ \_\_\_\_\_
  - Boxed Lunch - circle which days apply ( Thur Fri Sat Sun Mon ) (menu will be sent)..... x \$20 Per day \$ \_\_\_\_\_  
(3 day conference package will receive boxed lunch on Saturday)
  - Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ \_\_\_\_\_
  - 2011 Membership Dues**  \$120 (regular)  \$60 (Retiree or Student - must submit student picture ID)  
All members add (\$10) if you are from a country other than the US, Mexico or Canada..... \$ \_\_\_\_\_
  - CEU Forms - we will provide one form that can be used for all licensures as verification..... \$25..... \$ \_\_\_\_\_
- TOTAL AMOUNT DUE (\$US)**..... \$ \_\_\_\_\_

Check here if you are interested in Room Sharing (This service ends on February 16, 2011. See previous page for complete details.)  
**Please review ASGPP Cancellation Policy on previous page.**

**Please make checks payable to ASGPP, and return all registration forms to:**  
**ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540**

## TO USE YOUR CREDIT CARD (Visa & MasterCard only)

Name as it appears on the credit card \_\_\_\_\_ Credit Card #: \_\_\_\_\_  
 Expir. Date \_\_\_\_\_ Last 3 digits on signature line: \_\_\_\_\_ The 3-digit CVV code is located on the reverse side of your card and essential to process your charge.  
 Billing address for card if different from above \_\_\_\_\_  
**DO NOT E-MAIL** credit card information. Mail this form to the ASGPP or send it along with the Workshop Registration page on reverse via secure fax to: 609-737-8510.

**GROUP RATES:** ASGPP is offering a special group rate for the Full Conference to college/university students and agency employees. Six (6) or more students must register together at the Group Rate of \$255/per person. \*Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification. We are also offering a group rate for three (3) or more attendees from a mental health or medical agency or hospital at the rate of \$440 per person. Registrations must be sent together with a letter from the agency/hospital administration, listing the attendees/employees.

**ASGPP is offering a group rate to psychodrama training institutes** at a rate of \$375. All registrants must be members of the ASGPP. Registrations must be sent together in the same envelope with a cover letter from the trainer listing the names of the trainees.

**Please note:** Anyone paying a "Group Rate" is considered a "Full Conference Registrant".

\*\* A "Retiree" is someone that is no longer employed, doing training or in private practice.

**IMPORTANT:** Please sign up for workshops on the following page.  
 We cannot process your registration if you have not signed up for the workshops you wish to attend.

# WORKSHOP REGISTRATION

Last Name \_\_\_\_\_

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

	1st CHOICE	2nd CHOICE	3rd CHOICE
<b>Thursday April 28, 2011 - Pre-Conference</b>			
9:30 am - 5:30 pm	*Full Day Training Institutes..... (#1-6)		
9:30 pm - 12:30 pm	*Morning Training Institutes..... (#7-10)		
2:30 pm - 5:30 pm	*Afternoon Training Institutes..... (#11-14)		
<b>Friday April 29, 2011</b>			
9:30 am - 12:30 pm	Morning Workshops..... (#15-25)		
1:00 pm - 2:30 pm	90-Minute Workshops..... (#26-36)		
2:45 pm - 5:45 pm	Afternoon Workshops..... (#37-47)		
<b>Saturday April 30, 2011</b>			
10:30 am - 12:30 pm	Morning Workshops..... (#48-58)		
3:15 pm - 6:15 pm	Afternoon Workshops..... (#59-69)		
<b>Sunday May 1, 2011</b>			
9:00 am - 12:00 pm	Morning Workshops..... (#70-80)		
12:30 pm - 2:00 pm	90-Minute Workshops..... (#81-91)		
2:15 pm - 5:15 pm	Afternoon Workshops..... (#92-102)		
<b>Monday May 2, 2011 - Post-Conference</b>			
9:00 am - 5:00 pm	*Full Day Training Institutes..... (#103-106)		
9:00 am - 1:00 pm	*Morning Training Institute..... (#107)		

\*Additional Registration Fee Required

## SESSION ASSISTANTS & VOLUNTERS NEEDED!

**SESSION ASSISTANTS** are an important element of the ASGPP conference program. Please indicate below if you are interested in participating as a Session Assistant at this year's conference. The Session Assistant Coordinators will contact you prior to the meeting, to confirm your appointment and assign you to specific workshops. Session assistants duties are before, during, and immediately after each workshop session. You must be timely, responsible, and able to collect and return evaluations to a designated site. If you have any questions about being a session assistant, please contact Amy Menna, 813-766-8510, menna.amy@gmail.com

**VOLUNTEERS** In order to help ensure success at the conference, we also need volunteers for many activities. We hope you will offer your services both on site and prior to the conference. The Volunteer Coordinator will contact you but if you have questions, the Volunteer Coordinator is Amy Menna at menna.amy@gmail.com

Yes, I am interested in being a **session assistant** for (please circle days available) Thursday Friday Saturday Sunday Monday

Yes, I'm interested in being a **volunteer**.

NAME \_\_\_\_\_ PHONE (day) \_\_\_\_\_

E-MAIL \_\_\_\_\_ PHONE (evening) \_\_\_\_\_

# TRAINING CREDITS & CEU INFORMATION

## PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed** by the presenter before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.

## CONTINUING EDUCATION UNITS (CEUs)



ASGPP is pleased to partner with Ce-classes.com to offer conference participants a variety of CEUs from different credentialing bodies.

**PSYCHOLOGISTS:** Ce-classes.com is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

**SOCIAL WORKERS:** Ce-Classes.com is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) Approved Continuing Education Program (ACE). Approval Period: 1/5/11 - 1/5/14. Ce-Classes.com maintains responsibility for the program. Social Workers should contact their regulatory board to determine course approval.

**MENTAL HEALTH COUNSELORS:** Ce-classes.com is an approved provider for National Board of Certified Counselors - NBCC.

**ADDICTION PROFESSIONALS:** Ce-classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

**CALIFORNIA:** Ce-Classes.com is approved by the California Board of Behavioral Sciences. Continuing Education Provider - PCE 4297.

**TEXAS:** Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

**FLORIDA:** Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Exp 3/2013. We are approved for LCSWs, LMFTs, and LMHCs.

**GROUP PSYCHOTHERAPISTS:** This conference's events may be counted toward re-certification requirements for the National Registry of Group Psychotherapists on a one hour per one continuing education credit basis.

**CERTIFICATES OF ATTENDANCE:** Certificates of Attendance will be available to present to employers and/or state and local agencies.

## CREDIT HOURS

The Pre-Conference (Thursday, April 28, 2011) offers up to 7 hours. The regular conference (Friday, April 28 – Sunday, May 1, 2011) offers up to 22.25 hours. The Post - Conference (Monday, May 2, 2011) offers up to 7 hours. The entire conference (Thursday - Monday) offers up to 36.25 hours toward Continuing Education Units (CEUs).

## CEU CERTIFICATES

**CEU Certificates are \$25 as indicated on registration form. Those purchasing CEUs will have a 'CEU Verification of Attendance Sheet' to be signed by the presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CEU certificate with hours listed for workshops attended.**

## ADMINISTRATIVE POLICIES

**Complaints and Grievances:** All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days.

**Special Accommodations:** Please complete the section in the registration form to request special accommodations for disability (ADA).

**Important!** It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEUs for re-certification or licensure maintenance.

# WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday	Monday
Addictions & Recovery	4, 10, 13	19, 21, 33, 40	66	80, 87, 91, 92	103, 106
Body/Mind	1, 9	44	59		105
Coaching & Business	11	29, 37	84, 89	94	
Couples & Families	14	26	55, 57	79	
Creative/Expressive Arts	3	16, 30, 32	48, 50, 69	71, 85, 88	104
Foundations of Psychodrama	2	17, 31, 46, 47	64	73, 75, 101	
Law & Ethics		22, 41		78, 100	
Psychodrama with Other Methods	5, 7		60, 70, 72	102	
Neuroscience & the Brain		35	61	82	
Sociodrama		18, 43	49, 51, 65	77, 83, 97	107
Trauma	12	38	67	99	



## THURSDAY, April 28, 2011

8:00 am - 5:00 pm REGISTRATION & EXHIBITS

9:30 am - 5:30 pm PRE-CONFERENCE TRAINING WORKSHOPS

Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.

6:00 pm - 7:30 pm President's Reception / Opening Ceremony Follows Reception - Open Event

### 9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE WORKSHOPS

#### 1 FEAR, PSYCHODRAMA AND THE BODY

**Susan Aaron, BA, RMT; Creator and Trainer of Psychodrama & Bodyworks; Jean M. Campbell, LCSW, CET III, TEP; Trainer/Practitioner of Psychodramatic BodyWork, Action Institute of California**

Fear is a very misunderstood emotion and many directors miss the subtle clues indicating fear's presence. We will demonstrate a fear continuum showing the expression of fear from "barely expressed" to "fully expressed." The continuum will include many unrecognized forms and manifestations of fear like laughter and dissociation, as well as various physical symptoms such as sleepiness, lower back pain and feeling chilled. Following the teaching, we will direct a psychodrama that safely incorporates our new knowledge about fear.

#### 2 PSYCHODRAMA AND GROUP PSYCHOTHERAPY: BASIC AND COMPLEX

**Mary Jo Amatruda, CGP, NBCC, TEP; Private Practice, Psychodrama Institute of New Haven, Trial Lawyers College**

Group therapy is intrinsic to psychodrama's beginnings, yet the third part of the psychodrama triad is often ignored. Using a model developed by the presenter, this workshop will look at the junctures in a psychodrama session when psychodrama is informed by the group therapy process and becomes grist for the group's process. This workshop is useful for anyone who conducts group therapy and psychodrama groups and wants to take the concept of sociometry a step further.

#### 3 PLAYBACK THEATRE: HONORING WOUNDS AND JOYS

**Paula Patterson, RDT/BCT, LMHC, CP; Shands Arts and Medicine, ASGPP Fellow**

This workshop presents the significance of playback theatre for bridging the gap between psychodrama and theater. It is a way in which the "teller" can observe personal hope depicted as a reality by empathetic actors. Playback creates a healthy sociometry as one story picks up on the theme presented in the last story. Participants will learn three playback short forms, be introduced to playback enacted as a full story, and have the opportunity to try conducting and being the musician.

#### 4 ADDICTIONS: A LOVE AFFAIR

**Judy Swallow, LCAT, CRS, TEP; Playback Theatre (IPTN), Rubenfeld Synergy Method (INARS)**

People often have an intense and intimate relationship with substances or behaviors that start out pleasurably and then become possessive and demanding. Exploring this love/hate relationship in action engages people dealing with addiction who are defended against anti-drug dictates. This workshop will illustrate the use of sociometric and sociodramatic structures, and psychodramatic interventions to help shine the light of relationship on the subject of addiction.

#### 5 DIALECTICAL BEHAVIORAL THERAPY IN ACTION

**Susan Woodmansee, MS, OTR, TEP; Eating Recovery Center of Denver; Rebecca Walters, LCAT, LMHC, TEP; Hudson Valley Psychodrama Institute, Four Winds Hospital**

DBT, developed by Marsha Linehan, PhD, for working with Borderline Personality Disorders is now being utilized extensively in the behavioral health field for work with addictions, eating disorders, mood disorders and anxiety disorders. This workshop offers participants experience in integrating the use of psychodramatic and experiential techniques to enhance and increase learning of the DBT skills of mindfulness, emotion regulation, stress tolerance and interpersonal effectiveness.

#### 6 TRAIN THE TRAINER: PRESENTING PSYCHODRAMA TO NON-PSYCHODRAMATISTS

**Bill Wysong, LPC, EMDR II, TEP; Aspen Counseling Center, Private Practice**

Few know what psychodrama is about and we must "spread the word." An ideal way to educate Mental Health Professionals, Clergy, Attorneys Educators and other interested groups is to demonstrate psychodrama with open sessions. Participants will learn how to format an open session including a warm-up, selection of a protagonist, a psychodramatic enactment, and sharing. Next we will discuss how to make contacts and why the particular format is used.



**9:30 am - 12:30 pm**  
**MORNING PRE-CONFERENCE**  
**HALF-DAY WORKSHOPS**

**7 HYPNODRAMA: BRIDGING TWO MODALITIES**

**Herb Dandes, PhD, ASCH, TEP; Miami Institute for Group Process and Psychodrama; Sue McMunn, MSW, LCSW, PAT; Private Practice, Naples, FL; Elif Tasci, MA; Istanbul Psychodrama Institute**  
JL Moreno and JM Enneis (1950) pioneered the bridging of two powerful modalities: hypnosis and psychodrama. Since the publication of Greenberg's book, *Group Hypnotherapy and Hypnodrama* in 1977 this combination has received little attention. In this workshop we will present a model for combining these techniques and will demonstrate the use of hypnodrama in both individual and group settings.

**8 BOUNDARIES: ROAD SIGNS AND BRIDGES**

**Nancy Kirsner, PhD, TEP; Private Practice, Director of South Florida Center for Psychodrama Action Training and Group Works**  
Boundaries are how we define, protect, and contain ourselves - where we stop and the world of others begins. Most relationship problems are tied to boundary issues and violations. And yet, so many of us struggle with setting and maintaining our boundaries. It is often hard to respect our own boundaries *and* understand others' limitations. Psychodramatists are uniquely equipped to be BOUNDARY TRAINERS with skills of concretization, role training and rehearsal.

**9 BODY ALCHEMY**

**Rebecca Ridge, PhD, LMT, TEP; Private Practice, Sydney, Australia, Anoka, MN, Member, Australian Psychological Society; Estelle Fineberg, LMFT, ACSW, PAT; Private Practice, Ft. Lauderdale, FL**  
We will create a body alchemical elixir within an organic environment using a slow fire to cook up the higher power of one's spiritual imagination. The recipe calls for one part trust, distilled with positive tele connections, and mixed with a cup full of intuition and body-mindfulness. Out of this creation will emerge the restorative role of Body Wisdom which encourages the healing potential within each embodied soul.

*This is a 2011 Award Winners Workshop*

**10 UNRESOLVED GRIEF AND ADDICTION**

**Mike Traynor, LCSW, CGP, TEP; Private Practice, Albany, NY, Choices Counseling Center, Winter Park, FL**  
Addictions professionals demonstrate loyalty and dedication to a troubled segment of society. While striving for positive outcomes, vicarious trauma and unresolved grief within the helpers is often unaddressed. In action, we will explore ways to recognize and resolve losses, access support, and stay meaningfully attached to our work.

**2:30 pm - 5:30 pm**  
**AFTERNOON PRE-CONFERENCE**  
**HALF-DAY WORKSHOPS**

**11 PSYCHODRAMA AND COACHING:  
BLENDING TWO RICH MODALITIES**

**Carole Oliver, MEd, LPC, TEP; Private Practice, Montclair, NJ & New York City, NY**  
The theory and practice of Life Coaching blends well with Psychodrama. Psychodramatists and Life Coaches both help clients in their personal and professional lives to achieve specific results including enhancing the quality of their lives and exploring new possibilities. This workshop will explore the similarities and differences between the two fields by addressing surplus reality and how it compares to focusing on outcomes, and by adding coaching techniques to doubling and mirroring.

**12 TRAUMA DOOR: WORKING WITH TRAUMA SURVIVORS**

**Pam Remer, PhD, TEP; University of Kentucky; Rory Remer, PhD, ABPP, TEP; University of Kentucky**  
Trauma Door is used for warm-up, assessment, and intervention with trauma survivors. A concretizing technique, it can be used with individuals, couples, families, and groups. The technique will be taught through demonstration and experiential practice, with some lecture and discussion relating to both psychodramatic and trauma theory. The facilitators strongly encourage participants to register for its companion workshop: Safe Place, #67.

**13 WORKING WITH PARENTS OF ADDICTS**

**Christina Bellamy, MA, LMHC**  
Using psychodrama and sociodrama with parents of addicts calls for several skill sets. Using Psychodramatic approaches to explore issues that parents of addicts face, this workshop will address addictions and recovery, family addiction dynamics, and working with couples. There will be hands-on opportunities to enact the affective, behavioral, cognitive and spiritual challenges therapists encounter when working with parents of addicts.

**14 IMAGO AND PSYCHODRAMA**

**Dan Tomasulo, PhD, MFA, TEP; Faculty, New Jersey City University**  
Couples therapy as outlined in Imago therapy can be greatly enhanced with the tools of psychodrama. See a demonstration and then practice the incorporation of these methods into couples work. A brief lecture will show how the use of these methods supports the development of a general theory of love.

**6:00 pm - 7:30 pm — PRESIDENT'S RECEPTION**

This reception welcomes *everyone* attending the conference and serves as a special thank you to presenters, volunteers and session assistants who generously give their time, creativity and spontaneity. Please join us!

**OPEN EVENT**



## FRIDAY April 29, 2011

7:00 am - 7:45 am YOGA  
 7:30 am - 5:45 pm REGISTRATION & EXHIBITS  
 8:30 am - 6:00 pm SILENT AUCTION

8:00 am - 9:00 am **OPENING PLENARY - KATE COOK, LPCC, TEP**  
**CULTIVATING 'BRAIN-SAVVY' APPROACHES TO GROUP PROCESS AND PSYCHODRAMA**

**KATE COOK, LPCC, TEP** is a certified international trainer in Group Process and Action Methods living in Santa Fe, New Mexico where she practices as a therapist, educator and consultant. A core faculty member of Southwestern College graduate school since 1990, Kate founded and directs their certificate program: Interpersonal Neurobiology, Somatics and Action Methods. For many years Kate created and directed groups for juvenile and adult offenders in the Santa Fe County Detention Center.

This presentation will highlight the astounding parallels between the philosophy and methods developed by J. L. Moreno in the early 1900's and recent discoveries in neuroscience. Lending new hope for understanding the possibilities of human development, neuroscience can also revitalize our approach to psychodrama by reconfirming its efficacy as a leading and 'truly therapeutic' method.

6:00 pm **New Members / First Time Attendees Gathering**  
 8:00 pm - 9:30 pm **AWARDS CEREMONY / DESSERT RECEPTION** - Separate ticket necessary for those not attending the full 3 day conference.  
 9:30 pm **SONGFEST** - Open Event

## 9:30 am - 12:30 pm MORNING WORKSHOPS

### 15 ACTION METHODS FOR EXPLORING SPIRITUAL JOURNEYS

**Adam Blatner, MD, TEP; Author, University, Georgetown, TX**

In this mainly experiential workshop, participants will discover how techniques for assessing "auto-tele" and related dimensions can help give voice to subtle feelings and attitudes related to the way spirituality operates in our lives. Dyadic and small group exercises, structured dialogue, and encounter will show participants some new ways for fostering insight and self-discovery.

### 16 EMBODIED SPONTANEITY: PSYCHODRAMATIC DANCE THERAPY

**Kim Burden, LCMHC, BC-DMT, RDT/BCT; Private Practice, Antioch University New England**

This workshop presents an approach for integrating psychodrama, dance/movement therapy, embodied somatic therapy and heart-centered spirituality to provide individuals and groups access to safety and depth in action oriented therapy. Participants will learn, and practice using, specific structures the presenter has developed and discuss ways to translate this practice within their own work.

### 17 WARM-UPS: IT SHOULDN'T HAVE TO TAKE A CROWBAR!

**Rhona Case, MEd, TEP; Private Practice; Janell Adair, MA, LPC, TEP; Licensed Professional Counselor, Philadelphia, PA**

Moreno taught that group cohesiveness and productivity could be increased and resistance reduced through adequate warm-up. In this workshop participants will experience a variety of our favorite warm-up exercises that can enhance spontaneity and creativity. Our warm-ups are playful, projective, and use various media.

### 18 OUR OWN WORST ENEMY? THE DYNAMICS OF CATTINESS

**Valerie Monti Holland, MA; Sheffield Hallam University, Sheffield, UK, Private Practice**

In the continuing struggle to achieve equal status in the world, women have been known to fall into the trap of treating each other cruelly or with disrespect. We will use a sociodramatic approach to map out the range of women's societal roles, examine the dynamics of their interpersonal relationships and test healthy responses to nasty behaviour. Men and women are welcome. The workshop will introduce participants to the principles and practice of sociodrama.

### 19 THE HERO'S JOURNEY WITH CO-OCCURRING DISORDERS

**Deb Karner, MSW, LSW; David Moran, CAC, LCSW, PAT; Director of Crozer Chester Medical Center Substance Abuse Programs**

Experience a sociodrama that will concretize the Heroic Journey of someone with addiction and mental illness. Moving from the Ordinary World of reactivity, pathology and limited choice into a New World of strength based spontaneity and purposeful choice, The Journey will include a therapeutic Mentor and magic shop exercise to support and strengthen the Hero's resilience before entering the Inner Cave to face a current Ordeal.

### 20 A DIALOGUE ABOUT SOUL THROUGH ACTION AND IMAGE

**Ning-Sing Kung, BMC, MEd, TEP; Bergen County Board of Social Services, NJ**

The purpose of this workshop is to open a dialogue between psychodrama and depth psychology. C. G. Jung points out that soul speaks in images. By using artistic methods, yoga, and psychodrama, we help the participants to deepen their self-understanding and share their inner world.

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**21 CREATIVITY AT WORK WITH ADDICTIONS AND EATING DISORDERS**

**Carolyn Newsome, MA, LPC, LMFT; Remuda Ranch Programs for Eating and Anxiety Disorders; Marlo Archer, PhD; Down to Earth Enterprises**

This workshop presents psychodramatic exercises designed for use with groups or individuals when addressing addiction to alcohol, drugs or eating disorder behaviors. Participants will gain a deeper understanding of how to use action methods to assist people in any stage of addiction. The workshop will include demonstrations of and opportunities to participate in check-ins, warm-ups, sculpts, empty chair, locograms & spectograms.

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**22 THE USE OF PSYCHODRAMATIC METHODS IN THE LEGAL PROFESSION**

**Jim Nugent, JD, CP; Chairman, Litigation Section, Connecticut Bar Association; Jude Basile, JD; President, Trial Lawyers College, Dubois WY; Louise Lipman, CGP, LCSW, TEP; Director of Psychodrama & Creative Arts Therapy, NYC; Trial Lawyers Consultant; Private Practice, NYC**

This workshop demonstrates how the Trial Lawyer's College (TLC) incorporates psychodrama into its teachings to train lawyers and judges to obtain justice for all individuals regardless of social or economic status. The facilitators will show how to use Psychodramatic tools (re-enactments, soliloquy, doubling, role reversal, chair backs, mirror) to discover the client's story in preparation for trial, and will include a demonstration of an Opening Statement, Direct and Cross Examinations, and a Closing Argument.

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**23 COMING HOME: LOVING, LAUGHING, LIVING IN THE MOMENT**

**Antonina Garcia, EdD, LCSW, TEP; Adjunct Prof. New York University, NY; Dale Buchanan, PhD, LICSW, TEP; Private Practice**

When we come home to our authentic selves and experience others as they truly are - rather than as we wish they could be - love, laughter and joy emerge. Living heartfully in the present is a precious gift that opens us to joy, wonder and love.

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**24 AWAKENING TO OUR INNER WORLD OF POWER**

**David Poleno, LCSW-C, TEP; Carroll County Youth Services Bureau; Andrea L. Bowman, MSHM, CST, MST; Orion Wellness**

Awakening our inner landscape empowers us to find wisdom and ideals we want to activate in order to manifest our vision in the world. This highly psychodramatic/experiential journey will highlight places of contradiction and conflict in our reality, find obsolete messages and evoke coherence between thoughts, feelings and actions.

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**25 MAKING HOPE A REALITY: COMPETENCY BASED PSYCHODRAMA**

**John Rasberry, MEd, LMFT, TEP; Mid South Center For Psychodrama & Sociometry, Tupelo, MS**

Competency based psychodrama proposes that protagonists should not be directed to revisit a traumatic experience without the skills necessary to prevent re-traumatization. This workshop will help the practitioner develop an understanding of this concept and how to put it into action.

*This is a 2011 Award Winners Workshop*

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**1:00 pm - 2:30 pm  
90-MINUTE WORKSHOPS**

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**26 ROOTS AND WINGS: THE TAO OF HEALTHY PARENTING**

**Douglas Bonar, EdS, LMHC; Private Practice; A Center for Wellness, Pinellas Park, FL**

Through lecture and enactment, participants learn about parenting the self and others via a holistic model informed by science and spirituality. The model encompasses personal development and healing family of origin wounds. Participants learn the yin and yang of roots (connection) and wings (power), and how this understanding applies to health as wholeness and holiness.

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**27 HOPE IN THE PRESENT - ACTION AS THE PATH TO CHANGE**

**Veronica Bowlan, MSW, LSW, PAT; Faculty Drexel University College of Medicine, PA; Private Practice**

Hope is a concept that shapes human experience and includes experiences from the past, present, and looking toward the future. This presentation will include both didactic and experiential parts as well as a protagonist centered drama to explore these themes. Action methods will be discussed and demonstrated to help create the path to the place of change.

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**28 AUGMENTING OUR CAPACITY FOR SOCIOMETRIC CHOICES**

**Melinda A. Lawless Coker, PsyD, CAP, PAT; Florida Atlantic University; Phylis Koss, LCSW, MSW; Miami, FL**

This workshop explores how the use of specific sociometric measures facilitates "the how" of relationship building. While remembering the quintessential need to be grounded in the here-and-now, we will examine participants' possible futures based on sociometric thinking. The concept of "family ego mass" will be introduced as an influential tool to help make connections.

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**29 LEAP OF FAITH-SURVIVING MID-LIFE CAREER CHANGE**

**Ron Collier, MSW, LCSW, PAT**

Job changes in mid or late career may lead to greater personal fulfillment. This workshop is designed to help participants reach the right balance between vision, courage and practical considerations while pursuing their career passions. It will incorporate the use of action techniques in helping us achieve a "soft landing" when contemplating and pursuing this major life change.

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**30 ENVIA! A ONE-WOMAN SHOW**

**Kelly Hunt Dumar, MEd, CP; Fellow, ASGPP; Playwright**

In this performance of an original play, we experience the creative evolution of ENVIA!, an aspiring actor, in a series of hilarious and poignant episodes from her life. Conjuring humor, improvisation, and theatrical magic, ENVIA! inspires her audience to embrace creativity, spontaneity and imagination as forces for change and growth in their own lives. Tonya Quillen, TEP, will facilitate a post-show exploration with Playwright/Psychodramatist Kelly DuMar, illustrating the psychodramatic origin of the play's themes.

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**31 USING THE EMPTY CHAIR TECHNIQUE**

**Harvey Heckes, MSW, LCSW, CP; Florida Gulf Coast University**

This experiential and didactic workshop will focus on the use of the empty chair as a tool to help bridge the past with present reality. Participants can engage in vignettes that concretize the technique and provide opportunities for personal exploration.

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**32 PANEL: PSYCHODRAMA AND DRAMA THERAPY: A CONTINUED DIALOGUE BETWEEN RIVALS OR PARTNERS?**

**Saphira Linden, MA, LCAT, PAT; OmegaTranspersonal Drama Therapy Certificate Program, Lesley University; PANEL- Heidi Landis RDT, LCAT, PAT; Tian Dayton, PhD, TEP; Kate Hudgins, PhD, TEP; Dan Wiener, PhD, RDT-BCT; Catherine Wilson MEd, BSN, CP**

This panel will explore the feasibility of working more closely together to build a unified field. Participants will learn specific steps to enhance cooperation and support between ASGPP and NADT.

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**33 Wii FM: THE KEY TO UNLOCKING THE CHANGE MODEL**

**Jennifer Salimbene, LCSW, COAC, CP; Director Lexington Center for Recovery, Dutchess County Programs Visions Counseling; Regina Sewell, PhD, MEd, PC; Mount St. Mary College, Visions Counseling**

"Wii FM. What's in it for me?" helps participants explore the change model in action. Assisting clients to identify the stage of change they're in and locate their own motivation for change provides clarity about the next step they need to take. The stages of change model is useful in addictions treatment and also has relevance with everyday changes.

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**34 WRITING TO PUBLISH IN THE JOURNAL OR POPULAR PRESS**

**Dan Tomasulo, PhD, MFA, TEP; Faculty, New Jersey City University**  
Principles involved in preparing a manuscript for publication in our journal, or the popular press (column, blog, or book proposal) will be presented. Participants may bring an outline of their idea and a one page (250 words) sample that they may be asked to read as part of the workshop. You will learn how to move from idea, to outline, editing, and publication. Strategies for organizing your writing activity and craft will be offered.

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**35 APPLICATIONS OF NEUROSCIENCE IN PSYCHODRAMA**

**Jeff Thompson, MEd, RCC, PAT; Paradise Valley Wellness Center, Vancouver, BC**

Participants will learn: 1) numerous ways psychodrama is supported by neuroscience, 2) how to communicate the neuroscience of psychodrama experientially, and 3) specific neuroscience-informed practices that can be integrated into traditional psychodramatic methods.

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**36 THE POWER OF THE SELF CHOSEN PATH**

**Robert Waldi, MA, PhD; A Lecturer of the APG; Private Practice**

With the concept of the living encounter, J.L. Moreno refers to the duality of man in which one can only be(come) oneself through being with others. The living encounter joins the single existence to others, creating a co-existence. Moreno's role theory relates to man's freedom and his ability to choose encounter and relationship over freedom. Moreno enriched psychotherapy with an existential dimension, and existential philosophy with a social dimension.

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**2:45 pm - 5:45 pm  
AFTERNOON WORKSHOPS**

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**37 BUSINESS UPSWING: GROUP COACHING FOR LEADERS**

**Andrea Barrett, Dip COT (IRE); ICF, ANZPA, ASGPP**

In this workshop we will explore Group Coaching as an exciting new approach to business and organizational development. An overview of Group Coaching and a demonstration, discussion, and experiencing of its methodology will be offered. Action methods lend themselves to Group Coaching in a synergistic way. Participants will be facilitated to consider the inclusion of this methodology in their business or practice.

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**38 ADRIFT IN SHAME**

**Donna Chantler, RN, TCPS, TEP; Toronto Center for Psychodrama, Private Practice; Karin Wargel, OCSW, RSSW, TCPS; Ontario, Canada**  
Shame can empower or disempower; nourish or destroy. Toxic shame can be triggered unconsciously causing us to abandon the self, drift into disowning who we are, and engage in debilitating self-judgment. Anchors that hold us in despair can be changed as we re-experience the past with corrective resources. This workshop focuses on learning to create, change, collapse, stack, test, and chain anchors together to empower self and others to move into healthier ways of being.

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## 39 THE ALCHEMY OF RESILIENCY

**Carol Frank, MA, LPCC, BSN; Private Practice, Albuquerque, NM; Faculty Member Southwestern College, Sante Fe, NM; Sue Shaffer, MA, LPCC; Assistant Clinical Director TeamBuilders Counseling Services; Co-Facilitator Psychodrama Partners NM**

Moreno believed that therapy should have no less a goal than to heal all of humankind. Expanding this tenet to include the earth, we will explore through psychodrama the nature of resiliency and how, by healing ourselves, we heal the heart of the earth. Through your own alchemical process, join us in experiencing resiliency as a bridge for global and personal healing. Embody new possibilities for yourself, your communities and the planet.

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## 40 ADDICTION AND FAMILIES: A SYSTEMS PERSPECTIVE

**Jacob Gershoni, LCSW, CGP, TEP; Co-Director, The Psychodrama Training Institute New York, NY**

This workshop will examine various roles family members play in maintaining an addict's behavior, and stalling or preventing recovery while outwardly attempting to help the addict. We will address factors that perpetuate addictions from a systems theory perspective, emphasizing the destructive impact on the family. Corrective work will be demonstrated.

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## 41 LAW & ETHICS IN ACTION

**Sylvia Israel, RDT/BCT, MFT, TEP; Founder/Director, IMAGINE! Center for Creativity & Healing; Founder, Bay Area Playback Theater; Adjunct Faculty, California Institute of Integral Studies; Elizabeth Plummer, PhD, PAT; Founder/Director, Santa Barbara Psychodrama Center; Adjunct Faculty, Antioch University; Private Practice, Santa Barbara, CA**

What does ethical behavior mean to you? How do you make decisions when the law is unclear? What are the subtleties of ethical behavior and the personal values we bring to the ethical decision-making process? In this workshop we will bring ethical and legal dilemmas to life through action methods drawn from psychodrama and sociodrama. Using ritual, we will honor the moral and ethical complexities of our work.

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## 42 THE PSYCHODRAMA OF HOPE

**Carole Oliver, MEd, LPC, TEP; Private Practice, Montclair, NJ & New York City, NY**

Erich Fromm says, "To hope means to be ready at every moment for that which is not yet born." This workshop will explore our own beliefs about Hope and ways it determines how we move into action. Be ready to look at your belief systems. Be ready to learn how to incorporate spontaneity, sociometry and positive thinking into a formula that spreads hope for us and our world.

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## 43 MINDFULNESS IN ACTION VIA SOCIODRAMA AND MUSIC

**Anna Schaum, LPC, CP; Private Practice, Portland, OR; Jacqueline Fowler, MA; Marylhurst University, Portland, OR**

We will bring Dr. Daniel Siegel's "Wheel of Awareness" mindfulness model to life through experiential practice, sociometry, sociodrama, and music. Participants will learn: 1) scientific findings supporting how meditative practices may benefit both individual wellbeing and interpersonal relationships, 2) a simple yet powerful mindful awareness practice which can be easily taught, and 3) ways to bring mindfulness practice into action.

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## 44 WHAT THE BODY KNOWS

**Judy Swallow, LCAT, CMS, TEP; Playback Theatre (IPTN), Rubenfeld Synergy Method (INARS); Joanne Gaffney, RN, LICSW, CRS; Rubenfeld Synergy Inc.**

This workshop will combine three body/mind psychotherapy modalities: Rubenfeld Synergy, Psychodrama and Internal Family Systems. Rubenfeld Synergy is a dynamic method of accessing somatic messages held in our bodies. Internal Family Systems mobilizes different parts of the self by recognizing the needs of each and allowing them to converse with each other. Both RSM and ISF interface well with Psychodrama to help clients expand their choices through somatic expression and concretizing parts of self and exploring their interactions.

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## 45 HOW TO HAVE A GOOD GOODBYE

**Rebecca Walters, LCAT, LMHC, TEP; Hudson Valley Psychodrama Institute; Four Winds Hospital**

Leavings happen all the time but are rarely addressed in an effective manner. As a result people are left with incomplete closure. This workshop addresses the six aspects of effective closure as applied to personal and professional relationships. In this didactic and experiential workshop you will learn psychodramatic ways to provide action closures for groups ranging from onetime weekend workshops through intensive, long term, ongoing training and/or therapy groups.

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## 46 THE NEXT STEP: INTRO TO PSYCHODRAMA

**Bill Wysong, MA, LPC, TEP; Aspen Counseling Center; Private Practice; Joann Wysong, MA**

Want to learn more about this wonderful process? Then this is your next step. This training provides a solid foundation for individuals with little or no experience in psychodrama. We will present basic concepts in action followed by didactic and discussion. Participants will have the opportunity to try roles as director, double, and auxiliary and to work on personal issues.

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## 47 TEACHING DOUBLING THROUGH LISTENING IN FOURS

**Cecilia Yocum, PhD, PAT; Private Practice, Tampa, FL**

Participants will learn to use exercises to teach doubling to psychodrama trainees and participants. They will practice directing an exercise called "listening in fours" where participants listen for and double facts, feelings, values and beliefs. Methods will include short didactic, demonstration, experiential and discussion.

**6:00 pm**

## **New Members / First Time Attendees Gathering**

If you are a new member of ASGPP or a first time attendee of an ASGPP conference, come meet other new members, mingle with representatives from our Executive Council and our local chapters. Find out about our organization and get to know the community.

**8:00 pm - 9:30 pm**

## **Awards Ceremony Dessert Reception**

Join us for an elegant dessert reception and entertaining evening as we honor those who have made outstanding contributions to our community, and acknowledge our newly Certified Practitioners and Trainers.

**Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased on registration page.)**

**9:30 pm (Following the Awards Ceremony)**

## **SONGFEST**

Come join Lorelei Goldman and Adam Blatner for an ASGPP tradition. Bring your voice and enthusiasm.

No singing experience required. Song sheets and good cheer will be provided.

**OPEN EVENT**





## SATURDAY April 30, 2011

7:00 am - 7:45 am YOGA  
 7:30 am - 5:45 pm REGISTRATION & EXHIBITS  
 8:30 am - 6:00 pm SILENT AUCTION

8:45 am - 10:00 am **KEYNOTE ADDRESS - BONNIE BADENOCH, PhD, LMFT**  
**MOVING TOWARD THE REALITY OF HOPE THROUGH NEUROSCIENCE**

**BONNIE BADENOCH, PhD, LMFT** integrates the discoveries of neuroscience with the art of psychotherapy. As a protégée of Daniel J. Siegel, her clinical work helps trauma survivors and those with significant attachment wounds reshape their neural landscape to support a meaningful and resilient life. Dr. Badenoch teaches in the Interpersonal Neurobiology (IPNB) program at Portland State University. She helped found GAINS (Global Association for Interpersonal Neurobiology Studies) and is editor-in-chief of its publication. Her books include: *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, and its companion, *The Brain-Savvy Therapist's Workbook*.

Discoveries about the brain during the last two decades have moved us in the direction of dramatically increased clarity about how to facilitate deep, permanent change with our clients, whether we meet them individually or in groups. Exploring the pathway from activating implicit memory to regulation and integration, we will look at the grounding and hopeful wisdom offered by the neuroscience of compassionate relationships.

12:45 pm - 2:45 pm **ANNUAL MEMBERSHIP MEETING** - (boxed lunch available – pre-order necessary)  
 8:00 pm **FACILITATED DRUM CIRCLE ON THE BEACH** - Open Event

### 10:30 am - 12:30 pm MORNING WORKSHOPS

#### 48 KEEPING IT REAL: PROBLEM SOLVING THEATRE

**Staci Block, MSW, LCSW; Director, Reflections Program, Bergen County Division of Family Guidance**

In this experiential workshop, participants will learn techniques used by the Reflections teen improvisational theatre program that “bridge the gulf” between the behind the scenes prep work and our interactive performances on stage. Audience members get a taste of reality as life conflicts are enacted. Next we give hope to numerous possibilities and put ideals into action as the actors, remaining in role, dialogue with the audience to generate alternative solutions for the enacted conflicts.

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#### 49 MIGHTY POWERS ACTIVATE!

**Krayna Castelbaum, MHS, CP; Bend, OR**

Superheroes with awesome powers abound in literature, comics and movies. They use their gifts to avert tragedy, bringing justice and goodness to our world. They thrill us with their prowess, moving faster than light, violating laws of nature and communing with animals! Taking clues from favorite superheroes, come playfully explore and affirm the mighty powers you offer the world. Change agents unite! Learn how Hope and Reality become ONE in this sociodramatic playshop!

#### 50 SOUL MOTION AND SOCIOMETRY: CONNECTING TO ESSENCE

**Karen Drucker, PsyD, TEP; Naropa University; Private Practice, Boulder, CO**

“Soul Motion is a meeting with self and others in a dance that is deeply nourishing, creative, intelligent, emotionally savvy, heartbreaking, soulmaking, spirited and transforming,” writes Zuza Engler, one of my beloved teachers. Sounds like psychodrama, yes? Movement and rhythm, music and stillness, will connect us deeply with ourselves and others. Deepen your experience of sociometry exploring attractions and disconnects. Practice skills for moving fluidly — attuned to others while staying true to your own dance.

*This is a 2011 Award Winners Workshop*

#### 51 SOCIODRAMA: A DAY AT THE BEACH

**Kim Friedman, MA, LMHC, PAT**

This workshop offers a space to explore the beach environment from a personal and collective perspective. We will contemplate our roles as stewards of the Earth by warming up with natural objects and playing sociodramatically in the surplus reality of surf and sand.

#### 52 PSYCHODRAMA GOES TO THE MOVIES

**Pamela Goffman, LCSW, PAT; Psychodrama Institute of South Florida; Paul Lesnik, LCSW, PAT; Psychodrama Institute of South Florida**

Come experience a fun and inventive way to sharpen your psychodramatic and sociodramatic skills as we watch and re-do selected psychotherapy scenes from the movies. Participants will have an opportunity to formulate interventions by looking at dynamics such as personality, attachment, developmental theory, addictions, trauma and more as we utilize the group co-creativity that is sociodrama.

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**53** A LITTLE COMIC RELIEF

**Erica Hollander, PhD, JD, TEP; Hollander Institute; Amna Jaffer, MA, TEP; San Jose State University**

Good humor is a sign of health. Some say laughter is the shortest distance between two hearts. The aim of this presentation is to demonstrate and explore some techniques for introducing a sense of humor into psychodrama. Participants will try ways of purposefully enacting and employing humorous perspectives on life situations with the aid of the group.

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**54** BRIDGING THE GULF TO THE NEXT GENERATION

**Suzie Jary, LCSW, PAT; Fort Worth, TX; Private Practice; Career Transition For Dancers; Mary Catherine Molpus, LMSW; Athens, GA; Social Worker / Bereavement Coordinator, United Hospice**

As the next generation of therapists using action methods, we can put our ideals into action to develop our professional roles and a sense of community. Using sociometric and psychodramatic techniques, participants will have the opportunity to build connections, concretize act hungers and collaborate on a vision for the future. While geared to those aged 35 and younger, we welcome participants of all ages and experience.

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**55** BEYOND THE INTERGENERATIONAL BRIDGE

**Julie Patrick, LCSW, CP; Enterhealth, Van Alstyne, TX; Co-Creator, Two Drama Queens; Charlie Stobaugh, MTS, LCDC, CSAT; Co-Creator, Two DramaQueens; Director Psychodrama Services, Sante Center for Healing, Argyle, TX**

In this workshop we will analyze the repetitive cycle of pain passed down from wounded parent to vulnerable child. The TwoDramaQueens will use didactic and experiential methods weaving the works of Alice Miller and Anne Schutzenberger into the psychodramatic whole. You will leave with strategies for new hope and a better reality in your work with your clients.

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**56** THE PASSIONATE THERAPIST

**Ann Smith, MS, LPC, LMFT; EX. Dir. Breakthrough at Caron, Wernersville, PA; Author, "Overcoming Perfection; The Key to a Balanced Recovery"**

Many talented therapists with great enthusiasm find themselves spent and exhausted after a few exciting years. This workshop will empower therapists to balance self care and passion in order to sustain their gifts, and the joy of using them, for a lifetime. Objectives: Know how to use process as a measure of success; how to conserve energy with spirituality; and guidelines for individual career care and planning.

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**57** STAGING ENACTMENTS THAT RESOLVE CONFLICT IN COUPLES

**Daniel J. Wiener, PhD; Professor, Counseling and Family Therapy, Central CT State U; Co-Director, New England Center for Drama Therapy; Director, Rehearsals!**

Enacting a conflict from each partner's perspective while employing one's actual partner as an auxiliary is an extension of role reversal that develops perspective, promotes empathy, and points the way to novel

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**57** Continued:

resolutions. Participants will first learn to assess types of conflict by attending to narrative fit, and then experience both the co-creation and resolution of conflicting narratives. Finally, they will learn practical techniques for staging therapeutic scenes in couples therapy

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**58** STRUCTURED PSYCHODRAMA

**Bill Coleman, LMSW, TEP; Sierra Tucson Treatment Center, Tucson, AZ; HVPI**

Psychodrama Directors normally "follow the protagonist." Structured Psychodrama differs in that it has a predetermined format with a fixed beginning, middle and end. Particularly useful in institutional settings (both inpatient and outpatient), Structured Psychodrama quickly creates familiarity with psychodrama and helps to promote safety in the group. This workshop will teach two Structured Psychodramas which can be used in any milieu with any population.

**12:45 pm - 2:45 pm**

**ANNUAL MEMBERSHIP MEETING**

Come one, come all: from long standing members to the interested and not yet affiliated! Meet your Executive Council and learn about ASGPP's recent activities and plans for growth. Contribute your ideas and feedback and have an impact on ASGPP's future.

**(Box lunch provided for 3 day conference attendees. All others wishing to purchase please do so on registration form.)**

**3:15 pm - 6:15 pm**  
**AFTERNOON WORKSHOPS**

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**59** SHIFTING FROM DESPAIR TO HOPE: A BODY PERSPECTIVE

**Susan Aaron, BA, RMT; Creator and Trainer of Psychodrama & Bodyworks; Martie Adams, LISW, CSW, PAT**

Unaddressed fear, despair and hopelessness become emotional and physical barriers held within the body which block the realization of our ideals. By addressing the unexpressed emotions and locating the somatic holding patterns, we can shift from an inability to manifest our goals towards empowerment and actualization. Using psychodramatic methods, we will join with our bodies in an exploration of moving beyond our blocks and fears towards creating the reality of our dreams.

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**60** UNITING PSYCHODRAMA WITH SYSTEMIC CONSTELLATION WORK

**Ron Anderson, STM, LPC, TEP; New Prospects Counseling Services, Milwaukee, WI**

Psychodramatists will learn how to integrate methods from Systemic Constellation Work into their action work through: 1) utilizing the sociometric matrix of the client as the protagonist, 2) using soul movement without words to facilitate catharsis, 3) integrating resonance, healing sentences and sociometric placement, and 4) verbal sharing from the roles and/or sharing using silence.



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## 61 THE WE THAT IS I: MEETING OUR INNER COMMUNITY

**Bonnie Badenoch, PhD, LMFT; Portland State University, OR; Consultant; Kate Cook, LPCC, TEP; Southwestern College, Santa Fe, NM**

Presenting Badenoch's model which is rooted in interpersonal neurobiology, we will do a small art project mapping our 'inner communities.' In action, we will then explore ways that awareness of our inner communities diminishes the possibility for harmful entanglements and promotes the possibility of the 'regulating presence.'

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## 62 CROSSING THE WATERS OF LIFE ON THE SURFBOARD OF ACTION

**Dena Baumgartner, PhD, LMFT, TEP; Private Practice; Tucson Center for Action Method and Psychodrama**

On life's journey we encounter many challenges. This workshop will demonstrate how psychodrama helps to raise resilience by supporting the Spontaneity and Creativity needed for taking on new roles required to continue the journey. A psychodrama will be part of the presentation as well as a didactic piece around resilience. All are welcome to come ride the wave.

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## 63 THE WATERMELON MONSTER, MADNESS AND MINDFUL PLAY

**Milton Hawkins, LCSW-C, TEP; Consultant; Former Psychodramatist at Saint Elizabeths Hospital; Paula Catalan, MS, LCPC, CP; Psychodrama Grief Counselor, Wendt Center for Grief and Loss**

In the Canon of Creativity, Moreno reminds us that we are created to be creators. Our creative mind expresses and masks itself in the stories we believe and the roles we play. Why do we play many roles more mindlessly than mindfully? This beginner's workshop explores Moreno's perspective of reality as a response to constructing a bridge from hope to reality.

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## 64 WELCOME TO OUR WORLD: AN INTRO TO PSYCHODRAMA

**Steve Kopp, MS, TEP; St. Luke's Institute**

Are you new to psychodrama? Are you asking, "Who are these people and what are they doing?" This workshop will serve as a bridge to our community by reviewing basic psychodrama tools, techniques and terminology. Blending didactic and action learning, together we will create a foundation to help you warm up to the psychodrama community and to your further experiences this weekend. Handout materials will be provided.

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## 65 BRIDGING DIFFERENCES BETWEEN US AND THEM: CREATING SOCIOMETRIC CONNECTIONS

**Eva Leveton, MS, MFT; California Institute of Integral Studies, Drama Therapy and Somatics Programs**

In this workshop we will use recently developed techniques to explore groups different from ourselves and ways of using - and not using- our own histories to address vital sociometric issues. Playing with space to demonstrate the use of the whole group as one role, we will learn echo-doubling and other new, innovative ways of using role reversal.

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## 66 EXPLORING RELATIONSHIP ISSUES FOR ACOAS

**Nan Nally-Seif, LCSW, DCSW, TEP; Co-Director of the Psychodrama Institute, a division of the Sociometric Institute, NYC; Private Practice**  
Growing up in a family with addictions has a great impact on a person's ability to trust and develop healthy adult relationships. This primarily experiential workshop will use Psychodrama and Sociometry to explore the challenges of connection and disconnection in relationships for Adult Children of Alcoholics. Come join us in the journey toward healthy, satisfying relationships.

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## 67 SAFE PLACE: A REQUIRED TECHNIQUE

**Pam Remer, PhD, TEP; University of Kentucky; Rory Remer, PhD, ABPP, TEP; University of Kentucky**

Safe Place is an essential technique and teaching tool. This pleasurable, positive, universally applicable and virtually risk-free technique should be in the armentarium of every psychodramatist and anyone doing trauma work. The Safe Place scene setting and anchoring will be taught through demonstration and experiential practice.

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## 68 WIZARDING WORLD OF HARRY POTTER

**Andrea Sheldon, LMHC, CP; Nancy Kirsner, PhD, TEP; Private Practice; Director, South Florida Center for Psychodrama Action Training and Group Works**

This workshop blends the magical worlds of Harry Potter and Psychodrama. From the concrete to the metaphorical, selected props from the Potter anthology (a wand, cape, mirror) will demonstrate a system of transport between Moreno's First and Second Universe. Keeping one foot in the First Universe - where surplus reality reigns supreme - we will navigate the limitations of everyday reality as we keep our magic alive!

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## 69 BEHIND THE MASK: EXPLORING SELF AND IDENTITY

**Heidi Landis, RDT, LCAT, PAT; Creative Alternatives of New York; Private Practice**

Masks are a safe way to explore aspects of self, encouraging play and an understanding of who we are behind the masks we wear. As we mature, our masks become more sophisticated and entrenched. In this experiential workshop we will use mask work as a means of exploring roles and investigating identity. Psychodrama and Drama Therapy techniques will be utilized.

8:00 pm

## Drum Circle on the Beach

You may wonder, "Can I really play a drum? Will it sound good? Will I have FUN?" In the words of Moreno: the answer is YES! YES! YES!

Guided by Drum Circle facilitator Jana Broder, we'll experience a magical evening of drumming and dancing. Drums are provided and no drumming experience is required.

OPEN EVENT



## SUNDAY May 1, 2011

7:00 am - 7:45 am **YOGA**  
 7:30 am - 8:45 am **SESSION ASSISTANTS BREAKFAST**  
 7:30 am - 5:30 pm **REGISTRATION AND EXHIBITS**  
 8:30 am - NOON **SILENT AUCTION PICKUP**

5:30 pm - 6:00 pm **CLOSING CEREMONY**  
 Enjoy Playback Theater that captures your favorite conference highlights. Say goodbye to friends and warm up to next year's 2012 Conference.

### 9:00 am - 12:00 pm MORNING WORKSHOPS

#### 70 STORIES OF OUR ANCESTORS

**Karen Carnabucci, MSS, LCSW, TEP; Lake House Health and Learning Center, Racine, WI**

All cultures attach ritual significance when loved ones pass. For example, some cultures worship their ancestors to ensure continued well-being or ask for special favors or assistance. Beginning with the family tree, we will expand ways to address issues relating to ancestors, known and unknown, loved and unloved. Through didactic and experiential presentation, Psychodrama and Systemic Constellation Work combine to create deep, profound healing and connections to our ancestors.

#### 71 MINDFULNESS & THE EXPRESSIVE THERAPIES

**Patricia Isis, PhD, LMHC, ATR-BC; Miami-Dade County Public Schools; Private Practice**

This workshop will offer participants multiple opportunities through art, movement, writing, and sociodramatic exercises to experience increased moment to moment awareness of both themselves and their clients. In order to inspire further insight and engagement into personal and professional growth, we will witness and attend to personal imagery, gestures, words, and present perceptions of self and clients with acceptance and patience.

#### 72 BRIDGING! DEEPENING GROUP MEMBERS' INTERACTION

**Gregory MacColl, LCSW, CGP, FAGPA; Private Practic; Manhattan and Forest Hills, NY**

Bridging is the intensive way to build interpersonal communication within a group. The bridging process deepens the dialogue first between two members and then branches out to include others. The Leader will run a demonstration group, fishbowl style, highlighting ways this method can be used and conclude with an open dialogue of questions and ideas.

#### 73 SELF-DISCLOSURE IN PSYCHODRAMA

**Catherine D. Nugent, MS, LCPC, TEP; Private Practice**

In psychodrama, protagonists, group members, and directors are encouraged to reveal themselves in different ways and to a greater extent than in many other forms of psychotherapy. What are the conceptual, ethical, and practical considerations related to self-disclosure in psychodrama? We will explore these issues through presentation, group discussion, and action.

#### 74 THESE BOOTS WERE MADE FOR WALKIN'

**John Olesen, MA, PAT; BAMI (Bay Area Moreno Institute)**

How will I measure up? The fear of being scrutinized, judged or embarrassed in front of our peers is something even confident people may feel. Through experiential learning and sociodrama we will explore both the neurobiological and cultural influences of shyness in order to better put our ideals into action.

#### 75 THE SOCIAL ATOM: A DIAGNOSTIC TOOL

**Mary Anna Palmer, LICSW, LMFT, PAT; Ex. Director Psychodrama & Psychodrama Center, Eagan, MN**

As a diagnostic tool, the Social Atom very quickly reveals the nature of an individual's social network and is a critical tool in helping a client see and experience who is in their psychological and emotional space. Participants will learn how to define their own social atom through a written experience, followed by an action sociogram of a participant's social atom.

#### 76 CHRISTIAN SPIRITUAL FORMATION USING ACTION METHODS

**Suzanne Palmer, MA, LPC, LAC; ACA; R. Steve Lowe, CCC, CHC, CGC; Pacific Youth Correctional Ministries**

Spiritual Formation and Soul Care have become expanded forms of Christian Discipleship in recent years. Action methods can make the teachings of Jesus Christ, the apostles, early church forefathers and current authors come alive. We will experientially explore one's condition in Christ and the basic elements of justification, sanctification, and glorification, while emphasizing how to use this approach with at-risk youth.

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**77** SUPERTURBO SOCIODRAMATIC LIVING NEWSPAPER

**Herb Propper, PhD, TEP; Celebrations of Soul, Montpelier, VT; Bangladesh Society for Sociometric Training & Action**

In this workshop participants will be inspired to use the Living Newspaper as a warmup to interactive sociodrama with an audience or group. Focusing on the themes of healing societies and consciousness-raising through exploring issues & people in the daily news, you will learn particular methods of combining Living Newspaper with Sociodrama.

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**78** CLEARING THE ETHICAL WATERS: THERAPEUTIC APPLICATIONS OF CONSCIOUS TOUCH

**Rebecca Ridge, PhD, LMT, TEP; Private Practice, Sydney, Australia; Anoka, MN, Member, Australian Psychological Society**

Psychodramatists often incorporate therapeutic touch in warm-ups and as an intervention. Therefore it is critical for Psychodramatists to have clear, ethical boundaries and communication about touch, and to consider guiding principles for when transference occurs. Through simple body-oriented exercises you will learn specific kinds of touch applicable to a variety of therapeutic scenarios that deepen the safety of group dynamics. An integration of conscious, compassionate touch will be demonstrated in a psychodrama.

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**79** PSYCHODRAMA OF MARITAL ROLES

**Robert Siroka, PhD, MFT, TEP; Founder Sociometric Institute, NYC, NY; Psychodrama Training Institute, NYC, NY**

Role theory, Sociometry and Psychodramatic Action Methods can be useful in understanding marital interaction. Drawing upon 50 years of clinical experience this workshop will explore the major roles and role clusters involved in couples interaction. We will utilize group participation to enhance the conceptual material. No previous experience in Psychodrama or Sociometry required. An open mind, awakened heart and a respectful consciousness will be helpful here as in all other life adventures.

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**80** JOY OF LIVING

**Mike Traynor, LCSW, CGP, TEP; Private Practice, Albany, NY; Choices Counseling Center, Winter Park, FL**

Addictions counseling often begins at a moment of crisis with clients exhibiting despair and alienation. We will use psychodramatic methods to focus on fostering client strengths and sustaining the courage and hope necessary to overcome internal and external opposition.

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**12:30 pm - 2:00 pm**  
**90-MINUTE WORKSHOPS**

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**81** AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR

**American Board of Examiners**

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board Chairperson will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

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**82** BRAIN BASED TECHNIQUES THAT ATTUNE AND HEAL

**John Bergman, MA; Lecturer, Lesley College; Director, Geese Theatre Co**

Trauma, with its fiery memory and physiological encoding is the tragic enemy of attachment. Active experiences of attachment include regulating self to another self, mirroring another, and organizing oneself around the existence of another. The bridge to safe attachment means using active experiences to create change. This workshop will expose you to new techniques created by those working with attachment and the brain-based paradigm.

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**83** PANEL: NEW FRONTIERS OF SOCIODRAMA

**Adam Blatner, MD, TEP; Author; University, Georgetown, TX; PANEL: Eva Leveton, MS, MFT, TEP; Nina Garcia, EdD, RDT/BCT, TEP; Valerie Monti Holland, MA; Herb Propper, PhD, TEP**

This panel of contributors of two published anthologies about national and international applications of sociodrama will present highlights of new developments in this field. 60% didactic, this symposium will also make time for discussion with those attending. Participants will learn about new techniques, target groups, and connections that focus on how to put Moreno's ideals into action to achieve the most comprehensive, long-term societal impact.

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**84** PRACTICE MAKES PERFECT: CREATING SUCCESS

**Steven Durost, MA, LCMHC, REAT; EX Director CREATE; New Hampshire Institute of Arts Adjunct Faculty**

Take your practice to the next level. Steven will share best practices to help bring your hope for your business into reality.

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**85** PANEL: EXPRESSIVE ARTS AND THE ELDERLY

**Lorelei Goldman, MA, TEP; The Psychodrama Training Institute of Chicago; Chicago LakeShore Hospital; PANEL: Linda Gaibel, MSW; Miriam Katz, MEd; Rosalie Minkin, MSW, ATR-BC, TEP; Ronni Miller, PhD**

The purpose of this panel is to define, demonstrate and discuss various Creative Arts processes used with older adults which can give comfort and renewed vitality by encouraging mastery, pleasure and reminiscence. Panelists will share their particular expertise in demonstrating the various interventions, exercises and theory about the arts in later life.

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**86** WHAT IS HAPPENING IN TAIWAN PSYCHODRAMA?

**Nien-Hwa Lai, Counseling Psychologist, TEP; National Taipei University of Education, Taiwan, R.O.C.; Wen-Chin Wang, PhD; The Psychodrama Director of the International Zerka Moreno Institute**  
Beginning in 1974, the 36 years of developmental history of Psychodrama in Taiwan is shared through written articles and DVD. The progress will be described in four separate stages: The Sprouting Stage; The Exploring Stage; The Flourishing Stage and The Extended Foreign Stage.

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**87** COMING TO CLEARWATER, CHANGING THE TIDES

**James Malewicz, CASAC; Senior Staff Interline Outpatient EAP, Training Lifestage**  
Come explore the ebb and flow of energy born from ACOA issues and addictions. The journey will examine our potential for growth and identify the currents that hold us back. Hope can become reality as we begin to know ourselves. Didactic warm-up exercises and experiential work will guide the group toward a more comprehensive self-awareness.

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**88** MIME ART: UTILIZING CREATIVITY TO HEAL TRAUMA

**Eva Szego, MA, LPC, ATR-BC; Art Therapist; Consultant; Julithe Garrett; Young Audiences of Houston; The River Center**  
Movement and facial expressions tell the story of our sacred wounds. The fractured line between the subconscious and conscious can be healed by creating energy through drawings and movement. We will explore movement that allows one to free the body and create line drawings to help understand hurt/trauma.

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**89** NAME IT CLAIM IT

**Jill Wachholz, MS, CPC; Private Consultancy-GroupSitr; Adjunct Faculty, Northwestern University**  
If we aren't as satisfied in a role as we'd like to be, it's an invitation to reignite strengths and truths we may have forgotten. During this innovative experiential workshop, we'll create Name It and Claim It badges, then use these tools to build self and interpersonal awareness. Participants will acknowledge what badge they currently wear to work, identify other options, and then try on these alternatives for greater effectiveness and integration.

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**90** SOCIATRY: MYSTICISM, SCIENCE AND PRACTICE

**Ed Schreiber, MEd, LADC, TEP; Zerka T Moreno Foundation**  
Moreno embedded coded-formulas into his method of Sociatry for the healing of self and humanity. The goal of this workshop is to examine these coded-formulas and to present Moreno's instructions for reaching "enlightened states" of being.

*This is a 2011 Award Winners Workshop*

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**91** TRIBAL BONDING FOR YOUNG MALE ADDICTS

**Bon Walsh, MEd, LPC; Livengrin Foundation, Bensalem, PA**  
Participants will consider the needs of young male addicts for positive attachments and initiation into recovery concepts. Their need to bond with other males, feel accepted and respected, simulate a family alternative, and hallmark a rite of passage, all serve to empower them. A creative alternative to the rituals of drug via multisensory stimulation will be utilized. Exploration will include lecture, demonstration and group discussion.

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**2:15 pm - 5:15 pm**  
**AFTERNOON WORKSHOPS**

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**92** CREATING RESILIENCY IN RECOVERY

**Lin Considine, LMHC, PAT; Brown & Considine Counseling & Consulting; Kathryn Brown, MHCI, PAT; Key Largo and West Palm Beach, FL**  
Participants will explore interventions that can be used to build resources for people in 12 step recovery programs. Much of the focus in 12 step work is on identifying and cleaning up "defects of character." Action work will explore ways clients can build resiliency by identifying and strengthening intrapersonal and transpersonal resources.

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**93** AUTHENTICITY AND THE THERAPEUTIC ALLIANCE

**Nanine Ewing, PhD, CGP; Private Practice; Micki Grimland, LCSW, ACSW; Southwest Psychotherapy Associates**  
The therapist's authenticity and comfort with transference and countertransference makes or breaks the optimum therapeutic alliance. This workshop will demonstrate how to create the best alliance possible with a client and will invite each participating therapist to learn how to use their countertransferences beneficially. This workshop will employ some personal introspection and sharing of self.

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**94** BRIDGEWORK: CONFLICT MANAGEMENT WITH COLLEAGUES

**Margo Fallon, PhD; Director, Artful Interventions Kansas City, MO**  
When you want to jump or push someone else off the bridge... Bridgework! Come practice a variety of conflict management strategies utilizing experiential methods (including psychodrama, assertiveness, and self energy techniques) to address your own life and work concerns. Ethics codes for therapeutic professionals will be provided as supportive backup to take home and nail to the office wall!

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**95** EXPLORING THE MEANING OF HOPE THROUGH ACTION METHODS

**Chris Farmer, MD, FRCP, FRC Psych; Consultant Psychiatrist / Psychotherapist (retired) Channel Islands, UK; Marcia Geller, PhD, RGT; Private Practice, Stamford, CT**

Through Psychodrama, we are invited to share the collective and individual implications that concepts such as "hope" have for us. We shall seek to understand their meaning from the context of Bowen's Family Systems Theory, Nuclear Family Emotional Process, and Differentiation of Self. Sharing through Action Methods will provide insight about how our emotional relationships with family members affect our inner selves.

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**96** CINEMATHERAPY: CREATE THE NEXT SCENE IN YOUR LIFE

**Estelle Fineberg, LMFT, ACSW, PAT; Private Practice, Ft. Lauderdale, FL; Elif Tasci, MS**

Have you ever left a movie reflecting on your own life experiences, full of emotions and insights? Movies have the capacity to stir our soul about unresolved aspects of relationships in our lives. According to Pritzker, 'cinematherapy' is a method of healing using films as means of learning and modeling. Bring a significant scene from a favorite movie to put into action and to create the next scene for moving forward in your life.

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**97** THE SOCIOMETRY OF OZ

**Azure Forte, LMHC, LMFT, CP-PAT; Private Practice; South Deerfield, MA**

Do most dilemmas return us to the land of Oz? This workshop is structured to introduce the fundamentals of L. Frank Baum's classic masterpiece as a blueprint for problem-solving. Sociometric charting, Psychodramatic action, Sharing and Discussion are offered to explore the themes of Courage, Heart, Mind and Group Cohesiveness as fundamental tools applied to the future of our changing cultural order.

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**98** FANTASY TO REALITY: PETER PAN AND SOCIODRAMA A' DEUX

**Susan Mullins Overman, LMHC, PAT; Private Practice Tampa, FL; Sandra Seeger, LMHC, PAT; Adjunct University of South Florida; Private Practice, Tampa, FL**

The archetype of Peter Pan represents unending youth and the creativity lost from childhood. In this workshop, participants will learn how to use Sociodrama a Deux and myth to help clients explore deeper parts of the self in a way that promotes safety and facilitates insight. Reconnect with fairy dust, Neverland, flying, mermaids and pirates. Then bridge the gap between fantasy and reality while learning to help clients connect their creativity to their daily life.

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**99** TRANSFORMATION OF TRAUMA

**Kate Hudgins, PhD, TEP; Therapeutic Spiral International, LLC; Francesca Toscani, MEd, TEP; Therapeutic Spiral International; Mimi Cox, LCSW, TEP; Private Practice, Richmond, VA; Catherine Wilson, BSN, MEd, CP; Virginia Commonwealth University Hospital System; Therapeutic Spiral International**

Evolving over 20 years, the Therapeutic Spiral Model recently defined a final role of transcendence: the Ultimate Authority. Integrating this role enables one to live a spontaneous life beyond trauma. Through action in a TSM Transformational drama, you will learn to change trauma's despair into the power and capacity to share healing with the world. This role advances Moreno's dictum that a truly therapeutic procedure cannot have less an objective than the whole of humankind.

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**100** PSYCHODRAMA IN COURT LITIGATIONS

**Grover L Porter, JD; Trial Lawyers College, Wyoming' National Criminal Defense College, Macon GA; Donell Miller, PhD, Mdiv, TEP; Pres. CAMFT; Action Methods for Spiritual Growth, Redlands, CA**

The defense attorney will share his experience using psychodramatic techniques and principles in guiding investigations, discovering the client's story, gaining rapport with court personnel, voir dire jury selection, making opening and closing statements, facilitating fully expressive witnesses, conducting direct and cross examinations, and when indicated, staying with the convicted during sentencing. The Psychodramatist will offer examples of how he assists lawyers in the previous processes. Demonstrations involve group participation.

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**101** GROUP BUILDING THROUGH SOCIOMETRIC AWARENESS

**Aggie Raeven, ACSW, LCSW, CP, PAT; The Door Sparta, NJ; Jacomien Ilbrink; The Door, Sparta, NJ**

Building Sociometric Awareness gives hope to bring change and integration in the world. Through action and sharing, this workshop will focus on the use of sociometric techniques reflective of Moreno's developmental theory. Skillful use of sociometric information allows the director to develop and assess levels of group development, carry a group through a storming phase, integrate changes and bring a group to deeper levels of awareness, connection and intimacy.

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**102** EXPLORING ROLES THROUGH THE INTERNAL FAMILY SYSTEMS MODEL IN ACTION

**Katelyn Staecker, LCSW, CP; Private Practice, Astoria, OR; Dawn D. Novotny, LCSW, CDP, CP; Private Practice, Sequim, WA**

In this workshop, we will demonstrate and explore the concretizing and un-blending of roles and its freeing effect on our spontaneity and creativity. Through an introduction to the Internal Family Systems Model in action, we will learn how to open our lives to increased hope and to clear the obstacles to living our dreams.

**5:30 pm - 6:00 pm**

## **CLOSING CEREMONY**

Enjoy Playback Theater that captures your favorite conference highlights. Say goodbye to friends and warm up to next year's 2012 Conference.



# MONDAY May 2, 2011

8:30 am - 10:00 am REGISTRATION

9:00 am - 5:00 pm POST CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. ADDITIONAL FEE REQUIRED.

## 9:00 am - 5:00 pm ALL-DAY WORKSHOPS

### 103 THROUGH THE LOOKING GLASS: SEEING BEYOND EATING DISORDERS

**Colleen Baratka, MA, TEP; CATHARSIS Psychodrama Institute; The Renfrew Center of Philadelphia, PA**

Many theories exist about why eating disorders develop. Experts agree that struggles with identity, a need for control, fear of growing up and fear of feelings are common to Anorexics, Bulimics and Binge Eaters. We will actively explore the development of eating disorders using Moreno's Spontaneity Theory of Child Development. Participants will practice classical and TSM (Therapeutic Spiral Model) skills to utilize with clients for the reduction of symptoms and improvement of body image.

### 104 CELEBRATING THE CRONE ROLE

**Linda Ciotola, Med. CET III, TEP; Healing Bridges; Private Practice, MD; Kathy Amsden, LCSW, CP; Private Practice, Maine**

Through action, music, and the arts we will explore, honor, and celebrate the crone role. Step into the gifts of aging with grace and learn to bridge the gulf between life and death.

### 105 SOMATODRAMA: STORIES OUR BODIES HOLD

**Pamela Goffman, LCSW, CP, PAT; Psychodrama Institute of South Florida**

The body remembers what the mind forgets... this experiential workshop uses movement, art and psychodrama to access the "body of knowledge" that exists on a cellular level. Participants will learn to: 1) differentiate between safe, healing touch and the transference of tense, negative energy, 2) identify the 7 chakras and how to relate them to the somatic process, and 3) concretize the meaning of somatic experience through psychodrama.

### 106 THE 12 STEP PSYCHODRAMA WORKSHOP MODEL: RECOVERY IN ACTION

**Louise Lipman, CGP, LCSW, TEP; Director of Psychodrama & Creative Arts Therapy, NYC; Trial Lawyers Consultant; Private Practice, NYC**

In this workshop, participants will receive an introduction to a 12-Step Model of Recovery that applies Moreno's role theory to early, middle and late stage recovery. The model addresses how to face spiritual bankruptcy and longtime patterns of dysfunctional behavior, identify and accept addiction-created brain changes, how to establish a sober life, and the need for role expansion in late stage recovery.

## 9:00 am - 1:00 pm HALF-DAY WORKSHOP

### 107 EXPLORING BIBLIODRAMA: PUTTING IDEALS INTO ACTION

**Linda Condon, LMHC, TEP; Private Practice, Clearwater, FL**

This workshop will utilize bibliodramatic action to explore ways spiritual figures such as Jesus, Moses, Buddah, God, Ghandi, Mother Theresa and others have put their ideals into action. Participants will learn to conduct a bibliodrama warm-up, choose a story for exploration, explore the story using sociodramatic techniques, conduct the sharing, and process the session with questions and answers.





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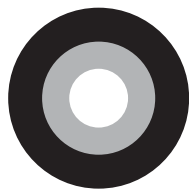
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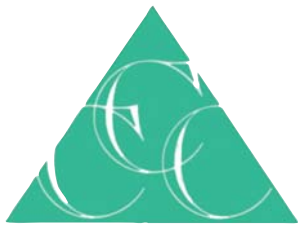


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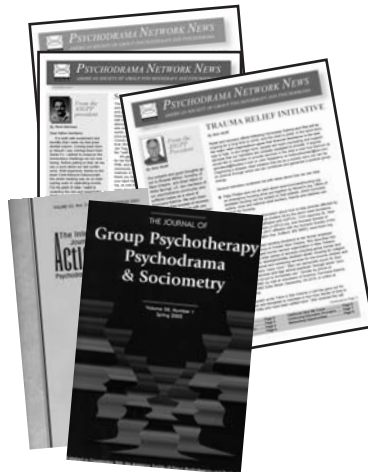


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**Psychodrama & Creative Arts Therapy Institute, NYC • Trial Consultants**  
Louise Lipman, LCSW, CGP, TEP  
1133 Broadway, Suite 1227, New York, NY 10010  
917-698-2663 / Lipmannyc1@aol.com  
*Approved ASGPP 2010 CEU Provider \* \* \* \**  
**See AD on page 21**

**South Florida Center for Psychodrama, Action Training and Groupworks**  
Nancy Kirsner, PhD, LMFT, OTR, TEP  
Oak Plaza Professional Center  
8525 S.W. 92nd St, Suite A3, Miami, FL 33156  
305-274-8283 / drnancyfla@yahoo.com  
www.drnancyfla.com  
*Approved ASGPP 2010 CEU Provider \* \**  
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### CEU DESIGNATIONS & PROVIDERSHIP SYMBOLS:

- ★ National Association of Alcoholism and Drug Abuse Counselors (NAADAC)
  - ▲ National Board of Certified Counselors (NBCC)
  - \* National Registry of Certified Group Psychotherapists (NRCGP)
  - \* Contact Trainer regarding CEUs offered and/or additional CEUs offered
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**Check with the Institutes / Trainers for workshops and training opportunities plus locations, as many offer trainings in multiple states and internationally.**