



American Society of Group  
Psychotherapy & Psychodrama

# 68<sup>TH</sup> Annual Group Psychotherapy & Psychodrama Conference

*Cultivating Connections  
Within Diverse Communities*



Philadelphia, PA  
April 15 - 19, 2010

**CEUs:** NAADAC, approved CASACs; NBCC, Certified Counselors; National Registry of Certified Group Psychotherapists; MFT & SW (CA) and PCB (PA) Approved Hours.  
**The entire conference (Thursday - Monday) offers up to 33.5 CEUs.**

## ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Group Psychotherapy, Psychodrama and Sociometry*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

## EXECUTIVE COUNCIL

### PRESIDENT

Sue McMunn, LCSW, ACSW, PAT

### VICE PRESIDENT

David Moran, LCSW, CAC, CCDP, EMDR-II, CP, PAT

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Carole Oliver, MEd, LPC, TEP

Michael Traynor, LCSW, GCP, CP, PAT

### HONORARY PRESIDENT

Zerka T. Moreno, TEP

### EXECUTIVE DIRECTOR

Jennifer Reis

### ASGPP NATIONAL OFFICE

ASGPP

301 N. Harrison Street, Suite 508, Princeton, NJ 08540

(609) 737-8500 fax: (609) 737-8510

asgpp@ASGPP.org, www.ASGPP.org

## 2010 ASGPP AWARDS

### J. L. Moreno Award

Natalie Winters, EdD, CHT, DAPA, TEP

### Scholar's Award

Adam Blatner, MD, TEP

### Hannah B. Weiner Award

Rebecca Walters, MS, LCAT, LMHC, TEP

### Innovator's Award

Connie Miller, MS, CP, NCC, MS, LPC, TEP

Ron Anderson, STM, TEP

### Collaborator's Award

Martica Bacallao, PhD, MSSW, CP

Paul Richard Smokowski, PhD, MSW, CP

### Fellows

Linda Ciotola, MEd, TEP

Rob Pramann, PhD, BCPCC, CGP, TEP

John Rasberry, MEd, LMFT, TEP

## ASGPP REGIONAL CHAPTERS

### Hudson Valley Chapter

Rebecca Walters / hvpi@hvc.rr.com / 845-255-7502

### Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

### Mid-West Chapter

Lorelei Goldman / loreleigoldman@sbcglobal.net / 773-465-8504

### New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

## ASGPP REGIONAL COLLECTIVES

### NW Massachusetts Collective

Edward Schreiber / edwschreiber@earthlink.net / 413-586-3943

### Florida Collective

Sandra Seeger, LCSW, PAT / sseeger@tampabay.rr.com / 813-205-8834

### The Toronto Centre for Psychodrama (Canada)

Barbara Guest / dguest@to.axxent.ca / 519-271-5542

## COLLECTIVES UNDER DEVELOPMENT

### Alaska

Kaya T. Kade / k.kade@att.net / 907-632-6386

### Arizona

Bill Coleman / coleman151@me.com / 520-909-0456

### Denver Area

Erica Hollander / ericahollander@comcast.net / 303-978-9091

## CONFERENCE COMMITTEE

Stacey Blau  
Veronica Bowlan  
Kathy Brennan  
Uneeda Brewer - Frazier  
Virginia Collier  
Cindy Edgar  
Anath Garber  
Nina Garcia  
Lisa Hillman  
Deborah Karner

Nancy Kirsner  
Elfriede Lamhut  
Heidi Landis  
David Moran  
Bill Schoonover  
Suzy Schoonover  
Sandra Seeger  
Scottie Urmev  
Rebecca Walters  
Bill Wysong



We are so pleased to welcome everyone to Philadelphia. This city embodies our history, an impressive example of cultivating connections from diversity- our original thirteen colonies and then, the United States of America. Against the backdrop of the Liberty Bell, Independence Hall, and of course Philly cheese steaks, we have created a conference with a diversity of workshops, outstanding keynote and plenary speakers, and

other exciting events. New features include early evening workshops, special student incentives, and more open social events that will surely create a connection and history of their own. Please join us as we promote, grow, and have fun together for an exceptional 2010 ASGPP conference that honors the past, relishes the present, and looks to the future.  
*Co-Chairs, Cindy Edgar & Kathy Brennan*

## EXCITING EVENTS

### President's Reception

**(Thursday 6:00 pm - 7:30 pm)**

This reception serves as a thank you to all those who are attending the conference, and to presenters, volunteers and session assistants who give so generously of their time, their creativity, and their spontaneity. All conference participants are invited and encouraged to attend. **OPEN EVENT**

### Silent Auction

**(Friday 8:30 am - Saturday 6:00 pm)**

The Silent Auction is an important fundraiser for the ASGPP and an exciting way to share the generosity and creativity of our members and friends. Items include jewelry, books, workshops and sessions with distinguished trainers, and more surprises! Stop by and post your bids any time between Friday morning and 6:00 pm on Saturday. To donate items to the auction contact: Uneeda Brewer at u.brewerfrazier@yahoo.com or Suzy Schoonover at ouplescounseling@soon.com

### Morning Warm-Ups

**(7:00 am - 7:45 am, Friday & Saturday)**

**Yoga class** led by Catherine Crews, KYT

### Opening Warm-up - Ubuntu

**Co-led by Walter Manley, Phoebe Atkinson & Nancy Kirsner**

**(Friday 8:00 am - 8:30 am)**

Knowing that we all belong to a greater whole, we will open our 2010 ASGPP Conference inspired and guided by the African philosophy of Ubuntu and Moreno's notion of the godhead. We will explore our circles of connection and diversity as we see and appreciate our coming together in community in a welcoming and generous spirit.

### Opening Plenary: Jonathan D. Moreno, PhD

***What's Going on in Bioethics?***

**(Friday 8:30 am - 9:45 am)**

**Jonathan D. Moreno, PhD, is the David and Lyn Silfen University Professor of Ethics and Professor of Medical Ethics and of History and Sociology of Science at the University of Pennsylvania. As a scholar, researcher and prolific author he has served as an elected member of the Institute of Medicine/National Academy of Sciences, was designated a National Associate of the National Research Council and served as a member of President Barack Obama's transition team for the Department of Health and Human Services. His most recent book, *Science Next: Innovation for the Common Good* (2009), was described by *Publisher's Weekly* as bringing "... hope into focus with reports of innovation that will enhance lives."**

In this talk, Dr Moreno will describe the field that he's been working in for the past 30 years, how it's changed, and what the emerging issues are that are of concern to all health care professionals.

### Awards Luncheon, Presentation and Celebration

**(Friday 12:45 pm - 2:45 pm)**

Come and honor those who have made outstanding contributions to our community. Meet and greet award recipients while enjoying a delicious buffet in the hotel's lovely ballroom. Hosting the awards

ceremony will be Jack Shupe and Mary Bellofatto.

**(Special Ticket Required)**

### New Members & First Time Attendees Gathering

**(Friday 7:30 pm - 8:30 pm)**

If you are a new member of ASGPP or a first time attendee of an ASGPP conference, come meet other new members, mingle with representatives from our Executive Council, and our local chapters. Find out about our organization, and get to know the community.

### Songfest

**(Friday 8:30 pm - 10:00 pm)**

Come join Lorelei Goldman and Adam Blatner for an ASGPP tradition. Bring your voices, your musical talent and your enthusiasm. Song sheets and good cheer will be provided.

### Saturday Keynote Address: Tian Dayton, MA, PhD, TEP *How Psychodrama Became Part of the Addictions Field* **(Saturday 8:30 am - 9:45 am)**

**TIAN DAYTON, MA, PhD, TEP, is the director of The New York Psychodrama Training Institute. She is a Fellow and Scholar's Award winner of ASGPP. Dr. Dayton was faculty at New York University for eight years teaching psychodrama. She has authored many books, among them *The Living Stage: A Step by Step Guide to Psychodrama, Sociometry, and Experiential Group Therapy*, and has two training DVDs, one being *Trauma and the Body*. Dr. Dayton has been a guest expert on NBC, CNN, MSNBC, Montel, Rikki Lake, John Walsh, Geraldo.**

This talk will describe the path that psychodrama has followed in becoming a part of the addictions field. We'll explore the various adaptations the method has undergone, the unique tele between psychodrama and the trauma of addiction and the creativity and spontaneity that has allowed psychodrama and sociometry to flourish. We'll also look at the most commonly made mistakes in method and attitude on both sides of the track and examine what kinds of attitudes and activities might ensure comfortable and continued collaboration.

### Saturday Night Entertainment — *An Evening Cabaret*

**(Saturday 8:45 pm - 10:45 pm)**

Come join us for an evening of song brought to you by NYU drama therapy students and faculty. Relax, laugh, and be entertained with Broadway hits and new songs by Robert Landy. Directed by Nina Garcia.  
**OPEN EVENT**

### Annual Meeting

**(Sunday 8:30 am - 10:00 am)**

Come one, come all! Members or not! Find out about the ASGPP. Say good-bye to outgoing Executive Council members and hello to incoming members. Greet your new officers of the Executive Council.  
**OPEN EVENT**

### Closing Ceremony

**(Sunday 5:00 pm - 6:00 pm)**

Say goodbye to old and new friends. Warm up to next year's conference and bring the conference to a close. **OPEN EVENT**

# HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

## HOTEL ACCOMMODATIONS

The Courtyard Marriott Downtown hotel has just undergone a grand \$75 million restoration, recapturing the grandeur of its 1926 origins and placing it among the premier hotels in Philadelphia and listed on the "National Register of Historic Places". This elegant historic Philadelphia hotel is ideally located in the "Heart of Center City" across from City Hall, 1 block from the Pennsylvania Convention Center and within walking distance of the Financial & Historic Districts, Avenue of the Arts and renowned restaurants & shopping. It's features include a large state-of-art fitness center, swimming pool, 3-meal restaurant, lounge & evening room service.

Please be sure and make your reservations early. The special conference room rate is \$160 (single/double). **This rate is only guaranteed through March 23, 2010.** After that date, rooms are available on a "space and rate available" basis. Be sure to identify yourself as an ASGPP conference attendee to obtain the special conference rate.

### Hotel Contact Information:

**Courtyard Marriott - Downtown, 21 N Juniper Street,  
Philadelphia, PA 19107**  
**Phone: (215) 496-3200, Fax: (215) 496-3696**  
**Reservation Line: (800) 321- 2211**  
**[www.philadelphiadowntowncourtyard.com](http://www.philadelphiadowntowncourtyard.com)**

To make reservations online, please go to the ASGPP website [www.asgpp.org](http://www.asgpp.org). Click on the conference, then click on Hotel Room Reservations / Information. This will give you specific links to each room site (Standard - 1 king, Standard - 2 queens @ \$160, or City View Standard - 1 king @ \$165), plus instructions. *We strongly recommend that you place your reservations by using our on-line service or calling the Hotel Reservation Line: (800) 321- 2211.*

## ROOM SHARING

If you wish to share a room and do not already have a roommate, check the space provided on the conference registration form. Each participant in our room sharing service will receive the names and contact information of the other people who have expressed an interest in sharing a room. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP offer this as a service, however we are not responsible for any arrangements made or broken between individuals.** The deadline for this Room Sharing Service is February 10, 2010. Please submit your request to the ASGPP via email and specify your date of arrival and departure. Contact information should include a phone number and an email address.

## EXHIBITING:

### MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table at the Annual Conference Exhibit Area to display copies of one piece of printed material. As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you that have products (other than books) which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

Authors and publishers are not permitted to sell books from an Exhibit Table but must work with our designated Conference Bookseller, Mental Health Resources, to sell their books. To include your publication in the book display area, please contact MHR directly at 518-943-3559 or [brian.mhr@verizon.net](mailto:brian.mhr@verizon.net).

NOTE: Renters are responsible for the security of all items and products during the entire length of the conference.

## CORPORATE EXHIBITOR

The ASGPP is pleased to offer 2 very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, [www.asgpp.org](http://www.asgpp.org).

**For additional information, please contact:**

**Jennifer Reis, Executive Director, (609) 737-8500, [asgpp@ASGPP.org](mailto:asgpp@ASGPP.org).**

## REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshops choices cannot be guaranteed as requested in all situations.
- To receive the early registration discount, your forms must be post-marked by February 10, 2010.
- **Attendees registering by mail with a postmark after February 10, 2010 must pay the on-site rate.**
- Member rates apply only to those having paid their 2010 Membership Dues.
- Anyone paying member rates, and not paid their dues to the ASGPP for 2010 (through 5/10), will be invoiced for such dues. The dues must be paid prior to the conference.

## CANCELLATION POLICY

Request for cancellation must be postmarked by April 7, 2010. While no refunds will be given, cancellations will receive credit for the 2011 ASGPP Annual Conference.

## PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds but understands that it can be more convenient for individuals to use their credit card. Please do keep in mind that the ASGPP averages paying about 5% of the total for all credit card transactions. Your sending a check would save the ASGPP an average of \$20 per transaction. If, however, you must use a credit card, go to [www.ASGPP.org](http://www.ASGPP.org) and click on the Conference 2010 button and follow directions to register and to pay for your registration.

## PHOTOS

The ASGPP plans to take photos at open events at the 2010 Conference and may reproduce them in our publications or on our website. However, no photos will be taken in any of the workshops or of participants. By participating in the 2010 ASGPP Conference, you grant ASGPP the right to use your name, photograph and biography for such purposes.

# ASGPP 2010 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_  
 ZIP/POSTAL ZONE \_\_\_\_\_ COUNTRY \_\_\_\_\_  
 FIRST NAME/NICKNAME FOR BADGE \_\_\_\_\_  
 PHONE \_\_\_\_\_ FAX \_\_\_\_\_  
 E-MAIL \_\_\_\_\_  
 In case of emergency notify: \_\_\_\_\_  
 Please indicate if you have special needs

**PRESENTERS:** Check here if you are a presenter   
**FIRST TIME ATTENDEES:**  
 Check here if this is your first ASGPP Conference   
**ASGPP Member Status** (check appropriate box):  
 Member  Student Member\*  Member Retiree\*\*  
 New Member (since 5/2009)  
**Non-Member Status** (check appropriate box):  Non-Member  
 Non-Member Student\*  Non-Member Retiree\*\*  
 To join the ASGPP enclose an additional \$100 (Regular Member) or \$50 (Student/Retiree) with your registration fee and enjoy member rates today.  
 Students must submit Student picture ID.

FOR OFFICE USE ONLY

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## REGISTRATION FEES

All fees are given in \$US

	Before February 10, 2010				After February 10, 2010		
	Mem Stud*/Retiree**	Stud*/Retiree**	Member	Non-Mem	Member	Non-Mem	
<input type="checkbox"/> Full Conference (Friday, Saturday and Sunday)	\$265	\$280	\$400	\$450	\$450	\$500	\$ _____
<input type="checkbox"/> 1 Day Conference Package (Fri, Sat or Sun) <small>Circle Your Choice(s)</small>	\$130	\$135	\$160	\$195	\$175	\$210	\$ _____
<input type="checkbox"/> Full Day Conference Institute (Thurs or Mon) <small>Circle Your Choice(s)</small>	\$130	\$135	\$160	\$195	\$175	\$210	\$ _____
<input type="checkbox"/> Half Day Conference Institute (Thurs or Mon) <small>Circle Your Choice(s)</small>	\$65	\$70	\$80	\$100	\$90	\$110	\$ _____

## ADDITIONAL EVENT

Friday Awards Luncheon, Presentation and Celebration..... x \$30..... \$ \_\_\_\_\_

Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ \_\_\_\_\_

**2010 Membership Dues**  \$100 (regular)  \$50 (Retiree or Student - must submit student picture ID)  
 All members add (\$10) if you are from a country other than the US, Mexico or Canada..... \$ \_\_\_\_\_

CEU Forms – we will provide one form that can be used for all licensures as verification..... \$20..... \$ \_\_\_\_\_

**TOTAL AMOUNT DUE (\$US)**..... \$ \_\_\_\_\_

Check here if you are interested in Room Sharing (This service ends on February 10, 2010. See previous page for complete details).  
**Please review ASGPP Cancellation Policy on previous page.**

**Please make checks payable to ASGPP, and return all registration forms to:**  
**ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540**

## TO USE YOUR CREDIT CARD (Visa & MasterCard only)

Name as it appears on the credit card \_\_\_\_\_ Credit Card #: \_\_\_\_\_

Expir. Date \_\_\_\_\_ Last 3 digits on signature line: \_\_\_\_\_ The 3-digit CVV code is located on the reverse side of your card and essential to process your charge.

Billing address for card if different from above \_\_\_\_\_

**DO NOT E-MAIL** credit card information. Mail this form to the ASGPP or send it along with the Workshop Registration page on reverse via secure fax to: 609-737-8510.

**GROUP RATES:** ASGPP is offering a special group rate for the Full Conference to college/university students and agency employees. Six (6) or more students must register together at the Group Rate of \$230/per person. \*Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification. We are also offering a group rate for three (3) or more attendees from a mental health or medical agency or hospital at the rate of \$415 per person. Registrations must be sent together with a letter from the agency/hospital administration, listing the attendees/employees.

**ASGPP is offering a group rate to psychodrama training institutes** at a rate of \$350. All registrants must be members of the ASGPP. Registrations must be sent together in the same envelope with a cover letter from the trainer listing the names of the trainees.

**Please note:** Anyone paying a "Group Rate" is considered a "Full Conference Registrant" and may attend the Awards Luncheon for an additional \$30.

\*\* A "Retiree" is someone that is no longer employed, doing training or in private practice.

**IMPORTANT:** Please sign up for workshops on the following page.  
 We cannot process your registration if you have not signed up for the workshops you wish to attend.

# WORKSHOP REGISTRATION

Last Name \_\_\_\_\_

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

		1st CHOICE	2nd CHOICE	3rd CHOICE
<b>Thursday April 15, 2010 - Pre-Conference</b>				
9:30 am - 5:30 pm	*Full Day Training Institutes..... (#1-6)			
9:30 pm - 12:30 pm	*Morning Training Institutes..... (#7-9)			
2:30 pm - 5:30 pm	*Afternoon Training Institutes..... (#10-12)			
<b>Friday April 16, 2010</b>				
10:00 am - 12:30 pm	Morning Workshops..... (#13-22)			
3:00 pm - 5:30 pm	Afternoon Workshops..... (#23-32)			
5.45 pm - 7:15 pm	90-Minute Workshops..... (#33-42)			
<b>Saturday April 17, 2010</b>				
10:00 am - 12:30 pm	Morning Workshops..... (#43-53)			
12:45 pm - 2:15 pm	90-Minute Workshops..... (#54-64)			
2:30 pm - 5:00 pm	Afternoon Workshops..... (#65-75)			
5:30 pm - 7:00 pm	Evening Workshops..... (#76-86)			
<b>Sunday April 18, 2010</b>				
10:30 am - 1:00 pm	Morning Workshops..... (#87-97)			
2.15 pm - 4:45 pm	Afternoon Workshops..... (#98-108)			
<b>Monday April 19, 2010 - Post-Conference</b>				
9:00 am - 5:00 pm	*Full Day Institutes..... (#109-111)			
9:00 am - 1:00 pm	*Morning Institutes..... (#112-113)			

**\*Additional Registration Fee Required**

## SESSION ASSISTANTS & VOLUNTERS NEEDED!

**SESSION ASSISTANTS** are an important element of the ASGPP conference program. Please indicate below if you are interested in participating as a Session Assistant at this year's conference. The Session Assistant Coordinators will contact you prior to the meeting, to confirm your appointment and assign you to specific workshops. Session assistants duties are before, during, and immediately after each workshop session. You must be timely, responsible, and able to collect and return evaluations to a designated site. If you have any questions about being a session assistant, please contact Kathy Brennan at jedr166@aol.com

**VOLUNTEERS** have many functions and work to assist any part of the conference, outside of sessions. Volunteers help work registration, assist conference chairs, meet and greet. These are flexible generalist roles. If you have any questions about being a volunteer, please contact Kathy Brennan at jedr166@aol.com or Cindy Edgar at CMEdgar@aol.com.

Yes, I am interested in being a **session assistant** for (please circle one) 1 2 3 sessions

Yes, I'm interested in being a **volunteer**.

NAME \_\_\_\_\_ PHONE (day) \_\_\_\_\_

E-MAIL \_\_\_\_\_ PHONE (evening) \_\_\_\_\_

# TRAINING CREDITS & CEU INFORMATION

## PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed** by the presenter before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.

## CONTINUING EDUCATION UNITS (CEUS)

ASGPP continues to offer conference participants a variety of CEUs from different credentialing bodies. We will offer credits from the National Board of Certified Counselors; National Association of Alcoholism and Drug Abuse Counselors; National Registry of Group Psychotherapists; and the California Board of Behavioral Sciences.



**CASACs:** The Continuing Education Units provided by this training are accepted toward national credentialing by the National Association of Alcoholism and Drug Abuse Counselors.

**CERTIFICATES OF ATTENDANCE:** "Continuing Education" certificates will be available to present to employers and/or state and local agencies.



**CERTIFIED COUNSELORS:** ASGPP is an approved provider for the National Board of Certified Counselors. Since many state LPC

Boards also accept NBCC approved hours, you may wish to contact your state board to get information on their approval requirements.

**GROUP PSYCHOTHERAPISTS:** This conference's events may be counted toward re-certification requirements for the National Registry of Certified Group Psychotherapists on a one hour per one continuing education credit basis.

**CALIFORNIA MFT & LCSW LICENSURE:** ASGPP is an approved CEU Provider for California (PCE #1003).

**PENNSYLVANIA CERTIFICATION BOARD:** ASGPP is an approved CEU provider for PCB, PA - 1 hour per 1 Continuing Education Unit.

## CREDIT HOURS

The Pre-Conference (Thursday, April 15, 2010) offers up to 7 hours. The regular conference (Friday, April 16 – Sunday, April 18, 2010) offers up to 19.5 hours. The Post - Conference offers up to 7 hours. The entire conference (Thursday - Monday) offers up to 33.5 hours toward Continuing Education Units (CEUs).

## CEU CERTIFICATES

**CEU Certificates are \$20 as indicated on registration form. Those purchasing CEUs will have a 'CEU Verification of Attendance Sheet' to be signed by the presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference Reps at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CEU certificate with hours listed for workshops attended. The CEU fee policy and procedure has been instated to keep ASGPP current with other conference policies and ensure ASGPP's continued CEU approval status.**

**Important!** It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEUs for re-certification or licensure maintenance.

# WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday	Monday
Addictions	5	13, 22, 32, 36	49, 59A, 73, 77, 83	90, 96, 102	
Body/Mind	1		67, 76	105	113
Business/Coaching		20, 26, 31	44, 56, 61, 69	103	
Child/Adolescent		34	75, 78		
Creative Arts Therapies		15, 29	52, 58, 70	92	
Diversity/Social Issues	4, 9	16, 40, 41	82	101	112
Marriage/Family		30	43, 57, 66, 80, 86		
Psychodramatic Method	2, 3, 10, 11	14, 17, 18A, 23, 24, 27, 33, 38, 39	45, 50, 51, 53, 55, 60, 63, 68, 72, 84	87, 89, 91, 95, 97, 99, 100, 107	109, 111
Psychospirituality	12	21	71, 79	110	
Sociodrama		19, 28, 42	47, 48, 62, 65, 81	88, 94, 104A, 106, 108	
Trauma	7, 8	25	46, 64		



## THURSDAY, April 15, 2010

8:00 am - 5:00 pm REGISTRATION & EXHIBITS

9:30 am - 5:30 pm PRE-CONFERENCE TRAINING WORKSHOPS

**Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.**

6:00 pm - 7:30 pm President's Reception

### 9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE WORKSHOPS

#### 1 EMBRACING DIVERSITY USING PSYCHODRAMATIC BODYWORK®

**Susan Aaron, BA, RMT; Creator/Trainer, Psychodramatic Bodywork®; Recipient, ASGPP Innovator's Award; Worked extensively with Canadian Native communities, GLBT communities and most recently psychodramatists in war torn Serbia; Jean M. Campbell, LCSW, CET III, TEP; Fellow, ASGPP; Director, Action Institute of California; Specializes in working with addiction, trauma, bodywork and spiritual expansion.**

There are times in all of our lives when our uniqueness is not appreciated. These experiences negatively impact the body. We carry these memories and, through time, accumulate more, especially when we are a member of an oppressed minority group. Only through working with the body can we truly heal these traumas. In this workshop, we will remember times we were hurt because of our differences. We will work as a community to heal these wounds.

#### 2 FROM TALK TO ACTION: PSYCHODRAMA TRAINING FOR MENTAL HEALTH PROFESSIONALS

**Jacob Gershoni, LCSW, CGP, TEP; Co-Director of the Psychodrama Training Institute in New York; On Staff at Columbia Presbyterian Medical Hospital; Editor of *Psychodrama in the 21st Century*.**

Psychodrama is compatible with other psychotherapeutic theories, and its techniques are applicable to many methods (e.g. Psychodynamic, Systemic, Gestalt etc). For non-psychodramatists this workshop will demonstrate, in action, how psychodrama can deepen, enrich and enliven the work with clients and groups. For attendees who are trained in psychodrama the goal is to inspire reaching out to offer training in Action Methods. Workshop is open to all regardless of level of experience or theoretical orientation.

#### 3 TRAINING DRAMAS

**Ann Hale, MA, TEP; Past-president, ASGPP; Recipient, ASGPP J.L. Moreno Award; Author, *Conducting Clinical Sociometric Explorations*.** Beginning psychodrama directors are able to build confidence via these partially structured director training exercises. This workshop includes the basic design, a detailed description of at least five formats and gives practice opportunity to trainers and new directors. Persons new to psychodrama will be able to gain insight into how the methods can be learned.

#### 4 HEALING COLLECTIVE TRAUMA

**Eva Leveton, MS, MFT; Has taught psychodrama and family for the past 45 years, here and abroad. She has published widely. Her current interest is in helping to bring opposing groups into productive relationships and in relieving the pain of experienced collective trauma and its legacies.**

We will be dealing with the reconciliation of opposing groups and collective trauma, drawing on sociometric and socio-dramatic techniques developed for working with indigenous groups, with African tribes, Germans and Jews, the Chinese one-child family, and Bangladesh hurricane victims by the authors of a new book: *Healing Collective Trauma with Sociodrama and Drama Therapy* (E. Leveton, ed.) After a short lecture, participants will work actively to explore these techniques.

#### 5 PSYCHODRAMA, PERFECTIONISM AND THE ADDICTED POPULATION

**Carole Oliver, MEd, LPC, TEP; Has been conducting workshops and training in New Jersey and Manhattan for twenty years. Carole teaches Action Methods at Montclair State University. She conducts training at the Caron Foundation, New York University, N.Y.U. Dental School, Montclair Board of Education, and many other schools, organizations and corporations.**

Perfectionism is prevalent in ACOAs and the addictive person. Often times, psychodrama works well with the defended behavior that is present in addicts. Perfectionists look for approval wherever they are, are quick to judge others as well as themselves, thus rejecting many potential sociometric connections that would enrich their lives and perhaps that of others. Perfectionism is a belief system that asserts "I am never good enough". The goal of the workshop is to learn specific techniques when working with perfectionists to shift their belief system from perfectionism to striving for excellence and developing healthy self-nurturing behaviors.

#### 6 DIALECTICAL BEHAVIORAL THERAPY IN ACTION

**Susan Woodmanse, MS, OTR, TEP; Has completed Marsha Linehan's Behavioral Tech Intensive DBT training and was primary developer of in and out-patient DBT programs in Denver; Rebecca Walters, MS, LCAT, LMHC, TEP; Co-Director of Hudson Valley Psychodrama Institute, is currently running four DBT In Action groups with teenagers at Four Winds Hospital in NY.**

DBT, developed by Marsha Linehan, PhD, for working with Borderline Personality Disorders is now being utilized extensively in the behavioral health field for work with addictions, eating disorders, mood disorders and anxiety disorders. This workshop offers participants experience in integrating the use of psychodramatic and experiential techniques to enhance and increase learning of the DBT skills of mindfulness emotion regulation, stress tolerance and interpersonal effectiveness.

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**9:30 am - 12:30 pm**  
**MORNING PRE-CONFERENCE**  
**HALF-DAY WORKSHOPS**

**7 THE ORIGINAL TSM TEAM IN SPIRIT**

**Kate Hudgins, PhD, TEP;** Therapeutic Spiral International, LLC, International Expert on Stress; Recipient, ASGPP Scholar & Innovator's Award; Author, *Stories from the Frontline: Clinical & Community Action Around the World with TSM*; Trained in Mohawk tradition of shamanism; **Mimi Cox, LCSW, PAT;** Private Practice; Co-Developer & Team Leader of TSM, Family Counseling Center for Recovery, "Learning to Remember: TSM Applications to Addiction"; **Colleen Baratka, MA, TEP;** Director, CATHARSIS Drama Therapy Consultants & Psychodrama Training Institute; Havertown, PA; **The Renfrew Center, Philadelphia, PA;** **Cathy Wilson, MEd, MSN, CP.** In this experiential healing session, the original Therapeutic Spiral Model™ team comes together to direct a Prescriptive Role drama safely. You will see the spirit of the spiral woven together with grace and containment as we use clinically modified psychodrama, clinical psychology, and the energy of shamanism for true healing of trauma.

**8 GIVING VOICE TO THE UNSPEAKABLE: HEALING TRAUMA**

**Georgia Rigg, LCSW, TEP;** Recipient, ASGPP 2008 Innovator's Award for her work in creating the blended model of psychomotor therapy and psychodrama; She creates and implements training groups in the Pacific Northwest; **Jack Shupe, ND, Lac, TEP;** Jack creates and implements training groups in the Pacific Northwest, adding the wisdom of Oriental Medicine to the understanding and practice of psychomotor therapy and psychodrama.

Regardless of culture, creed, sex, ethnicity or economic status, the effects of trauma often leave the person "speechless". The healing processes of this blended model of psychomotor therapy and psychodrama restore words and meaning to the trauma survivor(s). Participants will acquire both knowledge and the skills needed for immediate use of the model in psychodrama practice.

**9 CREATING COMMUNITY: REUNITING MALE AND FEMALE**

**Deborah Shaddy, MS, LMSP, LCPC, CP;** Deborah combines her love of psychodrama, expressive arts and body work in her work as a consultant, campus counselor and private practitioner.

The first and most fundamental separation is between the masculine and feminine. Uniting the power inherent in each, within the individual and in the community, unleashes previously unknown possibilities for healing communities. This workshop will use experiential methods, didactic teaching, and discussion to assist participants in healing the separation within themselves and explore new possibilities for their communities.

**2:30 pm - 5:30 pm**  
**AFTERNOON PRE-CONFERENCE**  
**HALF-DAY WORKSHOPS**

**10 DIS-ORIENTATION: RESTORING A FELT SENSE OF PLACE**

**Kate Cook, MA, LPCC, TEP;** Fellow, ASGPP; Resides in Santa Fe, New Mexico where she conducts a private practice, provides training and consulting locally and nationally; A graduate level faculty member and founding director of the Psychodrama and Action Methods Certificate Program at Southwestern College.

Moreno believed, and brain research substantiates, we develop in relationship. Our basic felt sense of place, 'orientation', emerges in relation to an 'other' and shapes 'role development'. Psychodrama/sociodrama can effectively cultivate/restore the 'orienting response'; anchoring one's felt sense of place in relation to self, to major life events, and to the world. Through some form of drama, we will practice tracking, cultivating and utilizing the somatic awareness of feeling and sensation. We will discuss the parallel process between director, group and protagonist through the lens of interpersonal neurobiology.

**11 READY FOR POSITIVE CHANGE IN YOUR LIFE**

**Daniel Tomasulo, MFT, PhD, TEP;** Trainer, NJCU Faculty, Former Princeton Fellow; Recipient, ASGPP Scholar and Innovator's Award; Author, *Healing Trauma*, and *Confessions of a Former Child: A Therapist's Memoir*.

Research from the budding field of Positive Psychology has direct implication for clinical and community work. Come learn immediately usable techniques based on the latest research findings from the happiness frontier. Material from work on the use of gratitudes, positive portfolios, and optimism will be included.

**12 THE PSYCHOSPIRITUAL IN PSYCHODRAMA: THE 4TH ROLE CATEGORY**

**Natalie Winters, EdD, CHT, DAPA, TEP;** A psychologist practicing in Cary, NC; She runs day-long psychodrama training groups in NC as well as a bi-monthly training group in Tampa, FL; Recipient, ASGPP 2003 Innovators Award and the 2007 Hannah Weiner Award.

Moreno developed 3 role categories, psychosomatic, psychodramatic and socio-cultural. In 2003, a 4th role category was added, psychospiritual, since spirituality was becoming a significant aspect of therapy. In this workshop you will learn how to incorporate a 4th role category into your practice through the use of a new model, *The Cosmic Spiral of Creativity™*. We will focus on the principals, techniques and applications used in the 4th role category. Participants will learn how to ascend the *Spiral™* on the healing journey to co-creativity and integration. Each participant will receive a copy of the published article.

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**6:00 pm - 7:30 pm — PRESIDENT'S RECEPTION**

This reception serves as a thank you to all those who are attending the conference, and to presenters, volunteers and session assistants who give so generously of their time, their creativity, and their spontaneity. All conference participants are invited and encouraged to attend.



## FRIDAY April 16, 2010

7:00 am - 8:00 am SESSION ASSISTANTS BREAKFAST

7:00 am - 7:45 am YOGA WITH CATHERINE CREWS

7:30 am - 5:45 pm REGISTRATION & EXHIBITS

8:30 am - 6:00 pm SILENT AUCTION

8:00 am - 8:30 am **OPENING WARM-UP - UBUNTU** Co-led by *Walter Manley, Phoebe Atkinson & Nancy Kirsner*

Knowing that we all belong to a greater whole, we will open our 2010 ASGPP Conference inspired and guided by the African philosophy of Ubuntu and Moreno's notion of the godhead. We will explore our circles of connection and diversity as we see and appreciate our coming together in community with a welcoming and generous spirit.

8:30 am - 9:45 am **OPENING PLENARY - JONATHAN D. MORENO, PhD**

### WHAT'S GOING ON IN BIOETHICS?

**Dr. JONATHAN D. MORENO** is the David and Lyn Silfen University Professor of Ethics and Professor of Medical Ethics and of History and Sociology of Science at the University of Pennsylvania. He is an elected member of the Institute of Medicine/National Academy of Sciences. His most recent book, *Science Next: Innovation for the Common Good (2009)*, was described by *Publisher's Weekly* as bringing "... hope into focus with reports of innovation that will enhance lives".

In this talk, Dr Moreno will describe the field that he's been working in for the past 30 years, how it's changed, and what the emerging issues are that are of concern to all health care professionals.

12:45 pm - 2:45 pm **AWARDS LUNCHEON, PRESENTATION AND CELEBRATION** with Jack Shupe & Mary Bellofatto

7:30 pm - 8:30 pm **New Members / First Time Attendees Gathering**

8:30 pm - 10:00 pm **Songfest**

## 10:00 am - 12:30 pm MORNING WORKSHOPS

### 13 CREATIVE WARM-UPS FOR ENHANCING CONNECTIONS

**Janell Adair, MA, LPC, TEP;** A Trainer, Educator, Practitioner since 2000. She specializes in group psychodrama with residential and adjudicated adolescents. She has been conducting fifteen groups a week for close to fifteen years; **Rhona Case, EdM, TEP;** A licensed psychologist since 1989. She became a Trainer, Educator, Practitioner in 1998. Rhona has presented various psychodrama topics for national and local audiences.

Moreno taught that group cohesiveness and productivity could be increased and resistance reduced through adequate warm-up. In this workshop participants will experience a variety of our favorite warm-up exercises that can enhance spontaneity and creativity. Our warm-ups are playful, projective and use various media.

### 14 SOUL MOTION & SOCIOMETRY: CONNECTING TO ESSENCE

**Karen Drucker, PsyD, TEP;** Therapist, teacher and psychodrama trainer in Boulder, CO. She has recently fallen in love with Soul Motion™, a form of authentic movement, and is excited to combine her love of psychodrama with this new passion.

"Soul Motion is a meeting with self and other in a dance that is deeply nourishing, creative, intelligent, emotionally savvy, heartbreaking, soul-making, spirited and transforming", writes Zuza Engler, one of my beloved teachers. Sounds like psychodrama, yes? We will use movement and rhythm, music and stillness, to connect deeply with ourselves and with others. Deepen your understanding of sociometry by exploring attractions and disconnects. Practice skills for moving fluidly in the world, being attuned to others while staying true to your own dance.

### 15 CHINESE CULTURE AND WESTERN PSYCHOLOGY

**Gong Shu, PhD, ATR, LCSW, TEP;** Dr. Gong Shu is a psychodrama trainer and a practitioner of YiShu: A form of healing method that integrates traditional Chinese medicine and Western Expressives Arts. Shu has been a psychotherapist and trainer for more than thirty years; **Shu Yu You, PhD, LPC, CP;** Dr. Shu Yu You is an associate professor in the Department of Counseling Psychology at Taipei Municipality Educational University. She is a PAT and is doing training work in Taiwan.

This workshop attempts to integrate traditional Chinese philosophy Chinese medicine and the Creative Arts Therapies.

### 16 UBUNTU: BISHOP TUTU MEET MORENO

**Nancy Kirsner, PhD, MEd, OTR, PA, LMFT, TEP;** Member, ASGPP Executive Council; Fellow, ASGPP; Director, South Florida Center for Psychodrama; Private Practice and Consulting; **Phoebe Atkinson, LCSW-R, TEP;** Private Practice, NYC; Graduate of Coach University's Coaching program and has extensive training in Somatic Experiencing and other body-centered approaches. She has partnered extensively in the design and facilitation of Rutgers University Senior Leadership Program for Professional Women and provides executive coaching. She has extensive training in Somatic Experiencing and other body-centered approaches. **Walter Manley, License es Letters;** Director of diversity and inclusion offerings, The Next Level Coaching/Rutgers University. Walter holds degrees in Literature, Ethnology, and Linguistics from the Sorbonne in Paris, University of Valencia, Spain; University of Dakar; and Faculty Scholar at Georgetown University. "A person with 'ubuntu' has a proper self assurance that comes from knowing that he/she belongs to a greater whole" (Desmond Tutu). Guided by the concepts of Ubuntu and Moreno's 'all of mankind' we will explore the topic of diversity and inclusion/exclusion. We will identify how our unique gifts can contribute to bringing these concepts into every day life.

## 17 SUMMONING YOUR PATRONUS: BANISH DIRECTOR ANXIETY

**Steve Kopp, MS, CAS, TEP;** Provides services for priests and religious communities. He is president of the Mid-Atlantic Chapter, ASGPP, and has represented psychodrama for NCATA and VCATA. Steve also uses psychodramatic methods in life Coaching and in facilitating retreats; **Mari Pat McGuire, LCSW-C, TEP;** Specializes in the treatment of trauma using expressive therapy techniques. She has worked in inpatient, outpatient, and private practice settings. She chaired several national psychodrama conferences, and is currently Vice-Chair for the American Board of Examiners.

Do you allow fears and anxieties to sap you of your spontaneity while directing? This experiential workshop is designed to bring new light and creativity into those anxiety-provoking director's moments. By recognizing our many and diverse strengths, we will weave a spell to move us beyond our blocks where we can continue to experience and share the power and magic of psychodrama.

## 18 SHARING FAMILY MEMORIES

# CANCELLED

## 18A DIRECTING WITH CONSCIOUSNESS OF "THE ORDER OF LOVE"

**Donna Little, MSW, TEP;** Trainer and collective member, the Toronto Centre for Psychodrama for 30 years; Conducts training workshops with Ann Hale on Sociometry and Healing; Trained extensively with Heinz Stark in Systemic Family Constellation Theory and Practice; Recipient, ASGPP 2009 J. L. Moreno Award.

This workshop will introduce the theories of Anne Ancelin Schutzenberger and her "Trans generational Psychodrama" and Bert Hellinger's "Order of Love" and demonstrate their usefulness in supporting a protagonist in action. The intention of the leader is to provide opportunities for participants to be in action in a variety of roles, as well as to reflect after on the application of these resources in their work.

## 19 CREATING SOCIODRAMA AND SOCIATRY

**Rosalie Minkin, MSW, ATR-BC, LCAT, TEP;** Rosalie is in private practice, has worked in inpatient hospitals, with street gangs, police, and multi-generational groups for decades. She pioneers advances in the sociodramatic method; **Edward Schreiber, MEd, MSM, LADC, CD, TEP;** Author, writer, teacher who is dedicated to the development of Moreno's fourth aspect, sociatry, the healing of the forces impacting humanity and the planet.

J.L. Moreno stated, "We are more alike than we are different." The purpose of this session is to offer participants theory, practice and skills for the use of sociodrama and with an understanding of sociatry (healing of society). An assortment of sociodrama instruments, methods and categories will be demonstrated. An understanding of the forces of sociatry will be illustrated. The significance of using sociodrama in public and private sectors and a focus on universal connections with diverse communities will be offered.

## 20 THE DEEP PSYCHOLOGY OF MONEY

**Elizabeth Plummer, PhD, LCP, PAT;** Dr. Plummer is a licensed clinical psychologist, in private practice in Santa Barbara, CA. She specializes in the areas of gerontology, addiction, and the treatment of trauma issues; **Sylvia Israel, RDT/BCT, TEP;** Sylvia Israel is a MFT in private practice in San Rafael and San Francisco, CA.

This workshop will explore the powerful taboo that exists around the subject of money and the money-complexes patients and therapists bring into the consulting room. It will introduce tools that can open the dialogue around money; its impact on our sense of identity, our relationships, and the boundaries and injuries of class and caste. Using sociometry, art, metaphors and drama, we will learn to recognize our money scripts and imagine how we might move beyond them.

## 21 IF THE BUDDHA WAS AN IN-LAW

**Jacquie Siroka, LCSW, ACSW, BCD, TEP;** Former Faculty, Rutgers, Stony Brook University; Former Director, Psychodrama Services at Fair Oak Hospital, and Staff, Psychodrama Department St. Elizabeth's Hospital; Clinical Director, Sociometric Institute NY.

In patriarchal societies the father gives the bride away, mothers witness the transfer, the bride and groom forsake all others, and the role of in laws is introduced into the family system. Families reshuffle loss. New relationships are experienced. How do you fit? Do your expectations match? How are your needs met and disappointment faced? New and old dramas warm up. This workshop will explore stories psycho-dramatically and work on this ill-defined and complicated role.

## 22 UNRESOLVED GRIEF AND ADDICTIONS COUNSELING

**Michael Traynor, LCSW, CGP, PAT;** Director of Action Methods LLC in Albany, NY; Facilitates weekly psychodrama groups and periodic psychodrama training workshops locally and nationally. He has an extensive background in mental health and addictions treatment.

Addictions professionals demonstrate loyalty and dedication to a troubled segment of society. While striving for positive outcomes, vicarious trauma and unresolved grief within the helpers is often unaddressed. In action, we will explore ways to recognize and resolve losses, access support, and stay meaningfully attached to our work.

12:45 pm - 2:45 pm

## Awards Luncheon, Presentation and Celebration

Come and honor those who have made outstanding contributions to our community. Meet and greet award recipients while enjoying a delicious buffet in the hotel's lovely ballroom. Hosting the awards ceremony will be Jack Shupe and Mary Bellofatto.

(SPECIAL TICKET REQUIRED)

## 3:00 pm - 5:30 pm AFTERNOON WORKSHOPS

### 23 EMOTIONAL WISDOM

**Kerry Paul Altman, PhD, TEP;** Clinical psychologist in private practice, he provides action oriented training to the mental health, business, and law enforcement communities.

Unrealistic and misguided notions about ordinary human feelings are often a stumbling block to healing and personal growth. This workshop will combine didactic and action methods to explore the basic human emotions to illustrate their essential nature as messengers and guides. Participants can expect to learn how to help clients make better, emotionally informed choices.

### 24 PUTTING YOUR FOOT IN THE WATER

**Dena Baumgartner, PhD, LMFT, LPC, CGP, TEP;** Fellow, ASGPP; on the board of IAGP and has been a national and international trainer of psychodrama for 20 years. She is the the director of T-CAMP in Tucson, AZ.

What stops you from putting your foot into the waters of connection? Using psychodrama and sociodrama we will explore how we stop ourselves from connection with the universal waters of life (family, friends, partners, even organizations). Please come to play in a diverse community of evolving souls. Workshop will be experiential with some didactic.

### 25 EXPLORING FAMILY VIOLENCE OVER CULTURES

**Jeanne Burger, EdD, LPC, LMFT, TEP;** Presents workshops nationally and internationally. Her dissertation on psychodrama with domestic violence was published by College of William and Mary, 1994; **Nevzat Uctum Muhtar, PhD;** Trainer; Works with battered women in Istanbul; President, Psychodrama and Group Therapies Association; Member, Turkish Psychologists Association.

In this experiential workshop, we will address working with women who have experienced domestic violence in two very different cultures -- Turkey and the United States. We will be working sociodramatically, using the trauma triangle to explore our own connections and feelings about this issue.

### 26 PSYCHODRAMA IN THE FAST LANE: TIME SHORT, STRESS HIGH

**Jean Campbell, LCSW, CET III, EMDR II, TEP;** Jean has utilized action methods in clinical, business and medical settings for over 16 years. She is a TEP, a Certified Experiential Therapist, a Reiki practitioner and a Practitioner/Trainer of Psychodramatic Bodywork®. Jean has trained clinicians on a national/international level, and specializes in working with addiction, trauma, bodywork and spiritual expansion; **Walter Baile, MD;** Professor; Director, Program for Interpersonal Communication and Professional Enhancement (I\*CARE) at MD Anderson Cancer Center in Houston, TX, specializing in Faculty Development and improving medical communication. **Phyddi Taachi, RN, APN, MFT;** Advanced Practice Nurse, Psychiatry Department at MD Anderson Cancer Center in Houston, TX; Specializes in working with caretakers of cancer patients.

Using psychodrama in non-clinical settings requires special techniques.

In using role training methods with employees in a time-limited session, the psychodramatist must establish safety, assess audience needs, define clear goals, and ensure appropriate affect containment so as to preserve work place decorum. We have developed an experiential and didactic Coaching for Communication Competence (CCC) model addressing management of difficult conversations in high performance environments with time constraints, high levels of stress and interactional difficulties.

### 27 ACTION METHODS IN "SLOW MOTION"

**Roberto Cancel, LMSW, MA, TEP;** Psychodrama and the Creative Arts Institute, NYC

Psychodrama and Drama Therapy are powerful action methods that unmask the rich and complicated dynamics within a group. Their purpose is to enhance the individuals' own capabilities for healing. However, the beginning clinician needs training in becoming aware of the multiple dynamics that take place in a group session. This workshop focuses on exploring the power of action methods in "a slow motion" by taking a "step by step" look at the impact of these drama therapies techniques on the group.

### 28 THE LIVING NEWSPAPER

**Kate Cook, LPCC, TEP;** Fellow, ASGPP; Private Practice, Santa Fe, NM; Conducts training and consulting locally and nationally; Graduate level faculty member and founding director of the Psychodrama and Action Methods Certificate Program, Southwestern College; **Erica Michaels Hollander, PhD, JD;** Principal in the Hollander Institute for Human Development and Family Growth in Littleton, CO, started many years ago by Carl Hollander and carried on in his spirit. Erica has practiced law for over 30 years and teaches Human Communication Studies, Metropolitan State College of Denver; Executive Council Member, ASGPP; Member, ASGPP Committee on Professional Standards. When not teaching or doing psychodrama, she paints.

In this workshop, The Living Newspaper, an early form of sociodrama originated by Moreno, will provide the vehicle for exploring implicit and explicit social issues, and cultural, archetypal, and ancestral influences present in a current news event. We will track and discuss parallel process between individual and group experience through the lens of interpersonal neurobiology. Natalie Goldberg's "wild mind writing" and music will enlist our right brains in warm-up and integration.

### 29 LIFT EVERY HEART TO PLAY

**Milton Hawkins, MA, LICSW, TEP;** Milton worked as a psychodramatist at Saint Elizabeth's Hospital from 1983-2002; Co-Founder and trainer, New Testament Counseling Center; **JoAnna Durham, LCSW-C, TEP;** Co-Founder, New Testament Counseling Center and a Private Practitioner; **Gregory Ford, MA, CP;** Gregory was trained at Saint Elizabeth's hospital and certified in 2005.

The Negro Spiritual can be seen as a demonstration-in-action of Moreno's Canon of Creativity. These songs of hopes and dreams nurtured a resilience in a diverse population that supported individuals in healing social and psychological wounds. Join us as we lift our hearts to play and warm-up in community through song and sound to support a protagonist in discovering the "courage to dream again."

### 30 DIVERSITY TO CONNECTIVITY: COUPLES IN ACTION

**John Rasberry, MEd, LMFT, TEP; Founder and Director, Mid-South Center; Past President, ASGPP; John offers clinical and training programs in Tupelo, MS.**

Rather than accept "Men are from Mars, Women are from Venus", sociometry and psychodrama can be used to deepen connections in the coupleship. Role Theory and action methodology will be examined, in action, as we co-create adequate spontaneity in working with couples.

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### 31 PSYCHODRAMA OF THE FORMERLY FINANCIALLY SECURE

**Robert Siroka, PhD, ABPP, MFT, TEP; Past President, ASGPP; Faculty Member, American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy; Trainer with J.L. Moreno; Recipient, ASGPP J.L. Moreno Award.**

This experiential and didactic workshop will explore the challenges of working with people whose financial lives have been significantly changed. Attitudes toward money, career choices, personal and social roles, expectations and values will be examined through sociometry. Role conflicts will be illustrated in action. Personal participation is expected and encouraged.

### 32 INVITATION TO FORGIVE: A PATH TO CONNECTIONS

**Natalie Winters, EdD, CHT, DAPA, TEP; A NJ and NC licensed psychologist; Recipient, ASGPP 2003 Innovators Award and the 2007 Hannah Weiner Award.**

To forgive is to be free of emotional attachments to once painful situations. It is the capacity to renounce resentment and in its place find greater love and peace of mind. Forgiveness allows us the freedom to connect across all boundaries, including culturally diverse communities.

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## 5:45 pm - 7:15 pm EVENING WORKSHOPS

### 33 THE FUTURE FRONTIER FOR PSYCHODRAMA IN SCW

**Ron Anderson, Mdiv, STM, TEP; Ron Anderson first trained in psychodrama in 1964. He has trained in Systemic Constellation Work, and is fascinated with parallels between today's top two experiential modalities.**

Bert Hellinger's experiments with the sociometric matrix onstage have demonstrated it as an energy field capable of moving spontaneously on its own toward resolution. This advances our understanding of another Morenoan concept: doubling as not only as the resonance of one's psychological truth within, but a resonance within the system: within the physical bodies of all auxiliaries: and the common soul of the sociometric matrix. The conclusion is that the matrix of auxiliaries maybe even a more powerful protagonist of the drama. Demonstrations of the above, with didactic, and discussion.

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### 34 TRANSFORMING FAMILY SCHEMA FOR DEPRESSED ADOLESCENTS

**Chi-Chu Chou, PhD, PAT; Associate Professor, Dept. of Economics, Feng Chia University, Taichung, Taiwan. PhD Candidate, Counseling Psychology, National Chang Hua University of Education.**

The workshop will demonstrate how psychodrama can be effective in identifying and reconstructing family schema. Participants will be invited to role play depressed adolescents, siblings and parents. The director will then enact a family psychodrama in which family members experientially and creatively explore each member's role and meta-role in the context of common, and possibly conflicting, entrenched perceptions about oneself in family relations. The psychodrama will provide insights toward reconstructing family schema which is related to the development and recovery of depression in adolescents.

### 35 WRITER'S CIRCLE: BRINGING WRITING INTO ACTION

**Jacqueline Fowler, MA; Asst. Professor, Prior Learning Assessment Program, and Human Studies, Marylhurst University, Portland, OR; In training for CP.**

Many of us have the desire to share our professional discoveries with others but lack a community in which to fully develop our ideas into writing. In this workshop you will learn about participating in a Writer's Circle "a model of collaborative writing in which fostering creativity and positive support are core values. Please bring developing writing sample; 1-3 pgs double-spaced (need not be academic). For questions, contact presenter: jfowler@marylhurst.edu

### 36 FOOD FIGHT: A SOLO PERFORMANCE

**Judy Freed, MSW, LCSW; A psychotherapist and psychodramatist with 20 years of clinical experience. She is also a theater artist, singer/songwriter and dancer.**

This boldly honest solo performance portrays the poignant reality of eating disorders through original music, monologue, and movement. Freed takes the audience on a deeply personal journey of recovery — frightening and humorous, touching and triumphant — revealing stories of struggle, strength, and survival. A post-performance discussion will facilitate audience sharing and reflecting as a community on the process of healing from food compulsions.

### 37 HOW TO RAISE CONSCIOUSNESS? COGNITIVE PSYCHODRAMA

**Anath Garber, MA, PhD, TEP; Trained by J. L. and Zerka Moreno; Formerly, staff Moreno Institute, New York City; Conducted training in psychodrama nationally and internationally; Currently, Private Practice, New York City.**

J. L. Moreno believed that a truly therapeutic procedure should encompass the whole of human kind. To fulfill this vision we need the courage to poke at our belief systems. When we realize that we are prisoners of our own beliefs, the road to self-discovery opens and the journey into new levels of consciousness starts.

## 38 THE TRAINING OF SOCIOMETRISTS

**Ann Hale, MA, TEP; Past President, ASGPP; Recipient, ASGPP J.L. Moreno Award; Author, *Conducting Clinical Sociometric Explorations*.** Sociometry is the practice within psychodrama which holds the group and all its complexity. It involves connecting, impasse and conflict resolution, role sharing, access to roles valued by individuals and necessary for their belonging. This short session offers guidance to those who train or plan on training psychodramatists.

## 39 DIMENSIONS OF ROLE PLAYING

**Harvey Heckes, MSW, LCSW, CP; Licensed clinical social worker and a certified practitioner. He teaches undergraduate social work students at FGCU. He trained with Antonia Garcia and Robert Siroka.** This workshop will explore dimensions of role playing. Role playing is one way to cultivate connections in diverse communities by creating roles that lead to connections with others. Moreno believed the self is expressed through roles. Participants will have an opportunity to participate in role plays. Participants will be able to explore and create new roles or strengthen and broaden current roles. Workshop is didactic and experiential.

## 40 ACTION TECHNIQUES TO ENHANCE RACIAL UNDERSTANDING

**Peter Kranz, PhD, CP; Dr. Kranz has authored several articles on race relations, and his work has been recognized in national media; Sylvia Ramirez, PhD; Dr. Ramirez's research focuses on multicultural issues in psychotherapy and consultation, and fears and anxiety in individuals with intellectual disabilities.**

This presentation describes action techniques that were effectively implemented in a university-level cultural diversity course. The techniques will be presented didactically and with live demonstration. Examples include role reversal during in-class and outside-class exercises, altering seating arrangements to enhance student interactions, and using dyads and other configurations to enhance student communication and personal connections. The presentation is expected to increase the participants' use of action techniques to enhance racial understanding.

## 41 US AND THEM: VALUING DIVERSITY BY COMMUNICATING

**Esme Pitel, MA, BSc, CP, PAT; Worked as a microbiologist, office manager, psychotherapist in private practice, and has completed her requirements to apply to become a TEP; Judith Ferenczy, MA, PAT; Taught special education for 22 yr, has certification as a psychodramatic psychotherapist with 6 yr experience, and studied psychodrama and sociometry for 12 yr.**

Sociometry offers an excellent means of discovering differences and similarities within groups. Participants will learn to use sociometric exercises in the group warm up process. Also, they will have opportunities to learn and explore each quadrant of the "Sociometric Cycle" in relation to roles they play in their own diverse communities, e.g. ethnic origin, social, religious, learning, work. This exercise can be adapted to many issues of interest.

## 42 ENCOUNTERING GHOSTS OF A CHANGING WORLD

**Azure Forte, MA, MEd, LMHC, LMFT, PAT; Azure began sociometric, psychodramatic approaches in 1986; a Western MA Senior Clinical Supervisor for 8 years and now in independent clinical practice, offering trainings.**

A changing world demands changing rituals, particularly the winter holidays which bring lack of inclusion to many, contrary to their intended themes. Hope to gain spiritual food through interpersonal connection often is met with sadness and loss. Psychodramatic enactment will bring participants in contact with personal ghosts to accompany the search for rituals of renewal.

7:30 pm - 8:30 pm

### NEW MEMBERS / FIRST TIME ATTENDEES GATHERING

If you are a new member of ASGPP or a first time attendee of an ASGPP conference. Meet other new members. Mingle with representatives from our Executive Council, and our local chapters. Find out about our organization, and get to know the individuals in our community.

8:30 pm - 10:00 pm

### SONGFEST

Come join Lorelei Goldman and Adam Blatner for an ASGPP tradition. Bring your voices, your musical talent and your enthusiasm. Song sheets and good cheer will be provided.





## SATURDAY April 17, 2010

7:00 am - 7:45 am YOGA WITH CATHERINE CREWS  
7:30 am - 5:45 pm REGISTRATION & EXHIBITS  
8:30 am - 6:00 pm SILENT AUCTION  
8:00 am - 8:30 am WELCOME  
Sue McMunn, President, ASGPP

8:30 am - 9:45 am KEYNOTE ADDRESS - TIAN DAYTON, MA PhD, TEP  
**HOW PSYCHODRAMA BECAME PART OF THE ADDICTIONS FIELD**

**Dr. TIAN DAYTON** is the director of The New York Psychodrama Training Institute. She is a Fellow and Scholar's Award winner of ASGPP. Dr. Dayton was faculty at New York University for eight years teaching psychodrama. She has authored many books, among them *The Living Stage: A Step by Step Guide to Psychodrama, Sociometry, and Experiential Group Therapy*. She has two training DVDs, one being *Trauma and the Body*. Dr. Dayton has been a guest expert on NBC, CNN, MSNBC, Montel, Rikki Lake, John Walsh, Geraldo.

This talk will describe the path that psychodrama has followed in becoming a part of the addictions field. We'll explore the various adaptations the method has undergone, the unique tele between psychodrama and the trauma of addiction and the creativity and spontaneity that has allowed psychodrama and sociometry to flourish. We'll also look at the most commonly made mistakes in method and attitude on both sides of the track and examine what kinds of attitudes and activities might ensure comfortable and continued collaboration.

8:45 pm - 10:45 pm AN EVENING CABARET

### 10:00 am - 12:30 pm MORNING WORKSHOPS

#### 43 MANAGING DIFFERENCES BETWEEN COUPLES IN THERAPY

**Martie Adams, LISW, CSW, CP, PAT, CET II; Martie, formerly of NYC, is a happily married, second-time-arounder who brings a wealth of experiences, good and bad, to her work with couples.**

Conflicts between couples often revolve around their basic differences. These differences do not go away and need to be managed. Learning to be curious about points of contention can help couples to deal effectively with their differences: to cultivate connections within their diversities. Participants will learn to apply psychodramatic methods to the work of a variety of relationship experts so that they can help their couples to develop healthy and loving relationships.

#### 44 ALL ROADS LEAD TO ROME: FULFILLMENT AND PURPOSE

**Phoebe Atkinson, LCSW-R, TEP; Private Practice, NYC; Graduate of Coach University's Coaching program and has extensive training in Somatic Experiencing and other body-centered approaches. She has partnered extensively in the design and facilitation of Rutgers University Senior Leadership Program for Professional Women and provides executive coaching; Uneeda Brewer, MSW, CP; Certified graduate of the Coach Inc coach certification program. She is a leadership coach for the Senior Leadership Program sponsored by Rutgers University's Institute for Women's Leadership and The Next Level, a training and consulting firm. She is also a Life Coach working with individuals to enhance and improve their work and personal lives.**

Our life journey can be deeply fulfilling when we honor our guiding principles and align with our core values. What principles guide your life? What values inform your choices? This workshop is inspired by the intersection of Moreno's triadic system and some of the principles and competencies that inform the coaching profession. Both coach and psychodramatist view the client as creative resourceful and wise. We will explore these tools and frameworks and how they foster discovery.

#### 45 TEACHING ACTION METHODS TO THE NON-PSYCHODRAMATIST

**Linda Bianchi, LCSW, LICSW, TEP; Worked at St. Elizabeths in Washington, DC; Currently works for Health and Human Services, and designs and teaches action workshops.**

While not everyone is inspired to become a full-fledged psychodramatist, many clinicians and educators yearn for more active and creative approaches to working with clients and students. Sometimes our conserves as experienced practitioners and trainers prevent us from effectively designing structures to teach those whose approaches are different. This workshop will offer guidelines and practice in providing training to non-psychodramatists, training which ensures that psychodramatic and sociometric integrity are woven into the teaching.

#### 46 LOST CHILDREN — ABORTIONS, MISCARRIAGES, AND...

**Karen Carnabucci, MSS, LCSW, TEP; Psychotherapist, coach and trainer who uses psychodrama, Systemic Constellation Work, sand tray and other experiential modalities with individuals, couples, families, groups, businesses and organizations.**

Incidents of abortion, miscarriage, still birth and early childhood death are painfully common in families. Psychodrama helps to identify losses and grieve with the help of role play, surplus reality and other powerful techniques. Systemic Constellation Work "sometimes known as Family Constellation Work" as developed by Bert Hellinger adds the important dimension of including the child in its rightful place in the family and relieves pain, guilt and exclusion in current and future generations.

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**47** A TOOL FOR PRESERVING A GREEN PLANET

**Ron Collier, LCSW, PAT;** Program Coordinator, Monmouth Medical Center, NJ; Consultant, Seabrook Rehabilitation Center, NJ; Private Practice; Monmouth University Professional Education Program presenter; Specializing in adult psychiatric populations. **Scottie Urmev, MSW, LSW, CP;** Co-presenter, Monmouth University's Professional Education Program. Specializing in psychiatric populations.

This workshop will focus on utilizing the principles of sociometry in preserving our diverse natural environment. Moreno referred to humanity as an organic unity and told us the resolution of social problems lies in the implementation of sociometry. With Earth's diversity threatened, it is imperative that we take action. Participants will make individual commitments, and practice making their sociometry more expansive. This follows Moreno's vision of including and impacting upon All of Mankind.

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**48** CONNECTING TO THE DIVINE THROUGH BIBLIODRAMA

**Linda Condon, LMHC, TEP;** Private Practice, Tampa Bay area; Directs workshop and retreats for teens and adults; Published the "Warm-Up Ring: Keys for Energizing Your Group"; Secretary, ASGPP.

There are many diverse ways to connect with the divine. This workshop will explore the role of "divine" through the experience of bibliodrama. We will utilize a sociodramatic process to look at sacred words written by men and women through the ages. No prior familiarity with these words is required. Participants are welcome to bring a sacred word (optional) to the workshop that helps them connect with the role of "divinity".

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**49** WHAT HAPPENED TO MY INNER WORLD?  
CHARACTERISTICS OF ADULT CHILDREN OF TRAUMA  
AND ADDICTION

**Tian Dayton, MA, PhD, TEP;** Dr. Dayton has a masters in educational psychology and a PhD in clinical psychology and is a board certified trainer in psychodrama; Director, The New York Psychodrama Training Institute where she runs training groups in psychodrama, sociometry and experiential group therapy; Fellow, ASGPP; Recipient, ASGPP Scholar's Award; Faculty at New York University for eight years teaching psychodrama; Guest expert on NBC, CNN, MSNBC, Montel, Rikki Lake, John Walsh, Geraldo.

The relationships in addictive family systems frequently experience fissures and ruptures due to loss of reliability in thinking, feeling and behavior. These repeated failures and frustrations, can produce a cluster of symptoms that family members carry into their adult relationships and parenting. Understanding the particular effect on the personality of living with trauma and addiction can give clients a way to conceptualize the nature and depth of effects of internalizing this emotional and psychological environment and provide a map to follow to change thinking, feeling and behavior. This will be primarily an experiential workshop based on Dr. Dayton's recent book, *The Living Stage: A Step by Step Guide to Psychodrama, Sociometry and Group Psychotherapy*.

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**50** YOUR THEATER OF LIFE: A SOCIAL ATOM EXPLORATION

**Andrea Sheldon, MS, LMHC, CP;** Award-winning experiential, energy-based psychotherapist and certified practitioner; Specializes in the care of those coping with life-altering transitions; **Nancy Kirsner; PhD, MEd, OTR, LMFT, TEP;** Private Practice for 36 years; Fellow, ASGPP and on the Executive Council; Integrates traditional clinical skills with expressive and creative arts.

Moreno's genius for a social psychologist is clearly demonstrated in his utilitarian concept of the social atom. Using art and a theater metaphor, explore the richness of your "theater of choice: (social atom). Learn an action method to do a social intake that can be tweaked to serve many kinds of clients. Interact with your life theater - sculpt it - choose your auxiliaries. Who gets the front row versus the balcony? Cultivate Conscious Connections...

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**51** INVESTIGATING FORGIVENESS

**Jacque Siroka, LCSW, ACSW, BCD, TEP;** Former Faculty, Rutgers, Stony Brook University; Former Director, Psychodrama Services at Fair Oak Hospital; Staff, Psychodrama Department St. Elizabeth's Hospital; Clinical Director, Sociometric Institute NY; **Jaye Moyer, LCSW-r, TEP;** Former Adjunct Professor, New York University School of Social Work; Former Coordinator of group services GMHC; Private clinical and supervision practice faculty, Psychodrama Training Institute.

The first principle of Buddhist Psychology is to see the inner nobility and beauty of all human beings. Unless we are willing to abandon our need to see "bad" others and "bad" selves, we are always at war; we are bound to suffering. Buddha taught that our failure to know joy and happiness directly reflects our inability to forgive. This workshop focuses on the process of forgiveness utilizing guided meditation, group process and psychodramatic action.

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**52** PSYCHODRAMA AND DRAMATHERAPY:  
RIVALS OR PARTNERS

**Daniel Wiener, PhD, RDT/BCT, Psy. LMFT;** Co-Director, New England Center for Drama Therapy; Director/Founder, Rehearsals for Growth, LLC; **Saphira Linden, MA, RDT, BCT, LCAT, PAT;** Director, Omega Transpersonal Drama Therapy Certificate Program; Lesley Univ, Adjunct Faculty, Transformational Theater pioneer; Artistic Director, Boston's Omega Theater; Management Consultant, Meditation Teacher-Guide, Sufi Order International

Though outsiders have trouble distinguishing between Psychodrama and Drama Therapy, professionals within these fields magnify their differences and overlook fundamental similarities due to the Narcissism of Small Differences dynamic. Both presenters, who are ASGPP and NADT members, favor closer ties. Following some action sociometric exercises, we will stage separate dramatic enactments of the personified encounter between these fields as rivals and as partners. Participants will heighten their awareness of how loyalties affect their professional identities.



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**53 BUT I DON'T WANT TO BE A GORILLA**

**Bill Wysong, MA, LPC, EMDR II, TEP;** Private Practice, Colorado Springs includes psychodrama training and therapy groups; A licensed architect and Professor Emeritus of an architecture program; **Joann Wysong, MA;** Trained in psychodrama since 1979 and has assisted Bill in many workshops and presentations; A Realtor, she helps people survive the buying/selling process.

The warming-up process is the operational expression of spontaneity (J. L. Moreno). Spontaneity engenders creativity and that leads to positive results. Without proper warm-ups, the necessary sociometry is severely inhibited. After the presentations of several experiential warm-ups, information and tools will be given to design and develop structured warm-ups for interpersonal, organizational, occupational, educational, and social environments, to include those outside the general field of psychology.

**12:45 pm - 2:15 pm**  
**90-MINUTE WORKSHOPS**

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**54 AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR**

**Karen Drucker, PsyD, TEP;** Chairperson, ABE; *Other Elected Board Directors.*

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board Chairperson will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

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**55 PSYCHOANALYSIS & PSYCHODRAMA:  
TOWARD INTEGRATION**

**Adam Blatner, MD, TEP;** Author of some of the most widely used books in psychodrama; Recipient, ASGPP J. L. Moreno Award; *Harriet Power, LCSW, CSAT;* Co-directs the Sexual Addiction and Recovery Program (STAR) at the Montclair Center for Psychodrama and Psychotherapy in New Jersey; **Amy Schaffer, PhD, TEP;** Private Practice; Faculty & Supervisor, Institute for Contemporary Psychotherapy; Faculty & Supervisor, Psychoanalytic Psychotherapy Study Center; **Dominick Grundy, PhD, CGP;** Private Practice, New York City; Editor of *GROUP (The Journal of the Eastern Group Therapy Association).*

The historical tension between psychodrama and psychoanalysis has eased with the evolution of both approaches. The presenters have extensive experience with both approaches, and will address issues such as transference, role reversal, countertransference, self-states, roles, and the function of metaphor. Participants will learn how to incorporate an understanding of these concepts into their theory and practice. Didactic presentations will be followed by discussion.

*This is a 2010 Award Winners Workshop*

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**56 MORENO IN BUSINESS!**

**Andrea Barrett, DIP COT;** An entrepreneur focused on the balance of business and personal development within medium sized businesses. She is an advanced trainee of Sociodrama, Australian College of Psychodrama, Melbourne.

Never before has the world of business been so in need of dramatic insight and responsible leadership. Enter Moreno! This experiential and didactic workshop introduces the approach of a successful Executive Coaching methodology, which is used with business leaders in finance, law, health and entertainment industries. The coaching model incorporates Role Theory and the Canon of Creativity and Spontaneity. Participants will have opportunity to experience and practice key aspects of the coaching model.

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**57 CHANGING FAMILY CONNECTIONS IN COMMUNITIES**

**Veronica Bowlan, MSW, LSW, PAT;** Faculty, Department of Psychiatry, Drexel University College of Medicine Behavior Health Care Education. Private Practice. She has developed a Trauma Certificate Program and also provided training to psychiatric residents. She has used action methods to teach effective practice skills; **Donnell Miller, PhD, MA, MDiv, TEP;** Director, Philadelphia Psychodrama Institute; Director, Beacon Reminders, Redlands, CA; Author "Couples Minus One," and other works.

Families are the first places roles are defined and learned in life. The family as community extends these roles to all other areas of life. Participants will share examples from their own experience of the messages and roles they received in their families. Vignettes and psychodrama will explore these issues. Didactic discussion will follow sharing.

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**58 THE DRAMA - AND COMEDY! - OF GETTING OLDER**

**Robb Hutter, MFA;** Artistic Director, Philly Senior Stage, a theatre whose mission is to bring the thrill of theatre performance to senior adults. He has designed and conducted theatre courses leading to establishing twenty-five residential theatre companies in retirement communities in the greater Philadelphia region. He is formerly director of the Full Circle Theatre Intergenerational Theatre program at Temple University where he developed "Socio-Improvisation", a theatrical modality that combines Sociodrama and Comedy Improvisation - used as a vehicle to help audiences develop awareness of social issues and group concerns.

Botox, here. Tummy tuck, there. How well are we aging? Are we embracing it - or not wishing to be facing it? Join Philly Senior Stage and witness the theatricality of this raucous troupe of eighty-year old (plus!) actors who will present scenarios from their scripted repertoire depicting the joys and challenges of getting old. Their program of humor and pathos will inspire and warm up the members of the "audience" to explore their own aging process through sociodramatic play and improvisation. These octogenarian performers will demonstrate that it's never too late to climb up and take their rightful place on the stage - even if they need a walker to help them get there!

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**59 SPONTANEITY REVISITED OR RESEARCH AT LAST!**

**CANCELLED**

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**59A** 12 STEPS TO PSYCHODRAMA, SUBSTANCE ABUSE AND ACOA

**Robert Corrado**; Executive Director, Interline EAP & Director, Interline School of Addictions; Facilitator of Psychodrama at Interline and Long Island Center; Teaching Addictions and Experiential methods for over 15 years.

This workshop will use the 12 steps as an aid to treating substance abusers and family members. We will also explore its uses on the ACOA and codependent client. We will journey through, I can't, she/he or they will. So let them. We will apply inventory and sharing, followed by self reflection and releasing of harmful energy. This will help us form a list that fosters forgiveness and takes responsibility. We will have arrived at the spiritual closure phase, leading to a higher understanding of the recovery process. Experiential!

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**60** CONNECTING WITHIN THE EMERGING GENERATION

**Suzie Jary, MSW, LCSW, CP, PAT**; Suzie has a broad range of experience from career counseling and coaching to addictions, co-dependency and mental health; She has worked with creative and performing artists and has a background as a professional dancer performing on Broadway; **Mary Catherine Molpus, LMSW, MA**; Working in the bereavement field; Works in the mental health field with bereavement and addiction issues. She is currently pursuing her CP credential with **John Rasberry, TEP**, as her primary trainer.

If you want to meet others of your age group, (35 and under), who are interested in action methods, attend this workshop. Participants will have the opportunity to cultivate and expand connections within the peer group. Using sociometric and psychodramatic techniques we will harness the collective resources of the group and build a support system that can help attendees better serve diverse client communities.

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**61** ENVISION YOUR JOB SEARCH!

**Jo'el Roth, BA**; Jo'el has been a substance abuse trainer for the military, leading workshops on base and on military ships while underway. She has published a creativity workbook, and has many magazine articles to her name.

The purpose of this workshop is to prepare veterans in recovery for their job search process through building their creative sense of self and encouraging hopeful confidence in the future. They are encouraged to connect on a deep level with their abilities to deal with life's changing conditions while maintaining their sobriety. Based on the framework of Joseph Campbell's paradigm of past, present and future, Moreno's Sociodrama, and Keith Johnstone's Improvisation games, this experiential workshop is a sampler of the major group activity components currently used in a four week Job Club curriculum at Veterans Village San Diego, as well as Naval Medical Center San Diego.

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**62** CREATION THEORY, SOCIATRY & PSYCHOTHERAPY

**Hector Sabelli, MD, PhD**; Psychiatrist, hypnotherapist and psychodramatist. **Edward Schreiber, EdM, MSM, LADC, CD, TEP**; D.D. candidate; Director, the Zerka T. Moreno Foundation, a not for profit Foundation dedicated to advancing sociatry.

This workshop will present the empirical evidence and practical application of Moreno's theory of creation. Published studies demonstrate Moreno's hypotheses: spontaneous action, co-creative opposites, and evolution from physical and biological to social and psychological processes. This evolutionary sequence underlies the role of SOCIATRY in psychotherapy and education, and will be illustrated regarding age, sex, nation and class.

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**63** INTEGRATING ACTION METHODS INTO SUPERVISION

**Sari Skolnik, LCSW, PAT, CGP**; Runs psychodrama groups and action oriented supervision groups, Nassau County Coalition Against Domestic Violence; Staff, Psychodrama & Creative Arts Institution of NYC where she provides workshops; Adjunct Professor, CW Post's Master of Social Work program and is a candidate for a PhD in social welfare policy at Yeshiva University; **Pamela Brodlied, MS Ed, LCSW**; Director, Field Education, Student Recruitment & Marketing for the Social Department at Long Island University-C.W. Post Campus.

The knowledge, insights, and experience gained from utilizing psychodrama techniques have implications for professional development. When supervisees express having difficulty with a client and are unable to express in words what is going on, the supervisor can ask them to "show me". This presentation will focus on how to utilize psychodramatic techniques to enhance supervision.

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**64** BURUNDI TO BOGOTA: HEALING COMMUNITIES AFTER WAR

**Cecilia Yocum, PhD, PAT**; PhD in psychology from Ohio State University and over 35 years of experience as a mental health professional. She has been active with Friends Peace Teams nationally and internationally and has been involved with Alternatives to Violence Project for many years in Florida prisons.

The workshop will present the Healing and Rebuilding Our Communities model that has been used in Burundi, Rwanda, and Kenya and has been adapted for Colombia to help communities that have been traumatized by war and other forms of violence. Participants in this session will learn action methods through demonstration and experience that can be adapted to individual and group work, including use of the Empty Chair, Concentric Circles, Spectrograms, a Healing Ritual using sculpting and the River of Life.

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## 2:30 pm - 5:00 pm AFTERNOON WORKSHOPS

### 65 A GRAIL REUNION: COLLECTIVE HEALING THROUGH MYTH

**MaryCatherine Burgess, PhD, MSc, MHR, MA, LMHP, CPC, PAT;** MaryCatherine weaves her training in action methods, shamanism, human relations, counseling, Celtic Studies, and religious studies into her current work as University Associate Chaplain.

Drawing upon the Grail myths, participants in this workshop will join in a reunion of Grail travelers who have returned to Camelot for respite, camaraderie, and a mutual sharing of new personal and collective insights, knowledge, and challenges they have encountered on their quest to heal themselves and the world. Sociometry, warm-up, action, sharing, and processing of psychodramatic and sociodramatic components will be included.

### 66 HARVESTING HEALING ENERGY IN THE FAMILY EGO MASS

**Melinda Coker, PsyD, LMFT, CAP, PAT;** Melinda works with college students, Florida Atlantic University, Boca Raton, FL, using experiential techniques to promote healing from family trauma; A graduate educator and clinical supervisor for new therapists; **Estelle Fineberg, LCSW, LMFT, LMT, BCD, PAT;** Private Practice, Ft. Lauderdale, FL; Estelle integrates a Mind-Body-Spirit approach in all her work with individuals, couples and groups. Her current professional interests include personal empowerment, life's turning points, resilience, creating connections.

This workshop is a chance to meet the family ego mass (FEM), which is the emotional oneness coming from a merging of undifferentiated egos of our family. [Note: the FEM can be healthy & unhealthy.] As we are introduced to our FEM, it's crucial to feel grounded in our own bodies, tuning into this healing space and energy. Participants will dialog with their FEMs and recognize the impact of the FEM in their daily lives.

### 67 THE DYNAMIC DUO: ATTUNEMENT ENERGY WORK & PSYCHODRAMA

**Margo Fallon, PhD;** Psychologist in Private Practice, BSE in Theatre; Speciality in Expressive Arts Therapies; Director, Artful Innovations; **Colleen Nilson, Advanced Attunement Practitioner.**

Within our diversity is our commonality. We are more than particles, we are a wave of energy. Life situations can cause disharmony in our energy patterns, which affect our physical and emotional health. Combining the techniques of Attunement and Psychodrama, individuals will be learning and experiencing in tandem, techniques that resolve issues at the root of their disharmony with self or other.

### 68 KEYS TO HAPPINESS: LOVE, GRATITUDE, FORGIVENESS

**Antonina Garcia, EdD, LCSW, RDT/BCT, TEP;** Co-Author with Pat Sternberg, *Sociodrama: Who's in Your Shoes?* 2nd ed; Private Practice; Recipient, ASGPP J. L. Moreno Lifetime Achievement Award, Scholar's Award and Collaborator's Award; **Dale Buchanan PhD, LICSW, CGP, TEP;** Private Practice; An internationally noted trainer, author, and consultant; Recipient, ASGPP J. L. Moreno

Lifetime Achievement Award, Collaborator's Award, Hannah B. Weiner Award, Neil Passariello AIDS Service Award and the President's Award.

Loving ourselves and others as we truly are brings ineffable happiness. A life filled with gratitude, appreciation and thankfulness is a life filled with joy. Forgiving ourselves is often more difficult than forgiving others, yet necessary if we are to embrace an abiding happiness. This didactic/experiential workshop will explore concrete methods to assist clients in bringing greater happiness to their world..

### 69 RECIPROCAL ROLES: PSYCHODRAMA AND OTHER CAREERS

**Steven Gordon, JD;** Lawyer and psychodrama student who has given lots of thought to how psychodrama theory may be used in multiple settings; **Kimberly Thayer Cox, MA, NCC, NPO;** National Professional Organizer; **Kim** dreams of "de-cluttering" our society, and believes her skills as an organizer and a psychodramatist will both help achieve this dream and make the world a little better.

Many psychodramatists pursue psychodrama after being successful in other careers. In this workshop, we will explore experientially how people with a variety of professional backgrounds integrate psychodrama into their personal and professional lives. Further, we will explore in action how the psychodrama community can integrate the enormous resources that professionals trained in other disciplines, including law, education, organizational development and medicine bring to our community.

### 70 THE ART OF MESS

**Heidi Landis, RDT, LCAT, CGP, PAT;** Program Manager, Creative Alternatives of New York; She runs groups with populations including refugees, at risk-youth and clients on the autistic spectrum.

Are you a stacker, a closet shover, or a neat freak? This experiential workshop will explore how we handle our own messes as well as the messes that our clients often present in group and individual work. Learn to turn what might be deemed garbage, into art and spontaneity. Utilizing drama therapy techniques, psychodrama and encounters with genuine mess, explore the relationships between structure and chaos, organization and disorganization, fluidity and concretized boundaries.

### 71 PSYCHE + DRAMA = SPIRIT IN ACTION: WHAT'S IN OUR NAME

**Natalie Miller, MA, LPC;** Psychotherapist; Private Practice, Santa Fe, NM; She specializes in the application of Psychodramatic methods to her work, and is a lifelong student of Greek Mythology.

The discipline of Psychodrama is drawn from Greek terms meaning Spirit/Soul and Action. These concepts are universal but their meaning and expression vary widely across cultures. How do we apply these archetypes to the divergent populations we serve? Utilizing sociodramatic enactment this workshop will explore the concepts we call Spontaneity, Creativity, Role Theory, and Resilience as they have evolved from their original mythic sources, and their vital role in our cultural conserve today. Come prepared for an encounter with the gods!

## 72 EIGHT BRANCHES OF WELLNESS

**Jack Shupe, ND, LAc, TEP, FASGPP; Two Lakes Psychodrama Training, Soulenacting Five Element Therapeutics.**

Eight Branches of Wellness is designed to help the healers of different disciplines continue on the journey of personal and professional health. It will be presented in brief didactic followed by enactment and ending with discussion. You can learn where, when, and how to do your own personal work while maintaining your professional appropriateness and enthusiasm for the services provided for your clients.

## 73 ADDICTION: A LOVE AFFAIR

**Judy Swallow, MA, CRS, LCAT, TEP; Co-Director, Hudson Valley Psychodrama Institute; A Rubinfeld Synergy practitioner and teacher; A Psychodramatic Bodywork graduate; Has studied Rhythmic Integration for 8 years; She also loves doing Playback!**

People often have an intense and intimate relationship with substances or behaviors that start out pleasurably and then become possessive and demanding. Exploring this love/hate relationship in action can be very engaging to groups of people who are dealing with addiction and who are defended against anti-drug dictates. This workshop will illustrate sociometric and psychodramatic structures that will help you shine the light of relationship on the subject of addiction.

## 74 GCBT MODEL: INTEGRATING CBT/PSYCHODRAMA TECHNIQUES

**Thomas Treadwell, EdD, TEP; Professor of Psychology, West Chester University; Recipient, ASGPP Hannah B. Weiner Award; Clinical Associate, Department of Psychiatry, Center for Cognitive Therapy, University of Pennsylvania, Philadelphia, PA.**

The GCBT model promotes dynamic group interaction, experiential participation, opportunities for catharsis, and basic group psychotherapeutic techniques. The integration of Cognitive Behavioral Therapy techniques allied to psychodrama provides a balance between exploration of emotionally laden situations and a concrete, data-based, problem-solving approach.

## 75 CHILDWORK/CHILDPLAY

**Rebecca Walters, MS, LCAT, LMHC, TEP; Co-Director, Hudson Valley Psychodrama Institute, New Paltz, NY since 1989; Director, Child/Adolescent Psychodrama Services at Four Winds Psychiatric Hospital, Katonah, NY.**

Psychodrama and its related fields of sociodrama, creative dramatics and playback can facilitate the healing of wounded children. The focus of this workshop will be on group work with children, ages eight through twelve, who are victims of abandonment, abuse, trauma and domestic violence. This workshop offers specific action structures that help children tell stories, safely express strong feelings, and develop new roles.

*This is a 2010 Award Winners Workshop*

## 5:30 pm - 7:00 pm EVENING WORKSHOPS

## 76 THOSE NOT LIKE US

**Susan Aaron, BA, RMT; Founder, Psychodramatic Bodywork®; Recipient, ASGPP Innovator's Award; Passionate about anti-oppression work and has worked extensively with Canadian Native communities, LGBT communities and recently psychodramatists in war torn Serbia; Martie Adams, LICSW, CETII, CP, PAT; Martie has lived in a variety of cultures. Her 25 years as a Yankee in the Deep South enriched her understanding of the victim, oppressor, and bystander roles.**

Throughout the world people often meet differences with resistance or rejection from their place of fear. In its worst form this manifests as oppression and violence. Victims, oppressors, and even bystanders are wounded by their roles in this process and find themselves having to disconnect from their hearts and their true humanity. Using psychodrama and bodywork, we will explore the journey of healing these wounds so that we can celebrate our diversity.

## 77 FORGIVENESS AS A PATH TO WHOLENESS

**Carole Frank, MA, LPCC, RN, BSN; Psychotherapist in private practice in Albuquerque, NM; Sue Shaffer, MA, LPCC; Clinical Supervisor and psychotherapist, TeamBuilders Counseling Services in Santa Fe, NM. Both Carole and Sue hold certificates in Psychodrama and Action Methods and have facilitated psychodrama workshops at the local and state level.**

Holding onto painful experiences by blaming others for our feelings or blaming ourselves for situations in our life leads to fragmentation and misery. This blocks us from possibilities of wholeness, health and balance. Forgiveness of self and others frees us from pain, promotes healing and wellness, and provides a prevention plan for relapse. This experiential workshop explores the 5 stages of forgiveness culminating in an experience of integration and reinvestment in one's self and one's recovery.

## 78 CREATING SAFETY IN BRIEF ENCOUNTERS

**Pamela Goffman, MSW, LCSW, PAT; Private Practice, Delray Beach, FL; Pamela comes from a background in teaching theatre and movement. She incorporates philosophies and techniques from these modalities as she works with addictions, trauma and attachment disorders; Paul Lesnik, LCSW, PAT; Private Practice, Lake Worth, FL; Paul is a teacher, therapist and presenter who promotes the expressive therapies as he teaches diversity issues. Recipient, 2008 Neil Passariello Award.**

The concept of a "Role Coach" was created for a single session workshop with bereaved children where safety is paramount. Learn how the Role Coach allows for depth while providing safety and grounding in any single session workshop. Come explore this concept, and perhaps co-create some new tools for a single session workshop!

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**79** CHRISTIAN DISCIPLESHIP USING ACTION METHODS

*R. Steve Lowe, Certified Chaplain; Former In-Service Trainer in Action Methods for San Bernardino County Probation Dept. 39 years of experience with incarcerated youth as a counselor, psychodramatist, and chaplain. Currently Senior Chaplain, Orange County Juvenile Justice Complex; Sue Palmer, MA; Addictions Counselor specializing in addiction counseling and family therapy in outpatient settings.*

The Christian community's fears of "all things secular" have prevented the use of action methods to improve counseling and discipleship. This workshop uses sociometry for diagnostic purposes and role playing and role training for facilitating Christian growth. A biblical rationale for integrating action methods and Christianity is provided. The principles of this workshop will be helpful to all religious counselors.

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**80** WHO'S IN BED WITH YOU? PSYCHODRAMA AND SEX THERAPY

*Julia Moss, PhD, MSW; Staff Psychologist, University of Massachusetts Mental Health Service, Amherst, MA; A licensed psychologist with over 25 years clinical experience working with individuals and groups; She combines psychodrama with somatic approaches in therapy.*

This workshop will focus on how sexual issues can be addressed utilizing psychodramatic interventions. Participants will learn how sexual feelings, behavior and choices can be affected by how "crowded" the bed becomes with familial, political and socio-cultural voices. These voices can impede an individual's ability to live fully as a passionate and sexual being. Method of presentation is experiential, with discussion and didactic components.

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**81** BIBLIODRAMA: LESSONS FROM THE BOOK OF RUTH

*Tamar Pelleg, MA, MS; Psychodrama trainee in the USA and a former Counseling Educator in Israel. Tamar teaches Hebrew at M.J.B. Hebrew Academy, Rockville MD, and at the University of Maryland and Facilitates Bibliodrama in different settings in the DC area.*

We will explore through Bibliodrama the story of Ruth the Moabite who embarks upon a journey to start a new life in a Hebrew community in which she is a total stranger. We will learn what facilitates and what detracts from the cultivation of connections between Ruth the Moabite, Boaz the Hebrew and others they encounter. We will aspire to utilize the lessons of Ruth and Boaz to enhance our understanding of encounters with different cultures.

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**82** TRANSFORMING AUDIENCE TO HEAL COMMUNITY CONFLICT

*Kippy Phelps, MA; Adjunct Faculty, Springfield College; Private Practitioner/Consultant in Expressive Arts/ Drama Therapy, Shelburne Falls, MA; Founder/ Director, Speak-OUT Teen Theatre Troupe; She has been directing drama for personal, societal, and environmental change for 26 years. She has taught in and learned from many cultures.*

This workshop will explore a variety of improvisational audience-participatory techniques used by the Speak-OUT Teen Theatre Troupe (a group of GLBT and straight teens from rural Western Massachusetts) to promote diversity and transform homophobia. Participants learn ways in which sociodramatic techniques can be intertwined with other dramatic techniques to create dialogue about controversial topics with adolescents and other populations. Didactic material will be illustrated through experiential drama that explores gender identity.

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**83** WORKING WITH THE TRICKSTER: AT-RISK TEENS

*David Poleno, LCSW-C, TEP; Over 30 years of experience as a group facilitator, he implemented and conducts the Action Training model. He uses psychodramatic techniques to teach a variety of different presentations to professional agencies. He has been trained in EMDR and has taught psychodrama in Moscow; Gary Honehan, LCSW-C; Employed since 1990 as a therapist, clinical supervisor, and intern coordinator. He has been working collaboratively with David Poleno conducting Interactive Group Therapy for adolescents referred largely by the local Department of Juvenile Services.*

This workshop will present the Action Methods Model of treating kids from the blended sources from the criminal justice system. This largely experiential workshop uses psychodrama and sociodrama to concretize the issues of rage, high risk behaviors and other forms of acting out that adolescents fall back on when they have no safety net. Participants will be exposed to a model of seeing the systematic dynamics that led to conflicts with authority figures. The workshop focuses on skills to cope with explosive anger to be able to confront, in a safe environment, the ghosts of the past (model group), which are the actual sources of pain.

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**84** HEALING FOR HEALERS

*Sandra Smith, LCADC, CSW; Sandra has been working in the field of Mental Health Treatment and Addictions since 1985. She is presently studying for her CP; Ron Collier, LCSW, PAT; Ron supervises Sandra and they co-lead a psychodrama group for the mentally ill. He has extensive psychodrama training.*

Have you ever reversed roles with a client, student or supervisee without ever checking in to ask "How do I feel?" In a field filled with wonderful caregivers how do we ourselves receive what we need? This presentation will focus on 1) how to improve and maintain self care, 2) the impact of vicarious trauma and 3) the use of action techniques to encourage self care.

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**85** ANOTHER APPROACH TO WORKPLACE DIVERSITY TRAINING

# CANCELLED

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**86** IMAGO MEETS PSYCHODRAMA

*Daniel Tomasulo, PhD, MFA, TEP; Trainer; NJCU Faculty; Former Princeton Fellow; Recipient, ASGPP Scholar's and Innovator's Award; Author, *Healing Trauma*, and *Confessions of a Former Child: A Therapist's Memoir*.*

Couples therapy as outlined in Imago therapy can be greatly enhanced with the tools of psychodrama. See a demonstration. Then practice the incorporation of these methods into couples work.

**8:45 pm - 10:45 pm**

## An Evening Cabaret

Come join us for an evening of song brought to you by NYU drama therapy students and faculty. Relax, laugh, and be entertained with Broadway hits and new songs by Robert Landy. Directed by Nina Garcia.

**FREE TO ALL**



## SUNDAY April 18, 2010

7:30 am - 5:30 pm REGISTRATION AND EXHIBITS  
8:30 am - NOON SILENT AUCTION PICKUP

### 8:30 am - 10:00 am ANNUAL MEMBERSHIP MEETING

Come one, come all! Members or not! Find out about the ASGPP. Say good-bye to outgoing Executive Council members and hello to incoming members. Greet your officers.

1:15 pm - 2:00 pm **MEET THE ASGPP EXECUTIVE COUNCIL** - Bring your lunch and talk with the members of the Council. Learn and ask questions about the inner workings of ASGPP.

### 5:00 pm - 6:00 pm Closing Ceremony

Warm up to next years Conference as you meet the 2011 conference hosts. Say goodbye to new and old friends.

### 8:30 am - 10:00 am

## ANNUAL MEMBERSHIP MEETING

Come one, come all! Members or not! Find out about the ASGPP. Say good-bye to outgoing Executive Council members and hello to incoming members. Greet your officers of the Executive Council.

### 10:30 am - 1:00 pm MORNING WORKSHOPS

## 87 IMAGINATION DEVELOPMENT AND SURPLUS REALITY

**Adam Blatner, MD, TEP; Author of widely-used books in psychodrama, and more recently edited an anthology about applied drama; Recipient, ASGPP J. L. Moreno Award.**

Moreno's concept of surplus reality suggests the conscious manipulation of fantasy in the service of growth, learning, healing, and even enjoyment. Through psychodrama-like techniques, in addition to working on various problems, an additional benefit and possibly a primary goal is the development and expansion of the skill-set of imagination development. Participants will learn a number of ways this can be practiced, such as envisioning an ideal audience, or hearing what you want said.

*This is a 2010 Award Winners Workshop*

## 88 INTERACTIVE CONNECTIONS OF THE IMPROV KIND

**Staci Block, MSW, LCSW; Director, Reflections and Creative Interventions; Adjunct Professor of Sociology, William Paterson University; Expressive Arts therapy with adolescent substances abuse population; 6 years ASGPP Executive Council.**

Learn about the work of Reflections; a teen group that has been doing interactive improvisational theatre for 20 years. Cast members will demonstrate warm-ups and activities used in facilitating discussion, resolving conflicts, exploring alternatives and helping audiences address sensitive material in an educational, yet entertaining way. Make connections with the cast members for experiential learning and fun! Look behind the scenes and discover how to use this empowering method with a variety of client populations.

## 89 KEEPING TREATMENT HUMAN

**Theresa Brown, MA, CP; Certified Family Therapist; Licensed Psychologist; Certified EMDR Practitioner in Private Practice; Intrigued by the variety of ways people heal and continue to learn from those she sees in therapy and the other helpers in their lives; Sara Kinsman, MD, PhD; Adolescent Medicine Specialist & Researcher Childrens Hospital of Philadelphia Faculty, University of Pennsylvania.**

The "medical model" too often over emphasizes tests, procedures and drugs while it ignores the personhood of the patient. Join a psychologist in private practice and a hospital physician as we describe the evolving ten year collaboration in treating adolescents and their families who present with problems such as eating disorders to more unusual and challenging diagnoses. Participants will have the opportunity to psychodramatically tap into their adolescent past to deepen the didactic message.

## 90 LOST AND FOUND: RECOVERING RELATIONSHIPS BREACHED BY ADDICTION

**Craig Caines, LCSW, CET II; Founder, Birmingham Action Centered Therapy in Alabama; He has over 6 years of psychodrama training and has an extensive experience in the addiction treatment field.**

Traditionally, addiction treatment emphasized insight oriented interventions for denial reduction. This workshop explores how spontaneity provides alternatives to serving people impacted by addiction. The focus will be on how to psychodramatically discover and viscerally recover relationships breached by addiction.

## 91 REFLECTING, REFRACTING, REFRAMING

**Donna Chantler, RN, BA, MEd, TEP; Private Practice; Certified Imago Therapist, NLP, EMDR; Community Educator; Works extensively with grief, trauma, and addiction; Karin Wargel, BA; Certified Director of Psychodrama; Certified NLP Practitioner; Private Practice.**

Life can be expanded or limited by the meaning we attach to our perceptual positions. Connection to, or disconnection from an experience can change the emotional intensity and give us a new perspective. Drawing from concepts of Neuro Linguistic Programming, we will explore in action how to expand the psychodramatic mirror. Both experiential and didactic.

## 92 STIMULATING THE STORY

**Amy Clarkson, LCAT, MTT, MT-BC, CP;** Provides music therapy and psychodrama for families affected by domestic violence at SAFE in Hunterdon; Contributing author to *Creative Therapies and Domestic Violence*; **Allyn Sijjar, MA, RDT, LCAT;** Provides drama therapy and storymaking for families affected by domestic violence at SAFE in Hunterdon; **Artistic Director, Summer Theatre Institute-NYC.**

Through demonstration, discussion and experiential learning, participants will explore the use of music, drama, movement, sand tray, puppets and art to help children who have experienced trauma to tell their stories. Through the stories, children begin to make connections and reframe experiences on their journey toward recovery. Participants will be guided in considering ways to integrate the creative arts within their current practice in order to provide clients with expanded avenues for emotional awareness and expression.

## 93 TOUCHING ENCOUNTER & GROUP PSYCHOTHERAPY APPROPRIATENESS OR INAPPROPRIATENESS OF TOUCHING

**Ray Naar, PhD, ABPP, CGP, TEP;** Lecturer, Chatham, IL. Private Practice since 1970.

This presentation will discuss the appropriateness and inappropriateness of touching in group psychotherapy. It will present some empirical findings and a set of guidelines. The presentation will be didactic, followed by questions and sharing of work experiences.

## 94 UNDERSTANDING CONFLICT: FROM CLUELESS TO CONSCIOUS

**Catherine Nugent, MS, MS, LCPC, PAT;** Over 30 years experience providing psychotherapy, education and organizational consulting in diverse settings. Administrator with Federal government of multi-million dollar programs in substance abuse treatment and recovery, with particular emphasis on initiatives to enhance the knowledge and skills of the addiction treatment workforce.

Working across disciplines or cultures can elicit clashes in values, perspectives, and opinions. Effective collaborators need to be skillful in managing differences. We will identify differences that may affect group functioning, and explore 5 conflict-handling styles. The workshop will model content and methods that could be presented and applied in diverse populations and settings, such as counseling and psychotherapy, education, organizational consulting, and community organizing.

## 95 OFF TO SEE THE WIZARD UNCOVERING HIDDEN STRENGTHS

**Susan Overman, MA, LMHC, PAT;** Has been using Psychodrama for 15 years to help clients with eating disorders, addictions, and trauma; Private Practice, Tampa; Consults with Hyde Park Counseling Center; **Sandra Seeger, LMHC, PAT;** Has been working with children and families using Psychodramatic methods for over 14 years; Consultant, teacher and practitioner in private practice in Tampa.

Just like Dorothy and her ruby red slippers we often forget we carry with us all the resources we need and look outside ourselves for the answers. Learn specific ways to help your clients find their own ruby slippers and uncover their hidden strengths and inner resources.

## 96 SOCIAL ATOM REPAIR IN TIMES OF CHANGE

**Mary Anna Palmer, LICSW, LMFT, PAT;** Director, Psychodrama & Psychotherapy Center in Eagan, MN; A Social Worker for 38 years and a Family Therapist for 31 years; Currently practicing at Aslan Institute in Eagan, MN.

Social atom repair is one of the cornerstones of Psychodrama's theories. When working with clients it can be a critical tool to help a person to see and experience how they have (or haven't) created an inner circle of a few trusted individuals with whom they have formed intimate, authentic relationships. This sense of social equilibrium is disturbed when one of these individuals is removed or leaves. The energy that is normally given to creative and productive endeavors is now redirected into coping with this loss. In this workshop, participants will learn how to define their own psychological social atom through a written experience, followed by a psychodramatic exploration of transitional processes which occur within ones inner circles. This workshop will be dyadic, experiential and interactive.

## 97 HOW CHOOSING CHANGES US

**Marianne Shapiro, MFA, MA, LMHC, PAT;** Private psychotherapy practice for 20 years, adults and couples; Co-facilitates 2 weekly on-going psychodrama groups and workshops; Talking group psychotherapist working with Shelley to discover about how sociometry informs and vitalizes group work. **Shelley Korshak, MD;** Private practice for twenty-five years; Facilitating individual, couples and family therapy, and group psychotherapy; Adjunct Faculty, University of Chicago; Board Member of the Illinois Group Psychotherapy Society; Board Certified in Addiction Medicine; Certified Group Psychotherapist for the American Group Psychotherapy Association; A passionate and creative psychotherapist, recently focusing on using psychoanalytic group psychotherapy as a frame for psychodrama.

What makes group psychotherapy so dynamic for psychodramatists is its sociometric underpinnings, the layer beneath that reveals the tele between people, the complexity and diversity within the social matrix. We will use sociometric action research methods to explore the sociodynamics of the group. We will focus on choice as a dynamic of change, learning how the act of choosing changes us. We will interact to create interconnectedness through feedback and find our own meanings and values regarding ambivalence, complexity, diversity, and the power and difficulties inherent in making interpersonal choices. Role reversals will be used to connect with the transpersonal. This workshop will be 75% experiential.

1:15 pm - 2:00 pm

## MEET THE ASGPP EXECUTIVE COUNCIL

Bring your lunch as you talk with members of the Council. Learn about, discuss, and give your input about the workings of ASGPP.

## 2:15 pm - 4:45 pm AFTERNOON WORKSHOPS

### 98 RUNNING ON EMPTY: REFUELING & REDIRECTING OURSELVES

**Colleen Baratka, MA, TEP; Accredited Trainer and Team Leader, Therapeutic Spiral Model of Psychodrama; Past President, Delaware Valley Psychodrama Collective; Psychodramatist and past Coordinator of the Trauma and Abuse Track, Renfrew Center Philadelphia; Director, CATHARSIS Drama Therapy Consultants and Psychodrama Training Institute in Havertown, PA where she offers educational, organizational and clinical opportunities with action methods; Specializes in eating disorders, trauma and addiction.**

There is a joke that floats among hospitals: "What is the difference between the staff and the patients? ....The patients get well and go home, but the staff remains". Burnout, vicarious traumatization, having to put up with the intolerable are some of the fallout from working in institutional and other service settings. This workshop will demonstrate some mini-retreat methods for increasing morale, building connection and honoring successes. The forum will be open discussion and experiential methods.

### 99 POSITIVE PSYCHODRAMA: ACCESSING THE GENIUS WITHIN

**Merle Cantor Goldberg; LCSW-C, BCD, CEDP, CGP, FASGPP; Private Practice in Silver Spring, MD for 40 years; Lecturer, trainer and consultant throughout the United States and in 12 other countries, as well as presenting at numerous yearly national and international conferences for over 35 years; Author of three books, numerous articles, and has had a radio show and newspaper column.**

The theory and practice of positive psychodrama, the authors own formulations taught throughout the United States and abroad, focuses on the often overlooked portion of Moreno's original work — the emphasis on strengths, virtues and the genius and power within each individual. The workshop is highly interactive with a didactic frame. Come prepared to connect and have fun while gaining new patient skills, renewing energy combating personal burnout, and connecting with others.

### 100 QUANTUM THEORY & PSYCHODRAMA: AMAZING CONNECTIONS

**Herb Dandes, PhD, MFT, TEP; Fellow, ASGPP; Professor Emeritus, University of Miami; Licensed Psychologist and Marriage and Family Therapist; Sue McMunn, LCSW, ACSW, PAT; President, ASGPP; Fellow, ASGPP; Has presented workshops nationally and internationally; Special interests include family systems, ACOA issues and the spirituality of psychodrama.**

There is a clear parallel between the physical science concepts contained in quantum theory and the social science concepts of psychodrama. In this workshop we will present these parallels on a cognitive level, and apply these concepts with psychodrama in order to create the universe of your dreams.

### 101 EXPLORING DIFFERENCES: FINDING COMMON GROUND

**Kim Friedman, MA, LMHC, PAT; Licensed Mental Health Counselor in Seattle where she incorporates psychodrama into her private practice with individuals, couples and groups; Teaches Group Counseling and Creative Modalities.**

Participants in this workshop will experience diversity through the lens of class, race, culture and sexual orientation. A group warm up, dyads, sociodrama about a current issue and group sharing will be vehicles for exploration. This workshop invites curiosity about differences and offers a way to find the universality in our human experience.

### 102 GRIEF KNOWS NO BORDERS

**Bernice Garfield-Szita, MS, LPC, TEP; Co-Director, ActionArtz Training Institute, Marlboro, NJ; Past Executive Council Member, ASGPP; Fellow, ASGPP; Past President, New Jersey Chapter ASGPP; Robert Szita, MS, LPC, TEP; Co-Director, ActionArtz Training Institute, Marlboro, NJ; Fellow, ASGPP.**

The powerful emotions of grief that send people on a roller coaster ride are not limited to one gender, one race, or a citizen of one culture or country, but rather universal for all who have the capacity to love and feel the pain of loss. Overwhelming feelings of grief are often a relapse trigger to those in early recovery. This workshop will use classic Psychodrama format to help participants experience the universal healing power of a compassionate group.

### 103 MONEY, MYTH AND MADNESS

**Lorelei Goldman, MA, TEP; The Psychodrama Training Institute of Chicago; Lorelei serves on the ASGPP Executive Council.**

In all cultures there exists a connection with money. Does having enough give pleasure and security? Does having too little or too much give us contentment, despair or gratification? The unpredictable world economy contributes to uncertainty both personally and collectively. Spending and receiving money affects our daily behaviors. We will share universal truths in action about giving and receiving. This workshop will: 1. explore our thoughts and feelings in relationship to money; 2. identify our own money myths and; 3. experience our own values and attitudes about giving and receiving.

### 104 PSYCHODRAMA THAT MAKES YOU SMILE

# CANCELLED



## 104A SOCIODRAMA - SOCIOMETRY AND DIVERSITY

**Rosalie Minkin, MSW, ATR, BC, LCAT, TEP; Private Practice; Has worked in in-patient hospitals, with street gangs, police, and multi-generational groups for decades; Pioneers advances in the sociodramatic method.**

"If the whole of mankind is a unity then tendencies must emerge between the different parts of this unity" (J. L. MORENO, 1933). Sociometry is the underpinnings of sociodrama. This workshop will explore, in action and theory, the value and use of sociodrama and sociometry and how they are used in consort with one another in diverse communities.

## 105 ROCK THE WORLD! HEALING THE CIRCLE OF HUMANITY

**Connie Lawrence, MSW, LSW, CETII; Connie has a love of music and has developed programs to build connection and spontaneity. She has used experiential methods in the business world, in treatment of trauma and with youth empowerment groups; Barbara Guest, BEd, LSW, RSW, TEP; In addition to her training in psychodrama she brings to this work her bodywork training in Reiki and Shiatsu. When not leading training workshops, Barbara has a psychotherapeutic private practice with Shalom Counselling in Waterloo Ontario.**

Connie Lawrence, founder of *Rock the House!*, comes back for another exciting round of music and Shake-your-booty Sociometry. Learn how to mix and loosen the most diverse crowd with up-tempo music and simple exercises; followed by a softer musical connection to Authentic Self. Experience the one heart beat of ancient tribal dance and unifying power of musical prayer for world peace. Non-dancers welcome to play in this safe environment.

## 106 FIRST DISCOVER THE STORY. THEN REBUILD

**Donell Miller, PhD, MA, Mdiv, TEP; Directs Workshops; Author, training manuals and novels; Marriage Family Therapist for Beacon Reminders, University United Methodist Church of Redlands, CA; Grover Porter, JD; Criminal Law Practice, San Bernardino, CA; Teaches lawyers under direction of Gerry Spence.**

Your memory is you. All memory is filed under specific stories keyed to emotion. Filter out the basic story from its abortive manifestations. Broaden context to show how more of the same invites failure. Stage options aimed at a better story. Your practice in processing beginnings leads to closures relevant to protagonist settings such as a lawyer's voir dire and client preparation, a mystery writer's plotting, and chaplain care. Or present your own personal story.

## 107 PSYCHODRAMA IN CLINICAL SUPERVISION

**David Moran, CAC/CCDP-D, LCSW, CP, PAT; Director, Crozer Chester Recovery Center; Vice President, ASGPP; 15 years experience specializing in group and community interventions; A holistic healer utilizing Psychodrama, EMDR and Reiki as well as Isagenix, a Health and Wellness Program; Deborah Karner, MSW; Deb has 35 years experience as an Operatic Stage Director along with her Psychodrama, Addictions and Domestic Violence experience.**

Psychodrama in Supervision will be co-created by the group members and involve participant's case examples, whether that would be group, individual or couple. This model utilizes the energy and needs of the group. Based on the belief that all the needs of the group will be met by the resources of the group. Using psychodrama for supervision is an action method that calls for the spontaneity and co-creativity of the supervision group.

## 108 GROUP COHESION VIA COLLABORATIVE STORY BUILDING

**Letitia Travaglini, MA; Master's student at West Chester University and a research assistant to Aaron T. Beck, MD at the University of Pennsylvania; Christine Seaver, MS; Graduated from Philadelphia College of Osteopathic Medicine in 2005 with a Masters in Clinical Health Psychology. She is currently a practicing counselor; Tara K. Mangan, MA; Thomas Treadwell, EdD, PhD, TEP; Psychologist; Professor of Psychology, West Chester University; Recipient, ASGPP Hannah Weiner Award; West Chester, PA.**

This experiential workshop builds cohesion among group members through collaborative story building and telling. Group members engage in a collaborative sharing process of individual stories to construct a group narrative utilizing psychodramatic techniques. Members are divided into subgroups to create stories and share their stories at the end of the workshop. It is expected that CSBT will help group members more thoroughly engage in group processes and further develop group cohesion.

5:00 pm - 6:00 pm

## CLOSING CEREMONY

Warm up to next years Conference as you meet the 2011 conference hosts. Say goodbye to new and old friends.



## MONDAY April 19, 2010

8:30 am - 10:30 am REGISTRATION

9:00 am - 5:00 pm POST CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. ADDITIONAL FEE REQUIRED.

### 9:00 am - 5:00 pm ALL-DAY WORKSHOPS

#### 109 PSYCHODRAMA: THE UNIVERSAL SOCIOMETRIC HEALER

**Louise Lipman, LCSW, CGP, TEP;** Director, Psychodrama & Creative Arts Therapy Institute, NYC; Private Practice, NYC; Past President, ASGPP; Fellow, ASGPP; Recipient, ASGPP Hannah Weiner Award and Innovator's Award; President, NY Chapter, ASGPP; Member, American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy; **Mary-Jo Amatruda, LPC, CGP, TEP;** Director, Psychodrama Institute of New Haven, New Haven, CT; Private Practice, NYC; Past Chair and Member: American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy; Recipient, ASGPP Zerka Moreno Award.

There is a parallel process that occurs in psychodrama groups which involves Moreno's triadic system of Sociometry, Psychodrama and Group Psychotherapy. The psychodrama that is enacted can be seen to reflect the unspoken act hungers and open tension systems that exist in the co-unconscious of the group. This parallel process reflects the internal sociometric consciousness of every group member including the director. We often stop the psychodramatic process with the sharing, but this workshop will demonstrate how to extend the work to the underlying sociometric connections, telic bonds and transferential ties involved in this parallel process.

#### 110 SOULDRAMA®: STARVE THE EGO: FEED THE SOUL

**Connie Miller, LPC, NCC, TEP;** Souldrama® was developed by Connie Miller in 1997 as a therapeutic tool created for use as an adjunct to psychodrama and designed to move clients past resistance from co-dependency to co-creativity. Connie is the founder of the International Institute of Souldrama and also the owner of the Spring Lake Heights Counseling Center and Center For Co-dependency in New Jersey.

In these times of crisis, more spirituality is needed by helping people access their spiritual intelligence. Souldrama, recognized as one of the new advances in psychodrama, is a psychospiritual group action model that helps participants align their ego and souls by passing through seven sequential stages of spiritual development.

*This is a 2010 Award Winners Workshop*

#### 111 CONNECTING WITH OTHERS WITHOUT LOSING OURSELVES

**Nan Nally-Seif, LCSW TEP;** Co-director The Psychodrama Training Institute a division of the Sociometric Institute, adjunct Professor at Fordham University College of Liberal Studies and she has a private practice in New York City.

This workshop will explore the connections and disconnections in our life. How do we connect? What blocks these connections? How can we connect without losing ourselves. These are some of the questions we will look at using sociometry and psychodrama. This workshop is primarily experiential.

### 9:00 am - 1:00 pm HALF-DAY WORKSHOPS

#### 112 DUAL IDENTITIES WITHIN DIVERSE COMMUNITIES

**Martica Bacallao, PhD, MSSW, CP;** Assistant Professor of social work at the University of North Carolina-Greensboro. Expertise lies in promoting biculturalism in Latino communities.

Many bicultural, biracial, or bisexual individuals are faced with fashioning dual identities which can compete, converge, or conflict depending upon the person's environment, social supports, and life stage. This experiential workshop demonstrates the Diamond of Opposites for helping people explore complex identity issues and for using dual identities to connect with diverse communities. Using acculturation research as the foundation for the didactic component, competing linear (assimilation) and non-linear (alternation) theories will be presented in action using the Diamond. Participants will discuss how they might use these techniques in their own work.

*This is a 2010 Award Winners Workshop*

#### 113 WHAT THE BODY KNOWS - THE CYCLICAL JOURNEY

**Judy Swallow, MA, CRS, LCAT, TEP;** Judy is co-director of the Hudson Valley Psychodrama Institute. Judy is a Rubinfeld Synergy practitioner and teacher, a Psychodramatic Bodywork graduate, and has studied Rhythmic Integration for 8 years. She also loves doing Playback!

By tuning in to the wisdom of the body, we can traverse more consciously and confidently the cyclical journeys of life. This workshop will combine elements of Hale and Mosher's Sociometric Cycle and Robbins' The Rhythmic Cycle of Change with body/mind awareness experiences that embody these passages. We will explore how we get stuck in familiar patterns and ways to get unstuck. This experiential overview can help people work through challenging transitions in their lives.

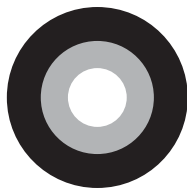




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**68<sup>TH</sup> Annual Conference**



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Who can attend? Dr. Nancy maintains an open door policy for anyone sincerely interested. Trainings are designed as independent units — you can attend one or all.

- *Moreno's Social Atom: the First Internet!  
Explore Your Relationships in Action* - 1/9/10
- *The Search for Soul — Moreno's Godhead —  
What's Missing in my Life?* - 3/6/10
- *Closure: Is this Really Necessary? I Hate Goodbyes!* - 5/8/10

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Private Trainings designed to fit your practice or setting: Clinical,  
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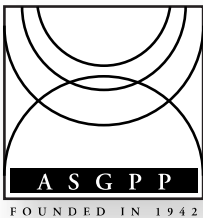
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***WARM-UP***



***SHARING***

***ACTION***

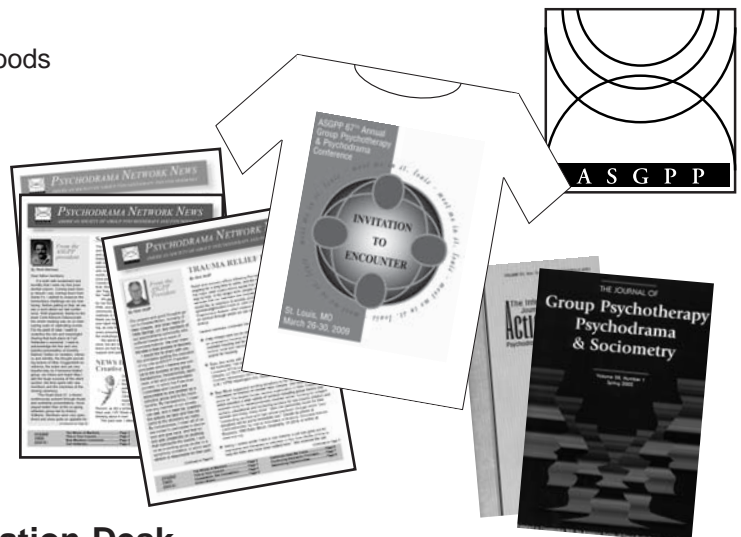


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