



*From the
ASGPP
President*

Dave Moran, LCSW, CCDP, TEP

Sharing as I De-role

Welcome to all our PNN readers. I hope this finds you healthy and enjoying your loved ones. I would like to use this article and our time together to allow me to transition from the role of president. I am stepping down as of April 2015. I want to thank you all for your time and our work together. There are just too many people to name for it has been a shared journey. Our time together was important in those moments and has endearing memories. I would like to 'de-role' by sharing some observations about our Passion, Sociometry and Tradition.

The Passion, I believe, comes from the profound experience of Psychodrama and or Sociometry and its effect on our life's journey. We all have those profound experiences and are recreating those kinds of experiences for others. There is another aspect of our Passion and that is the genius that many of you possess. In the role I found at times to have to contain or deny the creativity, that genius and Passion. Having to do so results in an internal drain, self-reflection and consultation of the many who have shared the roles of the Executive Council and Executive Committee. I can apologize for stepping on people's toes, but that is not

(Continued on Page 10)

ASGPP ANNUAL CONFERENCE 2015

April 9 - 12, 2015

Sonesta Hotel Philadelphia, Philadelphia, PA

Revolutionizing Group Process through Psychodrama and Sociometry



Where did this fall go? April 9 will be here before we know it and so will our fabulous 2015 conference, "Revolutionizing Group Process through Psychodrama and Sociometry" at the fabulous Sonesta Hotel in Downtown Philadelphia. The City of Brotherly Love seems like the perfect place to focus on our sociometric skills while co-creating a conference that has something for everyone. If the revolutionaries could co-create a new country, we can certainly co-create an amazing experience for all.

As always we will open with our pre-conference day which offers full and half-day workshops in an assortment of areas by experts in a variety of fields. Workshops will explore the areas of mindfulness, sociometry, Eating Disorders, positive psychology, trauma, business, law and more; be sure to check our on-line brochure for all the details. We top off our opening day with our President's Reception followed by our first ever Diversity Forum.

Aside from fabulous workshops throughout the conference, we have amazing mornings. Ann Hale starts us off on Friday with an action plenary, "The Art of Connecting." On Saturday our keynote, Douglas Walter, JD presents "Sociometry in Congress: Creating Change in the Conserve One word at a Time". Also as a special treat to our community, we launch into Sunday with the Jonathan Moreno Coffee Hour, during which he will speak about his new book on his father, JL Moreno, "Impromptu Man". What a treat to have such diversity in our morning meetings.

Our evenings are nothing to complain about either. Friday night after workshops and our first time attendee and chapter meetings, is our Awards Ceremony Dessert Reception. Come honor some special people while enjoying sweets and treats.

On Saturday, we conclude our day with our world famous dance party. This year its "Philadelphia Freedom to be...whatever I want to be". You can come in costume or however you want us to see you. It will be a spectacular night and we hope you all will attend. We close our psychodrama revolution with a playback sharing conference experience.

Our silent auction and basket case raffle is still run by our dynamic duo, Rhona Case and Janell Adair. Like these heroes, we hope you will volunteer for many of the numerous positions from the triage room to session assistant to hospitality and more. Please support our co-chairs and steering committees in creating a revolutionary experience.

We can't wait to see you in April.

Your Co-Chairs: Colleen Baratka, Deborah Karner, Barbara McKechnie, and Sandy Seeger

INSIDE THIS ISSUE:

More Questions.....	Page 2	Therapeutic Model.....	Page 4	Tribute to Elizabeth White	Page 7
Conference Speakers.....	Page 3	Members in Action.....	Page 5	Auctions / BasketCases	Page 8
Sharing the Gift.....	Page 3	Networking Opportunities..	Page 6	Scholarship Donations...	Page 8
Across the pond.....	Page 4	The Healing Circle.....	Page 6	Workshop Proposals.....	Page 10

Psychodrama Network News

Winter 2015

Published three times a year by the American Society of Group Psychotherapy and Psychodrama, 301 N. Harrison St., Suite 508, Princeton, NJ.

PNN articles may be copied for personal use, but proper credit to PNN must appear on all copies made. This permission does not apply to reproduction for advertising, promotion, resale or other commercial purposes.

Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

Editor:

Design Editor: Patricia Phelps

Contributing Editors and Writers:

Ann Hale Heidi Landis Donna Little
Dave Moran John Mosher Stacie Smith
Rebecca Walters

2015 Conference Co-Chairs:

Colleen Baratka, Deborah Karner,
Barbara McKechnie & Sandra Seeger

ASGPP President: Dave Moran

Executive Director: Debbie Ayers

Advertising information and member address changes:
ASGPP

301 N. Harrison St., Suite 508, Princeton, NJ 08540
(609) 737-8500 (phone) (609) 737-8510 (fax)
Office hours are: Monday - Friday 9am - 3pm EST
asgpp@asgpp.org www.asgpp.org

*Executive Director, American Board of Examiners
in Psychodrama, Sociometry and Group Psychotherapy:*

Dale Richard Buchanan, Box 15572,
Washington, DC 20003-0572, (202) 483-0514,
abe@psychodrama@yahoo.com
www.psychodramacertification.org

*Send press releases, letters to editor and other news
to the ASGPP:* asgpp@asgpp.org
Please put "PNN Copy" in the Subject

Publication deadline:

SPRING/SUMMER: May 23 for publication July 30
FALL: Sept. 1 for publication Nov. 1
WINTER: Dec. 1 for publication Feb. 21

**Refer to our Advertising Policy
on our website: www.asgpp.org**

More Questions than answers.... Talking about diversity in the ASGPP

Heidi Landis, LCAT, RDT-BCT, CGP, TEP



In July of 2010, the New York Times asked students this question on its blog, *The Learning Network: Why is race hard to talk about?* The question, not surprisingly, sparked comments that displayed an array of opinions on the matter. Some proposed that talking about problems with diversity could be painful because so many people are on the edge about the subject.

Some spoke about it as a deeply emotional issue. Others guessed that it's due to discomfort with inequality between the wealth of the white community and that of minorities. One reader expressed their frustration with the issue, asking, "Why talk about race at all? The issue is divisive and always ends badly."

In my six years of being on the ASGPP's Executive Council, the topic of diversity has come up quite a bit, but how we have engaged in it has been careful and ultimately we have only skimmed the surface. I think we have let our fear of offending or saying something "wrong" get in the way of us honestly approaching some important questions that need to be explored. So I put this question out to you, to me, to us, the membership of the ASGPP — Why is race and diversity so difficult to talk about in our organization? I truly believe for our organization to grow we must be able to enter into these often challenging conversations.

So, what is diversity? According to the Cultural Dynamics Education project, "Diversity is the difference between people including, but not limited to, shape, size, ability, gender, color, age, sexual orientation, family background, economic status, spiritual belief, race, culture, ethnicity and political affiliation."

One of the things that Moreno's concept of sociometry has taught us is that people gravitate toward people like them. We've long known that similarity makes people like and identify with each other. Because of this we often privilege and promote those who share our own attitudes, behaviors, and traits. Thus, many organizations unknowingly have "prototypes for success" that perpetuate a likeness bias and limit how people connect. I wonder if and how this is playing out with us? On the other hand, an important part of understanding diversity that is often overlooked is that it includes similarities as well as differences. Understanding that we have similar interests or beliefs can encourage cohesion. But can we make the commitment to understand and appreciate that disparity in social and economic opportunity among groups often reflect the continuing impact of racism, sexism, and other forms of prejudice?

Sociometry also teaches us about how to explore and question the dynamics that play out in groups, leading to a deeper understanding of connections and choices. So then I ask, how are we using the tools that we have to change the conserve that we have gotten stuck in to grow into who we hope to be? Are we using our own methods to appreciate intercultural dynamics and social identities? Are we using sociometry to look at how patterns influence the way people understand and interpret the world? Are we using sociodrama to explore the societal issues around race and diversity? Are we doing our own psychodrama work to explore our own biases and preconceptions?

As a Council member and a member of the ASGPP, I wonder how we can do more to engage our community in the often difficult conversations and explorations around diversity in the ASGPP. So I want to put my money where my mouth is — I hope you will join me and some of my colleagues for the first, and hopefully, annual diversity forum at the next conference entitled:

Who We Are and Who We Want to Be: Performing and Exploring Diversity in the ASGPP.

This forum, led by Heidi Landis, TEP, RDT-BCT, LCAT, Nisha Sajani, PhD, RDT- BCT and Britton Williams, LCAT, RDT, will create a space to share conversations and awareness about who we are as a community and how we might promote healing, understanding and growth around diversity and social inequity. Practicing an open and reflective stance to difference and issues relating to power and privilege is a necessary part of ethical practice. Through sociometry, sociodrama and drama therapy techniques, we will take time to identify, cultivate and "perform" our vision around diversity for the ASGPP.

We will make mistakes, we will offend and hurt each other but we will begin the conversations. Hope to see you there.

CONFERENCE SPEAKERS

SATURDAY KEYNOTE SPEAKER:

Sociometry and Congress: Creating Change in the Conserve One Word at a Time

DOUG WALTER, JD



Doug Walter is the Associate Executive Director for Government Relations for the American Psychological Association Practice Organization and a leading mental health advocate in Washington, DC. He was a principle negotiator in discussions leading to Congressional passage of the Mental Health Parity and Addiction Equity Act and the

Affordable Care Act. A principal privacy advocate, he helped formulate patient privacy protections in the HIPAA Privacy Rule and HITECH Act.

Doug Walter shares insights on the social conserve of Congress, based on nearly 25 years of working with national policy makers in health and mental health care, and explores how these dynamics may impact the future of psychodrama, sociometry and group psychotherapy.

FRIDAY PLENARY SPEAKER:

The Art of Connecting

ANN E. HALE, MSLIS, MA, TEP



Ann E. Hale graduated a Director of Psychodrama with trainers J.L. and Zerka Moreno in 1973, at age 31. In 1975 she founded the Toronto Centre for Psychodrama and Sociometry, and in 2005 the International Sociometry Training Network. Ann is a former ASGPP President, recipient of the President's Award, the Hannah B. Weiner Award, the Zerka T. Moreno

Award, the David A. Kipper Scholar Award, and is a ASGPP Fellow.

Each time we attend a meeting like this, there always exists the possibility to bring vitality and diversity to our ongoing circle of relationships. The universe always has surprises in store. With me will be members of the year-long applied sociometry course. We'll teach some of the elegant and necessary elements of discovering our connections.

For complete conference information and to register online, go to our website:
www.asgpp.org.

Sharing the Gift

Stacie L. Smith, MA, LPC Intern



Throughout the year, we each have opportunities to give and receive gifts from those who matter to each of us. The gifts – how often do they break or run out of usefulness? So, what if we gave a gift that could survive through upgrades and the most punishing usage? What if we began giving the gift of psychodrama?

Several months ago, my fellow psychodrama trainees and I received a challenge from our trainer, Katrena Hart, to create a one-day conference to share psychodrama with other mental health professionals around the Dallas-Fort Worth metroplex. Needless to say, we all went through the process of doubting our capabilities to take on such a task, but the seed of opportunity had been planted.

As we warmed up to the idea of the mini-conference, many of us began thinking about what workshops we would present if this “crazy idea” actually came to fruition. We considered the skills that have been learned and strengthened through practice, failure, and success. We thought through the “what if’s” and “can we really’s” until we recognized that not only was the conference indeed a possibility, we had eight viable workshops to offer to the community. Rather suddenly, our creativity was sparked with the fire of spontaneity and the first psychodrama mini-conference in Dallas-Fort Worth was born.

Through the months that followed, each of the Bridging Harts Psychodrama Institute trainees were challenged to step out of his or her comfort zone and think about and/or embrace roles that had not previously been considered. Some stepped into the role of presenter, others into the role of marketing, and others into the role of session assistant or conference volunteer. Each trainee stretching together created what none could do alone – a conference attended by more than 100 counseling professionals, students, and clients from across Texas and Oklahoma.

The greatest gift of psychodrama wasn't limited to those in attendance for that singular day, although they each walked away with the gift. Rather, the greatest gift came to those of us who reached beyond the possible, who dared to dream big, and came together with a common goal. For in doing so, not only were we able to give the gift of psychodrama to others, we were able to give psychodrama to ourselves in a unique and meaningful way.

As you continue into the New Year, I hope you each find a way to give the gift of psychodrama. As you do, the gift will also return anew to you.

Stacie L. Smith, MA, LPC Intern
Supervised by Nathaniel Smith, MA, LPC-S
Trained by Katrena Hart, MS, LPC-S, CBT, ATA, CETT, TEP

Across the pond

Rebecca Walters, LCAT, LMHC, TEP



This past September The British Psychodrama Association (BPA) and The Psychodrama Section of the International Association for Group Psychotherapy and Group Processes (IAGP) hosted an International Conference of Psychodrama, Group Psychotherapy and Group Processes: "Empowering Practice: Integrating Psychodrama, Sociodrama and Other Modalities". It was a warm and intimate conference held on the grounds of Royal Holloway – University of London, not far from Windsor Castle.

Workshops were two hours long with small and large groups held each day. Morning plenaries incorporated academic and theoretical presentations from international experts including Marcia Karp's interview of Jonathan Moreno discussing his new book *Impromptu Man: JL Moreno and the Origins of Psychodrama, Encounter Culture and the Social Network*.

A number of ASGPP members attended and presented workshops, including Dena Baumgartner, Yacov Naor, Mimi Moyer, Sue Daniels, Judy Swallow, Rebecca Walters, Tamar Pelleg, Liz White (deceased), Pamela Goffman, Rebecca Ridge, Kaya Kade, Jaye Moyer, Louise Lipman, Susan Mullins Overman, Sandra Seeger, Mine Bas Gorgun, Elaine Ades Sachnoff, Gong Shu, Mario Cossa, Sylvia Israel, Saphira Linden, Katherine Norgard, Adena Banks Lee, Eberhard Scheiffele, and Jeanne Burger.



Marcia Karp interviewing Jonathan Moreno



Left to right: Mimi Moyers, Becky Ridge, Susan Mullins Overman, Pamela Goffman, Jeanne Burger and Sandy Seeger

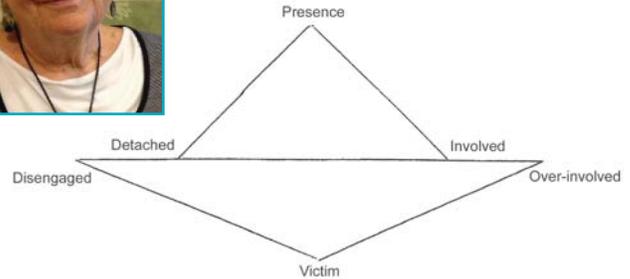
Photos courtesy of Sandy Seeger

The Dynamic Therapeutic Model (LITTLE/LYON)

Donna Little, MSW, TEP



This method combines two triangles. The Psychosynthesis Triangle and the Karpman's Triangle which is inverted.



The presence place represents the place of Non-Attachment. Presence rests on non-attachment, the letting go of preconceptions about what ought to occur and of the desire for some kind of measurable success. The challenge is to be involved and detached at the same time. Presence holds the balance of both those poles. In the role of director or therapist or group leader the challenge is to be aware of our own needs and biases, and to free ourselves from their influence as much as possible. This view comes from a trusting of the spark of the divine in each person, that the solution resides with the protagonist and the story that will unfold. Acceptance and respect for the protagonist and their story is part of the presence.

The involved place represents feeling connected to clients, empathetic, understanding.

The detached place represents seeing the patterns and dynamics in the situation.

The over involved place is a place of the rescuer, the feeling of worrying, wanting to take a client home, or take care of them.

The disengaged place is a place of fear, rage, or of hurt, (fight or flight response) and a desire to push the client away or to bail on a client.

The victim role is the role of the blameless, the helpless.

The inverted triangle has over involvement, or as Karpman would describe the role of rescuer.

The persecutor role is described in this model as disengaged. The victim role rests at the bottom. Stephen Karpman, whose drama triangle of the victim, the persecutor and the rescuer is well known, developed this model in 1966. He is a transactional analysis therapist. Another TA analyst Claude Steiner says:

- The victim is not as helpless as he feels
- The rescuer is not really helping
- The persecutor does not really have a valid complaint.

In 1980 in the New Life Program, a treatment program for women who were in danger of abusing their children, we worked in action with this model, helping the women to turn the rescuer into the consultant to help the victim confront the persecutor.

The Psychosynthesis Triangle model added to the Karpman Drama Triangle in the '90's was first used by Nonie Lyon and me in a training group, giving participants the opportunity to move with their bodies to each

(Continued on Page 7)

Members in Action

* **Suzie Jary, LCSW-S, TEP**, was selected by the Dance Council of North Texas to receive the Mary Warner Award for Outstanding Service to Dance. She was honored in Dallas on August 31, 2014, for her over 20 years of presenting workshops and counseling for the national, not-for-profit, Career Transition For Dancers. Suzie uses sociometry and action methods in her workshops that she conducts across the US, bringing visibility to JL Moreno's methods in the fields of arts and career education.

* **Joseph Moreno, MT-BC**, has continued to be very active with his international workshops in music therapy and psychodrama and related group therapy processes. Most recently he has presented his workshops in Beijing, Hong Kong, Shanghai and Inner Mongolia, China, in Malaysia in Kuala Lumpur and Kuching, Borneo, in Ubud, Bali, and Jakarta, Indonesia and in Amersfoort, Holland.

In spring 2015 he has been invited to serve as visiting professor at the University of Hong Kong in their graduate program in the Expressive Arts Therapies.

* In August, **Adena Bank Lees, LCSW, BCETS, CP** and **Marlo Archer, PhD, PAT**, presented a full-day pre-conference workshop, "The Collective Wisdom of Addicts: Utilizing Psychodrama to Harness Resources for Recovery" at the 46th Annual Southwestern School for Behavioral Health Studies in Tucson.

They were asked to facilitate the networking portion of Sierra Tucson's November networking breakfast for 75 professional attendees in Phoenix and partnered with them again in November for the second quarterly offering of N.E.S.T. (Networking to Energize Stressed Therapists), a playful use of action methods to make and strengthen professional connections.

* **Ann E. Hale, MA, TEP**, was the keynote speaker at the AANZPA meeting held in Christchurch, New Zealand in January. The Conference theme was: "J. L. Moreno, a Man of His Times: A Man of Our Times?" Also attending and presenting were **Donna Little, Marlo Archer, Anna Schaum, Elaine Sachnoff** and **Kaya Kade**.

* In November, **Adam Blatner, MD, TEP**, gave a presentation at the international conference of the Applied Improvisation Network meeting in Austin, Texas.

The next week Adam presented at the drama therapy program at the California Institute for Integral Studies, noting how there are a number of methods all combining improvised enactment and collaborative creativity.

In February Adam presented to his local lifelong learning program (Senior University Georgetown) some ways that social psychology may be enriched by Morenian approaches and other ideas.

Adam has been appointed clinical associate professor of psychiatry at the Texas A&M Health Sciences Center in Round Rock and has begun occasional teaching workshops for medical students.

* **Linda Ciotola, MEd, TEP**, presented at the annual Renfrew Conference on Eating Disorders in Nov where she facilitated a workshop on "The Trauma Triangle of Eating Disorders - Healing in Action". Over 70 participants joined the workshop which taught in action the concepts and methods described in the book co-authored by Linda and Karen Carnabucci, *Healing Eating Disorders with Psychodrama and Other Action Methods- Beyond the Silence and the Fury*.

ASGPP CHAPTER & COLLECTIVE NEWS

ASGPP REGIONAL CHAPTERS

Delaware Valley Chapter

Colleen Baratka / catharsisinstitute@live.com / 610/600-1476

Hudson Valley Chapter

Rebecca Walters / hvpi@HVPI.net / 845-255-7502

Mid-Atlantic Chapter

Steve Kopp / SteveK@sli.org / 301-592-0542

New England Chapter

Carol Feldman Bass, Co-President / caf.bass@rcn.com / 781-540-9486 • Maria Mellano, Co-President / MariaMellano@comcast.net / 617-913-3898

New York Chapter

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

Southern Chapter

Craig Caines / craigcaines@sprintmail.com / 205-249-7048

ASGPP REGIONAL COLLECTIVES

Denver Area

Erica Hollander / ericahollander@comcast.net / 303-978-9091

South Florida Collective

Linda Condon / lincondon@yahoo.com

The Toronto Centre for Psychodrama (Canada)

Barbara Guest / barbara.guest@cyg.net / 519-271-5542

COLLECTIVES UNDER DEVELOPMENT

* **The Alaska Collective.** Hello from Alaska. So since the conference in April we have met I think every month. We have a potluck and then do a psychodrama. In October one of the trainees actually directed the psychodrama on her own. These monthly meetings are free and a small dedicated psychodrama community is developing. One of the couples generously opens their house every month for this to occur and I am very thankful to their support! To find out more about their activities and upcoming events, contact Kaya at k.kade@att.net or www.kadeandassociates.com.

Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

Kansas/Missouri

Deb Shaddy / dsshaddy@aol.com

Minnesota

Mary Anna Palmer / maryannapalmer@yahoo.com / 612-309-7940

CONFERENCES AND NETWORKING OPPORTUNITIES



EACH OF THESE CONFERENCES IS A DOORWAY TO EXPANDED POSSIBILITIES FOR PSYCHODRAMATISTS.

February 23 - 28 — *“Promoting Secure Attachments through Group Therapy”* American Group Psychotherapy Association Annual Meeting (AGPA). Hyatt Regency San Francisco Hotel at Embarcadero Center, San Francisco, CA. Contact: www.agpa.org

April 9 - 12 — *“Revolutionizing Group Process through Psychodrama and Sociometry”* ASGPP Annual Conference. Sonesta Hotel Philadelphia. Philadelphia, PA. Contact: www.asgpp.org

April 23 - 26 — *“Blue Ridge Reflections: Word-Paths for Growth and Healing”* National Association for Poetry Therapy Annual Conference. Asheville, NC. Contact: www.poetrytherapy.org

April 29 - May 2 — *“La Fiesta del Encuentro y lo Intercultural”* X Congreso Iberoamericano de Psicodrama. Santiago de Chile, Chile. Contact: www.psicodrama2015.com/ws/

July 8-12 — *“Bridging Cultural Terrains, Expanding the Lens of Art Therapy”* American Art Therapy Association, 46th Annual Conference, Minneapolis, MN. Contact: www.americanarttherapyassociation.org

August 6 - 9 — Annual American Psychological Association (APA) Convention. Toronto, Canada. Contact: www.apa.org

September 1 - 5 — *“Despair and desire in times of crisis”* 19th International Congress of Group Psychotherapy and Group Processes (IAGP). Rovinj, Croatia. Contact: www.iagpcongress.org

September 30 - October 4 — *“Oh! Eros unconquerable in battle”* (Antigone, by Sophocles) 5th International Sociodrama Conference. Kos island, Greece. Contact: geo.chan@yahoo.org

October 9 - 13 — North American Drama Therapy Association 2015 Annual Conference (NADTA). Washington, DC. Contact: www.naadac.org

Check the ASGPP website, www.asgpp.org, for additional Upcoming Conferences.

The Healing Circle

John Raven Mosher, TEP at Blue Sky Counselors, Inc. in Seattle, WA has been developing *The Healing Circle: Myth, Ritual and Therapy* for over thirty years. His first presentation to his psychodrama colleagues of the Healing Circle was in 1985. So thirty years later we celebrate this remarkable adjunct to therapeutic and psychodramatic practice. Since that time, over 2000 people have attended workshops and conferences where he presented, here in the states, at ASGPP, and overseas.

John credits his grandfather with teaching him how to read, "...and I have read voluminously ever since. When he died I decided I wanted to be wise like him, and to learn something new every day." John was raised in the Roman Catholic Church. "All through the church you'll find the quartered circle. The Rose Window is one of the most elegant depictions of the circle. Carl Jung identified the circle as the symbol of the fountain in the square, a symbol of wholeness, unity and the self."

Carolyn Skolnick, LMHC, CP and Liz Little LMHC, CP, from Seattle, both teach the model to their clients. "The model really speaks to them. It resonates to how they experience themselves. It gives a structure and even words to help them identify and articulate their experience. Because it is not a pathological approach, they learn skills for moving through the quadrants of their life story. It gives them hope. Through this model they can see there is a way to get there. And, others have been on the same or similar pathways."

Ann Hale, MA, TEP: "Having attended John's first two presentations I was able to quickly apply the quartered circle to sociometric positions held in a group and to role development. I later applied Interpersonal Neurobiology to the cycle. Being able to present this framework has "humanized" the qualitative aspects of our connections with each other, and opened up a myriad of applications over the years. John very generously gave me a CD of his work, now entitled *Cycles of Healing: Creating Our Pathways to Wholeness*. He calls it an "open source" document. On the cover it says "Use it as you like. Cite me if you can." He will be presenting in Philadelphia.

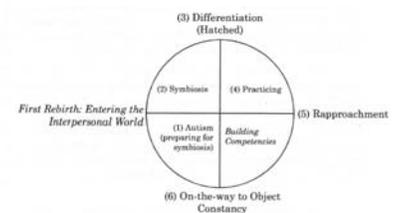


Chart 53. Mahler's Model of Development



Tribute to Elizabeth Anne White

1932-2014

by Donna Little

Liz was a brilliant star in the psychodrama galaxy. Whether you encountered her one to one, or as a presence in a group, as a leader in a group, as trainer or through her books; your encounter was memorable.

I had the privilege of knowing, working with, and loving Liz for over 40 years. She initiated bringing LIFE SKILLS to the YWCA in Toronto, when we worked together there. She was curious about models and saw their relevance and introduced them into a new system. She was influential in bringing Psychodrama to Toronto in supporting Ann Hale to establish a training program here in 1975. She was the first Chair of the original board of the TCPS. Her husband Ian was also on the board, as a lawyer helping in the incorporation. Most of the workshops in the early days took place in her house or her cottage. She also created the model of the New Life Program, a treatment program for women who had been abused and



were in danger of abusing their children. We co created this program for mothers and children together. Liz was an amazing administrator, and after a few years she left the program in my hands, moving on to create anew. She established a training program in Saskatchewan. Her work took her all over the world, including Switzerland, Bangladesh, Cambodia, Israel, Turkey, the U.K. and destinations throughout North America.

She was a woman who loved deeply and was deeply loved. She guided many

through tumultuous times and left her mark on everyone she encountered.

We are all the better for having known her.

Though she died suddenly on a cruise with her beloved husband of 60 years, she left a wonderful legacy of her four children and nine grandchildren. Though the brilliance of her presence is gone, we are left with the after-glow in the hearts of those who knew and loved her.

Liz has been a vital, committed member of the psychodrama community and recipient of the ASGPP J.L. Moreno Lifetime Achievement Award. I will miss her generosity, her laughter and friendship over the long years. We met in 1974, forty years ago in October. — Ann E. Hale

Liz has been an important member of the psychodrama collective in the United States and Canada as an innovator, an author and a creative woman. Her passing is a great loss to our community. I have known her for 20 years and will miss her light, inspiration, kindness and spirit. — Louise Lipman

I am deeply saddened by the news of the loss of Liz White to our community and to my life personally. I first met her during my 9 years of being on the American Board of Examiners and found her so full of life, so joyful and always so spontaneous. In later years our paths crossed many times at BPA, ASGPP and other international conferences and she was always a ray of light around the world. Her good work will be missed but her joyful spirit even more! — Kate Hudgins

I am so sad. Liz was such a wonderful woman and fine psychodramatist. Such a huge loss. Our memories of her and her terrific books will always be with us. My condolences to all that have loved her. — Rebecca Walters

Dynamic Therapeutic Model

(Continued from Page 4)

of the positions and remember a time in their practice when they had felt this feeling. Giving them a felt sense of the different positions helped them to warm up to the psychodramatic work of unpacking their learning. I began using the model in group supervision sessions and occasionally in individual sessions, finding it was very helpful in unpacking the varied feelings. Participants could play their own role and their clients role, and it aided insights, and understanding. Later, in a training group I used it to process a very challenging conflict situation and it helped all the group members to articulate their truth in the different positions. This was after

the fact in the group unpacking the moment.

Later, I applied the model at closing time in a training group, when a conflict arose and it helped in the moment to unpack the feelings in the room and clear the air and people were able to speak their authentic truth and move from the entrenched positions to presence with themselves and others.

I realize it has many more applications than I have found and it is a useful model. I presented it at the ASGPP a number of years ago, and many people seemed to find it a useful tool. I have also found it useful in teaching directors. Sharing this model is a pleasure and I am open to hearing how others find using it.

Auctions / BasketCases

These auctions and raffles are an important fundraiser for the ASGPP and an exciting way to share in the generosity and creativity of our members and friends.

View our donated items prior to the conference through our SMILEBOX emails and on the ASGPP website!

SILENT AUCTION – We are looking for donations of items such as: Jewelry * Artwork * Books * Pottery * CDs * Hand-made Items * Gift Cards * Supervision with TEPs, and other interesting offerings. We feature Artists in Residence, where we display works of art that are hand-crafted by our community. Please share your talents with our community through your fabulous donations.

LIVE AUCTION – We are looking for donations of larger ticket items, such as: Airline Tickets * Frequent Flier Miles * Rental Property * Timeshares * Cabins * Estate Jewelry * Week Intensives * Concert Tickets * Celebrity Donations, etc.

BASKETCASES – We will be raffling off creative and fun baskets filled with an assortment of goodies. Join with friends or your training group and create an enticing 'themed' basket of your choice to be offered at the conference. A prize will be given to the creators of the most sought after of the BASKETCASES! Raffle tickets will be sold throughout the day.

To donate items for the Auctions & Raffle please contact:

**Rhona Case, Psychobabble3@yahoo.com,
215-355-8380;**

Janell Adair, janelladair@gmail.com, 267-471-2460



Scholarship Donations Welcome

Please consider a donation to this year's scholarship fund to help underwrite the cost of an individual to attend the conference who might not be able to attend due to financial constraints. We helped 18 individuals through donations from our members and council last year. Anything you can offer from \$1 to ? is eagerly sought!

Thank you for helping us to reach out!

Your name will be listed in the Awards Program and Conference Guide.

Please send donations to the National Office, or call if you want to use a credit card:

American Society of Group Psychotherapy & Psychodrama
301 N. Harrison Street, Suite 508, Princeton, NJ 08540
(609) 737-8500, asgpp@ASGPP.org



Psychodrama Training Institute New York, NY

a Division of the Sociometric Institute since 1968

Weekend Training Program

Nan Nally-Seif, LCSW, TEP, Jacob Gershoni, LCSW, TEP,
and Jaye Moyer, LCSW, TEP

September through June 2015

Weekly Groups and Monthly Personal Growth Workshops

with Nan Nally-Seif, LCSW, TEP & Jacob Gershoni, LCSW, TEP

On Saturdays and Sundays, once a month

September through June 2015

Training credits available

Living an Intimate Life

2nd Sunday of the month beginning Sept 2014

In these three hour workshops, we will give time for meditation, reflection, active investigation and discussion. Topics and supportive practices will include loving kindness, compassion (for self and others) and forgiveness.

For information: www.Integraltherapy.net
Jacqui Siroka, ACSW, TEP, BCD & Jaye Moyer, LCSW, TEP
jayemoyer@integraltherapy.net



PSYCHODRAMA TRAINING INSTITUTE

19 West 34th Street, Penthouse, New York, NY 10001
www.psychodramany.com

Robert Siroka, PhD — Founder

Jacob Gershoni, LCSW, TEP — Co-Director
212-947-7111 ext. 145, jacobg12@gmail.com

Nan Nally-Seif, LCSW, TEP — Co-Director
212-947-7111 ext. 267, nnallyseif@rcn.com

Jacqueline Siroka, LCSW, TEP — Co-founder & Clinical Supervisor
212-947-7111 ext. 202, jacsiroka@yahoo.com

Jaye Moyer, LCSW, TEP — Faculty
845-774-9364, jayemoyer@integraltherapy.net

**Training Workshops
Winter & Spring**

(visit our website www.tcps.on.ca for details and for additional training workshops)

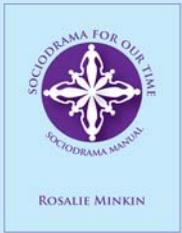


- **Weekend Residential Series: *Sociometric Cycle***, March 27-29, May 22-24, 2015 (Gadshill, ON) – **Donna Little, MSW, TEP** and **Barbara Guest, MSW, TEP**
- **Residential Weekend: *Grief***, March 6-8, 2015 (Gadshill, ON) – **Barbara Guest, MSW, TEP**
- **Non-residential Weekend: *Exploring Our Emotions Through the Medicine Wheel***, April 24-26, 2015 (Toronto, ON) – **Mike Lee, MDiv, TEP**
- **Residential Weekend: *Directing Intensive***, May 1-3, 2015, (Huntsville, ON) – **Donna Chantler, RN, Med, TEP**

Toronto Centre for Psychodrama & Sociometry
registration@tcps.on.ca • www.tcps.on.ca • (416) 724-3358

**SOCIODRAMA FOR OUR TIME
A SOCIODRAMA MANUAL**

By Rosalie Minkin, TEP



This revised 54 page manual covers four structures with which to construct a sociodrama for therapeutic settings, organizations and education settings. The step-by-step manual provides the basic process, from "Warm-Up" to "Integration." Sociodrama is a special educational method that assists groups and individuals to alter the quality of personal and social life experiences. Sociodramatic activity brings into powerful focus the key issues that promote or hinder group development and progress.

2nd edition available April 2015
www.sociodramainstitute.org

Ce-Classes.com



**UNLIMITED ONLINE CEUS
ONLY \$137 FOR 1 YEAR**

ATTENTION TRAINERS
Increase attendance and
enhance your workshops with
Nationally approved CEUs!

Visit us at Ce-Classes.com
Or Call (954) 290-8446

PSYCHODRAMA
Et Creative Arts Therapy Institute, NYC

**20TH Annual Summer
Residential**
August 2-26

Boughton Place, NY

*
**Weekend Psychodrama
Training Programs**

March 6-8; May 15-17

*
Saturday Workshops

March 7, April 14, May 16

*
Director Training Weekends

NYC – June 19-21

*

- Weekly Psychodrama Training & Therapy Groups
- Individual, Group Supervision & Consulting
- Literature Review & Exam Prep Course
- Trial Consultant

Director

Louise Lipman, LCSW, CGP, TEP

Director of Bilingual Psychodrama Services

Roberto Cancel, MA, LMSW, TEP

Drama Therapy Liaison

Heidi Landis, MFA, RDT, LCAT, TEP

Dance / Movement Therapy Liaison

Linden H. Moogen, MS, ADTR, LCAT, NCC

PAT on Staff:

Sari Skolnik, LCSW, PAT

For Information and Additional Offerings, Contact:

Louise Lipman, LCSW, CGP, TEP

1133 Broadway Suite 1227

New York, NY 10010

lipmannyc1@aol.com

917-698-2663

Approved CEU provider for: NAADAC, NBCC,
National Registry of Group Psychotherapy

President's Column

(Continued from Page 1)

the point of this “sharing”. I have heard it said that there are too many chiefs and not enough Indians. Not enough people to do the work suggested by our members. I have come to realize there is more Genius and Passion in our niche than we can “actualize”.

Another experience from the role is our Sociometry. Can there be too much “Sociometry”? Sociometry is a term that is overshadowed by Psychodrama as is our Group Psychotherapy experience. Sociometry INCLUDES! Sociometry includes Psychodrama, Sociodrama and group Psychotherapy. Sociometry includes others, measures group dynamics, and brings attention to conscious and unconscious connections. Our Genius and Passion are in our spontaneity and creativity. It is our Sociometry. Sociometry is giving rise to the “social network” theory and other community based modalities that recognize the larger network of the individual such as the family, the community and the individual’s social connections. I am disappointed we were not able to legally own the term Sociometry as our “Intellectual Property”. I came to realize that if we did own it, what we do with it as our own? That question I will bring to the third point of sharing our traditions.

Traditional or Classic Psychodrama is a gem in its own right. Our traditions of the triadic system; psychodrama, sociometry and group psychotherapy is a leader and fore-runner of the models seen in treatment and taught in universities. It also shows up in law, teaching and business. As with Psychodrama, JL and Zerka Moreno are not always mentioned and may not always be the source. But what they offered us has painted the landscape of our world, our culture and existing conserve. There is a little known story that Ann Hale recently told. I give credit to Anne for it is a nice place to mention her and she was the one I heard tell it. The story is of JL Moreno’s reference to the “cake I made”...JL Moreno said he made a cake with raisins. The cake is available for people to enjoy. But sometimes people like to just take the raisins from the cake and use them. We offer many aspects of Sociometry, referred to and used under many names. Do we have the rights to tell others how to use these sociometric tools? We try; JL and Zerka Moreno have tried. The truth be told we do teach sociometry, psychodrama and group psychotherapy. We teach those things and a few take the complete package and become Certified Psychodramatists, PAT’s and Trainers, Educators and Practioners of Psychodrama. Others take the raisins and other pieces of the cake and offer it as another model, claim it as their own or use it with other practices.

My summary is this. I have been impatient with the process of making things happen, holding on to traditions and expanding our sociometry. I have stepped on some toes. I have tried to be inclusive. I have tried to push the SAMHSA approved “Evidence Based Research”. There is a nice discussion going on this Thanksgiving weekend

about research. Erica Hollander our VP, by the way, is running again, hint hint... has taken the research ball and has a listserve for research. I am grateful, not only for her starting to actualize our passion, but for her support and grounding. Our Keynote Doug Walter this year is an advocate and negotiator of the Mental Health Parity and Addiction Equity Act. This Act has created a new conserve for the treatment of mental illness and addictions to be equal to our health care benefits. Doug is the type of actualization that we honor, Passion. Our Plenary is Ann Hale with her expertise on Sociodrama. Ann represents our Sociometry. And Jonathan Moreno will be discussing his new book “Impromptu Man: J.L. Moreno and the Origins of Psychodrama, Encounter Culture, and the Social Network”: representing the traditions set in place by his father and family’s work for generations to come.

We have made some cakes and shared our experiences. We have been as inclusive as our limitations have let us. Our sociometry is expanding. We have made some changes and planted some seeds. The future will decide if the ASGPP has grown during our shared time. I know I have and I thank you for that experience.

Respectfully submitted,
 “Yours in Service ...for free and for fun”
 David Moran, CADC, LCSW, TEP
 President ASGPP

WORKSHOP PROPOSAL UPDATE: WRITING LEARNING OBJECTIVES

We continue to refine and stay current with professional practices in our field. Whether you are a presenter for this years' or future conferences, a continuing education provider, or part of our community, the standard of practice today requires the writing of learning objectives for workshops and trainings. We want to give everyone time to digest and become familiar with writing Learning Objectives before the Call For Proposals for the 2016 Annual Conference. There will be two fields open for you to write clear Learning Objectives along specific lines and using "key" verb words. The electronic submission of workshops will be rejected if any field is left empty. These requirements are standards in the field, and are required for our Accreditation and Continuing Education process.

STAY TUNED as more explicit details with examples will be posted on the ASGPP website soon.



Donna Little, MSW, TEP and Ann E. Hale, MA, TEP are offering a three-day intensive prior to the ASGPP meeting in Philadelphia: *GUIDED BY SPIRIT, an experience of psychodrama directing*, April 6-8, 2015 Location: Temenos Retreat Center, West Chester, PA, 42 miles from the Philadelphia airport. Accommodation, meals and transport from airport to Temenos and then to the conference hotel will be coordinated. Persons arrive the evening of April 5 (Easter) to settle in before our Monday start at 10am. **Workshop description, details and costs** may be found at: <http://www.sociometry.net>. Venue: www.temenoscommunity.org
Description: Psychodrama experiences call forth potent elements related to the spontaneity state and the process of creation. A group and its leaders often join together to support the weaving of reality, express4ed and unexpressed hope, support from wisdom figures, messages from the universe and the richness of spiritual practices. This workshop provides for a dialogue between these elements and ways our skill building can expand to include the extraordinary guidance that is available to us. (28 training hours credited)

540-400-8182 • 519-836-6654



South Florida Center for Psychodrama

ACTION TRAINING AND GROUPWORKS



A Well-Being, Strengths Based approach to Relationships, Families and Organizations

Certified Positive Psychologist
 Certified in Encounter Centered Couples Therapy

Psychodrama private training and supervision

Private sessions, small groups; training and consultation specifically designed for your needs and organization

Psychodrama Literature Review and Exam Prep for CP, TEP, private or small group. Phone or skype available.

CONTACT:

Dr Nancy Kirsner, PH.D, LMFT, OTR, TEP
 (305) 274 - 8283 • nancykirsner@gmail.com

www.drnancyfla.com

Therapeutic Spiral International presents East and West Coast Level 1 Training for 2015



More information is on our website at www.drkatehudson.com

East Coast Level 1

Co-leader: Linda Ciotola, MEd, TEP

February 19-22

Neurobiology and the Body Double to Decrease Dissociation
 Harper's Ferry, MD

July 9-12

Working with Defenses
 Harper's Ferry, VA

September 17-20

Transforming The TSM Trauma Triangle
 Harper's Ferry, VA

West Coast Level 1

Co-leader:

Sylvia Israel, RDT, LMFT, TEP

March 6-8

Releasing Shame and Touching Your Light
 Portland, OR

March 9-10

An Action Lab with Kate Hudson & Armand Volkas: *Trauma from the Collective to the Individual and Back*

March 13-15

The Interpersonal Neurobiology of Trauma
 CIIS, San Francisco, CA

March 20-22

Making Friends with Your Defenses
 San Raphael, CA



Arizona Psychodrama

INSTITUTE

Cultural Competency & Diversity and Ethics in Action

March 15 or 22 in Phoenix

Dr. Marlo Archer, PAT & Adena Bank Lees, CP, LCSW

Second Annual Psychodrama Residential

June 11-14 at the Phoenix-Scottsdale Embassy Suites
 Early Bird \$495 until 3-10-15, Advance \$545 until 5-10-15, then \$625
 Dr. Marlo Archer, PAT & Debra Gion, CP, LPC

The "Dorothy Series" — Grayce Gusmano, CP, LPC

July 22, & Oct. 11, 2015 & Jan. 16 & April 9, 2016
 Self-Exploration for Therapists based on the teachings of Dorothy Satten

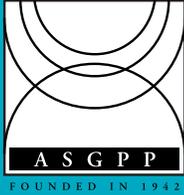
Let Your True Colors Shine: Psychodrama & Art Therapy

August 15 in Tucson

Dr. Marlo Archer, PAT & Lori Feingold, PAT, NCC

ASGPP Approved CEU Provider

Arizona Psychodrama Institute
 602-456-1889 • www.AzPsychodrama.com



PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF
GROUP PSYCHOTHERAPY & PSYCHODRAMA
301 N. Harrison Street, Suite 508
Princeton, NJ 08540

Non Profit
US Postage
PAID
Princeton, NJ
Permit No. 380

ASGPP LIFETIME MEMBERS

Martha H. Adams, Shirley A. Barclay,
Sue Barnum, Dena Baumgartner,
Adam Blatner, Dale Richard Buchanan,
Jeanne Burger, G. Couth Calven,
John Cannon, Robert O. Clark,
Mario Cossa, Cathy Deats, Nina Garcia,
Jacob Gershoni, Kay Grimes,
C. Rhode Hardy, Kate Hudgins,
Andrew R. Hughey, Nancy Kirsner,
Stephen F. Kopp, Louise Lipman,
René Marineau, Sue McMunn,
Rosalie Minkin, Zerka Moreno, Andrea
Lowry Offner, Linda Kay Oxford,
Mary Ann Palmer, Herb Propper,
John Rasberry, Rebecca Rucker,
Elaine Ades Sachnoff,
James M. Sacks, Anne Schutzenberger,
Ella Mae Shearon, Gong Shu,
Jaqueline Dubbs Siroka,
Robert Siroka, Guy Taylor, Jan Tras,
Daniel J. Wiener, Marie Welsch,
Natalie Winters, Nick Wolff

HUDSON VALLEY PSYCHODRAMA INSTITUTE

Judy Swallow, MA, TEP & Rebecca Walters, MS, TEP

March 13-15 — Intermediate Psychodramatic Bodywork
with Susan Aaron

April 24-26 — Narratives in Action

**May 8-10 — I Don't Want to You Can't Make Me:
Action Interventions with Adolescents and Substance Abusers**

July 2-6 — Summer Psychodrama Intensive

July 10-15 — Directing Intensive

**September 18-20 — I Don't Want to You Can't Make Me:
Action Interventions with Adolescents and Substance Abusers**
Venice, Italy

*130 hour Core Training in Psychodrama, Sociometry and Group
Psychotherapy meets 18 days a year, in either three sessions or six sessions

Boughton Place, Home of the Original Moreno Psychodrama Stage
Highland, NY

HVPI • 845-255-7502 • hvpi@hvpi.net • www.hvpi.net