



# PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF GROUP PSYCHOTHERAPY AND PSYCHODRAMA

WINTER 2006



*From the  
ASGPP  
President*

By Nick Wolff

## THE SUM OF US

Here is what we have accomplished since the last newsletter reached you:

### Psychodrama Information Response Team.

- People from all over the world contact the national office with a variety of questions about psychodrama – e.g., where to get training, how to get published, where to find literature – and a team of ASGPP members have volunteered to respond to these inquiries. Questions are passed on to someone on the team based on their specialized knowledge or location. The intelligent, timely, and professional handling of each situation by these team members represent us well: **Mary-Jo Amatruda, John Raspberry, Staci Block, Herb Propper, Esme Pitel, and Vickey Finger.**

### Creative Publicity for the San Francisco Conference

- The Western Conference on Addictions in Los Angeles in November 2005 was an opportunity for us to publicize our upcoming conference to an important group of potential participants – and members. The **Executive Council** donated their own money to pay the fee for an exhibit table to display materials about the conference and the society,

*(Continued on Page 5)*

## "Gateways to Wholeness: Connecting to Self and Community Through Action"

— ASGPP Annual Conference —

San Francisco  
April 27 - May 1, 2006

By Conference Co-Chairs  
Sylvia Israel, Judith Glass, and John Olesen



This year the annual conference will be co-sponsored with the California Institute of Integral Studies (CIIS), which integrates mind, body, and spirit in higher education, applying the spiritual and practical dimensions of knowledge for the good of mankind. More information about CIIS is available on their website:

[www.ciis.edu](http://www.ciis.edu)

### Conference Highlights will include:

- "Our Senses: A Body/Mind Gateway to Wholeness" Opening plenary by Tian Dayton, PhD
- "The Superdynamic Community" Keynote by Jonathan Fox
- "The Citizen Actor" Workshop by Jonathan Fox
- Impressive roster of presenters from the fields of psychodrama, group psychotherapy, drama therapy, law, expressive arts therapies, and education
- First-ever Teacher's Symposium
- Performing artists from a range of culturally diverse backgrounds

### Here is what you can do:

- Register early
- Plan on attending a Pre- or Post-Conference Workshops
- Bring friends and colleagues
- Pack for daytime sunshine/warmth and nighttime fog/cold
- Prepare to grow, connect, learn, and fill your heart

### INSIDE THIS ISSUE:

The Whole of Mankind.....	Page 2
This is Your Council.....	Page 3
Niche Marketing.....	Page 4
Action Board.....	Page 5

Eduction as a Creative Art.....	Page 6
ASGPP/ American Brd of Examiners	Page 7
Networking Opportunities.....	Page 8

# Psychodrama Network News

WINTER 2006

Published three times a year by the American Society of Group Psychotherapy and Psychodrama, 301 N. Harrison St., Suite 508, Princeton, N.J.

PNN articles may be copied for personal use, but proper credit to PNN must appear on all copies made. This permission does not apply to reproduction for advertising, promotion, resale or other commercial purposes.

Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

*Editor:* Jude Tredler-Wolff  
*Design Editor:* Patricia Phelps

*Contributing Editors and Writers:*

Mary-Jo Amatruda	Sue Barnum	Adam Blatner
Dale Buchanan	Karen Carnabucci	
Vickey Finger	Judith Glass	Sylvia Israel
Suzie Jary	Paul Lesnik	John Olesen
John Raspberry	Michael Traynor	Nicholas Wolff

*ASGPP President:* Nick Wolff  
*Executive Director:* Eduardo Garcia  
*Membership Chair:* Paul Lesnick

*Advertising information and member address changes:*  
ASGPP  
301 N. Harrison St., Suite 508, Princeton, NJ 08540  
(609) 452-1339 (phone) (732) 605-7033 (fax)  
asgpp@asgpp.org www.asgpp.org

*GroupTalk Listserv Moderator:*  
Thomas Treadwell, Treadwe@asgpp.org

*Executive Director, American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy:*  
Dale Richard Buchanan, Box 15572, Washington, DC 20003-0572, (202) 483-0514, abepsychodrama@yahoo.com

*Send press releases, letters to editor and other news to editor:*  
Jude Tredler-Wolff  
180 E. Main St., Suite 300, Smithtown, NY 11787  
E-mail: Lifestage\_2000@yahoo.com

*Publication deadline:*  
SPRING/SUMMER: May 30 for publication June 30  
FALL: Sept. 1 for publication Nov. 1  
WINTER: Dec. 1 for publication Feb. 21

## The Whole of Mankind



by Sue Barnum

### PLAYBACK FOR KATRINA

As you know, last month I asked in my column that you write to me to let me know how you are using your action method skills to aid the Katrina/Rita survivors. I got a lovely offering from

Jonathan Fox, whom many of you already know is the originator of Playback Theatre, as well as founder and director of the School of Playback Theatre in upstate New York. I thought it might be interesting for you to know how this art form came into being, as well as how he and his associates are currently using it in the wake of the national disaster on the Gulf Coast.

Jonathan has been doing Playback Theatre for 30 years. He grew up with a dad who was an actor and Jonathan himself was always intensely involved in theatre. His background was in literature, with a special interest in old epics, especially the oral traditional tales (*Beowulf* and *The Odyssey*). Add to that a graduate degree in political science and two years in a village in Nepal with the Peace Corps. He became very interested in the stories that hold moral guidance for a community and began searching for ways to bring traditional culture into present day reality.

Notice that psychology was not part of his background. Someone who must have known him pretty well took him to an open session at the Moreno Institute, where he watched Zerka do her magic. The psychodrama he saw came so close to his vision of acting out the stories of people in their community that he was spellbound. Since he was already director of a theatre company, so it would seem that he could simply translate what he had seen into his company. But Jonathan wanted to do this responsibly and well, so he became a student of psychodrama under Zerka, John Nolte and Ann Hale. What came forth as Playback Theatre was certainly influenced by the philosophy of Moreno's Theatre of Spontaneity but, as you can see, it was really Jonathan's own creative process that grew out of his background from which Playback was birthed. I tell you this by way of saying that we are all certainly indebted to Moreno for his daring and brilliant thinking and originality, but we must each take it in and let it ferment in our own souls to create our own inventions and re-inventions to truly fulfill the vision.

Did I ever tell you what Playback Theatre is? Jonathan describes it as "acting out on the spot the personal stories of any group, so in a way it captures for our time Moreno's Theatre of Spontaneity. ...We do whatever people want to tell." Over these last 30 years, Jonathan and his players have developed their method and now the School of Playback Theatre has hundreds of students each year from over twenty countries. Playback Theatre is now active in over 50 countries. The School offers a 300 hour (2 year) training program. If you are interested, you can learn more on their website, [www.playbackschool.org](http://www.playbackschool.org).

Playback works well in many kinds of settings. One public project was for new executive directors of non-profit organizations, as part of their training. Another was in schools as part of an anti-bullying program. Another was for new immigrants. On November 13, World Kindness Day, seventy companies performed around the world to promote world peace. In December, Playback performed at a Post 9/11 Bereavement Rehabilitation Gathering for affected families. The company has been all over the globe for various situations, but

(Continued on Page 9)

## THIS IS YOUR COUNCIL

*"I do know the only ones among you who will be really happy are those who have sought and found how to serve."*  
Albert Schweitzer

### REPORT OF THE BY-LAWS COMMITTEE

Your By-Laws committee has been working to get a proposal to change the structure of the Executive Council and Executive Committee ready for you, our members, to vote upon. In September, 2005, the Council unanimously approved changes that will increase the term of office of the president, secretary, and treasurer to three years instead of two. Also, we agreed to remove the position of president-elect, and replace it with the position of vice president, again changing to a three year term for this office.

This will mean that all members of the Council are elected for three year terms. This will provide more time for the elected officers to accomplish what they set out to do. There will still be one third of the Council positions up for election each year to promote continuity, and there would be a new provision to allow officers to stand for re-election once, immediately following the term of office, rather than having to leave Council for a year.

We are also introducing a new category of membership, "Retiree," to mean "no longer employed, doing training or in private practice."

You will receive a letter very soon that will explain the changes and also provide you with the pertinent sections of the By-Laws as they exist presently. You need to vote by returning the document with your choice for or against the proposed changes by the date stipulated in the letter. A simple majority (51%) of the votes sent in will bring about the changes, so let your opinion count and reply promptly.

Your Council is dedicated to updating all the By-Laws as they have not been changed since 1995. We want them to reflect our current operating procedures and to be clear and enforceable.

*Esme Pitel, Michael Traynor, Nick Wolff,  
By-law Committee Members*

### CEU COMMITTEE

CEUs will be available at no charge for 2006 ASGPP San Francisco Conference attendees! This is a first for the ASGPP. Another first is that CEU certificates will be made available on-site at the Conference. Attendees can leave with their certificate when they hand in their completed Conference Evaluation. CEUs for National Board of Certified Counselors, National Registry of Group Psychotherapists, National Association of Alcoholism and Drug Abuse Counselors (CASACs), and California MFT and LCSW licensure and continuing education credits

through West Chester University in Pennsylvania are also offered.

**Training Credits:** Attendance at any workshop at the national ASGPP conference is accepted as training credit (up to 100 hours) toward certification in psychodrama by the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.

**Profiled in PNN Fall 2005:** Enrolling as an Approved Continuing Education Provider through the ASGPP is a time-efficient and cost-effective way to offer CEUs in your practice. Contact Ed Garcia at ASGPP to enroll.

*Suzie Jary, Co-Chair, CEU Committee,  
Executive Council Liaison to PNN*

### MEMBERSHIP REPORT

Happy New Year from the Membership Committee! We are in the process of changing the method of membership renewal. Beginning in 2006 we will be taking advantage of the many members who prefer communication via the Internet by soliciting renewal by email. This should save paper and hassle for both the office and members. Members who do not access the Internet will continue to receive information on renewal through the mail. Also beginning this year we will begin tracking renewal on an annual basis based on month of renewal rather than all memberships being due in January. You will begin receiving notices of renewal in 2007 based on 2006 renewal dates. Membership benefits remain the same: our wonderful Journal and PNN, discounts on the Conference and free listings of workshops and events on the shortly to be revamped website. Looking forward to a year filled with spontaneity and creativity!

*Paul Lesnick, Chairman*

### PUBLICATIONS COMMITTEE

The Website Review Committee is making progress on employing a Web Site Manager. This society owes a great deal to Tom Treadwell for his work as Web Master. There is no activity to report concerning copyrights.

*John Raspberry, Chairman*

### JOURNAL

We are fortunate to have editors who are actively involved in our society and want to strengthen and expand the community of writers for the Journal within and outside of our society. The current editors are Tom Treadwell, Pam Remer, Tian Dayton and Linnea Carlson-Sabelli. Tian Dayton will be presenting the opening

*(Continued on Page 11)*

# NICHE MARKETING



By Karen Carnabucci

## Here's a marketing exercise.

In this scene, you are your best friend-big sister-big brother, the person who has really seen all of what you have done in the world. Your best friend-best sibling knows of all your victories and gifts in the world. She knows about your life experience, your special training and what is especially wonderful about you. He knows what you have achieved and what your really special dreams are. This friend is proud of your accomplishments, always cheers you on and wants your talents to be known.

Now, write up a page — or as many pages as you wish - of these gifts with an emphasis only on these factors. Please don't assume that other people will just magically "know" these things about you. Just play that role of advocate for yourself by giving all the details. If you do not enjoy writing, make a collage instead, using pictures from magazines and, if you wish, other objects.

In this exercise, you will not be seen as vain or neurotically "needy" of recognition, or any of those other dis-empowering clichés that people like to toss around. You are taking a positive inventory of yourself and how you will present yourself to the world.

Now that you have identified your special skills and talents, who will want to use them? These people who you expect to use your goods and services are your target audience.

Just a few of these categories may be:

- Adopted people
- Alcoholics
- Amputees
- Artists
- Athletes
- Autistic children
- Biracial or multi-racial people
- Bisexuals
- Children
- Children of divorce
- Clergy
- Compulsive gamblers
- Compulsive overeaters
- Couples
- Divorced people
- Drug addicts
- Eating-disordered people
- Educators
- Elders
- Engaged people
- Executives
- Expectant fathers
- Families
- Gays and lesbians
- Grandparents
- Helping professionals
- Infants
- Medical professionals
- Men
- Menopausal women
- Middle-agers
- Military and former military
- Minorities
- Musicians
- Offenders
- Overweight people
- Parents
- People in emotional pain
- People in physical pain
- People who are changing careers
- People who are developmentally disabled
- People who are physically disabled
- People who are visually impaired
- People who have experienced loss
- People who have lost their jobs

- People who want to adopt
- People with cancer
- People with chemical sensitivities
- People with chronic illnesses
- People with eating disorders
- People with learning disabilities
- People with mental health diagnoses
- People with problems of infertility
- People with specialty occupations
- People with terminal illnesses
- Performers
- Persons of specific ethnic backgrounds
- Persons with specific religious heritages
- Pet owners
- Pregnant women
- Professionals
- Recovering people
- Separating couples
- Sexually compulsive people
- Single parents
- Single people
- Spiritual seekers
- Students
- Survivors of car accidents
- Survivors of trauma and abuse
- Teens
- Tobacco users
- Toddlers
- Transgendered people
- Widows and widowers
- Women
- Young adults

And the list goes on...

They should have a distinct need for your goods or services and either have the means to pay for them or be connected to other people or places with the means to pay. Children, for instance, may be your specialty audience to receive your services, but you will be most successful if you market to their parents, grandparents, principals or teachers.

The more that you are able to identify the needs of your target audience as well as their habits and interests, the more easily you will be able to connect with them. You will have a sense of what they read, where they go, what kinds of presentations they attend, and what kinds of professionals they patronize.

Depending on your talents, interests and the needs in your community, you may tweak your offerings to attract various or unusual target groups. For instance, your community has personal trainers in every neighborhood, and the telephone book is filled with long lists of personal trainers who work with athletes. You may decide to specialize in working with pregnant women to help them keep fit during and after pregnancy, especially if you learn that very few professionals are filling this need. Identifying your niche market — and perhaps a secondary market as well — will help you in focusing your marketing efforts and designing your marketing materials.

*Karen Carnabucci, LCSW, TEP, is the author of Whole Person Marketing a self-published book on practice-building that emphasizes both creativity and structure. A psychodramatist and clinical social worker, her training and therapy practice is based in Racine, WI. Questions about practice-building are welcome for this column and may be sent to karen@companionsinhealing.com.*

# ACTION BOARD

**Eberhard Scheiffele, PhD, RDT, TEP** is teaching psychodrama at Ekaterinburg Liberal Arts University in Russia on a Fulbright grant. He considers this a big success, not only personally but also for the field of psychodrama, which so rarely gets funded, and reports that the interest in psychodrama there is huge. He has held too many trainings, lectures, and conference presentations to list, and has been interviewed for newspapers, radio, and TV. Most recently, a four-page article about his work appeared in *Ural Airlines Magazine*, which can be found on every seat when flying the airline.

**Elaine Ades Sachnoff, PhD, TEP** presented a 3-hour workshop on Choices at the Pacific Rim IAGP Conference in Taipei in September, and then led an all-day psychodrama workshop with local students. At the Women's World Korea Conference in June, 2005 Dr Sachnoff and Dr Sung Hee Cho, PhD – former president of the South Korean Psychodrama Association – co-led an examination of the psychodramas Korean and American women do to make life decisions. This March, 2006, Dr Sachnoff will conduct training on the Double at the Moreno Institute of Melbourne Annual Conference.

**Joe Moreno** had an active year of international presentations. In 2005 he gave workshops in music and psychodrama in group therapy processes in China, Thailand, Taiwan, Australia, Chile, Greece, Italy, Croatia and Spain. His 1999 book *Acting Your Inner Music: Music Therapy and Psychodrama* has just been reprinted by Barcelona Publishers, and was also recently released in Bulgarian and Czech translated editions. He can be contacted through his website at [www.morenoinnermusic.com](http://www.morenoinnermusic.com).

**Staci Block, MSW, LCSW**, director of Reflections, the NJ teen improvisational issues performance group, has been

busy creating scenarios on a variety of topics, including cyberbullying for middle school students, illness in the family for a sickle cell support group, AIDS related issues for World Aids Day, and balancing social and academic pressures for high school students. A wonderful learning took place for the audience members as well as the cast members when they were invited to showcase what they do for Dan Tomasulo's graduate psychology class at New Jersey City University. Participation also took place on November 13th for World Kindness Day, when the cast did Playback Theatre using community members' stories about times when they were kind to others and/or others were kind to them.

**Mary Bellofatto, LMHC, NCC, CEDS, TEP** was the featured speaker at the Summit School of Addictions in Houston, TX, on The Power of Connection and at the Caron Alumni Retreat at Caron at the Cape in Cape May. She presented a workshop in London at the second annual conference on addictions, using psychodrama and a new model she designed called "The Road Less Traveled," to deal with trauma. She then went on to Goma, Africa to present a 5-day workshop to genocide survivors and volcano survivors. Other presentations include:

- The Cape Cod Symposium in Hyannis, MA, using psychodrama to look at the parallel process with therapist and their clients;
- The International Assc. of Eating Disorders Professionals on body image using psychodrama;
- The Intergral Development Conference on addictions in Clearwater, FL on psychodrama and action techniques to enhance the treatment process;
- The University of Arkansas School of Addiction in Little Rock, AK on body image issues in the addicted client.

## President's Column

*(Continued from Page 1)*

and sell books by Tian Dayton, PhD. Patty Phelps designed a poster specifically for this purpose, which will be used again for advertising at the American Group Psychotherapy Association Annual Conference in February. **Tian Dayton** donated the profits from book sales to the society. **Jean Campbell** and **John Olesen** staffed the table. According to their reports, this was an enormous success. People were drawn to the books, fascinated by the materials, and no doubt engaged by the effervescent, knowledgeable table hosts. Jean and John reported that some participants expressed interest in a continued exchange with our society, and exhibiting at our conference.

### • ASGPP Institute Training

In addition to hosting the table, Jean Campbell will provide another promotional effort in California by conducting an ASGPP Institute Training in March and distribute conference brochures to all in attendance.

All of these volunteer efforts represent group collaboration at its finest. So to all the people mentioned, take a bow.

### • ASGPP Website Re-Design

One fact about life in the 21st century is the power and reach of the Internet. Our website is our public face to the world, one that anyone, anywhere can interact with at any time. **Tom Treadwell** created and monitored our existing site, an enormous contribution to all of us and

*(Continued on Page 11)*

# EDUCATION AS A CREATIVE ACT

## Article one in a series: Outreach and Inroads to Academia

By Jude Treder-Wolff

The academic world, with its emphasis on predictability, control and formality, presents particular challenges for psychodramatists seeking to bring the open-ended, dynamic experience of action methods to the classroom. Zerka Moreno wrote that there is "a most urgent need" to expand our focus from clinical treatment to "educators who need formal training and a respected professional identity to assist them in what is a most needed service to humanity."<sup>1</sup> This article is the first in a series that explores advances as well as obstacles to expansion in this domain, which is key to Moreno's vision of "the unification of all the types of learning by the principle of spontaneity, a pedagogy based on the creative act."<sup>2</sup> The next article will discuss issues concerning the design and implementation of graduate programs or specializations in psychodrama programs within university settings, such as "The concentration in Group Psychotherapy, Psychodrama, and Sociometry" at West Chester University in Pennsylvania created by Tom Treadwell, EdD, TEP.

Creative strategies for learning are a vital counter-balance to institutional norms, but therein lies the challenge. "Counter to what you might hear," states Alton Barbour, Emeritus Professor of Human Communication Studies at the University of Denver, universities "are not institutions which take risks. And psychodrama requires taking risks. No risk, no progress." But having done role-playing with his classes for forty years, Professor Barbour sees enormous potential in the use of sociodrama. "Instructors do the lecture method because it is the easiest way to teach," he states. "Instructors don't do roleplaying or sociodrama because they are afraid to. After all, they don't know how it is going to turn out. It is a risk. But it is not a risk on the scale of a psychodrama. If instructors could see sociodrama done a few times and began to lose their fear of doing something different, students would be so grateful they might pay attention for a change... A class that participated in a sociodrama directed by Ann Hale, Nina Garcia or Jonathan Fox would think they had been given the moon." Tian Dayton, PhD, TEP, who taught psychodrama at New York University for eight years in the Drama Therapy program, has a similar view. "Teaching the triadic system in colleges is very doable," she states, and encourages trainers to "create a course on simple experiential methods and propose it to nearby colleges and universities. It may be that institutions are hesitant to take on the full triadic system but they may be open to some facets of it, e.g., the social

atom, sociometry, journaling and simple role plays."

Students who discovered psychodrama through academia share that even one-time encounters captured their imagination and focused their goals. Gwen Blake, first exposed to psychodrama as an undergrad at East Stroudsburg University describes a "sense of amazement at the orchestration of the group and the emotional response of the protagonist," as well as powerful feelings of her own that came up during a sociometry exercise. Now in graduate school as well as psychodrama training at the Hudson Valley Psychodrama Institute, where she says her "professional skills and motivation began to soar," Gwen expresses great passion for psychodrama. "It's a blessing to know this stuff," she states, "People just don't know." Kerri McGrath discovered psychodrama in a Multimodal Therapy graduate-level class at Marist College and advocates for a more formal introduction to psychodrama incorporated into academia. Like Gwen, she was deeply impressed by the power of sociometry, and the experience led her to a Winter Intensive at Boughton Place, "a profound experience from beginning to end."

From an initial encounter in a graduate course taught by Peter Rowan at Lesley College, Rebecca Walters, MS, TEP went on to a remarkable career in the field – she is Co-Director of the Hudson Valley Psychodrama Institute with Judy Swallow, MA, TEP – which includes regular invitations to present introductory sessions in university classes where she works with a clear set of guidelines and goals. "Moreno had a profound effect on Satir, Perls Berne, the human potential movement and humanistic psychology as well as group therapy in general. In two hours I want to be able to place psychodrama in its historical context, explain the theory, describe a full drama and do some action piece without – and I stress this – without going very deep," she states.

Several trainers within our community propose that students will connect with action methods through their effective use in the context of other learning.

- Nan Nally-Seif, LCSW, TEP teaches such courses as Modern Social Problems, Interpersonal Behavior and Group Practices, and Theory and Practice of Group Leadership at Fordham University's School of Liberal Studies, using action methods to support group cohesion and strengthen integration of the didactic material. With Robert Siroka, PhD, TEP, Ms. Nally-Seif conducts a one-day training for psychologists from all over the country who are taking their post-doctoral internship programs in state institutions, consistently rated the highest offering in their curriculum.
- Dr. Siroka, who has taught at every level of higher education, encourages using the techniques to

(Continued on Page 10)

# ASGPP and the American Board of Examiners: Mission, Meaning and Membership

The ASGPP and The American Board of Examiners are two distinct organizations with completely different missions and functions. We thought it was important to continue to address what seems to be ongoing confusion about the two groups, and what membership in each of them means:

## BEGINNINGS:

The ASGPP was founded in 1942 by J. L. Moreno, MD. The American Board of Examiners was founded in 1975, after Moreno's death.

## MISSION:

The American Board of Examiners has the following goals:

- to establish certification standards for the professional practice of psychodrama, sociometry and group psychotherapy;
- to certify people based on those standards;

The ASGPP's mission is unrelated to certification.

The goals as stated in the mission statement include:

- foster cooperation among the supporters of psychodrama,
- disseminate information about the method and its diverse applications,
- expand knowledge and publish research about the work.

(The complete mission statement is available on [www.asgpp.org](http://www.asgpp.org).)

## MEMBERSHIP:

The ASGPP is **open** to all who are concerned with psychodrama and want to participate in the society's mission.

The American Board of Examiners is **restricted** to those individuals who meet the certification standards, successfully pass both a written and on-site examination, and maintain good ethical conduct.

## BENEFITS OF MEMBERSHIP:

ASGPP:

- Online membership directory.
- 50% discount for mailing lists and labels of the Society's membership..
- *The Journal of Group Psychotherapy, Psychodrama & Sociometry*
- Discounts for designated psychodrama training programs.
- Special rates at Annual Conference.

- Continuing education units (CEUs) at annual conferences.
- A quarterly newsletter, *Psychodrama Network News*.
- Discounts for Ads in the newsletter.
- Membership and advocacy for creative arts therapists in the National Coalition of Arts Therapies Association.
- Opportunities to collaborate with others who have interests in the application of psychodrama and action methods.

American Board of Examiners:

Maintains active certification status.

## CONFERENCES

The ASGPP sponsors an annual conference as part of its mission to promote and encourage training in the field, educate about psychodrama and related fields, and advance collaboration among its proponents.

The American Board of Examiners: no conferences.

## PUBLICATIONS:

The ASGPP publishes:

- *The Psychodrama Network News*
- *Journal of Group Psychotherapy, Psychodrama and Sociometry* with Heldref Publications

The American Board of Examiners publishes:

- *Directory of Certified Practitioners and Trainers, Educators and Practitioners of Psychodrama*
- *Board News*, Newsletter

*Mary-Jo Amatruda and Dale Buchanan  
contributed the Board of Examiners information*

*Susan Aaron Workshops*

**PSYCHODRAMATIC BODYWORK®**

**Intermediate Level Training for Psychodramatists!**

May 19, 20, 21, 2006, Highland New York  
Boughton Place (home of the original Moreno psychodrama theatre)

**Introductory Level Training**  
(pre-requisite for Intermediate Training)

Toronto, Canada — March 24, 25, 26, 2006  
Portsmouth, England — June 20, 21, 22, 2006

INFORMATION AND REGISTRATION:

phone: 416-699-3211 email: [aaron@youremotions.com](mailto:aaron@youremotions.com)  
web site: [www.youremotions.com](http://www.youremotions.com)

# CONFERENCES AND NETWORKING OPPORTUNITIES



EACH OF THESE CONFERENCES IS A DOORWAY TO EXPANDED POSSIBILITIES FOR PSYCHODRAMATISTS.

## March 10-13, 2006

### "Giving Life"

#### International Morenian Psychodrama Conference

Hosted by the Moreno Psychodrama Society (Australia) and the Psychodrama Institute of Melbourne. For more information: [www.psychodrama-institute-melbourne.com](http://www.psychodrama-institute-melbourne.com)

## March 23-26, 2006

### "Understanding Risk and Resilience in Anxiety Disorders: Implications for Research and Clinical Care"

#### 26th Annual Conference of the Anxiety Disorders Association of America

Hyatt-Regency Hotel, Miami, FL

For more information: Anxiety Disorders Association of America, 8730 Georgia Ave., Suite 600, Silver Spring, MD 20910, 240-485-1001, [www.adaa.org](http://www.adaa.org)

## April 19-23, 2006

### "From Our Roots to the Present: Liberating Voices Through Poetry Therapy"

Courtyard Boston Tremont Hotel, Boston, MA

For more information: NAPT, 525 SW 5th Street, Suite A, Des Moines, IA 50309-4501, 866-844-NAPT, [www.poetrytherapy.org](http://www.poetrytherapy.org).

## August 25-27, 2006

### "Everyday Values"

#### The 4th Baltic Moreno Conference

Salme Culture Centre, Salme 12, TALLINN

Sponsored by the Estonian Psychodrama Association, a 15-year old organization begun at the fall of the Iron Curtain, now in a fascinating stage of development as the locals evolve in their roles as psychodramatists.

The conference is in English. For complete information: [www.morenokeskus.ee](http://www.morenokeskus.ee).

## REMEMBERING ROGER ALTERNBERG

By Adam Blatner

Roger Alternberg (1922-2005) was a professor of the theatre arts at California State College in Los Angeles when he first encountered psychodrama and hosted a workshop there in 1966. (It was there I first met Dr. Moreno, Lew Yablonsky, and others in the Los Angeles community, and this furthered my new interest in Moreno's work.) During the late 1960s and through the 1970s he developed a synthesis of psychodrama and drama therapy in his department, and became one of the organizers of the nascent field of drama therapy near the end of the 1970s. In 1979, he was a co-founder of the National Association for Drama Therapy, and served on its board for a number of years. NADT certifies drama therapists and trainers of prospective therapists, and Roger was instrumental in developing its professional standards. He retired in the later 1980s and lived a rich and multi-faceted old age until passing from a recent severe heart attack.



Action Training & Groupworks

### South Florida Center for Psychodrama Action Training & Groupworks

#### Ongoing Psychodrama and Group Psychotherapy for Training and Personal Growth

September - June, 2006-2007

#### Psychodrama Literature Review, Reading, and Exam Prep Course

November - August, 2006-2007

#### 2006 Open Sessions

- *Boundary Power: Containing and Protecting Me and Others* — March 25
- *My Relationship with Money: The Power of Currency* — April 15
- *Thriving Through Resiliency: Connecting to Wholeness* — May 27
- *Keeping Your Magic Alive: A Magic Shop for the Child, Witch and Wizard in All of Us!* — June 17

All training programs are approved by the FL Department of Professional Regulation as a Continuing Education Provider for Licensed Clinical Social Workers, Marriage and Family Therapists, and Mental Health Counselors. NAADAC approved provider.

Contact: Dr Nancy Kirsner, PhD, LMFT, OTR, TEP  
(305) 274-8283 • [drnycyk@aol.com](mailto:drnycyk@aol.com) • [www.psychodramasfc.org](http://www.psychodramasfc.org)



## The Whole of Mankind

(Continued from Page 2)

most impressive to me was their invitation to teach Playback to Tutsi and Hutu natives and refugees in Burundi in East Africa several years ago. For those of you who followed the outrage of ethnic cleansing in Rwanda, you can only imagine how poignant these performances of people's stories must have been.

When I asked Jonathan how they got interested and prepared to aid Katrina survivors, he noted that over the last ten years, they have realized that it takes a sophisticated organization to do it the way they wanted to, in terms of how they are organized to respond to situations they want to reach. Practitioners had become increasingly interested in "emergency Playback." But responding to a national disaster, be it natural or social, is a very complicated process to execute and to this point, they had not been able to do so. So over these last years, they have come up with a six-part program that they are initiating, and in doing so, they have developed the skill and the commitment to "pull it off!"

Jonathan outlined this program, using their involvement with the Gulf Coast, New Orleans in particular, as an example. First, a team was sent to New Orleans over the Thanksgiving Holiday at the invitation of Common Ground and performed six times in different settings (five of those possibilities developed once they were there). "Who to work with is touchy because of sociopolitical situations," he stated. So they had to feel their way through this, on the hoof, so to speak. Needless to say, it took a significant amount of fundraising to pay for this. Jonathan mentioned that the Society of Friends donated significantly; the rest was private donation from the Playback Theatre community.

The second part of the program involves building on their Katrina experience to build up their capacity to respond to other emergency situations. So they have developed specific training in January 2006 for persons of color as conductors of Playback, so that these practitioners might go back into New Orleans and the greater Gulf Coast and direct companies to perform for more and more survivors, who are predominantly non-white. They are currently fundraising to be able to provide scholarships for this training. (Check the website for more information.)

The third step of the program involves a second trip to the Gulf area, the fourth step, a meeting with everyone involved to evaluate what they have learned. Fifth, they want to report the results of the meeting to the Playback Community, and sixth, to seed training for Playback in the Gulf region, where there are currently no Playback companies.

So you see that to be able to respond to such a massive situation requires a great deal of "advance

spontaneity," as I would call it, meaning that we must use our gifts and discipline on a daily, weekly basis to discern our dreams and visions of what we might do with these magnificent methods. We could change the world. And if you don't believe that, just ask one of those people in New Orleans whose story the Playback Theatre company enacted. Please let me hear from you about how you are using these methods to change your corner of the world.

## CORRECTIONS

In the fall 2005 issue of the PNN, the words "If we're not busy being born, we're busy dying" attributed to John Lennon in "The Whole of Mankind" on page two is incorrect. The lyric was written by Bob Dylan.

On page one, in the third item in the "Trauma Relief Initiative" article, the statement that Staci Block was employed by Volunteers of America of Greater New Orleans is inaccurate. She contributed the information about this group, which was sent to her by a colleague who worked for this group.



weekly and  
monthly  
personal growth  
and  
training groups

### Saturday — All-day Training and Personal Growth Workshops

March 18, April 8 and May 20

### Saturday — 3 hr. Monthly Workshops for Trauma Survivors

March 25, April 22, and May 13

Boughton Place, New Paltz, NY  
FACILITATOR

Nan Nally-Seif, LCSW, DCSW, TEP

Credits for Casac's and CEU's for counselors and AGPA recertification

### Nan Nally-Seif, LCSW, DCSW, TEP

Psychodrama Training Institute  
19 W. 34th St., Penthouse, New York, NY 10001  
nnallyseif@rcn.com • 212 947 7111 ext 267

## Education as a Creative Art

(Continued from Page 6)

"illustrate cases, group and family dynamics, to illuminate the material" in ways that engage the learner with the process. Next year he will teach Action Methods in Psychotherapy for the Harvard Medical School Department of Psychiatry-Continuing Education with his wife, Jacqueline Dubbs Siroka, TEP, who taught at the State University of New York at Stony Brook, and Rutgers University.

- Jacob Gershoni, LCSW, TEP presents "The Drama of the Body" at conferences for the physician education Program in Narrative Medicine at Columbia Presbyterian Medical Center in New York, with, "the clear recognition that the best way to inform other professionals about the power, beauty and elegance of Action Methods is to have them experience it." Further outreach led to workshops for hospital social work staff, then to field supervisors at Columbia University School of Social Work, the Dept of Psychiatry, and the Alcoholism Council of New York.

Dr. Siroka shared a successful outreach to academia he initiated when running annual meetings in past years. "When we used to have 2000 people coming to conferences," he explains, "we always had several full college classes come together with their professors as part of their class requirement. The students would be offered

very cheap registration, the professor would come for free." The students were included in all the conference activities, and many became trainees and society members.

There is much the psychodrama community can do to repair the damage done by what educator and activist Parker Palmer - founder of the National Teacher Formation Program - calls the "rigid, hierarchical, autocratic system" and close the "institutionalized divide between intellect and heart."<sup>3</sup> Professor Barbour calls for "missionaries of sociodrama to go to universities, do role-playing or simulations with students and save a few souls. From what I can see," he concludes, "the need is enormous."

**A comprehensive review of the literature about applications of Moreno's theory and methods to the world of education by New Zealand educator Bona Anna is available in the December 2003 Journal of the Australian New Zealand Psychodrama Association.**

-----  
<sup>1</sup>Moreno, Zerka, "Comments on Role-Playing and Education" *Journal of Group Psychotherapy, Psychodrama and Sociometry*, Volume 45, No. 1 Spring 1992.

<sup>2</sup>Anna, Bona, "A Literature Review of the Integration of Psychodramatic Principles and Practices in Education," *Australian and New Zealand Psychodrama Association Journal*, No. 12, December 2003.

<sup>3</sup>Palmer, Parker, "The Violence of our Knowledge: On Higher Education and Peace Making," a public lecture, Wisconsin Union Theatre, Madison, WI, November 29, 2001.



# PSYCHODRAMA TRAINING INSTITUTE

19 West 34th Street, NYC, NY 10001 / (212) 947-7111 x 239

- ◆ Professional Training Program in Psychodrama, Sociometry and Group Psychotherapy (Beginning, Intermediate and Advanced Level Weekly Training Groups / Weekend Workshops)
- ◆ Monthly Training Weekends (2006: January 6-7; February 3-4; March 3-4; March 31-April2; May 5-6; June 2-3; September 15-17; October 6-7; November 3-5; December 1-3)
- ◆ Director's Training Intensive Weekends (2006: Beginning/Intermediate: January 27-29; Advanced: February 17-19 & May 12-13)
- ◆ PAT Mentoring Program / Internship Program
- ◆ Director's Supervision Groups — Clinical Supervision
- ◆ Literature Review and Exam Preparation Courses for Certification by the American Board of Examiners

**DIRECTOR:**

**Louise Lipman, LCSW, CGP, TEP, CET III**

**STAFF:**

Mary Jo Amatruda, MA, MS, TEP; Martha H. Bush, LCSW, PAT; Roberto Cancel, LCSW, MA, PAT; Jacob Gershoni LCSW, TEP; Nan Nally-Seif, LCSW, TEP; Laverne Washington, MA, SAP, CASAC

**www.psychodramaNYC.com / LipmanNYC1@aol.com**

FOUNDERS: Robert W. Siroka, PhD, TEP & Jacqueline Siroka, LCSW, BCD, TEP

## President's Column

(Continued from Page 5)

to the history of the society. We are grateful for the foundation his work has given us.

At this writing, the Executive Council is in the final stages of hiring a professional, full-time website designer and monitor. This re-design includes an organizational change as well. Just as the Journal and PNN have editors to manage content and co-ordinate the publication, the website will now have editors who will be responsible for approving and posting material.

The soul of the society is more than just the work of the Executive Council, committees and the national office. It is the sum of us, and together we can devise more creative ways to stay connected to one another and put psychodrama in the public consciousness. Each of you is an agent of change, and I hope you will bring your ideas, energy, and spontaneity to the conference in San Francisco. And do not miss the membership meeting! We need you there.

## Your Council

(Continued from Page 3)

plenary at the San Francisco conference on Friday.

Immediately following this, the editors will be presenting a workshop titled "Teaching, Writing and Community." I would encourage anyone who has thought of writing for the Journal to attend. The editors have extended a special invitation to conference presenters to submit articles to the Journal. See your presenter's packet for this invitation.

There has been frustration by ASGPP members in submitting manuscripts for review to the Journal. The editors have taken this very seriously and are considering what can be done to make the review process more timely and friendly to authors while maintaining professional standards. They are also encouraging articles that focus on applied group and psychodramatic theory and practice to make the Journal more relevant to members.

The editors are putting together several special topic editions. They include children and adolescents, addictions, diversity, writings of Zerka Moreno and Sociometry. If you have articles that you think would be relevant to these topics, please contact them.

*Vickey Finger, Liaison to the Journal of Group Psychotherapy, Psychodrama and Sociometry*

## 11<sup>TH</sup> ANNUAL PSYCHODRAMA RESIDENTIAL FOR TRAINING AND PERSONAL GROWTH

### Making Connections: Creating Relationships

August 3rd - August 7th, 2006

Boughton Place, New Paltz, NY

Louise Lipman, TEP, LCSW, CGP  
Donna Dupuis, TEP, RCSW

Weekly and Weekend Training Groups  
and Directing Intensives

CEUs for CASACs & Counselors;  
recertification credits for AGPA Members

**Louise Lipman / Psychodrama Training Institute**

19 West 34th Street / PH Floor / NYC, NY 10001  
212-947-7111 x239 / LipmanNYC1@aol.com



## HUDSON VALLEY PSYCHODRAMA INSTITUTE

Directors: Judy Swallow, MA, TEP and Rebecca Walters, MS, TEP

**March 17 - 19**

Moreno Seminar with Dorothy Satten, PhD, TEP

**May 19 - 21**

Intermediate Psychodramatic Bodywork with Susan Aaron

**July 20 - 24**

Psychodrama Intensive  
with Rebecca Walters and Judy Swallow

**July 27 - 31**

Summer Directing Intensive with Rebecca Walters

**October 27 - 29**

Moreno Seminar with Ann Hale, TEP

Core Training in Psychodrama, Sociometry and Group Psychotherapy  
meets one weekend a month September through May

Director Training Program

Weekly Psychodrama Groups

Internships at Four Winds Psychiatric Hospital

**For information visit [www.hvpi.net](http://www.hvpi.net)  
or contact us at [hvpi@hvc.rr.com](mailto:hvpi@hvc.rr.com) or at (845) 255-7502**

## ASGPP LIFETIME MEMBERS

Shirley A. Barclay, Sue Barnum,  
Dena Baumgartner, Adam Blatner,  
Dale Richard Buchanan,  
Jeanne Burger, Martha Bush,  
G. Couth Calven, John Cannon,  
Robert O. Clark, Mario Cossa,  
Cathy Deats, Nina Garcia,  
Jacob Gershoni, Kay Grimes,  
C. Rhode Hardy, Kate Hudgins,  
Andrew R. Hughey, David A. Kipper,  
Nancy Kirsner, Stephen F. Kopp,  
Louise Lipman, René Marineau,  
Sue McMunn, Rosalie Minkin,  
Zerka Moreno, Andrea Lowry Offner,  
Linda Kay Oxford, Mary Ann Palmer,  
Herb Propper, John Rasberry,  
Rebecca Rucker, Elaine Ades Sachnoff,  
James M. Sacks, Anne Schutzenberger,  
Ella Mae Shearon, Gong Shu,  
Jaqueline Dubbs Siroka,  
Robert Siroka, Guy Taylor, Jan Tras,  
Daniel J. Wiener, Marie Welsch,  
Natalie Winters, Nick Wolff



## WESTWOOD INSTITUTE

6890 E. Sunrise Dr. #120-336, Tucson, AZ 85750-0738  
(520) 299-6315, FAX (520) 299-6305

E-Mail <dbsatten@earthlink.net> Web www.dbsatten.com

Dorothy Baldwin Satten, PhD, TEP, Mort Satten, PhD

## PSYCHODRAMA WORKSHOPS & TRAINING SEMINARS

March 3 - 6	Los Angeles, CA (949) 584-1031	May 5 - 8	Ontario, CA (951) 733-2588
March 11 - 12	Rochester, NY (585) 425-2840, ext. 92	May 19 - 22	Dallas, TX (214) 342-0070
March 17 - 19	Hudson Valley, NY (845) 255-7502	May 26 - 29	Norman, OK (405) 447-6188
April 22 - 23	Phoenix, AZ (480) 947-5739	June 9 - 12	Portland, OR (503) 282-3800

### RESIDENTIAL TRAININGS

**TUCSON, ARIZONA** April 3 - April 7 (520) 299-6315

**TUCSON, ARIZONA** Nov. 13 - Nov. 17 (520) 299-6315

(520) 299-6315, FAX (520) 299-6305, [dbsatten@earthlink.net](mailto:dbsatten@earthlink.net)

[www.dbsatten.com](http://www.dbsatten.com)



## PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF  
GROUP PSYCHOTHERAPY & PSYCHODRAMA  
301 N. Harrison Street, Suite 508  
Princeton, NJ 08540