



# PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF GROUP PSYCHOTHERAPY AND PSYCHODRAMA

FALL 2006



*From the  
ASGPP  
President*

By Nick Wolff

I will begin with a warm welcome on behalf of the membership to **Joe Romance**, who will assume the role of PNN editor after this issue. We thank Joe in advance for his service. His experience as a Peace Corps volunteer is an ideal lead-in to the theme of this column.

As I write this column, observations of the attacks on the World Trade Center and the Pentagon on September 11, 2001 are happening all over the country. Here in New York in particular, ceremonies throughout the day are bringing up renewed levels of pain and grief, as the names of those who died on that day are read aloud. This event touched me directly, and I feel this today. One of my clients was a New York City police officer who died in the Towers. Another was the last person to speak to his best friend who worked above the 78th floor of the WTC. In the weeks following the tragedy, I was very involved doing trauma recovery work with survivors who worked there and their families. Many in our psychodrama community volunteered their services to help people heal, share, and find the strength to grapple with new, painful realities.

These events triggered a national unity that could have brought us to an expanded consciousness, and more creative response to the threats we

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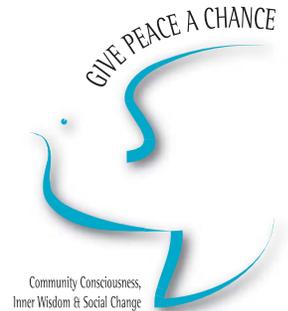
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### MOVING ON

By Jude Treder-Wolff

This issue is my last stand as editor of the PNN, which was co-edited with your new editor, Joe Romance. We are very fortunate that Joe agreed to step into this role, as he combines intelligence, imagination, and a talent for writing with a fantastic sense of purpose, as well as concern for others and for the future of our field. I look forward to the ways he will evolve this newsletter, and know the members will be well-served.

Here is what I am grateful for in the role of PNN editor:

- The opportunity to contribute to the mission of the ASGPP in a way that was meaningful to me;
- The creative process involved with crafting each issue;
- The opportunity to work with Patty Phelps, who served as guide and mentor during the initial learning curve of the role and was consistently, reliably, steadfast in her support through the years. She is a true collaborator, a gifted and creative technician and a huge-

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### EXPECTATIONS

By Joe Romance, TEP, PhD

After learning I'd accepted the Council's invitation to become editor of the PNN, a friend of mine who knows how difficult it is for me to say "no" sometimes, threatened to torch my computer if I didn't check with her first before saying "yes." Little did I know when I wrote the article in the previous issue of the PNN about my experiences at the First Psychodrama Congress of the Andes in Ecuador that I'd be writing an article as the incoming editor. Actually, Jude Treder-Wolff is still the editor of this current issue, and is role-training me for the Winter issue. I could not ask for a better role-trainer and realize I have very big shoes to fill.

However, as I'm beginning to learn, the PNN is very much a group project, and I have some very competent auxiliaries: the incoming Council president, John Rasberry, the Council liaison to the PNN, Suzie Jary, Ed Garcia who reviews for errors the rest of us may have missed, and Patty

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# Psychodrama Network News

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Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

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## The Whole of Mankind



by Sue Barnum

### HERB PROPPER...THE SPIRIT LEADS

Have you ever longed to travel and train internationally but haven't had the direction or opportunity? Well, here is an opportunity made in heaven for you. In 2003, Herb Propper, PhD,

TEP, began teaching psychodrama, sociometry and sociodrama in Bangladesh under the auspices of his host organization, Unite Theatre for Social Action (UTSA). At this time, he is looking for other psychodramatists to get involved in this project, to spread the practice of our action methods to this very open and eager population. How this came about is as interesting a story as the work he is developing there. Two years prior, while still on the ASGPP Executive Council, Herb spent some months answering website queries for the National Office. Among those emails appeared one from a person in Bangladesh who identified himself as the only practitioner of psychodrama in the country. Later Herb found what he really meant was "advocate and promoter." This person, Mostafa Kamal Jatra, MA, (Honors), University of Chittagong, is Founder and Executive Director of Unite Theatre for Social Action. To help and support the effort, Herb began sending some information by email. This process escalated to xeroxed articles, then to books.

Herb's long-standing interest in and search for knowledge about Buddhism is part of this story. In a 1967 lecture, some words from the Dalai Lama's brother had imprinted upon Herb's heart: in Tibetan Buddhism, one works not just for one's personal enlightenment but to help all other living beings to Nirvana first, then for oneself. Herb says that today his Tibetan Buddhist practice — which took hold after his retirement in 2000 — is at the center of his life. "The more I practice, the more I see how it affects every aspect of my life in the most amazing ways."

Early one morning, as Herb was meditating on Tara, a Tibetan Buddhist Meditational Deity (or Yidam) mentally asking for clarity about his path to becoming a Bodhisattva, he heard a clear answer: "Go to Bangladesh in person; don't just send written materials." That made perfect sense to Herb. With that, he and Jen Kristel, a Certified Playback Practitioner with extensive psychodrama training from Burlington, VT, arranged to conduct eight days of training in Psychodrama, Sociometry, Sociodrama and Playback theatre there. The outcome was so mutually positive that the process has continued and expanded.

Jen and Herb now visit separately to provide more concentrated training opportunities without competing for the same population. On Herb's last visit, he had the support of his first Bangladeshi Assistant Trainer, a young woman who he had trained (270 hours!) and who is a Social Theatre Activist and fluent in English. He proudly reports that she is using spontaneous action methods in her work with disempowered women and marginalized populations (e.g. transgendered prostitutes in India). There is now a local Playback Theatre company that offers performances at special events and a growing core of people with some basic experience in Sociodrama and Sociometry. An increasingly greater

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## THIS IS YOUR COUNCIL

*"I do know the only ones among you who will be really happy are those who have sought and found how to serve."*  
Albert Schweitzer

### CEU COMMITTEE

For the first time, CEUs were offered on-site, for no charge at the 2006 ASGPP Conference in San Francisco. With only a few new system glitches, the CEU procedure was a success and served as an attraction for some to attend the conference. As in the past, CEUs were offered for NBCC, NAADAC, Natl. Registry of Group Psychotherapists, LCSW & MFT in CA and West Chester University in PA. The range of CEUs was expanded this year to benefit special groups and introduce them to using action methods in their work. New this year was CEUs for Bay Area Teachers and School Counselors who participated in the One Day Teacher's Institute. Continuing Legal Education was also a new feature and offered to lawyers for credit by the State Bar of California. Thanks go to the Conference Co-Chairs, Judith Glass, John Olesen, Sylvia Israel and their team, Marianne Shapiro and Regina Moreno for their efforts with the CEUs.

For the past several years, Jude Treder-Wolff has overseen and administered the Approved Continuing Education Providership for PATs and TEPs in order to maintain the quality of the trainings we provide and raise the standards of our profession. Jude has stepped down and I have taken over as Chair of the CEU committee and will administer the CEU providerships. Many thanks are in order to Jude Treder-Wolff for her time and oversight.

*Suzie Jary, CEU Chair*

### PUBLICATIONS COMMITTEE

Hello members! The Publications Committee particularly the Journal activities, have been extremely busy since our annual conference. The executive editors, along with Vickey Finger, liaison to the Executive Committee, will be meeting with Heldref, the publishers of the Journal. The meeting dates are October 4 and 5, and we are excited with the arrival of Ann Broussard, newly appointed Managing Editor of Heldref. We look forward to improved relations with Heldref, thus making the publishing process of articles in our journal more accessible to our membership.

I also would like to welcome Joe Romance as the new editor of the PNN, effective January 1. Joe will be role-training with Jude as this transition is underway. It goes without saying the invaluable service and exemplary performance of Jude Treder-Wolff, as our editor the last 5 years. Please extend your appreciation to Jude for her service.

Let me close with continued excitement about the new website. Hopefully you have gone there by now to see a product that we can all take pride in, as members of this society. As chair, I would like to publicly acknowledge the enormous efforts of our President Nick Wolff and Treasurer Esme Pitel in the co-creation of this product.

This will be my last report as Chair of the Publications Committee. Thank you for allowing me to serve.

*John Rasberry, President-Elect*

### THE ASGPP JOINS THE INTERNATIONAL ASSOCIATION OF GROUP PSYCHOTHERAPY

J.L Moreno wrote "Any therapeutic process should have no less a goal than that of the whole of mankind." And why should our mission statement be any less?

As the Institutes Committee is working to increase our sociometry within the United States through our local members to offering presentations to colleges and universities, the Executive Council is looking to increase our sociometry internationally. As you read this the ASGPP has submitted an application for affiliation to the International Association of Group Psychotherapist (IAGP). One of the jobs our president, Nick Wolff, gave me as a new Executive Council member was to research the affiliation process and cost. Knowing my social atom did not include IAGP members or contacts I thought who would have those connections? That answer was Adam Blatner. Through a series of emails with Adam I had all the information needed to report back to Nick and the Executive Council. We even had more endorsements from the members than are required. Some tele going on here! Adam was essential in making this happen. Apparently there has been an ongoing debate about this affiliation and an ongoing act hunger. After some discussion on the ASGPP forum and a few emails with the Executive Council we voted unanimously to become affiliated with the IAGP. Just a side note — both the ASGPP and the IAGP were founded by JL Moreno.

The more I interacted with Adam Blatner and the IAGP representatives, the smaller the world became. It turns out we have a number of mutual members, and "Great Minds think alike." So I will conclude with a familiar request. If we, the ASGPP and its membership are to become affiliated with the IAGP and international psychodramatists, what are you the reader willing to do? Adam suggests that if we are going to be affiliated with the IAGP then we need to interact with them and report

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# WEB MARKETING



By Karen Carnabucci

Today we are looking at web marketing. In my own practice of psychotherapy, coaching and training, I keep track of how clients find me and where client inquiries come from. Although some have found me from a

business card, a speaking presentation or a sampler program — or learned my name from an article in the local newspaper — more and more referrals are coming from people who have online access.

## Here are some ways to make use of the Web:

Get your name and contact information into online practitioner directories. Several sites are free or offer free introductory offers and will appreciate adding your name as it gives them the appearance of a comprehensive site. Other sites that normally charge a listing fee may waive fees if they are looking to build their sites before selling space; most fee-accepting sites are low-cost when figured out for a year. There are a sizable amount of opportunities to get listed on online lists of therapists. Many of the lists, believe it or not, are free. Here are just a few that I have found:

- [www.therapist-psychologist.com](http://www.therapist-psychologist.com).
- [www.find-a-therapist.com](http://www.find-a-therapist.com)
- [www.ethniccounselors.com](http://www.ethniccounselors.com)
- [www.byregion.net](http://www.byregion.net)
- [www.holisticlocal.com](http://www.holisticlocal.com)
- [www.psyfin.com](http://www.psyfin.com)

Some sites, like [www.psychologytoday.com](http://www.psychologytoday.com), have a trial offer that you can cancel after three months if you're not satisfied. You may also want to ask other web sites about sample offers or free trials. Be sure also to check local and regional Web sites, particularly Web sites that list services and attractions in your community or metropolitan area. Many are free and are looking for local and regional resources that beef up the list of services available in the community.

Of course, more and more practitioners are getting their own Web sites. Do you have a Web site? It can be a good investment, and some companies offer a limited-page site at reasonable prices. If you have the time and the inclination, you can also create your own site with a Web creation tool that is available in the Word Office Suite, which was my choice. Web hosting can be affordable if you shop around. I use a local web hosting service based here in Racine that is under \$10 per month.

## Here are some other ways of getting your web site out:

■ Ask your colleagues who have Web sites to exchange Web links with you.

■ Local service provider organizations, like the domestic violence shelter, the human services department or the United Way may also offer links on their sites to appropriate services in the community. You'll want to start by going to the group's site and clicking on the "links" page.

■ Do you belong to local and national organizations like the Chamber of Commerce or other groups? One of the perks should be a listing on their sites. Make sure you take advantage of this opportunity.

■ Write a general introductory paragraph about your link and the services you offer. Store it in an electronic file and cut and paste as needed as you find new sites that may be willing to add your Web address to their list of links. You won't have to keep retyping the message every time you find a new link.

■ Start a blog. Go to [www.blogger.com](http://www.blogger.com) and start one up. It's free, and it takes a few minutes, even if you are practically clueless about computers. Make it interesting and then add it to your signature line on your e-mail and link to it from your site.

Then there's a whole other area that provides information that can be valuable to business building. There are many Web sites that offer free business advice. Many offer free e-mail newsletters that offer tips. Here are a few sites that I have found valuable:

■ See [www.jonschallert.com](http://www.jonschallert.com) to learn how this business expert helps business people become "destination" spots.

■ Check out [www.publicityhound.com](http://www.publicityhound.com) for tips on getting free publicity. Joan Stewart, the owner of this site, is a former Wisconsin journalist who offers a free e-mail newsletter giving great tips on how to get free publicity. For the past three weeks, she's been offering an excellent tip each day on how to write various kinds of press releases. I must admit (as a former journalist), I couldn't do it better myself. You may be able to find them archived on her site now.

■ Another site with morsels of info: [www.themarketingmentors.com](http://www.themarketingmentors.com). Click through to find what interests you.

■ A good marketing site with inspiring articles is that belonging to Seth Godin at [www.sethgodin.com](http://www.sethgodin.com). He's written a number of fascinating marketing books and is one of the first to look at marketing as selling an "experience" rather than a product or a service.

■ Read the business-building articles (direct mail, seasonal marketing, business plans, low-cost marketing) at [www.allbusiness.com](http://www.allbusiness.com). There are many articles to choose from, depending on what you need.

■ Get ideas on writing bright and interesting copy for your brochures and flyers at [www.red-hot-copy.com](http://www.red-hot-copy.com).

■ See [www.anniejenningspr.com](http://www.anniejenningspr.com) for tips on how to get publicity on a nationwide basis. You may pay to get a

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# ACTION BOARD

- \* **Robert Siroka, PhD, TEP, ABPP** and **Jacqueline Dubbs Siroka, ACSW, TEP, BCD** presented "Practical Applications of Action Methods of Psychotherapy" at the Esalen Institute in Big Sur, CA in October, 2006. This training was part of the 17th Annual Summer and Fall Seminars offered by the Harvard Medical School Dept. of Continuing Education. With Nina Gorbach, MFT, who is Executive Director of Willmar Center for Bereaved Children, they will present "Good Grief: A Mo(u)rning Conference" for therapists, clergy, medical personnel, complementary care providers or volunteers at the Fort Mason Center in San Francisco on November 29, 2006.
- \* **Suzie Jary, LCSW, CP, PAT** uses sociometric techniques with professional dancers in career change workshops for the not-for-profit organization, Career Transition For Dancers. Supported by funding from the National Endowment for the Arts, Suzie has traveled the US this past year to meet with dancers from the Atlanta Ballet, Kansas City Ballet, Houston Ballet, Pennsylvania Ballet, Nevada Ballet Theatre and Las Vegas shows. Workshops are also held in each city for the entire dance community, to include musical theatre, modern, jazz, flamenco and hip-hop dancers. Suzie is pleased to bring the psychodramatic method to this special population and in a psycho-educational setting to encounter the anxiety-laden topic of career transition.
- \* **Linda Ciotola, MEd, CHES, PAT** is teaching an "Introduction to Psychodrama" course this fall and from September 2006 through April 2007 is leading a workshop titled "Decision-Making and Problem Solving" for faculty/staff professional development classes using Action Methods, both at Chesapeake College, Wye Mills, MD. She facilitated "Action Methods with Addictions," a two-day training workshop for the staff of Crossroads Addictions Treatment Center in Antigua on September 28 & 29. On November 9, 2006, she will present "Beyond the Silence & the Fury: Action Methods With Eating Disorders & Trauma," a full-day Workshop at the Renfrew Conference at the Philadelphia Airport Marriott.
- \* **Nicholas Wolff, LCSW, BCD, TEP** has presented "Introduction to Psychodrama" to graduate students in the Professional Counseling program at Adelphi University, Garden City, NY since June 2005.
- \* **Connie Miller, NCC, CP, ACA** presented "Souldrama: A six stage model for spiritual growth and recovery" at the International Congress of Group Psychotherapy in Brazil and had a book signing there for her new book *Souldrama: A Journey into the Heart of God*. She will be presenting Souldrama at the American Counseling Association Pre Congress in March and also at the American Association for Group Psychotherapy at their annual conference in Austin, TX. The new book *New Advances in Psychodrama*, published by Routledge, should be available in January which will include her chapter "Spirituality, Souldrama and Psychodrama."
- \* **Micky Shorr, LCSW** presented a 7-session program on psychodramatic tools for transition for mature learners through the Lifetime Learning Institute at Bard College in Annandale-on-Hudson, NY, in spring of 2005. In fall 2006 she presented another 7-week program on "Psychodramas of Aging" at the Institute. Both programs using action methods to explore aging-related issues were well received by participants
- \* **Rebecca M. Ridge, TEP**, a doctoral candidate, presented "The Body Alchemy of Psychodrama," her training manual and workshop which integrates somatic therapies including shiatsu, yoga, craniosacral and body-mind centering with psychodrama in a five-day program to a group of New Jersey TEPs and CPs in September. Participants evaluated her manual, which is part of her doctoral social action evaluative research project for Union Institute and University. She hopes to complete her doctorate by June 2007 and make this training and manual available to those interested in the integration of somatic therapies and affective neuroscience with psychodrama.
- \* **Rob Pramann, PhD, TEP**, presented:
  - "Part I: Psychodramatic Approaches to Treatment of Resistant Clients," (didactic presentation) and "Part II: Psychodramatic Approaches to Treatment of Resistant Clients" (experiential presentation) August 24, 2006, at the Utah Domestic Violence Council Annual Treatment Provider's Conference, Salt Lake City, UT;
  - "Psychodrama II: Touching the heart, as well as Mind and Body," a continuing education course for graduate level mental health professionals at the University of Utah 22nd College of Social Work Summer Institute in the Human Services, June 12-16, 2006, and June 13-17, 2005.
  - "Introduction and Basic Psychodrama Skills: Psychodrama and Dreams," May 19-20, 2006, Professional Development Workshops, Department of Counseling, Kasiska College of Health Professions, Idaho State University, Pocatello;
  - "Enhancing Treatment Effectiveness: Using Psychodrama to Address the Trauma and Pain of Victims and Perpetrators" September 2, 2005, for the Utah Domestic Violence Treatment Provider's Conference, Park City, UT.

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# TRANSFORMATIONAL EDUCATION AND THE CITIZEN THERAPIST

## Third article in a series about psychodrama in academia

By Jude Treder-Wolff

In his "From the Editor" column in the November/December 2004 *Psychotherapy Networker*, Richard Simon introduces the theme of "The Citizen Therapist" explored in that issue, which came out around the time of that year's polarizing, riveting, and for many of us grueling Presidential election. He writes that it is time for psychotherapists to think beyond the clinical realm, to consider "how we can make the neighborhoods and communities and care systems that shape our collective lives into better places, more reflective of the humane, democratic values that make us care about elections in the first place."<sup>1</sup> At Southwestern College in Santa Fe, New Mexico, which offers graduate degrees in Counseling and Art Therapy, and a specialization in Grief Therapy, psychodramatist Kate Cook, MA, TEP is part of a faculty teaching a core curriculum designed to develop professionals who connect and respond to the larger human struggle of which each single client or clinical group is a part. "This is my concept of the Citizen Therapist," says Kate, "putting people in the world ready to work on cultural and moral issues."

Some view this as the wave of the future for the psychotherapeutic and counseling professions, a paradigm shift in how we think about our responsibility to social health and justice that responds to the unique, evolving demands of our time, and in the ways we organize our systems of training for the field. Referring to The Great Law of the Iroquois Confederacy which says that "in our every deliberation, we must consider the impact of our decisions on the next seven generations," Kate reflects that "as psychodramatists we need to be thinking about the 7th generation in how we go forward as a field. I know that I am sending people into the world who are ready to work with social and cultural issues."

In 1990, Kate began teaching a basic class in psychodrama at Southwestern, which led to the addition of more psychodrama courses. As part of their Community Services Outreach Program – which provided CEUs for people in the community - the college developed Certificate Programs, including one in Psychodrama and Action Methods.

"After about 9 years the program started to really pick up," Kate reports, "and we started to have many more folks who wanted to specialize in psychodrama, they wanted to study psychodrama all through their graduate

studies. For some years, there were psychodrama focused internships in the county jails. At Southwestern the philosophy is in harmony with the spirit of Moreno, to meet and work with people "in situ" where they are, whenever possible. In addition to internships, the college also added a special (core curriculum) group dynamics course rooted in Morenian philosophy and practice. Strongly influenced by Carl Jung, Kate trains her students to look at and address the interface between the individual, the group and the culture, to recognize ways that what is going on in the group is reflective of the culture.

The school provides what is described as Transformational Education. "Students concern themselves with developing the resources to transform human life and the human condition," according to the School Philosophy posted on their website, [www.swc.edu](http://www.swc.edu). Students' personal character and professional development are fostered through a person-centered, experiential, holistic learning process that encompasses theoretical foundations from psychodynamic, cognitive-behavioral, humanistic, systemic, and transpersonal psychology viewpoints.

"In the educational context, we differentiate that the experience of psychodrama is not offered as therapy, but as an educational experience that is therapeutic in nature," Kate explains. "I believe that this is true to Moreno's vision, taking psychodrama in and adapting to wherever it is needed. The intent is to imprint them with a way of moving into the world of therapeutic interaction from that orientation, to give them a toolbox of Action Methods that they can use and know how and when to use them. I'm going on 17 years teaching psychodrama in this institution, and it is my view that if psychodrama can be taught while people are learning it becomes part of their conceptual and experiential filter."

Many of these students go on to full certification in psychodrama, but all leave the program with a consciousness of cultural dynamics, knowing that the collective whole is realized in the group in front of us at any given time. The personal and social/collective level is present in all our roles. The personal is the political. Social and cultural realities are expressed in the personal. The model of The Citizen Therapist transcends the conventional dichotomies of psychotherapy practice, producing a more flexible, spontaneous, adaptable professional who is a force for social good to the 7th generation.

<sup>1</sup> Simon, Richard "From the Editor" *Psychotherapy Networker*, November/December 2004

# INSTITUTES: What Are They?

By Dave Moran & Sue Barnum

Many members may not know about a new program the ASGPP Executive Council began a couple of years ago. It's called the "Institute Project" and we are currently trying to put some more muscle behind it. It operates under the Institute Committee which is responsible for putting together several institutes a year with two main goals: 1) getting the word out about psychodrama, sociometry and group psychotherapy to various areas of the country; and 2) generating funds for ASGPP as well as a small stipend and traveling expenses for the presenters.

The following institutes have been presented and we thank the presenters:

- "Bibliodrama," by Sue Barnum in San Antonio, TX;
- "Play of Life," by John Barton, and organized by Andrew Hughey and Darcy Erikson, in San Jose, CA;
- "Addictions and Psychodrama," by Jean Campbell in Los Angeles, CA.

We need more presenters who are willing to present institutes in their areas of expertise, and with a willingness to do it for little more than reimbursement for travel. We also need organizers who will seek a venue, and get some help gathering together an audience. Either the organizers or the presenter will be responsible for sending a report on how the presentation was received, the number of people who attended, names and addresses of individuals who signed up to be on the mailing list or joined ASGPP, plus the financial data. ASGPP will advertise the institute via email once Ed Garcia has been informed of the target area.

The Institute Committee is also trying to encourage all of its members to do more networking. A common response we've heard is "What do I have to offer." But

think about the response to any little offering of psychodrama, whether to a university group, therapy class, alumni group, professional group, or hospital staff where CEUs are also available. Our experience of such offerings has been overwhelming. Folks are excited about our methods. A good example is when Dave Moran was invited to present at a social work Group-Work class. The students were blown away, as evidenced in the tears of empathy, release and tele that took place during the sessions. Although the financial rewards were minimal, the professional and emotional rewards were immense, especially the feedback from students and professors who experienced the depth and power of psychodrama. Some of these same students were looking for supervision and training and Dave has hired some for his agency. Moreover, he goes back as often as he can get himself invited.

This is an opportune time for us to be expanding our efforts to spread word about psychodrama with the increased interest in experiential treatment, and brief therapy. Academia also seems more open to new ideas. There's an "act hunger" in need of satiation. If your response is "I don't have time," just think what might have happened if J.L. Moreno had said "I have this great idea of sociometry and psychodrama but don't have time to develop it." Or coming on down the ladder, what if Nina Garcia, Dale Buchanan, Dorothy and Mort Satten, Tian Dayton, Jonathan Fox, Anne Hale, or Bob and Jacquie Siroka had said "I don't have time?" Think of what a small investment of time can mean to the future of psychodrama, and therefore the world.

For more information contact Dave Moran at davidfmoran@comcast.net or Sue Barnum at 713-522-0788.

## Web Marketing

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placement in a national magazine or television show, but it may be a great investment, depending on what you are looking for. Annie Jennings, the public relations business, also offers free teleconferences from time to time on marketing ideas.

- There's also the site of Marcia Yudkin, another marketing guru, at [www.yudkin.com](http://www.yudkin.com).
- In the non-profit sector (they won't try to sell you anything), there's [www.score.org](http://www.score.org) and [www.sba.gov](http://www.sba.gov).

### Finally, some other ideas:

- Surf the web to find sites of professionals like you in other cities, states and countries. Use their materials not to copy, but to inspire you.

- Collect the e-mail addresses of clients and prospective clients. Get their permission to receive information from you.
- Add a signature line to your e-mail messages listing contact information, Web site and/or business hours, etc. There's more, but we are out of space for today. Do you have some great ideas that you want to share with readers of PNN? Let us know.

*Karen Carnabucci, LCSW, TEP, is a psychotherapist, coach and psychodrama trainer in Racine, WI. She is also the author of Whole Person Marketing, a self-published book on practice-building that emphasizes both creativity and structure. See her Web sites at [www.lakehousecenter.com](http://www.lakehousecenter.com) and [www.companionsinhealing.com](http://www.companionsinhealing.com). Questions about practice-building are welcome for this column and may be sent to [karen@companionsinhealing.com](mailto:karen@companionsinhealing.com).*

# A MESSAGE TO THE MEMBERSHIP FROM ZERKA MORENO



It's a pleasure to announce two items of special interest to the psychodrama community:

- publication of a book of my writings;
- several undertakings/events in which Moreno's work is being honored and memorialized in Europe.

• Routledge has just released a compendium of writings under the title *The Quintessential Zerk*, covering some of my papers dating from 1944 - 2004. The book can be purchased on Amazon.com or on the Barnes and Noble website (www.bn.com) at a 20% discount, with free shipping.

• The European psychodrama community has set up a bank account to facilitate contributions to the Moreno Museum. The museum is planned to be established in the house in Voslau, Austria, where Moreno resided when he worked as Public Health Officer from 1918 - 1925, just prior to emigrating to the United States. One of the fundraisers for the museum is the sale of a pretty water-color print of the house in Voslau. Anyone wishing to purchase this print or wanting more information about the museum project can contact Professor Michael Wieser at: Michael.Wieser@uni-klu.ac.at

• A street sign with the name "Dr. Moreno Strasse [street]" has been erected in Moreno's honor in Mitterndorf, Austria, and was photographed by members of the European psychodrama group. Moreno worked in a children's hospital at a wartime resettlement camp there from 1917 - 1918, where he developed his ideas about sociometry out of a desire to improve the oppressive, authoritarian way the resettlement camp was run. He wrote the Minister of the Interior outlining his ideas, but as could be anticipated, his ideas were rejected. Some of the administrative buildings are still standing, and apparently the conditions of the refugees were deplorable. It was reported that about 75,000 persons passed through this camp, many of whom died there.

In the next issue I will write about recent findings that confirm Moreno's influence on Martin Buber.

## The Whole of Mankind

(Continued from Page 2)

number of enormously excited and receptive participants, primarily young, educated professionals and university students, are being exposed to the methods.

Herb and his colleagues have planted the seed for the evolving Bangladesh Therapeutic Theater Institute (BTTI) and have made very positive contacts with three major universities, including the Department of Clinical Psychology at the University of Khaka. Herb is also trying to arrange a circle of trainers to donate copies of their older edition books and articles to help start a library for this group of enthusiastic trainees.

If you are interested in assisting Herb in his work, contact him at sociotele1@verizon.net.

*I just know there are more stories out there among members that need to be told and that will spark inspiration in all of us. Let me hear about how you are bettering the whole of mankind by moving your gifts outside your treatment room....I would love to tell your story.*



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# CONFERENCES AND NETWORKING OPPORTUNITIES



EACH OF THESE CONFERENCES IS A DOORWAY TO EXPANDED POSSIBILITIES FOR PSYCHODRAMATISTS.

## February 15-18, 2007

**"Makin' Waves: Integrating Compassionate Humor into Caring Communities"**

**Annual conference of the Association for Applied and Therapeutic Humor**

The Bay Point Marriott Resort, Panama Beach City, FL.  
Contact: AATH, Historic Mill Hill District, 247 East Front Street, Trenton, NJ, 609-392-0200, [www.aath.org](http://www.aath.org)

## March 28- April 1, 2007

**"New Frontiers in Arts Sociology: Creativity, Support and Sustainability"**

**4th Interim Conference of the ESA Research Network Sociology for the Arts**

Lueneburg and Hamburg, Germany. For more information contact Prof. Dr. Volker Kirchberg, Scharnhorststrasse 1, Luneburg, Niedersachsen, Germany, D-231337, or go to [www.new-arts-frontiers.eu](http://www.new-arts-frontiers.eu)

## CALL FOR PAPERS

### Deadline: November 15, 2006

**"Groups: Gateways to Growth." 29th International Symposium on Social Work with Groups**, sponsored by the Association for the Advancement of Social Work with Groups, Jersey City, NJ, June 28 - July 1, 2007. For information contact Susanne Palombo at [palombos@sjhmc.org](mailto:palombos@sjhmc.org)

### Deadline: November 30, 2006

**"Returning to the Source: Creativity, Chaos, Transformation." Annual conference of the National Association of Drama Therapy**, Montreal, Canada, August 9-12, 2007. For complete information about submission go to [www.dadt.org](http://www.dadt.org)

## GET PUBLISHED

Go to [www.asgpp.org](http://www.asgpp.org) for the latest information

## Action Board

(Continued from Page 5)

- "Evaluating & Reconciling Your Relationship to God Using Action Methods," with Esly Regina Carvalho, MS, LPC, TEP, on April 9, 2005, at the Christian Association for Psychological Studies (CAPS) 2005 International Convention.

## PUBLICATIONS

- \* **Adam Blatner, MD, TEP** published a paper titled, "Enacting the new academy: sociodrama as a powerful tool in higher education" in *ReVision: A Journal of Consciousness & Transformation*, Spring, 2006.
- \* Two articles in Spring/Summer 2006 *British Journal of Psychodrama and Sociodrama*, (Volume 21, No. 1) feature important members of the ASGPP, **Zerka Moreno** and **Joseph Moreno**. A limited number of copies of this issue can be purchased through Nicholas Wolff. Contact him at [nick\\_asgpp@hotmail.com](mailto:nick_asgpp@hotmail.com) for information. The featured articles are:
  - "The Deeds of My Father: William L. Moreno" by **Joseph Moreno, MA, MT-BC;**
  - "Zerka Moreno: An Interview with Steve Capra" by Steve Capra, a New York City-based actor and theatre critic.

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**John Rasberry, MEd, LMFT, PAT**  
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## Expectations

(Continued from Page 1)

Phelps, the lay-out and design person who makes all the articles fit and look pretty. I'm also counting on the membership to continue contributing articles and ideas.

A couple of summers ago, I attended an intensive psychodrama training week led by Drs. Buchanan and Garcia. The theme was "Diminishing Expectations/Living in the Moment." Early on, we were asked to write down some expectations we had of others, expectations others had of us, and expectations we had of ourselves. Then, we were invited to place ourselves on a locogram of one of the three categories we were most likely to feel disappointment about when expectations were not met. I remember placing myself squarely on the spot indicating greatest disappointment when I didn't meet those criteria I expected of myself.

So what does all this have to do with my feelings about becoming editor of the PNN? As I think back over the people, events and opportunities that have most enriched my life, psychodrama and the people I've met through it are towards the top of the list. And I believe I would feel disappointed in myself if I didn't give back in some way to the people and the organization that has given so much to me. I look forward to maintaining the high standards of the newsletter set by my predecessor and to putting my own thumb print on it in the upcoming issues.

## British Psychodrama Association

● Annual Conference 2007 ●

# Making a Difference

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Join us in the historic naval base of Portsmouth, to experience how psychodrama and sociodrama can really make a difference.



Illustration by Ken Sprague

For further information contact:  
Eve White  
Email –  
evewhite@fsmail.net  
Or 07789 680571

## Moving On

(Continued from Page 1)

hearted friend;

- The sustaining, dependable, energy of Suzy Jary, Executive Council liaison to the PNN;
- Sue Barnum, whose column "The Whole of Mankind" embodies what I consider one of the most important aims of all the work we do as therapists, educators, activists and members of the human race;
- Karen Carnabucci, whose ideas and contributions about marketing and networking are a much-needed resource;
- Promoting the efforts of the Executive Council, who volunteer hours of their time, travel expenses, and personal resources to manage the business of the society as well as help it to grow.
- Eduardo Garcia's eye for detail and proof-reading genius.

Moving on from a role that feels complete is richly satisfying. Thank you for your support of my efforts over the years.

## Susan Aaron Workshops PSYCHODRAMATIC BODYWORK®

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**Introductory Level Training** — Jean Campbell, Trainer  
Los Angeles, California — February 9, 10, 11, 2007

**Intermediate Level Training** — Susan Aaron, Trainer  
Toronto, Canada — November 17, 18, 19, 2006

**Intermediate Level Training** — Susan Aaron, Trainer  
Unstone, Grange, UK — January 16, 17, 18, 2007

INFORMATION AND REGISTRATION:

Susan Aaron: 416-699-3211, [aaron@youremotions.com](mailto:aaron@youremotions.com)  
Jean Campbell: 310-909-9780, [jean@theactioninstitute.com](mailto:jean@theactioninstitute.com)  
[www.youremotions.com](http://www.youremotions.com)



## HUDSON VALLEY PSYCHODRAMA INSTITUTE

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## President's Column

(Continued from Page 1)

face as people, as a country. But today, and in the last few years, we seem to be more polarized than ever. Emotions run very strong because fear is very high, and have brought us to a kind of psychological civil war. I believe that the tools of action methods and sociometry are uniquely effective to bring out the tensions people feel around these hot-button issues and openly communicate about them. If we can role-reverse, we may be able to co-create more productive responses to the dangers of human affairs in our times.

In "Foundations of Sociatry"<sup>1</sup> Moreno writes "Sociatry is remedial sociometry." We need this remedial attention to the social and spiritual fabric of our deeply inter-connected lives now more than ever. Our national conversation does not seem to be driven by a search for truth, but a need to be right. Our upcoming 2007 conference, "Give Peace a Chance: Community Consciousness, Inner Wisdom and Social Change," which will take place from April 26-30, 2007, is a great step forward to realizing Moreno's vision of using our methods and philosophy to heal society. There is much each of us can do to support not only this conference, but the idea of sociatry in our local groups and communities, and in so doing contribute to a global shift in consciousness.

The Executive Council took an important action in this regard recently, with their decision that the ASGPP become a member of the International Association of Group Psychotherapy (IAGP), which was also founded by Moreno. He described the establishment of the IAGP as "a crowning achievement of my life's work," and encouraged support "of both a moral and financial nature if we are to maintain a high level of academic pursuit and continued contact at International Congresses with colleagues all over the world."<sup>2</sup> Through collaboration and partnership with psychodrama societies around the world, we step up to stand with people around the world working to heal the global community. We will keep you advised about opportunities to connect, participate, and share your work through this vital network.

Both to build energy to support the upcoming conference and encourage people in your community to attend, and to further its work, you can sponsor an ASGPP Institute in your area. Let's explore the way racism, sexism, homophobia, war, and all the political issues of the day can be addressed using action methods. Read further about this in the article by **Dave Moran** and **Sue Barnum**, who are co-chairs of this effort.

<sup>1</sup> Moreno, J.L. "Foundations of Sociatry" *Sociatry: Journal of Group and Intergroup Therapy*, Volume I No. 1 (Beacon, NY: March, 1947).

<sup>2</sup> Moreno, J.L. Letter to the membership, *Group Psychotherapy and Psychodrama* Vol. XXVI, No. 3-4 (Beacon, NY: 1973).

## Your Council

(Continued from Page 3)

back to the ASGPP membership. I will be contacting people for their expertise and feedback. In the meantime if you have interesting material to report from the international scene please contact me by phone 484-497-8764 or email (I prefer the email) davidfmoran@comcast.net.

Dave Moran

## PRESIDENT-ELECT REPORT

Hello members! This is my first report to you as President-Elect. The last year and a half has been an exciting and busy time for me in this role. Nick Wolff has provided me encouragement and support to be an active President-Elect. I will be moving into the role of President in April of 2007 already in action. I am excited about our new website product and capabilities. I look forward to building the Journal of Group Psychotherapy, Sociometry, and Psychodrama to be another dynamic vehicle to attract interest and participation in our society.

The Nominations Committee will soon be notifying you of vacancies that need to be filled on the Executive Council. These tenures will be served during my Presidency. I encourage you all to give serious consideration to service through our society.

In the next PNN, I will be revealing my agenda for my term of Presidency and I hope you will register your thoughts and concerns on the Membership Forum at the new website.

Here to serve,  
John Rasberry, President-Elect

# ASGPP



**May 28 - June 1, 2007**  
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Barbara Guest, MSW, TEP and  
Donna Chantler, MEd, PAT

**July 22 - 27, 2007**  
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Donna Little, MSW, TEP,  
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Jaqueline Dubbs Siroka,  
Robert Siroka, Guy Taylor, Jan Tras,  
Daniel J. Wiener, Marie Welsch,  
Natalie Winters, Nick Wolff

## IN MEMORIAM: Steve Wilson, ACSW, TEP

First Executive Director of the ASGPP

By Bob Siroka, PhD, TEP

Steve passed away earlier this year at his home in New York City. The last few years were difficult for him, as he had suffered a stroke which impaired his speech and limited his mobility.

A California native, he graduated from the University of California at Santa Barbara in political science. A gifted athlete, he played soccer and varsity basketball. Upon graduation he joined the Peace Corps, serving in Somalia where he ran athletic programs. After his return to the U.S., he enrolled in a program for ex-Peace Corps volunteers at New York University. As part of the program he was introduced to psychodrama and sociometry by Bob Siroka.

He was very drawn to action methods, and decided to become a therapist, graduating with his MSW from Rutgers University School of Social Work. He was a member of the first training class at the Institute for Sociotherapy in New York, in 1968. The rigorous 4000 hour, 5-year sociotherapy program included 1500 hours of psychodrama, sociometry and group psychotherapy. He joined the Institute staff as a clinician and administrator, and volunteered many thousands of hours to the ASGPP.

Steve was appointed by the executive council to be the first Executive Director of the society. He assumed the role part-time in what appears to have been the heyday of the humanistic psychology movement, in the mid-1970s to 1980s, helping to organize and run annual meetings that often had 1500-2000 attendees. All this was done by a dedicated, idealistic guy with chicken scrawl handwriting, before the age of ubiquitous computers.

Steve Wilson gave a great deal to the ASGPP, his clients and his friends.

Thank you, Steve.



### PSYCHODRAMA NETWORK NEWS

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