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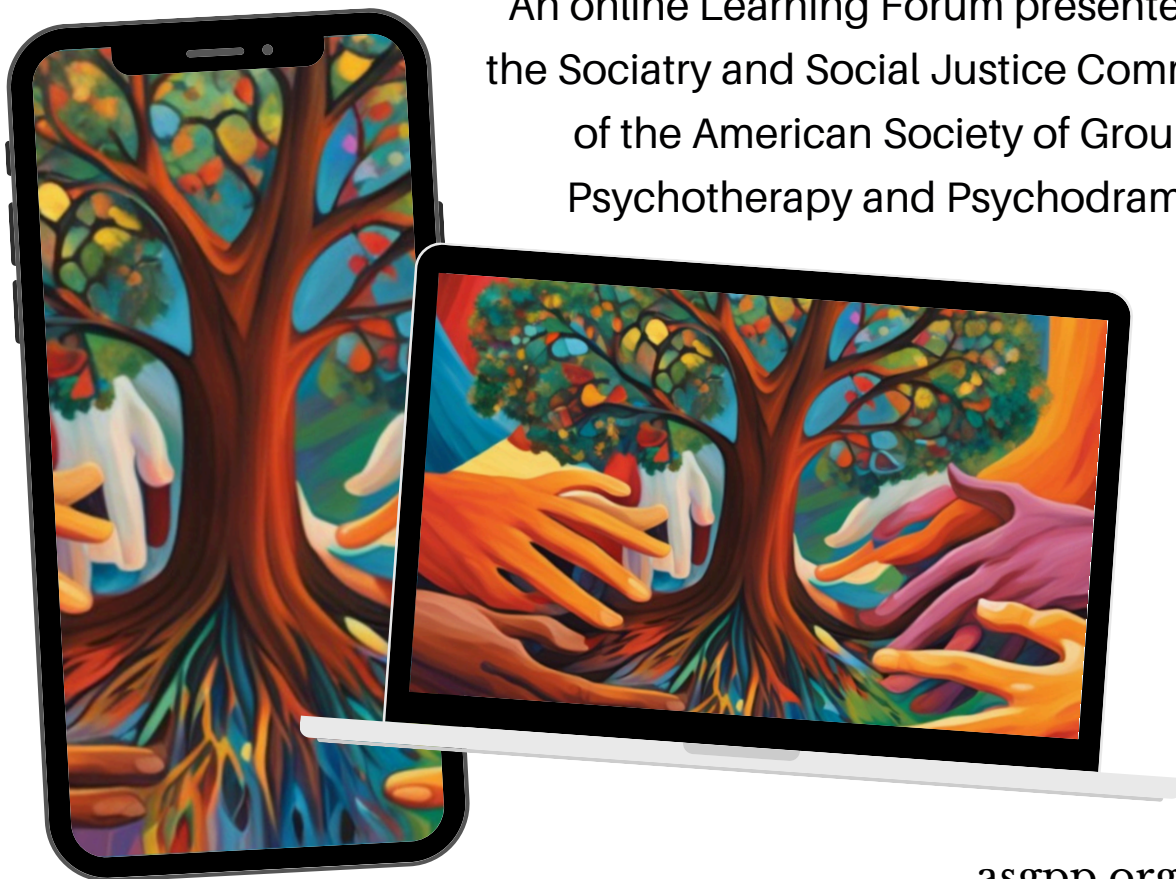
**FEB 7
2026**

**MEANINGFUL
CONNECTIONS**

i

n a wounded world

An online Learning Forum presented by
the Sociatry and Social Justice Committee
of the American Society of Group
Psychotherapy and Psychodrama



asgpp.org

The second annual Online Learning Forum is organized by the Sociatry and Social Justice Committee of the **American Society of Group Psychotherapy and Psychodrama**. In addition to this event, ASGPP sponsors an annual conference, an online Fall symposium and other online learning programs and affinity groups. To learn about and register for the **May 6–10, 2026 annual conference in Niagara Falls, New York**, see asgpp.org.



THE SOCIATRY AND SOCIAL JUSTICE COMMITTEE

DAISY MARTINEZ-DICARLO,
LMHC-QS, LPC, TEP
(she, her)

Co-chair of the sociatry and social justice committee and Psychodrama trainer

JENNIE KRISTEL, M.A., REAT,
APTT (she, her)

Co-chair of the sociatry and social justice committee.



MEMBERS

DANIELLE CROOM, LCSW
(she, they)

SHEILA DALLAS-KATZMAN, M.A.
(she, her)

THOMAS NORTHRUP, M.Ed.
(he, him)

MICHAEL WATSON, PH.D.
(he, him)

RESOURCING: These themes and topics can be challenging. **Dr. Leticia Nieto, TEP**, is available during the Online Learning Forum to support participants and presenters who might want a space to debrief whatever might arise in workshops and interactions. Please text or call **Daisy Martinez-DiCarlo, TEP**, at **203-613-5832** for support.

Saturday, Feb. 7



11 TO 11:30 A.M.

OPENING AND WELCOME SOCIATRY & SOCIAL JUSTICE COMMITTEE MEMBERS

Join the members of the ASGPP Sociatry and Social Justice Committee in opening the 2nd online learning forum with circle singing, gratitude, sociometric exercises and trauma-informed ways that bring us together in a virtual space as a community dedicated to learning and strengthening connections with one another.

11:30 A.M. TO 12:30 P.M.

KEYNOTE SESSION

APPLYING THEATRE OF THE OPPRESSED TO STRENGTHENING SOCIOMETRIC CONNECTIONS IN A WOUNDED WORLD

Sheila Dallas-Katzman, M.A.

She will lead us in exploring ways to use Theatre of the Oppressed “forum theatre” to strengthen our sociometric connections during this time of global challenge and uncertainty.



Our Saturday keynote speaker is **Sheila Dallas-Katzman, M.A.**, a passionate applied theatre practitioner and broadcast journalist renowned for integrating Theatre of the Oppressed, sociodrama and psychodrama methods to address collective trauma and advance social justice worldwide.

She is the co-founder of Ten Lanterns Transformative Theatre, which uses participatory performance and action methods to foster dialogue, healing and community transformation. She has been recognized globally for leveraging art and advocacy to create profound systemic change.

During her keynote, Sheila will discuss how to integrate the Theatre of the Oppressed with psychodrama, sociometry and group psychotherapy to foster transformation by helping people reshape both internal and external roles. For more about Sheila, see page 8.

Program is listed in Eastern Standard Time (U.S. and Canada)

SATURDAY WORKSHOPS

1-3 P.M.

1 USING SOCIODRAMA METHODS TO GIVE A VOICE TO AND TO INTERVENE IN GLOBAL SUFFERING: ZOOMING OUT AND ZOOMING IN

Mousumi Mahmud Sabina, CP/PAT (She, her)

This sociodrama workshop explores global sufferings through role play and sociodramatic enactments of those issues. Participants embody experiences of conflict, hunger, displacement and climate disasters, using simple props and guided lines to connect emotionally with worldwide crises. The session provides a safe space to process feelings, reflect on humanitarian realities, and discover parallels within local communities. By engaging in collective storytelling while harnessing resilience, participants build empathy, awareness, and solidarity, recognizing the transformative power of sociodrama.

Learning Objectives

- To demonstrate a collective space where participants can explore suffering and harness resilience through shared enactment.
- To recognize global crises and issues by enabling participants to step into the lived experiences of people living in global crises.

2 RECLAIMING SACRED SELF: USING TRAUMA-INFORMED PSYCHODRAMA TO HEAL RELIGIOUS TRAUMA

Kennesha Rodgers, M.A., LAPC, CTP (She, her)
Daisy Martinez-DiCarlo, LMHC-QS, LPC, TEP (She, her)

This workshop is a place to begin to define and clarify the meaning of religious or spiritual harm that can result from harmful belief systems, harm caused by persons in roles of spiritual or religious authority or loss that results from belonging to a once-trusted community. Religious and spiritual wounds impact one's sense of safety, sense of self and sense of belonging. In this workshop, participants will be invited to demonstrate and recognize an understanding of the effects of this harm; and to practice trauma-informed psychodrama tools and techniques which can assist in building coping skills for this specific harm. Through the practice of trauma-informed psychodrama tools and techniques, you can learn to support clients to explore the roots of religious trauma and spiritual harm, reconnect with their inner voice, and begin to reclaim some self-trust, self-compassion and self-wisdom that leads to greater agency.

This is a sacred space for rediscovering what feels meaningful, safe, and sacred, on your own terms. This workshop is religiously neutral and participants from all faith backgrounds and religious/spiritual experiences are welcomed.

Learning Objectives

- Participants will be invited to recognize and demonstrate an understanding of the effects of religious or spiritual harm.

SATURDAY WORKSHOPS 1–3 P.M. (Cont.)

Learning Objectives (continued)

- Participants will be invited to practice trauma-informed psychodrama tools and techniques to support clients to explore the roots of religious trauma and spiritual harm, reconnect with their inner voice, and begin to reclaim some self-trust, self-compassion and self-wisdom that leads to greater agency.

3 AMERICAN HISTORY FROM A BLACK PERSPECTIVE: RESOURCES AND PRACTICES THAT LEAD TO HEALING HEARTS AND BODIES AND FOSTERING DEEP CONNECTIONS

Uneeda Brewer, MSW, TEP (She, her)
Sheila Dallas-Katzman, M.A. (She, her)

Given the trauma and loss that members of the global African diaspora have experienced, especially in the Americas, what strengths have held the various communities together? What resources and cultural practices have strengthened relationships and fostered resilience, healing, and joy across time and geographies?

How might we share these therapeutic resources and experiential practices in a wounded world suffering from violence, intolerance, bigotry, and war that helps people co-create socially just and anti-oppressive structures and systems? We will focus especially on

what we can learn and employ from the history of Black people in the Americas.

We will use sociometry and Theatre of the Oppressed approaches to explore the topic. We will invite participants to co-create new ways of acting that strengthen connections and promote healing and justice in relationships.

Learning Objectives

- Foster understanding and empathy for the wisdom of healing practices for heart and body from the diverse experiences of the Black diaspora, especially the experience in the Americas.
- Using sociometric methods and approaches from Theatre of the Oppressed to deepen connections within the group.

4 CONTRACTING ALLYSHIP: SOCIODRAMA ACTION METHODS FOR ANTI-OPPRESSIVE WORK AROUND CIS MALE PRIVILEGE

Bryn Ruggiero, CADC, CES (He, him)
David Moran, LCSW, CCDP, TEP (He, him)

Allyship is an identity that can only be attained when those who perceive it can identify it in us—an ongoing practice of leveraging privilege toward justice. Drawing on Dr. Leticia Nieto's framework of moving from passive to active allyship, this two-hour experiential workshop uses psychodrama warm-ups, action techniques, and poetry to help participants concretize allyship as “self in action.”

Through cultural humility framing, participants will explore receivership, accountability and impact-over-intention as core functions of the ally role. Using sociometry, sociodrama and anti-oppressive doubling, participants will warm up to strength roles, discomfort roles and their personal models of cultural humility.

This training is designed for cis males who are seeking an embodied, relational and justice-oriented approach to exploration of how cis male privilege intersects with sociatry and social justice. (If you are concerned about this workshop being limited to cis male participation, please reach out to Bryn at Bryn@avisewellness.com.)

Learning Objectives

- Demonstrate action-based methods for cultivating allyship, including practicing anti-oppressive doubling and co-creating artistic and expressive forms that reinforce accountability and cultural humility.
- Utilize cultural humility as a resource role in movement toward active allyship.

5 USING THE LISTENING HOUR TO STRENGTHEN MEANINGFUL CONNECTIONS IN A WOUNDED WORLD*

Jennie Kristel, M.A., REAT, APTT, RMT (She, her)

Join us in the Listening Hour, a community-based storytelling experience. We will unpack and demonstrate the Listening Hour, as we explore its potential to confront narratives that bind us and move toward sharing stories of resilience, solidarity and creativity in the face of injustice through a strength-based, creative and trauma-informed approach.

Together, we will tap into memories of courage and community. Finally, we'll discuss how joy neurologically sustains our energy, presence and calm in confronting oppressive systems.

Learning Objectives

- Participants will examine the practice of the Listening Hour and demonstrate how it recognizes our personal experiences through stories of solidarity, resilience and joy.
- Participants will identify ways of entering conversations about holding grief and finding connection through the experiential tool of Listening Hour.

3:30 – 4:30 P.M.

PLAYBACK EXPERIENCE

Ed Lehman and Living Mirror Playback Troupe

Living Mirror Playback Theatre, based in Tampa, Florida, is an improvisational theater troupe that uses music, dialog, movement and unique improvisational forms to tell the stories of those often neglected or marginalized by society. Audience members share their stories, and the actors “play back” those stories, improvising on the spot. Forum attendees will have an opportunity to share stories about feelings, awareness and events they’ve experienced during the day and watch the Living Mirror actors play back those stories for you! It’s fun, entertaining, integrating and often truly touching.

4:45 - 5 P.M.

CALL AND RESPONSE SINGING (CLOSING) **Members of the Sociatry and Social Justice Committee and attendees**

Come together with members of the ASGPP Sociatry and Social Justice Committee and attendees to bring our online learning forum to a close with Call and Response Circle Singing. Circle singing is a spontaneous, improvisational community singing experience that fosters creativity and connection among participants.

WHAT IS PSYCHODRAMA?

Psychodrama is a method that employs guided dramatic action to examine problems and issues.

Conceived and developed by Dr. J.L. Moreno, a European-born physician, psychodrama examines problems or issues raised by an individual (psychodrama) or a group (sociodrama). Using experiential methods, sociometry, role theory and group dynamics, psychodrama facilitates insight, personal growth and integration on cognitive, affective and behavioral levels.

The basic elements of psychodrama:

- The protagonist: Person(s) selected to represent the “theme” of a group in the drama.
- The auxiliary egos: Group members who take the roles of significant others in the drama.
- The audience: Group members who witness the drama and represent the world at large.
- The stage: The physical space in which the drama is conducted.
- The director: The trained psychodramatist who guides participants through each phase of the session.

The three phases of classical psychodrama:

- The warm-up: The group theme is identified, and a protagonist is selected.
- The action: The problem is dramatized, and the protagonist explores new methods of resolving it.
- The sharing: Group members are invited to express how they relate to the protagonist’s dramatized story.

WHAT IS SOCIATRY?

Sociatry is “healing of society.” -- **Zerka Moreno**

Sociatry, a word coined by Dr. J.L. Moreno, the originator of psychodrama, is the psychiatric study of society rather than individuals.

The Sociatry and Social Justice Committee of the American Society of Group Psychotherapy and Psychodrama has taken the mission of guiding ASGPP’s Executive Council, membership and conference planning in addressing social justice in all aspects of the functioning of the ASGPP while using as a template and guide Moreno’s vision of sociatry. Our purpose:

- Facilitate dialogue on issues related to diversity, social justice and the sociodynamic effect within the ASGPP and the larger culture.
- Provide educational events for ASGPP focused on using the social justice lens of sociatry and Moreno’s methods in the context of social justice, cultural humility, white supremacy, and other forms of oppression.
- Offer input to the ASGPP Executive Council on organizational changes related to social justice, diversity and inclusion.
- Participate in the planning of the annual conference to create inclusive and socially just events and spaces.
- Provide a consultation team to address issues of social justice with particular focus on applying the tools of sociatry in response to the sociometric system of white supremacy.

WHAT IS THEATRE OF THE OPPRESSED?

Theatre of the Oppressed is a participatory justice-oriented theatre methodology developed by Augusto Boal that uses dialogue, embodiment and collective problem-solving to challenge oppression in all of its forms.

Rooted in Paulo Freire's Pedagogy of the Oppressed, the method transforms spectators into "spect-actors" who rehearse actions for real life.

Through techniques such as Image Theatre, Forum Theatre and Invisible Theatre, participants explore power dynamics, make the invisible visible, and test strategies for change in a safe, creative space.

Theatre of the Oppressed positions theater as a rehearsal for life—where communities can imagine alternatives, disrupt harmful systems and co-create liberatory futures.

We can integrate this method with psychodrama, sociometry and group psychotherapy to create transformation by teaching people to transform internal and external roles.

Augusto Boal, the developer of Theatre of the Oppressed, was a Brazilian theatre practitioner, drama theorist and political activist. He died in 2009.

MORE ABOUT SHEILA

Ms. Dallas-Katzman has facilitated workshops for public and private sector entities in several countries and drives United Nations-aligned policy work for women journalists as president of International Association of Women in Radio and Television. She chairs the campaign to localize U.N. Convention on the Elimination of All Forms of Discrimination Against Women, the coalition advocating for a Convention on the Elimination of All Forms of Discrimination Against Women ordinance in New York City. Although the ordinance has not yet been adopted, through her advocacy the coalition has advanced 32 equality-focused, CEDAW-aligned laws, effectively institutionalizing the spirit of the international women's rights treaty in local governance.

Her expertise stems from a distinguished career as a former United Nations professional where she established U.N. Peacekeeping Radio in Sierra Leone and launched the Voice of Children Radio—a model replicated across global missions. She also served as a U.N. peacekeeping Chief of Public Information and spokesperson at the peacekeeping level. Her contributions in stabilization efforts are cited in the United Kingdom Kings College book "Rebels in a Rotten State."

She received the 2025 ASGPP Sociatry and Social Justice Diversity Award and the 2018 U.N. Women Champions of Change Award and is recognized globally for leveraging art and advocacy to create profound systemic change.

Psychodrama Training Credits & CE Information for Licensed Professionals in the United States

CONTINUING EDUCATION CREDITS (CEs)

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. Programs that do not qualify for NBCC credit are clearly identified with a ▲. ASGPP is solely responsible for all aspects of the programs. Up to 5 CE credits available. Up to 5 online psychodrama training hours available.

CE CERTIFICATES

CE Certificates are \$30 as indicated on registration form. Those purchasing CEs will have a “CE Verification of Attendance Form” that will be emailed to them after the participant's attendance has been verified.

In order to receive CEs, participants must join the workshop with the email they registered and stay for the entire workshop. It is the responsibility of symposium participants to download and complete the form and submit the completed form to the national office at asgpp@asgpp.org no later than two weeks after the symposium.

PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE) certification standards specify a maximum of 100 training credits obtained through ASGPP conferences.

These 100 hours must be obtained through face-to-face, in-person conference attendance. The certification standards also allow up to 120 hours of distance learning led by PATs and/or TEPs to be applied toward the required training hours, provided those distance learning hours are reviewed and approved by the applicant's primary trainer.

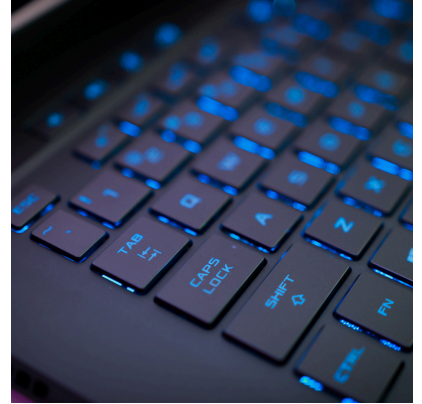
As an accommodation during the COVID-19 pandemic, the number of allowable distance learning hours is increased to 150. Distance learning hours must be documented under the name(s) of the TEPs or PATs leading these training sessions and not under the organizations sponsoring those distance learning sessions.

Workshops that are not eligible for ABE-approved psychodrama training hours are identified with an asterisk (*).

Important! It is the symposium attendee's responsibility to determine if his, her or their licensing or credentialing organization will accept the CEs for re-certification or licensure maintenance.

BEST PRACTICES FOR ONLINE EVENTS

We will use the Zoom video conferencing platform for our learning event. Please make sure that you have uploaded the most recent version of Zoom to avoid delays or connection problems.



- You will also want to take time to catch up on updating your computer system with other general updates prior to the online event.
- Watch for the User ID and passcode in your e-mail box, and check your spam box if you have not received it.
- Plan to arrive at the workshop on time so that you can start on time and end on time.
- Familiarize yourself with the chat feature of Zoom. We will use the chat to share thoughts, ideas, suggestions and references. That information will be recorded and shared with all the participants following the meeting, so please be aware of what you write.
- Unless the presenters announce otherwise, we ask that participants stay muted when others are speaking.
- If you want to share or ask a question, raise your hand electronically (under Reactions in Zoom) so that you can be recognized.
- Make sure that you have enough light shining on your face so that you will be visible to the participants. You might need to close the curtains or lower the blinds if you have a bright window behind you.
- Please be aware of time when talking so all group members will have a chance to share if they want to.
- You will likely receive a copy of written materials following the workshop; ask if the presenter will be sending handouts so you can focus on being present to the experience.

TUITION AND REGISTRATION

Tuition is based on the **Green Bottle Initiative**, a social justice tool that acknowledges economic inequality. To identify your payment, notice where you fall on the sliding scale:

- **Plan A.** Overflowing bottle: I have more than sufficient resources for my life.
 - \$125 for one day with an additional donation of your choice.
- **Plan B.** Full bottle: I have sufficient resources for my life.
 - \$125 for one day.
- **Plan C.** Half bottle: I have limited resources at this time.
 - \$50 for one day.
- **Plan D.** Almost empty bottle: I do not have sufficient resources.
 - \$25 for one day..

Register at asgpp.org

Donations above the \$125 level are appreciated and will help us meet the conference funding goals. If you would like to make a donation of more than \$125, please contact asgpp@asgpp.org.

SONG LYRICS

Bridge To Peace (featuring Robbie Schaefer
& Lea Morris) © 2021 Kid Pan Alley

The beginning of the road is dark and
frightening

We're going on a journey to reach
enlightenment

This is for anyone who's ever been silenced
Peace is more than the absence of violence

A foundation made of empathy
Road paved with trust
Support and understanding
It takes all of us
To build this bridge to peace

We're starting today for a better tomorrow
Moving toward a world where we're not
trapped by sorrow
Our foes may oppose us but we are strong
If we rise together, we can right what's
wrong

A foundation made of empathy
Road paved with trust
Support and understanding
It takes all of us
To build this bridge to peace

Leave your judgments behind
Your justice will be served

A foundation made of empathy
Road paved with trust
Support and understanding
It takes all of us
To build this bridge to peace
(no road is perfectly paved)
To build this bridge to peace
(I want see a world with less pain)
To build this bridge to peace.

Freedom Song

Beautiful Chorus

2016 © all rights reserved

I can feel my heart beat (tapping of the
heart)

Beating to the rhythm of the freedom song

I can feel my heart beat
Beating to the rhythm of the freedom song

When I say yes to the beat in me
I can send my spirit free

When I say yes to the beat in you
I can see your light shine through

Quotes to ponder as warm ups

Quotations relating to sociatry and social justice can serve as valuable warm up activities when offering presentations and trainings and can strengthen connections through sociometric exercises.

Here are some suggestions of how a group leader, facilitator or educator can use these quotes:

- Participants can do a body scan before and after reading the quotes and report on their body responses. This provides the grounding and connection to self that is needed to resource the individual and the group.
- Encourage participants to find a quote they resonate with. We can encourage them to sit with the quote and breathe for a moment first.

“Human society has an actual, dynamic, central structure underlying and determining all its peripheral and formal groupings. It exerts a determining influence upon every sphere in which the factor of human interrelations is an active agent – in economics, biology, social pathology, politics, government and similar spheres of social action. Its existence can be brought into an empirical test by means of social microscopy. The present human society is a preference system produced, to a considerable extent, by the sociodynamic effect.”

-- **Dr. J.L. Moreno**

- Ask, “Do you resonate with any of these quotes?” Ask how and provide time to share in dyads. Groups are built with one person at a time and the level of cohesion in a group can be assessed through the number of one-on-one connections that have been built.
- Ask, “Do any of these quotes offer you something?” Then create a locogram of the quotes to build sociometric connections around the quotes.

- Hang up the quotes in different locations in the room when you set up the locogram. Have participants within each small group share with each other why they placed themselves where they are. Be sure each person has a chance to share to prevent the formation of isolates.
- You can have each small group share messages to each other across the room during the locogram to connect the small groups together into building a larger group and for purposes of integration. For example, “What is your message to another small group about how your group resonates with their quote?” (To prevent the sociodynamic effect, make sure that each group has a chance to send and receive a message.)
- Then, invite small groups to co-create fluid sculpts to show their learning in action to one another and do some sharing and processing.

*“Even a wounded
world holds us,
giving us
moments of
wonder and joy. I
choose joy over
despair. Not
because I have my
head in the sand,
but because joy is
what the earth
gives me daily
and I must return
to the gift.”*

*-- Robin Wall
Kimmerer*

"In certain moments the sociodynamic effect changes, the distribution of social energy is capable of spreading. The precipitating cause may be a social trauma, some factor, an economic war, migration, sickness, death, famines and epidemics. These moments are wide open for social change, either in one dimension.

-- Dr. J.L. Moreno

Orland Bishop explains the meaning of the Zulu greeting Sawubona ("We see you") as an invitation to a deep witnessing and presence. This greeting forms an agreement to affirm and investigate the mutual potential and obligation that is present in a given moment. At its deepest level, Orland explains, this "seeing" is essential to human freedom. Seeing with the heart, the essential self, worth, dignity in the other and willingness to be seen.

"Positionality is the notion that personal values, views, and location in time and space influence how one understands the world. In this context, gender, race, class and other aspects of identities are indicators of social and spatial positions and are not fixed, given qualities. Positions act on the knowledge a person has about things, both material and abstract. Consequently, knowledge is the product of a specific position that reflects particular places and spaces."

--Luis Sánchez

*Stubborn Ounces:
(To One Who Doubts
the Worth of
Doing Anything If You
Can't Do Everything)
You say the Little
efforts that I make
will do no good: they
never will prevail
to tip the hovering scale
where Justice hangs in
balance.*

*I don't think I ever
thought they would.
But I am prejudiced
beyond debate
in favor of my right to
choose which side
shall feel the stubborn
ounces of my weight.*

-- Bonaro Overstreet

"How delicate is this bridge. We're all broken and need to become more cohesive, more integrated from within. Through the catharsis of integration, we become balanced within and without"

--**Zerka Moreno** (Date unknown. Interview with I. Yalom.)

"Theatre is the art of looking at ourselves."

— **Augusto Boal**

"No one is born hating another person because of the colour of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite."

– **Nelson Mandela**

"Real change, enduring change, happens one step at a time."

-**Ruth Bader Ginsberg**

"A disdain for history sets us adrift, and makes us victims of ignorance and denial. History lives in and through our bodies right now, and in every moment."

— **Resmaa Menakem**

"We are never finished — we never arrive at a point where we are done learning. Therefore, we must be humble and flexible, bold enough to look at ourselves critically and desire to learn more." **Tervalon, M. and & Murray Garcia, J. (1998)**

"In a real sense all of life is interconnected.

All men are caught in an inescapable network of mutuality, tied in a single garment of destiny.

Whatever affects one directly affects all indirectly.

I can never be what I ought to be

Until you are what you ought to be,

And you can never be what you ought to be

Until I am what I ought to be. This is the interrelated structure of reality."

--Martin Luther King Jr., Detroit, Michigan, 1961

“To those who are lesbian, gay, bisexual or transgender, let me say: You are not alone. Your struggle for an end to violence and discrimination is a shared struggle. Any attack on you is an attack on the universal values the United Nations and I have sworn to defend and uphold. Today, I stand with you, and I call upon all countries and people to stand with you too.”

– **United Nations Secretary-General Ban Ki-Moon**

“Racism should never have happened and so you don’t get a cookie for reducing it. The single story creates stereotypes and the problem with stereotypes is not that they are untrue, but that they are incomplete. They make one story become the only story.”

– **Chimamanda Ngozi Adichie**

“The only reason you say that race was not an issue is because you wish it was not. We all wish it was not. But it’s a lie.”

– **Chimamanda Ngozi Adichie**

“The single story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete. They make one story become the only story.”

– **Chimamanda Ngozi Adichie**

“Privilege is not knowing that you’re hurting others and not listening when they tell you.”

– **Dr. LeShanne Stokes**

“You do not have to be me in order for us to fight alongside each other.” – **Audre Lorde**

“How delicate is this bridge. We’re all broken and need to become more cohesive, more integrated from within. Through the catharsis of integration, we become balanced within and without.”
--Zerka Moreno (date unknown. Interview with Irving Yalom.)

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Niagara Falls, NY | 84th Annual Conference