



PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF GROUP PSYCHOTHERAPY AND PSYCHODRAMA

FALL 2005



*From the
ASGPP
President*

By Nick Wolff

Our prayers and good thoughts go out to Rosalie Minkin, formerly of New Orleans, and Shari Ward of Abita Springs, LA, two members of our psychodrama community who suffered losses as a result of Hurricane Katrina. We wish them the best in their process of recovery.

I would like to share with you the principles guiding the execution of my role as ASGPP President, principles which I believe are critical to the success of any group: transparency, inclusiveness, openness, a fair and understandable process, in which the Executive Committee and Council are accountable to one another as a cohesive group and to the membership. By transparency, I mean that any member of our society can see, and if need be, question, the actions we take and how we come to the decisions we make. By inclusiveness, I mean all of us are invited to participate in discussion and give input, and that no one acts unilaterally on anything that represents the society. I see us as a working group similar to a symphony orchestra, in which each section is responsible for their part,

(Continued on Page 10)

TRAUMA RELIEF INITIATIVE

By Nick Wolff

Relief and recovery efforts following Hurricanes Katrina and Rita will be ongoing for a long time to come, and the need is great. In the short term, the major relief organizations agree that financial assistance is the best way to help. In the longer term, people will need counseling and support services that our members are uniquely equipped to provide. If anyone would like to volunteer to provide services in the area e-mail Sue Barnum at spontasue@houston.rr.com or John Raspberry at midsouthcenter@aol.com. Organizing a disaster relief initiative that we as a society carry out can be an avenue through which we can contribute and galvanize a positive group energy.

Several members contacted me with ideas about how we can help.

- Patty Phelps sent out an alert about www.hurricanehousing.org, an emergency housing drive put together by MoveOn.org. Offers of available housing can be posted on that website, which hurricane victims, local and national relief workers, friends and relatives can search for housing.
- Suzy Jary wrote with information about how to help animals affected by the hurricane. The animal shelters hit by the storm need donations: Louisiana SPCA (not affiliated with ASPCA), 1319 Japonica St., New Orleans, LA 70117, www.LA-SPCA.org, and Humane Society of Southern Mississippi (NOT affiliated with the Humane Society of the U.S.) 13756 Washington Ave, Gulfport, MS 39503, www.hssm.org.
- Staci Block suggested sending donations to her former employer Volunteers of America of Greater New Orleans. She describes this group as "the largest human service organization in New Orleans, which provides a wide variety of services including group homes and assisted living for developmentally disabled adults, housing for indigent seniors, educational and mentoring services for low-income children and families and many, many more." Staci can personally vouch for their "outstanding services and high ethical practices" through which "your donations will be put to immediate use." Donate by phone at 1-800-899-0089, by mail at Volunteers of America, Hurricane Katrina Recovery, 1660 Duke Street, Alexandria, VA 2314, or online at www.vo.org.
- Nancy Franklin wrote "Here in San Antonio a call has gone out for expressive arts therapists to volunteer in four hour blocks of time to help the folks who have been settled here." She received the call

(Continued on Page 7)

**INSIDE
THIS
ISSUE:**

The Whole of Mankind.....Page 2
This is Your Council.....Page 3
Cooperation, Not Competition.....Page 4
Action Board.....Page 5

California Here We Come..... Page 6
Continuing Education Providers..... Page 7
Networking Opportunities..... Page 8

Psychodrama Network News

FALL 2005

Published three times a year by the American Society of Group Psychotherapy and Psychodrama, 301 N. Harrison St., Suite 508, Princeton, N.J.

PNN articles may be copied for personal use, but proper credit to PNN must appear on all copies made. This permission does not apply to reproduction for advertising, promotion, resale or other commercial purposes.

Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

Editor: Jude Treder-Wolff
Design Editor: Patricia Phelps

Contributing Editors and Writers:

Sue Barnum	Staci Block
Karen Carnabucci	Judith Glass
Sylvia Israel	John Olesen
John Raspberry	Nick Wolff

ASGPP President: Nick Wolff
Executive Director: Eduardo Garcia
Membership Chair: Paul Lesnick

Advertising information and member address changes:
ASGPP

301 N. Harrison St., Suite 508, Princeton, NJ 08540
(609) 452-1339 (phone) (609) 936-1659 (fax)
asgpp@asgpp.org www.asgpp.org

GroupTalk Listserv Moderator:
Thomas Treadwell, Ttreadwe@asgpp.org

*Executive Director, American Board of Examiners
in Psychodrama, Sociometry and Group Psychotherapy:*
Dale Richard Buchanan, Box 15572, Washington, DC
20003-0572, (202) 483-0514,
abepsychodrama@yahoo.com

*Send press releases, letters to editor and other news
to editor:*

Jude Treder-Wolff
180 E. Main St., Suite 300, Smithtown, NY 11787
E-mail: Lifestage_2000@yahoo.com

Publication deadline:

WINTER: Dec. 1 for publication February 21

The Whole of Mankind



by Sue Barnum

NANCY DREW, THE COACH!

In this difficult time in the wake of Hurricane Katrina, I find myself curious about how you, dear psychodramatists, will respond. No doubt, there will be some creative offerings to help desperate people recover from extreme trauma, find new housing, get medical help, find missing loved ones, among other things. I would love to hear from you as you dive into the community for solutions to these critical social problems and hear about others who are doing the same thing. My next column will focus on just such things. This issue, I would like to tell you a bit about Carole Oliver's creative solution to her own burn-out and her need to keep pushing the envelope of learning to offer her skills to the world.

John Lennon said that "if we're not busy being born, we're busy dying." Carole Oliver believes that if we stop learning and renewing ourselves through our work, we die. About five or six years ago, after a twenty-year career as practitioner of action methods, some in her private practice, some with corporations, as well as teaching psychodrama and sociometry at Montclair State University, she began to feel burned out. She saw this as a clue, and followed it to the next step. She recognized her need for a new creative outlet to spark her, to bring new information to marry with psychodrama and revitalize her own creativity. Sounds like she didn't want to die.

So she signed up for a workshop given by Cheryl Richardson, a well-known coach. She fell in love again, like she had with psychodrama, and found excitement in this relatively new method of helping people grow and get the most out of life. This led to enrollment in a series of Coaching Certification Courses, similar to the Certification process in psychodrama. After joining the state organization, she reorganized their newsletter, became the Membership Chairperson, and got a personal coach herself. She found the other coaches she met were very positive people who believed in their clients before the clients were able to believe in themselves (sound familiar?).

Finding and acting on clues is something that goes all the way back to Carole's childhood. In her elementary school years, she found a friend who shared her passion to become a detective (isn't that perfect, as well, for a psychodramatist?). A local policeman in her hometown in New Jersey, whom the two girls asked repeatedly if they could help solve a crime, introduced them to a real detective. Only one problem: the detective was a woman and the girls were sure she just could not be the real deal. They were absolutely awed when she confirmed that she was, in fact, a real detective. Imagine that...a woman could be a detective. So Carole's quest for finding the clues was off and running.

There are clearly similarities between coaching and psychotherapy, so I asked Carole to describe what made them different. She told me that coaching involved a little different kind of relationship with a client, one where there can be a bit more personal revelation, more direction and opinions, lots of interpretation and lots of homework, that perhaps it is more cognitive than therapy. A coach is trained to ask very powerful questions that elicit his/her client's own answers, much as a therapist does, but most coaches do not work at all with therapeutic issues (anger at Dad, for instance) because they are not qualified as therapists. Coaching and therapy can co-exist for some clients, however, and Carole finds it very satisfying to have expertise in both areas. Non-therapist

(Continued on Page 11)

THIS IS YOUR COUNCIL

"I do know the only ones among you who will be really happy are those who have sought and found how to serve."
Albert Schweitzer

EVALUATION COMMITTEE

Presenters at the annual conference in Miami continue to receive copies of the evaluations that were filled out by the people who attended their sessions. We are still in need of members to be part of this committee so that the data from these evaluations can be compiled and interpreted. If interested, please contact me at SBBlockNJ@aol.com or 201-487-7835.

Staci Block, Chairman

PUBLICATION COMMITTEE

JOURNAL:

It is with excitement and encouragement that I am able to report that the Publications Committee is undertaking a review and implementing changes with the *The Journal of Group Psychotherapy, Psychodrama and Sociometry*. Obviously, the name change of the journal has been noted by our membership. The appointment of three new editors, Tian Dayton, Linnea Carson-Sabelli, and Pam Remer, who join Tom Treadwell are bringing a review of the process of article submission, acceptance criteria and general mission of the Journal. These editors, along with Vicky Finger, who is ASGPP liaison to the editors and

publishers, will write about the above processes in upcoming editions of the PNN. There are also plans in the making for a workshop with the editors at the 2006 conference in San Francisco.

Regarding copyrights, one request was granted for a reprint to our colleagues in Japan.

WEBSITE:

The ASGPP website, which is under the Publications Committee overview, continues to address ways in which it can reach the potential that the Website Review Committee envisions. Redesign, usability, and productivity are issues being addressed with the website.

John Raspberry, Chairman

AWARDS COMMITTEE

The Awards Committee reports that nominations have been received for the 2006 Awards Program at the San Francisco Conference. If you missed the August deadline for nominations, you can still participate by making plans to attend the Awards Event at the ASGPP 2006 Conference. It will be another exciting time as we honor those among us.

John Raspberry, Chairman

ON-LINE PUBLISHING OPPORTUNITY

The National Association of Social Work has developed a new website for consumers: www.helpstartshere.org, and are now seeking 800-1000 word article submissions that provide the public with valuable information on a variety of issues. This is an opportunity to educate the general public about psychodrama, experiential work, and action methods. Website objectives include:

- Provide individuals and families with relevant and accurate information online
- Feature the best of social work in a user-friendly and engaging format
- Showcase social work experts on a range of consumer-interest topics
- Make finding a social worker and social work services easier
- Invite people to tell their positive stories about social workers in their communities

For more information on the site and how to submit, go to www.nasw.org.

PERSONAL STORIES SOUGHT FOR ARTICLE

Any members who had their first experience of psychodrama through a class, presentation or workshop in a college or university setting are welcome to share their story for an upcoming series of articles about psychodrama in academia to appear in the *Psychodrama Network News*.

Please contact Jude Treder-Wolff at lifestage_2000@yahoo.com

Cooperation, not competition, will help you flourish

A reader writes: I am very intrigued by your statement, "With the belief that 'no one can take what I have,' we even may want to work collaboratively with the people we may have once viewed as competitors." Could you please explain this concept in more detail?



By Karen Carnabucci

Like most other people, I was initially exposed to the common idea of business competition, rather than business cooperation. This idea was reinforced when I researched marketing practices when I started my own business. I was astounded as I paged through business books and listened to business tapes and disoriented by the business jargon — one book actually used a complex mathematical equation to demonstrate a marketing principle! — and distressed by warlike imagery that emphasized winning, hurting the enemy and maintaining dominance.

I did not want to hurt or destroy my colleagues — in many cases, they were friends and supporters. I also believe that helping people is a very individualized process, based on the uniqueness of each person and helper and the "match" that they are able to make based on their personalities. Finally, I very much wanted to create and demonstrate a new kind of humanized practice that exemplified my values of cooperation, collegiality and authenticity. In psychodrama, we call this co-creation — the idea of allowing a new idea to evolve and become real as together we cooperate to make it happen.

As a psychodrama trainer and psychotherapist, I will want to have the names of other psychotherapists and trainers in my area where I will refer clients, trainees as well as prospective clients and trainees for a number of reasons. Perhaps my skills do not best serve the

prospective trainee's needs or perhaps I have a relationship with a member of the prospective client's family that creates an ethical conflict of interest. I am happy to refer these kinds of clients and trainees, and others like them, to my fellow colleagues. I trust they will send referrals to me for similar reasons.

This cooperative philosophy works with other disciplines as well and when connecting in an interdisciplinary fashion as well. Massage therapists, for instance, may want to collaborate on creating an all-day community program to demonstrate to the public the various kinds of massage to celebrate International Massage Week. Yoga instructors may want to put together a similar program that educates the community about the various dimensions (stretching, breathing, diet and health care) of the yogic method. In my own community of Racine, a group of professionals who work with pregnant and birthing women — midwives, doulas, parenting educators and the like — pooled their finances to publish a directory of their services.

Lots of people are in pain and lots of people are seeking help to make their lives more satisfying. With creativity, we can find our place in our world. There is more than enough work for all of us.

Karen Carnabucci, LCSW, TEP, is the author of Whole Person Marketing, a self-published book on practice-building that emphasizes both creativity and structure. Questions about practice-building are welcome for this column and may be sent to karen@companionsinhealing.com.

Mid-South Center



for **Psychodrama and Sociometry**

November 19-20
HAPPY MEMORIES: USING THE GOOD TO TREAT THE BAD

January 13-14
INTRO TO PSYCHODRAMA AND SOCIOMETRY

March 4-5
WHEN CHOOSING IS NOT A CHOICE: A STUDY OF MORENO'S THEORY OF SPONTANEITY

John Rasberry, MEd, LMFT, PAT

602 Jefferson, Tupelo, MS 38804
662-841-0881 · midsouthcenter@aol.com

Susan Aaron Workshops

PSYCHODRAMATIC BODYWORK®

Intermediate Level Training for Psychodramatists!
May 19, 20, 21, 2006, Highland New York
Boughton Place (home of the original Moreno psychodrama theatre)

Introductory Level Training
(pre-requisite for Intermediate Training)
Los Angeles, California — November 18, 19, 20, 2005
Toronto, Canada — March 24, 25, 26, 2006
Portsmouth, England — June 20, 21, 22, 2006

INFORMATION AND REGISTRATION:
phone: 416-699-3211 email: aaron@youremotions.com
web site: www.youremotions.com

ACTION BOARD

PSYCHODRAMA IN ACADEMIA AND EDUCATION

Eberhard Schieffle, PhD, RDT, TEP taught "Theatre Improvisation for the Classroom," a K-12 course focusing on basic skills and techniques for improvisational acting at Immaculata College in Downingtown, PA, July 19-21, 2005.

Peter Kranz taught in the English Training Program for Undergraduate students at Huazhong University of Science and Technology, in Wuhan, China in July 2005. The use of many action techniques was found to be extremely useful in the learning process.

Staci Block, MSW, LCSW taught a one-day course in July titled "Youth Development Through Drama" as a required course for the Arts in Prevention Certificate Program through the School of Social Work Continuing Education and Professional Development Program at Rutgers University. In August, she taught a one-day course titled "Using Action Methods with Groups" for the staff of the New Jersey Division of Women, who work with groups of displaced homemakers. This staff registered as a group for this course as an elective through the Certificate Program in Groupwork through the School of Social Work Continuing Education and Professional Development Program at Rutgers University.

Rob Pramann, PhD, TEP presented "Psychodrama: Touching the Heart, as well as Mind, and Body" at the University of Utah's 21st College of Social Work Summer Institute in the Human Services, on June 13 - 17, 2005.

Kate Hudgins, TEP and some co-workers from the USA and Taiwan presented workshops in mainland China, in Shanghai, and Nanjing University of Science and Technology in Nanjing, ROC. They have been invited to return for three years and build trauma teams. In June 2005, Kate and co-teachers offered a five-day class at Kansas State University in Manhattan, KS as part of the summer program. In May 2005, she was the keynote speaker at a conference sponsored by the University of Wisconsin, and presented two workshops with Karen Carnabucci.

PSYCHODRAMA IN THE COMMUNITY

Liz White, TEP presented two workshops at the British Psychodrama Association Conference in Worcester, England in June 2005. While in the UK she was invited by

Dr. Kate Kirk, editor of the *British Psychodrama Journal*, to present a workshop on the Isle of Man. In September, she will provide training for an NGO in Cambodia that is working with people disabled from land mines and young girls rescued from the brothels.

Herb Propper, PhD led a day-long workshop in sociometric group-building for the Kagyu Drupgyu Chodzong Tibetan Buddhist center of Washington, DC on August 28. This is one of 17 East Coast centers directed by Herb's root lama, the venerable Lama Norlha, Rinpoche, abbot of Kagyu Thubten Chöling monastery and retreat center in Wappingers Falls, NY. Herb has also been appointed by Lama Norlha to facilitate the activities of a new Tibetan Buddhist center, Kagyu Palchen Chöling, in Montpelier, VT.

Staci Block, MSW, LCSW and her teen theater issues improvisational theater group, Reflections, gave the keynote presentation on the first day of "Breaking Down the Walls: Reaching Youth at Risk Through the Arts Conference" October 27-28, 2005, on the Busch Campus of Rutgers, The State University of New Jersey. This conference aimed to educate arts organizations, artists, prevention specialists, social workers, community workers, teachers, and counselors in the utilization of the arts as a tool in a comprehensive prevention strategy and as a positive youth development tool.

This summer, Reflections did 10 interactive theatre presentations for a variety of youth audiences. Many of them included the Bergen County Division of Family Guidance programs such as the Juvenile Detention Center, Detention Alternatives Program, Youth shelter, Juvenile Alternative Supervision Program (JASP) Bracelet Program, and the county's new Resource Youth Center.

ASGPP members contributed to the National Association for Drama Therapy conference in Portland, OR, in August: **Linda Ciotola, MEd, CHES, CP**, with **Mario Cossa, RDT, TEP** on the Therapeutic Spiral Method; **Adam Blatner, MD** on a panel on what is healing, and also another symposium about applied drama; **Dan Wiener, PhD** was also on that symposium on applied drama, and co-led a presentation on integrations of drama and internal family systems therapy.

Karen Carnabucci, CSW, TEP presented "Show Don't Tell: Action Skills For Qualitative Researchers" at the Qualitative Research Consultants Association's annual

(Continued on Page 9)

California Here We Come

by Judith Glass, Sylvia Israel and John Olesen

Start your visualizations now. Conference Co-Chairs Judith Glass, Sylvia Israel and John Olesen urge you to imagine cable cars, warm sourdough bread and a chilled glass of Napa Valley chardonnay all waiting for you. Picture the Golden Gate Bridge with a large orange sun setting over the Pacific. Envision our planet at peace, our visions realized and our spirits enlivened. Then mark your calendars for your trip to San Francisco next spring for the 64th Annual ASGPP Conference, "Gateways to Wholeness: Connecting to Self and Community through Action" from April 27th through May 1st, 2006.

What better place to find each other, learn from each other, work hard, and enjoy friendships than San Francisco? We will be at the Sir Francis Drake Hotel, located in the very heart of the city on Union Square, in the middle of fine shopping and the theater district. It's only a short walk to Chinatown, the Museum of Modern Art and the Asian Art Museum. San Francisco is known for terrific international cuisine and there are many restaurants of all price ranges near our conference. We have been so lucky to secure a charming historical hotel with delightful, affordable rooms featuring in-room spa services.

We are thrilled to announce our outstanding keynote and opening plenary presentations. Jonathan Fox, TEP the artistic and executive director of the original Playback Theatre Company since its inception in 1975, will be the keynote speaker. Author of *Acts of Service: Spontaneity, Commitment, Tradition in the Nonscripted Theatre*, Jonathan is co-director of the Brandeis International Fellowships on Recasting Reconciliation through the Arts & Culture, a program of the International Center of Ethics, Justice and Public Life at Brandeis University, and on the faculty of New York University. He edited *The Essential*

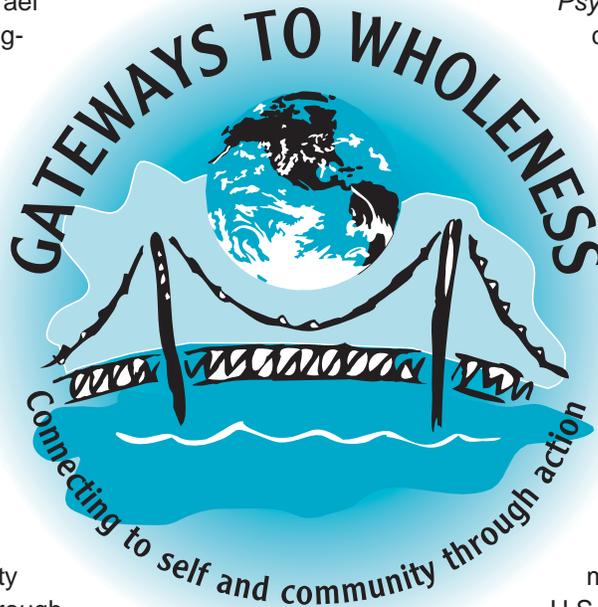
Moreno: Writings on Spontaneity, Psychodrama and Group Method, and co-edited *Gathering Voices: Essays on Playback Theatre*.

Tian Dayton, TEP will present the Opening Plenary. David Kipper Award recipient, and author of several books including her latest, *The Living Stage, a Step-by-Step Guide to Psychodrama, Sociometry and Experiential Group Therapy*, Dr. Dayton has

broken new ground integrating action methods with addiction treatment and mental health, and presented psychodrama to wide audiences across the U.S. for nearly two decades. She

serves as Director of Program Development for the Caron Foundation and Program Consultant to The Freedom Institute, and taught psychodrama, sociometry and group psychotherapy in the Drama Therapy Department at New York University for eight years.

The 64th Annual Conference will be an opportunity to come together and re-envision a planet of inner and interpersonal wholeness. Imagine co-creating a world that is in balance and supports and guarantees a future for all of us. We are busy working on the complete schedule and will begin the registration process later in the year.



April 27 - May 1, 2006
Sir Francis Drake Hotel



CONTINUING EDUCATION PROVIDERS WANTED: INVITATION TO TEPs AND PATs

All TEPs and PATs are invited to enroll as Approved Continuing Education Providers for National Association of Alcohol and Drug Abuse Counselors, The National Board of Certified Counselors, and the National Registry of Group Psychotherapists through the ASGPP Continuing Education Program. This is a valuable marketing opportunity that allows trainers to attract new trainees from an expanding pool of counseling professionals certified by these groups, and offer required re-credentialing along with psychodrama training hours. With proper advertising and outreach, this can result in a substantial expansion of a provider's practice or training program. It is also cost-effective, as it eliminates the expensive and time-consuming process of applying for providership with these certifying groups as an individual practitioner or trainer, or each time a workshop is offered.

Providership is renewable annually. Once accepted into this program, all the training workshops, groups and courses you offer are approved for Continuing Education Credits.

To participate in this program you will need:

- Current ASGPP membership in good standing
- Resume, including license or certification
- Workshops or course descriptions (must be training-focused)
- \$100/year for first provider (e.g., \$100 for the NAADAC provider #)

- \$75/year for each additional approval number, i.e., for two approval numbers the fee is \$175, for all three the fee is \$250, for one year. Submit these materials and fees to Eduardo Garcia, ASGPP, 301 N. Harrison St. Suite 508, Princeton, NJ 08540

Written documentation of CEU hours awarded must be given to trainees upon completion of their training workshop or course, or periodically to trainees in long-term ongoing groups. Upon receipt of materials and fees, the following will be mailed to all approved providers:

- confirmation of acceptance to the program;
- provider numbers with the exact wording to use in advertising and on the documentation given to trainees;
- logos for NAADAC and NBCC;
- template for CEU Certificates;
- template for post-training evaluation to be completed by trainees.

Being an Approved Education Provider signifies that we have voluntarily opened our training programs to examination by an outside agency to ensure that we provide consistent, reliable, and quality learning experience, and in so doing, raise the standard of our work in a highly visible way.

Trauma Relief

(Continued from Page 1)

through an e-mail to art and play therapist groups, which she forwarded to psychodramatists in the area. "People in towns where Katrina refugees are headed may want to check with local Red Cross or family support centers for information."

- Robert Siroka recommended www.mercycorps.org, which he describes as "an excellent relief group that takes out a very small amount for expenses" as well as Habitat for Humanity, by mail at Habitat for Humanity International, 121 Habitat Street, Americus, GA 31709-3498, or online at www.habitat.org.
- John Raspberry and his wife Pat wrote to alert us about the fund to help rebuild the Gulf Coast

established by Mississippi author John Grisham the week after Hurricane Katrina hit. Grisham's \$5 million contribution was the initial deposit for the Rebuild the Coast Fund Organization, being handled by Bancorp South in Tupelo. The fund will help only Mississippi residents. Contributions to the Rebuild the Coast Fund can be made by sending a check or money order to Rebuild the Coast Fund, Inc., P.O. Box 4500, Tupelo, MS 38803 or online at www.RebuildTheCoastFund.org.

- The Society for the Arts in Healthcare announced a request from the Arts Council of Central Louisiana for art supplies to be used in their healing-through-art work with people living in shelters in their area, which will be ongoing for months. Suggested items include mat board squares and rectangles that can fit comfortably on a person's lap, crayons, non-toxic oil pastels, colored

(Continued on Page 11)

CONFERENCES AND NETWORKING OPPORTUNITIES



EACH OF THESE CONFERENCES IS A DOORWAY TO EXPANDED POSSIBILITIES FOR PSYCHODRAMATISTS.

January 26 - 29, 2006

AESTHETICS AND HEALING: From Pathography to Co-Creating

Eighteenth Annual Conference sponsored by The National Expressive Therapy Association, Bayfront Medical Center and Hilton Hotel, St. Petersburg, Florida. Contact NETA, PO Box 490, Mt. Freedom, NJ 07970, www.expressivetherapy.com

April 3-6, 2006

IMAGINE - EXPRESSION IN THE SERVICE OF HUMANITY - Creative Approaches to Dealing with Conflict in Groups

Tel Aviv and Jerusalem, Israel
Sponsored by Lesley University, Cambridge, MA and associated institutes
www.congress.co.il/imagine2006/index.asp?page=Letter

CALL FOR PAPERS

Submission deadline: December 2, 2005

The 2006 American Psychological Association Annual Convention, August 10 - 13, 2006, New Orleans, LA. Contact APA, 750 First Street, NE, Washington, DC 20002-4242, Telephone 800-374-2721. At this point the conference is still scheduled to be held in New Orleans, but for updates go to www.apa.org/convention06.

Submission deadline: January 7, 2006

The Society for the Psychological Study of Social Issues 6th Biennial Convention, June 23-25, 2006, Long Beach, California. Complete information at www.spsai.org. The SPSSI is an independently incorporated society, that is also an affiliated organization of the American Psychological Association, which was organized to bring together a national group of socially minded psychologists to address social and economic issues.

Submission deadline: January 31, 2006

The American Psychological Society 18th Annual Conference, May 25-28, 2006 in New York City. Keynote speakers at this event include: New York Times best-selling author of *The Tipping Point* and *Blink*, Malcolm Gladwell, *New York Times* columnist William Safire, and author and journalist Tom Wolfe. For more information go to www.psychologicalscience.org or call (202) 783-2077.

SOCIODRAMA FOR OUR TIME



By Rosalie Minkin, MSW, ATR, TEP
Forward by Zerka Moreno

For additional information and to order,
Contact: RoRoBEAR@aol.com



Action Training & Groupworks

South Florida Center for Psychodrama Action Training & Groupworks

Ongoing Psychodrama and Group Psychotherapy for Training and Personal Growth
September - June, 2005-2006

Psychodrama Literature Review, Reading, and Exam Prep Course
November - August, 2005-2006

FOR INFORMATION ON OUR OPEN SESSIONS, GO TO
www.psychodramasfc.org

All training programs are approved by the FL Department of Professional Regulation as a Continuing Education Provider for Licensed Clinical Social Workers, Marriage and Family Therapists, and Mental Health Counselors. NAADAC approved provider.

Contact: Dr Nancy Kirsner, PhD, LMFT, OTR, TEP
(305) 274-8283 • drncyk@aol.com • www.psychodramasfc.org

Action Board

(Continued from Page 5)

conference in Phoenix, AZ, in October 2004. This program was followed by an online presentation at a virtual conference hosted by QRCA, when Karen was challenged to use a slide show and e-mail messages to "attendees" from around the world in April 2005. She also was asked to write an article for the organization's professional magazine, *QRCA Views*, which appeared in the Summer 2005 issue. The title was, "Show Don't Tell: Action Skills Deepen Research Results."

Ron Anderson, TEP and **Karen Carnabucci, CSW, TEP** presented two day-long "Psychodrama Sampler" programs in Milwaukee and Racine, WI, in August to introduce psychotherapists, teachers, consultants, addictions counselors and other professionals to psychodrama. The successful programs took the "sampler" theme of showing how to use the sand tray, role reversal, props, choice-making and doubling in various settings. They are scheduled to begin their 10-month Midwest Training Series in psychodrama, Systemic Family Constellation and other experiential skills in Racine, WI, in September 2005; some programs will be open to the public.

Rob Pramann, PhD, TEP presented "Enhancing Treatment Effectiveness: Using Psychodrama to Address the Trauma and Pain of Victims and Perpetrators" on September 2 at the Utah Domestic Violence Treatment Provider's Conference in Park City, UT.

NEW PUBLICATIONS:

Rebels with a Cause: Working with Adolescents Using Action Techniques by **Mario Cossa, RDT, TEP** with forward by **Zerka Moreno** (Jessica Kingsley Publishers). To order online or for more information, visit: www.jkp.com. Toll Free Phone 1-866-416-1078, Fax 703-661-1501 Email: jkpmail@pressware.com

"Psychodrama: Still growing and evolving after all these years," by **Karen Carnabucci, CSW, TEP**, a chapter in *The Creative Therapies Manual*, Stephanie L. Brooke (Ed.), Springfield, IL: Charles C. Thomas, Publishers. This book also includes several chapters on drama therapy, and a number of chapters on the other creative arts therapies.

The Living Stage: A Step By Step Guide to Psychodrama, Sociometry and Experiential Group Therapy. Modern Mothering: How to Teach Your Kids to Say What They Feel and Feel What They Say by **Tian Dayton, PhD**. Both books available at www.tiandayton.com.

Sociodrama For Our Time by **Rosalie Minkin, MSW, ATR, TEP**. For additional information and to order, contact RoRoBEAR@aol.com

"Psychotherapy, psychodrama and so forth: An interview with Adam Blatner" by **Adam Blatner, MD**, published in *Ipnosis: An independent Journal for Practitioners*, 19, 4-7. Autumn, 2005. "Beyond Psychodrama," by **Adam Blatner, MD**, in *New Therapist*, No. 36, March-April 2005,

PSYCHODRAMA IN THE MEDIA

Herb Propper, PhD, TEP was interviewed by NTV, an independent satellite TV network broadcasting to Bangladesh and to Bangladeshis residing in the USA for a morning news and cultural events program broadcast on May 30, 2005.

PSYCHODRAMA IN THE PRESS

The Psychotherapy Networker published a Letter to the Editor by Zerka Moreno in the September/October 2005 edition, p. 10.

Trial lawyer Gerry Spence has an entire chapter, titled "Discovering the Story Through Psychodrama" in his new book *Win Your Case: How to Present, Persuade, and Prevail, Every Place, Every Time*, St. Martins Press, New York.



weekly and monthly
personal growth
and
training groups

Saturday — All-day Training and Personal Growth Workshops

Nov. 12, Dec. 10, Jan. 14, Feb. 11, March 18, April 8 and May 20

Saturday — 3 hr. Monthly Workshops for Trauma Survivors

Nov. 19, Dec. 17, Jan. 28, Feb. 25, March 25, April 22, and May 13

Boughton Place, New Paltz, NY
FACILITATOR

Nan Nally-Seif, LCSW, DCSW, TEP

Credits for Casac's and CEU's for counselors and AGPA recertification

Nan Nally-Seif, LCSW, DCSW, TEP

Psychodrama Training Institute
19 W. 34th St., Penthouse, New York, NY 10001
nnallyseif@rcn.com • 212 947 7111 ext 267

President's Message

(Continued from Page 1)

and function with awareness that their performance is essential to the whole.

In an effort to share information about the work of the society, and important calls for papers and networking opportunities that are not timely for inclusion in the PNN, I have created a listserv which all members with e-mail addresses are invited to join. Anyone who has not yet responded to an e-mail invitation is welcome to join asgppupdate@yahoo.com and have access to this benefit. In the past two months alerts have gone out for a variety of opportunities for members to write articles, teach, and present, to spread the word about the important work we do and at the same time expand your professional visibility. To join the group, send an e-mail to asgppupdate-subscribe@yahoo.com, and follow the simple instructions.

INITIATIVES:

Conference Advisory Board

It has come to my attention during my years on the Executive Council that conference co-chairs face a crushing combination of responsibilities and financial limitations to produce the most important event of the year for the society. Those who volunteer for this enormous commitment bring a wealth of ideas, enthusiasm, and vision to the process, and they deserve the greatest measure of our collective support. A group of former and future conference chairs have agreed to serve on a Conference Advisory Board which I composed in an effort to provide ongoing support and resources to the current hard-working team of co-chairs for our 2006 conference, John Olesen, Judith Glass, and Sylvia Israel, over the year of conference preparation. I would like to thank these dedicated people who are accessible by e-mail or phone to answer questions, extend ideas or empathy or offers of help: Kate Cook, Sue Barnum, Louise Lipman, Helen Martin, Joan Stevenson, Cindy Edgar, Jack Shupe, Esme Pitel, Peggy Stamp, Nancy Kirsner, John Rasberry, Sue McMunn, and Mary Bellofatto.

Website

The internet is a vital resource for connection and viability in the 21st century. It often is the first

contact many people have with us, so our website is our face to the world. It can be an agent of communication about not only what the society is, but who we are and what we do as a group of creative, committed, concerned citizens. At this time, the Executive Council is performing a search for a professional web designer/monitor to create a dynamic website that reflects the spirit of the society and is a rich source of information about psychodrama and sociometry.

Finances

In terms of the future, to me it is clear that we have no choice but to change our entrenched conserves and go about our business in a new and different way. Our numbers are getting smaller every year. Our finances grow increasingly tighter. We always seem to be in survival mode. Organizational consultant and international trainer Anthony Williams, who worked with the society at the Santa Fe and Brooklyn conferences, said two years ago if we do not change, we will not survive. I am very concerned that we seem chronically unable to build up the treasury, and seem to constantly struggle with a financial drain. The Executive Committee, Council and I can work to reduce administrative costs of running the society where possible, but we can all contribute to making the 2006 conference the most profitable ever. The very best way you can contribute is to bring someone! Better yet, bring as many new people as you can. I encourage each of you to do creative publicity for this conference in all the professional communities to which you belong. Do a presentation about psychodrama for the local chapter of your credentialing organization — e.g., National Association of Social Workers, Certified Counselors, Addiction Counselors, etc. — and bring conference information to distribute. The conference chairs envision reaching new communities with the inclusion of lawyer and teacher tracks, in addition to addictions.

As we co-create our future, I look forward to learning about your efforts to spread the word about the work we do. You are the ambassadors of our field and can build excitement about the empowering energy and tremendous learning opportunities available at our conferences and through our organization.

The Whole of Mankind

(Continued from Page 2)

coaches find that some clients are not "coachable" yet, at which point they refer them back to therapy. If a client keeps running up against the same wall over and over, it's a pretty clear indication that they are not through with therapy.

Early clues to Carole's professional path include a passion for drama. Her family was a loving audience and called her "Sarah Bernhardt" when she used to put on plays as a child. She lovingly remembers performing for her great aunt, playing all the characters — a natural psychodramatist — a passion she pursued in college with acting classes. After grad school, she went to work as a psychotherapist but was having trouble finding her "professional home" in terms of how she practiced. Her therapist suggested that she go to the next ASGPP conference in New York, which she did in April of 1981. By Thursday after the conference, she was enrolled in Bob Siroka's training group. She says that she felt immediately at the conference that the people she met had integrity and they "felt right" to her. She knew she was "home." She had never even seen psychodrama before, yet wound up being protagonist in Sharon Hollander's workshop. She has presented at all but one ASGPP conference since then.

So how does psychodrama interact with coaching, you wonder? Carole describes coaching as very Morenian: "It's like walking around a stage, looking at things from every different direction and feeding what I see back to the client." Since the heart of coaching is about vision and the client's emotional connection to the vision, Carole uses a lot of future projections. The client's action, once their connection to their vision is established, is also critical, so future projections come in handy here as well. "What will your life look like when you have taken that action?" Enacting the client's movement, whether away from a goal (what I don't want) or toward a goal (what I DO want) is really helpful. The coach's focus is on what the client WANTS and on encouraging them to then act on what they want. At that point, all there is to do is surrender, not the easiest task but most essential in all this kind of emotional work. As you know, getting the body involved makes a huge difference in how the work actually affects the client after the coach's session is over. She also uses a lot of mirroring and some doubling, as well as writing exercises: write it down, read it, write it down, read it again!

Interestingly, Carole says that most coaching is done over the telephone. Coaches are trained to "see" their client's facial expression in the tone of their communication, so she can "hear" a client smile. When I stop and think about it, as a psychodramatist I'll bet you can, too. Carole enjoys her relationship with her own coach, as

do her fiancé and her son with theirs. "My coach really stretches me and I get very excited by the possibilities that are opened in this process," she says. The magic is similar to that in psychodrama, but she feels that coaching simply opens the door a bit wider. She particularly likes to work with perfectionistic people, who thrive on homework. It's a victory when they fail to do their homework! Well, Nancy Drew, it sounds like you've done YOUR homework!

So, dear readers, I'd like to give YOU some homework, to email me with your creative projects, ways that you use action methods beyond your treatment room, ways that you can encourage others to develop their skills and try out new ideas. The world is waiting (as am I)!

Trauma Relief

(Continued from Page 7)

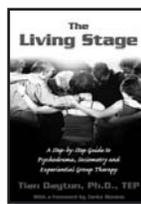
pencils, sketch pads, journals, pencils and pens, drawing pencils, erasers, origami paper, glue sticks and Michael's gift certificates. No paints, nothing toxic or sharp.

Supplies can be sent to Judy Ginsburgh at: Arts Council of Central Louisiana 1101 4th St., Ste. 201 Alexandria LA 71301.

The Living Stage

A Step by Step Guide to Psychodrama, Sociometry and Experiential Group Therapy

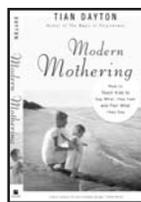
Forward by Zerka Moreno, TEP



"A wake-up call to all those in the healing and teaching professions.... Dr. Dayton takes it [psychodrama] a step forward into the research base of neuroscience, integrating psychodrama, sociometry, and group psychotherapy with her innovative approaches to healing trauma and addiction...".

*Dr. Robert Landy, PDT/BCT
Professor, New York University*

Modern Mothering



How to Teach Kids to Say What They Feel and Feel What They Say

To order call 1 800 851 9100
or log onto tiandayton.com
or HCIBOOKS.com



Tian Dayton, PhD, TEP

DIRECTOR
The New York Psychodrama Training Institute at
Caron 212-371-3220 #4399

ASGPP LIFETIME MEMBERS

Shirley A. Barclay, Sue Barnum,
Dena Baumgartner, Adam Blatner,
Dale Richard Buchanan,
Jeanne Burger, Martha Bush,
G. Couth Calven, John Cannon,
Robert O. Clark, Mario Cossa,
Cathy Deats, Nina Garcia,
Jacob Gershoni, Kay Grimes,
C. Rhode Hardy, Kate Hudgins,
Andrew R. Hughey, David A. Kipper, Nancy Kirsner,
Stephen F. Kopp, Louise Lipman, René Marineau,
Sue McMunn, Rosalie Minkin,
Zerka Moreno, Andrea Lowry Offner,
Linda Kay Oxford, Mary Ann Palmer, Herb Propper,
John Rasberry, Rebecca Rucker, Elaine Ades Sachnoff,
James M. Sacks, Anne Schutzenberger,
Ella Mae Shearon, Gong Shu,
Jaqueline Dubbs Siroka,
Robert Siroka, Guy Taylor, Jan Tras,
Daniel J. Wiener, Marie Welsch,
Natalie Winters, Nick Wolff



Fall / Winter Training Schedule:

November 5, December 3
and January 7

Lead by Psychodrama Institute of New Haven:
Mary-Jo Amatruda, NBCC, CGP, TEP and Eugene Eliasoph, LCSW, TEP

Contact: Mary-Jo Amatruda, 400 Prospect St., New Haven, CT 06511
203-214-8217, jamatruda01@snet.net

Credits toward certification in psychodrama and CEUs for NAADAC, NBCC,
and Group Psychotherapists.



HUDSON VALLEY PSYCHODRAMA INSTITUTE

Directors: Judy Swallow, MA, TEP and Rebecca Walters, MS, TEP

January 19-23

Winter Psychodrama Intensive

February 23-27

Winter Directing Intensive

March 17-19

Moreno Seminar with Dorothy Satten, PhD, TEP

**For information visit www.hvpi.net
or contact us at hvpi@hvc.rr.com or at (845) 255-7502**



PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF
GROUP PSYCHOTHERAPY & PSYCHODRAMA
301 N. Harrison Street, Suite 508
Princeton, NJ 08540

FOUNDED IN 1942