



FRIDAY May 3, 2019

6:00 am - 6:45 am	Sunrise Exercise Activity
7:00 am - 7:45 am	12-Step Meeting / Journal Editors Meeting / Newcomers Breakfast
7:15 am - 7:45 am	Authors Book Signing / Selling
7:30 am - 6:15 pm	REGISTRATION & EXHIBITS
7:30 am - 7:30 pm	SILENT AUCTION
8:00 am - 9:00 am	KEYNOTE ADDRESS — Nisha Sajjani, PhD, RDT-BCT <i>The Art of Surprise: The Essential Role of Disruption in the Transformational Process</i>

Her keynote will address the emotional geography of change and the role of improvisation in bringing about moments of artful dissonance and wonder that can stimulate new patterns of being and relating. Drawing on the theory and practice of Developmental Transformations (and a little amateur magic!) she will invite reflection on communities as complex living organisms that thrive at the borders of difference. Learning Objectives. After attending, participants will be able to:

1. Translate an understanding of improvisation to personal and organizational experiences of surprise and disruption;
2. Apply an understanding of Developmental Transformations to their own practice.

9:00 am - 9:30 am	COMMUNITY SOCIOMETRIC SELECTION with Nancy Kirsner & the Sociometric Selection Team
1:00 pm - 3:00 pm	AWARDS LUNCHEON AND CEREMONY - Separate ticket necessary for those not attending the full 3 day conference
7:30 pm - 9:00 pm	FRIDAY NIGHT LIVE AT THE MOVIES: A CINEMATIC HISTORY OF PSYCHODRAMA
9:00 pm - 11:00 pm	WORLD CAFÉ

9:00 am - 9:30 am

Community Sociometric Selection

ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:00 am immediately following the Opening Plenary in the same room.

Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

9:45 am - 12:45 pm
MORNING WORKSHOPS

12 A HUNGER FOR PLAY: PLAY AND INTERPERSONAL NEUROBIOLOGY

Marianne Shapiro, MFA, MA, LMHC, Private Psychotherapy and Group Psychotherapy Practice, Mount Vernon, WA

Play is essential to the shaping of the social brain, providing both emotional regulation and attuned connection. This workshop will explore in action the Interpersonal Neurobiological requisites for creating and maintaining interpersonal play space. We will offer specific, structured warm up exercises to activate the social engagement system, co-creating optimal play space. Play from our psychodramatic roots will follow leading to action insights, and sharing, utilizing another neuroscientific delight, right-left-right brain integration.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate interpersonal play behaviors that can be utilized in group exploration;
2. Identify the discoveries of neuroscience that delineate the requisites for interpersonal play.

13 TRANSFORMING OUR RELATIONSHIPS WITH THE OTHER

Jennie Kristel, MA, REAT, APTT, RMT, JourneyWorks;
Michael Watson, LCMHC, PhD, JourneyWorks

In Playback theatre, personal life stories are shared by audience members and re-enacted spontaneously by a team of actors and musicians. Playback offers a unique platform for sharing, and exploring, deeply personal stories of difference, otherness, and transformation. We will discover the healing possibilities inherent in Playback by witnessing our own complex stories of courage, resiliency, and change, and explore the role of the witness as a transformational force. Connections and differences between Psychodrama and Playback will be examined. Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the fundamental concepts of Playback Theatre;
2. Apply innovative ways of involving the audience as a support for individual and community change.

14 GETTING STARTED IN PSYCHODRAMA

Michael Gross, PhD, CADCI, SEP, CET III, CP/PAT, Private Practice, Long Beach, CA

All skill sets and experiences welcome! Especially for those who are new to psychodrama, here's a chance to connect with others, experience a full psychodrama, then review what happened in the framework of psychodrama theory, philosophy, and methodology. Time permitting, participants also will be able to practice "micro skills" in small breakout groups.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize key structural components and techniques of a psychodrama session;
2. Identify at least one psychodramatic or sociometric technique relevant to their own practice.

15 THE QUEST FOR MALE AUTHENTICITY, FINDING A NEW CULTURAL BALANCE.

Ronald C. Collier, LCSW, TEP, Private Practice

Male roles in our culture too often involve power and control. Society is seeking a new male perspective. This workshop is about finding a balance which incorporates authenticity and promotes higher levels of empathy, cooperation, connection, and understanding. The "New Male" will strive to be more balanced in thinking, action, and emotional expression. A sociodrama will be included to enhance reflection, insight, validation, and the ability to move forward. All genders are welcome.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify which male behaviors are based on antiquated role models involving power and control;
2. Describe three behaviors which may foster improved intimate relationships and lead to more cooperation and understanding in society.

16 DISCOVERING SELF: TRANSFORMING OUR INTERNAL SOCIOMETRY USING IFS AND PSYCHODRAMA

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & CreatvArts Therapy, NYC, Gerry Spence Trial Lawyers College;

Kirsten Friedman, LMHCA, CP/PAT, Kirsten Friedman Counseling

In this workshop we will use the conceptual framework of Internal Family Systems to deepen and enhance the transformative process of Psychodrama. Through the exploration of Psychodramatic Role Theory and IFS "Parts" we will discover new worlds within ourselves, uncover Self and rearrange intra-psychic roles to regulate and understand our individual internal Sociometric systems. We will be doing a full Psychodrama as well as offering didactic material.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify IFS techniques to frame the Psychodramatic process;
2. Apply Psychodramatic Role Theory to the process of self-regulation.

17 TRANSFORMING RECOVERY ROLES USING STAGES OF CHANGE AND ROLE THEORY

Anne Taylor Kitts, LCSW, NCACII, CP/PAT, NAADAC;

MaryAnn Bodnar, LMHC, CAP, TEP, Private Practice

This workshop will demonstrate moving the active substance abuser to the individual who is self-actualized in recovery by integrating Prochaska's five stages of change and Morenean role development theory.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the five stages of change;
2. Demonstrate the concepts of role taking, role playing and role creating.

18 MEANINGFUL MOMENTS: "THE GREATEST MOMENT OF THEM ALL"

Brittany Lakin-Starr, PhD, CP/PAT, Chicago Center for Growth and Change

Come witness the joyful side of psychodrama through a workshop focusing on the meaningful moments in our lives or what Zerka called "psychodramas of joy." These are psychodramas where there is nothing to fix/change, but rather something we want to experience again (e.g., a college graduation, wedding, a first date, eating fresh berries on a summer day, etc). Participants will experience warm-ups and a full meaningful moment psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how a Meaningful Moment or "psychodrama of joy" is different from a classical psychodrama;
2. Recognize how a Meaningful Moment or "psychodrama of joy" can increase the spontaneity of the group and facilitate healing.

19 MOTIVATIONAL INTERVIEWING IN ACTION

Jennifer R. Salimbene, LCSW-R, CASAC, CDAC, CP/PAT, Hudson Valley Psychodrama Institute, Private Practice; Regina Sewell, LMHC, MEd, PhD, Russell Sage College, Dutchess Community College

Motivational Interviewing helps clients find their internal motivation to make positive changes by helping them resolve the ambivalence and insecurities they feel about changing. This workshop will show participants how to use the change ruler in action to determine where their clients are at from precontemplation to relapse prevention in the change process and demonstrate how to use psychodrama as a form of motivational interviewing to help their clients make positive, sustainable changes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the stages of change in Prochaska and DiClemente's change model;
2. Describe three psychodramatic techniques to help clients find their internal motivation to change.

This is a 2019 Award Winner's Workshop

20 J.L. MORENO: THE FIRST DRAMA THERAPIST?

Daniel J. Wiener, PhD, LMFT, Central CT State U.;
Saphira Linden, RDT/BCT, LCAT, TEP, Omega Theater

In 1931, Moreno developed an improvisational theatrical form, The Living Newspaper (TLN), before psychodrama. In small groups, we shall replicate TLN by improvised enactments of current news articles. By comparing different enactments of the same stories we will explore the similarities and differences of this drama therapy method to sociodrama and demonstrate how the techniques of drama therapy and psychodrama complement one another.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify both the similarities and differences between Drama Therapy and Sociodrama techniques;
2. Differentiate between the audience-centered experiences of Dramatic enactment and the individual group member's experiences of Sociodrama.

This is a 2019 Award Winner's Workshop

21 TRANSFORMING THE SELF: PSYCHODRAMA IN
INTRAPSYCHIC AND INTERPERSONAL DEVELOPMENT

John Rasberry, MEd, LMFT, TEP, Mid-South Center for Psychodrama and Sociometry

Discovering and co-creating new worlds both within and outside of the self requires the collaboration with others. Yet, when a breach of attachment has occurred, collaboration can be a terrifying experience. J.L. and Zerka Moreno, through psychodrama, sociometry and group psychotherapy, have co-created a process of transformation that has, is, and will advance human development. Join us as we demonstrate discovery, transformation, and advancement!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define doubling and role reversal as transformational advances;
2. Identify how the catharsis of abreaction is most effectively created through psychodrama and sociometry.

22 CULTIVATING GRATITUDE:
PSYCHODRAMA FOR RESTORATION AND RENEWAL

Mario Cossa, MA, RDT/MT, CAWT, TEP, PT Motivational Arts Consultants

Research in the field of Positive Psychology has demonstrated the physical, emotional, and mental benefits of a positive attitude and a regular practice of Gratitude. Join in the co-creation of a safe and celebratory space in which the power of Psychodrama can help nourish the psyche and support our letting go of the baggage of old hurts.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the use of graphic images for role reversal both with something for which they feel grateful and an obstacle that hinders their gratitude;
2. Identify at least two strategies for overcoming their personal obstacles.

This is a 2019 Award Winner's Workshop

1:00 pm - 3:00 pm

Awards Luncheon and Ceremony

ASGPP awards acknowledge members who have made outstanding contributions to our community.

Come join as we celebrate their contributions

Ticket required. (Ticket is included in 3 day conference package. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

3:30 pm - 6:30 pm
AFTERNOON WORKSHOPS

23 AN INVITATION TO SURPRISE

Nisha Sajnani, PhD, RDT-BCT, Drama Therapy Program, New York University

Developmental Transformations (DvT) is a form of playful, relational improvisation that gives participants practice with embracing disruption, difference, change, and surprise. In this workshop, participants will be introduced to the theory and practice of DvT and consider applications in their own personal and professional practice.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify one application of improvisation in their professional practice;
2. Translate an understanding of improvisation to personal and organizational experiences of disruption and change.

24 STREET LIGHT SOCIOMETRY COMBINED WITH
PLAY THERAPY AS A WARM-UP TO PSYCHODRAMA

Darlene Vanchura, MA, LPC, Private Practice; Chi Sing Li, LPC, Sam Houston State, Expressive Therapy Training Institute

Participants will be able to use Street Light Sociometry to create personal social atoms. Play therapy technique choosing Sand Tray Miniatures will be applied, to help concretize the nature of the persons chosen by the participant. Choosing the miniatures is fun and powerful as well as warming the participant up to interpersonal dynamics by sharing the meaning of their miniatures. Participants will become aware of issues that lead them to become a protagonist for a psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the progression of steps involved in creating a Street Light Social Atom and to choose miniatures to further describe the people involved in their Social Atom;
2. Recognize prompts to increase their partner's awareness of interpersonal dynamics and effects on self that they wish to understand further.

25 ENCOUNTER THE FOOL AND SAGE WITHIN US ALL

Kim Friedman, MA, LMHC, TEP, Antioch University, Seattle; Paula M. McFarlane, MS, CP, Mt. Vernon City School District

The purpose of this workshop is to develop and explore the role of fool and sage to assist in greater spontaneity, risk taking and being our true, authentic self. How do we become comfortable with being uncomfortable on the path to attaining that which we seek? Come take a chance and join us in a playful exploration of foolhardiness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply psychodramatic skills to concretizing abstract thoughts and scene setting;
2. Recognize the psychodramatic techniques of doubling, role reversal, soliloquy and mirror.

26 MOVING BEYOND ADDICTION

Arlene K. Story, LMHC, LCAC, TEP, Healing Heart Connections, LLC

Recovery from chemical, sex, internet, and other addictions involves much more than just stopping the destructive behaviors. Underneath these symptoms of the real problem, lie the core issues that must be addressed to move forward and not just develop another addiction.

Through the use of experiential exercises, vignettes and a psychodrama, participants will have an opportunity to learn techniques useful in working with individuals and families struggling with the world of addictions.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply experiential techniques useful in treating underlying trauma issues of clients and families struggling with addictions;
2. Identify the steps in a psychodrama that facilitate the healing of guilt and shame.

27 EXPLORING THE "RAINBOW OF DESIRE:" THEATRE OF THE OPPRESSED AND PSYCHODRAMA

Daniela Simmons, PhD, TEP, Expressive Therapies Training Institute (ETTI)

'Rainbow of Desire' is a family of techniques created by the Brazilian practitioner, Augusto Boal, and is part of the method Theatre of the Oppressed, which promotes social and culture change. Called The Boal's method of theatre and therapy, "Rainbow of Desire" emphasizes internalized oppression and is designed to deal with negative emotions and communication problems. The workshop will demonstrate this method and how it relates to psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least three "Rainbow of Desire" techniques;
2. Describe the similarities between the "Rainbow of Desire" and the psychodrama method.

28 ALCOHOL, SEX, EATING, & MORE: COMPREHENSIVE MODEL OF ADDICTION TREATMENT

Shelley Korshak Firestone, MD, Adjunct Professor, University of Chicago, Department of Psychiatry, Psychotherapist and Medical Director, Chicago Psychotherapy and Psychiatry

This transformational workshop presents a cutting edge model for understanding addictions, trauma, and a range of other psychological disorders, showcasing psychodrama and other action explorations. Based on the concept of addiction as an attachment disorder, this largely experiential workshop translates key principles of twelve-step recovery into powerful clinical interventions and a guideline for treatment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and explain the importance of trust and belonging in the recovery process to replace the addiction as the "go to" in rough times;
2. Apply selective experiential methodology to help their clients connect with fellow group members, family, friends, recovery peers, co-workers and others.

29 HONORING THE SACRED: BRINGING TRANSPERSONAL ROLES TO THE STAGE

Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute, California Institute of Integral Studies;

Susan Powell, TEP, Centerwood Psychodrama Training Institute

When a protagonist is facing a challenging or traumatic scene, it is helpful to invite a transpersonal strength as a resource that can bring perspective, guidance and compassion. In this workshop we will pay special attention to what happens when the sacred appears on stage. How do we best warm-up the group and protagonist? What is the role of the director? Participants will practice directing in small groups. There will be a full psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to direct a role reversal with a transpersonal strength;
2. Explain the importance of transpersonal roles when working with trauma.

30 YI SHU: CHINESE MEDICINE, PSYCHODRAMA AND THE EXPRESSIVE ARTS

Gong, Shu, PhD, LCSW, ATR-BC, TEP, Soochow University, Suzhou, China, International Zerka Moreno Institute;

Erdong Wang, CP/PAT, Art School Soochow University, Suzhou, China

This workshop bridges the therapeutic practices of Eastern and Western cultures by integrating art therapy, psychodrama, traditional Chinese medicine, meditation, and dance/movement. This unified approach releases energy blockages, encouraging participants to reach their highest creative potential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the five basic elements in Chinese cosmology and their relations to human health;
2. Identify the roots of emotional imbalance in intrapersonal and interpersonal relations.

31 CREATING HARMONY: RESOLVING DISSONANCE THROUGH MUSIC THERAPY AND PSYCHODRAMA

Barbara McKechnie, LPC, LCAT, RDT/BCT, CP/PAT, Exceptional Wellness Counseling; Amy Clarkson, CP/PAT, Montclair State University, Creative Flow Therapy Services, LLC

We will demonstrate ways to integrate music therapy and psychodrama to explore unresolved tensions within ourselves and in relationships with others. The use of music allows for an expansive experience of the enactment, enlisting the senses to enhance awareness and expression. Through music improvisation, dialogue, doubling, and role reversal, we will play in the interface between psychodrama and music therapy. Participants will practice techniques of musical doubling that they can employ in their own work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate one musical doubling intervention;
2. Identify moments when musical doubling may further enhance the protagonist's awareness and expression.

Vlada Zapesotsky, MA, CP/PAT, The Way Home, Center for Healing and Creativity, Private Practice;

Kate Hudgins, PhD, TEP, Therapeutic Spiral Institute

Based on the book "The Way Home: Discovering the Path to your Truth, Nature, and Inner Treasures," written by Vlada and grounded in the clinical role map of the Therapeutic Spiral Model. Participants will learn how to navigate through the wilderness of the inner world into a sacred healing space, Inner Home, with the help of 3 roles: Inner Housekeeper, Inner Heart Companion, and Inner Personal Assistant, through action practice and a psycho dramatic vignette.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply 3 internal roles-guides of the action model The Way Home to your True Self;
2. Recognize the feelings of loss, abandonment, and fears associated with letting go of the past and find the creativity to begin again.

Jochen Becker-Ebel, PhD, DFP, Prof. Yenepoya University, CEO MediAcion, PIB-Zentrum, Vedadrama India

Moreno envisioned psychodrama reaching India. His followers — psychodramatists from around the world — made that possible, also including some cultural specifics. Psychodrama in India currently includes philosophy and spirituality, such as A-Dvaita (Non Duality), colorfulness, and enriched playfulness. The latter expands even to a sociodrama modality, called "Play of Gods." This workshop will demonstrate a psychodrama or sociodrama, according to the needs of the group, and will demonstrate the Indian modalities of psychodrama and innovative applications.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the tele-concept through Moreno's spiritual vision for unity in encounters of persons, groups and world/mankind;
2. Apply in their professional practice modalities such as "wish-fulfilling tree" ("Kalpavriksha"), "colorful morning round" ("Why I choose this dress?") and expansion of sociodrama ("Play of Gods").

A CINEMATIC HISTORY OF PSYCHODRAMA: FROM MORENO TO MODERN

7:30 pm - 8:30 pm: MOVIE

Friday Nite Live at the ASGPP Movies.... We will be debuting the first contemporary and professional film on Psychodrama. The film was conceived by Robert Siroka, founder of The Sociometric Institute of New York. As Executive Producer, Robert extended and supported J.L.Moreno's foresight about the value of having a visual history of Psychodrama. This film contributes both to the cinematic conservation and as well, to the new development of media accessible for educating the general public as well as clinicians about Psychodrama.

It is notable that the film integrates multiple perspectives and contemporary aspects of Psychodrama utilizing Positive Psychology and Mindfulness concepts and practices. The film is upbeat, uses regular vocabulary, and de-mystifies what is difficult to explain about Psychodrama. It begins somewhat humorously with our dilemma of what do we call this? Psychodrama or? We see glimpses of trainers we know, doing the work (Bob Siroka, Jacquie Siroka, Nina Garcia, Jacob Gershoni, Nan Nally-Seif, Dan Tomasulo, Jaye Moyer, Louise Greaves). Join us and see who you can recognize and name.

8:30 pm - 9:00 pm: INTERACTIVE PANEL

Jacqui Siroka will facilitate a panel which will include film participants Kelley Brower, Nina Garcia, Jaye Moyer and Nan Nally-Seif.

Discussion, comments and questions from the audience will be received.

We are grateful to Robert Siroka and the staff of The Sociometric Institute for the years of work on this project.

Credits to: Video Production by Media Therapeutics
Executive Producer – Robert Siroka
Jacqueline Dubbs Siroka
Producer/Director – Kelley J. Brower

OPEN EVENT

9:00 pm - 11:00 pm

FRIDAY NITE WORLD CAFÉ

On Friday night the International Committee will host a "World Cafe" event of friendship, networking, fun and degustation of international sweets & snacks. Everyone from around the world, including the United States, attending the conference, is welcome!

OPEN EVENT