

SUNDAY MORNING EVENT



Saphira Linden, RDT-BCT, LCAT, TEP

Saphira Linden is the Artistic Director of the Omega Theater/Theater Workshop Boston (since 1967) and Co-Director of the Omega Transpersonal Drama Therapy Certificate Program. She is regarded as a pioneer in drama therapy. Ms. Linden is an adjunct faculty at Lesley University, was awarded the 1st Teaching Excellence award by NADTA, is a 'Fellow' of ASGPP, and studied with the Morenos in the late 1960s & 1970s. She has created numerous award winning plays and her artistic work was the subject of a half hour film, PBS series, *Artists In America*. Saphira has trained hundreds of professionals in the arts, mental health, education, and organizations/corporations. She is a Transpersonal psychotherapist, management consultant, Sufi meditation teacher/ guide (since 1971), and has a private practice. Saphira is an author of numerous articles and chapters about her work. She is editor & contributing author of "THE HEART AND SOUL OF PSYCHOTHERAPY: A TRANSPERSONAL APPROACH THROUGH THEATER ARTS — Drama Therapy, Psychodrama, Transformational Theater," *Trafford Press, 2013*.

“ENVISIONING THE CREATIVE ARTS THERAPIES”

We know as Group facilitators that the 'whole is greater than the sum of its parts' and yet, we stay as separate entities. The Creative Arts Therapies' would be stronger and more effective working together to truly make a difference. Let us envision and dream together about what this would look like....all the new possibilities to transform our lives and communities.

SAPHIRA LINDEN AND A PANEL OF DISTINGUISHED EXPERTS IN THEIR FIELD:

Philip Speiser, PhD, RDT/BCT, REAT

Christopher Carbone, MA, RDT, C-IAYT

Daniel Wiener, PhD, LMFT, RDT/BCT

Susan Nisenbaum Becker, LCSW, LADC, RDT

Kimberley Burden, LCAT, RDT/BCT, BC-DMT, CP

Vivien Speiser, REAT, LMHC, NCC, BC-DMT