



EXECUTIVE COUNCIL

OFFICERS

PRESIDENT

Linda Condon, LMHC, TEP



Linda is a Licensed Mental Health Counselor and Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy. She has a private practice in Clearwater and St. Petersburg FL. Her energy extends in a few different directions. She enthusiastically facilitates an ongoing training group in Clearwater. She enjoys writing and has published "The Warm Up Ring: Keys for Energizing Your Group", a chapter on Bibliodrama in *Interactive and Improvisational Drama*, an article on "Untangling the Drama Triangle Using the Circle of Restoration" in the *Journal of Psychodrama, Sociometry, and Group Psychotherapy* and authors a daily affirmations blog. She has served in a variety of ASGPP roles over the years and has been touched by the gifts, caring and unlimited creativity of the organization's membership.

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VICE PRESIDENT

Erica Michaels Hollander, PhD, JD, TEP



I came to psychodrama many years ago, while a practicing trial lawyer, in the course of learning about dramatic presentation in general. Although at first my interest was simply in improving my courtroom advocacy, I came to value psychodrama and sociodrama for many other reasons, including the notions of healing both individuals and society that they embody. My late husband, Carl Hollander, was a brilliant psychodramatist and teacher of the art and loved psychodrama and ASGPP as parts of his family. In part, I carry his love forward for him. In addition, I find myself increasingly fascinated by human creativity and diversity, wanting to spend more and more of my time and effort on advancing expression and communication. One of my principal concerns now is to help bring solid contemporary research into the field, increasing its intellectual standing, reimbursability, and its wider recognition and appreciation.

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SECRETARY

Regina Sewell, PhD, MEd, LMHC, PC



Regina is a professor, counselor, coach and student of psychodrama, working towards her CP. She teaches at Dutchess Community College and loves using sociometry and sociodrama in the classroom to make her classes come alive. She also uses psychodrama with clients struggling with substance abuse issues at the Lexington Center for Recovery in Dutchess County New York and with clients in her private practice. Regina has written a book "We're Here! We're Queer! Get Used to Us! Survival Strategies for a Hostile World" and writes a monthly column, "InsightOut" for the Columbus Outlook.

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TREASURER

Janell Adair, MA, LPC, TEP



Janell is a Licensed Professional Counselor (LPC) as well as a Trainer, Educator & Practitioner (TEP) in Psychodrama. She's in private practice with Crossroads Counseling Center in Feasterville, PA, and she has worked with adolescents, adults and couples dealing with a wide variety of mental health issues. She also is currently working with adjudicated adolescents at the Bucks County Youth Center (BCYC) in Doylestown, PA doing Psychodrama groups, individual and family counseling sessions, and some staff training as well.

Janell became involved in Psychodrama in the mid 1980's while in therapy for divorce issues, with a Psychodramatist, who is no longer with us, Dr. Daniel B. Estes. Janell began her journey toward certification in the late 1980's training with many different Psychodrama trainers including Zerka Moreno, Dorothy Satten and others.

She became treasurer of the ASGPP in late 2008 being appointed to fill out a term and she was elected for her own term in 2010 because of her undergraduate background in Accounting. She is very grateful to give back to Psychodrama since it has helped her in so many ways.

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EXECUTIVE COUNCIL MEMBERS

Jeanne B. Burger, EdD, LPC, LMFT, RN, TEP



Jeanne is a psychodrama trainer, a licensed marriage and family therapist and a licensed professional counselor in private practice in Norfolk, Virginia. She is a graduate of the Jungian Dream Institute. She has been a presenter at ASGPP conferences for over 20 years. She is a fellow of ASGPP and has served on the American Board of Examiners as well as the executive council.

Jeanne was trained by Zerka T. Moreno and, for 15 years, she worked with Zerka in offering monthly psychodrama workshops. She also presents national and international workshops on her own.

Subjects of particular interest and expertise are: psychodrama with dreams, psychodrama with couples, psychodrama with individuals, psychodrama with trauma, psychodrama with addictions and sociodrama with ethics.

Her dissertation, *Effects of Psychodrama Treatment on Levels of Assertiveness and Locus of Control in Women Who Have Experienced Battering*, was published for The College of William and Mary, Vol 55, No 6, 1994.

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Rhona Case, EdM, Psychologist, TEP



Rhona has been a member of the Psychodrama community since 1991. She is a licensed psychologist in Pennsylvania and a Trainer, Educator & Practitioner of Psychodrama since 1997. Rhona is a founding partner in a group practice called Crossroads Counseling Center, that was formed in 1995. She is the administrative manager. Rhona has presented at ASGPP National Conferences and has introduced Psychodrama techniques to professionals in various settings. She was a co-chair of the 2012 National Conference in Jersey City, NJ. As co-chair of the Silent Auction/Live Auction/Basketcases for the last four years, Rhona helped to expand the program and increase profits for the ASGPP Treasury. Rhona enjoys working behind the scenes and has dedicated much time and effort to promote the goals of the ASGPP.

I bring my energy, enthusiasm and business skills to promote the advancement of Psychodrama and the organization. It is important to me that we bring young energy into the ASGPP to take on active leadership roles. I enjoy working within a team, and together we can work to preserve the integrity of the organization and advance its mission.

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Kim Cox, MA, NPO



Kim has been a member of the psychodrama community since 2003, training with Linda Bianchi and the Hudson Valley Psychodrama Institute. Her work is divided between being the Managing Director for the American Family Therapy Academy (AFTA) and as a Professional Organizer in her business, PackRat Solutions. Kim brings to the Council her numerous non-profit management skills from working for AFTA for several years, along with her professional organizer skills. She is a member of the National Association of Professional Organizers and the Institute for Chronic Disorganization. Through her organizational work, she uses her psychodrama skills with her clients. Kim has presented and co-presented at ASGPP Conferences. She currently serves on the Program and Web Site Committees.

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Steven Durost, PhD, LCMHC, REAT



Steven Durost is the Founder, Executive Director & Owner of C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education in Manchester, New Hampshire, which employs 25+ counselors, arts-based therapists, psychologist, interns and staff. Steven has a PhD in Expressive Therapies, is a Licensed Mental Health Counselor and a Registered Art Therapist with the International Association for Expressive Art Therapist. Steven is the 2014 ASGPP Zerka T. Moreno Award recipient for his work in the field of psychodrama, the 2009 Heroes of Justice Award by the YWCA Crisis Services for his work with the Male Sexual Abuse Survivor's Group and for being the Crisis Services' first responder for human trafficking, and the 2008 Soul Sisters Appreciation Award for his aid in creating a safe space for women to meet and grow. His organization, C.R.E.A.T.E!, is the recipient of the 2010 New Hampshire National Alliance for Mental Illness Award for Systems Change. Steven teaches as adjunct

faculty for Lesley University, New Hampshire Institute of Arts, New England College and Springfield College. His counseling work centers on trauma recovery and his research focuses on the meaning of aging for people over 65. In learning about both of these topics, Steven conducted research, taught courses and created groups in South Africa, Israel, New Zealand, Australia as in America.

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Grayce Gusmano, LMFT, LPC, CP



Grayce is a certified practitioner of psychodrama. She is a Marriage and Family Therapist and Licensed as a Professional Counselor. She has her own therapy practice "grayce counseling" in Scottsdale Arizona. Grayce also facilitates a weekly psychodrama group at Psychological Counseling Services an established intensive outpatient program. Grayce was trained by Dorothy and Mort Satten as well as Rebecca Walters and Judy Swallow. She is also certified in Sensorimotor Psychotherapy and is an Approved EMDR Consultant and Certified Therapist. Her specialties include working with complex trauma, eating disorders and addictions. She works individually and in action from an attachment and neurobiology informed place.

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Heidi Landis, LCAT, RDT-BCT, CGP, TEP



Heidi Landis is a Registered Drama Therapist (RDT), Licensed Creative Arts Therapist (LCAT), Trainer Educator and Practitioner of Psychodrama (TEP) and Certified Group Psychotherapist. Heidi is currently the Associate Executive Director at Creative Alternatives of New York where she runs a variety of Trauma-Informed Drama Therapy groups with many different populations including refugee children and adults, adults and youth on the autistic spectrum and youth in residential settings and therapeutic schools. Heidi is the lead trainer at CANY and facilitates CANY's Learning Collaborative and trainings in New York City, nationally and internationally. In addition, Heidi is the Drama Therapy Liaison at the Psychodrama and Creative Arts Therapy Institute in NYC and is in private practice. Heidi is an adjunct professor at The College of New Rochelle, frequent guest lecturer at New York University and has presented workshops and classes at many national conferences and institutes. She served two

terms as the Education Chair of the North American Drama Therapy Association and is currently serving her second term on the Executive Council of the American Society of Group Psychotherapy and Psychodrama.

Heidi is a graduate of Carnegie Mellon University and The Moscow Art Theater School.

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Chi-Sing Li, PhD, LPC-S, LMFT Board Approved Supervisor



Chi-Sing is an Associate Professor teaching Masters and Doctoral programs in the Counselor Education department at Sam Houston State University in Huntsville, Texas. He has been a Licensed Professional Counselor and a Licensed Marriage and Family Therapist in Texas for over twenty years, and has also served as a supervisor for both licenses for ten years. As far as Psychodrama is concerned, Chi-Sing considers himself a student, actively pursuing knowledge and experience. Chi-Sing fell deeply in love with Psychodrama five years ago when he joined the psychodrama training of Katrena Hart in Texas. It is really an awesome experience to Chi-Sing and he has been able to tap into his own creativity and spontaneity. Through psychodrama, Chi-Sing has gained new discovery of himself which has been amazing and shocking to him every day. Over the past three years, Chi-Sing has utilized a lot of the techniques from psychodrama in his teaching and training of counselor interns in

Texas. His teaching skills have expanded tremendously. Chi-Sing presented in the ASGPP annual conference two years ago in Oakland and will hopefully present again. Currently, Chi-Sing is coordinating research projects within the ASGPP research committee.

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EXECUTIVE COUNCIL MEMBERS *continued*

Susan Mullins Overman, LMHC, TEP



Susan has been involved with the psychodrama community for over 21 years attending her first training group in 1993 with Nina Garcia. Psychodrama, Susan says, has been the most powerful healing modality she has ever worked with both personally and professionally. It has changed her life in the most profound ways while igniting her passion for psychodrama.

Presently Susan works at Hyde Park Counseling, a residential treatment center for women with eating disorders and substance abuse. Here she facilitates weekly psychodrama groups for the residents. She also maintains a private practice in Tampa as well.

In 2009, Susan co-founded South Tampa Psychodrama Training with Sandra Seeger. Through STPT she co-facilitates an ongoing training group, along with a variety of other workshops. Susan has presented at local, national and international conferences, including ASGPP and BPA/IAGPP. She has served as a session assistant, worked on the silent auction committee, the scholarship committee, and the conference committee for multiple ASGPP conferences including Clearwater in 2011. To further her creativity and spontaneity, Susan performs in a local Playback Theatre troupe in the Tampa area.

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Mary Anna Palmer, LICSW, LMFT, TEP



Mary Anna began her career as a social worker 43 years ago working in a varied agencies both profit and non-profit settings. She began her psychodrama training in 1983 in Milwaukee first with Ron Anderson. She began her journey to become certified as a practitioner in 1989, becoming a CP in 2003 and TEP in 2014.

Mary Anna is a founding member of the Midwest Chapter – ASGPP 1994 and served as the chapter's president for two terms. She was co-sponsor and chief organizer of three Midwest Chapter Conferences held in the Twin Cities in late 1990's and early 2000's.

Mary Anna is the Executive Director and Primary Trainer at The Psychodrama & Psychotherapy Center in Eagan, MN since 1992. She provides training and workshops in universities, schools, prisons, community organizations, and business.

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Sandra (Sandy) Seeger, MA, LMHC, TEP



Sandy is in private practice in Tampa, Florida and has been working with women, children and families for over 20 years. After receiving her masters in counseling she worked in a variety of settings including the Florida Juvenile Justice system and has worked to incorporate health based modalities such as yoga, with psychodrama and play therapy. She currently teaches as an adjunct professor in the Masters of Counselor Education program at the University of South Florida. She and Susan Mullins Overman co-developed, South Tampa Psychodrama Training where they currently have an ongoing training group and are active in a local Playback Theater troupe. Sandy is a fellow in the ASGPP and co-chaired the 2011 ASGPP conference in Clearwater, FL.

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Deborah Shaddy, MS, LCPC, TEP



Deborah Shaddy has been a member of the psychodrama community since 1987. She is founder and president of the Sophia Center, LLC and offered counseling, group therapy, organizational consultation and psychodrama training in Omaha, NE, and now in the greater Kansas City area. She has presented on psychodrama at state and national workshops. Deb utilizes her psychodrama and sociometry skills in her clinical practice, in the development and facilitation of spirituality retreats, and in consultations to corporate, academic, and professional groups. She is now developing training programs in Omaha and Kansas City. Deb is also on the faculty of the Hudson Valley Psychodrama Institute in New Paltz, New York. She has been on the Executive Council since 2011 and currently chairs the CEU Providership program.

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EXECUTIVE COUNCIL MEMBERS *continued*

Daniela Simmons, PhD, PAT



Daniela's professional experience, both in Europe and the US, is in educational, research, and consultancy work in the social sciences, applied gerontology and mental health. Her background includes serving as the president of the Bulgarian National Association for Mental Health. Daniela has been utilizing action methods sessions since 1995 in Europe and since 2005 in the US; she an Applicant for Trainer (PAT). Daniela is the founder of the Expressive Therapies Training Institute (ETTi) and is teaching psychodrama in North Texas. Daniela is utilizing action methods in her teaching practice at the University of North Texas and at Weatherford College; as well in her private consulting in the field of long term care for people with developmental disabilities; brain injuries; mental illnesses, Alzheimer's, etc. Daniela has created unique techniques employing the therapeutic modalities of Psychodrama for the physically disabled.

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EXECUTIVE DIRECTOR

Debra (Debbie) Ayers, MMHS



Debbie has worked her entire career in the non-profit sector. She holds a Master's in Nonprofit Management/Social Policy from the Heller School at Brandeis University in Waltham, MA. She has assisted the Massachusetts Committee for Children and Youth in Boston in the area of Board Development, and worked at Massachusetts Social Service Agencies and the Concord-Carlisle School District as a Program Manager. Since moving to New Jersey in 2003, she has worked at the American Red Cross organizing hundreds of volunteers as Blood Services Coordinator. Joining the ASGPP in 2010, she has worked closely with the Executive Council and countless dedicated volunteers and looks forward to helping the organization continue to grow.

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