



## IN MEMORIAM

### Ron Anderson, TEP

by Karen Carnabucci



Ronald Anderson, the counselor who introduced hundreds, maybe thousands, of Midwesterners to psychodrama, died on May 14, in Lake Geneva, Wis.

Ron started as a child actor and became an ordained minister in the United Methodist denomination, then worked variously as a street minister, church pastor, mental health administrator and substance abuse counselor. He found psychodrama, which combined his interests in theatre, psychology and spirituality, and studied with Dr. J.L. Moreno at Beacon, NY, and at St. Elizabeth's Hospital, Washington, DC, and became a nationally certified trainer in psychodrama, sociometry and group psychotherapy in 2000. Most recently he saw clients at New Prospects Counseling Services, Milwaukee.

He and his wife Adelia started the successful Midwest Conference on the Expressive Arts Therapies in Lake Geneva, introducing Midwesterners to psychodrama and the alternative and creative arts therapies for several

years. For his 70th birthday celebration two years ago, he arranged a party where to dramatize special memories: his long-standing friendship with a boyhood pal; his "church ladies" in Wisconsin becoming mesmerized by young playboy Hugh Hefner who attended his church's dinners, meeting his future wife Adelia when she arrived for psychodrama training and later marrying her during an delightful outdoor ceremony – when he read a poem to her and she danced for him – and others.

Ron won the Innovator's Award in 2010 from American Society of Group Psychotherapy and Psychodrama for his pioneering work in combining psychodrama and systemic constellation work. He identified himself as the first person in the United States to be trained by both J.L. Moreno, the developer of psychodrama, and Bert Hellinger, the developer of Systemic Constellation Work. He is the co-author with Karen Carnabucci of "Integrating Psychodrama and Systemic Constellation Work: New Directions for Action Methods, Mind-Body Therapies and Energy Healing," to be published in October 2011 by Jessica Kingsley Publishers. Among his other accomplishments; serving as president of the Midwest Chapter of ASGPP from 1998-2002; hiking the Milford Track during four days over the Southern Alps of New Zealand in 1996 and winning the Ralph Nader Award in 1987.