

# WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday
Addictions	1, 6, 7	26, 29	38, 59, 60, 66, 69	72, 74, 81, 85
Business/Coaching/ Marketing/Publicity		29, 35	44, 62	79, 92
Creative Arts	8	17, 25, 29, 32	46, 49, 52, 60, 64	70, 86, 90, 96
Education	3	22	54, 60, 68	75, 79, 92
Family/Couples				77, 93, 95
Healing/Self Care	8, 13	15, 16, 18, 21, 25 28, 31, 32, 34	37, 40, 42, 43, 45, 53 59, 60, 67	70, 71, 72, 73, 76, 78, 85, 86 88, 89, 90, 91, 96, 97, 101
Multicultural	2	19	50, 52, 58	74, 77, 80, 82
Neurobiology		17, 20, 21, 28	51, 53, 63	87, 94
Psychodrama in Other Fields	6, 9, 10		42, 46, 48, 51, 56, 62, 64	81, 82, 83, 87, 93, 97, 99, 100
Psychodrama Foundations	2, 14	16, 20, 27, 33, 34, 36	38, 41, 44, 48, 54, 56, 61, 67	71, 75, 83, 84, 88, 91
Sociodrama/Playback/ Drama Therapy	3, 5	19, 22, 23	38, 39, 46, 50	
Sociometry	3, 12, 14	30, 35, 36	41, 42, 43, 50, 52, 60, 61, 69	78
Spirituality	2, 8, 12, 13	15, 18, 23	37, 45, 49, 60, 68	85, 95, 96, 98, 99
Trauma/Bodywork	1, 4, 7, 9 10, 11	26, 30, 32, 33	45, 46, 63, 65, 66, 69	75, 80, 81, 87, 89, 90, 92 94, 98, 101

## PSYCHODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas.

### THURSDAY

- 1 So - You Think you Know TSM? It's Much More!
- 2 Encounter with the Divine
- 4 Rewrapping the Soul: Healing Trauma with Psychomotor Therapy & Psychodrama
- 5 When Psychodrama Won't Do: Using Sociodrama
- 7 Healing The Wounded Male Using Action Methods
- 9 Rhythmic Integration: The Cycle of Change
- 10 Making Movement When Life Seems Stuck
- 12 Souldrama: Spiritual Simplicity, Doing Less...Loving More. Looking at the Model of Souldrama
- 14 Psychodrama as a Potent Evidence-Based Group Psychotherap

### FRIDAY

- 15 Meditation Tools Integrated with Classical Psychodrama: Healing the Spirit Within
- 16 The Quest for Hidden Treasure; Exploring the World of Imaginal Roles
- 18 Living Juicy: Reconnecting with Zest

- 21 Start Where You Are - First Steps for Any Director
- 28 The Judge Within
- 30 Intra-Psychic Family Systems: The Sociometry of the Mind
- 32 BodyMap and Psychodrama
- 33 Surplus Reality in Navigating Waves of Change
- 34 Mindfulness, Spontaneity - Unlock the Hidden Treasure
- 36 Life's a Beach

### SATURDAY

- 37 Sociatry: Becoming the Wave of Change
- 40 Ageism: The Silent Epidemic
- 43 Identifying Role Models who Influenced our Development Using Sociometry & Psychodrama
- 44 Psychodrama in Individual Therapy
- 45 Sophia meets Kali
- 51 Psychodrama and Hypnosis: Being Deeply Immersed
- 53 Navigating the Role of Physical Pain
- 59 Give a Shift: Changing for the Better
- 63 Polyvagal Psychodrama

- 65 Swimming Between the Tides and Eddies, Regulating the Group's Nervous System
- 67 Diving into Life's Waves

### SUNDAY

- 72 From Shame to Hope: Challenging Core Beliefs
- 76 Completion Dramas: When We're Ready to Say Goodbye
- 78 Letting Go Completely; Death Dying and Surviving
- 80 All We Need Is Magic
- 85 Codependency, Ruthless Grieving and Transformation
- 91 The Vision Board: Your Personal Treasure Map
- 92 The Cognitive Psychodrama Group Model
- 95 Sex and Spirituality: A Psychodramatic Journey
- 96 Integrating Masculine and Feminine Energies for Self Awareness
- 97 The Power of Pets: Balancing and Enhancing Our Lives
- 98 Healing Our Spiritual Wounds
- 99 Vajrayana Psychodrama: Role Theory, Compassion & Buddhist Meditational Deities