



## THURSDAY, May 4, 2017

7:00 am - 8:00 am	12-Step Recovery Meeting
8:00 am - 6:00 pm	REGISTRATION
9:30 am - 5:30 pm	PRE-CONFERENCE TRAINING INSTITUTES Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.
6:00 pm - 7:30 pm	President's Reception / Opening Ceremony – Open Event
7:30 pm - 8:00 pm	Meeting: Sociometric Selection Team / First Time Presenters / Session Assistants
8:00 pm - 9:30 pm	Diversity Forum – Open Event

### 9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES

#### 1 SO-YOU THINK YOU KNOW TSM? IT'S MUCH MORE!

**Kate Hudgins, PhD, TEP, Therapeutic Spiral International;**  
**Monica Forst, MEd, RP, ICADC, Private Practice**

Many people use parts of the Therapeutic Spiral Model (Hudgins & Toscani 2013), learned from readings, or from someone who's never been to a TSM workshop. This is your opportunity to experience its subtleties with the developer of the model and an Action Healing Team. You'll learn its warm-up and safety structures, the TSIRA clinical role map, and be part of a full TSM trauma drama with clinical processing.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the TSM Trauma Survivor's Role Atom as the clinical guide to safety with all experiential methods with trauma;
2. Explain their experience in being part of a TSM drama with clinical processing and how it applies to their practice of using psychodrama with trauma.

#### 2 ENCOUNTER WITH THE DIVINE

**Rebecca Walters, MS, LMHC, TEP, Hudson Valley Psychodrama Institute, MD Anderson Cancer Center University of Texas**

A protagonist said, "God holds children in His hands and those he doesn't care about, like me, he let's slip through his fingers." How can we help our clients, those with spiritual beliefs and those with none, heal their broken relationships with Spirit, whatever that means to them. Engage, enlarge, encourage, celebrate, and support a healing relationship with whomever or whatever people consider to be divine in their lives through psychodramatic encounters, surplus reality, and group work.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify spiritual entities from three varied cultures;
2. Demonstrate the use of role reversal and describe three times to use role reversal.

#### 3 REFINING AND WORKING ON PRODUCTION SKILLS AS A PSYCHODRAMATIST ▲

**Peter Howie, MEd, AANZPA Certificated TEP, Australian and Aotearoa New Zealand Psychodrama Association, ASGPP**

Psychodramatists often find it hard to go somewhere to work on their psychodrama skills – the supervision they received as a trainee is often not available as a practitioner. This workshop is a training and supervision workshop for new or experienced psychodrama, sociodrama, and sociometry practitioners, and psychodrama trainers. Working collaboratively, at learning edges, with in situ supervision, looking at real relevant work situations, focusing on specific psychodrama production techniques to enhance spontaneity.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply a wider range of psychodrama production techniques when working with groups and individuals;
2. Recognize when they are turning into a counsellor rather than a psychodramatist, and demonstrate an increased capacity to deploy psychodrama production methods to produce spontaneity and creativity.

#### 4 REWRAPPING THE SOUL: HEALING TRAUMA WITH PSYCHOMOTOR THERAPY & PSYCHODRAMA

**Georgia A. Rigg, MSW, LCSW, TEP, Private Practice;**  
**Cindy Levy, LMHC, CHT, PAT, Practitioner, Westside Wellness Center, Olympia, WA, Private Practice**

This workshop will present the philosophy and action techniques of psychomotor therapy, blending this with psychodrama, sociometry, and group psychotherapy. Participants will learn a respectful approach to the "hands on" steps of psychomotor therapy and how to blend this with psychodrama. This blended model is a "gold standard" treatment for healing trauma.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the ability to direct a 4-step, respectful "hands on" psychomotor structure, as well as how to take part in a psychodrama blending psychomotor therapy and psychodrama;
2. Identify and explain the differences between auxiliary work in psychomotor therapy, and in psychodrama.

*This is a 2017 Award Winner's Workshop*

NOTE: Workshops that do not qualify for NBCC CE credit are identified with a ▲  
Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ■

## 5 WHEN PSYCHODRAMA WON'T DO: USING SOCIODRAMA

**Antonina Garcia, EdD, LCSW, TEP, Private Practice, NYU**

Sociodrama provides an exciting action forum for problem-solving and values exploration. Less personal than psychodrama, it focuses on collective role aspects and issues. Sociodrama is indicated in settings where psychodrama may be inappropriate, such as in businesses, schools, and religious institutions. As illustrated in *Sociodrama: Who's in Your Shoes?*, co-authored by Dr. Garcia, this workshop will show you how to structure and facilitate a sociodrama and how to keep the contract clearly sociodramatic.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish the difference between a psychodramatic and sociodramatic warm-up;
2. Identify questions to ask in sociodramatic sharing.

## 6 THE 12 STEP PSYCHODRAMA MODEL: RECOVERY IN ACTION

**Louise Lipman, LCSW-R, CGP, TEP, Director, Psychodrama & Creative Arts Therapy, NYC, Gerry Spence Trial Lawyer's College**

After putting aside substances in early recovery, facing longtime dysfunctional behavior is necessary. Examining addictive thinking and establishing a sober life, is the challenge of middle stage recovery. Late stage recovery uses creativity and role expansion to facilitate this life changing work. In this workshop, people will be introduced to this model, which guides that process through the 12 steps and the hidden treasure of psychodramatic role theory for recovery in action.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how to select appropriate interventions to match the stage of recovery that their clients are working on;
2. Apply role theory to their client's stage of recovery.



## 9:30 am - 1:00 pm MORNING PRE-CONFERENCE HALF-DAY TRAINING INSTITUTE

## 7 HEALING THE WOUNDED MALE USING ACTION METHODS

**Rick Tivers, LCSW, CGP, Private Practice, The Chicago School of Professional Psychology**

This experiential workshop is open to men and women who work with males and want to go deeper in treatment. Men's defenses will be explored and how to work with those defenses. Male pain, hurt, anger, intimacy fears, sexuality, and shame will be brought to the surface using action methods to help to create corrective emotional experiences.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate 3 defenses males use and how to work with those defenses to have corrective emotional experiences;
2. Differentiate language appropriate for usage with male aggression.

## 8 NAVIGATING CHALLENGES AND DISCOVERING HIDDEN TREASURES OF THE WISE ELDER ▲ ■

**Linda Ciotola, MEd, TEP, CETIII, Healing Bridges, ACTS**

This workshop will explore the challenges and gifts of the "wise elder" role through action, poetry, music, and art. Aging can cover the spectrum from severe physical, mental, emotional, and spiritual challenges to embracing the gifts of aging with wisdom and grace. Participants will share the adventure of navigating the sometimes turbulent waters of aging while discovering the sometimes hidden treasures of the wise elder role.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least one action structure to accurately label a challenge of aging and also to identify a strength used to develop the "wise elder" role;
2. Apply the use of poetry as a warm up to an action exploration of "the wise elder" role as well as for meaning making .

## 9 RHYTHMIC INTEGRATION: THE CYCLE OF CHANGE ▲ ■

**Judy Swallow, MA, LCAT, TEP, Hudson Valley Psychodrama Institute, Private Practice**

Rhythmic Integration is the contribution of Dr. Ron and Gloria Robbins, who are bioenergetic therapists and psychodramatists. Their work is deeply involved with personality development and how our awareness of the six phases of the Cycle of Change can help our clients (and us) find the resources to move through stuck places in their lives. Each of the six phases has characteristics that identify developmental stages - from a specific project to a person's habitual choices. This workshop will explore in action the Cycle of Change and how it can inform both understanding and behavioral decisions.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the six phases of change in the Rhythmic Integration model and be able to describe characteristics of each;
2. Demonstrate scenarios about moving through the Cycle of Change.

## 10 MAKING MOVEMENT WHEN LIFE SEEMS STUCK

**Karen Carnabucci, MSS, LCSW, TEP, Private Practice, Author**

This workshop will demonstrate how psychodrama, family constellations, and mindfulness combine, each in its special way, to create positive forward movement in our lives. We learn how many of our problems originate with our ancestors and how we literally become entangled in inter-generational pain and trauma. Karen shows how using the psychodramatic warm up, plus the constellation Orders of Love and body awareness, we can move to a place of greater flow and inner peace.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify warm ups that assist focus on ancestral issues;
2. Demonstrate how Orders of Love identify inter-generational problems.

**2:00 pm - 5:30 pm**  
**AFTERNOON PRE-CONFERENCE**  
**HALF-DAY TRAINING INSTITUTE**

## 11 THE BODY REMEMBERS WHAT THE MIND FORGETS

**Gatherine D. Nugent, RYT200, LCPC, TEP, Dramatic Transformations, LLC, Johns Hopkins University**

This workshop will demonstrate the power of psychodrama and other experiential and body-based approaches as resources for trauma recovery. Concepts from psychodrama, sensorimotor psychotherapy, and yoga therapy will be explained, and interventions that draw on the wisdom of the body will be demonstrated. Participants will leave with ideas and techniques to apply in individual and group practice settings.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how trauma affects the body, brain, and nervous system;
2. Describe 3 experiential, body-based interventions that can be helpful in teaching clients self-soothing.

## 12 SOULDRAMA: SPIRITUAL SIMPLICITY, DOING LESS.... LOVING MORE. LOOKING AT THE MODEL OF SOULDRAMA

**Connie Miller, LPC, NCC, TEP, Owner, International Institute for Souldrama**

Wholeness involves bringing together what has been separated. This is the meaning of integration. A soul under stress sacrifices parts of itself. True healing involves helping a person to gradually re-own and re-integrate any of the severed aspects of self-love, courage, a sense of empowerment, sexuality, spiritual connectedness, humility, surrender, tenderness, and independent thinking. Helping people redefine themselves by putting the focus inward toward their divine selves and back toward their spontaneity and creativity in turn enables them to develop a relationship with their higher selves.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Define Spiritual intelligence and examine relationship with a higher power;
2. Discover how to move past the resistance in their life and embrace what gives their life meaning an purpose.

## 13 BRILLIANCE & GENTLENESS: CONNECTING WITH THE GODHEAD ▲ ■

**Barbara Guest, BEd, MSW, TEP, Toronto Centre for Psychodrama & Sociometry; Rob Hawkings, MA, MES, MBA, Private Practice, Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists**

Personal connection with the Godhead (Spirit, Higher Power, etc.) is correlated with physical, mental, and emotional well-being. It can powerfully enhance addiction recovery and trauma healing. This experiential workshop will safely and gently integrate the brilliance of Moreno's methods with various spiritual and healing traditions to connect with divine wisdom – to more fully access true spontaneity, intuitive creative knowing, and that altered state of consciousness that positive psychology calls “the zone.”

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate various psychodramatic techniques for inviting spiritual inspiration to enhance both personal growth and professional roles;
2. Demonstrate a psychodramatic group metaphor integrating art, music, and authentic movement.

*This is a 2017 Award Winner's Workshop*

## 14 PSYCHODRAMA AS A POTENT EVIDENCE-BASED GROUP PSYCHOTHERAPY

**Rob Pramann, PhD, ABPP (Group Psychology), TEP, Christian Counseling Centers of Utah; Journey Healing Centers**

Wikipedia mistakenly states “Psychodrama is not...a form of group therapy, and is instead an individual psychotherapy that is executed from within a group.” Come, experience, discover, reflect on, and celebrate the hidden treasure that psychodrama is, a potent evidence-based form of group psychotherapy. We will highlight psychodrama as a group therapy in the warm-up, action, sharing, and (group) processing of the session(s).

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how psychodrama can be conducted as an evidence-based psychotherapy;
2. Describe the elements of a psychodrama session that contribute to its potency.



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# THURSDAY EVENING

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**6:00 pm - 7:30 pm**

## **PRESIDENT'S RECEPTION OPENING WELCOME**

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 75th ASGPP 2017 Conference.

**OPEN EVENT**

**7:30 pm - 8:00 pm**

## **MEETING: Sociometric Selection Team First Time Presenters Session Assistants**

**8:00 pm - 9:30 pm**

## **DIVERSITY FORUM** *Deep Diversity: Using Action Methods to Examine Implicit Bias*

**Led by Nisha Sajjani, PhD, RDT-BCT**

Implicit bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner. The implicit associations we harbor in our subconscious cause us to have feelings and attitudes about other people based on characteristics such as race, ethnicity, age, and appearance. Residing deep in the subconscious, these biases are different from known biases that individuals may choose to conceal for the purposes of social and/or political correctness. Rather, implicit biases are not accessible through introspection. However, they may become available to examine and work through using action methods. Indeed, psychodramatists and drama therapists possess powerful and necessary tools that may be used to counter divisiveness and promote understanding. This is the third diversity forum hosted by the ASGPP.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Define implicit bias
2. Analyze three action methods that may be used to support diversity and inclusion
3. Identify at least one resource to use or apply in their own contexts

**OPEN EVENT**

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# DAILY

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## **EARLY BIRD / EVENING ACTIVITIES**

For the early risers, enjoy a walk along the beautiful white sand as you watch the beach wake up. You will share your morning with the wading birds as they rush along the shore searching for their breakfast and with individuals, eyes downcast, looking for sea shells, their hidden treasure which might have washed up along the shore during the night. For a more raucous celebration, head to Pier 60 next to the hotel for the sunset festivities. There you will see musicians, artists and others celebrating the sun as it sets into the waters of the Gulf. And don't forget to look for the elusive Green Flash!!

**7:00 am - 8:00 am DAILY**

## **12 STEP RECOVERY MEETING**

Conference participants who practice a 12-step program are invited to join this daily meeting which will be inclusive of any and all fellowships. This will be an open meeting but, consistent with the tradition of anonymity, we will expect attendees to honor the principle that "who you see here, and what is said here, stays here."

For more information, contact:

Michael Gross — michael@m12x12.com / 562- 234- 3969

**OPEN EVENT**