



SUNDAY May 7, 2017

7:00 am - 8:00 am 12-Step Recovery Meeting
7:30 am - 6:00 pm REGISTRATION AND EXHIBITS

8:00 am - 9:00 am *Zerka in the Empty Chair: with Regina Moreno and Miriam Zachariah*

6:15 pm - 7:00 pm **CLOSING CEREMONY**
Closure in action. Share your conference highlights and say goodbye to new and old friends.
Warm up to the 2018 Conference.

8:00 am - 9:00 am

Zerka in the Empty Chair

Regina Moreno, MA & Miriam Zachariah, TEP will facilitate an empty chair session with Zerka Moreno. Participants will have the opportunity to briefly speak to her or role reverse with Zerka and receive from her. This creative session will both celebrate Zerka's life, as well as, introduce a younger generation to what she has contributed to psychodrama and members of ASGPP.

OPEN EVENT

9:30 am - 12:30 pm
MORNING WORKSHOPS

70 EXPERIENCING HEALING AND SPIRITUALITY VIA MEDITATION, ART-MAKING AND PSYCHODRAMA ▲ ■

Ning-Shing Kung, MPS, MEd, TEP, AATA, St. Clare's Hospital

The goal of this experiential workshop is to teach integrated methods by utilizing attention-intention meditation, Mandala drawing, and psychodrama techniques. The main components of spontaneity and creativity in this 3-step procedure initiates the dynamics among body, mind, and soul, and further launches the exploration of the meaningful life. The learning can be developed as a self-healing kit to improve people's welfare physically and psychologically.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply an integrated method by combing yoga/meditation, art making/Mandala drawing, and psychodrama basic technique/self-dialogue to develop a self-healing kit;
2. Describe and further distinguish the phenomenon of spirituality happening in the psychotherapy.

71 CHANGE! MORENO'S CANNON OF CREATIVITY AND PROCHASKA STAGES OF CHANGE

Pamela Goffman, LCSW, TEP, Psychodrama Institute of South Florida, Private Practice

Exploring how these two seminal models work in complimentary ways, this workshop helps you understand how people change. Action learning will provide a fun way to learn and integrate these two important models. Small enactments will be used to illustrate how we can help people ride the Waves of Change!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize what stage of change a client is in and recognize what stages may be coming next;
2. Identify where a client is on the Canon of Creativity to help them move toward their spontaneity and creativity.

72 FROM SHAME TO HOPE: CHALLENGING CORE BELIEFS

Carole Oliver, MEd, LPC, TEP, Private Practice, ASGPP; Erin McNamee, LCSW, Wayside House

Whether you work in the addiction world or the general population, many clients growing up in shame-based families have a core belief that they are unworthy and never good enough. Shame also can result in a generalized sense of hopelessness. We will demonstrate newly designed psychodrama techniques to begin to resolve their shame facilitating change in their core beliefs. One technique includes the Magic Shop of Hope and Dreams.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate what core beliefs are, identify shame-based behaviors, and assist participants in identifying their core beliefs.;
2. Apply techniques from the Magic Shop of Hopes and Dreams to facilitate a change in core beliefs.

73 HELP FOR MORAL INJURY: STRATEGIES AND INTERVENTIONS

Cecilia Yocum, PhD, PAT, Private Practice

The workshop will focus on moral injury, which has been described by Dr. Brett Litz as “perpetrating, failing to prevent, bearing witness to, or learning about acts that transgress deeply held moral beliefs and expectations.” The workshop will include a brief overview, demonstrations, and experiential exercises to help someone with moral injury reconnect with personal/spiritual/moral resources, assess responsibility, forgive oneself or others, and seek or make amends.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify two action methods of enhancing personal, spiritual, and moral resources;
2. Explain the concept of the "Forgiving Spirit" and describe one action step that can be used with this concept.

This is a 2017 Award Winner's Workshop

74 USING PRINTED IMAGES TO PROMPT IMAGINATION AND ACTION IN CLINICAL AND OTHER SETTINGS ▲ ■

Christina Bellamy, MA

There is a richness in using printed images in many settings: mental health, health care, education, federal corrections, agency staff training, faith communities, community centers, etc. Pictures can be used with past memories, present circumstances, future projections, and role training. This workshop will explore using this deceptively simple clinical and training tool with individuals, varieties of groups, couples, and families. We will explore many ways to use these approaches in your practice: simple warmup, warmup into action, and fostering group cohesion.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe three ways to use printed images with a warmup in a group;
2. Demonstrate using printed images to illustrate stages of change with clients.

75 LESSONS FROM UNDER THE SEE - THE BODY MAP: COMBINING BIOENERGETICS AND PSYCHODRAMA

Katrena Hart, LPC-S, CBT, TEP, Bridging Harts Psychodrama Training Institute & Psychotherapy Practice

Come join us for a playful experience! Discover clues that the body reveals about where to take your protagonist. There are 5 character structures that Dr. Alexander Lowen, the founder of Bioenergetics, teaches that will guide the director to develop shortcuts for his or her protagonist to navigate toward change. Learn more about pacing, developmental injuries, and psychological pulls that each character structure will present on the psychodrama stage. This map will help even the most seasoned director find treasure in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the 5 Character Structures used in Bioenergetic Analysis;
2. Recognize how Bioenergetic Analysis can be a helpful tool for the Psychodrama Director.

76 COMPLETION DRAMAS: WHEN WE'RE READY TO SAY GOODBYE

Antonina Garcia, EdD, LCSW, TEP, Private Practice, NYU; Dale Richard Buchanan, PhD, TEP, ASGPP

Incomplete endings prevent solid beginnings. The process of termination is often a lengthy one, moving through several phases. This didactic/experiential workshop will demonstrate a model for assisting clients in completing closure in the final phase of endings.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify three markers letting them know the client is ready for a completion drama;
2. Describe how to assist the client in narrowing the parameters and goal of the drama in the walk and talk.

77 CULTURE OR PERSONALITY?: DISCERNING ISSUES IN CULTURALLY DIVERSE RELATIONSHIPS ▲ ■

Jon P Kirby, PAT, Blessed Sacrament Church

Participants will learn to distinguish cultural from personality issues working with couples of mixed ethnicity using action methods. They will situate themselves sociometrically into one of four intercultural conflict styles, and then encounter each other's styles through role-reversal and mirroring in the dramatic enactment of a genetic intercultural misunderstanding brought forward through sociometric choice.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the four intercultural conflict styles and how they affect behavior when disagreements arise;
2. Distinguish major cultural issues from personality issues when working with couples of mixed ethnicity.

78 LETTING GO COMPLETELY; DEATH DYING AND SURVIVING

David Moran, CCDP-D, LCSW, TEP, I Like Me Now; Recovery Center PCCMC

This workshop will demonstrate how the use of sociometry enhances strengths, beliefs, and values that allow individuals to survive loss. With loss, the grief of the passing ties both parties to the pain. In “letting go” of the other we are both able to experience peace. We will explore the ability to “let go,” accept, and process loss in a way that utilizes surplus reality, sociometric test, warm-up, and psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how sociometry is used in warm up and cooling down a group dealing with grief and loss;
2. Explain how the use of surplus reality increases strengths and helps process loss.

This is a 2017 Award Winner's Workshop

79 **FRUSTRATION AND CONFUSION/CLARITY AND FULFILLMENT: WRITING FOR THE JOURNAL** ▲ ■

Editorial Board

The editorial board of the Journal of Psychodrama, Sociometry, and Group Psychotherapy recognizes that writing for the Journal can be a daunting task and/or a peak experience. This session will include a sociodrama addressing the challenges faced by writers and will conclude with a discussion about the process of writing and submitting to the Journal including questions and answers. Those interested in publishing or assuming an editorial role are encouraged to attend.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain reasons you would not or would be willing to write or submit to the Journal;
2. Describe how you intend to make the journal more successful.

80 **ALL WE NEED IS MAGIC** ▲ ■

Turabi Yerli, CP, Istanbul Arel University;
Caner Bingöl, CP, Marmara University

Psychosomatic and the exile's ritual to survive in the Asia Minor and Mesopotamia! (collective memory, trauma, psychosomatic, rituals). Participants will learn how to work with expressive therapy, psychodrama, and sociodrama methods on developing resilience and coping with the exile's somatic symptoms together with collective memory and rituals.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to work with expressive therapy, psychodrama, and sociodrama methods on developing resilience and coping with the exile's somatic symptoms;
2. Explain how to cope with the exile's traumatic event and develop resilience with collective memory and rituals.

1:00 pm - 2:30 pm
90-MINUTE WORKSHOPS

81 **ADDICTION TREATMENT: USING THE EMPTY CHAIR**

Shelley Korshak Firestone, MD, CGP, ABAM, Medical Director, Chicago Psychotherapy and Psychiatry; Adjunct Faculty, University of Chicago

This workshop presents the cutting edge model of treatment for addictions, trauma, and a range of impulsive, compulsive, and other mental health problems. Showcasing the use of the empty chair, we demonstrate five basic roles operative in all our relationships, revealing the secrets of the addict within.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the technology of the empty chair to the treatment of addictions, trauma, and a range of impulsive, compulsive, and other mental health problems;
2. Explain five roles important to our work with the empty chair.

82 **DANCING WITH YOUR SHADOW: FINDING THE HIDDEN GOLD**

Andrea C Hummel, MA, Improv for Peace;
Scott Giacomucci, MSS, LSW, CET II, Giacomucci & Walker, LLC

Digging for hidden treasure within our psyche means finding both the "good" and the "bad" within, that is: our shadows. According to Jung, shadows are those parts of ourselves repressed, denied, or projected onto others. We all have them — individuals, families, and even cultural groups. Via lecture, sociometry and several action pieces, we'll mine for the gold within our shadows, identify our inner archetypes, and practice weaving in and out of them via a group dance.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize at least one of their "shadows" and the gold within it;
2. Apply the Jungian concepts of "shadow" and "archetype" experientially, including via a role reversal.

83 **INTEGRATING MIND AND BODY WITH COGNITIVE BEHAVIORAL THERAPY AND PSYCHODRAMA** ▲

Elizabeth A. Corby, PhD, CGT, PAT, Private Practice and Co-Founder, Michigan Psychodrama Center;
Patrick Barone, JD, Co-Founder, Michigan Psychodrama Center; Barone Defense Firm

Cognitive behavioral therapies are highly effective, scientifically-validated treatment methods. In this workshop, we will: 1) Learn about cognitive distortions and maladaptive schemas and how negative belief systems can persist into our adult lives from childhood, 2) Learn how to recognize negative thinking patterns and log problematic situations in an Automatic Thought Record (ATR), and 3) Put scenes into action that concretize schemas as a way to modify them and replace them with healthier paradigms.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify, track, and challenge maladaptive thoughts and schemas;
2. Demonstrate three techniques that integrate cognitive behavioral therapy and psychodramatic methods.

84 **WARM-UPS FOR YOUR BACK POCKET**

Brittany Lakin-Starr, PhD, CP, Illinois Masonic Medical Center Behavioral Health Services; Chicago Center for Growth and Change
Warming-up is the activity of "gradually becoming more spontaneous" (Blatner, 1996) and is the first phase of psychodrama. Warm-ups create cohesion in the group and help to prepare a potential protagonist.

Warm-ups can be simple or can have creative flair. Warm-ups can be pre-planned or develop spontaneously in the group based on the group dynamics. In this experiential workshop, you will learn and take part in several different types of warm-up activities. You will leave with three warm-ups that you can put into action in your groups.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize why the warm-up is an important and essential part of psychodrama;
2. Describe three different warm-up exercises you can use in your groups.

85 CODEPENDENCY, RUTHLESS GRIEVING AND TRANSFORMATION

Susan Carroll Powers, PhD, Private Practice, Caron Foundation

The methods that aid in grieving, for example, role playing and role reversal, intervene on destructive aspects of codependency – the distorted habits of living our lives through other people. We will demonstrate with role playing: (1) How Survivor Guilt relates to codependency; (2) How grieving a death from addiction/suicide is “ruthless”; (3) How people-pleasing creates social distortions that block resolution; and (4) How over-identifying with the dead blocks the grief. The benefits of journeying toward Acceptance.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate and apply "Ruthless Grieving" methods with clients grieving someone who died from addiction or suicide;
2. Identify the three different phases of survivor guilt and help clients journey through them.

86 TAMING YOUR INNER CRITIC

Pam Hiron, MA, LMHC

The purpose of this workshop is to create enhanced awareness around the topic of one's critical inner voice. In this workshop, engaging activities will take place to help the participants become more keenly aware of the inner critic in their clients and explore methods for managing the inner voice that limits and/or stops their clients.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the specific way in which the critical inner voice shows up in clients, what it says, and in what way that limits the client;
2. Explain strategies to help the client silence the "critical voice" and when to be mindful when that voice speaks.

87 IMPROMPTU BODY ENCOUNTER – AN EXPERIMENT IN SOMA-TRY LABORATORY

Tzivia Stein-Barrett, LCSW, E-RYT, CP, International Association of Yoga Therapists, Private Practice

The body stores information which informs the individual of safety, threats, and learned reactions to events. This laboratory of experience offers participants ways to explore their sensory reactions from visual, auditory, and interactional cues. Various body oriented experiments warm-up internal scenarios; culminating in a body stimulated Sociometric Fluid Sculpture. This session brings awareness to subtle somatic reactions that assist the Director and Protagonist in understanding, managing, and ‘re-wiring’ brain pathways from triggering events.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize nonverbal language that stimulate limbic brain reactions;
2. Identify ways in which psychodramatists can use these warm-up skills in enactments.

88 COME FIND WHAT YOU DESIRE AT THE MAGIC SHOP

Darlene Vanchura, MA, LPC-S, Private Practice, ASGPP;
Chi-Sing Li, PhD, LPC-S, LMFT-S, Sam Houston State University

You know that something has got to start happening in your life but certain traits keep you stuck repeating old patterns. What do you want, what keeps you from getting it, and what do you need to give up to obtain your desired qualities. Come learn how “The Magic Shop” helps us do some old fashioned soul searching to find what intangible trait must be relinquished to make room for a desired quality to adopt.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the Basic Process in using the Magic Shop concept through direct participation in the process;
2. Identify the purpose and strategy of using The Magic Shop.

89 PROBLEM SOLVING THEATRE PRESENTS ACTION SCENES FOR HEALING FROM PTSD

Meg Givnish, PhD, TEP, Behavioral Health of the Palm Beaches, ASGPP

Participants will experience improvised scenes enacted by Certified Therapeutic Thespians. These traumatic situations, suggested by members of the audience, will demonstrate the true healing power of Psychodramatic techniques such as role reversal, supportive doubling, and group sharing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply specific experiential interventions while working with clients who suffer from varying degrees of traumatic stress;
2. Recognize the power inherent in "acting in" as a tool for transforming powerlessness into self-empowerment.

90 BALANCING ON A TIGHTROPE: USING EXPRESSIVE ARTS REGARDING PROFESSIONAL BETRAYAL

Margo Fallon, PhD, MA, BSE, Director: Artful Interventions, Member APA

How can one deal with other professionals or psych organizations doing harm through deliberate actions or neglect? Participants will be able to identify and utilize specific art, role reversal, and processing techniques while addressing/aiding their own and/or client professional betrayal issues. Information on workplace laws will also be available.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and utilize 3 art warm-ups demonstrated by presenter;
2. Create an art therapy activity regarding betrayal, and explore it using the progression of psychodramatic role reversal, and a final art support shield.

3:00 pm - 6:00 pm AFTERNOON WORKSHOPS

94 BRAIN WAVES OF CHANGE: UNDERSTANDING TRAUMATIC BRAIN INJURY AND PTSD

Deborah Karner, MSS, LCSW, PAT, Private Practice;
**Colleen Baratka, MA, TEP, Looking Glass Counseling, The Renfrew
Center**

Concussion. It's a word we know but do not really understand the complexities and long term effects. Trauma, similarly, is complex and individualized. If not diagnosed and treated, they can lead to serious depression and anxiety. This workshop will actively explore both the strengths and limitations of action methods with TBI and PTSD and demonstrate the brain's reaction to external and internal stimuli.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate the likeness and difference between TBI and PTSD symptoms;
2. Explain the efficacy of experiential modalities in treating co-occurring PTSD and TBI.

95 SEX AND SPIRITUALITY: A PSYCHODRAMATIC JOURNEY

Natalie Winters, EdD, TEP, ASGPP, NCPA, Private Practice

The purpose of this workshop is to discover the meaning of sacred relationships. Through the use of psychodrama and the Cosmic Spiral of Creativity®, we will explore sex for its own sake, and sex in intimate relationships, which requires taking risks and building trust. This workshop is didactic and experiential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define a sacred relationship through the use of information provided in lecture and through role reversal;
2. Examine their own spirituality historically as it impacts sexual relationships.

96 INTEGRATING MASCULINE AND FEMININE ENERGIES FOR SELF AWARENESS

Mimi Moyer, BC-DMT, NCC, LCAT, INOVA Hospital, Private Practice

Integrating Assertive/Masculine energies and Receptive/Feminine energies, opposite and yet complimentary, possessed by each of us. This workshop will focus on integration and balancing of these Energies. We'll use Sociometry, Breath work, a movement experiential with Assertive/Masculine efforts and Receptive/Feminine efforts, a guided Imagery, and brief enactment. Participants will learn where they are at energetically, and what needs balance so they can lead more creative lives.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate 3 Breath exercises for balancing Masculine/Feminine energies in the body;
2. Recognize Receptive/Feminine efforts and Assertive/Masculine efforts, and use/apply or them in the appropriate life situation/role.

91 THE VISION BOARD: YOUR PERSONAL TREASURE MAP

Ronald C. Collier, LCSW, TEP, Psychodrama New Jersey;
Scottie Urmey, LCSW, TEP, Psychodrama New Jersey

Vision Boards are a personalized treasure map which illuminate our goals, dreams, and aspirations. It is a powerful group warm-up which focuses on what we need and want and prioritizes the steps to achieve success. In this workshop, participants will create a vision board and in a psychodrama will use it to discover supports, remove obstacles, and guide us to our life's treasures.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the tool of a vision board exercise to warming up a group and preparing them for a future projection psychodrama;
2. Describe two ways that a vision board exercise assists a psychodrama director in identifying a group's central concern and act hungers.

92 THE COGNITIVE PSYCHODRAMA GROUP MODEL

**Tom Treadwell, PhD, CGP, TEP, West Chester University of
Pennsylvania Center for Cognitive Therapy; Univ of Pennsylvania;**
**Deborah Dartnell, MSOD, MA, Adjunct Professor West Chester
University, West Chester, PA;**
Ainsley Stenroos, MA, West Chester University

The Cognitive Psychodrama Group Therapy (CPGT) model, [an action model], incorporating psychodramatic and cognitive behavioral techniques that promote dynamic group interaction(s). Focus is identifying and exploring negative automatic thoughts and irrational beliefs, placing them in action utilizing psychodramatic techniques, and challenging negative thinking. Integrating Cognitive Behavioral Therapy (CBT) techniques allied with psychodramatic techniques help provide a balance between an exploration of emotionally laden situations and a more concrete, data-based, problem-solving process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how The Cognitive Psychodrama Group Therapy (CPGT) model can be used to create a safe and secure environment where individuals can share their dilemma(s) without restraint;
2. Explain how to complete & interpret the Automatic Thought Record (ATR).

93 FAMILY THERAPY IN ACTION

Paula Ochs, LCSW, PAT, Chrysalis Clinical Supervision & Training

This workshop will explore the family life cycle in action. Participants will see in 3 dimensions how critical junctures in the family life cycle can lead to problems. Special focus will be placed on triangles.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Participants will be able to identify critical junctures in the family life cycle;
2. Participants will be able to identify problematic triangles in family relationships.

97 THE POWER OF PETS: BALANCING AND ENHANCING OUR LIVES

Bernice Garfield-Szita, MS, LPC, TEP, GIERS;
Robert Szita, MS, LPC, TEP, GIERS

Pets, whether they are dogs, cats, horses, birds, or others, often fill an important role in our lives. Pets can be our best friend, a source of unconditional love and affection, or our connection to a larger spiritual oneness. The attachment to a dog or a pet can affect us deeply. This classic psychodrama session will include a warm-up, action, and sharing to facilitate the exploration of the profound meaning of pets in our clients' and our own lives.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Design 2 effective warm-ups relating to attachment and loss;
2. Utilize role reversal to demonstrate understanding of the bond between a client and their pet.

98 HEALING OUR SPIRITUAL WOUNDS

Arlene Story, LMHC, TEP, Trainer & Consultant

Spiritual wounds are often "soul wounds" that keep us from becoming the fully functioning person we were created to be. This workshop will focus on identifying those wounds and developing healing strategies to address them. There will be a didactic presentation, however, most of this workshop will be experiential to allow participants to evaluate their own healing strategies. A psychodrama will demonstrate one of the many ways to begin this healing process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the ethics of doing "soul wound" psychodramas;
2. Identify and explain three strategies for healing "soul wounds".

99 VAJRAYANA PSYCHODRAMA: ROLE THEORY, COMPASSION & BUDDHIST MEDITATIONAL DEITIES ▲ ■

Herb Propper, TEP, Kagyu Thubten Choling monastery

Action exploration of the congruent relationship between Role Theory and Vajrayana (Diamond Vehicle) Buddhism, with special attention to psychodramatic roles that help or hinder empathy and compassion. Introduction to 2 Buddhist meditational deities, especially related to compassion. Through role reversal with these deities, there is an opportunity to discover personal roles that can manifest their presence in our lives. Use of mind-calming and focusing meditation practices as warm-up.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain present or potential roles for expanding and deepening their own empathy and compassion;
2. Describe essential aspects of the Buddhist concepts of Emptiness of Self and Compassion and their relation to Role Theory.

100 CHARACTER STRENGTHS: ACTION EXPLORATIONS AND THE SEGURA STRENGTHS CLUSTERS MAP

Nancy Kirsner, PhD, CPP, TEP, Private Practice, South Florida Center for Psychodrama and Groupwork;
Phoebe Atkinson, MSC, BCC, CIPP, Whole Being Institute, Private Practice

Positive Psychology (PP) and Action Methods fit together like hand and glove. In this workshop, we will be introduced to a cornerstone of PP research and practice: the VIA Category of Character Strengths Free Character Strengths Study at VIA Character. We will explore how action methods can be used to enhance this VIA tool. Through use of action we will amplify our signature character strengths so that we can improve our levels of engagement, productivity and happiness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and apply our top signature strengths using narrative practices in action;
2. Demonstrate the VIA strengths as constellations, using the interactive Segura Strengths Cluster Map.

101 EXPERIENCING PRE-NATAL WORK

John Skandalis, LMHC, TEP, Private Practice

In this workshop you will learn about the influence of pre-natal experiences on our development and later lives. In addition, you will come away with the theory and techniques to help clients explore and repair early attachment trauma.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the impact of pre-natal experiences on later life development;
2. Describe the process involved in using mild hypnotic trance induction and its use in pre-natal work.



6:15 pm - 7:00 pm

CLOSING CEREMONY

With sand in our shoes, the colors of the sunset imbedded in our soul, we close the conference and carry the many treasures we have gained, nourished and refreshed until we come together again in 2018.

OPEN EVENT