



SATURDAY May 6, 2017

7:00 am - 8:00 am 12-Step Recovery Meeting
 7:30 am - 7:00 pm REGISTRATION & EXHIBITS
 7:30 am - 3:15 pm SILENT AUCTION – Bidding ends at 3:15
 3:15 pm LIVE AUCTION

8:00 am - 9:30 am **KEYNOTE ADDRESS: MARIA SIROIS, PsyD**
The Art of Rising: Thriving While Treating Others

Positive Psychology, as the study of human beings at their best, brings to us the science of thriving. So much good can be learned from the tools and principles of this science that nourish growth, happiness and contentment. Yet, as clinicians, coaches, caregivers, and guides, we are called to thrive while in the constant presence of suffering. To do our work well we must learn to not only move toward practices that lift us, but those that strengthen us and bring us closer to our authentic selves. This is the territory of resilience. In our conversation, we'll consider where the study of resilience and positivity intersect and explore approaches that engender flourishing as well as an increased capacity for calm, clarity, uplift and vitality. And we'll discuss why moving toward a more authentic self is essential in elevating resilience.

Learning Objectives. After attending, participants will be able to:

1. Define negative thought habits;
2. Describe the benefits of optimism as foundational to resilience.

8:00 pm - 10:30 pm **SATURDAY NIGHT EVENTS: Zerka T. Moreno Sunset Celebration and Drum Circle on the Beach - Open Events**

10:00 am - 1:00 pm MORNING WORKSHOPS

37 SOCIATRY: BECOMING THE WAVE OF CHANGE

Edward Schreiber, DD, LADC1, TEP, Zerka T. Moreno Foundation, Lesley University; Sarah Kelley, MA, Zerka T. Moreno Foundation, Lesley University

At the center of Moreno's work is Sociatry, a way to awaken to the wholeness of life found within ourselves and within the group. Sociatry shows the underlying intelligence that has dynamic impact on all of mankind. This intelligence reveals global social structures that emerge within the group. This workshop, this experience, awakens us to our connection with this intelligence and to all life. Sociatry is both dynamic action and powerful theory.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate understanding through direct experience and discussion the ideas and action method of Sociatry (healing society);
2. Recognize the intelligence that moves and orchestrates the sociometry as fundamental to healing.

38 HOW TO HAVE A GOOD GOODBYE

Rebecca Walters, MS, LMHC, TEP, Hudson Valley Psychodrama Institute, MD Anderson Cancer Center University of Texas

Goodbyes are not well handled well in our society. Sometimes we are able to do closure with the actual person we are leaving. If that person is not available we can do it psychodramatically. Closure theory gives us a road map to allow for all aspects of closure to be fulfilled. Psychodrama gives us the tools to do this well. We will look at closure in action in groups, in individual work, and in life.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify four out of the six stages in closure theory;
2. Differentiate between closure and regrets and identify one action structure to address each.

39 SOCIODRAMA FOR OUR TIME ▲ ■

Rosalie Minkin, LCAT, ATR, TEP, Private Practice, Author

Sociodrama, one of Moreno's major contributions, is a complex and exciting way to form group interactions around a central social issue. A sociodrama provides group members an opportunity to enact/play out issues related to the social issues. There is a procedure for introducing sociodrama to the group and four main structures used to form the action of the enactment. This is followed by characters sharing in the role, deroling, personal sharing, and integration.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the 4 stages used by a director to initiate the roles and issues of a sociodrama;
2. Explain which stage is appropriate for the issues and themes of a group.

40 AGEISM: THE SILENT EPIDEMIC

Elizabeth Plummer, PhD, TEP, Regional Clinical Director Aegis Treatment Centers

Ageism colonizes the individual and collective psyche. It tells us that aging bodies are unacceptable, aging faces must be cut, stretched, or inflated to be thought attractive, and that minds deteriorate after the age of 20. Worse still, ageism implies that joy, creativity, and passion are only for the young. This workshop will explore this mass cultural delusion and challenge participants to consider aging as an exciting journey to be made consciously, with passion and integrity.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe specific tools that can reduce age-phobia and foster the development of healthy maturity;
2. Develop and learn how to implement a personal conscious-aging plan.

41 ADAPTING MORENO'S SOCIAL ATOM FOR CURRENT PSYCHOTHERAPEUTIC PRACTICE

Robert Siroka, PhD, LMFT, Sociometric Institute

Moreno's concept of the Social Atom has a long history. This workshop will serve as an introduction for those unfamiliar with the technique and a revisit for those familiar with both theory and method. Theory, technique, and practical application will be addressed.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the elements of Moreno's Theory of the Social Atom;
2. Apply the technique in practice.

42 A JOURNEY WITH ALICE IN WONDERLAND THROUGH DREAM SOCIOMETRY ▲

Daniela Simmons, PhD, PAT, Expressive Therapies Training Institute (ETTI), University of North Texas

The workshop will introduce the Dream Sociometry modality created by Joseph Dillard, based on the classical sociometric methodology. Dream Sociometry means "the measurement of groups found in dreams" and assumes that dream characters, life events, and mythic themes can be creatively approached as members of our internal social networks. Dream Sociometry has been used in the treatment of various psychological disorders and relationship and career counseling. A theoretical framework and action explorations of the modality will be demonstrated.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the specific "steps of injunctions" contained within the Dream Sociometry;
2. Demonstrate the modality through action sociograms and various psychodramatic techniques.

43 IDENTIFYING ROLE MODELS WHO INFLUENCED OUR DEVELOPMENT USING SOCIOMETRY AND PSYCHODRAMA

Nan Nally-Seif, LCSW, TEP, Co-Director, Psychodrama Training Institute, a division of the Sociometric Institute, New York, Private Practice

This workshop will investigate role models, who were centers of influence, guides, and who shaped our current lives. Using sociometry, action method techniques, we will explore these role models. We will identify the differences, unfinished business, gratitude, and acceptance with the people who have been instrumental in our lives. We will do a full psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify role models in clients' lives by applying (or using) sociometric tools;
2. Examine the influence of role models on clients' lives through use of psychodramatic action.

44 PSYCHODRAMA IN INDIVIDUAL THERAPY

Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute; California Institute of Integral Studies (CIIS); Susan Powell, OTR, TEP, Centerwood Psychosocial Services and Psychodrama Training Institute

Incorporating experiential methods into working with individual therapy can enliven and inspire both client and therapist. Participants will learn practical action techniques, drawn from psychodrama, including role-play, use of props, circle of strengths, and the action timeline. Attention will be given to warm-up, action, and closure of each session. Therapeutic goals will inform the use of each intervention. Participants will practice techniques, taking the role of therapist, client, and witness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply at least 3 psychodramatic methods to your work with individuals;
2. Demonstrate moving from talking to action, from the therapist chair to the action or stage area.

45 SOPHIA MEETS KALI

Deborah Shaddy, LCPC, LMHP, TEP, Sophia Center, Hudson Valley Psychodrama Institute

Transformational change, whether personal, societal, or as in the vision of J. L. Moreno, the whole of mankind, brings upheaval and the potential for destruction. Kali is a powerful Hindu Goddess who's dance is that of destruction. She destroys what no longer serves us and reminds us that periods of chaos and destruction inevitably precede new birth and life. Sophia, Greek Goddess of Wisdom, brings the sensitivity to successfully navigate the chaos of change. Participants in this workshop will have the opportunity to experience the use of psychodramatic wisdom figures in their own lives and the use of this psychodramatic structure for those they serve.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the steps in the structure of using psychodramatic wisdom figures;
2. Identify two situations when this structure is appropriate

46 PSYCHODRAMA AND DRAMA THERAPY: A CREATIVE CONNECTION

Heidi Landis, RDT/BCT, LCAT, TEP, Creative Alternatives of New York, Lesley University

What is the difference between drama therapy and psychodrama? Can the two methods work with each other with the needs of the client in mind? In this highly experiential workshop, we will explore similarities and differences, and experience innovative action techniques. Explore how drama therapy uses metaphor to create a safe container for diverse and difficult feelings, experiences, and thoughts and how these techniques can be used as warm-ups and enactments in psychodramas. Participants will experience both drama therapy interventions and a psychodramatic experience in this workshop.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define drama therapy and psychodrama and understand the differences between the two modalities;
2. Learn 2 concrete drama therapy techniques for use in practice.

47 WHAT WE ALL NEED, WHAT WE ALL WANT: HAPPINESS AND SERENITY

Maria Sirois, PsyD, Wholebeing Institute, IPPA

"Happiness Depends on Ourselves," *Aristotle*

Rigorous research exists to support the notion that we do better when we are able to create pathways of positivity, optimism and calm within us and around us. We'll explore the tenets of Positive Psychology that support increasing happiness and serenity and examine how barriers to positive change impact our wellbeing. Specifically, we'll address the benefits of mindfulness practice, changing negative thought habits, and daily positivity boosts (such as reducing negative social comparison). Attendees will have ample opportunity to learn skills as well as discuss how to apply them in their work and at home.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explore reduction of negative thought habits through mindful prompts;
2. Define the practice and benefits of mindfulness as it elevates resilience.

1:30 pm - 3:00 pm
90-MINUTE WORKSHOPS

48 SMARTPHONES IN SESSIONS: TRANSFORM INTRUSION TO ENGAGEMENT

Marlo Archer, PhD, TEP, Arizona Psychodrama Institute;

Grayce L. Gusmano, MMFT, LPC, CP, Arizona Psychodrama Institute

Explore, in action, situations that arise in individual sessions related to client use of smartphones. You'll learn psychodrama philosophy and psychodramatic interventions to transform intrusions into engagement without taking on a shaming parental role. You'll also have a safe place to process your own responses to smartphones and clients' use of them in sessions.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify 5 types of smartphone session intrusions;
2. Describe 5 psychodrama techniques or philosophies useful in transforming intrusions into engagement.

49 TREASURES OF A QUEEN: THE STORY OF ESTHER ▲

Jodi Greanad, LPC-Intern, Terrell Counseling, Inc;

Lori Martin, MS, LPC-S, Terrell Counseling, Inc

Workshop participants will learn about the similarities and differences of Psychodrama and Bibliodrama. The group will explore the story of Esther using sociometric exercises and psychodrama techniques such as scene setting, concretizing, and doubling. Bibliodrama techniques such as commentary, voicing, and group characterization will be used to investigate the story. Interaction intends to create connection to the thoughts and emotions of the characters, insights into the scenes, and allow for practice of techniques.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate specific Psychodrama and Bibliodrama techniques;
2. Identify methods in both modalities that can be used in individual and group settings.

50 PRIVILEGE IN ACTION ▲ ■

James Pennington, MA, PLMHP, LAC, Heartland Family Service

Privilege is a special advantage available only to a particular person or group of people. However, privilege can be difficult to identify, as it tends to be invisible to individuals who have it. This workshop will use socio-drama to identify and explore both the experience of privilege, and the experience of those who lack privilege.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the ways that they experience relative privilege in their lives;
2. Identify methods in both modalities that can be used in individual and group settings.

51 PSYCHODRAMA AND HYPNOSIS: BEING DEEPLY IMMERSED

Cindy Levy, LMHC, CHT, PAT, Practitioner, Westside Wellness Center, Olympia, WA, Private Practice

When the protagonist re-enacts a story and acts "as if," she enters an altered state, as do group members who are relating to the work. There is a mix of individual trances in a collective field. Participants suspend critical thinking and open to new ways of acting, knowing, and being. These enhanced states allow greater access to one's spontaneity, creativity and resourcefulness.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the physical and behavioral signs of trance that may spontaneously occur during psychodrama and psychomotor therapy;
2. Demonstrate the use of hypnotic language in your directing to help the protagonist and group members immerse more deeply into their experiences.

52 PASSIONATE PURSUITS: INSPIRING TEENS AND COMMUNITIES THROUGH MUSIC AND THEATRE

Cynthia Freeman-Valerio, MA, LPC, Creative Therapy Unlimited, ARTSOUL, Inc.

This workshop will present a successful model of engaging local youth in positive forms of self-expression through the performing arts. This director and producer of The Taos Community Annual Night of 1,000 Stars Youth Talent Show, in its 12th year, encourages multicultural youth to audition, rehearse, and perform live on stage while giving diverse teenagers leadership roles in the production of these shows. Warm-ups, sociometry, sharing information, and video performances will engage, enlighten, and encourage potential community replication.

Learning Objectives.

After participating in this workshop, participants will be able to:

1. Identify how to envision, create, produce and direct a performing arts showcase for local youth that inspires local youth and families and works in diverse communities;
2. Apply the information and skills learned into replicating a performing arts showcase with local youth in the diverse communities of the workshop participants.

53 NAVIGATING THE ROLE OF PHYSICAL PAIN

Kaya T. Kade, LPC, CDMS, TEP, Kade and Associates

Pain changes us, Medical pain specialists recognize that chronic pain begins to have a life of its own and sets up a feedback loop that buries deep into a person's physiology. The psychodramatic role of physical pain illustrates this process as it, too, buries deep into our psyche as it attaches to the negative introjects that plague our well-being. The role of physical pain can be both destroyer and liberator.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish the difference between acute and chronic pain;
2. Recognize the effects of chronic pain.

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54 JOURNEY THROUGH THE THREE INTERACTIVE LIVING STAGES IN PSYCHODRAMA SUPERVISION ▲ ■

Adam Chi-Chu Chou, PhD, TEP, Feng Chia University, Taiwan Association of Psychodrama

This workshop demonstrates a model for psychodrama group supervision that encompasses a continuous multi-layer role reversal among the three interactive living stages of the supervisee: 1. supervision group, 2. the work setting of supervisee (psychodrama trainee director), and 3. supervisee's living world, which includes life experience, personal beliefs, and relationship among supervisor and supervisee. The supervisor, supervisee, and the group re-enact and co-construct those living stages by using role play, mirroring, sculpture, soliloquy, and other psychodrama techniques.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify elements of the three interactive living stages and deepen the process of supervision;
2. Apply the techniques of multi-layer role reversal in group supervision.

55 AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR ▲

American Board of Examiners

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

56 "GROUP PSYCHOLOGY" ABPP RECOGNITION CONVERSATION HOUR

Rob Pramann, PhD, ABPP (Group Psychology), TEP, Christian Counseling Centers of Utah, Journey Healing Centers

What do psychologists practicing psychodrama have to offer the profession of psychology? What does psychology offer to us? What do we have to prove? The American Board of Professional Psychology (ABPP) is the primary organization for specialty board certification in psychology and recognizes specialization in "Group Psychology." The licensure process assesses knowledge, whereas board certification evaluates competency in applying knowledge. This session will highlight the benefits, challenges, requirements, and a personal experience of the ABPP process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the pros and cons to pursuing the ABPP process in Group Psychology;
2. Identify specific concerns in pursuing the process.

57 HISTORY OF PSYCHODRAMA IN CUBA: STARTINGS AND BEGINNINGS ▲ ■

Nancy Rial Blanco; Evarina Deulofeu Zamorano

We will start with the beginnings of Psychodrama in Cuba, set in the 1950s. We will examine and discuss the relationship between Cuban professionals and researchers with J. L. Moreno, which reached its climax with his visit to Cuba alongside Zerka Moreno in the early 1960s. The relationship was interrupted until 2008, particularly in 2011 and 2013 when ties were rekindled when the speaker interviewed Zerka Moreno and his followers.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the link between the history of psychodrama in Cuba and its origins with J.L Moreno;
2. Explain how ties are resumed between the Cuban professionals and researchers with the followers of Moreno's work, particularly with Zerka Moreno.

58 ZERKA T. MORENO AND THE OTHER TEPs TRAINING IN TAIWAN ▲ ■

Nien-Hwa Lai, PhD, TEP, Associate Professor - Department of Psychology and Counseling at National Taipei University of Education; Wen-Chin Wang, PhD, PAT; Chih-Liang Wang

This is a documentary about Zerka T. Moreno and the other TEPs training in Taiwan to promote psychodrama. TEPs include Gong Shu, Dorothy and Matt Satten, Kath Huggins, Cora Remer, Patti Remer, and Marcia Karp.

CLOSED

3:30 pm - 6:30 pm AFTERNOON WORKSHOPS

62 SHOOTING THE PIER: PSYCHODRAMA & EVIDENCED BASED PRACTICE IN DIRE STRAITS

59 GIVE A SHIFT: CHANGING FOR THE BETTER

Stephen Kopp, MS, TEP, St. Luke Institute, Dreamer2Doer;
Estelle Fineberg, LCSW, LMFT, TEP, Private Practice

The dynamics of change separate into specific stages (Prochaska, Norcross, DiClemente). Effective change happens through a series of manageable steps. Each stage holds unique challenges needing specific strengths and resources. Using action, we'll journey these paths of change you walk with clients. From a positive psychology approach, we'll identify what resources facilitate shifting to the next stage. Come along as we map stages for positive change, shifting these into a psychodrama. Join us and find our resources for change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the stages of change as applicable to specific client issues or problems;
2. Identify two strengths that can apply to stages of change and ways to incorporate them in clinical work.

60 INTEGRATING MINDFULNESS AND MORENO

Jacqueline Siroka, LCSW, TEP, The Sociometric Institute,
Psychodrama Training Institute

There are 4 principles for transforming difficulties taught in Western mindfulness retreats. The acronym is RAIN. It was introduced by Michele McDonald 20 years ago. RAIN stands for Recognition, Acceptance, Investigation, Non-Identification. The inner exploration using RAIN paired with the triadic system (Psychodrama, Sociometry, and Group Psychotherapy) combines meditation with active investigation, sociometry and group process. This will be demonstrated, taught experientially, didactically. Join us as we continue to integrate Eastern and Western pathways to healing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and experience the difference between inner directed (meditation) and outer directed (action) learning;
2. Identify steps in bringing meditation into the action space.

61 DIAMOND OF OPPOSITES: A FRIEND FOR ALL

Stacie L. Smith, MA, LPC, Sacred Journey Counseling, Bridging Harts
Institute & Psychotherapy

As the ASGPP Conference celebrates its Diamond anniversary, this workshop will celebrate the Diamond of Opposites through the exploration of this unique, decision-making, action structure and the psychodramatic scenes that emerge from it. Participants will partake in the Diamond of Opposites to engage a variety of directing opportunities in both group and individual work. Participants will also explore ways in which the Diamond of Opposites enriches decision-making by moving from cognition to action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify ways to use the Diamond of Opposites in group and individual sessions;
2. Describe the movement that occurs in the decision-making process when using the Diamond of Opposites.

Craig Caines, LCSW, TEP, Birmingham Action Centered Therapy (BACT);
David Angwin, MSW, LMSW, Birmingham Action Centered Therapy (BACT)

Like the changing tides, psychodrama has highs and lows. This workshop offers psychodramatists an introduction to Partners in Change Outcomes Measurements Systems (PCOMS), an Evidenced-Based Practice (EBT) that assesses the effectiveness of your practice in situ. PCOMS uses easy-to-administer scales that couple well with psychodrama. How to integrate psychodrama and PCOMS will be demonstrated using vignettes.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the Outcome Rating Scale (ORS) and the Session Review Scale (SRS) and how to use them;
2. Explain how to integrate PCOMS (an EBP) and psychodrama to assess the effectiveness of your psychodrama practice based on the client's responses in an individual or group session.

63 POLYVAGAL PSYCHODRAMA

Michael Gross, RADT-II, PAT, Independent Contractor;
Melinda Cornish, LCSW, PAT, Private Practice

Polyvagal theory, a model of how the autonomic nervous system modulates experience and expression of emotional and social behavior, provides a valuable framework for conceptualizing the therapeutic window between hyper- and hypoactivation, tracking protagonists and other participants in psychodrama sessions, and helping the Director maintain awareness of her/his somatic responses. This session will present the framework of polyvagal theory and explore it in action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate and conceptualize somatic indicators of hyperactivation and dissociation in self and among clients;
2. Identify and apply appropriate techniques to help self and clients regulate between states of hyperarousal and hypoarousal.

64 PASSING TONES: WHAT MUSIC (AND MUSICIANS) CAN REMINDE THE WORLD ABOUT TENSION, CONFLICT, RESOLUTION, AND EVOLUTION

Anna Schaum, LPC, PAT, Dramatic Changes, Portland, OR;
Adam Petty, LAC, CET II, ASGPP

Much of what makes music a universal language is its constant and natural flow between harmony, disharmony, and resolution. One needn't have taken music appreciation or learned to play an instrument to experience the immediate effects of music's tension and release on the nervous system. Join two highly seasoned classical musicians for a dynamic demonstration and experiential practice session designed to expand individual and group tolerance for conflict, awareness of the sound stage, and resolution skills.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define "tension" and "resolution" from musical, interpersonal, and neurobiological perspectives;
2. Explain one way the science of sound can be included to improve patient outcomes.

65 SWIMMING BETWEEN THE TIDES AND EDDIES, REGULATING THE GROUP'S NERVOUS SYSTEM

Rebecca Ridge, PhD, LMT, TEP, ASGPP, ANZA

When swimming between the tides and eddies of distressed nervous systems in a group culture, it's imperative for a psychodramatist to create a safe enough space both within the group culture and in the body mind of the group members. In this workshop, you will learn appropriate somatic interventions that soothe and down regulate the nervous system. The body alchemy of psychodrama provides a calm inner sea for deep developmental repair to occur.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how a dysregulated nervous system contributes to the ongoing distress in a client or group;
2. Apply appropriate somatic interventions that can be used in a group

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66 PSYCHODRAMA AND CODEPENDENCY: PIA MELLODY'S DEVELOPMENTAL IMMATURITY MODEL

Karen Drucker, PsyD, TEP, Naropa University, Private Practice; Lin Considine, LMHC, TEP, Brown and Considine Counseling and Consulting

This workshop will introduce participants to Pia Mellody's Developmental Immaturity Model, which is quite useful for working with codependency, addictions, and developmental trauma. Participants will experience and apply the model in their own life and see the intersections with psychodrama. We will then direct a psychodramatic vignette demonstrating the role of the "functional adult," a core concept in Pia Mellody's model.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe Pia Mellody's 5 core issues that contribute to developmental immaturity;
2. Explain the role of the functional adult to clients.

67 DIVING INTO LIFE'S WAVES

Dena Baumgartner, PhD, CGP, TEP, AGPA, IAGP

This workshop will use psychodrama and sociodrama to dive into the waves of life. In looking at the tsunami waves that have hit our lives, we will work to find the treasures that will help us to keep swimming in life's waters. Participants will experience the choosing of a protagonist by using the Central Concern Model, metaphor, and sociometry. Please come and play in the waters of psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain how a metaphor can be used to unlock emotional issues;
2. Describe the three stages of a psychodrama and two techniques that help to unlock information.

68 PSYCHODRAMA AND SOCIOMETRY MEETS THE WORK THAT RECONNECTS ▲ ■

Donna Little, MSW, TEP, Toronto Centre For Psychodrama, Private Practice

The work that reconnects, developed by Eco-Philosopher Joanna Macy, has helped hundreds of thousands of people around the globe to find creativity, solidarity, and the courage to act. Deepening global crisis surrounds us, causing many to fall prey to denial and despair. The WTR shows us how grief, anger, and fear are healthy responses to the harsh realities of our time, and when honored, will free us from paralysis and empower us toward creative action.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the steps involved in reconnecting with self and others;
2. Explain how to reframe pain for the world into courage to act.

69 RELATIONSHIP TRAUMA REPAIR: AN EXPERIENTIAL MODEL FOR TREATING CHILDHOOD TRAUMA AND PTSD

Tian Dayton, PhD, TEP, Director, New York Psychodrama Training Institute

Research in neurobiology has made clear that our emotions are experienced and processed by the body as well as the mind, and that healing from the kind of trauma that living with addiction engenders requires a mind/body approach. Psychodrama and sociometry allow the body to participate in the therapeutic milieu. In this experiential workshop, we'll look at how to use sociometry to explore issues related to trauma and addiction, as well as to "warm up" a group and connect them with each other and their personal "stories."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Expand a restricted range of affect that can be the result of trauma;
2. Explain at least two ways to teach and develop emotional literacy and emotional intelligence.

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8:00 pm - 8:30

Zerka T. Moreno Sunset Celebration

Gather at the edge of the water for a sunset ritual to celebrate Zerka's life with music, poetry, and a gratitude blessing.

OPEN EVENT

8:30 pm - 10:30 pm

Drum Circle on the Beach

You may wonder, "Can I really play a drum? Will it sound good? Will I have FUN?" In the words of Moreno: the answer is YES! YES! YES! Guided by Drum Circle facilitator Jana Broder, we'll experience a magical evening of drumming and dancing by the light of the moon! Drums are provided and no drumming experience is required.

OPEN EVENT