



THURSDAY, April 19, 2012

8:00 am - 6:00 pm REGISTRATION

9:30 am - 5:30 pm PRE-CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.

6:00 pm - 7:30 pm President's Reception / Opening Ceremony Follows Reception - Open Event

9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES

1 INTERFACE OF PSYCHODRAMA AND IFS

Judy Swallow, LCAT, CRS, TEP, Hudson Valley Psychodrama Institute; Joanne Gaffney, RN, LICSW, IFS Therapist, Gaffney-Livingstone Consultation, Provincetown, MA

The Internal Family Systems Model (IFS) of Therapy is a dynamic, interactive model of healing where the client accesses his/her own Self Energy to form an energetic relationship with the Parts that are sensed, felt or triggered. Intrapsychic psychodrama explores the client's internal roles that have been created by necessity or introject.

2 PSYCHODRAMA & SHIATSU: TOWARD HEALTHY GROUNDED ENTITLEMENT

Susan Aaron, BA, RMT, Canadian Psychodrama Certification, Susan Aaron Workshops; Paul Hyciek, Co-trainer Psychodramatic Bodywork
Psychodrama can help us to reclaim our birthright of healthy entitlement but how much entitlement is a body allowed? Too much or too little both create problems. How much is just right? Our bodies know the answer. Using the shiatsu meridian system to inform us and in combination with psychodrama we can explore our own truth and come fully into our own balance of appropriate entitlement.

3 PSYCHODRAMA & CREATIVE ARTS THERAPY: A COLLABORATION FOR HEALING TRAUMA

Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & Creative Arts Therapy, NYC

Working with trauma survivors is challenging for any creative arts therapist. We will look at how to approach this challenge using psychodrama and other creative arts therapies: art, music and movement, to help the clinician find the therapeutic window where safe, meaningful work can be accomplished. We will learn to develop skills before affect, building a safe container in the group minimizing the risk for re-traumatization. The workshop will be experiential and didactic.



4 PSYCHODRAMA AND COACHING: WHO, HOW, WHAT

Phoebe Atkinson, MSW, CEG, TEP, Rutgers University Institute for Women's Leadership; Uneeda Brewer-Frazier, MSW, ACC, TEP

Decades of research on achievement suggests that successful people reach their goals when they can grasp both their 'why' and their 'what'. In this workshop we will harness Moreno's concepts of choice and creativity and combine these with an assortment of complementary tools from the world of coaching. Through action learning participants will build skills and identify how to apply this knowledge in both personal and professional settings.

5 ENCOUNTER WITH WISDOM AND COMPASSION: PSYCHODRAMA MEETS DBT

Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute

DBT invites us to recognize our Wise Mind. People who have been wounded and/or traumatized by abandonment, physical, emotional, and/or sexual abuse often lack the internal compassionate images that can self-soothe, guide and nurture. They struggle to connect to a positive spirituality and to a hopeful view of the future. Psychodrama offers the chance to concretize personal fantasy in developing the wise mind that is essential to move into the future with courage and spontaneity.

6 FAMILY-OF-ORIGIN WORK: APPLYING ACTION METHODS TO SYSTEMIC THINKING

Jacob Gershoni, LCSW, CGP, TEP, Co-Director, The Psychodrama Training Institute New York, NY

The value and importance of doing one's work has been emphasized by leaders in the fields of family therapy and other schools of thought. The methods of achieving this have been varied; from coaching the individual to re-connect with his/her family of origin to multiple family reunions. Utilizing Action Methods, this workshop will demonstrate applications in training mental health professionals to do their own work and will offer tools to help clients in similar efforts.

7 THROUGH THE LOOKING GLASS: SEEING BEYOND EATING DISORDERS

Colleen Baratka, MA, TEP, Looking Glass Counseling, Bryn Mawr, PA; Sara Gibbs, MS, PhD, Looking Glass Counseling, Bryn Mawr, PA

There are many theories about why Eating Disorders develop. Experts agree that struggles with identity, a need for control, fears of growing up and of feelings are common to most Anorexics, Bulimics and Binge Eaters. This workshop actively explores the development of eating disorders using Moreno's Spontaneity Theory of Child Development in conjunction with neurobiological development. Participants will practice classical and TSM based skills to utilize with clients for the reduction of symptoms and improvement of body image.

9:30 am - 1:00 pm
MORNING PRE-CONFERENCE
HALF-DAY TRAINING INSTITUTE

8 **PSYCHODRAMA & SYSTEMIC CONSTELLATION WORK**

Karen Carnabucci, LCSW, LISW-S, TEP, Lake House Health and Learning Center, Racine, WI

Systemic Constellation Work is a rapidly growing experiential healing process that is based on the notion that people are connected by energies across time and space and the dead and the living. The beauty of this work is that it expands upon the theories that J.L. Moreno pioneered with his writings on tele and co-consciousness and today's energy psychology. Karen will show how these powerful experiential methods may be combined for deep and profound healing for people and their families.

2:00 pm - 5:30 pm
AFTERNOON PRE-CONFERENCE
HALF-DAY TRAINING INSTITUTE

9 **IMAGO MEETS PSYCHODRAMA & GENERAL THEORY OF LOVE**

Dan Tomasulo, MFA, PhD, TEP, New Jersey City University

Couples therapy as outlined in Imago therapy can be greatly enhanced with the tools of psychodrama. See a demonstration, and then practice the incorporation of these methods into couples work. A brief lecture will show how the use of these methods supports the development of a general theory of love.

6:00 pm - 7:30 pm
PRESIDENT'S RECEPTION
OPENING WELCOME

This opening reception welcomes EVERYONE attending the conference and serves as a special THANK YOU to Presenters, Volunteers and Session Assistants who have generously given their time and creativity to produce the 70th Anniversary ASGPP 2012 Conference.

OPEN EVENT



WE ARE ONE