



## SATURDAY April 30, 2011

7:00 am - 7:45 am YOGA  
 7:30 am - 5:45 pm REGISTRATION & EXHIBITS  
 8:30 am - 3:10 pm SILENT AUCTION

8:45 am - 10:00 am **KEYNOTE ADDRESS - BONNIE BADENOCH, PhD, LMFT**  
**MOVING TOWARD THE REALITY OF HOPE THROUGH NEUROSCIENCE**

**BONNIE BADENOCH, PhD, LMFT** integrates the discoveries of neuroscience with the art of psychotherapy. As a protégée of Daniel J. Siegel, her clinical work helps trauma survivors and those with significant attachment wounds reshape their neural landscape to support a meaningful and resilient life. Dr. Badenoch teaches in the Interpersonal Neurobiology (IPNB) program at Portland State University. She helped found GAINS (Global Association for Interpersonal Neurobiology Studies) and is editor-in-chief of its publication. Her books include: *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, and its companion, *The Brain-Savvy Therapist's Workbook*.

Discoveries about the brain during the last two decades have moved us in the direction of dramatically increased clarity about how to facilitate deep, permanent change with our clients, whether we meet them individually or in groups. Exploring the pathway from activating implicit memory to regulation and integration, we will look at the grounding and hopeful wisdom offered by the neuroscience of compassionate relationships.

12:45 pm - 2:45 pm **ANNUAL MEMBERSHIP MEETING** - (boxed lunch available – pre-order necessary)  
 8:15 pm **FACILITATED DRUM CIRCLE ON THE BEACH** - Open Event

### 10:30 am - 12:30 pm MORNING WORKSHOPS

#### 48 KEEPING IT REAL: PROBLEM SOLVING THEATRE

**Staci Block, MSW, LCSW; Director, Reflections Program, Bergen County Division of Family Guidance**

In this experiential workshop, participants will learn techniques used by the Reflections teen improvisational theatre program that “bridge the gulf” between the behind the scenes prep work and our interactive performances on stage. Audience members get a taste of reality as life conflicts are enacted. Next we give hope to numerous possibilities and put ideals into action as the actors, remaining in role, dialogue with the audience to generate alternative solutions for the enacted conflicts.

*This is a 2011 Award Winners Workshop*

#### 49 MIGHTY POWERS ACTIVATE!

# CANCELLED

#### 50 SOUL MOTION AND SOCIOMETRY: CONNECTING TO ESSENCE

**Karen Drucker, PsyD, TEP; Naropa University; Private Practice, Boulder, CO**

"Soul Motion is a meeting with self and others in a dance that is deeply nourishing, creative, intelligent, emotionally savvy, heartbreaking, soulmaking, spirited and transforming," writes Zuza Fowler, one of my beloved teachers. "Sounds like yoga, no? Yes? Movement and rhythm, music and stillness, will connect us deeply with ourselves and others. Deepen your experience of sociometry, exploring attractions and disconnects. Practice skills for moving fluidly — attuned to others while staying true to your own dance."

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#### 51 SOCIODRAMA: A DAY AT THE BEACH

**Kim Friedman, MA, LMHC, PAT**

This workshop offers a space to explore the beach environment from a personal and collective perspective. We will contemplate our roles as stewards of the Earth by warming up with natural objects and playing sociodramatically in the surplus reality of surf and sand.

#### 52 PSYCHODRAMA GOES TO THE MOVIES

**Pamela Goffman, LCSW, PAT; Psychodrama Institute of South Florida; Paul Lesnik, LCSW, PAT; Psychodrama Institute of South Florida**

Come experience a fun and inventive way to sharpen your psychodramatic and sociodramatic skills as we watch and re-do selected psychotherapy scenes from the movies. Participants will have an opportunity to formulate interventions by looking at dynamics such as personality, attachment, developmental theory, addictions, trauma and more as we utilize the group co-creativity that is sociodrama.

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**53 A LITTLE COMIC RELIEF**

**Erica Hollander, PhD, JD, TEP; Hollander Institute; Amna Jaffer, MA, TEP; San Jose State University**

Good humor is a sign of health. Some say laughter is the shortest distance between two hearts. The aim of this presentation is to demonstrate and explore some techniques for introducing a sense of humor into psychodrama. Participants will try ways of purposefully enacting and employing humorous perspectives on life situations with the aid of the group.

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**54 BRIDGING THE GULF TO THE NEXT GENERATION**

**Suzie Jary, LCSW, PAT; Fort Worth, TX; Private Practice; Career Transition For Dancers; Mary Catherine Molpus, LMSW; Athens, GA; Social Worker / Bereavement Coordinator, United Hospice**

As the next generation of therapists using action methods, we can put our ideals into action to develop our professional roles and a sense of community. Using sociometric and psychodramatic techniques, participants will have the opportunity to build connections, concretize act hungers and collaborate on a vision for the future. While geared to those aged 35 and younger, we welcome participants of all ages and experience.

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**55 BEYOND THE INTERGENERATIONAL BRIDGE**

# CANCELLED

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**56 THE PASSIONATE THERAPIST**

**Ann Smith, MS, LPC, LMFT; EX. Dir. Breakthrough at Caron, Wernersville, PA; Author, "Overcoming Perfection; The Key to a Balanced Recovery"**

Many talented therapists with great enthusiasm find themselves spent and exhausted after a few exciting years. This workshop will empower therapists to balance self care and passion in order to sustain their gifts, and the joy of using them, for a lifetime. Objectives: Know how to use process as a measure of success; how to conserve energy with spirituality; and guidelines for individual career care and planning.

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**57 STAGING ENACTMENTS THAT RESOLVE CONFLICT IN COUPLES**

**Daniel J. Wiener, PhD; Professor, Counseling and Family Therapy, Central CT State U; Co-Director, New England Center for Drama Therapy; Director, Rehearsals!**

Enacting a conflict from each partner's perspective while employing one's actual partner as an auxiliary is an extension of role reversal that develops perspective, promotes empathy, and points the way to novel

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**57 Continued:**

resolutions. Participants will first learn to assess types of conflict by attending to narrative fit, and then experience both the co-creation and resolution of conflicting narratives. Finally, they will learn practical techniques for staging therapeutic scenes in couples therapy

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**58 STRUCTURED PSYCHODRAMA**

**Bill Coleman, LMSW, TEP; Sierra Tucson Treatment Center, Tucson, AZ; HVPI**

Psychodrama Directors normally "follow the protagonist." Structured Psychodrama differs in that it has a predetermined format with a fixed beginning, middle and end. Particularly useful in institutional settings (both inpatient and outpatient), Structured Psychodrama quickly creates familiarity with psychodrama and helps to promote safety in the group. This workshop will teach two Structured Psychodramas which can be used in any milieu with any population.

**12:45 pm - 2:45 pm**

**ANNUAL MEMBERSHIP MEETING**

Come one, come all: from long standing members to the interested and not yet affiliated! Meet your Executive Council and learn about ASGPP's recent activities and plans for growth. Contribute your ideas and feedback and have an impact on ASGPP's future.

**(Box lunch provided for 3 day conference attendees. All others wishing to purchase please do so on registration form.)**

**3:15 pm - 6:15 pm**  
**AFTERNOON WORKSHOPS**

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**59 SHIFTING FROM DESPAIR TO HOPE: A BODY PERSPECTIVE**

**Susan Aaron, BA, RMT; Creator and Trainer of Psychodrama & Bodyworks; Martie Adams, LISW, CSW, PAT**

Unaddressed fear, despair and hopelessness become emotional and physical barriers held within the body which block the realization of our ideals. By addressing the unexpressed emotions and locating the somatic holding patterns, we can shift from an inability to manifest our goals towards empowerment and actualization. Using psychodramatic methods, we will join with our bodies in an exploration of moving beyond our blocks and fears towards creating the reality of our dreams.

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**60 UNITING PSYCHODRAMA WITH SYSTEMIC CONSTELLATION WORK**

# CANCELLED

## 61 THE WE THAT IS I: MEETING OUR INNER COMMUNITY

**Bonnie Badenoch, PhD, LMFT; Portland State University, OR; Consultant; Kate Cook, LPCC, TEP; Southwestern College, Santa Fe, NM**  
Presenting Badenoch's model which is rooted in interpersonal neurobiology, we will do a small art project mapping our 'inner communities.' In action, we will then explore ways that awareness of our inner communities diminishes the possibility for harmful entanglements and promotes the possibility of the 'regulating presence.'

## 62 CROSSING THE WATERS OF LIFE ON THE SURFBOARD OF ACTION

**Dena Baumgartner, PhD, LMFT, TEP; Private Practice; Tucson Center for Action Method and Psychodrama**

On life's journey we encounter many challenges. This workshop will demonstrate how psychodrama helps to raise resilience by supporting the Spontaneity and Creativity needed for taking on new roles required to continue the journey. A psychodrama will be part of the presentation as well as a didactic piece around resilience. All are welcome to come ride the wave.

## 63 THE WATERMELON MONSTER, MADNESS AND MINDFUL PLAY

**Milton Hawkins, LCSW-C, TEP; Consultant; Former Psychodramatist at Saint Elizabeths Hospital; Paula Catalan, MS, LCPC, CP; Psychodrama Grief Counselor, Wendt Center for Grief and Loss**

In the Canon of Creativity, Moreno reminds us that we are created to be creators. Our creative mind expresses and masks itself in the stories we believe and the roles we play. Why do we play many roles more mindlessly than mindfully? This beginner's workshop explores Moreno's perspective of reality as a response to constructing a bridge from hope to reality.

## 64 WELCOME TO OUR WORLD: AN INTRO TO PSYCHODRAMA

# CANCELLED

## 64A PSYCHODRAMA RESEARCH AFTER DAVID A. KIPPER

**Michael Wieser, PhD, ECP, TEP; Dr. Mag., Psychodramatist, Psychologist, Asst. Prof University of Klagenfurt, Austria, EU**  
After an overview of effectiveness studies we will investigate research instruments. In addition we will explore the bibliography and e-learning. You will get a glimpse of an upcoming project in the field of trafficked women and a journal issue of empirical research and science. In the second part we will focus on experience of the participants and like to inspire new research. Bring your finished or proposed research to share and reflect upon.

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## 65 BRIDGING DIFFERENCES BETWEEN US AND THEM: CREATING SOCIOMETRIC CONNECTIONS

**Eva Leveton, MS, MFT; California Institute of Integral Studies, Drama Therapy and Somatics Programs**

In this workshop we will use recently developed techniques to explore groups different from ourselves and ways of using - and not using- our own histories to address vital sociometric issues. Playing with space to demonstrate the use of the whole group as one role, we will learn echo-doubling and other new, innovative ways of using role reversal.

## 66 EXPLORING RELATIONSHIP ISSUES FOR ACOAS

**Nan Nally-Seif, LCSW, DCSW, TEP; Co-Director of the Psychodrama Institute, a division of the Sociometric Institute, NYC; Private Practice**  
Growing up in a family with addictions has a great impact on a person's ability to trust and develop healthy adult relationships. This primarily experiential workshop will use Psychodrama and Sociometry to explore the challenges of connection and disconnection in relationships for Adult Children of Alcoholics. Come join us in the journey toward healthy, satisfying relationships.

## 67 SAFE PLACE: A REQUIRED TECHNIQUE

**Pam Remer, PhD, TEP; University of Kentucky; Rory Remer, PhD, ABPP, TEP; University of Kentucky**

Safe Place is an essential technique and teaching tool. This pleasurable, positive, universally applicable and virtually risk-free technique should be in the armentarium of every psychodramatist and anyone doing trauma work. The Safe Place scene setting and anchoring will be taught through demonstration and experiential practice.

## 68 WIZARDING WORLD OF HARRY POTTER

**Andrea Sheldon, LMHC, CP; Nancy Kirsner, PhD, TEP; Private Practice; Director, South Florida Center for Psychodrama Action Training and Group Works**

This workshop blends the magical worlds of Harry Potter and Psychodrama. From the concrete to the metaphorical, selected props from the Potter anthology (a wand, cape, mirror) will demonstrate a system of transport between Moreno's First and Second Universe. Keeping one foot in the First Universe - where surplus reality reigns supreme - we will navigate the limitations of everyday reality as we keep our magic alive!

## 69 BEHIND THE MASK: EXPLORING SELF AND IDENTITY

**Heidi Landis, RDT, LCAT, PAT; Creative Alternatives of New York; Private Practice**

Masks are a safe way to explore aspects of self, encouraging play and an understanding of who we are behind the masks we wear. As we mature, our masks become more sophisticated and entrenched. In this experiential workshop we will use mask work as a means of exploring roles and investigating identity. Psychodrama and Drama Therapy techniques will be utilized.

8:15 pm

## Drum Circle on the Beach

You may wonder, "Can I really play a drum? Will it sound good? Will I have FUN?" In the words of Moreno: the answer is YES! YES! YES!

Guided by Drum Circle facilitator Jana Broder, we'll experience a magical evening of drumming and dancing. Drums are provided and no drumming experience is required.

OPEN EVENT