



## MONDAY May 2, 2011

8:30 am - 10:00 am REGISTRATION

9:00 am - 5:00 pm POST CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is limited. ADDITIONAL FEE REQUIRED.

### 9:00 am - 5:00 pm ALL-DAY WORKSHOPS

#### 103 THROUGH THE LOOKING GLASS: SEEING BEYOND EATING DISORDERS

**Colleen Baratka, MA, TEP; CATHARSIS Psychodrama Institute; The Renfrew Center of Philadelphia, PA; Sara Gibbs, MS, PhD, CATHARSIS Psychodrama Institute; The Renfrew Center of Radnor, PA**  
Many theories exist about why eating disorders develop. Experts agree that struggles with identity, a need for control, fear of growing up and fear of feelings are common to Anorexics, Bulimics and Binge Eaters. We will actively explore the development of eating disorders using Moreno's Spontaneity Theory of Child Development. Participants will practice classical and TSM (Therapeutic Spiral Model) skills to utilize with clients for the reduction of symptoms and improvement of body image.

#### 104 CELEBRATING THE CRONE ROLE

**Linda Ciotola, Med. CET III, TEP; Healing Bridges; Private Practice, MD; Kathy Amsden, LCSW, CP; Private Practice, Maine**  
Through action, music, and the arts we will explore, honor, and celebrate the crone role. Step into the gifts of aging with grace and learn to bridge the gulf between life and death.

#### 105 SOMATODRAMA: STORIES OUR BODIES HOLD

**Pamela Goffman, LCSW, CP, PAT; Psychodrama Institute of South Florida**  
The body remembers what the mind forgets... this experiential workshop uses movement, art and psychodrama to access the "body of knowledge" that exists on a cellular level. Participants will learn to: 1) differentiate between safe, healing touch and the transference of tense, negative energy, 2) identify the 7 chakras and how to relate them to the somatic process, and 3) concretize the meaning of somatic experience through psychodrama.

#### 106 THE 12 STEP PSYCHODRAMA WORKSHOP MODEL: RECOVERY IN ACTION

**Louise Lipman, CGP, LCSW, TEP; Director of Psychodrama & Creative Arts Therapy, NYC; Trial Lawyers Consultant; Private Practice, NYC**  
In this workshop, participants will receive an introduction to a 12-Step Model of Recovery that applies Moreno's role theory to early, middle and late stage recovery. The model addresses how to face spiritual bankruptcy and longtime patterns of dysfunctional behavior, identify and accept addiction-created brain changes, how to establish a sober life, and the need for role expansion in late stage recovery.

### 9:00 am - 1:00 pm HALF-DAY WORKSHOP

#### 107 EXPLORING BIBLIODRAMA: PUTTING IDEALS INTO ACTION

**Linda Condon, LMHC, TEP; Private Practice, Clearwater, FL**  
This workshop will utilize bibliodramatic action to explore ways spiritual figures such as Jesus, Moses, Buddah, God, Ghandi, Mother Theresa and others have put their ideals into action. Participants will learn to conduct a bibliodrama warm-up, choose a story for exploration, explore the story using sociodramatic techniques, conduct the sharing, and process the session with questions and answers.

