

KEYNOTE SPEAKER



SATURDAY KEYNOTE SPEAKER:

Moving toward the Reality of Hope through Neuroscience

BONNIE BADENOCH, PhD, LMFT

BONNIE BADENOCH, PhD, LMFT integrates the discoveries of neuroscience with the art of psychotherapy. As a protégée of Daniel J. Siegel, her clinical work helps trauma survivors and those with significant attachment wounds reshape their neural landscape to support a meaningful and resilient life. Dr. Badenoch teaches in the Interpersonal Neurobiology (IPNB) program at Portland State University and consults with clinicians using IPNB as a guide to evidence-based practice. She helped found

GAINS (Global Association for Interpersonal Neurobiology Studies), a nonprofit organization that fosters the application of IPNB, and is editor-in-chief of its publication. Dr. Badenoch maintains a busy international speaking schedule. Her books include: *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, and its companion, *The Brain-Savvy Therapist's Workbook*.

Discoveries about the brain during the last two decades have moved us in the direction of dramatically increased clarity about how to facilitate deep, permanent change with our clients, whether we meet them individually or in groups. Exploring the pathway from activating implicit memory to regulation and integration, we will look at the grounding and hopeful wisdom offered by the neuroscience of compassionate relationships.