



SUNDAY April 18, 2010

7:30 am - 5:30 pm REGISTRATION AND EXHIBITS

8:30 am - NOON SILENT AUCTION PICKUP

8:30 am - 10:00 am ANNUAL MEMBERSHIP MEETING

Come one, come all! Members or not! Find out about the ASGPP. Say good-bye to outgoing Executive Council members and hello to incoming members. Greet your officers.

1:15 pm - 2:00 pm

MEET THE ASGPP EXECUTIVE COUNCIL - Bring your lunch and talk with the members of the Council. Learn and ask questions about the inner workings of ASGPP.

5:00 pm - 6:00 pm

Closing Ceremony

Warm up to next years Conference as you meet the 2011 conference hosts. Say goodbye to new and old friends.

8:30 am - 10:00 am

ANNUAL MEMBERSHIP MEETING

Come one, come all! Members or not! Find out about the ASGPP. Say good-bye to outgoing Executive Council members and hello to incoming members. Greet your officers of the Executive Council.

10:30 am - 1:00 pm

MORNING WORKSHOPS

87 IMAGINATION DEVELOPMENT AND SURPLUS REALITY

Adam Blatner, MD, TEP; Author of widely-used books in psychodrama, and more recently edited an anthology about applied drama; Recipient, ASGPP J. L. Moreno Award.

Moreno's concept of surplus reality suggests the conscious manipulation of fantasy in the service of growth, learning, healing, and even enjoyment. Through psychodrama techniques, in addition to working on various problems, an additional benefit and possibly a primary goal is the development and expansion of the skill-set of imagination development. Participants will learn a number of ways this can be practiced, such as envisioning an ideal audience, or hearing what you want said.

This is a 2010 Award Winners Workshop

88 INTERACTIVE CONNECTIONS OF THE IMPROV KIND

Staci Block, MSW, LCSW; Director, Reflections and Creative Interventions; Adjunct Professor of Sociology, William Paterson University; Expressive Arts therapy with adolescent substances abuse population; 6 years ASGPP Executive Council.

Learn about the work of Reflections; a teen group that has been doing interactive improvisational theatre for 20 years. Cast members will demonstrate warm-ups and activities used in facilitating discussion, resolving conflicts, exploring alternatives and helping audiences address sensitive material in an educational, yet entertaining way. Make connections with the cast members for experiential learning and fun! Look behind the scenes and discover how to use this empowering method with a variety of client populations.

89 KEEPING TREATMENT HUMAN

Theresa Brown, MA, CP; Certified Family Therapist; Licensed Psychologist; Certified EMDR Practitioner in Private Practice; Intrigued by the variety of ways people heal and continue to learn from those she sees in therapy and the other helpers in their lives; Sara Kinsman, MD, PhD; Adolescent Medicine Specialist & Researcher Childrens Hospital of Philadelphia Faculty, University of Pennsylvania.

The "medical model" too often over emphasizes tests, procedures and drugs while it ignores the personhood of the patient. Join a psychologist in private practice and a hospital physician as we describe the evolving ten year collaboration in treating adolescents and their families who present with problems such as eating disorders to more unusual and challenging diagnoses. Participants will have the opportunity to psychodramatically tap into their adolescent past to deepen the didactic message.

90 LOST AND FOUND: RECOVERING RELATIONSHIPS BREACHED BY ADDICTION

Craig Caines, LCSW, GET II; Founder, Birmingham Action Centered Therapy in Alabama; He has over 6 years of psychodrama training and has an extensive experience in the addiction treatment field.

Traditionally, addiction treatment emphasized insight oriented interventions for denial reduction. This workshop explores how spontaneity provides alternatives to serving people impacted by addiction. The focus will be on how to psychodramatically discover and viscerally recover relationships breached by addiction.

91 REFLECTING, REFRACTING, REFRAMING

Donna Chantler, RN, BA, MEd, TEP; Private Practice; Certified Imago Therapist, NLP, EMDR; Community Educator; Works extensively with grief, trauma, and addiction; Karin Wargel, BA; Certified Director of Psychodrama; Certified NLP Practitioner; Private Practice.

Life can be expanded or limited by the meaning we attach to our perceptual positions. Connection to, or disconnection from an experience can change the emotional intensity and give us a new perspective. Drawing from concepts of Neuro Linguistic Programming, we will explore in action how to expand the psychodramatic mirror. Both experiential and didactic.

92 STIMULATING THE STORY

Amy Clarkson, LCAT, MTT, MT-BC, CP; Provides music therapy and psychodrama for families affected by domestic violence at SAFE in Hunterdon; Contributing author to *Creative Therapies and Domestic Violence*; **Allyn Sitjar, MA, RDT, LCAT;** Provides drama therapy and storymaking for families affected by domestic violence at SAFE in Hunterdon; **Artistic Director, Summer Theatre Institute-NYC.**

Through demonstration, discussion and experiential learning, participants will explore the use of music, drama, movement, sand tray, puppets and art to help children who have experienced trauma to tell their stories. Through the stories, children begin to make connections and reframe experiences on their journey toward recovery. Participants will be guided in considering ways to integrate the creative arts within their current practice in order to provide clients with expanded avenues for emotional awareness and expression.

93 TOUCHING ENCOUNTER & GROUP PSYCHOTHERAPY APPROPRIATENESS OR INAPPROPRIATENESS OF TOUCHING

Ray Naar, PhD, ABPP, CGP, TEP; Lecturer, Chatham, IL. Private Practice since 1970.

This presentation will discuss the appropriateness and inappropriateness of touching in group psychotherapy. It will present some empirical findings and a set of guidelines. The presentation will be didactic, followed by questions and sharing of work experiences.

94 UNDERSTANDING CONFLICT: FROM CLUELESS TO CONSCIOUS

Catherine Nugent, MS, MS, LCPC, PAT; Over 30 years experience providing psychotherapy, education and organizational consulting in diverse settings. Administrator with Federal government of multi-million dollar programs in substance abuse treatment and recovery, with particular emphasis on initiatives to enhance the knowledge and skills of the addiction treatment workforce.

Working across disciplines or cultures can elicit clashes in values, perspectives, and opinions. Effective collaborators need to be skillful in managing differences. We will identify differences that may affect group functioning, and explore 5 conflict-handling styles. The workshop will model content and methods that could be presented and applied in diverse populations and settings, such as counseling and psychotherapy, education, organizational consulting, and community organizing.

95 OFF TO SEE THE WIZARD UNCOVERING HIDDEN STRENGTHS

Susan Overman, MA, LMHC, PAT; Has been using Psychodrama for 15 years to help clients with eating disorders, addictions, and trauma; Private Practice, Tampa; Consults with Hyde Park Counseling Center; **Sandra Seeger, LMHC, PAT;** Has been working with children and families using Psychodramatic methods for over 14 years; Consultant, teacher and practitioner in private practice in Tampa.

Just like Dorothy and her ruby red slippers we often forget we carry with us all the resources we need and look outside ourselves for the answers. Learn specific ways to help your clients find their own ruby slippers and uncover their hidden strengths and inner resources.

96 SOCIAL ATOM REPAIR IN TIMES OF CHANGE

Mary Anna Palmer, LICSW, LMFT, PAT; Director, Psychodrama & Psychotherapy Center in Eagan, MN; A Social Worker for 38 years and a Family Therapist for 31 years; Currently practicing at Aslan Institute in Eagan, MN.

Social atom repair is one of the cornerstones of Psychodrama's theories. When working with clients it can be a critical tool to help a person to see and experience how they have (or haven't) created an inner circle of a few trusted individuals with whom they have formed intimate, authentic relationships. This sense of social equilibrium is disturbed when one of these individuals is removed or leaves. The energy that is normally given to creative and productive endeavors is now redirected into coping with this loss. In this workshop, participants will learn how to define their own psychological social atom through a written experience, followed by a psychodramatic exploration of transitional processes which occur within ones inner circles. This workshop will be dyadic, experiential and interactive.

97 HOW CHOOSING CHANGES US

Marianne Shapiro, MFA, MA, LMHC, PAT; Private psychotherapy practice for 20 years, adults and couples; Co-facilitates 2 weekly on-going psychodrama groups and workshops; Talking group psychotherapist working with Shelley to discover about how sociometry informs and vitalizes group work. **Shelley Korshak, MD;** Private practice for twenty-five years; Facilitating individual, couples and family therapy, and group psychotherapy; Adjunct Faculty, University of Chicago; Board Member of the Illinois Group Psychotherapy Society; Board Certified in Addiction Medicine; Certified Group Psychotherapist for the American Group Psychotherapy Association; A passionate and creative psychotherapist, recently focusing on using psychoanalytic group psychotherapy as a frame for psychodrama.

What makes group psychotherapy so dynamic for psychodramatists is its sociometric underpinnings, the layer beneath that reveals the tele between people, the complexity and diversity within the social matrix. We will use sociometric action research methods to explore the sociodynamics of the group. We will focus on choice as a dynamic of change, learning how the act of choosing changes us. We will interact to create interconnectedness through feedback and find our own meanings and values regarding ambivalence, complexity, diversity, and the power and difficulties inherent in making interpersonal choices. Role reversals will be used to connect with the transpersonal. This workshop will be 75% experiential.

1:15 pm - 2:00 pm

MEET THE ASGPP EXECUTIVE COUNCIL

Bring your lunch as you talk with members of the Council. Learn about, discuss, and give your input about the workings of ASGPP.

2:15 pm - 4:45 pm
AFTERNOON WORKSHOPS

98 **RUNNING ON EMPTY: REFUELING & REDIRECTING OURSELVES**

Colleen Baraika, MA, TEP; Accredited Trainer and Team Leader, Therapeutic Spiral Model of Psychodrama; Past President, Delaware Valley Psychodrama Collective; Psychodramatist and past Coordinator of the Trauma and Abuse Track, Renfrew Center Philadelphia; Director, CATHARSIS Drama Therapy Consultants and Psychodrama Training Institute in Havertown, PA where she offers educational, organizational and clinical opportunities with action methods; Specializes in eating disorders, trauma and addiction.

There is a joke that floats among hospitals: "What is the difference between the staff and the patients? ...The patients get well and go home, but the staff remains". Burnout, vicarious traumatization, having to put up with the intolerable are some of the fallout from working in institutional and other service settings. This workshop will demonstrate some mini-retreat methods for increasing morale, building connection and honoring successes. The forum will be open discussion and experiential methods.

99 **POSITIVE PSYCHODRAMA: ACCESSING THE GENIUS WITHIN**

Merle Cantor Goldberg; LCSW-C, BCD, CEDP, CGP, FASGPP; Private Practice in Silver Spring, MD for 40 years; Lecturer, trainer and consultant throughout the United States and in 12 other countries, as well as presenting at numerous yearly national and international conferences for over 35 years; Author of three books, numerous articles, and has had a radio show and newspaper column.

The theory and practice of positive psychodrama, the authors own formulations taught throughout the United States and abroad, focuses on the often overlooked portion of Moreno's original work — the emphasis on strengths, virtues and the genius and power within each individual. The workshop is highly interactive with a didactic frame. Come prepared to connect and have fun while gaining new patient skills, renewing energy combating personal burnout, and connecting with others.

100 **QUANTUM THEORY & PSYCHODRAMA: AMAZING CONNECTIONS**

Herb Dandes, PhD, MFT, TEP; Fellow, ASGPP; Professor Emeritus, University of Miami; Licensed Psychologist and Marriage and Family Therapist; Sue McMunn, LCSW, ACSW, PAT; President, ASGPP; Fellow, ASGPP; Has presented workshops nationally and internationally; Special interests include family systems, ACOA issues and the spirituality of psychodrama.

There is a clear parallel between the physical science concepts contained in quantum theory and the social science concepts of psychodrama. In this workshop we will present these parallels on a cognitive level, and apply these concepts with psychodrama in order to create the universe of your dreams.

101 **EXPLORING DIFFERENCES: FINDING COMMON GROUND**

Kim Friedman, MA, LMHC, PAT; Licensed Mental Health Counselor in Seattle where she incorporates psychodrama into her private practice with individuals, couples and groups; Teaches Group Counseling and Creative Modalities.

Participants in this workshop will experience diversity through the lens of class, race, culture and sexual orientation. A group warm up, dyads, sociodrama about a current issue and group sharing will be vehicles for exploration. This workshop invites curiosity about differences and offers a way to find the universality in our human experience.

102 **GRIEF KNOWS NO BORDERS**

Bernice Garfield-Szita, MS, LPC, TEP; Co-Director, ActionArtz Training Institute, Marlboro, NJ; Past Executive Council Member, ASGPP; Fellow, ASGPP; Past President, New Jersey Chapter ASGPP; Robert Szita, MS, LPC, TEP; Co-Director, ActionArtz Training Institute, Marlboro, NJ; Fellow, ASGPP.

The powerful emotions of grief that send people on a roller coaster ride are not limited to one gender, one race, or a citizen of one culture or country, but rather universal for all who have the capacity to love and feel the pain of loss. Overwhelming feelings of grief are often a relapse trigger to those in early recovery. This workshop will use classic Psychodrama format to help participants experience the universal healing power of a compassionate group.

103 **MONEY, MYTH AND MADNESS**

Lorelei Goldman, MA, TEP; The Psychodrama Training Institute of Chicago; Lorelei serves on the ASGPP Executive Council.

In all cultures there exists a connection with money. Does having enough give pleasure and security? Does having too little or too much give us contentment, despair or gratification? The unpredictable world economy contributes to uncertainty both personally and collectively. Spending and receiving money affects our daily behaviors. We will share universal truths in action about giving and receiving. This workshop will: 1. explore our thoughts and feelings in relationship to money; 2. identify our own money myths and; 3. experience our own values and attitudes about giving and receiving.

104 **PSYCHODRAMA THAT MAKES YOU SMILE**

CANCELLED

104A SOCIODRAMA - SOCIOMETRY AND DIVERSITY

Rosalie Minkin, MSW, ATR, BC, LCAT, TEP; Private Practice; Has worked in in-patient hospitals, with street gangs, police, and multi-generational groups for decades; Pioneers advances in the sociodramatic method.

"If the whole of mankind is a unity then tendencies must emerge between the different parts of this unity" (J. L. MORENO, 1933). Sociometry is the underpinnings of sociodrama. This workshop will explore, in action and theory, the value and use of sociodrama and sociometry and how they are used in consort with one another in diverse communities.

105 ROCK THE WORLD! HEALING THE CIRCLE OF HUMANITY

Connie Lawrence, MSW, LSW, CETII; Connie has a love of music and has developed programs to build connection and spontaneity. She has used experiential methods in the business world, in treatment of trauma and with youth empowerment groups; Barbara Guest, BEd, LSW, RSW, TEP; In addition to her training in psychodrama she brings to this work her bodywork training in Reiki and Shiatsu. When not leading training workshops, Barbara has a psychotherapeutic private practice with Shalom Counselling in Waterloo Ontario.

Connie Lawrence, founder of *Rock the House!*, comes back for another exciting round of music and Shake-your-booty Sociometry. Learn how to mix and loosen the most diverse crowd with up-tempo music and simple exercises; followed by a softer musical connection to Authentic Self. Experience the one heart beat of ancient tribal dance and unifying power of musical prayer for world peace. Non-dancers welcome to play in this safe environment.

106 FIRST DISCOVER THE STORY. THEN REBUILD

Donell Miller, PhD, MA, Mdiv, TEP; Directs Workshops; Author, training manuals and novels; Marriage Family Therapist for Beacon Reminders, University United Methodist Church of Redlands, CA; Grover Porter, JD; Criminal Law Practice, San Bernardino, CA; Teaches lawyers under direction of Gerry Spence.

Your memory is you. All memory is filed under specific stories keyed to emotion. Filter out the basic story from its abortive manifestations. Broaden context to show how more of the same invites failure. Stage options aimed at a better story. Your practice in processing beginnings leads to closures relevant to protagonist settings such as a lawyer's voir dire and client preparation, a mystery writer's plotting, and chaplain care. Or present your own personal story.

107 PSYCHODRAMA IN CLINICAL SUPERVISION

David Moran, CAC/CCDP-D, LCSW, CP, PAT; Director, Crozer Chester Recovery Center; Vice President, ASGPP; 15 years experience specializing in group and community interventions; A holistic healer utilizing Psychodrama, EMDR and Reiki as well as Isagenix, a Health and Wellness Program; Deborah Karner, MSW; Deb has 35 years experience as an Operatic Stage Director along with her Psychodrama, Addictions and Domestic Violence experience.

Psychodrama in Supervision will be co-created by the group members and involve participant's case examples, whether that would be group, individual or couple. This model utilizes the energy and needs of the group. Based on the belief that all the needs of the group will be met by the resources of the group. Using psychodrama for supervision is an action method that calls for the spontaneity and co-creativity of the supervision group.

108 GROUP COHESION VIA COLLABORATIVE STORY BUILDING

Letitia Travaglini, MA; Master's student at West Chester University and a research assistant to Aaron T. Beck, MD at the University of Pennsylvania; Christine Seaver, MS; Graduated from Philadelphia College of Osteopathic Medicine in 2005 with a Masters in Clinical Health Psychology. She is currently a practicing counselor; Tara K. Mangan, MA; Thomas Treadwell, EdD, PhD, TEP; Psychologist; Professor of Psychology, West Chester University; Recipient, ASGPP Hannah Weiner Award; West Chester, PA.

This experiential workshop builds cohesion among group members through collaborative story building and telling. Group members engage in a collaborative sharing process of individual stories to construct a group narrative utilizing psychodramatic techniques. Members are divided into subgroups to create stories and share their stories at the end of the workshop. It is expected that CSBT will help group members more thoroughly engage in group processes and further develop group cohesion.

5:00 pm - 6:00 pm

CLOSING CEREMONY

Warm up to next years Conference as you meet the 2011 conference hosts. Say goodbye to new and old friends.