



FRIDAY April 16, 2010

7:00 am - 8:00 am SESSION ASSISTANTS BREAKFAST
7:00 am - 7:45 am YOGA WITH CATHERINE CREWS
7:30 am - 5:45 pm REGISTRATION & EXHIBITS
8:30 am - 6:00 pm SILENT AUCTION

8:00 am - 8:30 am **OPENING WARM-UP - UBUNTU** *Co-led by Walter Manley, Phoebe Atkinson & Nancy Kirsner*
Knowing that we all belong to a greater whole, we will open our 2010 ASGPP Conference inspired and guided by the African philosophy of Ubuntu and Moreno's notion of the godhead. We will explore our circles of connection and diversity as we see and appreciate our coming together in community with a welcoming and generous spirit.

8:30 am - 9:45 am **OPENING PLENARY - JONATHAN D. MORENO, PhD**
WHAT'S GOING ON IN BIOETHICS?

Dr. JONATHAN D. MORENO is the David and Lyn Silfen University Professor of Ethics and Professor of Medical Ethics and of History and Sociology of Science at the University of Pennsylvania. He is an elected member of the Institute of Medicine/National Academy of Sciences. His most recent book, *Science Next: Innovation for the Common Good (2009)*, was described by *Publisher's Weekly* as bringing "... hope into focus with reports of innovation that will enhance lives".

In this talk, Dr Moreno will describe the field that he's been working in for the past 30 years, how it's changed, and what the emerging issues are that are of concern to all health care professionals.

12:45 pm - 2:45 pm **AWARDS LUNCHEON, PRESENTATION AND CELEBRATION** with Jack Shupe & Mary Bellofatto
7:30 pm - 8:30 pm **New Members / First Time Attendees Gathering**
8:30 pm - 10:00 pm **Songfest**

10:00 am - 12:30 pm MORNING WORKSHOPS

13 CREATIVE WARM-UPS FOR ENHANCING CONNECTIONS

Janel Adair, MA, LPC, TEP; A Trainer, Educator, Practitioner since 2000. She specializes in group psychodrama with residential and adjudicated adolescents. She has been conducting fifteen groups a week for close to fifteen years; **Rhona Case, EdM, TEP;** A licensed psychologist since 1989. She became a Trainer, Educator, Practitioner in 1998. Rhona has presented various psychodrama topics for national and local audiences.

Moreno taught that group cohesiveness and productivity could be increased and resistance reduced through adequate warm-up. In this workshop participants will experience a variety of our favorite warm-up exercises that can enhance spontaneity and creativity. Our warm-ups are playful, projective and use various media.

14 SOUL MOTION & SOCIOMETRY: CONNECTING TO ESSENCE

Karen Drucker, PsyD, TEP; Therapist, teacher and psychodrama trainer in Boulder, CO. She has recently fallen in love with Soul Motion™, a form of authentic movement, and is excited to combine her love of psychodrama with this new passion.

"Soul Motion is a meeting with self and other in a dance that is deeply nourishing, creative, intelligent, emotionally savvy, heartbreaking, soul-making, spirited and transforming", writes Zuza Engler, one of my beloved teachers. Sounds like psychodrama, yes? We will use movement and rhythm, music and stillness, to connect deeply with ourselves and with others. Deepen your understanding of sociometry by exploring attractions and disconnects. Practice skills for moving fluidly in the world, being attuned to others while staying true to your own dance.

15 CHINESE CULTURE AND WESTERN PSYCHOLOGY

Gong Shu, PhD, ATR, LCSW, TEP; Dr. Gong Shu is a psychodrama trainer and a practitioner of YiShu: A form of healing method that integrates traditional Chinese medicine and Western Expressives Arts. Shu has been a psychotherapist and trainer for more than thirty years; **Shu Yu You, PhD, LPC, CP;** Dr. Shu Yu You is an associate professor in the Department of Counseling Psychology at Taipei Municipality Educational University. She is a PAT and is doing training work in Taiwan.

This workshop attempts to integrate traditional Chinese philosophy Chinese medicine and the Creative Arts Therapies.

16 UBUNTU: BISHOP TUTU MEET MORENO

Nancy Kirsner, PhD, MEd, OTR, PA, LMFT, TEP; Member, ASGPP Executive Council; Fellow, ASGPP; Director, South Florida Center for Psychodrama; Private Practice and Consulting; **Phoebe Atkinson, LCSW-R, TEP;** Private Practice, NYC; Graduate of Coach University's Coaching program and has extensive training in Somatic Experiencing and other body-centered approaches. She has partnered extensively in the design and facilitation of Rutgers University Senior Leadership Program for Professional Women and provides executive coaching. She has extensive training in Somatic Experiencing and other body-centered approaches. **Walter Manley, License es Letters;** Director of diversity and inclusion offerings, The Next Level Coaching/Rutgers University. **Walter** holds degrees in Literature, Ethnology, and Linguistics from the Sorbonne in Paris, University of Valencia, Spain; **University of Dakar;** and **Facility Scholar at Georgetown University.** "A person with 'ubuntu' has a proper self assurance that comes from knowing that he/she belongs to a greater whole" (Desmond Tutu). Guided by the concepts of Ubuntu and Moreno's 'all of mankind' we will explore the topic of diversity and inclusion/exclusion. We will identify how our unique gifts can contribute to bringing these concepts into every day life.

17 SUMMONING YOUR PATRONUS: BANISH DIRECTOR ANXIETY

Steve Kopp, MS, CAS, TEP; Provides services for priests and religious communities. He is president of the Mid-Atlantic Chapter, ASGPP, and has represented psychodrama for NCATA and VCATA. Steve also uses psychodramatic methods in life Coaching and in facilitating retreats; **Mari Pat McGuire, LCSW-C, TEP;** Specializes in the treatment of trauma using expressive therapy techniques. She has worked in inpatient, outpatient, and private practice settings. She chaired several national psychodrama conferences, and is currently Vice-Chair for the American Board of Examiners.

Do you allow fears and anxieties to sap you of your spontaneity while directing? This experiential workshop is designed to bring new light and creativity into those anxiety-provoking director's moments. By recognizing our many and diverse strengths, we will weave a spell to move us beyond our blocks where we can continue to experience and share the power and magic of psychodrama.

18 SHARING FAMILY MEMORIES

CANCELLED

18A DIRECTING WITH CONSCIOUSNESS OF "THE ORDER OF LOVE"

Donna Little, MSW, TEP; Trainer and collective member, the Toronto Centre for Psychodrama for 30 years; Conducts training workshops with Ann Hale on Sociometry and Healing; Trained extensively with Heinz Stark in Systemic Family Constellation Theory and Practice; Recipient, ASGPP 2009 J. L. Moreno Award.

This workshop will introduce the theories of Anne Ancelin Schutzenberger and her "Trans generational Psychodrama" and Bert Hellinger's "Order of Love" and demonstrate their usefulness in supporting a protagonist in action. The intention of the leader is to provide opportunities for participants to be in action in a variety of roles, as well as to reflect after on the application of these resources in their work.

19 CREATING SOCIODRAMA AND SOCIATRY

Rosalie Minkin, MSW, ATR-BC, LCAT, TEP; Rosalie is in private practice, has worked in inpatient hospitals, with street gangs, police, and multi-generational groups for decades. She pioneers advances in the sociodramatic method; **Edward Schreiber, MEd, MSM, LADC, CD, TEP;** Author, writer, teacher who is dedicated to the development of Moreno's fourth aspect, sociatry, the healing of the forces impacting humanity and the planet.

J.L. Moreno stated, "We are more alike than we are different." The purpose of this session is to offer participants theory, practice and skills for the use of sociodrama and with an understanding of sociatry (healing of society). An assortment of sociodrama instruments, methods and categories will be demonstrated. An understanding of the forces of sociatry will be illustrated. The significance of using sociodrama in public and private sectors and a focus on universal connections with diverse communities will be offered.

20 THE DEEP PSYCHOLOGY OF MONEY

Elizabeth Plummer, PhD, LCP, PAT; Dr. Plummer is a licensed clinical psychologist, in private practice in Santa Barbara, CA. She specializes in the areas of gerontology, addiction, and the treatment of trauma issues; **Sylvia Israel, RDT/BCT, TEP;** Sylvia Israel is a MFT in private practice in San Rafael and San Francisco, CA.

This workshop will explore the powerful taboo that exists around the subject of money and the money-complexes patients and therapists bring into the consulting room. It will introduce tools that can open the dialogue around money; its impact on our sense of identity, our relationships, and the boundaries and injuries of class and caste. Using sociometry, art, metaphors and drama, we will learn to recognize our money scripts and imagine how we might move beyond them.

21 IF THE BUDDHA WAS AN IN-LAW

Jacquie Siroka, LCSW, ACSW, BCD, TEP; Former Faculty, Rutgers, Stony Brook University; Former Director, Psychodrama Services at Fair Oak Hospital, and Staff, Psychodrama Department St. Elizabeth's Hospital; Clinical Director, Sociometric Institute NY.

In patriarchal societies the father gives the bride away, mothers witness the transfer, the bride and groom forsake all others, and the role of in laws is introduced into the family system. Families reshuffle loss. New relationships are experienced. How do you fit? Do your expectations match? How are your needs met and disappointment faced? New and old dramas warm up. This workshop will explore stories psycho-dramatically and work on this ill-defined and complicated role.

22 UNRESOLVED GRIEF AND ADDICTIONS COUNSELING

Michael Traynor, LCSW, CGP, PAT; Director of Action Methods LLC in Albany, NY; Facilitates weekly psychodrama groups and periodic psychodrama training workshops locally and nationally. He has an extensive background in mental health and addictions treatment.

Addictions professionals demonstrate loyalty and dedication to a troubled segment of society. While striving for positive outcomes, vicarious trauma and unresolved grief within the helpers is often unaddressed. In action, we will explore ways to recognize and resolve losses, access support, and stay meaningfully attached to our work.

12:45 pm - 2:45 pm

Awards Luncheon, Presentation and Celebration

Come and honor those who have made outstanding contributions to our community. Meet and greet award recipients while enjoying a delicious buffet in the hotel's lovely ballroom. Hosting the awards ceremony will be Jack Shupe and Mary Bellofatto.

(SPECIAL TICKET REQUIRED)

3:00 pm - 5:30 pm AFTERNOON WORKSHOPS

23 EMOTIONAL WISDOM

Kerry Paul Altman, PhD, TEP; Clinical psychologist in private practice, he provides action oriented training to the mental health, business, and law enforcement communities.

Unrealistic and misguided notions about ordinary human feelings are often a stumbling block to healing and personal growth. This workshop will combine didactic and action methods to explore the basic human emotions to illustrate their essential nature as messengers and guides. Participants can expect to learn how to help clients make better, emotionally informed choices.

24 PUTTING YOUR FOOT IN THE WATER

Dena Baumgartner, PhD, LMFT, LPC, CGP, TEP; Fellow, ASGPP; on the board of IAGP and has been a national and international trainer of psychodrama for 20 years. She is the the director of T-CAMP in Tucson, AZ.

What stops you from putting your foot into the waters of connection? Using psychodrama and sociodrama we will explore how we stop ourselves from connection with the universal waters of life (family, friends, partners, even organizations). Please come to play in a diverse community of evolving souls. Workshop will be experiential with some didactic.

25 EXPLORING FAMILY VIOLENCE OVER CULTURES

Jeanne Burger, EdD, LPC, LMFT, TEP; Presents workshops nationally and internationally. Her dissertation on psychodrama with domestic violence was published by College of William and Mary, 1994; **Nevzat Uctum Muhtar, PhD;** Trainer; Works with battered women in Istanbul; President, Psychodrama and Group Therapies Association; Member, Turkish Psychologists Association.

In this experiential workshop, we will address working with women who have experienced domestic violence in two very different cultures -- Turkey and the United States. We will be working sociodramatically, using the trauma triangle to explore our own connections and feelings about this issue.

26 PSYCHODRAMA IN THE FAST LANE: TIME SHORT, STRESS HIGH

Jean Campbell, LCSW, GET III, EMDR II, TEP; Jean has utilized action methods in clinical, business and medical settings for over 16 years. She is a TEP, a Certified Experiential Therapist, a Reiki practitioner and a Practitioner/Trainer of Psychodramatic Bodywork®. Jean has trained clinicians on a national/international level, and specializes in working with addiction, trauma, bodywork and spiritual expansion; **Walter Biale, MA,** Professor, Director Program for Interpersonal Communication and Professional Enhancement (ICALPE) at MD Anderson Cancer Center in Houston, TX, specializes in Faculty Development and improving medical communication. **Phyddi Taachi, RN, APN, MFT;** Advanced Practice Nurse, Psychiatry Department at MD Anderson Cancer Center in Houston, TX; Specializes in working with caretakers of cancer patients.

Using psychodrama in non-clinical settings requires special techniques.

In using role training methods with employees in a time-limited session, the psychodramatist must establish safety, assess audience needs, define clear goals, and ensure appropriate affect containment so as to preserve work place decorum. We have developed an experiential and didactic Coaching for Communication Competence (CCC) model addressing management of difficult conversations in high performance environments with time constraints, high levels of stress and interactional difficulties.

27 ACTION METHODS IN "SLOW MOTION"

Roberto Cancel, LMSW, MA, TEP; Psychodrama and the Creative Arts Institute, NYC

Psychodrama and Drama Therapy are powerful action methods that unmask the rich and complicated dynamics within a group. Their purpose is to enhance the individuals' own capabilities for healing. However, the beginning clinician needs training in becoming aware of the multiple dynamics that take place in a group session. This workshop focuses on exploring the power of action methods in "a slow motion" by taking a "step by step" look at the impact of these drama therapies techniques on the group.

28 THE LIVING NEWSPAPER

Kate Cook, LPCC, TEP; Fellow, ASGPP; Private Practice, Santa Fe, NM; Conducts training and consulting locally and nationally; Graduate level faculty member and founding director of the Psychodrama and Action Methods Certificate Program, Southwestern College; **Erica Michaels Hollander, PhD, JD;** Principal in the Hollander Institute for Human Development and Family Growth in Littleton, CO, started many years ago by Carl Hollander and carried on in his spirit. Erica has practiced law for over 30 years and teaches Human Communication Studies at Metropolitan State College of Denver; Executive Council Member, ASGPP; Member, ASGPP Committee on Professional Standards. When not teaching or doing psychodrama, she paints.

In this workshop, The Living Newspaper, an early form of sociodrama originated by Moreno, will provide the vehicle for exploring implicit and explicit social issues, and cultural, archetypal, and ancestral influences present in a current news event. We will track and discuss parallel process between individual and group experience through the lens of interpersonal neurobiology. Natalie Goldberg's "wild mind writing" and music will enlist our right brains in warm-up and integration.

29 LIFT EVERY HEART TO PLAY

Milton Hawkins, MA, LICSW, TEP; Milton worked as a psychodramatist at Saint Elizabeth's Hospital from 1983-2002; Co-Founder and trainer, New Testament Counseling Center; **JoAnna Durham, LCSW-C, TEP;** Co-Founder, New Testament Counseling Center and a Private

Practitioner; **Gregory Ford, MA, CP;** Gregory was trained at Saint Elizabeth's hospital and certified in 2002. The Negro Spiritual can be seen as a deconstruction of Moreno's Canon of Creativity. The singing of hopes and dreams nurtured a resilience in a diverse population that supported individuals in healing social and psychological wounds. Join us as we lift our hearts to play and warm-up in community through song and sound to support a protagonist in discovering the "courage to dream again."

30 DIVERSITY TO CONNECTIVITY: COUPLES IN ACTION

John Rasberry, MEd, LMFT, TEP; Founder and Director, Mid-South Center, Past President, ASGPP; John offers clinical and training programs in Tupelo, MS.

Rather than accept "Men are from Mars, Women are from Venus", sociometry and psychodrama can be used to deepen connections in the coupleship. Role theory and action methodology will be examined, in action, as we co-create adequate spontaneity in working with couples.

This is a 2010 Award Winners Workshop

31 PSYCHODRAMA OF THE FORMERLY FINANCIALLY SECURE

Robert Siroka, PhD, ABPP, MFT, TEP; Past President, ASGPP; Faculty Member, American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy; Trainer with J.L. Moreno; Recipient, ASGPP J.L. Moreno Award.

This experiential and didactic workshop will explore the challenges of working with people whose financial lives have been significantly changed. Attitudes toward money, career choices, personal and social roles, expectations and values will be examined through sociometry. Role conflicts will be illustrated in action. Personal participation is expected and encouraged.

32 INVITATION TO FORGIVE: A PATH TO CONNECTIONS

Natalie Winters, EdD, CHT, DAPA, TEP; A NJ and NC licensed psychologist; Recipient, ASGPP 2003 Innovators Award and the 2007 Hannah Weiner Award.

To forgive is to be free of emotional attachments to once painful situations. It is the capacity to renounce resentment and in its place find greater love and peace of mind. Forgiveness allows us the freedom to connect across all boundaries, including culturally diverse communities.

This is a 2010 Award Winners Workshop

**5:45 pm - 7:15 pm
EVENING WORKSHOPS**

33 THE FUTURE FRONTIER FOR PSYCHODRAMA IN SCW

Ron Anderson, Mdiv, STM, TEP; Ron Anderson first trained in psychodrama in 1964. He has trained in Systemic Constellation Work, and is fascinated with parallels between today's top two experiential modalities.

Bert Hellinger's experiments with the sociometric matrix onstage have demonstrated it as an energy field capable of moving spontaneously on its own toward resolution. This advances our understanding of another Morenoan concept: coupling is not only as the resonance of one's psychological truth within, but also resonance within the system: within the physical bodies of the auxiliaries and the common soul of the sociometric matrix. The conclusion is that the matrix of auxiliaries maybe even a more powerful protagonist of the drama. Demonstrations of the above, with didactic, and discussion.

This is a 2010 Award Winners Workshop

34 TRANSFORMING FAMILY SCHEMA FOR DEPRESSED ADOLESCENTS

CANCELLED

35 WRITER'S CIRCLE: BRINGING WRITING INTO ACTION

Jacqueline Fowler, MA; Asst. Professor, Prior Learning Assessment Program, and Human Studies, Marylhurst University, Portland, OR; In training for CP.

Many of us have the desire to share our professional discoveries with others but lack a community in which to fully develop our ideas into writing. In this workshop you will learn about participating in a Writer's Circle "a model of collaborative writing in which fostering creativity and positive support are core values. Please bring developing writing sample; 1-3 pgs double-spaced (need not be academic). For questions, contact presenter: jfowler@marylhurst.edu

36 FOOD FIGHT: A SOLO PERFORMANCE

Judy Freed, MSW, LCSW; A psychotherapist and psychodramatist with 20 years of clinical experience. She is also a theater artist, singer/songwriter and dancer.

This boldly honest solo performance portrays the poignant reality of eating disorders through original music, monologue, and movement. Freed takes the audience on a deeply personal journey of recovery — frightening and humorous, touching and triumphant — revealing stories of struggle, strength, and survival. A post-performance discussion will facilitate audience sharing and reflecting as a community on the process of healing from food compulsions.

37 HOW TO RAISE CONSCIOUSNESS? COGNITIVE PSYCHODRAMA

Anath Garber, MA, PhD, TEP; Trained by J. L. and Zerka Moreno; Formerly, staff Moreno Institute, New York City; Conducted training in psychodrama nationally and internationally; Currently, Private Practice, New York City.

J. L. Moreno believed that a truly therapeutic procedure should encompass the whole of human kind. To fulfill this vision we need the courage to poke at our belief system. "When we realize that we are prisoners of our own beliefs, the road to self-discovery opens and the journey into new levels of consciousness starts."

38 THE TRAINING OF SOCIOMETRISTS

Ann Hale, MA, TEP; Past President, ASGPP; Recipient, ASGPP J.L. Moreno Award; Author, *Conducting Clinical Sociometric Explorations*.

Sociometry is the practice within psychodrama which holds the group and all its complexity. It involves connecting, opposing and conflict resolution, role sharing, access to role value by individuals and necessary for their belonging. This short session offers guidance to those who train or plan on training psychodramatists.

39 DIMENSIONS OF ROLE PLAYING

Harvey Heckes, MSW, LCSW, CP; Licensed clinical social worker and a certified practitioner. He teaches undergraduate social work students at FGCU. He trained with Antonia Garcia and Robert Siroka.

This workshop will explore dimensions of role playing. Role playing is one way to cultivate connections and build communities by creating roles that lead to connections with others. Moreno believed the self is expressed through role. Participants will have an opportunity to participate in role plays. Participants will be able to explore and create new roles or strengthen and broaden current roles. Workshop is didactic and experiential.

40 ACTION TECHNIQUES TO ENHANCE RACIAL UNDERSTANDING

Peter Kranz, PhD, CP; Dr. Kranz has authored several articles on race relations, and his work has been recognized in national media; Sylvia Ramirez, PhD; Dr. Ramirez's research focuses on multicultural issues in psychotherapy and consultation, and fears and anxiety in individuals with intellectual disabilities.

This presentation describes action techniques that were effectively implemented in a university-level cultural diversity course. The techniques will be presented didactically and with live demonstration. Examples include role reversal during in-class and outside-class exercises, altering seating arrangements to enhance student interactions, and using dyads and other configurations to enhance student communication and personal connections. The presentation is expected to increase the participants' use of action techniques to enhance racial understanding.

41 US AND THEM: VALUING DIVERSITY BY COMMUNICATING

Esme Pitel, MA, BSc, CP, PAT; Worked as a microbiologist, office manager, psychotherapist in private practice, and has completed her requirements to apply to become a TEP; Judith Ferenczy, MA, PAT; Taught special education for 22 yr, has certification as a psychodramatic psychotherapist with 6 yr experience, and studied psychodrama and sociometry for 12 yr.

Sociometry offers an excellent means of discovering differences and similarities within groups. Participants will learn to use sociometric exercises in the group warm up process. Also, they will have opportunities to learn and explore each quadrant of the "Sociometric Cycle" in relation to roles they play in their own diverse communities, e.g. ethnic origin, social, religious, learning, work. This exercise can be adapted to many issues of interest.

42 ENCOUNTERING GHOSTS OF A CHANGING WORLD

Azure Forte, MA, MEd, LMHC, LMFT, PAT; Azure began sociometric, psychodramatic approaches in 1986; a Western MA Senior Clinical Supervisor for 8 years and now in independent clinical practice, offering trainings.

A changing world demands changing rituals, particularly the winter holidays which bring lack of inclusion to many, contrary to their intended themes. Hope to gain spiritual food through interpersonal connection often is met with sadness and loss. Psychodramatic enactment will bring participants in contact with personal ghosts to accompany the search for rituals of renewal.

7:30 pm - 8:30 pm

NEW MEMBERS / FIRST TIME ATTENDEES GATHERING

If you are a new member of ASGPP or a first time attendee of an ASGPP conference. Meet other new members. Mingle with representatives from our Executive Council, and our local chapters. Find out about our organization, and get to know the individuals in our community.

8:30 pm - 10:00 pm

SONGFEST

Come join Lorelei Goldman and Adam Blatner for an ASGPP tradition. Bring your voices, your musical talent and your enthusiasm. Song sheets and good cheer will be provided.

