



THURSDAY April 14, 2005

8:00 am - 5:45 pm

REGISTRATION & EXHIBITS

9:30 am - 5:30 pm

PRE-CONFERENCE TRAINING INSTITUTES

Pre-Registration is strongly encouraged. Space is very limited. Additional Fee Required.

9:30 am - 5:30 pm FULL DAY PRE-CONFERENCE WORKSHOPS

1 POST-CATHARSIS GROUNDING: BRINGING THE CLIENTS BACK SAFELY!

Susan Aaron, BA, RMT, Private Practice; Founder, Psychodramatic Bodywork™; Director, Susan Aaron Workshops; Toronto, ON, Canada; Jean Campbell, CSW-R (NY), CET III, TEP; Clearview Treatment Program; Los Angeles, CA*

Sometimes protagonists go so deeply into their past experience and pain that it requires an assortment of techniques to help them come back to themselves and fully return to their body. This is where the safe use of bodywork is extremely helpful. In this didactic and experiential workshop you will experience the clear differences between the catharsis of anger, sadness and fear, and you will learn ten specific grounding techniques of Psychodramatic Bodywork™ that can help you guide clients back towards re-integration.

2 HOW SYSTEMIC CONSTELLATION TECHNIQUES EXPAND WHAT PSYCHODRAMA CAN ACCOMPLISH

Ron Anderson, STM, MDiv, TEP, Fellow, ASGPP; Private Practice with New Prospects Counseling Services; Trainer, Healing Heart & Soul; Milwaukee, WI; Donna Little, MSW, TEP, Fellow, ASGPP; Trainer, the Toronto Centre; Toronto, ON, Canada*

Find new methods from Systemic Constellation Work that can make psychodrama move faster, more efficiently, and more accurately. These methods expand the power and function of sociometric positioning and repositioning, move the scene to co-creation without a role development process, and double at a level that resonates within the body cavity. This assures the protagonist of the truth of their solution and enables a permanent shift.

3 MAKING SAFE HARBOR: FINDING AND CREATING SHELTER AND PROTECTION THROUGH PSYCHODRAMA

Rebecca Walters, MS, TEP, Fellow, ASGPP, Co-Director, Hudson Valley Psychodrama Institute; Director, Adolescent and Child Psychodrama Services: Four Winds Hospital in Katonah, NY; New Paltz, NY; Judy Swallow, MA, TEP; Fellow, ASGPP; Co-Director, Hudson Valley Psychodrama Institute; Senior Psychodramatist and Founder, Community Playback at Four Winds Hospital; New Paltz, NY*

Psychodrama can be used to create sanctuary from the dangers of high seas; the raging storms that threaten to capsize us; the monsters we fear lie below; and the Captain Blighs of yesterday, today, and tomorrow. In our safe harbor we can rest a while and connect with the spiritual, social and human strength and wisdom we need to move forward with spontaneity and courage. This experiential workshop is especially useful for those working with survivors of abuse.

This is a 2005 Award Winner's Workshop

4 FINDING MY PLACE: SOCIODRAMATIC EXPLORATION OF INCLUSION IN SCHOOL CLASSROOMS

Miriam Zachariah, MSc, BEd, MA, CP, Trainer, Consultant, Director of Psychodrama and Sociometry for Educational Settings; Toronto, ON, Canada; Regina Moreno, BA, MA, Independent Educational Consultant with Scholastic Publishers; Berkeley, CA

The use of sociometric and sociodramatic techniques in elementary and middle school classrooms can help students explore issues of inclusion and exclusion in building community. Literature provides powerful examples of the dynamics of exclusion based on race, homelessness, and alternative ways of thinking and behaving. This workshop will explore ways to help students in classrooms make connections and create inclusion while investigating the criteria classroom communities create for inclusion and exclusion. Using children's literature, this workshop will present sociodramatic techniques as tools to help students develop an understanding of group process and ways to change the criteria for inclusion and the contributions of each sociometric position.

5 WRESTLING WITH PINK ELEPHANTS: UTILIZING ARCHETYPAL PSYCHOLOGY IN ADDICTION TREATMENT

Elizabeth Pearson-Plummer, MA, PhD; Private Practice; Santa Barbara, CA; Elizabeth Rosenblatt, MA, PsyD; Mental Health Specialist, Tarzana Treatment Centers; Los Angeles, CA

Our society rejects madness and addiction and the addicted. Banished, living out the craziness society fears, addicts take secret delight in ignoring collective conventions. Through art, music, and enactment, this workshop creates a containing space in which the many archetypes of addiction and co-addiction may be safely explored and integrated. Trickster, judge, helpless victim, madwoman and scapegoats are imaginal characters who wield power and weave narratives about who we are and what we can become.

6 DIRECTIONAL CHOICES: NAVIGATING TOWARD A SAFE HARBOR

Antonina Garcia, LCSW, EdD, RDT/BCT, TEP, CGP; Private Practice; Adjunct Professor, NYU Drama Therapy Program, NYC; Co-Author Sociodrama: Who's in Your Shoes; Plainsboro, NJ; Dale Richard Buchanan, LICSW, PhD, CGP, TEP; Formerly Director, Clinical Therapies at St. Elizabeths Hospital, Washington, DC; Executive Director and Former Chair, American Board of Examiners; Private Practice; Washington, DC*

While there are great similarities in theory and practice among trainers, there are also differences. Drs. Garcia and Buchanan will demonstrate and discuss the techniques they use and their purpose. Focus will be on sociometric choosing of the protagonist (versus leader choosing), walk and talk (versus interviewing), use of scarves for role training the auxiliaries (versus no scarves), spontaneous doubling (versus permanent double), and role reversal between protagonist and auxiliary playing the role (versus using the permanent double) as the auxiliary to play the protagonist during role reversals. Presenters will direct a pseudo drama, wherein a group member will present a client from his/her caseload. The person will act "as if" she/he were the client, enacting the drama in the role of the client. All group members will have the opportunity to freeze the drama at any time and make suggestions or ask questions of the directors.

This is a Master Class

Would you harbor me? Would I harbor you?

7**BEYOND INCLUSION: ACTION STRATEGIES FOR DIVERSITY
SPANISH/ENGLISH****Leticia Nieto, MA, PsyD; Core Faculty, Saint Martin's College Master of Arts in Counseling Psychology Program; Olympia, WA**

Does everyone want to be included? What does it cost to be included? This workshop will move into the complexity of inclusion, working experientially to communicate across significant differences, exploring a model for recognizing the impact of socially ascribed memberships and analyzing how they influence social interactions. Participants will experience differences in new ways that can empower them to take action toward positive change.

**9:30 am - 12:30 pm MORNING
PRE-CONFERENCE WORKSHOPS****8****RITUALISTIC PSYCHODRAMA****Hun Jim Choi, MD; Fellow, ASGPP; NeuroPsychiatric Clinic & Korean Institute of Psychodrama; Professor; Author, *Psychodrama, Theory & Practice*; Dae Jeon, Korea**

Psychodrama is a kind of ritual. It is a group-centered work. Ritual is also a group oriented performance. In Korea, a long traditional shamanistic ritual is practiced frequently today. There are formal and real resemblances between ritual and psychodrama. Participants will learn how all group members can create a group oriented ritualistic psychodrama.

9**POST-TRAUMATIC SLAVERY DISORDER
(PATTERNS OF INTERNALIZED OPPRESSION)****Larry Mahan, MS, Writing Dissertation; Psychotherapist; Consultant; Provincetown, MA**

Patterns of internalized oppression causes clients to attack, criticize, or take on unrealistic expectations of themselves. What is internalized oppression? What are our therapeutic assumptions in work with "other" populations? Do we accurately perceive our interventions through our client's eyes? Can we create a meaningful common language when our language may not be the same? This workshop examines the dynamics of transference and counter transference in working with marginalized populations, especially groups isolated by cultural differences, such as African Americans. Through presentation and discussion, participants will explore the possibilities for authentic connection through awareness of unexamined personal agendas.

9A**BODY ALCHEMY™ .
SAFE JOURNEY TO OUR WHOLE (CELL) SELF****Rebecca M. Ridge, MA, LMT, Doctoral Candidate; Trainer and Group Facilitator; Teaches Body Oriented Therapies Worldwide; Private Practice; Australia & Minnesota**

Psychodrama is a Meta therapy and a healing expressive art. Although we work with the body in many contexts in psychodrama, there is no clearly described somatic psychotherapy included in the theories of psychodrama. This workshop will teach the basic theory of somatic psychotherapy, its impact on cellular consciousness and how intricately it can be interwoven into the psychodramatic process of healing relationships. Participants will experience Somatic Wisdom using physical touch, massage, and guided body awareness.

**2:30 pm - 5:30 pm AFTERNOON
PRE-CONFERENCE WORKSHOPS****10****MEN FEARING MEN: DEVELOPING MALE INTIMACY**

Rick Tivers, LCSW, CGP, BCD; AGPA; Private Practice; Northbrook, IL
Many males terminate treatment prematurely due to the clinician's inability to deal with fears of intimacy, sexuality, abandonment and engulfment. This workshop will enable clinicians, especially males, to connect deeper with other men and to help them understand and work through their own fears and intimacy issues. This is open to men and women who desire to work more effectively with men.

11**TIME-LINES: PERSONAL HISTORY THROUGH ACTION**

Isabel-Lee Malone, MA, RDT; Clinical Supervisor; Rehabilitative Creative Arts Therapy; Girard Medical Center; Teacher, Arcadia & Drexel/Hahnemann Universities; Landsdowne, PA; Nell P. Evans, MS, Ed, TEP; Private Practice; Philadelphia, PA*

A personal history can be deepened and enlivened when the client literally walks their timeline path and marks the significant points. Participants will learn three methods of witnessing and supporting this process by recording on a diagram, using "little people" on a table-top stage, and using auxiliaries to create sculpture and tableau. Variations such as the 'Pillars of Life' and applications for assessment, treatment planning, and one on one and group therapy will be discussed.

12**CELEBRATING OUR DIFFERENCE****Rosalie Minkin, MSW, TEP, ATR; Fellow, ASGPP; East West Center for Psychodrama & Sociodrama Studies; San Francisco, CA***

This sociodrama presentation is designed to suggest that during these tumultuous times; social, political and personal differences must be celebrated. Sociodrama is an avenue that creates a safe and inclusive environment. The fundamental-learning objective is to offer several new sociodrama models, while addressing some basic ground rules of sociodrama which include the ingredients, procedures, tools and directing skills.

**6:00 pm - 7:30 pm
PRESIDENT'S RECEPTION**

A thank you to all the presenters, volunteers, meeters & greeters and session assistants who give so generously of their time, their creativity and their spontaneity.

(Special Ticket Required)

Would you harbor a Christian, a Muslim, a Jew, a