

SUNDAY April 17, 2005



- 7:00 am - 8:00 am** **Zumba with renown creator, 'Beto' Perez**
This is a special treat. Join Alberto 'Beto' Perez, International Zumba Creator, for a fun exercise class set to a Latin beat. A native of Colombia, Beto has trained instructors throughout the US as well as Europe and Japan. It is an amazing coup for ASGPP that Beto has agreed to be part of our conference adding his special Latino flavor. So come out and exercise to the beat of Salsa, Merengue and Cumbia. It's an experience you will not forget.
- 7:30 am - 5:30 pm** REGISTRATION and EXHIBITS
7:30 am - 9:00 am EXECUTIVE COUNCIL BREAKFAST
- 8:00 am - 9:00 am** **Creative Interventions Interactive Improvisational Theatre**
Staci Block MSW, LCSW, and Creative Interventions greet conference attendees with their unique interactive interpretations. Start your day with this talented, creative Adult Improv troupe.
- 8:30 am - 12:00 pm** **Silent Auction Pickup**
- 5:15 pm - 6:00 pm** **CLOSING:** Nick Wolff, new ASGPP President, 2006 Conference Co-chairs, Judith Glass, John Olesen, Sylvia Israel and the Entire Community.

9:15 am - 11:45 pm MORNING WORKSHOPS

67 EXPLORING FEELING DISCONNECTED: A PSYCHODRAMA WORKSHOP

Harvey Heckes, MSW, LCSW, CP; Medical Social Worker, Health Park Medical Center; Adjunct Professor, Florida Gulf Coast University; College of Professional Studies, Social Work Division; Ft. Myers, FL
Feeling disconnected refers to feeling disjointed or a lack of connection. Perhaps your life is too full of activities and/or you are carrying too many roles. Sometimes it is expressed thru this saying, "Same old, same old. Different day, same stuff." It may feel like your life is running on autopilot. It may be difficult to access your own creativity. This experiential workshop will help define and explore this feeling of being disconnected in your life. Psychodrama techniques of warm-up, enactment and sharing will be utilized. The psychodrama process will involve a warm-up, enactment and sharing. This is appropriate for beginners and intermediate practitioners.

68 THE LEGEND OF THE SUPER HERO

Norma Kay Lord, MA, MSW, TEP; Private Practice; Director, Institute of Sociometric and Interpersonal Relations; Houston, TX; Stacie Alpha, LCDC; Private Practice; CAST, Trainer, ISIS, Houston, TX*
The Super Hero is anyone who has ever believed that they can change the way someone else thinks, feels, or is affected in life. It is usually someone who by virtue of their history has been identified by their community or friends as capable of great feats or has gifts viewed as beyond the ordinary scope of the population. In therapy, clinicians or the psychodramatist is often seen as the one with beyond ordinary skills. This workshop will explore, both didactically and experientially, interventions from our "tool box" called psychodrama while we simultaneously confront our own cultural conserve of Super Hero.

69 FIRES ALONG THE SHORE: DRUMMING UP THE DIVINE, SOMATIC UNCONSCIOUS

Mitch Kossak, MA, LMHC; Academic Coordinator, International Expressive Therapy, Lesley University; Cambridge, MA; Rebecca Ridge, BA, MA, Doctoral Candidate, LMT, TEP; Private Practice; Anoka, MN, and Sydney, Australia*
In the collaboration of psychodrama and the expressive arts, this workshop will take you through an experience of the emerging primordial energies that give shape and form to the archetypes of the collective unconscious. The connections between the work of Moreno and Jung will be explored in a multimodal expressive arts experience of drumming, authentic movement, body journeys and Psychodramatic enactment.

70 "ALONE? YEAH, AND I LIKE IT THAT WAY"

Regina Peterson, MSC, CSW, BFA, PAT; Psychodramatist & Creative Arts Therapist, St. Cabrini Home, Inc., West Park, NY; Maro Hall, LMHC, MA; Substance Abuse Counselor, The Brien Center, Great Barrington, MA**
Among the most difficult challenges that face teenagers and older children who find themselves in many long term residential and school settings, group homes and correction facilities are: to learn what "safety" means, and to rediscover the ability to trust. This workshop offers participants the opportunity to explore a variety of action methods helpful in guiding adolescents through the rough seas of their turbulent lives.

71 USE OF SELF: THE EXPRESSIVE THERAPIST'S GREATEST THERAPEUTIC TOOL

Susan Kleinman, MA, ADTR, NCC; Dance/Movement Therapist, The Renfrew Center of Florida; Chair, Nat'l Coalition of Creative Arts Therapies Association; Hollywood, FL
Expressive therapists need to be especially sensitive to the subtle dynamic interplay between their body/mind experience and that of their clients. The use of "self" is, in essence, the expressive therapist's greatest therapeutic tool. Using concepts that underlie dance/movement therapy, this experiential workshop will focus on helping participants broaden their therapeutic boundaries to "think" with their "body/mind" as well as their "cognitive mind."

heretic, convict, or spy? Would you harbor a run-

72 MY PREOCCUPIED HUNGRY HEART

Michael Traynor, MSW; Private Practice; Albany, NY

Eating disorder clients are often occupied with thoughts of food, body image and the anticipation of a sensual mirage that remains just out of reach. This daily distraction obscures the deeper wounds that have led to a sense of deprivation and dependency. Of particular concern are the various cultural conserves which promote or ignore eating disorders in vulnerable populations. This workshop will explore ways to foster emotional stamina, stimulate clarity of thought and expression, and co-create solutions with clients. Didactic and Experiential.

73 READING ALOUD WITH GUSTO!! DYNAMIC STRATEGIES FOR STORY DRAMATIZATION

Sharon Zinner, MA; K/P Education Specialist; Professional Story Dramatist; Art Teacher; Shaker Heights, OH

This workshop will help teachers and parents to develop strategies that inspire children to derive pleasure and excitement from Literature. Participants will learn how to blend and interchange voice characteristics and body/facial expressions with narration and music to comfortably develop one's own unique "flair." Program framework will be lecture, demonstration, peer practice, discussion, and personal experiential story dramatization, brainstorming, coaching and role-playing via "Readers Theater."

74 COMMON GROUND: CONNECTING NATURE AND PSYCHODRAMA

Christina Bellamy, MA, LMHC; Private Practice; Tampa, FL

Many people in the "civilized world" live disconnected from the natural world, which can include everything from the soil in backyard gardens to creatures in the wilderness. Writers such as Aldo Leopold and Terry Tempest Williams remind us that we can be enriched beyond measure by the outdoors. This workshop will offer opportunities to explore personal connections with nature, whether you consider yourself an outdoor person or not. We will look at how to establish a safe harbor with nature, primarily through guided imagery, experiential and psychodramatic approaches in groups and the expressive arts.

75 BIODANZA: NOW, DARE TO BE YOU

Ronald Carter, MD, LAC, CBF; Co-Director, United States School of Biodanza; San Francisco, CA

In a gradually unfolding group process, participants embark on an empowering journey with music, movement and felt sensations while daring to express their human potential, their human interconnectedness. An intensely felt experience in the here-and-now, Biodanza enables and fosters real mind/body/spirit integration, providing relevant content for self-actualization and self-realization to explore the roots of dysfunctional patterns of belief and behavior, and to experience new creative insights.

76 THE RED TENT

Sue Barnum, MA, LPC, TEP, CGP; Fellow, ASGPP; Member, Executive Council, ASGPP; Private Practice; Houston, TX; Glenn Sammis, LPC, TEP, DMin; Private Practice; Clinical Chaplain; Director, Clinical Chaplaincy Services, Methodist Healthcare System; San Antonio, TX*

The Red Tent is a name given by Novelist, Anita Diamant to the place where women's stories were told and their rituals enacted. Borrowing that concept and using the methods of Bibliodrama and Group Psychotherapy, this workshop will explore the roles and relationships that participants, male and female, bring to their version of the Red Tent.

77 EMBRACING THE SHADOW: HONORING OUR DIFFERENCES

Antonina Garcia, MSW, EdD, TEP, RDT/BCT, CGP; Fellow, ASGPP; Adjunct Professor, NYU Drama Therapy Program; NY, NY; Co-author, Sociodrama: Who's in Your Shoes; Private Practice; Plainsboro, NJ; Dale Richard Buchanan, LICSW, PhD, CGP, TEP; Fellow, ASGPP; Executive Director and Former Chairperson of the American Board of Examiners; Private Practice; Washington, DC*

By exploring the shadow, claiming unknown parts and reclaiming disowned parts of themselves, clients transform themselves and their role relationships through passion and compassion. As clients accept and embrace their shadows they become tolerant and accepting of others' differences. This workshop will demonstrate the integration of Jungian shadow work and psychodrama.

78 OPENING DOORS/CLOSING WOUNDS *Spanish/English*

Joseph L. Romance, PhD, LCSW, TEP; Private Practice; Miami, FL; Stephen Kopp, MS, TEP; Creator & Director, Psychodrama Program, St. Luke's Institute, Residential Treatment Program; Silver Springs, MD* Psychodrama offers opportunities for both expression and retraining. As director/clinician, there are many different doors that can be opened through action methods — anger, hurt, disappointment, grief, laughter and hope. One of the challenges a director/clinician faces is understanding how both restraint and expression help to heal wounds. This workshop will explore how and when each of these are used to create a 'safe harbor' for the protagonist/client.

12:45 pm - 2:15 pm
MID-DAY WORKSHOPS

79 SAYING GOODBYE WHEN THEY'VE ALREADY GONE — MANAGING SUDDEN ENDINGS IN SCHOOL

Carl Dutton, Advanced Diploma in Psychodrama; British Psychodrama Association, CP; BPA Journal Book Review Editor; Project Therapist; Liverpool, UK; Georgiana Hughes, BA; Art Psychotherapist; British Association of Art Therapies; Liverpool, UK

This workshop will explore and show through art and psychodrama how endings are managed in a school with high numbers of Refugee and Asylum Seeking children in a Liverpool School in the United Kingdom. It will highlight the fact that endings need to be managed and explored so that understanding and closure can take place

80 COMMUNITY DRAMA: A WAY TO INCREASE SELF-ASWARENESS AND CONFIDENCE

Josephine Fong, PhD, MA, BA; Research Associate, University Health Network; Course Instructor, York University; Director, Centre for Personal Development; Unionville, ON, Canada

While community drama is believed to be effective in conveying educational messages to the general public in the audience, its effects on actors are seldom studied. This presentation will report how actor-participants feel about their personal development as a result of being a member of a community drama group. Attendants will gain insights to organizing community drama groups for the purpose of enhancing actor-participants' strengths and influencing audience views on certain social issues.

child, a poet, a prophet, a king?

81 PLACING THE DRAMA OF THE BODY IN THE SOCIAL ATOM CONTEXT

Jacob Gershoni, MSW, ACSW, TEP; Private Practice, Sociometric Institute, New York City; Staff, New York Presbyterian Medical Center; Editor, *Psychodrama in the 21st Century: Clinical & Educational Applications*; NY, NY*

The increasing acceptance of the body-mind-spirit paradigm for mental health is, in no small measure, due to the contribution of J.L. Moreno. In assessing overall functioning of the self and others, it is now common to consider emotional and spiritual factors, while the physical interconnectiveness remains elusive. Yet, relationships also leave imprints on our bodies, often leading to unconscious somatization. This workshop will explore how projective Sociometry and somatodrama may be used in the goal of integrated healing.

82 ACTION METHODS IN ACUTE CARE SETTINGS

Susan Marcovitz, BA, MSW, LCSW, CP; Clinical Social Worker, The Pavilion of Columbia Hospital; West Palm Beach, FL

Psychodrama and sociodrama address patient needs in crisis stabilization units when focused on here and now functioning, and role training. Action methods serve to widen perceptions of role opportunities for patients. Engagement is the key that unlocks the door to growth. This workshop relies on a foundation of role theory as translated into action methods.

83 MUSIC VIDEO THERAPY FOR AT-RISK ADOLESCENTS

Alan D. Reitman, PhD, LMHC, MT-BC; Co-owner, Cadenza Music Therapy, Inc., Miramar, FL; Associate Clinician, Child & Family Psychologists; Plantation, FL

Music Video Therapy combines the process of creating music videos with theme centered therapy and analysis of group participation. Through a series of goal-directed creative art therapy experiences, at-risk adolescents develop the self expression and social interaction skills needed to adapt a healthy lifestyle.

84 BREAKING CULTURAL BARRIERS: CREATING UNDERSTANDING THROUGH PANTOMIME AND ART

Eva Szego, MA, LPC, LMFT, ATR-BC; Board Certified Art Therapist and Licensed Professional Counselor; Private Practice; Clinical Administrator and Consultant; Houston, TX; Judith Garrett, MA; Pantomime Actor, Director, Producer; Owner, Mimashow, Co.; Houston, TX
Pantomime and art are vehicles through which one can explore myths and stereotypes. Culture is not race or language but rather how we internalize beliefs, values and behaviors. Pantomime and art are not limited by knowledge of a particular language. The body movements and images that are conveyed are universal. Through mime dramas and art, participants will gain insight into their internalized beliefs and learn to establish a safe harbor through creative expression.

85 DANCING WITH DEMONS — HOMOPHOBIA AND HETEROSEXISM

John Olesen, MA, CP; Clinician, Shanti, San Francisco, CA; Sylvia Israel, MFT, RDT/BCT, PAT; Private Practice; Founder and Director, IMAGINE! Center for Creativity and Healing; Teacher, Sonoma State University and the California Institute of Integral Studies, San Rafael, CA**
Homophobia and heterosexism — societal and internalized — affects everyone regardless of sexual orientation. Psychodrama can increase awareness of lesbian/gay/bisexual issues, helping us build trust and new, stronger relationships. Through play, sociodrama and psychodrama this workshop will uncover and transform stereotypes, breaking down fear and isolation. Together we will contribute towards creating a safe harbor for all of us to be who we are. This workshop is for Kinsey 1's, 6's, and everyone in between.

86 SHARING FACTS / INTERVENTION & PREVENTION STRATEGIES FOR BULLYING IN OUR SCHOOLS

Susan Sirota, LMHC, MAC, CFE; Safe Schools Facilitator, Dade County Public School, Miami, FL; Sally Myers, MEd; Safe Schools Facilitator, Dade County Public Schools, Miami, FL

This presentation will focus on identification, intervention and prevention strategies relating to bullying and harassment in the school setting.

87 USING EMDR IN PSYCHODRAMA

Spanish/English

Esly Carvalho, MS, LPC, TEP; President, Plaza del Encuentro; EMDRT Trainer; Little Elm, TX*

This workshop will present the basics of EMDR and its application to psychodrama. It will be most useful since we will give EMDR protocols applied to psychodrama and the Play of Life. This will be a theoretical-practical workshop with snippets of demonstration, especially its use with the Play of Life. A time for questions and answers will be given.

88 I HAVE CHILDREN IN COLLEGE - WHAT DO YOU DO?

Edward N. Williams, MSW, BCD; Private Practice; Actor/Director; Boston, MA

This ninety minute theater arts workshop will look at participants similarities and differences while forming community and dealing with racial, ethnic and stereotyping that is such a common ingredient of the American personal and social experience. In role-play, participants will be examining their roots, understanding of self, i.e., other ethnic groups, and thus beginning to respect and trust one another's cultural and ethnic background.

89 SOCIODRAMA: A SAFE STARTING POINT

Rosalie Minkin, MSW, TEP, ATR; Fellow, ASGPP; Private Practice; East/West Center for Psychodrama and Sociodrama Studies; San Francisco, CA*

This sociodrama presentation addresses the issue and is designed to recognize that during these turbulent times it is difficult for us to always say yes to the question, "do I feel safe?" The fundamental learning objective of this session is to offer basic ground rules of sociodrama. The purpose is to offer an opportunity to pose other questions and acquire additional answers to "do I feel safe?"

Would you harbor an exile or a refugee, a person

2:30 pm - 5:00 pm AFTERNOON WORKSHOPS

90 HISTORY OUT OF THE BOX

Jan McCormick, MA; Museum Educator; Founder, "History Out of the Box" Program; Education Consultant, Sarasota County School System, FL Teachers will be introduced to a unique way to facilitate students in learning History. A hands on approach stimulates the children's imaginations. Playing games children played 100 years ago; examining antiques (then researching them by computer); and garbology (examining trash and drawing inference about people and culture across the Centuries) attendees will experience "time travel" via role-playing faces of history.

91 BODY-BASED BOUNDARIES: ESTABLISHING SAFETY FOR SELF AND COMMUNITY

Jodi Rodgers, BS, CRP; Certified Radix® Practitioner with the Radix® Institute; Founder and Co-Coordinator, Arts Healing Sexual Violence; South Miami, FL

This presentation provides an opportunity for psychodrama practitioners and other mental health professionals to develop a deeper understanding of the importance and function of somatic boundary work. This body-centered approach to boundary work concretizes the abstract concept of boundaries, which are a vital to an actualized self and a healthy, inclusive community. Expanding established somatic psychology theories and methodologies, we will explore didactically and experientially specific exercises for building boundaries and consciously armoring our bodies, our minds, our emotions and our spiritual selves.

92 PSYCHODRAMATIC SUPERVISION: LEARNING AS CLIENT, THERAPIST, AND SUPERVISOR

Susan Gaines, MC, CPC, CP; Private Practice, Tucson, AZ

Some clients pose particularly difficult challenges to therapists. Sometimes our own issues block the therapeutic pathway making us blind to what is in our client's best interest. Using action methods in supervision can help therapists see more clearly what stands in the way of effective treatment. This didactic and experiential workshop will explore the supervision process and effective uses of action methods in meeting the goals of supervision.

93 NEW DIMENSIONS IN SOCIATRY: INTERACTIVE AND IMPROVISATIONAL DRAMAS

Daniel J. Wiener, PhD, RDT; Fellow, ASGPP; Professor, Central Connecticut State; Amherst, MA; Adam Blatner, MD, TEP; Private Practice; Instructor and Program Committee, Senior University, Georgetown, TX; Author, *Acting-In, Practical Applications of Psychodrama Methods: Foundations of Psychodrama: History, Theory and Practice**

This workshop will offer a general overview of a wide range of approaches that resonate with Moreno's vision, hopes and principles of inclusion of other fields, a wider range of people, of all kinds of spontaneity development, and group work, applied throughout society. These provide new ways of fostering creativity, empowerment, social activism, education, and even recreation. Presenters have prepared an anthology of over 30 chapters that describe different methods for achieving these goals. Those attending will be welcome to comment and offer their input.

94 FROM GIRLS TO GRANDMAS

Louise Lipman, CSW-R, CGP, TEP; Fellow, ASGPP; Past President, ASGPP; President, NY Chapter ASGPP; Co-Director, Psychodrama Training Program for Substance Abuse Counselors, PTI, New York City, Private Practice, NYC*

Our roles as women develop over time. They evolve, transform and expand and shrink as we grow and change. We are influenced by: the men and women who raise us; the social events that impact our communities and the media messages by which we are bombarded. As we move through the phases of our lives, in accordance with Moreno's role theory, we have opportunities to continuously reinvent ourselves as women, if we choose to do so. In this workshop, each person will have the chance to explore this challenging, exciting and moving journey for themselves.

This is a Master Class

95 COMMUNICATING THROUGH MOVEMENT — A SOCIAL SKILLS DEVELOPMENT AND MOVEMENT PROGRAM *Spanish/English*

Sofia H. Matz, MS, LMHC, DTR; Counselor/Teacher, Lehrman Community Day School; Surfside, FL

This workshop presents a creative and educational approach where students, educators, and parents work together to facilitate and enhance effective communication. With the use of dance/movement therapy techniques and mental health counseling interventions, movement becomes the common language and proactive tool towards social, emotional, and educational growth.

96 INTRODUCTION TO DIRECTIVE GROUP THERAPY (DGT)

Larry Winters, BPS, NLP Practitioner Degree; Private Practice; New Paltz, NY; Senior Clinician, Four Winds Hospital, Westchester, NY

DGT-Directive Group Therapy is a form of group psychotherapy that enables therapists to perform meaningful work with 10-15 patients in just one hour. DGT owes its original origins to J.L. Moreno. DGT offers a powerful treatment method while providing a solution to the time constraints all practitioners are faced with. DGT utilizes action methods with each patient in rapid succession. DGT is one of the answers to dealing with manage care insistence on brief treatment.

97 DEALING WITH THE CHALLENGE OF CANCER THROUGH PSYCHODRAMA — CREATING A SAFE HARBOR

Herb Dandes, PhD, TEP; Private Practice; Founder, Miami Institute for Group Process and Psychodrama; Professor Emeritus, University of Miami, FL; Sue McMunn, LCSW, CP; Fellow, ASGPP; Secretary, ASGPP Executive Council; Private Practice; Naples, FL; Peggy Rios, PhD; Program Director, The Wellness Community; Miami, FL*

Combining psychodrama with the cancer intervention model presented by LeShan's *Cancer as a Turning Point*, people dealing with cancer are helped to "sing their own song." Using this illness as an opportunity to live life more in accord with their inner wishes and desires, this in turn may lead to greater longevity and improved quality of life. Psychodramatic methods are used to create a "safe harbor" where participants may enhance the spontaneity and creativity needed to follow this challenging path.

living with AIDS? Would you harbor a Tubman, a

Karen Carnabucci, MSS, LCSW, TEP; Fellow, ASGPP; Private Practice; Companions in Healing, Racine, WIS*

Who will survive in business? Those who market themselves! Helping professionals — including psychodramatists and creative arts therapists — are growing more aware of the importance of marketing their services and skills to build their practices. Non-profit organizations are also realizing that they must employ marketing skills to attract new members and retain current members, often with a tight budget. Using sociometric and psychodramatic tools and a whole person approach we will explore your comfort level about marketing and ways to increase your comfort, skills and connections so that marketing becomes a creative adventure, rather than a chore.

BODYWORK, DISSOCIATION AND PSYCHODRAMA: CREATING A SAFE HARBOR WITHIN THE BODY!

Barbara Guest, BEd, MSW, RSW, PAT; Private Practice; Bellwood Health Services; Toronto, ON, Canada; Susan Aaron, BA, RMT; Private Practice; Creator of Psychodramatic Bodywork; Director, Susan Aaron Workshops; Toronto, ON, Canada**

Dissociation is a common phenomenon. Fear makes us all frightened to face the trauma that we need to face. How do we as psychodramatists help our protagonist with the fear that lives in their bodies and tries to pull them away into the safe world of dissociation? Utilizing bodywork techniques that help a person stay grounded and present, this workshop will examine the continuum from common day dreams to Dissociative Disorders.

WORLD FORGIVENESS CHAMPIONSHIPS by the ORGANIZATION of SOULSCIENCE SCHOOL

Murat Kemaloglu, MD; President, Soulscience School; Author, Reflexions on Psychosis; Culture Alien Myths in Analytical Process, Antalya, Turkey

This workshop invites participants through a questioning process to examine who among us has the capacity to take place among the finalists in World Forgiveness Championships. Using the methods of anamnesis and inspection to look at our relationship to forgiveness. The one with the deepest wound who succeeded in forgiving deserves the gold medal.

CREATIVE DANCE WITH PRESCHOOLERS: CAN YOU SEE MY IMAGINARY WORLD?

Carol Kaminsky, MA; Dance/Movement Therapist, Renfrew Center; University of Miami, FL

This presentation will focus on how to connect to the creative energy and communication of preschool children through the elements of dance. Participants will learn how movement enhances bonding and relationship and stimulates imagination furthering healthy attachment and self-esteem. Participants will explore dance and movement techniques for working with young children that promote expression of feelings, thoughts, concentration, focus and self-awareness.

5:15 pm - 6:00 pm

**CLOSING CEREMONY & An Invitation
to San Francisco from the
2006 Conference Committee.**