



SATURDAY April 16, 2005

7:00 am - 8:00 am Yoga with Patricia Isis, PhD, Certified Yoga Instructor
 7:30 am - 5:30 pm REGISTRATION and EXHIBITS
 7:30 am - 6:00 pm SILENT AUCTION
 8:45 am - 10:15 pm Morning Welcome / Ritual / Keynote Address

KEYNOTE ADDRESS: *Inclusion-Exclusion in the Life and Work of J. L. Moreno*
 José Fonseca, MD, PhD; Founder of the Brazilian Federation of Psychodrama; Trainer and supervisor at the Sao Paulo Psychodrama Society; Coordinator of the Daimon Center for Relationship Studies in Sao Paulo; Former Editor of the *International Forum of Group Psychotherapy*; Author of *Psychodrama of Madness, Relationship Psychotherapy and Contemporary Psychodrama: New Approaches to Theory and Technique*.

Dr. Fonseca will discuss the creative ways in which J. L. Moreno dealt with social exclusion and how he found cultural conserves of inclusion. These experiences will be related to the development of his theories and life work.

6:00 pm - 7:30 pm AWARDS PRESENTATION, CELEBRATION & RECEPTION
 9:30 pm - Midnight MOON OVER MIAMI DANCE & PARTY

10:30 am - 1:00 pm MORNING WORKSHOPS

37 RELATIONSHIP PSYCHOTHERAPY - CHANGING HATS IN THE MANY ROLES OF PSYCHODRAMA

José Fonseca, MD, PhD; Founder, Brazilian Federation of Psychodrama; Trainer and Supervisor, Sao Paulo Psychodrama Society; Coordinator, Daimon Center for Relationship Studies in Sao Paulo; Former Editor, *International Forum of Group Psychotherapy*; Author, *Psychodrama of Madness, Relationship Psychotherapy and Contemporary Psychodrama: New Approaches to Theory and Techniques*

In this workshop, our Keynote Speaker, Dr. Fonseca, will expand his presentation by discussing a systematized way to work with psychodrama in individual psychotherapy (Psychodrama a Deux). Learn how in this method the psychotherapist expands the roles of director and auxiliary ego.

38 THE INTRAPSYCHIC PSYCHODRAMA - GATEWAY TO SELF INCLUSION

John Rasberry, MEd, LMFT, PAT; Member, Executive Council, ASGPP; Director, Mid-South Center for Psychodrama and Sociometry; Tupelo, MS**

Inclusion and exclusion are primarily concepts of relationships with others. Yet, how we exclude various roles of our repertoire, me to me, can cut us off from inclusion with others. This workshop will explore how psychodrama can facilitate the inclusion of various roles within our own repertoire. This workshop is suitable for both the individual and group practitioner.

39 SOCIODRAMA: ANTIDOTE TO XENOPHOBIA OR WHY CAN'T WE ALL PLAY?

Antonina Garcia, LCSW, EdD, TEP, RDT/BCT, CGP; Private Practice; Plainsboro, NJ; Adjunct Professor, New York University, NYC; Co-Author, *Sociodrama: Who's in Your Shoes, Rev.ed. Patricia Sternberg, MA, RDT/BCT;* Full Professor, Theater Department, Hunter College; Co-Author, *Sociodrama: Who's in Your Shoes, Rev.ed.*, Author, *Theater for Conflict Resolution**

We have learned from gene mapping that all humans are nearly identical genetically. Yet, we sometimes find it easier to withdraw rather than take the first step in interacting with others. Sometimes we work overtime to shun others because of perceived differences. Frequently, these reactions are caused by a fear of exclusion and prevent us from experiencing the joy of inclusion. This workshop demonstrates that sociodrama provides rich opportunities for us to realize how truly alike we are.

40 ADULT AND TEENAGERS TOGETHER — A MODEL FOR WORKING WITH TEENAGERS AND ADULTS

Marilyn Barkan Wood, MEd, LPC, TEP; Private Practice; Psychodrama Teacher, Valley Youth House, Whitehall, PA*

The purpose of this presentation is to illustrate how effectively a group of inner city, abused, rejected teenagers and adults can share their feelings and problems with each other in a safe environment. It will model the use of psychodrama and action methods with a teenage population in a residential treatment center working along with counselors, teachers and interns. Case material will demonstrate the process and techniques involved in this approach.

Garrett, a Truth, a fugitive, or a slave? Would you

41 INCLUSION OF PERSONAL TALENTS INTO PRACTICE

Jack R. Shupe, ND, LAc, PAT; Practicing Naturopathic Physician, Certified Acupuncturist, Minister, Earth Steward, Spiritual Healer**

Bringing forth parts of your knowledge, experience, and scope of practice in safe and effective ways is often a challenge for professionals who must also address tasks relevant to the primary reasons a client came to visit. This workshop will help you bring out your unique skill sets in your practice with spontaneity and enjoyment. This workshop format includes a didactic presentation with demonstration, followed by experiential group process and sharing.

This is a 2005 Award Winner's Workshop

42 BEYOND OUR FIELD OF DREAMS: IF YOU PUBLICIZE IT, THEY WILL COME

Jude Treder-Wolff, MSW, BFA, R-CSW, RMT, CGP; Fellow, ASGPP; Editor, Psychodrama Network News; Chairman, CEU Committee, ASGPP; Private Practice; Cabaret Artist; Author, Tapestry of Hope; President, Lifestage, Inc., Smithtown, NY

For our field to survive and expand, we have to be activists. Positive publicity enhances our exposure beyond the related fields where we already have a presence, to those we have much to offer but are under represented, e.g., racism/cultural diversity work, HIV/AIDS, community activism. This workshop will explore effective ways to heighten our visibility through creative publicity. Using role-plays, sociodrama, and brainstorming participants can apply the guidelines provided to their professional needs, and to promote psychodrama in our communities and the larger world.

43 BREAKING OPEN THE WORD: EXPLORING THE USES OF BIBLIODRAMA

Linda Condon, MA, MPS, CP; Author, The Warm-Up Ring: Keys for Energizing Your Group; Faculty Member & Campus Minister, Clearwater Central Catholic High School, Clearwater, FL

Psychodrama magic comes alive when we concretize the stories of one another's lives. In much the same way, encountering the characters of the Bible can hold an equal fascination and transformational power. In this workshop participants will explore a variety of ways to utilize Bibliodrama, as well as have the opportunity to connect their own life story to the energy and imagery of this wisdom literature.

44 PSYCHODRAMATIC TREATMENT OF DENIAL

Bill Coleman, MSW, CSW, TEP; Therapist and Psychodramatist, Four Winds Hospital; Adjunct Professor of Theater Therapy, Russell Sage College, Troy, NY; Private Practice; Millerton, NY*

A psychodramatic approach to concretizing denial wherever it appears, using role playing and projection for the safe exploration of destructive or intransigent behavior and the possibilities of change. Using the tools of role-playing and role reversals, participants will learn how to apply the exercises in a group to a wide variety of denial behaviors to include substance abuse, eating disorders, compulsive behaviors, or intractable attitudes that feed self-destructive behaviors.

44A CIRCLES OF INTIMACY: FEARS AMONG CHILDREN

Asha Singh, Bsc, MSc, MEd, PhD; Head, Department of Child Development, Lady Irwin College, University of Delhi; New Delhi, India

A global increase in politically instigated violence often disrupts everyday life for ordinary people. Children too often become 'invisible' witnesses to human atrocities and unjustified plunderings. These inhuman acts dislodge children's psychosocial bearings. Creating spaces to dialogue about such internalizations seems necessary to protect and revitalize

children's zest. Hidden fears and anger of undue magnitude need to be voiced. In this workshop, participants will experience methods to address children's psychosocial needs using methods of theatre, games, storytelling and role play appropriate to the inner world of children.

45 "JUST LOOKING" — A DANCE THERAPY PERFORMANCE VIDEO ABOUT EATING DISORDERS

Carol Kaminsky, MA, NCC, ADTR; Private Practice; Dance/Movement Therapist; Staff, University of Miami; Renfrew Center; Baptist Health System; Miami, FL

This presentation will focus on how dance/movement was used in creating a performance for an Eating Disorders Awareness and Prevention event. A videotape of this performance will be shown. Participants will learn methods of how to integrate ideas, metaphors, dance and personal story in working with clients with eating disorder issues. Participants will create their own movement metaphors that act as psychodramatic mirrors for clients to concretize body image, body/food and feelings, and eating behaviors.

46 COUPLES MINUS ONE - DEVELOPING GATEWAYS FOR ABSENTEES

Donnell Miller, PhD, MDiv, MA; Private Practice; Director, Beacon Reminders Psychodramas; Redlands, CA and Philadelphia, PA; Author, Directing Psychodrama, Changing the Past, Teens Connect with Adults, Catharsis and Closure, As Depression Fades; Veronica O. Bowlan, MSW, LSC, CP; Private Practice; Faculty, Drexel University College of Medicine, Dept. of Psychiatry; Philadelphia, PA

A common policy among marriage counselors is to refuse couples when only one person commits to treatment. As realities refuse to conform to our expectations, we make the policy negotiable. Inpatient psychodramas typically forbid couple encounters. In both outpatient and inpatient settings, protagonists use auxiliaries to represent the absent partner. What led to the couple minus one situation is reviewed, what went amiss, when enough is enough, and what to do next. When the couple minus one condition persists, focus of growth in on the one present, reflecting on what has been learned, and considering how this impacts on future relationships. "Couples" includes any relationship of intimacy that has progressed beyond friendship. The psychodrama experience will be with didactic and research input.

47 UTILIZING SOCIODRAMA TO TEACH CURRENT EVENTS

Richard Paschke, MA, TEP; Member, Executive Council, ASGPP, Private Practice; Director, Florida Training Workshops; Port Charlotte, FL*

This beginning workshop equips teachers to teach current events to students of varying ages by using a sociodrama model. Participants will learn how to engage your students in role playing through "warm-up" techniques, how to develop current events scenes, and how to enhance the action with drama and insight. Workshop will include lecture, demonstration and discussion as well as group enactment.

48 MINDFULNESS BASED STRESS REDUCTION AND ART THERAPY

Patricia Isis, PhD, LMHC, ATR-BC; Private Practice; Miami, FL

Making each moment count by consciously bringing it into awareness is essential for professional presence, personal growth, and physical/emotional health. In this experiential workshop, participants will be invited to integrate the practice of Mindfulness based stress reduction with an opportunity to document and nourish their awareness of the moment through imagery and art making.

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1:15 pm - 2:15 pm LUNCH / SPECIAL INTEREST GROUPS / CONVERSATION HOURS / MINI SESSIONS

Box Lunches Available in Registration Area

49 SOCIODRAMATIC APPROACH TO ENHANCE THE SAFETY CULTURE IN NUCLEAR COMMUNITIES

Sung Hee Cho, PhD, TEP (Korea); Clinical Psychologist, Forensic Psychiatric Hospital of Korea; President, Korean Association for Psychodrama and Sociodrama (KAPS); Taejon, Korea; Kwang Sik Choi, PhD; Principal Researcher, Korean Institute of Nuclear Safety (KINS); Taejon, Korea*

This presentation is to show the efficacy of Sociodrama in Conflict Resolution and enhancement of safety culture among nuclear subgroups such as nuclear power plant operators, inspectors (regulators), media, NGO's as well as residents and the public. Perceived safety level is determined by the interaction of real safety level and psychosocial factors. Twenty-three inspectors from six different countries in Asia experienced sociodrama dealing with psychosocial factors, and survey responses showed that they gained better understanding and more empathy with the public, residents, and other subgroups. They also recommend that sociodrama should be utilized as a communicative method as well as a training tool. This presentation will include discussion with hand-outs on survey results, and is beneficial for anyone interested in sociodrama.

50 MORENO'S VIENNESE YEARS AND HIS INFLUENCE ON PHILOSOPHY AND PSYCHOTHERAPY

Robert Waldl, MA, Doctoral Candidate; Philosopher and Psychotherapist; Private Practice; Vienna, Austria

The young Moreno created and lived his philosophy of encounter in Vienna till his departure to the USA in 1925. During this time he was publishing expressionistic poems, plays and essays in booklets and magazines, which only exist in rare copies today. Current research shows Moreno's early writings influenced dialogical philosophy and humanistic psychology more than recognized until now. Central figures of these important trends of the 20th century are influenced by Moreno's early thinking.

51 SUCCESSFUL TEACHING TECHNIQUES IN A RACE RELATIONS CLASS

Peter L. Kranz, PhD, CP; Fellow, ASGPP; Assistant Professor, Dept. of Educational Psychology, University of Texas Pan American; Edinburg, TX Suggestions for enhancing a University course in race relations are presented. These approaches were employed in a series of classes offered at a University in the southeastern U.S. during a historical period of racial tension. This course provided a supportive arena for personal questions, student interaction and positive change. Twenty-five years later, former students reported that the experiential components were powerful change instruments in self-growth, development and racial understanding. Many reported those days as the basis of profound life-long positive changes in racial attitudes.

52 AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR

Mary Jo Armatruda, MA, MS TEP, CGP, NBCC; Chairperson, American Board of Examiners in Psychodrama, Sociometry, and Group Psychotherapy; NY, NY; Members of the Board of Examiners* Elected members of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board chairperson will also share information concerning critical issues and future directions of the Board. The Board would especially like to hear

from individuals who are not certified regarding their concerns about the certification process.

53 PROMOTING PSYCHODRAMA: HOW TO DO AN OPEN SESSION

William H. Wysong, MA, LPC, EMDR, Level II, TEP; Fellow, ASGPP; Private Practice; Colorado Springs, CO*

Psychodrama is isolated from mainstream therapies. Why? Because no one knows what we do. You can explain it, but do people really understand? Psychodrama must be demonstrated and an ideal way is with an open session for psychology and social work classes. Participants will experience a warm up and information will be given for the selection of a protagonist, a psychodrama, and sharing. Followed by a discussion of how and why the particular format was followed.

2:30 pm - 5:00 pm AFTERNOON WORKSHOPS

54 EXPLORING MOTHER & DAUGHTER RELATIONSHIPS

Nan Nally-Seif, CSW, DCSW, TEP; Fellow, ASGPP; Trainer, Psychodrama Training Institute, NYC; Past Chair, American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy; Director, Irish/Irish American Counseling Service; Private Practice; NY, NY* This workshop will explore the complexities of mother/daughter relationships using psychodrama and sociometry. Participants will draw on personal experience to examine the roles, conflicts and the subtleties of this relationship.

55 YOU'VE GOT TO FEEL IT TO HEAL IT: CREATING A HEALING CIRCLE FOR GRIEF WORK

Bernice Garfield-Szita, MS, LPC, TEP; Fellow, ASGPP; Past Executive Council Member, ASGPP; Past President, NJ Chapter ASGPP; Co-Director, Action Artz Training Institute and Contemporary Counseling Center, Marlboro, NJ; Robert Szita, MS, LPC, TEP; Fellow, ASGPP; Co-Director, Action Artz Training Institute and Contemporary Counseling Center, Marlboro, NJ*

The death of a loved one is a powerful blow to one's balance and sense of well being. It can trigger a roller coaster of emotions that leaves people questioning their reason and sanity. This workshop will be helpful to anyone who has experienced a loss; friends and family members, or caring professionals who help guide others to cope with grief. This interactive program will demonstrate how psychodrama and action methods can create a supportive group environment where members can find comfort and courage to "feel it and heal it."

56 SURVIVAL AND EMPOWERMENT: LONG TERM, OPEN ENDED PSYCHOTHERAPY IN AN ADOPTED HOME COUNTRY

Doris B. Stiles-Glaser, PhD; Private Practice; Miami, FL; Ray Armstrong, PhD; Private Practice, Miami, FL

Through didactic presentation and discussion, this workshop will address how Group Therapy can be a fast-track experience for completing psychodynamic and relational work begun in individual therapy. Participants will explore new meanings of parallel process, attachment, empathic communication, inclusion and connection in the lives of people who have endured displacement from family and/or homeland. The role of the therapist in creating an on going safe place through modeling respect, collaboration, and trust will be explored in the context of group as a "corrective family experience." A wide spectrum of issues are raised and dealt with in these groups: abuse, addiction, trauma, marital, parenting, PTSD, anxiety, and depression. Specific issues will be addressed as time allows.

57 VIDEODRAMA OF BELONGINGNESS

Margo Fallon, BSE, PhD; Private Practice; Assistant Professor of Clinical Psychology, Park University; K.C. Independent Filmmaker; Director, Diversity Lifeskills Troupe, Kansas City, MO; Park University Psychology Student Story Theatre Troupe; Park University, Kansas City, MO

Lord of the Ring... or Elf? Innies... or Outies? This workshop will explore inclusion versus exclusionary roles utilizing expressive arts techniques from art, drama, psychodrama, music, dance and video. Come explore and share your story and act hunger. Record it if you chose, as a model for yourself, organization, or Hollywood. Participants will explore their own feelings of belongingness and apply the use of such techniques in their various professional settings.

58 I DON'T WANNA / YOU CAN'T MAKE ME!

Rebecca Walters, MS, TEP; Fellow, ASGPP, Co-Director, Hudson Valley Psychodrama Institute; Director, Adolescent and Child Psychodrama Services, Four Winds Hospital, New Paltz, NY *

What is resistance? How does it get in the way? How does it serve us? How can we help people move beyond it? Psychodramatic interventions that "go with resistance," honor defenses and are attuned to sociometry create the safety that help change barriers into open doors. This encourages individual and group warm up to spontaneity, healing and change. This workshop is especially useful for those working with adolescents, the chemically dependent and "acting out" clients.

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59 PLAYBACK THEATRE: HONORING DIFFERENCE, FINDING COMMON GROUND

Judy Swallow, MA, TEP; Fellow, ASGPP; Private Practice; Co-Director, Hudson Valley Psychodrama Institute; Senior Psychodramatist, Four Winds Hospital; Co-Director Community Playback Theatre, New Paltz, NY*

Playback Theatre is an action form of communication where personal stories are "played back" to the tellers with creativity and generosity of spirit. Workshop members will learn and practice fluid sculptures, pairs and scenes, bringing stories to life in an atmosphere of shared learning and discovery.

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60 HARBORING OUR SENSUALITY

Lin Considine, MS, LMHC; Private Practice; West Palm Beach, FL; Kathryn Minton Brown, MEd; Private Practice; West Palm Beach, FL; Catherine Detko, MEd, LMHC; Private Practice; Vero Beach & Ft. Pierce, FL

The ability to access full expression of our sexuality occurs through the presence of an inner safe harbor which allows for acceptance of our sensuality. This workshop will explore the blocks to full expression of sensuality through affect, behavior, cognition, and spirituality. The goal of this workshop is to make movement towards increased creativity and spontaneity in the expression of sensuality.

61 COURTROOM DRAMA: USING TRIALS IN THE CLASSROOM SETTING

Michael Means, BBA, JD; U.S. Government & Law Studies Instructor, Port Charlotte High School, Port Charlotte, FL

This session will introduce participants to the competitive legal exercise known as the Mock Trial, where students receive witness statements and other trial materials in advance to prepare for a competition in a courtroom setting. Each side has students playing the roles of witnesses and attorneys, proceeding as in an actual trial, using standard rules of evidence. Participants will receive an introduction to the format and content of a Mock Trial. They will be given case materials for an actual trial, be given time to adopt roles, prepare, then conduct the trial using Mock Trial format. A discussion will follow regarding possible applications of this exercise.

62 DEVELOPMENTS OF PSYCHODRAMA IN SPIRITUALITY, PERSONALITY THEORY, NEURO PSYCHIOPATHOLOGY AND PLAY OF LIFE

Carlos Raimundo, MD, CP, MBA, TEP (Argentina); Innovator Award; School of Contemporary Psychodrama, Gladesville, NSW, Australia*

This workshop will share key distinctive psychodramatic and sociometric methodological points from contributions by Dr. JG Rojas Bermudez (Argentinean School of Psychodrama) and his research. Dr. Raimundo has been working on "Sustainable Behavioral Change" for more than 25 years. He will share practical ways of interrelating issues that are in the realm of spirituality in individuals and social interactions together with neurobiological developments, psychopathological realities and the practical application of his method, the Play of Life.

63 PLOTTING YOUR COURSE TOWARDS A NEW DESTINATION

Esme Pitel, BS, MA, PAT; Member, Executive Council, ASGPP; Private Practice; Beeton, ON, Canada; David Pitel, PhD, MD; Private Practice; Psychodrama Associate, Toronto Centre for Psychodrama and Sociometry, Beeton, ON, Canada**

This workshop will explore a way to maximize opportunities and minimize risks in taking a new path on life's journey. Using psychodramatic role raking, participants will get to experience being protagonist, director, and auxiliary. Counselors of all kinds will find this a powerful exercise in assisting clients to make changes in their life courses less intimidating.

64 THE HOLOCAUST REMEMBERED: A PERFORMANCE AND WORKSHOP

Phillip Speiser, PhD, RDT; Private Practice; Executive Director, Boston Institute for Arts Therapy, Boston, MA; Vivien Marcow Speiser, PhD, ADTR; Director, International and Collaborative Programs, Graduate School of Arts and Social Sciences, Lesley University; Cambridge, MA

This workshop will present a process of doing arts based research as a search for making meaning around the losses the presenters' families have suffered in the holocaust. We will describe our methodology as well as demonstrate the integration of visual images with storytelling and performance. This workshop will conclude with experiential structures that will enable participants to explore their own cultural and social realities and to learn about applications to clinical work.

Would you harbor me? Would I harbor you?

65**THE PARADOX OF SPIRITUALITY:
FINDING SAFETY IN OUR SPIRIT!****David F. Moran, LCSW, CAC; Clinical Supervisor; Private Practice;
Swarthmore, PA**

Trauma destroys our sense of safety that we need as a foundation to grow and develop as human beings. The events of 9/11 have made this clear to all. 9/12 is the day the American Spirit pooled her resources together to rebuild and overcome those traumatic experiences. As clinicians, we are asked to help victims of trauma to overcome their pain. Looking at Maslow's Hierarchy of Needs, safety and security are the foundation of human development. This mode, the Paradox of Spirituality, offers an inversion of Maslow's Hierarchy. Experience the strength of the spirit as the guide to safety, security, belonging, self-esteem and actualization.

66**INTEGRATION OF PSYCHODRAMA AND BUDDHISM:
EMPTINESS, ROLE THEORY AND COMPASSION****Herb Propper, PhD, TEP; Fellow, ASGPP; Director, Celebrations of the
Soul; Professor Emeritus of Theater, Johnson State College,
Montpelier, VT***

An introduction in action to connections between the Buddhist concept of Emptiness and Role Theory. Using role reversal and the support of Pure Enlightened Buddhist Deities, we will explore ways of generating compassion for those we view as creating difficulties in our attempts to fulfill our highest creative potential. For those curious about Buddhism, as well as practitioners.

6:00 pm - 7:30 pm**AWARDS PRESENTATION, CELEBRATION &
RECEPTION**

Come honor each other and those who have made outstanding contributions to our community. Meet and greet award recipients while enjoying entertainment and a light buffet. Master and Mistress of Ceremonies will be John Rasberry & Dena Baumgartner.

(SPECIAL TICKET REQUIRED)**9:30 pm - Midnight****Moon Over Miami
Dance & Party**

Meet us under the Moon over Miami for a fun evening of dancing in the tropics. Dance to Latin, R&R, Motown. Disco led by local DJ, Larry Kolasa. Chips, dips and dessert are all part of the admission price.

*Don't Miss The Fun!***(SPECIAL TICKET REQUIRED)**