



MONDAY April 18, 2005

8:30 am - 10:30 am REGISTRATION
9:30 am - 5:30 pm POST CONFERENCE WORKSHOPS

Pre-Registration is strongly encouraged. Space is very limited. **ADDITIONAL FEE REQUIRED.**

**9:30 am - 5:30 pm
ALL DAY WORKSHOPS**

**102 CREATING A SAFE HARBOR:
CO-LEADING GROUPS AND WORKSHOPS**

John Raven Mosher, MA, TEP; Fellow, ASGPP; Director of Training, Blue Sky Counselors, Inc.; Seattle, WA; Brigid Mosher, PhD, PAT; Therapist and Trainer, Blue Sky Counselors, Inc.; Seattle, WA*

The relationship between co-leaders of a group makes a safe harbor of influence around the group. If you have an interest in co-leading, are co-leading, or anticipate co-leading, this workshop is for you. There are many models for co-leading: taking turns, professional tolerance, hierarchical relationships, "parental" relationships, a division of roles or talents, and the invocation of faith, hope, and charity, and others. This workshop will explore in action the fears, challenges, and experiences of participants through the lenses of Moreno's Canon of Creativity and Mosher's Healing Circle. The Healing Circle offers perspectives on what happens when two personal mythologies come together and optimize the richness of co-creating. Current co-leaders are welcomed along with all group leaders.

This is a 2005 Award Winner's Workshop

**103 "TESHUVA" COMING HOME: CHANGING WHAT I BECOME,
DUE TO PAIN AND SUFFERING, AND COMING BACK TO THE
PERSON I'VE BEEN CREATED TO BE**

Carlos Raimundo, MD, CP, MBA, TEP (Argentina); Innovator Award, ASGPP; School of Contemporary Psychodrama, Gladesville, NSW, Australia*

Teshuva is a word that means repentance and is the most important element in Rosh Hashanah. For the concept of "conversion," this repentance is also the key element needed to "comeback." Come back to what? To home, to the Father and it's ultimately back to who we are, the person, in whose Image the Father has created me in. But over time this person has been damaged and has departed from "home". It's time to come back; the Father is waiting to start the process and to welcome me home. This workshop utilizes the Play of Life Method to identify the internal mark that tells who we are and what is the first step towards this process. The belief is that if I do what is in my reach; the Father will do the rest of the journey to reach me. It's time to come back home! This workshop is a way of exploring Jewish Philosophy, influenced by Abraham J. Heschels' work; the Christian point of view, influenced by Francis Schaeffer and using personal experience and research.

**104 WOMEN'S RELATIONAL CONTEXT: EXPLORATION THROUGH
ARTS AND COMPLEMENTARY THERAPIES**

Martha Rand, CGP, LCSW, MTh; Private Practice; Consultant and School Social Worker, Hudson County School of Technology; Jersey City, NJ

Mutuality, the sense of reciprocity, exchange and intimacy are characteristics of relationships that nurture and support growth. Self-realization and validation of others involves feeling heard, being seen, understood and known. Verbal and non-verbal communication informs ongoing relational paradigms in women's lives across cultures. This group experience will include creative arts, bodywork, meditation and ritual making to nurture and be nourished. The contributions of same gender groups to personal/professional development will be discussed.

**105 PSYCHOSPIRITUAL PSYCHODRAMA, THE FOURTH ROLE
CATEGORY: SACRED RELATIONSHIPS**

Natalie Winters, EdD, TEP, HyT, DAPA; Fellow, ASGPP; Co-Founder, Center for Creative Action: Psychodrama Training; Diplomat of the American Psychology Association; Tampa, FL*

The purpose of this workshop is to learn about the fourth role category and discover the meaning of sacred relationships. Through the use of psychospiritual psychodrama and the cosmic spiral of creativity we will explore our connection with the godhead and its significance to all of our relationships — both intimate and extended. Through this connection we find a sense of safety and inclusion in all that is.

106 THE LABYRINTH: A UNIVERSAL GATEWAY TO AWARENESS

Fiona Roche, BSc, CQSW, CGPA, RSW, CP, PAT; Coordinator Psychodrama Program, Beilwood Health Services; Toronto Centre for Psychodrama; ON, Canada; Donna Chantler, RN, MEd, CP, PAT; Private Practice; ON, Canada**

Walk into self-sensing the many meanings and expressions of the roles you most want to explore in your life. Move into action embodying those roles and open yourself to a greater self-awareness that will augment your learning throughout the conference. Discover how the labyrinth can be used to facilitate: the warm-up, the protagonist selection, the enactment and the closure of a drama.

Garrett, a Truth, a fugitive, or a slave? Would you