



## FRIDAY April 15, 2005

7:00 am - 8:00 am  
7:00 am - 8:00 am  
7:30 am - 5:45 pm  
7:30 am - 6:00 pm

Orientation & Breakfast for Volunteers, Meeters & Greeters and Session Assistants  
Zumba Body Warm-Up with Joe Romance, Certified Instructor  
REGISTRATION & EXHIBITS  
SILENT AUCTION

8:15 am - 10:00 am

WELCOME AND OPENING PLENARY

Welcome: René Marineau, President of the ASGPP; Conference Co-Chairs, Mary Bellofatto, Nancy Kirsner and Sue McMunn

OPENING PLENARY:

*Anchoring Relationships: Gateways to Freedom*

**Carlos Raimundo, MD, CP, MBA, TEP (Argentina); School of Contemporary Psychodrama, Gladesville, NSW, Australia**

*Dr. Raimundo will facilitate a practical sociometry interaction to discover the infinite potential that is waiting to be awakened in our relationships. To enjoy life at its fullest, we'll discover how to make the best of our relationships connecting with yourself, each other and the Conference experience. Carlos, welcomes everyone to come and create a rich 2005 Conference Social Atom!*

2:00 pm - 3:45 pm  
6:45 pm - 7:15 pm

Live Auction and Annual General Membership Meeting  
New Members / First Time Attendees Get Together

## 10:15 am - 12:45 pm MORNING WORKSHOPS

### 13 EXPLORATIONS OF "RIGHT LIVELIHOOD"

**Phoebe Atkinson, MSW, CSW, CETII, CP, PAT; Private Practice, New York City, NY; Institute for Women & Work, Rutgers University, New Brunswick, NJ; Suzie Jary, MSW; Consultant, Career Transition for Dancers; Private Practice; NY, NY\*\***

J.L. Moreno's belief that the self emerges from the roles' is most critical as individuals work towards surviving changes in the 21st Century's dynamic workplace. The challenges faced during role transition are substantial and can lead to an experience of loss of connection to one's self. Establishing a safe harbor internally by developing one's sense of purpose or "right livelihood" is more critical today as individuals live longer and the cultural conserve of beliefs about work is no longer valid. This didactic and experiential workshop will explore how basic career self-assessment tools and career development models, role theory, and action methods provide a context to identify individuals' unique qualities, skills, values and contributions.

### 14 TWO HOUSES: BRIDGING BETWEEN PAST AND PRESENT IN THE IMMIGRANT'S LIFE

**Efrat Kedem-Tahar, MA, TEP; Trainer, Psychodrama & Expressive Art Therapy, Ministry of Education; Zichron Ya'acov, Israel\***

This workshop deals with central dilemmas in an immigrant's life: experiences of transfer, separation, building a new identity, longing for what has been left behind and hoping for a better future. Through sociometry, participants will explore different choices of visible or hidden interpersonal relationships. Participants will experience images from their inner world, as an energetic resource for new possibilities

### 15 PSYCHODRAMA WITH FAMILY THERAPY: FROM ISOLATION TO INCLUSION WITHIN FAMILIES

**Chris Farmer, MD; Consultant Psychiatrist and Psychotherapist, Dept. of Occupational Health, Private Practice: Hon. President, British Psychodrama Association; UKCP; Psychodrama Trainer; Author, *Psychodrama and Systemic Therapy*; Guernsey, Great Britain; Marcia Geller, PhD; Private Practice, Stamford, CT & Katona, NY; Past**

**President, Westchester Division of AAMFT; Founder and Director, Carmel Family Therapy; Stamford, CT**

Psychodrama with individuals, couples or groups enables us to communicate more effectively and safely in our families. Exploration through rehearsal and surplus reality allows for new ways of engaging with family members. The co-presenters, who regularly combine psychodrama with family therapy, will demonstrate Bowen's Family Systems Theory using psychodrama and will encourage participants to resolve issues of isolation and exclusion within their immediate or wider family.

### 16 INTRODUCTION TO PSYCHODRAMA AND SOCIOMETRY: FROM THE BEGINNING

**Natalie Winters, EdD, TEP, HyT, DAPA; Fellow, ASGPP; Private Practice; Co-founder of the Center for Creative Action: Psychodrama Training; Tampa, FL\***

This workshop is intended for newcomers and those with limited psychodrama experience. Participants will learn the basics of psychodrama: philosophy, theory, and methodology. Group warm-ups, role reversal and doubling will be introduced. Come and learn how psychodrama and sociometry are truly gateways to inclusion.

### 17 FAMILY UNDER FIRE: THE ADDICTED/TRAUMATIZED FAMILY SYSTEM MODEL

**Tian Dayton, PhD, MA, TEP; Fellow, ASGPP; Trainer, The Sociometric Institute, New York, NY; Director, Program Development, Caron Foundation, Wernersville, PA; Author, *The Living Stage: A Step by Step Guide To Psychodrama, Sociometry and Experiential Group Therapy\****

Virtually all families that contain addiction, experience some sort of trauma. In the addicted family, the whole of the system may revolve around a set of rules and patterns that become increasingly designed to manage and contain addiction and the trauma caused by addiction. The system becomes characterized by psychological, emotional and behavioral swings that mirror the "high intensity vs shutdown" dynamic, common to the trauma response. These dynamics increasingly become operating principals of both the family as a whole and of each individual member. Based on Dr. Dayton's recent book, the model of the Addicted/Traumatized Family System is designed in a user-friendly format to help family members understand how the trauma of addiction has affected their family and their inner world.

Would you harbor a run-

**18** SOULDRAMA® — GOING THROUGH THE VEILS —  
A NEW APPROACH TO SPIRITUALITY

**Connie Miller, MS, PAT; Co-Director, The Institute for Creative Action: Psychodrama and Souldrama®; Director & Founder, Spring Lake Heights Counseling Center; Private Practice, Spring Lake Heights, NJ\*\***

Souldrama is a new action oriented method that takes groups and individuals through a six stage process of spiritual discovery and development. Souldrama helps one to discover their life's purpose by releasing the emotional and mental blocks that keep us stuck in relationship or career issues. Learn how to use the energy of the soul to move forward in your life and how to apply this new technique of Souldrama in your practice to develop a divine group consciousness.

**19** BEYOND TALK THERAPY: HELPING TRAUMA SURVIVORS  
ACCESS EMOTIONS THROUGH PSYCHODRAMA

*Spanish/English*

**Diana Jimenez-Espireira, MEd, LMFT; Private Practice; Palmetto Bay, FL; Rosemary Barreras, MEd, LMFT; Private Practice; Pembroke Pines, FL; Co-coordinator, Parent and Anger Management Classes, Miami Dade College; Miami, FL**

This workshop will address issues relating to survivors of trauma, treatment options and how psychodrama techniques help profoundly in the treatment of sexual abuse. Talk vs. action methods will be discussed as well as the utilization of basic psychodrama safe techniques. The safety and its importance and therapists' skills will be discussed. Experiential action method exercise will illustrate appropriate use of techniques. There will be an open didactic discussion with audience.

**20** CREATIVITY AND AGING IN ACTION

**Lorelei J. Goldman, MA, TEP; Training Director, Psychodrama Training Institute of Chicago, IL; Linda Gaibel, MA, LCSW; Social Work Consultant and Geriatric Care Manager, North Shore Elder Care Management; Chicago, IL\***

As we go through different life passages, we realize that creativity is a life long process. We come face to face with undreamed possibilities. New choices are to be made. In this workshop, experience how old roles can be transformed and new beginnings made possible. How do we discover who we really are and what we want with new energy, insights and spontaneity at this time of life? Learn life review techniques to help us leave behind a rich legacy and at the same time enabling us to find new opportunities for adventure.

**21** IMPERFECTION: THE PATHWAY TO CONNECTION

**Carole Oliver, MEd, TEP, LPC; Private Practice; Director, The Center for Action Therapy; Montclair, NJ & NYC; Teacher, Action Methods, Montclair State University, Montclair, NJ\***

Perfectionism blocks us from being in the world with vibrant energy. A perfectionist is quick to judge others as well as themselves, thus rejecting many potential sociometric connections that would enrich their lives and perhaps that of others. Perfectionists have difficulty accepting people that do not see the world the same way they do. They have unrealistic expectations of people in their social atom. Perfectionism is not just about being neat and organized but about a belief system that asserts, "I am never good enough." Perfectionists are hard on themselves and others, feel disappointed frequently, and compare themselves to others. Spontaneity is thwarted. This workshop is for anyone desirous to explore how perfectionism affects their professional or personal life. The goal of the workshop is to provide a safe environment for participants to shift their belief system from perfectionism to striving for excellence, accepting imperfection in self and others, and develop healthful spontaneous behaviors.

**22** THE PSYCHOTHERAPIST AS PSYCHODRAMATIST

**Dorothy Baldwin Satten, PhD, TEP; Founder & Director, Westwood Institute for Psychodrama and Psychotherapy; Tucson, AZ; Mort Satten, PhD, MFT, LPCC; Fellow, ASGPP; Associate Director, Westwood Institute; Tucson, AZ\***

The therapeutic rationale for the techniques and directives in psychodrama is based in sound learning theory. Knowing this rationale and being able to explain it is vital to our profession, especially when we are in interaction with practitioners of other persuasions. We must be able to converse with them in their language about our profession. While it is true that "trust the process" is valuable advice, that advice must never be the end-all, be-all of our professional stance. Sound ethical and rational underpinnings must be in place at all times, i.e., we need to know when to protect a protagonist's containment over expression. Other subtleties of practice will be presented and discussed, all of which are designed to enhance the psychological and spiritual wonders of the psychodramatic miracles we see in every group.

*This is a Master Class*

**23** NEIL PASSARIELLO AWARD WORKSHOP  
HIV AND THE HEALING CIRCLE

**John Raven Mosher, MA, TEP; Fellow, ASGPP; Director of Training, Blue Sky Counselors, Inc.; Seattle, WA\***

Chronic illness that impairs quality of life and hastens death is a trauma that can transform lives and souls. When such illness is epidemic, like HIV, we are all affected. The Healing Circle can bring these effects into focus.

*This is a 2005 Award Winner's Workshop*

**2:00 pm - 3:45 pm**  
**LIVE AUCTION & ANNUAL**  
**MEMBERSHIP MEETING**

Come be part of a new conserve with our first Live Auction featuring selected items donated to the ASGPP and auctioned off by our lively auctioneer and conference co-chair, Mary Bellofatto. Don't miss the fun and take home your most desired new possession. Then, join fellow members, conference attendees, ASGPP officers and Executive Council members in the development of our Society at our annual membership meeting. There will be plenty of time for interaction, discussions and membership input. Please join us for the fun and the good, hard work of shaping the future!

**4:00 pm - 6:30 pm**  
**AFTERNOON WORKSHOPS**

**24** FAST TRACK PLAYBACK

**Paula Patterson, MS, CP, RDT/BCT; Dramatist, Shands Hospital Arts in Medicine Program, University of Florida; Mentor, International Playback Theatre Network; Trainer, National Association for Drama Therapy; Gainesville, FL**

Playback theatre is used throughout the world to promote inclusion and create community. Participants will learn simple playback theatre short forms which can be used in any group setting to invite stories from those who may often go unheard. Hand-outs will be provided.

*This is a 2005 Award Winner's Workshop*

away woman or child, a poet, a prophet, a king?

**25****WHEN IN DOUBT: A CROSS-CULTURAL EXPLORATION OF ETHICS IN PSYCHODRAMA**

**Kate Cook, MA, LPCC, TEP; Fellow; ASGPP; Private Practice; Director, Psychodrama and Action Methods Program, Southwestern College; Santa Fe, NM; Dena Baumgartner, PhD, TEP, LMFT, LPC, CGP; Fellow, ASGPP; Director, The Tucson Center for Action Methods & Psychodrama; Private Practice; Tucson, AZ\***

The ethical practice of psychodrama and experiential methods is a main focus for practitioners and trainers in the United States. This workshop will use sociodrama vignettes to explore ethical issues, which psychodrama directors encounter cross-culturally and sub-culturally. The vignettes will provide a matrix for discussing different philosophical and theoretical approaches to the ethical concerns presented. Through Sociodrama and the use of surplus reality with Moreno's unique gift of light heartiness, we will explore the subject as it impacts cross-culturally. Please note, no actual ASGPP situations will be discussed.

**26****PRACTICAL APPLICATIONS OF MORENO'S ROLE THEORY**

**Adam Blatner, MD, TEP; Private Practice; Instructor and Program Committee, Senior University, Georgetown, TX; Author, *Acting-In: Practical Applications of Psychodramatic Methods; Foundations of Psychodrama: History, Theory and Practice\****

Participants will have an opportunity to explore their own role repertoire in a systematic fashion, using paper and pencil and working in dyads and small groups. This workshop will also address the meta-role functions that can then modulate the roles that need development. The interplay of these two role levels and making the meta-role function explicit, serves as the basis of a comprehensive and user friendly theory of psychology.

**27****THE PSYCHODRAMATIST AS RESEARCHER, OR, OVERCOMING RESEARCH PHOBIA**

**Herb Dandes, PhD, TEP; Private Practice; Professor Emeritus, University of Miami; Miami, FL\***

Psychodrama suffers from a paucity of research. The research area is the most feared area of the certification exam. Creative psychodrama directors don't often see themselves as producers of research. And yet J.L. Moreno, the founder of psychodrama, produced significant research himself. The purpose of this workshop is to present research in a manner consistent with psychodramatic theory helping psychodramatists overcome their "research phobia," thereby encouraging them to conduct research, or pass the certification exam, and evaluate their professional practice.

**28****JAVA! JAVA!**

**Susan Thiele, MSS, LCSW, TEP; Private Practice; Director, Gainesville Psychodrama Institute; Gainesville, FL\***

Borobudur, a Buddhist monument, was built in the 9th century and is situated in Central Java. To walk the various terraces of this monument is to travel the path from earthly desires all the way to "nothingness." In our warm-up we will borrow the essence of this structure to illuminate some of Moreno's ideas regarding role. We will continue with this paradigm as we further our journey in a group-directed psychodrama and orient ourselves to the various levels of awareness of the protagonist.

**29****DIVERSITY IN PSYCHODRAMA: HOW FLEXIBLE MUST THE DIRECTOR BE?**

**Elaine Ades Sachnoff, PhD, TEP; Fellow; ASGPP, Private Practice; Author, *The Warm Up Book*; Founder and Executive Director, Psychodrama Training Institute of Chicago, IL\***

The necessity of being able as a director to facilitate basic Family of Origin dramas to diverse cultures and ethnicities will be examined. Are there special circumstances for special issues needs? This workshop will look at five possible views of the same issue — incest and forgiveness—through the lens of: a Caucasian protagonist, an Afro-American protagonist, a Chinese-American protagonist, a gay protagonist, and that of an Hispanic-American protagonist. To what extent will the dramas be the same? Will it play itself out differently? What is the Director's preparation for doing this work? Must the Director be of the same ethnicity/background as the protagonist?

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**30****MORENO'S ESSENTIAL TEACHINGS OF THE FIRST AND SECOND UNIVERSE**

**Ed Schreiber, LADC, PAT, PhD Candidate; Director, Moreno Institute East; North Hampton, MA; Adam M Barcroft, MA; Co-Director, Moreno Institute East; North Hampton, MA\*\***

Underlying psychodrama and sociometry J.L. Moreno created codes to access what he called the First Universe: life in totality — both formed and formless, the Godhead. He left a map and a set of instructions for this purpose. This workshop will teach these codes as tools for the transformation of human consciousness, Moreno's most basic intention. This workshop will present these codes and underlying theory, and will explore them through action and discussion.

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**31****THE JUDGE WITHIN**

**Jeanne Burger, EdD, LPC, LMFT, TEP; Fellow, ASGPP; Private Practice; Norfolk, VA; Erica Michaels Hollander, PhD, JD, MA, PAT; Private Practice; Principal, Hollander Institute; Littleton, CO\***

Shaming experiences and personal trauma are damaging to our self-esteem. Often we are left with messages of critical self-judgment or a sense of injustice. Through the use of psychodrama this workshop will explore the courtroom scene and ways to safely restore a sense of competency and fairness.

**32****COMMUNITY — MORE OF WHAT PSYCHODRAMA HAS TO OFFER**

**Mark Herr, MDiv, MSW, TEP; Private Practice; Founder & Director, Action Stages, Tucson, AZ\***

What gives psychodramatists an edge over other practitioners in today's highly competitive world? Frequently overlooked and often forgotten is psychodrama's gift for creating community. This workshop will utilize open discussion and action methods to explore the importance of social identify, inclusion, and the creation of a "safe harbor" where personal as well as interpersonal enhancement can be offered to all.

Would you harbor an exile or a refugee, a person

**33** ACTOR IN ACTION: INCREASING SPONTANEITY USING DRAMA THERAPY

**Veronica O. Bowlan, MSW, LSW, CP; Private Practice; Faculty, Drexel University College of Medicine; Adjunct Professor, Arcadia University Dept. of Psychology; Philadelphia, PA; Isabel-Lee Malone, MA, RDT; Clinical Supervisor, Rehabilitative Creative Arts Therapy Service; Part-Time Therapist, Girard Medical Center Out Patient Mental Health Clinic; Guest Instructor, Arcadia and Drexel/Hahnemann Universities, Philadelphia, PA**

Participants will experience exercises that employ play, props, physicality, and metaphor to support telling stories and moving into drama. Spontaneity, metaphorical association and identification, and healthy projection will be used to promote group sharing and building cohesion along with the story. Strength-based and collaborative approaches with application to group, personal, family therapy, training and educational settings will be the focus.

**34** "WHAT EVER FLOATS YOUR BOAT"

**Janet E. Sahafi, MSEd; Author; Private Practice; New York State, Thomastown, County Kilkenny, Ireland**

Floating is a wonderful medium for warming up to deeper work. It is a method for accessing memory, facilitating dreaming/fantasy, and exploring in-utero experiences. This workshop will present a variety of warm-ups using the concept of floating and indicate how enactment easily flows from such work. The workshop is experiential with time for processing and exploring questions. All floating will be done in a safe harbor so nobody will be left "at sea."

**35** UNIVERSAL PRINCIPALS FOR THE DEVELOPMENT OF GLOBAL CULTURAL IDENTITY

**Lyn Bristol Pitts, MBA, MSW, LCSW, CP; Director, Chakadrama, Spirit of Spontaneity; Unity, ME; Bristol Lyn Pitts, PhD; Director, Spiritual Economics, Architect of Next Steps Ahead for Civilization, Unity, ME**

Universal principals, such as Yin-Yang, work only with energy dynamics. Thus divested of culture-bound role assumptions, they can easily be employed to accelerate the emergence of global Meta-Team Identity for integrating both spiritual and cross-cultural achievement and in the process further enhancing the evolution of the Global Goodwill Village-"Safe Harbor."

**36** COMING HOME TO THE CORE OF THE UNBOUND SELF: CRANIOSACRAL THERAPY WITH PSYCHODRAMA

**Rebecca M. Ridge, MA, BA TEP, Doctoral Candidate; Private Practice; Twin Cities, MN & Sydney, Australia; Estelle Fineberg, MSW, LCSW, CP; Private Practice, Ft. Lauderdale, FL\***

The ebb and flow of cerebrospinal fluid is a meditative rhythm inside of our physical bodies, described as the "core of the unbound self." Here within the fluid system is where the "self" returns for healing; a safe harbor of rest, recovery and reorganizing on a neurological and spiritual level. Participants will learn a relaxation meditation connecting to the cranial sacral rhythm that attunes individuals to their "core." They will also learn applications as a director to creatively include this neurological pathway with the psychodramatic warm-up or as an integrative, embodied closure.

*This is a Master Class*

**6:45 pm - 7:15 pm  
NEW MEMBERS / FIRST TIME ATTENDEES  
GET-TOGETHER**

If you are a new member of the ASGPP who joined since 5/2004; wish to become a new member; or are a first time attendee of an ASGPP conference; come get acquainted with other new members and conference attendees. Meet representatives from the Regional Chapters and Executive Council. Find out about our organization.

*Mix and mingle and get to know our community.*



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living with AIDS? Would you harbor a Tubman, a